



BIKARKEPPNI SUNDSAMBANDS ÍSLANDS

VATNAVERÖLD, REYKJANESBÆ 20.-21. DES 2024



Results

Bikarkeppni SSÍ 2024

Place: Vatnaveröld
Pool: 25m

Organizer: Sundsamband Íslands
Competition Date: Dec 20, 2024 to Dec 21, 2024

Event 1, 200m Individual Medley Men - Final

ISL	1:57.91	Örn Arnarson	1981 Íþróttabandalag Reykjane Vestmannaeyjar (ISL)	3/21/2003
UM	1:59.07	Birnir Freyr Hálfðánarss	2006 Sundfélag Hafnarfjarðar (I Hafnarfjörður (ISL)	11/11/2023
AM	2:03.54	Birnir Freyr Hálfðánarss	2006 Sundfélag Hafnarfjarðar (I Hafnarfjoerður (ISL)	11/13/2021

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
1	Birnir Freyr Hálfðánarsson	2006	Sundfélag Hafnarfjarðar		703	2:03.29	
	50m: 26.33	100m: 57.07	(30.74)	150m: 1:33.74	(36.67)	200m: 2:03.29	(29.55)
2	Veigar Hrafn Sigþórsson	2005	Sundfélag Hafnarfjarðar		637	2:07.40	+4.11
	50m: 27.72	100m: 1:00.40	(32.68)	150m: 1:39.31	(38.91)	200m: 2:07.40	(28.09)
3	Fannar Snævar Hauksson	2004	Íþróttabandalag Reykjanesbæjar		634	2:07.60	+4.31
	50m: 25.33	100m: 58.73	(33.40)	150m: 1:36.14	(37.41)	200m: 2:07.60	(31.46)
4	Daði Rafn Falsón	2008	Íþróttabandalag Reykjanesbæjar		547	2:14.04	+10.75
	50m: 29.16	100m: 1:04.03	(34.87)	150m: 1:43.32	(39.29)	200m: 2:14.04	(30.72)
5	Kajus Jatautas	2010	Sundfélag Akraness		364	2:33.48	+30.19
	50m: 30.53	100m: 1:08.72	(38.19)	150m: 1:56.93	(48.21)	200m: 2:33.48	(36.55)

Event official at: 12/20/2024 5:33:40 PM

Event 2, 200m Individual Medley Women - Final

ISL	2:11.57	Hrafnhildur Luthersdóttir	1991 Sundfélag Hafnarfjarðar (I Hafnarfjörður (ISL)	11/13/2015
UM	2:13.41	Eygló Ósk Gústafsdóttir	1995 Sundfélagið Ægir (ISL)	11/22/2013
AM	2:18.19	Eygló Ósk Gústafsdóttir	1995 Sundfélagið Ægir (ISL)	6/26/2010

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
1	Eva Margrét Falsdóttir	2005	Íþróttabandalag Reykjanesbæjar		710	2:16.55	
	50m: 29.49	100m: 1:03.80	(34.31)	150m: 1:43.15	(39.35)	200m: 2:16.55	(33.40)
2	Kristín Helga Hákonardóttir	2004	Sundfélag Hafnarfjarðar		675	2:18.90	+2.35
	50m: 28.99	100m: 1:03.28	(34.29)	150m: 1:47.16	(43.88)	200m: 2:18.90	(31.74)
3	Gudlaug Edda Hannesdóttir	1994	Sunddeild Breiðabliks		617	2:23.11	+6.56
	50m: 30.52	100m: 1:07.56	(37.04)	150m: 1:49.51	(41.95)	200m: 2:23.11	(33.60)
4	Sólveig Freyja Hákonardóttir	2009	Sunddeild Breiðabliks		605	2:24.05	+7.50
	50m: 30.91	100m: 1:08.58	(37.67)	150m: 1:51.05	(42.47)	200m: 2:24.05	(33.00)
5	Auguste Balcunaite	2011	Sundfélag Hafnarfjarðar		539	2:29.72	+13.17
	50m: 33.18	100m: 1:11.91	(38.73)	150m: 1:55.04	(43.13)	200m: 2:29.72	(34.68)
6	Stefanía Sigurþórsdóttir	2001	Íþróttabandalag Reykjanesbæjar		517	2:31.78	+15.23
	50m: 32.53	100m: 1:11.24	(38.71)	150m: 1:54.85	(43.61)	200m: 2:31.78	(36.93)
7	Viktoria Emilia Orlita	2009	Sundfélag Akraness		387	2:47.11	+30.56
	50m: 34.51	100m: 1:18.03	(43.52)	150m: 2:07.64	(49.61)	200m: 2:47.11	(39.47)
8	Karen Anna Orlita	2012	Sundfélag Akraness		379	2:48.27	+31.72
	50m: 33.71	100m: 1:17.16	(43.45)	150m: 2:08.58	(51.42)	200m: 2:48.27	(39.69)

Event official at: 12/20/2024 5:48:34 PM

Event 3, 100m Freestyle Men - Final

ISL	48.42	Örn Arnarson	1981 Sundfélag Hafnarfjarðar (I Reykjavík (ISL)	11/16/2007
UM	49.37	Birnir Freyr Hálfðánarss	2006 Sundfélag Hafnarfjarðar (I Hafnarfjörður (ISL)	11/9/2024
AM	52.70	Magnús Viðir Jónsson	2008 Sundfélag Hafnarfjarðar (I Hafnarfjörður (ISL)	11/11/2023

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
1	Símon Elías Statkevicius	2003	Sundfélag Hafnarfjarðar		731	49.77	
	50m: 23.63	100m: 49.77	(26.14)				
2	Ýmir Chatenay Sölvason	2006	Sundfélag Hafnarfjarðar		719	50.05	+0.28
	50m: 24.35	100m: 50.05	(25.70)				
3	Guðbjarni Sigþórsson	2006	Sundfélag Akraness		624	52.46	+2.69
	50m: 25.39	100m: 52.46	(27.07)				
4	Guðmundur Karl Karlsson	2005	Íþróttabandalag Reykjanesbæjar		551	54.67	+4.90
	50m: 26.26	100m: 54.67	(28.41)				



BIKARKEPPNI SUNDSAMBANDS ÍSLANDS

VATNAVERÖLD, REYKJANESBÆ 20.-21. DES 2024



Results

Event 3, 100m Freestyle Men - Final

Rank	Name	Born Team	R.T.	Pts	Time	Diff
5	Arnar Milos Arnbjörnsson	2008 Íþróttabandalag Reykjanesbæjar		505	56.29	+6.52
	50m: 26.30	100m: 56.29 (29.99)				
6	Guðmundur Halldórsson	2004 Sunddeild Breiðabliks		427	59.52	+9.75
	50m: 28.31	100m: 59.52 (31.21)				
7	Huginn Leví Pétursson	2009 Sunddeild Breiðabliks		421	59.82	+10.05
	50m: 28.58	100m: 59.82 (31.24)				

Event official at: 12/20/2024 5:59:21 PM

Event 4, 100m Freestyle Women - Final

ISL	52.68	Snæfríður Sól Jórunnard	2000 Iceland (ISL)	Budapest (HUN)	12/11/2024
UM	54.43	Vala Dís Cicero	2008 Sundfélag Hafnarfjarðar (I)	Hafnarfjörður (ISL)	11/10/2024
AM	56.09	Vala Dís Cicero	2008 Sundfélag Hafnarfjarðar (I)	Hafnarfjörður (ISL)	11/12/2023

Rank	Name	Born Team	R.T.	Pts	Time	Diff
1	Jóhanna Elín Guðmundsdóttir	2001 Sundfélag Hafnarfjarðar		719	56.09	
	50m: 26.67	100m: 56.09 (29.42)				
2	Nadja Djurovic	2007 Sundfélag Hafnarfjarðar		690	56.84	+0.75
	50m: 27.38	100m: 56.84 (29.46)				
3	Guðbjörg Bjartey Guðmundsdóttir	2005 Sundfélag Akraness		689	56.89	+0.80
	50m: 27.29	100m: 56.89 (29.60)				
4	Sunneva Bergmann Ásbjörnsdóttir	2007 Íþróttabandalag Reykjanesbæjar		591	59.85	+3.76
	50m: 28.28	100m: 59.85 (31.57)				
5	Ásdís Gunnarsdóttir	2008 Sunddeild Breiðabliks		568	1:00.66	+4.57
	50m: 28.94	100m: 1:00.66 (31.72)				
6	Margrét Anna Lapas	2009 Sunddeild Breiðabliks		537	1:01.79	+5.70
	50m: 29.69	100m: 1:01.79 (32.10)				
7	Elísabet Arnoddsdóttir	2009 Íþróttabandalag Reykjanesbæjar		519	1:02.51	+6.42
	50m: 29.54	100m: 1:02.51 (32.97)				
8	Sunna Dís Skarphéðinsdóttir	2008 Sundfélag Akraness		460	1:05.08	+8.99
	50m: 31.36	100m: 1:05.08 (33.72)				

Event official at: 12/20/2024 6:06:33 PM

Event 5, 100m Backstroke Men - Final

ISL	51.74	Örn Arnarson	1981 Íþróttabandalag Reykjane	Dublin (IRL)	12/14/2003
UM	52.69	Guðmundur Leo Rafnss	2006 Íþróttabandalag Reykjane	Budapest (HUN)	12/10/2024
AM	56.82	Kristinn Pórarinsson	1996 Sunddeild Fjölnis (ISL)	Laugardalslaug (ISL)	11/13/2011

Rank	Name	Born Team	R.T.	Pts	Time	Diff
1	Guðmundur Leo Rafnsson	2006 Íþróttabandalag Reykjanesbæjar	0.60	746	53.28	
	50m: 26.03	100m: 53.28 (27.25)				
2	Bergur Fáfmrir Bjarnason	2006 Sundfélag Hafnarfjarðar	0.57	643	55.99	+2.71
	50m: 27.04	100m: 55.99 (28.95)				
3	Patrik Viggó Vilbergsson	2002 Sundfélag Hafnarfjarðar	0.65	633	56.26	+2.98
	50m: 26.99	100m: 56.26 (29.27)				
4	Nikolai Leo Jónsson	2008 Íþróttabandalag Reykjanesbæjar	0.59	509	1:00.52	+7.24
	50m: 28.73	100m: 1:00.52 (31.79)				
5	Przemysław Pulawski	1993 Sunddeild Breiðabliks	0.71	454	1:02.88	+9.60
	50m: 29.87	100m: 1:02.88 (33.01)				

Event official at: 12/20/2024 6:13:07 PM

Event 6, 100m Backstroke Women - Final

ISL	57.42	Eygló Ósk Gústafsdóttir	1995 Sundfélagið Ægir (ISL)	Netanya (ISR)	12/3/2015
UM	59.26	Eygló Ósk Gústafsdóttir	1995 Sundfélagið Ægir (ISL)	Herning (DEN)	12/12/2013
AM	1:02.18	Eygló Ósk Gústafsdóttir	1995 Sundfélagið Ægir (ISL)	Laugardalslaug (ISL)	11/13/2010

Rank	Name	Born Team	R.T.	Pts	Time	Diff
1	Birgitta Ingólfssdóttir	2005 Sundfélag Hafnarfjarðar	0.61	612	1:04.62	
	50m: 30.71	100m: 1:04.62 (33.91)				



BIKARKEPPNI SUNDSAM BANDS ÍSLANDS

VATNAVERÖLD, REYKJANESBÆ 20.-21. DES 2024



Results

Event 6, 100m Backstroke Women - Final

Rank	Name	Born Team	R.T.	Pts	Time	Diff
2	Ástrós Lovísa Hauksdóttir	2008 Íþróttabandalag Reykjanesbæjar	0.60	554	1:06.82	+2.20
	50m: 31.92	100m: 1:06.82 (34.90)				
3	Ragnheiður Ásta Magnúsdóttir	2007 Sunddeild Breiðabliks	0.59	544	1:07.22	+2.60
	50m: 32.16	100m: 1:07.22 (35.06)				
4	Ásdís Gunnarsdóttir	2008 Sunddeild Breiðabliks	0.68	488	1:09.68	+5.06
	50m: 34.31	100m: 1:09.68 (35.37)				
5	Dagmar Arna Sigurðardóttir	2009 Sundfélag Hafnarfjarðar	0.61	481	1:10.05	+5.43
	50m: 34.05	100m: 1:10.05 (36.00)				
6	Athena Líf Thrastardóttir	2007 Íþróttabandalag Reykjanesbæjar	0.61	420	1:13.27	+8.65
	50m: 34.01	100m: 1:13.27 (39.26)				
7	Elín Sara Skarphéðinsdóttir	2010 Sundfélag Akraness	0.68	254	1:26.58	+21.96
	50m: 41.94	100m: 1:26.58 (44.64)				
8	Birna Rún Jónsdóttir	2009 Sundfélag Akraness	0.97	229	1:29.62	+25.00
	50m: 42.16	100m: 1:29.62 (47.46)				

Event official at: 12/20/2024 6:23:53 PM

Event 7, 400m Freestyle Men - Final

ISL	3:47.83	Anton Sveinn McKee	1993 Sundfélagið Ægir (ISL)	Istanbul (TUR)	12/14/2012
UM	3:52.06	Anton Sveinn McKee	1993 Sundfélagið Ægir (ISL)	Laugardalslaug (ISL)	12/11/2011
AM	4:04.34	Magnús Viðir Jónsson	2008 Sundfélag Hafnarfjarðar (I	Hafnarfjörður (ISL)	10/21/2023

Rank	Name	Born Team	R.T.	Pts	Time	Diff
1	Magnús Viðir Jónsson	2008 Sundfélag Hafnarfjarðar		648	4:05.26	
	50m: 28.24	100m: 58.54 (30.30)	150m: 1:29.07 (30.53)	200m: 2:00.21 (31.14)		
	250m: 2:31.40 (31.19)	300m: 3:03.10 (31.70)	350m: 3:34.50 (31.40)	400m: 4:05.26 (30.76)		
2	Hólmur Grétarsson	2008 Sundfélag Hafnarfjarðar		644	4:05.78	+0.52
	50m: 28.55	100m: 59.16 (30.61)	150m: 1:30.10 (30.94)	200m: 2:01.17 (31.07)		
	250m: 2:32.19 (31.02)	300m: 3:03.75 (31.56)	350m: 3:35.02 (31.27)	400m: 4:05.78 (30.76)		
3	Árni Þór Pálmason	2009 Íþróttabandalag Reykjanesbæjar		512	4:25.27	+20.01
	50m: 29.62	100m: 1:02.58 (32.96)	150m: 1:36.79 (34.21)	200m: 2:10.87 (34.08)		
	250m: 2:44.02 (33.15)	300m: 3:18.48 (34.46)	350m: 3:52.46 (33.98)	400m: 4:25.27 (32.81)		
4	Gísli Kristján Traustason	2009 Íþróttabandalag Reykjanesbæjar		450	4:36.95	+31.69
	50m: 29.95	100m: 1:03.97 (34.02)	150m: 1:38.95 (34.98)	200m: 2:14.60 (35.65)		
	250m: 2:50.19 (35.59)	300m: 3:26.31 (36.12)	350m: 4:02.32 (36.01)	400m: 4:36.95 (34.63)		

Event official at: 12/20/2024 6:30:24 PM

Event 8, 400m Freestyle Women - Final

ISL	4:11.61	Inga Elín Cryer	1993 Sundfelag Akraness (ISL)	Doha (QAT)	12/5/2014
UM	4:13.69	Vala Dís Cicero	2008 Sundfélag Hafnarfjarðar (I	Hafnarfjörður (ISL)	11/8/2024
AM	4:15.57	Eygló Ósk Gústafsdóttir	1995 Sundfélagið Ægir (ISL)	Hafnarfjoerdur (ISL)	6/26/2010

Rank	Name	Born Team	R.T.	Pts	Time	Diff
1	Vala Dís Cicero	2008 Sundfélag Hafnarfjarðar		719	4:18.18	
	50m: 30.39	100m: 1:03.28 (32.89)	150m: 1:36.57 (33.29)	200m: 2:09.96 (33.39)		
	250m: 2:41.13 (31.17)	300m: 3:13.85 (32.72)	350m: 3:47.09 (33.24)	400m: 4:18.18 (31.09)		
2	Freyja Birkisdóttir	2006 Sunddeild Breiðabliks		682	4:22.75	+4.57
	50m: 29.58	100m: 1:01.41 (31.83)	150m: 1:33.94 (32.53)	200m: 2:06.67 (32.73)		
	250m: 2:40.07 (33.40)	300m: 3:14.37 (34.30)	350m: 3:48.96 (34.59)	400m: 4:22.75 (33.79)		
3	Katja Lilja Andriysdóttir	2006 Sundfélag Hafnarfjarðar		659	4:25.68	+7.50
	50m: 31.22	100m: 1:04.48 (33.26)	150m: 1:37.39 (32.91)	200m: 2:10.62 (33.23)		
	250m: 2:44.15 (33.53)	300m: 3:17.93 (33.78)	350m: 3:51.98 (34.05)	400m: 4:25.68 (33.70)		
4	Ásdís Steindórsdóttir	2009 Sunddeild Breiðabliks		644	4:27.82	+9.64
	50m: 30.99	100m: 1:04.12 (33.13)	150m: 1:37.61 (33.49)	200m: 2:11.30 (33.69)		
	250m: 2:45.25 (33.95)	300m: 3:19.39 (34.14)	350m: 3:53.74 (34.35)	400m: 4:27.82 (34.08)		
5	Sunneva Bergmann Ásbjörnsdóttir	2007 Íþróttabandalag Reykjanesbæjar		586	4:36.28	+18.10
	50m: 30.39	100m: 1:04.08 (33.69)	150m: 1:38.68 (34.60)	200m: 2:13.93 (35.25)		
	250m: 2:49.31 (35.38)	300m: 3:25.34 (36.03)	350m: 4:01.09 (35.75)	400m: 4:36.28 (35.19)		



BIKARKEPPNI SUNDSAMBANDS ÍSLANDS

VATNAVERÖLD, REYKJANESBÆ 20.-21. DES 2024



Results

Event 8, 400m Freestyle Women - Final

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
6	Sunna Arnfinnsdóttir		2007 Sundfélag Akraness		565	4:39.67	+21.49
	50m: 31.40	100m: 1:06.34	(34.94)	150m: 1:42.13	(35.79)	200m: 2:18.02	(35.89)
	250m: 2:53.68	(35.66)	300m: 3:29.70	(36.02)	350m: 4:05.02	(35.32)	400m: 4:39.67
						(34.65)	
7	Katla María Brynjarsdóttir		2007 Íþróttabandalag Reykjanesbæjar		517	4:48.04	+29.86
	50m: 32.65	100m: 1:08.52	(35.87)	150m: 1:45.10	(36.58)	200m: 2:21.78	(36.68)
	250m: 2:58.33	(36.55)	300m: 3:35.02	(36.69)	350m: 4:12.27	(37.25)	400m: 4:48.04
							(35.77)
8	Elín Sara Skarphéðinsdóttir		2010 Sundfélag Akraness		304	5:43.87	+1:25.69
	50m: 38.35	100m: 1:21.09	(42.74)	150m: 2:04.92	(43.83)	200m: 2:48.69	(43.77)
	250m: 3:32.25	(43.56)	300m: 4:16.49	(44.24)	350m: 5:00.16	(43.67)	400m: 5:43.87
							(43.71)

Event official at: 12/20/2024 6:54:05 PM

Event 9, 4x100m Medley Men - Final

ISL	3:36.15	Sundfélag Hafnarfjarðar	Sundfélag Hafnarfjarðar (I Hafnarfjörður (ISL)			11/10/2024
UM	3:43.39	Sundfélag Hafnarfjarðar	Sundfélag Hafnarfjarðar (I Reykjavík (ISL)			12/15/2023
AM	4:05.48	Sundfélag Hafnarfjarðar	Sundfélag Hafnarfjarðar (I Hafnarfjörður (ISL)			11/20/2022
Rank	Name	Age	Team	Pts	Time	Diff
1	SH	19	Sundfélag Hafnarfjarðar	704	3:43.62	
	Bergur Fáfniir Bjarnason	2006	0.57	27.54	56.64	56.64
	Snorri Dagur Einarsson	2005		28.17	1:00.40	1:57.04
	Birnir Freyr Hálfðánarsson	2006		25.58	55.82	2:52.86
	Ýmir Chatenay Sölvason	2006		24.71	50.76	3:43.62
2	ÍRB	20	Íþróttabandalag Reykjanesbæjar	656	3:48.89	+5.27
	Guðmundur Leo Rafnsson	2006	0.59	25.94	53.49	53.49
	Nikolai Leo Jónsson	2008		31.04	1:06.56	2:00.05
	Fannar Snævar Hauksson	2004		25.10	55.27	2:55.32
	Guðmundur Karl Karlsson	2005		25.45	53.57	3:48.89

Event official at: 12/20/2024 7:19:30 PM

Event 10, 4x100m Medley Women - Final

ISL	4:13.33	Sundfélag Hafnarfjarðar	Sundfélag Hafnarfjarðar (I Hafnarfjörður (ISL)			11/10/2024
AM	4:26.59	Sunddeild Breiðabliks	Sunddeild Breiðabliks (ISL Reykjanesbaer (ISL)			6/28/2024
Rank	Name	Age	Team	Pts	Time	Diff
1	SH	23	Sundfélag Hafnarfjarðar	679	4:15.21	
	Vala Dís Cicero	2008	0.73	31.71	1:05.67	1:05.67
	Birgitta Ingólfssdóttir	2005		33.53	1:11.35	2:17.02
	Nadja Djurovic	2007		28.43	1:00.98	3:18.00
	Jóhanna Elín Guðmundsdóttir	2001		27.39	57.21	4:15.21
2	Breiðablik	18	Sunddeild Breiðabliks	612	4:24.22	+9.01
	Ragnheiður Ásta Magnúsdóttir	2007	0.64	32.14	1:06.43	1:06.43
	Margrét Anna Lapas	2009		36.18	1:16.32	2:22.75
	Sólveig Freyja Hákonardóttir	2009		29.68	1:03.68	3:26.43
	Freyja Birkisdóttir	2006		28.11	57.79	4:24.22
3	ÍRB	19	Íþróttabandalag Reykjanesbæjar	606	4:25.04	+9.83
	Ástrós Lovísa Hauksdóttir	2008	0.57	32.62	1:09.23	1:09.23
	Eva Margrét Falsdóttir	2005		32.72	1:09.83	2:19.06
	Elísabet Arnoddsdóttir	2009		30.38	1:06.49	3:25.55
	Sunneva Bergmann	2007		28.24	59.49	4:25.04
	Ásbjörnsdóttir					



BIKARKEPPNI SUNDSAM BANDS ÍSLANDS

VATNAVERÖLD, REYKJANESBÆ 20.-21. DES 2024



Results

Event 10, 4x100m Medley Women - Final

Rank	Name	Age	Team	Pts	Time	Diff
4	ÍA	19	Sundfélag Akraness	464	4:49.73	+34.52
	Guðbjörg Bjartey	2005	0.74	31.63	1:06.26	1:06.26
	Gudmundsdóttir					
	Viktoria Emilia Orlita	2009		39.61	1:26.64	2:32.90
	Sunna Arnfinnsdóttir	2007		32.11	1:09.20	3:42.10
	Sunna Dís Skarphéðinsdóttir	2008		32.00	1:07.63	4:49.73

Event official at: 12/20/2024 7:30:52 PM

Event 101, 200m Individual Medley Men - Final

ISL	1:57.91	Örn Arnarson	1981	Íþróttabandalag Reykjane	Vestmannaeyjar (ISL)	3/21/2003	
UM	1:59.07	Birnir Freyr Hálfðánarss	2006	Sundfélag Hafnarfjarðar (I	Hafnarfjörður (ISL)	11/11/2023	
AM	2:03.54	Birnir Freyr Hálfðánarss	2006	Sundfélag Hafnarfjarðar (I	Hafnarfjoerður (ISL)	11/13/2021	
Rank	Name	Born	Team	R.T.	Pts	Time	Diff
1	Róbert Ísak Jónsson	2001	Sundfélag Hafnarfjarðar B		542	2:14.41	SM14
	50m: 27.05	100m: 1:02.59	(35.54)	150m: 1:41.71	(39.12)	200m: 2:14.41	(32.70)
2	Adam Leó Tómasson	2007	Sundfélag Hafnarfjarðar B		527	2:15.70	+1.29
	50m: 29.39	100m: 1:06.49	(37.10)	150m: 1:43.66	(37.17)	200m: 2:15.70	(32.04)
3	Ásberg Halldór Hansson	2007	Sundráð Reykjavíkur		453	2:22.70	+8.29
	50m: 29.25			150m: 1:48.80	(1:48.80)	200m: 2:22.70	(33.90)
4	Sigurður Haukur Birgisson	2006	Sundráð Reykjavíkur		403	2:28.40	+13.99
	50m: 31.09	100m: 1:09.81	(38.72)	150m: 1:53.19	(43.38)	200m: 2:28.40	(35.21)
5	Viljar Fannarsson	2010	Sundráð Reykjavíkur B		334	2:37.94	+23.53
	50m: 32.73	100m: 1:13.92	(41.19)	150m: 2:01.84	(47.92)	200m: 2:37.94	(36.10)
6	Ingibjörn Natan Guðmundsson	2009	Sundráð Reykjavíkur B		301	2:43.53	+29.12
	50m: 38.08	100m: 1:17.23	(39.15)	150m: 2:06.59	(49.36)	200m: 2:43.53	(36.94)
7	Sævar Sindri Jóhannesson	2010	Sundfélag Hafnarfjarðar C		284	2:46.62	+32.21
	50m: 37.24	100m: 1:20.77	(43.53)	150m: 2:10.14	(49.37)	200m: 2:46.62	(36.48)
8	Andrej Tepavcevic	2012	Sundfélag Hafnarfjarðar C		250	2:53.85	+39.44
	50m: 40.03	100m: 1:28.57	(48.54)	150m: 2:14.40	(45.83)	200m: 2:53.85	(39.45)
-	Aaron Sebastian Jóhannsson	2012	Sundfélag Hafnarfjarðar C			DSQ	
	SW 7.1 Fleiri en eitt flugsundsfótatak notað í upphafi sunds eða eftir snúning						
-	Benedikt Bjarni Melsted	2008	Sundráð Reykjavíkur B			DSQ	
	SW 7.6 Snertir ekki bakka í snúningi eða við lok sunds með báðum höndum; aðskildar og/eða samtímis (þ.e. önnur hönd í bakka).						

Event official at: 12/20/2024 7:42:59 PM

Event 102, 200m Individual Medley Women - Final

ISL	2:11.57	Hrafnhildur Luthersdótti	1991	Sundfélag Hafnarfjarðar (I	Hafnarfjörður (ISL)	11/13/2015	
UM	2:13.41	Eygló Ósk Gústafsdóttir	1995	Sundfélagið Ægir (ISL)	Hafnarfjörður (ISL)	11/22/2013	
AM	2:18.19	Eygló Ósk Gústafsdóttir	1995	Sundfélagið Ægir (ISL)	Hafnarfjoerður (ISL)	6/26/2010	
Rank	Name	Born	Team	R.T.	Pts	Time	Diff
1	Ylfa Ásgerður Eyjólfsdóttir	2006	Sundráð Reykjavíkur		505	2:33.02	
	50m: 34.91	100m: 1:14.05	(39.14)	150m: 1:59.72	(45.67)	200m: 2:33.02	(33.30)
2	Matthildur María Ríkarðsdóttir	2009	Sundfélag Hafnarfjarðar B		466	2:37.14	+4.12
	50m: 35.32	100m: 1:15.61	(40.29)	150m: 2:00.45	(44.84)	200m: 2:37.14	(36.69)
3	Katla Mist Bragadóttir	2007	Sundráð Reykjavíkur		462	2:37.58	+4.56
	50m: 34.81	100m: 1:18.52	(43.71)	150m: 2:02.35	(43.83)	200m: 2:37.58	(35.23)
4	Guðrún Ísold Harðardóttir	2011	Sunddeild Breiðabliks B		454	2:38.46	+5.44
	50m: 35.84	100m: 1:17.55	(41.71)	150m: 2:02.05	(44.50)	200m: 2:38.46	(36.41)
5	Tinna Karen Sigurðardóttir	2008	Sundfélag Hafnarfjarðar B		413	2:43.54	+10.52
	50m: 34.63	100m: 1:13.83	(39.20)	150m: 2:05.14	(51.31)	200m: 2:43.54	(38.40)
6	Gabriela Róza Bondarow	2010	Sundráð Reykjavíkur B		392	2:46.39	+13.37
	50m: 33.63	100m: 1:19.99	(46.36)	150m: 2:09.12	(49.13)	200m: 2:46.39	(37.27)



BIKARKEPPNI SUNDSAM BANDS ÍSLANDS

VATNAVERÖLD, REYKJANESBÆ 20.-21. DES 2024



Results

Event 102, 200m Individual Medley Women - Final

Rank	Name	Born Team	R.T.	Pts	Time	Diff
7	Kamilla Ýr Ísaksdóttir Guðmann	2011 Sunddeild Breiðabliks B		388	2:47.02	+14.00
	50m: 38.33	100m: 1:21.82 (43.49)	150m: 2:08.21 (46.39)		200m: 2:47.02 (38.81)	
8	Katrín Ísold Gunnsteinsdóttir	2010 Sundráð Reykjavíkur B		372	2:49.43	+16.41
	50m: 37.62	100m: 1:19.89 (42.27)	150m: 2:10.45 (50.56)		200m: 2:49.43 (38.98)	
-	Valdís Rós Þorsteinsdóttir	2007 Sundfélag Hafnarfjarðar B			DSQ	
SW 9.4 Sundhluta ekki lokið samkvæmt reglum viðkomandi sundaðferðar						
Event official at: 12/20/2024 7:46:47 PM						

Event 103, 100m Freestyle Men - Final

ISL	48.42	Örn Arnarson	1981 Sundfélag Hafnarfjarðar (I Reykjavík (ISL)	11/16/2007
UM	49.37	Birnir Freyr Hálfðánarss	2006 Sundfélag Hafnarfjarðar (I Hafnarfjörður (ISL)	11/9/2024
AM	52.70	Magnús Viðir Jónsson	2008 Sundfélag Hafnarfjarðar (I Hafnarfjörður (ISL)	11/11/2023

Rank	Name	Born Team	R.T.	Pts	Time	Diff
1	Arnór Egill Einarsson	2007 Sundfélag Hafnarfjarðar B		533	55.27	
	50m: 26.47	100m: 55.27 (28.80)				
2	Daði Þór Friðriksson	2007 Sundfélag Hafnarfjarðar B		526	55.53	+0.26
	50m: 26.44	100m: 55.53 (29.09)				
3	Örn Ægisson	2006 Sundráð Reykjavíkur		443	58.79	+3.52
	50m: 27.88	100m: 58.79 (30.91)				
4	Jón Haukur Þórsson	2008 Sundráð Reykjavíkur		430	59.40	+4.13
	50m: 28.20	100m: 59.40 (31.20)				
5	Arnar Logi Ægisson	2007 Sundfélag Hafnarfjarðar C		427	59.51	+4.24
	50m: 28.65	100m: 59.51 (30.86)				
6	Þórður Karl Steinarsson	2009 Sundráð Reykjavíkur B		419	59.88	+4.61
	50m: 28.41	100m: 59.88 (31.47)				
7	Már Óskar Þorsteinsson	2007 Sundfélag Hafnarfjarðar C		411	1:00.30	+5.03
	50m: 28.88	100m: 1:00.30 (31.42)				
8	Jóhannes Gabriel Friðjónsson	2011 Sundráð Reykjavíkur B		267	1:09.60	+14.33
	50m: 32.58	100m: 1:09.60 (37.02)				

Event official at: 12/20/2024 6:02:24 PM

Event 104, 100m Freestyle Women - Final

ISL	52.68	Snæfríður Sól Jórunnard	2000 Iceland (ISL)	Budapest (HUN)	12/11/2024
UM	54.43	Vala Dís Cicero	2008 Sundfélag Hafnarfjarðar (I Hafnarfjörður (ISL)		11/10/2024
AM	56.09	Vala Dís Cicero	2008 Sundfélag Hafnarfjarðar (I Hafnarfjörður (ISL)		11/12/2023

Rank	Name	Born Team	R.T.	Pts	Time	Diff
1	María Skorastein Sigurdardóttir	2007 Sundfélag Hafnarfjarðar B		543	1:01.58	
	50m: 29.52	100m: 1:01.58 (32.06)				
2	Dagbjörg Hlíf Ólafsdóttir	2005 Sundfélag Hafnarfjarðar B		529	1:02.10	+0.52
	50m: 29.25	100m: 1:02.10 (32.85)				
3	Kristín Rebekka Gunnarsdóttir	2009 Sundráð Reykjavíkur		528	1:02.16	+0.58
	50m: 29.30	100m: 1:02.16 (32.86)				
4	Guðbjörg Helga Hilmarsdóttir	2011 Sunddeild Breiðabliks B		520	1:02.47	+0.89
	50m: 29.59	100m: 1:02.47 (32.88)				
5	Ylfa Ásgerður Eyjólfsdóttir	2006 Sundráð Reykjavíkur		496	1:03.44	+1.86
	50m: 30.53	100m: 1:03.44 (32.91)				
6	Bergey Huld Arnarsdóttir	2011 Sunddeild Breiðabliks B		462	1:04.99	+3.41
	50m: 31.19	100m: 1:04.99 (33.80)				
7	Elísa Björnsdóttir	2005 Sundráð Reykjavíkur B		453	1:05.41	+3.83
	50m: 31.18	100m: 1:05.41 (34.23)				
8	Freyja Sigríður Ásgeirsdóttir	2007 Sundráð Reykjavíkur B		426	1:06.75	+5.17
	50m: 31.55	100m: 1:06.75 (35.20)				

Event official at: 12/20/2024 6:09:31 PM

Event 105, 100m Backstroke Men - Final



BIKARKEPPNI SUNDSAMBANDS ÍSLANDS

VATNAVERÖLD, REYKJANESBÆ 20.-21. DES 2024



Results

Event 105, 100m Backstroke Men - Final

ISL	51.74	Örn Arnarson	1981 Íþróttabandalag Reykjane	Dublin (IRL)	12/14/2003
UM	52.69	Guðmundur Leo Rafnss	2006 Íþróttabandalag Reykjane	Budapest (HUN)	12/10/2024
AM	56.82	Kristinn Þórarinnsson	1996 Sunddeild Fjölnis (ISL)	Laugardalslaug (ISL)	11/12/2011

Rank	Name	Born Team	R.T.	Pts	Time	Diff
1	Andri Ólafsson	2009 Sundfélag Hafnarfjarðar B	0.72	430	1:04.03	
	50m: 31.00	100m: 1:04.03 (33.03)				
2	Halldór Ingi Hafþórsson	2008 Sundfélag Hafnarfjarðar B	0.72	424	1:04.30	+0.27
	50m: 31.31	100m: 1:04.30 (32.99)				
3	Þór Eli Gunnarsson	2011 Sundfélag Hafnarfjarðar C	0.74	353	1:08.34	+4.31
	50m: 33.00	100m: 1:08.34 (35.34)				
4	Örn Ægisson	2006 Sundráð Reykjavíkur	0.62	345	1:08.85	+4.82
	50m: 33.25	100m: 1:08.85 (35.60)				
5	Ingibjörn Natan Guðmundsson	2009 Sundráð Reykjavíkur B	0.66	299	1:12.21	+8.18
	50m: 34.01	100m: 1:12.21 (38.20)				
6	Jón Haukur Þórsson	2008 Sundráð Reykjavíkur	0.69	262	1:15.52	+11.49
	50m: 36.74	100m: 1:15.52 (38.78)				
7	Halldór Ingi Ólafsson	2013 Sundfélag Hafnarfjarðar C	0.62	230	1:18.82	+14.79
	50m: 37.22	100m: 1:18.82 (41.60)				
8	Búi Heinrich Mímir Þorsteinsson	2010 Sundráð Reykjavíkur B	0.73	183	1:25.00	+20.97
	50m: 40.03	100m: 1:25.00 (44.97)				

Event official at: 12/20/2024 6:23:20 PM

Event 106, 100m Backstroke Women - Final

ISL	57.42	Eygló Ósk Gústafsdóttir	1995 Sundfélagið Ægir (ISL)	Netanya (ISR)	12/3/2015
UM	59.26	Eygló Ósk Gústafsdóttir	1995 Sundfélagið Ægir (ISL)	Herning (DEN)	12/12/2013
AM	1:02.18	Eygló Ósk Gústafsdóttir	1995 Sundfélagið Ægir (ISL)	Laugardalslaug (ISL)	11/13/2010

Rank	Name	Born Team	R.T.	Pts	Time	Diff
1	Ylfa Lind Kristmannsdóttir	2008 Sundráð Reykjavíkur	0.59	649	1:03.39	
	50m: 31.11	100m: 1:03.39 (32.28)				
2	Kristín Rebekka Gunnarsdóttir	2009 Sundráð Reykjavíkur	0.70	493	1:09.45	+6.06
	50m: 33.21	100m: 1:09.45 (36.24)				
3	Helga Sigurlaug Helgadóttir	2007 Sundfélag Hafnarfjarðar B	0.71	457	1:11.24	+7.85
	50m: 33.87	100m: 1:11.24 (37.37)				
4	Íris Ásta Magnúsdóttir	2011 Sunddeild Breiðabliks B	0.72	454	1:11.41	+8.02
	50m: 34.64	100m: 1:11.41 (36.77)				
5	Elsa Diljá Lunddal Rúnarsdóttir	2010 Sundfélag Hafnarfjarðar B	0.60	414	1:13.63	+10.24
	50m: 35.01	100m: 1:13.63 (38.62)				
6	Lilja Rakel Hannesdóttir Bridde	2011 Sunddeild Breiðabliks B	0.78	392	1:14.98	+11.59
	50m: 36.14	100m: 1:14.98 (38.84)				
7	Freyja Sigríður Ásgeirsdóttir	2007 Sundráð Reykjavíkur B	0.75	374	1:16.12	+12.73
	50m: 36.94	100m: 1:16.12 (39.18)				
8	Rannveig Perla Pétursdóttir	2010 Sundráð Reykjavíkur B	0.64	326	1:19.69	+16.30
	50m: 38.01	100m: 1:19.69 (41.68)				

Event official at: 12/20/2024 6:25:38 PM

Event 107, 400m Freestyle Men - Final

ISL	3:47.83	Anton Sveinn McKee	1993 Sundfélagið Ægir (ISL)	Istanbul (TUR)	12/14/2012
UM	3:52.06	Anton Sveinn McKee	1993 Sundfélagið Ægir (ISL)	Laugardalslaug (ISL)	12/11/2011
AM	4:04.34	Magnús Viðir Jónsson	2008 Sundfélag Hafnarfjarðar (I	Hafnarfjörður (ISL)	10/21/2023

Rank	Name	Born Team	R.T.	Pts	Time	Diff
1	Birgir Hrafn Kjartansson	2008 Sundráð Reykjavíkur		578	4:14.76	
	50m: 28.52	100m: 59.53 (31.01)	150m: 1:31.44 (31.91)	200m: 2:03.86 (32.42)		
	250m: 2:36.60 (32.74)	300m: 3:09.63 (33.03)	350m: 3:42.54 (32.91)	400m: 4:14.76 (32.22)		
2	Björn Yngvi Guðmundsson	2007 Sundfélag Hafnarfjarðar B		565	4:16.62	+1.86
	50m: 28.71	100m: 1:00.14 (31.43)	150m: 1:32.56 (32.42)	200m: 2:05.53 (32.97)		
	250m: 2:38.67 (33.14)	300m: 3:12.14 (33.47)	350m: 3:45.27 (33.13)	400m: 4:16.62 (31.35)		



BIKARKEPPNI SUNDSAMBANDS ÍSLANDS

VATNAVERÖLD, REYKJANESBÆ 20.-21. DES 2024



Results

Event 107, 400m Freestyle Men - Final

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
3	Karl Björnsson	2008	Sundfélag Hafnarfjarðar B		555	4:18.22	+3.46
	50m: 28.37	100m: 59.54	(31.17)	150m: 1:31.57	(32.03)	200m: 2:04.38	(32.81)
	250m: 2:37.59	(33.21)	300m: 3:11.22	(33.63)	350m: 3:45.00	(33.78)	400m: 4:18.22
(33.22)							
4	Stefán Ingi Ólafsson	2006	Sundráð Reykjavíkur		483	4:30.35	+15.59
	50m: 29.70	100m: 1:02.89	(33.19)	150m: 1:36.59	(33.70)	200m: 2:10.86	(34.27)
	250m: 2:45.86	(35.00)	300m: 3:20.89	(35.03)	350m: 3:55.97	(35.08)	400m: 4:30.35
(34.38)							
5	Kristjón Hrafn Kjartansson	2011	Sundfélag Hafnarfjarðar C		462	4:34.44	+19.68
	50m: 30.10	100m: 1:03.36	(33.26)	150m: 1:37.72	(34.36)	200m: 2:12.67	(34.95)
	250m: 2:47.83	(35.16)	300m: 3:23.36	(35.53)	350m: 3:59.30	(35.94)	400m: 4:34.44
(35.14)							
6	Stefán Hagalín Árnason	2010	Sundráð Reykjavíkur B		380	4:53.00	+38.24
	50m: 32.34	100m: 1:09.67	(37.33)	150m: 1:46.86	(37.19)	200m: 2:24.41	(37.55)
	250m: 3:01.81	(37.40)	300m: 3:39.19	(37.38)	350m: 4:16.48	(37.29)	400m: 4:53.00
(36.52)							
7	Daníel Andriysson	2011	Sundfélag Hafnarfjarðar C		364	4:57.14	+42.38
	50m: 33.64	100m: 1:11.66	(38.02)	150m: 1:49.07	(37.41)	200m: 2:27.73	(38.66)
	250m: 3:04.98	(37.25)	300m: 3:43.26	(38.28)	350m: 4:20.86	(37.60)	400m: 4:57.14
(36.28)							
8	Svanberg Leó Jólsson	2012	Sundráð Reykjavíkur B		294	5:19.19	+1:04.43
	50m: 34.40	100m: 1:13.05	(38.65)	150m: 1:53.59	(40.54)	200m: 2:34.62	(41.03)
	250m: 3:16.05	(41.43)	300m: 3:57.46	(41.41)	350m: 4:39.05	(41.59)	400m: 5:19.19
(40.14)							

Event official at: 12/20/2024 6:41:49 PM

Event 108, 400m Freestyle Women - Final

ISL	4:11.61	Inga Elín Cryer	1993 Sundfélag Akraness (ISL)	Doha (QAT)	12/5/2014
UM	4:13.69	Vala Dís Cicero	2008 Sundfélag Hafnarfjarðar (I)	Hafnarfjörður (ISL)	11/8/2024
AM	4:15.57	Eygló Ósk Gústafsdóttir	1995 Sundfélagið Ægir (ISL)	Hafnarfjörður (ISL)	6/26/2010

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
1	Katrín Lóa Ingadóttir	2008	Sundfélag Hafnarfjarðar B		542	4:43.66	
	50m: 32.47	100m: 1:07.16	(34.69)	150m: 1:42.70	(35.54)	200m: 2:18.83	(36.13)
	250m: 2:54.88	(36.05)	300m: 3:30.83	(35.95)	350m: 4:06.92	(36.09)	400m: 4:43.66
(36.74)							
2	Natalía Eir Curtis	2010	Sundráð Reykjavíkur B		531	4:45.49	+1.83
	50m: 32.46	100m: 1:08.10	(35.64)	150m: 1:44.15	(36.05)	200m: 2:20.23	(36.08)
	250m: 2:56.23	(36.00)	300m: 3:33.19	(36.96)	350m: 4:10.27	(37.08)	400m: 4:45.49
(35.22)							
3	Hulda Björg Magnúsdóttir Nilsen	2008	Sundráð Reykjavíkur		528	4:46.12	+2.46
	50m: 31.76	100m: 1:06.28	(34.52)	150m: 1:42.41	(36.13)	200m: 2:19.10	(36.69)
	250m: 2:55.70	(36.60)	300m: 3:32.61	(36.91)	350m: 4:09.93	(37.32)	400m: 4:46.12
(36.19)							
4	Bjarnís Olga Hansen	2010	Sundráð Reykjavíkur		527	4:46.18	+2.52
	50m: 31.68	100m: 1:06.50	(34.82)	150m: 1:42.81	(36.31)	200m: 2:19.72	(36.91)
	250m: 2:56.73	(37.01)	300m: 3:33.41	(36.68)	350m: 4:10.68	(37.27)	400m: 4:46.18
(35.50)							
5	Hildur Erla Hákonardóttir	2010	Sundfélag Hafnarfjarðar B		517	4:48.10	+4.44
	50m: 32.43	100m: 1:08.15	(35.72)	150m: 1:44.64	(36.49)	200m: 2:21.73	(37.09)
	250m: 2:58.14	(36.41)	300m: 3:35.11	(36.97)		400m: 4:48.10	(4:48.10)
6	Gabriela Róza Bondarow	2010	Sundráð Reykjavíkur B		409	5:11.42	+27.76
	50m: 33.75	100m: 1:13.12	(39.37)	150m: 1:52.17	(39.05)	200m: 2:32.75	(40.58)
	250m: 3:12.83	(40.08)	300m: 3:53.49	(40.66)	350m: 4:33.15	(39.66)	400m: 5:11.42
(38.27)							
7	Tinna Salome Róbertsdóttir	2011	Sunddeild Breiðabliks B		392	5:15.90	+32.24
	50m: 34.83	100m: 1:14.40	(39.57)	150m: 1:55.31	(40.91)	200m: 2:36.36	(41.05)
	250m: 3:17.09	(40.73)	300m: 3:57.57	(40.48)	350m: 4:37.70	(40.13)	400m: 5:15.90
(38.20)							
8	Sóllilja Þórðardóttir	2011	Sunddeild Breiðabliks B		307	5:42.67	+59.01
	50m: 38.31	100m: 1:20.90	(42.59)	150m: 2:04.11	(43.21)	200m: 2:47.65	(43.54)
	250m: 3:32.32	(44.67)	300m: 4:16.47	(44.15)	350m: 5:00.46	(43.99)	400m: 5:42.67
(42.21)							

Event official at: 12/20/2024 7:05:48 PM

Event 109, 4x100m Medley Men - Final

ISL	3:36.15	Sundfélag Hafnarfjarðar	Sundfélag Hafnarfjarðar (I Hafnarfjörður (ISL)	11/10/2024		
UM	3:43.39	Sundfélag Hafnarfjarðar	Sundfélag Hafnarfjarðar (I Reykjavík (ISL)	12/15/2023		
AM	4:05.48	Sundfélag Hafnarfjarðar	Sundfélag Hafnarfjarðar (I Hafnarfjörður (ISL)	11/20/2022		
Rank	Name	Age	Team	Pts	Time	Diff



BIKARKEPPNI SUNDSAM BANDS ÍSLANDS

VATNAVERÖLD, REYKJANESBÆ 20.-21. DES 2024



Results

Event 109, 4x100m Medley Men - Final

Rank	Name	Age	Team		Pts	Time	Diff
1	SH - B	23	Sundfélag Hafnarfjarðar B		537	4:04.80	
	Adam Leó Tómasson	2007	0.65	29.55	1:01.42	1:01.42	
	Karl Björnsson	2008		31.40	1:07.56	2:08.98	
	Róbert Ísak Jónsson	2001	S14	27.18	59.06	3:08.04	
	Björn Yngvi Guðmundsson	2007		26.42	56.76	4:04.80	
2	Reykjavík	18	Sundráð Reykjavíkur		470	4:15.81	+11.01
	Ásberg Halldór Hansson	2007	0.73	30.43	1:02.98	1:02.98	
	Stefán Ingi Ólafsson	2006		35.05	1:14.77	2:17.75	
	Snævar Örn Kristmannsson	2006	S15	28.59	1:01.88	3:19.63	
	Birgir Hrafn Kjartansson	2008		26.11	56.18	4:15.81	
3	SH - C	17	Sundfélag Hafnarfjarðar C		390	4:32.13	+27.33
	Pór Eli Gunnarsson	2011	0.77	33.00	1:08.79	1:08.79	
	Már Óskar Þorsteinsson	2007		34.76	1:14.60	2:23.39	
	Arnar Logi Ægisson	2007		29.83	1:06.70	3:30.09	
	Kristjón Hrafn Kjartansson	2011		29.27	1:02.04	4:32.13	
-	Reykjavík - B	15	Sundráð Reykjavíkur B			DNS	
	Ingibjörn Natan Guðmundsson	2009					
	Stefán Darri Þorbjargarson	2009					
	Viljar Fannarsson	2010					
	Þórður Karl Steinarsson	2009					

Event official at: 12/20/2024 7:24:13 PM

Event 110, 4x100m Medley Women - Final

ISL	4:13.33	Sundfélag Hafnarfjarðar	Sundfélag Hafnarfjarðar (I	Hafnarfjörður (ISL)	11/10/2024	
AM	4:26.59	Sunddeild Breiðabliks	Sunddeild Breiðabliks (ISL	Reykjanæsbær (ISL)	6/28/2024	
Rank	Name	Age	Team	Pts	Time	Diff
1	Reykjavík	18	Sundráð Reykjavíkur	529	4:37.28	
	Ylfa Lind Kristmannsdóttir	2008	0.59	31.67	1:03.90	1:03.90
	Embla Dögg Helgadóttir	2008		36.59	1:20.44	2:24.34
	Hekla Krístrún Mist Arnarsdóttir	2006		32.02	1:11.13	3:35.47
	Ylfa Ásgerður Eyjólfsdóttir	2006		29.10	1:01.81	4:37.28
2	SH - B	19	Sundfélag Hafnarfjarðar B	513	4:40.24	+2.96
	Helga Sigurlaug Helgadóttir	2007	0.74	34.01	1:11.33	1:11.33
	Matthildur María Ríkarðsdóttir	2009		36.46	1:18.66	2:29.99
	Dagbjörg Hlíf Ólafsdóttir	2005		31.62	1:08.60	3:38.59
	María Skorastein Sigurdardóttir	2007		29.29	1:01.65	4:40.24
3	Breiðablik - B	13	Sunddeild Breiðabliks B	451	4:52.39	+15.11
	Guðrún Ísold Harðardóttir	2011	0.72	35.63	1:13.66	1:13.66
	Íris Ásta Magnúsdóttir	2011		38.17	1:22.31	2:35.97
	Bergey Huld Arnarsdóttir	2011		32.78	1:13.86	3:49.83
	Guðbjörg Helga Hilmarsdóttir	2011		28.65	1:02.56	4:52.39
4	Reykjavík - B	19	Sundráð Reykjavíkur B	395	5:05.59	+28.31
	Freyja Sigríður Ásgeirsdóttir	2007	0.74	37.29	1:57.34	1:57.34
	Natalía Eir Curtis	2010		45.61		2:42.95
	Elísa Björnsdóttir	2005		35.34	1:18.30	4:01.25
	Karen Sif Helgadóttir	2010		29.82	1:04.34	5:05.59



BIKARKEPPNI SUNDSAM BANDS ÍSLANDS

VATNAVERÖLD, REYKJANESBÆ 20.-21. DES 2024



Results

Event 110, 4x100m Medley Women - Final

Rank	Name	Age	Team	Pts	Time	Diff
------	------	-----	------	-----	------	------

Event official at: 12/20/2024 7:37:33 PM