



Íslandsmet í garpasundi

Karlar						
50m skriðsund						
	Aldur	Nafn	Félag	Tími	Staður	Dagsetning
	25 - 29	Árni Már Árnason	ÍRB	00:23.40	Kópavogur	03.05.14
	30 - 34	Árni Már Árnason	Ægir	00:23.29	Hafnarfjörður	05.05.17
	35 - 39	Georg Leite	SH	00:25.83	Hafnarfjörður	04.05.18
	40 - 44	Ríkarður Ríkarðsson	Ægir	00:25.89	Hafnarfjörður	05.05.17
	45 - 49	Magnús Konráðsson	Breiðablik	00:26.19	Reykjavík	09.10.21
	50 - 54	Ragnar Marteinnsson	UMSK	00:29.09	Hafnarfjörður	06.05.11
	55 - 59	Birgir Gíslason	Breiðablik	00:29.28	Reykjavík	09.10.21
	60 - 64	Ragnar Marteinnsson	Stjarnan	00:31.49	Reykjavík	03.05.19
	65 - 69	Kári Geirlaugsson	ÍA	00:32.93	Hafnarfjörður	29.04.16
	70 - 74	Kári Geirlaugsson	ÍA	00:32.87	Reykjavík	03.05.19
	75 - 79	Trausti Sveinbjörnsson	SH	00:42.56	Reykjavík	18.09.21
	80 - 84	Jón Örn Bogason	Ármann	00:48.72	Vestmannaeyjar	28.04.15
100m skriðsund						
	Aldur	Nafn	Félag	Tími	Staður	Dagsetning
	25 - 29	Ríkarður Ríkarðsson	Ægir	00:53.63	Óðinsvé	?
	30 - 34	Árni Már Árnason	Ægir	00:52.86	Hafnarfjörður	06.05.17
	35 - 39	Ægir Sigurðsson	UMF Selfoss	00:57.01	Hafnarfjörður	13.05.04
	40 - 44	Peter Garajszki	Breiðablik	00:56.72	Reykjavík	19.09.21
	45 - 49	Magnús Konráðsson	Breiðablik	00:57.21	Reykjavík	19.09.21
	50 - 54	Ragnar Marteinnsson	UMSK	01:05.27	Reykjavík	08.05.03

	55 - 59	Birgir Gíslason	Breiðablik	01:05.79	Reykjavík	09.10.21
	60 - 64	Remi Spilliaert	Ægir	01:11.81	Hafnarfjörður	05.05.18
	65 - 69	Kári Geirlaugsson	ÍA	01:15.45	Hafnarfjörður	30.04.16
	70 - 74	Kári Geirlaugsson	ÍA	01:16.12	Reykjavík	03.05.19
	75 - 79	Óli G. H. Þórðarson	SH	01:44.48	Hafnarfjörður	13.05.04
	80 - 84	Jón Örn Bogason	Ármann	01:51.88	Vestmannaeyjar	15.04.28
200m skriðsund	Aldur	Nafn	Félag	Tími	Staður	Dagsetning
	25 - 29	Sigurður Örn Ragnarsson	Ægir	02:02.85	Reykjavík	10.12.16
	30 - 34	Heimir Örn Sveinsson	SH	02:05.68	Kópavogur	02.05.09
	35 - 39	Guðni Guðnason	SH	02:12.05	Reykjavík	06.05.00
	40 - 44	Peter Garajszki	Breiðablik	02:11.33	Reykjavík	08.10.21
	45 - 49	Steinn Jóhannsson	SH	02:23.79	Hafnarfjörður	06.05.17
	50 - 54	Steinn Jóhannsson	SH	02:25.12	Hafnarfjörður	17.03.18
	55 - 59	Birgir Gíslason	Breiðablik	02:29.76	Reykjavík	08.10.21
	60 - 64	Sigmundur Stefánsson	UMF Selfoss	02:44.28	Hafnarfjörður	04.05.13
	65 - 69	Kári Geirlaugsson	ÍA	02:53.09	Hafnarfjörður	30.04.16
	70 - 74	Kári Geirlaugsson	ÍA	02:57.23	Reykjavík	04.05.19
	75 - 79	Óli G. H. Þórðarson	SH	03:56.21	Hafnarfjörður	04.05.13
	80 - 84	Óli G. H. Þórðarson	SH	04:11.56	Hafnarfjörður	30.04.16
400m skriðsund	Aldur	Nafn	Félag	Tími	Staður	Dagsetning
	25 - 29	Sigurður Örn Ragnarsson	Gestur	04:16.83	Hafnarfjörður	30.04.16
	30 - 34	Ómar Snævar Friðriksson	SH	04:23.04	Kópavogur	03.05.14
	35 - 39	Halldór Kristiansen	UBK	04:47.78	Reykjavík	13.11.14
	40 - 44	Halldór Kristiansen	Ármann	04:46.69	Reykjavík	08.05.18
	45 - 49	Steinn Jóhannsson	SH	05:00.77	Kópavogur	03.05.14
	50 - 54	Steinn Jóhannsson	SH	05:09.45	Hafnarfjörður	05.05.18
	55 - 59	Guðni Guðnason	SH	05:34.92	Hafnarfjörður	05.05.17
	60 - 64	Remi Spilliaert	Ægir	06:04.85	Reykjavík	04.05.19
	65 - 69	Kári Geirlaugsson	ÍA	06:07.43	Hafnarfjörður	30.04.16

	70 - 74	Kári Geirlaugsson	ÍA	06:47.62	Reykjavík	08.10.21
	75 - 79	Páll Sigbórsson	Selfoss	08:38.55	Kópavogur	03.05.03
	80 - 84	Ragnar G. Kvaran	UMSK	08:31.80	Hafnarfjörður	03.10.03
800m skriðsund	Aldur	Nafn	Félag	Tími	Staður	Dagsetning
	25 - 29	Sigurður Örn Ragnarsson	Ægir	08:43.09	Reykjavík	03.05.19
	30 - 34	Ómar Snævar Friðriksson	SH	09:08.60	Kópavogur	03.05.14
	35 - 39	Ómar Snævar Friðriksson	SH	09:35.59	Hafnarfjörður	29.04.16
	40 - 44	Halldór Kristiansen	Árman	10.03.68	Reykjavík	08.05.18
	45 - 49	Halldór Kristiansen	UBK	10:01.36	Reykjavík	05.05.11
	50 - 54	Jón Hugi Harðarson	ÍA	10:51.69	Hafnarfjörður	03.05.13
	55 - 59	Guðni Guðnason	SH	11:32.17	Hafnarfjörður	05.05.17
	60 - 64	Sigmundur Stefánsson	UMF Selfoss	12:22.32	Hafnarfjörður	03.05.13
	65 - 69	Kári Geirlaugsson	ÍA	12:26.70	Hafnarfjörður	29.04.16
	70 - 74					
	75 - 79	Páll Sigbórsson	UMF Selfoss	17:05.90	Vestmannaeyjar	28.04.15
	80 - 84	Ragnar G. Kvaran	UMSK	18:04.81	Hafnarfjörður	08.10.04
1500m skriðsund	Aldur	Nafn	Félag	Tími	Staður	Dagsetning
	25 - 29					
	30 - 34	Torben Gregersen	USMK	22:09.62	Hafnarfjörður	08.10.04
	35 - 39	Karl Georg Klein	SH	23:06.94	Hafnarfjörður	08.10.04
	40 - 44	Steinn Jóhannsson	SH	20:39.73	Hafnarfjörður	08.10.04
	45 - 49					
	50 - 54					
	55 - 59					
	60 - 64					
	65 - 69	Sigurbjörn Einarsson	Ægir	27:30.49	Helsinki	25-27 okt 2019
	70 - 74					
	75 - 79					
	80 - 84	Ragnar G. Kvaran	UMSK	33:58.04	Hafnarfjörður	08.10.04

50m baksund	Aldur	Nafn	Félag	Tími	Staður	Dagsetning
	25 - 29	Ágúst Júlíusson	ÍA	00:28.08	Hafnarfjörður	05.05.18
	30 - 34	Stefán R. Ólafsson	UMF Selfoss	00:30.94	Vestmannaeyjar	12.05.05
	35 - 39	Eðvarð Þór Eðvarðsson	ÍRB	00:29.56	Hafnarfjörður	03.10.04
	40 - 44	Logi Jes Kristjánsson	ÍBV	00:29.44	Vestmannaeyjar	12.05.05
	45 - 49	Jón Hugi Harðarson	ÍA	00:34.10	Reykjavík	08.05.03
	50 - 54	Jón Hugi Harðarson	ÍA	00:35.54	Hafnarfjörður	13.05.04
	55 - 59	Pétur Pétursson	Ármann	00:38.86	Hafnarfjörður	08.10.03
	60 - 64	Pétur Pétursson	Ármann	00:41.65	Vestmannaeyjar	15.04.18
	65 - 69	Kári Geirlaugsson	ÍA	00:43.54	Hafnarfjörður	05.05.18
	70 - 74	Kári Geirlaugsson	ÍA	00:44.06	Reykjavík	04.05.19
	75 - 79					
	80 - 84					
100m baksund	Aldur	Nafn	Félag	Tími	Staður	Dagsetning
	25 - 29	Guðmundur Sveinn Hafþórsson	KR	01:02.83	Hafnarfjörður	08.10.03
	30 - 34	Ómar Snævar Friðriksson	SH	01:04.02	Kópavogur	14.05.03
	35 - 39	Eðvarð Þór Eðvarðsson	ÍRB	01:04.00	Hafnarfjörður	03.10.03
	40 - 44	Mladen Tepavcevic	SH	01:08.01	Hafnarfjörður	04.05.18
	45 - 49	Magnús Konráðsson	Breiðablik	01:07.17	Reykjavík	08.10.21
	50 - 54	Jón Hugi Harðarson	ÍA	01:18.47	Kópavogur	14.05.03
	55 - 59	Pétur Pétursson	Ármann	01:26.14	Hafnarfjörður	08.10.03
	60 - 64	Ragnar Marteinnsson	Stjarnan	01:39.81	Hafnarfjörður	06.05.17
	65 - 69	Kári Geirlaugsson	ÍA	01:38.08	Hafnarfjörður	30.04.16
	70 - 74	Kári Kaaber	SH	01:47.57	Reykjavík	08.10.21
	75 - 79					
	80 - 84					
200m baksund	Aldur	Nafn	Félag	Tími	Staður	Dagsetning
	25 - 29					

	30 - 34					
	35 - 39	Hörður Guðmundsson	Ægir	02:46.11	Reykjavík	11.02.18
	40 - 44	Gunnar Þór Gunnarsson	UMF Selfoss	03:28.73	Reykjavík	15.03.14
	45 - 49	Steinn Jóhannsson	SH	02:47.21	Reykjavík	15.03.14
	50 - 54	Steinn Jóhannsson	SH	02:53.16	Reykjavík	09.10.21
	55 - 59	Þorgeir Sigurðsson	Breiðablik	03:37.08	Reykjavík	12.03.10
	60 - 64	Kári Kaaber	SH	03:53.48	Reykjavík	?????
	65 - 69	Kári Kaaber	SH	03:24.96	Reykjavík	15.04.14
	70 - 74	Kári Kaaber	SH	04:06.53	Reykjavík	10/9/2021
	75 - 79					
	80 - 84					
50m bringusund	Aldur	Nafn	Félag	Tími	Staður	Dagsetning
	25 - 29	Árni Már Árnason	ÍRB	00:28.78	Kópavogur	14.05.03
	30 - 34	Arnoddur Erlendsson	ÍBV	00:31.22	Reykjavík	03.05.98
	35 - 39	Arnar Felix Einarsson	Breiðablik	00:31.87	Hafnarfjörður	30.04.16
	40 - 44	Arnar Felix Einarsson	Breiðablik	00:31.16	Reykjavík	09.10.21
	45 - 49	Mladen Tepavcevic	SH	00:31.65	Reykjavík	18.09.21
	50 - 54	Finnbjörn Aðalheiðarson	Ægir	00:35.30	Reykjavík	04.05.19
	55 - 59	Örn Ólafsson	SH	00:38.27	Hafnarfjörður	11.05.07
	60 - 64	Örn Ólafsson	SH	00:38.74	Hafnarfjörður	20.04.16
	65 - 69	Árni Kristjánsson	Ármann	00:41.95	Hafnarfjörður	08.10.04
	70 - 74	Kári Kaaber	SH	00:44.06	Reykjavík	18.09.21
	75 - 79	Trausti Sveinbjörnsson	SH	00:48.49	Reykjavík	18.09.21
	80 - 84	Jón Örn Bogason	Ármann	00:57.57	Vestmannaeyjar	15.04.18
100m bringusund	Aldur	Nafn	Félag	Tími	Staður	Dagsetning
	25 - 29	Hjalti Guðmundsson	SH	01:06.01	Reykjavík	30.04.04
	30 - 34	Gunngeir Friðriksson	KR	01:13.94	Reykjavík	04.05.01
	35 - 39	Arnar Felix Einarsson	Breiðablik	01:10.33	Hafnarfjörður	29.04.16
	40 - 44	Mladen Tepavcevic	SH	01:08.20	Hafnarfjörður	05.05.17

	45 - 49	Finnbjörn Aðalheiðarson	Ægir	01:17.63	Finnland	03.10.14
	50 - 54	Steinn Jóhannsson	SH	01:22.24	Reykjavík	03.05.19
	55 - 59	Kári Kaaber	SH	01:25.22	Reykjavík	20.04.07
	60 - 64	Örn Ólafsson	SH	01:27.38	Hafnarfjörður	29.04.16
	65 - 69	Kári Kaaber	SH	01:32.13	Vestmannaeyjar	28.04.15
	70 - 74	Óli G. H. Þórðarson	SH	01:37.82	Hafnarfjörður	21.04.06
	75 - 79	Óli G. H. Þórðarson	SH	01:56.82	Kópavogur	03.05.14
	80 - 84	Jón Örn Bogason	Ármann	02:15.36	Vestmannaeyjar	28.04.15
200m bringusund	Aldur	Nafn	Félag	Tími	Staður	Dagsetning
	25 - 29	Hjalti Guðmundsson	SH	02:35.22	Siglu fjörður	03.05.03
	30 - 34	Hákon Jónsson	Breiðablik	02:48.35	Vestmannaeyjar	28.04.15
	35 - 39	Steinn Jóhannsson	SH	02:49.07	Hafnarfjörður	19.05.07
	40 - 44	Mladen Tepavcevic	SH	02:38.05	Hafnarfjörður	30.04.16
	45 - 49	Steinn Jóhannsson	SH	02:56.16	Hafnarfjörður	06.05.17
	50 - 54	Steinn Jóhannsson	SH	02:57.97	Reykjavík	04.05.19
	55 - 59	Kári Kaaber	SH	03:12.89	Siglu fjörður	23.04.05
	60 - 64	Kári Kaaber	SH	03:17.66	Hafnarfjörður	16.04.11
	65 - 69	Kári Kaaber	SH	03:24.96	Hafnarfjörður	30.04.16
	70 - 74	Kári Kaaber	SH	03:43.35	Reykjavík	19.09.21
	75 - 79	Ólafur G. H. Þórðarson	SH	??	Vestmannaeyjar	05.05.12
	80 - 84	Ólafur G. H. Þórðarson	SH	05:07.91	Hafnarfjörður	30.04.16
50m flugsund	Aldur	Nafn	Félag	Tími	Staður	Dagsetning
	25 - 29	Ágúst Júlíusson	ÍA	00:25.01	Hafnarfjörður	04.05.18
	30 - 34	Árni Már Árnason	Ægir	00:25.39	Hafnarfjörður	05.05.17
	35 - 39	Ómar Snævar Friðriksson	SH	00:27.96	Hafnarfjörður	05.05.17
	40 - 44	Mladen Tepavcevic	SH	00:27.67	Hafnarfjörður	05.05.17
	45 - 49	Magnús Konráðsson	Breiðablik	00:27.78	Reykjavík	08.10.21
	50 - 54	Jóhann Björnsson	ÍRB	00:31.29	Hafnarfjörður	29.04.16
	55 - 59	Guðni Guðnason	SH	00:32.51	Hafnarfjörður	01.04.17

	60 - 64	Guðjón Guðnason	SH	00:34.68	Kópavogur	03.05.14
	65 - 69	Guðjón Guðnason	SH	00:38.09	Reykjavík	03.05.19
	70 - 74	Guðni Sigurðsson	UMSK	01:17.82	Kópavogur	09.05.01
	75 - 79					
	80 - 84					
100m flugsund	Aldur	Nafn	Félag	Tími	Staður	Dagsetning
	25 - 29	Ágúst Júlíusson	ÍA	00:57.09	Hafnarfjörður	05.05.18
	30 - 34	Hákon Örn Birgisson	Fjölnir	01:05.93	Hafnarfjörður	??
	35 - 39	Ómar Snævar Friðriksson	SH	01:02.71	Hafnarfjörður	06.05.17
	40 - 44	Magnús Konráðsson	SH	01:04.55	Reykjavík	04.05.19
	45 - 49	Magnús Konráðsson	Breiðablik	01:04.30	Reykjavík	09.10.21
	50 - 54	Steinn Jóhannsson	SH	01:14.62	Reykjavík	04.05.19
	55 - 59	Guðni Guðnason	SH	01:19.03	Hafnarfjörður	06.05.17
	60 - 64	Remi Spilliaert	Ægir	01:42.38	Hafnarfjörður	05.05.18
	65 - 69					
	70 - 74	Páll Arnór Pálsson	Breiðablik	02:34.58	Hafnarfjörður	05.05.18
	75 - 79					
	80 - 84					
200m flugsund	Aldur	Nafn	Félag	Tími	Staður	Dagsetning
	25 - 29					
	30 - 34					
	35 - 39					
	40 - 44					
	45 - 49					
	50 - 54					
	55 - 59					
	60 - 64	Remi Spilliaert	Ægir	04:02.76	Helsinki	25.-27.2019
	65 - 69					
	70 - 74					

	75 - 79					
	80 - 84					
100m fjórsund	Aldur	Nafn	Félag	Tími	Staður	Dagsetning
	25 - 29	Hjalti Guðmundsson	SH	01:02.87	Hafnarfjörður	03.10.04
	30 - 34	Árni Már Árnason	Ægir	00:59.04	Hafnarfjörður	06.05.17
	35 - 39	Ómar Snævar Friðriksson	SH	01:04.69	Hafnarfjörður	06.05.17
	40 - 44	Magnús Konráðsson	SH	01:04.13	Reykjavík	04.05.19
	45 - 49	Magnús Konráðsson	SH	01:03.91	Reykjavík	09.10.21
	50 - 54	Steinn Jóhannsson	SH	01:13.81	Hafnarfjörður	17.03.18
	55 - 59	Guðjón Guðnason	SH	01:21.60	Kópavogur	09.05.02
	60 - 64	Guðjón Guðnason	SH	01:22.77	Kópavogur	14.05.03
	65 - 69	Guðjón Guðnason	SH	01:32.50	Reykjavík	04.05.19
	70 - 74	Kári Geirlaugsson	ÍA	01:35.36	Reykjavík	04.05.19
	75 - 79					
	80 - 84					
200m fjórsund	Aldur	Nafn	Félag	Tími	Staður	Dagsetning
	25 - 29	Hákon Jónsson	SH	02:23.39	Hafnarfjörður	03.10.04
	30 - 34	Oddur Örnólfsson	Ægir	02:29.91	Hafnarfjörður	06.05.17
	35 - 39	Ómar Snævar Friðriksson	SH	02:22.91	Hafnarfjörður	30.04.16
	40 - 44	Mladen Tepavcevic	SH	02:30.79	Hafnarfjörður	30.04.16
	45 - 49	Magnús Konráðsson	Breiðablik	02:23.83	Reykjavík	09.10.21
	50 - 54	Steinn Jóhannsson	SH	02:40.25	Reykjavík	04.05.19
	55 - 59	Birgir Gíslason	Breiðablik	02:57.28	Reykjavík	09.10.21
	60 - 64	Remi Spilliaert	Ægir	03:19.85	Hafnarfjörður	05.05.18
	65 - 69	Sigurbjörn Einarsson	Ægir	04:02.01	Reykjavík	18.09.21
	70 - 74					
	75 - 79					
	80 - 84					

400m fjórsund	Aldur	Nafn	Félag	Tími	Staður	Dagsetning
	25 - 29	Heimir Örn Sveinsson	SH	05:24.14	Hafnarfjörður	04.10.08
	30 - 34					
	35 - 39	Hörður Guðmundsson	Ægir	05:40.47	Reykjavík	12.03.10
	40 - 44	Steinn Jóhannsson	SH	05:51.91	Hafnarfjörður	08.10.04
	45 - 49	Steinn Jóhannsson	SH	05:33.47	Asker	14.10.16
	50 - 54	Guðni Guðnason	SH	06:17.24	Reykjavík	12.03.10
	55 - 59	Kári Kaaber	SH	07:39.64	Hafnarfjörður	08.10.04
	60 - 64					
	65 - 69					
	70 - 74					
	75 - 79					
	80 - 84					
4x50m skriðsund	Aldur	Nafn	Félag	Tími	Staður	Dagsetning
	100 - 119	Garpasveit SH	SH	01:43.80	Reykjavík	???
	120 - 159	Garpasveit SH	SH	01:46.34	Reykjavík	08.05.03
	160 - 199	Garpasveit Breiðabliks	Breiðablik	01:46.82	Reykjavík	08.10.21
	200 - 239	A Garpasveit Ægis	Ægir	01:57.65	Hafnarfjörður	13.05.17
	240 - 279	Garpasveit Ægis	Ægir	02:19.41	Hafnarfjörður	04.05.18
	280 +	Garpasveit SH	SH	02:54.65	Hafnarfjörður	29.04.16
4x50m skriðsund blandað	Aldur	Nafn	Félag	Tími	Staður	Dagsetning
	100 - 119					
	120 - 159	Garpasveit Breiðabliks	Breiðablik	02:05.45	Reykjavík	09.10.21
	160 - 199	Garpasveit Breiðabliks 2	Breiðablik	01:47.20	Reykjavík	18.09.21
	200 - 239	Garpasveit SH	SH	02:10.37	Reykjavík	18.09.21
	240 - 279	Garpasveit SH	SH	02:50.02	Reykjavík	09.10.21
	280 +	Garpasveit SH	SH	03:36.07	Reykjavík	18.09.21
4x100m skriðsund blandað	Aldur	Nafn	Félag	Tími	Staður	Dagsetning

	100 - 119					
	120 - 159	Garpasveit SH	SH	01:55.11	Hafnarfjörður	08.10.04
	160 - 199	Garpasveit SH	SH	01:52.12	Hafnarfjörður	29.04.16
	200 - 239	Garpasveit UMSK	UMSK	02:46.61	Hafnarfjörður	08.10.04
	240 - 279	Garpasveit SH	SH	02:40.95	Hafnarfjörður	08.10.04
	280 +					
4x50m fjórsund	Aldur	Nafn	Félag	Tími	Staður	Dagsetning
	100 - 119	Garpasveit SH	SH	01:43.94	Siglu fjörður	03.05.03
	120 - 159	Garpasveit Ægis	Ægir	01:57.33	Hafnarfjörður	06.05.17
	160 - 199	Garpasveit Breiðabliks	Breiðablik	02:06.44	Reykjavík	09.10.21
	200 - 239	B Garpasveit ÍBR	ÍBR	02:15.13	Reykjavík	08.05.19
	240 - 279	D Garpasveit SH	SH	02:12.50	Reykjavík	08.05.19
	280 +	Garpasveit SH	SH	03:24.04	Hafnarfjörður	06.05.17
4x50m fjórsund blandað	Aldur	Nafn	Félag	Tími	Staður	Dagsetning
	100 - 119	Garpasveit Ægis	Ægir	01:58.90	Hafnarfjörður	06.05.17
	120 - 159	Garpasveit ÍBV	ÍBV	02:12.24	Hafnarfjörður	04.10.08
	160 - 199	Garpasveit Breiðabliks	Breiðablik	02:06.14	Reykjavík	19.09.21
	200 - 239	Garpasveit Ægis	Ægir	02:32.82	Helsinki	25.-27 okt 2019
	240 - 279	Garpasveit SH	SH	02:57.73	Reykjavík	09.10.21
	280 +	Garpasveit SH	SH	03:26.22	Reykjavík	19.09.21
4x100m fjórsund blandað	Aldur	Nafn	Félag	Tími	Staður	Dagsetning
	100 - 119					
	120 - 159	Garpasveit Breiðabliks	Breiðablik	06:54.26	Reykjavík	3/9/2012
	160 - 199	Garpasveit Ægis	Ægir	05:34.28	Reykjavík	3/9/2012
	200 - 239					
	240 - 279					
	280 +					