



Íslandsmet í garpasundi

Konur

50m skriðsund

	Aldur	Nafn	Félag	Tími	Staður	Dagsetning
	25 - 29	Elín Sigurðardóttir	SH	00:27.22	Reykjavík	05.05.00
	30 - 34	Pálína Björnsdóttir	Fjölnir	00:30.30	Reykjavík	01.05.05
	35 - 39	Elín Sigurðardóttir	SH	00:29.28	Reykjavík	12.03.10
	40 - 44	Ragnheiður Runólfsdóttir	ÍA	00:29.48	Hafnarfjörður	08.10.03
	45 - 49	Helga Sigurðardóttir	Ægir	00:30.07	Reykjavík	15.03.14
	50 - 54	Elísabet Böðvarsdóttir	UMSK	00:35.34	Reykjavík	07.04.20
	55 - 59	Ásta Þóra Ólafsdóttir	Breiðablik	00:34.44	Reykjavík	09.10.21
	60 - 64	Camilla Rainer Daniels	SH	00:35.46	Hafnarfjörður	??
	65 - 69	Guðmunda Ólöf Jónasdóttir	UMSB	00:43.67	Hafnarfjörður	30.04.16
	70 - 74	Guðmunda Ólöf Jónasdóttir	UMSB	00:45.55	Reykjavík	03.05.19
	75 - 79					
	80 - 84					

100m skriðsund

	Aldur	Nafn	Félag	Tími	Staður	Dagsetning
	25 - 29	Jóhanna Gerða Gústafsdóttir	Ægir	00:59.43	Hafnarfjörður	06.05.17
	30 - 34	Snæfríður Jóhannsdóttir	Styrmir	01:06.85	Reykjavík	09.10.21
	35 - 39	Sigurlín Garðarsdóttir	UMF, Selfoss	01:07.18	Hafnarfjörður	13.05.04
	40 - 44	Sigurlín Garðarsdóttir	UMFS	01:06.24	Hafnarfjörður	30.04.16
	45 - 49	Helga Sigurðardóttir	Ægir	01:07.54	Kópavogur	03.05.14

	50 - 54	Vilborg Sverrisdóttir	SH	01:14.35	Reykjavík	08.05.03
	55 - 59	Ásta Þóra Ólafsdóttir	Breiðablik	01:17.76	Reykjavík	04.05.19
	60 - 64	Vilborg Helga Júlíusdóttir	Ægir	01:30.06	Hafnarfjörður	06.05.17
	65 - 69	Guðmunda Ólöf Jónasdóttir	UMSB	01:40.80	Hafnarfjörður	05.05.18
	70 - 74	Guðmunda Ólöf Jónasdóttir	UMSB	01:40.73	Reykjavík	04.05.19
	75 - 79					
	80 - 84					
200m skriðsund	Aldur	Nafn	Félag	Tími	Staður	Dagsetning
	25 - 29	Lára Hrund Bjargardóttir	UMSK	02:14.13	Reykjavík	07.04.21
	30 - 34	Snæfriður Jóhannsdóttir	Styrmir	02:30.12	Reykjavík	08.10.21
	35 - 39	Sigríður Lára Guðmundsdóttir	UMSK	02:37.94	Hafnarfjörður	11.05.07
	40 - 44	Helga Sigurðardóttir	Ægir	02:30.74	Hafnarfjörður	11.05.07
	45 - 49	Helga Sigurðardóttir	Ægir	02:29.06	Kópavogur	03.05.14
	50 - 54	Sarah Buckley	Fjölnir	02:58.24	Hafnarfjörður	05.05.17
	55 - 59	Sarah Buckley	Fjölnir	02:56.69	Reykjavík	08.10.21
	60 - 64	Sólborg Gunnbjörnsdóttir	3N	03:29.73	Reykjavík	04.05.19
	65 - 69	Guðmunda Ólöf Jónasdóttir	UMSB	03:34.79	Hafnarfjörður	30.04.16
	70 - 74	Guðmunda Ólöf Jónasdóttir	UMSB	03:47.33	Reykjavík	08.10.21
	75 - 79					
	80 - 84					
400m skriðsund						
	Aldur	Nafn	Félag	Tími	Staður	Dagsetning
	25 - 29	Þórunn Kristín Guðmundsdóttir	Ægir	05:17.18	Sandefjörð	22.04.95
	30 - 34	Hildur Sigurðardóttir	Ægir	05:25.10	Hafnarfjörður	07.05.11
	35 - 39	Guðlaug Þóra Marinósdóttir	Ægir	05:19.22	Reykjavík	15.03.14
	40 - 44	Helga Sigurðardóttir	Ægir	05:24.99	Hafnarfjörður	07.05.11
	45 - 49	Helga Sigurðardóttir	Ægir	05:20.09	Kópavogur	03.05.14
	50 - 54	Guðrún Fema Ágústsdóttir	Ægir	06:00.91	Reykjavík	05.05.17
	55 - 59	Ásta Þóra Ólafsdóttir	Breiðablik	06:21.93	Hafnarfjörður	05.05.18

	60 - 64	Guðmunda Ólöf Jónasdóttir	UMSB	07:43.58	Vestmannaeyjar	05.05.12
	65 - 69	Guðmunda Ólöf Jónasdóttir	UMSB	07:19.91	Hafnarfjörður	30.04.16
	70 - 74	Guðmunda Ólöf Jónasdóttir	UMSB	07:48.11	Reykjavík	08.10.21
	75 - 79					
	80 - 84					
800m skriðsund						
	Aldur	Nafn	Félag	Tími	Staður	Dagsetning
	25 - 29	Amanda Ágústsdóttir	Breiðablik	10:27.24	Hafnarfjörður	04.05.18
	30 - 34	Hildur Sigurðardóttir	Ægir	11:21.32	Hafnarfjörður	11.05.06
	35 - 39	Guðlaug Þóra Marinósdóttir	Ægir	11:08.42	Kópavogur	14.05.03
	40 - 44	Helga Sigurðardóttir	Ægir	11:27.73	Hafnarfjörður	11.05.06
	45 - 49	Helga Sigurðardóttir	Ægir	11:05.38	Kópavogur	03.05.14
	50 - 54	Elisabet Böðvarsdóttir	UMSK	12:46.26	Reykjavík	07.04.20
	55 - 59	Sarah Buckley	Fjölnir	12:50.51	Reykjavík	09.10.21
	60 - 64	Ingibjörg Svala Ólafsdóttir	SH	16:25.25	Hafnarfjörður	13.05.03
	65 - 69	Guðmunda Ólöf Jónasdóttir	UMSB	15:37.89	Hafnarfjörður	05.05.17
	70 - 74	Guðmunda Ólöf Jónasdóttir	UMSB	15:57.94	Reykjavík	18.09.21
	75 - 79					
	80 - 84					
1500m skriðsund						
	Aldur	Nafn	Félag	Tími	Staður	Dagsetning
	25 - 29					
	30 - 34					
	35 - 39					
	40 - 44					
	45 - 49					
	50 - 54					
	55 - 59					
	60 - 64					

	65 - 69	Guðmunda Ólöf Jónasdóttir	UMSB	31:44.29	Færeyjar	02.10.15
	70 - 74					
	75 - 79					
	80 - 84					
50m baksund						
	Aldur	Nafn	Félag	Tími	Staður	Dagsetning
	25 - 29	Ingibjörg Kristín Jónsdóttir	SH	00:29.09	Hafnarfjörður	05.05.18
	30 - 34	Ragnheiður Runólfsdóttir	Keflavík	00:33.55	Reykjavík	04.05.97
	35 - 39	Elín Sigurðardóttir	SH	00:34.69	Hafnarfjörður	04.10.08
	40 - 44	Ragnheiður Runólfsdóttir	ÍA	00:34.13	Kópavogur	02.05.09
	45 - 49	Helga Sigurðardóttir	Ægir	00:37.90	Kópavogur	03.05.14
	50 - 54	Elín Viðarsdóttir	Fjölnir	00:41.33	Hafnarfjörður	05.05.18
	55 - 59	Elín Viðarsdóttir	Fjölnir	00:42.83	Reykjavík	09.10.21
	60 - 64	Sigríður Lovísa Sigurðardóttir	Ármann	00:49.45	Vestmannaeyjar	28.04.15
	65 - 69	Guðmunda Ólöf Jónsdóttir	UMSB	00:54.44	Vestmannaeyjar	28.04.18
	70 - 74	Guðmunda Ólöf Jónsdóttir	UMSB	00:57.32	Reykjavík	09.10.21
	75 - 79					
	80 - 84	Rannveig Pálmadóttir	Ægir	02:03.34	Hafnarfjörður	06.05.17
100m baksund						
	Aldur	Nafn	Félag	Tími	Staður	Dagsetning
	25 - 29	Jóhanna Gerða Gústafsdóttir	Ægir	01:06.94	Hafnarfjörður	06.05.17
	30 - 34	Berglind Júlía Valdimarsdóttir	Fjölnir	01:22.00	Bollnas	18.10.07
	35 - 39	Elín Sigurðardóttir	SH	01:19.57	Vestmannaeyjar	05.05.12
	40 - 44	Ragnheiður Runólfsdóttir	ÍA	01:14.54	Hafnarfjörður	03.10.08
	45 - 49	Elín Viðarsdóttir	Fjölnir	01:25.25	Siglu fjörður	01.05.10
	50 - 54	Elín Viðarsdóttir	Fjölnir	01:27.71	Hafnarfjörður	05.05.17
	55 - 59	Elín Viðarsdóttir	Fjölnir	01:31.80	Reykjavík	08.10.21
	60 - 64	Sigríður Lovísa Sigurðardóttir	Ármann	01:50.62	Vestmannaeyjar	28.04.15
	65 - 69	Guðmunda Ólöf Jónasdóttir	UMSB	01:59.18	Hafnarfjörður	06.05.17

	70 - 74	Guðmunda Ólöf Jónasdóttir	UMSB	02:03.73	Helsinki	25.-29 okt 2019
	75 - 79					
	80 - 84					
200m baksund						
	Aldur	Nafn	Félag	Tími	Staður	Dagsetning
	25 - 29	Sunna Björg Helgadóttir	SH	02:51.20	Reykjavík	10.03.12
	30 - 34	Berglind Júlía Valdimarsdóttir	Fjölnir	02:59.48	Bollnas	19.10.07
	35 - 39	Elín Sigurðardóttir	SH	02:55.52	Reykjavík	10.03.12
	40 - 44	Lóa Birna Birgisdóttir	Ægir	03:09.88	Reykjavík	10.03.12
	45 - 49	Karen Malmquist	Óðinn	03:15.19	Bollnas	19.10.07
	50 - 54	Margrét J. Magnúsdóttir	Breiðablik	03:37.62	Reykjavík	09.10.21
	55 - 59	Elín Viðarsdóttir	Fjölnir	03:21.12	Reykjavík	09.10.21
	60 - 64					
	65 - 69	Guðmunda Ólöf Jónasdóttir	UMSB	04:23.57	Færeyjar	02.10.15
	70 - 74	Guðmunda Ólöf Jónasdóttir	UMSB	04:27.79	Helsinki	25-27 okt 2019
	75 - 79					
	80 - 84					
50m bringusund						
	Aldur	Nafn	Félag	Tími	Staður	Dagsetning
	25 - 29	Hrafnhildur Lúthersdóttir	SH	00:31.88	Hafnarfjörður	05.05.18
	30 - 34	Ragnheiður Runólfsdóttir	Óðinn	00:35.96	Reykjavík	04.05.96
	35 - 39	Hafdís Erla Hafsteinsdóttir	Styrmir	00:38.01	Reykjavík	09.10.21
	40 - 44	Ragnheiður Runólfsdóttir	ÍA	00:35.13	Bollnas	07.10.18
	45 - 49	Guðrún Pálsdóttir	KS	00:42.72	Siglu fjörður	03.05.03
	50 - 54	Elisabet Bøðvarsdóttir	UMSK	00:44.10	Reykjavík	07.04.21
	55 - 59	Sarah Buckley	Fjölnir	00:46.66	Reykjavík	09.10.21
	60 - 64	Guðrún Magnúsdóttir	Ægir	00:45.95	Hafnarfjörður	06.05.17
	65 - 69	Björg H. Kristófersdóttir	UMSB	00:51.49	Reykjavík	04.05.19
	70 - 74	Sigurbjörg Sigurpálsdóttir	Fjölnir	00:56.41	Hafnarfjörður	17.03.18

	75 - 79					
	80 - 84					
100m bringusund						
	Aldur	Nafn	Félag	Tími	Staður	Dagsetning
	25 - 29	Jóhanna Gerða Gústafsdóttir	Ægir	01:12.92	Hafnarfjörður	06.05.17
	30 - 34	Ragnheiður Runólfsdóttir	Óðinn	01:17.30	Reykjavík	04.05.96
	35 - 39	Hafdís Erla Hafsteinsdóttir	Styrmir	01:23.75	Reykjavík	08.10.21
	40 - 44	Ragnheiður Runólfsdóttir	ÍA	01:17.88	Bollnas	07.10.18
	45 - 49	Elísabet Böðvarsdóttir	UMSK	01:32.18	Hafnarfjörður	06.04.21
	50 - 54	Elísabet Böðvarsdóttir	UMSK	01:32.96	Reykjavík	08.05.02
	55 - 59	Ásta Þóra Ólafsdóttir	Breiðablik	01:41.75	Helsinki	25 - 27 okt 2019
	60 - 64	Helga Gunnarsdóttir	Ægir	01:52.36	Hafnarfjörður	05.05.17
	65 - 69	Björg H. Kristófersdóttir	UMSB	01:56.53	Reykjavík	03.05.19
	70 - 74	Sigurbjörg Sigurpáldóttir	Fjölnir	02:11.62	Hafnarfjörður	17.03.18
	75 - 79					
	80 - 84					
200m bringusund						
	Aldur	Nafn	Félag	Tími	Staður	Dagsetning
	25 - 29	Hrafnhildur Lúthersdóttir	SH	02:37.84	Hafnarfjörður	05.05.18
	30 - 34	Jóna Dögg Sveinbjörnsdóttir	Breiðablik	03:12.53	Siglu fjörður	10.05.01
	35 - 39	Sigríður Lára Guðmundsdóttir	UMSK	03:07.44	Hafnarfjörður	11.05.07
	40 - 44	Bryndís Ernstdóttir	Ægir	03:22.43	Reykjavík	12.03.10
	45 - 49	Birna Jóhanna Ólafsdóttir	SH	03:22.53	Kópavogur	09.05.02
	50 - 54	Guðrún Fema Ágústsdóttir	Ægir	03:25.61	Hafnarfjörður	06.05.17
	55 - 59	Birna Jóhanna Ólafsdóttir	SH	03:41.03	Reykjavík	04.05.19
	60 - 64	Guðmunda Ólöf Jónasdóttir	UMSB	04:20.57	Hafnarfjörður	13.05.04
	65 - 69	Björg H. Kristófersdóttir	UMSB	04:27.77	Reykjavík	19.09.21
	70 - 74	Ragna María Ragnarsdóttir	Ægir	06:15.25	Helsinki	25. -27 okt 2019
	75 - 79					

	80 - 84					
50m flugsund						
	Aldur	Nafn	Félag	Tími	Staður	Dagsetning
	25 - 29	Jóhanna Gerða Gústafsdóttir	Ægir	00:28.77	Hafnarfjörður	06.05.17
	30 - 34	Kristín L. Steinadóttir	SH	00:34.84	Hafnarfjörður	11.05.06
	35 - 39	Elín Sigurðardóttir	SH	00:32.51	Reykjavík	12.03.10
	40 - 44	Sigurlín Garðarsdóttir	Selfoss	00:33.58	Hafnarfjörður	29.04.16
	45 - 49	Sigurlín Garðarsdóttir	Selfoss	00:35.32	Reykjavík	08.10.21
	50 - 54	Kristgerður Garðarsdóttir	Selfoss	00:38.63	Reykjavík	08.10.21
	55 - 59	Elín Viðarsdóttir	Fjölnir	00:40.01	Reykjavík	08.10.21
	60 - 64	Vilborg Helga Júlíusdóttir	Ægir	00:49.26	Hafnarfjörður	05.05.17
	65 - 69					
	70 - 74					
	75 - 79					
	80 - 84					
100m flugsund						
	Aldur	Nafn	Félag	Tími	Staður	Dagsetning
	25 - 29	Jóhanna Gerða Gústafsdóttir	Ægir	01:07.71	Hafnarfjörður	06.05.17
	30 - 34	Berglind Júlía Valdimarsdóttir	Fjölnir	01:20.25	Hafnarfjörður	08.10.04
	35 - 39	Elín Sigurðardóttir	SH	??	Vestmannaeyjar	12.05.05
	40 - 44	Arna Þórey Sveinbjörnsdóttir	Ægir	01:18.67	Hafnarfjörður	06.05.17
	45 - 49	Elín Viðarsdóttir	Fjölnir	01:25.05	Hafnarfjörður	11.05.07
	50 - 54	Elisabet Böðvarsdóttir	UMSK	01:39.38	Reykjavík	07.04.21
	55 - 59	Elín Björk Unnarsdóttir	Rán	01:36.59	Hafnarfjörður	05.05.18
	60 - 64					
	65 - 69					
	70 - 74					
	75 - 79					
	80 - 84					

200m flugsund						
	Aldur	Nafn	Félag	Tími	Staður	Dagsetning
	25 - 29					
	30 - 34	Berglind Valdimarsdóttir	Fjölnir	03:02.21	Hafnarfjörður	08.10.03
	35 - 39	María Valdimarsdóttir	Snæfell	03:13.60	Hafnarfjörður	08.10.03
	40 - 44					
	45 - 49					
	50 - 54					
	55 - 59					
	60 - 64					
	65 - 69					
	70 - 74					
	75 - 79					
	80 - 84					
100m fjórsund						
	Aldur	Nafn	Félag	Tími	Staður	Dagsetning
	25 - 29	Hrafnhildur Lúthersdóttir	SH	01:04.10	Hafnarfjörður	05.05.18
	30 - 34	Ragnheiður Runólfsdóttir	Óðinn	01:11.11	Reykjavík	04.05.96
	35 - 39	Hafdís Erla Hafsteinsdóttir	Stýrmir	01:15.24	Reykjavík	09.10.21
	40 - 44	Ragnheiður Runólfsdóttir	ÍA	01:11.97	Bollnas	07.10.18
	45 - 49	Sigurlín Garðarsdóttir	Selfoss	01:20.41	Reykjavík	09.10.21
	50 - 54	Vilborg Sverrisdóttir	SH	01:25.82	Reykjavík	08.05.03
	55 - 59	Ásta Þóra Ólafsdóttir	Breiðablik	01:31.46	Reykjavík	04.05.19
	60 - 64	Vilborg Helga Júlíusdóttir	Ægir	01:43.95	Hafnarfjörður	06.05.17
	65 - 69	Guðmunda Ólöf Jónasdóttir	UMSB	01:57.47	Hafnarfjörður	05.05.18
	70 - 74	Guðmunda Ólöf Jónasdóttir	UMSB	02:06.48	Reykjavík	18.09.21
	75 - 79					
	80 - 84					

200m fjórsund						
	Aldur	Nafn	Félag	Tími	Staður	Dagsetning
	25 - 29	Jóhanna Gerða Gústafsdóttir	Ægir	02:29.14	Hafnarfjörður	06.05.17
	30 - 34	Snæfríður Jóhannsdóttir	Styrmir	02:52.51	Reykjavík	09.10.21
	35 - 39	Hafdís Erla Hafsteinsdóttir	Styrmir	02:44.16	Reykjavík	09.10.21
	40 - 44	Sigurlín Garðarsdóttir	UMF. Selfoss	02:50.67	Reykjavík	15.03.14
	45 - 49	Elín Viðarsdóttir	Fjölnir	03:04.60	Siglu fjörður	10.05.01
	50 - 54	Elín Viðarsdóttir	Fjölnir	03:15.02	Hafnarfjörður	05.05.18
	55 - 59	Elín Viðarsdóttir	Fjölnir	03:19.23	Reykjavík	09.10.21
	60 - 64					
	65 - 69					
	70 - 74					
	75 - 79					
	80 - 84					
400m fjórsund						
	Aldur	Nafn	Félag	Tími	Staður	Dagsetning
	25 - 29					
	30 - 34					
	35 - 39					
	40 - 44					
	45 - 49	Margrét Jóhanna Magnúsdóttir	Breiðablik	07:14.38	Malmö	13.10.18
	50 - 54	Elísabet Böðvarsdóttir	UMSK	07:27.43	Hafnarfjörður	08.10.04
	55 - 59					
	60 - 64					
	65 - 69					
	70 - 74					
	75 - 79					
	80 - 84					
4x50m skriðsund	Aldur	Nafn	Félag	Tími	Staður	Dagsetning

	100 - 119	Garpasveit SH	SH	02:11.18	Hafnarfjörður	06.05.11
	120 - 159	A-sveit Ægis	Ægir	02:04.09	Kópavogur	14.05.03
	160 - 199	Garpasveit Ægis 3	Ægir	02:09.71	Hafnarfjörður	06.05.17
	200 - 239	Garpasveit Breiðabliks	Breiðablik	02:23.76	Reykjavík	08.10.21
	240 - 279	A-Garpasveit SH	SH	02:44.35	Hafnarfjörður	13.05.03
4x50m fjórsund						
	Aldur	Nafn	Félag	Tími	Staður	Dagsetning
	100 - 119	Sveit SH	SH	02:08.89	Hafnarfjörður	05.05.17
	120 - 159	A-Garpasveit ÍA	ÍA	02:29.96	Hafnarfjörður	08.10.04
	160 - 199	A-Garpasveit Ægis	Ægir	02:30.02	Hafnarfjörður	06.05.17
	200 - 239	Sveit Breiðabliks	Breiðablik	02:41.03	Helsinki	25.-27.2019
	240 - 279	Sveit Breiðabliks	Breiðablik	03:32.33	Reykjavík	04.05.19