

Icelandic Masters Open Championships 2016  
Hafnarfjörður, 29. - 30.4.2016

Sundgrein 1  
29.04.2016 - 18:00

karla, 800m skriðsund

20 - 84 ára  
Úrslitalistar

Stig: FINA 2015

Sæti			F.ár					Timi	Stig
<b>65 - 69 ára</b>									
1.	Kári Geirlaugsson		49	ÍA				<b>12:26.70</b>	209
	100m:	1:25.93	1:25.93	300m:	4:35.77	1:34.75	500m:	7:46.42	1:35.31
	200m:	3:01.02	1:35.09	400m:	6:11.11	1:35.34	600m:	9:22.19	1:35.77
							700m:	10:57.76	1:35.57
							800m:	12:26.70	1:28.94
2.	Valgeir S. Kárason		51	Tindastóll				<b>13:27.02</b>	165
	100m:	1:33.23	1:33.23	300m:	4:56.16	1:42.14	500m:	8:22.79	1:43.24
	200m:	3:14.02	1:40.79	400m:	6:39.55	1:43.39	600m:	10:07.31	1:44.52
							700m:	11:51.44	1:44.13
							800m:	13:27.02	1:35.58
<b>60 - 64 ára</b>									
1.	Björn Ásgeir Guðmundsson		56	SH				<b>13:16.54</b>	172
	100m:	1:29.89	1:29.89	300m:	4:50.22	1:40.86	500m:	8:14.83	1:42.47
	200m:	3:09.36	1:39.47	400m:	6:32.36	1:42.14	600m:	9:56.48	1:41.65
							700m:	11:38.15	1:41.67
							800m:	13:16.54	1:38.39
<b>55 - 59 ára</b>									
1.	Remi Spilliaert		58	Ægir				<b>12:27.76</b>	208
	100m:	1:24.53	1:24.53	300m:	4:31.40	1:33.60	500m:	7:41.20	1:34.33
	200m:	2:57.80	1:33.27	400m:	6:06.87	1:35.47	600m:	9:16.40	1:35.20
							700m:	10:53.32	1:36.92
							800m:	12:27.76	1:34.44
2.	Ragnar Marteinnsson		57	Stjarnan				<b>13:11.56</b>	175
	100m:	1:29.01	1:29.01	300m:	4:49.52	1:40.46	500m:	8:12.49	1:41.46
	200m:	3:09.06	1:40.05	400m:	6:31.03	1:41.51	600m:	9:53.03	1:40.54
							700m:	11:34.25	1:41.22
							800m:	13:11.56	1:37.31
3.	Aðalsteinn Einarson		58	SH				<b>15:54.50</b>	100
	100m:	1:43.16	1:43.16	300m:	5:41.71	2:00.18	500m:	9:46.24	2:02.39
	200m:	3:41.53	1:58.37	400m:	7:43.85	2:02.14	600m:	11:51.10	2:04.86
							700m:	13:53.64	2:02.54
							800m:	15:54.50	2:00.86
<b>50 - 54 ára</b>									
1.	Sigurjón Þórðarson		64	Tindastóll				<b>11:46.98</b>	246
	100m:	1:20.60	1:20.60	300m:	4:17.18	1:28.43	500m:	7:17.95	1:30.34
	200m:	2:48.75	1:28.15	400m:	5:47.61	1:30.43	600m:	8:49.42	1:31.47
							700m:	10:19.41	1:29.99
							800m:	11:46.98	1:27.57
2.	Eyðun Húsgarð		62	Havnar				<b>12:19.69</b>	215
	100m:	1:25.76	1:25.76	300m:	4:35.00	1:35.16	500m:	7:44.25	1:34.09
	200m:	2:59.84	1:34.08	400m:	6:10.16	1:35.16	600m:	9:17.44	1:33.19
							700m:	10:50.24	1:32.80
							800m:	12:19.69	1:29.45
3.	Gunnar Gylfason		65	Breiðablik				<b>13:10.20</b>	176
	100m:	1:25.49	1:25.49	300m:	4:42.02	1:41.10	500m:	8:07.23	1:42.70
	200m:	3:00.92	1:35.43	400m:	6:24.53	1:42.51	600m:	9:50.00	1:42.77
							700m:	11:33.26	1:43.26
							800m:	13:10.20	1:36.94
4.	Ásgeir Elíasson		63	Breiðablik				<b>13:12.18</b>	175
	100m:	1:28.37	1:28.37	300m:	4:45.78	1:40.36	500m:	8:08.26	1:40.44
	200m:	3:05.42	1:37.05	400m:	6:27.82	1:42.04	600m:	9:49.24	1:40.98
							700m:	11:30.68	1:41.44
							800m:	13:12.18	1:41.50
5.	Guðmundur Ingi Guðmundsson		63	Breiðablik				<b>13:39.70</b>	158
	100m:	1:29.13	1:29.13	300m:	4:58.57	1:46.98	500m:	8:28.36	1:43.31
	200m:	3:11.59	1:42.46	400m:	6:45.05	1:46.48	600m:	10:13.53	1:45.17
							700m:	11:57.68	1:44.15
							800m:	13:39.70	1:42.02
<b>45 - 49 ára</b>									
1.	Karl Georg Klein		69	SH				<b>12:33.89</b>	203
	100m:	1:22.21	1:22.21	300m:	4:29.93	1:34.56	500m:	7:45.60	1:38.16
	200m:	2:55.37	1:33.16	400m:	6:07.44	1:37.51	600m:	9:24.71	1:39.11
							700m:	11:01.45	1:36.74
							800m:	12:33.89	1:32.44
2.	Kristinn Magnússon		67	SH				<b>12:46.27</b>	193
	100m:	1:23.50	1:23.50	300m:			500m:		700m:
	200m:			400m:			600m:	9:25.41	700m:
									11:05.93
									1:40.52
									800m:
									12:46.27
									1:40.34

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Sundgrein 1, karla, 800m skriðsund, 45 - 49 ára

Sæti	F.ár		Tími						Stig
3. Finnbogi Gylfason	70 SH		<b>13:01.58</b>						182
100m:	300m:	4:46.54	1:40.32	500m:	8:07.25	1:40.33	700m:	11:26.48	1:39.04
200m: 3:06.22	400m:	6:26.92	1:40.38	600m:	9:47.44	1:40.19	800m:	13:01.58	1:35.10
4. Árni Þór Árnason	69 SH		<b>13:18.59</b>						171
100m: 1:31.95	300m:	4:56.15	1:42.11	500m:	8:20.48	1:42.15	700m:	11:43.00	1:41.29
200m: 3:14.04	400m:	6:38.33	1:42.18	600m:	10:01.71	1:41.23	800m:	13:18.59	1:35.59
5. Stephan Jón Hufschmid	69 Stýrmir		<b>15:20.97</b>						111
100m: 1:36.72	300m:	5:28.90	1:57.31	500m:	9:29.82	2:00.06	700m:	13:27.03	1:58.48
200m: 3:31.59	400m:	7:29.76	2:00.86	600m:	11:28.55	1:58.73	800m:	15:20.97	1:53.94

40 - 44 ára

1. Hákon Hrafn Sigurðsson	74 Breiðablik		<b>11:07.67</b>						292
100m: 1:19.25	300m:	4:06.59	1:24.20	500m:	6:55.88	1:24.12	700m:	9:45.21	1:24.82
200m: 2:42.39	400m:	5:31.76	1:25.17	600m:	8:20.39	1:24.51	800m:	11:07.67	1:22.46
2. Þorsteinn Gíslason	73 SH		<b>11:23.66</b>						272
100m: 1:19.96	300m:	4:15.10	1:27.55	500m:	7:08.27	1:26.22	700m:	10:00.49	1:26.73
200m: 2:47.55	400m:	5:42.05	1:26.95	600m:	8:33.76	1:25.49	800m:	11:23.66	1:23.17
3. Viðar Bragi Þorsteinsson	73 Breiðablik		<b>11:28.32</b>						267
100m: 1:19.27	300m:	4:12.88	1:26.70	500m:	7:06.82	1:27.58	700m:	10:02.19	1:27.14
200m: 2:46.18	400m:	5:39.24	1:26.36	600m:	8:35.05	1:28.23	800m:	11:28.32	1:26.13
4. Hálfván Freyr Örnólfsson	73 SH		<b>11:50.89</b>						242
100m: 1:17.60	300m:	4:17.05	1:31.50	500m:	7:20.54	1:32.05	700m:	10:22.98	1:30.12
200m: 2:45.55	400m:	5:48.49	1:31.44	600m:	8:52.86	1:32.32	800m:	11:50.89	1:27.91
5. Gylfi Örn Gylfason	76 SH		<b>11:58.90</b>						234
100m: 1:18.36	300m:	4:20.21	1:32.08	500m:	7:27.60	1:34.35	700m:	10:30.42	1:31.43
200m: 2:48.13	400m:	5:53.25	1:33.04	600m:	8:58.99	1:31.39	800m:	11:58.90	1:28.48
6. Alexander Arnarson	73 Breiðablik		<b>12:04.87</b>						228
100m: 1:20.99	300m:	4:22.94	1:32.14	500m:	7:29.09	1:33.73	700m:	10:34.76	1:33.16
200m: 2:50.80	400m:	5:55.36	1:32.42	600m:	9:01.60	1:32.51	800m:	12:04.87	1:30.11
7. Magnús Jens Hjaltsted	76 Breiðablik		<b>12:08.25</b>						225
100m: 1:20.48	300m:	4:25.63	1:33.72	500m:	7:34.01	1:34.58	700m:	10:40.87	1:33.45
200m: 2:51.91	400m:	5:59.43	1:33.80	600m:	9:07.42	1:33.41	800m:	12:08.25	1:27.38
8. Börkur Jónsson	72 SH		<b>12:59.57</b>						184
100m: 1:26.16	300m:	4:41.12	1:38.15	500m:	8:00.79	1:40.98	700m:	11:24.41	1:42.20
200m: 3:02.97	400m:	6:19.81	1:38.69	600m:	9:42.21	1:41.42	800m:	12:59.57	1:35.16
9. Jón Sigþór Jónsson	73 SH		<b>13:41.71</b>						157
100m: 1:28.62	300m:	4:55.50	1:47.00	500m:	8:27.70	1:44.91	700m:	11:58.02	1:45.48
200m: 3:08.50	400m:	6:42.79	1:47.29	600m:	10:12.54	1:44.84	800m:	13:41.71	1:43.69

35 - 39 ára

1. Ómar Snævar Friðriksson	80 SH		<b>9:35.59</b>						457
100m: 1:05.43	300m:	3:27.33	1:11.60	500m:	5:52.75	1:13.07	700m:	8:22.11	1:14.95
200m: 2:15.73	400m:	4:39.68	1:12.35	600m:	7:07.16	1:14.41	800m:	9:35.59	1:13.48
2. Ragnar Viktor Hilmarsson	77 Breiðablik		<b>10:02.87</b>						397
100m: 1:08.32	300m:	3:41.66	1:16.76	500m:	6:14.61	1:16.60	700m:	8:48.94	1:17.42
200m: 2:24.90	400m:	4:58.01	1:16.35	600m:	7:31.52	1:16.91	800m:	10:02.87	1:13.93
3. Tómas Sturlaugsson	81 Stýrmir		<b>10:16.80</b>						371
100m: 1:13.02	300m:	3:46.85	1:17.27	500m:	6:21.48	1:17.07	700m:	8:58.39	1:19.08
200m: 2:29.58	400m:	5:04.41	1:17.56	600m:	7:39.31	1:17.83	800m:	10:16.80	1:18.41

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Sundgrein 1, karla, 800m skriðsund

30 - 34 ára

1. Hákon Jónsson	85	Breiðablik	<b>10:54.22</b>	311
100m: 1:13.78 1:13.78	300m: 3:58.55 1:22.85	500m: 6:46.71 1:24.86	700m: 9:35.73 1:24.92	
200m: 2:35.70 1:21.92	400m: 5:21.85 1:23.30	600m: 8:10.81 1:24.10	800m: 10:54.22 1:18.49	

25 - 29 ára

1. Sigurður Örn Ragnarsson	91	Gestur	<b>8:54.21</b>	571
100m: 1:03.05 1:03.05	300m: 3:16.89 1:07.21	500m: 5:32.16 1:07.69	700m: 7:48.43 1:08.13	
200m: 2:09.68 1:06.63	400m: 4:24.47 1:07.58	600m: 6:40.30 1:08.14	800m: 8:54.21 1:05.78	
2. Egill Valur Hafsteinsson	89	SH	<b>10:33.39</b>	343
100m: 1:08.96 1:08.96	300m: 3:43.25 1:18.36	500m: 6:25.72 1:21.51	700m: 9:11.05 1:22.74	
200m: 2:24.89 1:15.93	400m: 5:04.21 1:20.96	600m: 7:48.31 1:22.59	800m: 10:33.39 1:22.34	

Sundgrein 2  
29.04.2016 - 19:09

kvenna, 800m skriðsund

20 - 84 ára  
Úrslitalistar

Stig: FINA 2015

Sæti	F.ár		Tími	Stig
55 - 59 ára				
1. Sólbjörg Gunnbjörnsdóttir	59	3N	<b>15:24.49</b>	139
100m: 1:42.63 1:42.63	300m: 5:39.76 1:59.18	500m: 9:37.95 1:58.17	700m: 13:35.26 1:58.00	
200m: 3:40.58 1:57.95	400m: 7:39.78 2:00.02	600m: 11:37.26 1:59.31	800m: 15:24.49 1:49.23	

50 - 54 ára

1. Birna Jóhanna Ólafsdóttir	63	SH	<b>14:36.71</b>	163
100m: 1:43.91 1:43.91	300m: 5:25.22 1:50.64	500m: 9:08.23 1:51.08	700m: 12:50.42 1:51.00	
200m: 3:34.58 1:50.67	400m: 7:17.15 1:51.93	600m: 10:59.42 1:51.19	800m: 14:36.71 1:46.29	
2. Sigríður Sigurðardóttir	64	Breiðablik	<b>19:59.97</b>	63
100m: 2:13.58 2:13.58	300m: 7:14.59 2:31.01	500m: 12:18.63 2:32.08	700m: 17:25.24 2:32.42	
200m: 4:43.58 2:30.00	400m: 9:46.55 2:31.96	600m: 14:52.82 2:34.19	800m: 19:59.97 2:34.73	

45 - 49 ára

1. Þórunn Kristín Guðmundsdóttir	69	Ægir	<b>12:14.23</b>	278
100m: 1:23.37 1:23.37	300m: 4:26.78 1:32.77	500m: 7:35.59 1:34.45	700m: 10:42.78 1:32.46	
200m: 2:54.01 1:30.64	400m: 6:01.14 1:34.36	600m: 9:10.32 1:34.73	800m: 12:14.23 1:31.45	
2. Anna Helgadóttir	68	Breiðablik	<b>13:41.49</b>	198
100m: 1:31.38 1:31.38	300m: 4:58.60 1:44.45	500m: 8:29.77 1:44.89	700m: 11:58.92 1:44.57	
200m: 3:14.15 1:42.77	400m: 6:44.88 1:46.28	600m: 10:14.35 1:44.58	800m: 13:41.49 1:42.57	
3. Halldóra Matthíasdóttir	69	Breiðablik	<b>14:26.57</b>	169
100m: 1:42.56 1:42.56	300m: 5:19.35 1:48.99	500m: 8:59.26 1:49.89	700m: 12:40.90 1:50.41	
200m: 3:30.36 1:47.80	400m: 7:09.37 1:50.02	600m: 10:50.49 1:51.23	800m: 14:26.57 1:45.67	

40 - 44 ára

1. Birna Íris Jónsdóttir	73	Breiðablik	<b>12:34.06</b>	256
100m: 1:23.35 1:23.35	300m: 4:33.49 1:35.92	500m: 7:46.34 1:36.86	700m: 10:59.89 1:36.44	
200m: 2:57.57 1:34.22	400m: 6:09.48 1:35.99	600m: 9:23.45 1:37.11	800m: 12:34.06 1:34.17	
2. Þórhalla Gunnarsdóttir	72	Breiðablik	<b>13:30.82</b>	206
100m: 1:37.23 1:37.23	300m: 5:03.91 1:43.06	500m: 8:27.83 1:42.93	700m: 11:52.20 1:42.25	
200m: 3:20.85 1:43.62	400m: 6:44.90 1:40.99	600m: 10:09.95 1:42.12	800m: 13:30.82 1:38.62	
3. Margrét Valdimarsdóttir	74	Breiðablik	<b>15:06.62</b>	147
100m: 1:43.26 1:43.26	300m: 5:29.89 1:54.64	500m: 9:20.66 1:55.21	700m: 13:12.68 1:56.05	
200m: 3:35.25 1:51.99	400m: 7:25.45 1:55.56	600m: 11:16.63 1:55.97	800m: 15:06.62 1:53.94	

Icelandic Masters Open Championships 2016  
Hafnarfjörður, 29. - 30.4.2016

Sundgrein 2, kvenna, 800m skriðsund, 40 - 44 ára

Sæti	F.ár		Tími		Stig			
4.	Sigrún Þ Geirsdóttir		72	Ægir	<b>15:39.69</b> 132			
	100m:	1:49.15 1:49.15	300m:	5:49.34 2:00.79	500m:	9:49.55 1:59.38	700m:	13:45.64 1:57.70
	200m:	3:48.55 1:59.40	400m:	7:50.17 2:00.83	600m:	11:47.94 1:58.39	800m:	15:39.69 1:54.05

35 - 39 ára

1.	Harpa Hrund Berndsen		81	Ægir	<b>15:39.14</b> 132			
	100m:	1:44.08 1:44.08	300m:	5:48.44 2:03.65	500m:	9:48.33 2:00.10	700m:	13:45.09 1:57.58
	200m:	3:44.79 2:00.71	400m:	7:48.23 1:59.79	600m:	11:47.51 1:59.18	800m:	15:39.14 1:54.05

Sundgrein 3

karla, 50m flugsund

20 - 84 ára

29.04.2016 - 19:43

Úrslitalistar

Stig: FINA 2015

Sæti	F.ár		Tími	Stig
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65 - 69 ára

1.	Valgeir S. Kárason		51	Tindastóll	<b>45.68</b> 108
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60 - 64 ára

1.	Guðjón Guðnason		54	SH	<b>37.29</b> 199
2.	Björn Ásgeir Guðmundsson		56	SH	<b>46.39</b> 103

55 - 59 ára

1.	Jon Hestoy		59	Havnar	<b>31.92</b> 318
2.	Remi Spilliaert		58	Ægir	<b>38.80</b> 177

50 - 54 ára

1.	Jóhann Björnsson		66	ÍRB	<b>31.29</b> 338
2.	Guðni Guðnason		62	SH	<b>33.48</b> 276
3.	Jón Hugl Harðarson		63	ÍA	<b>35.37</b> 234
4.	Sigurjón Þórðarson		64	Tindastóll	<b>37.62</b> 194
5.	Kristinn Samsonarson		65	SH	<b>38.39</b> 183
ÓG.	Guðmundur Ingi Guðmundsson		63	Breiðablik	

*P3 - Leg movements not simultaneous, alternating or breaststroke kick (SW 8.3)*

45 - 49 ára

1.	Steinn Jóhannsson		68	SH	<b>32.71</b> 296
2.	Magni Þór Samsonarson		70	SH	<b>32.98</b> 288
3.	Finnbjörn Aðalheiðarson		69	Ægir	<b>34.16</b> 259
4.	Jón Viðar Magnússon		68	SH	<b>35.73</b> 227
5.	Kristinn Magnússon		67	SH	<b>37.38</b> 198
6.	Gunnar Þór Gunnarsson		70	UMFS	<b>41.98</b> 140

40 - 44 ára

1.	Mladen Tepavcevic		76	SH	<b>27.95</b> 474
2.	Einar Hrafn Jóhannsson		75	Breiðablik	<b>30.90</b> 351
3.	Þórður Ármannsson		76	SH	<b>32.43</b> 303
4.	Elvar Níelsson		74	Breiðablik	<b>32.98</b> 288
5.	Árni Rúnar Árnason		73	SH	<b>33.15</b> 284
6.	Þorsteinn Gíslason		73	SH	<b>34.02</b> 263
7.	Magnús Jens Hjaltsted		76	Breiðablik	<b>34.97</b> 242
8.	Viðar Bragi Þorsteinsson		73	Breiðablik	<b>45.70</b> 108

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Sundgrein 3, karla, 50m flugsund

35 - 39 ára

1.	Arnar Felix Einarsson	81	Breiðablik	<b>28.20</b>	461
2.	Davíð Freyr Þórunnarson	78	SH	<b>28.47</b>	448
3.	Ægir Sigurðsson	78	UMFS	<b>29.71</b>	395
4.	Albert Þór Kristjánsson	77	SH	<b>31.93</b>	318
5.	Ragnar Viktor Hilmarsson	77	Breiðablik	<b>34.28</b>	257
6.	Grétar Snorrason	81	SH	<b>34.69</b>	248
ÓG.	Stefán Ólafsson	79	UMFS		

G2 - Starting before the start signal (SW 4.4)

30 - 34 ára

1.	Hólmgeir Reynisson	86	Stýrmir	<b>29.78</b>	392
2.	Verdugo Julio Cesar Leon	86	Stýrmir	<b>31.07</b>	345
3.	Ásgeir Haukur Einarsson	85	Breiðablik	<b>32.07</b>	314
4.	Hákon Jónsson	85	Breiðablik	<b>32.51</b>	301

25 - 29 ára

1.	Árni Guðnason	91	SH	<b>26.44</b>	560
2.	Þórarinn Ólafsson	88	SH	<b>29.45</b>	405
3.	Hlynur Sigurðsson	87	SH	<b>34.19</b>	259

Sundgrein 4

29.04.2016 - 19:52

kvenna, 50m flugsund

20 - 84 ára

Úrslitalistar

Stig: FINA 2015

Sæti	F.ár		Tími	Stig
60 - 64 ára				
1.	Ingibjörg Svala Ólafsdóttir	53	SH	<b>1:00.22</b> 66
50 - 54 ára				
1.	Þórdís Hrönn Pálsdóttir	66	Breiðablik	<b>51.80</b> 104
45 - 49 ára				
1.	Margrét J. Magnúsdóttir	71	Breiðablik	<b>44.62</b> 163
2.	Anna Helgadóttir	68	Breiðablik	<b>49.74</b> 117
40 - 44 ára				
1.	Sigurlín Garðarsdóttir	74	UMFS	<b>33.58</b> 382
2.	María Fanndal Birkisdóttir	75	Breiðablik	<b>38.72</b> 249
3.	Íris Ragnarsdóttir	75	SH	<b>39.38</b> 237
4.	Hjördís Sigurðardóttir	75	Breiðablik	<b>41.75</b> 199
5.	Randi Holm	73	Havnar	<b>49.25</b> 121
35 - 39 ára				
1.	Sigurveig Gunnarsdóttir	80	Breiðablik	<b>38.86</b> 246
2.	Sarah Jane Emily Caird	80	Tindastóll	<b>40.03</b> 225
3.	Sigrún Árnadóttir	77	Breiðablik	<b>58.95</b> 70

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Sundgrein 4, kvenna, 50m flugsund

30 - 34 ára

1. Hrefna Garðarsdóttir 82 UMFS **46.25** 146

25 - 29 ára

1. Erla Arnardóttir 90 SH **36.05** 309

Sundgrein 5

29.04.2016 - 19:56

karla, 100m bringusund

20 - 84 ára

Úrslitalistar

Stig: FINA 2015

Sæti	F.ár		Tími	Stig	50m	100m
<b>80 - 84 ára</b>						
1.	Óli G H Þórðarson	36 SH	<b>2:16.68</b>	67	1:05.12	1:11.56
2.	Haukur Bergsteinsson	36 Breiðablik	<b>3:14.41</b>	23	1:32.55	1:41.86
<b>70 - 74 ára</b>						
1.	Trausti Sveinbjörnsson	46 SH	<b>1:56.06</b>	110	52.07	1:03.99
2.	Þorsteinn Ingimundarsson	46 SH	<b>3:04.26</b>	27	1:25.66	1:38.60
<b>65 - 69 ára</b>						
1.	Kári Kaaber	50 SH	<b>1:32.69</b>	215	43.73	48.96
2.	Jón Guðmundsson	49 SH	<b>2:01.70</b>	95	55.57	1:06.13
<b>60 - 64 ára</b>						
1.	Örn Ólafson	56 SH	<b>1:27.38</b>	257	40.89	46.49
2.	Guðjón Guðnason	54 SH	<b>1:37.41</b>	186	45.48	51.93
3.	Björgvin Björgvinsson	55 SH	<b>1:48.35</b>	135	49.69	58.66
<b>55 - 59 ára</b>						
1.	Ragnar Marteinnsson	57 Stjarnan	<b>1:33.06</b>	213	43.14	49.92
2.	Einar Hauksson	58 Breiðablik	<b>1:38.49</b>	180	45.39	53.10
3.	Aðalsteinn Einarson	58 SH	<b>1:39.00</b>	177	47.15	51.85
4.	Þorgeir Sigurðsson	57 Breiðablik	<b>1:47.60</b>	138	50.58	57.02
5.	Rafn Sigurðsson	58 Breiðablik	<b>1:50.02</b>	129	51.32	58.70
6.	Kolbeinn Sigurðsson	59 SH	<b>1:54.78</b>	113	53.31	1:01.47
7.	Jens Mikkelsen	58 Havnar	<b>1:56.29</b>	109	50.56	1:05.73
<b>50 - 54 ára</b>						
1.	Vignir Barkarson	64 ÍA	<b>1:27.72</b>	254	42.60	45.12
2.	Skuli Bjarnason	63 SH	<b>1:31.28</b>	226	41.91	49.37
3.	Sigurjón Þórðarson	64 Tindastóll	<b>1:32.30</b>	218	43.56	48.74
4.	Ásgeir Eliasson	63 Breiðablik	<b>1:37.28</b>	186	47.51	49.77
5.	Guðmundur Ingi Guðmundsson	63 Breiðablik	<b>1:49.65</b>	130	49.87	59.78
6.	Friðrik Guðmundsson	65 Breiðablik	<b>1:50.25</b>	128	52.59	57.66
<b>45 - 49 ára</b>						
1.	Finnbjörn Aðalheiðarson	69 Ægir	<b>1:19.64</b>	340	37.37	42.27
2.	Steinn Jóhannsson	68 SH	<b>1:23.47</b>	295	40.14	43.33
3.	Kristinn Magnússon	67 SH	<b>1:42.39</b>	160	47.83	54.56
4.	Guðmundur Björnson	71 SH	<b>1:55.09</b>	112	52.86	1:02.23
ÓG.	Árni Þór Árnason	69 SH				

B13 - Touching the wall with hands not simultaneously and separated with both hands at turn/finish (SW 7.6)

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Sundgrein 5, karla, 100m bringusund

40 - 44 ára

1.	Mladen Tepavcevic	76	SH	<b>1:12.26</b>	455	33.34	38.92
2.	Þórður Ármannsson	76	SH	<b>1:31.10</b>	227	42.35	48.75
3.	Elvar Nielsson	74	Breiðablik	<b>1:32.86</b>	214	43.87	48.99
4.	Hákon Hrafn Sigurðsson	74	Breiðablik	<b>1:36.03</b>	194	45.30	50.73
5.	Viðar Bragi Þorsteinsson	73	Breiðablik	<b>1:37.85</b>	183	45.48	52.37
6.	Hálf dán Þorsteinsson	72	SH	<b>1:53.28</b>	118	52.30	1:00.98

35 - 39 ára

1.	Arnar Felix Einarsson	81	Breiðablik	<b>1:10.33</b>	494	33.34	36.99
ÓG.	Jósef Þeyr Sigmundsson	79	SH				

*B13 - Touching the wall with hands not simultaneously and separated with both hands at turn/finish (SW 7.6)*

30 - 34 ára

1.	Hákon Jónsson	85	Breiðablik	<b>1:16.53</b>	383	35.77	40.76
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25 - 29 ára

1.	Þórarinn Ólafsson	88	SH	<b>1:18.01</b>	362	37.14	40.87
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Sundgrein 6

29.04.2016 - 20:14

kvenna, 100m bringusund

20 - 84 ára

Úrslitalistar

Stig: FINA 2015

Sæti	F.ár		Tími	Stig	50m	100m
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65 - 69 ára

1.	Ragna María Ragnarsdóttir	48	Ægir	<b>2:43.23</b>	55	1:16.09	1:27.14
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55 - 59 ára

1.	Erla Björg Garðarsdóttir	59	SH	<b>2:05.66</b>	122	59.55	1:06.11
2.	Anna Dís Sveinbjörnsdóttir	60	Breiðablik	<b>2:12.04</b>	105	58.07	1:13.97
3.	Guðmunda Magnúsdóttir	61	Breiðablik	<b>2:15.26</b>	97	1:03.97	1:11.29

50 - 54 ára

1.	Birna Jóhanna Ólafsdóttir	63	SH	<b>1:44.31</b>	213	51.13	53.18
2.	Rakel Björnsdóttir Fleckenstein	65	Stjarnan	<b>1:47.26</b>	196	52.06	55.20
3.	Ásta Þóra Ólafsdóttir	63	Stjarnan	<b>1:47.63</b>	194	51.76	55.87
4.	María Óladóttir	65	UMFS	<b>1:55.88</b>	155	55.50	1:00.38
5.	Þórdís Hrönn Pálsdóttir	66	Breiðablik	<b>1:56.44</b>	153	57.69	58.75
6.	Lovísa Ólafsdóttir	65	Breiðablik	<b>3:05.77</b>	37	1:28.44	1:37.33
ÓG.	Sigríður Sigurðardóttir	64	Breiðablik				

*B11 - Leg movements not simultaneously, not in the same horiz. plan, or alternating downward butterfly kick (SW 7.5)*

45 - 49 ára

1.	Margrét J. Magnúsdóttir	71	Breiðablik	<b>1:44.46</b>	212	49.25	55.21
2.	Haldóra Matthíasdóttir	69	Breiðablik	<b>1:52.20</b>	171	54.22	57.98
3.	Anna Helgadóttir	68	Breiðablik	<b>1:54.78</b>	160	55.55	59.23
4.	Guðrún Björk Geirsdóttir	68	Breiðablik	<b>2:12.30</b>	104	1:01.46	1:10.84
5.	Úlfhildur Haraldsdóttir	67	Breiðablik	<b>2:19.35</b>	89	1:07.41	1:11.94

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Sundgrein 6, kvenna, 100m bringusund

40 - 44 ára

1.	Birna Íris Jónsdóttir	73	Breiðablik	<b>1:39.60</b>	245	47.39	52.21
2.	María Fanndal Birkisdóttir	75	Breiðablik	<b>1:42.01</b>	228	48.91	53.10
3.	Elva Björk Sveinsdóttir	75	SH	<b>1:49.10</b>	186	51.82	57.28
4.	Margrét Valdimarsdóttir	74	Breiðablik	<b>2:04.15</b>	126	59.73	1:04.42
5.	Helga Sveinbjörnsdóttir	72	Breiðablik	<b>2:06.52</b>	119	51.88	1:14.64

35 - 39 ára

1.	Sigurveig Gunnarsdóttir	80	Breiðablik	<b>1:40.40</b>	239	48.50	51.90
2.	Anna Cecilia Inghammar	77	Stýrmyr	<b>1:42.48</b>	225	47.74	54.74
3.	Sigrún Árnadóttir	77	Breiðablik	<b>2:19.06</b>	90	1:07.02	1:12.04

Sundgrein 7

karla, 50m skriðsund

20 - 84 ára

29.04.2016 - 20:28

Úrslitalistar

Stig: FINA 2015

Sæti	F.ár		Timi	Stig
80 - 84 ára				
1.	Óli G H Þórðarson	36 SH	<b>51.09</b>	62
2.	Haukur Bergsteinsson	36 Breiðablik	<b>1:25.27</b>	13
70 - 74 ára				
1.	Ingimundur Ingimundarson	44 UMBS	<b>38.15</b>	149
2.	Trausti Sveinbjörnsson	46 SH	<b>42.37</b>	109
3.	Þorsteinn Ingimundarsson	46 SH	<b>1:17.87</b>	17
65 - 69 ára				
1.	Kári Geirlaugsson	49 ÍA	<b>32.93</b>	232
2.	Valgeir S. Kárason	51 Tindastóll	<b>34.41</b>	204
3.	Eyðun Bærentsen	47 Havnar	<b>37.11</b>	162
4.	Kári Kaaber	50 SH	<b>39.29</b>	137
5.	Jón Guðmundsson	49 SH	<b>41.66</b>	115
60 - 64 ára				
1.	Gísli I. Þorsteinsson	52 Ármann	<b>33.24</b>	226
2.	Sigmundur Stefánsson	53 UMFS	<b>33.65</b>	218
3.	Leivur Dahl Michelsen	56 Havnar	<b>42.48</b>	108
55 - 59 ára				
1.	Ragnar Marteinson	57 Stjarnan	<b>31.19</b>	274
2.	Einar Hauksson	58 Breiðablik	<b>31.98</b>	254
3.	Remi Spilliaert	58 Ægir	<b>32.45</b>	243
4.	Hilmar Hreinsson	59 SH	<b>33.01</b>	231
5.	Sámal Olsen	61 Havnar	<b>33.45</b>	222
6.	Þorgeir Sigurðsson	57 Breiðablik	<b>35.96</b>	178
7.	Kolbeinn Sigurðsson	59 SH	<b>43.24</b>	102
8.	Rafn Sigurðsson	58 Breiðablik	<b>49.14</b>	70
ÓG.	Aðalsteinn Einarson	58 SH		
<i>G2 - Starting before the start signal (SW 4.4)</i>				



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Sundgrein 7, karla, 50m skriðsund

50 - 54 ára

1.	Vignir Barkarson	64	ÍA	<b>29.46</b>	325
2.	Jóhann Björnsson	66	ÍRB	<b>30.03</b>	307
3.	Guðni Guðnason	62	SH	<b>31.03</b>	278
4.	Eyðun Húsgarð	62	Havnar	<b>32.21</b>	248
5.	Kristinn Samsonarson	65	SH	<b>33.06</b>	230
6.	Gunnar Gylfason	65	Breiðablik	<b>34.32</b>	205
7.	Ásgeir Elíasson	63	Breiðablik	<b>35.34</b>	188
8.	Gunnar Á. Bjarnason	62	Tindastóll	<b>36.66</b>	168
9.	Guðmundur Ingi Guðmundsson	63	Breiðablik	<b>39.03</b>	139
10.	Friðrik Guðmundsson	65	Breiðablik	<b>42.73</b>	106
ÓG.	Skuli Bjarnason	63	SH		

G2 - Starting before the start signal (SW 4.4)

45 - 49 ára

1.	Magni Þór Samsonarson	70	SH	<b>30.30</b>	298
2.	Finnbjörn Aðalheiðarson	69	Ægir	<b>30.64</b>	289
3.	Erling Eidesgaard	71	Havnar	<b>30.74</b>	286
4.	Karl Georg Klein	69	SH	<b>30.93</b>	281
5.	Jón Viðar Magnússon	68	SH	<b>31.00</b>	279
6.	Finnbogi Gylfason	70	SH	<b>31.53</b>	265
7.	Kristinn Magnússon	67	SH	<b>33.75</b>	216
8.	Gunnar Þór Gunnarsson	70	UMFS	<b>36.33</b>	173
9.	Árni Þór Árnason	69	SH	<b>36.83</b>	166
10.	Guðmundur Björnson	71	SH	<b>39.13</b>	138

40 - 44 ára

1.	Mladen Tepavcevic	76	SH	<b>26.32</b>	456
2.	Hálfván Freyr Örnólfsson	73	SH	<b>27.82</b>	386
3.	Einar Hrafn Jóhannsson	75	Breiðablik	<b>28.09</b>	375
4.	Elvar Nielsson	74	Breiðablik	<b>28.55</b>	357
5.	Árni Rúnar Árnason	73	SH	<b>29.49</b>	324
6.	Þorsteinn Gíslason	73	SH	<b>29.84</b>	312
7.	Þórður Ármannsson	76	SH	<b>30.79</b>	284
8.	Magnús Jens Hjaltsted	76	Breiðablik	<b>31.84</b>	257
9.	Gylfi Örn Gylfason	76	SH	<b>31.90</b>	256
10.	Alexander Arnarson	73	Breiðablik	<b>32.29</b>	247
11.	Börkur Jónsson	72	SH	<b>33.93</b>	212
12.	Viðar Brafi Þorsteinsson	73	Breiðablik	<b>34.74</b>	198
13.	Helgi Hinriksson	72	SH	<b>34.98</b>	194
14.	Hákon Hrafn Sigurðsson	74	Breiðablik	<b>35.10</b>	192
15.	Jón Sigþór Jónsson	73	SH	<b>36.39</b>	172
16.	Hálfván Þorsteinsson	72	SH	<b>40.51</b>	125

35 - 39 ára

1.	Arnar Felix Einarsson	81	Breiðablik	<b>26.63</b>	440
2.	Davíð Freyr Þórunnarson	78	SH	<b>26.66</b>	438
3.	Ægir Sigurðsson	78	UMFS	<b>27.25</b>	410
4.	Stefán Ólafsson	79	UMFS	<b>27.43</b>	402
5.	Ragnar Viktor Hilmarsson	77	Breiðablik	<b>28.56</b>	356
6.	Tómas Sturlaugsson	81	Stýrmir	<b>29.04</b>	339
7.	Albert Þór Kristjánsson	77	SH	<b>29.64</b>	319
	Jósef Þeyr Sigmundsson	79	SH	<b>29.64</b>	319
9.	Grétar Snorrason	81	SH	<b>32.27</b>	247

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Sundgrein 7, karla, 50m skriðsund

30 - 34 ára

1. Ásgeir Haukur Einarsson	85	Breiðablik	<b>28.03</b>	377
2. Hólmgeir Reynisson	86	Stýrmir	<b>28.15</b>	372
3. Verdugo Julio Cesar Leon	86	Stýrmir	<b>28.42</b>	362
4. Hákon Jónsson	85	Breiðablik	<b>28.58</b>	356

25 - 29 ára

1. Árni Guðnason	91	SH	<b>25.15</b>	522
2. Þórarinn Ólafsson	88	SH	<b>26.96</b>	424
3. Hlynur Sigurðsson	87	SH	<b>30.13</b>	304
4. Þórkell Þorkelsson	89	SH	<b>40.66</b>	123

20 - 24 ára

1. Alexander Árnason	92	Gestur	<b>31.32</b>	270
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Sundgrein 8

29.04.2016 - 20:46

kvenna, 50m skriðsund

20 - 84 ára

Úrslitalistar

Stig: FINA 2015

Sæti	F.ár		Tími	Stig	
<b>65 - 69 ára</b>					
1.	Guðmunda Ólöf Jónasdóttir	49	UMSB	<b>43.67</b>	150
2.	Gunnleyg Durhuus	51	Havnar	<b>50.95</b>	94
3.	Ragna María Ragnarsdóttir	48	Ægir	<b>57.46</b>	66
<b>60 - 64 ára</b>					
1.	Elísabet Ingibergsdóttir	53	SH	<b>45.74</b>	131
2.	Ingibjörg Svala Ólafsdóttir	53	SH	<b>51.66</b>	91
<b>55 - 59 ára</b>					
1.	Sólbjörg Gunnbjörnsdóttir	59	3N	<b>40.19</b>	193
2.	Erla Björg Garðarsdóttir	59	SH	<b>46.84</b>	122
3.	Guðmunda Magnúsdóttir	61	Breiðablik	<b>59.65</b>	59
<b>50 - 54 ára</b>					
1.	Ásta Þóra Ólafsdóttir	63	Stjarnan	<b>37.31</b>	241
2.	Hrund Baldursdóttir	64	UMFS	<b>37.89</b>	230
3.	Þórdís Hrönn Pálsdóttir	66	Breiðablik	<b>40.23</b>	192
4.	Birna Jóhanna Ólafsdóttir	63	SH	<b>40.78</b>	185
5.	Rakel Björnsdóttir Fleckenstein	65	Stjarnan	<b>40.99</b>	182
6.	María Óladóttir	65	UMFS	<b>41.80</b>	171
7.	Elin M. Olsen	63	Havnar	<b>49.77</b>	101
8.	Gerður Árnadóttir	62	SH	<b>53.63</b>	81
9.	Sigríður Sigurðardóttir	64	Breiðablik	<b>55.38</b>	73
<b>45 - 49 ára</b>					
1.	Hildur Karen Aðalsteinsdóttir	71	ÍA	<b>34.54</b>	304
2.	Þórunn Kristín Guðmundsdóttir	69	Ægir	<b>36.93</b>	249
3.	Margrét J. Magnúsdóttir	71	Breiðablik	<b>37.16</b>	244
4.	Anna Helgadóttir	68	Breiðablik	<b>38.94</b>	212
5.	Halldóra Matthíasdóttir	69	Breiðablik	<b>41.81</b>	171
6.	Guðrún Björk Geirsdóttir	68	Breiðablik	<b>47.26</b>	118

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Sundgrein 8, kvenna, 50m skriðsund, 45 - 49 ára

Sæti	F.ár		Tími	Stig
7.	Úlfhildur Haraldsdóttir	67	Breiðablik	<b>58.56</b> 62

40 - 44 ára

1.	Sigurlín Garðarsdóttir	74	UMFS	<b>30.17</b> 457
2.	Ágústa Rúnarsdóttir	76	UMFS	<b>33.38</b> 337
3.	Íris Ragnarsdóttir	75	SH	<b>33.55</b> 332
4.	Birna Íris Jónsdóttir	73	Breiðablik	<b>36.04</b> 268
5.	Alexandra Mahlmann	73	SH	<b>36.07</b> 267
6.	Anna Eidesgaard	74	Havnar	<b>36.25</b> 263
7.	Hjördís Sigurðardóttir	75	Breiðablik	<b>36.40</b> 260
8.	Kristín S Harðardóttir	76	SH	<b>36.44</b> 259
9.	Elva Björk Sveinsdóttir	75	SH	<b>37.09</b> 246
10.	Þórhalla Gunnarsdóttir	72	Breiðablik	<b>38.47</b> 220
11.	Margrét Valdimarsdóttir	74	Breiðablik	<b>42.53</b> 163
12.	Randi Holm	73	Havnar	<b>44.18</b> 145
13.	Sigrún Þ Geirsdóttir	72	Ægir	<b>44.47</b> 142
14.	Helga Sveinbjörnsdóttir	72	Breiðablik	<b>50.85</b> 95

35 - 39 ára

1.	Sigurveig Gunnarsdóttir	80	Breiðablik	<b>34.08</b> 317
2.	Sarah Jane Emily Caird	80	Tindastóll	<b>35.26</b> 286
3.	Guðrún Brynja Rúnarsdóttir	78	SH	<b>37.05</b> 246
4.	Harpa Hrund Berndsen	81	Ægir	<b>40.14</b> 194
5.	Sigrún Árnadóttir	77	Breiðablik	<b>45.36</b> 134
6.	Guðrún Finnborg	78	Breiðablik	<b>47.13</b> 119

30 - 34 ára

1.	Katrín Hlíf Sævarsdóttir	86	Breiðablik	<b>53.55</b> 81
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25 - 29 ára

1.	Berglind Frðriksdóttir	91	SH	<b>31.26</b> 410
2.	Erla Arnardóttir	90	SH	<b>32.49</b> 365
ÓG.	Anna Guðný Einarsdóttir	90	Breiðablik	

G2 - Starting before the start signal (SW 4.4)

Sundgrein 9

29.04.2016 - 21:10

karla, 4 x 50m skriðsund

ALDFL 100 og eldri  
Úrslitalistar

Stig: FINA 2015

Sæti					Tími	Stig
ALDFL 280 og eldri						
1.	SH 2		SH		<b>2:54.65</b>	105
	Kári Kaaber	50	+0,98	40.23	Óli G H Þórðarson	36 +0,84 50.32
	Jón Guðmundsson	49	+1,04	42.73	Trausti Sveinbjörnsson	46 +0,80 41.37

Icelandic Masters Open Championships 2016  
Hafnarfjörður, 29. - 30.4.2016

Sundgrein 9, karla, 4 x 50m skriðsund

ALDFL 240 - 279

1.	Havnar 2			Havnar		<b>2:20.36</b>	203
	Eyðun Bærentsen	47	+0,79	37.43	Leivur Dahl Michelsen	56	+0,67 41.56
	Eyðun Húsgarð	62	+0,49	31.40	Jon Hestoy	59	+0,57 29.97
2.	SH 9			SH		<b>2:25.07</b>	184
	Örn Ólafson	56	+0,84	33.03	Björgvin Björgvinsson	55	+0,70 46.59
	Guðjón Guðnason	54	+0,57	33.15	Björn Ásgeir Guðmundsson	56	+0,60 32.30

ALDFL 200 - 239

1.	SH 7			SH		<b>2:07.30</b>	273
	Guðni Guðnason	62	+0,89	31.45	Jón Viðar Magnússon	68	+0,68 31.68
	Kristinn Samsonarson	65	+0,70	32.46	Steinn Jóhannsson	68	+0,54 31.71
2.	Breiðablik 4			Breiðablik		<b>2:20.10</b>	204
	Einar Hauksson	58	+0,91	33.68	Ásgeir Elíasson	63	+0,11 34.93
	Þorgeir Sigurðsson	57	+0,70	37.87	Gunnar Gylfason	65	+0,54 33.62
3.	Tindastóll 1			Tindastóll		<b>2:21.78</b>	197
	Valgeir S. Kárason	51	+1,05	34.80	Emiliano Gemma	75	+0,84 20.65
	Gunnar Á. Bjarnason	62	+0,54	37.01	Sigurjón Þórðarson	64	+0,54 49.32
4.	SH 5			SH		<b>2:21.94</b>	197
	Kristinn Magnússon	67	+1,05	33.82	Skuli Bjarnason	63	+0,35 31.79
	Helgi Hinriksson	72	+0,49	35.07	Aðalsteinn Einarson	58	+0,94 41.26
5.	Breiðablik 3			Breiðablik		<b>2:43.70</b>	128
	Hákon Hrafn Sigurðsson	74	+0,86	33.24	Friðrik Guðmundsson	65	+0,98 44.19
	Rafn Sigurðsson	58	+0,62	47.12	Guðmundur Ingi Guðmundsson	63	+0,80 39.15
6.	Havnar 1			Havnar		<b>2:48.13</b>	118
	Steinbjörn í Dali	56	+1,03	55.20	Sámal Olsen	61	+0,32 34.46
	Jens Mikkelsen	58	+0,48	46.59	Erling Eidesgaard	71	+0,53 31.88

ALDFL 160 - 199

1.	SH 10			SH		<b>1:52.12</b>	399
	Þorsteinn Gíslason	73	+0,82	29.75	Árni Rúnar Árnason	73	+0,27 28.66
	Mladen Tepavcevic	76	+0,36	26.02	Heimir Örn Sveinsson	76	+0,62 27.69
2.	SH 11			SH		<b>1:55.64</b>	364
	Albert Þór Kristjánsson	77	+0,83	30.03	Davíð Freyr Þórunnarson	78	+0,54 26.57
	Hálf dán Freyr Örnólfsson	73	+0,41	28.02	Þórður Ármannsson	76	+0,53 31.02
3.	Ægir 1			Ægir		<b>2:03.37</b>	300
	Geir Sigurður Jonsson	73		29.97	Remi Spilliaert	58	+0,70 32.41
	Finnbjörn Aðalheiðarson	69		30.57	Þórir Marinó Sigurðsson	68	
4.	UMFS 1			UMFS		<b>2:03.88</b>	296
	Stefán Ólafsson	79	+0,85	27.56	Ægir Sigurðsson	78	+0,48 26.87
	Gunnar Þór Gunnarsson	70	+0,17	36.40	Sigmundur Stefánsson	53	+0,24 33.05
5.	Breiðablik 2			Breiðablik		<b>2:08.61</b>	264
	Elvar Nielsson	74	+0,85	28.90	Magnús Jens Hjaltsted	76	+0,64 32.15
	Viðar Bragi Þorsteinsson	73	+0,82	34.69	Alexander Arnarson	73	+0,74 32.87
6.	SH 1			SH		<b>2:29.20</b>	169
	Hálf dán Þorsteinsson	72	+1,10	41.22	Jón Sigþór Jónsson	73	+0,60 36.70
	Karl Georg Klein	69	+0,28	32.87	Árni Þór Árnason	69	+0,19 38.41

ÓG. SH 4

SH

*R1 - Swimmer started before the preciding touched the wall (SW 10.11)*

Gylfi Örn Gylfason, Finnbogi Gylfason, Magni Þór Samsonarson, Grétar Snorrason

Icelandic Masters Open Championships 2016  
Hafnarfjörður, 29. - 30.4.2016

Sundgrein 9, karla, 4 x 50m skriðsund

ALDFL 120 - 159

1. Breiðablik 1				Breiðablik			<b>1:52.82</b>	392
Arnar Felix Einarsson	81	+0,79	26.71	Hákon Jónsson	85	+0,44	28.89	
Einar Hrafn Jóhannsson	75	+0,74	28.38	Ragnar Viktor Hilmarrsson	77	+0,48	28.84	
2. Stýrmir 1				Stýrmir			<b>2:00.80</b>	319
Hólmgeir Reynisson	86	+0,74	28.68	Tómas Sturlaugsson	81	+0,05	28.21	
Stephan Jón Hufschmid	69	+0,70	36.27	Verdugo Julio Cesar Leon	86	+0,60	27.64	
3. SH 6				SH			<b>2:23.42</b>	191
Pórkell Þorkelsson	89	+0,87	40.22	Guðmundur Björnson	71	+0,59	39.65	
Börkur Jónsson	72	+0,56	33.35	Jósef Þeyr Sigmundsson	79	+0,65	30.20	

ALDFL 100 - 119

1. SH 3				SH			<b>1:48.20</b>	444
Árni Guðnason	91	+0,79	25.28	Hlynur Sigurðsson	87	+0,49	29.37	
Egill Valur Hafsteinsson	89	+0,21	27.33	Þórarinn Ólafsson	88	+0,52	26.22	

Sundgrein 10  
29.04.2016 - 21:17

kvenna, 4 x 50m skriðsund

ALDFL 100 og eldri  
Úrslitalistar

Stig: FINA 2015

Sæti							Tími	Stig
ALDFL 200 - 239								
1. SH 1				SH			<b>2:36.39</b>	218
Íris Ragnarsdóttir	75	+0,78	34.13	Alexandra Mahlmann	73	+0,70	37.11	
Elisabet Ingibergsdóttir	53	+0,57	44.48	Birna Jóhanna Ólafsdóttir	63	+0,64	40.67	
2. Havnar 3				Havnar			<b>2:57.87</b>	148
Gunnleyg Durhuus	51	+0,97	53.30	Randi Holm	73	+0,76	40.58	
Elin M. Olsen	63	-1,57	48.66	Anna Eidesgaard	74	+0,53	35.33	
3. Breiðablik 3				Breiðablik			<b>4:04.28</b>	57
Guðrún Björk Geirsdóttir	68	+0,97	46.17	Guðmunda Magnúsdóttir	61	+1,03	1:00.81	
Úlfhildur Haraldsdóttir	67		54.68	Lovísa Ólafsdóttir	65	+0,21	1:22.62	

ALDFL 160 - 199

1. UMFS 1				UMFS			<b>2:23.07</b>	285
Sigurlín Garðarsdóttir	74	+0,85	30.28	María Óladóttir	65	+0,02	24.31	
Hrund Baldursdóttir	64	+0,69	38.05	Ágústa Rúnarsdóttir	76		50.43	
2. Breiðablik 2				Breiðablik			<b>2:30.09</b>	247
Hjördís Sigurðardóttir	75	+0,89	36.54	Þórhalla Gunnarsdóttir	72	+0,68	39.91	
Margrét J. Magnúsdóttir	71	+0,51	37.35	Birna Íris Jónsdóttir	73	+0,66	36.29	
3. Breiðablik 4				Breiðablik			<b>2:59.45</b>	144
Sigrún Árnadóttir	77	+1,02	45.37	Helga Sveinbjörnsdóttir	72	+0,02	47.85	
Haldóra Matthíasdóttir	69	+0,55	43.58	Margrét Valdimarsdóttir	74	+0,71	42.65	
4. Ægir 1				Ægir			<b>2:59.76</b>	144
Þórunn Kristín Guðmundsdóttir	69	+0,99	37.12	Sigrún Þ Geirsdóttir	72	+0,64	43.58	
Ragna María Ragnarsdóttir	48	+1,06	57.82	Harpa Hrud Berndsen	81	+0,90	41.24	
5. Breiðablik 5				Breiðablik			<b>3:00.84</b>	141
Guðrún Finnborg	78		48.07	Þórdís Hrönn Pálsdóttir	66	+0,63		
Sigríður Sigurðardóttir	64	+0,81	1:34.26	Anna Helgadóttir	68			

Icelandic Masters Open Championships 2016  
Hafnarfjörður, 29. - 30.4.2016

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Sundgrein 10, kvenna, 4 x 50m skriðsund

ALDFL 120 - 159

1. SH 2			SH			<b>2:18.20</b>	317
Berglind Frðriksdóttir	91	+0,80	31.61	Guðrún Brynja Rúnarsdóttir	78	+0,61	37.62
Erla Arnardóttir	90	+0,40	32.76	Kristín S Harðardóttir	76	+0,67	36.21
2. Breiðablik 1			Breiðablik			<b>2:47.46</b>	178
Katrín Hlíf Sævarsdóttir	86	+0,90	59.69	Sigurveig Gunnarsdóttir	80	+0,78	34.78
Anna Guðný Einarsdóttir	90	+0,29	33.20	María Fanndal Birkisdóttir	75	+0,66	39.79

Icelandic Masters Open Championships 2016  
Hafnarfjörður, 29. - 30.4.2016

Sundgrein 11  
30.04.2016 - 10:00

kvenna, 400m skriðsund

20 - 84 ára  
Úrslitalistar

Stig: FINA 2015

Sæti			F.ár					Timi	Stig
<b>65 - 69 ára</b>									
1.	Guðmunda Ólöf Jónasdóttir		49	UMSB				<b>7:19.91</b>	151
	50m:	48.43 48.43	150m:	2:37.82 55.61	250m:	4:30.63 56.73	350m:	6:25.02 57.36	
	100m:	1:42.21 53.78	200m:	3:33.90 56.08	300m:	5:27.66 57.03	400m:	7:19.91 54.89	
<b>60 - 64 ára</b>									
1.	Ingibjörg Svala Ólafsdóttir		53	SH				<b>9:30.73</b>	69
	50m:	59.21 59.21	150m:	3:19.93 1:12.20	250m:	5:47.93 1:15.15	350m:	8:17.63 1:14.46	
	100m:	2:07.73 1:08.52	200m:	4:32.78 1:12.85	300m:	7:03.17 1:15.24	400m:	9:30.73 1:13.10	
<b>55 - 59 ára</b>									
1.	Sólbjörg Gunnbjörnsdóttir		59	3N				<b>7:20.51</b>	150
	50m:	46.75 46.75	150m:	2:36.70 56.43	250m:	4:29.48 57.56	350m:	6:26.73 59.57	
	100m:	1:40.27 53.52	200m:	3:31.92 55.22	300m:	5:27.16 57.68	400m:	7:20.51 53.78	
<b>50 - 54 ára</b>									
1.	Þórdís Hrönn Pálsdóttir		66	Breiðablik				<b>6:41.03</b>	199
	50m:	41.83 41.83	150m:	2:20.43 51.10	250m:	4:04.92 52.50	350m:	5:50.57 53.35	
	100m:	1:29.33 47.50	200m:	3:12.42 51.99	300m:	4:57.22 52.30	400m:	6:41.03 50.46	
2.	Ásta Þóra Ólafsdóttir		63	Stjarnan				<b>6:47.09</b>	191
	50m:	44.28 44.28	150m:	2:23.48 50.54	250m:	4:08.64 53.30	350m:	5:56.50 54.04	
	100m:	1:32.94 48.66	200m:	3:15.34 51.86	300m:	5:02.46 53.82	400m:	6:47.09 50.59	
3.	Birna Jóhanna Ólafsdóttir		63	SH				<b>7:01.27</b>	172
	50m:	49.09 49.09	150m:	2:36.98 54.59	250m:	4:25.03 53.96	350m:	6:11.67 52.68	
	100m:	1:42.39 53.30	200m:	3:31.07 54.09	300m:	5:18.99 53.96	400m:	7:01.27 49.60	
4.	Sigríður Sigurðardóttir		64	Breiðablik				<b>9:32.29</b>	68
	50m:	56.13 56.13	150m:	3:17.31 1:13.63	250m:	5:50.28 1:16.14	350m:	8:19.70 1:14.03	
	100m:	2:03.68 1:07.55	200m:	4:34.14 1:16.83	300m:	7:05.67 1:15.39	400m:	9:32.29 1:12.59	
<b>45 - 49 ára</b>									
1.	Þórunn Kristín Guðmundsdóttir		69	Ægir				<b>5:55.09</b>	288
	50m:	39.91 39.91	150m:	2:06.77 44.22	250m:	3:37.58 45.53	350m:	5:09.96 46.08	
	100m:	1:22.55 42.64	200m:	2:52.05 45.28	300m:	4:23.88 46.30	400m:	5:55.09 45.13	
2.	Anna Helgadóttir		68	Breiðablik				<b>6:33.37</b>	211
	50m:	41.99 41.99	150m:	2:19.32 49.70	250m:	4:00.92 51.18	350m:	5:43.31 51.15	
	100m:	1:29.62 47.63	200m:	3:09.74 50.42	300m:	4:52.16 51.24	400m:	6:33.37 50.06	
3.	Halldóra Matthíasdóttir		69	Breiðablik				<b>6:50.17</b>	186
	50m:	44.63 44.63	150m:	2:25.28 50.99	250m:	4:09.45 52.34	350m:	5:56.25 54.33	
	100m:	1:34.29 49.66	200m:	3:17.11 51.83	300m:	5:01.92 52.47	400m:	6:50.17 53.92	
<b>40 - 44 ára</b>									
1.	Birna Íris Jónsdóttir		73	Breiðablik				<b>6:10.56</b>	253
	50m:	40.48 40.48	150m:	2:12.22 46.90	250m:	3:47.54 47.93	350m:	5:23.87 48.15	
	100m:	1:25.32 44.84	200m:	2:59.61 47.39	300m:	4:35.72 48.18	400m:	6:10.56 46.69	
2.	Ágústa Rúnarsdóttir		76	UMFS				<b>6:27.96</b>	220
	50m:	39.39 39.39	150m:	2:14.15 49.14	250m:	3:54.80 50.28	350m:	5:37.92 51.81	
	100m:	1:25.01 45.62	200m:	3:04.52 50.37	300m:	4:46.11 51.31	400m:	6:27.96 50.04	
3.	Þórhalla Gunnarsdóttir		72	Breiðablik				<b>6:38.54</b>	203
	50m:	44.43 44.43	150m:	2:25.59 51.28	250m:	4:07.98 50.90	350m:	5:49.45 50.72	
	100m:	1:34.31 49.88	200m:	3:17.08 51.49	300m:	4:58.73 50.75	400m:	6:38.54 49.09	

Icelandic Masters Open Championships 2016  
Hafnarfjörður, 29. - 30.4.2016

Sundgrein 11, kvenna, 400m skriðsund, 40 - 44 ára

Sæti			F.ár			Tími	Stig	
4.	Anna Eidesgaard		74	Havnar		<b>7:03.34</b>	170	
	50m:	43.28 43.28	150m:	3:24.35 56.40	250m:	5:18.04 57.27	350m:	7:03.34 49.72
	100m:	2:27.95 1:44.67	200m:	4:20.77 56.42	300m:	6:13.62 55.58	400m:	7:03.34
5.	Margrét Valdimarsdóttir		74	Breiðablik		<b>7:13.73</b>	158	
	50m:	47.31 47.31	150m:	2:35.10 55.03	250m:	4:26.93 55.73	350m:	6:19.43 56.00
	100m:	1:40.07 52.76	200m:	3:31.20 56.10	300m:	5:23.43 56.50	400m:	7:13.73 54.30
6.	Irina Óskarsdóttir		73	Breiðablik		<b>7:25.58</b>	145	
	50m:	50.46 50.46	150m:	2:42.26 57.54	250m:	4:36.00 56.63	350m:	6:31.84 58.63
	100m:	1:44.72 54.26	200m:	3:39.37 57.11	300m:	5:33.21 57.21	400m:	7:25.58 53.74
7.	Sigrún Þ Geirsdóttir		72	Ægir		<b>7:47.34</b>	126	
	50m:	50.88 50.88	150m:	2:49.80 1:00.52	250m:	4:51.90 1:01.84	350m:	6:50.58 59.37
	100m:	1:49.28 58.40	200m:	3:50.06 1:00.26	300m:	5:51.21 59.31	400m:	7:47.34 56.76

35 - 39 ára

1.	Harpa Hrund Berndsen		81	Ægir		<b>7:34.96</b>	136	
	50m:	46.90 46.90	150m:	2:38.78 57.77	250m:	4:38.06 1:00.99	350m:	6:38.36 1:01.55
	100m:	1:41.01 54.11	200m:	3:37.07 58.29	300m:	5:36.81 58.75	400m:	7:34.96 56.60
2.	Sigrún Árnadóttir		77	Breiðablik		<b>8:07.62</b>	111	
	50m:	54.46 54.46	150m:	2:56.98 1:01.35	250m:	5:02.17 1:03.40	350m:	7:07.67 1:01.47
	100m:	1:55.63 1:01.17	200m:	3:58.77 1:01.79	300m:	6:06.20 1:04.03	400m:	8:07.62 59.95

Sundgrein 12  
30.04.2016 - 10:28

karla, 400m skriðsund

20 - 84 ára  
Úrslitalistar

Stig: FINA 2015

Sæti			F.ár			Tími	Stig	
65 - 69 ára								
1.	Kári Geirlaugsson		49	ÍA		<b>6:07.43</b>	192	
	50m:	40.72 40.72	150m:	2:12.14 47.10	250m:	3:48.87 48.51	350m:	5:24.73 47.92
	100m:	1:25.04 44.32	200m:	3:00.36 48.22	300m:	4:36.81 47.94	400m:	6:07.43 42.70
2.	Valgeir S. Kárason		51	Tindastóll		<b>6:41.93</b>	147	
	50m:	46.79 46.79	150m:	2:28.58 50.94	250m:	4:12.33 52.49	350m:	5:53.99 50.15
	100m:	1:37.64 50.85	200m:	3:19.84 51.26	300m:	5:03.84 51.51	400m:	6:41.93 47.94
60 - 64 ára								
1.	Björn Ásgeir Guðmundsson		56	SH		<b>6:34.35</b>	155	
	50m:	1:32.43 1:32.43	150m:	3:14.78 51.40	250m:	4:56.25 50.63	350m:	6:34.35 47.85
	100m:	2:23.38 50.95	200m:	4:05.62 50.84	300m:	5:46.50 50.25	400m:	6:34.35
55 - 59 ára								
1.	Jon Hestoy		59	Havnar		<b>5:30.20</b>	265	
	50m:	38.54 38.54	150m:	2:02.26 42.48	250m:	3:26.15 41.98	350m:	4:49.58 41.46
	100m:	1:19.78 41.24	200m:	2:44.17 41.91	300m:	4:08.12 41.97	400m:	5:30.20 40.62
2.	Ragnar Marteinson		57	Stjarnan		<b>6:26.86</b>	165	
	50m:	38.80 38.80	150m:	2:17.77 50.97	250m:	4:00.71 51.70	350m:	5:42.61 49.80
	100m:	1:26.80 48.00	200m:	3:09.01 51.24	300m:	4:52.81 52.10	400m:	6:26.86 44.25
3.	Þorgeir Sigurðsson		57	Breiðablik		<b>7:01.10</b>	128	
	50m:	44.54 44.54	150m:	2:28.96 53.59	250m:	4:18.68 54.80	350m:	7:01.10 1:47.37
	100m:	1:35.37 50.83	200m:	3:23.88 54.92	300m:	5:13.73 55.05	400m:	7:01.10
4.	Aðalsteinn Einarson		58	SH		<b>7:45.97</b>	94	
	50m:	48.75 48.75	150m:	2:46.57 59.55	250m:	4:46.41 59.84	350m:	6:48.02 1:00.82
	100m:	1:47.02 58.27	200m:	3:46.57 1:00.00	300m:	5:47.20 1:00.79	400m:	7:45.97 57.95



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Sundgrein 12, karla, 400m skriðsund

50 - 54 ára

1.	Eyðun Húsgarð	62	Havnar	<b>6:05.42</b>	195			
	50m: 38.66	38.66	150m: 2:11.89	50.55	250m: 3:42.01	44.67	350m: 5:18.56	48.54
	100m: 1:21.34	42.68	200m: 2:57.34	45.45	300m: 4:30.02	48.01	400m: 6:05.42	46.86
2.	Gunnar Gylfason	65	Breiðablik	<b>6:21.77</b>	171			
	50m: 37.32	37.32	150m: 2:04.85	45.85	250m: 3:45.62	52.03	350m: 5:30.27	52.24
	100m: 1:19.00	41.68	200m: 2:53.59	48.74	300m: 4:38.03	52.41	400m: 6:21.77	51.50
3.	Ásgeir Elíasson	63	Breiðablik	<b>6:27.61</b>	164			
	50m: 41.64	41.64	150m: 2:14.69	48.12	250m: 3:55.04	51.00	350m: 5:39.78	52.08
	100m: 1:26.57	44.93	200m: 3:04.04	49.35	300m: 4:47.70	52.66	400m: 6:27.61	47.83

45 - 49 ára

1.	Kristinn Magnússon	67	SH	<b>6:02.61</b>	200			
	50m: 39.05	39.05	150m: 2:08.17	45.90	250m: 3:41.15	46.14	350m: 5:16.26	48.22
	100m: 1:22.27	43.22	200m: 2:55.01	46.84	300m: 4:28.04	46.89	400m: 6:02.61	46.35
2.	Karl Georg Klein	69	SH	<b>6:04.44</b>	197			
	50m: 38.05	38.05	150m: 2:07.59	46.32	250m: 3:43.99	48.72	350m: 5:20.00	47.54
	100m: 1:21.27	43.22	200m: 2:55.27	47.68	300m: 4:32.46	48.47	400m: 6:04.44	44.44
3.	Árni Þór Árnason	69	SH	<b>6:21.43</b>	172			
	50m: 42.05	42.05	150m: 2:18.59	49.60	250m: 3:58.13	50.15	350m: 5:35.89	48.56
	100m: 1:28.99	46.94	200m: 3:07.98	49.39	300m: 4:47.33	49.20	400m: 6:21.43	45.54
4.	Stephan Jón Hufschmid	69	Stýrmir	<b>7:35.14</b>	101			
	50m: 44.25	44.25	150m: 2:35.88	58.23	250m: 4:37.71	1:00.93	350m: 6:38.32	
	100m: 1:37.65	53.40	200m: 3:36.78	1:00.90	300m:		400m: 7:35.14	56.82

40 - 44 ára

1.	Heimir Örn Sveinsson	76	SH	<b>5:10.75</b>	318			
	50m: 33.19	33.19	150m: 1:49.47	38.70	250m: 3:08.93	39.72	350m: 4:31.29	41.29
	100m: 1:10.77	37.58	200m: 2:29.21	39.74	300m: 3:50.00	41.07	400m: 5:10.75	39.46
2.	Hákon Hrafn Sigurðsson	74	Breiðablik	<b>5:25.36</b>	277			
	50m: 38.29	38.29	150m: 1:59.01	40.97	250m: 3:22.16	41.52	350m: 4:45.37	41.76
	100m: 1:18.04	39.75	200m: 2:40.64	41.63	300m: 4:03.61	41.45	400m: 5:25.36	39.99
3.	Viðar Braji Þorsteinsson	73	Breiðablik	<b>5:31.80</b>	261			
	50m: 36.08	36.08	150m: 1:59.50	42.82	250m: 3:25.90	43.21	350m: 4:51.64	43.00
	100m: 1:16.68	40.60	200m: 2:42.69	43.19	300m: 4:08.64	42.74	400m: 5:31.80	40.16
4.	Þorsteinn Gíslason	73	SH	<b>5:40.23</b>	242			
	50m: 36.92	36.92	150m: 2:02.19	43.58	250m: 3:30.03	44.10	350m: 5:40.23	42.34
	100m: 1:18.61	41.69	200m: 2:45.93	43.74	300m: 4:57.89	1:27.86	400m: 5:40.23	
5.	Magnús Jens Hjaltested	76	Breiðablik	<b>5:46.15</b>	230			
	50m: 36.98	36.98	150m: 2:02.79	44.04	250m: 3:32.19	45.06	350m: 5:04.26	45.35
	100m: 1:18.75	41.77	200m: 2:47.13	44.34	300m: 4:18.91	46.72	400m: 5:46.15	41.89
6.	Gylfi Örn Gylfason	76	SH	<b>5:46.93</b>	228			
	50m: 37.25	37.25	150m: 2:01.81	43.23	250m: 3:31.67	45.65	350m: 5:02.63	45.38
	100m: 1:18.58	41.33	200m: 2:46.02	44.21	300m: 4:17.25	45.58	400m: 5:46.93	44.30
7.	Geir Sigurður Jonsson	73	Ægir	<b>5:48.82</b>	225			
	50m: 39.99	39.99	150m: 2:12.04	46.79	250m: 3:42.93	44.84	350m: 5:09.88	42.28
	100m: 1:25.25	45.26	200m: 2:58.09	46.05	300m: 4:27.60	44.67	400m: 5:48.82	38.94
8.	Börkur Jónsson	72	SH	<b>6:29.26</b>	162			
	50m: 41.44	41.44	150m: 2:17.40	48.70	250m: 3:57.76	50.47	350m: 5:40.46	51.35
	100m: 1:28.70	47.26	200m: 3:07.29	49.89	300m: 4:49.11	51.35	400m: 6:29.26	48.80

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Sundgrein 12, karla, 400m skriðsund

35 - 39 ára

1. Ragnar Viktor Hilmarsson	77	Breiðablik	<b>4:51.60</b>	385
50m: 31.30 31.30	150m: 1:44.95	37.54	250m: 3:00.00	37.49
100m: 1:07.41 36.11	200m: 2:22.51	37.56	300m: 3:38.06	38.06
			350m: 4:15.23	37.17
			400m: 4:51.60	36.37
2. Tómas Sturlaugsson	81	Stýrmir	<b>4:57.10</b>	364
50m: 34.67 34.67	150m: 1:48.23	37.14	250m: 3:02.96	37.33
100m: 1:11.09 36.42	200m: 2:25.63	37.40	300m: 3:40.56	37.60
			350m: 4:18.88	38.32
			400m: 4:57.10	38.22

30 - 34 ára

1. Hákon Jónsson	85	Breiðablik	<b>5:05.93</b>	333
50m: 32.05 32.05	150m: 1:47.94	38.73	250m: 3:06.39	39.36
100m: 1:09.21 37.16	200m: 2:27.03	39.09	300m: 3:46.08	39.69
			350m: 4:26.63	40.55
			400m: 5:05.93	39.30

25 - 29 ára

1. Sigurður Örn Ragnarsson	91	Gestur	<b>4:16.83</b>	564
50m: 27.86 27.86	150m: 1:31.04	32.07	250m: 2:36.72	32.70
100m: 58.97 31.11	200m: 2:04.02	32.98	300m: 3:10.21	33.49
			400m: 4:16.83	32.92
2. Egill Valur Hafsteinsson	89	SH	<b>5:06.17</b>	333
50m: 31.88 31.88	150m: 1:45.71	37.51	250m: 3:04.92	40.32
100m: 1:08.20 36.32	200m: 2:24.60	38.89	300m: 3:45.64	40.72
			400m: 5:06.17	40.13

Sundgrein 13  
30.04.2016 - 11:03

kvenna, 100m flugsund

20 - 84 ára  
Úrslitalistar

Stig: FINA 2015

Sæti	F.ár		Tími	Stig	50m	100m
<b>50 - 54 ára</b>						
1.	Pórdís Hrönn Pálsdóttir	66	Breiðablik	<b>1:59.73</b>	94	56.11 1:03.62
<b>45 - 49 ára</b>						
1.	Margrét J. Magnúsdóttir	71	Breiðablik	<b>1:46.56</b>	134	49.28 57.28
<b>40 - 44 ára</b>						
1.	María Fanndal Birkisdóttir	75	Breiðablik	<b>1:31.05</b>	215	41.61 49.44
2.	Hjördís Sigurðardóttir	75	Breiðablik	<b>1:40.22</b>	161	45.66 54.56
<b>35 - 39 ára</b>						
1.	Sarah Jane Emily Caird	80	Tindastóll	<b>1:33.70</b>	197	43.95 49.75

Sundgrein 14  
30.04.2016 - 11:12

karla, 100m flugsund

20 - 84 ára  
Úrslitalistar

Stig: FINA 2015

Sæti	F.ár		Tími	Stig	50m	100m
<b>55 - 59 ára</b>						
1.	Remi Spilliaert	58	Ægir	<b>1:36.68</b>	125	42.26 54.42
<b>50 - 54 ára</b>						
1.	Jóhann Björnsson	66	ÍRB	<b>1:15.70</b>	262	35.27 40.43
2.	Guðni Guðnason	62	SH	<b>1:19.62</b>	225	37.59 42.03
3.	Sigurjón Þórðarson	64	Tindastóll	<b>1:31.60</b>	147	41.85 49.75

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Sundgrein 14, karla, 100m flugsund

45 - 49 ára

1.	Steinn Jóhannsson	68	SH	<b>1:13.25</b>	289	34.56	38.69
2.	Magni Þór Samsonarson	70	SH	<b>1:19.09</b>	229	36.53	42.56
3.	Gunnar Þór Gunnarsson	70	UMFS	<b>1:56.70</b>	71	51.45	1:05.25

40 - 44 ára

1.	Hákon Örn Birgisson	76	Ægir	<b>1:09.76</b>	334	32.60	37.16
2.	Heimir Örn Sveinsson	76	SH	<b>1:17.32</b>	245	35.04	42.28
3.	Elvar Nielsson	74	Breiðablik	<b>1:18.07</b>	238	35.51	42.56
4.	Hálf dán Freyr Örnólfsson	73	SH	<b>1:19.60</b>	225	39.38	40.22
5.	Þorsteinn Gíslason	73	SH	<b>1:28.14</b>	165	39.26	48.88
6.	Viðar Bragi Þorsteinsson	73	Breiðablik	<b>1:40.22</b>	112	46.44	53.78

35 - 39 ára

1.	Ómar Snævar Friðriksson	80	SH	<b>1:03.74</b>	438	30.23	33.51
2.	Davíð Freyr Þórunnarson	78	SH	<b>1:09.63</b>	336	32.97	36.66

30 - 34 ára

1.	Ásgeir Haukur Einarsson	85	Breiðablik	<b>1:16.44</b>	254	36.26	40.18
2.	Hákon Jónsson	85	Breiðablik	<b>1:18.47</b>	235	36.31	42.16

Sundgrein 15

30.04.2016 - 11:20

kvenna, 50m bringusund

20 - 84 ára

Úrslitalistar

Stig: FINA 2015

Sæti F.ár Tími Stig

65 - 69 ára

1.	Gunnleyg Durhuus	51	Havnar	<b>56.58</b>	131
2.	Ragna María Ragnarsdóttir	48	Ægir	<b>1:14.00</b>	58

55 - 59 ára

1.	Erla Björg Garðarsdóttir	59	SH	<b>53.78</b>	153
2.	Margrét Ágústsdóttir	57	Breiðablik	<b>1:04.09</b>	90

50 - 54 ára

1.	Birna Jóhanna Ólafsdóttir	63	SH	<b>46.81</b>	232
2.	Rakel Björnsdóttir Fleckenstein	65	Stjarnan	<b>47.78</b>	218
3.	Ásta Þóra Ólafsdóttir	63	Stjarnan	<b>50.34</b>	187
4.	Þórdís Hrönn Pálsdóttir	66	Breiðablik	<b>57.27</b>	127
5.	Gerður Árnadóttir	62	SH	<b>59.43</b>	113
6.	Lovísa Ólafsdóttir	65	Breiðablik	<b>1:17.18</b>	51

LAUKekki Sigríður Sigurðardóttir

45 - 49 ára

1.	Margrét J. Magnúsdóttir	71	Breiðablik	<b>47.25</b>	226
2.	Haldóra Matthíasdóttir	69	Breiðablik	<b>49.96</b>	191
3.	Valerie Helene Maier	69	SH	<b>51.79</b>	171
4.	Anna Helgadóttir	68	Breiðablik	<b>51.93</b>	170
5.	Guðrún Björk Geirsdóttir	68	Breiðablik	<b>57.47</b>	125
6.	Úlfhildur Haraldsdóttir	67	Breiðablik	<b>1:03.36</b>	93

Icelandic Masters Open Championships 2016  
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Sundgrein 15, kvenna, 50m bringusund

40 - 44 ára

1.	Sigurlín Garðarsdóttir	74	UMFS	<b>39.07</b>	400
2.	María Fanndal Birkisdóttir	75	Breiðablik	<b>46.40</b>	239
3.	Birna Íris Jónsdóttir	73	Breiðablik	<b>46.48</b>	237
4.	Hjördís Sigurðardóttir	75	Breiðablik	<b>49.39</b>	198
5.	Þórhalla Gunnarsdóttir	72	Breiðablik	<b>50.82</b>	182
6.	Irina Óskarsdóttir	73	Breiðablik	<b>51.78</b>	172
7.	Helga Sveinbjörnsdóttir	72	Breiðablik	<b>52.41</b>	165
8.	Margrét Valdimarsdóttir	74	Breiðablik	<b>57.22</b>	127

35 - 39 ára

1.	Sigurveig Gunnarsdóttir	80	Breiðablik	<b>45.95</b>	246
2.	Anna Cecilia Inghammar	77	Stýrmir	<b>46.33</b>	240
3.	Sigrún Árnadóttir	77	Breiðablik	<b>1:05.76</b>	84

25 - 29 ára

1.	Anna Guðný Einarsdóttir	90	Breiðablik	<b>40.77</b>	352
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Sundgrein 16

30.04.2016 - 11:29

karla, 50m bringusund

20 - 84 ára

Úrslitalistar

Stig: FINA 2015

Sæti		F.ár		Tími	Stig
80 - 84 ára					
1.	Óli G H Þórðarson	36	SH	<b>1:03.19</b>	63
2.	Haukur Bergsteinsson	36	Breiðablik	<b>1:21.99</b>	29
70 - 74 ára					
1.	Trausti Sveinbjörnsson	46	SH	<b>47.42</b>	150
2.	Þorsteinn Ingimundarsson	46	SH	<b>1:13.15</b>	41
65 - 69 ára					
1.	Kári Kaaber	50	SH	<b>42.18</b>	214
2.	Eyðun Bærentsen	47	Havnar	<b>47.28</b>	152
3.	Jón Guðmundsson	49	SH	<b>53.39</b>	105
60 - 64 ára					
1.	Örn Ólafson	56	SH	<b>38.74</b>	276
2.	Guðjón Guðnason	54	SH	<b>42.14</b>	215
3.	Björn Ásgeir Guðmundsson	56	SH	<b>44.38</b>	184
4.	Björgvin Björgvinsson	55	SH	<b>46.34</b>	161
5.	Steinbjörn í Dali	56	Havnar	<b>54.00</b>	102
55 - 59 ára					
1.	Ragnar Marteinson	57	Stjarnan	<b>40.72</b>	238
2.	Hilmar Hreinsson	59	SH	<b>42.16</b>	214
3.	Einar Hauksson	58	Breiðablik	<b>43.51</b>	195
4.	Aðalsteinn Einarson	58	SH	<b>44.26</b>	185
5.	Remi Spilliaert	58	Ægir	<b>46.02</b>	165
6.	Jens Mikkelsen	58	Havnar	<b>50.26</b>	126
7.	Rafn Sigurðsson	58	Breiðablik	<b>50.33</b>	126
	Þorgeir Sigurðsson	57	Breiðablik	<b>50.33</b>	126

Icelandic Masters Open Championships 2016  
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Sundgrein 16, karla, 50m bringusund

50 - 54 ára

1.	Vignir Barkarson	64	ÍA	<b>40.06</b>	250
2.	Sigurjón Þórðarson	64	Tindastóll	<b>40.26</b>	246
3.	Eyðun Húsgarð	62	Havnar	<b>44.41</b>	183
4.	Eyþór Rafn Gissurarson	62	Breiðablik	<b>45.22</b>	174
5.	Ásgeir Elíasson	63	Breiðablik	<b>45.83</b>	167

45 - 49 ára

1.	Finnbjörn Aðalheiðarson	69	Ægir	<b>35.30</b>	365
2.	Jón Viðar Magnússon	68	SH	<b>42.65</b>	207
3.	Bergþór Jóhannsson	69	SH	<b>43.21</b>	199
4.	Árni Þór Árnason	69	SH	<b>43.91</b>	190
5.	Kristinn Magnússon	67	SH	<b>45.56</b>	170
6.	Guðmundur Björnson	71	SH	<b>47.78</b>	147
7.	Karl Georg Klein	69	SH	<b>48.78</b>	138
ÓG.	Jóhann Samsonarson	69	SH		

*G2 - Starting before the start signal (SW 4.4)*

40 - 44 ára

1.	Heimir Örn Sveinsson	76	SH	<b>36.67</b>	326
2.	Árni Rúnar Árnason	73	SH	<b>38.32</b>	286
3.	Þórður Ármannsson	76	SH	<b>40.00</b>	251
4.	Elvar Nielsson	74	Breiðablik	<b>41.53</b>	224
5.	Hákon Hrafn Sigurðsson	74	Breiðablik	<b>43.13</b>	200
6.	Viðar Bragi Þorsteinsson	73	Breiðablik	<b>43.70</b>	192
7.	Börkur Jónsson	72	SH	<b>47.92</b>	146
8.	Hálf dán Þorsteinsson	72	SH	<b>49.89</b>	129
ÓG.	Þorsteinn Gíslason	73	SH		

*G2 - Starting before the start signal (SW 4.4)*

35 - 39 ára

1.	Arnar Felix Einarsson	81	Breiðablik	<b>31.87</b>	497
2.	Davíð Freyr Þórunnarson	78	SH	<b>36.31</b>	336
3.	Albert Þór Kristjánsson	77	SH	<b>38.63</b>	279
4.	Jósef Þeyr Sigmundsson	79	SH	<b>39.64</b>	258
5.	Ragnar Viktor Hilmarsson	77	Breiðablik	<b>39.89</b>	253

30 - 34 ára

1.	Hákon Jónsson	85	Breiðablik	<b>34.74</b>	383
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25 - 29 ára

1.	Árni Guðnason	91	SH	<b>32.71</b>	459
2.	Þórarinn Ólafsson	88	SH	<b>35.18</b>	369
3.	Hlynur Sigurðsson	87	SH	<b>44.03</b>	188

20 - 24 ára

1.	Alexander Árnason	92	Gestur	<b>38.94</b>	272
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Icelandic Masters Open Championships 2016  
Hafnarfjörður, 29. - 30.4.2016

Sundgrein 17  
30.04.2016 - 11:43

kvenna, 100m baksund

20 - 84 ára  
Úrslitalistar

Stig: FINA 2015

Sæti	F.ár		Tími	Stig	50m	100m
<b>60 - 64 ára</b>						
1.	Ingibjörg Svala Ólafsdóttir	53 SH	<b>2:12.35</b>	71	1:04.66	1:07.69
<b>55 - 59 ára</b>						
1.	Margrét Ágústsdóttir	57 Breiðablik	<b>2:47.11</b>	35	1:19.60	1:27.51
<b>50 - 54 ára</b>						
1.	María Óladóttir	65 UMFS	<b>1:58.53</b>	100	56.37	1:02.16
<b>45 - 49 ára</b>						
1.	Margrét J. Magnúsdóttir	71 Breiðablik	<b>1:35.97</b>	188	46.57	49.40
2.	Anna Helgadóttir	68 Breiðablik	<b>1:49.24</b>	127	53.80	55.44
<b>40 - 44 ára</b>						
1.	Hjördís Sigurðardóttir	75 Breiðablik	<b>1:38.07</b>	176	47.73	50.34
2.	Birna Íris Jónsdóttir	73 Breiðablik	<b>1:40.39</b>	164	49.72	50.67
3.	Þórhalla Gunnarsdóttir	72 Breiðablik	<b>1:43.85</b>	148	50.21	53.64
LAUKekki	María Fanndal Birkisdóttir	75 Breiðablik				
<b>35 - 39 ára</b>						
1.	Sigurveig Gunnarsdóttir	80 Breiðablik	<b>1:27.59</b>	247	43.32	44.27
2.	Sarah Jane Emily Caird	80 Tindastóll	<b>1:36.16</b>	187	1:36.16	
3.	Guðrún Brynja Rúnarsdóttir	78 SH	<b>1:38.07</b>	176	46.40	51.67
<b>25 - 29 ára</b>						
1.	Erla Arnardóttir	90 SH	<b>1:18.59</b>	343	38.25	40.34
2.	Berglind Frøriksdóttir	91 SH	<b>1:23.01</b>	291	40.13	42.88

Sundgrein 18  
30.04.2016 - 11:56

karla, 100m baksund

20 - 84 ára  
Úrslitalistar

Stig: FINA 2015

Sæti	F.ár		Tími	Stig	50m	100m
<b>65 - 69 ára</b>						
1.	Kári Geirlaugsson	49 ÍA	<b>1:39.08</b>	120	48.58	50.50
2.	Kári Kaaber	50 SH	<b>1:56.80</b>	73	58.60	58.20
<b>60 - 64 ára</b>						
1.	Björn Ásgeir Guðmundsson	56 SH	<b>1:48.87</b>	90	51.38	57.49
<b>55 - 59 ára</b>						
1.	Ragnar Marteinson	57 Stjarnan	<b>1:38.83</b>	121	47.31	51.52
2.	Þorgeir Sigurðsson	57 Breiðablik	<b>1:53.20</b>	80	54.19	59.01
3.	Aðalsteinn Einarson	58 SH	<b>2:16.88</b>	45	1:04.60	1:12.28
<b>50 - 54 ára</b>						
1.	Eypór Rafn Gissurarson	62 Breiðablik	<b>1:59.91</b>	67	57.87	1:02.04

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Sundgrein 18, karla, 100m baksund

45 - 49 ára

1.	Jóhann Samsonarson	69	SH	<b>1:25.46</b>	187	41.50	43.96
2.	Kristinn Magnússon	67	SH	<b>1:26.60</b>	180	42.43	44.17
3.	Gunnar Þór Gunnarsson	70	UMFS	<b>1:37.27</b>	127	46.55	50.72

40 - 44 ára

1.	Heimir Örn Sveinsson	76	SH	<b>1:13.21</b>	298	35.69	37.52
2.	Þórður Ármannsson	76	SH	<b>1:16.46</b>	262	36.50	39.96
3.	Elvar Nielsson	74	Breiðablik	<b>1:18.33</b>	243	37.90	40.43
4.	Árni Rúnar Árnason	73	SH	<b>1:25.24</b>	189	42.27	42.97
5.	Þorsteinn Gíslason	73	SH	<b>1:25.43</b>	188	41.31	44.12
6.	Viðar Bragi Þorsteinsson	73	Breiðablik	<b>1:35.62</b>	134	46.23	49.39

35 - 39 ára

1.	Jósef Þeyr Sigmundsson	79	SH	<b>1:22.03</b>	212	39.99	42.04
2.	Albert Þór Kristjánsson	77	SH	<b>1:22.54</b>	208	40.60	41.94

30 - 34 ára

1.	Hólmgæir Reynisson	86	Stýrmiir	<b>1:15.71</b>	270	36.79	38.92
2.	Hákon Jónsson	85	Breiðablik	<b>1:24.68</b>	193	41.04	43.64

25 - 29 ára

1.	Þórkell Þorkelsson	89	SH	<b>1:40.04</b>	117	46.82	53.22
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Sundgrein 19

kvemma, 200m skriðsund

20 - 84 ára

30.04.2016 - 12:06

Úrslitalistar

Stig: FINA 2015

Sæti	F.ár	Tími	Stig	50m	100m	150m	200m		
65 - 69 ára									
1.	Guðmunda Ólöf Jónasdóttir	49	UMSB	<b>3:34.79</b>	137	47.69	54.57	56.71	55.82
60 - 64 ára									
1.	Ingibjörg Svala Ólafsdóttir	53	SH	<b>4:24.27</b>	73	57.34	1:07.90	1:09.92	1:09.11
55 - 59 ára									
1.	Sólbjörg Gunnbjörnsdóttir	59	3N	<b>3:26.43</b>	154	45.87	53.15	54.48	52.93
2.	Margrét Ágústsdóttir	57	Breiðablik	<b>5:06.42</b>	47	1:02.15	1:17.48	1:37.58	1:09.21
50 - 54 ára									
1.	Þórdís Hrönn Pálsdóttir	66	Breiðablik	<b>3:11.80</b>	192	42.60	48.92	51.76	48.52
2.	Birna Jóhanna Ólafsdóttir	63	SH	<b>3:19.76</b>	170	46.46	51.13	52.11	50.06
3.	Sigríður Sigurðardóttir	64	Breiðablik	<b>4:39.26</b>	62	58.87	1:11.06	1:15.18	1:14.15
4.	Gerður Árnadóttir	62	SH	<b>4:47.59</b>	57	59.49	1:11.95	1:19.34	1:16.81
45 - 49 ára									
1.	Þórunn Kristín Guðmundsdóttir	69	Ægir	<b>2:51.81</b>	268	38.42	43.33	45.43	44.63
2.	Anna Helgadóttir	68	Breiðablik	<b>3:08.07</b>	204	42.54	47.80	49.92	47.81
3.	Halldóra Matthíasdóttir	69	Breiðablik	<b>3:16.47</b>	179	44.10	49.50	51.13	51.74
4.	Valerie Helene Maier	69	SH	<b>3:36.09</b>	134	50.22	54.33	57.57	53.97
5.	Guðrún Björk Geirsdóttir	68	Breiðablik	<b>4:00.85</b>	97	51.05	58.69	1:05.06	1:06.05

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Sundgrein 19, kvenna, 200m skriðsund

40 - 44 ára

1. Birna Íris Jónsdóttir	73	Breiðablik	<b>2:57.59</b>	242	39.22	45.07	46.84	46.46
2. Kristín S Harðardóttir	76	SH	<b>3:07.40</b>	206	40.24	47.06	50.32	49.78
3. Þórhalla Gunnarsdóttir	72	Breiðablik	<b>3:08.82</b>	201	44.01	49.04	49.13	46.64
4. Anna Eidesgaard	74	Havnar	<b>3:19.29</b>	171	40.44	49.51	54.90	54.44
5. Margrét Valdimarsdóttir	74	Breiðablik	<b>3:26.99</b>	153	45.11	51.43	55.26	55.19
6. Sigrún Þ Geirsdóttir	72	Ægir	<b>3:41.29</b>	125	48.62	56.60	59.25	56.82

35 - 39 ára

1. Harpa Hrund Berndsen	81	Ægir	<b>3:35.30</b>	136	43.77	53.23	58.58	59.72
2. Sigrún Árnadóttir	77	Breiðablik	<b>3:53.12</b>	107	52.61	59.35	1:01.79	59.37

Sundgrein 20

karla, 200m skriðsund

20 - 84 ára

30.04.2016 - 12:21

Úrslitalistar

Stig: FINA 2015

Sæti	F.ár		Tími	Stig	50m	100m	150m	200m
80 - 84 ára								
1. Óli G H Þórðarson	36	SH	<b>4:11.56</b>	61	57.93	1:04.56	1:05.22	1:03.85
65 - 69 ára								
1. Kári Geirlaugsson	49	ÍA	<b>2:53.09</b>	189	41.05	44.41	45.48	42.15
2. Valgeir S. Kárason	51	Tindastóll	<b>3:04.53</b>	156	41.97	48.11	49.05	45.40
3. Eyðun Bærentsen	47	Havnar	<b>3:14.87</b>	132	44.60	48.34	50.70	51.23
60 - 64 ára								
1. Björn Ásgeir Guðmundsson	56	SH	<b>2:58.16</b>	173	40.85	44.17	46.02	47.12
2. Leivur Dahl Michelsen	56	Havnar	<b>3:32.45</b>	102	46.96	50.60	56.81	58.08
55 - 59 ára								
1. Remi Spilliaert	58	Ægir	<b>2:46.00</b>	214	35.82	41.18	44.98	44.02
2. Einar Hauksson	58	Breiðablik	<b>2:47.82</b>	207	36.31	42.21	45.63	43.67
3. Sámal Olsen	61	Havnar	<b>2:48.07</b>	206	38.17	42.03	44.92	42.95
4. Þorgeir Sigurðsson	57	Breiðablik	<b>3:15.95</b>	130	42.89	50.68	52.59	49.79
5. Aðalsteinn Einarson	58	SH	<b>3:37.43</b>	95	46.46	55.43	58.37	57.17
50 - 54 ára								
1. Vignir Barkarson	64	ÍA	<b>2:27.46</b>	306	36.00	38.77	37.84	34.85
2. Guðni Guðnason	62	SH	<b>2:31.98</b>	279	34.24	38.26	40.10	39.38
3. Gunnar Gylfason	65	Breiðablik	<b>2:51.58</b>	194	37.66	42.31	44.50	47.11
4. Ásgeir Elíasson	63	Breiðablik	<b>2:57.94</b>	174	40.58	43.95	47.06	46.35
45 - 49 ára								
1. Steinn Jóhannsson	68	SH	<b>2:25.42</b>	319	34.19	36.88	37.26	37.09
2. Erling Eidesgaard	71	Havnar	<b>2:40.04</b>	239	37.14	40.77	42.85	39.28
3. Kristinn Magnússon	67	SH	<b>2:48.87</b>	203	37.87	42.31	44.91	43.78
4. Karl Georg Klein	69	SH	<b>2:49.70</b>	200	37.21	43.26	44.60	44.63
5. Árni Þór Árnason	69	SH	<b>3:00.16</b>	167	41.66	46.04	47.57	44.89
6. Gunnar Þór Gunnarsson	70	UMFS	<b>3:14.75</b>	132	43.36	49.11	52.22	50.06
7. Stephan Jón Hufschmid	69	Stýrmir	<b>3:27.68</b>	109	43.92	51.86	56.04	55.86



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Sundgrein 20, karla, 200m skriðsund

40 - 44 ára

1. Elvar Níelsson	74	Breiðablik	<b>2:24.31</b>	326	32.87	35.87	37.79	37.78
2. Geir Sigurður Jonsson	73	Ægir	<b>2:35.90</b>	258	36.78	40.01	40.84	38.27
3. Þorsteinn Gíslason	73	SH	<b>2:38.83</b>	244	35.55	40.70	41.57	41.01
4. Magnús Jens Hjaltsted	76	Breiðablik	<b>2:41.41</b>	233	36.13	40.50	42.90	41.88
5. Viðar Bragi Þorsteinsson	73	Breiðablik	<b>2:42.86</b>	227	36.66	41.34	43.29	41.57
6. Börkur Jónsson	72	SH	<b>3:01.48</b>	164	39.33	46.44	47.93	47.78

35 - 39 ára

1. Tómas Sturlaugsson	81	Stýrmir	<b>2:19.59</b>	360	33.41	35.27	35.61	35.30
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30 - 34 ára

1. Hákon Jónsson	85	Breiðablik	<b>2:22.85</b>	336	31.83	36.11	38.03	36.88
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25 - 29 ára

1. Egill Valur Hafsteinsson	89	SH	<b>2:22.71</b>	337	31.15	36.08	37.30	38.18
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Sundgrein 21

kvenna, 100m fjórsund

20 - 84 ára

30.04.2016 - 12:44

Úrslitalistar

Stig: FINA 2015

Sæti	F.ár		Tími	Stig	50m	100m	
<b>65 - 69 ára</b>							
1.	Guðmunda Ólöf Jónasdóttir	49	UMSB	<b>1:59.26</b>	107	58.96	1:00.30
<b>50 - 54 ára</b>							
1.	Ásta Þóra Ólafsdóttir	63	Stjarnan	<b>1:41.14</b>	176	49.79	51.35
2.	Hrund Baldursdóttir	64	UMFS	<b>1:41.91</b>	172	49.53	52.38
3.	Birna Jóhanna Ólafsdóttir	63	SH	<b>1:43.33</b>	165	53.31	50.02
4.	Rakel Björnsdóttir Fleckenstein	65	Stjarnan	<b>1:44.54</b>	159	51.79	52.75
5.	Þórdís Hrönn Pálsdóttir	66	Breiðablik	<b>1:51.52</b>	131	55.62	55.90
<b>45 - 49 ára</b>							
1.	Margrét J. Magnúsdóttir	71	Breiðablik	<b>1:39.99</b>	182	44.73	55.26
2.	Anna Helgadóttir	68	Breiðablik	<b>1:43.16</b>	166	50.04	53.12
<b>40 - 44 ára</b>							
1.	Sigurlín Garðarsdóttir	74	UMFS	<b>1:15.52</b>	423	35.15	40.37
2.	Birna Íris Jónsdóttir	73	Breiðablik	<b>1:32.66</b>	229	46.10	46.56
3.	Hjördís Sigurðardóttir	75	Breiðablik	<b>1:34.51</b>	215	44.46	50.05
4.	María Fanndal Birkisdóttir	75	Breiðablik	<b>1:34.92</b>	213	44.89	50.03
5.	Kristín S Harðardóttir	76	SH	<b>1:36.37</b>	203	46.97	49.40
6.	Þórhalla Gunnarsdóttir	72	Breiðablik	<b>1:40.27</b>	180	47.90	52.37
<b>35 - 39 ára</b>							
1.	Sigurveig Gunnarsdóttir	80	Breiðablik	<b>1:28.51</b>	262	42.05	46.46
2.	Sarah Jane Emily Caird	80	Tindastóll	<b>1:31.62</b>	237	42.95	48.67
3.	Guðrún Brynja Rúnarsdóttir	78	SH	<b>1:38.97</b>	188	45.44	53.53
4.	Sigrún Árnadóttir	77	Breiðablik	<b>2:17.17</b>	70	1:12.23	1:04.94

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Sundgrein 21, kvenna, 100m fjórsund

30 - 34 ára

1.	Hrefna Garðarsdóttir	82	UMFS	<b>1:45.09</b>	157	48.88	56.21
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25 - 29 ára

1.	Erla Arnardóttir	90	SH	<b>1:18.72</b>	373	35.93	42.79
2.	Berglind Frøriksdóttir	91	SH	<b>1:19.54</b>	362	36.47	43.07
3.	Anna Guðný Einarsdóttir	90	Breiðablik	<b>1:20.38</b>	350	36.97	43.41

Sundgrein 22

karla, 100m fjórsund

20 - 84 ára

30.04.2016 - 12:53

Úrslitalistar

Stig: FINA 2015

Sæti	F.ár		Tími	Stig	50m	100m	
<b>65 - 69 ára</b>							
1.	Kári Geirlaugsson	49	ÍA	<b>1:35.57</b>	148	48.17	47.40
2.	Kári Kaaber	50	SH	<b>1:44.97</b>	112	56.29	48.68
<b>60 - 64 ára</b>							
1.	Guðjón Guðnason	54	SH	<b>1:26.96</b>	197	40.55	46.41
2.	Björn Ásgeir Guðmundsson	56	SH	<b>1:34.47</b>	154	45.02	49.45
<b>55 - 59 ára</b>							
1.	Jon Hestoy	59	Havnar	<b>1:20.96</b>	245	36.97	43.99
2.	Remi Spilliaert	58	Ægir	<b>1:31.28</b>	170	44.81	46.47
3.	Hilmar Hreinsson	59	SH	<b>1:33.27</b>	160	43.68	49.59
4.	Þorgeir Sigurðsson	57	Breiðablik	<b>1:45.55</b>	110	52.88	52.67
<b>50 - 54 ára</b>							
1.	Guðni Guðnason	62	SH	<b>1:22.83</b>	228	39.27	43.56
2.	Sigurjón Þórðarson	64	Tindastóll	<b>1:23.64</b>	222	38.16	45.48
<b>45 - 49 ára</b>							
1.	Steinn Jóhannsson	68	SH	<b>1:15.24</b>	305	35.64	39.60
2.	Jóhann Samsonarson	69	SH	<b>1:22.19</b>	234	38.43	43.76
3.	Magni Þór Samsonarson	70	SH	<b>1:23.30</b>	224	38.68	44.62
4.	Kristinn Magnússon	67	SH	<b>1:29.32</b>	182	40.21	49.11
5.	Gunnar Þór Gunnarsson	70	UMFS	<b>1:48.95</b>	100	47.26	1:01.69
ÓG.	Finnbjörn Aðalheiðarson	69	Ægir				
<i>N2 - Didn't finish the section of one style acc. to the rules which apply to the style concerned (SW 9.3)</i>							
<b>40 - 44 ára</b>							
1.	Heimir Örn Sveinsson	76	SH	<b>1:10.97</b>	363	33.10	37.87
2.	Elvar Nielsson	74	Breiðablik	<b>1:16.93</b>	285	35.91	41.02
3.	Árni Rúnar Árnason	73	SH	<b>1:18.17</b>	272	36.32	41.85
4.	Þorsteinn Gíslason	73	SH	<b>1:18.33</b>	270	36.00	42.33
5.	Geir Sigurður Jonsson	73	Ægir	<b>1:22.59</b>	230	41.80	40.79
6.	Viðar Bragi Þorsteinsson	73	Breiðablik	<b>1:31.72</b>	168	45.06	46.66
7.	Helgi Hinriksson	72	SH	<b>1:35.15</b>	150	44.88	50.27

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Sundgrein 22, karla, 100m fjórsund

35 - 39 ára

1.	Ómar Snævar Friðriksson	80	SH	<b>1:04.81</b>	477	30.03	34.78
2.	Arnar Felix Einarsson	81	Breiðablik	<b>1:05.49</b>	462	29.78	35.71
3.	Davíð Freyr Þórunnarson	78	SH	<b>1:09.16</b>	393	31.25	37.91
4.	Albert Þór Kristjánsson	77	SH	<b>1:15.21</b>	305	35.57	39.64
5.	Ragnar Viktor Hilmarsson	77	Breiðablik	<b>1:15.49</b>	302	34.92	40.57

30 - 34 ára

1.	Ásgeir Haukur Einarsson	85	Breiðablik	<b>1:13.07</b>	333	33.04	40.03
2.	Hákon Jónsson	85	Breiðablik	<b>1:14.30</b>	316	35.83	38.47

25 - 29 ára

1.	Árni Guðnason	91	SH	<b>1:04.64</b>	481	29.44	35.20
2.	Þórarinn Ólafsson	88	SH	<b>1:08.59</b>	402	30.68	37.91
3.	Hlynur Sigurðsson	87	SH	<b>1:21.49</b>	240	37.97	43.52

20 - 24 ára

ÓG. Alexander Árnason 92 Gestur  
N2 - Didn't finish the section of one style acc. to the rules which apply to the style concerned (SW 9.3)

Sundgrein 23

30.04.2016 - 13:16

blandað, 4 x 50m fjórsund

ALDFL 100 og eldri  
Úrslitalistar

Stig: FINA 2015

Sæti						Tími	Stig
<b>ALDFL 240 - 279</b>							
1.	Havnar 5			Havnar		<b>3:11.13</b>	106
	Elin M. Olsen	63	+0,91	1:03.98	Jon Hestoy	59	+0,65
	Gunnleyg Durhuus	51	+0,44	56.24	Eyðun Bærentsen	47	+0,96
2.	SH 3			SH		<b>3:17.53</b>	96
	Kári Kaaber	50	+0,90	57.88	Íris Ragnarsdóttir	75	+0,78
	Birna Jóhanna Ólafsdóttir	63	+0,83	50.10	Óli G H Þórðarson	36	
3.	Breiðablik 3			Breiðablik		<b>4:08.20</b>	48
	Þorgeir Sigurðsson	57	+0,83	53.55	Þórdís Hrönn Pálsdóttir	66	+0,71
	Haukur Bergsteinsson	36	+0,62	1:24.19	Margrét Ágústsdóttir	57	

ALDFL 200 - 239

1.	SH 4			SH		<b>2:38.87</b>	184
	Alexandra Mahlmann	73	+0,80	42.13	Guðni Guðnason	62	+0,65
	Örn Ólafson	56	+0,74	39.24	Valerie Helene Maier	69	
2.	Havnar 4			Havnar		<b>3:05.16</b>	116
	Anna Eidesgaard	74	+0,62	55.68	Randi Holm	73	+0,71
	Leivur Dahl Michelsen	56	+0,72	48.99	Sámal Olsen	61	+0,52
3.	SH 5			SH		<b>3:05.58</b>	116
	Ingibjörg Svala Ólafsdóttir	53	+0,82	59.17	Heimir Örn Sveinsson	76	+0,25
	Gerður Árnadóttir	62	+0,65	59.05	Björn Ásgeir Guðmundsson	56	+0,50
4.	Ægir 2			Ægir		<b>3:25.92</b>	84
	Geir Sigurður Jonsson	73	+0,77	49.56	Remi Spilliaert	58	-0,60
	Ragna María Ragnarsdóttir	48	+1,12	1:14.43	Sigrún Þ Geirsdóttir	72	+0,37

ÓG. Breiðablik 5 Breiðablik  
B4 - Arm movements not simultaneously, not in the same horiz. plan, or alternating (SW 7.2)  
Eypór Rafn Gissurarson, Lovisa Ólafsdóttir, Ásgeir Elíasson, Irina Óskarsdóttir

Icelandic Masters Open Championships 2016  
Hafnarfjörður, 29. - 30.4.2016

Sundgrein 23, blandað, 4 x 50m fjórsund

ALDFL 160 - 199

1.	Breiðablik 2			Breiðablik		<b>2:29.00</b>	224	
	Þórhalla Gunnarsdóttir	72	+0,78	44.68	Elvar Nielsson	74	+0,37	33.43
	Hákon Jónsson	85	+0,30	35.31	Birna Íris Jónsdóttir	73	+0,58	35.58
2.	Ægir 1			Ægir		<b>2:36.83</b>	192	
	Þórunn Kristín Guðmundsdóttir	69	+0,91	45.30	Hákon Örn Birgisson	76	+0,43	31.63
	Finnbjörn Aðalheiðarson	69	+0,72	36.00	Harpa Hrud Berndsen	81	+0,80	43.90
3.	Breiðablik 4			Breiðablik		<b>2:41.26</b>	176	
	Hjördís Sigurðardóttir	75	+0,83	43.23	Ragnar Viktor Hilmarsson	77	+0,72	33.17
	Halldóra Matthíasdóttir	69	+0,50	48.99	Viðar Bragi Þorsteinnsson	73	+0,65	35.87
ÓG.	Breiðablik 6			Breiðablik				
	<i>B13 - Touching the wall with hands not simultaneously and separated with both hands at turn/finish (SW 7.6)</i>							
	Sigrún Árnadóttir, Gunnar Gylfason, María Fanndal Birkisdóttir, Einar Hauksson							

ALDFL 120 - 159

1.	Breiðablik 1			Breiðablik		<b>2:23.25</b>	252	
	Margrét J. Magnúsdóttir	71	+0,77	43.66	Ásgeir Haukur Einarsson	85	+0,70	32.59
	Arnar Felix Einarsson	81	+0,63	32.46	Sigurveig Gunnarsdóttir	80	+0,68	34.54
2.	SH 2			SH		<b>2:23.87</b>	248	
	Guðrún Brynja Rúnarsdóttir	78	+0,81	44.06	Davíð Freyr Þórunnarson	78	+0,63	28.94
	Ómar Snævar Friðriksson	80	+0,47	34.00	Kristín S Harðardóttir	76	+0,80	36.87
3.	Stýrmir 1			Stýrmir		<b>2:24.93</b>	243	
	Hólmgæir Reynisson	86	+0,79	32.76	Tómas Sturlaugsson	81		27.12
	Anna Cecilia Inghammar	77	+0,77	48.58	Iðunn Ása Óladóttir	86	+0,73	36.47

ALDFL 100 - 119

1.	SH 1			SH		<b>2:11.10</b>	329	
	Erla Arnardóttir	90	+0,72	36.61	Árni Guðnason	91	+0,70	27.87
	Þórarinn Ólafsson	88	+0,46	35.35	Berglind Frøriksdóttir	91	+0,56	31.27

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Hafnarfjörður, 29. - 30.4.2016

Sundgrein 24 karla, 200m fjórsund 20 - 84 ára  
30.04.2016 - 15:00 Úrslitalistar

Stig: FINA 2015

Sæti	F.ár		Tími	Stig	50m	100m	150m	200m	
<b>55 - 59 ára</b>									
1.	Remi Spilliaert	58	Ægir	<b>3:17.41</b>	171	41.01	56.77	58.02	41.61
<b>50 - 54 ára</b>									
1.	Guðni Guðnason	62	SH	<b>3:08.68</b>	196	38.46	51.25	57.93	41.04
2.	Sigurjón Þórðarson	64	Tindastóll	<b>3:10.59</b>	190	43.06	48.56	57.21	41.76
<b>45 - 49 ára</b>									
1.	Steinn Jóhannsson	68	SH	<b>2:38.57</b>	330	34.90	41.87	45.01	36.79
2.	Kristinn Magnússon	67	SH	<b>3:14.13</b>	180	38.18	51.26	57.57	47.12
3.	Gunnar Þór Gunnarsson	70	UMFS	<b>3:47.10</b>	112	47.12	56.34	1:11.59	52.05
<b>40 - 44 ára</b>									
1.	Mladen Tepavcevic	76	SH	<b>2:30.79</b>	384	30.79	41.71	42.05	36.24
2.	Heimir Örn Sveinsson	76	SH	<b>2:43.09</b>	303	34.59	41.73	48.11	38.66
3.	Hákon Örn Birgisson	76	Ægir	<b>2:46.17</b>	287	33.98	44.02	48.11	40.06
4.	Elvar Níelsson	74	Breiðablik	<b>2:55.35</b>	244	38.01	45.86	52.06	39.42
5.	Geir Sigurður Jonsson	73	Ægir	<b>3:04.54</b>	209	39.81	53.02	51.25	40.46
6.	Viðar Bragi Þorsteinsson	73	Breiðablik	<b>3:15.09</b>	177	47.22	53.37	52.37	42.13
<b>35 - 39 ára</b>									
1.	Ómar Snævar Friðriksson	80	SH	<b>2:22.62</b>	454	29.97	36.43	41.68	34.54
2.	Davíð Freyr Þórunnarson	78	SH	<b>2:44.30</b>	297	33.82	43.76	47.93	38.79
3.	Albert Þór Kristjánsson	77	SH	<b>2:53.24</b>	253	34.19	46.51	50.78	41.76
<b>30 - 34 ára</b>									
ÓG.	Hákon Jónsson	85	Breiðablik						
<i>D7 - Didn't return to a position on the back upon leaving the wall (SW 6.4)</i>									

Sundgrein 25 kvenna, 200m fjórsund 20 - 84 ára  
30.04.2016 - 15:13 Úrslitalistar

Stig: FINA 2015

Sæti	F.ár		Tími	Stig	50m	100m	150m	200m	
<b>50 - 54 ára</b>									
1.	Þórdís Hrönn Pálsdóttir	66	Breiðablik	<b>3:59.85</b>	131	56.52	1:04.53	1:06.42	52.38
<b>45 - 49 ára</b>									
1.	Margrét J. Magnúsdóttir	71	Breiðablik	<b>3:32.32</b>	189	50.73	58.15	58.40	45.04
<b>40 - 44 ára</b>									
1.	María Fanndal Birkisdóttir	75	Breiðablik	<b>3:27.47</b>	202	42.91	56.77	57.57	50.22
2.	Hjördís Sigurðardóttir	75	Breiðablik	<b>3:36.06</b>	179	46.46	55.98	1:02.20	51.42
<b>35 - 39 ára</b>									
1.	Sarah Jane Emily Caird	80	Tindastóll	<b>3:17.87</b>	233	45.13	52.27	57.00	43.47

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Sundgrein 26 karla, 50m baksund 20 - 84 ára  
30.04.2016 - 15:18 Úrslitalistar

Stig: FINA 2015

Sæti	F.ár		Tími	Stig
<b>70 - 74 ára</b>				
1.	46	SH	<b>1:30.77</b>	14
<b>65 - 69 ára</b>				
1.	49	ÍA	<b>43.86</b>	130
2.	47	Havnar	<b>52.90</b>	74
3.	49	SH	<b>57.58</b>	57
<b>60 - 64 ára</b>				
1.	54	SH	<b>41.72</b>	151
2.	56	SH	<b>47.45</b>	102
<b>55 - 59 ára</b>				
1.	59	SH	<b>45.13</b>	119
2.	58	Breiðablik	<b>47.18</b>	104
3.	58	Ægir	<b>49.72</b>	89
4.	57	Breiðablik	<b>52.16</b>	77
5.	58	SH	<b>1:02.07</b>	45
6.	58	Breiðablik	<b>1:03.60</b>	42
<b>50 - 54 ára</b>				
1.	62	SH	<b>39.85</b>	173
2.	64	ÍA	<b>41.89</b>	149
3.	62	Havnar	<b>45.20</b>	118
<b>45 - 49 ára</b>				
1.	67	SH	<b>36.78</b>	220
2.	68	SH	<b>37.61</b>	206
3.	69	SH	<b>38.62</b>	190
4.	70	UMFS	<b>43.14</b>	136
5.	69	SH	<b>44.85</b>	121
6.	69	SH	<b>48.31</b>	97
7.	71	SH	<b>1:00.03</b>	50
<b>40 - 44 ára</b>				
1.	76	SH	<b>33.55</b>	290
2.	76	SH	<b>34.59</b>	265
3.	74	Breiðablik	<b>36.37</b>	228
4.	73	SH	<b>36.73</b>	221
5.	73	SH	<b>39.15</b>	182
6.	73	Breiðablik	<b>44.20</b>	127
7.	72	SH	<b>49.39</b>	91
<b>35 - 39 ára</b>				
1.	81	Breiðablik	<b>32.26</b>	326
2.	78	SH	<b>33.08</b>	303
3.	79	SH	<b>37.46</b>	208
4.	77	SH	<b>38.62</b>	190

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Sundgrein 26, karla, 50m baksund

30 - 34 ára

1. Hólmgeir Reynisson	86	Stýrmir	<b>32.51</b>	319
2. Sölvi Rúnar Guðmundsson	85	Breiðablik	<b>37.39</b>	209
3. Hákon Jónsson	85	Breiðablik	<b>37.96</b>	200

25 - 29 ára

1. Árni Guðnason	91	SH	<b>30.59</b>	383
2. Þórkell Þorkelsson	89	SH	<b>45.86</b>	113

20 - 24 ára

1. Alexander Árnason	92	Gestur	<b>36.83</b>	219
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Sundgrein 27

kvenna, 50m baksund

20 - 84 ára

30.04.2016 - 15:32

Úrslitalistar

Stig: FINA 2015

Sæti	F.ár		Tími	Stig
60 - 64 ára				
1. Ingibjörg Svala Ólafsdóttir	53	SH	<b>1:00.20</b>	77
55 - 59 ára				
1. Erla Björg Garðarsdóttir	59	SH	<b>1:04.40</b>	63
2. Guðmunda Magnúsdóttir	61	Breiðablik	<b>1:20.80</b>	32
50 - 54 ára				
1. Ásta Þóra Ólafsdóttir	63	Stjarnan	<b>49.73</b>	137
2. Birna Jóhanna Ólafsdóttir	63	SH	<b>52.04</b>	120
3. Þórdís Hrönn Pálsdóttir	66	Breiðablik	<b>56.89</b>	91
4. Gerður Árnadóttir	62	SH	<b>1:08.48</b>	52
5. Lovísa Ólafsdóttir	65	Breiðablik	<b>1:27.25</b>	25
45 - 49 ára				
1. Margrét J. Magnúsdóttir	71	Breiðablik	<b>44.99</b>	185
2. Anna Helgadóttir	68	Breiðablik	<b>50.82</b>	128
3. Guðrún Björk Geirsdóttir	68	Breiðablik	<b>1:02.53</b>	69
4. Úlfhildur Haraldsdóttir	67	Breiðablik	<b>1:18.02</b>	35
40 - 44 ára				
1. Alexandra Mahlmann	73	SH	<b>42.56</b>	219
2. Hjördís Sigurðardóttir	75	Breiðablik	<b>43.61</b>	203
3. Þórhalla Gunnarsdóttir	72	Breiðablik	<b>45.67</b>	177
4. María Fanndal Birkisdóttir	75	Breiðablik	<b>46.02</b>	173
5. Birna Íris Jónsdóttir	73	Breiðablik	<b>46.84</b>	164
6. Kristín S Harðardóttir	76	SH	<b>47.71</b>	155
35 - 39 ára				
1. Sigurveig Gunnarsdóttir	80	Breiðablik	<b>39.79</b>	268
2. Sarah Jane Emily Caird	80	Tindastóll	<b>44.42</b>	192
3. Guðrún Brynja Rúnarsdóttir	78	SH	<b>44.86</b>	187
4. Sigrún Árnadóttir	77	Breiðablik	<b>1:20.56</b>	32

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Sundgrein 27, kvenna, 50m baksund

30 - 34 ára

ÓG. Katrín Hlíf Sævarsdóttir 86 Breiðablik  
*D8 - Didn't touch the wall at the finish while on the back position (SW 6.5)*

25 - 29 ára

1. Erla Arnardóttir 90 SH **36.11** 359  
2. Berglind Frøriksdóttir 91 SH **36.94** 335

Sundgrein 28

karla, 200m bringusund

20 - 84 ára

30.04.2016 - 15:50

Úrslitalistar

Stig: FINA 2015

Sæti	F.ár		Tími	Stig	50m	100m	150m	200m
<b>80 - 84 ára</b>								
1.	Óli G H Þórðarson	36 SH	<b>5:07.91</b>	59	1:09.58	1:18.26	1:22.15	1:17.92
<b>70 - 74 ára</b>								
1.	Þorsteinn Ingimundarsson	46 SH	<b>6:51.30</b>	25	1:31.53	1:47.93	1:46.72	1:45.12
<b>65 - 69 ára</b>								
1.	Kári Kaaber	50 SH	<b>3:24.96</b>	203	46.38	51.68	53.74	53.16
<b>60 - 64 ára</b>								
1.	Örn Ólafson	56 SH	<b>3:20.69</b>	216	44.41	51.91	52.86	51.51
2.	Björgvin Björgvinsson	55 SH	<b>4:07.27</b>	115	54.18	1:03.55	1:06.00	1:03.54
<b>55 - 59 ára</b>								
1.	Aðalsteinn Einarson	58 SH	<b>3:49.80</b>	144	49.91	57.54	1:01.76	1:00.59
2.	Rafn Sigurðsson	58 Breiðablik	<b>4:03.38</b>	121	57.11	1:05.53	1:05.49	55.25
ÓG.	Þorgeir Sigurðsson	57 Breiðablik						
<i>B2 - Still submerged at the 2nd armstroke (SW 7.4) after start or turn (SW 7.1)</i>								
<b>50 - 54 ára</b>								
1.	Sigurjón Þórðarson	64 Tindastóll	<b>3:24.22</b>	205	45.93	52.93	53.43	51.93
2.	Ásgeir Elíasson	63 Breiðablik	<b>3:40.90</b>	162	50.35	55.51	58.63	56.41
3.	Friðrik Guðmundsson	65 Breiðablik	<b>3:50.94</b>	141	53.48	1:00.02	59.96	57.48
<b>45 - 49 ára</b>								
1.	Steinn Jóhannsson	68 SH	<b>3:01.06</b>	294	42.28	46.18	46.60	46.00
ÓG.	Árni Þór Árnason	69 SH						
<i>G2 - Starting before the start signal (SW 4.4)</i>								
<b>40 - 44 ára</b>								
1.	Mladen Tepavcevic	76 SH	<b>2:38.05</b>	442	35.07	39.25	41.58	42.15
2.	Heimir Örn Sveinsson	76 SH	<b>3:02.61</b>	287	41.77	46.93	47.60	46.31
3.	Þorsteinn Gíslason	73 SH	<b>3:17.07</b>	228	43.40	50.37	51.51	51.79
4.	Elvar Níelsson	74 Breiðablik	<b>3:25.39</b>	201	45.95	51.84	54.21	53.39
5.	Þórður Ármannsson	76 SH	<b>3:25.65</b>	201	43.37	53.76	55.93	52.59
6.	Viðar Bragi Þorsteinsson	73 Breiðablik	<b>3:27.33</b>	196	47.78	54.55	54.14	50.86



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Sundgrein 28, karla, 200m bringusund

35 - 39 ára

1. Davíð Freyr Þórunnarson 78 SH **3:04.02** 280 42.69 47.52 48.19 45.62

30 - 34 ára

1. Hákon Jónsson 85 Breiðablik **2:51.62** 345 38.55 43.76 44.93 44.38

Sundgrein 29

30.04.2016 - 16:13

kvenna, 200m bringusund

20 - 84 ára

Úrslitalistar

Stig: FINA 2015

Sæti	F.ár		Tími	Stig	50m	100m	150m	200m	
<b>55 - 59 ára</b>									
1.	Guðmunda Magnúsdóttir	61	Breiðablik	<b>4:37.60</b>	113	1:04.88	1:12.86	1:11.05	1:08.81
<b>50 - 54 ára</b>									
1.	Birna Jóhanna Ólafsdóttir	63	SH	<b>3:38.50</b>	233	52.29	55.39	56.60	54.22
2.	Rakel Björnsdóttir Fleckens65n		Stjarnan	<b>3:49.51</b>	201	52.54	58.97	59.99	58.01
3.	Sigríður Sigurðardóttir	64	Breiðablik	<b>4:25.07</b>	130	1:04.61	1:07.43	1:07.73	1:05.30
4.	Gerður Árnadóttir	62	SH	<b>4:37.57</b>	113	1:06.57	1:10.60	1:11.66	1:08.74
<b>45 - 49 ára</b>									
1.	Þórunn Kristín Guðmundsdóttir	69	Ægir	<b>3:37.34</b>	237	51.58	57.10	56.06	52.60
2.	Margrét J. Magnúsdóttir	71	Breiðablik	<b>3:48.48</b>	204	53.58	58.64	59.23	57.03
3.	Anna Helgadóttir	68	Breiðablik	<b>3:50.92</b>	197	55.61	58.43	58.16	58.72
4.	Halldóra Matthíasdóttir	69	Breiðablik	<b>3:55.87</b>	185	54.97	1:00.88	1:01.23	58.79
5.	Guðrún Björk Geirsdóttir	68	Breiðablik	<b>4:39.55</b>	111	1:04.56	1:13.57	1:13.04	1:08.38
<b>40 - 44 ára</b>									
1.	Birna Íris Jónsdóttir	73	Breiðablik	<b>3:32.54</b>	253	48.79	54.21	54.79	54.75
2.	María Fanndal Birkisdóttir	75	Breiðablik	<b>3:36.91</b>	238	49.34	55.61	56.80	55.16
3.	Margrét Valdimarsdóttir	74	Breiðablik	<b>4:16.64</b>	144	58.31	1:04.01	1:07.22	1:07.10
ÓG.	Irina Óskarsdóttir	73	Breiðablik						
<i>G2 - Starting before the start signal (SW 4.4)</i>									

Sundgrein 30

30.04.2016 - 16:22

karla, 100m skriðsund

20 - 84 ára

Úrslitalistar

Stig: FINA 2015

Sæti	F.ár		Tími	Stig	50m	100m	
<b>80 - 84 ára</b>							
1.	Óli G H Þórðarson	36	SH	<b>1:55.67</b>	58	56.34	59.33
<b>70 - 74 ára</b>							
1.	Þorsteinn Ingimundarsson	46	SH	<b>2:59.48</b>	15	1:20.85	1:38.63
<b>65 - 69 ára</b>							
1.	Kári Geirlaugsson	49	ÍA	<b>1:15.45</b>	211	38.09	37.36
2.	Eyðun Bærentsen	47	Havnar	<b>1:27.02</b>	137	39.78	47.24
3.	Kári Kaaber	50	SH	<b>1:32.36</b>	115	44.20	48.16
4.	Jón Guðmundsson	49	SH	<b>1:39.29</b>	92	46.49	52.80

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Sundgrein 30, karla, 100m skriðsund

60 - 64 ára

1.	Björn Ásgeir Guðmundsson	56	SH	<b>1:16.68</b>	201	36.69	39.99
2.	Leivur Dahl Michelsen	56	Havnar	<b>1:35.12</b>	105	45.34	49.78

55 - 59 ára

1.	Remi Spilliaert	58	Ægir	<b>1:11.14</b>	252	34.10	37.04
2.	Einar Hauksson	58	Breiðablik	<b>1:11.59</b>	247	33.10	38.49
3.	Sámal Olsen	61	Havnar	<b>1:14.32</b>	221	35.42	38.90
4.	Þorgeir Sigurðsson	57	Breiðablik	<b>1:31.50</b>	118	43.80	47.70
5.	Aðalsteinn Einarson	58	SH	<b>1:43.61</b>	81	47.72	55.89
6.	Rafn Sigurðsson	58	Breiðablik	<b>1:53.22</b>	62	50.89	1:02.33

50 - 54 ára

1.	Vignir Barkarson	64	ÍA	<b>1:05.33</b>	325	32.05	33.28
2.	Guðni Guðnason	62	SH	<b>1:11.04</b>	253	33.91	37.13
3.	Sigurjón Þórðarson	64	Tindastóll	<b>1:14.09</b>	223	34.58	39.51
4.	Gunnar Gylfason	65	Breiðablik	<b>1:16.02</b>	206	35.86	40.16
5.	Ásgeir Elíasson	63	Breiðablik	<b>1:22.45</b>	161	39.07	43.38
6.	Friðrik Guðmundsson	65	Breiðablik	<b>1:40.39</b>	89	47.60	52.79

45 - 49 ára

1.	Steinn Jóhannsson	68	SH	<b>1:09.47</b>	270	34.01	35.46
2.	Erling Eidesgaard	71	Havnar	<b>1:09.76</b>	267	34.04	35.72
3.	Kristinn Magnússon	67	SH	<b>1:13.88</b>	225	35.14	38.74
4.	Karl Georg Klein	69	SH	<b>1:17.03</b>	198	33.70	43.33
5.	Árni Þór Árnason	69	SH	<b>1:22.55</b>	161	39.59	42.96
6.	Stephan Jón Hufschmid	69	Stýrmir	<b>1:26.35</b>	140	40.78	45.57
7.	Gunnar Þór Gunnarsson	70	UMFS	<b>1:27.96</b>	133	41.36	46.60
8.	Guðmundur Björnson	71	SH	<b>1:39.89</b>	91	45.06	54.83

40 - 44 ára

1.	Mladen Tepavcevic	76	SH	<b>1:00.37</b>	412	28.79	31.58
2.	Elvar Nielsson	74	Breiðablik	<b>1:04.55</b>	337	30.65	33.90
3.	Geir Sigurður Jonsson	73	Ægir	<b>1:06.56</b>	307	32.47	34.09
4.	Þorsteinn Gíslason	73	SH	<b>1:08.06</b>	287	32.40	35.66
5.	Þórður Ármannsson	76	SH	<b>1:09.15</b>	274	32.75	36.40
6.	Viðar Bragi Þorsteinsson	73	Breiðablik	<b>1:19.06</b>	183	37.08	41.98
7.	Helgi Hinriksson	72	SH	<b>1:19.70</b>	179	37.53	42.17
8.	Börkur Jónsson	72	SH	<b>1:20.64</b>	173	38.74	41.90
9.	Hálfván Þorsteinsson	72	SH	<b>1:40.50</b>	89	46.07	54.43

35 - 39 ára

1.	Arnar Felix Einarsson	81	Breiðablik	<b>59.35</b>	434	27.64	31.71
2.	Ragnar Viktor Hilmarsson	77	Breiðablik	<b>1:02.71</b>	368	29.88	32.83
3.	Tómas Sturlaugsson	81	Stýrmir	<b>1:03.90</b>	347	31.08	32.82
4.	Jósef Þeyr Sigmundsson	79	SH	<b>1:09.18</b>	274	31.76	37.42

30 - 34 ára

1.	Hákon Jónsson	85	Breiðablik	<b>1:06.86</b>	303	31.25	35.61
2.	Sölvi Rúnar Guðmundsson	85	Breiðablik	<b>1:12.82</b>	235	32.31	40.51

25 - 29 ára

1.	Árni Guðnason	91	SH	<b>55.31</b>	536	26.20	29.11
2.	Þórarinn Ólafsson	88	SH	<b>59.21</b>	437	27.62	31.59
3.	Hlynur Sigurðsson	87	SH	<b>1:08.57</b>	281	32.47	36.10
4.	Þórkell Þorkelsson	89	SH	<b>1:32.34</b>	115	43.26	49.08

Icelandic Masters Open Championships 2016  
Hafnarfjörður, 29. - 30.4.2016

Sundgrein 30, karla, 100m skriðsund

20 - 24 ára

1. Aron Örn Stefánsson	95	Gestur	<b>49.78</b>	735	23.60	26.18
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Sundgrein 31

30.04.2016 - 16:44

kvenna, 100m skriðsund

20 - 84 ára

Úrslitalistar

Stig: FINA 2015

Sæti	F.ár		Tími	Stig	50m	100m	
<b>65 - 69 ára</b>							
1.	Guðmunda Ólöf Jónasdóttir	49	UMSB	<b>1:41.79</b>	125	47.55	54.24
2.	Ragna María Ragnarsdóttir	48	Ægir	<b>2:06.79</b>	65	1:00.84	1:05.95
<b>60 - 64 ára</b>							
1.	Ingibjörg Svala Ólafsdóttir	53	SH	<b>1:58.76</b>	79	55.84	1:02.92
<b>55 - 59 ára</b>							
1.	Sólbjörg Gunnbjörnsdóttir	59	3N	<b>1:29.63</b>	184	43.02	46.61
2.	Erla Björg Garðarsdóttir	59	SH	<b>1:59.19</b>	78	55.88	1:03.31
3.	Guðmunda Magnúsdóttir	61	Breiðablik	<b>2:17.02</b>	51	1:04.53	1:12.49
<b>50 - 54 ára</b>							
1.	Ásta Þóra Ólafsdóttir	63	Stjarnan	<b>1:25.51</b>	212	41.00	44.51
2.	Hrund Baldursdóttir	64	UMFS	<b>1:29.00</b>	188	42.81	46.19
3.	Birna Jóhanna Ólafsdóttir	63	SH	<b>1:32.96</b>	165	44.53	48.43
4.	Þórdís Hrönn Pálsdóttir	66	Breiðablik	<b>1:33.14</b>	164	43.18	49.96
5.	Sigríður Sigurðardóttir	64	Breiðablik	<b>2:04.17</b>	69	56.44	1:07.73
6.	Gerður Árnadóttir	62	SH	<b>2:07.49</b>	64	1:01.36	1:06.13
<b>45 - 49 ára</b>							
1.	Margrét J. Magnúsdóttir	71	Breiðablik	<b>1:24.96</b>	216	41.96	43.00
2.	Anna Helgadóttir	68	Breiðablik	<b>1:28.21</b>	193	41.45	46.76
3.	Halldóra Matthíasdóttir	69	Breiðablik	<b>1:31.76</b>	171	43.64	48.12
4.	Guðrún Björk Geirsdóttir	68	Breiðablik	<b>1:46.02</b>	111	49.62	56.40
<b>40 - 44 ára</b>							
1.	Sigurlín Garðarsdóttir	74	UMFS	<b>1:06.24</b>	456	32.13	34.11
2.	Ágústa Rúnarsdóttir	76	UMFS	<b>1:15.11</b>	313	35.38	39.73
3.	Birna Íris Jónsdóttir	73	Breiðablik	<b>1:21.99</b>	240	39.12	42.87
4.	Hjördís Sigurðardóttir	75	Breiðablik	<b>1:22.16</b>	239	39.23	42.93
5.	Kristín S Harðardóttir	76	SH	<b>1:23.53</b>	227	40.02	43.51
6.	Alexandra Mahlmann	73	SH	<b>1:24.60</b>	219	40.09	44.51
7.	Þórhalla Gunnarsdóttir	72	Breiðablik	<b>1:25.37</b>	213	41.65	43.72
8.	Anna Eidesgaard	74	Havnar	<b>1:28.97</b>	188	39.79	49.18
9.	Margrét Valdimarsdóttir	74	Breiðablik	<b>1:34.91</b>	155	44.53	50.38
10.	Irina Óskarsdóttir	73	Breiðablik	<b>1:35.12</b>	154	44.15	50.97
<b>35 - 39 ára</b>							
1.	Sigurveig Gunnarsdóttir	80	Breiðablik	<b>1:17.68</b>	283	37.20	40.48
2.	Guðrún Brynja Rúnarsdóttir	78	SH	<b>1:28.32</b>	192	40.73	47.59
3.	Sigrún Árnadóttir	77	Breiðablik	<b>1:45.46</b>	113	50.51	54.95

Icelandic Masters Open Championships 2016  
Hafnarfjörður, 29. - 30.4.2016

Sundgrein 31, kvenna, 100m skriðsund

30 - 34 ára

1.	Iðunn Ása Óladóttir	86	Stýrmir	<b>1:21.15</b>	248	39.74	41.41
2.	Katrín Hlíf Sævarsdóttir	86	Breiðablik	<b>2:16.13</b>	52	58.99	1:17.14

25 - 29 ára

1.	Berglind Frøriksdóttir	91	SH	<b>1:12.42</b>	349	34.42	38.00
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Sundgrein 32

30.04.2016 - 17:09

karla, 4 x 50m fjórsund

ALDFL 100 og eldri

Úrslitalistar

Stig: FINA 2015

Sæti						Tími	Stig
ALDFL 280 og eldri							

ÓG. SH 8

SH

*R4 - The team didn't swim in the order as nominated prior the race (SW 10.13)*

Jón Guðmundsson, Kári Kaaber, Óli G H Þórðarson, Þorsteinn Ingimundarsson

ALDFL 240 - 279

1.	Havnar 2			Havnar		<b>2:45.65</b>	163
	Eyðun Húsgarð	62	+0,77	44.10	Jon Hestoy	59	+0,36
	Leivur Dahl Michelsen	56	+0,89	49.21	Eyðun Bærentsen	47	
2.	SH 1			SH		<b>2:56.07</b>	135
	Björn Ásgeir Guðmundsson	56	+0,95	48.48	Guðjón Guðnason	54	+0,68
	Björgvin Björgvinsson	55	+0,71	53.52	Örn Ólafson	56	+0,58

ALDFL 200 - 239

1.	SH 2			SH		<b>2:28.54</b>	226
	Jón Viðar Magnússon	68	+0,75	38.51	Steinn Jóhannsson	68	+0,64
	Kristinn Samsonarson	65	+0,62	43.47	Guðni Guðnason	62	+0,64
2.	Breiðablik 2			Breiðablik		<b>3:08.25</b>	111
	Eypór Rafn Gissurarson	62	+0,84	46.52	Einar Hauksson	58	+0,35
	Fríðrik Guðmundsson	65	+0,79	48.63	Rafn Sigurðsson	58	+0,55
3.	Havnar 1			Havnar		<b>3:32.48</b>	77
	Sámal Olsen	61	+0,82	59.60	Erling Eidesgaard	71	+1,06
	Steinbjörn í Dali	56	+0,95	56.47	Jens Mikkelsen	58	+0,97

ALDFL 160 - 199

1.	SH 4			SH		<b>2:08.39</b>	350
	Heimir Örn Sveinsson	76	+0,75	33.29	Þorsteinn Gíslason	73	+0,48
	Mladen Tepavcevic	76	+0,44	31.95	Árni Þór Árnason	69	+0,41
2.	SH 6			SH		<b>2:09.70</b>	339
	Þórður Ármannsson	76	+0,69	35.17	Albert Þór Kristjánsson	77	+0,52
	Davíð Freyr Þórunnarson	78		35.67	Hálfván Freyr Örnólfsson	73	
3.	Ægir 1			Ægir		<b>2:22.41</b>	256
	Emil Harðarson	90	+0,75	35.72	Hákon Örn Birgisson	76	+0,57
	Remi Spilliaert	58	+0,67	43.64	Geir Sigurður Jonsson	73	+0,53
4.	SH 3			SH		<b>2:33.45</b>	205
	Jóhann Samsonarson	69	+0,80	39.21	Magni Þór Samsonarson	70	+0,54
	Bergþór Jóhannsson	69	+0,51	44.60	Helgi Hinriksson	72	
5.	Breiðablik 3			Breiðablik		<b>2:38.90</b>	184
	Elvar Nielsson	74	+0,85	35.66	Viðar Bragi Þorsteinsson	73	+0,64
	Ragnar Viktor Hilmarsson	77	+0,70	40.54	Ásgeir Elíasson	63	+0,12

Icelandic Masters Open Championships 2016  
Hafnarfjörður, 29. - 30.4.2016

Sundgrein 32, karla, 4 x 50m fjórsund

ALDFL 120 - 159

1.	<b>Breiðablik 1</b>			<b>Breiðablik</b>			<b>2:21.82</b>	259
	Sölvi Rúnar Guðmundsson	85	+0,75	37.55	Arnar Felix Einarsson	81	+0,52	29.00
	Hákon Jónsson	85	+0,48	35.92	Þorgeir Sigurðsson	57	+0,94	39.35
2.	<b>SH 5</b>			<b>SH</b>			<b>3:02.37</b>	122
	Guðmundur Björnson	71	+0,66	56.00	Þórkell Þorkelsson	89	+0,23	52.07
	Jósef Þeyr Sigmundsson	79	+0,62	41.27	Börkur Jónsson	72	+0,67	33.03

ALDFL 100 - 119

1.	<b>SH 7</b>			<b>SH</b>			<b>2:03.20</b>	396
	Ómar Snævar Friðriksson	80	+0,76	30.28	Árni Guðnason	91	+0,54	27.58
	Þórarinn Ólafsson	88	+0,40	35.37	Hlynur Sigurðsson	87	+0,38	29.97

Sundgrein 33  
30.04.2016 - 17:18

kvenna, 4 x 50m fjórsund

ALDFL 100 og eldri  
Úrslitalistar

Stig: FINA 2015

Sæti							Tími	Stig
ALDFL 200 - 239								
1.	<b>SH 1</b>			<b>SH</b>			<b>3:03.79</b>	181
	Ingibjörg Svala Ólafsdóttir	53	+0,91	57.77	Íris Ragnarsdóttir	75	+0,58	39.55
	Birna Jóhanna Ólafsdóttir	63	+0,68	48.96	Alexandra Mahlmann	73	+0,49	37.51
2.	<b>Havnar 3</b>			<b>Havnar</b>			<b>3:27.91</b>	125
	Elin M. Olsen	63	+0,82	1:05.02	Randi Holm	73	+0,69	48.00
	Gunnleyg Durhuus	51	+0,28	57.79	Anna Eidesgaard	74	+0,64	37.10
3.	<b>Breiðablik 4</b>			<b>Breiðablik</b>			<b>4:12.95</b>	69
	Guðmunda Magnúsdóttir	61	+1,25	1:23.18	Þórdís Hrönn Pálsdóttir	66	+0,75	53.95
	Úlfhildur Haraldsdóttir	67		1:02.12	Sigríður Sigurðardóttir	64	+1,01	53.70

ALDFL 160 - 199

1.	<b>Breiðablik 2</b>			<b>Breiðablik</b>			<b>2:45.12</b>	250
	Hjördís Sigurðardóttir	75	+0,82	42.68	María Fanndal Birkisdóttir	75	+0,60	40.24
	Sigurveig Gunnarsdóttir	80	+0,81	46.26	Birna Íris Jónsdóttir	73	+0,61	35.94
2.	<b>UMFS 1</b>			<b>UMFS</b>			<b>2:46.48</b>	244
	Sigurlín Garðarsdóttir	74	+0,86	35.62	Ágústa Rúnarsdóttir	76	+0,65	39.72
	Hrefna Garðarsdóttir	82	+0,67	52.28	Hrund Baldursdóttir	64	+0,64	38.86
3.	<b>Breiðablik 5</b>			<b>Breiðablik</b>			<b>3:21.11</b>	138
	Margrét J. Magnúsdóttir	71	+0,76	45.68	Sigrún Árnadóttir	77	+0,58	58.38
	Halldóra Matthíasdóttir	69		50.37	Guðrún Björk Geirsdóttir	68	+0,65	46.68
4.	<b>Ægir 1</b>			<b>Ægir</b>			<b>3:21.99</b>	136
	Loa Birna Birgisdóttir	72	+0,71	40.92	Þórunn Kristín Guðmundsdóttir	69	+0,79	46.70
	Ragna María Ragnarsdóttir	48		1:13.82	Harpa Hrund Berndsen	81	+1,16	40.55
5.	<b>Breiðablik 3</b>			<b>Breiðablik</b>			<b>4:10.31</b>	71
	Irina Óskarsdóttir	73	+0,94	59.02	Anna Helgadóttir	68	+0,13	47.31
	Lovísa Ólafsdóttir	65	+1,29	1:23.30	Katrín Hlíf Sævarsdóttir	86	+0,69	1:00.68

ALDFL 120 - 159

1.	<b>SH 3</b>			<b>SH</b>			<b>2:44.37</b>	253
	Guðrún Brynja Rúnarsdóttir	78	+0,87	45.61	Erla Arnadóttir	90	+0,41	36.08
	Berglind Frøriksdóttir	91	+0,67	45.27	Kristín S Harðardóttir	76	+0,76	37.41