

11. Ásvallamót 2018  
Hafnarfjörður, 7. - 8.4.2018

1 - 1. hluti

7.4.2018 - 10:00

Sundgrein 1 7.4.2018 - 10:00	karla, 50m skriðsund				Opinn Úrslitalistar
Íslandsmet	22.53	Árni Már Arnason	ÍRB	Canet (FRA)	6.6.2012
Mótsmet	23.15	Árni Már Arnason	ISL		1.6.2008
Aldursflokkamet 15 - 17	23.29	Örn Arnason	SH	Hafnarfjörður	30.12.1998
Aldursflokkamet 13 - 14	26.28	Kristinn Þórarinsson	Fjölnir	Reykjavík	23.12.2010
Aldursflokkamet 11 - 12	29.95	Brynjólfur Óli Karlsson	Breiðablik	Hafnarfjörður	1.3.2013

EM50 16 +: 23.26 / YOG B-standard 15 - 18: 24.38 / EMU 17 - 18: 23.69; 15 - 16: 23.92 / NÆM 14 - 16: 25.12 / ÍM50 : 28.12

Stig: FINA 2016

Sæti	Aldur		Tími	Stig	
1.	23	SH	<b>23.22</b>	730	EM
2.	23	SH	<b>23.76</b>	681	ÍM
3.	22	Ægir	<b>24.57</b>	616	ÍM
4.	20	Breiðablik	<b>25.13</b>	576	ÍM
5.	18	Ægir	<b>25.67</b>	540	ÍM
6.	19	SH	<b>25.91</b>	525	ÍM
7.	18	Ægir	<b>26.25</b>	505	ÍM
8.	23	ÍA	<b>26.61</b>	485	ÍM
9.	17	KR	<b>26.63</b>	484	ÍM
10.	21	ÍA	<b>26.98</b>	465	ÍM
11.	18	Óðinn	<b>27.01</b>	463	ÍM
12.	19	Rán	<b>27.24</b>	452	ÍM
13.	14	SH	<b>27.61</b>	434	ÍM
14.	18	Óðinn	<b>27.66</b>	432	ÍM
15.	15	KR	<b>27.74</b>	428	ÍM
16.	18	Óðinn	<b>27.92</b>	420	ÍM
17.	16	Ægir	<b>28.05</b>	414	ÍM
18.	14	FJÖL	<b>28.26</b>	405	
19.	18	Óðinn	<b>28.30</b>	403	
20.	14	Ægir	<b>28.45</b>	397	
21.	15	ÍRB	<b>28.69</b>	387	
22.	16	ÍA	<b>28.71</b>	386	
23.	16	Ármann	<b>28.73</b>	385	
24.	15	Breiðablik	<b>29.82</b>	344	
25.	14	Ægir	<b>29.88</b>	342	
26.	13	Breiðablik	<b>30.31</b>	328	
27.	12	Ármann	<b>30.33</b>	327	
28.	13	ÍA	<b>30.58</b>	319	
29.	26	Fjörður	<b>30.66</b>	317	
30.	16	Ægir	<b>31.21</b>	300	
31.	18	Óðinn	<b>31.26</b>	299	
32.	15	Nes	<b>31.29</b>	298	
33.	14	Breiðablik	<b>31.36</b>	296	
34.	16	UMFA	<b>31.51</b>	292	
35.	14	Breiðablik	<b>32.24</b>	272	
36.	14	FJÖL	<b>32.68</b>	261	
37.	14	Óðinn	<b>32.83</b>	258	
38.	16	Ægir	<b>33.94</b>	233	
39.	13	Ægir	<b>34.01</b>	232	
40.	14	ÍA	<b>34.64</b>	219	
41.	31	Fjörður	<b>35.67</b>	201	*
42.	15	Óðinn	<b>38.03</b>	166	*



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Sundgrein 1, karla, 50m skriðsund, Opinn

Sæti	Aldur	Tími	Stig
43. Breki Arnarsson S7	22 Óðinn	<b>40.32</b>	139 *
ÓG. Ingólfur Bjarnason S10	18 Nes		
<i>4.4 - Keppandi startar áður en rásmerki er gefið (þjófstart)</i>			
ÓG. Alex Benjamín Bjarnason	14 ÍA		
<i>4.4 - Keppandi startar áður en rásmerki er gefið (þjófstart)</i>			
ÓG. Bjarki B Isaksen	12 Breiðablik		
<i>4.4 - Keppandi startar áður en rásmerki er gefið (þjófstart)</i>			
ÓG. Örn Kató Arnarsson	13 Óðinn		*
<i>4.4 - Keppandi startar áður en rásmerki er gefið (þjófstart)</i>			

Sundgrein 2  
7.4.2018 - 10:09

kvenna, 50m skriðsund

Opinn  
Úrslitalistar

Íslandsmet	25.24	Sarah Blake Bateman	Ægir	Indianapolis (USA)	30.3.2012
Mótsmet	26.19	Ragnheiður Ragnarsdóttir	ISL		1.4.2012
Aldursflokkamet 15 - 17	26.60	Ingibjörg Kristín Jónsdóttir	SH	Reykjavík	21.3.2010
Aldursflokkamet 13 - 14	26.84	Kolbrún Ýr Kristjánsdóttir	ÍA	Örebro (DEN)	29.11.1997
Aldursflokkamet 11 - 12	29.56	Rannveig Rögn Leifsdóttir	KR	Reykjavík	21.3.2009

EM50 16 +: 26.06 / YOG B-standard 15 - 18: 27.39 / EMU 16 - 17: 26.76; 14 - 15: 27.02 / NÆM 13 - 15: 28.37 / ÍM50 : 30.84

Stig: FINA 2016

Sæti	Aldur	Tími	Stig
1. Jóhanna Elín Guðmundsdóttir	17 SH	<b>27.48</b>	643 ÍM
2. Ragnheiður Ragnarsdóttir	34 KR	<b>27.70</b>	628 ÍM
3. Ásta Kristín Jónsdóttir	18 Ármann	<b>28.92</b>	552 ÍM
4. Fanney Lind Jóhannsdóttir	16 Ægir	<b>29.46</b>	522 ÍM
5. Brynhildur Traustadóttir	17 ÍA	<b>29.58</b>	516 ÍM
6. Ásgerður Jing Laufeyjardóttir	16 ÍA	<b>29.62</b>	514 ÍM
7. Stefanía Sigurþórsdóttir	17 ÍRB	<b>29.72</b>	509 ÍM
8. Birna Hilmarsdóttir	16 ÍRB	<b>30.30</b>	480 ÍM
9. Eydís Ósk Kolbeinsdóttir	18 ÍRB	<b>30.38</b>	476 ÍM
10. Una Hlynsdóttir	16 SH	<b>30.48</b>	471 ÍM
11. Þorgerður Ósk Jónsdóttir	15 SH	<b>30.50</b>	470 ÍM
12. Ragnheiður Karen Ólafsdóttir	14 ÍA	<b>30.55</b>	468 ÍM
13. Birta Rún Smáradóttir	14 UMFA	<b>30.83</b>	456 ÍM
14. Þura Snorradóttir	15 Óðinn	<b>30.87</b>	454
15. Ngozi Jóhanna Eze	15 ÍA	<b>30.93</b>	451
16. Elín Kata Sigurgeirsdóttir	19 Óðinn	<b>30.97</b>	449
17. Herdís Viggósdóttir	14 KR	<b>31.01</b>	448
18. Rebekka Sif Ómarsdóttir	15 Óðinn	<b>31.03</b>	447
19. Aþena Arnarsdóttir	15 Óðinn	<b>31.12</b>	443
20. Kristín Ylfa Guðmundsdóttir	16 SH	<b>31.28</b>	436
21. Ingibjörg Erla Garðarsdóttir	18 Ægir	<b>31.42</b>	430
22. Katrín Eva Jóhannesdóttir	17 Óðinn	<b>31.53</b>	426
23. Gunnhildur Björg Baldursdóttir	18 ÍRB	<b>31.72</b>	418
24. Svanhildur M. Valdimarsdóttir	15 Óðinn	<b>31.77</b>	416
25. Eyrún Sigþórsdóttir	17 ÍA	<b>31.78</b>	416
26. Una Margrét Reynisdóttir	16 KR	<b>31.79</b>	415
27. Guðbjörg Bjartey Guðmundsdóttir	13 ÍA	<b>31.90</b>	411
28. Sigurjóna Ragnheiðardóttir	15 Óðinn	<b>31.91</b>	411
Ágústa Bergrós Jakobsdóttir	16 Ármann	<b>31.91</b>	411
30. Hafdís Eva Pálsdóttir	14 ÍRB	<b>31.94</b>	410



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Sundgrein 2, kvenna, 50m skriðsund, Opinn

Sæti	Aldur	Tími	Stig
31. Eydís Vala Júlíusdóttir	13 Ægir	<b>31.98</b>	408
32. Arianna Steinarsdóttir	15 Ármann	<b>32.01</b>	407
33. Sara Rut Sigurðardóttir	15 SH	<b>32.17</b>	401
34. Freyja Birkisdóttir	12 Breiðablik	<b>32.35</b>	394
35. Dagbjört Lilja Danielsdóttir	14 VÖLS	<b>32.39</b>	393
36. Þórunn Kolbrún Árnadóttir	16 ÍRB	<b>32.55</b>	387
37. Kolbrún Jónsdóttir	15 UMFA	<b>32.57</b>	386
38. Íris Edda Garðarsdóttir	15 Ægir	<b>32.78</b>	379
39. Heiður Kristín Sigurgeirsdóttir	17 Ármann	<b>32.91</b>	374
40. Eyrún Anna Jóhannesdóttir	12 FJÖL	<b>33.19</b>	365
41. Erna Þórarinsdóttir	14 ÍA	<b>33.35</b>	360
42. Aníta Hrafnisdóttir S14	24 Fjörður	<b>33.54</b>	354
43. Birgitta Ingólfssdóttir	13 FJÖL	<b>33.64</b>	351
44. Guðný Birna Falsdóttir	15 ÍRB	<b>33.96</b>	341
45. Lára Jakobína Gunnarsdóttir	15 ÍA	<b>34.08</b>	337
46. Vígdís Tinna Hákonardóttir	12 Breiðablik	<b>34.10</b>	337
47. Karen Ásta Edwardsdóttir	13 Óðinn	<b>34.15</b>	335
48. Ziza Alomerovik	11 Ármann	<b>34.81</b>	316
49. Emma Kolbrún Garðarsdóttir	14 Ægir	<b>35.28</b>	304 *
50. Agnes Fjóra Flosadóttir	16 Rán	<b>35.29</b>	304 *
51. Auður Halla Rögnvaldsdóttir	15 KR	<b>35.53</b>	297 *
52. Hjördís Kjartansdóttir	13 Ægir	<b>36.70</b>	270 *
53. Iðunn María Gunnarsdóttir	14 Ármann	<b>37.83</b>	246 *
54. Sigríður Aníta Rögnvaldsdóttir S14	17 Fjörður	<b>38.42</b>	235 *
55. Sandra Rut Fannarsdóttir	12 Óðinn	<b>40.46</b>	201 *
56. Þórunn María Hilmarsdóttir	13 Breiðablik	<b>40.54</b>	200 *
57. Anna Þrastardóttir S14	14 Fjörður	<b>44.90</b>	147 *

Sundgrein 3

karla, 200m baksund

Opinn  
Úrslitalistar

7.4.2018 - 10:19

Íslandsmet	1:58.35	Örn Arnason	SH	Fukuoka (JPN)	27.7.2001
Mótsmet	2:09.13	Kristinn Þórarinsson	ISL		1.4.2014
Aldursflokkamet 15 - 17	2:01.27	Örn Arnason	SH	Antwerpen (BEL)	31.7.1998
Aldursflokkamet 13 - 14	2:14.65	Brynjólfur Óli Karlsson	Breiðablik	Reykjavík	10.4.2015
Aldursflokkamet 11 - 12	2:25.77	Brynjólfur Óli Karlsson	Breiðablik	Reykjanesbæ	14.12.2013

EM50 16 +: 2:02.70 / YOG B-standard 15 - 18: 2:09.89 / EMU 17 - 18: 2:07.93; 15 - 16: 2:09.19 / NÆM 14 - 16: 2:15.65 /  
ÍM50 : 2:31.44

Stig: FINA 2016

Sæti	Aldur	Tími	Stig	50m	100m	150m	200m		
Opinn									
1. Brynjólfur Óli Karlsson	17	Breiðablik	<b>2:14.88</b>	571	ÍM	30.95	34.81	34.63	34.49
2. Júlíus Karl Maier	16	SH	<b>2:30.67</b>	409	ÍM	36.29	38.80	39.15	36.43
3. Veigar Hrafn Sigþórsson	13	SH	<b>2:31.34</b>	404	ÍM	35.84	38.58	39.44	37.48
4. Flosi Ómarsson	15	ÍRB	<b>2:31.87</b>	400		34.62	39.06	39.63	38.56
5. Símon Elías Statkevicius	15	SH	<b>2:32.12</b>	398		35.59	38.40	40.10	38.03
6. Skúli Thor Ásgeirsson	16	Ægir	<b>2:32.39</b>	396		35.14	38.36	39.63	39.26
7. Fannar Snævar Hauksson	14	ÍRB	<b>2:32.78</b>	393		34.89	38.51	40.43	38.95
8. Kári Steinn Kjartansson	15	Ægir	<b>2:36.48</b>	365		36.74	39.96	40.67	39.11
9. Edward Jensen	14	SH	<b>2:43.91</b>	318		37.74	42.01	43.00	41.16
10. Kristján Magnússon	13	ÍA	<b>2:49.74</b>	286		38.83	43.40	45.57	41.94
11. Andri Stefánsson	14	SH	<b>2:53.08</b>	270		40.56	44.48	44.58	43.46



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Sundgrein 3, karla, 200m baksund, Opinn

Sæti	Aldur		Tími	Stig	50m	100m	150m	200m
12.	Bergur Fáfniir Bjarnason	12 SH	<b>2:53.14</b>	270	40.96	43.66	45.39	43.13
13.	Erik Víkar Díez	14 Ægir	<b>2:53.60</b>	267	39.81	43.51	45.99	44.29
14.	Víktor Emil Sigtryggsson	18 Óðinn	<b>2:56.47</b>	255	40.04	43.45	46.52	46.46
15.	Bjarki B Isaksen	12 Breiðablik	<b>2:59.11</b>	243	43.62	46.02	46.28	43.19
16.	Dagur Snær Hilmarsson	15 SH	<b>2:59.32</b>	243	41.67	46.68	46.68	44.29
17.	Daníel Lúkas Tómasson	14 SH	<b>2:59.66</b>	241	43.02	46.96	45.78	43.90
18.	Stefán Ingi Ólafsson	12 Ægir	<b>3:05.75</b>	218	45.17	47.69	48.14	44.75
19.	Gabríel Ari Tryggvason	S15 Nes	<b>3:06.15</b>	217	43.25	47.66	49.71	45.53
20.	Jónatan Freyr Hólmsteins	13n Ægir	<b>3:07.70</b>	211	45.12	47.52	48.86	46.20
21.	Ævar Örn Inngólfsson	13 SH	<b>3:08.74</b>	208	42.95	49.76	49.54	46.49
22.	Andri Már Kristjánsson	12 SH	<b>3:09.71</b>	205	45.56	49.02	49.09	46.04
23.	Guðfínnur Karlsson	S11 Fjörður	<b>3:11.41</b>	199	45.46	48.06	50.20	47.69
24.	Kristinn Viðar Tómasson	12 Óðinn	<b>3:35.68</b>	139 *	51.08	56.21	56.57	51.82
25.	Hjörtur Inngvarsson	S6 Fjörður	<b>3:46.16</b>	121 *	52.98	55.49	1:00.22	57.47
ÓG.	Örn Kató Arnarsson	13 Óðinn						

6.5 - Snúningur er ekki samfelldur

17 - 18 ára

1.	Brynjólfur Óli Karlsson	17 Breiðablik	<b>2:14.88</b>	571 ÍM	30.95	34.81	34.63	34.49
2.	Víktor Emil Sigtryggsson	18 Óðinn	<b>2:56.47</b>	255	40.04	43.45	46.52	46.46

15 - 16 ára

1.	Júlíus Karl Maier	16 SH	<b>2:30.67</b>	409 ÍM	36.29	38.80	39.15	36.43
2.	Flosi Ómarsson	15 ÍRB	<b>2:31.87</b>	400	34.62	39.06	39.63	38.56
3.	Símon Elías Statkevícus	15 SH	<b>2:32.12</b>	398	35.59	38.40	40.10	38.03
4.	Skúli Thor Ásgeirsson	16 Ægir	<b>2:32.39</b>	396	35.14	38.36	39.63	39.26
5.	Kári Steinn Kjartansson	15 Ægir	<b>2:36.48</b>	365	36.74	39.96	40.67	39.11
6.	Dagur Snær Hilmarsson	15 SH	<b>2:59.32</b>	243	41.67	46.68	46.68	44.29
7.	Gabríel Ari Tryggvason	S15 Nes	<b>3:06.15</b>	217	43.25	47.66	49.71	45.53

14 ára og yngri

1.	Veigar Hrafn Sigþórsson	13 SH	<b>2:31.34</b>	404 ÍM	35.84	38.58	39.44	37.48
2.	Fannar Snævar Hauksson	14 ÍRB	<b>2:32.78</b>	393	34.89	38.51	40.43	38.95
3.	Edward Jensson	14 SH	<b>2:43.91</b>	318	37.74	42.01	43.00	41.16
4.	Kristján Magnússon	13 ÍA	<b>2:49.74</b>	286	38.83	43.40	45.57	41.94
5.	Andri Stefánsson	14 SH	<b>2:53.08</b>	270	40.56	44.48	44.58	43.46
6.	Bergur Fáfniir Bjarnason	12 SH	<b>2:53.14</b>	270	40.96	43.66	45.39	43.13
7.	Erik Víkar Díez	14 Ægir	<b>2:53.60</b>	267	39.81	43.51	45.99	44.29
8.	Bjarki B Isaksen	12 Breiðablik	<b>2:59.11</b>	243	43.62	46.02	46.28	43.19
9.	Daníel Lúkas Tómasson	14 SH	<b>2:59.66</b>	241	43.02	46.96	45.78	43.90
10.	Stefán Ingi Ólafsson	12 Ægir	<b>3:05.75</b>	218	45.17	47.69	48.14	44.75
11.	Jónatan Freyr Hólmsteins	13n Ægir	<b>3:07.70</b>	211	45.12	47.52	48.86	46.20
12.	Ævar Örn Inngólfsson	13 SH	<b>3:08.74</b>	208	42.95	49.76	49.54	46.49
13.	Andri Már Kristjánsson	12 SH	<b>3:09.71</b>	205	45.56	49.02	49.09	46.04
14.	Kristinn Viðar Tómasson	12 Óðinn	<b>3:35.68</b>	139 *	51.08	56.21	56.57	51.82
ÓG.	Örn Kató Arnarsson	13 Óðinn						

6.5 - Snúningur er ekki samfelldur



11. Ásvallamót 2018  
Hafnarfjörður, 7. - 8.4.2018

Sundgrein 4  
7.4.2018 - 10:35

kvenna, 200m baksund

Opinn  
Úrslitalistar

Íslandsmet	2:08.84	Eygló Ósk Gústafsdóttir	Ægir	Rio de Janeiro (BRA)	12.8.2016
Mótsmet	2:13.15	Eygló Ósk Gústafsdóttir	ISL		1.4.2017
Aldursflokkamet 15 - 17	2:10.38	Eygló Ósk Gústafsdóttir	Ægir	Reykjavík	13.4.2012
Aldursflokkamet 13 - 14	2:21.57	Eygló Ósk Gústafsdóttir	Ægir	Reykjanesbæ	25.4.2009
Aldursflokkamet 11 - 12	2:37.26	Eygló Ósk Gústafsdóttir	Ægir	Reykjavík	12.5.2007

EM50 16 +: 2:16.13 / YOG B-standard 15 - 18: 2:22.65 / EMU 16 - 17: 2:18.21; 14 - 15: 2:19.57 / NÆM 13 - 15: 2:26.55 /  
ÍM50 : 2:43.45

Stig: FINA 2016

Sæti	Aldur		Tími	Stig	50m	100m	150m	200m		
Opinn										
1.	Katarína Róbertsdóttir	18	SH	<b>2:31.11</b>	553	ÍM	34.47	38.01	39.57	39.06
2.	Guðný Birna Sigurðardóttir	19	Breiðablik	<b>2:34.91</b>	513	ÍM	37.27	39.33	39.80	38.51
3.	Þorgerður Ósk Jónsdóttir	15	SH	<b>2:39.37</b>	471	ÍM	37.27	39.93	41.34	40.83
4.	Pura Snorradóttir	15	Óðinn	<b>2:40.66</b>	460	ÍM	37.46	41.10	41.72	40.38
5.	Halla Margrét Baldursdótti	16	KR	<b>2:40.82</b>	459	ÍM	37.60	40.74	41.40	41.08
6.	Eva Margrét Falsdóttir	13	ÍRB	<b>2:43.45</b>	437	ÍM	38.29	41.91	42.28	40.97
7.	Thelma Lind Einarsdóttir	13	ÍRB	<b>2:43.72</b>	435		39.01	41.60	41.94	41.17
8.	Sandra Dögg Kristjánsdóttir	15	SH	<b>2:44.27</b>	430		39.31	41.50	42.24	41.22
9.	Eva Sól Garðarsdóttir	15	Óðinn	<b>2:45.99</b>	417		38.64	42.25	43.06	42.04
10.	Diljá Dröfn Jóhannesdóttir	15	SH	<b>2:47.46</b>	406		39.45	42.19	43.26	42.56
11.	Arna Maren Jóhannesdótti	13	FJÖL	<b>2:48.78</b>	397		40.29	42.44	43.55	42.50
12.	Apena Arnarsdóttir	15	Óðinn	<b>2:52.08</b>	374		39.64	43.41	44.89	44.14
13.	Svava Björg Lárusdóttir	15	Ármann	<b>2:55.01</b>	356		41.89	44.51	45.89	42.72
14.	Dagbjörg Hlíf Ólafsdóttir	13	SH	<b>2:55.52</b>	353		40.10	44.83	46.59	44.00
15.	Guðrún Lilja Kristmannsdóttir	14	Ægir	<b>2:56.84</b>	345		40.84	44.78	47.51	43.71
16.	Rebekka Sif Ómarsdóttir	15	Óðinn	<b>2:56.89</b>	344		40.48	44.34	46.51	45.56
17.	Ingibjörg Svava M.	13	ÍA	<b>2:59.78</b>	328		42.16	46.50	46.66	44.46
18.	Marta Magnúsdóttir	13	KR	<b>3:00.36</b>	325		42.53	46.74	47.11	43.98
19.	Karen Ásta Edwardsdóttir	13	Óðinn	<b>3:01.64</b>	318		41.35	46.08	48.22	45.99
20.	Erna Þórarinsdóttir	14	ÍA	<b>3:02.09</b>	316		42.34	46.01	48.40	45.34
21.	Guðbjörg Eyvindardóttir	14	SH	<b>3:05.80</b>	297		43.12	46.91	49.53	46.24
22.	Embla Sólrún Jóhannesdótti	12	FJÖL	<b>3:08.21</b>	286		43.01	48.69	48.87	47.64
23.	Sunna Arnfinnsdóttir	11	Ármann	<b>3:09.83</b>	279		43.79	48.27	50.56	47.21
24.	Eva Claire Sæmundsdóttir	14	SH	<b>3:11.24</b>	272		44.62	48.55	50.10	47.97
25.	Helga Sigurlaug Helgadóttir	11	SH	<b>3:11.27</b>	272		46.63	48.61	49.55	46.48
26.	Ylfa Ásgerður Eyjólfsdóttir	12	Ármann	<b>3:13.68</b>	262		46.97	50.51	50.70	45.50
27.	Bríet Natalia Tómasdóttir	14	FJÖL	<b>3:16.04</b>	253		45.75	50.08	51.20	49.01
28.	Kolbrún Ósk Vilhjálmsdótti	12	Óðinn	<b>3:21.54</b>	233		47.33	51.52	52.71	49.98
29.	Katla Mist Bragadóttir	11	Ármann	<b>3:24.74</b>	222		48.48	52.42	53.30	50.54
30.	Sólveig Ágústa Aradóttir	13	Ármann	<b>3:30.05</b>	206	*	49.30	53.74	54.76	52.25
31.	Iðunn María Gunnarsdóttir	14	Ármann	<b>3:35.91</b>	189	*	52.03	55.09	57.64	51.15
32.	Sigríður Aníta R.	17	Fjörður	<b>3:51.63</b>	153	*	54.52	58.79	1:02.22	56.10
33.	Anna Þrastardóttir S14	14	Fjörður	<b>3:58.60</b>	140	*	54.21	1:01.38	1:02.75	1:00.26
ÓG.	Sif Grímsdóttir	15	KR							
<i>6.5 - Keppenda notar fleiri en eina eða tvær samfelldar armsveiflur í snúningi</i>										
ÓG.	Hrafnhildur Lóa Kvaran	11	Ármann			*				
<i>6.5 - Snúningur er ekki samfelldur</i>										

16 - 17 ára

1.	Halla Margrét Baldursdótti	16	KR	<b>2:40.82</b>	459	ÍM	37.60	40.74	41.40	41.08
2.	Sigríður Aníta R.	17	Fjörður	<b>3:51.63</b>	153	*	54.52	58.79	1:02.22	56.10



11. Ásvallamót 2018  
Hafnarfjörður, 7. - 8.4.2018

Sundgrein 4, kvenna, 200m baksund

14 - 15 ára

1. Þorgerður Ósk Jónsdóttir	15	SH	<b>2:39.37</b>	471	ÍM	37.27	39.93	41.34	40.83
2. Þóra Snorradóttir	15	Óðinn	<b>2:40.66</b>	460	ÍM	37.46	41.10	41.72	40.38
3. Sandra Dögg Kristjánsdóttir	15	SH	<b>2:44.27</b>	430		39.31	41.50	42.24	41.22
4. Eva Sól Garðarsdóttir	15	Óðinn	<b>2:45.99</b>	417		38.64	42.25	43.06	42.04
5. Diljá Dröfn Jóhannesdóttir	15	SH	<b>2:47.46</b>	406		39.45	42.19	43.26	42.56
6. Aþena Arnarsdóttir	15	Óðinn	<b>2:52.08</b>	374		39.64	43.41	44.89	44.14
7. Svava Björg Lárusdóttir	15	Ármann	<b>2:55.01</b>	356		41.89	44.51	45.89	42.72
8. Guðrún Lilja Kristmannsdóttir	14	Ægir	<b>2:56.84</b>	345		40.84	44.78	47.51	43.71
9. Rebekka Sif Ómarsdóttir	15	Óðinn	<b>2:56.89</b>	344		40.48	44.34	46.51	45.56
10. Erna Þórarinsdóttir	14	ÍA	<b>3:02.09</b>	316		42.34	46.01	48.40	45.34
11. Guðbjörg Eyvindardóttir	14	SH	<b>3:05.80</b>	297		43.12	46.91	49.53	46.24
12. Eva Claire Sæmundsdóttir	14	SH	<b>3:11.24</b>	272		44.62	48.55	50.10	47.97
13. Bríet Natalia Tómasdóttir	14	FJÖL	<b>3:16.04</b>	253		45.75	50.08	51.20	49.01
14. Iðunn María Gunnarsdóttir	14	Ármann	<b>3:35.91</b>	189	*	52.03	55.09	57.64	51.15
15. Anna Þrastardóttir	14	Fjörður	<b>3:58.60</b>	140	*	54.21	1:01.38	1:02.75	1:00.26
ÓG. Sif Grímsdóttir	15	KR							

6.5 - Keppenda notar fleiri en eina eða tvær samfeldar armsveiflur í snúningi

13 ára og yngri

1. Eva Margrét Falsdóttir	13	ÍRB	<b>2:43.45</b>	437	ÍM	38.29	41.91	42.28	40.97
2. Thelma Lind Einarsdóttir	13	ÍRB	<b>2:43.72</b>	435		39.01	41.60	41.94	41.17
3. Arna Maren Jóhannesdóttir	13	FJÖL	<b>2:48.78</b>	397		40.29	42.44	43.55	42.50
4. Dagbjörg Hlíf Ólafsdóttir	13	SH	<b>2:55.52</b>	353		40.10	44.83	46.59	44.00
5. Ingibjörg Svava M.	13	ÍA	<b>2:59.78</b>	328		42.16	46.50	46.66	44.46
6. Marta Magnúsdóttir	13	KR	<b>3:00.36</b>	325		42.53	46.74	47.11	43.98
7. Karen Ásta Edwardsdóttir	13	Óðinn	<b>3:01.64</b>	318		41.35	46.08	48.22	45.99
8. Embla Sólrún Jóhannesdóttir	12	FJÖL	<b>3:08.21</b>	286		43.01	48.69	48.87	47.64
9. Sunna Arnfinnsdóttir	11	Ármann	<b>3:09.83</b>	279		43.79	48.27	50.56	47.21
10. Helga Sigurlaug Helgadóttir	11	SH	<b>3:11.27</b>	272		46.63	48.61	49.55	46.48
11. Ylfa Ásgerður Eyjólfsdóttir	12	Ármann	<b>3:13.68</b>	262		46.97	50.51	50.70	45.50
12. Kolbrún Ósk Vilhjálmsdóttir	12	Óðinn	<b>3:21.54</b>	233		47.33	51.52	52.71	49.98
13. Katla Mist Bragadóttir	11	Ármann	<b>3:24.74</b>	222		48.48	52.42	53.30	50.54
14. Sólveig Ágústa Aradóttir	13	Ármann	<b>3:30.05</b>	206	*	49.30	53.74	54.76	52.25
ÓG. Hrafnhildur Lóa Kvaran	11	Ármann			*				

6.5 - Snúningur er ekki samfelldur

11. Ásvallamót 2018  
Hafnarfjörður, 7. - 8.4.2018

Sundgrein 5  
7.4.2018 - 10:56

karla, 200m flugsund

Opinn  
Úrslitalistar

Íslandsmet	2:02.97	Sindri Þór Jakobsson	Bergen	Prag (CZE)	9.7.2009
Mótsmet	2:12.13	Jón Þór Hallgrímsson	ISL		1.6.2010
Aldursflokkamet 15 - 17	2:07.75	Sindri Þór Jakobsson	ÍRB	Belgrad (SRB)	31.7.2008
Aldursflokkamet 13 - 14	2:20.62	Baldvin Sigmarsson	ÍRB	Reykjanesbær	26.11.2011
Aldursflokkamet 11 - 12	2:38.77	Viktor Forafonov	Asker	Kristiansand (NOR)	6.6.2014

EM50 16 +: 2:01.38 / YOG B-standard 15 - 18: 2:10.13 / EMU 17 - 18: 2:05.01; 15 - 16: 2:06.24 / NÆM 14 - 16: 2:12.55 /  
ÍM50 : 2:29.59

Stig: FINA 2016

Sæti	Aldur		Tími	Stig	50m	100m	150m	200m		
<b>Opinn</b>										
1.	Patrik Viggó Vilbergsson	16	Breiðablik	<b>2:15.18</b>	561	ÍM	29.98	36.18	33.75	35.27
2.	Bjartur Þórhallsson	18	Ægir	<b>2:19.61</b>	509	ÍM	30.65	35.75	35.85	37.36
3.	Róbert Andri Pálmason	16	Breiðablik	<b>2:22.39</b>	480	ÍM	30.76	35.14	37.09	39.40
4.	Aron Þór Jónsson	16	SH	<b>2:27.93</b>	428	ÍM	32.74	37.22	38.44	39.53
5.	Jón Ingi Halldórsson	14	Breiðablik	<b>2:42.22</b>	324		36.33	41.47	42.23	42.19
6.	Guðmundur Halldórsson	14	Breiðablik	<b>2:46.99</b>	297		36.21	42.28	44.27	44.23
7.	Guðmundur Karl Karlsson	13	Breiðablik	<b>2:50.76</b>	278		35.44	42.69	44.84	47.79
8.	Hilmir Snær L.	15	SH	<b>2:52.84</b>	268		35.14	42.59	45.76	49.35
9.	Ólafur Breki Guðnason	15	Ægir	<b>2:54.13</b>	262		35.81	43.55	46.50	48.27
10.	Þróstur Ingi Gunnsteinsson	12	Árman	<b>3:04.11</b>	222		39.31	47.42	49.38	48.00
11.	Markús Már Hilmarsson	13	SH	<b>3:09.06</b>	205		41.72	49.82	47.56	49.96

17 - 18 ára

1.	Bjartur Þórhallsson	18	Ægir	<b>2:19.61</b>	509	ÍM	30.65	35.75	35.85	37.36
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15 - 16 ára

1.	Patrik Viggó Vilbergsson	16	Breiðablik	<b>2:15.18</b>	561	ÍM	29.98	36.18	33.75	35.27
2.	Róbert Andri Pálmason	16	Breiðablik	<b>2:22.39</b>	480	ÍM	30.76	35.14	37.09	39.40
3.	Aron Þór Jónsson	16	SH	<b>2:27.93</b>	428	ÍM	32.74	37.22	38.44	39.53
4.	Hilmir Snær L.	15	SH	<b>2:52.84</b>	268		35.14	42.59	45.76	49.35
5.	Ólafur Breki Guðnason	15	Ægir	<b>2:54.13</b>	262		35.81	43.55	46.50	48.27

14 ára og yngri

1.	Jón Ingi Halldórsson	14	Breiðablik	<b>2:42.22</b>	324		36.33	41.47	42.23	42.19
2.	Guðmundur Halldórsson	14	Breiðablik	<b>2:46.99</b>	297		36.21	42.28	44.27	44.23
3.	Guðmundur Karl Karlsson	13	Breiðablik	<b>2:50.76</b>	278		35.44	42.69	44.84	47.79
4.	Þróstur Ingi Gunnsteinsson	12	Árman	<b>3:04.11</b>	222		39.31	47.42	49.38	48.00
5.	Markús Már Hilmarsson	13	SH	<b>3:09.06</b>	205		41.72	49.82	47.56	49.96



11. Ásvallamót 2018  
Hafnarfjörður, 7. - 8.4.2018

Sundgrein 6  
7.4.2018 - 11:03

kvenna, 200m flugsund

Opinn  
Úrslitalistar

Íslandsmet	2:18.79	Erla Dögg Haraldsdóttir	ÍRB	Reykjavík	6.4.2008
Mótsmet	2:21.11	Simona Mucciola	AND		1.6.2010
Aldursflokkamet 15 - 17	2:19.71	Sigrún Brá Sverrisdóttir	Fjölpir	Monaco (MON)	5.6.2007
Aldursflokkamet 13 - 14	2:24.80	Ólöf Edda Eðvarðsdóttir	ÍRB	Trabzon (FIN)	29.7.2011
Aldursflokkamet 11 - 12	2:49.75	Salóme Jónsdóttir	ÍA	Reykjavík	16.3.2007

EM50 16 +: 2:14.31 / YOG B-standard 15 - 18: 2:21.11 / EMU 16 - 17: 2:20.37; 14 - 15: 2:21.76 / NÆM 13 - 15: 2:28.85 /  
ÍM50 : 2:41.32

Stig: FINA 2016

Sæti	Aldur		Tími	Stig	50m	100m	150m	200m		
Opinn										
1.	Bryndís Bolladóttir	19	Breiðablik	<b>2:24.36</b>	600	ÍM	31.20	35.39	38.20	39.57
2.	María Fanney Kristjánsdóttir	18	SH	<b>2:26.31</b>	577	ÍM	32.54	37.34	38.35	38.08
3.	Inga Elin Cryer	25	Ægir	<b>2:29.22</b>	543	ÍM	31.99			40.86
4.	Kristín Ylfa Guðmundsdóttir	16	SH	<b>2:34.27</b>	492	ÍM	34.65	39.26	40.17	40.19
5.	Elín Kata Sigurgeirsdóttir	19	Óðinn	<b>2:39.78</b>	443	ÍM	33.70	41.24	41.72	43.12
6.	Jóhanna Brynja Rúnarsdóttir	12	SH	<b>3:09.47</b>	265		40.66	48.04	50.52	50.25

16 - 17 ára

1.	Kristín Ylfa Guðmundsdóttir	16	SH	<b>2:34.27</b>	492	ÍM	34.65	39.26	40.17	40.19
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13 ára og yngri

1.	Jóhanna Brynja Rúnarsdóttir	12	SH	<b>3:09.47</b>	265		40.66	48.04	50.52	50.25
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Sundgrein 7  
7.4.2018 - 11:07

karla, 100m bringusund

Opinn  
Úrslitalistar

Íslandsmet	1:00.53	Anton McKee	Ægir	Kazan (RUS)	2.8.2015
Mótsmet	1:03.72	Darren Mew	GBR		1.6.2008
Aldursflokkamet 15 - 17	1:05.08	Jakob Jóhann Sveinsson	Ægir	Liechtensteinn (LIE)	29.5.1999
Aldursflokkamet 13 - 14	1:11.70	Daði Björnsson	SH	Reykjavík	3.3.2018
Aldursflokkamet 11 - 12	1:24.24	Gunnar Örn Arnarson	ÍRB	Reykjavík	1.5.2004

EM50 16 +: 1:02.46 / YOG B-standard 15 - 18: 1:05.93 / EMU 17 - 18: 1:05.14; 15 - 16: 1:05.78 / NÆM 14 - 16: 1:09.07 /  
ÍM50 : 1:17.79

Stig: FINA 2016

Sæti	Aldur		Tími	Stig	50m	100m		
Opinn								
1.	Kristinn Þórarinnsson	22	Ægir	<b>1:09.53</b>	578	ÍM	32.39	37.14
2.	Róbert Ísak Jónsson	17	SH	<b>1:12.89</b>	501	ÍM	33.77	39.12
	Hallgrímur Kjartansson	20	Breiðablik	<b>1:12.89</b>	501	ÍM	34.44	38.45
4.	Daði Björnsson	14	SH	<b>1:13.42</b>	490	ÍM	34.57	38.85
5.	Snævar Atli Halldórsson	18	Óðinn	<b>1:13.77</b>	484	ÍM	34.80	38.97
6.	Sævar Berg Sigurðsson	23	ÍA	<b>1:14.74</b>	465	ÍM	34.45	40.29
7.	Ingvar Orri Jóhannesson	14	FJÖL	<b>1:18.44</b>	402		37.28	41.16
8.	Sigurður Ingi Sigurðarson	17	KR	<b>1:19.70</b>	383		37.54	42.16
9.	Runólfur Þorláksson	16	Árman	<b>1:19.72</b>	383		36.67	43.05
10.	Hringur Birgir Kristinsson	14	Ægir	<b>1:20.54</b>	371		38.06	42.48
11.	Hjörleifur Helgi Sveinbjarnarson	19	Rán	<b>1:21.01</b>	365		37.57	43.44
12.	Snorri Dagur Einarsson	13	SH	<b>1:21.28</b>	361		38.16	43.12
13.	Gústav Ragnar Kristjánsson	16	Breiðablik	<b>1:21.49</b>	359		39.04	42.45
14.	Kári Snær Halldórsson	14	ÍRB	<b>1:21.88</b>	353		39.17	42.71
15.	Halldór Björn Kristinsson	16	Ægir	<b>1:23.75</b>	330		38.90	44.85
16.	Birnir Freyr Hálfðárnarson	12	SH	<b>1:25.58</b>	310		40.69	44.89
17.	Kristján Magnússon	13	ÍA	<b>1:29.68</b>	269		42.98	46.70





11. Ásvallamót 2018  
Hafnarfjörður, 7. - 8.4.2018

Sundgrein 7, karla, 100m bringusund, Opinn

Sæti	Aldur		Tími	Stig	50m	100m	
18.	Már Gunnarsson S12	19	ÍRB	<b>1:31.11</b>	256	43.35	47.76
19.	Adam Leó Tómasson	11	SH	<b>1:37.04</b>	212	46.62	50.42
20.	Andri Stefánsson	14	SH	<b>1:37.93</b>	206	46.55	51.38
21.	Stefán Ingi Ólafsson	12	Ægir	<b>1:38.00</b>	206	47.13	50.87
22.	Arnar Már Birgisson	14	SH	<b>1:38.64</b>	202	47.77	50.87
23.	Alex Benjamín Bjarnason	14	ÍA	<b>1:40.25</b>	192	47.03	53.22
24.	Andri Már Kristjánsson	12	SH	<b>1:41.22</b>	187	48.33	52.89
25.	Björn Yngvi Guðmundsson	11	SH	<b>1:46.62</b>	160	51.26	55.36
26.	Bergur Fáfñir Bjarnason	12	SH	<b>1:46.64</b>	160	51.71	54.93
27.	Kristófer Óli Birkisson	14	Óðinn	<b>1:46.74</b>	159	49.81	56.93
28.	Stefán Gretar Katrínarson	10	Óðinn	<b>1:46.78</b>	159	50.60	56.18
29.	Kristján Helgi Jóhannsson	16	Ægir	<b>1:47.02</b>	158	50.43	56.59
30.	Eggert Sigtryggsson	13	SH	<b>1:49.76</b>	146	52.77	56.99
31.	Finnur Björn Antonson	15	Óðinn	<b>1:51.55</b>	139	50.91	1:00.64
32.	Ásmundur Ásmundsson S14	31	Fjörður	<b>1:54.46</b>	129	52.78	1:01.68
33.	Magnús Víðir Jónsson	10	SH	<b>1:54.85</b>	128	53.49	1:01.36
34.	Auðunn Andri Jóhannesson	13	SH	<b>1:59.72</b>	113	56.79	1:02.93
35.	Kristinn Viðar Tómasson	12	Óðinn	<b>2:05.94</b>	97 *	59.66	1:06.28
36.	Breki Arnarsson S7	22	Óðinn	<b>2:13.82</b>	81 *	1:03.53	1:10.29

17 - 18 ára

1.	Róbert Ísak Jónsson	17	SH	<b>1:12.89</b>	501	ÍM	33.77	39.12
2.	Snævar Atli Halldórsson	18	Óðinn	<b>1:13.77</b>	484	ÍM	34.80	38.97
3.	Sigurður Ingi Sigurðarson	17	KR	<b>1:19.70</b>	383		37.54	42.16

15 - 16 ára

1.	Runólfur Þorláksson	16	Ármann	<b>1:19.72</b>	383		36.67	43.05
2.	Gústav Ragnar Kristjánsson	16	Breiðablik	<b>1:21.49</b>	359		39.04	42.45
3.	Halldór Björn Kristinsson	16	Ægir	<b>1:23.75</b>	330		38.90	44.85
4.	Kristján Helgi Jóhannsson	16	Ægir	<b>1:47.02</b>	158		50.43	56.59
5.	Finnur Björn Antonson	15	Óðinn	<b>1:51.55</b>	139		50.91	1:00.64

14 ára og yngri

1.	Daði Björnsson	14	SH	<b>1:13.42</b>	490	ÍM	34.57	38.85
2.	Ingvar Orri Jóhannesson	14	FJÖL	<b>1:18.44</b>	402		37.28	41.16
3.	Hringur Birgir Kristinsson	14	Ægir	<b>1:20.54</b>	371		38.06	42.48
4.	Snorri Dagur Einarsson	13	SH	<b>1:21.28</b>	361		38.16	43.12
5.	Kári Snær Halldórsson	14	ÍRB	<b>1:21.88</b>	353		39.17	42.71
6.	Birnir Freyr Hálfðanarsson	12	SH	<b>1:25.58</b>	310		40.69	44.89
7.	Kristján Magnússon	13	ÍA	<b>1:29.68</b>	269		42.98	46.70
8.	Adam Leó Tómasson	11	SH	<b>1:37.04</b>	212		46.62	50.42
9.	Andri Stefánsson	14	SH	<b>1:37.93</b>	206		46.55	51.38
10.	Stefán Ingi Ólafsson	12	Ægir	<b>1:38.00</b>	206		47.13	50.87
11.	Arnar Már Birgisson	14	SH	<b>1:38.64</b>	202		47.77	50.87
12.	Alex Benjamín Bjarnason	14	ÍA	<b>1:40.25</b>	192		47.03	53.22
13.	Andri Már Kristjánsson	12	SH	<b>1:41.22</b>	187		48.33	52.89
14.	Björn Yngvi Guðmundsson	11	SH	<b>1:46.62</b>	160		51.26	55.36
15.	Bergur Fáfñir Bjarnason	12	SH	<b>1:46.64</b>	160		51.71	54.93
16.	Kristófer Óli Birkisson	14	Óðinn	<b>1:46.74</b>	159		49.81	56.93
17.	Stefán Gretar Katrínarson	10	Óðinn	<b>1:46.78</b>	159		50.60	56.18
18.	Eggert Sigtryggsson	13	SH	<b>1:49.76</b>	146		52.77	56.99
19.	Magnús Víðir Jónsson	10	SH	<b>1:54.85</b>	128		53.49	1:01.36
20.	Auðunn Andri Jóhannesson	13	SH	<b>1:59.72</b>	113		56.79	1:02.93
21.	Kristinn Viðar Tómasson	12	Óðinn	<b>2:05.94</b>	97 *		59.66	1:06.28



11. Ásvallamót 2018  
Hafnarfjörður, 7. - 8.4.2018

Sundgrein 8  
7.4.2018 - 11:17

kvenna, 100m bringusund

Opinn  
Úrslitalistar

Íslandsmet	1:06.45	Hrafnhildur Lúthersdóttir	SH	Rio de Janeiro (BRA)	18.5.2016
Mótsmet	1:09.80	Hrafnhildur Lúthersdóttir	ISL		1.4.2017
Aldursflokkamet 15 - 17	1:11.32	Hrafnhildur Lúthersdóttir	SH	Reykjavík	30.5.2008
Aldursflokkamet 13 - 14	1:15.33	Ásdís Eva Ómarsdóttir	NOR	Tampere (FIN)	9.7.2016
Aldursflokkamet 11 - 12	1:22.93	Eva Margrét Falsdóttir	ÍRB	Reykjanesbæ	29.1.2017

EM50 16 +: 1:09.95 / YOG B-standard 15 - 18: 1:14.50 / EMU 16 - 17: 1:12.50; 14 - 15: 1:13.22 / NÆM 13 - 15: 1:16.88 /  
ÍM50 : 1:25.57

Stig: FINA 2016

Sæti	Aldur		Tími	Stig	50m	100m		
Opinn								
1.	Ágústa Bergrós Jakobsdóttir	16	Ármann	<b>1:23.04</b>	465	ÍM	39.76	43.28
2.	Herdís Viggósdóttir	14	KR	<b>1:23.14</b>	463	ÍM	39.61	43.53
3.	Sigurjóna Ragnheiðardóttir	15	Óðinn	<b>1:23.31</b>	460	ÍM	39.31	44.00
4.	Ásgerður Jing Laufeyjardóttir	16	ÍA	<b>1:23.83</b>	452	ÍM	39.33	44.50
5.	Stefanía Sigurbórsdóttir	17	ÍRB	<b>1:24.43</b>	442	ÍM	39.42	45.01
6.	Una Margrét Reynisdóttir	16	KR	<b>1:30.21</b>	362		42.31	47.90
7.	Katja Lilja Andriyasdóttir	12	SH	<b>1:31.39</b>	349		42.56	48.83
8.	Angelina Anna Zogaj	13	Ægir	<b>1:32.31</b>	338		43.85	48.46
9.	Kristina Bragadóttir	18	Ármann	<b>1:32.55</b>	336		42.58	49.97
10.	Hafdís Eva Pálsdóttir	14	ÍRB	<b>1:32.70</b>	334		43.61	49.09
11.	Eyrún Sigbórsdóttir	17	ÍA	<b>1:33.10</b>	330		43.60	49.50
12.	Svava Björg Lárusdóttir	15	Ármann	<b>1:34.19</b>	318		43.75	50.44
13.	Bríet Natalía Tómasdóttir	14	FJÖL	<b>1:34.25</b>	318		44.41	49.84
14.	Svanhildur M. Valdimarsdóttir	15	Óðinn	<b>1:34.40</b>	316		45.12	49.28
15.	Dagbjört Lilja Danielsdóttir	14	VÖLS	<b>1:34.56</b>	315		44.30	50.26
16.	Guðný Birna Falsdóttir	15	ÍRB	<b>1:35.81</b>	302		46.02	49.79
17.	Una Erlin Baldursdóttir	14	Ægir	<b>1:36.54</b>	296		45.35	51.19
18.	Birgitta Ingólfssdóttir	13	FJÖL	<b>1:37.85</b>	284		46.31	51.54
19.	Vigdís Tinna Hákonardóttir	12	Breiðablik	<b>1:37.95</b>	283		48.08	49.87
20.	Anna Salka Nielsen	13	SH	<b>1:38.72</b>	276		47.26	51.46
21.	Emma Kolbrún Garðarsdóttir	14	Ægir	<b>1:38.97</b>	274		46.76	52.21
22.	Agnes Fjóra Flosadóttir	16	Rán	<b>1:39.18</b>	273		47.06	52.12
23.	Ngozi Jóhanna Eze	15	ÍA	<b>1:39.85</b>	267		47.19	52.66
24.	Eyrún Anna Jóhannesdóttir	12	FJÖL	<b>1:40.65</b>	261		46.54	54.11
25.	Karen Ásta Edwardsdóttir	13	Óðinn	<b>1:40.92</b>	259		47.53	53.39
26.	Auður Halla Rögnvaldsdóttir	15	KR	<b>1:42.78</b>	245		48.45	54.33
27.	Ziza Alomerovik	11	Ármann	<b>1:44.40</b>	234		49.77	54.63
28.	Katla Mist Bragadóttir	11	Ármann	<b>1:44.54</b>	233		49.71	54.83
29.	Nadja Djurovic	11	Breiðablik	<b>1:44.66</b>	232		50.02	54.64
30.	Natalia Jónsdóttir	14	SH	<b>1:44.92</b>	230		50.52	54.40
31.	Sunna Arnfinnsdóttir	11	Ármann	<b>1:46.74</b>	219		51.16	55.58
32.	Hjördís Kjartansdóttir	13	Ægir	<b>1:47.08</b>	217		52.50	54.58
33.	Ylfa Ásgerður Eyjólfssdóttir	12	Ármann	<b>1:47.62</b>	213			
34.	Iðunn María Gunnarsdóttir	14	Ármann	<b>1:47.92</b>	212		51.53	56.39
35.	Embla Sólrún Jóhannesdóttir	12	FJÖL	<b>1:49.33</b>	203		51.52	57.81
36.	Lára Jakobína Gunnarsdóttir	15	ÍA	<b>1:49.83</b>	201		50.40	59.43
37.	Sara Lind Aðalsteinsdóttir	11	SH	<b>1:51.81</b>	190		53.15	58.66
38.	Arna Rut Stefánsdóttir	11	SH	<b>1:53.27</b>	183		54.26	59.01
39.	Kolbrún Ósk Vilhjálmsdóttir	12	Óðinn	<b>1:53.36</b>	182		54.38	58.98
40.	Hrafnhildur Lóa Kvaran	11	Ármann	<b>1:53.77</b>	180		53.38	1:00.39
41.	Júlía Pálmadóttir	11	Ármann	<b>1:55.98</b>	170		54.99	1:00.99
42.	Sandra Rut Fannarsdóttir	12	Óðinn	<b>1:56.54</b>	168		55.87	1:00.67
43.	Salka Snæbrá Hrannarsdóttir	15	Ægir	<b>2:11.21</b>	117	*	1:01.84	1:09.37
ÓG.	Naómi Arnarsdóttir	11	Óðinn					

4.4 - Keppandi startar áður en rásmerki er gefið (þjófstart)



11. Ásvallamót 2018  
Hafnarfjörður, 7. - 8.4.2018

Sundgrein 8, kvenna, 100m bringusund, Opinn

Sæti	Aldur		Tími	Stig	50m	100m
ÓG.	Þórunn María Hilmarsdóttir	13 Breiðablik				
	<i>4.4 - Keppandi startar áður en rásmerki er gefið (þjófstart)</i>					

16 - 17 ára

1.	Ágústa Bergrós Jakobsdóttir	16 Ármann	<b>1:23.04</b>	465	ÍM	39.76	43.28
2.	Ásgerður Jing Laufeyjardóttir	16 ÍA	<b>1:23.83</b>	452	ÍM	39.33	44.50
3.	Stefanía Sigurþórsdóttir	17 ÍRB	<b>1:24.43</b>	442	ÍM	39.42	45.01
4.	Una Margrét Reynisdóttir	16 KR	<b>1:30.21</b>	362		42.31	47.90
5.	Eyrún Sigþórsdóttir	17 ÍA	<b>1:33.10</b>	330		43.60	49.50
6.	Agnes Fjóra Flosadóttir	16 Rán	<b>1:39.18</b>	273		47.06	52.12

14 - 15 ára

1.	Herdís Viggósdóttir	14 KR	<b>1:23.14</b>	463	ÍM	39.61	43.53
2.	Sigurjóna Ragnheiðardóttir	15 Óðinn	<b>1:23.31</b>	460	ÍM	39.31	44.00
3.	Hafdís Eva Pálsdóttir	14 ÍRB	<b>1:32.70</b>	334		43.61	49.09
4.	Svava Björg Lárusdóttir	15 Ármann	<b>1:34.19</b>	318		43.75	50.44
5.	Bríet Natalía Tómasdóttir	14 FJÖL	<b>1:34.25</b>	318		44.41	49.84
6.	Svanhildur M. Valdimarsdóttir	15 Óðinn	<b>1:34.40</b>	316		45.12	49.28
7.	Dagbjört Lilja Danielsdóttir	14 VÖLS	<b>1:34.56</b>	315		44.30	50.26
8.	Guðný Birna Falsdóttir	15 ÍRB	<b>1:35.81</b>	302		46.02	49.79
9.	Una Erlin Baldursdóttir	14 Ægir	<b>1:36.54</b>	296		45.35	51.19
10.	Emma Kolbrún Garðarsdóttir	14 Ægir	<b>1:38.97</b>	274		46.76	52.21
11.	Ngozi Jóhanna Eze	15 ÍA	<b>1:39.85</b>	267		47.19	52.66
12.	Auður Halla Rögnvaldsdóttir	15 KR	<b>1:42.78</b>	245		48.45	54.33
13.	Natalia Jónsdóttir	14 SH	<b>1:44.92</b>	230		50.52	54.40
14.	Íðunn María Gunnarsdóttir	14 Ármann	<b>1:47.92</b>	212		51.53	56.39
15.	Lára Jakobína Gunnarsdóttir	15 ÍA	<b>1:49.83</b>	201		50.40	59.43
16.	Salka Snæbrá Hrnarsdóttir	15 Ægir	<b>2:11.21</b>	117	*	1:01.84	1:09.37

13 ára og yngri

1.	Katja Lilja Andriysoðttir	12 SH	<b>1:31.39</b>	349		42.56	48.83
2.	Angelina Anna Zogaj	13 Ægir	<b>1:32.31</b>	338		43.85	48.46
3.	Birgitta Ingólfsoðttir	13 FJÖL	<b>1:37.85</b>	284		46.31	51.54
4.	Vigdís Tinna Hákonarsoðttir	12 Breiðablik	<b>1:37.95</b>	283		48.08	49.87
5.	Anna Salka Nielsen	13 SH	<b>1:38.72</b>	276		47.26	51.46
6.	Eyrún Anna Jóhannessoðttir	12 FJÖL	<b>1:40.65</b>	261		46.54	54.11
7.	Karen Ásta Edwardssoðttir	13 Óðinn	<b>1:40.92</b>	259		47.53	53.39
8.	Ziza Alomerovik	11 Ármann	<b>1:44.40</b>	234		49.77	54.63
9.	Katla Mist Bragadóttir	11 Ármann	<b>1:44.54</b>	233		49.71	54.83
10.	Nadja Djurovic	11 Breiðablik	<b>1:44.66</b>	232		50.02	54.64
11.	Sunna Arnfinnssoðttir	11 Ármann	<b>1:46.74</b>	219		51.16	55.58
12.	Hjörðís Kjartanssoðttir	13 Ægir	<b>1:47.08</b>	217		52.50	54.58
13.	Ylfa Ásgerður Eyjólfsoðttir	12 Ármann	<b>1:47.62</b>	213			
14.	Embla Sólrún Jóhannessoðttir	12 FJÖL	<b>1:49.33</b>	203		51.52	57.81
15.	Sara Lind Aðalsteinssoðttir	11 SH	<b>1:51.81</b>	190		53.15	58.66
16.	Arna Rut Stefánssoðttir	11 SH	<b>1:53.27</b>	183		54.26	59.01
17.	Kolbrún Ósk Vilhjálmssoðttir	12 Óðinn	<b>1:53.36</b>	182		54.38	58.98
18.	Hrafnhildur Lóa Kvaran	11 Ármann	<b>1:53.77</b>	180		53.38	1:00.39
19.	Júlía Pálmadóttir	11 Ármann	<b>1:55.98</b>	170		54.99	1:00.99
20.	Sandra Rut Fannarssoðttir	12 Óðinn	<b>1:56.54</b>	168		55.87	1:00.67
ÓG.	Naómi Arnarssoðttir	11 Óðinn					
	<i>4.4 - Keppandi startar áður en rásmerki er gefið (þjófstart)</i>						
ÓG.	Þórunn María Hilmarssoðttir	13 Breiðablik					
	<i>4.4 - Keppandi startar áður en rásmerki er gefið (þjófstart)</i>						



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Hafnarfjörður, 7. - 8.4.2018

Sundgrein 9  
7.4.2018 - 11:32

karla, 400m skriðsund

Opinn  
Úrslitalistar

Íslandsmet	3:54.36	Anton Sveinn McKee	Ægir	Los Angeles (USA)	20.7.2014
Mótsmet	4:04.42	Anton Sveinn McKee	ISL		1.4.2013
Aldursflokkamet 15 - 17	4:05.18	Aron Örn Stefánsson	SH	Reykjavík	12.4.2012
Aldursflokkamet 13 - 14	4:19.11	Viktor Forafonov	NOR	Oslo (NOR)	14.10.2016
Aldursflokkamet 11 - 12	4:48.87	Patrik Viggó Vilbergsson	Breiðablik	Hódmezővásárhely (HUN)	22.11.2014

EM50 16 +: 3:56.14 / YOG B-standard 15 - 18: 4:05.16 / EMU 17 - 18: 4:01.04; 15 - 16: 4:03.42 / NÆM 14 - 16: 4:15.59 /  
ÍM50 : 4:53.41

Stig: FINA 2016

Sæti			Aldur			Stig	Stig	
1.	Huginn Hilmarsson		23	Breiðablik		<b>4:15.87</b>	636	ÍM
	50m:	28.89 28.89	150m:	1:33.19 32.49	250m:	2:38.08 32.19	350m:	3:43.75 32.82
	100m:	1:00.70 31.81	200m:	2:05.89 32.70	300m:	3:10.93 32.85	400m:	4:15.87 32.12
2.	Patrik Viggó Vilbergsson		16	Breiðablik		<b>4:21.79</b>	594	ÍM
	50m:	28.69 28.69	150m:	1:33.50 32.66	250m:	2:40.32 33.39	350m:	3:48.12 33.84
	100m:	1:00.84 32.15	200m:	2:06.93 33.43	300m:	3:14.28 33.96	400m:	4:21.79 33.67
3.	Óskar Gauti Lund		19	Breiðablik		<b>4:24.43</b>	576	ÍM
	50m:	29.91 29.91	150m:	1:36.65 33.66	250m:	2:45.19 34.20	350m:	3:52.13 32.51
	100m:	1:02.99 33.08	200m:	2:10.99 34.34	300m:	3:19.62 34.43	400m:	4:24.43 32.30
4.	Kristófer Atli Andersen		16	Breiðablik		<b>4:26.56</b>	562	ÍM
	50m:	29.47 29.47	150m:	1:37.35 34.22	250m:	2:45.93 34.18	350m:	3:53.99 33.81
	100m:	1:03.13 33.66	200m:	2:11.75 34.40	300m:	3:20.18 34.25	400m:	4:26.56 32.57
5.	Jón Tumi Dagsson		17	SH		<b>4:29.19</b>	546	ÍM
	50m:		150m:		250m:	2:48.37 34.89	350m:	3:57.39 34.31
	100m:	1:04.07	200m:	2:13.48	300m:	3:23.08 34.71	400m:	4:29.19 31.80
6.	Bjartur Þórhallsson		18	Ægir		<b>4:30.04</b>	541	ÍM
	50m:	29.52 29.52	150m:	1:37.20 34.85	250m:	2:47.72 35.18	350m:	3:56.96 34.49
	100m:	1:02.35 32.83	200m:	2:12.54 35.34	300m:	3:22.47 34.75	400m:	4:30.04 33.08
7.	Björgvin Árni Júlíusson		17	KR		<b>4:31.30</b>	533	ÍM
	50m:	30.28 30.28	150m:	1:37.59 34.21	250m:	2:47.26 35.09	350m:	3:57.53 35.26
	100m:	1:03.38 33.10	200m:	2:12.17 34.58	300m:	3:22.27 35.01	400m:	4:31.30 33.77
8.	Róbert Andri Pálmason		16	Breiðablik		<b>4:34.47</b>	515	ÍM
	50m:	30.34 30.34	150m:	1:38.33 34.49	250m:	2:48.66 35.35	350m:	3:59.58 35.62
	100m:	1:03.84 33.50	200m:	2:13.31 34.98	300m:	3:23.96 35.30	400m:	4:34.47 34.89
9.	Skúli Thor Ásgeirsson		16	Ægir		<b>4:38.41</b>	493	ÍM
	50m:		150m:		250m:	2:52.33 35.66	350m:	4:03.84 35.73
	100m:	1:05.67	200m:	2:16.67	300m:	3:28.11 35.78	400m:	4:38.41 34.57
10.	Logi Freyr Arnarsson		15	KR		<b>4:39.31</b>	489	ÍM
	50m:	30.39 30.39	150m:	1:40.29 35.80	250m:	2:52.25 36.21	350m:	4:04.38 35.78
	100m:	1:04.49 34.10	200m:	2:16.04 35.75	300m:	3:28.60 36.35	400m:	4:39.31 34.93
11.	Aron Þór Jónsson		16	SH		<b>4:40.04</b>	485	ÍM
	50m:	31.07 31.07	150m:	1:41.97 36.02	250m:	2:53.32 35.64	350m:	4:05.77 36.08
	100m:	1:05.95 34.88	200m:	2:17.68 35.71	300m:	3:29.69 36.37	400m:	4:40.04 34.27
12.	Aron Fannar Kristínarson		15	ÍRB		<b>4:41.80</b>	476	ÍM
	50m:	30.68 30.68	150m:	1:41.47 35.94	250m:	2:54.25 36.43	350m:	4:07.76 36.69
	100m:	1:05.53 34.85	200m:	2:17.82 36.35	300m:	3:31.07 36.82	400m:	4:41.80 34.04
13.	Baldur Logi Gautason		18	Óðinn		<b>4:47.31</b>	449	ÍM
	50m:	30.44 30.44	150m:	1:40.33 35.92	250m:	2:54.32 37.36	350m:	4:10.21 37.91
	100m:	1:04.41 33.97	200m:	2:16.96 36.63	300m:	3:32.30 37.98	400m:	4:47.31 37.10
14.	Tristan Þór K Wium		16	ÍRB		<b>4:48.66</b>	443	ÍM
	50m:	31.92 31.92	150m:	1:43.98 36.51	250m:	2:57.96 37.09	350m:	4:12.81 37.88
	100m:	1:07.47 35.55	200m:	2:20.87 36.89	300m:	3:34.93 36.97	400m:	4:48.66 35.85



11. Ásvallamót 2018  
Hafnarfjörður, 7. - 8.4.2018

Sundgrein 9, karla, 400m skriðsund, Opinn

Sæti			Aldur				Tími				Stig	
15.	Veigar Hrafn Sigbórsson		13	SH			<b>4:49.93</b>				437	ÍM
	50m:	32.69 32.69	150m:	1:46.50	37.08	250m:	3:00.33	37.04	350m:	4:13.96	36.91	
	100m:	1:09.42 36.73	200m:	2:23.29	36.79	300m:	3:37.05	36.72	400m:	4:49.93	35.97	
16.	Júlíus Karl Maier		16	SH			<b>4:50.75</b>				433	ÍM
	50m:	32.69 32.69	150m:	1:46.54	37.56	250m:	3:02.23	37.48	350m:	4:17.03	37.07	
	100m:	1:08.98 36.29	200m:	2:24.75	38.21	300m:	3:39.96	37.73	400m:	4:50.75	33.72	
17.	Snær Llorens Sigurðsson		16	ÍA			<b>4:51.81</b>				428	ÍM
	50m:		150m:	1:46.70	37.90	250m:	3:03.13	38.15	350m:	4:18.65	37.33	
	100m:	1:08.80	200m:	2:24.98	38.28	300m:	3:41.32	38.19	400m:	4:51.81	33.16	
18.	Jónas Atli Pálsson		15	SH			<b>4:53.13</b>				423	ÍM
	50m:	32.53 32.53	150m:	1:46.07	37.46	250m:	3:01.63	37.56	350m:	4:16.89	37.46	
	100m:	1:08.61 36.08	200m:	2:24.07	38.00	300m:	3:39.43	37.80	400m:	4:53.13	36.24	
19.	Andri Bergmann Ísaksen		14	Breiðablik			<b>4:53.27</b>				422	ÍM
	50m:	33.47 33.47	150m:	1:47.56	37.26	250m:	3:03.21	38.11	350m:	4:17.07	36.51	
	100m:	1:10.30 36.83	200m:	2:25.10	37.54	300m:	3:40.56	37.35	400m:	4:53.27	36.20	
20.	Birnir Freyr Hálfðánarsson		12	SH			<b>4:55.31</b>				413	
	50m:	31.66 31.66	150m:	1:45.51	37.63	250m:	3:02.63	38.53	350m:	4:18.94	38.20	
	100m:	1:07.88 36.22	200m:	2:24.10	38.59	300m:	3:40.74	38.11	400m:	4:55.31	36.37	
21.	Atli Vikar Ingimundarson		21	ÍA			<b>4:56.38</b>				409	
	50m:	32.02 32.02	150m:	1:44.72	37.15	250m:	3:01.03	38.16	350m:	4:18.66	38.85	
	100m:	1:07.57 35.55	200m:	2:22.87	38.15	300m:	3:39.81	38.78	400m:	4:56.38	37.72	
22.	Ólafur Breki Guðnason		15	Ægir			<b>4:58.36</b>				401	
	50m:	34.21 34.21	150m:	1:50.05	38.15	250m:	3:05.79	37.72	350m:	4:22.49	38.84	
	100m:	1:11.90 37.69	200m:	2:28.07	38.02	300m:	3:43.65	37.86	400m:	4:58.36	35.87	
23.	Hákon Alexander Magnússon		18	Óðinn			<b>4:58.41</b>				401	
	50m:	31.38 31.38	150m:	1:45.59	37.94	250m:	3:02.45	38.17	350m:	4:21.13	39.29	
	100m:	1:07.65 36.27	200m:	2:24.28	38.69	300m:	3:41.84	39.39	400m:	4:58.41	37.28	
24.	Ásgrímur Þór Kjartansson		18	Óðinn			<b>5:13.30</b>				346	
	50m:	31.31 31.31	150m:	1:46.67	39.25	250m:	3:10.76	42.55	350m:	4:35.36	42.70	
	100m:	1:07.42 36.11	200m:	2:28.21	41.54	300m:	3:52.66	41.90	400m:	5:13.30	37.94	
25.	Hilmir Snær Lunddal Rúnarsson		15	SH			<b>5:13.68</b>				345	
	50m:	33.64 33.64	150m:	1:50.42	38.84	250m:	3:11.34	40.85	350m:	4:33.59	40.78	
	100m:	1:11.58 37.94	200m:	2:30.49	40.07	300m:	3:52.81	41.47	400m:	5:13.68	40.09	
26.	Einar Atli Guðnason		15	Ægir			<b>5:21.08</b>				321	*
	50m:	35.98 35.98	150m:	1:56.56	40.78	250m:	3:18.75	41.22	350m:	4:40.96	41.11	
	100m:	1:15.78 39.80	200m:	2:37.53	40.97	300m:	3:59.85	41.10	400m:	5:21.08	40.12	
27.	Þröstur Ingi Gunnsteinsson		12	Ármann			<b>5:31.80</b>				291	*
	50m:	36.65 36.65	150m:	2:01.97	43.04	250m:	3:28.13	42.55	350m:	4:52.56	41.83	
	100m:	1:18.93 42.28	200m:	2:45.58	43.61	300m:	4:10.73	42.60	400m:	5:31.80	39.24	
28.	Ýmir Chatenay Sölvason		12	Ármann			<b>5:42.56</b>				265	*
	50m:	37.99 37.99	150m:	2:04.10	43.64	250m:	3:31.44	44.08	350m:	5:00.91	43.93	
	100m:	1:20.46 42.47	200m:	2:47.36	43.26	300m:	4:16.98	45.54	400m:	5:42.56	41.65	
29.	Guðfinnur Karlsson S11		30	Fjörður			<b>6:10.78</b>				209	*
	50m:	39.90 39.90	150m:	2:09.59	46.38	250m:	3:46.89	49.38	350m:	5:23.46	48.17	
	100m:	1:23.21 43.31	200m:	2:57.51	47.92	300m:	4:35.29	48.40	400m:	6:10.78	47.32	



11. Ásvallamót 2018  
Hafnarfjörður, 7. - 8.4.2018

Sundgrein 10  
7.4.2018 - 11:51

kvenna, 400m skriðsund

Opinn  
Úrslitalistar

Íslandsmet	4:20.42	Sigrún Brá Sverrisdóttir	Ægir	Columbus (USA)	10.3.2012
Mótsmet	4:24.04	Inga Elín Cryer	ISL		1.4.2012
Aldursflokkamet 15 - 17	4:23.24	Eygló Ósk Gústafsdóttir	Ægir	Helsinki (FIN)	15.7.2010
Aldursflokkamet 13 - 14	4:35.51	Eygló Ósk Gústafsdóttir	Ægir	Reykjavík	21.3.2009
Aldursflokkamet 11 - 12	4:53.81	Eygló Ósk Gústafsdóttir	Ægir	Reykjanesbæ	12.5.2007

EM50 16 +: 4:19.34 / YOG B-standard 15 - 18: 4:27.67 / EMU 16 - 17: 4:24.37; 14 - 15: 4:26.97 / NÆM 13 - 15: 4:40.32 /  
ÍM50 : 5:11.48

Stig: FINA 2016

Sæti	Aldur				Tími				Stig	
1.	Ragna Sigríður Ragnarsdóttir	17	Breiðablik					<b>4:37.83</b>	631	ÍM
	50m: 30.95 30.95	150m: 1:41.13	35.56	250m: 2:52.49	35.96	350m: 4:04.01	35.64			
	100m: 1:05.57 34.62	200m: 2:16.53	35.40	300m: 3:28.37	35.88	400m: 4:37.83	33.82			
2.	Kristín Helga Hákonardóttir	14	Breiðablik					<b>4:41.31</b>	608	ÍM
	50m: 31.68 31.68	150m: 1:42.71	36.04	250m: 2:54.09	35.58	350m: 4:06.21	35.87			
	100m: 1:06.67 34.99	200m: 2:18.51	35.80	300m: 3:30.34	36.25	400m: 4:41.31	35.10			
3.	Adele Alexandra Pálsson	15	SH					<b>4:45.70</b>	580	ÍM
	50m: 32.00 32.00	150m: 1:42.70	35.68	250m: 2:55.58	36.70	350m: 4:09.65	37.24			
	100m: 1:07.02 35.02	200m: 2:18.88	36.18	300m: 3:32.41	36.83	400m: 4:45.70	36.05			
4.	Brynhildur Traustadóttir	17	ÍA					<b>4:50.61</b>	551	ÍM
	50m: 32.82 32.82	150m: 1:45.62	36.87	250m: 3:00.27	37.44	350m: 4:15.32	37.27			
	100m: 1:08.75 35.93	200m: 2:22.83	37.21	300m: 3:38.05	37.78	400m: 4:50.61	35.29			
5.	Ragnheiður Karlsdóttir	19	Breiðablik					<b>4:51.52</b>	546	ÍM
	50m: 32.61 32.61	150m: 1:45.36	36.74	250m: 3:00.43	37.39	350m: 4:15.71	37.40			
	100m: 1:08.62 36.01	200m: 2:23.04	37.68	300m: 3:38.31	37.88	400m: 4:51.52	35.81			
6.	Ásta Kristín Jónsdóttir	18	Ármann					<b>4:58.10</b>	511	ÍM
	50m: 33.03 33.03	150m: 1:48.81	38.48	250m: 3:04.88	37.23	350m: 4:20.36	36.76			
	100m: 1:10.33 37.30	200m: 2:27.65	38.84	300m: 3:43.60	38.72	400m: 4:58.10	37.74			
7.	Ylfa Finnbogadóttir	16	SH					<b>4:58.68</b>	508	ÍM
	50m: 34.85 34.85	150m:		250m: 3:06.40	37.82	350m: 4:22.41	37.96			
	100m: 1:12.75 37.90	200m: 2:28.58		300m: 3:44.45	38.05	400m: 4:58.68	36.27			
8.	Þórdís Anita Björnsdóttir	16	SH					<b>5:05.32</b>	475	ÍM
	50m: 35.30 35.30	150m: 1:53.28	39.41	250m: 3:11.57	38.90	350m: 4:28.70	38.23			
	100m: 1:13.87 38.57	200m: 2:32.67	39.39	300m: 3:50.47	38.90	400m: 5:05.32	36.62			
9.	Sandra Dögg Kristjánsdóttir	15	SH					<b>5:06.21</b>	471	ÍM
	50m: 34.10 34.10	150m: 1:51.55	38.64	250m: 3:10.40	39.51	350m: 4:29.21	39.29			
	100m: 1:12.91 38.81	200m: 2:30.89	39.34	300m: 3:49.92	39.52	400m: 5:06.21	37.00			
10.	Klara Sif Sverrisdóttir	18	Breiðablik					<b>5:06.76</b>	469	ÍM
	50m: 33.69 33.69	150m: 1:50.29	38.90	250m: 3:09.06	39.46	350m: 4:28.42	39.54			
	100m: 1:11.39 37.70	200m: 2:29.60	39.31	300m: 3:48.88	39.82	400m: 5:06.76	38.34			
11.	Rebekka Sif Ómarsdóttir	15	Óðinn					<b>5:08.76</b>	460	ÍM
	50m: 33.77 33.77	150m: 1:50.31	38.87	250m: 3:09.75	39.46	350m: 4:29.62	39.64			
	100m: 1:11.44 37.67	200m: 2:30.29	39.98	300m: 3:49.98	40.23	400m: 5:08.76	39.14			
12.	Þórunn Kolbrún Árnadóttir	16	ÍRB					<b>5:08.86</b>	459	ÍM
	50m: 34.25 34.25	150m: 1:52.51	39.73	250m: 3:12.89	40.01	350m: 4:31.55	38.92			
	100m: 1:12.78 38.53	200m: 2:32.88	40.37	300m: 3:52.63	39.74	400m: 5:08.86	37.31			
13.	Heiður Kristín Sigurgeirsdóttir	17	Ármann					<b>5:09.08</b>	458	ÍM
	50m: 34.70 34.70	150m: 1:51.61	39.28	250m: 3:10.60	39.83	350m:				
	100m: 1:12.33 37.63	200m: 2:30.77	39.16	300m: 3:50.12	39.52	400m: 5:09.08				
14.	Freyja Birkisdóttir	12	Breiðablik					<b>5:11.20</b>	449	ÍM
	50m: 34.26 34.26	150m: 1:52.94	39.82	250m: 3:13.94	40.92	350m: 4:33.69	39.99			
	100m: 1:13.12 38.86	200m: 2:33.02	40.08	300m: 3:53.70	39.76	400m: 5:11.20	37.51			



11. Ásvallamót 2018  
Hafnarfjörður, 7. - 8.4.2018

Sundgrein 10, kvenna, 400m skriðsund, Opinn

Sæti	Aldur				Tími	Stig
15. Aþena Arnarsdóttir	15	Óðinn			<b>5:11.71</b>	447
50m: 34.48 34.48	150m: 1:52.95 39.56	250m: 3:12.90 39.94	350m: 4:33.45 40.05			
100m: 1:13.39 38.91	200m: 2:32.96 40.01	300m: 3:53.40 40.50	400m: 5:11.71 38.26			
16. Þóra Snorradóttir	15	Óðinn			<b>5:13.62</b>	439
50m: 35.16 35.16	150m: 1:53.67 39.60	250m: 3:13.97 40.21	350m: 4:34.09 39.85			
100m: 1:14.07 38.91	200m: 2:33.76 40.09	300m: 3:54.24 40.27	400m: 5:13.62 39.53			
17. Dagbjörg Hlíf Ólafsdóttir	13	SH			<b>5:16.25</b>	428
50m: 36.11 36.11	150m: 1:56.82 41.08	250m: 3:17.62 40.62	350m: 4:38.74 40.79			
100m: 1:15.74 39.63	200m: 2:37.00 40.18	300m: 3:57.95 40.33	400m: 5:16.25 37.51			
18. Hildur Valsdóttir	14	SH			<b>5:16.30</b>	428
50m: 35.66 35.66	150m: 1:56.11 40.20	250m: 3:17.64 40.09	350m: 4:38.40 40.38			
100m: 1:15.91 40.25	200m: 2:37.55 41.44	300m: 3:58.02 40.38	400m: 5:16.30 37.90			
19. Sigurjóna Ragnheiðardóttir	15	Óðinn			<b>5:17.08</b>	424
50m: 35.57 35.57	150m: 1:56.31 40.94	250m: 3:18.53 41.19	350m: 4:39.02 41.07			
100m: 1:15.37 39.80	200m: 2:37.34 41.03	300m: 3:57.95 39.42	400m: 5:17.08 38.06			
20. Sara Rut Sigurðardóttir	15	SH			<b>5:18.25</b>	420
50m: 35.44 35.44	150m: 1:56.26 40.99	250m: 3:18.20 40.94	350m: 4:39.07 40.22			
100m: 1:15.27 39.83	200m: 2:37.26 41.00	300m: 3:58.85 40.65	400m: 5:18.25 39.18			
21. Katrín Eva Jóhannesdóttir	17	Óðinn			<b>5:19.04</b>	417
50m: 35.46 35.46	150m: 1:56.36 40.96	250m: 3:18.03 40.68	350m: 4:39.94 40.90			
100m: 1:15.40 39.94	200m: 2:37.35 40.99	300m: 3:59.04 41.01	400m: 5:19.04 39.10			
22. Una Hlynsdóttir	16	SH			<b>5:20.65</b>	410
50m: 33.77 33.77	150m: 1:52.88 40.41	250m: 3:17.07 42.47	350m: 4:39.85 40.57			
100m: 1:12.47 38.70	200m: 2:34.60 41.72	300m: 3:59.28 42.21	400m: 5:20.65 40.80			
23. Ingibjörg Svava Magnúsdóttir	13	ÍA			<b>5:21.87</b>	406
50m: 35.64 35.64	150m: 1:57.91 42.29	250m: 3:20.94 41.91	350m: 4:43.41 41.28			
100m: 1:15.62 39.98	200m: 2:39.03 41.12	300m: 4:02.13 41.19	400m: 5:21.87 38.46			
24. Arna Maren Jóhannesdóttir	13	FJÖL			<b>5:25.22</b>	393
50m: 36.66 36.66	150m: 1:59.58 41.42	250m: 3:22.98 41.26	350m: 4:45.53 41.16			
100m: 1:18.16 41.50	200m: 2:41.72 42.14	300m: 4:04.37 41.39	400m: 5:25.22 39.69			
25. Marta Magnúsdóttir	13	KR			<b>5:28.81</b>	380
50m: 37.70 37.70	150m:	250m: 3:26.97 42.79	350m: 4:49.69 40.85			
100m: 1:18.56 40.86	200m: 2:44.18	300m: 4:08.84 41.87	400m: 5:28.81 39.12			
26. Arianna Steinarsdóttir	15	Ármann			<b>5:31.06</b>	373 *
50m: 37.72 37.72	150m: 2:02.05 42.23	250m: 3:26.77 42.53	350m: 4:50.83 41.96			
100m: 1:19.82 42.10	200m: 2:44.24 42.19	300m: 4:08.87 42.10	400m: 5:31.06 40.23			
27. Svanhildur M. Valdimarsdóttir	15	Óðinn			<b>5:35.18</b>	359 *
50m: 36.01 36.01	150m: 2:01.39 43.35	250m: 3:28.25 43.47	350m: 4:54.53 42.63			
100m: 1:18.04 42.03	200m: 2:44.78 43.39	300m: 4:11.90 43.65	400m: 5:35.18 40.65			



11. Ásvallamót 2018  
Hafnarfjörður, 7. - 8.4.2018

Sundgrein 11  
7.4.2018 - 12:09

blandað, 4 x 50m fjórsund

Opinn  
Úrslitalistar

Mótsmet 1:53.67 SH ISL 1.4.2017

Stig: FINA 2016

Sæti						Timi	Stig	
1.	SH 1		SH			<b>1:54.53</b>	542	
	Katarína Róbertsdóttir	18	+0,64	32.10	Predrag Milos	23	+0,18	25.75
	Aron Örn Stefánsson	23		30.05	Jóhanna Elín Guðmundsdóttir	17		26.63
2.	Breiðablik 1		Breiðablik			<b>1:58.05</b>	495	
	Brynjólfur Óli Karlsson	17	+0,55	28.19	Kristín Helga Hákonardóttir	14	+0,12	29.83
	Huginn Hilmarsson	23		32.21	Ragna Sigríður Ragnarsdóttir	17		27.82
3.	SH 2		SH			<b>2:01.23</b>	457	
	Kolbeinn Hrafnkelsson	24	+0,51	26.91	María Fanney Kristjánsdóttir	18	+0,39	31.05
	Róbert Ísak Jónsson	17		33.46	Adele Alexandra Pálsson	15		29.81
4.	Breiðablik 2		Breiðablik			<b>2:02.42</b>	444	
	Guðný Birna Sigurðardóttir	19	+0,65	32.70	Bryndís Bolladóttir	19	+0,44	29.84
	Hallgrímur Kjartansson	20	-0,18	33.58	Patrik Viggó Vilbergsson	16	-0,01	26.30
5.	Ægir 1		Ægir			<b>2:04.51</b>	422	
	Kristinn Þórarinsson	22	+0,59	27.69	Inga Elin Cryer	25	+0,57	29.95
	Halldór Björn Kristinsson	16	+0,31	37.97	Fanney Lind Jóhannsdóttir	16	+0,12	28.90
6.	Óðinn 1		Óðinn			<b>2:04.54</b>	422	
	Pura Snorrardóttir	15	+0,57		Elín Kata Sigurgeirsdóttir	19	+0,52	
	Snævar Atli Halldórsson	18			Ásgrímur Þór Kjartansson	18		
7.	ÍA 1		ÍA			<b>2:05.34</b>	414	
	Ásgerður Jing Laufeyjardóttir	16	+0,73	35.33	Brynhildur Traustadóttir	17	+0,16	30.35
	Sævar Berg Sigurðsson	23	+0,03	33.48	Atli Vikar Ingimundarson	21	+0,02	26.18
8.	Ægir 2		Ægir			<b>2:08.46</b>	384	
	Kristján Gylfi Þórisson	18	+0,64		Bjartur Þórhallsson	18	+0,35	
	Ingibjörg Erla Garðarsdóttir	18			Guðrún Lilja Kristmannsdóttir	14		
9.	SH 3		SH			<b>2:12.95</b>	347	
	Simon Elías Statkevicius	15	+0,62	34.61	Þorgerður Ósk Jónsdóttir	15	+0,47	32.66
	Daði Björnsson	14		34.82	Kristín Ylfa Guðmundsdóttir	16		30.86
10.	SH 4		SH			<b>2:16.13</b>	323	
	Bríet Dalla Gunnarsdóttir	14	+0,72	36.98	Jónas Atli Pálsson	15	+0,54	32.93
	Aron Þór Jónsson	16		35.25	Ylfa Finnbogadóttir	16	+0,06	30.97
11.	ÍA 3		ÍA			<b>2:19.29</b>	301	
	Kristján Magnússon	13	+0,65	35.58	Guðbjörg Bjartey Guðmundsdóttir	13	+0,42	34.33
	Ragnheiður Karen Ólafsdóttir	14	+0,17	36.93	Alex Benjamín Bjarnason	14		32.45
12.	SH 5		SH			<b>2:23.12</b>	278	
	Dagbjörg Hlíf Ólafsdóttir	13	+0,75	41.23	Natalia Jónsdóttir	14	+0,58	34.40
	Snorri Dagur Einarsson	13		37.02	Veigar Hrafn Sigþórsson	13		30.47
13.	ÍA 2		ÍA			<b>2:27.33</b>	255	
	Eyrún Sigþórsdóttir	17	+0,79	41.44	Ngozi Jóhanna Eze	15	+0,68	34.85
	Snær Llorens Sigurðsson	16	-0,21	37.64	Rafael Andri Williamsson	14	+0,19	33.40





11. Ásvallamót 2018  
Hafnarfjörður, 7. - 8.4.2018

2 - 2. hluti

7.4.2018 - 16:00

Sundgrein 12  
7.4.2018 - 16:00

kvenna, 200m fjórsund

Opinn  
Úrslitalistar

Íslandsmet	2:13.82	Hrafnhildur Lúthersdóttir	SH	Reykjavík	2.6.2015
Mótsmet	2:18.31	Hrafnhildur Lúthersdóttir	ISL		1.4.2017
Aldursflokkamet 15 - 17	2:14.87	Eygló Ósk Gústafsdóttir	Ægir	Reykjavík	12.4.2012
Aldursflokkamet 13 - 14	2:26.71	Eygló Ósk Gústafsdóttir	Ægir	Sarcelles (FRA)	14.3.2009
Aldursflokkamet 11 - 12	2:37.43	Stefanía Sigurbórsdóttir	ÍRB	Reykjanesbæ	15.12.2013

EM50 16 +: 2:18.08 / YOG B-standard 15 - 18: 2:25.32 / EMU 16 - 17: 2:22.09; 14 - 15: 2:23.49 / NÆM 13 - 15: 2:30.66 /  
ÍM50 : 2:48.29

Stig: FINA 2016

Sæti	Aldur	Tími	Stig	50m	100m	150m	200m		
Opinn									
1.	María Fanney Kristjánsdóttir 18	SH	<b>2:28.41</b>	613	ÍM	32.14	39.71	42.76	33.80
2.	Þorgerður Ósk Jónsdóttir 15	SH	<b>2:38.71</b>	501	ÍM	34.53	41.93	48.14	34.11
3.	Ragnheiður Karlsdóttir 19	Breiðablik	<b>2:38.88</b>	500	ÍM	33.49	42.42	46.88	36.09
4.	Kristín Ylfa Guðmundsdóttir 16	SH	<b>2:39.07</b>	498	ÍM	33.36	44.44	45.83	35.44
5.	Regína Lilja Gunnlaugsdóttir 16	Breiðablik	<b>2:42.21</b>	470	ÍM	32.81	44.85	49.89	34.66
6.	Herdís Viggósdóttir 14	KR	<b>2:44.57</b>	450	ÍM	35.29	45.03	46.10	38.15
7.	Þena Jónsdóttir 14	SH	<b>2:45.51</b>	442	ÍM	36.11	43.14	50.23	36.03
8.	Gunnhildur Björg B. 18	ÍRB	<b>2:46.07</b>	438	ÍM	33.57	44.74	48.65	39.11
9.	Sandra Dögg Kristjánsdóttir 15	SH	<b>2:46.88</b>	431	ÍM	37.34	42.47	50.15	36.92
10.	Diljá Dröfn Jóhannesdóttir 15	SH	<b>2:47.46</b>	427	ÍM	38.69	42.32	50.30	36.15
11.	Sigurjóna Ragnheiðardóttir 15	Óðinn	<b>2:47.82</b>	424	ÍM	34.99	45.99	46.84	40.00
12.	Freyja Birkisdóttir 12	Breiðablik	<b>2:49.64</b>	410		37.42	46.48	47.92	37.82
13.	Briét Dalla Gunnarsdóttir 14	SH	<b>2:51.43</b>	398		37.72	44.40	51.24	38.07
14.	Ylfa Finnbogadóttir 16	SH	<b>2:51.64</b>	396		36.10	47.47	48.72	39.35
15.	Íris Edda Garðarsdóttir 15	Ægir	<b>2:53.78</b>	382		38.03	47.02	49.03	39.70
16.	Guðbjörg Bjartey G. 13	ÍA	<b>2:54.59</b>	376		37.06	47.35	48.32	41.86
17.	Þórdís Anita Björnsdóttir 16	SH	<b>2:54.74</b>	375		37.69	47.79	51.21	38.05
18.	Dagbjörg Hlíf Ólafsdóttir 13	SH	<b>2:58.79</b>	351		38.32	48.27	53.43	38.77
19.	Natalia Jónsdóttir 14	SH	<b>3:02.57</b>	329		37.90	47.87	57.13	39.67
20.	Una Erlin Baldursdóttir 14	Ægir	<b>3:02.99</b>	327		42.91	48.90	53.17	38.01
21.	Ingibjörg Svava M. 13	ÍA	<b>3:03.88</b>	322		39.56	48.21	56.51	39.60
22.	Dagbjört Lilja Danielsdóttir 14	VÖLS	<b>3:04.16</b>	321		38.84	51.15	53.13	41.04
23.	Aníta Hrafnisdóttir S14 24	Fjörður	<b>3:04.59</b>	318		41.12	48.41	53.35	41.71
24.	Vigdís Tinna Hákonardóttir 12	Breiðablik	<b>3:05.66</b>	313		43.60	47.92	54.12	40.02
25.	Jóhanna Brynja Rúnarsdóttir 12	SH	<b>3:05.98</b>	311		40.09	48.81	56.59	40.49
26.	Guðbjörg Eyvindardóttir 14	SH	<b>3:09.20</b>	296		41.48	49.56	58.41	39.75
27.	Ziza Alomerovik 11	Árman	<b>3:09.32</b>	295		44.91	47.65	56.05	40.71
28.	Ylfa Ásgerður Eyjólfsdóttir 12	Árman	<b>3:10.09</b>	292		44.98	50.02	55.58	39.51
29.	Auður Halla Rögnvaldsdóttir 15	KR	<b>3:10.45</b>	290		42.34	51.26	53.46	43.39
30.	Kolbrún Jónsdóttir 15	UMFA	<b>3:13.44</b>	277		43.24	45.55	1:01.77	42.88
31.	Eva Claire Sæmundsdóttir 14	SH	<b>3:14.41</b>	273		45.35	48.16	59.22	41.68
32.	Eyrún Anna Jóhannesdóttir 12	FJÖL	<b>3:17.42</b>	260		47.09	54.26	53.07	43.00
33.	Sunna Arnfinnsdóttir 11	Árman	<b>3:17.86</b>	258		49.00	50.03	57.22	41.61
34.	Helga Sigurlaug Helgadóttir 11	SH	<b>3:19.65</b>	252		48.24	50.51	59.11	41.79
35.	Nadja Djurovic 11	Breiðablik	<b>3:21.45</b>	245		45.14	52.87	59.55	43.89
36.	Lára Jakobína Gunnarsdóttir 15	ÍA	<b>3:23.10</b>	239		42.58	51.79		
37.	Katla Mist Bragadóttir 11	Árman	<b>3:29.81</b>	217		51.61	53.41	57.44	47.35
38.	Sólveig Ágústa Aradóttir 13	Árman	<b>3:33.25</b>	206	*	51.90	54.91		
ÓG.	Katja Lilja Andriysdóttir 12	SH							

6.6 - Keppendi lauk ekki sundinu á bakinu



11. Ásvallamót 2018  
Hafnarfjörður, 7. - 8.4.2018

Sundgrein 12, kvenna, 200m fjórsund

16 - 17 ára

1. Kristín Ylfa Guðmundsdóttir	16	SH	<b>2:39.07</b>	498	ÍM	33.36	44.44	45.83	35.44
2. Regína Lilja Gunnlaugsdóttir	16	Breiðablik	<b>2:42.21</b>	470	ÍM	32.81	44.85	49.89	34.66
3. Ylfa Finnbogadóttir	16	SH	<b>2:51.64</b>	396		36.10	47.47	48.72	39.35
4. Þórdís Anita Björnsdóttir	16	SH	<b>2:54.74</b>	375		37.69	47.79	51.21	38.05

14 - 15 ára

1. Þorgerður Ósk Jónsdóttir	15	SH	<b>2:38.71</b>	501	ÍM	34.53	41.93	48.14	34.11
2. Herdís Viggósdóttir	14	KR	<b>2:44.57</b>	450	ÍM	35.29	45.03	46.10	38.15
3. Aþena Jónsdóttir	14	SH	<b>2:45.51</b>	442	ÍM	36.11	43.14	50.23	36.03
4. Sandra Dögg Kristjánsdóttir	15	SH	<b>2:46.88</b>	431	ÍM	37.34	42.47	50.15	36.92
5. Diljá Dröfn Jóhannesdóttir	15	SH	<b>2:47.46</b>	427	ÍM	38.69	42.32	50.30	36.15
6. Sigurjóna Ragnheiðardóttir	15	Óðinn	<b>2:47.82</b>	424	ÍM	34.99	45.99	46.84	40.00
7. Bríet Dalla Gunnarsdóttir	14	SH	<b>2:51.43</b>	398		37.72	44.40	51.24	38.07
8. Íris Edda Garðarsdóttir	15	Ægir	<b>2:53.78</b>	382		38.03	47.02	49.03	39.70
9. Natalia Jónsdóttir	14	SH	<b>3:02.57</b>	329		37.90	47.87	57.13	39.67
10. Una Erlin Baldursdóttir	14	Ægir	<b>3:02.99</b>	327		42.91	48.90	53.17	38.01
11. Dagbjört Lilja Danielsdóttir	14	VÖLS	<b>3:04.16</b>	321		38.84	51.15	53.13	41.04
12. Guðbjörg Eyvindardóttir	14	SH	<b>3:09.20</b>	296		41.48	49.56	58.41	39.75
13. Auður Halla Rögnvaldsdóttir	15	KR	<b>3:10.45</b>	290		42.34	51.26	53.46	43.39
14. Kolbrún Jónsdóttir	15	UMFA	<b>3:13.44</b>	277		43.24	45.55	1:01.77	42.88
15. Eva Claire Sæmundsdóttir	14	SH	<b>3:14.41</b>	273		45.35	48.16	59.22	41.68
16. Lára Jakobína Gunnarsdóttir	15	ÍA	<b>3:23.10</b>	239		42.58	51.79		

13 ára og yngri

1. Freyja Birkisdóttir	12	Breiðablik	<b>2:49.64</b>	410		37.42	46.48	47.92	37.82
2. Guðbjörg Bjartey G.	13	ÍA	<b>2:54.59</b>	376		37.06	47.35	48.32	41.86
3. Dagbjörg Hlíf Ólafsdóttir	13	SH	<b>2:58.79</b>	351		38.32	48.27	53.43	38.77
4. Ingibjörg Svava M.	13	ÍA	<b>3:03.88</b>	322		39.56	48.21	56.51	39.60
5. Vigdís Tinna Hákonardóttir	12	Breiðablik	<b>3:05.66</b>	313		43.60	47.92	54.12	40.02
6. Jóhanna Brynja Rúnarsdóttir	12	SH	<b>3:05.98</b>	311		40.09	48.81	56.59	40.49
7. Ziza Alomerovik	11	Árman	<b>3:09.32</b>	295		44.91	47.65	56.05	40.71
8. Ylfa Ásgerður Eyjólfsdóttir	12	Árman	<b>3:10.09</b>	292		44.98	50.02	55.58	39.51
9. Eyrún Anna Jóhannesdóttir	12	FJÖL	<b>3:17.42</b>	260		47.09	54.26	53.07	43.00
10. Sunna Arnfinnsdóttir	11	Árman	<b>3:17.86</b>	258		49.00	50.03	57.22	41.61
11. Helga Sigurlaug Helgadóttir	11	SH	<b>3:19.65</b>	252		48.24	50.51	59.11	41.79
12. Nadja Djurovic	11	Breiðablik	<b>3:21.45</b>	245		45.14	52.87	59.55	43.89
13. Katla Mist Bragadóttir	11	Árman	<b>3:29.81</b>	217		51.61	53.41	57.44	47.35
14. Sólveig Ágústa Aradóttir	13	Árman	<b>3:33.25</b>	206	*	51.90	54.91		
ÓG. Katja Lilja Andriysdóttir	12	SH							

6.6 - Keppendi lauk ekki sundinu á bakinu



11. Ásvallamót 2018  
Hafnarfjörður, 7. - 8.4.2018

Sundgrein 13  
7.4.2018 - 16:16

karla, 50m baksund

Opinn  
Úrslitalistar

Íslandsmet	25.86	Örn Arnason	SH	Eindhoven (NED)	20.3.2008
Mótsmet	26.23	Örn Arnason	ISL		1.6.2008
Aldursflokkamet 15 - 17	27.25	Kristinn Þórarinsson	Fjölur	Reykjavík	15.4.2012
Aldursflokkamet 13 - 14	29.30	Brynjólfur Óli Karlsson	Breiðablik	Reykjavík	10.4.2015
Aldursflokkamet 11 - 12	33.08	Brynjólfur Óli Karlsson	Breiðablik	Reykjavík	1.3.2013

EM50 16 +: 26.18 / YOG B-standard 15 - 18: 27.67 / EMU 17 - 18: 27.15; 15 - 16: 27.42 / ÍM50 : 32.50

Stig: FINA 2016

Sæti	Aldur		Tími	Stig	
1.	24	SH	<b>27.00</b>	705	ÍM
2.	22	Ægir	<b>27.40</b>	675	ÍM
3.	17	Breiðablik	<b>28.23</b>	617	ÍM
4.	15	ÍRB	<b>31.85</b>	430	ÍM
5.	17	KR	<b>32.31</b>	411	ÍM
6.	15	ÍRB	<b>32.61</b>	400	
7.	15	Breiðablik	<b>33.43</b>	371	
8.	19	Rán	<b>33.95</b>	355	
9.	15	Ægir	<b>34.57</b>	336	
10.	14	Ægir	<b>35.26</b>	316	
11.	14	FJÖL	<b>35.35</b>	314	
12.	13	ÍA	<b>36.16</b>	293	
13.	15	Nes	<b>37.19</b>	270	
14.	14	Breiðablik	<b>38.42</b>	244	
15.	16	UMFA	<b>38.55</b>	242	
16.	14	FJÖL	<b>38.93</b>	235	
17.	12	Ármann	<b>39.15</b>	231	
18.	16	Ægir	<b>40.68</b>	206	*
19.	30	Fjörður	<b>41.33</b>	196	*
20.	18	Nes	<b>43.93</b>	163	*
21.	31	Fjörður	<b>45.51</b>	147	*
22.	23	Fjörður	<b>53.71</b>	89	*
23.	22	Óðinn	<b>55.54</b>	81	*
ÓG.	16	FJÖL			ÍM
6.4 - Allur í kafí meðan á sundi stóð (nema fyrstu 15m eftir start eða snúning)					
ÓG.	12	Breiðablik			*
6.6 - Keppendi lauk ekki sundinu á bakinu					



11. Ásvallamót 2018  
Hafnarfjörður, 7. - 8.4.2018

Sundgrein 14  
7.4.2018 - 16:22

kvenna, 50m flugsund

Opinn  
Úrslitalistar

Íslandsmet	26.68	Bryndís Rún Hansen	Óðinn	London (GBR)	16.5.2016
Mótsmet	28.09	Bryndís Rún Hansen	ISL		1.6.2010
Aldursflokkamet 15 - 17	27.84	Bryndís Rún Hansen	Óðinn	Prag (CZE)	12.7.2009
Aldursflokkamet 13 - 14	29.39	Bryndís Bolladóttir	Óðinn	Reykjavík	8.2.2013
Aldursflokkamet 11 - 12	32.77	Rannveig Rögn Leifsdóttir	KR	Reykjavík	13.2.2009

EM50 16 +: 27.42 / YOG B-standard 15 - 18: 29.07 / EMU 16 - 17: 28.28; 14 - 15: 28.56 / ÍM50 : 33.45

Stig: FINA 2016

Sæti	Aldur		Tími	Stig	
1.	Jóhanna Elín Guðmundsdóttir	17 SH	<b>29.00</b>	597	YOG
2.	Inga Elin Cryer	25 Ægir	<b>29.44</b>	571	ÍM
3.	Katarína Róbertsdóttir	18 SH	<b>29.50</b>	567	ÍM
4.	Ásta Kristín Jónsdóttir	18 Ármann	<b>30.87</b>	495	ÍM
5.	Brynhildur Traustadóttir	17 ÍA	<b>31.57</b>	463	ÍM
6.	Elín Kata Sigurgeirsdóttir	19 Óðinn	<b>31.78</b>	454	ÍM
7.	Þóra Snorradóttir	15 Óðinn	<b>31.94</b>	447	ÍM
8.	Stefanía Sigurþórsdóttir	17 ÍRB	<b>32.13</b>	439	ÍM
9.	Halla Margrét Baldursdóttir	16 KR	<b>32.45</b>	426	ÍM
10.	Una Hlynsdóttir	16 SH	<b>32.96</b>	407	ÍM
11.	Fanney Lind Jóhannsdóttir	16 Ægir	<b>33.08</b>	402	ÍM
12.	Herdís Viggósdóttir	14 KR	<b>33.38</b>	392	ÍM
13.	Sigurjóna Ragnheiðardóttir	15 Óðinn	<b>33.65</b>	382	
14.	Ingibjörg Erla Garðarsdóttir	18 Ægir	<b>33.87</b>	375	
15.	Guðbjörg Bjartey Guðmundsdóttir	13 ÍA	<b>33.99</b>	371	
16.	Ragnheiður Karen Ólafsdóttir	14 ÍA	<b>34.27</b>	362	
17.	Ngozi Jóhanna Eze	15 ÍA	<b>34.44</b>	356	
18.	Eva Sól Garðarsdóttir	15 Óðinn	<b>34.96</b>	341	
19.	Þena Arnarsdóttir	15 Óðinn	<b>35.01</b>	339	
20.	Guðrún Lilja Kristmannsdóttir	14 Ægir	<b>35.08</b>	337	
21.	Birgitta Ingólfssdóttir	13 FJÖL	<b>36.05</b>	311	
22.	Katrín Eva Jóhannesdóttir	17 Óðinn	<b>36.75</b>	293	
23.	Guðný Birna Falsdóttir	15 ÍRB	<b>37.42</b>	278	
24.	Rebekka Sif Ómarsdóttir	15 Óðinn	<b>37.99</b>	265	
25.	Marta Magnúsdóttir	13 KR	<b>38.94</b>	246	
26.	Sif Grímsdóttir	15 KR	<b>39.21</b>	241	
27.	Aníta Hrafnisdóttir S14	24 Fjörður	<b>42.02</b>	196	*
28.	Embla Sólrún Jóhannesdóttir	12 FJÖL	<b>43.27</b>	179	*



11. Ásvallamót 2018  
Hafnarfjörður, 7. - 8.4.2018

Sundgrein 15  
7.4.2018 - 16:27

karla, 200m skriðsund

Opinn  
Úrslitalistar

Íslandsmet	1:49.78	Örn Arnason	SH	Sydney (AUS)	19.9.2000
Mótsmet	1:54.58	Igor Cerensek	CRO		1.6.2008
Aldursflokkamet 15 - 17	1:50.63	Örn Arnasson	SH	Antwerpen (BEL)	2.8.1998
Aldursflokkamet 13 - 14	2:02.82	Viktor Forafonov	NOR	Oslo (NOR)	14.10.2016
Aldursflokkamet 11 - 12	2:20.61	Patrik Viggó Vilbergsson	Breiðablik	Hódmezővásárhely (HUN)	12.12.2014

EM50 16 +: 1:51.50 / YOG B-standard 15 - 18: 1:56.35 / EMU 17 - 18: 1:53.01; 15 - 16: 1:54.12 / NÆM 14 - 16: 1:59.83 /  
ÍM50 : 2:16.95

Stig: FINA 2016

Sæti	Aldur		Tími	Stig	50m	100m	150m	200m		
Opinn										
1.	Kristinn Þórarinnsson	22	Ægir	<b>2:00.86</b>	601	ÍM	28.13	31.24	32.23	29.26
2.	Huginn Hilmarsson	23	Breiðablik	<b>2:01.84</b>	586	ÍM	28.45	31.53	31.57	30.29
3.	Patrik Viggó Vilbergsson	16	Breiðablik	<b>2:03.50</b>	563	ÍM	28.39	31.76	32.36	30.99
4.	Brynjólfur Óli Karlsson	17	Breiðablik	<b>2:04.04</b>	556	ÍM	28.60	32.18	32.66	30.60
5.	Róbert Ísak Jónsson	17	SH	<b>2:05.75</b>	533	ÍM	28.52	32.06	32.93	32.24
6.	Kristján Gylfi Þórisson	18	Ægir	<b>2:05.78</b>	533	ÍM	28.94	32.62	33.41	30.81
7.	Bjartur Þórhallsen	18	Ægir	<b>2:06.30</b>	526	ÍM	28.69	32.09	32.92	32.60
8.	Gunnar Bjarki Jónsson	20	Breiðablik	<b>2:08.73</b>	497	ÍM	28.41	32.16	33.95	34.21
9.	Róbert Andri Pálmason	16	Breiðablik	<b>2:09.81</b>	485	ÍM	29.47	33.67	33.56	33.11
10.	Atli Vikar Ingimundarson	21	ÍA	<b>2:12.67</b>	454	ÍM	29.68	34.19	34.77	34.03
11.	Logi Freyr Arnarsson	15	KR	<b>2:13.04</b>	450	ÍM	29.95	33.35	35.31	34.43
12.	Símon Elías Statkevicius	15	SH	<b>2:13.12</b>	449	ÍM	30.41	34.38	35.02	33.31
13.	Hákon Alexander Magnússon	18	Óðinn	<b>2:13.31</b>	447	ÍM	29.74	33.62	34.86	35.09
14.	Úlfur Páll Andrason	14	KR	<b>2:15.14</b>	429	ÍM	30.21	33.69	35.72	35.52
15.	Tómas Magnússon	16	KR	<b>2:15.57</b>	425	ÍM	29.72	34.30	35.69	35.86
16.	Skúli Thor Ásgeirsson	16	Ægir	<b>2:16.42</b>	417	ÍM	31.11	34.47	35.88	34.96
17.	Veigar Hrafn Sigþórsson	13	SH	<b>2:16.84</b>	414	ÍM	31.46	35.11	35.57	34.70
18.	Ingvar Orri Jóhannesson	14	FJÖL	<b>2:16.95</b>	413	ÍM	30.90	34.13	37.00	34.92
19.	Snær Llorens Sigurðsson	16	ÍA	<b>2:17.02</b>	412		30.50	34.57	36.43	35.52
20.	Tristan Þór K Wium	16	ÍRB	<b>2:17.94</b>	404		31.57	35.00	36.39	34.98
21.	Jónas Atli Pálsson	15	SH	<b>2:19.09</b>	394		31.96	35.06	36.62	35.45
22.	Snævar Atli Halldórsson	18	Óðinn	<b>2:19.13</b>	394		30.77	35.68	37.24	35.44
23.	Teitur Þór Ólafsson	14	Ægir	<b>2:20.19</b>	385		32.40	36.46	36.88	34.45
24.	Júlíus Karl Maier	16	SH	<b>2:21.08</b>	377		32.06	35.89	37.22	35.91
25.	Ásgrímur Þór Kjartansson	18	Óðinn	<b>2:21.82</b>	372		31.09	36.03	38.53	36.17
26.	Runólfur Þorláksson	16	Ármann	<b>2:21.99</b>	370		32.11	36.74	37.67	35.47
27.	Kári Steinn Kjartansson	15	Ægir	<b>2:22.36</b>	367		33.09	36.65	37.29	35.33
28.	Guðmundur Halldórsson	14	Breiðablik	<b>2:24.56</b>	351		32.85	36.70	37.76	37.25
29.	Andri Stefánsson	14	SH	<b>2:25.42</b>	345		32.30	37.55	38.46	37.11
30.	Halldór Óskar Eiríksson	16	Ægir	<b>2:28.56</b>	323		33.96	38.89	37.91	37.80
31.	Jón Ingi Halldórsson	14	Breiðablik	<b>2:31.69</b>	304		34.66	38.71	40.04	38.28
32.	Edward Jensson	14	SH	<b>2:32.50</b>	299		33.88	39.35	41.16	38.11
33.	Þróstur Ingi Gunnsteinsson	12	Ármann	<b>2:33.41</b>	293		35.52	39.50	40.65	37.74
34.	Ýmir Chatenay Sölvason	12	Ármann	<b>2:33.84</b>	291		35.24	39.10	39.81	39.69
35.	Gabriel Ari Tryggvason	15	Nes	<b>2:34.30</b>	288		33.53	39.62	41.81	39.34
36.	Erik Vikar Diez	14	Ægir	<b>2:35.03</b>	284		33.97	38.89	41.21	40.96
37.	Stefán Ingi Ólafsson	12	Ægir	<b>2:36.05</b>	279		36.72	40.71	40.29	38.33
38.	Bjarki B Isaksen	12	Breiðablik	<b>2:36.30</b>	277		36.46	41.33	41.21	37.30
39.	Sigurður Þráinn Sigurðsson	16	UMFA	<b>2:36.80</b>	275		36.26	40.01	41.64	38.89
40.	Daníel Lúkas Tómasson	14	SH	<b>2:37.80</b>	270		36.44	40.57	41.52	39.27
41.	Dagur Snær Hilmarsson	15	SH	<b>2:38.60</b>	266		35.18	40.30	42.32	40.80
42.	Andri Már Kristjánsson	12	SH	<b>2:38.90</b>	264		37.67	40.93	41.50	38.80
43.	Bergur Fáfniir Bjarnason	12	SH	<b>2:39.78</b>	260		37.91	41.29	42.77	37.81
44.	Arnar Már Birgisson	14	SH	<b>2:41.52</b>	251		37.36	42.22	43.06	38.88
45.	Kristófer Óli Birkisson	14	Óðinn	<b>2:44.31</b>	239		38.38	42.69	43.58	39.66
46.	Markús Már Hilmarsson	13	SH	<b>2:46.83</b>	228		38.88	44.28	42.18	41.49



11. Ásvallamót 2018  
Hafnarfjörður, 7. - 8.4.2018

Sundgrein 15, karla, 200m skriðsund, Opinn

Sæti	Aldur	Tími	Stig	50m	100m	150m	200m	
47.	Björn Yngvi Guðmundsson 11	SH	<b>2:47.59</b>	225	39.37	44.05	44.26	39.91
48.	Adam Leó Tómasson 11	SH	<b>2:51.03</b>	212	39.46	44.48	44.55	42.54
49.	Ævar Örn Ingólfsson 13	SH	<b>2:53.29</b>	203	38.06	45.76	46.75	42.72
50.	Rafael Andri Williamsson 14	ÍA	<b>2:53.30</b>	203	39.68	44.76	46.77	42.09
51.	Ingólfur Bjarnason S10	18 Nes	<b>2:55.23</b>	197	35.80	41.70	47.05	50.68
52.	Finnur Björn Antonson 15	Óðinn	<b>3:00.08</b>	181	41.20	46.81	46.73	45.34
53.	Örn Kató Arnarsson 13	Óðinn	<b>3:00.63</b>	180	41.31	46.96	46.91	45.45
54.	Guðfinnur Karlsson S11	30 Fjörður	<b>3:10.63</b>	153	41.17	47.86	51.57	50.03
55.	Kristinn Viðar Tómasson 12	Óðinn	<b>3:13.85</b>	145	41.98	51.41	51.65	48.81
56.	Hjörtur Ingvarsson S6	23 Fjörður	<b>3:30.15</b>	114 *	48.77	53.11	53.78	54.49

17 - 18 ára

1.	Brynjólfur Óli Karlsson 17	Breiðablik	<b>2:04.04</b>	556	ÍM	28.60	32.18	32.66	30.60
2.	Róbert Ísak Jónsson 17	SH	<b>2:05.75</b>	533	ÍM	28.52	32.06	32.93	32.24
3.	Kristján Gylfi Þórisson 18	Ægir	<b>2:05.78</b>	533	ÍM	28.94	32.62	33.41	30.81
4.	Bjartur Þórhallsen 18	Ægir	<b>2:06.30</b>	526	ÍM	28.69	32.09	32.92	32.60
5.	Hákon Alexander Magnússon 18	Óðinn	<b>2:13.31</b>	447	ÍM	29.74	33.62	34.86	35.09
6.	Snævar Atli Halldórsson 18	Óðinn	<b>2:19.13</b>	394		30.77	35.68	37.24	35.44
7.	Ásgrímur Þór Kjartansson 18	Óðinn	<b>2:21.82</b>	372		31.09	36.03	38.53	36.17
8.	Ingólfur Bjarnason S10	18 Nes	<b>2:55.23</b>	197		35.80	41.70	47.05	50.68

15 - 16 ára

1.	Patrik Viggó Vilbergsson 16	Breiðablik	<b>2:03.50</b>	563	ÍM	28.39	31.76	32.36	30.99
2.	Róbert Andri Pálmason 16	Breiðablik	<b>2:09.81</b>	485	ÍM	29.47	33.67	33.56	33.11
3.	Logi Freyr Arnarsson 15	KR	<b>2:13.04</b>	450	ÍM	29.95	33.35	35.31	34.43
4.	Símon Elías Statkevics 15	SH	<b>2:13.12</b>	449	ÍM	30.41	34.38	35.02	33.31
5.	Tómas Magnússon 16	KR	<b>2:15.57</b>	425	ÍM	29.72	34.30	35.69	35.86
6.	Skúli Thor Ásgeirsson 16	Ægir	<b>2:16.42</b>	417	ÍM	31.11	34.47	35.88	34.96
7.	Snær Llorens Sigurðsson 16	ÍA	<b>2:17.02</b>	412		30.50	34.57	36.43	35.52
8.	Tristan Þór K Wium 16	ÍRB	<b>2:17.94</b>	404		31.57	35.00	36.39	34.98
9.	Jónas Atli Pálsson 15	SH	<b>2:19.09</b>	394		31.96	35.06	36.62	35.45
10.	Júlíus Karl Maier 16	SH	<b>2:21.08</b>	377		32.06	35.89	37.22	35.91
11.	Runólfur Þorláksson 16	Ármann	<b>2:21.99</b>	370		32.11	36.74	37.67	35.47
12.	Kári Steinn Kjartansson 15	Ægir	<b>2:22.36</b>	367		33.09	36.65	37.29	35.33
13.	Halldór Óskar Eiríksson 16	Ægir	<b>2:28.56</b>	323		33.96	38.89	37.91	37.80
14.	Gabriel Ari Tryggvason S11	15 Nes	<b>2:34.30</b>	288		33.53	39.62	41.81	39.34
15.	Sigurður Þráinn Sigurðsson 16	UMFA	<b>2:36.80</b>	275		36.26	40.01	41.64	38.89
16.	Dagur Snær Hilmarsson 15	SH	<b>2:38.60</b>	266		35.18	40.30	42.32	40.80
17.	Finnur Björn Antonson 15	Óðinn	<b>3:00.08</b>	181		41.20	46.81	46.73	45.34

14 ára og yngri

1.	Úlfur Páll Andrason 14	KR	<b>2:15.14</b>	429	ÍM	30.21	33.69	35.72	35.52
2.	Veigar Hrafn Sigþórsson 13	SH	<b>2:16.84</b>	414	ÍM	31.46	35.11	35.57	34.70
3.	Ingvar Orri Jóhannesson 14	FJÖL	<b>2:16.95</b>	413	ÍM	30.90	34.13	37.00	34.92
4.	Teitur Þór Ólafsson 14	Ægir	<b>2:20.19</b>	385		32.40	36.46	36.88	34.45
5.	Guðmundur Halldórsson 14	Breiðablik	<b>2:24.56</b>	351		32.85	36.70	37.76	37.25
6.	Andri Stefánsson 14	SH	<b>2:25.42</b>	345		32.30	37.55	38.46	37.11
7.	Jón Ingi Halldórsson 14	Breiðablik	<b>2:31.69</b>	304		34.66	38.71	40.04	38.28
8.	Edward Jensson 14	SH	<b>2:32.50</b>	299		33.88	39.35	41.16	38.11
9.	Þröstur Ingi Gunnsteinsson 12	Ármann	<b>2:33.41</b>	293		35.52	39.50	40.65	37.74
10.	Ýmir Chatenay Sölvason 12	Ármann	<b>2:33.84</b>	291		35.24	39.10	39.81	39.69
11.	Erik Vikar Diez 14	Ægir	<b>2:35.03</b>	284		33.97	38.89	41.21	40.96
12.	Stefán Ingi Ólafsson 12	Ægir	<b>2:36.05</b>	279		36.72	40.71	40.29	38.33
13.	Bjarki B Isaksen 12	Breiðablik	<b>2:36.30</b>	277		36.46	41.33	41.21	37.30
14.	Daníel Lúkas Tómasson 14	SH	<b>2:37.80</b>	270		36.44	40.57	41.52	39.27



11. Ásvallamót 2018  
Hafnarfjörður, 7. - 8.4.2018

Sundgrein 15, Piltar, 200m skriðsund, 14 ára og yngri

Sæti	Aldur		Tími	Stig	50m	100m	150m	200m
15.	Andri Már Kristjánsson	12 SH	<b>2:38.90</b>	264	37.67	40.93	41.50	38.80
16.	Bergur Fáfírnir Bjarnason	12 SH	<b>2:39.78</b>	260	37.91	41.29	42.77	37.81
17.	Arnar Már Birgisson	14 SH	<b>2:41.52</b>	251	37.36	42.22	43.06	38.88
18.	Kristófer Óli Birkisson	14 Óðinn	<b>2:44.31</b>	239	38.38	42.69	43.58	39.66
19.	Markús Már Hilmarsson	13 SH	<b>2:46.83</b>	228	38.88	44.28	42.18	41.49
20.	Björn Yngvi Guðmundsson	11 SH	<b>2:47.59</b>	225	39.37	44.05	44.26	39.91
21.	Adam Leó Tómasson	11 SH	<b>2:51.03</b>	212	39.46	44.48	44.55	42.54
22.	Ævar Örn Ingólfsson	13 SH	<b>2:53.29</b>	203	38.06	45.76	46.75	42.72
23.	Rafael Andri Williamsson	14 ÍA	<b>2:53.30</b>	203	39.68	44.76	46.77	42.09
24.	Örn Kató Arnarsson	13 Óðinn	<b>3:00.63</b>	180	41.31	46.96	46.91	45.45
25.	Kristinn Viðar Tómasson	12 Óðinn	<b>3:13.85</b>	145	41.98	51.41	51.65	48.81

Sundgrein 16  
7.4.2018 - 16:47

kvenna, 100m baksund

Opinn  
Úrslitalistar

Íslandsmet	1:00.25	Eygló Ósk Gústafsdóttir	Ægir	Kazan (RUS)	3.8.2015
Mótsmet	1:02.52	Eygló Ósk Gústafsdóttir	ISL		1.4.2017
Aldursflokkamet 15 - 17	1:01.74	Eygló Ósk Gústafsdóttir	Ægir	London (GBR)	3.8.2012
Aldursflokkamet 13 - 14	1:06.46	Kolbrún Yr Kristjánsdóttir	ÍA	Lissabon (POR)	22.7.1997
Aldursflokkamet 11 - 12	1:13.03	Eygló Ósk Gústafsdóttir	Ægir	Reykjavík	15.6.2007

EM50 16 +: 1:02.73 / YOG B-standard 15 - 18: 1:05.65 / EMU 16 - 17: 1:04.40; 14 - 15: 1:05.04 / NÆM 13 - 15: 1:08.29 / ÍM50 : 1:16.55

Stig: FINA 2016

Sæti	Aldur		Tími	Stig	50m	100m
Opinn						
1.	Katarína Róbertsdóttir	18 SH	<b>1:08.97</b>	598	ÍM	33.56 35.41
2.	Guðný Birna Sigurðardóttir	19 Breiðablik	<b>1:10.85</b>	552	ÍM	34.43 36.42
3.	Þóra Snorrardóttir	15 Óðinn	<b>1:12.75</b>	509	ÍM	34.33 38.42
4.	Ásgerður Jing Laufeyjardóttir	16 ÍA	<b>1:16.41</b>	440	ÍM	36.11 40.30
5.	Halla Margrét Baldursdóttir	16 KR	<b>1:17.62</b>	419		37.30 40.32
6.	Diljá Rún Ívarsdóttir	16 ÍRB	<b>1:17.98</b>	414		37.95 40.03
7.	Eva Sól Garðarsdóttir	15 Óðinn	<b>1:18.99</b>	398		38.31 40.68
8.	Birta Rún Smáradóttir	14 UMFA	<b>1:19.95</b>	384		38.44 41.51
9.	Sandra Dögg Kristjánsdóttir	15 SH	<b>1:20.05</b>	382		39.21 40.84
10.	Arna Maren Jóhannesdóttir	13 FJÖL	<b>1:20.17</b>	381		39.19 40.98
11.	Birna Hilmarsdóttir	16 ÍRB	<b>1:20.58</b>	375		38.59 41.99
12.	Arianna Steinarsdóttir	15 Ármann	<b>1:20.63</b>	374		39.88 40.75
13.	Rebekka Sif Ómarsdóttir	15 Óðinn	<b>1:21.20</b>	366		39.05 42.15
14.	Anna Salka Nielsen	13 SH	<b>1:21.30</b>	365		39.85 41.45
15.	Þena Arnarsdóttir	15 Óðinn	<b>1:21.38</b>	364		39.70 41.68
16.	Guðbjörg Bjartey Guðmundsdóttir	13 ÍA	<b>1:22.38</b>	351		40.12 42.26
17.	Guðrún Lilja Kristmannsdóttir	14 Ægir	<b>1:23.38</b>	338		40.70 42.68
18.	Dagbjörg Hlíf Ólafsdóttir	13 SH	<b>1:23.54</b>	336		40.89 42.65
19.	Erna Þórarinsdóttir	14 ÍA	<b>1:24.79</b>	322		40.54 44.25
20.	Sif Grímsdóttir	15 KR	<b>1:25.85</b>	310		42.30 43.55
21.	Ingibjörg Svava Magnúsdóttir	13 ÍA	<b>1:26.20</b>	306		41.79 44.41
22.	Karen Ásta Edwardsdóttir	13 Óðinn	<b>1:26.95</b>	298		42.17 44.78
23.	Natalia Jónsdóttir	14 SH	<b>1:27.42</b>	293		43.57 43.85
24.	Guðbjörg Eyvindardóttir	14 SH	<b>1:27.94</b>	288		43.64 44.30
25.	Kolbrún Jónsdóttir	15 UMFA	<b>1:28.27</b>	285		43.29 44.98
26.	Embla Sólrún Jóhannesdóttir	12 FJÖL	<b>1:28.39</b>	284		42.92 45.47
	Eyrún Sigþórsdóttir	17 ÍA	<b>1:28.39</b>	284		42.37 46.02
28.	Jóhanna Brynja Rúnarsdóttir	12 SH	<b>1:29.26</b>	276		43.83 45.43
29.	Ziza Alomerovik	11 Ármann	<b>1:30.59</b>	264		45.19 45.40
30.	Hildur Valsdóttir	14 SH	<b>1:30.97</b>	260		44.63 46.34



11. Ásvallamót 2018  
Hafnarfjörður, 7. - 8.4.2018

Sundgrein 16, kvenna, 100m baksund, Opinn

Sæti	Aldur		Tími	Stig	50m	100m
31.	Eva Claire Sæmundsdóttir	14 SH	<b>1:32.40</b>	248	45.62	46.78
32.	Ylfa Ásgerður Eyjólfsdóttir	12 Ármann	<b>1:32.87</b>	245	47.20	45.67
33.	Svanhildur M. Valdimarsdóttir	15 Óðinn	<b>1:33.62</b>	239	45.74	47.88
34.	Helga Sigurlaug Helgadóttir	11 SH	<b>1:33.74</b>	238	47.22	46.52
35.	Kolbrún Ósk Vilhjálmsdóttir	12 Óðinn	<b>1:34.08</b>	235	45.95	48.13
36.	Auður Halla Rögnvaldsdóttir	15 KR	<b>1:34.91</b>	229	47.09	47.82
	Naómi Arnarsdóttir	11 Óðinn	<b>1:34.91</b>	229	46.12	48.79
38.	Lára Jakobína Gunnarsdóttir	15 ÍA	<b>1:35.07</b>	228		
39.	Sunna Arnfinnsdóttir	11 Ármann	<b>1:36.68</b>	217	47.96	48.72
40.	Hrafnhildur Lóa Kvaran	11 Ármann	<b>1:42.76</b>	180	49.55	53.21
41.	Iðunn María Gunnarsdóttir	14 Ármann	<b>1:43.41</b>	177	49.67	53.74
42.	Arna Rut Stefánsdóttir	11 SH	<b>1:43.51</b>	177	50.25	53.26
43.	Sigríður Aníta Rögnvaldsdóttir S	17 Fjörður	<b>1:43.75</b>	175	50.28	53.47
44.	Sólveig Ágústa Aradóttir	13 Ármann	<b>1:43.82</b>	175	50.23	53.59
45.	Tinna Karen Sigurðardóttir	10 SH	<b>1:48.24</b>	154	52.76	55.48
46.	Rebekka Rún Magnúsdóttir	10 SH	<b>1:48.56</b>	153	51.16	57.40
47.	Anna Þrastardóttir S14	14 Fjörður	<b>1:54.26</b>	131 *	53.17	1:01.09
48.	Júlía Pálmadóttir	11 Ármann	<b>1:56.75</b>	123 *	57.21	59.54

16 - 17 ára

1.	Ásgerður Jing Laufeyjardóttir	16 ÍA	<b>1:16.41</b>	440 ÍM	36.11	40.30
2.	Halla Margrét Baldursdóttir	16 KR	<b>1:17.62</b>	419	37.30	40.32
3.	Diljá Rún Ívarsdóttir	16 ÍRB	<b>1:17.98</b>	414	37.95	40.03
4.	Birna Hilmarsdóttir	16 ÍRB	<b>1:20.58</b>	375	38.59	41.99
5.	Eyrún Sigþórsdóttir	17 ÍA	<b>1:28.39</b>	284	42.37	46.02
6.	Sigríður Aníta Rögnvaldsdóttir S	17 Fjörður	<b>1:43.75</b>	175	50.28	53.47

14 - 15 ára

1.	Þóra Snorradóttir	15 Óðinn	<b>1:12.75</b>	509 ÍM	34.33	38.42
2.	Eva Sól Garðarsdóttir	15 Óðinn	<b>1:18.99</b>	398	38.31	40.68
3.	Birta Rún Smáradóttir	14 UMFA	<b>1:19.95</b>	384	38.44	41.51
4.	Sandra Dögg Kristjánsdóttir	15 SH	<b>1:20.05</b>	382	39.21	40.84
5.	Arianna Steinarsdóttir	15 Ármann	<b>1:20.63</b>	374	39.88	40.75
6.	Rebekka Sif Ómarsdóttir	15 Óðinn	<b>1:21.20</b>	366	39.05	42.15
7.	Aþena Arnarsdóttir	15 Óðinn	<b>1:21.38</b>	364	39.70	41.68
8.	Guðrún Lilja Kristmannsdóttir	14 Ægir	<b>1:23.38</b>	338	40.70	42.68
9.	Erna Þórarinsdóttir	14 ÍA	<b>1:24.79</b>	322	40.54	44.25
10.	Sif Grímsdóttir	15 KR	<b>1:25.85</b>	310	42.30	43.55
11.	Natalia Jónsdóttir	14 SH	<b>1:27.42</b>	293	43.57	43.85
12.	Guðbjörg Eyvindardóttir	14 SH	<b>1:27.94</b>	288	43.64	44.30
13.	Kolbrún Jónsdóttir	15 UMFA	<b>1:28.27</b>	285	43.29	44.98
14.	Hildur Valsdóttir	14 SH	<b>1:30.97</b>	260	44.63	46.34
15.	Eva Claire Sæmundsdóttir	14 SH	<b>1:32.40</b>	248	45.62	46.78
16.	Svanhildur M. Valdimarsdóttir	15 Óðinn	<b>1:33.62</b>	239	45.74	47.88
17.	Auður Halla Rögnvaldsdóttir	15 KR	<b>1:34.91</b>	229	47.09	47.82
18.	Lára Jakobína Gunnarsdóttir	15 ÍA	<b>1:35.07</b>	228		
19.	Iðunn María Gunnarsdóttir	14 Ármann	<b>1:43.41</b>	177	49.67	53.74
20.	Anna Þrastardóttir S14	14 Fjörður	<b>1:54.26</b>	131 *	53.17	1:01.09





11. Ásvallamót 2018  
Hafnarfjörður, 7. - 8.4.2018

Sundgrein 16, kvenna, 100m baksund

13 ára og yngri

1.	Arna Maren Jóhannesdóttir	13	FJÖL	<b>1:20.17</b>	381	39.19	40.98
2.	Anna Salka Nielsen	13	SH	<b>1:21.30</b>	365	39.85	41.45
3.	Guðbjörg Bjartey Guðmundsdóttir	13	ÍA	<b>1:22.38</b>	351	40.12	42.26
4.	Dagbjörg Hlíf Ólafsdóttir	13	SH	<b>1:23.54</b>	336	40.89	42.65
5.	Ingibjörg Svava Magnúsdóttir	13	ÍA	<b>1:26.20</b>	306	41.79	44.41
6.	Karen Ásta Edwardsdóttir	13	Óðinn	<b>1:26.95</b>	298	42.17	44.78
7.	Embla Sólrún Jóhannesdóttir	12	FJÖL	<b>1:28.39</b>	284	42.92	45.47
8.	Jóhanna Brynja Rúnarsdóttir	12	SH	<b>1:29.26</b>	276	43.83	45.43
9.	Ziza Alomerovik	11	Árman	<b>1:30.59</b>	264	45.19	45.40
10.	Ylfa Ásgerður Eyjólfsdóttir	12	Árman	<b>1:32.87</b>	245	47.20	45.67
11.	Helga Sigurlaug Helgadóttir	11	SH	<b>1:33.74</b>	238	47.22	46.52
12.	Kolbrún Ósk Vilhjálmisdóttir	12	Óðinn	<b>1:34.08</b>	235	45.95	48.13
13.	Naómí Arnarsdóttir	11	Óðinn	<b>1:34.91</b>	229	46.12	48.79
14.	Sunna Arnfinnsdóttir	11	Árman	<b>1:36.68</b>	217	47.96	48.72
15.	Hrafnhildur Lóa Kvaran	11	Árman	<b>1:42.76</b>	180	49.55	53.21
16.	Arna Rut Stefánsdóttir	11	SH	<b>1:43.51</b>	177	50.25	53.26
17.	Sólveig Ágústa Aradóttir	13	Árman	<b>1:43.82</b>	175	50.23	53.59
18.	Tinna Karen Sigurðardóttir	10	SH	<b>1:48.24</b>	154	52.76	55.48
19.	Rebekka Rún Magnúsdóttir	10	SH	<b>1:48.56</b>	153	51.16	57.40
20.	Júlía Pálmadóttir	11	Árman	<b>1:56.75</b>	123 *	57.21	59.54

Sundgrein 17

7.4.2018 - 17:04

karla, 400m fjórsund

Opinn  
Úrslitalistar

Íslandsmet	4:23.64	Anton Sveinn McKee	Ægir	Reykjavík	15.4.2012
Mótsmet	4:36.21	Hocine Haciane	AND		1.6.2010
Aldursflokkamet 15 - 17	4:40.61	Örn Arnason	SH	Reykjavík	7.6.1998
Aldursflokkamet 13 - 14	4:56.48	Ólafur Sigurðsson	SH	Reykjavík	14.6.2013
Aldursflokkamet 11 - 12	5:39.19	Viktor Forafonov	Asker	Copenhagen (DEN)	26.6.2014

EM50 16 +: 4:26.93 / EMU 17 - 18: 4:34.49; 15 - 16: 4:37.19 / NÆM 14 - 16: 4:51.05 / ÍM50 : 5:31.04

Stig: FINA 2016

Sæti			Aldur						Tími	Stig	
1.	Aron Þór Jónsson		16	SH					<b>5:07.13</b>	500	ÍM
	50m:	32.47 32.47	150m:	1:51.69 41.63	250m:	3:13.18 39.48	350m:	4:31.75 35.83			
	100m:	1:10.06 37.59	200m:	2:33.70 42.01	300m:	3:55.92 42.74	400m:	5:07.13 35.38			
2.	Baldur Logi Gautason		18	Óðinn					<b>5:10.29</b>	485	ÍM
	50m:	30.33 30.33	150m:	1:48.61 42.04	250m:	3:14.06 43.63	350m:	4:35.25 36.75			
	100m:	1:06.57 36.24	200m:	2:30.43 41.82	300m:	3:58.50 44.44	400m:	5:10.29 35.04			
3.	Veigar Hrafn Sigþórsson		13	SH					<b>5:26.11</b>	418	ÍM
	50m:	34.73 34.73	150m:	1:57.44 41.76	250m:	3:26.58 48.85	350m:	4:51.33 35.82			
	100m:	1:15.68 40.95	200m:	2:37.73 40.29	300m:	4:15.51 48.93	400m:	5:26.11 34.78			
4.	Birnir Freyr Hálfánarsson		12	SH					<b>5:31.90</b>	396	
	50m:	34.49 34.49	150m:	2:00.48 43.23	250m:	3:30.63 48.05	350m:	4:55.70 36.53			
	100m:	1:17.25 42.76	200m:	2:42.58 42.10	300m:	4:19.17 48.54	400m:	5:31.90 36.20			
5.	Snorri Dagur Einarsson		13	SH					<b>5:43.65</b>	357	
	50m:	35.88 35.88	150m:	2:07.64 46.30	250m:	3:39.50 46.18	350m:	5:05.03 38.62			
	100m:	1:21.34 45.46	200m:	2:53.32 45.68	300m:	4:26.41 46.91	400m:	5:43.65 38.62			
6.	Hilmir Snær Lunddal Rúnarsson		15	SH					<b>5:46.14</b>	349	
	50m:	35.68 35.68	150m:	2:03.75 46.80	250m:	3:39.80 49.46	350m:	5:09.82 38.78			
	100m:	1:16.95 41.27	200m:	2:50.34 46.59	300m:	4:31.04 51.24	400m:	5:46.14 36.32			
7.	Guðmundur Karl Karlsson		13	Breiðablik					<b>5:46.29</b>	349	
	50m:	34.57 34.57	150m:	2:02.23 45.56	250m:	3:38.92 52.30	350m:	5:09.58 37.40			
	100m:	1:16.67 42.10	200m:	2:46.62 44.39	300m:	4:32.18 53.26	400m:	5:46.29 36.71			



11. Ásvallamót 2018  
Hafnarfjörður, 7. - 8.4.2018

Sundgrein 18  
7.4.2018 - 17:10

kvenna, 200m bringusund

Opinn  
Úrslitalistar

Íslandsmet	2:22.96	Hrafnhildur Lúthersdóttir	SH	London (GBR)	20.5.2016
Mótsmet	2:32.74	Hrafnhildur Lúthersdóttir	ISL		1.4.2017
Aldursflokkamet 15 - 17	2:35.80	Íris Edda Heimisdóttir	Keflavík	Monaco (MON)	20.5.2000
Aldursflokkamet 13 - 14	2:40.49	Rakel Gunnlaugsdóttir	ÍA	Glasgow (GBR)	4.3.2005
Aldursflokkamet 11 - 12	2:52.21	Ólöf Edda Eðvarðsdóttir	ÍRB	Reykjanesbæ	26.4.2009

EM50 16 +: 2:31.02 / YOG B-standard 15 - 18: 2:40.87 / EMU 16 - 17: 2:36.31; 14 - 15: 2:37.85 / NÆM 13 - 15: 2:45.74 /  
ÍM50 : 3:04.39

Stig: FINA 2016

Sæti	Aldur	Tími	Stig	50m	100m	150m	200m
<b>Opinn</b>							
1.	Ágústa Bergrós Jakobsdóttir	16	Ármann	<b>2:58.27</b>	475	ÍM	40.55 45.56 46.49 45.67
2.	Herdís Viggósdóttir	14	KR	<b>3:01.41</b>	450	ÍM	40.83 46.80 46.87 46.91
3.	Sara Rut Sigurðardóttir	15	SH	<b>3:05.98</b>	418		43.12 47.14 48.00 47.72
4.	Sylwia Sienkiewicz	19	ÍRB	<b>3:06.43</b>	415		43.34 47.71 47.99 47.39
5.	Thelma Lind Einarsdóttir	13	ÍRB	<b>3:10.30</b>	390		43.90 48.26 49.32 48.82
6.	Katja Lilja Andriysdóttir	12	SH	<b>3:12.72</b>	376		43.91 49.83 49.54 49.44
7.	Hafdís Eva Pálsdóttir	14	ÍRB	<b>3:13.98</b>	368		44.24 49.41 49.70 50.63
8.	Aþena Jónsdóttir	14	SH	<b>3:20.96</b>	331		46.27 51.04 51.12 52.53
9.	Svava Björg Lárusdóttir	15	Ármann	<b>3:21.45</b>	329		45.68 51.82 52.37 51.58
10.	Angelina Anna Zogaj	13	Ægir	<b>3:22.00</b>	326		46.54 51.90 52.32 51.24
11.	Dagbjört Lilja Danielsdóttir	14	VÖLS	<b>3:22.09</b>	326		46.47 52.01 53.40 50.21
12.	Una Erlin Baldursdóttir	14	Ægir	<b>3:23.30</b>	320		47.75 52.05 52.78 50.72
13.	Kristina Bragadóttir	18	Ármann	<b>3:24.45</b>	315		46.08 52.87 52.12 53.38
14.	Agnes Fjóra Flosadóttir	16	Rán	<b>3:29.48</b>	292		46.78 52.35 55.00 55.35
15.	Katla Mist Bragadóttir	11	Ármann	<b>3:43.13</b>	242		50.88 57.34 57.57 57.34
16.	Nadja Djurovic	11	Breiðablik	<b>3:46.71</b>	231	*	51.24 58.82 58.01 58.64
17.	Hjördís Kjartansdóttir	13	Ægir	<b>3:53.87</b>	210	*	53.76 58.93 1:01.21 59.97
18.	Hrafnhildur Lóa Kvaran	11	Ármann	<b>4:01.59</b>	190	*	55.03 1:01.50 1:02.64 1:02.42

16 - 17 ára

1.	Ágústa Bergrós Jakobsdóttir	16	Ármann	<b>2:58.27</b>	475	ÍM	40.55 45.56 46.49 45.67
2.	Agnes Fjóra Flosadóttir	16	Rán	<b>3:29.48</b>	292		46.78 52.35 55.00 55.35

14 - 15 ára

1.	Herdís Viggósdóttir	14	KR	<b>3:01.41</b>	450	ÍM	40.83 46.80 46.87 46.91
2.	Sara Rut Sigurðardóttir	15	SH	<b>3:05.98</b>	418		43.12 47.14 48.00 47.72
3.	Hafdís Eva Pálsdóttir	14	ÍRB	<b>3:13.98</b>	368		44.24 49.41 49.70 50.63
4.	Aþena Jónsdóttir	14	SH	<b>3:20.96</b>	331		46.27 51.04 51.12 52.53
5.	Svava Björg Lárusdóttir	15	Ármann	<b>3:21.45</b>	329		45.68 51.82 52.37 51.58
6.	Dagbjört Lilja Danielsdóttir	14	VÖLS	<b>3:22.09</b>	326		46.47 52.01 53.40 50.21
7.	Una Erlin Baldursdóttir	14	Ægir	<b>3:23.30</b>	320		47.75 52.05 52.78 50.72

13 ára og yngri

1.	Thelma Lind Einarsdóttir	13	ÍRB	<b>3:10.30</b>	390		43.90 48.26 49.32 48.82
2.	Katja Lilja Andriysdóttir	12	SH	<b>3:12.72</b>	376		43.91 49.83 49.54 49.44
3.	Angelina Anna Zogaj	13	Ægir	<b>3:22.00</b>	326		46.54 51.90 52.32 51.24
4.	Katla Mist Bragadóttir	11	Ármann	<b>3:43.13</b>	242		50.88 57.34 57.57 57.34
5.	Nadja Djurovic	11	Breiðablik	<b>3:46.71</b>	231	*	51.24 58.82 58.01 58.64
6.	Hjördís Kjartansdóttir	13	Ægir	<b>3:53.87</b>	210	*	53.76 58.93 1:01.21 59.97
7.	Hrafnhildur Lóa Kvaran	11	Ármann	<b>4:01.59</b>	190	*	55.03 1:01.50 1:02.64 1:02.42



11. Ásvallamót 2018  
Hafnarfjörður, 7. - 8.4.2018

Sundgrein 19  
7.4.2018 - 17:19

karla, 50m bringusund

Opinn  
Úrslitalistar

Íslandsmet	28.03	Jakob Jóhann Sveinsson	Ægir	Róm (ITA)	28.7.2009
Mótsmet	28.72	Mladen Tepavcevic	ISL		1.6.2008
Aldursflokkamet 15 - 17	29.44	Jón Oddur Sigurðsson	ÍRB	Malta (MLT)	7.7.2001
Aldursflokkamet 13 - 14	33.61	Guðni Emilsson	ÍRB	Reykjavík	11.7.2003
Aldursflokkamet 11 - 12	38.28	Hrafn Traustason	ÍA	Reykjavík	2.7.2004

EM50 16 +: 28.47 / YOG B-standard 15 - 18: 30.05 / EMU 17 - 18: 29.91; 15 - 16: 30.21 / ÍM50 : 35.79

Stig: FINA 2016

Sæti	Aldur	Tími	Stig	
1. Aron Örn Stefánsson	23 SH	<b>30.63</b>	641	ÍM
2. Ólafur Árdal Sigurðsson	19 SH	<b>32.44</b>	540	ÍM
3. Kristján Ari Heimisson	20 Breiðablik	<b>32.54</b>	535	ÍM
4. Snævar Atli Halldórsson	18 Óðinn	<b>32.91</b>	517	ÍM
5. Sævar Berg Sigurðsson	23 ÍA	<b>33.33</b>	498	ÍM
6. Hallgrímur Kjartansson	20 Breiðablik	<b>33.42</b>	494	ÍM
7. Daði Björnsson	14 SH	<b>35.01</b>	429	ÍM
8. Runólfur Þorláksson	16 Ármann	<b>35.45</b>	413	ÍM
9. Ingvar Orri Jóhannesson	14 FJÖL	<b>35.47</b>	413	ÍM
10. Hjörleifur Helgi Sveinbjarnarson	19 Rán	<b>36.71</b>	372	
11. Björgvin Árni Júlíusson	17 KR	<b>38.11</b>	333	
12. Skúli Thor Ásgeirsson	16 Ægir	<b>38.21</b>	330	
13. Halldór Björn Kristinsson	16 Ægir	<b>38.96</b>	311	
14. Ásgrímur Þór Kjartansson	18 Óðinn	<b>39.95</b>	289	
15. Guðfinnur Karlsson S11	30 Fjörður	<b>44.20</b>	213	
16. Gabríel Ari Tryggvason S14	15 Nes	<b>44.37</b>	211	
17. Ingólfur Bjarnason S10	18 Nes	<b>48.13</b>	165	*
18. Ásmundur Ásmundsson S14	31 Fjörður	<b>50.52</b>	143	*
19. Stefán Gretar Katrínarson	10 Óðinn	<b>51.09</b>	138	*
20. Breki Arnarsson S7	22 Óðinn	<b>1:05.67</b>	65	*

Sundgrein 20  
7.4.2018 - 17:23

kvenna, 100m skriðsund

Opinn  
Úrslitalistar

Íslandsmet	55.66	Ragnheiður Ragnarsdóttir	KR	Reykjanesbæ	25.4.2009
Mótsmet	58.28	Sigrún Brá Sverrisdóttir	ISL		1.6.2008
Aldursflokkamet 15 - 17	56.97	Eygló Ósk Gústafsdóttir	Ægir	Reykjavík	14.4.2012
Aldursflokkamet 13 - 14	59.26	Sigrún Brá Sverrisdóttir	Fjölnir	Luxembourg (LUX)	16.4.2004
Aldursflokkamet 11 - 12	1:05.08	Stefanía Sigurþórsdóttir	ÍRB	Reykjanesbæ	14.12.2013

EM50 16 +: 56.82 / YOG B-standard 15 - 18: 59.31 / EMU 16 - 17: 57.81; 14 - 15: 58.38 / NÆM 13 - 15: 1:01.30 / ÍM50 : 1:07.83

Stig: FINA 2016

Sæti	Aldur	Tími	Stig	50m	100m
Opinn					
1. Jóhanna Elín Guðmundsdóttir	17 SH	<b>1:00.25</b>	645	ÍM	29.12 31.13
2. Guðný Birna Sigurðardóttir	19 Breiðablik	<b>1:01.30</b>	612	ÍM	29.81 31.49
3. Ragna Sigríður Ragnarsdóttir	17 Breiðablik	<b>1:02.11</b>	589	ÍM	29.84 32.27
4. Ásta Kristín Jónsdóttir	18 Ármann	<b>1:03.14</b>	560	ÍM	29.94 33.20
5. Fanney Lind Jóhannsdóttir	16 Ægir	<b>1:04.09</b>	536	ÍM	31.38 32.71
6. Regína Lilja Gunnlaugsdóttir	16 Breiðablik	<b>1:04.10</b>	536	ÍM	31.08 33.02
7. Þorgerður Ósk Jónsdóttir	15 SH	<b>1:05.21</b>	509	ÍM	31.33 33.88
8. Ragnheiður Karlsdóttir	19 Breiðablik	<b>1:05.56</b>	501	ÍM	30.96 34.60
9. Halla Margrét Baldursdóttir	16 KR	<b>1:05.82</b>	495	ÍM	31.54 34.28
10. Ásgerður Jing Laufeyjardóttir	16 ÍA	<b>1:06.25</b>	485	ÍM	31.70 34.55
11. Þóra Snorradóttir	15 Óðinn	<b>1:06.34</b>	483	ÍM	31.87 34.47
12. Kristín Ylfa Guðmundsdóttir	16 SH	<b>1:07.04</b>	468	ÍM	32.62 34.42



11. Ásvallamót 2018  
Hafnarfjörður, 7. - 8.4.2018

Sundgrein 20, kvenna, 100m skriðsund, Opinn

Sæti	Aldur		Tími	Stig		50m	100m
13.	Aþena Jónsdóttir	14 SH	<b>1:07.19</b>	465	ÍM	32.61	34.58
14.	Elín Kata Sigurgeirsdóttir	19 Óðinn	<b>1:07.20</b>	465	ÍM	32.28	34.92
15.	Sigurjóna Ragnheiðardóttir	15 Óðinn	<b>1:07.73</b>	454	ÍM	32.58	35.15
16.	Aþena Arnarsdóttir	15 Óðinn	<b>1:07.86</b>	451		32.53	35.33
17.	Diljá Dröfn Jóhannesdóttir	15 SH	<b>1:07.89</b>	451		32.91	34.98
18.	Rebekka Sif Ómarsdóttir	15 Óðinn	<b>1:07.91</b>	450		32.94	34.97
19.	Ragnheiður Karen Ólafsdóttir	14 ÍA	<b>1:08.08</b>	447		32.56	35.52
20.	Birta Rún Smáradóttir	14 UMFA	<b>1:08.21</b>	444		32.90	35.31
21.	Þórdís Anita Björnsdóttir	16 SH	<b>1:08.25</b>	444		33.42	34.83
22.	Katrín Eva Jóhannesdóttir	17 Óðinn	<b>1:08.46</b>	439		32.94	35.52
	Heiður Kristín Sigurgeirsdóttir	17 Ármann	<b>1:08.46</b>	439		32.84	35.62
24.	Klara Sif Sverrisdóttir	18 Breiðablik	<b>1:08.55</b>	438		32.81	35.74
25.	Bríet Dalla Gunnarsdóttir	14 SH	<b>1:08.92</b>	431		33.32	35.60
26.	Eydís Vala Júlíusdóttir	13 Ægir	<b>1:09.56</b>	419		33.72	35.84
27.	Ngozi Jóhanna Eze	15 ÍA	<b>1:09.74</b>	416		32.67	37.07
28.	Una Hlynisdóttir	16 SH	<b>1:10.33</b>	405		33.15	37.18
29.	Ingibjörg Svava Magnúsdóttir	13 ÍA	<b>1:10.56</b>	401		33.88	36.68
30.	Hafdís Eva Pálsdóttir	14 ÍRB	<b>1:10.63</b>	400		33.27	37.36
31.	Angelína Anna Zogaj	13 Ægir	<b>1:10.68</b>	399		34.70	35.98
32.	Svanhildur M. Valdimarsdóttir	15 Óðinn	<b>1:11.06</b>	393		33.84	37.22
33.	Þórunn Kolbrún Árnadóttir	16 ÍRB	<b>1:11.09</b>	392		34.01	37.08
34.	Arianna Steinarsdóttir	15 Ármann	<b>1:12.03</b>	377		34.21	37.82
35.	Marta Magnúsdóttir	13 KR	<b>1:12.68</b>	367		34.71	37.97
36.	Dagbjört Lilja Danielsdóttir	14 VÖLS	<b>1:12.82</b>	365		34.82	38.00
37.	Birgitta Ingólfssdóttir	13 FJÖL	<b>1:13.35</b>	357		35.63	37.72
38.	Sif Grímsdóttir	15 KR	<b>1:13.66</b>	353		35.65	38.01
39.	Natalia Jónsdóttir	14 SH	<b>1:13.68</b>	352		36.43	37.25
40.	Guðný Birna Falsdóttir	15 ÍRB	<b>1:14.09</b>	347		35.63	38.46
	Vigdís Tinna Hákonardóttir	12 Breiðablik	<b>1:14.09</b>	347		35.60	38.49
42.	Katja Lilja Andriyasdóttir	12 SH	<b>1:14.13</b>	346		35.28	38.85
43.	Agnes Fjóra Flosadóttir	16 Rán	<b>1:14.52</b>	341		35.78	38.74
44.	Guðbjörg Eyvindardóttir	14 SH	<b>1:14.72</b>	338		35.86	38.86
45.	Anna Salka Nielsen	13 SH	<b>1:14.78</b>	337		35.63	39.15
46.	Kolbrún Jónsdóttir	15 UMFA	<b>1:15.51</b>	327		35.49	40.02
47.	Emma Kolbrún Garðarsdóttir	14 Ægir	<b>1:16.69</b>	313		36.96	39.73
48.	Eyrún Anna Jóhannesdóttir	12 FJÖL	<b>1:16.71</b>	312		36.54	40.17
49.	Eva Claire Sæmundsdóttir	14 SH	<b>1:16.85</b>	311		36.70	40.15
50.	Helga Sigurlaug Helgadóttir	11 SH	<b>1:17.24</b>	306		36.68	40.56
51.	Jóhanna Brynja Rúnarsdóttir	12 SH	<b>1:17.58</b>	302		37.79	39.79
52.	Aníta Hrafnisdóttir S14	24 Fjörður	<b>1:17.78</b>	300		35.95	41.83
53.	Auður Halla Rögnvaldsdóttir	15 KR	<b>1:18.03</b>	297		37.32	40.71
54.	Ziza Alomerovik	11 Ármann	<b>1:18.68</b>	289		37.66	41.02
55.	Karen Ásta Edwardsdóttir	13 Óðinn	<b>1:18.79</b>	288		37.18	41.61
56.	Lára Jakobína Gunnarsdóttir	15 ÍA	<b>1:19.71</b>	278			
57.	Kolbrún Ósk Vilhjálmsdóttir	12 Óðinn	<b>1:20.01</b>	275		38.51	41.50
58.	Hjördís Kjartansdóttir	13 Ægir	<b>1:20.98</b>	265		39.58	41.40
59.	Nadja Djurovic	11 Breiðablik	<b>1:21.26</b>	263		40.15	41.11
60.	Ylfa Ásgerður Eyjólfssdóttir	12 Ármann	<b>1:21.31</b>	262		39.99	41.32
61.	Sunna Arnfinnsdóttir	11 Ármann	<b>1:23.58</b>	241		40.65	42.93
62.	María Skorastein Sigurðardóttir	11 SH	<b>1:26.30</b>	219		40.24	46.06
63.	Naómí Arnarsdóttir	11 Óðinn	<b>1:28.09</b>	206		41.49	46.60
64.	Sigríður Aníta Rögnvaldsdóttir S17	17 Fjörður	<b>1:28.12</b>	206		40.67	47.45
65.	Katla Mist Bragadóttir	11 Ármann	<b>1:28.48</b>	203			
66.	Iðunn María Gunnarsdóttir	14 Ármann	<b>1:30.85</b>	188		42.15	48.70
67.	Arna Rut Stefánsdóttir	11 SH	<b>1:32.75</b>	176		43.30	49.45
68.	Anna Þrastardóttir S14	14 Fjörður	<b>1:33.04</b>	175		44.14	48.90
69.	Þórunn María Hilmarsdóttir	13 Breiðablik	<b>1:35.98</b>	159	*	46.96	49.02



11. Ásvallamót 2018  
Hafnarfjörður, 7. - 8.4.2018

Sundgrein 20, kvenna, 100m skriðsund, Opinn

Sæti	Aldur	Tími	Stig	50m	100m
70.	Sandra Rut Fannarsdóttir 12 Óðinn	<b>1:36.00</b>	159 *	44.54	51.46
71.	Salka Snæbrá Hrannarsdóttir 15 Ægir	<b>1:36.57</b>	156 *		
72.	Júlía Pálmadóttir 11 Ármann	<b>1:38.18</b>	149 *	46.97	51.21
73.	Tinna Karen Sigurðardóttir 10 SH	<b>1:40.39</b>	139 *	46.40	53.99
ÓG.	Eydís Ósk Kolbeinsdóttir 18 ÍRB		ÍM		

4.4 - Keppandi startar áður en rásmerki er gefið (þjófstart)

16 - 17 ára

1.	Jóhanna Elín Guðmundsdóttir 17 SH	<b>1:00.25</b>	645 ÍM	29.12	31.13
2.	Ragna Sigríður Ragnarsdóttir 17 Breiðablik	<b>1:02.11</b>	589 ÍM	29.84	32.27
3.	Fanney Lind Jóhannsdóttir 16 Ægir	<b>1:04.09</b>	536 ÍM	31.38	32.71
4.	Regína Lilja Gunnlaugsdóttir 16 Breiðablik	<b>1:04.10</b>	536 ÍM	31.08	33.02
5.	Halla Margrét Baldursdóttir 16 KR	<b>1:05.82</b>	495 ÍM	31.54	34.28
6.	Ásgerður Jing Laufeyjardóttir 16 ÍA	<b>1:06.25</b>	485 ÍM	31.70	34.55
7.	Kristín Ylfa Guðmundsdóttir 16 SH	<b>1:07.04</b>	468 ÍM	32.62	34.42
8.	Þórdís Anita Björnsdóttir 16 SH	<b>1:08.25</b>	444	33.42	34.83
9.	Katrín Eva Jóhannesdóttir 17 Óðinn	<b>1:08.46</b>	439	32.94	35.52
	Heiður Kristín Sigurgeirsdóttir 17 Ármann	<b>1:08.46</b>	439	32.84	35.62
11.	Una Hlynsdóttir 16 SH	<b>1:10.33</b>	405	33.15	37.18
12.	Þórunn Kolbrún Árnadóttir 16 ÍRB	<b>1:11.09</b>	392	34.01	37.08
13.	Agnes Fjóra Flosadóttir 16 Rán	<b>1:14.52</b>	341	35.78	38.74
14.	Sigríður Aníta Rögnvaldsdóttir S17 Fjörður	<b>1:28.12</b>	206	40.67	47.45

14 - 15 ára

1.	Þorgerður Ósk Jónsdóttir 15 SH	<b>1:05.21</b>	509 ÍM	31.33	33.88
2.	Þóra Snorradóttir 15 Óðinn	<b>1:06.34</b>	483 ÍM	31.87	34.47
3.	Aþena Jónsdóttir 14 SH	<b>1:07.19</b>	465 ÍM	32.61	34.58
4.	Sigurjóna Ragnheiðardóttir 15 Óðinn	<b>1:07.73</b>	454 ÍM	32.58	35.15
5.	Aþena Arnarsdóttir 15 Óðinn	<b>1:07.86</b>	451	32.53	35.33
6.	Diljá Dröfn Jóhannesdóttir 15 SH	<b>1:07.89</b>	451	32.91	34.98
7.	Rebekka Sif Ómarsdóttir 15 Óðinn	<b>1:07.91</b>	450	32.94	34.97
8.	Ragnheiður Karen Ólafsdóttir 14 ÍA	<b>1:08.08</b>	447	32.56	35.52
9.	Birta Rún Smáradóttir 14 UMFA	<b>1:08.21</b>	444	32.90	35.31
10.	Bríet Dalla Gunnarsdóttir 14 SH	<b>1:08.92</b>	431	33.32	35.60
11.	Ngozi Jóhanna Eze 15 ÍA	<b>1:09.74</b>	416	32.67	37.07
12.	Hafdís Eva Pálsdóttir 14 ÍRB	<b>1:10.63</b>	400	33.27	37.36
13.	Svanhildur M. Valdimarsdóttir 15 Óðinn	<b>1:11.06</b>	393	33.84	37.22
14.	Arianna Steinarsdóttir 15 Ármann	<b>1:12.03</b>	377	34.21	37.82
15.	Dagbjört Lilja Danielsdóttir 14 VÖLS	<b>1:12.82</b>	365	34.82	38.00
16.	Sif Grímsdóttir 15 KR	<b>1:13.66</b>	353	35.65	38.01
17.	Natalia Jónsdóttir 14 SH	<b>1:13.68</b>	352	36.43	37.25
18.	Guðný Birna Falsdóttir 15 ÍRB	<b>1:14.09</b>	347	35.63	38.46
19.	Guðbjörg Eyvindardóttir 14 SH	<b>1:14.72</b>	338	35.86	38.86
20.	Kolbrún Jónsdóttir 15 UMFA	<b>1:15.51</b>	327	35.49	40.02
21.	Emma Kolbrún Garðarsdóttir 14 Ægir	<b>1:16.69</b>	313	36.96	39.73
22.	Eva Claire Sæmundsdóttir 14 SH	<b>1:16.85</b>	311	36.70	40.15
23.	Auður Halla Rögnvaldsdóttir 15 KR	<b>1:18.03</b>	297	37.32	40.71
24.	Lára Jakobína Gunnarsdóttir 15 ÍA	<b>1:19.71</b>	278		
25.	Íðunn María Gunnarsdóttir 14 Ármann	<b>1:30.85</b>	188	42.15	48.70
26.	Anna Þrastardóttir S14 Fjörður	<b>1:33.04</b>	175	44.14	48.90
27.	Salka Snæbrá Hrannarsdóttir 15 Ægir	<b>1:36.57</b>	156 *		



11. Ásvallamót 2018  
Hafnarfjörður, 7. - 8.4.2018

Sundgrein 20, kvenna, 100m skriðsund

13 ára og yngri

1.	Eydís Vala Júlíusdóttir	13	Ægir	<b>1:09.56</b>	419	33.72	35.84
2.	Ingibjörg Svava Magnúsdóttir	13	ÍA	<b>1:10.56</b>	401	33.88	36.68
3.	Angelina Anna Zogaj	13	Ægir	<b>1:10.68</b>	399	34.70	35.98
4.	Marta Magnúsdóttir	13	KR	<b>1:12.68</b>	367	34.71	37.97
5.	Birgitta Ingólfssdóttir	13	FJÖL	<b>1:13.35</b>	357	35.63	37.72
6.	Vigdís Tinna Hákonardóttir	12	Breiðablik	<b>1:14.09</b>	347	35.60	38.49
7.	Katja Lilja Andriyasdóttir	12	SH	<b>1:14.13</b>	346	35.28	38.85
8.	Anna Salka Nielsen	13	SH	<b>1:14.78</b>	337	35.63	39.15
9.	Eyrún Anna Jóhannesdóttir	12	FJÖL	<b>1:16.71</b>	312	36.54	40.17
10.	Helga Sigurlaug Helgadóttir	11	SH	<b>1:17.24</b>	306	36.68	40.56
11.	Jóhanna Brynja Rúnarsdóttir	12	SH	<b>1:17.58</b>	302	37.79	39.79
12.	Ziza Alomerovik	11	Árman	<b>1:18.68</b>	289	37.66	41.02
13.	Karen Ásta Edwardsdóttir	13	Óðinn	<b>1:18.79</b>	288	37.18	41.61
14.	Kolbrún Ósk Vilhjálmsdóttir	12	Óðinn	<b>1:20.01</b>	275	38.51	41.50
15.	Hjördís Kjartansdóttir	13	Ægir	<b>1:20.98</b>	265	39.58	41.40
16.	Nadja Djurovic	11	Breiðablik	<b>1:21.26</b>	263	40.15	41.11
17.	Ylfa Ásgerður Eyjólfssdóttir	12	Árman	<b>1:21.31</b>	262	39.99	41.32
18.	Sunna Arnfinnsdóttir	11	Árman	<b>1:23.58</b>	241	40.65	42.93
19.	María Skorastein Sigurðardóttir	11	SH	<b>1:26.30</b>	219	40.24	46.06
20.	Naómí Arnarsdóttir	11	Óðinn	<b>1:28.09</b>	206	41.49	46.60
21.	Katla Mist Bragadóttir	11	Árman	<b>1:28.48</b>	203		
22.	Arna Rut Stefánsdóttir	11	SH	<b>1:32.75</b>	176	43.30	49.45
23.	Þórunn María Hilmarsdóttir	13	Breiðablik	<b>1:35.98</b>	159 *	46.96	49.02
24.	Sandra Rut Fannarsdóttir	12	Óðinn	<b>1:36.00</b>	159 *	44.54	51.46
25.	Júlía Pálmadóttir	11	Árman	<b>1:38.18</b>	149 *	46.97	51.21
26.	Tinna Karen Sigurðardóttir	10	SH	<b>1:40.39</b>	139 *	46.40	53.99

Sundgrein 21

karla, 100m flugsund

Opinn  
Úrslitalistar

7.4.2018 - 17:40

Íslandsmet	53.42	Örn Arnason	SH	Budapest (HUN)	4.8.2006
Mótsmet	57.05	Nedim Nisic	ISL		1.6.2008
Aldursflokkamet 15 - 17	57.63	Hjörtur Már Reynisson	Ægir	Dunkerque (FRA)	27.7.2000
Aldursflokkamet 13 - 14	1:01.21	Viktor Forafonov	NOR	Kristiansand (NOR)	16.7.2016
Aldursflokkamet 11 - 12	1:11.95	Viktor Forafonov	Asker	Kristiansand (NOR)	7.6.2014

EM50 16 +: 54.12 / YOG B-standard 15 - 18: 57.54 / EMU 17 - 18: 55.56; 15 - 16: 56.11 / NÆM 14 - 16: 58.91 / ÍM50 : 1:07.19

Stig: FINA 2016

Sæti	Aldur		Tími	Stig	50m	100m
Opinn						
1.	Predrag Milos	23	SH	<b>59.39</b>	590	ÍM 26.81 32.58
2.	Róbert Isak Jónsson	17	SH	<b>1:01.83</b>	523	ÍM 28.55 33.28
	Ólafur Árdal Sigurðsson	19	SH	<b>1:01.83</b>	523	ÍM 28.85 32.98
4.	Atli Vikar Ingimundarson	21	ÍA	<b>1:02.55</b>	505	ÍM 28.56 33.99
5.	Kristján Gylfi Þórisson	18	Ægir	<b>1:04.55</b>	459	ÍM 29.20 35.35
6.	Kristján Ari Heimisson	20	Breiðablik	<b>1:05.88</b>	432	ÍM 29.92 35.96
7.	Bjartur Þórhallsson	18	Ægir	<b>1:06.07</b>	428	ÍM 30.57 35.50
8.	Baldur Logi Gautason	18	Óðinn	<b>1:06.60</b>	418	ÍM 30.93 35.67
9.	Sævar Berg Sigurðsson	23	ÍA	<b>1:06.95</b>	412	ÍM 30.68 36.27
10.	Snævar Atli Halldórsson	18	Óðinn	<b>1:07.38</b>	404	30.81 36.57
11.	Fannar Snævar Hauksson	14	ÍRB	<b>1:08.65</b>	382	31.27 37.38
	Björgvin Árni Júlíusson	17	KR	<b>1:08.65</b>	382	31.84 36.81
13.	Símon Elías Statkevicius	15	SH	<b>1:08.89</b>	378	31.90 36.99
14.	Aron Fannar Kristínarson	15	ÍRB	<b>1:09.82</b>	363	32.56 37.26
15.	Aron Þór Jónsson	16	SH	<b>1:09.99</b>	360	32.79 37.20
16.	Logi Freyr Arnarsson	15	KR	<b>1:11.81</b>	333	33.76 38.05



11. Ásvallamót 2018  
Hafnarfjörður, 7. - 8.4.2018

Sundgrein 21, karla, 100m flugsund, Opinn

Sæti	Aldur		Tími	Stig	50m	100m
17.	Halldór Björn Kristinsson	16 Ægir	<b>1:12.44</b>	325	32.51	39.93
18.	Tristan Þór K Wium	16 ÍRB	<b>1:13.68</b>	309	34.40	39.28
19.	Daði Björnsson	14 SH	<b>1:14.06</b>	304	33.37	40.69
20.	Már Gunnarsson S12	19 ÍRB	<b>1:15.37</b>	288	34.58	40.79
21.	Jón Ingi Halldórsson	14 Breiðablik	<b>1:15.43</b>	288	35.37	40.06
22.	Hilmir Snær Lunddal Rúnarssc15	SH	<b>1:15.54</b>	286	35.69	39.85
23.	Guðmundur Karl Karlsson	13 Breiðablik	<b>1:15.55</b>	286	35.15	40.40
24.	Guðmundur Halldórsson	14 Breiðablik	<b>1:16.39</b>	277	36.62	39.77
25.	Halldór Óskar Eiríksson	16 Ægir	<b>1:17.17</b>	269	35.31	41.86
26.	Birnir Freyr Hálfðánarsson	12 SH	<b>1:18.61</b>	254	35.42	43.19
27.	Teitur Þór Ólafsson	14 Ægir	<b>1:18.87</b>	252	36.38	42.49
28.	Snær Llorens Sigurðsson	16 ÍA	<b>1:18.96</b>	251	34.18	44.78
29.	Ólafur Breki Guðnason	15 Ægir	<b>1:18.98</b>	250	36.37	42.61
30.	Þróstur Ingi Gunnsteinsson	12 Ármann	<b>1:19.45</b>	246	37.52	41.93
31.	Andri Bergmann Ísaksen	14 Breiðablik	<b>1:21.50</b>	228	34.69	46.81
32.	Arnar Már Birgisson	14 SH	<b>1:22.52</b>	220	38.76	43.76
33.	Sveinn Elí Helgason	14 Ægir	<b>1:22.69</b>	218	36.46	46.23
34.	Snorri Dagur Einarsson	13 SH	<b>1:23.05</b>	215	37.68	45.37
35.	Einar Atli Guðnason	15 Ægir	<b>1:23.57</b>	211	37.66	45.91
36.	Andri Stefánsson	14 SH	<b>1:23.85</b>	209	37.93	45.92
37.	Daníel Lúkas Tómasson	14 SH	<b>1:25.00</b>	201	39.90	45.10
38.	Bergur Fáfniir Bjarnason	12 SH	<b>1:25.04</b>	201	41.15	43.89
39.	Edward Jensson	14 SH	<b>1:28.02</b>	181	39.48	48.54
40.	Markús Már Hilmarsson	13 SH	<b>1:28.29</b>	179	40.51	47.78
41.	Dagur Snær Hilmarsson	15 SH	<b>1:29.68</b>	171	40.57	49.11
42.	Héðinn Höskuldsson	14 FJÖL	<b>1:38.71</b>	128	43.33	55.38
43.	Adam Leó Tómasson	11 SH	<b>1:39.95</b>	123	45.15	54.80
44.	Björn Yngvi Guðmundsson	11 SH	<b>1:42.53</b>	114	44.88	57.65

17 - 18 ára

1.	Róbert Ísak Jónsson	17 SH	<b>1:01.83</b>	523	ÍM	28.55	33.28
2.	Kristján Gylfi Þórisson	18 Ægir	<b>1:04.55</b>	459	ÍM	29.20	35.35
3.	Bjartur Þórhallsson	18 Ægir	<b>1:06.07</b>	428	ÍM	30.57	35.50
4.	Baldur Logi Gautason	18 Óðinn	<b>1:06.60</b>	418	ÍM	30.93	35.67
5.	Snævar Atli Halldórsson	18 Óðinn	<b>1:07.38</b>	404		30.81	36.57
6.	Björgvin Árni Júlíusson	17 KR	<b>1:08.65</b>	382		31.84	36.81

15 - 16 ára

1.	Símon Elías Statkevicius	15 SH	<b>1:08.89</b>	378		31.90	36.99
2.	Aron Fannar Kristínarson	15 ÍRB	<b>1:09.82</b>	363		32.56	37.26
3.	Aron Þór Jónsson	16 SH	<b>1:09.99</b>	360		32.79	37.20
4.	Logi Freyr Arnarsson	15 KR	<b>1:11.81</b>	333		33.76	38.05
5.	Halldór Björn Kristinsson	16 Ægir	<b>1:12.44</b>	325		32.51	39.93
6.	Tristan Þór K Wium	16 ÍRB	<b>1:13.68</b>	309		34.40	39.28
7.	Hilmir Snær Lunddal Rúnarssc15	SH	<b>1:15.54</b>	286		35.69	39.85
8.	Halldór Óskar Eiríksson	16 Ægir	<b>1:17.17</b>	269		35.31	41.86
9.	Snær Llorens Sigurðsson	16 ÍA	<b>1:18.96</b>	251		34.18	44.78
10.	Ólafur Breki Guðnason	15 Ægir	<b>1:18.98</b>	250		36.37	42.61
11.	Einar Atli Guðnason	15 Ægir	<b>1:23.57</b>	211		37.66	45.91
12.	Dagur Snær Hilmarsson	15 SH	<b>1:29.68</b>	171		40.57	49.11



11. Ásvallamót 2018  
Hafnarfjörður, 7. - 8.4.2018

Sundgrein 21, karla, 100m flugsund

14 ára og yngri

1.	Fannar Snævar Hauksson	14	ÍRB	<b>1:08.65</b>	382	31.27	37.38
2.	Daði Björnsson	14	SH	<b>1:14.06</b>	304	33.37	40.69
3.	Jón Ingi Halldórsson	14	Breiðablik	<b>1:15.43</b>	288	35.37	40.06
4.	Guðmundur Karl Karlsson	13	Breiðablik	<b>1:15.55</b>	286	35.15	40.40
5.	Guðmundur Halldórsson	14	Breiðablik	<b>1:16.39</b>	277	36.62	39.77
6.	Birnir Freyr Hálfðánarsson	12	SH	<b>1:18.61</b>	254	35.42	43.19
7.	Teitur Þór Ólafsson	14	Ægir	<b>1:18.87</b>	252	36.38	42.49
8.	Þröstur Ingi Gunnsteinsson	12	Ármann	<b>1:19.45</b>	246	37.52	41.93
9.	Andri Bergmann Ísaksen	14	Breiðablik	<b>1:21.50</b>	228	34.69	46.81
10.	Arnar Már Birgisson	14	SH	<b>1:22.52</b>	220	38.76	43.76
11.	Sveinn Elí Helgason	14	Ægir	<b>1:22.69</b>	218	36.46	46.23
12.	Snorri Dagur Einarsson	13	SH	<b>1:23.05</b>	215	37.68	45.37
13.	Andri Stefánsson	14	SH	<b>1:23.85</b>	209	37.93	45.92
14.	Daníel Lúkas Tómasson	14	SH	<b>1:25.00</b>	201	39.90	45.10
15.	Bergur Fáfnir Bjarnason	12	SH	<b>1:25.04</b>	201	41.15	43.89
16.	Edward Jensson	14	SH	<b>1:28.02</b>	181	39.48	48.54
17.	Markús Már Hilmarsson	13	SH	<b>1:28.29</b>	179	40.51	47.78
18.	Héðinn Höskuldsson	14	FJÖL	<b>1:38.71</b>	128	43.33	55.38
19.	Adam Leó Tómasson	11	SH	<b>1:39.95</b>	123	45.15	54.80
20.	Björn Yngvi Guðmundsson	11	SH	<b>1:42.53</b>	114	44.88	57.65

Sundgrein 22  
7.4.2018 - 17:51

kvenna, 800m skriðsund

Opinn  
Úrslitalistar

Íslandsmet	8:53.76	Sigrún Brá Sverrisdóttir	Ægir	Columbus (USA)	11.3.2012
Mótsmet	9:04.93	Inga Elín Cryer	ISL		1.4.2012
Aldursflokkamet 15 - 17	9:09.94	Harpa Ingbórsdóttir	SH	Reykjavík	16.1.2015
Aldursflokkamet 13 - 14	9:20.94	Harpa Ingbórsdóttir	SH	Reykjavík	12.4.2014
Aldursflokkamet 11 - 12	9:58.56	Eygló Ósk Gústafsdóttir	Ægir	Reykjanesbæ	22.10.2007

EM50 16 +: 8:56.71 / YOG B-standard 15 - 18: 9:19.07 / EMU 16 - 17: 9:14.49; 14 - 15: 9:19.96 / NÆM 13 - 15: 9:47.95 / ÍM50 : 10:41.31

Stig: FINA 2016

Sæti	Aldur		Tími		Stig	
1.	Bryndís Bolladóttir	19	Breiðablik	<b>9:15.53</b>	675	ÍM
	100m: 1:07.00 1:07.00	300m: 3:26.97 1:09.86	500m: 5:47.29 1:10.11	700m: 8:07.95 1:10.45		
	200m: 2:17.11 1:10.11	400m: 4:37.18 1:10.21	600m: 6:57.50 1:10.21	800m: 9:15.53 1:07.58		
2.	Ragna Sigríður Ragnarsdóttir	17	Breiðablik	<b>9:39.04</b>	596	ÍM
	100m: 1:09.03 1:09.03	300m: 3:34.49 1:12.91	500m: 6:00.52 1:13.06	700m: 8:26.59 1:12.74		
	200m: 2:21.58 1:12.55	400m: 4:47.46 1:12.97	600m: 7:13.85 1:13.33	800m: 9:39.04 1:12.45		
3.	Kristín Helga Hákonardóttir	14	Breiðablik	<b>9:47.37</b>	571	NÆM
	100m: 1:09.82 1:09.82	300m: 3:38.66 1:14.96	500m: 6:07.24 1:14.62	700m: 8:35.52 1:13.74		
	200m: 2:23.70 1:13.88	400m: 4:52.62 1:13.96	600m: 7:21.78 1:14.54	800m: 9:47.37 1:11.85		
4.	Regína Lilja Gunnlaugsdóttir	16	Breiðablik	<b>9:59.85</b>	536	ÍM
	100m: 1:11.08 1:11.08	300m: 3:43.03 1:16.15	500m: 6:15.07 1:15.06	700m: 8:46.38 1:15.18		
	200m: 2:26.88 1:15.80	400m: 5:00.01 1:16.98	600m: 7:31.20 1:16.13	800m: 9:59.85 1:13.47		
5.	Eva Margrét Falsdóttir	13	ÍRB	<b>10:06.99</b>	517	ÍM
	100m: 1:12.02 1:12.02	300m: 3:45.45 1:17.21	500m: 6:18.40 1:16.58	700m: 8:52.69 1:16.51		
	200m: 2:28.24 1:16.22	400m: 5:01.82 1:16.37	600m: 7:36.18 1:17.78	800m: 10:06.99 1:14.30		
6.	Ylfa Finnbogadóttir	16	SH	<b>10:11.86</b>	505	ÍM
	100m: 1:13.24 1:13.24	300m: 3:47.90 1:17.63	500m: 6:23.38 1:18.35	700m: 8:57.24 1:16.90		
	200m: 2:30.27 1:17.03	400m: 5:05.03 1:17.13	600m: 7:40.34 1:16.96	800m: 10:11.86 1:14.62		
7.	Klara Sif Sverrisdóttir	18	Breiðablik	<b>10:25.41</b>	473	ÍM
	100m: 1:13.85 1:13.85	300m: 3:51.19 1:19.11	500m: 6:29.68 1:19.04	700m: 9:07.56 1:18.76		
	200m: 2:32.08 1:18.23	400m: 5:10.64 1:19.45	600m: 7:48.80 1:19.12	800m: 10:25.41 1:17.85		





11. Ásvallamót 2018  
Hafnarfjörður, 7. - 8.4.2018

Sundgrein 22, kvenna, 800m skriðsund, Opinn

Sæti	Aldur		Tími		Stig						
8. Hildur Valsdóttir	14	SH	<b>10:38.88</b>	443	ÍM						
100m:	1:16.34	1:16.34	300m:	3:58.38	1:20.55	500m:	6:39.50	1:20.13	700m:	9:21.21	1:20.91
200m:	2:37.83	1:21.49	400m:	5:19.37	1:20.99	600m:	8:00.30	1:20.80	800m:	10:38.88	1:17.67
9. Þórunn Kolbrún Árnadóttir	16	ÍRB	<b>10:59.90</b>	402							
100m:	1:18.32	1:18.32	300m:	4:05.37	1:23.77	500m:	6:52.41	1:23.08	700m:	9:38.97	1:22.76
200m:	2:41.60	1:23.28	400m:	5:29.33	1:23.96	600m:	8:16.21	1:23.80	800m:	10:59.90	1:20.93
10. Eva Sól Garðarsdóttir	15	Óðinn	<b>11:06.81</b>	390	*						
100m:	1:17.38	1:17.38	300m:	4:05.34	1:24.38	500m:	6:55.38	1:25.64	700m:	9:44.73	1:24.21
200m:	2:40.96	1:23.58	400m:	5:29.74	1:24.40	600m:	8:20.52	1:25.14	800m:	11:06.81	1:22.08
11. Arna Maren Jóhannesdóttir	13	FJÖL	<b>11:21.46</b>	365	*						
100m:	1:19.67	1:19.67	300m:	4:14.86	1:28.52	500m:	7:09.81	1:27.40	700m:	9:59.82	1:24.42
200m:	2:46.34	1:26.67	400m:	5:42.41	1:27.55	600m:	8:35.40	1:25.59	800m:	11:21.46	1:21.64
OTL Hrefna Rós Gunnarsdóttir	14	Ægir									

Sundgrein 23  
7.4.2018 - 18:14

kvenna, 1500m skriðsund

Opinn  
Úrslitalistar

Íslandsmet	17:17.61	Sigrún Brá Sverrisdóttir	Ægir	Columbia (USA)	23.7.2011
Mótsmet	17:53.62	Bára Kristín Björgvinsdóttir	ISL		1.4.2013
Aldursflokkamet 15 - 17	17:34.44	Eydís Ósk Kolbeinsdóttir	ÍRB	Reykjavík	11.4.2015
Aldursflokkamet 13 - 14	17:48.38	Eydís Ósk Kolbeinsdóttir	ÍRB	Reykjavík	13.4.2014
Aldursflokkamet 11 - 12	19:30.59	Stefanía Steinþórsdóttir	ÍRB	Reykjanesbæ	15.12.2013

EM50 16 +: 17:06.76 / EMU 16 - 17: 17:25.77; 14 - 15: 17:36.08 / ÍM50 : 20:29.88

Stig: FINA 2016

Sæti	Aldur		Tími		Stig						
1. Adele Alexandra Pálsson	15	SH	<b>18:31.96</b>	576	ÍM						
100m:	1:08.24	1:08.24	500m:	6:05.90	1:14.97	900m:	11:05.92	1:14.81	1300m:	16:05.19	1:15.05
200m:	2:22.12	1:13.88	600m:	7:20.81	1:14.91	1000m:	12:20.75	1:14.83	1400m:	17:19.85	1:14.66
300m:	3:36.24	1:14.12	700m:	8:35.87	1:15.06	1100m:	13:35.37	1:14.62	1500m:	18:31.96	1:12.11
400m:	4:50.93	1:14.69	800m:	9:51.11	1:15.24	1200m:	14:50.14	1:14.77			
2. Brynhildur Traustadóttir	17	ÍA	<b>19:14.98</b>	514	ÍM						
100m:	1:11.61	1:11.61	500m:	6:21.58	1:17.73	900m:	11:35.08	1:17.79	1300m:	16:45.47	1:16.98
200m:	2:28.51	1:16.90	600m:	7:40.11	1:18.53	1000m:	12:52.72	1:17.64	1400m:	18:01.85	1:16.38
300m:	3:46.14	1:17.63	700m:	8:58.63	1:18.52	1100m:	14:10.46	1:17.74	1500m:	19:14.98	1:13.13
400m:	5:03.85	1:17.71	800m:	10:17.29	1:18.66	1200m:	15:28.49	1:18.03			
3. Ingibjörg Erla Garðarsdóttir	18	Ægir	<b>19:27.73</b>	497	ÍM						
100m:	1:10.71	1:10.71	500m:	6:23.02	1:18.35	900m:	11:35.64	1:18.30	1300m:	16:52.65	1:18.20
200m:	2:27.99	1:17.28	600m:	7:41.58	1:18.56	1000m:	12:55.66	1:20.02	1400m:	18:11.17	1:18.52
300m:	3:46.63	1:18.64	700m:	8:59.82	1:18.24	1100m:	14:15.58	1:19.92	1500m:	19:27.73	1:16.56
400m:	5:04.67	1:18.04	800m:	10:17.34	1:17.52	1200m:	15:34.45	1:18.87			
4. Ágústa Bergros Jakobsdóttir	16	Ármann	<b>19:34.13</b>	489	ÍM						
100m:	1:13.55	1:13.55	500m:	6:25.35	1:18.47	900m:	11:41.94	1:19.63	1300m:	16:59.49	1:19.37
200m:	2:30.96	1:17.41	600m:	7:44.21	1:18.86	1000m:	13:01.17	1:19.23	1400m:	18:18.14	1:18.65
300m:	3:48.65	1:17.69	700m:	9:03.22	1:19.01	1100m:	14:20.06	1:18.89	1500m:	19:34.13	1:15.99
400m:	5:06.88	1:18.23	800m:	10:22.31	1:19.09	1200m:	15:40.12	1:20.06			
5. Freyja Birkisdóttir	12	Breiðablik	<b>19:55.23</b>	464	ÍM						
100m:	1:14.00	1:14.00	500m:	6:35.15	1:20.52	900m:	11:55.28	1:20.20	1300m:	17:17.69	1:20.51
200m:	2:33.91	1:19.91	600m:	7:55.61	1:20.46	1000m:	13:16.22	1:20.94	1400m:	18:37.93	1:20.24
300m:	3:53.81	1:19.90	700m:	9:14.92	1:19.31	1100m:	14:36.87	1:20.65	1500m:	19:55.23	1:17.30
400m:	5:14.63	1:20.82	800m:	10:35.08	1:20.16	1200m:	15:57.18	1:20.31			



11. Ásvallamót 2018  
Hafnarfjörður, 7. - 8.4.2018

Sundgrein 23, kvenna, 1500m skriðsund, Opinn

Sæti	Aldur		Tími		Stig
<b>6. Halla Margrét Baldursdóttir</b>	<b>16</b>	<b>KR</b>	<b>19:55.73</b>	<b>463</b>	<b>ÍM</b>
100m: 1:13.53 1:13.53	500m: 6:34.04 1:20.44	900m: 11:57.43 1:21.17	1300m: 17:18.05 1:19.07		
200m: 2:32.65 1:19.12	600m: 7:54.47 1:20.43	1000m: 13:18.86 1:21.43	1400m: 18:37.41 1:19.36		
300m: 3:52.42 1:19.77	700m: 9:15.34 1:20.87	1100m: 14:38.73 1:19.87	1500m: 19:55.73 1:18.32		
400m: 5:13.60 1:21.18	800m: 10:36.26 1:20.92	1200m: 15:58.98 1:20.25			
<b>7. Diljá Dröfn Jóhannesdóttir</b>	<b>15</b>	<b>SH</b>	<b>20:18.41</b>	<b>438</b>	<b>ÍM</b>
100m: 1:15.84 1:15.84	500m: 6:42.00 1:21.55	900m: 12:10.75 1:21.81	1300m: 17:38.68 1:21.10		
200m: 2:37.32 1:21.48	600m: 8:03.90 1:21.90	1000m: 13:32.90 1:22.15	1400m: 18:59.55 1:20.87		
300m: 3:59.03 1:21.71	700m: 9:27.15 1:23.25	1100m: 14:56.37 1:23.47	1500m: 20:18.41 1:18.86		
400m: 5:20.45 1:21.42	800m: 10:48.94 1:21.79	1200m: 16:17.58 1:21.21			
<b>8. Heiður Kristín Sigurgeirsdóttir</b>	<b>17</b>	<b>Ármann</b>	<b>20:43.24</b>	<b>412</b>	
100m: 1:14.01 1:14.01	500m: 6:42.34 1:23.56	900m: 12:20.85 1:24.57	1300m: 17:59.36 1:24.15		
200m: 2:32.86 1:18.85	600m: 8:06.63 1:24.29	1000m: 13:46.16 1:25.31	1400m: 19:23.45 1:24.09		
300m: 3:55.39 1:22.53	700m: 9:31.73 1:25.10	1100m: 15:10.49 1:24.33	1500m: 20:43.24 1:19.79		
400m: 5:18.78 1:23.39	800m: 10:56.28 1:24.55	1200m: 16:35.21 1:24.72			
<b>9. Svava Björg Lárusdóttir</b>	<b>15</b>	<b>Ármann</b>	<b>20:51.65</b>	<b>404</b>	
100m: 1:21.17 1:21.17	500m: 6:59.71 1:25.42	900m: 12:38.34 1:22.91	1300m: 18:08.70 1:22.75		
200m: 2:45.23 1:24.06	600m: 8:25.16 1:25.45	1000m: 14:00.40 1:22.06	1400m: 19:30.53 1:21.83		
300m: 4:09.58 1:24.35	700m: 9:50.73 1:25.57	1100m: 15:23.31 1:22.91	1500m: 20:51.65 1:21.12		
400m: 5:34.29 1:24.71	800m: 11:15.43 1:24.70	1200m: 16:45.95 1:22.64			

Sundgrein 24  
7.4.2018 - 18:37

karla, 1500m skriðsund

Opinn  
Úrslitalistar

Íslandsmet	15:27.08	Anton Sveinn McKee	Ægir	Reykjavík	13.4.2012
Mótsmet	16:21.73	Oli Mortensen	FAR		1.4.2013
Aldursflokkamet 15 - 17	16:14.96	Þröstur Bjarnason	ÍRB	Luxembourg (LUX)	7.2.2014
Aldursflokkamet 13 - 14	17:11.27	Ólafur Sigurðsson	SH	Reykjavík	12.4.2013
Aldursflokkamet 11 - 12	18:57.91	Patrik Viggó Vilbergsson	Breiðablik	Hódmezővásárhely (HUN)	19.12.2014
EM50 16 +:	15:44.74				
EMU 17 - 18:	15:59.31; 15 - 16:	16:08.76	NÆM 14 - 16:	16:57.20	IM50 : 19:28.75

Stig: FINA 2016

Sæti	Aldur		Tími		Stig
<b>1. Óskar Gauti Lund</b>	<b>19</b>	<b>Breiðablik</b>	<b>17:14.80</b>	<b>596</b>	<b>ÍM</b>
100m: 1:05.13 1:05.13	500m: 5:43.93 1:09.72	900m: 10:21.84 1:09.67	1300m: 14:59.59 1:09.61		
200m: 2:14.31 1:09.18	600m: 6:53.35 1:09.42	1000m: 11:31.08 1:09.24	1400m: 16:08.72 1:09.13		
300m: 3:23.94 1:09.63	700m: 8:02.96 1:09.61	1100m: 12:40.71 1:09.63	1500m: 17:14.80 1:06.08		
400m: 4:34.21 1:10.27	800m: 9:12.17 1:09.21	1200m: 13:49.98 1:09.27			
<b>2. Kristófer Atli Andersen</b>	<b>16</b>	<b>Breiðablik</b>	<b>17:18.69</b>	<b>589</b>	<b>ÍM</b>
100m: 1:05.91 1:05.91	500m: 5:44.96 1:09.79	900m: 10:25.08 1:09.85	1300m: 15:03.15 1:09.44		
200m: 2:15.08 1:09.17	600m: 6:55.03 1:10.07	1000m: 11:34.88 1:09.80	1400m: 16:11.94 1:08.79		
300m: 3:24.79 1:09.71	700m: 8:05.31 1:10.28	1100m: 12:44.61 1:09.73	1500m: 17:18.69 1:06.75		
400m: 4:35.17 1:10.38	800m: 9:15.23 1:09.92	1200m: 13:53.71 1:09.10			
<b>3. Sigurður Örn Ragnarsson</b>	<b>27</b>	<b>Ægir</b>	<b>17:28.34</b>	<b>573</b>	<b>ÍM</b>
100m: 1:05.78 1:05.78	500m: 5:44.63 1:10.37	900m: 10:25.59 1:10.27	1300m: 15:07.74 1:10.57		
200m: 2:14.59 1:08.81	600m: 6:54.77 1:10.14	1000m: 11:36.06 1:10.47	1400m: 16:18.41 1:10.67		
300m: 3:24.11 1:09.52	700m: 8:04.83 1:10.06	1100m: 12:46.44 1:10.38	1500m: 17:28.34 1:09.93		
400m: 4:34.26 1:10.15	800m: 9:15.32 1:10.49	1200m: 13:57.17 1:10.73			
<b>4. Jónas Atli Pálsson</b>	<b>15</b>	<b>SH</b>	<b>18:49.04</b>	<b>459</b>	<b>ÍM</b>
100m: 1:11.67 1:11.67	500m: 6:17.28 1:16.24	900m: 11:17.89 1:15.15	1300m: 16:18.60 1:16.09		
200m: 2:28.42 1:16.75	600m: 7:32.85 1:15.57	1000m: 12:33.10 1:15.21	1400m: 17:34.72 1:16.12		
300m: 3:44.88 1:16.46	700m: 8:47.60 1:14.75	1100m: 13:48.34 1:15.24	1500m: 18:49.04 1:14.32		
400m: 5:01.04 1:16.16	800m: 10:02.74 1:15.14	1200m: 15:02.51 1:14.17			



11. Ásvallamót 2018  
Hafnarfjörður, 7. - 8.4.2018

Sundgrein 24, karla, 1500m skriðsund, Opinn

Sæti			Aldur				Tími	Stig	
5.	Veigar Hrafn Sigbórsson		13 SH				<b>19:20.15</b>	423	ÍM
	100m:	1:11.87 1:11.87	500m:	6:17.53 1:17.21	900m:	11:30.37 1:19.28	1300m:	16:46.25 1:18.93	
	200m:	2:27.97 1:16.10	600m:	7:35.05 1:17.52	1000m:	12:49.48 1:19.11	1400m:	18:04.53 1:18.28	
	300m:	3:43.91 1:15.94	700m:	8:52.83 1:17.78	1100m:	14:08.53 1:19.05	1500m:	19:20.15 1:15.62	
	400m:	5:00.32 1:16.41	800m:	10:11.09 1:18.26	1200m:	15:27.32 1:18.79			
6.	Kristján Magnússon		13 ÍA				<b>20:05.89</b>	376	
	100m:	1:14.38 1:14.38	500m:	6:32.44 1:19.49	900m:	11:57.58 1:21.68	1300m:	17:25.27 1:22.24	
	200m:	2:33.82 1:19.44	600m:	7:53.66 1:21.22	1000m:	13:20.34 1:22.76	1400m:	18:47.82 1:22.55	
	300m:	3:53.37 1:19.55	700m:	9:14.88 1:21.22	1100m:	14:41.24 1:20.90	1500m:	20:05.89 1:18.07	
	400m:	5:12.95 1:19.58	800m:	10:35.90 1:21.02	1200m:	16:03.03 1:21.79			



11. Ásvallamót 2018  
Hafnarfjörður, 7. - 8.4.2018

3 - 3. hluti

8.4.2018 - 10:00

Sundgrein 25  
8.4.2018 - 10:00

karla, 200m fjórund

Opinn  
Úrslitalistar

Íslandsmet	2:04.53	Anton Sveinn McKee	Ægir	Reykjavík	2.6.2015
Mótsmet	2:10.07	Hocine Haciane	AND		1.6.2010
Aldursflokkamet 15 - 17	2:07.03	Örn Arnason	SH	Antwerpen (BEL)	30.7.1998
Aldursflokkamet 13 - 14	2:14.69	Viktor Forafonov	NOR	Kristiansand (NOR)	17.7.2016
Aldursflokkamet 11 - 12	2:34.02	Patrik Viggó Vilbergsson	Breiðablik	Debrecen (HUN)	13.12.2014

EM50 16 +: 2:04.43 / YOG B-standard 15 - 18: 2:12.15 / EMU 17 - 18: 2:07.60; 15 - 16: 2:08.85 / NÆM 14 - 16: 2:15.30 /  
ÍM50 : 2:33.37

Stig: FINA 2016

Sæti	Aldur		Tími	Stig	50m	100m	150m	200m		
Opinn										
1.	Kristinn Þórarinnsson	22	Ægir	<b>2:14.45</b>	609	ÍM	28.50	34.53	40.44	30.98
2.	Patrik Viggó Vilbergsson	16	Breiðablik	<b>2:19.01</b>	551	ÍM	29.09	35.98	42.60	31.34
3.	Huginn Hilmarsson	23	Breiðablik	<b>2:19.21</b>	549	ÍM	29.82	37.31	39.88	32.20
4.	Róbert Ísak Jónsson	17	SH	<b>2:19.94</b>	540	ÍM	28.89	38.18	40.77	32.10
5.	Hólmsteinn Skorri H.	18	Ægir	<b>2:24.69</b>	489	ÍM	29.76	38.31	42.49	34.13
6.	Aron Þór Jónsson	16	SH	<b>2:25.40</b>	481	ÍM	31.88	40.07	39.62	33.83
7.	Hallgrímur Kjartansson	20	Breiðablik	<b>2:25.58</b>	480	ÍM	32.16	40.46	39.54	33.42
8.	Baldur Logi Gautason	18	Óðinn	<b>2:27.23</b>	464	ÍM	30.38	40.08	43.17	33.60
9.	Júlíus Karl Maier	16	SH	<b>2:34.65</b>	400		34.62	38.29	48.18	33.56
10.	Halldór Björn Kristinsson	16	Ægir	<b>2:35.27</b>	395		32.80	40.23	47.35	34.89
11.	Hringur Birgir Kristinsson	14	Ægir	<b>2:36.16</b>	389		33.90	40.25	46.49	35.52
12.	Birnir Freyr Hálfðánarsson	12	SH	<b>2:38.97</b>	368		34.70	40.32	47.80	36.15
13.	Jónas Atli Pálsson	15	SH	<b>2:41.70</b>	350		33.29	44.04	47.81	36.56
14.	Snorri Dagur Einarsson	13	SH	<b>2:43.85</b>	336		36.27	45.38	47.04	35.16
15.	Hilmir Snær L.	15	SH	<b>2:44.15</b>	334		33.92	45.16	48.50	36.57
16.	Már Gunnarsson S12	19	ÍRB	<b>2:44.27</b>	334		36.05	40.03	50.62	37.57
17.	Teitur Þór Ólafsson	14	Ægir	<b>2:45.41</b>	327		35.05	43.95	49.77	36.64
18.	Edward Jensson	14	SH	<b>2:48.81</b>	307		37.39	41.62	52.74	37.06
19.	Guðmundur Karl Karlsson	13	Breiðablik	<b>2:49.62</b>	303		35.37	44.13	52.42	37.70
20.	Andri Stefánsson	14	SH	<b>2:51.55</b>	293		36.14	45.80	52.13	37.48
21.	Guðmundur Halldórsson	14	Breiðablik	<b>2:52.62</b>	288		36.21	46.77	53.39	36.25
22.	Einar Atli Guðnason	15	Ægir	<b>2:53.81</b>	282		37.54	45.95	50.53	39.79
23.	Jón Ingi Halldórsson	14	Breiðablik	<b>2:54.69</b>	277		36.16	48.09	53.13	37.31
24.	Daníel Lúkas Tómasson	14	SH	<b>2:57.86</b>	263		38.55	48.41	52.29	38.61
25.	Dagur Snær Hilmarsson	15	SH	<b>2:59.03</b>	258		40.11	46.69	56.10	36.13
26.	Bergur Fáfniir Bjarnason	12	SH	<b>3:00.02</b>	253		39.57	45.63	55.03	39.79
27.	Andri Már Kristjánsson	12	SH	<b>3:02.11</b>	245		41.51	47.48	53.62	39.50
28.	Arnar Már Birgisson	14	SH	<b>3:02.82</b>	242		38.11	48.35	54.65	41.71
29.	Kristófer Óli Birkisson	14	Óðinn	<b>3:05.35</b>	232		38.47	48.06	56.86	41.96
30.	Markús Már Hilmarsson	13	SH	<b>3:05.83</b>	230		39.57	49.18	55.28	41.80
31.	Adam Leó Tómasson	11	SH	<b>3:10.32</b>	214		43.65	52.59	50.70	43.38
32.	Ævar Örn Ingólfsson	13	SH	<b>3:11.85</b>	209		41.16	48.75	56.56	45.38
33.	Ýmir Chatenay Sölvason	12	Árman	<b>3:15.37</b>	198		45.39	50.37	1:00.75	38.86
34.	Björn Yngvi Guðmundsson	11	SH	<b>3:15.90</b>	197		44.80	52.60	1:00.61	37.89
35.	Hjörtur Ingvarsson S6	23	Fjörður	<b>4:22.96</b>	81	*	1:01.08	59.92	1:23.63	58.33
ÓG.	Eggert Sigtryggsson	13	SH							

6.6 - Keppendi lauk ekki sundinu á bakinu

17 - 18 ára

1.	Róbert Ísak Jónsson	17	SH	<b>2:19.94</b>	540	ÍM	28.89	38.18	40.77	32.10
2.	Hólmsteinn Skorri H.	18	Ægir	<b>2:24.69</b>	489	ÍM	29.76	38.31	42.49	34.13
3.	Baldur Logi Gautason	18	Óðinn	<b>2:27.23</b>	464	ÍM	30.38	40.08	43.17	33.60



11. Ásvallamót 2018  
Hafnarfjörður, 7. - 8.4.2018

Sundgrein 25, karla, 200m fjórsund

15 - 16 ára

1. Patrik Viggó Vilbergsson	16	Breiðablik	<b>2:19.01</b>	551	ÍM	29.09	35.98	42.60	31.34
2. Aron Þór Jónsson	16	SH	<b>2:25.40</b>	481	ÍM	31.88	40.07	39.62	33.83
3. Júlíus Karl Maier	16	SH	<b>2:34.65</b>	400		34.62	38.29	48.18	33.56
4. Halldór Björn Kristinsson	16	Ægir	<b>2:35.27</b>	395		32.80	40.23	47.35	34.89
5. Jónas Atli Pálsson	15	SH	<b>2:41.70</b>	350		33.29	44.04	47.81	36.56
6. Hilmir Snær L.	15	SH	<b>2:44.15</b>	334		33.92	45.16	48.50	36.57
7. Einar Atli Guðnason	15	Ægir	<b>2:53.81</b>	282		37.54	45.95	50.53	39.79
8. Dagur Snær Hilmarsson	15	SH	<b>2:59.03</b>	258		40.11	46.69	56.10	36.13

14 ára og yngri

1. Hringur Birgir Kristinsson	14	Ægir	<b>2:36.16</b>	389		33.90	40.25	46.49	35.52
2. Birnir Freyr Hálfánarsson	12	SH	<b>2:38.97</b>	368		34.70	40.32	47.80	36.15
3. Snorri Dagur Einarsson	13	SH	<b>2:43.85</b>	336		36.27	45.38	47.04	35.16
4. Teitur Þór Ólafsson	14	Ægir	<b>2:45.41</b>	327		35.05	43.95	49.77	36.64
5. Edward Jensson	14	SH	<b>2:48.81</b>	307		37.39	41.62	52.74	37.06
6. Guðmundur Karl Karlsson	13	Breiðablik	<b>2:49.62</b>	303		35.37	44.13	52.42	37.70
7. Andri Stefánsson	14	SH	<b>2:51.55</b>	293		36.14	45.80	52.13	37.48
8. Guðmundur Halldórsson	14	Breiðablik	<b>2:52.62</b>	288		36.21	46.77	53.39	36.25
9. Jón Ingi Halldórsson	14	Breiðablik	<b>2:54.69</b>	277		36.16	48.09	53.13	37.31
10. Daníel Lúkas Tómasson	14	SH	<b>2:57.86</b>	263		38.55	48.41	52.29	38.61
11. Bergur Fáfniir Bjarnason	12	SH	<b>3:00.02</b>	253		39.57	45.63	55.03	39.79
12. Andri Már Kristjánsson	12	SH	<b>3:02.11</b>	245		41.51	47.48	53.62	39.50
13. Arnar Már Birgisson	14	SH	<b>3:02.82</b>	242		38.11	48.35	54.65	41.71
14. Kristófer Óli Birkisson	14	Óðinn	<b>3:05.35</b>	232		38.47	48.06	56.86	41.96
15. Markús Már Hilmarsson	13	SH	<b>3:05.83</b>	230		39.57	49.18	55.28	41.80
16. Adam Leó Tómasson	11	SH	<b>3:10.32</b>	214		43.65	52.59	50.70	43.38
17. Ævar Örn Ingólfsson	13	SH	<b>3:11.85</b>	209		41.16	48.75	56.56	45.38
18. Ýmir Chatenay Sölvason	12	Ármann	<b>3:15.37</b>	198		45.39	50.37	1:00.75	38.86
19. Björn Yngvi Guðmundsson	11	SH	<b>3:15.90</b>	197		44.80	52.60	1:00.61	37.89
ÓG. Eggert Sigtryggsson	13	SH							

6.6 - Keppendi lauk ekki sundinu á bakinu

Sundgrein 26  
8.4.2018 - 10:15

kvenna, 50m baksund

Opinn  
Úrslitalistar

Íslandsmet	28.53	Ingibjörg Kristín Jónsdóttir	Jónsdóttir	SH	Budapest (HUN)	26.7.2017
Mótsmet	28.96	Sanja Jovanovic		CRO		1.6.2008
Aldursflokkamet 15 - 17	29.74	Eygló Ósk Gústafsdóttir		Ægir	Reykjavík	15.4.2012
Aldursflokkamet 13 - 14	31.26	Íris Ósk Hilmarsdóttir		ÍRB	Reykjanesbæ	8.12.2012
Aldursflokkamet 11 - 12	34.48	Rannveig Rögn Leifsdóttir		KR	Reykjavík	21.4.2009

EM50 16 +: 29.52 / YOG B-standard 15 - 18: 30.88 / EMU 16 - 17: 30.01; 14 - 15: 30.31 / ÍM50 : 35.96

Stig: FINA 2016

Sæti	Aldur	Tími	Stig
1. Katarína Róbertsdóttir	18 SH	<b>31.83</b>	614 ÍM
2. Þóra Snorradóttir	15 Óðinn	<b>32.79</b>	562 ÍM
3. Ásta Kristín Jónsdóttir	18 Ármann	<b>33.62</b>	521 ÍM
4. Elín Kata Sigurgeirsdóttir	19 Óðinn	<b>34.96</b>	463 ÍM
5. Ásgerður Jing Laufeyjardóttir	16 ÍA	<b>35.08</b>	458 ÍM
6. Eva Margrét Falsdóttir	13 ÍRB	<b>36.15</b>	419
7. Halla Margrét Baldursdóttir	16 KR	<b>36.21</b>	417
8. Guðbjörg Bjartey Guðmundsdóttir	13 ÍA	<b>36.71</b>	400
9. Eva Sól Garðarsdóttir	15 Óðinn	<b>36.74</b>	399
10. Una Margrét Reynisdóttir	16 KR	<b>37.97</b>	361
11. Kristína Bragadóttir	18 Ármann	<b>38.17</b>	356



11. Ásvallamót 2018  
Hafnarfjörður, 7. - 8.4.2018

Sundgrein 26, kvenna, 50m baksund, Opinn

Sæti	Aldur	Tími	Stig
12. Rebekka Sif Ómarsdóttir	15 Óðinn	<b>38.30</b>	352
13. Arna Maren Jóhannesdóttir	13 FJÖL	<b>38.38</b>	350
14. Guðrún Lilja Kristmannsdóttir	14 Ægir	<b>38.40</b>	349
15. Erna Þórarinsdóttir	14 ÍA	<b>38.73</b>	341
16. Ingibjörg Svava Magnúsardóttir	13 ÍA	<b>38.85</b>	337
17. Eyrún Sigþórsdóttir	17 ÍA	<b>38.96</b>	335
18. Aþena Arnarsdóttir	15 Óðinn	<b>39.42</b>	323
19. Sif Grímsdóttir	15 KR	<b>40.04</b>	308 *
20. Embla Sólrún Jóhannesdóttir	12 FJÖL	<b>40.39</b>	300 *
21. Birgitta Ingólfssdóttir	13 FJÖL	<b>40.54</b>	297 *
22. Ylfa Ásgerður Eyjólfssdóttir	12 Ármann	<b>42.04</b>	266 *
ÓG. Guðný Birna Sigurðardóttir	19 Breiðablik		ÍM
<i>6.4 - Allur í kafi meðan á sundi stóð (nema fyrstu 15m eftir start eða snúning)</i>			
ÓG. Sigurjóna Ragnheiðardóttir	15 Óðinn		
<i>6.4 - Allur í kafi meðan á sundi stóð (nema fyrstu 15m eftir start eða snúning)</i>			

Sundgrein 27  
8.4.2018 - 10:21

karla, 50m flugsund

Opinn  
Úrslitalistar

Íslandsmet	24.02	Örn Arnason	SH	Melbourne (AUS)	26.3.2007
Mótsmet	25.32	Davíð Hildiberg Aðalsteinsson	ISL		1.4.2017
Aldursflokkamet 15 - 17	25.24	Hjörtur Már Reynisson	Ægir	Valetta (MLT)	8.7.2001
Aldursflokkamet 13 - 14	28.16	Kristinn Þórarinsson	Fjölnir	Darmstadt (GER)	10.7.2010
Aldursflokkamet 11 - 12	33.10	Viktor Forafonov	Asker	Kristiansand (NOR)	8.6.2014

EM50 16 +: 24.50 / YOG B-standard 15 - 18: 25.95 / EMU 17 - 18: 25.15; 15 - 16: 25.40 / ÍM50 : 30.63

Stig: FINA 2016

Sæti	Aldur	Tími	Stig
1. Predrag Milos	23 SH	<b>26.10</b>	634 ÍM
2. Kolbeinn Hrafnkelsson	24 SH	<b>26.45</b>	609 ÍM
3. Kári Sölvi Nielsen	18 SH	<b>28.60</b>	482 ÍM
4. Kristján Ari Heimisson	20 Breiðablik	<b>28.80</b>	472 ÍM
5. Sævar Berg Sigurðsson	23 ÍA	<b>29.25</b>	450 ÍM
6. Hjörleifur Helgi Sveinbjarnarson	19 Rán	<b>29.31</b>	448 ÍM
7. Jökull Ýmir Guðmundsson	18 SH	<b>29.45</b>	441 ÍM
8. Snævar Atli Halldórsson	18 Óðinn	<b>29.53</b>	438 ÍM
9. Baldur Logi Gautason	18 Óðinn	<b>30.36</b>	403 ÍM
10. Ásgrímur Þór Kjartansson	18 Óðinn	<b>31.66</b>	355
11. Aron Fannar Kristínarson	15 ÍRB	<b>31.68</b>	354
12. Hákon Alexander Magnússon	18 Óðinn	<b>32.03</b>	343
13. Gabríel Ari Tryggvason S14	15 Nes	<b>33.06</b>	312
14. Þröstur Ingi Gunnsteinsson	12 Ármann	<b>33.70</b>	294
15. Snær Llorens Sigurðsson	16 ÍA	<b>33.96</b>	288
16. Ragnar Magnússon S14	26 Fjörður	<b>34.48</b>	275
17. Rafael Andri Williamsson	14 ÍA	<b>35.68</b>	248
18. Kristófer Óli Birkisson	14 Óðinn	<b>39.99</b>	176
19. Breki Arnarsson S7	22 Óðinn	<b>1:02.70</b>	45 *



11. Ásvallamót 2018  
Hafnarfjörður, 7. - 8.4.2018

Sundgrein 28  
8.4.2018 - 10:25

kvenna, 200m skriðsund

Opinn  
Úrslitalistar

Íslandsmet	2:02.44	Eygló Ósk Gústafsdóttir	Ægir	Luxembourg (LUX)	30.5.2013
Mótsmet	2:04.98	Sigrún Brá Sverrisdóttir	ISL		1.6.2008
Aldursflokkamet 15 - 17	2:03.08	Eygló Ósk Gústafsdóttir	Ægir	Reykjavík	13.4.2012
Aldursflokkamet 13 - 14	2:09.35	Eygló Ósk Gústafsdóttir	Ægir	Reykjavík	22.3.2009
Aldursflokkamet 11 - 12	2:19.48	Stefanía Sigurþórsdóttir	ÍRB	Reykjanesbæ	14.12.2013

EM50 16 +: 2:02.83 / YOG B-standard 15 - 18: 2:07.67 / EMU 16 - 17: 2:05.40; 14 - 15: 2:06.64 / NÆM 13 - 15: 2:12.97 /  
ÍM50 : 2:28.05

Stig: FINA 2016

Sæti	Aldur		Tími	Stig	50m	100m	150m	200m		
Opinn										
1.	Inga Elin Cryer	25	Ægir	<b>2:08.56</b>	678	ÍM	29.79	32.32	33.19	33.26
2.	Bryndís Bolladóttir	19	Breiðablik	<b>2:09.54</b>	663	ÍM	30.53	32.64	33.26	33.11
3.	Kristín Helga Hákonardóttir	14	Breiðablik	<b>2:12.81</b>	615	NÆM	30.26	33.36	34.60	34.59
4.	Ragna Sigríður Ragnarsdóttir	17	Breiðablik	<b>2:14.75</b>	589	ÍM	30.17	33.16	35.39	36.03
5.	Eydís Ósk Kolbeinsdóttir	18	ÍRB	<b>2:15.74</b>	576	ÍM	30.82	33.45	35.69	35.78
6.	Brynhildur Traustadóttir	17	ÍA	<b>2:16.05</b>	572	ÍM	31.48	34.43	35.18	34.96
7.	Regína Lilja Gunnlaugsdóttir	16	Breiðablik	<b>2:16.20</b>	570	ÍM	31.26	34.56	35.15	35.23
8.	Adele Alexandra Pálsson	15	SH	<b>2:16.74</b>	564	ÍM	31.84	34.24	35.61	35.05
9.	Birna Hilmarsdóttir	16	ÍRB	<b>2:17.76</b>	551	ÍM	31.13	35.33	35.97	35.33
10.	Ragnheiður Karlsdóttir	19	Breiðablik	<b>2:19.93</b>	526	ÍM	31.47	35.23	36.69	36.54
11.	Þorgerður Ósk Jónsdóttir	15	SH	<b>2:20.29</b>	522	ÍM	31.80	36.00	36.66	35.83
12.	Faney Lind Jóhannsdóttir	16	Ægir	<b>2:22.40</b>	499	ÍM	32.34	36.30	37.37	36.39
13.	Kristín Ylfa Guðmundsdóttir	16	SH	<b>2:24.22</b>	480	ÍM	33.17	36.42	38.09	36.54
14.	Halla Margrét Baldursdóttir	16	KR	<b>2:24.41</b>	478	ÍM	32.69	37.21	38.09	36.42
15.	Ingibjörg Erla Garðarsdóttir	18	Ægir	<b>2:24.44</b>	478	ÍM	33.30	36.66	37.60	36.88
16.	Þóra Snorradóttir	15	Óðinn	<b>2:25.44</b>	468	ÍM	33.38	36.72	38.09	37.25
17.	Þórdís Anita Björnsdóttir	16	SH	<b>2:26.81</b>	455	ÍM	34.18	37.10	38.67	36.86
18.	Heiður Kristín Sigurgeirsdóttir	17	Ármann	<b>2:27.09</b>	453	ÍM	33.31	36.99	38.62	38.17
19.	Þena Jónsdóttir	14	SH	<b>2:27.10</b>	453	ÍM	33.35	37.22	38.86	37.67
20.	Ylfa Finnbogadóttir	16	SH	<b>2:27.28</b>	451	ÍM	34.46	38.04	37.81	36.97
21.	Svava Björg Lárusdóttir	15	Ármann	<b>2:28.29</b>	442		33.76	37.87	39.02	37.64
22.	Gunnhildur Björg B.	18	ÍRB	<b>2:28.42</b>	441		33.17	37.80	39.21	38.24
23.	Diljá Dröfn Jóhannsdóttir	15	SH	<b>2:29.51</b>	431		34.28	37.77	38.14	39.32
24.	Una Hlynisdóttir	16	SH	<b>2:30.23</b>	425		33.64	37.99	40.36	38.24
25.	Dagbjörg Hlíf Ólafsdóttir	13	SH	<b>2:31.19</b>	417		34.22	39.01	39.63	38.33
26.	Sara Rut Sigurðardóttir	15	SH	<b>2:31.32</b>	416		33.79	38.63	39.91	38.99
27.	Freyja Birkisdóttir	12	Breiðablik	<b>2:31.63</b>	413		34.84	39.51	40.07	37.21
28.	Ngozi Jóhanna Eze	15	ÍA	<b>2:32.13</b>	409		33.85	39.29	39.96	39.03
29.	Marta Magnúsdóttir	13	KR	<b>2:32.54</b>	406		35.43	39.20	40.05	37.86
30.	Sigurjóna Ragnheiðardóttir	15	Óðinn	<b>2:32.60</b>	405		34.21	39.22	40.42	38.75
31.	Katrín Eva Jóhannsdóttir	17	Óðinn	<b>2:32.90</b>	403		34.21	38.59	40.05	40.05
32.	Arna Maren Jóhannsdóttir	13	FJÖL	<b>2:34.05</b>	394		36.12	39.64		
33.	Arianna Steinarsdóttir	15	Ármann	<b>2:34.14</b>	393		35.81	39.30	39.92	39.11
34.	Hildur Valsdóttir	14	SH	<b>2:35.27</b>	385		35.90	39.81	41.15	38.41
35.	Birgitta Ingólfssdóttir	13	FJÖL	<b>2:35.63</b>	382		35.57	39.98	40.40	39.68
36.	Guðný Birna Falsdóttir	15	ÍRB	<b>2:35.92</b>	380		36.12	39.31	40.54	39.95
37.	Una Erlin Baldursdóttir	14	Ægir	<b>2:37.17</b>	371		34.72	39.74	42.48	40.23
38.	Svanhildur M. Valdimarsdóttir	15	Óðinn	<b>2:37.29</b>	370		35.50	40.29	41.42	40.08
39.	Katja Lilja Andriysdóttir	12	SH	<b>2:38.52</b>	362		36.01	41.06	41.60	39.85
40.	Sif Grímsdóttir	15	KR	<b>2:39.39</b>	356		36.66	40.50	41.46	40.77
41.	Guðbjörg Eyvindardóttir	14	SH	<b>2:40.66</b>	347		36.68	40.42	42.40	41.16
42.	Vigdís Tinna Hákonardóttir	12	Breiðablik	<b>2:41.58</b>	341		36.46	41.49	42.99	40.64
43.	Jóhanna Brynja Rúnarsdóttir	12	SH	<b>2:41.79</b>	340		36.11	41.31	42.84	41.53
44.	Eva Claire Sæmundsdóttir	14	SH	<b>2:42.12</b>	338		36.58	40.86	42.37	42.31
45.	Helga Sigurlaug Helgadóttir	11	SH	<b>2:42.72</b>	334		36.79	42.83	43.18	39.92
46.	Agnes Fjóra Flosadóttir	16	Rán	<b>2:43.35</b>	330		36.98	41.35	42.64	42.38



11. Ásvallamót 2018  
Hafnarfjörður, 7. - 8.4.2018

Sundgrein 28, kvenna, 200m skriðsund, Opinn

Sæti	Aldur	Tími	Stig	50m	100m	150m	200m	
47.	Karen Ásta Edwardsdóttir 13	Óðinn	<b>2:50.48</b>	291	37.00	42.86	46.60	44.02
48.	Kolbrún Ósk Vilhjálmisdóttir 12	Óðinn	<b>2:51.03</b>	288	38.52	43.81	46.17	42.53
49.	Sunna Arnfinnsdóttir 11	Ármann	<b>2:51.88</b>	284	39.62	45.44	44.66	42.16
50.	Ziza Alomerovik 11	Ármann	<b>2:52.14</b>	282	37.60	43.68	45.62	45.24
51.	Ylfa Ásgerður Eyjólfssdóttir 12	Ármann	<b>2:52.41</b>	281				
52.	Nadja Djurovic 11	Breiðablik	<b>2:58.29</b>	254	42.06	46.14	46.46	43.63
53.	Sólveig Ágústa Aradóttir 13	Ármann	<b>3:04.13</b>	231	41.50	46.83	47.82	47.98
54.	Hrafnhildur Lóa Kvaran 11	Ármann	<b>3:04.27</b>	230	41.26	48.59	47.38	47.04
55.	María Skorastein S. 11	SH	<b>3:11.91</b>	204	40.90	50.51	50.56	49.94
56.	Anna Þrastardóttir S14 14	Fjörður	<b>3:15.47</b>	193	44.18	48.69	51.10	51.50
57.	Sandra Rut Fannarsdóttir 12	Óðinn	<b>3:22.70</b>	173 *	45.30	52.62	52.75	52.03
58.	Júlía Pálmadóttir 11	Ármann	<b>3:25.00</b>	167 *	45.27	52.90	54.51	52.32

16 - 17 ára

1.	Ragna Sigríður Ragnarsdóttir 17r	Breiðablik	<b>2:14.75</b>	589	ÍM	30.17	33.16	35.39	36.03
2.	Brynildur Traustadóttir 17	ÍA	<b>2:16.05</b>	572	ÍM	31.48	34.43	35.18	34.96
3.	Regína Lilja Gunnlaugsdóttir 16	Breiðablik	<b>2:16.20</b>	570	ÍM	31.26	34.56	35.15	35.23
4.	Birna Hilmarssdóttir 16	ÍRB	<b>2:17.76</b>	551	ÍM	31.13	35.33	35.97	35.33
5.	Fanney Lind Jóhannsdóttir 16	Ægir	<b>2:22.40</b>	499	ÍM	32.34	36.30	37.37	36.39
6.	Kristín Ylfa Guðmundsdóttir 16	SH	<b>2:24.22</b>	480	ÍM	33.17	36.42	38.09	36.54
7.	Halla Margrét Baldursdóttir 16	KR	<b>2:24.41</b>	478	ÍM	32.69	37.21	38.09	36.42
8.	Þórdís Anita Björnsdóttir 16	SH	<b>2:26.81</b>	455	ÍM	34.18	37.10	38.67	36.86
9.	Heiður Kristín Sigurgeirsdóttir 17r	Ármann	<b>2:27.09</b>	453	ÍM	33.31	36.99	38.62	38.17
10.	Ylfa Finnbogadóttir 16	SH	<b>2:27.28</b>	451	ÍM	34.46	38.04	37.81	36.97
11.	Una Hlynsdóttir 16	SH	<b>2:30.23</b>	425		33.64	37.99	40.36	38.24
12.	Katrín Eva Jóhannsdóttir 17	Óðinn	<b>2:32.90</b>	403		34.21	38.59	40.05	40.05
13.	Agnes Fjóra Flosadóttir 16	Rán	<b>2:43.35</b>	330		36.98	41.35	42.64	42.38

14 - 15 ára

1.	Kristín Helga Hákonardóttir 14	Breiðablik	<b>2:12.81</b>	615	NÆM	30.26	33.36	34.60	34.59
2.	Adele Alexandra Pálsson 15	SH	<b>2:16.74</b>	564	ÍM	31.84	34.24	35.61	35.05
3.	Þorgerður Ósk Jónsdóttir 15	SH	<b>2:20.29</b>	522	ÍM	31.80	36.00	36.66	35.83
4.	Þóra Snorradóttir 15	Óðinn	<b>2:25.44</b>	468	ÍM	33.38	36.72	38.09	37.25
5.	Þena Jónsdóttir 14	SH	<b>2:27.10</b>	453	ÍM	33.35	37.22	38.86	37.67
6.	Svava Björg Lárussdóttir 15	Ármann	<b>2:28.29</b>	442		33.76	37.87	39.02	37.64
7.	Diljá Dröfn Jóhannsdóttir 15	SH	<b>2:29.51</b>	431		34.28	37.77	38.14	39.32
8.	Sara Rut Sigurðardóttir 15	SH	<b>2:31.32</b>	416		33.79	38.63	39.91	38.99
9.	Ngozi Jóhanna Eze 15	ÍA	<b>2:32.13</b>	409		33.85	39.29	39.96	39.03
10.	Sigurjóna Ragnheiðardóttir 15	Óðinn	<b>2:32.60</b>	405		34.21	39.22	40.42	38.75
11.	Arianna Steinarsdóttir 15	Ármann	<b>2:34.14</b>	393		35.81	39.30	39.92	39.11
12.	Hildur Valsdóttir 14	SH	<b>2:35.27</b>	385		35.90	39.81	41.15	38.41
13.	Guðný Birna Falsdóttir 15	ÍRB	<b>2:35.92</b>	380		36.12	39.31	40.54	39.95
14.	Una Erlin Baldursdóttir 14	Ægir	<b>2:37.17</b>	371		34.72	39.74	42.48	40.23
15.	Svanhildur M. Valdimarsdóttir 15r	Óðinn	<b>2:37.29</b>	370		35.50	40.29	41.42	40.08
16.	Sif Grímsdóttir 15	KR	<b>2:39.39</b>	356		36.66	40.50	41.46	40.77
17.	Guðbjörg Eyvindardóttir 14	SH	<b>2:40.66</b>	347		36.68	40.42	42.40	41.16
18.	Eva Claire Sæmundsdóttir 14	SH	<b>2:42.12</b>	338		36.58	40.86	42.37	42.31
19.	Anna Þrastardóttir S14 14	Fjörður	<b>3:15.47</b>	193		44.18	48.69	51.10	51.50





11. Ásvallamót 2018  
Hafnarfjörður, 7. - 8.4.2018

Sundgrein 28, kvenna, 200m skriðsund

13 ára og yngri

1. Dagbjörg Hlíf Ólafsdóttir	13	SH	<b>2:31.19</b>	417	34.22	39.01	39.63	38.33
2. Freyja Birkisdóttir	12	Breiðablik	<b>2:31.63</b>	413	34.84	39.51	40.07	37.21
3. Marta Magnúsdóttir	13	KR	<b>2:32.54</b>	406	35.43	39.20	40.05	37.86
4. Arna Maren Jóhannesdóttir	13	FJÖL	<b>2:34.05</b>	394	36.12	39.64		
5. Birgitta Ingólfssdóttir	13	FJÖL	<b>2:35.63</b>	382	35.57	39.98	40.40	39.68
6. Katja Lilja Andriydsdóttir	12	SH	<b>2:38.52</b>	362	36.01	41.06	41.60	39.85
7. Vigdís Tinna Hákonardóttir	12	Breiðablik	<b>2:41.58</b>	341	36.46	41.49	42.99	40.64
8. Jóhanna Brynja Rúnarsdóttir	12	SH	<b>2:41.79</b>	340	36.11	41.31	42.84	41.53
9. Helga Sigurlaug Helgadóttir	11	SH	<b>2:42.72</b>	334	36.79	42.83	43.18	39.92
10. Karen Ásta Edwardsdóttir	13	Óðinn	<b>2:50.48</b>	291	37.00	42.86	46.60	44.02
11. Kolbrún Ósk Vilhjálmssdóttir	12	Óðinn	<b>2:51.03</b>	288	38.52	43.81	46.17	42.53
12. Sunna Arnfinnsdóttir	11	Árman	<b>2:51.88</b>	284	39.62	45.44	44.66	42.16
13. Ziza Alomerovik	11	Árman	<b>2:52.14</b>	282	37.60	43.68	45.62	45.24
14. Ylfa Ásgerður Eyjólfssdóttir	12	Árman	<b>2:52.41</b>	281				
15. Nadja Djurovic	11	Breiðablik	<b>2:58.29</b>	254	42.06	46.14	46.46	43.63
16. Sólveig Ágústa Aradóttir	13	Árman	<b>3:04.13</b>	231	41.50	46.83	47.82	47.98
17. Hrafnhildur Lóa Kvaran	11	Árman	<b>3:04.27</b>	230	41.26	48.59	47.38	47.04
18. María Skorastein S.	11	SH	<b>3:11.91</b>	204	40.90	50.51	50.56	49.94
19. Sandra Rut Fannarsdóttir	12	Óðinn	<b>3:22.70</b>	173 *	45.30	52.62	52.75	52.03
20. Júlía Pálmadóttir	11	Árman	<b>3:25.00</b>	167 *	45.27	52.90	54.51	52.32

Sundgrein 29  
8.4.2018 - 10:50

karla, 100m baksund

Opinn  
Úrslitalistar

Íslandsmet	54.75	Örn Arnason	SH	Fukuoka (JPN)	23.7.2001
Mótsmet	56.59	Örn Arnason	ISL		1.6.2008
Aldursflokkamet 15 - 17	56.94	Örn Arnason	SH	Antwerpen (BEL)	1.8.1997
Aldursflokkamet 13 - 14	1:02.75	Brynjólfur Óli Karlsson	Breiðablik	Reykjavík	11.4.2015
Aldursflokkamet 11 - 12	1:10.89	Brynjólfur Óli Karlsson	Breiðablik	Reykjavík	13.4.2013

EM50 16+: 55.95 / YOG B-standard 15 - 18: 58.95 / EMU 17 - 18: 57.99; 15 - 16: 58.56 / NÆM 14 - 16: 1:01.49 / ÍM50 : 1:09.57

Stig: FINA 2016

Sæti	Aldur		Tími	Stig	50m	100m
Opinn						
1. Kristinn Þórarinnsson	22	Ægir	<b>59.15</b>	677	ÍM	28.96 30.19
2. Kristján Gylfi Þórisson	18	Ægir	<b>1:00.76</b>	624	ÍM	29.29 31.47
3. Tómas Magnússon	16	KR	<b>1:05.78</b>	492	ÍM	31.26 34.52
4. Veigar Hrafn Sigþórsson	13	SH	<b>1:09.64</b>	414		34.11 35.53
5. Símon Elías Statkevicius	15	SH	<b>1:12.21</b>	372		34.94 37.27
6. Júlíus Karl Maier	16	SH	<b>1:12.39</b>	369		35.34 37.05
7. Snævar Atli Halldórsson	18	Óðinn	<b>1:13.75</b>	349		35.23 38.52
8. Kristján Magnússon	13	ÍA	<b>1:15.79</b>	321		36.61 39.18
9. Flosi Ómarsson	15	ÍRB	<b>1:16.06</b>	318		32.08 43.98
10. Edward Jensson	14	SH	<b>1:16.72</b>	310		37.50 39.22
11. Sveinn Elí Helgason	14	Ægir	<b>1:18.86</b>	285		37.30 41.56
12. Andri Bergmann Ísaksen	14	Breiðablik	<b>1:19.30</b>	280		38.87 40.43
13. Andri Stefánsson	14	SH	<b>1:19.95</b>	274		38.42 41.53
14. Kári Snær Halldórsson	14	ÍRB	<b>1:20.51</b>	268		39.26 41.25
15. Erik Vikar Diez	14	Ægir	<b>1:21.16</b>	262		39.38 41.78
16. Héðinn Höskuldsson	14	FJÖL	<b>1:21.33</b>	260		40.04 41.29
17. Viktor Emil Sigtryggsson	18	Óðinn	<b>1:21.42</b>	259		39.22 42.20
18. Gabriel Ari Tryggvason S14	15	Nes	<b>1:21.53</b>	258		39.79 41.74
19. Arnar Már Birgisson	14	SH	<b>1:21.80</b>	256		40.41 41.39
20. Ragnar Magnússon S14	26	Fjörður	<b>1:23.60</b>	239		39.03 44.57
21. Dagur Snær Hilmarsson	15	SH	<b>1:24.49</b>	232		40.82 43.67
22. Bergur Fáfniir Bjarnason	12	SH	<b>1:24.75</b>	230		42.51 42.24



11. Ásvallamót 2018  
Hafnarfjörður, 7. - 8.4.2018

Sundgrein 29, karla, 100m baksund, Opinn

Sæti	Aldur		Tími	Stig	50m	100m
23.	Jónatan Freyr Hólmsteinsson	13 Ægir	<b>1:27.44</b>	209	43.39	44.05
24.	Alex Benjamín Bjarnason	14 ÍA	<b>1:27.45</b>	209	43.35	44.10
25.	Stefán Ingi Ólafsson	12 Ægir	<b>1:27.56</b>	208	42.94	44.62
26.	Daníel Lúkas Tómasson	14 SH	<b>1:27.81</b>	206	43.89	43.92
27.	Guðfinnur Karlsson S11	30 Fjörður	<b>1:27.85</b>	206	43.33	44.52
28.	Ýmir Chatenay Sölvason	12 Ármann	<b>1:28.17</b>	204	43.64	44.53
29.	Andri Már Kristjánsson	12 SH	<b>1:28.87</b>	199	44.32	44.55
30.	Kristófer Óli Birkisson	14 Óðinn	<b>1:30.11</b>	191	44.34	45.77
31.	Ævar Örn Ingólfsson	13 SH	<b>1:30.93</b>	186	43.47	47.46
32.	Rafael Andri Williamsson	14 ÍA	<b>1:31.10</b>	185	44.24	46.86
33.	Kristinn Viðar Tómasson	12 Óðinn	<b>1:37.15</b>	152	47.89	49.26
34.	Eggert Sigtryggsson	13 SH	<b>1:37.31</b>	152	48.42	48.89
35.	Björn Yngvi Guðmundsson	11 SH	<b>1:37.33</b>	151	48.71	48.62
36.	Ásmundur Ásmundsson S14	31 Fjörður	<b>1:39.79</b>	141	47.01	52.78
37.	Magnús Víðir Jónsson	10 SH	<b>1:41.14</b>	135	48.90	52.24
38.	Örn Kató Arnarsson	13 Óðinn	<b>1:42.03</b>	131	50.25	51.78
39.	Stefán Gretar Katrínarson	10 Óðinn	<b>1:45.66</b>	118	51.15	54.51
40.	Hjörtur Ingvarsson S6	23 Fjörður	<b>1:51.38</b>	101	53.58	57.80
ÓG.	Brynjólfur Óli Karlsson	17 Breiðablik				

6.4 - Allur í kafi meðan á sundi stóð (nema fyrstu 15m eftir start eða snúning)

17 - 18 ára

1.	Kristján Gylfi Þórisson	18 Ægir	<b>1:00.76</b>	624	ÍM	29.29	31.47
2.	Snævar Atli Halldórsson	18 Óðinn	<b>1:13.75</b>	349		35.23	38.52
3.	Viktor Emil Sigtryggsson	18 Óðinn	<b>1:21.42</b>	259		39.22	42.20
ÓG.	Brynjólfur Óli Karlsson	17 Breiðablik			ÍM		

6.4 - Allur í kafi meðan á sundi stóð (nema fyrstu 15m eftir start eða snúning)

15 - 16 ára

1.	Tómas Magnússon	16 KR	<b>1:05.78</b>	492	ÍM	31.26	34.52
2.	Símon Elías Statkevícus	15 SH	<b>1:12.21</b>	372		34.94	37.27
3.	Július Karl Maier	16 SH	<b>1:12.39</b>	369		35.34	37.05
4.	Flosi Ómarsson	15 ÍRB	<b>1:16.06</b>	318		32.08	43.98
5.	Gabriel Ari Tryggvason S14	15 Nes	<b>1:21.53</b>	258		39.79	41.74
6.	Dagur Snær Hilmarsson	15 SH	<b>1:24.49</b>	232		40.82	43.67

14 ára og yngri

1.	Veigar Hrafn Sigþórsson	13 SH	<b>1:09.64</b>	414		34.11	35.53
2.	Kristján Magnússon	13 ÍA	<b>1:15.79</b>	321		36.61	39.18
3.	Edward Jónsson	14 SH	<b>1:16.72</b>	310		37.50	39.22
4.	Sveinn Elí Helgason	14 Ægir	<b>1:18.86</b>	285		37.30	41.56
5.	Andri Bergmann Ísaksen	14 Breiðablik	<b>1:19.30</b>	280		38.87	40.43
6.	Andri Stefánsson	14 SH	<b>1:19.95</b>	274		38.42	41.53
7.	Kári Snær Halldórsson	14 ÍRB	<b>1:20.51</b>	268		39.26	41.25
8.	Erik Vikar Diez	14 Ægir	<b>1:21.16</b>	262		39.38	41.78
9.	Héðinn Höskuldsson	14 FJÖL	<b>1:21.33</b>	260		40.04	41.29
10.	Arnar Már Birgisson	14 SH	<b>1:21.80</b>	256		40.41	41.39
11.	Bergur Fáfniir Bjarnason	12 SH	<b>1:24.75</b>	230		42.51	42.24
12.	Jónatan Freyr Hólmsteinsson	13 Ægir	<b>1:27.44</b>	209		43.39	44.05
13.	Alex Benjamín Bjarnason	14 ÍA	<b>1:27.45</b>	209		43.35	44.10
14.	Stefán Ingi Ólafsson	12 Ægir	<b>1:27.56</b>	208		42.94	44.62
15.	Daníel Lúkas Tómasson	14 SH	<b>1:27.81</b>	206		43.89	43.92
16.	Ýmir Chatenay Sölvason	12 Ármann	<b>1:28.17</b>	204		43.64	44.53
17.	Andri Már Kristjánsson	12 SH	<b>1:28.87</b>	199		44.32	44.55



11. Ásvallamót 2018  
Hafnarfjörður, 7. - 8.4.2018

Sundgrein 29, Piltar, 100m baksund, 14 ára og yngri

Sæti	Aldur	Tími	Stig	50m	100m
18.	Kristófer Óli Birkisson 14 Óðinn	<b>1:30.11</b>	191	44.34	45.77
19.	Ævar Örn Ingólfsson 13 SH	<b>1:30.93</b>	186	43.47	47.46
20.	Rafael Andri Williamsson 14 ÍA	<b>1:31.10</b>	185	44.24	46.86
21.	Kristinn Viðar Tómasson 12 Óðinn	<b>1:37.15</b>	152	47.89	49.26
22.	Eggert Sigtryggsson 13 SH	<b>1:37.31</b>	152	48.42	48.89
23.	Björn Yngvi Guðmundsson 11 SH	<b>1:37.33</b>	151	48.71	48.62
24.	Magnús Víðir Jónsson 10 SH	<b>1:41.14</b>	135	48.90	52.24
25.	Örn Kató Arnarsson 13 Óðinn	<b>1:42.03</b>	131	50.25	51.78
26.	Stefán Gretar Katrínarson 10 Óðinn	<b>1:45.66</b>	118	51.15	54.51

Sundgrein 30  
8.4.2018 - 11:04

kvenna, 400m fjórsund

Opinn  
Úrslitalistar

Íslandsmet	4:46.70	Hrafnhildur Lúthersdóttir	SH	Reykjavík	5.6.2015
Mótsmet	5:00.25	Hrafnhildur Lúthersdóttir	ISL		1.6.2010
Aldursflokkamet 15 - 17	5:02.33	Ólöf Edda Eðvarðsdóttir	ÍRB	Hafnarfjörður	15.6.2013
Aldursflokkamet 13 - 14	5:04.19	Ólöf Edda Eðvarðsdóttir	ÍRB	Reykjavík	8.4.2011
Aldursflokkamet 11 - 12	5:32.92	Stefanía Sigurþórsdóttir	ÍRB	Reykjanesbæ	15.12.2013
EM50 16 +: 4:52.97 / EMU 16 - 17: 5:04.98; 14 - 15: 5:07.98 / NÆM 13 - 15: 5:21.84 / ÍM50 : 5:54.78					

Stig: FINA 2016

Sæti	Aldur	Tími	Stig
1. María Fanney Kristjánsdóttir	18 SH	<b>5:13.00</b>	630 ÍM
50m: 32.72 32.72 150m: 1:52.62 42.01 250m: 3:16.94 43.76 350m: 4:37.81 36.13			
100m: 1:10.61 37.89 200m: 2:33.18 40.56 300m: 4:01.68 44.74 400m: 5:13.00 35.19			
2. Ágústa Bergrós Jakobsdóttir	16 Ármann	<b>5:38.71</b>	497 ÍM
50m: 36.72 36.72 150m: 2:05.07 44.69 250m: 3:34.12 45.76 350m: 5:01.06 39.54			
100m: 1:20.38 43.66 200m: 2:48.36 43.29 300m: 4:21.52 47.40 400m: 5:38.71 37.65			
3. Sandra Dögg Kristjánsdóttir	15 SH	<b>5:47.79</b>	459 ÍM
50m: 37.15 37.15 150m: 2:06.05 43.61 250m: 3:39.06 49.59 350m: 5:10.08 40.51			
100m: 1:22.44 45.29 200m: 2:49.47 43.42 300m: 4:29.57 50.51 400m: 5:47.79 37.71			
4. Thelma Lind Einarsdóttir	13 ÍRB	<b>5:50.94</b>	447 ÍM
50m: 36.87 36.87 150m: 2:11.31 45.68 250m: 3:44.98 49.42 350m: 5:13.99 39.51			
100m: 1:25.63 48.76 200m: 2:55.56 44.25 300m: 4:34.48 49.50 400m: 5:50.94 36.95			
5. Freyja Birkisdóttir	12 Breiðablik	<b>5:57.54</b>	423
50m: 40.49 40.49 150m: 2:15.19 49.10 250m: 3:50.07 48.17 350m: 5:19.72 42.14			
100m: 1:26.09 45.60 200m: 3:01.90 46.71 300m: 4:37.58 47.51 400m: 5:57.54 37.82			
6. Rebekka Sif Ómarsdóttir	15 Óðinn	<b>6:07.13</b>	390
50m: 37.66 37.66 150m: 2:12.45 47.01 250m: 3:51.03 51.27 350m: 5:25.52 41.35			
100m: 1:25.44 47.78 200m: 2:59.76 47.31 300m: 4:44.17 53.14 400m: 6:07.13 41.61			
7. Natalia Jónsdóttir	14 SH	<b>6:09.03</b>	384
50m: 36.32 36.32 150m: 2:08.82 48.79 250m: 3:53.62 55.89 350m: 5:29.60 40.58			
100m: 1:20.03 43.71 200m: 2:57.73 48.91 300m: 4:49.02 55.40 400m: 6:09.03 39.43			
8. Katja Lilja Andriysdóttir	12 SH	<b>6:12.95</b>	372
50m: 40.55 40.55 150m: 2:22.50 50.55 250m: 3:59.01 49.75 350m: 5:33.41 43.55			
100m: 1:31.95 51.40 200m: 3:09.26 46.76 300m: 4:49.86 50.85 400m: 6:12.95 39.54			



11. Ásvallamót 2018  
Hafnarfjörður, 7. - 8.4.2018

Sundgrein 31  
8.4.2018 - 11:11

karla, 200m bringusund

Opinn  
Úrslitalistar

Íslandsmet	2:10.21	Anton Sveinn McKee	Ægir	Kazan (RUS)	6.8.2015
Mótsmet	2:21.26	Anton Sveinn McKee	ISL		1.6.2010
Aldursflokkamet 15 - 17	2:19.27	Jakob Jóhann Sveinsson	Ægir	Moskva (RUS)	17.7.1999
Aldursflokkamet 13 - 14	2:35.60	Daði Björnsson	SH	Reykjavík	4.4.2018
Aldursflokkamet 11 - 12	2:58.72	Hrafn Traustason	ÍA	Reykjavík	2.7.2004

EM50 16 +: 2:15.70 / YOG B-standard 15 - 18: 2:22.93 / EMU 17 - 18: 2:22.48; 15 - 16: 2:23.88 / NÆM 14 - 16: 2:31.07 /  
ÍM50 : 2:49.72

Stig: FINA 2016

Sæti	Aldur		Tími	Stig	50m	100m	150m	200m		
<b>Opinn</b>										
1.	Óskar Gauti Lund	19	Breiðablik	<b>2:35.86</b>	541	ÍM	34.97	38.95	40.90	41.04
2.	Snorri Dagur Einarsson	13	SH	<b>2:47.38</b>	436	ÍM	37.39	42.88	44.31	42.80
3.	Gústav Ragnar Kristjánss	16	Breiðablik	<b>2:54.50</b>	385		39.85	44.79	45.02	44.84
4.	Birnir Freyr Hálfðánarsson	12	SH	<b>3:01.29</b>	343		41.56	46.77	46.98	45.98
5.	Halldór Björn Kristinsson	16	Ægir	<b>3:04.65</b>	325		40.61	47.92	48.24	47.88
6.	Ólafur Breki Guðnason	15	Ægir	<b>3:09.97</b>	298		43.26	48.50	49.54	48.67
7.	Þröstur Ingi Gunnsteinssc	12	Árman	<b>3:13.17</b>	284		44.10	50.28	49.45	49.34
8.	Már Gunnarsson S	12	ÍRB	<b>3:16.47</b>	270		44.89	50.34	51.22	50.02
9.	Guðfinnur Karlsson S	11	Fjörður	<b>3:21.68</b>	249		47.32	51.25	52.23	50.88
10.	Adam Leó Tómasson	11	SH	<b>3:26.29</b>	233		48.26	53.31	52.91	51.81
ÓG.	Hringur Birgir Kristinsson	14	Ægir							
	<i>7.1 - Fleiri en eitt flugsundsfótatök var notaði eftir snúning</i>									
ÓG.	Markús Már Hilmarsson	13	SH							
	<i>7.1 - Í snúningi eru notuð fleiri en eitt handasundstak á moti einu bringufótasundstaki</i>									

15 - 16 ára

1.	Gústav Ragnar Kristjánss	16	Breiðablik	<b>2:54.50</b>	385		39.85	44.79	45.02	44.84
2.	Halldór Björn Kristinsson	16	Ægir	<b>3:04.65</b>	325		40.61	47.92	48.24	47.88
3.	Ólafur Breki Guðnason	15	Ægir	<b>3:09.97</b>	298		43.26	48.50	49.54	48.67

14 ára og yngri

1.	Snorri Dagur Einarsson	13	SH	<b>2:47.38</b>	436	ÍM	37.39	42.88	44.31	42.80
2.	Birnir Freyr Hálfðánarsson	12	SH	<b>3:01.29</b>	343		41.56	46.77	46.98	45.98
3.	Þröstur Ingi Gunnsteinssc	12	Árman	<b>3:13.17</b>	284		44.10	50.28	49.45	49.34
4.	Adam Leó Tómasson	11	SH	<b>3:26.29</b>	233		48.26	53.31	52.91	51.81

ÓG. Hringur Birgir Kristinsson 14 Ægir  
*7.1 - Fleiri en eitt flugsundsfótatök var notaði eftir snúning*

ÓG. Markús Már Hilmarsson 13 SH  
*7.1 - Í snúningi eru notuð fleiri en eitt handasundstak á moti einu bringufótasundstaki*



11. Ásvallamót 2018  
Hafnarfjörður, 7. - 8.4.2018

Sundgrein 32  
8.4.2018 - 11:19

kvenna, 50m bringusund

Opinn  
Úrslitalistar

Íslandsmet	30.71	Hrafnhildur Lúthersdóttir	SH	Budapest (HUN)	29.7.2017
Mótsmet	31.55	Hrafnhildur Lúthersdóttir	ISL		1.4.2017
Aldursflokkamet 15 - 17	33.36	Hrafnhildur Lúthersdóttir	SH	Luxembourg (LUX)	27.4.2008
Aldursflokkamet 13 - 14	34.66	Karen Mist Arngeirsdóttir	ÍRB	Copenhagen (DEN)	12.7.2014
Aldursflokkamet 11 - 12	37.58	Eva Margrét Falsdóttir	ÍRB	Reykjnesbæ	20.12.2017

EM50 16 +: 32.31 / YOG B-standard 15 - 18: 33.83 / EMU 16 - 17: 33.25; 14 - 15: 33.58 / ÍM50 : 39.99

Stig: FINA 2016

Sæti	Aldur		Tími	Stig	
1.	15	Óðinn	<b>37.13</b>	500	ÍM
2.	17	ÍRB	<b>38.06</b>	464	ÍM
3.	16	ÍA	<b>38.74</b>	440	ÍM
4.	16	KR	<b>41.45</b>	359	
5.	14	VÖLS	<b>42.51</b>	333	
6.	18	Ármann	<b>42.60</b>	331	
7.	17	Óðinn	<b>42.62</b>	330	
8.	17	ÍA	<b>42.78</b>	327	
9.	14	ÍRB	<b>42.80</b>	326	
10.	15	Óðinn	<b>42.90</b>	324	
11.	12	Breiðablik	<b>43.83</b>	304	
12.	14	Ægir	<b>44.84</b>	284	
13.	16	Rán	<b>46.26</b>	258	*
14.	13	Ægir	<b>51.46</b>	188	*
15.	13	Breiðablik	<b>54.08</b>	161	*
16.	14	Fjörður	<b>58.75</b>	126	*

Sundgrein 33  
8.4.2018 - 11:24

karla, 100m skriðsund

Opinn  
Úrslitalistar

Íslandsmet	49.97	Örn Arnason	SH	Monaco (MON)	5.6.2007
Mótsmet	51.66	Igor Cerensek	CRO		1.6.2008
Aldursflokkamet 15 - 17	53.82	Njáll Þrastarson	SH	Reykjavík	8.4.2011
Aldursflokkamet 13 - 14	57.84	Viktor Forafonov	NOR	Oslo (NOR)	15.10.2016
Aldursflokkamet 11 - 12	1:02.85	Brynjólfur Óli Karlsson	Breiðablik	Reykjanesbæ	14.12.2013

EM50 16 +: 50.64 / YOG B-standard 15 - 18: 53.20 / EMU 17 - 18: 51.64; 15 - 16: 52.15 / NÆM 14 - 16: 52.15 / ÍM50 : 1:02.54

Stig: FINA 2016

Sæti	Aldur		Tími	Stig	50m	100m
Opinn						
1.	23	SH	<b>52.01</b>	733	ÍM	24.51 27.50
2.	23	SH	<b>52.55</b>	711	ÍM	24.95 27.60
3.	22	Ægir	<b>53.21</b>	685	ÍM	25.64 27.57
4.	20	Breiðablik	<b>56.08</b>	585	ÍM	26.87 29.21
5.	18	Ægir	<b>56.61</b>	569	ÍM	27.17 29.44
6.	18	Ægir	<b>57.83</b>	533	ÍM	27.56 30.27
7.	18	SH	<b>58.36</b>	519	ÍM	28.04 30.32
8.	17	SH	<b>58.59</b>	513	ÍM	28.35 30.24
9.	17	SH	<b>59.24</b>	496	ÍM	28.35 30.89
10.	14	SH	<b>59.92</b>	479	ÍM	28.36 31.56
11.	18	Óðinn	<b>1:00.42</b>	468	ÍM	28.82 31.60
12.	18	Óðinn	<b>1:00.71</b>	461	ÍM	29.62 31.09
13.	15	SH	<b>1:00.83</b>	458	ÍM	29.33 31.50
14.	18	SH	<b>1:01.08</b>	453	ÍM	29.14 31.94
	23	ÍA	<b>1:01.08</b>	453	ÍM	28.91 32.17
16.	16	KR	<b>1:01.28</b>	448	ÍM	29.05 32.23



11. Ásvallamót 2018  
Hafnarfjörður, 7. - 8.4.2018

Sundgrein 33, karla, 100m skriðsund, Opinn

Sæti	Aldur		Tími	Stig		50m	100m
17.	Aron Þór Jónsson	16 SH	1:01.36	446	ÍM	29.20	32.16
18.	Fannar Snævar Hauksson	14 ÍRB	1:01.61	441	ÍM	29.05	32.56
19.	Hjörleifur Helgi Sveinbjarnarson	19 Rán	1:01.81	437	ÍM	28.83	32.98
20.	Snævar Atli Halldórsson	18 Óðinn	1:02.65	419		30.01	32.64
21.	Úlfur Páll Andrason	14 KR	1:02.98	413		29.83	33.15
22.	Tristan Þór K Wium	16 ÍRB	1:03.75	398		31.09	32.66
23.	Snær Llorens Sigurðsson	16 ÍA	1:04.13	391		30.83	33.30
24.	Hringur Birgir Kristinsson	14 Ægir	1:05.44	368		31.31	34.13
25.	Andri Bergmann Ísaksen	14 Breiðablik	1:06.07	357		31.55	34.52
26.	Kári Steinn Kjartansson	15 Ægir	1:06.27	354		31.70	34.57
27.	Kristján Magnússon	13 ÍA	1:06.28	354		32.19	34.09
28.	Hilmir Snær Lunddal Rúnarsson	15 SH	1:06.34	353		32.02	34.32
29.	Andri Stefánsson	14 SH	1:08.21	325		32.03	36.18
30.	Guðmundur Halldórsson	14 Breiðablik	1:08.43	322		33.13	35.30
31.	Guðmundur Karl Karlsson	13 Breiðablik	1:08.81	316		32.51	36.30
32.	Edward Jensson	14 SH	1:09.01	314		32.90	36.11
33.	Ýmir Chatenay Sólvason	12 Ármann	1:09.21	311		33.27	35.94
34.	Gabriel Ari Tryggvason S14	15 Nes	1:09.46	308		33.97	35.49
35.	Jón Ingi Halldórsson	14 Breiðablik	1:09.93	301		33.58	36.35
36.	Ragnar Magnússon S14	26 Fjörður	1:09.96	301		32.09	37.87
	Viktor Emil Sigtryggsson	18 Óðinn	1:09.96	301		33.52	36.44
38.	Þröstur Ingi Gunnsteinsson	12 Ármann	1:11.02	288		34.29	36.73
39.	Arnar Már Birgisson	14 SH	1:11.28	285		35.26	36.02
40.	Dagur Snær Hilmarsson	15 SH	1:11.43	283		33.79	37.64
41.	Héðinn Höskuldsson	14 FJÖL	1:11.89	277		35.09	36.80
42.	Alex Benjamín Bjarnason	14 ÍA	1:12.15	274		33.86	38.29
43.	Stefán Ingi Ólafsson	12 Ægir	1:12.39	272		35.21	37.18
44.	Kristján Helgi Jóhannsson	16 Ægir	1:12.52	270		34.90	37.62
45.	Daníel Lúkas Tómasson	14 SH	1:12.95	265		35.23	37.72
46.	Kristófer Óli Birkisson	14 Óðinn	1:12.97	265		35.13	37.84
47.	Rafael Andri Williamsson	14 ÍA	1:13.01	265		35.36	37.65
48.	Jónatan Freyr Hólmsteinsson	13 Ægir	1:13.14	263		35.22	37.92
49.	Erik Vikar Diez	14 Ægir	1:13.52	259		34.79	38.73
50.	Bergur Fálnir Bjarnason	12 SH	1:15.06	244		36.69	38.37
51.	Andri Már Kristjánsson	12 SH	1:15.88	236		36.92	38.96
52.	Markús Már Hilmarsson	13 SH	1:16.63	229		37.41	39.22
53.	Eggert Sigtryggsson	13 SH	1:17.71	219		37.13	40.58
54.	Björn Yngvi Guðmundsson	11 SH	1:19.20	207		38.60	40.60
55.	Adam Leó Tómasson	11 SH	1:19.54	205		38.81	40.73
56.	Ævar Örn Ingólfsson	13 SH	1:19.56	204		37.14	42.42
57.	Stefán Gretar Katrínarson	10 Óðinn	1:25.68	164		40.32	45.36
58.	Finnur Björn Antonson	15 Óðinn	1:25.74	163		40.45	45.29
59.	Örn Kató Arnarsson	13 Óðinn	1:25.75	163		40.55	45.20
60.	Ásmundur Ásmundsson S14	31 Fjörður	1:27.92	151		39.53	48.39
61.	Kristinn Viðar Tómasson	12 Óðinn	1:28.02	151		41.40	46.62
62.	Breki Arnarsson S7	22 Óðinn	1:31.55	134		42.99	48.56

17 - 18 ára

1.	Kristján Gylfi Þórisson	18 Ægir	56.61	569	ÍM	27.17	29.44
2.	Hólmsteinn Skorri Hallgrímsson	18 Ægir	57.83	533	ÍM	27.56	30.27
3.	Kári Sölvi Nielsen	18 SH	58.36	519	ÍM	28.04	30.32
4.	Jón Tumi Dagsson	17 SH	58.59	513	ÍM	28.35	30.24
5.	Róbert Ísak Jónsson	17 SH	59.24	496	ÍM	28.35	30.89
6.	Hákon Alexander Magnússon	18 Óðinn	1:00.42	468	ÍM	28.82	31.60
7.	Ásgrímur Þór Kjartansson	18 Óðinn	1:00.71	461	ÍM	29.62	31.09
8.	Jökull Ýmir Guðmundsson	18 SH	1:01.08	453	ÍM	29.14	31.94



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Sundgrein 33, Piltar, 100m skriðsund, 17 - 18 ára

Sæti	Aldur		Tími	Stig	50m	100m
9.	Snævar Atli Halldórsson	18 Óðinn	<b>1:02.65</b>	419	30.01	32.64
10.	Viktor Emil Sigtryggsson	18 Óðinn	<b>1:09.96</b>	301	33.52	36.44

15 - 16 ára

1.	Símon Elías Statkevicius	15 SH	<b>1:00.83</b>	458	ÍM	29.33	31.50
2.	Tómas Magnússon	16 KR	<b>1:01.28</b>	448	ÍM	29.05	32.23
3.	Aron Þór Jónsson	16 SH	<b>1:01.36</b>	446	ÍM	29.20	32.16
4.	Tristan Þór K Wium	16 ÍRB	<b>1:03.75</b>	398		31.09	32.66
5.	Snær Llorens Sigurðsson	16 ÍA	<b>1:04.13</b>	391		30.83	33.30
6.	Kári Steinn Kjartansson	15 Ægir	<b>1:06.27</b>	354		31.70	34.57
7.	Hilmir Snær Lunddal Rúnarssc	15 SH	<b>1:06.34</b>	353		32.02	34.32
8.	Gabriel Ari Tryggvason S14	15 Nes	<b>1:09.46</b>	308		33.97	35.49
9.	Dagur Snær Hilmarsson	15 SH	<b>1:11.43</b>	283		33.79	37.64
10.	Kristján Helgi Jóhannsson	16 Ægir	<b>1:12.52</b>	270		34.90	37.62
11.	Finnur Björn Antonson	15 Óðinn	<b>1:25.74</b>	163		40.45	45.29

14 ára og yngri

1.	Daði Björnsson	14 SH	<b>59.92</b>	479	ÍM	28.36	31.56
2.	Fannar Snævar Hauksson	14 ÍRB	<b>1:01.61</b>	441	ÍM	29.05	32.56
3.	Úlfur Páll Andrason	14 KR	<b>1:02.98</b>	413		29.83	33.15
4.	Hringur Birgir Kristinsson	14 Ægir	<b>1:05.44</b>	368		31.31	34.13
5.	Andri Bergmann Ísaksen	14 Breiðablik	<b>1:06.07</b>	357		31.55	34.52
6.	Kristján Magnússon	13 ÍA	<b>1:06.28</b>	354		32.19	34.09
7.	Andri Stefánsson	14 SH	<b>1:08.21</b>	325		32.03	36.18
8.	Guðmundur Halldórsson	14 Breiðablik	<b>1:08.43</b>	322		33.13	35.30
9.	Guðmundur Karl Karlsson	13 Breiðablik	<b>1:08.81</b>	316		32.51	36.30
10.	Edward Jensson	14 SH	<b>1:09.01</b>	314		32.90	36.11
11.	Ýmir Chatenay Sölvason	12 Ármann	<b>1:09.21</b>	311		33.27	35.94
12.	Jón Ingi Halldórsson	14 Breiðablik	<b>1:09.93</b>	301		33.58	36.35
13.	Þróstur Ingi Gunnsteinsson	12 Ármann	<b>1:11.02</b>	288		34.29	36.73
14.	Arnar Már Birgisson	14 SH	<b>1:11.28</b>	285		35.26	36.02
15.	Héðinn Höskuldsson	14 FJÖL	<b>1:11.89</b>	277		35.09	36.80
16.	Alex Benjamín Bjarnason	14 ÍA	<b>1:12.15</b>	274		33.86	38.29
17.	Stefán Ingi Ólafsson	12 Ægir	<b>1:12.39</b>	272		35.21	37.18
18.	Daníel Lúkas Tómasson	14 SH	<b>1:12.95</b>	265		35.23	37.72
19.	Kristófer Óli Birkisson	14 Óðinn	<b>1:12.97</b>	265		35.13	37.84
20.	Rafael Andri Williamsson	14 ÍA	<b>1:13.01</b>	265		35.36	37.65
21.	Jónatan Freyr Hólmsteinsson	13 Ægir	<b>1:13.14</b>	263		35.22	37.92
22.	Erik Vikar Diez	14 Ægir	<b>1:13.52</b>	259		34.79	38.73
23.	Bergur Fáfur Bjarnason	12 SH	<b>1:15.06</b>	244		36.69	38.37
24.	Andri Már Kristjánsson	12 SH	<b>1:15.88</b>	236		36.92	38.96
25.	Markús Már Hilmarsson	13 SH	<b>1:16.63</b>	229		37.41	39.22
26.	Eggert Sigtryggsson	13 SH	<b>1:17.71</b>	219		37.13	40.58
27.	Björn Yngvi Guðmundsson	11 SH	<b>1:19.20</b>	207		38.60	40.60
28.	Adam Leó Tómasson	11 SH	<b>1:19.54</b>	205		38.81	40.73
29.	Ævar Örn Ingólfsson	13 SH	<b>1:19.56</b>	204		37.14	42.42
30.	Stefán Gretar Katrínarson	10 Óðinn	<b>1:25.68</b>	164		40.32	45.36
31.	Örn Kató Arnarsson	13 Óðinn	<b>1:25.75</b>	163		40.55	45.20
32.	Kristinn Viðar Tómasson	12 Óðinn	<b>1:28.02</b>	151		41.40	46.62



11. Ásvallamót 2018  
Hafnarfjörður, 7. - 8.4.2018

Sundgrein 34  
8.4.2018 - 11:38

kvenna, 100m flugsund

Opinn  
Úrslitalistar

Íslandsmet	59.87	Sarah Blake Bateman	Ægir	London (GBR)	28.7.2012
Mótsmet	1:03.87	Inga Elín Cryer	ISL		1.4.2017
Aldursflokkamet 15 - 17	1:03.46	Eygló Ósk Gústafsdóttir	Ægir	Reykjavík	6.9.2012
Aldursflokkamet 13 - 14	1:07.64	Ólöf Edda Eðvarðsdóttir	ÍRB	Luxembourg (LUX)	30.4.2011
Aldursflokkamet 11 - 12	1:13.91	Erna Jónsdóttir	UMFB	Reykjavík	8.7.1988

EM50 16 +: 1:00.53 / YOG B-standard 15 - 18: 1:04.21 / EMU 16 - 17: 1:02.55; 14 - 15: 1:03.17 / NÆM 13 - 15: 1:06.33 /  
ÍM50 : 1:13.43

Stig: FINA 2016

Sæti	Aldur		Tími	Stig		50m	100m
Opinn							
1.	Inga Elin Cryer	25	Ægir	<b>1:04.28</b>	648	ÍM	30.09 34.19
2.	Jóhanna Elín Guðmundsdóttir	17	SH	<b>1:05.83</b>	603	ÍM	30.95 34.88
3.	Katarína Róbertsdóttir	18	SH	<b>1:05.94</b>	600	ÍM	30.46 35.48
4.	Kristín Ylfa Guðmundsdóttir	16	SH	<b>1:10.44</b>	492	ÍM	33.16 37.28
5.	Ásta Kristín Jónsdóttir	18	Ármann	<b>1:10.82</b>	484	ÍM	31.85 38.97
6.	Brynhildur Traustadóttir	17	ÍA	<b>1:11.05</b>	480	ÍM	32.80 38.25
7.	Elín Kata Sigurgeirsdóttir	19	Óðinn	<b>1:11.99</b>	461	ÍM	32.68 39.31
8.	Þura Snorradóttir	15	Óðinn	<b>1:13.17</b>	439	ÍM	33.74 39.43
9.	Ragnheiður Karlsdóttir	19	Breiðablik	<b>1:13.30</b>	437	ÍM	33.55 39.75
10.	Diljá Rún Ívarsdóttir	16	ÍRB	<b>1:14.35</b>	419		34.16 40.19
11.	Þorgerður Ósk Jónsdóttir	15	SH	<b>1:14.44</b>	417		33.73 40.71
12.	Una Hlynisdóttir	16	SH	<b>1:16.62</b>	382		33.89 42.73
13.	Eva Margrét Falsdóttir	13	ÍRB	<b>1:18.02</b>	362		35.84 42.18
14.	Eva Sól Garðarsdóttir	15	Óðinn	<b>1:19.30</b>	345		36.85 42.45
15.	Hafdís Eva Pálsdóttir	14	ÍRB	<b>1:20.19</b>	334		35.31 44.88
16.	Sigurjóna Ragnheiðardóttir	15	Óðinn	<b>1:20.75</b>	327		36.93 43.82
17.	Sara Rut Sigurðardóttir	15	SH	<b>1:20.87</b>	325		38.00 42.87
18.	Sandra Dögg Kristjánsdóttir	15	SH	<b>1:21.35</b>	319		37.53 43.82
19.	Svava Björg Lárusdóttir	15	Ármann	<b>1:22.14</b>	310		37.20 44.94
20.	Þórdís Anita Björnsdóttir	16	SH	<b>1:22.17</b>	310		37.01 45.16
21.	Anna Salka Nielsen	13	SH	<b>1:22.20</b>	310		37.10 45.10
22.	Dagbjörg Hlíf Ólafsdóttir	13	SH	<b>1:23.13</b>	299		39.04 44.09
23.	Natalia Jónsdóttir	14	SH	<b>1:24.30</b>	287		39.66 44.64
24.	Þena Arnarsdóttir	15	Óðinn	<b>1:24.43</b>	286		37.26 47.17
25.	Diljá Dröfn Jóhannesdóttir	15	SH	<b>1:24.94</b>	281		39.40 45.54
26.	Ngozi Jóhanna Eze	15	ÍA	<b>1:25.28</b>	277		36.82 48.46
27.	Þena Jónsdóttir	14	SH	<b>1:25.44</b>	276		39.61 45.83
28.	Bríet Dalla Gunnarsdóttir	14	SH	<b>1:26.13</b>	269		38.73 47.40
29.	Jóhanna Brynja Rúnarsdóttir	12	SH	<b>1:26.66</b>	264		39.94 46.72
30.	Heiður Kristín Sigurgeirsdóttir	17	Ármann	<b>1:27.07</b>	260		39.50 47.57
31.	Guðbjörg Eyvindardóttir	14	SH	<b>1:27.89</b>	253		40.22 47.67
32.	Marta Magnúsdóttir	13	KR	<b>1:32.12</b>	220		41.49 50.63
33.	Nadja Djurovic	11	Breiðablik	<b>1:41.93</b>	162		48.39 53.54
34.	Embla Sólrún Jóhannesdóttir	12	FJÖL	<b>1:42.73</b>	158		46.15 56.58
35.	Sunna Arnfinnsdóttir	11	Ármann	<b>1:44.70</b>	150		48.70 56.00

16 - 17 ára

1.	Jóhanna Elín Guðmundsdóttir	17	SH	<b>1:05.83</b>	603	ÍM	30.95 34.88
2.	Kristín Ylfa Guðmundsdóttir	16	SH	<b>1:10.44</b>	492	ÍM	33.16 37.28
3.	Brynhildur Traustadóttir	17	ÍA	<b>1:11.05</b>	480	ÍM	32.80 38.25
4.	Diljá Rún Ívarsdóttir	16	ÍRB	<b>1:14.35</b>	419		34.16 40.19
5.	Una Hlynisdóttir	16	SH	<b>1:16.62</b>	382		33.89 42.73
6.	Þórdís Anita Björnsdóttir	16	SH	<b>1:22.17</b>	310		37.01 45.16
7.	Heiður Kristín Sigurgeirsdóttir	17	Ármann	<b>1:27.07</b>	260		39.50 47.57





11. Ásvallamót 2018  
Hafnarfjörður, 7. - 8.4.2018

Sundgrein 34, kvenna, 100m flugsund

14 - 15 ára

1.	Pura Snorradóttir	15	Óðinn	<b>1:13.17</b>	439	ÍM	33.74	39.43
2.	Þorgerður Ósk Jónsdóttir	15	SH	<b>1:14.44</b>	417		33.73	40.71
3.	Eva Sól Garðarsdóttir	15	Óðinn	<b>1:19.30</b>	345		36.85	42.45
4.	Hafdís Eva Pálsdóttir	14	ÍRB	<b>1:20.19</b>	334		35.31	44.88
5.	Sigurjóna Ragnheiðardóttir	15	Óðinn	<b>1:20.75</b>	327		36.93	43.82
6.	Sara Rut Sigurðardóttir	15	SH	<b>1:20.87</b>	325		38.00	42.87
7.	Sandra Dögg Kristjánsdóttir	15	SH	<b>1:21.35</b>	319		37.53	43.82
8.	Svava Björg Lárusdóttir	15	Ármann	<b>1:22.14</b>	310		37.20	44.94
9.	Natalia Jónsdóttir	14	SH	<b>1:24.30</b>	287		39.66	44.64
10.	Aþena Arnarsdóttir	15	Óðinn	<b>1:24.43</b>	286		37.26	47.17
11.	Diljá Dröfn Jóhannesdóttir	15	SH	<b>1:24.94</b>	281		39.40	45.54
12.	Ngozi Jóhanna Eze	15	ÍA	<b>1:25.28</b>	277		36.82	48.46
13.	Aþena Jónsdóttir	14	SH	<b>1:25.44</b>	276		39.61	45.83
14.	Briet Dalla Gunnarsdóttir	14	SH	<b>1:26.13</b>	269		38.73	47.40
15.	Guðbjörg Eyvindardóttir	14	SH	<b>1:27.89</b>	253		40.22	47.67

13 ára og yngri

1.	Eva Margrét Falsdóttir	13	ÍRB	<b>1:18.02</b>	362		35.84	42.18
2.	Anna Salka Nielsen	13	SH	<b>1:22.20</b>	310		37.10	45.10
3.	Dagbjörg Hlíf Ólafsdóttir	13	SH	<b>1:23.13</b>	299		39.04	44.09
4.	Jóhanna Brynja Rúnarsdóttir	12	SH	<b>1:26.66</b>	264		39.94	46.72
5.	Marta Magnúsdóttir	13	KR	<b>1:32.12</b>	220		41.49	50.63
6.	Nadja Djurovic	11	Breiðablik	<b>1:41.93</b>	162		48.39	53.54
7.	Embla Sólrún Jóhannesdóttir	12	FJÖL	<b>1:42.73</b>	158		46.15	56.58
8.	Sunna Arnfinnsdóttir	11	Ármann	<b>1:44.70</b>	150		48.70	56.00

Sundgrein 35  
8.4.2018 - 11:47

karla, 800m skriðsund

Opinn  
Úrslitalistar

Íslandsmet	8:08.09	Anton Sveinn McKee	Ægir	Reykjavík	20.7.2014
Mótsmet	8:33.62	Hafþór Jón Sigurðsson	ISL		1.4.2017
Aldursflokkamet 15 - 17	8:35.96	Arnór Stefánsson	SH	Hafnarfjörður	23.3.2013
Aldursflokkamet 13 - 14	8:59.21	Ólafur Sigurðsson	SH	Reykjavík	11.4.2013
Aldursflokkamet 11 - 12	10:01.60	Patrik Viggó Vilbergsson	Breiðablik	Hódmezövásárhely (HUN)	19.12.2014

EM50 16 +: 8:10.91 / YOG B-standard 15 - 18: 8:34.30 / EMU 17 - 18: 8:27.09; 15 - 16: 8:32.09 / ÍM50 : 10:12.33

Stig: FINA 2016

Sæti	Aldur								Tími	Stig		
1.	Patrik Viggó Vilbergsson								<b>8:44.37</b>	640	ÍM	
	100m:	1:00.61	1:00.61	300m:	3:13.27	1:06.42	500m:	5:26.36	1:06.56	700m:	7:40.37	1:06.91
	200m:	2:06.85	1:06.24	400m:	4:19.80	1:06.53	600m:	6:33.46	1:07.10	800m:	8:44.37	1:04.00
2.	Huginn Hilmarsson								<b>9:07.43</b>	563	ÍM	
	100m:	1:01.48	1:01.48	300m:	3:16.68	1:08.29	500m:	5:37.32	1:10.91	700m:	8:00.94	1:12.12
	200m:	2:08.39	1:06.91	400m:	4:26.41	1:09.73	600m:	6:48.82	1:11.50	800m:	9:07.43	1:06.49
3.	Kristófer Atli Andersen								<b>9:08.72</b>	559	ÍM	
	100m:	1:04.06	1:04.06	300m:	3:22.82	1:09.87	500m:	5:43.22	1:09.80	700m:	8:02.62	1:09.35
	200m:	2:12.95	1:08.89	400m:	4:33.42	1:10.60	600m:	6:53.27	1:10.05	800m:	9:08.72	1:06.10
4.	Róbert Andri Pálmason								<b>9:21.00</b>	523	ÍM	
	100m:	1:03.73	1:03.73	300m:	3:23.09	1:10.13	500m:	5:45.51	1:11.51	700m:	8:10.45	1:12.34
	200m:	2:12.96	1:09.23	400m:	4:34.00	1:10.91	600m:	6:58.11	1:12.60	800m:	9:21.00	1:10.55
5.	Skúli Thor Ásgeirsson								<b>9:25.68</b>	510	ÍM	
	100m:	1:06.24	1:06.24	300m:	3:28.60	1:10.70	500m:	5:52.69	1:12.30	700m:	8:16.01	1:11.41
	200m:	2:17.90	1:11.66	400m:	4:40.39	1:11.79	600m:	7:04.60	1:11.91	800m:	9:25.68	1:09.67



11. Ásvallamót 2018  
Hafnarfjörður, 7. - 8.4.2018

Sundgrein 35, karla, 800m skriðsund, Opinn

Sæti	Aldur		Tími		Stig
6. Baldur Logi Gautason	18	Óðinn	<b>9:45.76</b>	459	ÍM
100m: 1:06.57 1:06.57	300m: 3:34.08 1:14.29	500m: 6:04.17 1:15.25	700m: 8:33.29 1:14.23		
200m: 2:19.79 1:13.22	400m: 4:48.92 1:14.84	600m: 7:19.06 1:14.89	800m: 9:45.76 1:12.47		
7. Jónas Atli Pálsson	15	SH	<b>9:49.01</b>	452	ÍM
100m: 1:10.29 1:10.29	300m: 3:39.60 1:14.78	500m: 6:09.35 1:14.83	700m: 8:37.78 1:13.49		
200m: 2:24.82 1:14.53	400m: 4:54.52 1:14.92	600m: 7:24.29 1:14.94	800m: 9:49.01 1:11.23		
8. Veigar Hrafn Sigþórsson	13	SH	<b>9:57.51</b>	433	ÍM
100m: 1:10.70 1:10.70	300m: 3:41.25 1:15.02	500m: 6:13.74 1:16.33	700m: 8:44.65 1:15.07		
200m: 2:26.23 1:15.53	400m: 4:57.41 1:16.16	600m: 7:29.58 1:15.84	800m: 9:57.51 1:12.86		
9. Úlfur Páll Andrason	14	KR	<b>10:10.34</b>	406	ÍM
100m: 1:07.96 1:07.96	300m: 3:43.42 1:17.64	500m: 6:20.68 1:18.26	700m: 8:56.61 1:16.76		
200m: 2:25.78 1:17.82	400m: 5:02.42 1:19.00	600m: 7:39.85 1:19.17	800m: 10:10.34 1:13.73		
10. Ólafur Breki Guðnason	15	Ægir	<b>10:11.55</b>	404	ÍM
100m: 1:10.89 1:10.89	300m: 3:43.61 1:16.71	500m: 6:18.22 1:18.29	700m: 8:55.20 1:18.53		
200m: 2:26.90 1:16.01	400m: 4:59.93 1:16.32	600m: 7:36.67 1:18.45	800m: 10:11.55 1:16.35		
11. Júlíus Karl Maier	16	SH	<b>10:14.08</b>	399	
100m: 1:11.30 1:11.30	300m: 3:49.84 1:19.42	500m: 6:27.59 1:17.91	700m: 9:02.96 1:16.76		
200m: 2:30.42 1:19.12	400m: 5:09.68 1:19.84	600m: 7:46.20 1:18.61	800m: 10:14.08 1:11.12		
12. Birnir Freyr Hálfðánarsson	12	SH	<b>10:19.91</b>	387	
100m: 1:10.98 1:10.98	300m: 3:48.26 1:18.36	500m: 6:26.51 1:19.20	700m: 9:03.63 1:18.33		
200m: 2:29.90 1:18.92	400m: 5:07.31 1:19.05	600m: 7:45.30 1:18.79	800m: 10:19.91 1:16.28		
13. Flosi Ómarsson	15	ÍRB	<b>10:22.38</b>	383	
100m: 1:11.32 1:11.32	300m: 3:48.44 1:18.73	500m: 6:26.82 1:19.34	700m: 9:05.03 1:19.25		
200m: 2:29.71 1:18.39	400m: 5:07.48 1:19.04	600m: 7:45.78 1:18.96	800m: 10:22.38 1:17.35		
14. Einar Atli Guðnason	15	Ægir	<b>10:57.61</b>	324	*
100m: 1:15.18 1:15.18	300m: 3:59.88 1:23.03	500m: 6:47.16 1:23.81	700m: 9:34.92 1:24.03		
200m: 2:36.85 1:21.67	400m: 5:23.35 1:23.47	600m: 8:10.89 1:23.73	800m: 10:57.61 1:22.69		
15. Bjarki B Isaksen	12	Breiðablik	<b>11:18.12</b>	296	*
100m: 1:18.20 1:18.20	300m: 4:10.54 1:26.37	500m: 7:05.44 1:28.08	700m: 9:58.51 1:25.69		
200m: 2:44.17 1:25.97	400m: 5:37.36 1:26.82	600m: 8:32.82 1:27.38	800m: 11:18.12 1:19.61		

Sundgrein 36  
8.4.2018 - 12:09

blandað, 4 x 50m skriðsund

Opinn  
Úrslitalistar

Mótsmet	1:44.23	SH	ISL	1.4.2016
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Stig: FINA 2016

Sæti	Tími		Stig
1. SH 1		<b>1:41.53</b>	583
Predrag Milos	23	+0,29	27.48
Aron Örn Stefánsson	23		27.05
2. Breiðablik 1		<b>1:44.81</b>	530
Davíð Fannar Ragnarsson	20	+0,78	27.10
Huginn Hilmarsson	23	+0,04	26.89
3. Ægir 1		<b>1:46.79</b>	501
Kristján Gylfi Þórisson	18	+0,75	28.14
Faney Lind Jóhannsdóttir	16		24.06
4. Breiðablik 2		<b>1:46.97</b>	499
Brynjólfur Óli Karlsson	17	+0,73	27.59
Patrik Viggó Vilbergsson	16		28.02



11. Ásvallamót 2018  
Hafnarfjörður, 7. - 8.4.2018

Sundgrein 36, blandað, 4 x 50m skriðsund, Opinn

Sæti						Tími	Stig	
5.	SH 2		SH			<b>1:52.08</b>	433	
	Kolbeinn Hrafnkelsson	24	+0,67	25.16	María Fanney Kristjánsdóttir	18	+0,42	30.06
	Adele Alexandra Pálsson	15	+0,18	29.58	Róbert Ísak Jónsson	17	0.00	27.28
6.	ÍA 1		ÍA			<b>1:53.76</b>	414	
	Sævar Berg Sigurðsson	23	+0,72	26.83	Ásgerður Jing Laufeyjardóttir	16	+0,49	29.42
	Snær Llorens Sigurðsson	16	+0,46	28.03	Brynhildur Traustadóttir	17	+0,10	29.48
7.	SH 3		SH			<b>1:57.30</b>	378	
	Jökull Ýmir Guðmundsson	18	+0,71	28.70	Þorgerður Ósk Jónsdóttir	15	+0,43	30.33
	Daði Björnsson	14	+0,44	27.40	Kristín Ylfa Guðmundsdóttir	16	+0,13	30.87
8.	Óðinn 1		Óðinn			<b>1:58.07</b>	371	
	Baldur Logi Gautason	18	+0,67	28.19	Sigurjóna Ragnheiðardóttir	15	+0,44	31.44
	Ásgrímur Þór Kjartansson	18	+0,20	27.55	Elín Kata Sigurgeirsdóttir	19	+0,71	30.89
9.	Ægir 2		Ægir			<b>1:59.44</b>	358	
	Hólmsteinn Skorri Hallgrímsson	18	+0,64	26.98	Ingibjörg Erla Garðarsdóttir	18	+0,48	31.13
	Guðrún Lilja Kristmannsdóttir	14	+0,40	32.37	Skúli Thor Ásgeirsson	16	+0,58	28.96
10.	SH 4		SH			<b>2:00.32</b>	350	
	Aron Þór Jónsson	16	+0,55	28.62	Bríet Dalla Gunnarsdóttir	14	+0,44	32.09
	Simon Elías Statkevícus	15	+0,11	27.56	Ylfa Finnbogadóttir	16	+0,52	32.05
11.	SH 5		SH			<b>2:02.32</b>	333	
	Birnir Freyr Hálfánarsson	12	+0,68	30.70	Ápena Jónsdóttir	14	+0,12	
	Veigar Hrafn Sigþórsson	13	+0,22	29.34	Sandra Dögg Kristjánsdóttir	15		
12.	SH 6		SH			<b>2:02.61</b>	331	
	Snorri Dagur Einarsson	13	+0,70	30.18	Una Hlynisdóttir	16	+0,36	31.09
	Júlíus Karl Maier	16	+0,11	29.41	Diljá Dröfn Jóhannesdóttir	15	+0,10	31.93
13.	ÍA 2		ÍA			<b>2:06.94</b>	298	
	Ingibjörg Svava Magnúsdóttir	13	+0,78	31.89	Erna Þórarinsdóttir	14	-0,02	33.02
	Alex Benjamín Bjarnason	14		32.18	Kristján Magnússon	13		29.85
14.	Fjörður 1		Fjörður			<b>2:38.10</b>	154	
	Hjörtur Ingvarsson S6	23		49.81	Anna Þrastardóttir S14	14	+0,47	41.96
	Aníta Hrafnisdóttir S14	24		35.05	Ragnar Magnússon S14	26		31.28
ÓG.	Óðinn 2		Óðinn					
	<i>10.11 - Keppandi sleppir fótum af ráspalli áður en sundmarinn á undan honum snertir bakkan (þjófstart)</i>							
	Katrín Eva Jóhannesdóttir, Hákon Alexander Magnússon, Snævar Atli Halldórsson, Þóra Snorradóttir							
ÓG.	KR 1		KR					
	<i>4.4 - Keppandi startar áður en rásmerki er gefið (þjófstart)</i>							
	Logi Freyr Arnarsson, Halla Margrét Baldursdóttir, Una Margrét Reynisdóttir, Sigurður Ingi Sigurðarson							

