

Event Structure

Session 1 - 1. hluti - undanrásir föstudagur	25m, Lanes 1 - 8	18.11.2022 - 9:30
1. Women, 100m Medley		-
2. Men, 100m Medley		-
3. Women, 400m Freestyle		-
4. Men, 400m Freestyle		-
5. Women, 50m Backstroke		-
6. Men, 100m Butterfly		-
7. Women, 200m Butterfly		-
8. Men, 200m Backstroke		-
9. Women, 200m Breaststroke		-
10. Men, 100m Breaststroke		-
11. Women, 50m Freestyle		-
12. Men, 50m Freestyle		-
13. Women, 4 x 50m Medley		-
14. Men, 4 x 50m Medley		-
Session 2 - 2. hluti - úrslit föstudagur	25m, Lanes 1 - 8	18.11.2022 - 16:30
1. Women, 100m Medley		-
2. Men, 100m Medley		-
3. Women, 400m Freestyle		-
4. Men, 400m Freestyle		-
5. Women, 50m Backstroke		-
6. Men, 100m Butterfly		-
7. Women, 200m Butterfly		-
8. Men, 200m Backstroke		-
9. Women, 200m Breaststroke		-
10. Men, 100m Breaststroke		-
11. Women, 50m Freestyle		-
12. Men, 50m Freestyle		-
15. Women, 4 x 200m Freestyle		-
16. Men, 4 x 200m Freestyle		-
Session 3 - 3. hluti - undanrásir laugardagur	25m, Lanes 1 - 8	19.11.2022 - 9:30
17. Women, 400m Medley		-
18. Men, 1500m Freestyle		-
19. Men, 50m Backstroke		-
20. Women, 200m Freestyle		-
21. Men, 200m Medley		-
22. Women, 100m Breaststroke		-
23. Men, 50m Breaststroke		-
24. Women, 50m Butterfly		-
25. Men, 100m Freestyle		-
26. Women, 100m Backstroke		-
27. Men, 200m Butterfly		-
28. Women, 800m Freestyle		-
29. Mixed, 4 x 50m Medley		-

Íslandsmeistaramótið í 25m laug
Hafnarfjörður, 18. - 20.11.2022

Session 4 - 4. hluti - úrslit laugardagur	25m, Lanes 1 - 8	19.11.2022 - 16:30
17. Women, 400m Medley		-
18. Men, 1500m Freestyle		-
19. Men, 50m Backstroke		-
20. Women, 200m Freestyle		-
21. Men, 200m Medley		-
22. Women, 100m Breaststroke		-
23. Men, 50m Breaststroke		-
24. Women, 50m Butterfly		-
25. Men, 100m Freestyle		-
26. Women, 100m Backstroke		-
27. Men, 200m Butterfly		-
28. Women, 800m Freestyle		-
30. Men, 4 x 100m Freestyle		-
31. Women, 4 x 100m Freestyle		-
Session 5 - 5. hluti - undanrásir sunnudagur	25m, Lanes 1 - 8	20.11.2022 - 9:30
32. Men, 400m Medley		-
33. Women, 1500m Freestyle		-
34. Women, 200m Backstroke		-
35. Men, 200m Freestyle		-
36. Women, 100m Butterfly		-
37. Men, 50m Butterfly		-
38. Women, 50m Breaststroke		-
39. Men, 200m Breaststroke		-
40. Women, 100m Freestyle		-
41. Men, 100m Backstroke		-
42. Women, 200m Medley		-
43. Men, 800m Freestyle		-
44. Mixed, 4 x 50m Freestyle		-
Session 6 - 6. hluti - úrslit sunnudagur	25m, Lanes 1 - 8	20.11.2022 - 16:30
32. Men, 400m Medley		-
33. Women, 1500m Freestyle		-
34. Women, 200m Backstroke		-
35. Men, 200m Freestyle		-
36. Women, 100m Butterfly		-
37. Men, 50m Butterfly		-
38. Women, 50m Breaststroke		-
39. Men, 200m Breaststroke		-
40. Women, 100m Freestyle		-
41. Men, 100m Backstroke		-
42. Women, 200m Medley		-
43. Men, 800m Freestyle		-
45. Women, 4 x 100m Medley		-
46. Men, 4 x 100m Medley		-