

Uppfært

21.11.2019

Íslensk met í garpasundi Konur



50 m Skriðsund

Aldur	Nafn	Félag	Tími	Staður	Dags.
25 – 29	Kristín S Róbertsdóttir	SH	00.32.30	Reykjavík	05.10.2013
30 – 34	Harpa Hrund Brendsen	Ægir	00.45.71	Reykjavík	09.03.2013
35 – 39	Sigurlín Garðarsdóttir	Selfoss	00.32.17	Reykjavík	05.10.2013
40 – 44	Helga Sigurðardóttir	Ægir	00.30.38	Reykjavík	05.10.2013
45 – 49	Hildur Karen Aðalsteinsdóttir	ÍA	00.34.30	London	29/05/16
50 – 54	Elva Aðalsteinsdóttir	Óðinn	00.36.57	Reykjavík	05.10.2013
55 – 59	Ásta Þóra Ólafsdóttir	Breiðablik	00:35.79	Vantaa	27.10.2019
60 – 64	Björg H Kristófersdóttir	UMSB	00.44.03	Reykjavík	05.10.2013
65 - 69	Guðmunda Ólöf Jónasdóttir	UMSB	00.43.40	Búdapest	15.08.17
70 - 74	Guðmunda Ólöf Jónasdóttir	UMSB	00:46.91	Vantaa	27.10.2019

100 m skriðsund

Aldur	Nafn	Félag	Tími	Staður	Dags.
25 – 29	Kristín S Róbertsdóttir	SH	01.12.84	Reykjavík	05.10.2013
30 – 34	Harpa Hrund Brendsen	Ægir	01.36.43	Reykjavík	05.10.2013
35 – 39	Sigurlín Garðarsdóttir	Selfoss	01.10.26	Reykjavík	05.10.2013
40 – 44	Helga Sigurðardóttir	Ægir	01.06.46	Reykjavík	05.10.2013
45 – 49	Hildur Karen Aðalsteinsdóttir	ÍA	01.16.72	Búdapest	15.08.17
50 – 54	Elva Aðalsteinsdóttir	Óðinn	01.23.15	Reykjavík	05.10.2013
55 - 59	Ásta Þóra Ólafsdóttir	Breiðablik	01:21.92	Vantaa	26.10.2019
60 - 64	Guðmunda Ólöf Jónasdóttir	UMSB	01.38.58	Reykjavík	05.10.2013
65 - 69	Guðmunda Ólöf Jónasdóttir	UMSB	01.35.90	London	28/05/16
70 - 74	Guðmunda Ólöf Jónasdóttir	UMSB	01:41.31	Vantaa	26.10.2019

200 m skriðsund

Aldur	Nafn	Félag	Tími	Staður	Dags.
25 – 29					
30 – 34	Harpa Hrund Beerndsen	Ægir	03.45.93	Reykjavík	05.10.2013
35 – 39	Ingibjörg ísakson	Ægir	02.43.61	Reykjavík	04.10.2013
40 – 44	Helga Sigurðardóttir	Ægir	02.32.32	Reykjavík	04.10.2013
45 – 49	Þórunn Kristín Guðmundsdóttir	Ægir	02.56.94	London	26/05/16
50 – 54	Þórunn Kristín Guðmundsdóttir	Ægir	03:09.51	Vantaa	26.10.2019
55 - 59	Ásta Þóra Ólafsdóttir	Breiðablik	03:07.62	Vantaa	26.10.2019
60-64	Guðmunda Ólöf Jónasdóttir	UMSB	03.46.77	Reykjavík	04.10.2013
65 - 69	Ragna María Ragnarsdóttir	Ægir	04:36.56	Reykjavík	05.10.2013
70 - 74	Guðmunda Ólöf Jónasdóttir	UMSB	03:53.35	Vantaa	26.10.2019

400 m skriðsund

Aldur	Nafn	Félag	Tími	Staður	Dags.
25 – 29					
30 – 34	Harpa Hrund Beerndsen	Ægir	08.03.50	Reykjavík	04.10.2013
35 – 39					
40 – 44	Helga Sigurðardóttir	Ægir	05.23.31	Reykjavík	04.10.2013
45 – 49	Þórunn Kristín Guðmundsdóttir	Ægir	06.10.59	London	28/05/16
50 – 54	Sígurbjörg Eðvarðsdóttir	Ægir	08.29.01	Reykjavík	09.03.2013
55 – 59					

800 m skriðsund

Aldur	Nafn	Félag	Tími	Staður	Dags.
25 – 29					
30 – 34					
35 – 39					
40 – 44	María Jónsdóttir	Breiðablik	13:29.17	Vantaa	25.10.2019
45 – 49	Þórunn Kristín Guðmundsdóttir	Ægir	12.13.70	Eindhoven	06.09.2013
50 – 54	Þórunn Kristín Guðmundsdóttir	Ægir	13:34.96	Vantaa	25.10.2019
55 – 59	Ásta Þóra Ólafsdóttir	Breiðablik	13:41.13	Vantaa	25.10.2019
70 - 74	Guðmunda Ólöf Jónasdóttir	UMSB	16:40.16	Vantaa	25.10.2019

1500 m skriðsund

Aldur	Nafn	Félag	Tími	Staður	Dags.
25 – 29					
30 – 34					
35 – 39	Sigríður Lára Guðmundsdóttir	Breiðablik	24.06.14	Reykjavík	05.10.2013
40 – 44	Þórunn Kristín Guðmundsdóttir	Ægir	23.38.47	Reykjavík	05.10.2013
45 – 49	Þórdís Hrönn Pálsdóttir	Fjölnir	26.05.19	Reykjavík	05.10.2013
50 – 54					
55 – 59					

50 m baksund

Aldur	Nafn	Félag	Tími	Staður	Dags.
25 – 29					
30 – 34					
35 – 39	Sígurlín Garðarsdóttir	Ægir	00.38.26	Reykjavík	09.03.2013
40 – 44	Eygló Traustadóttir	Ægir	00.38.30	RVK	09.03.2013
45 – 49	Lóa Birna Birgisdóttir	Ægir	00:40.17	Vantaa	26.10.2019
50 – 54					
55 – 59	Sigríður Lovísa Sigurðardóttir	Árman	00.47.90	Reykjavík	05.10.2013
60 – 64	Ingibjörg Svala Ólafsdóttir	SH	00.50.71	Reykjavík	05.10.2013
65 - 69					
70 - 74	Guðmunda Ólöf Jónasdóttir	UMSB	00:57.81	Vantaa	26.10.2019

100 m baksund

Aldur	Nafn	Félag	Tími	Staður	Dags.
25 – 29	Kristín S Róbertsdóttir	SH	01.23.96	Reykjavík	04.10.2013
30 – 34					
35 – 39					
40 – 44	Eygló Traustadóttir	Ægir	01.25.02	Reykjavík	09.03.2013
45 – 49	Ragnheiður Runólfisdóttir	Óðinn	01.24.92	Reykjavík	04.10.2013
50 – 54					
55 – 59	Karen Malmquist	Óðinn	01.54.30	London	29/05/16
60- 64	Ingibjörg Svala Ólafsdóttir	SH	01.57.54	Reykjavík	04.10.2013
65 - 69					
70 - 74	Guðmunda Ólöf Jónasdóttir	UMSB	02:03.73	Vantaa	25.10.2019

200 m baksund

Aldur	Nafn	Félag	Tími	Staður	Dags.
25 – 29					
30 – 34					
35 – 39					
40 – 44	Eygló Traustadóttir	Ægir	02.55.61	RVK	09.03.2013
45 – 49	Lóa Birna Birgisdóttir	Ægir	03:07.45	Vantaa	27.10.2019
50 – 54					
55 – 59					
60 – 64	Ingibjörg Svala Ólafsdóttir	SH	04.23.55	Reykjavík	05.10.2013
70 - 74	Guðmunda Ólöf Jónasdóttir	UMSB	04:27.79	Vantaa	27.10.2019

50 m bringusund

Aldur	Nafn	Félag	Tími	Staður	Dags.
25 – 29					
30 – 34	Harpa Hrund Brendsen	Ægir	57.06	Reykjavík	09.03.2013
35 – 39	Sigríður Lára Guðmundsdóttir	Breiðablik	00.40.70	Reykjavík	05.10.2013
40 – 44	Þórunn Kristín Guðmundsdóttir	Ægir	00.48.62	Eindoven	05.09.2013
45 – 49	Ragnheiður Runólfsdóttir	Óðinn	00.36.83	Reykjavík	05.10.2013
50 – 54	Birna Jóhanna Ólafsdóttir	Ægir	00.45.26	Reykjavík	05.10.2013
55 – 59	Helga Þórðardóttir	Tindastóll	00.51.44	Reykjavík	05.10.2013
60 – 64	Björg H Kristófersdóttir	UMSB	00.53.53	Reykjavík	05.10.2013
65 – 69	Björg H Kristófersdóttir	UMSB	00:55.57	Vantaa	26.10.2019
70 - 74	Frída Proppé	Breiðablik	01:02.62	Vantaa	26.10.2019

100 m bringusund

Aldur	Nafn	Félag	Tími	Staður	Dags.
25 – 29					
30 – 34					
35 – 39	Sigríður Lára Guðmundsdóttir	Breiðablik	01.30.54	Reykjavík	04.10.2013
40 – 44	Þórunn Kristín Guðmundsdóttir	Ægir	01.43.04	Eindoven	08.09.2013
45 – 49	Ragnheiður Runólfsdóttir	Óðinn	01.24.84	Reykjavík	04.10.2013
50 – 54	Birna Jóhanna Ólafsdóttir	Ægir	01.40.14	Reykjavík	04.10.2013
55 – 59	Ásta Þóra Ólafsdóttir	Breiðablik	01:41.75	Vantaa	27.10.2019
60 – 64	Björg H Kristófersdóttir	UMSB	01.56.51	Reykjavík	04.10.2013
65 – 69	Björg H Kristófersdóttir	UMSB	01:59.09	Vantaa	27.10.2019
70 - 74	Frída Proppé	Breiðablik	02:18.44	Vantaa	27.10.2019

200 m bringusund

Aldur	Nafn	Félag	Tími	Staður	Dags.
25 – 29					
30 – 34					
35 – 39	María Sæmundsdóttir	Breiðablik	03.55.53	Reykjavík	09.03.2013
40 – 44	Þórunn Kristín Guðmundsdóttir	Ægir	03.35.67	Eindoven	08.09.2013
45 – 49					
50 – 54	Þórunn Kristín Guðmundsdóttir	Ægir	03:57.64	Vantaa	26.10.2019
55 – 59					
60 – 64					
65 – 69	Ragna María Ragnarsdóttir	Ægir	05:21.49	Reykjavík	09.03.2013
70 - 74	Ragna María Ragnarsdóttir	Ægir	06:15.25	Vantaa	26.10.2019

50 m flugsund

Aldur	Nafn	Félag	Tími	Staður	Dags.
25 – 29					
30 – 34	Kristín L Steinadóttir	SH	00.39.14	Reykjavík	04.10.2013
35 – 39	Sigurlín Garðarsdóttir	Ægir	00.34.92	Reykjavík	04.10.2013
40 – 44	Eygló Traustadóttir	Ægir	00.37.15	RVK	09.03.2013
45 – 49	Lóa Birna Birgisdóttir	Ægir	00:38.17	Vantaa	26.10.2019
50 – 54	Þórunn Kristín Guðmundsdóttir	Ægir	00:52.70	Vantaa	26.10.2019
55 – 59					

100 m flugsund

Aldur	Nafn	Félag	Tími	Staður	Dags.
25 – 29					
30 – 34					
35 – 39	Berglind J Valdimarsdóttir	ÍA	01.28.74	Reykjavík	05.10.2013
40 – 44	María Alma Valdimarsdóttir	ÍA	01.29.88	Reykjavík	05.10.2013
45 – 49	Þórdís Hrönn Pálsdóttir	Breiðablik	01.56.73	Reykjavík	09.03.2013
50 – 54					

200 m flugsund

Aldur	Nafn	Félag	Tími	Staður	Dags.
25 – 29					
30-34					
35 – 39					
40 – 44					
45-49					
50-54					

200 m fjórsund

Aldur	Nafn	Félag	Tími	Staður	Dags.
25 – 29					
30 - 34					
35 – 39	Sigurlín Garðarsdóttir	Selfoss	02.54.95	Reykjavík	05.10.2013
40 – 44	Helga Sigurðardóttir	Ægir	02.59.75	Reykjavík	05.10.2013
45 – 49	Elin Viðarsdóttir	Fjölnir	03.11.44	Reykjavík	05.10.2013
50 - 54					

400 m fjórsund

Aldur	Nafn	Félag	Tími	Staður	Dags.
25 – 29					
35 – 39					
40 – 44	Margrét J Magnúsdóttir	Breiðablik	07.14.46	Reykjavík	09.03.2013
45 – 49	Þórdís Hrönn Pálsdóttir	Breiðablik	07.58.81	Reykjavík	09.03.2013
50 - 54					

4x50 m skriðsund

Aldur	Nafn	Félag	Tími	Staður	Dags.
100 – 119					
120 – 159					
160 – 199	Sveit Fjölnis	Ægir	02.29.65	Reykjavík	04.10.2013
200 – 239					
240 – 279					

4x50 m fjórsund

Aldur	Nafn	Félag	Tími	Staður	Dags.
100 – 119					
120 – 159					
160 – 199	Sveit Fjölnis	Fjölnir	02.10.37	Reykjavík	04.10.2013
200 – 239	Sveit Breiðabliks	Breiðablik	02:41.03	Vantaa	26.10.2019
240 – 279					

4x100 m skriðsund

Aldur	Nafn	Félag	Tími	Staður	Dags.
100 – 119					
120 – 159					
160 – 199					
200 – 239					
240 – 279					

4x100 m fjórsund

Aldur	Nafn	Félag	Tími	Staður	Dags.
100 – 119					
120 – 159					
160 – 199					
200 – 239					