

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

1 - 1. hluti - undanrásir

5.4.2019 - 9:30

Sundgrein 1	kvenna, 50m skriðsund				Opinn
5.4.2019 - 9:30					Úrslitalistar Undanrásir
Aldursflokkamet Íslands 15 - 17	26.60	Ingibjörg Kristín Jónsdóttir	ISL	Reykjavík	21.3.2010
Aldursflokkamet Íslands 13 - 14	26.84	Kolbrún Ýr Kristjánsdóttir	ISL	Örebro (DEN)	29.11.1997
Aldursflokkamet Íslands 11 - 12	29.56	Rannveig Rögn Leifsdóttir	ISL	Reykjavík	21.3.2009
Íslandsmet	25.24	Sarah Blake Bateman	ISL	Indianapolis (USA)	30.3.2012

NÆM 13 - 15: 28.37 / EMU 14 - 15: 26.76; 16 - 17: 26.76 / EYOF 14 - 15: 27.20 / HM50 : 25.92 / IM50 : 30.84

Stig: FINA 2019

Sæti	F.ár	Undanrásir	Tími	Stig
1. Jóhanna Elín Guðmundsdóttir	01 SH	26.47	26.81	688
2. Bryndís Rún Hansen	93 Sundfélagið Óðinn	NT	26.92	679
3. Steingerður Hauksdóttir	96 SH	27.31	27.06	669
4. Snæfríður Sól Jónunnardóttir	00 AGFS	26.60	27.12	664
5. Katarína Róbertsdóttir	00 SH	27.71	27.94	608
6. Ásta Kristín Jónsdóttir	00 Reykjavík	28.25	28.15	594
7. Kristín Helga Hákonardóttir	04 Sunddeild Breiðabliks	27.52	28.29	585NÆM
8. Ragna Sigríður Ragnarsdóttir	01 Sunddeild Breiðabliks	29.22	28.68	562
Brynhildur Traustadóttir	01 Sundfélag Akraness	30.25	28.68	562
10. Emilía Sól Guðmundsdóttir	02 Ægir	29.28	29.14	535
11. Sara Ægisdóttir	03 UMF Selfoss	29.03	29.16	534
12. Guðbjörg Bjartey Guðmundsdóttir	05 Sundfélag Akraness	30.77	29.17	534
13. Aþena Jónsdóttir	04 SH	29.70	29.48	517
14. Elín Kata Sigurgeirsdóttir	99 Sundfélagið Óðinn	29.53	29.53	514
15. Þorgerður Ósk Jónsdóttir	03 SH	30.30	29.57	512
16. Dagbjörg Hlíf Ólafsdóttir	05 SH	29.80	29.62	510
17. Fanney Lind Jóhannsdóttir	02 Gestur	29.40	29.63	509
18. Svava Björg Lárusdóttir	03 Reykjavík	29.77	29.72	505
19. Regína Lilja Gunnlaugsdóttir	02 Sunddeild Breiðabliks	29.43	29.82	500
20. Aþena Arnarsdóttir	03 Sundfélagið Óðinn	30.28	29.87	497
21. Ragnheiður Karlsdóttir	99 Sunddeild Breiðabliks	30.29	30.04	489
22. Bríet Dalla Gunnarsdóttir	04 SH	30.21	30.07	487
23. Ásta Kamilla Sigurðardóttir	04 Íþróttabandalag Reykjanesbæjar	30.20	30.44	470
24. Arianna Steinarsdóttir	03 Reykjavík	30.61	30.51	466
25. Rebekka Sif Ómarsdóttir	03 Sundfélagið Óðinn	29.91	30.69	458
26. Hafdís Eva Pálsdóttir	04 Íþróttabandalag Reykjanesbæjar	30.50	30.73	456
27. Birta Rún Smáradóttir	04 Umf Afturelding	29.90	30.95	447IM5
28. Þórunn Kolbrún Árnadóttir	02 Sundfélagið Óðinn	30.74	31.23	435IM5
29. Fatemeh Zarabi	02 SH	30.29	31.70	416IM5
30. Sigríður Aníta Rognvaldsdóttir S14	01 ÍFR	33.90	33.41	355IM5
31. Heiður Egilsdóttir S8	04 Íþróttafélagið Fjörður	38.66	37.03	261IM5
32. Thelma Björnsdóttir S6 Sb5	96 ÍFR	40.99	40.86	194IM5
33. Sonja Sigurdardóttir S4SB	90 ÍFR	1:10.46	1:05.66	46IM5

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

Sundgrein 2
5.4.2019 - 9:37

karla, 50m skriðsund

Opinn
Úrslitalistar Undanrásir

Aldursflokkamet Íslands 15 - 17	23.29	Örn Arnason	ISL	Hafnarfjörður	30.12.1998
Aldursflokkamet Íslands 13 - 14	26.28	Kristinn Þórarinsson	ISL	Reykjavík	23.12.2010
Aldursflokkamet Íslands 11 - 12	29.55	Birnir Freyr Hálfánarson	ISL	Reykjavík	28.4.2018
Íslandsmet	22.53	Árni Már Arnason	ISL	Canet (FRA)	6.6.2012

NÆM 14 - 16: 25.44 / EMU 15 - 16: 23.92; 17 - 18: 23.69 / EYOF 15 - 16: 25.01 / HM50 : 22.96 / IM50 : 28.12

Stig: FINA 2019

Sæti	F.ár	Undanrásir	Tími	Stig
1. Dadó Fenrir Jasminuson	95	SH	23.49	23.46 708
2. Kristinn Þórarinsson	96	Reykjavík	23.98	23.52 702
3. Kristófer Sigurðsson	95	Íþróttabandalag Reykjanesbæjar	25.07	23.81 677
4. Aron Örn Stefánsson	95	SH	23.70	25.11 577
5. Hólmsteinn Skorri Hallgrímsson	00	Reykjavík	26.25	25.26 567
6. Fannar Snævar Hauksson	04	Íþróttabandalag Reykjanesbæjar	25.85	25.61 544
7. Kristján Gylfi Þórisson	00	Reykjavík	25.93	25.62 543
8. Ólafur Árdal Sigurðsson	99	SH	26.10	25.75 535
9. Daði Björnsson	04	SH	26.08	25.88 527
10. Atli Vikar Ingimundarson	97	Sundfélag Akraness	25.98	26.06 516
11. Aron Bjarki Jónsson	01	SH	26.35	26.32 501
12. Sindri Andreas Bjarnason	01	Sundfélag Akraness	26.60	26.35 499
13. Halldór Björn Kristinsson	02	Reykjavík	27.04	26.39 497
14. Kári Sölvi Nielsen	00	SH	26.44	26.40 496
15. Ingvar Orri Jóhannesson	04	Reykjavík	26.47	26.45 494
16. Hafþór Jón Sigurðsson	97	SH	26.08	26.62 484
17. Símon Elías Statkevicius	03	SH	26.62	26.68 481
18. Björgvin Árni Júlíusson	01	Reykjavík	26.32	26.77 476
19. Erlend Magnússon	01	Sundfélag Akraness	26.92	26.86 471
20. Tómas Hlynur Schopka	03	Stjarnan	27.69	27.38 445
21. Logi Freyr Arnarsson	03	Reykjavík	27.59	27.41 443
22. Baldur Logi Gautason	00	Sundfélagið Óðinn	27.97	27.78 426
23. Hákon Alexander Magnússon	00	Sundfélagið Óðinn	27.67	27.79 425
24. Aron Valgeirsson	03	Sunddeild Breiðabliks	27.94	27.99 416
25. Viktor Emil Sigtryggsson	00	Sundfélagið Óðinn	27.96	28.27 404IM5
26. Hringur Birgir Kristinsson	04	Reykjavík	28.07	28.34 401IM5
27. Runólfur Þorláksson	02	Reykjavík	26.85	28.49 395IM5
28. Bergur Unnar Unnsteinsson S14	00	Sundfélagið Óðinn	29.67	29.63 351IM5
29. Fannar Logi Jóhannesson S14	00	Sundfélagið Óðinn	31.25	30.87 310IM5
30. Ragnar Magnússon S14	92	Íþróttafélagið Fjörður	30.47	31.05 305IM5
31. Hjörtur Ingvarsson S5	95	Íþróttafélagið Fjörður	43.11	44.52 103IM5
MÆekki Vikar Máni Þórsson	02	Reykjavík	27.26	

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

Sundgrein 3
5.4.2019 - 9:43

kvenna, 400m skriðsund

Opinn
Úrslitalistar

Aldursflokkamet Íslands 15 - 17	4:20.66	Sunneva Dögg Friðriksdóttir	ISL	Reykjavík	22.4.2016
Aldursflokkamet Íslands 13 - 14	4:34.68	Harpa Ingbórsdóttir	ISL	Reykjavík	22.3.2014
Aldursflokkamet Íslands 11 - 12	4:53.81	Eygló Ósk Gústafsdóttir	ISL	Reykjanesbæ	12.5.2007
Íslandsmet	4:20.42	Sigrún Brá Sverrisdóttir	ISL	Columbus (USA)	10.3.2012

NÆM 13 - 15: 4:45.32 / EMU 14 - 15: 4:26.97; 16 - 17: 4:24.37 / EYOF 14 - 15: 4:32.49 / HM50 : 4:19.34 / IM50 : 5:11.48

Stig: FINA 2019

Sæti			F.ár			Undanrásir	Tími	Stig
1.	Ragna Sigríður Ragnarsdóttir	01	Sunddeild Breiðabliks	4:32.30	4:28.01	686		
	50m: 30.49 30.49	150m: 1:38.45	34.29	250m: 2:46.63	33.97	350m: 3:55.21	34.41	
	100m: 1:04.16 33.67	200m: 2:12.66	34.21	300m: 3:20.80	34.17	400m: 4:28.01	32.80	
2.	Eydís Ósk Kolbeinsdóttir	00	Íþróttabandalag Reykjanesbæja	4:33.07	4:28.16	685		
	50m: 30.75 30.75	150m: 1:38.58	34.28	250m: 2:47.08	33.95	350m: 3:55.40	33.59	
	100m: 1:04.30 33.55	200m: 2:13.13	34.55	300m: 3:21.81	34.73	400m: 4:28.16	32.76	
3.	Brynhildur Traustadóttir	01	Sundfélag Akraness	4:38.93	4:30.63	667		
	50m: 31.22 31.22	150m: 1:39.22	34.32	250m: 2:48.23	34.49	350m: 3:57.12	34.33	
	100m: 1:04.90 33.68	200m: 2:13.74	34.52	300m: 3:22.79	34.56	400m: 4:30.63	33.51	
4.	Bryndís Bolladóttir	99	Sunddeild Breiðabliks	NT	4:31.45	661		
	50m: 31.65 31.65	150m: 1:40.54	34.91	250m: 2:49.32	34.46	350m: 3:58.21	34.32	
	100m: 1:05.63 33.98	200m: 2:14.86	34.32	300m: 3:23.89	34.57	400m: 4:31.45	33.24	
5.	Kristín Helga Hákonardóttir	04	Sunddeild Breiðabliks	4:37.52	4:36.70	624	NÆM	
	50m: 31.83 31.83	150m: 1:41.80	35.59	250m: 2:52.34	35.41	350m: 4:02.86	35.10	
	100m: 1:06.21 34.38	200m: 2:16.93	35.13	300m: 3:27.76	35.42	400m: 4:36.70	33.84	
6.	Freyja Birkisdóttir	06	Sunddeild Breiðabliks	4:43.35	4:37.36	619	NÆM	
	50m: 31.68 31.68	150m: 1:41.75	35.46	250m: 2:52.63	35.51	350m: 4:03.51	35.35	
	100m: 1:06.29 34.61	200m: 2:17.12	35.37	300m: 3:28.16	35.53	400m: 4:37.36	33.85	
7.	Regína Lilja Gunnlaugsdóttir	02	Sunddeild Breiðabliks	4:46.73	4:43.21	582		
	50m: 32.29 32.29	150m: 1:43.10	36.01	250m: 2:55.67	36.51	350m: 4:08.22	36.21	
	100m: 1:07.09 34.80	200m: 2:19.16	36.06	300m: 3:32.01	36.34	400m: 4:43.21	34.99	
8.	Ólöf Kristín Isaksen	05	Sundfélagið Óðinn	4:45.75	4:44.32	575	NÆM	
	50m: 31.99 31.99	150m: 1:43.00	36.03	250m: 2:55.79	36.58	350m: 4:09.27	36.79	
	100m: 1:06.97 34.98	200m: 2:19.21	36.21	300m: 3:32.48	36.69	400m: 4:44.32	35.05	
9.	Adele Alexandra Pálsson	03	SH	4:47.12	4:44.55	573		
	50m: 31.93 31.93	150m: 1:42.58	35.98	250m: 2:55.45	36.74	350m: 4:09.23	36.76	
	100m: 1:06.60 34.67	200m: 2:18.71	36.13	300m: 3:32.47	37.02	400m: 4:44.55	35.32	
10.	Ingibjörg Erla Garðarsdóttir	00	Reykjavík	4:47.68	4:47.24	557		
	50m: 31.93 31.93	150m: 1:43.18	36.28	250m: 2:57.13	36.96	350m: 4:11.67	37.39	
	100m: 1:06.90 34.97	200m: 2:20.17	36.99	300m: 3:34.28	37.15	400m: 4:47.24	35.57	
11.	Birna Hilmarsdóttir	02	Íþróttabandalag Reykjanesbæja	4:51.88	4:47.31	557		
	50m: 31.35 31.35	150m: 1:43.06	36.61	250m: 2:57.07	37.01	350m: 4:11.11	37.01	
	100m: 1:06.45 35.10	200m: 2:20.06	37.00	300m: 3:34.10	37.03	400m: 4:47.31	36.20	
12.	Halla Margrét Baldursdóttir	02	Reykjavík	4:51.37	4:47.57	555		
	50m: 32.12 32.12	150m: 1:44.63	37.00	250m: 2:58.82	37.06	350m: 4:12.18	36.29	
	100m: 1:07.63 35.51	200m: 2:21.76	37.13	300m: 3:35.89	37.07	400m: 4:47.57	35.39	
13.	Thelma Lind Einarsdóttir	05	Íþróttabandalag Reykjanesbæja	4:46.59	4:52.13	530		
	50m: 32.15 32.15	150m: 1:43.67	36.40	250m: 2:58.51	37.98	350m: 4:13.75	38.26	
	100m: 1:07.27 35.12	200m: 2:20.53	36.86	300m: 3:35.49	36.98	400m: 4:52.13	38.38	
14.	Rebekka Sif Ómarsdóttir	03	Sundfélagið Óðinn	4:56.54	4:57.51	502		
	50m: 33.05 33.05	150m: 1:46.80	37.32	250m: 3:02.72	38.01	350m: 4:19.83	38.70	
	100m: 1:09.48 36.43	200m: 2:24.71	37.91	300m: 3:41.13	38.41	400m: 4:57.51	37.68	
15.	Aþena Arnarsdóttir	03	Sundfélagið Óðinn	4:54.64	4:58.08	499		
	50m: 32.55 32.55	150m: 1:46.39	37.38	250m: 3:03.15	38.57	350m: 4:20.15	38.38	
	100m: 1:09.01 36.46	200m: 2:24.58	38.19	300m: 3:41.77	38.62	400m: 4:58.08	37.93	
16.	Svava Björg Lárusdóttir	03	Reykjavík	5:01.43	4:58.87	495		
	50m: 33.59 33.59	150m: 1:50.66	39.13	250m: 3:07.56	38.90	350m: 4:23.84	37.37	
	100m: 1:11.53 37.94	200m: 2:28.66	38.00	300m: 3:46.47	38.91	400m: 4:58.87	35.03	

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

Sundgrein 3, kvenna, 400m skriðsund, Opinn

Sæti				F.ár		Undanrásir			Tími	Stig		
17.	Sandra Dögg Kristjánsdóttir			03	SH	4:56.84			5:01.21	483		
	50m:	32.64	32.64	150m:	1:47.09	37.77	250m:	3:04.34	38.90	350m:	4:23.11	39.42
	100m:	1:09.32	36.68	200m:	2:25.44	38.35	300m:	3:43.69	39.35	400m:	5:01.21	38.10
18.	Ylfa Finnbogadóttir			02	SH	4:59.38			5:01.99	480		
	50m:	33.80	33.80	150m:	1:48.79	37.85	250m:	3:06.18	39.13	350m:	4:24.16	38.91
	100m:	1:10.94	37.14	200m:	2:27.05	38.26	300m:	3:45.25	39.07	400m:	5:01.99	37.83
19.	Diljá Dröfn Jóhannesdóttir			03	SH	5:08.12			5:03.44	473		
	50m:	33.78	33.78	150m:	1:49.48	38.08	250m:	3:06.79	38.16	350m:	4:25.91	38.78
	100m:	1:11.40	37.62	200m:	2:28.63	39.15	300m:	3:47.13	40.34	400m:	5:03.44	37.53
20.	Íris Edda Garðarsdóttir			03	Reykjavík	5:06.66			5:05.15	465		
	50m:	34.02	34.02	150m:	1:49.22	37.83	250m:	3:07.10	39.04	350m:	4:25.96	39.28
	100m:	1:11.39	37.37	200m:	2:28.06	38.84	300m:	3:46.68	39.58	400m:	5:05.15	39.19
21.	Dagbjörg Hlíf Ólafsdóttir			05	SH	5:04.26			5:05.89	461		
	50m:	33.63	33.63	150m:	1:51.16	39.11	250m:	3:10.37	39.91	350m:	4:29.17	38.94
	100m:	1:12.05	38.42	200m:	2:30.46	39.30	300m:	3:50.23	39.86	400m:	5:05.89	36.72
22.	Vigdís Tinna Hákonardóttir			06	Sunddeild Breiðabliks	5:09.53			5:09.26	446		
	50m:	33.45	33.45	150m:	1:50.31	38.92	250m:	3:11.06	40.65	350m:	4:32.14	40.26
	100m:	1:11.39	37.94	200m:	2:30.41	40.10	300m:	3:51.88	40.82	400m:	5:09.26	37.12
23.	Birgitta Ingólfssdóttir			05	SH	5:08.55			5:09.65	445		
	50m:	33.68	33.68	150m:	1:50.19	38.84	250m:	3:09.75	40.04	350m:	4:31.23	40.77
	100m:	1:11.35	37.67	200m:	2:29.71	39.52	300m:	3:50.46	40.71	400m:	5:09.65	38.42
24.	Ásta Kamilla Sigurðardóttir			04	Íþróttabandalag Reykjanesbæjar	5:05.19			5:10.31	442		
	50m:	34.05	34.05	150m:	1:52.28	40.00	250m:	3:12.87	39.81	350m:	4:31.81	39.02
	100m:	1:12.28	38.23	200m:	2:33.06	40.78	300m:	3:52.79	39.92	400m:	5:10.31	38.50
25.	Helga Sigurlaug Helgadóttir			07	SH	5:09.94			5:11.55	437IM5		
	50m:	34.01	34.01	150m:	1:52.30	39.34	250m:	3:12.58	40.09	350m:	4:33.02	39.11
	100m:	1:12.96	38.95	200m:	2:32.49	40.19	300m:	3:53.91	41.33	400m:	5:11.55	38.53
26.	Hildur Valsdóttir			04	SH	5:11.36			5:13.40	429IM5		
	50m:	34.47	34.47	150m:	1:52.65	40.00	250m:	3:13.46	40.34	350m:	4:34.95	40.56
	100m:	1:12.65	38.18	200m:	2:33.12	40.47	300m:	3:54.39	40.93	400m:	5:13.40	38.45
27.	Sif Grímsdóttir			03	Reykjavík	5:00.89			5:16.78	415IM5		
	50m:	34.89	34.89	150m:	1:54.85	40.31	250m:	3:16.12	40.48	350m:	4:37.28	39.93
	100m:	1:14.54	39.65	200m:	2:35.64	40.79	300m:	3:57.35	41.23	400m:	5:16.78	39.50
28.	Thórey Magnúsdóttir S14			99	ÍFR	5:10.42			5:25.08	384IM5		
	50m:	36.88	36.88	150m:	1:58.58	41.50	250m:	3:21.41	41.82	350m:	4:44.60	41.30
	100m:	1:17.08	40.20	200m:	2:39.59	41.01	300m:	4:03.30	41.89	400m:	5:25.08	40.48
29.	Marta Magnúsdóttir			05	Reykjavík	5:03.40			5:26.11	381IM5		
	50m:	36.36	36.36	150m:	1:58.18	41.99	250m:	3:22.21	42.17	350m:	4:46.20	42.05
	100m:	1:16.19	39.83	200m:	2:40.04	41.86	300m:	4:04.15	41.94	400m:	5:26.11	39.91
30.	Una Hlynsdóttir			02	SH	4:59.88			5:36.77	346IM5		
	50m:	34.26	34.26	150m:	1:57.64	43.20	250m:	3:26.37	45.01	350m:	4:53.33	43.91
	100m:	1:14.44	40.18	200m:	2:41.36	43.72	300m:	4:09.42	43.05	400m:	5:36.77	43.44
31.	Þórdís M Aðalsteinsdóttir			03	Íþróttabandalag Reykjanesbæjar	4:56.83			5:39.77	337IM5		
	50m:	36.64	36.64	150m:	2:01.97	43.15	250m:	3:28.92	43.61	350m:	4:56.22	43.39
	100m:	1:18.82	42.18	200m:	2:45.31	43.34	300m:	4:12.83	43.91	400m:	5:39.77	43.55

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

Sundgrein 4
5.4.2019 - 10:01

karla, 400m skriðsund

Opinn
Úrslitalistar

Aldursflokkamet Íslands 15 - 17	4:05.18	Aron Örn Stefánsson	ISL	Reykjavík	12.4.2012
Aldursflokkamet Íslands 13 - 14	4:19.11	Viktor Forafonov	NOR	Oslo (NOR)	14.10.2016
Aldursflokkamet Íslands 11 - 12	4:48.87	Patrik Viggó Vilbergsson	ISL	Hódmezővásárhely (HUN)	22.11.2014
Íslandsmet	3:54.36	Anton Sveinn McKee	ISL	Los Angeles (USA)	20.7.2014

NÆM 14 - 16: 4:20.31 / EMU 15 - 16: 4:03.42; 17 - 18: 4:01.04 / EYOF 15 - 16: 4:13.80 / HM50 : 3:56.14 / IM50 : 4:53.41

Stig: FINA 2019

Sæti				F.ár				Undanrásir	Tími	Stig		
1.	Pröstur Bjarnason			97	Íþróttabandalag Reykjanesbæjar			4:11.53	4:02.92	743		
	50m:	28.25	28.25	150m:	1:30.39	31.50	250m:	2:32.13	30.18	350m:	3:32.96	30.67
	100m:	58.89	30.64	200m:	2:01.95	31.56	300m:	3:02.29	30.16	400m:	4:02.92	29.96
2.	Patrik Viggó Vilbergsson			02	Sunddeild Breiðabliks			4:13.26	4:02.93	743		
	<i>Aldursflokkamet!</i>											
	50m:	26.97	26.97	150m:	1:27.27	30.71	250m:	2:29.89	31.35	350m:	3:32.90	31.28
	100m:	56.56	29.59	200m:	1:58.54	31.27	300m:	3:01.62	31.73	400m:	4:02.93	30.03
3.	Kristófer Atli Andersen			02	Sunddeild Breiðabliks			4:18.14	4:18.18	619		
	50m:	28.78	28.78	150m:	1:33.28	32.50	250m:	2:39.44	33.62	350m:	3:45.63	32.89
	100m:	1:00.78	32.00	200m:	2:05.82	32.54	300m:	3:12.74	33.30	400m:	4:18.18	32.55
4.	Óskar Gauti Lund			99	Sunddeild Breiðabliks			4:24.70	4:21.93	593		
	50m:	29.83	29.83	150m:	1:35.98	33.35	250m:	2:42.62	33.03	350m:	3:49.54	33.48
	100m:	1:02.63	32.80	200m:	2:09.59	33.61	300m:	3:16.06	33.44	400m:	4:21.93	32.39
5.	Bjartur Þórhallsson			00	Reykjavík			4:30.93	4:23.51	582		
	50m:	29.22	29.22	150m:	1:34.67	33.48	250m:	2:42.76	34.24	350m:	3:50.79	33.84
	100m:	1:01.19	31.97	200m:	2:08.52	33.85	300m:	3:16.95	34.19	400m:	4:23.51	32.72
6.	Björgvin Árni Júlíusson			01	Reykjavík			4:29.97	4:25.52	569		
	50m:	28.82	28.82	150m:	1:35.21	33.44	250m:	2:43.80	34.38	350m:	3:53.22	34.21
	100m:	1:01.77	32.95	200m:	2:09.42	34.21	300m:	3:19.01	35.21	400m:	4:25.52	32.30
7.	Róbert Andri Pálmason			02	Sunddeild Breiðabliks			4:24.52	4:25.54	569		
	50m:	27.68	27.68	150m:	1:33.51	33.56	250m:	2:42.76	34.76	350m:	3:52.83	35.13
	100m:	59.95	32.27	200m:	2:08.00	34.49	300m:	3:17.70	34.94	400m:	4:25.54	32.71
8.	Skúli Thor Ásgeirsson			02	Ægir			4:35.10	4:28.86	548		
	50m:	29.43	29.43	150m:	1:37.62	34.93	250m:	2:46.82	34.45	350m:	3:55.22	34.37
	100m:	1:02.69	33.26	200m:	2:12.37	34.75	300m:	3:20.85	34.03	400m:	4:28.86	33.64
9.	Snær Llorens Sigurðsson			02	Sundfélag Akraness			4:35.48	4:29.16	546		
	50m:	29.94	29.94	150m:	1:38.73	35.30	250m:	2:49.11	35.34	350m:	3:58.56	34.45
	100m:	1:03.43	33.49	200m:	2:13.77	35.04	300m:	3:24.11	35.00	400m:	4:29.16	30.60
10.	Gústav Ragnar Kristjánsson			02	Sunddeild Breiðabliks			4:35.80	4:31.04	535		
	50m:	29.86	29.86	150m:	1:39.05	35.32	250m:	2:48.84	35.15	350m:	3:58.56	34.43
	100m:	1:03.73	33.87	200m:	2:13.69	34.64	300m:	3:24.13	35.29	400m:	4:31.04	32.48
11.	Teitur Þór Ólafsson			04	Ægir			4:40.54	4:33.49	521		
	50m:	30.50	30.50	150m:	1:39.73	35.13	250m:	2:50.51	35.57	350m:	4:00.51	34.24
	100m:	1:04.60	34.10	200m:	2:14.94	35.21	300m:	3:26.27	35.76	400m:	4:33.49	32.98
12.	Veigar Hrafn Sigþórsson			05	SH			4:36.65	4:33.89	518		
	50m:	30.33	30.33	150m:	1:39.65	35.24	250m:	2:50.66	35.70	350m:	4:00.59	34.55
	100m:	1:04.41	34.08	200m:	2:14.96	35.31	300m:	3:26.04	35.38	400m:	4:33.89	33.30
13.	Logi Freyr Arnarsson			03	Reykjavík			4:45.23	4:35.60	509		
	50m:	29.95	29.95	150m:	1:38.67	35.35	250m:	2:50.26	35.80	350m:	4:01.70	35.43
	100m:	1:03.32	33.37	200m:	2:14.46	35.79	300m:	3:26.27	36.01	400m:	4:35.60	33.90
14.	Úlfur Páll Andrason			04	Reykjavík			4:45.64	4:35.64	508		
	50m:	29.73	29.73	150m:	1:36.47	34.52	250m:	2:47.60	36.04	350m:	4:00.59	36.59
	100m:	1:01.95	32.22	200m:	2:11.56	35.09	300m:	3:24.00	36.40	400m:	4:35.64	35.05
15.	Baldur Logi Gautason			00	Sundfélagið Óðinn			4:39.91	4:36.84	502		
	50m:	29.81	29.81	150m:	1:39.33	35.57	250m:	2:50.60	35.79	350m:	4:02.22	35.20
	100m:	1:03.76	33.95	200m:	2:14.81	35.48	300m:	3:27.02	36.42	400m:	4:36.84	34.62

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

Sundgrein 4, karla, 400m skriðsund, Opinn

Sæti	F.ár	Undanrásir	Tími	Stig
16. Kári Steinn Kjartansson	03	Ægir	4:45.17	4:39.41 488
50m: 31.65 31.65	150m: 1:42.27 35.75	250m: 2:54.40 36.27	350m: 4:06.04 35.60	
100m: 1:06.52 34.87	200m: 2:18.13 35.86	300m: 3:30.44 36.04	400m: 4:39.41 33.37	
17. Jónas Atli Pálsson	03	SH	4:44.49	4:41.05 480
50m: 30.76 30.76	150m: 1:40.48 35.77	250m: 2:52.86 36.20	350m: 4:05.71 36.24	
100m: 1:04.71 33.95	200m: 2:16.66 36.18	300m: 3:29.47 36.61	400m: 4:41.05 35.34	
18. Guðmundur Karl Karlsson	05	Sunddeild Breiðabliks	4:43.09	4:41.11 479
50m: 30.65 30.65	150m: 1:40.48 35.49	250m: 2:52.76 36.07	350m: 4:05.49 36.08	
100m: 1:04.99 34.34	200m: 2:16.69 36.21	300m: 3:29.41 36.65	400m: 4:41.11 35.62	
19. Guðmundur Halldórsson	04	Sunddeild Breiðabliks	4:41.97	4:42.78 471
50m: 31.56 31.56	150m: 1:42.50 35.77	250m: 2:55.10 36.05	350m: 4:07.55 35.89	
100m: 1:06.73 35.17	200m: 2:19.05 36.55	300m: 3:31.66 36.56	400m: 4:42.78 35.23	
20. Þorsteinn Karl Arnarsson	04	Stjarnan	4:48.83	4:44.85 461
50m: 31.19 31.19	150m: 1:42.62 36.25	250m: 2:54.97 36.19	350m: 4:08.22 36.19	
100m: 1:06.37 35.18	200m: 2:18.78 36.16	300m: 3:32.03 37.06	400m: 4:44.85 36.63	
21. Alexander Logi Jónsson	04	Íþróttabandalag Reykjanesbæja	4:51.59	4:45.59 457
50m: 32.26 32.26	150m: 1:43.79 36.24	250m: 2:57.18 36.76	350m: 4:10.64 36.77	
100m: 1:07.55 35.29	200m: 2:20.42 36.63	300m: 3:33.87 36.69	400m: 4:45.59 34.95	
22. Andri Bergmann Isaksen	04	Sunddeild Breiðabliks	4:47.33	4:47.98 446
50m: 31.78 31.78	150m: 1:43.59 36.50	250m: 2:56.54 36.30	350m: 4:10.38 37.11	
100m: 1:07.09 35.31	200m: 2:20.24 36.65	300m: 3:33.27 36.73	400m: 4:47.98 37.60	
23. Ólafur Breki Guðnason	03	Ægir	4:46.76	4:48.97 441
50m: 31.08 31.08	150m: 1:42.64 36.39	250m: 2:56.61 37.22	350m: 4:11.75 37.53	
100m: 1:06.25 35.17	200m: 2:19.39 36.75	300m: 3:34.22 37.61	400m: 4:48.97 37.22	
24. Snorri Dagur Einarsson	05	SH	4:41.91	4:48.98 441
50m: 30.95 30.95	150m: 1:42.86 36.72	250m: 2:57.66 37.59	350m: 4:12.70 37.71	
100m: 1:06.14 35.19	200m: 2:20.07 37.21	300m: 3:34.99 37.33	400m: 4:48.98 36.28	
25. Hilmir Snær Lunddal Rúnarsson	03	SH	4:52.31	4:50.25 435
50m: 31.10 31.10	150m: 1:42.71 36.68	250m: 2:57.87 37.91	350m: 4:13.68 37.86	
100m: 1:06.03 34.93	200m: 2:19.96 37.25	300m: 3:35.82 37.95	400m: 4:50.25 36.57	
26. Már Gunnarsson S12	99	Íþróttabandalag Reykjanesbæja	5:01.64	4:54.25 418IM5
50m: 32.34 32.34	150m: 1:43.64 36.40	250m: 2:59.02 37.86	350m: 4:16.28 38.85	
100m: 1:07.24 34.90	200m: 2:21.16 37.52	300m: 3:37.43 38.41	400m: 4:54.25 37.97	
27. Guðfinnur Karlsson S11	88	Íþróttafélagið Fjörður	5:55.39	6:03.78 221IM5
50m: 39.79 39.79	150m: 2:08.73 45.06	250m: 3:41.68 46.72	350m: 5:16.35 48.12	
100m: 1:23.67 43.88	200m: 2:54.96 46.23	300m: 4:28.23 46.55	400m: 6:03.78 47.43	

Sundgrein 5
5.4.2019 - 10:19

kvenna, 100m bringusund

Opinn

Úrslitalistar Undanrásir

Aldursflokkamet Íslands 15 - 17	1:11.32	Hrafnhildur Lúthersdóttir	ISL	Reykjavík	30.5.2008
Aldursflokkamet Íslands 13 - 14	1:15.33	Ásdís Eva Ómarsdóttir	NOR	Tampere (FIN)	9.7.2016
Aldursflokkamet Íslands 11 - 12	1:22.93	Eva Margrét Falsdóttir	ISL	Reykjanesbæ	29.1.2017
Íslandsmet	1:06.45	Hrafnhildur Lúthersdóttir	ISL	Rio de Janeiro (BRA)	18.5.2016
NÆM 13 - 15: 1:16.88 / EMU 14 - 15: 1:13.22; 16 - 17: 1:12.50 / EYOF 14 - 15: 1:14.65 / HM50 : 1:09.79 / IM50 : 1:25.57					

Stig: FINA 2019

Sæti	F.ár	Undanrásir	Tími	Stig
1. Sunna Svanlaug Vilhjálmisdóttir	00	SH	1:13.76	1:14.12 647
50m: 35.04 35.04	100m: 1:14.12 39.08			
2. Karen Mist Arnegeirsdóttir	00	Íþróttabandalag Reykjanesbæja	1:13.42	1:14.44 639
50m: 35.73 35.73	100m: 1:14.44 38.71			
3. Eva Margrét Falsdóttir	05	Íþróttabandalag Reykjanesbæja	1:16.75	1:15.82 605NÆM
50m: 35.79 35.79	100m: 1:15.82 40.03			

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

Sundgrein 5, kvenna, 100m bringusund, Undanrásir, Opinn

Sæti		F.ár		Undanrásir	Tími	Stig
4.	María Fanney Kristjánsdóttir	00	SH	1:15.86	1:16.59	587
	50m: 36.35 36.35	100m: 1:16.59	40.24			
5.	Amalía Nanna Juliusdóttir	02	Sundfélagið Óðinn	1:21.31	1:18.57	543
	50m: 36.64 36.64	100m: 1:18.57	41.93			
6.	Ragnheiður Karen Ólafsdóttir	04	Sundfélag Akraness	1:19.82	1:18.98	535
	50m: 36.38 36.38	100m: 1:18.98	42.60			
7.	Freyja Birkisdóttir	06	Sunddeild Breiðabliks	1:22.39	1:20.46	506
	50m: 37.66 37.66	100m: 1:20.46	42.80			
8.	Guðbjörg Bjartey Guðmundsdóttir	05	Sundfélag Akraness	1:22.29	1:20.99	496
	50m: 38.63 38.63	100m: 1:20.99	42.36			
9.	Sigurjóna Ragnheiðardóttir	03	Sundfélagið Óðinn	1:20.14	1:21.11	494
	50m: 37.80 37.80	100m: 1:21.11	43.31			
10.	Herdís Birna Viggósdóttir	04	Reykjavík	1:21.68	1:21.92	479
	50m: 37.15 37.15	100m: 1:21.92	44.77			
11.	Ágústa Bergrós Jakobsdóttir	02	Reykjavík	1:24.00	1:22.53	469
	50m: 38.85 38.85	100m: 1:22.53	43.68			
12.	Aþena Jónsdóttir	04	SH	1:25.12	1:24.61	435
	50m: 39.54 39.54	100m: 1:24.61	45.07			
13.	Katja Lilja Andriysdóttir	06	SH	1:22.94	1:26.35	409IM5
	50m: 40.24 40.24	100m: 1:26.35	46.11			
14.	Thórey Magnúsdóttir S14	99	ÍFR	1:27.69	1:33.08	327IM5
	50m: 43.83 43.83	100m: 1:33.08	49.25			
15.	Thelma Björnsdóttir S6 Sb5	96	ÍFR	1:55.80	1:57.42	162IM5
	50m: 55.38 55.38	100m: 1:57.42	1:02.04			

Sundgrein 6
5.4.2019 - 10:24

karla, 100m bringusund

Opinn
Úrslitalistar Undanrásir

Aldursflokkamet Íslands 15 - 17	1:05.08	Jakob Jóhann Sveinsson	ISL	Liechtensteinn (LIE)	29.5.1999
Aldursflokkamet Íslands 13 - 14	1:11.70	Daði Björnsson	ISL	Reykjavík	3.3.2018
Aldursflokkamet Íslands 11 - 12	1:22.51	Birnir Freyr Hálfánarson	ISL	Reykjavík	28.4.2018
Íslandsmet	1:00.45	Anton Sveinn McKee	ISL	Glasgow (GBR)	3.8.2018

NÆM 14 - 16: 1:11.49 / EMU 15 - 16: 1:05.78; 17 - 18: 1:05.14 / EYOF 15 - 16: 1:07.67 / HM50 : 1:02.05 / IM50 : 1:17.79

Stig: FINA 2019

Sæti		F.ár		Undanrásir	Tími	Stig
1.	Anton Sveinn McKee	93	SH	57.57	1:04.17	704
	50m: 30.28 30.28	100m: 1:04.17	33.89			
2.	Daði Björnsson	04	SH	1:07.78	1:07.46	606EYO
	50m: 31.41 31.41	100m: 1:07.46	36.05			
3.	Aron Þór Jónsson	02	SH	1:10.26	1:11.01	519
	50m: 33.45 33.45	100m: 1:11.01	37.56			
4.	Aron Bjarki Jónsson	01	SH	1:11.53	1:11.33	512
	50m: 33.05 33.05	100m: 1:11.33	38.28			
5.	Róbert Ísak Jónsson S14	01	SH	1:13.39	1:12.25	493
	50m: 33.44 33.44	100m: 1:12.25	38.81			
6.	Ingvar Orri Jóhannesson	04	Reykjavík	1:15.12	1:12.37	491
	50m: 33.39 33.39	100m: 1:12.37	38.98			
7.	Óskar Gauti Lund	99	Sunddeild Breiðabliks	1:13.49	1:12.38	490
	50m: 33.94 33.94	100m: 1:12.38	38.44			

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

Sundgrein 6, karla, 100m bringusund, Undanrásir, Opinn

Sæti		F.ár	Undanrásir	Tími	Stig
8.	Kári Snær Halldórsson	04	Íþróttabandalag Reykjanesbæjar	1:14.23	468
	50m: 34.26 34.26	100m: 1:13.50	39.24		
9.	Hólmsteinn Skorri Hallgrímsson	00	Reykjavík	1:08.93	467
	50m: 34.60 34.60	100m: 1:13.59	38.99		
10.	Daníel Steinn Davíðsson	03	Sunddeild Breiðabliks	1:16.57	448
	50m: 34.57 34.57	100m: 1:14.59	40.02		
11.	Skúli Thor Ásgeirsson	02	Ægir	1:15.46	437
	50m: 35.26 35.26	100m: 1:15.19	39.93		
12.	Runólfur Þorláksson	02	Reykjavík	1:16.53	416
	50m: 34.86 34.86	100m: 1:16.47	41.61		
13.	Snorri Dagur Einarsson	05	SH	1:16.90	406
	50m: 35.63 35.63	100m: 1:17.11	41.48		
14.	Hringur Birgir Kristinsson	04	Reykjavík	1:17.04	389IM5
	50m: 36.42 36.42	100m: 1:18.18	41.76		
15.	Snær Llorens Sigurðsson	02	Sundfélag Akraness	1:16.46	363IM5
	50m: 36.90 36.90	100m: 1:20.01	43.11		
16.	Bergur Unnar Unnsteinsson S14	00	Sundfélagið Óðinn	1:28.14	287IM5
	50m: 38.30 38.30	100m: 1:26.48	48.18		
17.	Fannar Logi Jóhannesson S14	00	Sundfélagið Óðinn	1:28.69	278IM5
	50m: 40.65 40.65	100m: 1:27.46	46.81		
18.	Guðfinnur Karlsson S11	88	Íþróttafélagið Fjörður	1:33.59	235IM5
	50m: 44.68 44.68	100m: 1:32.50	47.82		

Sundgrein 7
5.4.2019 - 10:31

kvenna, 200m baksund

Opinn
Úrslitalistar Undanrásir

Aldursflokkamet Íslands 15 - 17	2:10.38	Eygló Ósk Gústafsdóttir	ISL	Reykjavík	13.4.2012
Aldursflokkamet Íslands 13 - 14	2:21.57	Eygló Ósk Gústafsdóttir	ISL	Reykjanesbæ	25.4.2009
Aldursflokkamet Íslands 11 - 12	2:37.26	Eygló Ósk Gústafsdóttir	ISL	Reykjavík	12.5.2007
Íslandsmet	2:08.84	Eygló Ósk Gústafsdóttir	ISL	Rio de Janeiro (BRA)	12.8.2016

NÆM 13 - 15: 2:28.55 / EMU 14 - 15: 2:19.57; 16 - 17: 2:18.21 / EYOF 14 - 15: 2:23.99 / HM50 : 2:16.13 / IM50 : 2:43.45

Stig: FINA 2019

Sæti		F.ár	Undanrásir	Tími	Stig
1.	Eygló Ósk Gústafsdóttir	95	Reykjavík	2:16.22	646
	50m: 33.14 33.14	100m: 1:09.49	36.35	150m: 1:46.58	37.09
				200m: 2:23.46	36.88
2.	Stefanía Sigurþórsdóttir	01	Sunddeild Breiðabliks	2:26.39	628
	50m: 34.11 34.11	100m: 1:10.60	36.49	150m: 1:47.91	37.31
				200m: 2:24.85	36.94
3.	Íris Ósk Hilmarsdóttir	98	Íþróttabandalag Reykjanesbæjar	2:30.65	554
	50m: 33.06 33.06	100m: 1:09.95	36.89	150m: 1:50.33	40.38
				200m: 2:31.00	40.67
4.	Þorgerður Ósk Jónsdóttir	03	SH	2:33.59	553
	50m: 34.67 34.67	100m: 1:12.59	37.92	150m: 1:52.15	39.56
				200m: 2:31.09	38.94
5.	Halla Margrét Baldursdóttir	02	Reykjavík	2:42.54	491
	50m: 37.43 37.43	100m: 1:17.22	39.79	150m: 1:57.17	39.95
				200m: 2:37.25	40.08
6.	Alexandra Tómasdóttir	01	Sundfélagið Óðinn	2:40.24	483
	50m: 36.70 36.70	100m: 1:16.12	39.42	150m: 1:57.63	41.51
				200m: 2:38.03	40.40
7.	Þóra Snorradóttir	03	Sundfélagið Óðinn	2:25.71	467
	50m: 36.12 36.12	100m: 1:16.37	40.25	150m: 1:58.24	41.87
				200m: 2:39.84	41.60
8.	Eva Sól Garðarsdóttir	03	Sundfélagið Óðinn	2:39.96	454
	50m: 37.31 37.31	100m: 1:18.07	40.76	150m: 1:59.99	41.92
				200m: 2:41.39	41.40

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

Sundgrein 7, kvenna, 200m baksund, Undanrásir, Opinn

Sæti	F.ár	Undanrásir	Tími	Stig
9. Sandra Dögg Kristjánsdóttir	03 SH	2:42.69	2:45.02	424IM5
50m: 38.14 38.14	100m: 1:19.75 41.61	150m: 2:03.14 43.39	200m: 2:45.02 41.88	
10. Bríet Dalla Gunnarsdóttir	04 SH	2:34.25	2:46.19	415IM5
50m: 38.39 38.39	100m: 1:20.48 42.09	150m: 2:03.85 43.37	200m: 2:46.19 42.34	
11. Arianna Steinarsdóttir	03 Reykjavík	2:43.31	2:46.47	413IM5
50m: 39.95 39.95	100m: 1:21.51 41.56	150m: 2:04.00 42.49	200m: 2:46.47 42.47	
12. Hafdís Eva Pálsdóttir	04 Íþróttabandalag Reykjanesbæja	2:40.81	2:50.73	383IM5
50m: 37.78 37.78	100m: 1:20.70 42.92	150m: 2:06.16 45.46	200m: 2:50.73 44.57	
13. Sigríður Aníta Rognvaldsdóttir S14	01 ÍFR	3:10.18	3:13.66	262IM5
50m: 45.48 45.48	100m: 1:35.00 49.52	150m: 2:26.07 51.07	200m: 3:13.66 47.59	
14. Thelma Björnsdóttir S6 Sb5	96 ÍFR	2:30.26	3:54.67	147IM5
50m: 57.65 57.65	100m: 1:56.79 59.14	150m: 2:56.76 59.97	200m: 3:54.67 57.91	

Sundgrein 8

karla, 200m baksund

Opinn

5.4.2019 - 10:39

Úrslitalistar Undanrásir

Aldursflokkamet Íslands 15 - 17	2:01.27	Örn Arnason	ISL	Antwerpen (BEL)	31.7.1998
Aldursflokkamet Íslands 13 - 14	2:14.65	Brynjólfur Óli Karlsson	ISL	Reykjavík	10.4.2015
Aldursflokkamet Íslands 11 - 12	2:25.77	Brynjólfur Óli Karlsson	ISL	Reykjanesbæ	14.12.2013
Íslandsmet	1:58.35	Örn Arnason	ISL	Fukuoka (JPN)	27.7.2001

NÆM 14 - 16: 2:16.46 / EMU 15 - 16: 2:12.02; 17 - 18: 2:09.19 / EYOF 15 - 16: 2:11.70 / HM50 : 2:02.48 / IM50 : 2:31.44

Stig: FINA 2019

Sæti	F.ár	Undanrásir	Tími	Stig
1. Brynjólfur Óli Karlsson	01 Sunddeild Breiðabliks	2:12.25	2:14.21	579
50m: 30.50 30.50	100m: 1:04.44 33.94	150m: 1:39.85 35.41	200m: 2:14.21 34.36	
2. Patrik Viggó Vilbergsson	02 Sunddeild Breiðabliks	2:16.83	2:15.44	564
50m: 31.10 31.10	100m: 1:05.25 34.15	150m: 1:40.58 35.33	200m: 2:15.44 34.86	
3. Júlíus Karl Maier	02 SH	2:21.05	2:19.59	515
50m: 32.56 32.56	100m: 1:07.72 35.16	150m: 1:43.86 36.14	200m: 2:19.59 35.73	
4. Tómas Magnússon	02 Reykjavík	2:16.58	2:20.96	500
50m: 32.48 32.48	100m: 1:08.76 36.28	150m: 1:44.37 35.61	200m: 2:20.96 36.59	
5. Birnir Freyr Hálfánarsson	06 SH	2:24.41	2:22.44	485
50m: 31.78 31.78	100m: 1:07.57 35.79	150m: 1:45.75 38.18	200m: 2:22.44 36.69	
Kolbeinn Hrafnkelsson	94 SH	2:10.52	2:22.44	485
50m: 32.45 32.45	100m: 1:08.71 36.26	150m: 1:46.84 38.13	200m: 2:22.44 35.60	
7. Fannar Snævar Hauksson	04 Íþróttabandalag Reykjanesbæja	2:24.58	2:22.75	481
50m: 33.13 33.13	100m: 1:09.32 36.19	150m: 1:46.19 36.87	200m: 2:22.75 36.56	
8. Aron Fannar Kristínarson	03 Íþróttabandalag Reykjanesbæja	2:24.64	2:23.76	471
50m: 34.06 34.06	100m: 1:10.48 36.42	150m: 1:47.69 37.21	200m: 2:23.76 36.07	
9. Flosi Ómarsson	03 Íþróttabandalag Reykjanesbæja	2:28.12	2:26.40	446
50m: 32.72 32.72	100m: 1:09.70 36.98	150m: 1:48.59 38.89	200m: 2:26.40 37.81	
10. Veigar Hrafn Sigþórsson	05 SH	2:27.59	2:26.45	446
50m: 34.52 34.52	100m: 1:11.34 36.82	150m: 1:49.34 38.00	200m: 2:26.45 37.11	
11. Gabriel Ari Tryggvarson	03 Íþróttabandalag Reykjanesbæja	2:30.60	2:28.67	426
50m: 34.29 34.29	100m: 1:11.97 37.68	150m: 1:51.42 39.45	200m: 2:28.67 37.25	
12. Kári Steinn Kjartansson	03 Ægir	2:28.79	2:28.96	424
50m: 35.43 35.43	100m: 1:13.09 37.66	200m: 2:28.96 1:15.87		
13. Úlfur Páll Andrason	04 Reykjavík	2:27.26	2:32.28	397IM5
50m: 34.70 34.70	100m: 1:12.42 37.72	150m: 1:52.77 40.35	200m: 2:32.28 39.51	

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

Sundgrein 9 kvenna, 100m flugsund Opinn
5.4.2019 - 10:46 Úrslitalistar Undanrásir

Aldursflokkamet Íslands 15 - 17	1:03.46	Eygló Ósk Gústafsdóttir	ISL	Reykjavík	6.9.2012
Aldursflokkamet Íslands 13 - 14	1:07.64	Ólöf Edda Eðvarðsdóttir	ISL	Luxembourg (LUX)	30.4.2011
Aldursflokkamet Íslands 11 - 12	1:13.91	Erna Jónsdóttir	ISL	Reykjavík	8.7.1988
Íslandsmet	59.87	Sarah Blake Bateman	ISL	London (GBR)	28.7.2012

NÆM 13 - 15: 1:09.33 / EMU 14 - 15: 1:03.17; 16 - 17: 1:02.55 / EYOF 14 - 15: 1:04.95 / HM50 : 1:00.53 / IM50 : 1:13.43

Stig: FINA 2019

Sæti	F.ár		Undanrásir	Tími	Stig
1. Katarína Róbertsdóttir	00	SH	1:03.78	1:05.74	601
50m: 29.58 29.58	100m: 1:05.74	36.16			
2. Jóhanna Elín Guðmundsdóttir	01	SH	1:04.44	1:06.66	576
50m: 30.26 30.26	100m: 1:06.66	36.40			
3. Elín Kata Sigurgeirsdóttir	99	Sundfélagið Óðinn	1:06.71	1:06.78	573
50m: 31.52 31.52	100m: 1:06.78	35.26			
4. Gunnhildur Björg Baldursdóttir	00	Íþróttabandalag Reykjanesbæja	1:08.54	1:07.55	554
50m: 31.60 31.60	100m: 1:07.55	35.95			
5. Kristín Ylfa Guðmundsdóttir	02	SH	1:09.23	1:08.74	525
50m: 31.95 31.95	100m: 1:08.74	36.79			
6. Eva Sól Garðarsdóttir	03	Sundfélagið Óðinn	1:10.26	1:10.06	496
50m: 32.33 32.33	100m: 1:10.06	37.73			
7. Sylwia Sienkiewicz	99	Íþróttabandalag Reykjanesbæja	1:12.66	1:10.76	481
50m: 32.43 32.43	100m: 1:10.76	38.33			
8. Svava Björg Lárusdóttir	03	Reykjavík	1:13.40	1:11.04	476
50m: 32.36 32.36	100m: 1:11.04	38.68			
9. Ólöf Kristín Isaksen	05	Sundfélagið Óðinn	1:12.84	1:11.26	471
50m: 33.21 33.21	100m: 1:11.26	38.05			
10. Diljá Rún Ívarsdóttir	02	Íþróttabandalag Reykjanesbæja	1:11.65	1:11.37	469
50m: 32.73 32.73	100m: 1:11.37	38.64			
11. Ragnheiður Karlsdóttir	99	Sunddeild Breiðabliks	1:11.58	1:11.81	461
50m: 33.26 33.26	100m: 1:11.81	38.55			
12. Regína Lilja Gunnlaugsdóttir	02	Sunddeild Breiðabliks	1:12.42	1:12.47	448
50m: 33.38 33.38	100m: 1:12.47	39.09			
13. Herdís Birna Viggósdóttir	04	Reykjavík	1:13.18	1:13.91	422IM5
50m: 33.66 33.66	100m: 1:13.91	40.25			

Sundgrein 10 karla, 100m flugsund Opinn
5.4.2019 - 10:50 Úrslitalistar Undanrásir

Aldursflokkamet Íslands 15 - 17	57.63	Hjörtur Már Reynisson	ISL	Dunkerque (FRA)	27.7.2000
Aldursflokkamet Íslands 13 - 14	1:01.21	Viktor Forafonov	NOR	Kristiansand (NOR)	16.7.2016
Aldursflokkamet Íslands 11 - 12	1:11.95	Viktor Forafonov	ISL	Kristiansand (NOR)	7.6.2014
Íslandsmet	53.42	Örn Arnason	ISL	Budapest (HUN)	4.8.2006

NÆM 14 - 16: 59.31 / EMU 15 - 16: 56.11; 17 - 18: 55.56 / EYOF 15 - 16: 57.55 / HM50 : 53.78 / IM50 : 1:07.19

Stig: FINA 2019

Sæti	F.ár		Undanrásir	Tími	Stig
1. Róbert Ísak Jónsson S14	01	SH	1:00.60	1:00.48	558
50m: 28.11 28.11	100m: 1:00.48	32.37			
2. Dadó Fenrir Jasminuson	95	SH	1:00.15	1:00.88	548
50m: 27.53 27.53	100m: 1:00.88	33.35			
3. Ólafur Árdal Sigurðsson	99	SH	1:01.86	1:01.00	544
50m: 28.60 28.60	100m: 1:01.00	32.40			

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

Sundgrein 10, karla, 100m flugsund, Undanrásir, Opinn

Sæti	F.ár	Undanrásir	Tími	Stig
4. Atli Vikar Ingimundarson 50m: 29.02 29.02 100m: 1:01.56 32.54	97	Sundfélag Akraness	1:00.69	1:01.56 530
5. Brynjólfur Óli Karlsson 50m: 28.85 28.85 100m: 1:01.87 33.02	01	Sunddeild Breiðabliks	59.78	1:01.87 522
6. Kári Sölvi Nielsen 50m: 28.46 28.46 100m: 1:02.52 34.06	00	SH	1:03.60	1:02.52 506
7. Jökull Ýmir Guðmundsson 50m: 28.41 28.41 100m: 1:02.57 34.16	00	SH	1:02.22	1:02.57 504
8. Bjartur Þórhallsson 50m: 28.96 28.96 100m: 1:02.72 33.76	00	Reykjavík	1:04.82	1:02.72 501
9. Kristófer Atli Andersen 50m: 28.91 28.91 100m: 1:02.94 34.03	02	Sunddeild Breiðabliks	1:04.22	1:02.94 495
10. Símon Elías Statkevicius 50m: 29.04 29.04 100m: 1:03.56 34.52	03	SH	1:03.58	1:03.56 481
11. Kristján Gylfi Þórisson 50m: 29.37 29.37 100m: 1:04.07 34.70	00	Reykjavík	1:04.60	1:04.07 470
12. Sindri Andreas Bjarnason 50m: 29.30 29.30 100m: 1:05.00 35.70	01	Sundfélag Akraness	1:06.66	1:05.00 450
13. Birnir Freyr Hálfðanarsson 50m: 29.72 29.72 100m: 1:05.11 35.39	06	SH	1:04.92	1:05.11 447
14. Baldur Logi Gautason 50m: 30.02 30.02 100m: 1:05.69 35.67	00	Sundfélagið Óðinn	1:06.71	1:05.69 436
15. Aron Þór Jónsson 50m: 30.85 30.85 100m: 1:05.72 34.87	02	SH	1:04.90	1:05.72 435
16. Tómas Magnússon 50m: 35.03 35.03 100m: 1:17.54 42.51	02	Reykjavík	1:05.74	1:17.54 265IM5
MÆekki Róbert Andri Pálmason	02	Sunddeild Breiðabliks	1:03.06	

Sundgrein 11
5.4.2019 - 10:56

blandað, 4 x 100m fjórsund

Opinn
Úrslitalistar

Íslandsmet 4:04.47 Sveit SH ISL Reykjavík 12.4.2014

Stig: FINA 2019

Sæti	Undanrásir	Tími	Stig
1. SH 1 Kólbeinn Hrafnkelsson +0,44 28.15 Anton Sveinn McKee +0,36 29.09	SH Katarína Róbertsdóttir +0,16 29.65 Jóhanna Elín Guðmundsdóttir +0,32 28.00	NT 4:07.05	692 1:05.29 59.76
2. Sunddeild Breiðabliks 1 Brynjólfur Óli Karlsson +0,47 29.54 Óskar Gauti Lund +0,32 33.87	Sunddeild Breiðabliks Bryndís Bolladóttir +0,51 31.53 Kristín Helga Hákonardóttir +0,05 28.42	NT 4:22.45	577 1:08.27 1:00.60
3. Reykjavík 1 Kristján Gylfi Þórisson +0,72 31.57 Herðis Birna Viggósdóttir +0,46 37.45	Reykjavík Bjartur Þórhallsson +0,16 28.84 Ásta Kristín Jónsdóttir +0,36 29.15	NT 4:29.70	532 1:02.44 1:01.10
4. Reykjavík 2 Tómas Magnússon +0,60 32.48 Hólmsteinn Skorri Hallgrímsson +0,33 34.56	Reykjavík Svava Björg Lárusdóttir +0,46 32.42 Halla Margrét Baldursdóttir +0,28 31.12	NT 4:36.22	495 1:11.01 1:05.02
5. Íþróttabandalag Reykjanesbæjar 1 Aron Fannar Kristínarson +0,60 32.59 Kári Snær Halldórsson +0,41 34.10	Íþróttabandalag Reykjanesbæjar Sylvia Sienkiewicz +0,10 31.79 Ásta Kamilla Sigurðardóttir +0,28 31.38	NT 4:36.82	492 1:10.38 1:05.95

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

Sundgrein 11, blandað, 4 x 100m fjórsund, Opinn

Sæti					Undanrásir	Tími	Stig
6.	Sundfélag Akraness 1			Sundfélag Akraness	NT	4:38.12	485
	Erlend Magnússon	+0,67	32.64	1:09.47	Atli Vikar Ingimundarson	+0,17	29.80 1:05.04
	Ragnheiður Karen Ólafsdóttir	+0,21	37.55	1:20.71	Brynhildur Traustadóttir	+0,22	30.22 1:02.90
7.	Sundfélagið Óðinn 1			Sundfélagið Óðinn	NT	4:43.28	459
	Pura Snorradóttir	+0,56	34.27	1:11.96	Baldur Logi Gautason	+0,51	30.98 1:08.12
	Sigurjóna Ragnheiðardóttir	+0,44	38.26	1:23.02	Hákon Alexander Magnússon	+0,23	28.74 1:00.18
8.	Sundfélag Akraness 2			Sundfélag Akraness	NT	4:52.24	418
	Kristján Magnússon	+0,62	33.99	1:11.87	Snær Llorens Sigurðsson	+0,39	30.45 1:09.52
	Guðbjörg Bjarney Guðmundsdóttir	+0,37	39.05	1:22.58	Ingibjörg Svava Magnúsardóttir	+0,30	32.46 1:08.27

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

2 - 2. hluti - úrslit

5.4.2019 - 16:30

Sundgrein 1	kvenna, 50m skriðsund				Opinn
5.4.2019 - 16:30					Úrslitalistar Úrslitsund
Aldursflokkamet Íslands 15 - 17	26.60	Ingibjörg Kristín Jónsdóttir	ISL	Reykjavík	21.3.2010
Aldursflokkamet Íslands 13 - 14	26.84	Kolbrún Ýr Kristjánsdóttir	ISL	Örebro (DEN)	29.11.1997
Aldursflokkamet Íslands 11 - 12	29.56	Rannveig Rögn Leifsdóttir	ISL	Reykjavík	21.3.2009
Íslandsmet	25.24	Sarah Blake Bateman	ISL	Indianapolis (USA)	30.3.2012
NÆM 13 - 15: 28.37 / EMU 14 - 15: 26.76; 16 - 17: 26.76 / EYOF 14 - 15: 27.20 / HM50 : 25.92 / IM50 : 30.84					

Stig: FINA 2019

Sæti	F.ár	Undanrásir	Tími	Stig
1. Jóhanna Elín Guðmundsdóttir	01	SH	26.81	26.36 724
2. Bryndís Rún Hansen	93	Sundfélagið Óðinn	26.92	26.63 702
3. Steingerður Hauksdóttir	96	SH	27.06	26.72 695
4. Snæfríður Sól Jörunnardóttir	00	AGFS	27.12	27.09 667
5. Katarína Róbertsdóttir	00	SH	27.94	27.37 646
6. Kristín Helga Hákonardóttir	04	Sunddeild Breiðabliks	28.29	27.67 625NÆM
7. Ásta Kristín Jónsdóttir	00	Reykjavík	28.15	28.02 602
8. Emilía Sól Guðmundsdóttir	02	Ægir	29.14	28.95 546

Sundgrein 2	karla, 50m skriðsund				Opinn
5.4.2019 - 16:32					Úrslitalistar Úrslitsund
Aldursflokkamet Íslands 15 - 17	23.29	Örn Arnason	ISL	Hafnarfjörður	30.12.1998
Aldursflokkamet Íslands 13 - 14	26.28	Kristinn Þórarinsson	ISL	Reykjavík	23.12.2010
Aldursflokkamet Íslands 11 - 12	29.55	Birnir Freyr Hálfánarson	ISL	Reykjavík	28.4.2018
Íslandsmet	22.53	Árni Már Arnason	ISL	Canet (FRA)	6.6.2012
NÆM 14 - 16: 25.44 / EMU 15 - 16: 23.92; 17 - 18: 23.69 / EYOF 15 - 16: 25.01 / HM50 : 22.96 / IM50 : 28.12					

Stig: FINA 2019

Sæti	F.ár	Undanrásir	Tími	Stig
1. Dadó Fenrir Jasminuson	95	SH	23.46	23.37 716
2. Kristinn Þórarinsson	96	Reykjavík	23.52	23.55 699
3. Kristófer Sigurðsson	95	Íþróttabandalag Reykjanesbæjar	23.81	23.89 670
4. Aron Örn Stefánsson	95	SH	25.11	24.52 620
5. Hólmsteinn Skorri Hallgrímsson	00	Reykjavík	25.26	25.09 578
6. Kristján Gylfi Þórisson	00	Reykjavík	25.62	25.67 540
Ólafur Árdal Sigurðsson	99	SH	25.75	25.67 540
8. Fannar Snævar Hauksson	04	Íþróttabandalag Reykjanesbæjar	25.61	25.93 524

Sundgrein 3	kvenna, 400m skriðsund				Opinn
5.4.2019 - 16:34					Úrslitalistar
Aldursflokkamet Íslands 15 - 17	4:20.66	Sunneva Dögg Friðriksdóttir	ISL	Reykjavík	22.4.2016
Aldursflokkamet Íslands 13 - 14	4:34.68	Harpa Ingbórsdóttir	ISL	Reykjavík	22.3.2014
Aldursflokkamet Íslands 11 - 12	4:53.81	Eygló Ósk Gústafsdóttir	ISL	Reykjanesbæ	12.5.2007
Íslandsmet	4:20.42	Sigrún Brá Sverrisdóttir	ISL	Columbus (USA)	10.3.2012
NÆM 13 - 15: 4:45.32 / EMU 14 - 15: 4:26.97; 16 - 17: 4:24.37 / EYOF 14 - 15: 4:32.49 / HM50 : 4:19.34 / IM50 : 5:11.48					

Stig: FINA 2019

Sæti	F.ár	Undanrásir	Tími	Stig
1. Ragna Sigríður Ragnarsdóttir	01	Sunddeild Breiðabliks	4:32.30	4:28.01 686
50m: 30.49 30.49	150m: 1:38.45 34.29	250m: 2:46.63 33.97	350m: 3:55.21 34.41	
100m: 1:04.16 33.67	200m: 2:12.66 34.21	300m: 3:20.80 34.17	400m: 4:28.01 32.80	
2. Eydís Ósk Kolbeinsdóttir	00	Íþróttabandalag Reykjanesbæjar	4:33.07	4:28.16 685
50m: 30.75 30.75	150m: 1:38.58 34.28	250m: 2:47.08 33.95	350m: 3:55.40 33.59	
100m: 1:04.30 33.55	200m: 2:13.13 34.55	300m: 3:21.81 34.73	400m: 4:28.16 32.76	

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

Sundgrein 3, kvenna, 400m skriðsund, Opinn

Sæti				F.ár				Undanrásir	Tími	Stig		
3.	Brynhildur Traustadóttir			01	Sundfélag Akraness			4:38.93	4:30.63	667		
	50m:	31.22	31.22	150m:	1:39.22	34.32	250m:	2:48.23	34.49	350m:	3:57.12	34.33
	100m:	1:04.90	33.68	200m:	2:13.74	34.52	300m:	3:22.79	34.56	400m:	4:30.63	33.51
4.	Bryndís Bolladóttir			99	Sunddeild Breiðabliks			NT	4:31.45	661		
	50m:	31.65	31.65	150m:	1:40.54	34.91	250m:	2:49.32	34.46	350m:	3:58.21	34.32
	100m:	1:05.63	33.98	200m:	2:14.86	34.32	300m:	3:23.89	34.57	400m:	4:31.45	33.24
5.	Kristín Helga Hákonardóttir			04	Sunddeild Breiðabliks			4:37.52	4:36.70	624NÆM		
	50m:	31.83	31.83	150m:	1:41.80	35.59	250m:	2:52.34	35.41	350m:	4:02.86	35.10
	100m:	1:06.21	34.38	200m:	2:16.93	35.13	300m:	3:27.76	35.42	400m:	4:36.70	33.84
6.	Freyja Birkisdóttir			06	Sunddeild Breiðabliks			4:43.35	4:37.36	619NÆM		
	50m:	31.68	31.68	150m:	1:41.75	35.46	250m:	2:52.63	35.51	350m:	4:03.51	35.35
	100m:	1:06.29	34.61	200m:	2:17.12	35.37	300m:	3:28.16	35.53	400m:	4:37.36	33.85
7.	Regína Lilja Gunnlaugsdóttir			02	Sunddeild Breiðabliks			4:46.73	4:43.21	582		
	50m:	32.29	32.29	150m:	1:43.10	36.01	250m:	2:55.67	36.51	350m:	4:08.22	36.21
	100m:	1:07.09	34.80	200m:	2:19.16	36.06	300m:	3:32.01	36.34	400m:	4:43.21	34.99
8.	Ólöf Kristín Isaksen			05	Sundfélagið Óðinn			4:45.75	4:44.32	575NÆM		
	50m:	31.99	31.99	150m:	1:43.00	36.03	250m:	2:55.79	36.58	350m:	4:09.27	36.79
	100m:	1:06.97	34.98	200m:	2:19.21	36.21	300m:	3:32.48	36.69	400m:	4:44.32	35.05
9.	Adele Alexandra Pálsson			03	SH			4:47.12	4:44.55	573		
	50m:	31.93	31.93	150m:	1:42.58	35.98	250m:	2:55.45	36.74	350m:	4:09.23	36.76
	100m:	1:06.60	34.67	200m:	2:18.71	36.13	300m:	3:32.47	37.02	400m:	4:44.55	35.32
10.	Ingibjörg Erla Garðarsdóttir			00	Reykjavík			4:47.68	4:47.24	557		
	50m:	31.93	31.93	150m:	1:43.18	36.28	250m:	2:57.13	36.96	350m:	4:11.67	37.39
	100m:	1:06.90	34.97	200m:	2:20.17	36.99	300m:	3:34.28	37.15	400m:	4:47.24	35.57
11.	Birna Hilmarsdóttir			02	Íþróttabandalag Reykjanesbæjar			4:51.88	4:47.31	557		
	50m:	31.35	31.35	150m:	1:43.06	36.61	250m:	2:57.07	37.01	350m:	4:11.11	37.01
	100m:	1:06.45	35.10	200m:	2:20.06	37.00	300m:	3:34.10	37.03	400m:	4:47.31	36.20
12.	Halla Margrét Baldursdóttir			02	Reykjavík			4:51.37	4:47.57	555		
	50m:	32.12	32.12	150m:	1:44.63	37.00	250m:	2:58.82	37.06	350m:	4:12.18	36.29
	100m:	1:07.63	35.51	200m:	2:21.76	37.13	300m:	3:35.89	37.07	400m:	4:47.57	35.39
13.	Thelma Lind Einarsdóttir			05	Íþróttabandalag Reykjanesbæjar			4:46.59	4:52.13	530		
	50m:	32.15	32.15	150m:	1:43.67	36.40	250m:	2:58.51	37.98	350m:	4:13.75	38.26
	100m:	1:07.27	35.12	200m:	2:20.53	36.86	300m:	3:35.49	36.98	400m:	4:52.13	38.38
14.	Rebekka Sif Ómarsdóttir			03	Sundfélagið Óðinn			4:56.54	4:57.51	502		
	50m:	33.05	33.05	150m:	1:46.80	37.32	250m:	3:02.72	38.01	350m:	4:19.83	38.70
	100m:	1:09.48	36.43	200m:	2:24.71	37.91	300m:	3:41.13	38.41	400m:	4:57.51	37.68
15.	Aþena Arnarsdóttir			03	Sundfélagið Óðinn			4:54.64	4:58.08	499		
	50m:	32.55	32.55	150m:	1:46.39	37.38	250m:	3:03.15	38.57	350m:	4:20.15	38.38
	100m:	1:09.01	36.46	200m:	2:24.58	38.19	300m:	3:41.77	38.62	400m:	4:58.08	37.93
16.	Svava Björg Lárusdóttir			03	Reykjavík			5:01.43	4:58.87	495		
	50m:	33.59	33.59	150m:	1:50.66	39.13	250m:	3:07.56	38.90	350m:	4:23.84	37.37
	100m:	1:11.53	37.94	200m:	2:28.66	38.00	300m:	3:46.47	38.91	400m:	4:58.87	35.03
17.	Sandra Dögg Kristjánsdóttir			03	SH			4:56.84	5:01.21	483		
	50m:	32.64	32.64	150m:	1:47.09	37.77	250m:	3:04.34	38.90	350m:	4:23.11	39.42
	100m:	1:09.32	36.68	200m:	2:25.44	38.35	300m:	3:43.69	39.35	400m:	5:01.21	38.10
18.	Ylfa Finnbogadóttir			02	SH			4:59.38	5:01.99	480		
	50m:	33.80	33.80	150m:	1:48.79	37.85	250m:	3:06.18	39.13	350m:	4:24.16	38.91
	100m:	1:10.94	37.14	200m:	2:27.05	38.26	300m:	3:45.25	39.07	400m:	5:01.99	37.83
19.	Diljá Dröfn Jóhannesdóttir			03	SH			5:08.12	5:03.44	473		
	50m:	33.78	33.78	150m:	1:49.48	38.08	250m:	3:06.79	38.16	350m:	4:25.91	38.78
	100m:	1:11.40	37.62	200m:	2:28.63	39.15	300m:	3:47.13	40.34	400m:	5:03.44	37.53
20.	Íris Edda Garðarsdóttir			03	Reykjavík			5:06.66	5:05.15	465		
	50m:	34.02	34.02	150m:	1:49.22	37.83	250m:	3:07.10	39.04	350m:	4:25.96	39.28
	100m:	1:11.39	37.37	200m:	2:28.06	38.84	300m:	3:46.68	39.58	400m:	5:05.15	39.19

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

Sundgrein 3, kvenna, 400m skriðsund, Opinn

Sæti				F.ár				Undanrásir	Tími	Stig		
21.	Dagbjörg Hlíf Ólafsdóttir			05	SH			5:04.26	5:05.89	461		
	50m:	33.63	33.63	150m:	1:51.16	39.11	250m:	3:10.37	39.91	350m:	4:29.17	38.94
	100m:	1:12.05	38.42	200m:	2:30.46	39.30	300m:	3:50.23	39.86	400m:	5:05.89	36.72
22.	Vigdís Tinna Hákonardóttir			06	Sunddeild Breiðabliks			5:09.53	5:09.26	446		
	50m:	33.45	33.45	150m:	1:50.31	38.92	250m:	3:11.06	40.65	350m:	4:32.14	40.26
	100m:	1:11.39	37.94	200m:	2:30.41	40.10	300m:	3:51.88	40.82	400m:	5:09.26	37.12
23.	Birgitta Ingólfssdóttir			05	SH			5:08.55	5:09.65	445		
	50m:	33.68	33.68	150m:	1:50.19	38.84	250m:	3:09.75	40.04	350m:	4:31.23	40.77
	100m:	1:11.35	37.67	200m:	2:29.71	39.52	300m:	3:50.46	40.71	400m:	5:09.65	38.42
24.	Ásta Kamilla Sigurðardóttir			04	Íþróttabandalag Reykjanesbæj			5:05.19	5:10.31	442		
	50m:	34.05	34.05	150m:	1:52.28	40.00	250m:	3:12.87	39.81	350m:	4:31.81	39.02
	100m:	1:12.28	38.23	200m:	2:33.06	40.78	300m:	3:52.79	39.92	400m:	5:10.31	38.50
25.	Helga Sigurlaug Helgadóttir			07	SH			5:09.94	5:11.55	437IM5		
	50m:	34.01	34.01	150m:	1:52.30	39.34	250m:	3:12.58	40.09	350m:	4:33.02	39.11
	100m:	1:12.96	38.95	200m:	2:32.49	40.19	300m:	3:53.91	41.33	400m:	5:11.55	38.53
26.	Hildur Valsdóttir			04	SH			5:11.36	5:13.40	429IM5		
	50m:	34.47	34.47	150m:	1:52.65	40.00	250m:	3:13.46	40.34	350m:	4:34.95	40.56
	100m:	1:12.65	38.18	200m:	2:33.12	40.47	300m:	3:54.39	40.93	400m:	5:13.40	38.45
27.	Sif Grímsdóttir			03	Reykjavík			5:00.89	5:16.78	415IM5		
	50m:	34.89	34.89	150m:	1:54.85	40.31	250m:	3:16.12	40.48	350m:	4:37.28	39.93
	100m:	1:14.54	39.65	200m:	2:35.64	40.79	300m:	3:57.35	41.23	400m:	5:16.78	39.50
28.	Thórey Magnúsdóttir S14			99	ÍFR			5:10.42	5:25.08	384IM5		
	50m:	36.88	36.88	150m:	1:58.58	41.50	250m:	3:21.41	41.82	350m:	4:44.60	41.30
	100m:	1:17.08	40.20	200m:	2:39.59	41.01	300m:	4:03.30	41.89	400m:	5:25.08	40.48
29.	Marta Magnúsdóttir			05	Reykjavík			5:03.40	5:26.11	381IM5		
	50m:	36.36	36.36	150m:	1:58.18	41.99	250m:	3:22.21	42.17	350m:	4:46.20	42.05
	100m:	1:16.19	39.83	200m:	2:40.04	41.86	300m:	4:04.15	41.94	400m:	5:26.11	39.91
30.	Una Hlynsdóttir			02	SH			4:59.88	5:36.77	346IM5		
	50m:	34.26	34.26	150m:	1:57.64	43.20	250m:	3:26.37	45.01	350m:	4:53.33	43.91
	100m:	1:14.44	40.18	200m:	2:41.36	43.72	300m:	4:09.42	43.05	400m:	5:36.77	43.44
31.	Þórdís M Aðalsteinsdóttir			03	Íþróttabandalag Reykjanesbæj			4:56.83	5:39.77	337IM5		
	50m:	36.64	36.64	150m:	2:01.97	43.15	250m:	3:28.92	43.61	350m:	4:56.22	43.39
	100m:	1:18.82	42.18	200m:	2:45.31	43.34	300m:	4:12.83	43.91	400m:	5:39.77	43.55

Sundgrein 4

karla, 400m skriðsund

Opinn

5.4.2019 - 16:47

Úrslitalistar

Aldursflokkamet Íslands 15 - 17	4:05.18	Aron Örn Stefánsson	ISL	Reykjavík	12.4.2012
Aldursflokkamet Íslands 13 - 14	4:19.11	Viktor Forafonov	NOR	Oslo (NOR)	14.10.2016
Aldursflokkamet Íslands 11 - 12	4:48.87	Patrik Viggó Vilbergsson	ISL	Hódmezővásárhely (HUN)	22.11.2014
Íslandsmet	3:54.36	Anton Sveinn McKee	ISL	Los Angeles (USA)	20.7.2014

NÆM 14 - 16: 4:20.31 / EMU 15 - 16: 4:03.42; 17 - 18: 4:01.04 / EYOF 15 - 16: 4:13.80 / HM50 : 3:56.14 / IM50 : 4:53.41

Stig: FINA 2019

Sæti				F.ár				Undanrásir	Tími	Stig		
1.	Þröstur Bjarnason			97	Íþróttabandalag Reykjanesbæj			4:11.53	4:02.92	743		
	50m:	28.25	28.25	150m:	1:30.39	31.50	250m:	2:32.13	30.18	350m:	3:32.96	30.67
	100m:	58.89	30.64	200m:	2:01.95	31.56	300m:	3:02.29	30.16	400m:	4:02.92	29.96
2.	Patrik Viggó Vilbergsson <i>Aldursflokkamet!</i>			02	Sunddeild Breiðabliks			4:13.26	4:02.93	743		
	50m:	26.97	26.97	150m:	1:27.27	30.71	250m:	2:29.89	31.35	350m:	3:32.90	31.28
	100m:	56.56	29.59	200m:	1:58.54	31.27	300m:	3:01.62	31.73	400m:	4:02.93	30.03
3.	Kristófer Atli Andersen			02	Sunddeild Breiðabliks			4:18.14	4:18.18	619		
	50m:	28.78	28.78	150m:	1:33.28	32.50	250m:	2:39.44	33.62	350m:	3:45.63	32.89
	100m:	1:00.78	32.00	200m:	2:05.82	32.54	300m:	3:12.74	33.30	400m:	4:18.18	32.55

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

Sundgrein 4, karla, 400m skriðsund, Opinn

Sæti				F.ár				Undanrásir	Tími	Stig		
4.	Óskar Gauti Lund			99	Sunddeild Breiðabliks			4:24.70	4:21.93	593		
	50m:	29.83	29.83	150m:	1:35.98	33.35	250m:	2:42.62	33.03	350m:	3:49.54	33.48
	100m:	1:02.63	32.80	200m:	2:09.59	33.61	300m:	3:16.06	33.44	400m:	4:21.93	32.39
5.	Bjartur Þórhallsson			00	Reykjavík			4:30.93	4:23.51	582		
	50m:	29.22	29.22	150m:	1:34.67	33.48	250m:	2:42.76	34.24	350m:	3:50.79	33.84
	100m:	1:01.19	31.97	200m:	2:08.52	33.85	300m:	3:16.95	34.19	400m:	4:23.51	32.72
6.	Björgvin Árni Júlíusson			01	Reykjavík			4:29.97	4:25.52	569		
	50m:	28.82	28.82	150m:	1:35.21	33.44	250m:	2:43.80	34.38	350m:	3:53.22	34.21
	100m:	1:01.77	32.95	200m:	2:09.42	34.21	300m:	3:19.01	35.21	400m:	4:25.52	32.30
7.	Róbert Andri Pálmason			02	Sunddeild Breiðabliks			4:24.52	4:25.54	569		
	50m:	27.68	27.68	150m:	1:33.51	33.56	250m:	2:42.76	34.76	350m:	3:52.83	35.13
	100m:	59.95	32.27	200m:	2:08.00	34.49	300m:	3:17.70	34.94	400m:	4:25.54	32.71
8.	Skúli Thor Ásgeirsson			02	Ægir			4:35.10	4:28.86	548		
	50m:	29.43	29.43	150m:	1:37.62	34.93	250m:	2:46.82	34.45	350m:	3:55.22	34.37
	100m:	1:02.69	33.26	200m:	2:12.37	34.75	300m:	3:20.85	34.03	400m:	4:28.86	33.64
9.	Snær Llorens Sigurðsson			02	Sundfélag Akraness			4:35.48	4:29.16	546		
	50m:	29.94	29.94	150m:	1:38.73	35.30	250m:	2:49.11	35.34	350m:	3:58.56	34.45
	100m:	1:03.43	33.49	200m:	2:13.77	35.04	300m:	3:24.11	35.00	400m:	4:29.16	30.60
10.	Gústav Ragnar Kristjánsson			02	Sunddeild Breiðabliks			4:35.80	4:31.04	535		
	50m:	29.86	29.86	150m:	1:39.05	35.32	250m:	2:48.84	35.15	350m:	3:58.56	34.43
	100m:	1:03.73	33.87	200m:	2:13.69	34.64	300m:	3:24.13	35.29	400m:	4:31.04	32.48
11.	Teitur Þór Ólafsson			04	Ægir			4:40.54	4:33.49	521		
	50m:	30.50	30.50	150m:	1:39.73	35.13	250m:	2:50.51	35.57	350m:	4:00.51	34.24
	100m:	1:04.60	34.10	200m:	2:14.94	35.21	300m:	3:26.27	35.76	400m:	4:33.49	32.98
12.	Veigar Hrafn Sigþórsson			05	SH			4:36.65	4:33.89	518		
	50m:	30.33	30.33	150m:	1:39.65	35.24	250m:	2:50.66	35.70	350m:	4:00.59	34.55
	100m:	1:04.41	34.08	200m:	2:14.96	35.31	300m:	3:26.04	35.38	400m:	4:33.89	33.30
13.	Logi Freyr Arnarsson			03	Reykjavík			4:45.23	4:35.60	509		
	50m:	29.95	29.95	150m:	1:38.67	35.35	250m:	2:50.26	35.80	350m:	4:01.70	35.43
	100m:	1:03.32	33.37	200m:	2:14.46	35.79	300m:	3:26.27	36.01	400m:	4:35.60	33.90
14.	Úlfur Páll Andrason			04	Reykjavík			4:45.64	4:35.64	508		
	50m:	29.73	29.73	150m:	1:36.47	34.52	250m:	2:47.60	36.04	350m:	4:00.59	36.59
	100m:	1:01.95	32.22	200m:	2:11.56	35.09	300m:	3:24.00	36.40	400m:	4:35.64	35.05
15.	Baldur Logi Gautason			00	Sundfélagið Óðinn			4:39.91	4:36.84	502		
	50m:	29.81	29.81	150m:	1:39.33	35.57	250m:	2:50.60	35.79	350m:	4:02.22	35.20
	100m:	1:03.76	33.95	200m:	2:14.81	35.48	300m:	3:27.02	36.42	400m:	4:36.84	34.62
16.	Kári Steinn Kjartansson			03	Ægir			4:45.17	4:39.41	488		
	50m:	31.65	31.65	150m:	1:42.27	35.75	250m:	2:54.40	36.27	350m:	4:06.04	35.60
	100m:	1:06.52	34.87	200m:	2:18.13	35.86	300m:	3:30.44	36.04	400m:	4:39.41	33.37
17.	Jónas Atli Pálsson			03	SH			4:44.49	4:41.05	480		
	50m:	30.76	30.76	150m:	1:40.48	35.77	250m:	2:52.86	36.20	350m:	4:05.71	36.24
	100m:	1:04.71	33.95	200m:	2:16.66	36.18	300m:	3:29.47	36.61	400m:	4:41.05	35.34
18.	Guðmundur Karl Karlsson			05	Sunddeild Breiðabliks			4:43.09	4:41.11	479		
	50m:	30.65	30.65	150m:	1:40.48	35.49	250m:	2:52.76	36.07	350m:	4:05.49	36.08
	100m:	1:04.99	34.34	200m:	2:16.69	36.21	300m:	3:29.41	36.65	400m:	4:41.11	35.62
19.	Guðmundur Halldórsson			04	Sunddeild Breiðabliks			4:41.97	4:42.78	471		
	50m:	31.56	31.56	150m:	1:42.50	35.77	250m:	2:55.10	36.05	350m:	4:07.55	35.89
	100m:	1:06.73	35.17	200m:	2:19.05	36.55	300m:	3:31.66	36.56	400m:	4:42.78	35.23
20.	Þorsteinn Karl Arnarsson			04	Stjarnan			4:48.83	4:44.85	461		
	50m:	31.19	31.19	150m:	1:42.62	36.25	250m:	2:54.97	36.19	350m:	4:08.22	36.19
	100m:	1:06.37	35.18	200m:	2:18.78	36.16	300m:	3:32.03	37.06	400m:	4:44.85	36.63
21.	Alexander Logi Jónsson			04	Íþróttabandalag Reykjanesbæjar			4:51.59	4:45.59	457		
	50m:	32.26	32.26	150m:	1:43.79	36.24	250m:	2:57.18	36.76	350m:	4:10.64	36.77
	100m:	1:07.55	35.29	200m:	2:20.42	36.63	300m:	3:33.87	36.69	400m:	4:45.59	34.95

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

Sundgrein 4, karla, 400m skriðsund, Opinn

Sæti	F.ár			Undanrásir			Tími	Stig
22.	Andri Bergmann Isaksen	04	Sunddeild Breiðabliks	4:47.33	4:47.98	446		
	50m: 31.78 31.78	150m: 1:43.59 36.50	250m: 2:56.54 36.30	350m: 4:10.38 37.11				
	100m: 1:07.09 35.31	200m: 2:20.24 36.65	300m: 3:33.27 36.73	400m: 4:47.98 37.60				
23.	Ólafur Breki Guðnason	03	Ægir	4:46.76	4:48.97	441		
	50m: 31.08 31.08	150m: 1:42.64 36.39	250m: 2:56.61 37.22	350m: 4:11.75 37.53				
	100m: 1:06.25 35.17	200m: 2:19.39 36.75	300m: 3:34.22 37.61	400m: 4:48.97 37.22				
24.	Snorri Dagur Einarsson	05	SH	4:41.91	4:48.98	441		
	50m: 30.95 30.95	150m: 1:42.86 36.72	250m: 2:57.66 37.59	350m: 4:12.70 37.71				
	100m: 1:06.14 35.19	200m: 2:20.07 37.21	300m: 3:34.99 37.33	400m: 4:48.98 36.28				
25.	Hilmir Snær Lunddal Rúnarsson	03	SH	4:52.31	4:50.25	435		
	50m: 31.10 31.10	150m: 1:42.71 36.68	250m: 2:57.87 37.91	350m: 4:13.68 37.86				
	100m: 1:06.03 34.93	200m: 2:19.96 37.25	300m: 3:35.82 37.95	400m: 4:50.25 36.57				
26.	Már Gunnarsson S12	99	Íþróttabandalag Reykjanesbæja	5:01.64	4:54.25	418IM5		
	50m: 32.34 32.34	150m: 1:43.64 36.40	250m: 2:59.02 37.86	350m: 4:16.28 38.85				
	100m: 1:07.24 34.90	200m: 2:21.16 37.52	300m: 3:37.43 38.41	400m: 4:54.25 37.97				
27.	Guðfinnur Karlsson S11	88	Íþróttafélagið Fjöður	5:55.39	6:03.78	221IM5		
	50m: 39.79 39.79	150m: 2:08.73 45.06	250m: 3:41.68 46.72	350m: 5:16.35 48.12				
	100m: 1:23.67 43.88	200m: 2:54.96 46.23	300m: 4:28.23 46.55	400m: 6:03.78 47.43				

Sundgrein 5
5.4.2019 - 16:53

kvenna, 100m bringusund

Opinn
Úrslitalistar Úrslitsund

Aldursflokkamet Íslands 15 - 17	1:11.32	Hrafnhildur Lüthersdóttir	ISL	Reykjavík	30.5.2008
Aldursflokkamet Íslands 13 - 14	1:15.33	Ásdís Eva Ómarsdóttir	NOR	Tampere (FIN)	9.7.2016
Aldursflokkamet Íslands 11 - 12	1:22.93	Eva Margrét Falsdóttir	ISL	Reykjanesbæ	29.1.2017
Íslandsmet	1:06.45	Hrafnhildur Lüthersdóttir	ISL	Rio de Janeiro (BRA)	18.5.2016

NÆM 13 - 15: 1:16.88 / EMU 14 - 15: 1:13.22; 16 - 17: 1:12.50 / EYOF 14 - 15: 1:14.65 / HM50 : 1:09.79 / IM50 : 1:25.57

Stig: FINA 2019

Sæti	F.ár			Undanrásir			Tími	Stig
1.	Karen Mist Arngeirsdóttir	00	Íþróttabandalag Reykjanesbæja	1:14.44	1:12.16	701		
	50m: 34.63 34.63	100m: 1:12.16 37.53						
2.	Sunna Svanlaug Vilhjálmsdóttir	00	SH	1:14.12	1:13.09	675		
	50m: 34.44 34.44	100m: 1:13.09 38.65						
3.	Eva Margrét Falsdóttir <i>Aldursflokkamet!</i>	05	Íþróttabandalag Reykjanesbæja	1:15.82	1:14.93	626NÆM		
	50m: 35.61 35.61	100m: 1:14.93 39.32						
4.	María Fanney Kristjánsdóttir	00	SH	1:16.59	1:15.78	606		
	50m: 36.09 36.09	100m: 1:15.78 39.69						
5.	Amalia Nanna Juliusdóttir	02	Sundfélagið Óðinn	1:18.57	1:17.71	562		
	50m: 35.69 35.69	100m: 1:17.71 42.02						
6.	Ragnheiður Karen Ólafsdóttir	04	Sundfélag Akraness	1:18.98	1:19.49	525		
	50m: 37.15 37.15	100m: 1:19.49 42.34						
7.	Guðbjörg Bjartey Gudmundsdóttir	05	Sundfélag Akraness	1:20.99	1:20.01	514		
	50m: 38.25 38.25	100m: 1:20.01 41.76						
8.	Freyja Birkisdóttir	06	Sunddeild Breiðabliks	1:20.46	1:20.54	504		
	50m: 37.80 37.80	100m: 1:20.54 42.74						

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

Sundgrein 6 karla, 100m bringusund Opinn
5.4.2019 - 17:03 Úrslitalistar Úrslitsund

Aldursflokkamet Íslands 15 - 17	1:05.08	Jakob Jóhann Sveinsson	ISL	Liechtensteinn (LIE)	29.5.1999
Aldursflokkamet Íslands 13 - 14	1:11.70	Daði Björnsson	ISL	Reykjavík	3.3.2018
Aldursflokkamet Íslands 11 - 12	1:22.51	Birnir Freyr Hálfánarson	ISL	Reykjavík	28.4.2018
Íslandsmet	1:00.45	Anton Sveinn McKee	ISL	Glasgow (GBR)	3.8.2018

NÆM 14 - 16: 1:11.49 / EMU 15 - 16: 1:05.78; 17 - 18: 1:05.14 / EYOF 15 - 16: 1:07.67 / HM50 : 1:02.05 / IM50 : 1:17.79

Stig: FINA 2019

Sæti	F.ár			Undanrásir	Tími	Stig
1. Anton Sveinn McKee	93	SH		1:04.17	1:02.48	763
50m: 29.06 29.06	100m: 1:02.48	33.42				
2. Daði Björnsson	04	SH		1:07.46	1:07.59	602EYO
50m: 31.65 31.65	100m: 1:07.59	35.94				
3. Aron Þór Jónsson	02	SH		1:11.01	1:09.65	550
50m: 33.18 33.18	100m: 1:09.65	36.47				
4. Aron Bjarki Jónsson	01	SH		1:11.33	1:10.43	532
50m: 32.60 32.60	100m: 1:10.43	37.83				
5. Róbert Ísak Jónsson S14	01	SH		1:12.25	1:10.68	527
50m: 32.99 32.99	100m: 1:10.68	37.69				
6. Óskar Gauti Lund	99	Sunddeild Breiðabliks		1:12.38	1:10.83	523
50m: 33.83 33.83	100m: 1:10.83	37.00				
7. Ingvar Orri Jóhannesson	04	Reykjavík		1:12.37	1:10.95	521NÆM
50m: 32.61 32.61	100m: 1:10.95	38.34				
8. Kári Snær Halldórsson	04	Íþróttabandalag Reykjanesbæja	1:13.50		1:13.24	473
50m: 34.12 34.12	100m: 1:13.24	39.12				

Sundgrein 7 kvenna, 200m baksund Opinn
5.4.2019 - 17:06 Úrslitalistar Úrslitsund

Aldursflokkamet Íslands 15 - 17	2:10.38	Eygló Ósk Gústafsdóttir	ISL	Reykjavík	13.4.2012
Aldursflokkamet Íslands 13 - 14	2:21.57	Eygló Ósk Gústafsdóttir	ISL	Reykjanesbæ	25.4.2009
Aldursflokkamet Íslands 11 - 12	2:37.26	Eygló Ósk Gústafsdóttir	ISL	Reykjavík	12.5.2007
Íslandsmet	2:08.84	Eygló Ósk Gústafsdóttir	ISL	Rio de Janeiro (BRA)	12.8.2016

NÆM 13 - 15: 2:28.55 / EMU 14 - 15: 2:19.57; 16 - 17: 2:18.21 / EYOF 14 - 15: 2:23.99 / HM50 : 2:16.13 / IM50 : 2:43.45

Stig: FINA 2019

Sæti	F.ár			Undanrásir	Tími	Stig
1. Eygló Ósk Gústafsdóttir	95	Reykjavík		2:23.46	2:17.44	735
50m: 31.76 31.76	100m: 1:06.28	34.52	150m: 1:42.00	35.72	200m: 2:17.44	35.44
2. Stefanía Sigurpórsdóttir	01	Sunddeild Breiðabliks		2:24.85	2:23.42	647
50m: 33.89 33.89	100m: 1:10.36	36.47	150m: 1:47.47	37.11	200m: 2:23.42	35.95
3. Íris Ósk Hilmarsdóttir	98	Íþróttabandalag Reykjanesbæja	2:31.00		2:24.00	639
50m: 33.34 33.34	100m: 1:09.56	36.22	150m: 1:46.29	36.73	200m: 2:24.00	37.71
4. Þorgerður Ósk Jónsdóttir	03	SH		2:31.09	2:29.93	566
50m: 34.90 34.90	100m: 1:12.69	37.79	150m: 1:51.57	38.88	200m: 2:29.93	38.36
5. Halla Margrét Baldursdóttir	02	Reykjavík		2:37.25	2:33.08	532
50m: 35.35 35.35	100m: 1:14.12	38.77	150m: 1:53.89	39.77	200m: 2:33.08	39.19
6. Alexandra Tómasdóttir	01	Sundfélagið Óðinn		2:38.03	2:37.35	490
50m: 36.93 36.93	100m: 1:16.21	39.28	150m: 1:56.47	40.26	200m: 2:37.35	40.88
7. Þóra Snorraddóttir	03	Sundfélagið Óðinn		2:39.84	2:38.88	476
50m: 36.32 36.32	100m: 1:15.91	39.59	150m: 1:56.92	41.01	200m: 2:38.88	41.96
8. Eva Sól Garðarsdóttir	03	Sundfélagið Óðinn		2:41.39	2:42.86	442
50m: 38.50 38.50	100m: 1:19.47	40.97	150m: 2:01.51	42.04	200m: 2:42.86	41.35

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

Sundgrein 8
5.4.2019 - 17:17

karla, 200m baksund

Opinn
Úrslitalistar Úrslitsund

Aldursflokkamet Íslands 15 - 17	2:01.27	Örn Arnason	ISL	Antwerpen (BEL)	31.7.1998
Aldursflokkamet Íslands 13 - 14	2:14.65	Brynjólfur Óli Karlsson	ISL	Reykjavík	10.4.2015
Aldursflokkamet Íslands 11 - 12	2:25.77	Brynjólfur Óli Karlsson	ISL	Reykjanesbæ	14.12.2013
Íslandsmet	1:58.35	Örn Arnason	ISL	Fukuoka (JPN)	27.7.2001

NÆM 14 - 16: 2:16.46 / EMU 15 - 16: 2:12.02; 17 - 18: 2:09.19 / EYOF 15 - 16: 2:11.70 / HM50 : 2:02.48 / IM50 : 2:31.44

Stig: FINA 2019

Sæti	F.ár			Undanrásir	Tími	Stig
1. Brynjólfur Óli Karlsson	01	Sunddeild Breiðabliks	2:14.21	2:09.85	640	
50m: 29.73 29.73	100m: 1:02.46	32.73 150m: 1:36.40	33.94	200m: 2:09.85	33.45	
2. Patrik Viggó Vilbergsson	02	Sunddeild Breiðabliks	2:15.44	2:12.29	605	
50m: 30.74 30.74	100m: 1:04.03	33.29 150m: 1:38.91	34.88	200m: 2:12.29	33.38	
3. Kolbeinn Hrafnkelsson	94	SH	2:22.44	2:14.51	576	
50m: 30.23 30.23	100m: 1:04.78	34.55 150m: 1:41.16	36.38	200m: 2:14.51	33.35	
4. Birnir Freyr Hálfánarsson	06	SH	2:22.44	2:19.75	513	
50m: 32.25 32.25	100m: 1:07.74	35.49 150m: 1:44.08	36.34	200m: 2:19.75	35.67	
5. Júlíus Karl Maier	02	SH	2:19.59	2:20.64	503	
50m: 32.35 32.35	100m: 1:07.73	35.38 150m: 1:44.64	36.91	200m: 2:20.64	36.00	
6. Fannar Snævar Hauksson	04	Íþróttabandalag Reykjanesbæja	2:22.75	2:23.53	474	
50m: 32.65 32.65	100m: 1:08.51	35.86 150m: 1:46.03	37.52	200m: 2:23.53	37.50	
7. Aron Fannar Kristínarson	03	Íþróttabandalag Reykjanesbæja	2:23.76	2:24.00	469	
50m: 33.17 33.17	100m: 1:10.00	36.83 150m: 1:47.67	37.67	200m: 2:24.00	36.33	
8. Tómas Magnússon	02	Reykjavík	2:20.96	2:28.25	430	
50m: 32.61 32.61	100m: 1:10.21	37.60 150m: 1:47.93	37.72	200m: 2:28.25	40.32	

Sundgrein 9
5.4.2019 - 17:21

kvenna, 100m flugsund

Opinn
Úrslitalistar Úrslitsund

Aldursflokkamet Íslands 15 - 17	1:03.46	Eygló Ósk Gústafsdóttir	ISL	Reykjavík	6.9.2012
Aldursflokkamet Íslands 13 - 14	1:07.64	Ólöf Edda Eðvarðsdóttir	ISL	Luxembourg (LUX)	30.4.2011
Aldursflokkamet Íslands 11 - 12	1:13.91	Erna Jónsdóttir	ISL	Reykjavík	8.7.1988
Íslandsmet	59.87	Sarah Blake Bateman	ISL	London (GBR)	28.7.2012

NÆM 13 - 15: 1:09.33 / EMU 14 - 15: 1:03.17; 16 - 17: 1:02.55 / EYOF 14 - 15: 1:04.95 / HM50 : 1:00.53 / IM50 : 1:13.43

Stig: FINA 2019

Sæti	F.ár			Undanrásir	Tími	Stig
1. Katarína Róbertsdóttir	00	SH	1:05.74	1:05.01	621	
50m: 29.59 29.59	100m: 1:05.01	35.42				
2. Jóhanna Elín Guðmundsdóttir	01	SH	1:06.66	1:05.30	613	
50m: 30.65 30.65	100m: 1:05.30	34.65				
3. Elín Kata Sigurgeirsdóttir	99	Sundfélagið Óðinn	1:06.78	1:05.39	610	
50m: 30.45 30.45	100m: 1:05.39	34.94				
4. Gunnhildur Björg Baldursdóttir	00	Íþróttabandalag Reykjanesbæja	1:07.55	1:07.60	552	
50m: 31.38 31.38	100m: 1:07.60	36.22				
5. Kristín Ylfa Guðmundsdóttir	02	SH	1:08.74	1:07.65	551	
50m: 31.49 31.49	100m: 1:07.65	36.16				
6. Eva Sól Garðarsdóttir	03	Sundfélagið Óðinn	1:10.06	1:09.80	502	
50m: 32.75 32.75	100m: 1:09.80	37.05				
7. Svava Björg Lárusdóttir	03	Reykjavík	1:11.04	1:09.86	500	
50m: 32.25 32.25	100m: 1:09.86	37.61				
8. Sylwia Sienkiewicz	99	Íþróttabandalag Reykjanesbæja	1:10.76	1:10.12	495	
50m: 32.29 32.29	100m: 1:10.12	37.83				

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

Sundgrein 10 karla, 100m flugsund Opinn
5.4.2019 - 17:31 Úrslitalistar Úrslitsund

Aldursflokkamet Íslands 15 - 17	57.63	Hjörtur Már Reynisson	ISL	Dunkerque (FRA)	27.7.2000
Aldursflokkamet Íslands 13 - 14	1:01.21	Viktor Forafonov	NOR	Kristiansand (NOR)	16.7.2016
Aldursflokkamet Íslands 11 - 12	1:11.95	Viktor Forafonov	ISL	Kristiansand (NOR)	7.6.2014
Íslandsmet	53.42	Örn Arnason	ISL	Budapest (HUN)	4.8.2006

NÆM 14 - 16: 59.31 / EMU 15 - 16: 56.11; 17 - 18: 55.56 / EYOF 15 - 16: 57.55 / HM50 : 53.78 / IM50 : 1:07.19

Stig: FINA 2019

Sæti	F.ár	Undanrásir	Tími	Stig
1. Dadó Fenrir Jasminuson	95 SH	1:00.88	58.52	617
50m: 26.51 26.51	100m: 58.52 32.01			
2. Róbert Ísak Jónsson S14	01 SH	1:00.48	59.33	592
50m: 27.41 27.41	100m: 59.33 31.92			
3. Brynjólfur Óli Karlsson	01 Sunddeild Breiðabliks	1:01.87	1:00.63	554
50m: 28.08 28.08	100m: 1:00.63 32.55			
4. Ólafur Árdal Sigurðsson	99 SH	1:01.00	1:01.23	538
50m: 28.58 28.58	100m: 1:01.23 32.65			
5. Atli Vikar Ingimundarson	97 Sundfélag Akraness	1:01.56	1:01.28	537
50m: 27.89 27.89	100m: 1:01.28 33.39			
6. Kári Sölvi Nielsen	00 SH	1:02.52	1:02.22	513
50m: 27.98 27.98	100m: 1:02.22 34.24			
7. Bjartur Þórhallsson	00 Reykjavík	1:02.72	1:03.36	486
50m: 29.35 29.35	100m: 1:03.36 34.01			
ÓG. Jökull Ýmir Guðmundsson	00 SH	1:02.57		
<i>P3 - Leg movements not simultaneous, alternating or breaststroke kick (SW 8.3)</i>				

Sundgrein 12 kvenna, 4 x 200m skriðsund Opinn
5.4.2019 - 17:40 Úrslitalistar

Íslandsmet	8:24.80	Sveit Ægis	ISL	Reykjavík	13.4.2012
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Stig: FINA 2019

Sæti	Undanrásir	Tími	Stig
1. Sunddeild Breiðabliks 1	Sunddeild Breiðabliks NT	8:45.05	681
Bryndís Bolladóttir	99 +0,71 29.98 1:01.92 1:34.58 2:07.31	2:07.31	
Kristín Helga Hákonardóttir	04 +0,39 30.17 1:04.18 1:40.02 2:13.87	2:13.87	
Stefanía Sigurþórsdóttir	01 +0,46 29.81 1:03.37 1:38.53 2:13.51	2:13.51	
Ragna Sigríður Ragnarsdóttir	01 +0,18 28.67 1:01.31 1:36.01 2:10.36	2:10.36	
2. SH 1	SH NT	8:55.57	642
María Fanney Kristjánsdóttir	00 +0,63 29.97 1:02.58 1:36.18 2:10.07	2:10.07	
Adele Alexandra Pálsson	03 +0,40 30.91 1:05.03 1:40.22 2:15.42	2:15.42	
Katarína Róbertsdóttir	00 +0,24 29.56 1:03.47 1:38.91 2:13.17	2:13.17	
Jóhanna Elín Guðmundsdóttir	01 +0,38 30.24 1:05.55 1:41.66 2:16.91	2:16.91	
3. Sundfélagið Óðinn 1	Sundfélagið Óðinn NT	8:59.24	629
Bryndís Rún Hansen	93 +0,72 28.25 59.84 1:33.67 2:07.31	2:07.31	
Ólöf Kristín Isaksen	05 +0,49 30.74 1:06.66 1:43.05 2:17.76	2:17.76	
Rebekka Sif Ómarsdóttir	03 +0,56 31.22 1:06.12 1:42.64 2:18.63	2:18.63	
Elín Kata Sigurgeirsdóttir	99 +0,50 31.17 1:05.58 1:40.94 2:15.54	2:15.54	
4. Íþróttabandalag Reykjanesbæjar 1	Íþróttabandalag Reykjanesbæjar NT	9:01.14	622
Eydís Ósk Kolbeinsdóttir	00 +0,70 30.04 1:02.85 1:37.23 2:12.01	2:12.01	
Thelma Lind Einarsdóttir	05 +0,46 31.54 1:06.93 1:43.05 2:18.06	2:18.06	
Birna Hilmarsdóttir	02 +0,38 30.51 1:05.00 1:41.43 2:17.38	2:17.38	
Eva Margrét Falsdóttir	05 +0,47 30.27 1:04.39 1:39.85 2:13.69	2:13.69	
5. Reykjavík 1	Reykjavík NT	9:31.11	529
Ingibjörg Erla Garðarsdóttir	00 +0,75 31.57 1:05.71 1:41.24 2:16.53	2:16.53	
Svava Björg Lárusdóttir	03 +0,31 32.88 1:09.13 1:46.78 2:23.48	2:23.48	
Sif Grímsdóttir	03 +0,61 34.01 1:12.31 1:51.46 2:30.50	2:30.50	
Halla Margrét Baldursdóttir	02 +0,39 31.52 1:07.36 1:44.62 2:20.60	2:20.60	

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

Sundgrein 12, kvenna, 4 x 200m skriðsund, Opinn

Sæti					Undanrásir	Tími	Stig
6.	Sundfélag Akraness 1		Sundfélag Akraness		NT	9:40.43	504
	Brynhildur Traustadóttir	01	+0,75	31.38	1:05.64	1:40.85	2:14.85
	Guðbjörg Bjartey Guðmundsdóttir	05	+0,60	33.13	1:11.04	1:49.36	2:27.22
	Ragnheiður Karen Ólafsdóttir	04	+0,58	33.75	1:12.62	1:53.37	2:29.50
	Ingibjörg Svava Magnúsdóttir	05	+0,39	33.26	1:11.44	1:50.89	2:28.86

Sundgrein 13
5.4.2019 - 17:51

karla, 4 x 200m skriðsund

Opinn
Úrslitalistar

Íslandsmet	7:46.24	Sveit Fjölnis	ISL	Reykjavík	11.4.2014
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Stig: FINA 2019

Sæti					Undanrásir	Tími	Stig
1.	Reykjavík 1		Reykjavík		NT	8:03.99	646
	Hólmsteinn Skorri Hallgrímsson	00	+0,66	27.81	58.68	1:30.23	2:01.14
	Kristján Gylfi Þórisson	00	+0,24	27.25	58.60	1:31.76	2:02.39
	Bjartur Þórhallsson	00	+0,28	28.14	59.66	1:32.50	2:05.05
	Kristinn Þórarinsson	96	+0,24	25.89	55.11	1:25.38	1:55.41
2.	Sunddeild Breiðabliks 1		Sunddeild Breiðabliks		NT	8:05.57	640
	Kristófer Atli Andersen	02	+0,68	27.30	57.76	1:29.73	2:00.98
	Róbert Andri Pálmason	02	0,00	27.01	59.03	1:32.35	2:05.32
	Brynjólfur Óli Karlsson	01	+0,38	27.41	58.47	1:31.20	2:03.72
	Patrik Viggó Vilbergsson	02	+0,34	26.65	55.58	1:25.91	1:55.55
3.	SH 1		SH		NT	8:27.54	560
	Birnir Freyr Hálfðánarsson	06	+0,63	28.02	59.50	1:31.43	2:04.17
	Simon Elías Statkevicius	03	+0,37	29.32	1:02.54	1:36.76	2:09.11
	Aron Þór Jónsson	02	+0,21	28.91	1:00.74	1:35.04	2:09.17
	Róbert Ísak Jónsson S14	01	+0,59	27.81	59.04	1:31.84	2:05.09
4.	Sundfélag Akraness 1		Sundfélag Akraness		NT	8:45.64	504
	Sindri Andreas Bjarnason	01	+0,68	29.03	1:00.78	1:33.51	2:07.01
	Snær Llorens Sigurðsson	02	+0,06	27.76	1:00.67	1:35.36	2:09.27
	Atli Vikar Ingimundarson	97	+0,46	29.62	1:03.28	1:38.59	2:14.95
	Kristján Magnússon	05	+0,43	30.17	1:04.47	1:39.04	2:14.41
5.	Íþróttabandalag Reykjanesbæjar 1		Íþróttabandalag Reykjanesbæjar		NT	9:01.29	462
	Stefán Elías Davíðsson	03	+0,73	29.68	1:03.62	1:38.55	2:13.66
	Alexander Logi Jónsson	04	+0,56	31.20	1:06.11	1:41.65	2:16.61
	Gabriel Ari Tryggvarson	03	+0,63	32.07	1:07.02	1:43.87	2:19.92
	Aron Fannar Kristínarson	03	+0,31	29.89	1:02.42	1:37.26	2:11.10

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

3 - 3. hluti - undanrásir

6.4.2019 - 9:30

Sundgrein 14 6.4.2019 - 9:30	kvenna, 100m baksund				Opinn Úrslitalistar Undanrásir
Aldursflokkamet Íslands 15 - 17	1:01.74	Eygló Ósk Gústafsdóttir	ISL	London (GBR)	3.8.2012
Aldursflokkamet Íslands 13 - 14	1:06.46	Kolbrún Ýr Kristjánsdóttir	ISL	Lissabon (POR)	22.7.1997
Aldursflokkamet Íslands 11 - 12	1:13.03	Eygló Ósk Gústafsdóttir	ISL	Reykjavík	15.6.2007
Íslandsmet	1:00.25	Eygló Ósk Gústafsdóttir	ISL	Kazan (RUS)	3.8.2015

NÆM 13 - 15: 1:08.99 / EMU 14 - 15: 1:05.04; 16 - 17: 1:04.40 / EYOF 14 - 15: 1:06.16 / HM50 : 1:02.71 / IM50 : 1:16.55

Stig: FINA 2019

Sæti	F.ár		Undanrásir	Tími	Stig
1.	Eygló Ósk Gústafsdóttir	95	Reykjavík	1:03.22	1:06.50 663
	50m: 32.00 32.00	100m: 1:06.50	34.50		
2.	Íris Ósk Hilmarsdóttir	98	Íþróttabandalag Reykjanesbæjar	1:08.84	1:07.82 625
	50m: 32.30 32.30	100m: 1:07.82	35.52		
3.	Steingerður Hauksdóttir	96	SH	1:07.37	1:07.85 624
	50m: 31.37 31.37	100m: 1:07.85	36.48		
4.	Katarína Róbertsdóttir	00	SH	1:06.95	1:08.07 618
	50m: 32.45 32.45	100m: 1:08.07	35.62		
5.	Stefanía Sigurþórsdóttir	01	Sunddeild Breiðabliks	1:08.74	1:08.79 599
	50m: 33.63 33.63	100m: 1:08.79	35.16		
6.	Þorgerður Ósk Jónsdóttir	03	SH	1:11.15	1:09.62 578
	50m: 33.35 33.35	100m: 1:09.62	36.27		
7.	Ásta Kristín Jónsdóttir	00	Reykjavík	1:10.92	1:10.34 560
	50m: 33.52 33.52	100m: 1:10.34	36.82		
8.	Þóra Snorraddóttir	03	Sundfélagið Óðinn	1:12.95	1:11.58 531
	50m: 34.08 34.08	100m: 1:11.58	37.50		
9.	Emilía Sól Guðmundsdóttir	02	Ægir	1:12.98	1:13.38 493
	50m: 34.56 34.56	100m: 1:13.38	38.82		
10.	Alexandra Tómasdóttir	01	Sundfélagið Óðinn	1:15.79	1:14.92 463
	50m: 36.14 36.14	100m: 1:14.92	38.78		
11.	Eva Sól Garðarsdóttir	03	Sundfélagið Óðinn	1:13.22	1:15.06 461
	50m: 36.28 36.28	100m: 1:15.06	38.78		
12.	Bríet Dalla Gunnarsdóttir	04	SH	1:14.98	1:15.33 456
	50m: 36.46 36.46	100m: 1:15.33	38.87		
13.	Halla Margrét Baldursdóttir	02	Reykjavík	1:15.31	1:15.37 455
	50m: 36.22 36.22	100m: 1:15.37	39.15		
14.	Fatemeh Zarabi	02	SH	1:16.40	1:15.55 452
	50m: 36.25 36.25	100m: 1:15.55	39.30		
15.	Arianna Steinarsdóttir	03	Reykjavík	1:14.90	1:15.72 449
	50m: 36.59 36.59	100m: 1:15.72	39.13		
16.	Sandra Dögg Kristjánsdóttir	03	SH	1:16.12	1:15.97 444
	50m: 36.73 36.73	100m: 1:15.97	39.24		
17.	Birta Rún Smáradóttir	04	Umf Afturelding	1:15.91	1:17.47 419IM5
	50m: 37.33 37.33	100m: 1:17.47	40.14		
18.	Hafdís Eva Pálsdóttir	04	Íþróttabandalag Reykjanesbæjar	1:14.05	1:17.95 411IM5
	50m: 36.66 36.66	100m: 1:17.95	41.29		
19.	Sigríður Aníta Rognvaldsdóttir S14	01	ÍFR	1:27.56	1:31.09 258IM5
20.	Thelma Björnsdóttir S6 Sb5	96	ÍFR	1:53.49	1:55.74 125IM5
	50m: 57.24 57.24	100m: 1:55.74	58.50		
21.	Sonja Sigurdardóttir S4SB	90	ÍFR	2:27.86	2:20.29 70IM5
	50m: 1:07.26 1:07.26	100m: 2:20.29	1:13.03		

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

Sundgrein 15
6.4.2019 - 9:39

karla, 100m baksund

Opinn
Úrslitalistar Undanrásir

Aldursflokkamet Íslands 15 - 17	56.94	Örn Arnason	ISL	Antwerpen (BEL)	1.8.1997
Aldursflokkamet Íslands 13 - 14	1:02.75	Brynjólfur Óli Karlsson	ISL	Reykjavík	11.4.2015
Aldursflokkamet Íslands 11 - 12	1:10.89	Brynjólfur Óli Karlsson	ISL	Reykjavík	13.4.2013
Íslandsmet	54.75	Örn Arnason	ISL	Fukuoka (JPN)	23.7.2001

NÆM 14 - 16: 1:03.40 / EMU 15 - 16: 58.56; 17 - 18: 57.99 / EYOF 15 - 16: 59.64 / HM50 : 55.95 / IM50 : 1:09.57

Stig: FINA 2019

Sæti			F.ár	Undanrásir	Tími	Stig
1.	Kristinn Þórarinnsson	96	Reykjavík	58.24	56.53	771
	50m: 27.40 27.40	100m: 56.53	29.13			
2.	Kolbeinn Hrafnkelsson	94	SH	58.91	58.45	698
	50m: 27.89 27.89	100m: 58.45	30.56			
3.	Brynjólfur Óli Karlsson	01	Sunddeild Breiðabliks	1:00.44	1:00.38	633
	50m: 29.11 29.11	100m: 1:00.38	31.27			
4.	Kristján Gylfi Þórisson	00	Reykjavík	1:03.33	1:01.34	603
	50m: 29.67 29.67	100m: 1:01.34	31.67			
5.	Tómas Magnússon	02	Reykjavík	1:03.95	1:03.56	542
	50m: 30.35 30.35	100m: 1:03.56	33.21			
6.	Fannar Snævar Hauksson	04	Íþróttabandalag Reykjanesbæjar	1:04.06	1:03.75	538
	50m: 30.70 30.70	100m: 1:03.75	33.05			
7.	Veigar Hrafn Sigþórsson	05	SH	1:06.81	1:06.18	480
	50m: 32.24 32.24	100m: 1:06.18	33.94			
8.	Aron Fannar Kristínarson	03	Íþróttabandalag Reykjanesbæjar	1:06.75	1:06.29	478
	50m: 32.14 32.14	100m: 1:06.29	34.15			
9.	Birnir Freyr Hálfðánarsson	06	SH	1:06.00	1:06.95	464
	50m: 31.53 31.53	100m: 1:06.95	35.42			
10.	Júlíus Karl Maier	02	SH	1:07.10	1:07.02	463
	50m: 32.41 32.41	100m: 1:07.02	34.61			
11.	Róbert Ísak Jónsson S14	01	SH	1:06.59	1:07.45	454
	50m: 32.24 32.24	100m: 1:07.45	35.21			
12.	Flosi Ómarsson	03	Íþróttabandalag Reykjanesbæjar	1:07.33	1:07.66	450
	50m: 32.60 32.60	100m: 1:07.66	35.06			
13.	Gabriel Ari Tryggvarson	03	Íþróttabandalag Reykjanesbæjar	1:08.27	1:07.74	448
	50m: 32.10 32.10	100m: 1:07.74	35.64			
14.	Björgvin Árni Júlíusson	01	Reykjavík	1:08.28	1:08.98	424
	50m: 33.54 33.54	100m: 1:08.98	35.44			
15.	Erlend Magnússon	01	Sundfélag Akraness	1:03.88	1:09.44	416
	50m: 32.06 32.06	100m: 1:09.44	37.38			
16.	Már Gunnarsson S12	99	Íþróttabandalag Reykjanesbæjar	1:15.75	1:11.67	378IM5
	50m: 35.29 35.29	100m: 1:11.67	36.38			
17.	Ragnar Magnússon S14	92	Íþróttafélagið Fjörður	1:25.87	1:26.17	217IM5
	50m: 40.97 40.97	100m: 1:26.17	45.20			
18.	Guðfinnur Karlsson S11	88	Íþróttafélagið Fjörður	1:28.94	1:29.87	192IM5
	50m: 44.49 44.49	100m: 1:29.87	45.38			

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

Sundgrein 16
6.4.2019 - 9:46

kvenna, 200m flugsund

Opinn
Úrslitalistar Undanrásir

Aldursflokkamet Íslands 15 - 17	2:19.71	Sigrún Brá Sverrisdóttir	ISL	Monaco (MON)	5.6.2007
Aldursflokkamet Íslands 13 - 14	2:24.80	Ólöf Edda Eðvarðsdóttir	ISL	Trabzon (FIN)	29.7.2011
Aldursflokkamet Íslands 11 - 12	2:49.75	Salóme Jónsdóttir	ISL	Reykjavík	16.3.2007
Íslandsmet	2:18.79	Erla Dögg Haraldsdóttir	ISL	Reykjavík	6.4.2008

NÆM 13 - 15: 2:31.85 / EMU 14 - 15: 2:21.76; 16 - 17: 2:20.37 / EYOF 14 - 15: 2:24.32 / HM50 : 2:13.73 / IM50 : 2:41.32

Stig: FINA 2019

Sæti	F.ár			Undanrásir	Tími	Stig
1. María Fanney Kristjánsdóttir	00	SH		2:24.14	2:27.09	567
50m: 32.13 32.13	100m: 1:09.53	37.40	150m: 1:48.53	39.00	200m: 2:27.09	38.56
2. Gunnhildur Björg Baldursdóttir	00	Íþróttabandalag Reykjanesbæjar		2:26.46	2:28.30	554
50m: 32.25 32.25	100m: 1:10.10	37.85	150m: 1:49.27	39.17	200m: 2:28.30	39.03
3. Elín Kata Sigurgeirsdóttir	99	Sundfélagið Óðinn		2:28.35	2:28.52	551
50m: 32.11 32.11	100m: 1:09.70	37.59	150m: 1:48.98	39.28	200m: 2:28.52	39.54
4. Kristín Ylfa Guðmundsdóttir	02	SH		2:33.34	2:34.60	489
50m: 33.75 33.75	100m: 1:12.84	39.09	150m: 1:54.04	41.20	200m: 2:34.60	40.56
5. Bryndís Bolladóttir	99	Sunddeild Breiðabliks		NT	2:35.20	483
50m: 34.02 34.02	100m: 1:12.31	38.29	150m: 1:52.67	40.36	200m: 2:35.20	42.53
6. Sylwia Sienkiewicz	99	Íþróttabandalag Reykjanesbæjar		2:39.05	2:41.66	427IM5
50m: 33.45 33.45	100m: 1:13.99	40.54	150m: 1:57.38	43.39	200m: 2:41.66	44.28

Sundgrein 17
6.4.2019 - 9:50

karla, 200m flugsund

Opinn
Úrslitalistar Undanrásir

Aldursflokkamet Íslands 15 - 17	2:07.75	Sindri Þór Jakobsson	ISL	Belgrad (SRB)	31.7.2008
Aldursflokkamet Íslands 13 - 14	2:20.62	Baldvin Sigmarsson	ISL	Reykjanesbær	26.11.2011
Aldursflokkamet Íslands 11 - 12	2:38.77	Viktor Forafonov	ISL	Kristiansand (NOR)	6.6.2014
Íslandsmet	2:02.97	Sindri Þór Jakobsson	ISL	Prag (CZE)	9.7.2009

NÆM 14 - 16: 2:16.92 / EMU 15 - 16: 2:06.24; 17 - 18: 2:05.01 / EYOF 15 - 16: 2:10.48 / HM50 : 2:00.80 / IM50 : 2:29.59

Stig: FINA 2019

Sæti	F.ár			Undanrásir	Tími	Stig
1. Bjartur Þórhallsson	00	Reykjavík		2:24.62	2:20.77	497
50m: 30.31 30.31	100m: 1:06.47	36.16	150m: 1:44.66	38.19	200m: 2:20.77	36.11
2. Aron Þór Jónsson	02	SH		2:19.65	2:22.17	482
50m: 30.41 30.41	100m: 1:05.49	35.08	150m: 1:42.94	37.45	200m: 2:22.17	39.23
3. Kári Sölvi Nielsen	00	SH		2:18.55	2:25.53	449
50m: 29.62 29.62	100m: 1:03.80	34.18	150m: 1:41.95	38.15	200m: 2:25.53	43.58
4. Kristófer Atli Andersen	02	Sunddeild Breiðabliks		2:25.03	2:25.64	448
50m: 30.18 30.18	100m: 1:07.72	37.54	150m: 1:46.83	39.11	200m: 2:25.64	38.81
5. Símon Elías Statkevicius	03	SH		2:29.29	2:26.61	439
50m: 30.54 30.54	100m: 1:07.51	36.97	150m: 1:46.57	39.06	200m: 2:26.61	40.04
6. Róbert Andri Pálmason	02	Sunddeild Breiðabliks		2:24.88	2:26.77	438
50m: 29.91 29.91	100m: 1:05.66	35.75	150m: 1:45.87	40.21	200m: 2:26.77	40.90
7. Jökull Ýmir Guðmundsson	00	SH		2:24.32	2:28.96	419
50m: 30.18 30.18	100m: 1:06.33	36.15	150m: 1:44.53	38.20	200m: 2:28.96	44.43
MÆekki Brynjólfur Óli Karlsson	01	Sunddeild Breiðabliks		2:17.09		

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

Sundgrein 18
6.4.2019 - 9:53

kvenna, 100m skriðsund

Opinn
Úrslitalistar Undanrásir

Aldursflokkamet Íslands 15 - 17	56.97	Eygló Ósk Gústafsdóttir	ISL	Reykjavík	14.4.2012
Aldursflokkamet Íslands 13 - 14	59.26	Sigrún Brá Sverrisdóttir	ISL	Luxembourg (LUX)	16.4.2004
Aldursflokkamet Íslands 11 - 12	1:05.08	Stefanía Sigurþórsdóttir	ISL	Reykjanesbæ	14.12.2013
Íslandsmet	55.66	Ragnheiður Ragnarsdóttir	ISL	Reykjanesbæ	25.4.2009

NÆM 13 - 15: 1:01.30 / EMU 14 - 15: 58.38; 16 - 17: 57.81 / EYOF 14 - 15: 59.02 / HM50 : 56.40 / IM50 : 1:07.83

Stig: FINA 2019

Sæti	F.ár	Undanrásir	Tími	Stig
1. Snæfríður Sól Jórunnardóttir	00 AGFS	56.31	57.40	731
50m: 27.73 27.73	100m: 57.40 29.67			
2. Bryndís Rún Hansen	93 Sundfélagið Óðinn	NT	57.50	727
50m: 27.52 27.52	100m: 57.50 29.98			
3. Kristín Helga Hákonardóttir	04 Sunddeild Breiðabliks	59.63	1:00.06	638NÆM
50m: 28.79 28.79	100m: 1:00.06 31.27			
4. Jóhanna Elín Guðmundsdóttir	01 SH	58.46	1:00.35	629
50m: 28.41 28.41	100m: 1:00.35 31.94			
5. Ragna Sigríður Ragnarsdóttir	01 Sunddeild Breiðabliks	1:00.91	1:01.05	607
50m: 29.26 29.26	100m: 1:01.05 31.79			
6. Brynhildur Traustadóttir	01 Sundfélag Akraness	1:03.48	1:02.82	557
50m: 30.60 30.60	100m: 1:02.82 32.22			
7. Birna Hilmarsdóttir	02 Íþróttabandalag Reykjanesbæjar	1:04.83	1:02.85	556
50m: 29.95 29.95	100m: 1:02.85 32.90			
8. Regína Lilja Gunnlaugsdóttir	02 Sunddeild Breiðabliks	1:03.64	1:02.93	554
50m: 30.29 30.29	100m: 1:02.93 32.64			
9. Emilía Sól Guðmundsdóttir	02 Ægir	1:03.78	1:03.50	540
50m: 29.94 29.94	100m: 1:03.50 33.56			
10. Ólöf Kristín Isaksen	05 Sundfélagið Óðinn	1:03.54	1:03.78	532
50m: 30.39 30.39	100m: 1:03.78 33.39			
11. Þorgerður Ósk Jónsdóttir	03 SH	1:04.25	1:03.84	531
50m: 31.05 31.05	100m: 1:03.84 32.79			
12. Thelma Lind Einarsdóttir	05 Íþróttabandalag Reykjanesbæjar	1:04.32	1:03.92	529
50m: 30.79 30.79	100m: 1:03.92 33.13			
13. Aþena Jónsdóttir	04 SH	1:03.74	1:04.09	525
50m: 30.88 30.88	100m: 1:04.09 33.21			
14. Aþena Arnarsdóttir	03 Sundfélagið Óðinn	1:04.45	1:04.50	515
50m: 30.84 30.84	100m: 1:04.50 33.66			
15. Sara Ægisdóttir	03 UMF Selfoss	1:04.51	1:04.54	514
50m: 30.72 30.72	100m: 1:04.54 33.82			
16. Fanney Lind Jóhannsdóttir	02 Gestur	1:04.87	1:04.65	511
50m: 30.96 30.96	100m: 1:04.65 33.69			
17. Rebekka Sif Ómarsdóttir	03 Sundfélagið Óðinn	1:06.14	1:04.87	506
50m: 31.44 31.44	100m: 1:04.87 33.43			
18. Guðbjörg Bjartey Guðmundsdóttir	05 Sundfélag Akraness	1:06.42	1:04.88	506
50m: 30.44 30.44	100m: 1:04.88 34.44			
19. Ragnheiður Karlsdóttir	99 Sunddeild Breiðabliks	1:07.35	1:04.93	505
50m: 30.66 30.66	100m: 1:04.93 34.27			
20. Dagbjörg Hlíf Ólafsdóttir	05 SH	1:05.58	1:04.95	504
50m: 31.16 31.16	100m: 1:04.95 33.79			
21. Ingibjörg Erla Garðarsdóttir	00 Reykjavík	1:05.63	1:05.02	503
50m: 31.20 31.20	100m: 1:05.02 33.82			

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Reykjavík, 5-7. apríl 2019

Sundgrein 18, kvenna, 100m skriðsund, Undanrásir, Opinn

Sæti	F.ár	Undanrásir	Tími	Stig
22. Svava Björg Lárusdóttir 50m: 31.50 31.50 100m: 1:05.30 33.80	03	Reykjavík	1:06.29	1:05.30 496
23. Bríet Dalla Gunnarsdóttir 50m: 31.47 31.47 100m: 1:05.56 34.09	04	SH	1:05.36	1:05.56 490
24. Freyja Birkisdóttir 50m: 31.31 31.31 100m: 1:05.78 34.47	06	Sunddeild Breiðabliks	1:05.05	1:05.78 485
25. Helena Rún Gylfadóttir 50m: 31.02 31.02 100m: 1:05.79 34.77	03	Reykjavík	1:04.54	1:05.79 485
26. Ásta Kamilla Sigurðardóttir 50m: 31.62 31.62 100m: 1:06.68 35.06	04	Íþróttabandalag Reykjanesbæja	1:05.29	1:06.68 466
27. Fatemeh Zarabi 50m: 31.59 31.59 100m: 1:07.33 35.74	02	SH	1:06.89	1:07.33 452
28. Sif Grímsdóttir 50m: 32.25 32.25 100m: 1:07.51 35.26	03	Reykjavík	1:07.65	1:07.51 449
29. Embla Karen Sævarsdóttir 50m: 31.98 31.98 100m: 1:07.89 35.91	04	Sundfélagið Óðinn	1:07.77	1:07.89 441IM5
30. Þórunn Kolbrún Árnadóttir 50m: 32.73 32.73 100m: 1:09.89 37.16	02	Sundfélagið Óðinn	1:05.65	1:09.89 405IM5
31. Birta Rún Smáradóttir 50m: 33.07 33.07 100m: 1:10.10 37.03	04	Umf Afturelding	1:07.16	1:10.10 401IM5
32. Thórey Magnúsdóttir S14 50m: 34.89 34.89 100m: 1:12.67 37.78	99	ÍFR	1:13.52	1:12.67 360IM5
33. Sigríður Aníta Rognvalsdóttir S14 50m: 36.20 36.20 100m: 1:17.47 41.27	01	ÍFR	1:17.53	1:17.47 297IM5
34. Thelma Björnsdóttir S6 Sb5 50m: 43.52 43.52 100m: 1:28.53 45.01	96	ÍFR	1:28.37	1:28.53 199IM5

Sundgrein 19
6.4.2019 - 10:03

karla, 100m skriðsund

Opinn
Úrslitalistar Undanrásir

Aldursflokkamet Íslands 15 - 17	53.82	Njáll Þrastarson	ISL	Reykjavík	8.4.2011
Aldursflokkamet Íslands 13 - 14	56.66	Fannar Snævar Hauksson	ISL	Reykjanesbær	18.12.2018
Aldursflokkamet Íslands 11 - 12	1:02.85	Brynjólfr Óli Karlsson	ISL	Reykjanesbæ	14.12.2013
Íslandsmet	49.97	Örn Arnason	ISL	Monaco (MON)	5.6.2007

NÆM 14 - 16: 55.48 / EMU 15 - 16: 52.15; 17 - 18: 51.64 / EYOF 15 - 16: 53.97 / HM50 : 50.51 / IM50 : 1:02.54

Stig: FINA 2019

Sæti	F.ár	Undanrásir	Tími	Stig
1. Kristófer Sigurðsson 50m: 25.02 25.02 100m: 51.84 26.82	95	Íþróttabandalag Reykjanesbæjar	52.84	51.84 740
2. Dadó Fenrir Jasminuson 50m: 24.80 24.80 100m: 54.06 29.26	95	SH	53.47	54.06 653
3. Patrik Viggó Vilbergsson 50m: 26.44 26.44 100m: 54.37 27.93	02	Sunddeild Breiðabliks	55.15	54.37 642
4. Hólmsteinn Skorri Hallgrímsson 50m: 26.07 26.07 100m: 54.86 28.79	00	Reykjavík	56.20	54.86 625
5. Ólafur Árdal Sigurðsson 50m: 27.13 27.13 100m: 56.22 29.09	99	SH	55.78	56.22 580
6. Kristján Gylfi Þórisson 50m: 27.28 27.28 100m: 56.47 29.19	00	Reykjavík	56.35	56.47 573

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

Sundgrein 19, karla, 100m skriðsund, Undanrásir, Opinn

Sæti		F.ár	Undanrásir	Tími	Stig
7.	Fannar Snævar Hauksson 50m: 27.34 27.34 100m: 57.30 29.96	04	Íþróttabandalag Reykjanesbæjar 56.66	57.30	548
8.	Halldór Björn Kristinsson 50m: 27.49 27.49 100m: 57.44 29.95	02	Reykjavík 59.91	57.44	544
9.	Sigurður Ingi Sigurðarson 50m: 27.21 27.21 100m: 57.53 30.32	01	Reykjavík 57.17	57.53	542
10.	Bjartur Þórhallsson 50m: 27.35 27.35 100m: 57.60 30.25	00	Reykjavík 58.66	57.60	540
11.	Sindri Andreas Bjarnason 50m: 27.35 27.35 100m: 57.72 30.37	01	Sundfélag Akraness 58.06	57.72	536
12.	Skúli Thor Ásgeirsson 50m: 27.90 27.90 100m: 57.89 29.99	02	Ægir 1:00.31	57.89	532
13.	Ingvar Orri Jóhannesson 50m: 27.42 27.42 100m: 58.58 31.16	04	Reykjavík 59.00	58.58	513
14.	Logi Freyr Arnarsson 50m: 28.24 28.24 100m: 58.72 30.48	03	Reykjavík 59.21	58.72	509
15.	Úlfur Páll Andrason 50m: 28.05 28.05 100m: 58.86 30.81	04	Reykjavík 59.94	58.86	506
16.	Baldur Logi Gautason 50m: 28.23 28.23 100m: 58.96 30.73	00	Sundfélagið Óðinn 59.23	58.96	503
17.	Teitur Þór Ólafsson 50m: 28.77 28.77 100m: 1:00.19 31.42	04	Ægir 1:00.61	1:00.19	473
18.	Snær Llorens Sigurðsson 50m: 28.48 28.48 100m: 1:00.21 31.73	02	Sundfélag Akraness 58.63	1:00.21	472
19.	Hákon Alexander Magnússon 50m: 28.63 28.63 100m: 1:00.35 31.72	00	Sundfélagið Óðinn 1:01.13	1:00.35	469
20.	Guðmundur Karl Karlsson 50m: 28.82 28.82 100m: 1:00.39 31.57	05	Sunddeild Breiðabliks 1:01.39	1:00.39	468
21.	Sveinn Elí Helgason 50m: 28.58 28.58 100m: 1:00.57 31.99	04	Ægir 1:02.28	1:00.57	464
22.	Aron Valgeirsson 50m: 29.75 29.75 100m: 1:01.24 31.49	03	Sunddeild Breiðabliks 1:01.24	1:01.24	449
23.	Viktor Emil Sigtryggsson 50m: 28.98 28.98 100m: 1:01.60 32.62	00	Sundfélagið Óðinn 1:01.70	1:01.60	441
24.	Stefán Elías Davíðsson 50m: 29.49 29.49 100m: 1:01.63 32.14	03	Íþróttabandalag Reykjanesbæjar 1:01.94	1:01.63	440
25.	Tómas Hlynur Schopka 50m: 28.39 28.39 100m: 1:01.96 33.57	03	Stjarnan 1:02.04	1:01.96	433
26.	Runólfur Þorláksson 50m: 29.59 29.59 100m: 1:03.29 33.70	02	Reykjavík 1:02.40	1:03.29	407IM5
27.	Hringur Birgir Kristinsson 50m: 29.72 29.72 100m: 1:03.50 33.78	04	Reykjavík 1:01.12	1:03.50	403IM5
28.	Bergur Unnar Unnsteinsson S14 50m: 31.55 31.55 100m: 1:07.67 36.12	00	Sundfélagið Óðinn 1:08.75	1:07.67	333IM5
29.	Ragnar Magnússon S14 50m: 32.34 32.34 100m: 1:09.99 37.65	92	Íþróttafélagið Fjöður 1:09.78	1:09.99	301IM5
30.	Fannar Logi Jóhannesson S14 50m: 32.41 32.41 100m: 1:11.15 38.74	00	Sundfélagið Óðinn 1:09.40	1:11.15	286IM5

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

Sundgrein 19, karla, 100m skriðsund, Undanrásir, Opinn

Sæti	F.ár	Undanrásir	Tími	Stig
31. Kristján Helgi Jóhannsson S13	02 Reykjavík	1:11.71	1:13.13	263IM5
50m: 35.29 35.29	100m: 1:13.13 37.84			
32. Guðfinnur Karlsson S11	88 Íþróttafélagið Fjörður	1:20.21	1:24.71	169IM5
50m: 40.56 40.56	100m: 1:24.71 44.15			
33. Hjörtur Ingvarsson S5	95 Íþróttafélagið Fjörður	1:31.39	1:31.59	134IM5
50m: 44.95 44.95	100m: 1:31.59 46.64			

Sundgrein 20
6.4.2019 - 10:13

kvenna, 50m bringusund

Opinn
Úrslitalistar Undanrásir

Aldursflokkamet Íslands 15 - 17	33.36	Hrafnhildur Lúthersdóttir	ISL	Luxembourg (LUX)	27.4.2008
Aldursflokkamet Íslands 13 - 14	34.66	Karen Mist Arngeirsdóttir	ISL	Copenhagen (DEN)	12.7.2014
Aldursflokkamet Íslands 11 - 12	37.58	Eva Margrét Falsdóttir	ISL	Reykjnesbæ	20.12.2017
Íslandsmet	30.71	Hrafnhildur Lúthersdóttir	ISL	Budapest (HUN)	29.7.2017

EMU 14 - 15: 33.25; 16 - 17: 33.25 / HM50 : 32.31 / IM50 : 39.99

Stig: FINA 2019

Sæti	F.ár	Undanrásir	Tími	Stig
1. Karen Mist Arngeirsdóttir	00 Íþróttabandalag Reykjanesbæjar	33.87	34.83	601
2. Sunna Svanlaug Vilhjálmisdóttir	00 SH	34.00	35.08	588
3. Ragnheiður Karen Ólafsdóttir	04 Sundfélag Akraness	35.67	35.17	584
4. Eva Margrét Falsdóttir	05 Íþróttabandalag Reykjanesbæjar	35.61	35.29	578
5. Amalia Nanna Juliusdóttir	02 Sundfélagið Óðinn	36.62	35.97	546
6. Sigurjóna Ragnheiðardóttir	03 Sundfélagið Óðinn	37.13	36.75	512
7. Guðbjörg Bjartey Guðmundsdóttir	05 Sundfélag Akraness	37.54	36.86	507
8. Herdís Birna Viggósdóttir	04 Reykjavík	37.16	37.32	488
9. Ágústa Bergros Jakobsdóttir	02 Reykjavík	38.33	38.68	439
10. Rán Björnsdóttir	05 Ægir	39.54	38.99	428
11. Vigdís Tinna Hákonardóttir	06 Sunddeild Breiðabliks	39.28	39.20	421
Katja Lilja Andriysdóttir	06 SH	38.88	39.20	421
13. Sólveig María Baldursdóttir	04 Íþróttabandalag Reykjanesbæjar	39.55	39.39	415
14. Dagbjört Lilja Danielsdóttir	04 Íþróttafélagið Völsungur	39.83	40.07	394IM5
15. Rebekka Marín Arngeirsdóttir	05 Íþróttabandalag Reykjanesbæjar	39.96	40.98	369IM5
16. Thórey Magnúsdóttir S14	99 ÍFR	40.00	43.02	319IM5
17. Herdís Rut Guðbjartsdóttir S14	04 Íþróttafélagið Fjörður	49.36	48.31	225IM5
18. Thelma Björnsdóttir S6 Sb5	96 ÍFR	55.58	56.35	142IM5

Sundgrein 21

karla, 50m bringusund

Opinn
Úrslitalistar Undanrásir

Aldursflokkamet Íslands 15 - 17	29.44	Jón Oddur Sigurðsson	ISL	Malta (MLT)	7.7.2001
Aldursflokkamet Íslands 13 - 14	33.61	Guðni Emilsson	ISL	Reykjavík	11.7.2003
Aldursflokkamet Íslands 11 - 12	38.28	Hrafn Traustason	ISL	Reykjavík	2.7.2004
Íslandsmet	28.03	Jakob Jóhann Sveinsson	ISL	Róm (ITA)	28.7.2009

EMU 15 - 16: 30.21; 17 - 18: 29.91 / HM50 : 28.35 / IM50 : 35.79

Stig: FINA 2019

Sæti	F.ár	Undanrásir	Tími	Stig
1. Anton Sveinn McKee	93 SH	26.74	30.93	590
2. Daði Björnsson	04 SH	31.69	31.48	560
3. Aron Örn Stefánsson	95 SH	31.11	32.28	519
4. Aron Bjarki Jónsson	01 SH	32.03	33.18	478
5. Ólafur Árdal Sigurðsson	99 SH	31.32	33.83	451
6. Daníel Steinn Davíðsson	03 Sunddeild Breiðabliks	35.37	33.87	449
7. Kári Snær Halldórsson	04 Íþróttabandalag Reykjanesbæjar	34.42	33.92	447
8. Óskar Gauti Lund	99 Sunddeild Breiðabliks	33.88	34.14	439

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

Sundgrein 21, karla, 50m bringusund, Undanrásir, Opinn

Sæti	F.ár	Undanrásir	Tími	Stig
9. Runólfur Þorláksson	02	Reykjavík	33.88	34.25 434
10. Hringur Birgir Kristinsson	04	Reykjavík	35.54	35.93 376IM5
11. Kristófer Sigurðsson	95	Íþróttabandalag Reykjanesbæjar	32.26	37.21 339IM5
12. Bergur Unnar Unnsteinsson S14	00	Sundfélagið Óðinn	38.56	39.01 294IM5
13. Fannar Logi Jóhannesson S14	00	Sundfélagið Óðinn	40.05	41.21 249IM5
MÆekki Ingvar Orri Jóhannesson	04	Reykjavík	33.23	

Sundgrein 22
6.4.2019 - 10:21

kvenna, 200m fjórsund

Opinn
Úrslitalistar Undanrásir

Aldursflokkamet Íslands 15 - 17	2:14.87	Eygló Ósk Gústafsdóttir	ISL	Reykjavík	12.4.2012
Aldursflokkamet Íslands 13 - 14	2:26.71	Eygló Ósk Gústafsdóttir	ISL	Sarcelles (FRA)	14.3.2009
Aldursflokkamet Íslands 11 - 12	2:37.43	Stefanía Sigurþórsdóttir	ISL	Reykjanesbæ	15.12.2013
Íslandsmet	2:13.82	Hrafnhildur Lúthersdóttir	ISL	Reykjavík	2.6.2015

NÆM 13 - 15: 2:30.66 / EMU 14 - 15: 2:23.49; 16 - 17: 2:22.09 / EYOF 14 - 15: 2:25.03 / HM50 : 2:17.69 / IM50 : 2:48.29

Stig: FINA 2019

Sæti	F.ár	Undanrásir	Tími	Stig
1. María Fanney Kristjánsdóttir	00	SH	2:25.21	2:27.57 624
50m: 31.56 31.56 100m: 1:11.13 39.57 150m: 1:53.17 42.04 200m: 2:27.57 34.40				
2. Eydís Ósk Kolbeinsdóttir	00	Íþróttabandalag Reykjanesbæjar	2:27.06	2:29.13 604
50m: 31.34 31.34 100m: 1:10.02 38.68 150m: 1:54.00 43.98 200m: 2:29.13 35.13				
3. Eva Margrét Falsdóttir	05	Íþróttabandalag Reykjanesbæjar	2:30.09	2:30.25 591NÆM
50m: 32.87 32.87 100m: 1:14.07 41.20 150m: 1:55.29 41.22 200m: 2:30.25 34.96				
4. Stefanía Sigurþórsdóttir	01	Sunddeild Breiðabliks	2:26.46	2:32.85 561
50m: 32.73 32.73 100m: 1:11.70 38.97 150m: 1:56.79 45.09 200m: 2:32.85 36.06				
5. Elín Kata Sigurgeirsdóttir	99	Sundfélagið Óðinn	2:34.70	2:34.10 548
50m: 31.40 31.40 100m: 1:10.95 39.55 150m: 1:57.55 46.60 200m: 2:34.10 36.55				
6. Alexandra Tómasdóttir	01	Sundfélagið Óðinn	2:36.83	2:34.17 547
50m: 31.87 31.87 100m: 1:12.82 40.95 150m: 1:58.85 46.03 200m: 2:34.17 35.32				
7. Gunnhildur Björg Baldursdóttir	00	Íþróttabandalag Reykjanesbæjar	2:34.22	2:36.19 526
50m: 32.12 32.12 100m: 1:13.06 40.94 150m: 2:00.08 47.02 200m: 2:36.19 36.11				
8. Þóra Snorradóttir	03	Sundfélagið Óðinn	2:36.65	2:37.79 510
50m: 32.75 32.75 100m: 1:13.30 40.55 150m: 2:00.71 47.41 200m: 2:37.79 37.08				
9. Sylwia Sienkiewicz	99	Íþróttabandalag Reykjanesbæjar	2:48.26	2:38.07 507
50m: 33.39 33.39 100m: 1:14.96 41.57 150m: 2:01.11 46.15 200m: 2:38.07 36.96				
10. Ingibjörg Erla Garðarsdóttir	00	Reykjavík	2:39.74	2:39.23 496
50m: 34.22 34.22 100m: 1:17.82 43.60 150m: 2:03.61 45.79 200m: 2:39.23 35.62				
11. Aþena Jónsdóttir	04	SH	2:42.28	2:39.40 495
50m: 34.17 34.17 100m: 1:15.37 41.20 150m: 2:04.86 49.49 200m: 2:39.40 34.54				
12. Svava Björg Lárusdóttir	03	Reykjavík	2:44.37	2:39.76 491
50m: 32.71 32.71 100m: 1:16.13 43.42 150m: 2:04.30 48.17 200m: 2:39.76 35.46				
13. Herdís Birna Viggósdóttir	04	Reykjavík	2:42.89	2:40.97 480
50m: 33.12 33.12 100m: 1:18.60 45.48 150m: 2:03.32 44.72 200m: 2:40.97 37.65				
14. Diljá Rún Ívarsdóttir	02	Íþróttabandalag Reykjanesbæjar	2:43.98	2:42.33 468
50m: 33.25 33.25 100m: 1:16.71 43.46 150m: 2:03.55 46.84 200m: 2:42.33 38.78				
Sigurjóna Ragnheiðardóttir	03	Sundfélagið Óðinn	2:38.23	2:42.33 468
50m: 33.66 33.66 100m: 1:17.68 44.02 150m: 2:03.87 46.19 200m: 2:42.33 38.46				
16. Ragnheiður Karen Ólafsdóttir	04	Sundfélag Akraness	2:42.03	2:42.39 468
50m: 34.64 34.64 100m: 1:20.37 45.73 150m: 2:05.58 45.21 200m: 2:42.39 36.81				
17. Thelma Lind Einarsdóttir	05	Íþróttabandalag Reykjanesbæjar	2:41.15	2:42.99 463
50m: 38.00 38.00 100m: 1:21.01 43.01 150m: 2:07.83 46.82 200m: 2:42.99 35.16				

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

Sundgrein 22, kvenna, 200m fjórsund, Undanrásir, Opinn

Sæti	F.ár	Undanrásir	Tími	Stig
18. Kristín Ylfa Guðmundsdóttir	02 SH	2:42.27	2:44.20	453
50m: 33.02 33.02	100m: 1:19.59 46.57	150m: 2:05.63 46.04	200m: 2:44.20 38.57	
19. Rebekka Sif Ómarsdóttir	03 Sundfélagið Óðinn	2:43.29	2:44.58	450
50m: 35.80 35.80	100m: 1:20.69 44.89	150m: 2:08.14 47.45	200m: 2:44.58 36.44	
20. Amalia Nanna Juliusdóttir	02 Sundfélagið Óðinn	2:46.91	2:45.49	442
50m: 35.35 35.35	100m: 1:21.69 46.34	150m: 2:07.36 45.67	200m: 2:45.49 38.13	
21. Guðný Birna Falsdóttir	03 Íþróttabandalag Reykjanesbæjar	2:46.87	2:45.88	439
50m: 36.25 36.25	100m: 1:21.63 45.38	150m: 2:07.54 45.91	200m: 2:45.88 38.34	
22. Sara Rut Sigurðardóttir	03 SH	2:45.70	2:46.50	434
50m: 34.41 34.41	100m: 1:17.09 42.68	150m: 2:07.54 50.45	200m: 2:46.50 38.96	
23. Jóhanna Arna Gunnarsdóttir	06 Íþróttabandalag Reykjanesbæjar	2:47.45	2:47.36	427
50m: 35.53 35.53	100m: 1:18.61 43.08	150m: 2:08.91 50.30	200m: 2:47.36 38.45	
24. Elísabet Jóhannesdóttir	06 Íþróttabandalag Reykjanesbæjar	2:46.63	2:47.77	424
50m: 36.34 36.34	100m: 1:18.79 42.45	150m: 2:09.30 50.51	200m: 2:47.77 38.47	
25. Sara Ægisdóttir	03 UMF Selfoss	2:46.61	2:48.15	421
50m: 34.22 34.22	100m: 1:20.24 46.02	150m: 2:10.66 50.42	200m: 2:48.15 37.49	
26. Hafdís Eva Pálsdóttir	04 Íþróttabandalag Reykjanesbæjar	2:41.22	2:48.62	418IM5
50m: 33.51 33.51	100m: 1:17.99 44.48	150m: 2:07.45 49.46	200m: 2:48.62 41.17	
27. Arianna Steinarsdóttir	03 Reykjavík	2:41.29	2:48.68	417IM5
50m: 35.78 35.78	100m: 1:17.61 41.83	150m: 2:09.15 51.54	200m: 2:48.68 39.53	
28. Dagbjörg Hlíf Ólafsdóttir	05 SH	2:46.28	2:50.64	403IM5
50m: 37.28 37.28	100m: 1:23.91 46.63	150m: 2:14.51 50.60	200m: 2:50.64 36.13	
29. Vigdís Tinna Hákonardóttir	06 Sunddeild Breiðabliks	2:47.73	2:51.11	400IM5
50m: 36.51 36.51	100m: 1:24.11 47.60	150m: 2:13.71 49.60	200m: 2:51.11 37.40	
ÓG. Katarína Róbertsdóttir	00 SH	2:26.96		

N2 - Didn't finish the section of one style acc. to the rules which apply to the style concerned (SW 9.3)

Sundgrein 23
6.4.2019 - 10:35

karla, 200m fjórsund

Opinn

Úrslitalistar Undanrásir

Aldursflokkamet Íslands 15 - 17	2:07.03	Örn Arnason	ISL	Antwerpen (BEL)	30.7.1998
Aldursflokkamet Íslands 13 - 14	2:14.69	Viktor Forafonov	NOR	Kristiansand (NOR)	17.7.2016
Aldursflokkamet Íslands 11 - 12	2:34.02	Patrik Viggó Vilbergsson	ISL	Debrecen (HUN)	13.12.2014
Íslandsmet	2:04.53	Anton Sveinn McKee	ISL	Reykjavík	2.6.2015

NÆM 14 - 16: 2:15.72 / EMU 15 - 16: 2:08.85; 17 - 18: 2:07.60 / EYOF 15 - 16: 2:11.85 / HM50 : 2:04.43 / IM50 : 2:33.37

Stig: FINA 2019

Sæti	F.ár	Undanrásir	Tími	Stig
1. Kristinn Þórarinsson	96 Reykjavík	2:14.65	2:08.86	692
50m: 27.10 27.10	100m: 1:00.86 33.76	150m: 1:38.70 37.84	200m: 2:08.86 30.16	
2. Anton Sveinn McKee	93 SH	2:04.31	2:18.84	553
50m: 29.54 29.54	100m: 1:08.62 39.08	150m: 1:43.44 34.82	200m: 2:18.84 35.40	
3. Róbert Ísak Jónsson S14	01 SH	2:18.95	2:19.65	543
50m: 28.51 28.51	100m: 1:07.12 38.61	150m: 1:47.14 40.02	200m: 2:19.65 32.51	
4. Hólmsteinn Skorri Hallgrímsson	00 Reykjavík	2:23.21	2:19.72	543
50m: 29.16 29.16	100m: 1:05.84 36.68	150m: 1:46.53 40.69	200m: 2:19.72 33.19	
5. Birnir Freyr Hálfánarsson	06 SH	2:19.67	2:20.56	533
50m: 29.10 29.10	100m: 1:05.92 36.82	150m: 1:48.04 42.12	200m: 2:20.56 32.52	
6. Aron Þór Jónsson	02 SH	2:18.66	2:23.39	502
50m: 30.27 30.27	100m: 1:09.93 39.66	150m: 1:49.29 39.36	200m: 2:23.39 34.10	

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

Sundgrein 23, karla, 200m fjórsund, Undanrásir, Opinn

Sæti	F.ár	Undanrásir	Tími	Stig
7. Baldur Logi Gautason	00	Sundfélagið Óðinn	2:25.83	2:24.93 486
50m: 29.84 29.84	100m: 1:09.30 39.46	150m: 1:51.08 41.78	200m: 2:24.93 33.85	
8. Snær Llorens Sigurðsson	02	Sundfélag Akraness	2:25.91	2:25.78 478
50m: 31.35 31.35	100m: 1:11.78 40.43	150m: 1:53.86 42.08	200m: 2:25.78 31.92	
9. Alexander Logi Jónsson	04	Íþróttabandalag Reykjanesbæja	2:32.58	2:28.73 450
50m: 31.74 31.74	100m: 1:10.98 39.24	150m: 1:53.36 42.38	200m: 2:28.73 35.37	
10. Júlíus Karl Maier	02	SH	2:30.40	2:29.30 445
50m: 31.32 31.32	100m: 1:07.06 35.74	150m: 1:55.23 48.17	200m: 2:29.30 34.07	
11. Flosi Ómarsson	03	Íþróttabandalag Reykjanesbæja	2:28.77	2:30.26 436
50m: 32.20 32.20	100m: 1:10.94 38.74	150m: 1:55.28 44.34	200m: 2:30.26 34.98	
12. Ingvar Orri Jóhannesson	04	Reykjavík	2:32.54	2:30.65 433
50m: 31.51 31.51	100m: 1:11.27 39.76	150m: 1:55.35 44.08	200m: 2:30.65 35.30	
13. Snorri Dagur Einarsson	05	SH	2:31.90	2:36.78 384IM5
50m: 31.87 31.87	100m: 1:15.64 43.77	150m: 2:00.74 45.10	200m: 2:36.78 36.04	
14. Már Gunnarsson S12	99	Íþróttabandalag Reykjanesbæja	2:39.84	2:38.13 374IM5
50m: 34.33 34.33	100m: 1:12.62 38.29	150m: 2:02.51 49.89	200m: 2:38.13 35.62	
15. Sigurður Ingi Sigurðarson	01	Reykjavík	2:23.57	2:41.07 354IM5
50m: 32.53 32.53	100m: 1:14.14 41.61	150m: 2:01.33 47.19	200m: 2:41.07 39.74	
16. Guðfinnur Karlsson S11	88	Íþróttafélagið Fjörður	3:11.72	3:16.75 194IM5
50m: 50.69 50.69	100m: 1:38.00 47.31	150m: 2:29.55 51.55	200m: 3:16.75 47.20	
MÆekki Sindri Andreas Bjarnason	01	Sundfélag Akraness	2:28.81	

Sundgrein 24
6.4.2019 - 10:46

kvenna, 1500m skriðsund

Opinn
Úrslitalistar

Aldursflokkamet Íslands 15 - 17	17:34.44	Eydís Ósk Kolbeinsdóttir	ISL	Reykjavík	11.4.2015
Aldursflokkamet Íslands 13 - 14	17:48.38	Eydís Ósk Kolbeinsdóttir	ISL	Reykjavík	13.4.2014
Aldursflokkamet Íslands 11 - 12	19:30.59	Stefanía Steinþórsdóttir	ISL	Reykjanesbæ	15.12.2013
Íslandsmet	17:17.61	Sigrún Brá Sverrisdóttir	ISL	Columbia (USA)	23.7.2011

EMU 14 - 15: 17:36.08; 16 - 17: 17:25.77 / HM50 : 17:06.76 / IM50 : 20:29.88

Stig: FINA 2019

Sæti	F.ár	Undanrásir	Tími	Stig
1. Eydís Ósk Kolbeinsdóttir	00	Íþróttabandalag Reykjanesbæja	17:23.30	17:42.52 650
50m: 32.12 32.12	450m: 5:17.43 35.35	850m: 10:00.77 35.33	1250m: 14:44.83 35.27	
100m: 1:07.28 35.16	500m: 5:52.92 35.49	900m: 10:36.08 35.31	1300m: 15:20.35 35.52	
150m: 1:43.02 35.74	550m: 6:28.55 35.63	950m: 11:11.42 35.34	1350m: 15:55.99 35.64	
200m: 2:18.85 35.83	600m: 7:04.22 35.67	1000m: 11:46.89 35.47	1400m: 16:31.60 35.61	
250m: 2:54.78 35.93	650m: 7:39.74 35.52	1050m: 12:22.62 35.73	1450m: 17:07.92 36.32	
300m: 3:30.48 35.70	700m: 8:14.92 35.18	1100m: 12:58.09 35.47	1500m: 17:42.52 34.60	
350m: 4:06.29 35.81	750m: 8:50.24 35.32	1150m: 13:33.66 35.57		
400m: 4:42.08 35.79	800m: 9:25.44 35.20	1200m: 14:09.56 35.90		
2. Freyja Birkisdóttir	06	Sunddeild Breiðabliks	18:16.29	18:00.98 617
50m: 31.28 31.28	450m: 5:17.32 36.10	850m: 10:07.37 36.68	1250m: 14:59.16 36.73	
100m: 1:05.63 34.35	500m: 5:53.29 35.97	900m: 10:43.51 36.14	1300m: 15:35.93 36.77	
150m: 1:40.73 35.10	550m: 6:29.21 35.92	950m: 11:19.78 36.27	1350m: 16:12.59 36.66	
200m: 2:16.42 35.69	600m: 7:05.73 36.52	1000m: 11:56.10 36.32	1400m: 16:49.41 36.82	
250m: 2:52.47 36.05	650m: 7:41.79 36.06	1050m: 12:32.61 36.51	1450m: 17:25.94 36.53	
300m: 3:28.75 36.28	700m: 8:18.06 36.27	1100m: 13:09.35 36.74	1500m: 18:00.98 35.04	
350m: 4:04.91 36.16	750m: 8:54.60 36.54	1150m: 13:45.71 36.36		
400m: 4:41.22 36.31	800m: 9:30.69 36.09	1200m: 14:22.43 36.72		

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

Sundgrein 24, kvenna, 1500m skriðsund, Opinn

Sæti				F.ár				Undanrásir	Tími	Stig		
3.	Brynhildur Traustadóttir			01	Sundfélag Akraness			18:31.31	18:08.15	605		
	50m:	32.89	32.89	450m:	5:25.50	36.82	850m:	10:19.78	36.12	1250m:	15:10.73	36.03
	100m:	1:08.72	35.83	500m:	6:02.25	36.75	900m:	10:56.03	36.25	1300m:	15:47.17	36.44
	150m:	1:45.06	36.34	550m:	6:39.34	37.09	950m:	11:32.67	36.64	1350m:	16:23.34	36.17
	200m:	2:21.83	36.77	600m:	7:15.89	36.55	1000m:	12:09.01	36.34	1400m:	16:59.09	35.75
	250m:	2:58.57	36.74	650m:	7:52.74	36.85	1050m:	12:46.01	37.00	1450m:	17:35.06	35.97
	300m:	3:35.04	36.47	700m:	8:29.37	36.63	1100m:	13:22.21	36.20	1500m:	18:08.15	33.09
	350m:	4:12.10	37.06	750m:	9:06.21	36.84	1150m:	13:58.54	36.33			
	400m:	4:48.68	36.58	800m:	9:43.66	37.45	1200m:	14:34.70	36.16			
4.	Halla Margrét Baldursdóttir			02	Reykjavík			18:13.14	18:28.96	571		
	50m:	32.52	32.52	450m:	5:28.23	37.21	850m:	10:24.46	36.97	1250m:	15:22.37	37.90
	100m:	1:08.47	35.95	500m:	6:05.03	36.80	900m:	11:01.55	37.09	1300m:	15:59.87	37.50
	150m:	1:45.47	37.00	550m:	6:42.23	37.20	950m:	11:38.72	37.17	1350m:	16:38.10	38.23
	200m:	2:22.24	36.77	600m:	7:19.56	37.33	1000m:	12:15.58	36.86	1400m:	17:15.53	37.43
	250m:	2:59.40	37.16	650m:	7:57.13	37.57	1050m:	12:52.68	37.10	1450m:	17:52.75	37.22
	300m:	3:36.87	37.47	700m:	8:33.83	36.70	1100m:	13:29.94	37.26	1500m:	18:28.96	36.21
	350m:	4:14.13	37.26	750m:	9:10.80	36.97	1150m:	14:07.10	37.16			
	400m:	4:51.02	36.89	800m:	9:47.49	36.69	1200m:	14:44.47	37.37			
5.	Birna Hilmarsdóttir			02	Íþróttabandalag Reykjanesbæ			17:53.83	18:29.45	571		
	50m:	32.83	32.83	450m:	5:28.65	37.12	850m:	10:25.90	37.53	1250m:	15:27.00	38.26
	100m:	1:08.94	36.11	500m:	6:05.94	37.29	900m:	11:03.19	37.29	1300m:	16:04.57	37.57
	150m:	1:45.81	36.87	550m:	6:42.89	36.95	950m:	11:40.73	37.54	1350m:	16:42.23	37.66
	200m:	2:22.66	36.85	600m:	7:20.04	37.15	1000m:	12:18.40	37.67	1400m:	17:18.83	36.60
	250m:	2:59.98	37.32	650m:	7:56.90	36.86	1050m:	12:55.97	37.57	1450m:	17:55.78	36.95
	300m:	3:37.13	37.15	700m:	8:33.82	36.92	1100m:	13:33.44	37.47	1500m:	18:29.45	33.67
	350m:	4:14.37	37.24	750m:	9:11.05	37.23	1150m:	14:11.56	38.12			
	400m:	4:51.53	37.16	800m:	9:48.37	37.32	1200m:	14:48.74	37.18			
6.	Adele Alexandra Pálsson			03	SH			19:06.76	18:48.92	542		
	50m:	32.41	32.41	450m:	5:27.43	37.80	850m:	10:33.21	38.56	1250m:	15:40.37	38.58
	100m:	1:07.89	35.48	500m:	6:05.17	37.74	900m:	11:11.71	38.50	1300m:	16:18.74	38.37
	150m:	1:44.34	36.45	550m:	6:42.81	37.64	950m:	11:50.00	38.29	1350m:	16:56.85	38.11
	200m:	2:20.98	36.64	600m:	7:20.97	38.16	1000m:	12:28.33	38.33	1400m:	17:34.91	38.06
	250m:	2:57.84	36.86	650m:	7:59.36	38.39	1050m:	13:06.71	38.38	1450m:	18:12.34	37.43
	300m:	3:34.88	37.04	700m:	8:37.65	38.29	1100m:	13:45.21	38.50	1500m:	18:48.92	36.58
	350m:	4:12.23	37.35	750m:	9:16.02	38.37	1150m:	14:23.51	38.30			
	400m:	4:49.63	37.40	800m:	9:54.65	38.63	1200m:	15:01.79	38.28			
7.	Ingibjörg Erla Garðarsdóttir			00	Reykjavík			18:31.72	19:08.87	514		
	50m:	32.84	32.84	450m:	5:30.33	38.90	850m:	10:40.91	39.06	1250m:	15:54.40	39.88
	100m:	1:08.56	35.72	500m:	6:08.47	38.14	900m:	11:20.10	39.19	1300m:	16:34.16	39.76
	150m:	1:45.03	36.47	550m:	6:47.10	38.63	950m:	11:59.62	39.52	1350m:	17:14.15	39.99
	200m:	2:21.91	36.88	600m:	7:25.61	38.51	1000m:	12:37.78	38.16	1400m:	17:53.17	39.02
	250m:	2:59.11	37.20	650m:	8:05.32	39.71	1050m:	13:16.46	38.68	1450m:	18:32.40	39.23
	300m:	3:36.15	37.04	700m:	8:44.07	38.75	1100m:	13:55.86	39.40	1500m:	19:08.87	36.47
	350m:	4:13.49	37.34	750m:	9:22.77	38.70	1150m:	14:35.37	39.51			
	400m:	4:51.43	37.94	800m:	10:01.85	39.08	1200m:	15:14.52	39.15			
8.	Ylfa Finnbogadóttir			02	SH			18:45.92	19:24.63	493		
	50m:	33.40	33.40	450m:	5:41.18	39.30	850m:	10:53.76	39.35	1250m:	16:08.43	39.53
	100m:	1:10.29	36.89	500m:	6:20.35	39.17	900m:	11:33.06	39.30	1300m:	16:48.08	39.65
	150m:	1:48.19	37.90	550m:	6:59.60	39.25	950m:	12:12.17	39.11	1350m:	17:27.54	39.46
	200m:	2:26.21	38.02	600m:	7:38.28	38.68	1000m:	12:51.45	39.28	1400m:	18:06.99	39.45
	250m:	3:04.80	38.59	650m:	8:17.62	39.34	1050m:	13:30.87	39.42	1450m:	18:46.31	39.32
	300m:	3:43.95	39.15	700m:	8:56.70	39.08	1100m:	14:09.96	39.09	1500m:	19:24.63	38.32
	350m:	4:22.91	38.96	750m:	9:35.58	38.88	1150m:	14:49.60	39.64			
	400m:	5:01.88	38.97	800m:	10:14.41	38.83	1200m:	15:28.90	39.30			
9.	Sandra Dögg Kristjánsdóttir			03	SH			19:46.55	19:48.35	464		
	50m:	33.29	33.29	450m:	5:47.85	41.13	850m:	11:09.48	40.58	1250m:	16:31.69	40.53
	100m:	1:10.43	37.14	500m:	6:28.26	40.41	900m:	11:49.65	40.17	1300m:	17:11.61	39.92
	150m:	1:48.71	38.28	550m:	7:08.27	40.01	950m:	12:29.93	40.28	1350m:	17:51.62	40.01
	200m:	2:27.10	38.39	600m:	7:48.16	39.89	1000m:	13:10.06	40.13	1400m:	18:31.23	39.61
	250m:	3:06.60	39.50	650m:	8:28.35	40.19	1050m:	13:50.26	40.20	1450m:	19:10.18	38.95
	300m:	3:46.25	39.65	700m:	9:08.40	40.05	1100m:	14:30.51	40.25	1500m:	19:48.35	38.17
	350m:	4:26.12	39.87	750m:	9:48.95	40.55	1150m:	15:10.91	40.40			
	400m:	5:06.72	40.60	800m:	10:28.90	39.95	1200m:	15:51.16	40.25			

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

Sundgrein 24, kvenna, 1500m skriðsund, Opinn

Sæti			F.ár			Undanrásir	Tími	Stig
10.	Diljá Dröfn Jóhannesdóttir		03	SH		20:27.44	20:24.49	424
	50m:	33.81 33.81	450m:	5:54.40 40.49	850m:	11:28.61 41.76	1250m:	16:59.99 41.04
	100m:	1:11.97 38.16	500m:	6:36.11 41.71	900m:	12:10.68 42.07	1300m:	17:41.98 41.99
	150m:	1:50.75 38.78	550m:	7:17.83 41.72	950m:	12:51.15 40.47	1350m:	18:23.40 41.42
	200m:	2:31.07 40.32	600m:	7:59.79 41.96	1000m:	13:33.20 42.05	1400m:	19:04.68 41.28
	250m:	3:11.91 40.84	650m:	8:41.23 41.44	1050m:	14:13.95 40.75	1450m:	19:44.29 39.61
	300m:	3:52.69 40.78	700m:	9:22.88 41.65	1100m:	14:55.81 41.86	1500m:	20:24.49 40.20
	350m:	4:32.59 39.90	750m:	10:04.54 41.66	1150m:	15:36.76 40.95		
	400m:	5:13.91 41.32	800m:	10:46.85 42.31	1200m:	16:18.95 42.19		

Sundgrein 25
6.4.2019 - 11:08

karla, 1500m skriðsund

Opinn
Úrslitalistar

Aldursflokkamet Íslands 15 - 17	16:14.96	Þröstur Bjarnason	ISL	Luxembourg (LUX)	7.2.2014
Aldursflokkamet Íslands 13 - 14	17:11.27	Ólafur Sigurðsson	ISL	Reykjavík	12.4.2013
Aldursflokkamet Íslands 11 - 12	18:57.91	Patrik Viggó Vilbergsson	ISL	Hódmezővásárhely (HUN)	19.12.2014
Íslandsmet	15:27.08	Anton Sveinn McKee	ISL	Reykjavík	13.4.2012

NÆM 14 - 16: 17:12.66 / EMU 15 - 16: 16:14.98; 17 - 18: 16:08.76 / EYOF 15 - 16: 16:41.83 / HM50 : 15:39.14 / IM50 : 19:28.75

Stig: FINA 2019

Sæti			F.ár			Undanrásir	Tími	Stig
1.	Patrik Viggó Vilbergsson		02	Sunddeild Breiðabliks		16:21.37	16:06.23	732EMU
	<i>Aldursflokkamet!</i>							
	50m:	27.86 27.86	450m:	4:46.03 32.63	850m:	9:06.44 32.70	1250m:	13:27.48 32.65
	100m:	58.60 30.74	500m:	5:18.64 32.61	900m:	9:38.93 32.49	1300m:	13:59.96 32.48
	150m:	1:30.57 31.97	550m:	5:51.29 32.65	950m:	10:11.39 32.46	1350m:	14:32.06 32.10
	200m:	2:02.70 32.13	600m:	6:23.67 32.38	1000m:	10:44.15 32.76	1400m:	15:04.20 32.14
	250m:	2:35.26 32.56	650m:	6:56.38 32.71	1050m:	11:16.71 32.56	1450m:	15:36.24 32.04
	300m:	3:07.94 32.68	700m:	7:29.00 32.62	1100m:	11:49.29 32.58	1500m:	16:06.23 29.99
	350m:	3:40.49 32.55	750m:	8:01.37 32.37	1150m:	12:22.02 32.73		
	400m:	4:13.40 32.91	800m:	8:33.74 32.37	1200m:	12:54.83 32.81		
2.	Þröstur Bjarnason		97	Íþróttabandalag Reykjaneshæjar		NT	16:15.87	711
	50m:	29.43 29.43	450m:	4:50.08 32.80	850m:	9:09.88 32.56	1250m:	13:31.20 32.68
	100m:	1:01.65 32.22	500m:	5:22.73 32.65	900m:	9:42.82 32.94	1300m:	14:04.30 33.10
	150m:	1:34.41 32.76	550m:	5:55.25 32.52	950m:	10:15.90 33.08	1350m:	14:37.23 32.93
	200m:	2:06.99 32.58	600m:	6:27.51 32.26	1000m:	10:48.19 32.29	1400m:	15:10.29 33.06
	250m:	2:39.55 32.56	650m:	6:59.87 32.36	1050m:	11:20.49 32.30	1450m:	15:43.31 33.02
	300m:	3:11.97 32.42	700m:	7:32.20 32.33	1100m:	11:52.94 32.45	1500m:	16:15.87 32.56
	350m:	3:44.55 32.58	750m:	8:04.62 32.42	1150m:	12:25.62 32.68		
	400m:	4:17.28 32.73	800m:	8:37.32 32.70	1200m:	12:58.52 32.90		
3.	Kristófer Atli Andersen		02	Sunddeild Breiðabliks		17:05.18	17:02.60	617
	50m:	28.97 28.97	450m:	5:01.70 34.34	850m:	9:37.75 34.39	1250m:	14:13.73 34.65
	100m:	1:02.28 33.31	500m:	5:36.42 34.72	900m:	10:12.15 34.40	1300m:	14:48.22 34.49
	150m:	1:36.53 34.25	550m:	6:10.84 34.42	950m:	10:46.54 34.39	1350m:	15:22.79 34.57
	200m:	2:10.50 33.97	600m:	6:45.64 34.80	1000m:	11:21.44 34.90	1400m:	15:56.53 33.74
	250m:	2:44.50 34.00	650m:	7:19.88 34.24	1050m:	11:55.60 34.16	1450m:	16:30.23 33.70
	300m:	3:18.61 34.11	700m:	7:54.40 34.52	1100m:	12:30.18 34.58	1500m:	17:02.60 32.37
	350m:	3:52.86 34.25	750m:	8:28.64 34.24	1150m:	13:04.61 34.43		
	400m:	4:27.36 34.50	800m:	9:03.36 34.72	1200m:	13:39.08 34.47		
4.	Óskar Gauti Lund		99	Sunddeild Breiðabliks		17:07.36	17:13.03	599
	50m:	30.22 30.22	450m:	5:05.72 34.42	850m:	9:42.99 34.32	1250m:	14:19.81 34.61
	100m:	1:03.74 33.52	500m:	5:40.15 34.43	900m:	10:17.56 34.57	1300m:	14:54.72 34.91
	150m:	1:37.63 33.89	550m:	6:15.11 34.96	950m:	10:52.35 34.79	1350m:	15:29.18 34.46
	200m:	2:12.08 34.45	600m:	6:49.78 34.67	1000m:	11:26.80 34.45	1400m:	16:03.98 34.80
	250m:	2:46.69 34.61	650m:	7:24.53 34.75	1050m:	12:01.43 34.63	1450m:	16:38.83 34.85
	300m:	3:21.83 35.14	700m:	7:59.26 34.73	1100m:	12:35.85 34.42	1500m:	17:13.03 34.20
	350m:	3:56.41 34.58	750m:	8:33.88 34.62	1150m:	13:10.27 34.42		
	400m:	4:31.30 34.89	800m:	9:08.67 34.79	1200m:	13:45.20 34.93		

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

Sundgrein 25, karla, 1500m skriðsund, Opinn

Sæti				F.ár				Undanrásir	Tími	Stig		
5.	Skúli Thor Ásgeirsson			02	Ægir			17:54.58	17:40.47	554		
	50m:	30.15	30.15	450m:	5:12.99	35.91	850m:	9:59.22	35.77	1250m:	14:46.05	35.99
	100m:	1:03.72	33.57	500m:	5:48.55	35.56	900m:	10:34.86	35.64	1300m:	15:21.31	35.26
	150m:	1:39.14	35.42	550m:	6:24.57	36.02	950m:	11:10.87	36.01	1350m:	15:57.50	36.19
	200m:	2:14.68	35.54	600m:	7:00.30	35.73	1000m:	11:46.18	35.31	1400m:	16:32.79	35.29
	250m:	2:50.33	35.65	650m:	7:36.52	36.22	1050m:	12:22.68	36.50	1450m:	17:07.73	34.94
	300m:	3:25.72	35.39	700m:	8:12.01	35.49	1100m:	12:58.38	35.70	1500m:	17:40.47	32.74
	350m:	4:01.57	35.85	750m:	8:47.99	35.98	1150m:	13:34.43	36.05			
	400m:	4:37.08	35.51	800m:	9:23.45	35.46	1200m:	14:10.06	35.63			
6.	Gústav Ragnar Kristjánsson			02	Sunddeild Breiðabliks			18:17.57	17:41.00	553		
	50m:	30.15	30.15	450m:	5:12.81	35.76	850m:	9:59.71	35.96	1250m:	14:46.18	35.98
	100m:	1:03.86	33.71	500m:	5:48.00	35.19	900m:	10:35.26	35.55	1300m:	15:21.53	35.35
	150m:	1:39.19	35.33	550m:	6:24.17	36.17	950m:	11:11.04	35.78	1350m:	15:57.61	36.08
	200m:	2:14.79	35.60	600m:	6:59.97	35.80	1000m:	11:46.72	35.68	1400m:	16:33.30	35.69
	250m:	2:50.36	35.57	650m:	7:35.93	35.96	1050m:	12:22.71	35.99	1450m:	17:08.24	34.94
	300m:	3:25.78	35.42	700m:	8:11.92	35.99	1100m:	12:58.56	35.85	1500m:	17:41.00	32.76
	350m:	4:01.54	35.76	750m:	8:48.03	36.11	1150m:	13:34.49	35.93			
	400m:	4:37.05	35.51	800m:	9:23.75	35.72	1200m:	14:10.20	35.71			
7.	Björgvin Árni Júlíusson			01	Reykjavík			16:57.36	17:50.33	538		
	50m:	29.80	29.80	450m:	5:13.54	35.44	850m:	10:02.61	36.67	1250m:	14:52.99	36.67
	100m:	1:03.54	33.74	500m:	5:49.65	36.11	900m:	10:38.81	36.20	1300m:	15:28.74	35.75
	150m:	1:38.50	34.96	550m:	6:25.72	36.07	950m:	11:15.50	36.69	1350m:	16:04.62	35.88
	200m:	2:14.08	35.58	600m:	7:01.76	36.04	1000m:	11:51.56	36.06	1400m:	16:40.68	36.06
	250m:	2:50.53	36.45	650m:	7:37.58	35.82	1050m:	12:27.73	36.17	1450m:	17:15.99	35.31
	300m:	3:26.46	35.93	700m:	8:14.35	36.77	1100m:	13:04.13	36.40	1500m:	17:50.33	34.34
	350m:	4:02.28	35.82	750m:	8:50.03	35.68	1150m:	13:40.61	36.48			
	400m:	4:38.10	35.82	800m:	9:25.94	35.91	1200m:	14:16.32	35.71			
8.	Veigar Hrafn Sigbórsson			05	SH			18:16.93	17:54.52	532		
	50m:	31.69	31.69	450m:	5:22.42	35.94	850m:	10:09.58	35.63	1250m:	14:57.42	35.36
	100m:	1:07.69	36.00	500m:	5:59.07	36.65	900m:	10:45.83	36.25	1300m:	15:33.73	36.31
	150m:	1:43.70	36.01	550m:	6:34.47	35.40	950m:	11:21.90	36.07	1350m:	16:09.31	35.58
	200m:	2:20.77	37.07	600m:	7:10.26	35.79	1000m:	11:58.22	36.32	1400m:	16:45.58	36.27
	250m:	2:57.19	36.42	650m:	7:46.23	35.97	1050m:	12:33.54	35.32	1450m:	17:20.27	34.69
	300m:	3:33.73	36.54	700m:	8:23.07	35.84	1100m:	13:09.84	36.30	1500m:	17:54.52	34.25
	350m:	4:09.76	36.03	750m:	8:57.86	35.79	1150m:	13:45.65	35.81			
	400m:	4:46.48	36.72	800m:	9:33.95	36.09	1200m:	14:22.06	36.41			
9.	Aron Fannar Kristínarson			03	Íþróttabandalag Reykjanesbæ			17:27.29	18:04.82	517		
	50m:	31.64	31.64	450m:	5:21.06	36.69	850m:	10:14.45	36.61	1250m:	15:03.14	36.69
	100m:	1:06.57	34.93	500m:	5:57.56	36.50	900m:	10:50.30	35.85	1300m:	15:39.64	36.50
	150m:	1:42.45	35.88	550m:	6:34.21	36.65	950m:	11:26.34	36.04	1350m:	16:16.09	36.45
	200m:	2:18.84	36.39	600m:	7:10.78	36.57	1000m:	12:02.14	35.80	1400m:	16:52.80	36.71
	250m:	2:55.22	36.38	650m:	7:47.40	36.62	1050m:	12:38.21	36.07	1450m:	17:29.32	36.52
	300m:	3:31.36	36.14	700m:	8:24.23	36.83	1100m:	13:14.09	35.88	1500m:	18:04.82	35.50
	350m:	4:08.10	36.74	750m:	9:01.24	37.01	1150m:	13:50.12	36.03			
	400m:	4:44.37	36.27	800m:	9:37.84	36.60	1200m:	14:26.45	36.33			
10.	Guðmundur Halldórsson			04	Sunddeild Breiðabliks			18:36.11	18:13.33	505		
	50m:	32.52	32.52	450m:	5:25.95	36.79	850m:	10:19.16	36.38	1250m:	15:12.09	36.62
	100m:	1:08.48	35.96	500m:	6:02.48	36.53	900m:	10:55.88	36.72	1300m:	15:48.85	36.76
	150m:	1:44.66	36.18	550m:	6:39.45	36.97	950m:	11:32.26	36.38	1350m:	16:25.02	36.17
	200m:	2:21.49	36.83	600m:	7:16.16	36.71	1000m:	12:09.17	36.91	1400m:	17:01.75	36.73
	250m:	2:58.18	36.69	650m:	7:52.91	36.75	1050m:	12:45.55	36.38	1450m:	17:37.92	36.17
	300m:	3:34.72	36.54	700m:	8:29.35	36.44	1100m:	13:22.12	36.57	1500m:	18:13.33	35.41
	350m:	4:12.03	37.31	750m:	9:05.84	36.49	1150m:	13:59.01	36.89			
	400m:	4:49.16	37.13	800m:	9:42.78	36.94	1200m:	14:35.47	36.46			
11.	Jónas Atli Pálsson			03	SH			18:44.66	18:20.73	495		
	50m:	31.67	31.67	450m:	5:23.16	36.92	850m:	10:19.12	37.13	1250m:	15:16.52	37.33
	100m:	1:06.93	35.26	500m:	5:59.86	36.70	900m:	10:56.22	37.10	1300m:	15:53.74	37.22
	150m:	1:42.98	36.05	550m:	6:36.84	36.98	950m:	11:33.00	36.78	1350m:	16:30.62	36.88
	200m:	2:19.25	36.27	600m:	7:13.56	36.72	1000m:	12:10.14	37.14	1400m:	17:08.09	37.47
	250m:	2:55.65	36.40	650m:	7:50.57	37.01	1050m:	12:47.72	37.58	1450m:	17:44.76	36.67
	300m:	3:32.32	36.67	700m:	8:27.79	37.22	1100m:	13:24.92	37.20	1500m:	18:20.73	35.97
	350m:	4:09.12	36.80	750m:	9:04.88	37.09	1150m:	14:01.76	36.84			
	400m:	4:46.24	37.12	800m:	9:41.99	37.11	1200m:	14:39.19	37.43			

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

Sundgrein 25, karla, 1500m skriðsund, Opinn

Sæti			F.ár			Undanrásir	Tími	Stig
12.	Logi Freyr Arnarsson		03	Reykjavík		18:27.30	18:46.62	462
	50m:	31.05 31.05	450m:	5:24.64 37.21	850m:	10:26.45 38.30	1250m:	15:37.85 39.52
	100m:	1:06.50 35.45	500m:	6:01.80 37.16	900m:	11:05.36 38.91	1300m:	16:16.13 38.28
	150m:	1:42.59 36.09	550m:	6:38.97 37.17	950m:	11:43.84 38.48	1350m:	16:54.43 38.30
	200m:	2:18.90 36.31	600m:	7:15.77 36.80	1000m:	12:21.95 38.11	1400m:	17:32.68 38.25
	250m:	2:56.19 37.29	650m:	7:53.18 37.41	1050m:	13:01.75 39.80	1450m:	18:09.84 37.16
	300m:	3:33.20 37.01	700m:	8:31.04 37.86	1100m:	13:41.15 39.40	1500m:	18:46.62 36.78
	350m:	4:10.22 37.02	750m:	9:09.44 38.40	1150m:	14:19.79 38.64		
	400m:	4:47.43 37.21	800m:	9:48.15 38.71	1200m:	14:58.33 38.54		
13.	Jón Ingi Halldórsson		04	Sunddeild Breiðabliks		19:19.38	19:02.84	442
	50m:	32.58 32.58	450m:	5:38.31 38.21	850m:	10:46.17 38.67	1250m:	15:52.46 38.69
	100m:	1:09.71 37.13	500m:	6:16.71 38.40	900m:	11:24.46 38.29	1300m:	16:30.80 38.34
	150m:	1:43.22 33.51	550m:	6:55.20 38.49	950m:	12:02.65 38.19	1350m:	17:09.43 38.63
	200m:	2:26.01 42.79	600m:	7:33.53 38.33	1000m:	12:40.86 38.21	1400m:	17:47.94 38.51
	250m:	3:04.70 38.69	650m:	8:12.02 38.49	1050m:	13:18.89 38.03	1450m:	18:26.04 38.10
	300m:	3:43.27 38.57	700m:	8:50.60 38.58	1100m:	13:56.93 38.04	1500m:	19:02.84 36.80
	350m:	4:21.37 38.10	750m:	9:29.15 38.55	1150m:	14:35.57 38.64		
	400m:	5:00.10 38.73	800m:	10:07.50 38.35	1200m:	15:13.77 38.20		
14.	Kristján Magnússon		05	Sundfélag Akraness		18:45.64	19:11.73	432
	50m:	32.01 32.01	450m:	5:33.84 38.35	850m:	10:45.86 39.20	1250m:	15:59.11 38.57
	100m:	1:08.04 36.03	500m:	6:12.53 38.69	900m:	11:25.42 39.56	1300m:	16:38.52 39.41
	150m:	1:44.54 36.50	550m:	6:51.17 38.64	950m:	12:04.08 38.66	1350m:	17:17.32 38.80
	200m:	2:22.45 37.91	600m:	7:30.03 38.86	1000m:	12:43.63 39.55	1400m:	17:56.64 39.32
	250m:	3:00.15 37.70	650m:	8:09.26 39.23	1050m:	13:22.04 38.41	1450m:	18:34.42 37.78
	300m:	3:38.84 38.69	700m:	8:48.24 38.98	1100m:	14:01.56 39.52	1500m:	19:11.73 37.31
	350m:	4:16.65 37.81	750m:	9:27.14 38.90	1150m:	14:40.89 39.33		
	400m:	4:55.49 38.84	800m:	10:06.66 39.52	1200m:	15:20.54 39.65		

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

4 - 4. hluti - úrslit

6.4.2019 - 16:30

Sundgrein 14 6.4.2019 - 16:30	kvenna, 100m baksund				Opinn Úrslitalistar Úrslitsund
Aldursflokkamet Íslands 15 - 17	1:01.74	Eygló Ósk Gústafsdóttir	ISL	London (GBR)	3.8.2012
Aldursflokkamet Íslands 13 - 14	1:06.46	Kolbrún Ýr Kristjánsdóttir	ISL	Lissabon (POR)	22.7.1997
Aldursflokkamet Íslands 11 - 12	1:13.03	Eygló Ósk Gústafsdóttir	ISL	Reykjavík	15.6.2007
Íslandsmet	1:00.25	Eygló Ósk Gústafsdóttir	ISL	Kazan (RUS)	3.8.2015
NÆM 13 - 15: 1:08.99 / EMU 14 - 15: 1:05.04; 16 - 17: 1:04.40 / EYOF 14 - 15: 1:06.16 / HM50 : 1:02.71 / IM50 : 1:16.55					

Stig: FINA 2019

Sæti	F.ár		Undanrásir	Tími	Stig
1. Eygló Ósk Gústafsdóttir	95	Reykjavík	1:06.50	1:03.25	771
50m: 30.67 30.67	100m: 1:03.25	32.58			
2. Íris Ósk Hilmarsdóttir	98	Íþróttabandalag Reykjanesbæjar	1:07.82	1:06.60	660
50m: 31.80 31.80	100m: 1:06.60	34.80			
3. Steingerður Hauksdóttir	96	SH	1:07.85	1:07.60	631
50m: 31.97 31.97	100m: 1:07.60	35.63			
Stefanía Sigurpórsdóttir	01	Sunddeild Breiðabliks	1:08.79	1:07.60	631
50m: 32.88 32.88	100m: 1:07.60	34.72			
5. Katarína Róbertsdóttir	00	SH	1:08.07	1:07.87	624
50m: 32.82 32.82	100m: 1:07.87	35.05			
6. Ásta Kristín Jónsdóttir	00	Reykjavík	1:10.34	1:09.13	590
50m: 32.55 32.55	100m: 1:09.13	36.58			
7. Þorgerður Ósk Jónsdóttir	03	SH	1:09.62	1:09.24	587
50m: 33.59 33.59	100m: 1:09.24	35.65			
8. Þóra Snorraddóttir	03	Sundfélagið Óðinn	1:11.58	1:12.09	520
50m: 33.85 33.85	100m: 1:12.09	38.24			

Sundgrein 15 6.4.2019 - 16:33	karla, 100m baksund				Opinn Úrslitalistar Úrslitsund
Aldursflokkamet Íslands 15 - 17	56.94	Örn Arnason	ISL	Antwerpen (BEL)	1.8.1997
Aldursflokkamet Íslands 13 - 14	1:02.75	Brynjólfur Óli Karlsson	ISL	Reykjavík	11.4.2015
Aldursflokkamet Íslands 11 - 12	1:10.89	Brynjólfur Óli Karlsson	ISL	Reykjavík	13.4.2013
Íslandsmet	54.75	Örn Arnason	ISL	Fukuoka (JPN)	23.7.2001
NÆM 14 - 16: 1:03.40 / EMU 15 - 16: 58.56; 17 - 18: 57.99 / EYOF 15 - 16: 59.64 / HM50 : 55.95 / IM50 : 1:09.57					

Stig: FINA 2019

Sæti	F.ár		Undanrásir	Tími	Stig
1. Kristinn Þórarinsson	96	Reykjavík	56.53	56.66	766
50m: 27.50 27.50	100m: 56.66	29.16			
2. Kolbeinn Hrafnkelsson	94	SH	58.45	57.98	715
50m: 28.02 28.02	100m: 57.98	29.96			
3. Brynjólfur Óli Karlsson	01	Sunddeild Breiðabliks	1:00.38	59.54	660
50m: 28.52 28.52	100m: 59.54	31.02			
4. Kristján Gylfi Þórisson	00	Reykjavík	1:01.34	1:00.82	619
50m: 29.42 29.42	100m: 1:00.82	31.40			
5. Tómas Magnússon	02	Reykjavík	1:03.56	1:03.40	546
50m: 30.53 30.53	100m: 1:03.40	32.87			
6. Fannar Snævar Hauksson	04	Íþróttabandalag Reykjanesbæjar	1:03.75	1:04.43	521
50m: 30.91 30.91	100m: 1:04.43	33.52			
7. Aron Fannar Kristínarson	03	Íþróttabandalag Reykjanesbæjar	1:06.29	1:05.95	485
50m: 32.06 32.06	100m: 1:05.95	33.89			

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

Sundgrein 15, karla, 100m baksund, Úrslitsund, Opinn

Sæti	F.ár	Undanrásir	Tími	Stig
8. Veigar Hrafn Sigbórsson	05 SH	1:06.18	1:06.24	479
50m: 31.94 31.94	100m: 1:06.24 34.30			

Sundgrein 16 kvenna, 200m flugsund Opinn
6.4.2019 - 16:36 Úrslitalistar Úrslitsund

Aldursflokkamet Íslands 15 - 17	2:19.71	Sigrún Brá Sverrisdóttir	ISL	Monaco (MON)	5.6.2007
Aldursflokkamet Íslands 13 - 14	2:24.80	Ólöf Edda Eðvarðsdóttir	ISL	Trabzon (FIN)	29.7.2011
Aldursflokkamet Íslands 11 - 12	2:49.75	Salóme Jónsdóttir	ISL	Reykjavík	16.3.2007
Íslandsmet	2:18.79	Erla Dögg Haraldsdóttir	ISL	Reykjavík	6.4.2008

NÆM 13 - 15: 2:31.85 / EMU 14 - 15: 2:21.76; 16 - 17: 2:20.37 / EYOF 14 - 15: 2:24.32 / HM50 : 2:13.73 / IM50 : 2:41.32

Stig: FINA 2019

Sæti	F.ár	Undanrásir	Tími	Stig
1. María Fanney Kristjánsdóttir	00 SH	2:27.09	2:25.63	585
50m: 31.53 31.53	100m: 1:08.25 36.72	150m: 1:47.20 38.95	200m: 2:25.63 38.43	
2. Gunnhildur Björg Baldursdóttir	00 Íróttabandalag Reykjanesbæjar	2:28.30	2:25.67	584
50m: 31.88 31.88	100m: 1:07.99 36.11	150m: 1:46.13 38.14	200m: 2:25.67 39.54	
3. Elín Kata Sigurgeirsdóttir	99 Sundfélagið Óðinn	2:28.52	2:25.68	584
50m: 31.54 31.54	100m: 1:08.43 36.89	150m: 1:47.38 38.95	200m: 2:25.68 38.30	
4. Bryndís Bolladóttir	99 Sunddeild Breiðabliks	2:35.20	2:26.95	569
50m: 31.71 31.71	100m: 1:08.52 36.81	150m: 1:46.44 37.92	200m: 2:26.95 40.51	
5. Kristín Ylfa Guðmundsdóttir	02 SH	2:34.60	2:30.62	528
50m: 33.39 33.39	100m: 1:11.03 37.64	150m: 1:50.94 39.91	200m: 2:30.62 39.68	

Sundgrein 17 karla, 200m flugsund Opinn
6.4.2019 - 16:40 Úrslitalistar Úrslitsund

Aldursflokkamet Íslands 15 - 17	2:07.75	Sindri Þór Jakobsson	ISL	Belgrad (SRB)	31.7.2008
Aldursflokkamet Íslands 13 - 14	2:20.62	Baldvin Sigmarsson	ISL	Reykjanesbær	26.11.2011
Aldursflokkamet Íslands 11 - 12	2:38.77	Viktor Forafonov	ISL	Kristiansand (NOR)	6.6.2014
Íslandsmet	2:02.97	Sindri Þór Jakobsson	ISL	Prag (CZE)	9.7.2009

NÆM 14 - 16: 2:16.92 / EMU 15 - 16: 2:06.24; 17 - 18: 2:05.01 / EYOF 15 - 16: 2:10.48 / HM50 : 2:00.80 / IM50 : 2:29.59

Stig: FINA 2019

Sæti	F.ár	Undanrásir	Tími	Stig
1. Bjartur Þórhallsson	00 Reykjavík	2:20.77	2:16.21	548
50m: 29.81 29.81	100m: 1:04.57 34.76	150m: 1:39.99 35.42	200m: 2:16.21 36.22	
2. Aron Þór Jónsson	02 SH	2:22.17	2:21.70	487
50m: 30.29 30.29	100m: 1:05.37 35.08	150m: 1:42.34 36.97	200m: 2:21.70 39.36	
3. Kári Sölvi Nielsen	00 SH	2:25.53	2:23.73	466
50m: 29.01 29.01	100m: 1:03.24 34.23	150m: 1:42.07 38.83	200m: 2:23.73 41.66	
4. Róbert Andri Pálmason	02 Sunddeild Breiðabliks	2:26.77	2:24.71	457
50m: 29.09 29.09	100m: 1:03.36 34.27	150m: 1:39.91 36.55	200m: 2:24.71 44.80	
5. Símon Elías Statkevicius	03 SH	2:26.61	2:27.92	428
50m: 30.84 30.84	100m: 1:07.27 36.43	150m: 1:46.13 38.86	200m: 2:27.92 41.79	

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

Sundgrein 18 kvenna, 100m skriðsund Opinn
6.4.2019 - 16:44 Úrslitalistar Úrslitsund

Aldursflokkamet Íslands 15 - 17	56.97	Eygló Ósk Gústafsdóttir	ISL	Reykjavík	14.4.2012
Aldursflokkamet Íslands 13 - 14	59.26	Sigrún Brá Sverrisdóttir	ISL	Luxembourg (LUX)	16.4.2004
Aldursflokkamet Íslands 11 - 12	1:05.08	Stefanía Sigurþórsdóttir	ISL	Reykjanesbæ	14.12.2013
Íslandsmet	55.66	Ragnheiður Ragnarsdóttir	ISL	Reykjanesbæ	25.4.2009

NÆM 13 - 15: 1:01.30 / EMU 14 - 15: 58.38; 16 - 17: 57.81 / EYOF 14 - 15: 59.02 / HM50 : 56.40 / IM50 : 1:07.83

Stig: FINA 2019

Sæti	F.ár		Undanrásir	Tími	Stig
1. Snæfríður Sól Jórunnardóttir	00	AGFS	57.40	57.22	738
50m: 27.77 27.77	100m: 57.22	29.45			
2. Bryndís Rún Hansen	93	Sundfélagið Óðinn	57.50	57.37	732
50m: 27.48 27.48	100m: 57.37	29.89			
3. Jóhanna Elín Guðmundsdóttir	01	SH	1:00.35	58.41	693
50m: 28.09 28.09	100m: 58.41	30.32			
4. Kristín Helga Hákonardóttir	04	Sunddeild Breiðabliks	1:00.06	59.62	652NÆM
50m: 28.72 28.72	100m: 59.62	30.90			
5. Ragna Sigríður Ragnarsdóttir	01	Sunddeild Breiðabliks	1:01.05	1:01.04	607
50m: 29.34 29.34	100m: 1:01.04	31.70			
6. Regína Lilja Gunnlaugsdóttir	02	Sunddeild Breiðabliks	1:02.93	1:01.80	585
50m: 29.81 29.81	100m: 1:01.80	31.99			
7. Ólöf Kristín Isaksen	05	Sundfélagið Óðinn	1:03.78	1:02.88	556
50m: 30.38 30.38	100m: 1:02.88	32.50			
8. Emilía Sól Guðmundsdóttir	02	Ægir	1:03.50	1:03.44	541
50m: 30.04 30.04	100m: 1:03.44	33.40			

Sundgrein 19 karla, 100m skriðsund Opinn
6.4.2019 - 16:47 Úrslitalistar Úrslitsund

Aldursflokkamet Íslands 15 - 17	53.82	Njáll Þrastarson	ISL	Reykjavík	8.4.2011
Aldursflokkamet Íslands 13 - 14	56.66	Fannar Snævar Hauksson	ISL	Reykjanesbær	18.12.2018
Aldursflokkamet Íslands 11 - 12	1:02.85	Brynjólfur Óli Karlsson	ISL	Reykjanesbæ	14.12.2013
Íslandsmet	49.97	Örn Arnason	ISL	Monaco (MON)	5.6.2007

NÆM 14 - 16: 55.48 / EMU 15 - 16: 52.15; 17 - 18: 51.64 / EYOF 15 - 16: 53.97 / HM50 : 50.51 / IM50 : 1:02.54

Stig: FINA 2019

Sæti	F.ár		Undanrásir	Tími	Stig
1. Kristófer Sigurðsson	95	Íþróttabandalag Reykjanesbæjar	51.84	51.86	740
50m: 25.24 25.24	100m: 51.86	26.62			
2. Dadó Fenrir Jasminuson	95	SH	54.06	53.28	682
50m: 24.51 24.51	100m: 53.28	28.77			
3. Patrik Viggó Vilbergsson	02	Sunddeild Breiðabliks	54.37	53.35	679
<i>Aldursflokkamet!</i>					
50m: 26.03 26.03	100m: 53.35	27.32			
4. Hólmsteinn Skorri Hallgrímsson	00	Reykjavík	54.86	54.65	632
50m: 26.21 26.21	100m: 54.65	28.44			
5. Ólafur Árdal Sigurðsson	99	SH	56.22	55.42	606
50m: 26.58 26.58	100m: 55.42	28.84			
6. Kristján Gylfi Þórisson	00	Reykjavík	56.47	55.69	597
50m: 27.01 27.01	100m: 55.69	28.68			
7. Sigurður Ingi Sigurðarson	01	Reykjavík	57.53	56.82	562
50m: 27.50 27.50	100m: 56.82	29.32			
8. Halldór Björn Kristinsson	02	Reykjavík	57.44	58.13	525
50m: 27.64 27.64	100m: 58.13	30.49			

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

Sundgrein 20
6.4.2019 - 16:49

kvenna, 50m bringusund

Opinn
Úrslitalistar Úrslitsund

Aldursflokkamet Íslands 15 - 17	33.36	Hrafnhildur Lúthersdóttir	ISL	Luxembourg (LUX)	27.4.2008
Aldursflokkamet Íslands 13 - 14	34.66	Karen Mist Arnegeirsdóttir	ISL	Copenhagen (DEN)	12.7.2014
Aldursflokkamet Íslands 11 - 12	37.58	Eva Margrét Falsdóttir	ISL	Reykjnesbæ	20.12.2017
Íslandsmet	30.71	Hrafnhildur Lúthersdóttir	ISL	Budapest (HUN)	29.7.2017

EMU 14 - 15: 33.25; 16 - 17: 33.25 / HM50 : 32.31 / IM50 : 39.99

Stig: FINA 2019

Sæti	F.ár	Undanrásir	Tími	Stig
1. Karen Mist Arnegeirsdóttir	00	Íþróttabandalag Reykjanesbæjar	34.83	33.86 654
2. Sunna Svanlaug Vilhjálmssdóttir	00	SH	35.08	34.35 626
3. Amalia Nanna Juliusdóttir	02	Sundfélagið Óðinn	35.97	34.76 605
4. Eva Margrét Falsdóttir	05	Íþróttabandalag Reykjanesbæjar	35.29	34.99 593
5. Ragnheiður Karen Ólafsdóttir	04	Sundfélag Akraness	35.17	35.02 591
6. Herdís Birna Viggósdóttir	04	Reykjavík	37.32	35.88 550
7. Guðbjörg Bjartey Guðmundsdóttir	05	Sundfélag Akraness	36.86	36.62 517
8. Sigurjóna Ragnheiðardóttir	03	Sundfélagið Óðinn	36.75	36.80 509

Sundgrein 21
6.4.2019 - 16:52

karla, 50m bringusund

Opinn
Úrslitalistar Úrslitsund

Aldursflokkamet Íslands 15 - 17	29.44	Jón Oddur Sigurðsson	ISL	Malta (MLT)	7.7.2001
Aldursflokkamet Íslands 13 - 14	33.61	Guðni Emilsson	ISL	Reykjavík	11.7.2003
Aldursflokkamet Íslands 11 - 12	38.28	Hrafn Traustason	ISL	Reykjavík	2.7.2004
Íslandsmet	28.03	Jakob Jóhann Sveinsson	ISL	Róm (ITA)	28.7.2009

EMU 15 - 16: 30.21; 17 - 18: 29.91 / HM50 : 28.35 / IM50 : 35.79

Stig: FINA 2019

Sæti	F.ár	Undanrásir	Tími	Stig
1. Anton Sveinn McKee	93	SH	30.93	28.68 740
2. Aron Örn Stefánsson	95	SH	32.28	30.71 603
3. Daði Björnsson	04	SH	31.48	31.51 558
4. Aron Bjarki Jónsson	01	SH	33.18	32.24 521
5. Runólfur Þorláksson	02	Reykjavík	34.25	33.47 466
6. Daníel Steinn Davíðsson	03	Sunddeild Breiðabliks	33.87	33.61 460
7. Óskar Gauti Lund	99	Sunddeild Breiðabliks	34.14	33.80 452
8. Kári Snær Halldórsson	04	Íþróttabandalag Reykjanesbæjar	33.92	33.92 447

Sundgrein 22
6.4.2019 - 16:54

kvenna, 200m fjórsund

Opinn
Úrslitalistar Úrslitsund

Aldursflokkamet Íslands 15 - 17	2:14.87	Eygló Ósk Gústafsdóttir	ISL	Reykjavík	12.4.2012
Aldursflokkamet Íslands 13 - 14	2:26.71	Eygló Ósk Gústafsdóttir	ISL	Sarcelles (FRA)	14.3.2009
Aldursflokkamet Íslands 11 - 12	2:37.43	Stefanía Sigurþórsdóttir	ISL	Reykjanesbæ	15.12.2013
Íslandsmet	2:13.82	Hrafnhildur Lúthersdóttir	ISL	Reykjavík	2.6.2015

NÆM 13 - 15: 2:30.66 / EMU 14 - 15: 2:23.49; 16 - 17: 2:22.09 / EYOF 14 - 15: 2:25.03 / HM50 : 2:17.69 / IM50 : 2:48.29

Stig: FINA 2019

Sæti	F.ár	Undanrásir	Tími	Stig
1. María Fanney Kristjánsdóttir	00	SH	2:27.57	2:25.15 655
50m: 31.60 31.60 100m: 1:10.72 39.12 150m: 1:52.04 41.32 200m: 2:25.15 33.11				
2. Stefania Sigurþórsdóttir	01	Sunddeild Breiðabliks	2:32.85	2:25.80 647
50m: 31.93 31.93 100m: 1:09.54 37.61 150m: 1:53.31 43.77 200m: 2:25.80 32.49				
3. Eva Margrét Falsdóttir	05	Íþróttabandalag Reykjanesbæjar	2:30.25	2:26.61 636NÆM
<i>Aldursflokkamet!</i>				
50m: 32.30 32.30 100m: 1:11.79 39.49 150m: 1:52.52 40.73 200m: 2:26.61 34.09				
4. Elín Kata Sigurgeirsdóttir	99	Sundfélagið Óðinn	2:34.10	2:31.08 581
50m: 31.34 31.34 100m: 1:10.31 38.97 150m: 1:56.49 46.18 200m: 2:31.08 34.59				

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

Sundgrein 22, kvenna, 200m fjórsund, Úrslitsund, Opinn

Sæti				F.ár				Undanrásir	Tími	Stig		
5.	Alexandra Tómasdóttir			01	Sundfélagið Óðinn			2:34.17	2:32.36	567		
	50m:	31.66	31.66	100m:	1:12.16	40.50	150m:	1:57.41	45.25	200m:	2:32.36	34.95
6.	Þóra Snorradóttir			03	Sundfélagið Óðinn			2:37.79	2:34.95	539		
	50m:	32.39	32.39	100m:	1:11.95	39.56	150m:	1:58.55	46.60	200m:	2:34.95	36.40
7.	Sylvia Sienkiewicz			99	Íþróttabandalag Reykjanesbæja			2:38.07	2:35.27	535		
	50m:	31.96	31.96	100m:	1:12.63	40.67	150m:	1:57.94	45.31	200m:	2:35.27	37.33
8.	Aþena Jónsdóttir			04	SH			2:39.40	2:38.32	505		
	50m:	33.27	33.27	100m:	1:14.06	40.79	150m:	2:03.05	48.99	200m:	2:38.32	35.27

Sundgrein 23

karla, 200m fjórsund

Opinn

6.4.2019 - 16:58

Úrslitalistar Úrslitsund

Aldursflokkamet Íslands 15 - 17	2:07.03	Örn Arnason	ISL	Antwerpen (BEL)	30.7.1998
Aldursflokkamet Íslands 13 - 14	2:14.69	Víktor Forafonov	NOR	Kristiansand (NOR)	17.7.2016
Aldursflokkamet Íslands 11 - 12	2:34.02	Patrik Viggó Vilbergsson	ISL	Debrecen (HUN)	13.12.2014
Íslandsmet	2:04.53	Anton Sveinn McKee	ISL	Reykjavík	2.6.2015

NÆM 14 - 16: 2:15.72 / EMU 15 - 16: 2:08.85; 17 - 18: 2:07.60 / EYOF 15 - 16: 2:11.85 / HM50 : 2:04.43 / IM50 : 2:33.37

Stig: FINA 2019

Sæti				F.ár				Undanrásir	Tími	Stig		
1.	Anton Sveinn McKee			93	SH			2:18.84	2:09.22	686		
	50m:	27.38	27.38	100m:	1:03.18	35.80	150m:	1:38.30	35.12	200m:	2:09.22	30.92
2.	Kristinn Þórarinsson			96	Reykjavík			2:08.86	2:10.34	669		
	50m:	27.95	27.95	100m:	1:01.93	33.98	150m:	1:39.78	37.85	200m:	2:10.34	30.56
3.	Róbert Ísak Jónsson S14			01	SH			2:19.65	2:16.08	587		
	50m:	27.91	27.91	100m:	1:03.85	35.94	150m:	1:44.51	40.66	200m:	2:16.08	31.57
4.	Birnir Freyr Hálfðánarsson			06	SH			2:20.56	2:16.09	587		
	50m:	28.20	28.20	100m:	1:03.49	35.29	150m:	1:44.68	41.19	200m:	2:16.09	31.41
5.	Hólmsteinn Skorri Hallgrímsson			00	Reykjavík			2:19.72	2:19.59	544		
	50m:	29.08	29.08	100m:	1:06.70	37.62	150m:	1:47.49	40.79	200m:	2:19.59	32.10
6.	Snær Llorens Sigurðsson			02	Sundfélag Akraness			2:25.78	2:23.27	503		
	50m:	30.59	30.59	100m:	1:08.40	37.81	150m:	1:51.04	42.64	200m:	2:23.27	32.23
7.	Baldur Logi Gautason			00	Sundfélagið Óðinn			2:24.93	2:23.95	496		
	50m:	29.63	29.63	100m:	1:08.39	38.76	150m:	1:50.46	42.07	200m:	2:23.95	33.49
8.	Alexander Logi Jónsson			04	Íþróttabandalag Reykjanesbæja			2:28.73	2:28.16	455		
	50m:	31.76	31.76	100m:	1:10.90	39.14	150m:	1:52.61	41.71	200m:	2:28.16	35.55

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

Sundgrein 24
6.4.2019 - 17:02

kvenna, 1500m skriðsund

Opinn
Úrslitalistar

Aldursflokkamet Íslands 15 - 17	17:34.44	Eydís Ósk Kolbeinsdóttir	ISL	Reykjavík	11.4.2015
Aldursflokkamet Íslands 13 - 14	17:48.38	Eydís Ósk Kolbeinsdóttir	ISL	Reykjavík	13.4.2014
Aldursflokkamet Íslands 11 - 12	19:30.59	Stefanía Steinþórsdóttir	ISL	Reykjanesbæ	15.12.2013
Íslandsmet	17:17.61	Sigrún Brá Sverrisdóttir	ISL	Columbia (USA)	23.7.2011

EMU 14 - 15: 17:36.08; 16 - 17: 17:25.77 / HM50 : 17:06.76 / IM50 : 20:29.88

Stig: FINA 2019

Sæti				F.ár				Undanrásir	Tími	Stig		
1.	Eydís Ósk Kolbeinsdóttir			00	Íþróttabandalag Reykjanesbæ			17:23.30	17:42.52	650		
	50m:	32.12	32.12	450m:	5:17.43	35.35	850m:	10:00.77	35.33	1250m:	14:44.83	35.27
	100m:	1:07.28	35.16	500m:	5:52.92	35.49	900m:	10:36.08	35.31	1300m:	15:20.35	35.52
	150m:	1:43.02	35.74	550m:	6:28.55	35.63	950m:	11:11.42	35.34	1350m:	15:55.99	35.64
	200m:	2:18.85	35.83	600m:	7:04.22	35.67	1000m:	11:46.89	35.47	1400m:	16:31.60	35.61
	250m:	2:54.78	35.93	650m:	7:39.74	35.52	1050m:	12:22.62	35.73	1450m:	17:07.92	36.32
	300m:	3:30.48	35.70	700m:	8:14.92	35.18	1100m:	12:58.09	35.47	1500m:	17:42.52	34.60
	350m:	4:06.29	35.81	750m:	8:50.24	35.32	1150m:	13:33.66	35.57			
	400m:	4:42.08	35.79	800m:	9:25.44	35.20	1200m:	14:09.56	35.90			
2.	Freyja Birkisdóttir			06	Sundeild Breiðabliks			18:16.29	18:00.98	617		
	50m:	31.28	31.28	450m:	5:17.32	36.10	850m:	10:07.37	36.68	1250m:	14:59.16	36.73
	100m:	1:05.63	34.35	500m:	5:53.29	35.97	900m:	10:43.51	36.14	1300m:	15:35.93	36.77
	150m:	1:40.73	35.10	550m:	6:29.21	35.92	950m:	11:19.78	36.27	1350m:	16:12.59	36.66
	200m:	2:16.42	35.69	600m:	7:05.73	36.52	1000m:	11:56.10	36.32	1400m:	16:49.41	36.82
	250m:	2:52.47	36.05	650m:	7:41.79	36.06	1050m:	12:32.61	36.51	1450m:	17:25.94	36.53
	300m:	3:28.75	36.28	700m:	8:18.06	36.27	1100m:	13:09.35	36.74	1500m:	18:00.98	35.04
	350m:	4:04.91	36.16	750m:	8:54.60	36.54	1150m:	13:45.71	36.36			
	400m:	4:41.22	36.31	800m:	9:30.69	36.09	1200m:	14:22.43	36.72			
3.	Brynhildur Traustadóttir			01	Sundfélag Akraness			18:31.31	18:08.15	605		
	50m:	32.89	32.89	450m:	5:25.50	36.82	850m:	10:19.78	36.12	1250m:	15:10.73	36.03
	100m:	1:08.72	35.83	500m:	6:02.25	36.75	900m:	10:56.03	36.25	1300m:	15:47.17	36.44
	150m:	1:45.06	36.34	550m:	6:39.34	37.09	950m:	11:32.67	36.64	1350m:	16:23.34	36.17
	200m:	2:21.83	36.77	600m:	7:15.89	36.55	1000m:	12:09.01	36.34	1400m:	16:59.09	35.75
	250m:	2:58.57	36.74	650m:	7:52.74	36.85	1050m:	12:46.01	37.00	1450m:	17:35.06	35.97
	300m:	3:35.04	36.47	700m:	8:29.37	36.63	1100m:	13:22.21	36.20	1500m:	18:08.15	33.09
	350m:	4:12.10	37.06	750m:	9:06.21	36.84	1150m:	13:58.54	36.33			
	400m:	4:48.68	36.58	800m:	9:43.66	37.45	1200m:	14:34.70	36.16			
4.	Halla Margrét Baldursdóttir			02	Reykjavík			18:13.14	18:28.96	571		
	50m:	32.52	32.52	450m:	5:28.23	37.21	850m:	10:24.46	36.97	1250m:	15:22.37	37.90
	100m:	1:08.47	35.95	500m:	6:05.03	36.80	900m:	11:01.55	37.09	1300m:	15:59.87	37.50
	150m:	1:45.47	37.00	550m:	6:42.23	37.20	950m:	11:38.72	37.17	1350m:	16:38.10	38.23
	200m:	2:22.24	36.77	600m:	7:19.56	37.33	1000m:	12:15.58	36.86	1400m:	17:15.53	37.43
	250m:	2:59.40	37.16	650m:	7:57.13	37.57	1050m:	12:52.68	37.10	1450m:	17:52.75	37.22
	300m:	3:36.87	37.47	700m:	8:33.83	36.70	1100m:	13:29.94	37.26	1500m:	18:28.96	36.21
	350m:	4:14.13	37.26	750m:	9:10.80	36.97	1150m:	14:07.10	37.16			
	400m:	4:51.02	36.89	800m:	9:47.49	36.69	1200m:	14:44.47	37.37			
5.	Birna Hilmarsdóttir			02	Íþróttabandalag Reykjanesbæ			17:53.83	18:29.45	571		
	50m:	32.83	32.83	450m:	5:28.65	37.12	850m:	10:25.90	37.53	1250m:	15:27.00	38.26
	100m:	1:08.94	36.11	500m:	6:05.94	37.29	900m:	11:03.19	37.29	1300m:	16:04.57	37.57
	150m:	1:45.81	36.87	550m:	6:42.89	36.95	950m:	11:40.73	37.54	1350m:	16:42.23	37.66
	200m:	2:22.66	36.85	600m:	7:20.04	37.15	1000m:	12:18.40	37.67	1400m:	17:18.83	36.60
	250m:	2:59.98	37.32	650m:	7:56.90	36.86	1050m:	12:55.97	37.57	1450m:	17:55.78	36.95
	300m:	3:37.13	37.15	700m:	8:33.82	36.92	1100m:	13:33.44	37.47	1500m:	18:29.45	33.67
	350m:	4:14.37	37.24	750m:	9:11.05	37.23	1150m:	14:11.56	38.12			
	400m:	4:51.53	37.16	800m:	9:48.37	37.32	1200m:	14:48.74	37.18			
6.	Adele Alexandra Pálsson			03	SH			19:06.76	18:48.92	542		
	50m:	32.41	32.41	450m:	5:27.43	37.80	850m:	10:33.21	38.56	1250m:	15:40.37	38.58
	100m:	1:07.89	35.48	500m:	6:05.17	37.74	900m:	11:11.71	38.50	1300m:	16:18.74	38.37
	150m:	1:44.34	36.45	550m:	6:42.81	37.64	950m:	11:50.00	38.29	1350m:	16:56.85	38.11
	200m:	2:20.98	36.64	600m:	7:20.97	38.16	1000m:	12:28.33	38.33	1400m:	17:34.91	38.06
	250m:	2:57.84	36.86	650m:	7:59.36	38.39	1050m:	13:06.71	38.38	1450m:	18:12.34	37.43
	300m:	3:34.88	37.04	700m:	8:37.65	38.29	1100m:	13:45.21	38.50	1500m:	18:48.92	36.58
	350m:	4:12.23	37.35	750m:	9:16.02	38.37	1150m:	14:23.51	38.30			
	400m:	4:49.63	37.40	800m:	9:54.65	38.63	1200m:	15:01.79	38.28			

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

Sundgrein 24, kvenna, 1500m skriðsund, Opinn

Sæti				F.ár				Undanrásir	Tími	Stig		
7.	Ingibjörg Erla Garðarsdóttir			00	Reykjavík			18:31.72	19:08.87	514		
	50m:	32.84	32.84	450m:	5:30.33	38.90	850m:	10:40.91	39.06	1250m:	15:54.40	39.88
	100m:	1:08.56	35.72	500m:	6:08.47	38.14	900m:	11:20.10	39.19	1300m:	16:34.16	39.76
	150m:	1:45.03	36.47	550m:	6:47.10	38.63	950m:	11:59.62	39.52	1350m:	17:14.15	39.99
	200m:	2:21.91	36.88	600m:	7:25.61	38.51	1000m:	12:37.78	38.16	1400m:	17:53.17	39.02
	250m:	2:59.11	37.20	650m:	8:05.32	39.71	1050m:	13:16.46	38.68	1450m:	18:32.40	39.23
	300m:	3:36.15	37.04	700m:	8:44.07	38.75	1100m:	13:55.86	39.40	1500m:	19:08.87	36.47
	350m:	4:13.49	37.34	750m:	9:22.77	38.70	1150m:	14:35.37	39.51			
	400m:	4:51.43	37.94	800m:	10:01.85	39.08	1200m:	15:14.52	39.15			
8.	Ylfa Finnbogadóttir			02	SH			18:45.92	19:24.63	493		
	50m:	33.40	33.40	450m:	5:41.18	39.30	850m:	10:53.76	39.35	1250m:	16:08.43	39.53
	100m:	1:10.29	36.89	500m:	6:20.35	39.17	900m:	11:33.06	39.30	1300m:	16:48.08	39.65
	150m:	1:48.19	37.90	550m:	6:59.60	39.25	950m:	12:12.17	39.11	1350m:	17:27.54	39.46
	200m:	2:26.21	38.02	600m:	7:38.28	38.68	1000m:	12:51.45	39.28	1400m:	18:06.99	39.45
	250m:	3:04.80	38.59	650m:	8:17.62	39.34	1050m:	13:30.87	39.42	1450m:	18:46.31	39.32
	300m:	3:43.95	39.15	700m:	8:56.70	39.08	1100m:	14:09.96	39.09	1500m:	19:24.63	38.32
	350m:	4:22.91	38.96	750m:	9:35.58	38.88	1150m:	14:49.60	39.64			
	400m:	5:01.88	38.97	800m:	10:14.41	38.83	1200m:	15:28.90	39.30			
9.	Sandra Dögg Kristjánsdóttir			03	SH			19:46.55	19:48.35	464		
	50m:	33.29	33.29	450m:	5:47.85	41.13	850m:	11:09.48	40.58	1250m:	16:31.69	40.53
	100m:	1:10.43	37.14	500m:	6:28.26	40.41	900m:	11:49.65	40.17	1300m:	17:11.61	39.92
	150m:	1:48.71	38.28	550m:	7:08.27	40.01	950m:	12:29.93	40.28	1350m:	17:51.62	40.01
	200m:	2:27.10	38.39	600m:	7:48.16	39.89	1000m:	13:10.06	40.13	1400m:	18:31.23	39.61
	250m:	3:06.60	39.50	650m:	8:28.35	40.19	1050m:	13:50.26	40.20	1450m:	19:10.18	38.95
	300m:	3:46.25	39.65	700m:	9:08.40	40.05	1100m:	14:30.51	40.25	1500m:	19:48.35	38.17
	350m:	4:26.12	39.87	750m:	9:48.95	40.55	1150m:	15:10.91	40.40			
	400m:	5:06.72	40.60	800m:	10:28.90	39.95	1200m:	15:51.16	40.25			
10.	Diljá Dröfn Jóhannesdóttir			03	SH			20:27.44	20:24.49	424		
	50m:	33.81	33.81	450m:	5:54.40	40.49	850m:	11:28.61	41.76	1250m:	16:59.99	41.04
	100m:	1:11.97	38.16	500m:	6:36.11	41.71	900m:	12:10.68	42.07	1300m:	17:41.98	41.99
	150m:	1:50.75	38.78	550m:	7:17.83	41.72	950m:	12:51.15	40.47	1350m:	18:23.40	41.42
	200m:	2:31.07	40.32	600m:	7:59.79	41.96	1000m:	13:33.20	42.05	1400m:	19:04.68	41.28
	250m:	3:11.91	40.84	650m:	8:41.23	41.44	1050m:	14:13.95	40.75	1450m:	19:44.29	39.61
	300m:	3:52.69	40.78	700m:	9:22.88	41.65	1100m:	14:55.81	41.86	1500m:	20:24.49	40.20
	350m:	4:32.59	39.90	750m:	10:04.54	41.66	1150m:	15:36.76	40.95			
	400m:	5:13.91	41.32	800m:	10:46.85	42.31	1200m:	16:18.95	42.19			

Sundgrein 25
6.4.2019 - 17:23

karla, 1500m skriðsund

Opinn
Úrslitalistar

Aldursflokkamet Íslands 15 - 17	16:14.96	Þröstur Bjarnason	ISL	Luxembourg (LUX)	7.2.2014
Aldursflokkamet Íslands 13 - 14	17:11.27	Ólafur Sigurðsson	ISL	Reykjavík	12.4.2013
Aldursflokkamet Íslands 11 - 12	18:57.91	Patrik Viggó Vilbergsson	ISL	Hódmezővásárhely (HUN)	19.12.2014
Íslandsmet	15:27.08	Anton Sveinn McKee	ISL	Reykjavík	13.4.2012

NÆM 14 - 16: 17:12.66 / EMU 15 - 16: 16:14.98; 17 - 18: 16:08.76 / EYOF 15 - 16: 16:41.83 / HM50 : 15:39.14 / IM50 : 19:28.75

Stig: FINA 2019

Sæti				F.ár				Undanrásir	Tími	Stig		
1.	Patrik Viggó Vilbergsson			02	Sunddeild Breiðabliks			16:21.37	16:06.23	732EMU		
	<i>Aldursflokkamet!</i>											
	50m:	27.86	27.86	450m:	4:46.03	32.63	850m:	9:06.44	32.70	1250m:	13:27.48	32.65
	100m:	58.60	30.74	500m:	5:18.64	32.61	900m:	9:38.93	32.49	1300m:	13:59.96	32.48
	150m:	1:30.57	31.97	550m:	5:51.29	32.65	950m:	10:11.39	32.46	1350m:	14:32.06	32.10
	200m:	2:02.70	32.13	600m:	6:23.67	32.38	1000m:	10:44.15	32.76	1400m:	15:04.20	32.14
	250m:	2:35.26	32.56	650m:	6:56.38	32.71	1050m:	11:16.71	32.56	1450m:	15:36.24	32.04
	300m:	3:07.94	32.68	700m:	7:29.00	32.62	1100m:	11:49.29	32.58	1500m:	16:06.23	29.99
	350m:	3:40.49	32.55	750m:	8:01.37	32.37	1150m:	12:22.02	32.73			
	400m:	4:13.40	32.91	800m:	8:33.74	32.37	1200m:	12:54.83	32.81			

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG

Reykjavík, 5-7. apríl 2019

Sundgrein 25, karla, 1500m skriðsund, Opinn

Sæti				F.ár				Undanrásir	Tími	Stig		
2.	Þröstur Bjarnason			97	Íþróttabandalag Reykjanesbæjar			NT	16:15.87	711		
	50m:	29.43	29.43	450m:	4:50.08	32.80	850m:	9:09.88	32.56	1250m:	13:31.20	32.68
	100m:	1:01.65	32.22	500m:	5:22.73	32.65	900m:	9:42.82	32.94	1300m:	14:04.30	33.10
	150m:	1:34.41	32.76	550m:	5:55.25	32.52	950m:	10:15.90	33.08	1350m:	14:37.23	32.93
	200m:	2:06.99	32.58	600m:	6:27.51	32.26	1000m:	10:48.19	32.29	1400m:	15:10.29	33.06
	250m:	2:39.55	32.56	650m:	6:59.87	32.36	1050m:	11:20.49	32.30	1450m:	15:43.31	33.02
	300m:	3:11.97	32.42	700m:	7:32.20	32.33	1100m:	11:52.94	32.45	1500m:	16:15.87	32.56
	350m:	3:44.55	32.58	750m:	8:04.62	32.42	1150m:	12:25.62	32.68			
	400m:	4:17.28	32.73	800m:	8:37.32	32.70	1200m:	12:58.52	32.90			
3.	Kristófer Atli Andersen			02	Sunddeild Breiðabliks			17:05.18	17:02.60	617		
	50m:	28.97	28.97	450m:	5:01.70	34.34	850m:	9:37.75	34.39	1250m:	14:13.73	34.65
	100m:	1:02.28	33.31	500m:	5:36.42	34.72	900m:	10:12.15	34.40	1300m:	14:48.22	34.49
	150m:	1:36.53	34.25	550m:	6:10.84	34.42	950m:	10:46.54	34.39	1350m:	15:22.79	34.57
	200m:	2:10.50	33.97	600m:	6:45.64	34.80	1000m:	11:21.44	34.90	1400m:	15:56.53	33.74
	250m:	2:44.50	34.00	650m:	7:19.88	34.24	1050m:	11:55.60	34.16	1450m:	16:30.23	33.70
	300m:	3:18.61	34.11	700m:	7:54.40	34.52	1100m:	12:30.18	34.58	1500m:	17:02.60	32.37
	350m:	3:52.86	34.25	750m:	8:28.64	34.24	1150m:	13:04.61	34.43			
	400m:	4:27.36	34.50	800m:	9:03.36	34.72	1200m:	13:39.08	34.47			
4.	Óskar Gauti Lund			99	Sunddeild Breiðabliks			17:07.36	17:13.03	599		
	50m:	30.22	30.22	450m:	5:05.72	34.42	850m:	9:42.99	34.32	1250m:	14:19.81	34.61
	100m:	1:03.74	33.52	500m:	5:40.15	34.43	900m:	10:17.56	34.57	1300m:	14:54.72	34.91
	150m:	1:37.63	33.89	550m:	6:15.11	34.96	950m:	10:52.35	34.79	1350m:	15:29.18	34.46
	200m:	2:12.08	34.45	600m:	6:49.78	34.67	1000m:	11:26.80	34.45	1400m:	16:03.98	34.80
	250m:	2:46.69	34.61	650m:	7:24.53	34.75	1050m:	12:01.43	34.63	1450m:	16:38.83	34.85
	300m:	3:21.83	35.14	700m:	7:59.26	34.73	1100m:	12:35.85	34.42	1500m:	17:13.03	34.20
	350m:	3:56.41	34.58	750m:	8:33.88	34.62	1150m:	13:10.27	34.42			
	400m:	4:31.30	34.89	800m:	9:08.67	34.79	1200m:	13:45.20	34.93			
5.	Skúli Thor Ásgeirsson			02	Ægir			17:54.58	17:40.47	554		
	50m:	30.15	30.15	450m:	5:12.99	35.91	850m:	9:59.22	35.77	1250m:	14:46.05	35.99
	100m:	1:03.72	33.57	500m:	5:48.55	35.56	900m:	10:34.86	35.64	1300m:	15:21.31	35.26
	150m:	1:39.14	35.42	550m:	6:24.57	36.02	950m:	11:10.87	36.01	1350m:	15:57.50	36.19
	200m:	2:14.68	35.54	600m:	7:00.30	35.73	1000m:	11:46.18	35.31	1400m:	16:32.79	35.29
	250m:	2:50.33	35.65	650m:	7:36.52	36.22	1050m:	12:22.68	36.50	1450m:	17:07.73	34.94
	300m:	3:25.72	35.39	700m:	8:12.01	35.49	1100m:	12:58.38	35.70	1500m:	17:40.47	32.74
	350m:	4:01.57	35.85	750m:	8:47.99	35.98	1150m:	13:34.43	36.05			
	400m:	4:37.08	35.51	800m:	9:23.45	35.46	1200m:	14:10.06	35.63			
6.	Gústav Ragnar Kristjánsson			02	Sunddeild Breiðabliks			18:17.57	17:41.00	553		
	50m:	30.15	30.15	450m:	5:12.81	35.76	850m:	9:59.71	35.96	1250m:	14:46.18	35.98
	100m:	1:03.86	33.71	500m:	5:48.00	35.19	900m:	10:35.26	35.55	1300m:	15:21.53	35.35
	150m:	1:39.19	35.33	550m:	6:24.17	36.17	950m:	11:11.04	35.78	1350m:	15:57.61	36.08
	200m:	2:14.79	35.60	600m:	6:59.97	35.80	1000m:	11:46.72	35.68	1400m:	16:33.30	35.69
	250m:	2:50.36	35.57	650m:	7:35.93	35.96	1050m:	12:22.71	35.99	1450m:	17:08.24	34.94
	300m:	3:25.78	35.42	700m:	8:11.92	35.99	1100m:	12:58.56	35.85	1500m:	17:41.00	32.76
	350m:	4:01.54	35.76	750m:	8:48.03	36.11	1150m:	13:34.49	35.93			
	400m:	4:37.05	35.51	800m:	9:23.75	35.72	1200m:	14:10.20	35.71			
7.	Björgvin Árni Júlíusson			01	Reykjavík			16:57.36	17:50.33	538		
	50m:	29.80	29.80	450m:	5:13.54	35.44	850m:	10:02.61	36.67	1250m:	14:52.99	36.67
	100m:	1:03.54	33.74	500m:	5:49.65	36.11	900m:	10:38.81	36.20	1300m:	15:28.74	35.75
	150m:	1:38.50	34.96	550m:	6:25.72	36.07	950m:	11:15.50	36.69	1350m:	16:04.62	35.88
	200m:	2:14.08	35.58	600m:	7:01.76	36.04	1000m:	11:51.56	36.06	1400m:	16:40.68	36.06
	250m:	2:50.53	36.45	650m:	7:37.58	35.82	1050m:	12:27.73	36.17	1450m:	17:15.99	35.31
	300m:	3:26.46	35.93	700m:	8:14.35	36.77	1100m:	13:04.13	36.40	1500m:	17:50.33	34.34
	350m:	4:02.28	35.82	750m:	8:50.03	35.68	1150m:	13:40.61	36.48			
	400m:	4:38.10	35.82	800m:	9:25.94	35.91	1200m:	14:16.32	35.71			
8.	Veigar Hrafn Sigbórsson			05	SH			18:16.93	17:54.52	532		
	50m:	31.69	31.69	450m:	5:22.42	35.94	850m:	10:09.58	35.63	1250m:	14:57.42	35.36
	100m:	1:07.69	36.00	500m:	5:59.07	36.65	900m:	10:45.83	36.25	1300m:	15:33.73	36.31
	150m:	1:43.70	36.01	550m:	6:34.47	35.40	950m:	11:21.90	36.07	1350m:	16:09.31	35.58
	200m:	2:20.77	37.07	600m:	7:10.26	35.79	1000m:	11:58.22	36.32	1400m:	16:45.58	36.27
	250m:	2:57.19	36.42	650m:	7:46.23	35.97	1050m:	12:33.54	35.32	1450m:	17:20.27	34.69
	300m:	3:33.73	36.54	700m:	8:22.07	35.84	1100m:	13:09.84	36.30	1500m:	17:54.52	34.25
	350m:	4:09.76	36.03	750m:	8:57.86	35.79	1150m:	13:45.65	35.81			
	400m:	4:46.48	36.72	800m:	9:33.95	36.09	1200m:	14:22.06	36.41			

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

Sundgrein 25, karla, 1500m skriðsund, Opinn

Sæti				F.ár				Undanrásir	Tími	Stig		
9.	Aron Fannar Kristínarson			03	Íþróttabandalag Reykjanesbæ			17:27.29	18:04.82	517		
	50m:	31.64	31.64	450m:	5:21.06	36.69	850m:	10:14.45	36.61	1250m:	15:03.14	36.69
	100m:	1:06.57	34.93	500m:	5:57.56	36.50	900m:	10:50.30	35.85	1300m:	15:39.64	36.50
	150m:	1:42.45	35.88	550m:	6:34.21	36.65	950m:	11:26.34	36.04	1350m:	16:16.09	36.45
	200m:	2:18.84	36.39	600m:	7:10.78	36.57	1000m:	12:02.14	35.80	1400m:	16:52.80	36.71
	250m:	2:55.22	36.38	650m:	7:47.40	36.62	1050m:	12:38.21	36.07	1450m:	17:29.32	36.52
	300m:	3:31.36	36.14	700m:	8:24.23	36.83	1100m:	13:14.09	35.88	1500m:	18:04.82	35.50
	350m:	4:08.10	36.74	750m:	9:01.24	37.01	1150m:	13:50.12	36.03			
	400m:	4:44.37	36.27	800m:	9:37.84	36.60	1200m:	14:26.45	36.33			
10.	Guðmundur Halldórsson			04	Sunddeild Breiðabliks			18:36.11	18:13.33	505		
	50m:	32.52	32.52	450m:	5:25.95	36.79	850m:	10:19.16	36.38	1250m:	15:12.09	36.62
	100m:	1:08.48	35.96	500m:	6:02.48	36.53	900m:	10:55.88	36.72	1300m:	15:48.85	36.76
	150m:	1:44.66	36.18	550m:	6:39.45	36.97	950m:	11:32.26	36.38	1350m:	16:25.02	36.17
	200m:	2:21.49	36.83	600m:	7:16.16	36.71	1000m:	12:09.17	36.91	1400m:	17:01.75	36.73
	250m:	2:58.18	36.69	650m:	7:52.91	36.75	1050m:	12:45.55	36.38	1450m:	17:37.92	36.17
	300m:	3:34.72	36.54	700m:	8:29.35	36.44	1100m:	13:22.12	36.57	1500m:	18:13.33	35.41
	350m:	4:12.03	37.31	750m:	9:05.84	36.49	1150m:	13:59.01	36.89			
	400m:	4:49.16	37.13	800m:	9:42.78	36.94	1200m:	14:35.47	36.46			
11.	Jónas Atli Pálsson			03	SH			18:44.66	18:20.73	495		
	50m:	31.67	31.67	450m:	5:23.16	36.92	850m:	10:19.12	37.13	1250m:	15:16.52	37.33
	100m:	1:06.93	35.26	500m:	5:59.86	36.70	900m:	10:56.22	37.10	1300m:	15:53.74	37.22
	150m:	1:42.98	36.05	550m:	6:36.84	36.98	950m:	11:33.00	36.78	1350m:	16:30.62	36.88
	200m:	2:19.25	36.27	600m:	7:13.56	36.72	1000m:	12:10.14	37.14	1400m:	17:08.09	37.47
	250m:	2:55.65	36.40	650m:	7:50.57	37.01	1050m:	12:47.72	37.58	1450m:	17:44.76	36.67
	300m:	3:32.32	36.67	700m:	8:27.79	37.22	1100m:	13:24.92	37.20	1500m:	18:20.73	35.97
	350m:	4:09.12	36.80	750m:	9:04.88	37.09	1150m:	14:01.76	36.84			
	400m:	4:46.24	37.12	800m:	9:41.99	37.11	1200m:	14:39.19	37.43			
12.	Logi Freyr Arnarsson			03	Reykjavík			18:27.30	18:46.62	462		
	50m:	31.05	31.05	450m:	5:24.64	37.21	850m:	10:26.45	38.30	1250m:	15:37.85	39.52
	100m:	1:06.50	35.45	500m:	6:01.80	37.16	900m:	11:05.36	38.91	1300m:	16:16.13	38.28
	150m:	1:42.59	36.09	550m:	6:38.97	37.17	950m:	11:43.84	38.48	1350m:	16:54.43	38.30
	200m:	2:18.90	36.31	600m:	7:15.77	36.80	1000m:	12:21.95	38.11	1400m:	17:32.68	38.25
	250m:	2:56.19	37.29	650m:	7:53.18	37.41	1050m:	13:01.75	39.80	1450m:	18:09.84	37.16
	300m:	3:33.20	37.01	700m:	8:31.04	37.86	1100m:	13:41.15	39.40	1500m:	18:46.62	36.78
	350m:	4:10.22	37.02	750m:	9:09.44	38.40	1150m:	14:19.79	38.64			
	400m:	4:47.43	37.21	800m:	9:48.15	38.71	1200m:	14:58.33	38.54			
13.	Jón Ingi Halldórsson			04	Sunddeild Breiðabliks			19:19.38	19:02.84	442		
	50m:	32.58	32.58	450m:	5:38.31	38.21	850m:	10:46.17	38.67	1250m:	15:52.46	38.69
	100m:	1:09.71	37.13	500m:	6:16.71	38.40	900m:	11:24.46	38.29	1300m:	16:30.80	38.34
	150m:	1:43.22	33.51	550m:	6:55.20	38.49	950m:	12:02.65	38.19	1350m:	17:09.43	38.63
	200m:	2:26.01	42.79	600m:	7:33.53	38.33	1000m:	12:40.86	38.21	1400m:	17:47.94	38.51
	250m:	3:04.70	38.69	650m:	8:12.02	38.49	1050m:	13:18.89	38.03	1450m:	18:26.04	38.10
	300m:	3:43.27	38.57	700m:	8:50.60	38.58	1100m:	13:56.93	38.04	1500m:	19:02.84	36.80
	350m:	4:21.37	38.10	750m:	9:29.15	38.55	1150m:	14:35.57	38.64			
	400m:	5:00.10	38.73	800m:	10:07.50	38.35	1200m:	15:13.77	38.20			
14.	Kristján Magnússon			05	Sundfélag Akraness			18:45.64	19:11.73	432		
	50m:	32.01	32.01	450m:	5:33.84	38.35	850m:	10:45.86	39.20	1250m:	15:59.11	38.57
	100m:	1:08.04	36.03	500m:	6:12.53	38.69	900m:	11:25.42	39.56	1300m:	16:38.52	39.41
	150m:	1:44.54	36.50	550m:	6:51.17	38.64	950m:	12:04.08	38.66	1350m:	17:17.32	38.80
	200m:	2:22.45	37.91	600m:	7:30.03	38.86	1000m:	12:43.63	39.55	1400m:	17:56.64	39.32
	250m:	3:00.15	37.70	650m:	8:09.26	39.23	1050m:	13:22.04	38.41	1450m:	18:34.42	37.78
	300m:	3:38.84	38.69	700m:	8:48.24	38.98	1100m:	14:01.56	39.52	1500m:	19:11.73	37.31
	350m:	4:16.65	37.81	750m:	9:27.14	38.90	1150m:	14:40.89	39.33			
	400m:	4:55.49	38.84	800m:	10:06.66	39.52	1200m:	15:20.54	39.65			

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

Sundgrein 26
6.4.2019 - 17:43

kvenna, 4 x 100m fjórsund

Opinn
Úrslitalistar

Íslandsmet	4:16.18	Sveit SH	ISL	Reykjavík	12.4.2014
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Stig: FINA 2019

Sæti	Undanrásir	Tími	Stig
1. SH 1	SH	NT	4:24.71 669
Steingerður Hauksdóttir +0,55 31.41 1:07.79	Katarína Róbertsdóttir +0,25 28.73	1:04.51	
Sunna Svanlaug Vilhjálmsdóttir 0.00 34.07 1:13.46	Jóhanna Elín Guðmundsdóttir +0,21 27.37	58.95	
2. Íþróttabandalag Reykjanesbæjar 1	Íþróttabandalag Reykjanesbæjar	NT	4:28.72 639
Íris Ósk Hilmarsdóttir +0,63 32.39 1:07.07	Gunnhildur Björg Baldursdóttir +0,35 31.47	1:07.80	
Karen Mist Arneirsdóttir +0,33 34.08 1:12.57	Eydís Ósk Kolbeinsdóttir +0,49 29.37	1:01.28	
3. Reykjavík 1	Reykjavík	NT	4:34.74 598
Eygló Ósk Gústafsdóttir +0,64 30.83 1:03.17	Svava Björg Lárusdóttir +0,38 32.02	1:09.41	
Herdís Birna Viggósdóttir +0,50 37.09 1:20.81	Jóhanna Gerða Gústafsdóttir +0,36 29.22	1:01.35	
4. Sundfélagið Óðinn 1	Sundfélagið Óðinn	NT	4:34.88 597
Þóra Snorraddóttir +0,52 34.08 1:11.21	Elín Kata Sigurgeirsdóttir +0,45 30.96	1:07.99	
Amalía Nanna Juliusdóttir +0,76 35.89 1:18.44	Bryndís Rún Hansen +0,22 27.41	57.24	
5. Sunddeild Breiðabliks 1	Sunddeild Breiðabliks	NT	4:39.59 568
Stefanía Sigurþórsdóttir +0,66 33.43 1:08.67	Bryndís Bolladóttir 31.56	1:07.64	
Freyja Birkisdóttir 39.20 1:22.83	Kristín Helga Hákonardóttir 28.82	1:00.45	
6. Sundfélag Akraness 1	Sundfélag Akraness	NT	5:08.32 423
Brynhildur Traustadóttir +0,68 38.16 1:19.37	Guðbjörg Bjartey Guðmundsdóttir +0,15 1:08.47		
Ragnheiður Karen Ólafsdóttir +0,28 37.68 2:40.34	Ingibjörg Svava Magnúsdóttir 0.14		
MÆekki Reykjavík 2	Reykjavík	NT	

Sundgrein 27
6.4.2019 - 17:49

karla, 4 x 100m fjórsund

Opinn
Úrslitalistar

Íslandsmet	3:50.57	Sveit SH	ISL	Reykjavík	20.4.2018
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Stig: FINA 2019

Sæti	Undanrásir	Tími	Stig
1. SH 1	SH	NT	3:55.45 682
Kolbeinn Hrafnkelsson +0,46 28.26 58.51	Róbert Ísak Jónsson S14 +0,57 26.87	59.34	
Anton Sveinn McKee +0,37 30.07 1:03.90	Dadó Fenrir Jasminuson +0,38 25.27	53.70	
2. Reykjavík 1	Reykjavík	NT	4:04.03 612
Kristján Gylfi Þórisson +0,60 29.42 1:00.76	Bjartur Þórhallsson +0,36 28.70	1:03.53	
Kristinn Þórarinnsson +0,29 30.47 1:05.24	Hólmsteinn Skorri Hallgrímsson +0,41 25.90	54.50	
3. Íþróttabandalag Reykjanesbæjar 1	Íþróttabandalag Reykjanesbæjar	NT	4:05.79 599
Fannar Snævar Hauksson +0,65 30.46 1:03.54	Þröstur Bjarnason +0,22 26.71	57.45	
Kári Snær Halldórsson +0,33 33.48 1:12.75	Kristófer Sigurðsson +0,09 24.35	52.05	
4. Sunddeild Breiðabliks 1	Sunddeild Breiðabliks	NT	4:07.61 586
Brynjólfur Óli Karlsson +0,48 28.45 59.26	Kristófer Atli Andersen +0,31 28.57	1:02.72	
Óskar Gauti Lund +0,18 33.32 1:11.01	Patrik Viggó Vilbergsson +0,44 26.09	54.62	
5. Reykjavík 2	Reykjavík	NT	4:23.29 487
Tómas Magnússon +0,54 30.76 1:03.45	Halldór Björn Kristinsson 30.58	1:08.95	
Ingvar Orri Jóhannesson +0,13 33.08 1:12.02	Sigurður Ingi Sigurðarson +0,24 27.80	58.87	
6. Sundfélag Akraness 1	Sundfélag Akraness	NT	4:28.76 458
Kristján Magnússon +0,63 33.32 1:10.76	Atli Vikar Ingimundarson +0,41 28.56	1:02.22	
Snær Llorens Sigurðsson +0,30 35.63 1:16.95	Erlend Magnússon +0,41 27.10	58.83	
7. Íþróttabandalag Reykjanesbæjar 2	Íþróttabandalag Reykjanesbæjar	NT	4:33.90 433
Flosi Ómarsson +0,66 32.85 1:07.99	Daníel Patrick Riley +0,21 29.88	1:06.94	
Alexander Logi Jónsson +0,59 36.72 1:17.47	Stefán Elías Davíðsson -0,03 29.04	1:01.50	

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

5 - 5. hluti - undanrásir

7.4.2019 - 9:30

Sundgrein 28 7.4.2019 - 9:30	kvenna, 400m fjórsund				Opinn Úrslitalistar
Aldursflokkamet Íslands 15 - 17	5:02.33	Ólöf Edda Eðvarðsdóttir	ISL	Hafnarfjörður	15.6.2013
Aldursflokkamet Íslands 13 - 14	5:04.19	Ólöf Edda Eðvarðsdóttir	ISL	Reykjavík	8.4.2011
Aldursflokkamet Íslands 11 - 12	5:32.92	Stefanía Sigurþórsdóttir	ISL	Reykjanesbæ	15.12.2013
Íslandsmet	4:46.70	Hrafnhildur Lüthersdóttir	ISL	Reykjavík	5.6.2015

NÆM 13 - 15: 5:21.84 / EMU 14 - 15: 5:07.98; 16 - 17: 5:04.98 / EYOF 14 - 15: 5:09.30 / HM50 : 4:52.97 / IM50 : 5:54.78

Stig: FINA 2019

Sæti	F.ár				Undanrásir	Tími	Stig				
1. María Fanney Kristjánsdóttir	00	SH			5:06.45	5:10.65	630				
50m:	32.12	32.12	150m:	1:51.77	42.17	250m:	3:16.13	43.27	350m:	4:35.15	35.46
100m:	1:09.60	37.48	200m:	2:32.86	41.09	300m:	3:59.69	43.56	400m:	5:10.65	35.50
2. Stefanía Sigurþórsdóttir	01	Sunddeild Breiðabliks			5:14.64	5:16.33	597				
50m:	32.86	32.86	150m:	1:53.86	41.02	250m:	3:19.14	46.02	350m:	4:41.01	36.39
100m:	1:12.84	39.98	200m:	2:33.12	39.26	300m:	4:04.62	45.48	400m:	5:16.33	35.32
3. Gunnhildur Björg Baldursdóttir	00	Íþróttabandalag Reykjanesbæjar			5:22.49	5:20.21	575				
50m:	32.02	32.02	150m:	1:50.94	41.79	250m:	3:18.49	46.22	350m:	4:43.80	37.60
100m:	1:09.15	37.13	200m:	2:32.27	41.33	300m:	4:06.20	47.71	400m:	5:20.21	36.41
4. Alexandra Tómasdóttir	01	Sundfélagið Óðinn			5:35.11	5:28.96	530				
50m:	33.16	33.16	150m:	1:57.91	44.16	250m:	3:29.00	47.66	350m:	4:53.67	37.66
100m:	1:13.75	40.59	200m:	2:41.34	43.43	300m:	4:16.01	47.01	400m:	5:28.96	35.29
5. Þóra Snorradóttir	03	Sundfélagið Óðinn			5:36.93	5:35.41	500				
50m:	33.21	33.21	150m:	1:57.34	44.08	250m:	3:28.73	47.33	350m:	4:56.82	38.96
100m:	1:13.26	40.05	200m:	2:41.40	44.06	300m:	4:17.86	49.13	400m:	5:35.41	38.59
6. Diljá Rún Ívarsdóttir	02	Íþróttabandalag Reykjanesbæjar			5:41.53	5:37.69	490				
50m:	33.07	33.07	150m:	1:57.60	45.86	250m:	3:29.86	47.32	350m:	4:58.05	40.34
100m:	1:11.74	38.67	200m:	2:42.54	44.94	300m:	4:17.71	47.85	400m:	5:37.69	39.64
7. Kristín Ylfa Guðmundsdóttir	02	SH			5:39.32	5:42.27	471				
50m:	33.26	33.26	150m:	2:00.10	47.42	250m:	3:34.25	47.96	350m:	5:03.64	40.70
100m:	1:12.68	39.42	200m:	2:46.29	46.19	300m:	4:22.94	48.69	400m:	5:42.27	38.63
8. Guðný Birna Falsdóttir	03	Íþróttabandalag Reykjanesbæjar			5:52.35	5:47.44	450				
50m:	37.13	37.13	150m:	2:06.92	46.92	250m:	3:38.55	46.86	350m:	5:08.23	40.93
100m:	1:20.00	42.87	200m:	2:51.69	44.77	300m:	4:27.30	48.75	400m:	5:47.44	39.21
9. Sara Rut Sigurðardóttir	03	SH			5:53.02	5:49.11	444				
50m:	34.20	34.20	150m:	2:00.97	45.00	250m:	3:36.12	50.20	350m:	5:08.54	40.86
100m:	1:15.97	41.77	200m:	2:45.92	44.95	300m:	4:27.68	51.56	400m:	5:49.11	40.57
10. Ragnheiður Karen Ólafsdóttir	04	Sundfélag Akraness			5:52.52	5:52.27	432				
50m:	35.44	35.44	150m:	2:09.48	46.73	250m:	3:41.52	46.93	350m:	5:12.71	42.27
100m:	1:22.75	47.31	200m:	2:54.59	45.11	300m:	4:30.44	48.92	400m:	5:52.27	39.56
11. Elísabet Jóhannesdóttir	06	Íþróttabandalag Reykjanesbæjar			5:53.04	5:53.15	429				
50m:	38.20	38.20	150m:	2:06.98	45.12	250m:	3:42.58	50.70	350m:	5:13.93	41.17
100m:	1:21.86	43.66	200m:	2:51.88	44.90	300m:	4:32.76	50.18	400m:	5:53.15	39.22
12. Katja Lilja Andriysoðttir	06	SH			5:53.89	5:55.86	419IM5				
50m:	38.01	38.01	150m:	2:14.04	48.10	250m:	3:47.93	48.83	350m:	5:16.90	40.73
100m:	1:25.94	47.93	200m:	2:59.10	45.06	300m:	4:36.17	48.24	400m:	5:55.86	38.96
13. Jóhanna Brynja Rúnarsdóttir	06	SH			5:53.91	6:01.72	399IM5				
50m:	38.76	38.76	150m:	2:09.90	46.32	250m:	3:48.72	53.31	350m:	5:22.41	40.66
100m:	1:23.58	44.82	200m:	2:55.41	45.51	300m:	4:41.75	53.03	400m:	6:01.72	39.31

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

Sundgrein 29
7.4.2019 - 9:37

karla, 400m fjórsund

Opinn
Úrslitalistar

Aldursflokkamet Íslands 15 - 17	4:40.61	Örn Arnason	ISL	Reykjavík	7.6.1998
Aldursflokkamet Íslands 13 - 14	4:56.48	Ólafur Sigurðsson	ISL	Reykjavík	14.6.2013
Aldursflokkamet Íslands 11 - 12	5:31.90	Birnir Freyr Hálfánarson	ISL	Hafnarfjörður	7.4.2018
Íslandsmet	4:23.64	Anton Sveinn McKee	ISL	Reykjavík	15.4.2012

NÆM 14 - 16: 5:02.86 / EMU 15 - 16: 4:37.19; 17 - 18: 4:34.49 / EYOF 15 - 16: 4:48.71 / HM50 : 4:26.93 / IM50 : 5:31.04

Stig: FINA 2019

Sæti				F.ár				Undanrásir	Tími	Stig		
1.	Patrik Viggó Vilbergsson <i>Aldursflokkamet!</i>			02	Sunddeild Breiðabliks			4:43.88	4:39.37	664		
	50m:	28.60	28.60	150m:	1:38.16	36.32	250m:	2:55.23	41.32	350m:	4:09.55	31.97
	100m:	1:01.84	33.24	200m:	2:13.91	35.75	300m:	3:37.58	42.35	400m:	4:39.37	29.82
2.	Aron Þór Jónsson			02	SH			4:52.47	4:54.99	564		
	50m:	30.80	30.80	150m:	1:46.59	40.30	250m:	3:05.90	39.77	350m:	4:20.60	34.30
	100m:	1:06.29	35.49	200m:	2:26.13	39.54	300m:	3:46.30	40.40	400m:	4:54.99	34.39
3.	Snær Llorens Sigurðsson			02	Sundfélag Akraness			5:07.51	5:00.39	534		
	50m:	30.83	30.83	150m:	1:48.81	41.74	250m:	3:11.35	42.33	350m:	4:27.67	33.35
	100m:	1:07.07	36.24	200m:	2:29.02	40.21	300m:	3:54.32	42.97	400m:	5:00.39	32.72
4.	Veigar Hrafn Sigþórsson			05	SH			5:15.08	5:02.71	522NÆM		
	50m:	31.79	31.79	150m:	1:46.89	38.42	250m:	3:10.79	46.56	350m:	4:29.50	33.54
	100m:	1:08.47	36.68	200m:	2:24.23	37.34	300m:	3:55.96	45.17	400m:	5:02.71	33.21
5.	Aron Fannar Kristínarson			03	Íþróttabandalag Reykjanesbæjar			5:02.24	5:04.09	515		
	50m:	31.88	31.88	150m:	1:49.34	39.80	250m:	3:11.83	44.02	350m:	4:31.12	34.65
	100m:	1:09.54	37.66	200m:	2:27.81	38.47	300m:	3:56.47	44.64	400m:	5:04.09	32.97
6.	Flosi Ómarsson			03	Íþróttabandalag Reykjanesbæjar			5:10.78	5:10.35	485		
	50m:	33.25	33.25	150m:	1:53.08	40.40	250m:	3:15.25	43.42	350m:	4:34.42	35.59
	100m:	1:12.68	39.43	200m:	2:31.83	38.75	300m:	3:58.83	43.58	400m:	5:10.35	35.93
7.	Alexander Logi Jónsson			04	Íþróttabandalag Reykjanesbæjar			5:20.10	5:13.46	470		
	50m:	33.34	33.34	150m:	1:53.42	42.19	250m:	3:17.41	43.41	350m:	4:38.04	37.21
	100m:	1:11.23	37.89	200m:	2:34.00	40.58	300m:	4:00.83	43.42	400m:	5:13.46	35.42
8.	Hilmir Snær Lunddal Rúnarsson			03	SH			5:25.70	5:21.13	437		
	50m:	32.16	32.16	150m:	1:52.93	42.86	250m:	3:21.67	47.80	350m:	4:45.73	36.15
	100m:	1:10.07	37.91	200m:	2:33.87	40.94	300m:	4:09.58	47.91	400m:	5:21.13	35.40
9.	Ólafur Breki Guðnason			03	Ægir			5:18.32	5:23.02	430		
	50m:	34.20	34.20	150m:	1:58.14	43.04	250m:	3:26.61	47.31	350m:	4:48.86	35.28
	100m:	1:15.10	40.90	200m:	2:39.30	41.16	300m:	4:13.58	46.97	400m:	5:23.02	34.16
10.	Kári Steinn Kjartansson			03	Ægir			5:30.54	5:23.03	430		
	50m:	34.54	34.54	150m:	1:54.99	39.90	250m:	3:24.92	50.06	350m:	4:49.77	35.34
	100m:	1:15.09	40.55	200m:	2:34.86	39.87	300m:	4:14.43	49.51	400m:	5:23.03	33.26
11.	Snorri Dagur Einarsson			05	SH			5:26.87	5:24.55	424		
	50m:	31.37	31.37	150m:	1:58.39	45.32	250m:	3:26.48	44.33	350m:	4:48.68	36.62
	100m:	1:13.07	41.70	200m:	2:42.15	43.76	300m:	4:12.06	45.58	400m:	5:24.55	35.87
12.	Logi Freyr Arnarsson			03	Reykjavík			5:13.35	5:29.18	406		
	50m:	33.66	33.66	150m:	1:55.03	42.83	250m:	3:27.32	50.30	350m:	4:53.58	36.31
	100m:	1:12.20	38.54	200m:	2:37.02	41.99	300m:	4:17.27	49.95	400m:	5:29.18	35.60

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

Sundgrein 30
7.4.2019 - 9:43

kvenna, 50m flugsund

Opinn
Úrslitalistar Undanrásir

Aldursflokkamet Íslands 15 - 17	27.84	Bryndís Rún Hansen	ISL	Prag (CZE)	12.7.2009
Aldursflokkamet Íslands 13 - 14	29.39	Bryndís Bolladóttir	ISL	Reykjavík	8.2.2013
Aldursflokkamet Íslands 11 - 12	32.77	Rannveig Rögn Leifsdóttir	ISL	Reykjavík	13.2.2009
Íslandsmet	26.68	Bryndís Rún Hansen	ISL	London (GBR)	16.5.2016

EMU 14 - 15: 28.28; 16 - 17: 28.28 / HM50 : 27.26 / IM50 : 33.45

Stig: FINA 2019

Sæti	F.ár	Undanrásir	Tími	Stig
1.	Bryndís Rún Hansen	93 Sundfélagið Óðinn	NT	27.69 686
2.	Jóhanna Elín Guðmundsdóttir	01 SH	27.93	29.10 591
3.	Steingerður Hauksdóttir	96 SH	29.58	29.19 586
4.	Katarína Róbertsdóttir	00 SH	28.12	29.35 576
5.	Elín Kata Sigurgeirsdóttir	99 Sundfélagið Óðinn	29.91	30.43 517
6.	Kristín Ylfa Guðmundsdóttir	02 SH	30.85	31.00 489
7.	Ásta Kristín Jónsdóttir	00 Reykjavík	31.13	31.03 488
8.	Þorgerður Ósk Jónsdóttir	03 SH	31.43	31.22 479
9.	Sylvia Sienkiewicz	99 Íþróttabandalag Reykjanesbæjar	31.70	31.69 458
10.	Regína Lilja Gunnlaugsdóttir	02 Sunddeild Breiðabliks	31.19	31.72 456
11.	Gunnhildur Björg Baldursdóttir	00 Íþróttabandalag Reykjanesbæjar	30.93	31.75 455
12.	Diljá Rún Ívarsdóttir	02 Íþróttabandalag Reykjanesbæjar	32.15	32.24 435
13.	Svava Björg Lárusdóttir	03 Reykjavík	31.71	32.30 432
14.	Eva Sól Garðarsdóttir	03 Sundfélagið Óðinn	31.74	32.35 430
15.	Ásta Kamilla Sigurðardóttir	04 Íþróttabandalag Reykjanesbæjar	32.77	32.46 426
16.	Herdís Birna Viggósdóttir	04 Reykjavík	32.31	32.48 425
	Sólveig María Baldursdóttir	04 Íþróttabandalag Reykjanesbæjar	32.90	32.48 425
18.	Sigurjóna Ragnheiðardóttir	03 Sundfélagið Óðinn	32.89	32.55 422
19.	Emilía Sól Guðmundsdóttir	02 Ægir	30.99	32.79 413
20.	Guðbjörg Bjartey Guðmundsdóttir	05 Sundfélag Akraness	31.38	32.95 407
21.	Hafdís Eva Pálsdóttir	04 Íþróttabandalag Reykjanesbæjar	33.06	32.97 406
22.	Ragnheiður Karlsdóttir	99 Sunddeild Breiðabliks	32.75	33.21 398
23.	Dagbjörg Hlíf Ólafsdóttir	05 SH	33.44	33.65 382IM5
24.	Bríet Dalla Gunnarsdóttir	04 SH	33.43	34.11 367IM5
25.	Thórey Magnúsdóttir S14	99 ÍFR	36.15	39.24 241IM5
26.	Sigríður Aníta Rognvalsdóttir S14	01 ÍFR	45.13	46.01 149IM5

Sundgrein 31
7.4.2019 - 9:49

karla, 50m flugsund

Opinn
Úrslitalistar Undanrásir

Aldursflokkamet Íslands 15 - 17	25.24	Hjörtur Már Reynisson	ISL	Valetta (MLT)	8.7.2001
Aldursflokkamet Íslands 13 - 14	28.13	Fannar Snævar Hauksson	ISL	Reykjavík	22.4.2018
Aldursflokkamet Íslands 11 - 12	33.10	Viktor Forafonov	ISL	Kristiansand (NOR)	8.6.2014
Íslandsmet	24.02	Örn Arnason	ISL	Melbourne (AUS)	26.3.2007

EMU 15 - 16: 25.40; 17 - 18: 25.15 / HM50 : 24.49 / IM50 : 30.63

Stig: FINA 2019

Sæti	F.ár	Undanrásir	Tími	Stig
1.	Dadó Fenrir Jasminuson	95 SH	25.82	26.16 616
2.	Kolbeinn Hrafnkelsson	94 SH	26.14	26.33 605
3.	Aron Örn Stefánsson	95 SH	26.87	26.54 590
4.	Fannar Snævar Hauksson	04 Íþróttabandalag Reykjanesbæjar	27.20	27.23 547
5.	Kári Sölvi Nielsen	00 SH	27.86	27.42 535
6.	Ólafur Árdal Sigurðsson	99 SH	27.33	27.61 524
7.	Atli Vikar Ingimundarson	97 Sundfélag Akraness	27.31	28.00 503
8.	Aron Bjarki Jónsson	01 SH	28.66	28.27 488
9.	Birnir Freyr Hálfánarsson	06 SH	28.47	28.45 479
10.	Bjartur Þórhallsson	00 Reykjavík	29.67	29.16 445
11.	Erlend Magnússon	01 Sundfélag Akraness	29.45	29.17 444

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

Sundgrein 31, karla, 50m flugsund, Undanrásir, Opinn

Sæti	F.ár	Undanrásir	Tími	Stig
12. Guðmundur Karl Karlsson	05	Sunddeild Breiðabliks	30.53	30.18 401
13. Júlíus Karl Maier	02	SH	30.39	30.29 397
14. Daniel Patrick Riley	03	Íþróttabandalag Reykjanesbæjar	30.44	30.54 387
15. Halldór Björn Kristinsson	02	Reykjavík	30.62	30.88 375IM5
16. Már Gunnarsson S12	99	Íþróttabandalag Reykjanesbæjar	33.27	31.92 339IM5
17. Ragnar Magnússon S14	92	Íþróttafélagið Fjörður	34.44	35.97 237IM5
MÆekki Vikar Máni Þórssón	02	Reykjavík	28.17	
MÆekki Jökull Ýmir Guðmundsson	00	SH	27.88	

Sundgrein 32
7.4.2019 - 9:53

kvenna, 200m skriðsund

Opinn
Úrslitalistar Undanrásir

Aldursflokkamet Íslands 15 - 17	2:03.08	Eygló Ósk Gústafsdóttir	ISL	Reykjavík	13.4.2012
Aldursflokkamet Íslands 13 - 14	2:09.35	Eygló Ósk Gústafsdóttir	ISL	Reykjavík	22.3.2009
Aldursflokkamet Íslands 11 - 12	2:19.48	Stefanía Sigurþórsdóttir	ISL	Reykjanesbæ	14.12.2013
Íslandsmet	2:01.82	Snæfríður Sól Jórunnardóttir	DEN	Odense (DEN)	15.7.2018

NÆM 13 - 15: 2:15.86 / EMU 14 - 15: 2:06.64; 16 - 17: 2:05.40 / EYOF 14 - 15: 2:07.91 / HM50 : 2:02.81 / IM50 : 2:28.05

Stig: FINA 2019

Sæti	F.ár	Undanrásir	Tími	Stig
1. Snæfríður Sól Jórunnardóttir	00	AGFS	2:01.82	2:05.70 726
50m: 28.91 28.91 100m: 1:00.08 31.17 150m: 1:32.45 32.37 200m: 2:05.70 33.25				
2. Eydís Ósk Kolbeinsdóttir	00	Íþróttabandalag Reykjanesbæjar	2:13.81	2:11.25 637
50m: 30.22 30.22 100m: 1:03.63 33.41 150m: 1:37.28 33.65 200m: 2:11.25 33.97				
3. Kristín Helga Hákonardóttir	04	Sunddeild Breiðabliks	2:09.67	2:11.56 633NÆM
50m: 30.31 30.31 100m: 1:03.83 33.52 150m: 1:38.20 34.37 200m: 2:11.56 33.36				
4. Ragna Sigríður Ragnarsdóttir	01	Sunddeild Breiðabliks	2:09.07	2:11.63 632
50m: 29.91 29.91 100m: 1:03.15 33.24 150m: 1:37.82 34.67 200m: 2:11.63 33.81				
5. Brynhildur Traustadóttir	01	Sundfélag Akraness	2:13.05	2:13.91 600
50m: 30.60 30.60 100m: 1:04.34 33.74 150m: 1:39.29 34.95 200m: 2:13.91 34.62				
6. Regína Lilja Gunnlaugsdóttir	02	Sunddeild Breiðabliks	2:18.03	2:15.93 574
50m: 31.26 31.26 100m: 1:05.32 34.06 150m: 1:40.54 35.22 200m: 2:15.93 35.39				
7. Adele Alexandra Pálsson	03	SH	2:17.11	2:16.41 568
50m: 31.19 31.19 100m: 1:05.41 34.22 150m: 1:41.27 35.86 200m: 2:16.41 35.14				
8. Aþena Jónsdóttir	04	SH	2:18.67	2:17.29 557
50m: 31.38 31.38 100m: 1:05.00 33.62 150m: 1:41.18 36.18 200m: 2:17.29 36.11				
9. Alexandra Tómasdóttir	01	Sundfélagið Óðinn	2:25.03	2:17.36 556
50m: 31.75 31.75 100m: 1:06.67 34.92 150m: 1:42.56 35.89 200m: 2:17.36 34.80				
10. Ólöf Kristín Isaksen	05	Sundfélagið Óðinn	2:17.15	2:17.67 552
50m: 31.14 31.14 100m: 1:06.01 34.87 150m: 1:42.01 36.00 200m: 2:17.67 35.66				
11. Ingibjörg Erla Garðarsdóttir	00	Reykjavík	2:18.30	2:17.74 551
50m: 32.05 32.05 100m: 1:06.46 34.41 150m: 1:42.88 36.42 200m: 2:17.74 34.86				
12. Svava Björg Lárusdóttir	03	Reykjavík	2:24.09	2:19.45 531
50m: 31.52 31.52 100m: 1:07.21 35.69 150m: 1:44.24 37.03 200m: 2:19.45 35.21				
13. Aþena Arnarsdóttir	03	Sundfélagið Óðinn	2:19.83	2:19.62 529
50m: 31.13 31.13 100m: 1:06.30 35.17 150m: 1:43.04 36.74 200m: 2:19.62 36.58				
14. Ragnheiður Karlsdóttir	99	Sunddeild Breiðabliks	2:20.93	2:19.83 527
50m: 32.34 32.34 100m: 1:07.65 35.31 150m: 1:43.97 36.32 200m: 2:19.83 35.86				
15. Freyja Birkisdóttir	06	Sunddeild Breiðabliks	2:18.65	2:20.18 523
50m: 31.88 31.88 100m: 1:07.83 35.95 150m: 1:44.71 36.88 200m: 2:20.18 35.47				
16. Rebekka Sif Ómarsdóttir	03	Sundfélagið Óðinn	2:20.21	2:20.60 518
50m: 32.16 32.16 100m: 1:07.41 35.25 150m: 1:44.03 36.62 200m: 2:20.60 36.57				

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

Sundgrein 32, kvenna, 200m skriðsund, Undanrásir, Opinn

Sæti	F.ár	Undanrásir	Tími	Stig
17. Halla Margrét Baldursdóttir	02	Reykjavík	2:18.36	2:22.42 499
50m: 31.76 31.76	100m: 1:07.59 35.83	150m: 1:45.25 37.66	200m: 2:22.42 37.17	
Sandra Dögg Kristjánsdóttir	03	SH	2:20.86	2:22.42 499
50m: 32.39 32.39	100m: 1:08.74 36.35	150m: 1:45.90 37.16	200m: 2:22.42 36.52	
19. Helena Rún Gylfadóttir	03	Reykjavík	2:22.55	2:23.10 492
50m: 32.11 32.11	100m: 1:08.23 36.12	150m: 1:45.71 37.48	200m: 2:23.10 37.39	
20. Ylfa Finnbogadóttir	02	SH	2:23.12	2:26.26 460
50m: 33.23 33.23	100m: 1:10.68 37.45	150m: 1:48.65 37.97	200m: 2:26.26 37.61	
21. Ingibjörg Svava Magnúsardóttir	05	Sundfélag Akraness	2:22.93	2:26.34 460
50m: 33.91 33.91	100m: 1:11.34 37.43	150m: 1:49.60 38.26	200m: 2:26.34 36.74	
22. Sara Ægisdóttir	03	UMF Selfoss	2:26.71	2:26.59 457
50m: 33.00 33.00	100m: 1:09.58 36.58	150m: 1:48.74 39.16	200m: 2:26.59 37.85	
23. Sif Grímsdóttir	03	Reykjavík	2:25.01	2:26.96 454
50m: 32.93 32.93	100m: 1:09.71 36.78	150m: 1:47.94 38.23	200m: 2:26.96 39.02	
24. Embla Karen Sævarsdóttir	04	Sundfélagið Óðinn	2:24.66	2:27.04 453
50m: 32.91 32.91	100m: 1:09.60 36.69	150m: 1:47.98 38.38	200m: 2:27.04 39.06	
25. Vigdís Tinna Hákonardóttir	06	Sunddeild Breiðabliks	2:27.36	2:27.80 446
50m: 33.47 33.47	100m: 1:11.39 37.92	150m: 1:50.44 39.05	200m: 2:27.80 37.36	
26. Heiður Kristín Sigurgeirssdóttir	01	Reykjavík	2:26.38	2:28.93 436IM5
50m: 33.49 33.49	100m: 1:10.66 37.17	150m: 1:50.01 39.35	200m: 2:28.93 38.92	
27. Þórdís Anita Björnsdóttir	02	SH	2:23.11	2:29.20 434IM5
50m: 33.97 33.97	100m: 1:11.54 37.57	150m: 1:50.64 39.10	200m: 2:29.20 38.56	
28. Diljá Dröfn Jóhannesdóttir	03	SH	2:21.68	2:30.70 421IM5
50m: 33.63 33.63	100m: 1:12.00 38.37	150m: 1:51.68 39.68	200m: 2:30.70 39.02	
29. Sigríður Aníta Rognvaldsdóttir S14	01	ÍFR	2:45.46	2:59.53 249IM5
50m: 38.40 38.40	100m: 1:24.84 46.44	150m: 2:13.02 48.18	200m: 2:59.53 46.51	
30. Thelma Björnsdóttir S6 Sb5	96	ÍFR	3:01.13	3:02.03 239IM5
50m: 42.40 42.40	100m: 1:28.73 46.33	150m: 2:15.68 46.95	200m: 3:02.03 46.35	
MÆekki Íris Edda Garðarsdóttir	03	Reykjavík	2:23.31	
MÆekki Þórunn Kolbrún Árnadóttir	02	Sundfélagið Óðinn	2:21.43	

Sundgrein 33
7.4.2019 - 10:07

karla, 200m skriðsund

Opinn

Úrslitalistar Undanrásir

Aldursflokkamet Íslands 15 - 17	1:50.63	Örn Arnasson	ISL	Antwerpen (BEL)	2.8.1998
Aldursflokkamet Íslands 13 - 14	2:02.82	Viktor Forafonov	NOR	Oslo (NOR)	14.10.2016
Aldursflokkamet Íslands 11 - 12	2:19.40	Birnir Freyr Hálfánarson	ISL	Reykjavík	20.4.2018
Íslandsmet	1:49.78	Örn Arnason	ISL	Sydney (AUS)	19.9.2000

NÆM 14 - 16: 2:03.54 / EMU 15 - 16: 1:54.12; 17 - 18: 1:53.01 / EYOF 15 - 16: 1:58.04 / HM50 : 1:51.16 / IM50 : 2:16.95

Stig: FINA 2019

Sæti	F.ár	Undanrásir	Tími	Stig
1. Þröstur Bjarnason	97	Íþróttabandalag Reykjanesbæjar	2:03.18	1:59.52 621
50m: 29.46 29.46	100m: 59.77 30.31	150m: 1:29.49 29.72	200m: 1:59.52 30.03	
2. Kristófer Atli Andersen	02	Sunddeild Breiðabliks	2:00.72	2:02.78 573
50m: 28.33 28.33	100m: 1:00.52 32.19	150m: 1:32.72 32.20	200m: 2:02.78 30.06	
3. Kristófer Sigurðsson	95	Íþróttabandalag Reykjanesbæjar	2:01.59	2:03.60 562
50m: 28.48 28.48	100m: 59.56 31.08	150m: 1:32.12 32.56	200m: 2:03.60 31.48	
4. Brynjólfur Óli Karlsson	01	Sunddeild Breiðabliks	2:04.77	2:03.73 560
50m: 28.34 28.34	100m: 59.97 31.63	150m: 1:32.33 32.36	200m: 2:03.73 31.40	

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

Sundgrein 33, karla, 200m skriðsund, Undanrásir, Opinn

Sæti				F.ár				Undanrásir	Tími	Stig		
5.	Róbert Ísak Jónsson	S14	01	SH	2:04.61	2:04.08	555					
	50m:	28.62	28.62	100m:	1:00.03	31.41	150m:	1:32.40	32.37	200m:	2:04.08	31.68
6.	Bjartur Þórhallsson		00	Reykjavík	2:07.59	2:04.54	549					
	50m:	28.65	28.65	100m:	1:00.07	31.42	150m:	1:32.40	32.33	200m:	2:04.54	32.14
7.	Hólmsteinn Skorri Hallgrímsson		00	Reykjavík	2:09.59	2:04.73	546					
	50m:	28.84	28.84	100m:	1:00.67	31.83	150m:	1:33.35	32.68	200m:	2:04.73	31.38
8.	Kristján Gylfi Þórisson		00	Reykjavík	2:06.42	2:04.74	546					
	50m:	28.76	28.76	100m:	1:01.42	32.66	150m:	1:34.51	33.09	200m:	2:04.74	30.23
9.	Björgvin Árni Júlíusson		01	Reykjavík	2:05.56	2:07.35	513					
	50m:	28.71	28.71	100m:	1:01.00	32.29	150m:	1:34.16	33.16	200m:	2:07.35	33.19
10.	Sigurður Ingi Sigurðarson		01	Reykjavík	2:13.26	2:08.15	504					
	50m:	28.84	28.84	100m:	1:01.43	32.59	150m:	1:35.38	33.95	200m:	2:08.15	32.77
11.	Baldur Logi Gautason		00	Sundfélagið Óðinn	2:10.04	2:08.19	503					
	50m:	28.65	28.65	100m:	1:00.94	32.29	150m:	1:34.72	33.78	200m:	2:08.19	33.47
12.	Úlfur Páll Andrason		04	Reykjavík	2:10.99	2:08.73	497					
	50m:	28.82	28.82	100m:	1:00.86	32.04	150m:	1:34.38	33.52	200m:	2:08.73	34.35
13.	Róbert Andri Pálmason		02	Sunddeild Breiðabliks	2:05.62	2:09.10	493					
	50m:	28.71	28.71	100m:	1:01.96	33.25	150m:	1:36.45	34.49	200m:	2:09.10	32.65
14.	Símon Elías Statkevicius		03	SH	2:09.05	2:09.23	491					
	50m:	29.02	29.02	100m:	1:02.36	33.34	150m:	1:36.51	34.15	200m:	2:09.23	32.72
15.	Logi Freyr Arnarsson		03	Reykjavík	2:11.57	2:09.35	490					
	50m:	29.15	29.15	100m:	1:01.95	32.80	150m:	1:35.90	33.95	200m:	2:09.35	33.45
16.	Veigar Hrafn Sigþórsson		05	SH	2:10.85	2:09.71	486					
	50m:	29.79	29.79	100m:	1:02.50	32.71	150m:	1:36.40	33.90	200m:	2:09.71	33.31
17.	Skúli Thor Ásgeirsson		02	Ægir	2:09.03	2:09.84	484					
	50m:	29.00	29.00	100m:	1:01.97	32.97	150m:	1:36.02	34.05	200m:	2:09.84	33.82
18.	Teitur Þór Ólafsson		04	Ægir	2:12.80	2:11.95	461					
	50m:	29.44	29.44	100m:	1:02.87	33.43	150m:	1:37.59	34.72	200m:	2:11.95	34.36
19.	Guðmundur Karl Karlsson		05	Sunddeild Breiðabliks	2:13.77	2:12.71	454					
	50m:	29.91	29.91	100m:	1:03.57	33.66	150m:	1:38.71	35.14	200m:	2:12.71	34.00
20.	Gústav Ragnar Kristjánsson		02	Sunddeild Breiðabliks	2:12.24	2:12.83	452					
	50m:	29.34	29.34	100m:	1:03.07	33.73	150m:	1:38.67	35.60	200m:	2:12.83	34.16
21.	Snær Llorens Sigurðsson		02	Sundfélag Akraness	2:08.60	2:13.32	447					
	50m:	29.54	29.54	100m:	1:03.03	33.49	150m:	1:38.34	35.31	200m:	2:13.32	34.98
22.	Aron Valgeirsson		03	Sunddeild Breiðabliks	2:15.60	2:13.97	441					
	50m:	30.40	30.40	100m:	1:04.74	34.34	150m:	1:40.15	35.41	200m:	2:13.97	33.82
23.	Jónas Atli Pálsson		03	SH	2:16.23	2:15.12	430					
	50m:	30.05	30.05	100m:	1:04.51	34.46	150m:	1:40.18	35.67	200m:	2:15.12	34.94
24.	Sveinn Elí Helgason		04	Ægir	2:12.47	2:15.25	428					
	50m:	30.28	30.28	100m:	1:05.18	34.90	150m:	1:40.68	35.50	200m:	2:15.25	34.57
25.	Ólafur Breki Guðnason		03	Ægir	2:15.31	2:15.56	425					
	50m:	31.66	31.66	100m:	1:05.70	34.04	150m:	1:41.45	35.75	200m:	2:15.56	34.11
26.	Guðmundur Halldórsson		04	Sunddeild Breiðabliks	2:15.08	2:15.92	422					
	50m:	31.41	31.41	100m:	1:05.80	34.39	150m:	1:41.46	35.66	200m:	2:15.92	34.46
27.	Hákon Alexander Magnússon		00	Sundfélagið Óðinn	2:14.51	2:16.01	421					
	50m:	29.29	29.29	100m:	1:03.11	33.82	150m:	1:38.82	35.71	200m:	2:16.01	37.19
28.	Stefán Elías Davíðsson		03	Íþróttabandalag Reykjanesbæja	2:16.20	2:16.29	419					
	50m:	30.30	30.30	100m:	1:04.97	34.67	150m:	1:40.86	35.89	200m:	2:16.29	35.43

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

Sundgrein 33, karla, 200m skriðsund, Undanrásir, Opinn

Sæti	F.ár	Undanrásir	Tími	Stig
29. Andri Bergmann Isaksen	04	Sunddeild Breiðabliks	2:14.74	2:16.75 414
50m: 30.58 30.58	100m: 1:04.92	34.34 150m: 1:40.68	35.76 200m: 2:16.75	36.07
30. Kári Steinn Kjartansson	03	Ægir	2:11.02	2:18.55 399IM5
50m: 32.10 32.10	100m: 1:07.59	35.49 150m: 1:44.03	36.44 200m: 2:18.55	34.52
31. Kristján Helgi Jóhannsson S13	02	Reykjavík	2:30.72	2:41.89 250IM5
50m: 35.51 35.51	100m: 1:15.45	39.94 150m: 1:58.26	42.81 200m: 2:41.89	43.63
32. Fannar Logi Jóhannesson S14	00	Sundfélagið Óðinn	2:36.91	2:46.89 228IM5
50m: 35.13 35.13	100m: 1:17.21	42.08 150m: 2:01.65	44.44 200m: 2:46.89	45.24
33. Guðfinnur Karlsson S11	88	Íþróttafélagið Fjörður	2:48.86	2:51.58 210IM5
50m: 40.16 40.16	100m: 1:23.43	43.27 150m: 2:06.94	43.51 200m: 2:51.58	44.64
34. Hjörtur Ingvarsson S5	95	Íþróttafélagið Fjörður	3:11.26	3:18.17 136IM5
50m: 45.70 45.70	100m: 1:35.03	49.33 150m: 2:27.12	52.09 200m: 3:18.17	51.05
veikindi Sindri Andreas Bjarnason	01	Sundfélag Akraness	2:07.46	

Sundgrein 34

kvenna, 50m baksund

Opinn

7.4.2019 - 10:23

Úrslitalistar Undanrásir

Aldursflokkamet Íslands 15 - 17	29.74	Eygló Ósk Gústafsdóttir	ISL	Reykjavík	15.4.2012
Aldursflokkamet Íslands 13 - 14	31.26	Íris Ósk Hilmarsdóttir	ISL	Reykjanesbæ	8.12.2012
Aldursflokkamet Íslands 11 - 12	34.48	Rannveig Rögn Leifsdóttir	ISL	Reykjavík	21.4.2009
Íslandsmet	28.53	Ingibjörg Kristín Jónsdóttir	ISL	Budapest (HUN)	26.7.2017

EMU 14 - 15: 30.01; 16 - 17: 30.01 / HM50 : 29.21 / IM50 : 35.96

Stig: FINA 2019

Sæti	F.ár	Undanrásir	Tími	Stig
1. Steingerður Hauksdóttir	96	SH	30.06	30.05 730
2. Ingibjörg Kristín Jónsdóttir	93	SH	30.21	30.10 726
3. Íris Ósk Hilmarsdóttir	98	Íþróttabandalag Reykjanesbæjar	31.80	31.72 620
4. Katarína Róbertsdóttir	00	SH	31.50	32.01 604
5. Ásta Kristín Jónsdóttir	00	Reykjavík	32.64	32.08 600
6. Elín Kata Sigurgeirsdóttir	99	Sundfélagið Óðinn	32.26	32.66 568
7. Þóra Snorraddóttir	03	Sundfélagið Óðinn	32.78	32.83 559
8. Stefanía Sigurþórsdóttir	01	Sunddeild Breiðabliks	32.58	32.89 556
9. Emilía Sól Guðmundsdóttir	02	Ægir	32.97	33.06 548
10. Þorgerður Ósk Jónsdóttir	03	SH	33.47	33.60 522
11. Sylwia Sienkiewicz	99	Íþróttabandalag Reykjanesbæjar	35.24	34.46 484
12. Eva Sól Garðarsdóttir	03	Sundfélagið Óðinn	34.70	34.58 479
13. Guðbjörg Bjartey Guðmundsdóttir	05	Sundfélag Akraness	35.90	34.75 472
14. Fatemeh Zarabi	02	SH	35.10	34.91 465
15. Bríet Dalla Gunnarsdóttir	04	SH	35.41	34.92 465
16. Hafís Eva Pálsdóttir	04	Íþróttabandalag Reykjanesbæjar	34.16	35.17 455
17. Dagbjörg Hlíf Ólafsdóttir	05	SH	34.66	35.31 450
18. Arianna Steinarsdóttir	03	Reykjavík	34.59	35.54 441
19. Birta Rún Smáradóttir	04	Umf Afturelding	35.37	36.09 421IM5
20. Aþena Jónsdóttir	04	SH	34.00	36.17 418IM5
21. Sigríður Aníta Rognvaldsdóttir S14	01	ÍFR	38.96	41.84 270IM5
22. Herdís Rut Guðbjartsdóttir S14	04	Íþróttafélagið Fjörður	44.80	43.52 240IM5
23. Heiður Egilsdóttir S8	04	Íþróttafélagið Fjörður	49.26	50.67 152IM5
24. Thelma Björnsdóttir S6 Sb5	96	ÍFR	52.41	55.31 117IM5
25. Sonja Sigurdardóttir S4SB	90	ÍFR	1:04.62	1:06.13 68IM5

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

Sundgrein 35
7.4.2019 - 10:30

karla, 50m baksund

Opinn
Úrslitalistar Undanrásir

Aldursflokkamet Íslands 15 - 17	27.25	Kristinn Þórarinnsson	ISL	Reykjavík	15.4.2012
Aldursflokkamet Íslands 13 - 14	29.30	Brynjólfur Óli Karlsson	ISL	Reykjavík	10.4.2015
Aldursflokkamet Íslands 11 - 12	33.08	Brynjólfur Óli Karlsson	ISL	Reykjavík	1.3.2013
Íslandsmet	25.86	Örn Arnason	ISL	Eindhoven (NED)	20.3.2008

EMU 15 - 16: 27.42; 17 - 18: 27.15 / HM50 : 26.05 / IM50 : 32.50

Stig: FINA 2019

Sæti	F.ár	Undanrásir	Tími	Stig
1. Kristinn Þórarinnsson	96	Reykjavík	26.19	26.05 782HM5
2. Kolbeinn Hrafnkelsson	94	SH	26.50	26.59 735
3. Brynjólfur Óli Karlsson	01	Sunddeild Breiðabliks	28.09	27.91 635
4. Kristján Gylfi Þórisson	00	Reykjavík	29.13	29.01 566
5. Fannar Snævar Hauksson	04	Íþróttabandalag Reykjanesbæjar	29.57	29.47 540
6. Tómas Magnússon	02	Reykjavík	30.12	29.83 520
7. Erlend Magnússon	01	Sundfélag Akraness	30.44	30.54 485
8. Flosi Ómarsson	03	Íþróttabandalag Reykjanesbæjar	31.08	30.85 470
9. Birnir Freyr Hálfánarsson	06	SH	32.47	30.89 469
10. Aron Bjarki Jónsson	01	SH	31.21	31.10 459
11. Gabriel Ari Tryggvarson	03	Íþróttabandalag Reykjanesbæjar	31.23	31.16 456
12. Aron Fannar Kristínarson	03	Íþróttabandalag Reykjanesbæjar	31.67	31.37 447
13. Kári Sölvi Nielsen	00	SH	32.26	31.46 443
14. Júlíus Karl Maier	02	SH	31.91	31.53 441
15. Atli Vikar Ingimundarson	97	Sundfélag Akraness	30.08	31.61 437
16. Sveinn Elí Helgason	04	Ægir	31.14	33.47 368IM5
17. Már Gunnarsson S12	99	Íþróttabandalag Reykjanesbæjar	35.00	34.89 325IM5
18. Bergur Unnar Unnsteinsson S14	00	Sundfélagið Óðinn	37.92	35.47 309IM5
19. Ragnar Magnússon S14	92	Íþróttafélagið Fjörður	37.85	38.95 233IM5
20. Hjörtur Ingvarsson S5	95	Íþróttafélagið Fjörður	51.23	53.15 92IM5

Sundgrein 36
7.4.2019 - 10:35

kvenna, 200m bringusund

Opinn
Úrslitalistar Undanrásir

Aldursflokkamet Íslands 15 - 17	2:35.80	Íris Edda Heimisdóttir	ISL	Monaco (MON)	20.5.2000
Aldursflokkamet Íslands 13 - 14	2:40.49	Rakel Gunnlaugsdóttir	ISL	Glasgow (GBR)	4.3.2005
Aldursflokkamet Íslands 11 - 12	2:52.21	Ólöf Edda Eðvarðsdóttir	ISL	Reykjanesbæ	26.4.2009
Íslandsmet	2:22.96	Hrafnhildur Lúthersdóttir	ISL	London (GBR)	20.5.2016

NÆM 13 - 15: 2:45.74 / EMU 14 - 15: 2:37.85; 16 - 17: 2:36.31 / EYOF 14 - 15: 2:40.82 / HM50 : 2:31.02 / IM50 : 3:04.39

Stig: FINA 2019

Sæti	F.ár	Undanrásir	Tími	Stig
1. Sunna Svanlaug Vilhjálmsdóttir	00	SH	2:38.76	2:40.86 646
50m: 36.24 36.24 100m: 1:16.90 40.66 150m: 1:58.74 41.84 200m: 2:40.86 42.12				
2. Eva Margrét Falsdóttir	05	Íþróttabandalag Reykjanesbæjar	2:43.65	2:41.13 643NÆM
50m: 36.72 36.72 100m: 1:18.19 41.47 150m: 1:59.79 41.60 200m: 2:41.13 41.34				
3. Karen Mist Arngersdóttir	00	Íþróttabandalag Reykjanesbæjar	2:38.91	2:43.28 618
50m: 37.09 37.09 100m: 1:18.78 41.69 150m: 2:01.80 43.02 200m: 2:43.28 41.48				
4. María Fanney Kristjánsdóttir	00	SH	2:42.21	2:46.76 580
50m: 37.65 37.65 100m: 1:19.55 41.90 150m: 2:03.05 43.50 200m: 2:46.76 43.71				
5. Amalia Nanna Juliusdóttir	02	Sundfélagið Óðinn	2:56.18	2:54.07 510
50m: 38.41 38.41 100m: 1:22.47 44.06 150m: 2:08.67 46.20 200m: 2:54.07 45.40				
6. Herdís Birna Viggósdóttir	04	Reykjavík	2:54.25	2:56.73 487
50m: 39.82 39.82 100m: 1:25.44 45.62 150m: 2:11.62 46.18 200m: 2:56.73 45.11				
7. Ágústa Bergrós Jakobsdóttir	02	Reykjavík	3:01.24	2:58.20 475
50m: 39.76 39.76 100m: 1:25.47 45.71 150m: 2:11.59 46.12 200m: 2:58.20 46.61				
8. Ragnheiður Karen Ólafsdóttir	04	Sundfélag Akraness	2:55.73	2:59.15 468
50m: 40.31 40.31 100m: 1:27.34 47.03 150m: 2:14.96 47.62 200m: 2:59.15 44.19				

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

Sundgrein 36, kvenna, 200m bringusund, Undanrásir, Opinn

Sæti	F.ár	Undanrásir	Tími	Stig
9. Guðbjörg Bjartey Gudmundsdóttir	05	Sundfélag Akraness	3:03.20	2:59.48 465
50m: 40.36 40.36 100m: 1:27.05 46.69 150m: 2:13.98 46.93 200m: 2:59.48 45.50				
10. Sigurjóna Ragnheiðardóttir	03	Sundfélagið Óðinn	3:01.10	3:00.10 460
50m: 39.36 39.36 100m: 1:25.36 46.00 150m: 2:12.93 47.57 200m: 3:00.10 47.17				
11. Katja Lilja Andriysoóttir	06	SH	3:04.39	3:01.41 450
50m: 41.43 41.43 100m: 1:27.28 45.85 150m: 2:14.43 47.15 200m: 3:01.41 46.98				
12. Vigdís Tinna Hákonardóttir	06	Sunddeild Breiðabliks	3:03.73	3:05.56 421IM5
50m: 41.70 41.70 100m: 1:29.25 47.55 150m: 2:17.98 48.73 200m: 3:05.56 47.58				
13. Thórey Magnúsdóttir S14	99	ÍFR	3:07.91	3:17.40 349IM5
50m: 44.76 44.76 100m: 1:35.13 50.37 150m: 2:26.13 51.00 200m: 3:17.40 51.27				
14. Thelma Björnsdóttir S6 Sb5	96	ÍFR	4:10.23	4:03.71 185IM5
50m: 56.67 56.67 100m: 1:57.49 1:00.82 150m: 3:00.30 1:02.81 200m: 4:03.71 1:03.41				

Sundgrein 37
7.4.2019 - 10:44

karla, 200m bringusund

Opinn

Úrslitalistar Undanrásir

Aldursflokkamet Íslands 15 - 17	2:19.27	Jakob Jóhann Sveinsson	ISL	Moskva (RUS)	17.7.1999
Aldursflokkamet Íslands 13 - 14	2:30.24	Daði Björnsson	ISL	Reykjavík	22.4.2018
Aldursflokkamet Íslands 11 - 12	2:58.72	Hrafn Traustason	ISL	Reykjavík	2.7.2004
Íslandsmet	2:10.21	Anton Sveinn McKee	ISL	Kazan (RUS)	6.8.2015

NÆM 14 - 16: 2:31.07 / EMU 15 - 16: 2:23.88; 17 - 18: 2:22.48 / EYOF 15 - 16: 2:30.10 / HM50 : 2:15.59 / IM50 : 2:49.72

Stig: FINA 2019

Sæti	F.ár	Undanrásir	Tími	Stig
1. Anton Sveinn McKee	93	SH	2:04.37	2:30.07 601
50m: 35.08 35.08 100m: 1:13.54 38.46 150m: 1:52.40 38.86 200m: 2:30.07 37.67				
2. Aron Þór Jónsson	02	SH	2:28.50	2:30.58 595
50m: 33.88 33.88 100m: 1:11.66 37.78 150m: 1:50.93 39.27 200m: 2:30.58 39.65				
3. Daði Björnsson	04	SH	2:29.86	2:32.49 573
50m: 32.30 32.30 100m: 1:09.91 37.61 150m: 1:50.59 40.68 200m: 2:32.49 41.90				
4. Óskar Gauti Lund	99	Sunddeild Breiðabliks	2:35.18	2:36.14 533
50m: 34.89 34.89 100m: 1:14.12 39.23 150m: 1:54.76 40.64 200m: 2:36.14 41.38				
5. Ingvar Orri Jóhannesson	04	Reykjavík	2:46.48	2:40.48 491
50m: 34.16 34.16 100m: 1:14.81 40.65 150m: 1:58.59 43.78 200m: 2:40.48 41.89				
6. Birnir Freyr Hálfánarsson	06	SH	2:41.96	2:41.67 480
50m: 36.73 36.73 100m: 1:18.00 41.27 150m: 1:59.79 41.79 200m: 2:41.67 41.88				
7. Kári Snær Halldórsson	04	Íþróttabandalag Reykjanesbæjar	2:48.62	2:44.96 452
50m: 36.88 36.88 100m: 1:18.80 41.92 150m: 2:02.25 43.45 200m: 2:44.96 42.71				
8. Daniel Steinn Davíðsson	03	Sunddeild Breiðabliks	2:48.20	2:45.29 450
50m: 35.18 35.18 100m: 1:16.30 41.12 150m: 1:59.99 43.69 200m: 2:45.29 45.30				
9. Hringur Birgir Kristinsson	04	Reykjavík	2:49.34	2:47.62 431
50m: 36.69 36.69 100m: 1:18.71 42.02 150m: 2:03.73 45.02 200m: 2:47.62 43.89				
10. Runólfur Þorláksson	02	Reykjavík	2:42.05	2:48.15 427
50m: 37.50 37.50 100m: 1:20.81 43.31 150m: 2:04.97 44.16 200m: 2:48.15 43.18				
11. Fannar Logi Jóhannesson S14	00	Sundfélagið Óðinn	3:18.46	3:16.76 266IM5
50m: 41.70 41.70 100m: 1:31.01 49.31 150m: 2:22.82 51.81 200m: 3:16.76 53.94				
12. Bergur Unnar Unnsteinsson S14	00	Sundfélagið Óðinn	3:18.72	3:17.08 265IM5
50m: 40.80 40.80 100m: 1:29.81 49.01 150m: 2:24.18 54.37 200m: 3:17.08 52.90				
13. Guðfinnur Karlsson S11	88	Íþróttafélagið Fjöður	3:18.91	3:22.65 244IM5
50m: 47.63 47.63 100m: 1:38.90 51.27 150m: 2:31.65 52.75 200m: 3:22.65 51.00				

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

Sundgrein 38
7.4.2019 - 10:53

kvenna, 800m skriðsund

Opinn
Úrslitalistar

Aldursflokkamet Íslands 15 - 17	9:09.94	Harpa Ingbórsdóttir	ISL	Reykjavík	16.1.2015
Aldursflokkamet Íslands 13 - 14	9:20.94	Harpa Ingbórsdóttir	ISL	Reykjavík	12.4.2014
Aldursflokkamet Íslands 11 - 12	9:58.56	Eygló Ósk Gústafsdóttir	ISL	Reykjanesbæ	22.10.2007
Íslandsmet	8:53.76	Sigrún Brá Sverrisdóttir	ISL	Columbus (USA)	11.3.2012

NÆM 13 - 15: 9:51.88 / EMU 14 - 15: 9:19.96; 16 - 17: 9:14.49 / EYOF 14 - 15: 9:36.39 / HM50 : 8:56.71 / IM50 : 10:41.31

Stig: FINA 2019

Sæti			F.ár			Undanrásir	Tími	Stig
1.	Eydís Ósk Kolbeinsdóttir		00	Íþróttabandalag Reykjanesbæja		9:16.71	9:13.71	671
	50m:	31.59 31.59	250m:	2:49.68 34.57	450m:	5:09.39 34.95	650m:	7:29.60 35.54
	100m:	1:05.60 34.01	300m:	3:24.65 34.97	500m:	5:44.06 34.67	700m:	8:04.86 35.26
	150m:	1:40.45 34.85	350m:	3:59.31 34.66	550m:	6:19.24 35.18	750m:	8:39.76 34.90
	200m:	2:15.11 34.66	400m:	4:34.44 35.13	600m:	6:54.06 34.82	800m:	9:13.71 33.95
2.	Bryndís Bolladóttir		99	Sunddeild Breiðabliks		NT	9:16.15	662
	100m:	1:06.89 1:06.89	300m:	3:28.43 1:09.71	500m:	5:49.03 1:10.21	700m:	8:08.79 1:09.74
	200m:	2:18.72 1:11.83	400m:	4:38.82 1:10.39	600m:	6:59.05 1:10.02	800m:	9:16.15 1:07.36
3.	Ragna Sigríður Ragnarsdóttir		01	Sunddeild Breiðabliks		9:21.68	9:22.42	640
	50m:	30.81 30.81	250m:	2:49.43 34.74	450m:	5:10.05 35.38	650m:	7:34.27 36.40
	100m:	1:04.94 34.13	300m:	3:24.35 34.92	500m:	5:45.61 35.56	700m:	8:10.60 36.33
	150m:	1:39.77 34.83	350m:	3:59.33 34.98	550m:	6:21.58 35.97	750m:	8:47.00 36.40
	200m:	2:14.69 34.92	400m:	4:34.67 35.34	600m:	6:57.87 36.29	800m:	9:22.42 35.42
4.	Freyja Birkisdóttir		06	Sunddeild Breiðabliks		9:29.85	9:34.72	600NÆM
	50m:	31.81 31.81	250m:	2:55.87 36.25	450m:	5:22.50 36.81	650m:	7:47.83 36.31
	100m:	1:06.92 35.11	300m:	3:32.75 36.88	500m:	5:58.84 36.34	700m:	8:24.01 36.18
	150m:	1:43.28 36.36	350m:	4:09.17 36.42	550m:	6:35.25 36.41	750m:	9:00.21 36.20
	200m:	2:19.62 36.34	400m:	4:45.69 36.52	600m:	7:11.52 36.27	800m:	9:34.72 34.51
5.	Brynhildur Traustadóttir		01	Sundfélag Akraness		9:43.31	9:44.12	571
	50m:	31.98 31.98	250m:	2:58.69 37.25	450m:	5:29.02 37.52	650m:	7:56.99 36.63
	100m:	1:07.96 35.98	300m:	3:36.43 37.74	500m:	6:06.62 37.60	700m:	8:33.32 36.33
	150m:	1:44.53 36.57	350m:	4:14.00 37.57	550m:	6:43.73 37.11	750m:	9:08.69 35.37
	200m:	2:21.44 36.91	400m:	4:51.50 37.50	600m:	7:20.36 36.63	800m:	9:44.12 35.43
6.	Birna Hilmarsdóttir		02	Íþróttabandalag Reykjanesbæja		9:27.83	9:46.34	565
	50m:	32.73 32.73	250m:	3:01.31 37.22	450m:	5:29.49 36.92	650m:	7:57.11 37.11
	100m:	1:09.18 36.45	300m:	3:38.29 36.98	500m:	6:06.27 36.78	700m:	8:34.34 37.23
	150m:	1:46.60 37.42	350m:	4:15.24 36.95	550m:	6:43.14 36.87	750m:	9:11.01 36.67
	200m:	2:24.09 37.49	400m:	4:52.57 37.33	600m:	7:20.00 36.86	800m:	9:46.34 35.33
7.	Ólöf Kristín Isaksen		05	Sundfélagið Óðinn		9:45.86	9:48.06	560NÆM
	50m:	31.55 31.55	250m:	2:58.87 37.53	450m:	5:29.52 37.57	650m:	7:58.46 37.51
	100m:	1:06.64 35.09	300m:	3:36.56 37.69	500m:	6:06.86 37.34	700m:	8:35.84 37.38
	150m:	1:43.87 37.23	350m:	4:14.40 37.84	550m:	6:44.00 37.14	750m:	9:12.72 36.88
	200m:	2:21.34 37.47	400m:	4:51.95 37.55	600m:	7:20.95 36.95	800m:	9:48.06 35.34
8.	Ingibjörg Erla Garðarsdóttir		00	Reykjavík		9:40.74	9:58.21	532
	50m:	33.30 33.30	250m:	3:02.05 37.77	450m:	5:34.68 38.20	650m:	8:06.65 37.82
	100m:	1:09.65 36.35	300m:	3:40.12 38.07	500m:	6:12.65 37.97	700m:	8:44.74 38.09
	150m:	1:46.66 37.01	350m:	4:18.53 38.41	550m:	6:50.92 38.27	750m:	9:22.28 37.54
	200m:	2:24.28 37.62	400m:	4:56.48 37.95	600m:	7:28.83 37.91	800m:	9:58.21 35.93
9.	Halla Margrét Baldursdóttir		02	Reykjavík		10:13.13	9:59.07	529
	100m:	1:09.90 1:09.90	300m:	3:43.03 1:16.37	500m:	6:13.64 1:15.17	700m:	8:44.87 1:14.89
	200m:	2:26.66 1:16.76	400m:	4:58.47 1:15.44	600m:	7:29.98 1:16.34	800m:	9:59.07 1:14.20
10.	Sandra Dögg Kristjánsdóttir		03	SH		10:13.96	10:09.15	504
	100m:	1:09.18 1:09.18	300m:	3:41.12 1:16.32	500m:	6:16.46 1:17.68	700m:	8:53.59 1:18.36
	200m:	2:24.80 1:15.62	400m:	4:58.78 1:17.66	600m:	7:35.23 1:18.77	800m:	10:09.15 1:15.56
11.	Ylfa Finnbogadóttir		02	SH		10:01.84	10:12.85	494
	100m:	1:10.42 1:10.42	300m:	3:42.67 1:17.35	500m:	6:19.81 1:18.53	700m:	8:57.45 1:18.86
	200m:	2:25.32 1:14.90	400m:	5:01.28 1:18.61	600m:	7:38.59 1:18.78	800m:	10:12.85 1:15.40
12.	Apena Arnarsdóttir		03	Sundfélagið Óðinn		10:06.27	10:12.91	494
	100m:	1:10.32 1:10.32	300m:	3:44.95 1:17.68	500m:	6:21.61 1:18.28	700m:	8:58.04 1:17.89
	200m:	2:27.27 1:16.95	400m:	5:03.33 1:18.38	600m:	7:40.15 1:18.54	800m:	10:12.91 1:14.87

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

Sundgrein 38, kvenna, 800m skriðsund, Opinn

Sæti	F.ár	Undanrásir	Tími	Stig
13. Svava Björg Lárusdóttir	03 Reykjavík	10:26.78	10:20.51	476
100m: 1:12.00 1:12.00	300m: 3:49.98 1:18.94	500m: 6:27.92 1:19.13	700m: 9:05.21 1:18.86	
200m: 2:31.04 1:19.04	400m: 5:08.79 1:18.81	600m: 7:46.35 1:18.43	800m: 10:20.51 1:15.30	
14. Ásta Kamilla Sigurðardóttir	04 Íþróttabandalag Reykjanesbæ	10:40.75	10:28.88	458
100m: 1:11.74 1:11.74	300m: 3:48.76 1:19.28	500m: 6:28.13 1:20.09	700m: 9:09.71 1:20.57	
200m: 2:29.48 1:17.74	400m: 5:08.04 1:19.28	600m: 7:49.14 1:21.01	800m: 10:28.88 1:19.17	
15. Hildur Valsdóttir	04 SH	10:31.39	10:35.23	444
100m: 1:12.90 1:12.90	300m: 3:53.35 1:21.31	500m: 6:35.35 1:20.83	700m: 9:17.72 1:20.63	
200m: 2:32.04 1:19.14	400m: 5:14.52 1:21.17	600m: 7:57.09 1:21.74	800m: 10:35.23 1:17.51	
16. Þórdís Anita Björnsdóttir	02 SH	10:38.10	10:39.19	436
100m: 1:14.86 1:14.86	300m: 3:56.79 1:21.31	500m: 6:39.55 1:21.04	700m: 9:21.45 1:19.94	
200m: 2:35.48 1:20.62	400m: 5:18.51 1:21.72	600m: 8:01.51 1:21.96	800m: 10:39.19 1:17.74	
17. Diljá Dröfn Jóhannesdóttir	03 SH	10:15.72	10:42.89	428IM5
100m: 1:13.33 1:13.33	300m: 3:56.61 1:21.94	500m: 6:40.91 1:22.17	700m: 9:24.45 1:21.94	
200m: 2:34.67 1:21.34	400m: 5:18.74 1:22.13	600m: 8:02.51 1:21.60	800m: 10:42.89 1:18.44	
18. Sif Grímsdóttir	03 Reykjavík	10:35.50	10:48.72	417IM5
100m: 1:14.69 1:14.69	300m: 3:59.03 1:22.28	500m: 6:43.18 1:21.68	700m: 9:27.65 1:22.69	
200m: 2:36.75 1:22.06	400m: 5:21.50 1:22.47	600m: 8:04.96 1:21.78	800m: 10:48.72 1:21.07	
19. Katla María Brynjarsdóttir	07 Íþróttabandalag Reykjanesbæ	10:37.94	10:51.52	411IM5
100m: 1:14.76 1:14.76	300m: 3:57.85 1:22.21	500m: 6:44.01 1:23.30	700m: 9:29.70 1:22.77	
200m: 2:35.64 1:20.88	400m: 5:20.71 1:22.86	600m: 8:06.93 1:22.92	800m: 10:51.52 1:21.82	
20. Þórdís M Aðalsteinsdóttir	03 Íþróttabandalag Reykjanesbæ	10:12.27	11:45.97	323IM5
100m: 1:20.18 1:20.18	300m: 4:18.52 1:30.26	500m: 7:17.78 1:29.21	700m: 10:17.48 1:29.68	
200m: 2:48.26 1:28.08	400m: 5:48.57 1:30.05	600m: 8:47.80 1:30.02	800m: 11:45.97 1:28.49	
MÆekki Adele Alexandra Pálsson	03 SH	9:49.35		

Sundgrein 39
7.4.2019 - 11:16

karla, 800m skriðsund

Opinn
Úrslitalistar

Aldursflokkamet Íslands 15 - 17	8:33.74	Patrik Viggó Vilbergsson	ISL	Reykjavík	6.4.2019
Aldursflokkamet Íslands 13 - 14	8:59.21	Ólafur Sigurðsson	ISL	Reykjavík	11.4.2013
Aldursflokkamet Íslands 11 - 12	10:01.60	Patrik Viggó Vilbergsson	ISL	Hódmezővásárhely (HUN)	19.12.2014
Íslandsmet	8:08.09	Anton Sveinn McKee	ISL	Reykjavík	20.7.2014

EMU 15 - 16: 8:37.22; 17 - 18: 8:32.09 / HM50 : 8:10.91 / IM50 : 10:12.33

Stig: FINA 2019

Sæti	F.ár	Undanrásir	Tími	Stig
1. Patrik Viggó Vilbergsson <i>Aldursflokkamet!</i>	02 Sunddeild Breiðabliks	8:44.29	8:29.70	697EMU
50m: 28.05 28.05	250m: 2:37.40 32.84	450m: 4:48.14 32.44	650m: 6:57.73 32.45	
100m: 59.21 31.16	300m: 3:10.14 32.74	500m: 5:20.54 32.40	700m: 7:29.75 32.02	
150m: 1:31.95 32.74	350m: 3:43.01 32.87	550m: 5:53.04 32.50	750m: 8:00.75 31.00	
200m: 2:04.56 32.61	400m: 4:15.70 32.69	600m: 6:25.28 32.24	800m: 8:29.70 28.95	
2. Kristófer Atli Andersen	02 Sunddeild Breiðabliks	9:02.93	9:01.93	580
50m: 28.77 28.77	250m: 2:44.59 34.18	450m: 5:03.38 34.62	650m: 7:20.96 33.86	
100m: 1:02.05 33.28	300m: 3:18.76 34.17	500m: 5:38.45 35.07	700m: 7:55.30 34.34	
150m: 1:36.46 34.41	350m: 3:53.41 34.65	550m: 6:13.33 34.88	750m: 8:29.17 33.87	
200m: 2:10.41 33.95	400m: 4:28.76 35.35	600m: 6:47.10 33.77	800m: 9:01.93 32.76	
3. Veigar Hrafn Sigþórsson	05 SH	9:34.09	9:11.18	551
50m: 30.33 30.33	250m: 2:49.38 35.45	450m: 5:10.06 34.89	650m: 7:29.80 34.77	
100m: 1:04.04 33.71	300m: 3:24.57 35.19	500m: 5:44.89 34.83	700m: 8:04.06 34.26	
150m: 1:39.06 35.02	350m: 4:00.04 35.47	550m: 6:19.95 35.06	750m: 8:38.09 34.03	
200m: 2:13.93 34.87	400m: 4:35.17 35.13	600m: 6:55.03 35.08	800m: 9:11.18 33.09	

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

Sundgrein 39, karla, 800m skriðsund, Opinn

Sæti			F.ár			Undanrásir	Tími	Stig
4.	Skúli Thor Ásgeirsson		02	Ægir		9:19.23	9:13.48	545
	50m:	29.31 29.31	250m:	2:47.63 35.34	450m:	5:08.98 35.17	650m:	7:30.42 35.44
	100m:	1:02.35 33.04	300m:	3:22.95 35.32	500m:	5:44.09 35.11	700m:	8:05.26 34.84
	150m:	1:37.03 34.68	350m:	3:58.54 35.59	550m:	6:19.78 35.69	750m:	8:40.41 35.15
	200m:	2:12.29 35.26	400m:	4:33.81 35.27	600m:	6:54.98 35.20	800m:	9:13.48 33.07
5.	Gústav Ragnar Kristjánsson		02	Sunddeild Breiðabliks		9:38.67	9:25.70	510
	50m:	29.87 29.87	250m:	2:50.90 35.56	450m:	5:15.90 36.02	650m:	7:40.73 36.09
	100m:	1:04.47 34.60	300m:	3:27.49 36.59	500m:	5:52.37 36.47	700m:	8:16.78 36.05
	150m:	1:39.82 35.35	350m:	4:03.52 36.03	550m:	6:28.28 35.91	750m:	8:52.55 35.77
	200m:	2:15.34 35.52	400m:	4:39.88 36.36	600m:	7:04.64 36.36	800m:	9:25.70 33.15
6.	Snær Llorens Sigurðsson		02	Sundfélag Akraness		9:33.70	9:25.88	510
	50m:	30.49 30.49	250m:	2:53.76 36.17	450m:	5:19.47 36.82	650m:	7:44.75 36.22
	100m:	1:05.53 35.04	300m:	3:29.89 36.13	500m:	5:55.36 35.89	700m:	8:20.53 35.78
	150m:	1:41.68 36.15	350m:	4:06.63 36.74	550m:	6:31.87 36.51	750m:	8:54.20 33.67
	200m:	2:17.59 35.91	400m:	4:42.65 36.02	600m:	7:08.53 36.66	800m:	9:25.88 31.68
7.	Jónas Atli Pálsson		03	SH		9:45.20	9:35.74	484
	50m:	31.17 31.17	250m:	2:54.24 36.15	450m:	5:21.41 36.21	650m:	7:49.18 36.59
	100m:	1:06.05 34.88	300m:	3:31.03 36.79	500m:	5:58.48 37.07	700m:	8:25.61 36.43
	150m:	1:41.71 35.66	350m:	4:07.98 36.95	550m:	6:35.26 36.78	750m:	9:01.74 36.13
	200m:	2:18.09 36.38	400m:	4:45.20 37.22	600m:	7:12.59 37.33	800m:	9:35.74 34.00
8.	Guðmundur Halldórsson		04	Sunddeild Breiðabliks		9:56.87	9:38.06	478
	50m:	32.73 32.73	250m:	2:58.48 36.71	450m:	5:25.25 36.52	650m:	7:51.65 36.20
	100m:	1:08.66 35.93	300m:	3:35.33 36.85	500m:	6:02.09 36.84	700m:	8:27.94 36.29
	150m:	1:44.87 36.21	350m:	4:11.85 36.52	550m:	6:38.78 36.69	750m:	9:03.58 35.64
	200m:	2:21.77 36.90	400m:	4:48.73 36.88	600m:	7:15.45 36.67	800m:	9:38.06 34.48
9.	Úlfur Páll Andrason		04	Reykjavík		9:55.78	9:40.77	471
	50m:	31.41 31.41	250m:	2:55.16 36.38	450m:	5:23.36 37.23	650m:	7:52.02 37.34
	100m:	1:06.27 34.86	300m:	3:32.01 36.85	500m:	5:59.84 36.48	700m:	8:28.76 36.74
	150m:	1:42.40 36.13	350m:	4:09.27 37.26	550m:	6:37.12 37.28	750m:	9:04.96 36.20
	200m:	2:18.78 36.38	400m:	4:46.13 36.86	600m:	7:14.68 37.56	800m:	9:40.77 35.81
10.	Þorsteinn Karl Arnarsson		04	Stjarnan		9:53.54	9:44.09	463
	50m:	31.40 31.40	250m:	2:55.83 36.73	450m:	5:24.68 37.49	650m:	7:54.07 36.79
	100m:	1:06.56 35.16	300m:	3:33.04 37.21	500m:	6:01.76 37.08	700m:	8:31.07 37.00
	150m:	1:43.16 36.60	350m:	4:10.14 37.10	550m:	6:39.98 38.22	750m:	9:08.45 37.38
	200m:	2:19.10 35.94	400m:	4:47.19 37.05	600m:	7:17.28 37.30	800m:	9:44.09 35.64
11.	Logi Freyr Arnarsson		03	Reykjavík		9:33.44	9:44.79	462
	50m:	31.64 31.64	250m:	2:57.59 36.99	450m:	5:24.65 36.88	650m:	7:53.93 37.32
	100m:	1:07.10 35.46	300m:	3:34.17 36.58	500m:	6:01.89 37.24	700m:	8:31.42 37.49
	150m:	1:43.60 36.50	350m:	4:11.04 36.87	550m:	6:39.21 37.32	750m:	9:08.69 37.27
	200m:	2:20.60 37.00	400m:	4:47.77 36.73	600m:	7:16.61 37.40	800m:	9:44.79 36.10
12.	Ólafur Breki Guðnason		03	Ægir		9:55.39	9:54.42	440
	50m:	32.26 32.26	250m:	2:58.40 37.25	450m:	5:28.31 37.79	650m:	8:01.04 38.29
	100m:	1:07.59 35.33	300m:	3:35.66 37.26	500m:	6:06.24 37.93	700m:	8:39.22 38.18
	150m:	1:44.43 36.84	350m:	4:12.90 37.24	550m:	6:44.63 38.39	750m:	9:17.31 38.09
	200m:	2:21.15 36.72	400m:	4:50.52 37.62	600m:	7:22.75 38.12	800m:	9:54.42 37.11
13.	Kristján Magnússon		05	Sundfélag Akraness		9:47.41	9:55.17	438
	50m:	31.94 31.94	250m:	2:57.58 36.80	450m:	5:29.40 38.04	650m:	8:03.89 38.46
	100m:	1:07.67 35.73	300m:	3:35.64 38.06	500m:	6:08.08 38.68	700m:	8:41.97 38.08
	150m:	1:43.63 35.96	350m:	4:12.91 37.27	550m:	6:46.71 38.63	750m:	9:18.95 36.98
	200m:	2:20.78 37.15	400m:	4:51.36 38.45	600m:	7:25.43 38.72	800m:	9:55.17 36.22
14.	Alexander Logi Jónsson		04	Íþróttabandalag Reykjanesbæ		10:00.03	9:55.43	437
	100m:	1:09.52 1:09.52	300m:	3:39.42 1:15.02	500m:	6:10.97 1:15.63	700m:	8:42.63 1:15.78
	200m:	2:24.40 1:14.88	400m:	4:55.34 1:15.92	600m:	7:26.85 1:15.88	800m:	9:55.43 1:12.80
15.	Jón Ingi Halldórsson		04	Sunddeild Breiðabliks		10:05.04	10:00.65	426
	100m:	1:11.05 1:11.05	300m:	3:44.22 1:16.32	500m:	6:16.50 1:16.29	700m:	8:47.71 1:15.10
	200m:	2:27.90 1:16.85	400m:	5:00.21 1:15.99	600m:	7:32.61 1:16.11	800m:	10:00.65 1:12.94
16.	Sölvi Bjartur Ingólfsson		03	Stjarnan		9:49.26	10:22.35	383IM5
	100m:	1:09.10 1:09.10	300m:	3:44.55 1:19.27	500m:	6:23.69 1:19.87	700m:	9:03.74 1:19.90
	200m:	2:25.28 1:16.18	400m:	5:03.82 1:19.27	600m:	7:43.84 1:20.15	800m:	10:22.35 1:18.61

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

Sundgrein 40
7.4.2019 - 11:37

blandað, 4 x 100m skriðsund

Opinn
Úrslitalistar

Íslandsmet 3:42.86 Sveit SH ISL Reykjavík 13.4.2014

Stig: FINA 2019

Sæti				Undanrásir	Tími	Stig
1.	Sunddeild Breiðabliks 1		Sunddeild Breiðabliks	NT	3:51.51	640
	Patrik Viggó Vilbergsson	02	54.76 Bryndís Bolladóttir	99	1:01.47	
	Brynjólfur Óli Karlsson	01	55.84 Kristín Helga Hákonardóttir	04	59.44	
2.	SH 1		SH	NT	4:00.59	571
	Ólafur Árdal Sigurðsson	99	55.87 Þorgerður Ósk Jónsdóttir	03	1:04.78	
	Adele Alexandra Pálsson	03	1:04.32 Kári Sölvi Nielsen	00	55.62	
3.	Reykjavík 1		Reykjavík	NT	4:01.76	562
	Sigurður Ingi Sigurðarson	01	58.15 Ásta Kristín Jónsdóttir	00	1:00.91	
	Halldór Björn Kristinsson	02	57.84 Ingibjörg Erla Garðarsdóttir	00	1:04.86	
4.	Sundfélagið Óðinn 1		Sundfélagið Óðinn	NT	4:05.74	535
	Hákon Alexander Magnússon	00	59.86 Ólöf Kristín Isaksen	05	1:04.14	
	Baldur Logi Gautason	00	59.00 Alexandra Tómasdóttir	01	1:02.74	
5.	Sundfélag Akraness 1		Sundfélag Akraness	NT	4:06.50	530
	Atli Víkar Ingimundarson	97	57.64 Brynhildur Traustadóttir	01	1:04.27	
	Snær Llorens Sigurðsson	02	59.85 Guðbjörg Bjartey Guðmundsdóttir	05	1:04.74	
6.	Íþróttabandalag Reykjanesbæjar 1		Íþróttabandalag Reykjanesbæjar	NT	4:09.83	509
	Aron Fannar Kristínarson	03	1:00.03 Birna Hilmarsdóttir	02	1:03.88	
	Stefán Elías Davíðsson	03	1:02.00 Sylwia Sienkiewicz	99	1:03.92	
7.	Reykjavík 2		Reykjavík	NT	4:17.53	465
	Björgvin Árni Júlíusson	01	58.40 Arianna Steinarsdóttir	03	1:07.29	
	Runólfur Þorláksson	02	1:04.49 Herdís Birna Viggósdóttir	04	1:07.35	

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

6 - 6. hluti - úrslit

7.4.2019 - 16:30

Sundgrein 28	kvenna, 400m fjórsund					Opinn
7.4.2019 - 16:30						Úrslitalistar
Aldursflokkamet Íslands 15 - 17	5:02.33	Ólöf Edda Eðvarðsdóttir	ISL	Hafnarfjörður		15.6.2013
Aldursflokkamet Íslands 13 - 14	5:04.19	Ólöf Edda Eðvarðsdóttir	ISL	Reykjavík		8.4.2011
Aldursflokkamet Íslands 11 - 12	5:32.92	Stefanía Sigurþórsdóttir	ISL	Reykjanesbæ		15.12.2013
Íslandsmet	4:46.70	Hrafnhildur Lúthersdóttir	ISL	Reykjavík		5.6.2015

NÆM 13 - 15: 5:21.84 / EMU 14 - 15: 5:07.98; 16 - 17: 5:04.98 / EYOF 14 - 15: 5:09.30 / HM50 : 4:52.97 / IM50 : 5:54.78

Stig: FINA 2019

Sæti	F.ár			Undanrásir			Tími	Stig
1. María Fanney Kristjánsdóttir	00	SH		5:06.45	5:10.65	630		
50m:	32.12	32.12	150m:	1:51.77	42.17	250m:	3:16.13	43.27
100m:	1:09.60	37.48	200m:	2:32.86	41.09	300m:	3:59.69	43.56
350m:			400m:			5:10.65	35.50	
2. Stefánía Sigurþórsdóttir	01	Sunddeild Breiðabliks		5:14.64	5:16.33	597		
50m:	32.86	32.86	150m:	1:53.86	41.02	250m:	3:19.14	46.02
100m:	1:12.84	39.98	200m:	2:33.12	39.26	300m:	4:04.62	45.48
350m:			400m:			5:16.33	35.32	
3. Gunnhildur Björg Baldursdóttir	00	Íþróttabandalag Reykjanesbæja		5:22.49	5:20.21	575		
50m:	32.02	32.02	150m:	1:50.94	41.79	250m:	3:18.49	46.22
100m:	1:09.15	37.13	200m:	2:32.27	41.33	300m:	4:06.20	47.71
350m:			400m:			5:20.21	36.41	
4. Alexandra Tómasdóttir	01	Sundfélagið Óðinn		5:35.11	5:28.96	530		
50m:	33.16	33.16	150m:	1:57.91	44.16	250m:	3:29.00	47.66
100m:	1:13.75	40.59	200m:	2:41.34	43.43	300m:	4:16.01	47.01
350m:			400m:			5:28.96	35.29	
5. Þóra Snorradóttir	03	Sundfélagið Óðinn		5:36.93	5:35.41	500		
50m:	33.21	33.21	150m:	1:57.34	44.08	250m:	3:28.73	47.33
100m:	1:13.26	40.05	200m:	2:41.40	44.06	300m:	4:17.86	49.13
350m:			400m:			5:35.41	38.59	
6. Diljá Rún Ívarsdóttir	02	Íþróttabandalag Reykjanesbæja		5:41.53	5:37.69	490		
50m:	33.07	33.07	150m:	1:57.60	45.86	250m:	3:29.86	47.32
100m:	1:11.74	38.67	200m:	2:42.54	44.94	300m:	4:17.71	47.85
350m:			400m:			5:37.69	39.64	
7. Kristín Ylfa Guðmundsdóttir	02	SH		5:39.32	5:42.27	471		
50m:	33.26	33.26	150m:	2:00.10	47.42	250m:	3:34.25	47.96
100m:	1:12.68	39.42	200m:	2:46.29	46.19	300m:	4:22.94	48.69
350m:			400m:			5:42.27	38.63	
8. Guðný Birna Falsdóttir	03	Íþróttabandalag Reykjanesbæja		5:52.35	5:47.44	450		
50m:	37.13	37.13	150m:	2:06.92	46.92	250m:	3:38.55	46.86
100m:	1:20.00	42.87	200m:	2:51.69	44.77	300m:	4:27.30	48.75
350m:			400m:			5:47.44	39.21	
9. Sara Rut Sigurðardóttir	03	SH		5:53.02	5:49.11	444		
50m:	34.20	34.20	150m:	2:00.97	45.00	250m:	3:36.12	50.20
100m:	1:15.97	41.77	200m:	2:45.92	44.95	300m:	4:27.68	51.56
350m:			400m:			5:49.11	40.57	
10. Ragnheiður Karen Ólafsdóttir	04	Sundfélag Akraness		5:52.52	5:52.27	432		
50m:	35.44	35.44	150m:	2:09.48	46.73	250m:	3:41.52	46.93
100m:	1:22.75	47.31	200m:	2:54.59	45.11	300m:	4:30.44	48.92
350m:			400m:			5:52.27	39.56	
11. Elísabet Jóhannesdóttir	06	Íþróttabandalag Reykjanesbæja		5:53.04	5:53.15	429		
50m:	38.20	38.20	150m:	2:06.98	45.12	250m:	3:42.58	50.70
100m:	1:21.86	43.66	200m:	2:51.88	44.90	300m:	4:32.76	50.18
350m:			400m:			5:53.15	41.17	
12. Katja Lilja Andriysoðttir	06	SH		5:53.89	5:55.86	419IM5		
50m:	38.01	38.01	150m:	2:14.04	48.10	250m:	3:47.93	48.83
100m:	1:25.94	47.93	200m:	2:59.10	45.06	300m:	4:36.17	48.24
350m:			400m:			5:55.86	38.96	
13. Jóhanna Brynja Rúnarsdóttir	06	SH		5:53.91	6:01.72	399IM5		
50m:	38.76	38.76	150m:	2:09.90	46.32	250m:	3:48.72	53.31
100m:	1:23.58	44.82	200m:	2:55.41	45.51	300m:	4:41.75	53.03
350m:			400m:			6:01.72	39.31	

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

Sundgrein 29
7.4.2019 - 16:37

karla, 400m fjórsund

Opinn
Úrslitalistar

Aldursflokkamet Íslands 15 - 17	4:40.61	Örn Arnason	ISL	Reykjavík	7.6.1998
Aldursflokkamet Íslands 13 - 14	4:56.48	Ólafur Sigurðsson	ISL	Reykjavík	14.6.2013
Aldursflokkamet Íslands 11 - 12	5:31.90	Birnir Freyr Hálfánarson	ISL	Hafnarfjörður	7.4.2018
Íslandsmet	4:23.64	Anton Sveinn McKee	ISL	Reykjavík	15.4.2012

NÆM 14 - 16: 5:02.86 / EMU 15 - 16: 4:37.19; 17 - 18: 4:34.49 / EYOF 15 - 16: 4:48.71 / HM50 : 4:26.93 / IM50 : 5:31.04

Stig: FINA 2019

Sæti				F.ár				Undanrásir	Tími	Stig		
1.	Patrik Viggó Vilbergsson			02	Sunddeild Breiðabliks			4:43.88	4:39.37	664		
	<i>Aldursflokkamet!</i>											
	50m:	28.60	28.60	150m:	1:38.16	36.32	250m:	2:55.23	41.32	350m:	4:09.55	31.97
	100m:	1:01.84	33.24	200m:	2:13.91	35.75	300m:	3:37.58	42.35	400m:	4:39.37	29.82
2.	Aron Þór Jónsson			02	SH			4:52.47	4:54.99	564		
	50m:	30.80	30.80	150m:	1:46.59	40.30	250m:	3:05.90	39.77	350m:	4:20.60	34.30
	100m:	1:06.29	35.49	200m:	2:26.13	39.54	300m:	3:46.30	40.40	400m:	4:54.99	34.39
3.	Snær Llorens Sigurðsson			02	Sundfélag Akraness			5:07.51	5:00.39	534		
	50m:	30.83	30.83	150m:	1:48.81	41.74	250m:	3:11.35	42.33	350m:	4:27.67	33.35
	100m:	1:07.07	36.24	200m:	2:29.02	40.21	300m:	3:54.32	42.97	400m:	5:00.39	32.72
4.	Veigar Hrafn Sigþórsson			05	SH			5:15.08	5:02.71	522NÆM		
	50m:	31.79	31.79	150m:	1:46.89	38.42	250m:	3:10.79	46.56	350m:	4:29.50	33.54
	100m:	1:08.47	36.68	200m:	2:24.23	37.34	300m:	3:55.96	45.17	400m:	5:02.71	33.21
5.	Aron Fannar Kristínarson			03	Íþróttabandalag Reykjanesbæjar			5:02.24	5:04.09	515		
	50m:	31.88	31.88	150m:	1:49.34	39.80	250m:	3:11.83	44.02	350m:	4:31.12	34.65
	100m:	1:09.54	37.66	200m:	2:27.81	38.47	300m:	3:56.47	44.64	400m:	5:04.09	32.97
6.	Flosi Ómarsson			03	Íþróttabandalag Reykjanesbæjar			5:10.78	5:10.35	485		
	50m:	33.25	33.25	150m:	1:53.08	40.40	250m:	3:15.25	43.42	350m:	4:34.42	35.59
	100m:	1:12.68	39.43	200m:	2:31.83	38.75	300m:	3:58.83	43.58	400m:	5:10.35	35.93
7.	Alexander Logi Jónsson			04	Íþróttabandalag Reykjanesbæjar			5:20.10	5:13.46	470		
	50m:	33.34	33.34	150m:	1:53.42	42.19	250m:	3:17.41	43.41	350m:	4:38.04	37.21
	100m:	1:11.23	37.89	200m:	2:34.00	40.58	300m:	4:00.83	43.42	400m:	5:13.46	35.42
8.	Hilmir Snær Lunddal Rúnarsson			03	SH			5:25.70	5:21.13	437		
	50m:	32.16	32.16	150m:	1:52.93	42.86	250m:	3:21.67	47.80	350m:	4:45.73	36.15
	100m:	1:10.07	37.91	200m:	2:33.87	40.94	300m:	4:09.58	47.91	400m:	5:21.13	35.40
9.	Ólafur Breki Guðnason			03	Ægir			5:18.32	5:23.02	430		
	50m:	34.20	34.20	150m:	1:58.14	43.04	250m:	3:26.61	47.31	350m:	4:48.86	35.28
	100m:	1:15.10	40.90	200m:	2:39.30	41.16	300m:	4:13.58	46.97	400m:	5:23.02	34.16
10.	Kári Steinn Kjartansson			03	Ægir			5:30.54	5:23.03	430		
	50m:	34.54	34.54	150m:	1:54.99	39.90	250m:	3:24.92	50.06	350m:	4:49.77	35.34
	100m:	1:15.09	40.55	200m:	2:34.86	39.87	300m:	4:14.43	49.51	400m:	5:23.03	33.26
11.	Snorri Dagur Einarsson			05	SH			5:26.87	5:24.55	424		
	50m:	31.37	31.37	150m:	1:58.39	45.32	250m:	3:26.48	44.33	350m:	4:48.68	36.62
	100m:	1:13.07	41.70	200m:	2:42.15	43.76	300m:	4:12.06	45.58	400m:	5:24.55	35.87
12.	Logi Freyr Arnarsson			03	Reykjavík			5:13.35	5:29.18	406		
	50m:	33.66	33.66	150m:	1:55.03	42.83	250m:	3:27.32	50.30	350m:	4:53.58	36.31
	100m:	1:12.20	38.54	200m:	2:37.02	41.99	300m:	4:17.27	49.95	400m:	5:29.18	35.60

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

Sundgrein 30 kvenna, 50m flugsund Opinn
7.4.2019 - 16:44 Úrslitalistar Úrslitsund

Aldursflokkamet Íslands 15 - 17	27.84	Bryndís Rún Hansen	ISL	Prag (CZE)	12.7.2009
Aldursflokkamet Íslands 13 - 14	29.39	Bryndís Bolladóttir	ISL	Reykjavík	8.2.2013
Aldursflokkamet Íslands 11 - 12	32.77	Rannveig Rögn Leifsdóttir	ISL	Reykjavík	13.2.2009
Íslandsmet	26.68	Bryndís Rún Hansen	ISL	London (GBR)	16.5.2016

EMU 14 - 15: 28.28; 16 - 17: 28.28 / HM50 : 27.26 / IM50 : 33.45

Stig: FINA 2019

Sæti	F.ár	Undanrásir	Tími	Stig
1. Bryndís Rún Hansen	93	Sundfélagið Óðinn	27.69	27.48 702
2. Jóhanna Elín Guðmundsdóttir	01	SH	29.10	28.30 643
3. Katarína Róbertsdóttir	00	SH	29.35	28.93 602
4. Elín Kata Sigurgeirsdóttir	99	Sundfélagið Óðinn	30.43	29.72 555
5. Kristín Ylfa Guðmundsdóttir	02	SH	31.00	30.84 497
6. Þorgerður Ósk Jónsdóttir	03	SH	31.22	31.40 470
7. Sylwia Sienkiewicz	99	Íþróttabandalag Reykjanesbæjar	31.69	31.59 462
8. Diljá Rún Ívarsdóttir	02	Íþróttabandalag Reykjanesbæjar	32.24	32.27 433

Sundgrein 31 karla, 50m flugsund Opinn
7.4.2019 - 16:52 Úrslitalistar Úrslitsund

Aldursflokkamet Íslands 15 - 17	25.24	Hjörtur Már Reynisson	ISL	Valetta (MLT)	8.7.2001
Aldursflokkamet Íslands 13 - 14	28.13	Fannar Snævar Hauksson	ISL	Reykjavík	22.4.2018
Aldursflokkamet Íslands 11 - 12	33.10	Viktor Forafonov	ISL	Kristiansand (NOR)	8.6.2014
Íslandsmet	24.02	Örn Arnason	ISL	Melbourne (AUS)	26.3.2007

EMU 15 - 16: 25.40; 17 - 18: 25.15 / HM50 : 24.49 / IM50 : 30.63

Stig: FINA 2019

Sæti	F.ár	Undanrásir	Tími	Stig
1. Dadó Fenrir Jasminuson	95	SH	26.16	26.10 621
2. Aron Örn Stefánsson	95	SH	26.54	26.24 611
3. Ólafur Árdal Sigurðsson	99	SH	27.61	26.96 563
4. Kári Sölvi Nielsen	00	SH	27.42	27.17 550
5. Atli Vikar Ingimundarson	97	Sundfélag Akraness	28.00	27.49 531
6. Aron Bjarki Jónsson	01	SH	28.27	27.74 517
7. Birnir Freyr Hálfðánarsson	06	SH	28.45	27.97 504
<i>Aldursflokkamet!</i>				
8. Erlend Magnússon	01	Sundfélag Akraness	29.17	29.08 449

Sundgrein 32 kvenna, 200m skriðsund Opinn
7.4.2019 - 16:54 Úrslitalistar Úrslitsund

Aldursflokkamet Íslands 15 - 17	2:03.08	Eygló Ósk Gústafsdóttir	ISL	Reykjavík	13.4.2012
Aldursflokkamet Íslands 13 - 14	2:09.35	Eygló Ósk Gústafsdóttir	ISL	Reykjavík	22.3.2009
Aldursflokkamet Íslands 11 - 12	2:19.48	Stefanía Sigurþórsdóttir	ISL	Reykjanesbæ	14.12.2013
Íslandsmet	2:01.82	Snæfríður Sól Jórunnardóttir	DEN	Odense (DEN)	15.7.2018

NÆM 13 - 15: 2:15.86 / EMU 14 - 15: 2:06.64; 16 - 17: 2:05.40 / EYOF 14 - 15: 2:07.91 / HM50 : 2:02.81 / IM50 : 2:28.05

Stig: FINA 2019

Sæti	F.ár	Undanrásir	Tími	Stig
1. Snæfríður Sól Jórunnardóttir	00	AGFS	2:05.70	2:03.62 763
50m: 28.88 28.88 100m: 1:00.02 31.14 150m: 1:31.80 31.78 200m: 2:03.62 31.82				
2. Kristín Helga Hákonardóttir	04	Sunddeild Breiðabliks	2:11.56	2:09.51 663NÆM
50m: 30.17 30.17 100m: 1:03.26 33.09 150m: 1:37.07 33.81 200m: 2:09.51 32.44				
3. Brynhildur Traustadóttir	01	Sundfélag Akraness	2:13.91	2:12.35 622
50m: 30.79 30.79 100m: 1:03.86 33.07 150m: 1:38.05 34.19 200m: 2:12.35 34.30				
4. Regína Lilja Gunnlaugsdóttir	02	Sunddeild Breiðabliks	2:15.93	2:13.80 602
50m: 30.85 30.85 100m: 1:04.12 33.27 150m: 1:39.00 34.88 200m: 2:13.80 34.80				

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Reykjavík, 5-7. apríl 2019

Sundgrein 32, kvenna, 200m skriðsund, Úrslitsund, Opinn

Sæti	F.ár			Undanrásir			Tími	Stig
5.	Adele Alexandra Pálsson			03	SH		2:16.41	2:16.31 569
	50m:	31.23	31.23	100m:	1:05.39	34.16	150m:	1:40.93 35.54
				200m:				2:16.31 35.38
6.	Ingibjörg Erla Garðarsdóttir			00	Reykjavík		2:17.74	2:18.28 545
	50m:	32.00	32.00	100m:	1:06.67	34.67	150m:	1:42.97 36.30
				200m:				2:18.28 35.31
7.	Aþena Jónsdóttir			04	SH		2:17.29	2:18.57 541
	50m:	31.29	31.29	100m:	1:05.92	34.63	150m:	1:42.36 36.44
				200m:				2:18.57 36.21
8.	Svava Björg Lárusdóttir			03	Reykjavík		2:19.45	2:20.53 519
	50m:	31.78	31.78	100m:	1:06.69	34.91	150m:	1:44.10 37.41
				200m:				2:20.53 36.43

Sundgrein 33
7.4.2019 - 17:05

karla, 200m skriðsund

Opinn
Úrslitalistar Úrslitsund

Aldursflokkamet Íslands 15 - 17	1:50.63	Örn Arnasson	ISL	Antwerpen (BEL)	2.8.1998
Aldursflokkamet Íslands 13 - 14	2:02.82	Víktor Forafonov	NOR	Oslo (NOR)	14.10.2016
Aldursflokkamet Íslands 11 - 12	2:19.40	Birnir Freyr Hálfðánarson	ISL	Reykjavík	20.4.2018
Íslandsmet	1:49.78	Örn Arnason	ISL	Sydney (AUS)	19.9.2000

NÆM 14 - 16: 2:03.54 / EMU 15 - 16: 1:54.12; 17 - 18: 1:53.01 / EYOF 15 - 16: 1:58.04 / HM50 : 1:51.16 / IM50 : 2:16.95

Stig: FINA 2019

Sæti	F.ár			Undanrásir			Tími	Stig
1.	Þröstur Bjarnason			97	Íþróttabandalag Reykjanesbæjar		1:59.52	1:56.40 672
	50m:	27.53	27.53	100m:	56.96	29.43	150m:	1:26.62 29.66
				200m:				1:56.40 29.78
2.	Kristófer Sigurðsson			95	Íþróttabandalag Reykjanesbæjar		2:03.60	1:58.96 630
	50m:	27.31	27.31	100m:	56.77	29.46	150m:	1:26.96 30.19
				200m:				1:58.96 32.00
3.	Kristófer Atli Andersen			02	Sunddeild Breiðabliks		2:02.78	2:00.84 601
	50m:	27.92	27.92	100m:	58.95	31.03	150m:	1:30.58 31.63
				200m:				2:00.84 30.26
4.	Hólmsteinn Skorri Hallgrímsson			00	Reykjavík		2:04.73	2:01.37 593
	50m:	28.57	28.57	100m:	59.53	30.96	150m:	1:31.12 31.59
				200m:				2:01.37 30.25
5.	Róbert Ísak Jónsson S14			01	SH		2:04.08	2:02.79 573
	50m:	28.35	28.35	100m:	59.22	30.87	150m:	1:31.28 32.06
				200m:				2:02.79 31.51
6.	Kristján Gylfi Þórisson			00	Reykjavík		2:04.74	2:03.29 566
	50m:	28.30	28.30	100m:	59.81	31.51	150m:	1:32.46 32.65
				200m:				2:03.29 30.83
7.	Bjartur Þórhallsson			00	Reykjavík		2:04.54	2:04.84 545
	50m:	28.54	28.54	100m:	1:00.10	31.56	150m:	1:32.75 32.65
				200m:				2:04.84 32.09
8.	Björgvin Árni Júlíusson			01	Reykjavík		2:07.35	2:11.67 464
	50m:	29.06	29.06	100m:	1:02.09	33.03	150m:	1:36.98 34.89
				200m:				2:11.67 34.69

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

Sundgrein 34
7.4.2019 - 17:08

kvenna, 50m baksund

Opinn
Úrslitalistar Úrslitsund

Aldursflokkamet Íslands 15 - 17	29.74	Eygló Ósk Gústafsdóttir	ISL	Reykjavík	15.4.2012
Aldursflokkamet Íslands 13 - 14	31.26	Íris Ósk Hilmarsdóttir	ISL	Reykjanesbæ	8.12.2012
Aldursflokkamet Íslands 11 - 12	34.48	Rannveig Rögn Leifsdóttir	ISL	Reykjavík	21.4.2009
Íslandsmet	28.53	Ingibjörg Kristín Jónsdóttir	ISL	Budapest (HUN)	26.7.2017

EMU 14 - 15: 30.01; 16 - 17: 30.01 / HM50 : 29.21 / IM50 : 35.96

Stig: FINA 2019

Sæti	F.ár	Undanrásir	Tími	Stig
1. Steingerður Hauksdóttir	96 SH	30.05	29.96	736
2. Ingibjörg Kristín Jónsdóttir	93 SH	30.10	30.03	731
3. Íris Ósk Hilmarsdóttir	98 Íþróttabandalag Reykjanesbæjar	31.72	31.09	659
4. Katarína Róbertsdóttir	00 SH	32.01	31.33	644
5. Ásta Kristín Jónsdóttir	00 Reykjavík	32.08	31.68	623
6. Elín Kata Sigurgeirsdóttir	99 Sundfélagið Óðinn	32.66	32.30	587
7. Stefanía Sigurþórsdóttir	01 Sunddeild Breiðabliks	32.89	32.46	579
8. Þóra Snorradóttir	03 Sundfélagið Óðinn	32.83	32.65	569

Sundgrein 35
7.4.2019 - 17:17

karla, 50m baksund

Opinn
Úrslitalistar Úrslitsund

Aldursflokkamet Íslands 15 - 17	27.25	Kristinn Þórarinsson	ISL	Reykjavík	15.4.2012
Aldursflokkamet Íslands 13 - 14	29.30	Brynjólfur Óli Karlsson	ISL	Reykjavík	10.4.2015
Aldursflokkamet Íslands 11 - 12	33.08	Brynjólfur Óli Karlsson	ISL	Reykjavík	1.3.2013
Íslandsmet	25.86	Örn Arnason	ISL	Eindhoven (NED)	20.3.2008

EMU 15 - 16: 27.42; 17 - 18: 27.15 / HM50 : 26.05 / IM50 : 32.50

Stig: FINA 2019

Sæti	F.ár	Undanrásir	Tími	Stig
1. Kristinn Þórarinsson	96 Reykjavík	26.05	25.95	791HM5
2. Kolbeinn Hrafnkelsson	94 SH	26.59	26.23	766
3. Brynjólfur Óli Karlsson	01 Sunddeild Breiðabliks	27.91	27.58	658
4. Kristján Gylfi Þórisson	00 Reykjavík	29.01	28.91	572
5. Tómas Magnússon	02 Reykjavík	29.83	29.60	533
6. Erlend Magnússon	01 Sundfélag Akraness	30.54	30.88	469
7. Flosi Ómarsson	03 Íþróttabandalag Reykjanesbæjar	30.85	31.19	455
8. Aron Bjarki Jónsson	01 SH	31.10	31.98	422

Sundgrein 36
7.4.2019 - 17:19

kvenna, 200m bringusund

Opinn
Úrslitalistar Úrslitsund

Aldursflokkamet Íslands 15 - 17	2:35.80	Íris Edda Heimisdóttir	ISL	Monaco (MON)	20.5.2000
Aldursflokkamet Íslands 13 - 14	2:40.49	Rakel Gunnlaugsdóttir	ISL	Glasgow (GBR)	4.3.2005
Aldursflokkamet Íslands 11 - 12	2:52.21	Ólöf Edda Eðvarðsdóttir	ISL	Reykjanesbæ	26.4.2009
Íslandsmet	2:22.96	Hrafnhildur Lúthersdóttir	ISL	London (GBR)	20.5.2016

NÆM 13 - 15: 2:45.74 / EMU 14 - 15: 2:37.85; 16 - 17: 2:36.31 / EYOF 14 - 15: 2:40.82 / HM50 : 2:31.02 / IM50 : 3:04.39

Stig: FINA 2019

Sæti	F.ár	Undanrásir	Tími	Stig
1. Karen Mist Arngeirsdóttir	00 Íþróttabandalag Reykjanesbæjar	2:43.28	2:35.84	711
50m: 35.85 35.85 100m: 1:15.70 39.85 150m: 1:56.01 40.31 200m: 2:35.84 39.83				
2. Eva Margrét Falsdóttir	05 Íþróttabandalag Reykjanesbæjar	2:41.13	2:36.69	699
<i>Aldursflokkamet!</i>				
50m: 36.73 36.73 100m: 1:16.62 39.89 150m: 1:56.66 40.04 200m: 2:36.69 40.03				
3. Sunna Svanlaug Vilhjálmisdóttir	00 SH	2:40.86	2:36.90	696
50m: 35.66 35.66 100m: 1:15.44 39.78 150m: 1:56.53 41.09 200m: 2:36.90 40.37				
4. Amalia Nanna Juliusdóttir	02 Sundfélagið Óðinn	2:54.07	2:51.41	534
50m: 38.07 38.07 100m: 1:21.35 43.28 150m: 2:06.68 45.33 200m: 2:51.41 44.73				

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

Sundgrein 36, kvenna, 200m bringusund, Úrslitsund, Opinn

Sæti	F.ár			Undanrásir		Tími	Stig
5.	Herdís Birna Viggósdóttir	04	Reykjavík	2:56.73	2:53.78	512	
	50m: 38.44 38.44	100m: 1:23.72	45.28	150m: 2:09.33	45.61	200m: 2:53.78	44.45
6.	Ragnheiður Karen Ólafsdóttir	04	Sundfélag Akraness	2:59.15	2:55.94	494	
	50m: 38.38 38.38	100m: 1:24.05	45.67	150m: 2:10.66	46.61	200m: 2:55.94	45.28
7.	Guðbjörg Bjartey Guðmundsdóttir	05	Sundfélag Akraness	2:59.48	2:56.71	487	
	50m: 40.09 40.09	100m: 1:25.61	45.52	150m: 2:12.32	46.71	200m: 2:56.71	44.39
8.	Ágústa Bergros Jakobsdóttir	02	Reykjavík	2:58.20	2:58.33	474	
	50m: 39.90 39.90	100m: 1:25.78	45.88	150m: 2:12.43	46.65	200m: 2:58.33	45.90

Sundgrein 37

karla, 200m bringusund

Opinn

7.4.2019 - 17:30

Úrslitalistar Úrslitsund

Aldursflokkamet Íslands 15 - 17	2:19.27	Jakob Jóhann Sveinsson	ISL	Moskva (RUS)	17.7.1999
Aldursflokkamet Íslands 13 - 14	2:30.24	Daði Björnsson	ISL	Reykjavík	22.4.2018
Aldursflokkamet Íslands 11 - 12	2:58.72	Hrafn Traustason	ISL	Reykjavík	2.7.2004
Íslandsmet	2:10.21	Anton Sveinn McKee	ISL	Kazan (RUS)	6.8.2015

NÆM 14 - 16: 2:31.07 / EMU 15 - 16: 2:23.88; 17 - 18: 2:22.48 / EYOF 15 - 16: 2:30.10 / HM50 : 2:15.59 / IM50 : 2:49.72

Stig: FINA 2019

Sæti	F.ár			Undanrásir		Tími	Stig
1.	Anton Sveinn McKee	93	SH	2:30.07	2:16.91	791	
	50m: 30.56 30.56	100m: 1:04.84	34.28	150m: 1:39.96	35.12	200m: 2:16.91	36.95
2.	Aron Þór Jónsson	02	SH	2:30.58	2:27.84	628	
	50m: 34.29 34.29	100m: 1:11.73	37.44	150m: 1:49.97	38.24	200m: 2:27.84	37.87
3.	Daði Björnsson	04	SH	2:32.49	2:31.26	587	
	50m: 32.24 32.24	100m: 1:09.51	37.27	150m: 1:49.18	39.67	200m: 2:31.26	42.08
4.	Óskar Gauti Lund	99	Sunddeild Breiðabliks	2:36.14	2:33.79	558	
	50m: 34.69 34.69	100m: 1:13.11	38.42	150m: 1:53.35	40.24	200m: 2:33.79	40.44
5.	Ingvar Orri Jóhannesson	04	Reykjavík	2:40.48	2:38.44	511	
	50m: 33.16 33.16	100m: 1:13.03	39.87	150m: 1:56.00	42.97	200m: 2:38.44	42.44
6.	Daníel Steinn Davíðsson	03	Sunddeild Breiðabliks	2:45.29	2:43.48	465	
	50m: 35.00 35.00	100m: 1:15.67	40.67	150m: 1:59.51	43.84	200m: 2:43.48	43.97
7.	Hringur Birgir Kristinsson	04	Reykjavík	2:47.62	2:44.36	457	
	50m: 36.75 36.75	100m: 1:18.54	41.79	150m: 2:01.54	43.00	200m: 2:44.36	42.82
ÓG.	Birnir Freyr Hálfánarsson	06	SH	2:41.67			
	<i>B1 - More than one single dolphin kick before first breaststroke kick (SW 7.1)</i>						

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

Sundgrein 38
7.4.2019 - 17:34

kvenna, 800m skriðsund

Opinn
Úrslitalistar

Aldursflokkamet Íslands 15 - 17	9:09.94	Harpa Ingbórsdóttir	ISL	Reykjavík	16.1.2015
Aldursflokkamet Íslands 13 - 14	9:20.94	Harpa Ingbórsdóttir	ISL	Reykjavík	12.4.2014
Aldursflokkamet Íslands 11 - 12	9:58.56	Eygló Ósk Gústafsdóttir	ISL	Reykjanesbæ	22.10.2007
Íslandsmet	8:53.76	Sigrún Brá Sverrisdóttir	ISL	Columbus (USA)	11.3.2012

NÆM 13 - 15: 9:51.88 / EMU 14 - 15: 9:19.96; 16 - 17: 9:14.49 / EYOF 14 - 15: 9:36.39 / HM50 : 8:56.71 / IM50 : 10:41.31

Stig: FINA 2019

Sæti			F.ár			Undanrásir	Tími	Stig
1.	Eydís Ósk Kolbeinsdóttir		00	Íþróttabandalag Reykjanesbæja		9:16.71	9:13.71	671
	50m:	31.59 31.59	250m:	2:49.68 34.57	450m:	5:09.39 34.95	650m:	7:29.60 35.54
	100m:	1:05.60 34.01	300m:	3:24.65 34.97	500m:	5:44.06 34.67	700m:	8:04.86 35.26
	150m:	1:40.45 34.85	350m:	3:59.31 34.66	550m:	6:19.24 35.18	750m:	8:39.76 34.90
	200m:	2:15.11 34.66	400m:	4:34.44 35.13	600m:	6:54.06 34.82	800m:	9:13.71 33.95
2.	Bryndís Bolladóttir		99	Sunddeild Breiðabliks		NT	9:16.15	662
	100m:	1:06.89 1:06.89	300m:	3:28.43 1:09.71	500m:	5:49.03 1:10.21	700m:	8:08.79 1:09.74
	200m:	2:18.72 1:11.83	400m:	4:38.82 1:10.39	600m:	6:59.05 1:10.02	800m:	9:16.15 1:07.36
3.	Ragna Sigríður Ragnarsdóttir		01	Sunddeild Breiðabliks		9:21.68	9:22.42	640
	50m:	30.81 30.81	250m:	2:49.43 34.74	450m:	5:10.05 35.38	650m:	7:34.27 36.40
	100m:	1:04.94 34.13	300m:	3:24.35 34.92	500m:	5:45.61 35.56	700m:	8:10.60 36.33
	150m:	1:39.77 34.83	350m:	3:59.33 34.98	550m:	6:21.58 35.97	750m:	8:47.00 36.40
	200m:	2:14.69 34.92	400m:	4:34.67 35.34	600m:	6:57.87 36.29	800m:	9:22.42 35.42
4.	Freyja Birkisdóttir		06	Sunddeild Breiðabliks		9:29.85	9:34.72	600NÆM
	50m:	31.81 31.81	250m:	2:55.87 36.25	450m:	5:22.50 36.81	650m:	7:47.83 36.31
	100m:	1:06.92 35.11	300m:	3:32.75 36.88	500m:	5:58.84 36.34	700m:	8:24.01 36.18
	150m:	1:43.28 36.36	350m:	4:09.17 36.42	550m:	6:35.25 36.41	750m:	9:00.21 36.20
	200m:	2:19.62 36.34	400m:	4:45.69 36.52	600m:	7:11.52 36.27	800m:	9:34.72 34.51
5.	Brynhildur Traustadóttir		01	Sundfélag Akraness		9:43.31	9:44.12	571
	50m:	31.98 31.98	250m:	2:58.69 37.25	450m:	5:29.02 37.52	650m:	7:56.99 36.63
	100m:	1:07.96 35.98	300m:	3:36.43 37.74	500m:	6:06.62 37.60	700m:	8:33.32 36.33
	150m:	1:44.53 36.57	350m:	4:14.00 37.57	550m:	6:43.73 37.11	750m:	9:08.69 35.37
	200m:	2:21.44 36.91	400m:	4:51.50 37.50	600m:	7:20.36 36.63	800m:	9:44.12 35.43
6.	Birna Hilmarsdóttir		02	Íþróttabandalag Reykjanesbæja		9:27.83	9:46.34	565
	50m:	32.73 32.73	250m:	3:01.31 37.22	450m:	5:29.49 36.92	650m:	7:57.11 37.11
	100m:	1:09.18 36.45	300m:	3:38.29 36.98	500m:	6:06.27 36.78	700m:	8:34.34 37.23
	150m:	1:46.60 37.42	350m:	4:15.24 36.95	550m:	6:43.14 36.87	750m:	9:11.01 36.67
	200m:	2:24.09 37.49	400m:	4:52.57 37.33	600m:	7:20.00 36.86	800m:	9:46.34 35.33
7.	Ólöf Kristín Isaksen		05	Sundfélagið Óðinn		9:45.86	9:48.06	560NÆM
	50m:	31.55 31.55	250m:	2:58.87 37.53	450m:	5:29.52 37.57	650m:	7:58.46 37.51
	100m:	1:06.64 35.09	300m:	3:36.56 37.69	500m:	6:06.86 37.34	700m:	8:35.84 37.38
	150m:	1:43.87 37.23	350m:	4:14.40 37.84	550m:	6:44.00 37.14	750m:	9:12.72 36.88
	200m:	2:21.34 37.47	400m:	4:51.95 37.55	600m:	7:20.95 36.95	800m:	9:48.06 35.34
8.	Ingibjörg Erla Garðarsdóttir		00	Reykjavík		9:40.74	9:58.21	532
	50m:	33.30 33.30	250m:	3:02.05 37.77	450m:	5:34.68 38.20	650m:	8:06.65 37.82
	100m:	1:09.65 36.35	300m:	3:40.12 38.07	500m:	6:12.65 37.97	700m:	8:44.74 38.09
	150m:	1:46.66 37.01	350m:	4:18.53 38.41	550m:	6:50.92 38.27	750m:	9:22.28 37.54
	200m:	2:24.28 37.62	400m:	4:56.48 37.95	600m:	7:28.83 37.91	800m:	9:58.21 35.93
9.	Halla Margrét Baldursdóttir		02	Reykjavík		10:13.13	9:59.07	529
	100m:	1:09.90 1:09.90	300m:	3:43.03 1:16.37	500m:	6:13.64 1:15.17	700m:	8:44.87 1:14.89
	200m:	2:26.66 1:16.76	400m:	4:58.47 1:15.44	600m:	7:29.98 1:16.34	800m:	9:59.07 1:14.20
10.	Sandra Dögg Kristjánsdóttir		03	SH		10:13.96	10:09.15	504
	100m:	1:09.18 1:09.18	300m:	3:41.12 1:16.32	500m:	6:16.46 1:17.68	700m:	8:53.59 1:18.36
	200m:	2:24.80 1:15.62	400m:	4:58.78 1:17.66	600m:	7:35.23 1:18.77	800m:	10:09.15 1:15.56
11.	Ylfa Finnbogadóttir		02	SH		10:01.84	10:12.85	494
	100m:	1:10.42 1:10.42	300m:	3:42.67 1:17.35	500m:	6:19.81 1:18.53	700m:	8:57.45 1:18.86
	200m:	2:25.32 1:14.90	400m:	5:01.28 1:18.61	600m:	7:38.59 1:18.78	800m:	10:12.85 1:15.40
12.	Aþena Arnarsdóttir		03	Sundfélagið Óðinn		10:06.27	10:12.91	494
	100m:	1:10.32 1:10.32	300m:	3:44.95 1:17.68	500m:	6:21.61 1:18.28	700m:	8:58.04 1:17.89
	200m:	2:27.27 1:16.95	400m:	5:03.33 1:18.38	600m:	7:40.15 1:18.54	800m:	10:12.91 1:14.87

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

Sundgrein 38, kvenna, 800m skriðsund, Opinn

Sæti	F.ár	Undanrásir	Tími	Stig
13. Svava Björg Lárusdóttir	03 Reykjavík	10:26.78	10:20.51	476
100m: 1:12.00 1:12.00	300m: 3:49.98 1:18.94	500m: 6:27.92 1:19.13	700m: 9:05.21 1:18.86	
200m: 2:31.04 1:19.04	400m: 5:08.79 1:18.81	600m: 7:46.35 1:18.43	800m: 10:20.51 1:15.30	
14. Ásta Kamilla Sigurðardóttir	04 Íþróttabandalag Reykjanesbæ	10:40.75	10:28.88	458
100m: 1:11.74 1:11.74	300m: 3:48.76 1:19.28	500m: 6:28.13 1:20.09	700m: 9:09.71 1:20.57	
200m: 2:29.48 1:17.74	400m: 5:08.04 1:19.28	600m: 7:49.14 1:21.01	800m: 10:28.88 1:19.17	
15. Hildur Valsdóttir	04 SH	10:31.39	10:35.23	444
100m: 1:12.90 1:12.90	300m: 3:53.35 1:21.31	500m: 6:35.35 1:20.83	700m: 9:17.72 1:20.63	
200m: 2:32.04 1:19.14	400m: 5:14.52 1:21.17	600m: 7:57.09 1:21.74	800m: 10:35.23 1:17.51	
16. Þórdís Anita Björnsdóttir	02 SH	10:38.10	10:39.19	436
100m: 1:14.86 1:14.86	300m: 3:56.79 1:21.31	500m: 6:39.55 1:21.04	700m: 9:21.45 1:19.94	
200m: 2:35.48 1:20.62	400m: 5:18.51 1:21.72	600m: 8:01.51 1:21.96	800m: 10:39.19 1:17.74	
17. Diljá Dröfn Jóhannesdóttir	03 SH	10:15.72	10:42.89	428IM5
100m: 1:13.33 1:13.33	300m: 3:56.61 1:21.94	500m: 6:40.91 1:22.17	700m: 9:24.45 1:21.94	
200m: 2:34.67 1:21.34	400m: 5:18.74 1:22.13	600m: 8:02.51 1:21.60	800m: 10:42.89 1:18.44	
18. Sif Grímsdóttir	03 Reykjavík	10:35.50	10:48.72	417IM5
100m: 1:14.69 1:14.69	300m: 3:59.03 1:22.28	500m: 6:43.18 1:21.68	700m: 9:27.65 1:22.69	
200m: 2:36.75 1:22.06	400m: 5:21.50 1:22.47	600m: 8:04.96 1:21.78	800m: 10:48.72 1:21.07	
19. Katla María Brynjarsdóttir	07 Íþróttabandalag Reykjanesbæ	10:37.94	10:51.52	411IM5
100m: 1:14.76 1:14.76	300m: 3:57.85 1:22.21	500m: 6:44.01 1:23.30	700m: 9:29.70 1:22.77	
200m: 2:35.64 1:20.88	400m: 5:20.71 1:22.86	600m: 8:06.93 1:22.92	800m: 10:51.52 1:21.82	
20. Þórdís M Aðalsteinsdóttir	03 Íþróttabandalag Reykjanesbæ	10:12.27	11:45.97	323IM5
100m: 1:20.18 1:20.18	300m: 4:18.52 1:30.26	500m: 7:17.78 1:29.21	700m: 10:17.48 1:29.68	
200m: 2:48.26 1:28.08	400m: 5:48.57 1:30.05	600m: 8:47.80 1:30.02	800m: 11:45.97 1:28.49	
MÆekki Adele Alexandra Pálsson	03 SH	9:49.35		

Sundgrein 39
7.4.2019 - 17:45

karla, 800m skriðsund

Opinn
Úrslitalistar

Aldursflokkamet Íslands 15 - 17	8:33.74	Patrik Viggó Vilbergsson	ISL	Reykjavík	6.4.2019
Aldursflokkamet Íslands 13 - 14	8:59.21	Ólafur Sigurðsson	ISL	Reykjavík	11.4.2013
Aldursflokkamet Íslands 11 - 12	10:01.60	Patrik Viggó Vilbergsson	ISL	Hódmezővásárhely (HUN)	19.12.2014
Íslandsmet	8:08.09	Anton Sveinn McKee	ISL	Reykjavík	20.7.2014

EMU 15 - 16: 8:37.22; 17 - 18: 8:32.09 / HM50 : 8:10.91 / IM50 : 10:12.33

Stig: FINA 2019

Sæti	F.ár	Undanrásir	Tími	Stig
1. Patrik Viggó Vilbergsson <i>Aldursflokkamet!</i>	02 Sunddeild Breiðabliks	8:44.29	8:29.70	697EMU
50m: 28.05 28.05	250m: 2:37.40 32.84	450m: 4:48.14 32.44	650m: 6:57.73 32.45	
100m: 59.21 31.16	300m: 3:10.14 32.74	500m: 5:20.54 32.40	700m: 7:29.75 32.02	
150m: 1:31.95 32.74	350m: 3:43.01 32.87	550m: 5:53.04 32.50	750m: 8:00.75 31.00	
200m: 2:04.56 32.61	400m: 4:15.70 32.69	600m: 6:25.28 32.24	800m: 8:29.70 28.95	
2. Kristófer Atli Andersen	02 Sunddeild Breiðabliks	9:02.93	9:01.93	580
50m: 28.77 28.77	250m: 2:44.59 34.18	450m: 5:03.38 34.62	650m: 7:20.96 33.86	
100m: 1:02.05 33.28	300m: 3:18.76 34.17	500m: 5:38.45 35.07	700m: 7:55.30 34.34	
150m: 1:36.46 34.41	350m: 3:53.41 34.65	550m: 6:13.33 34.88	750m: 8:29.17 33.87	
200m: 2:10.41 33.95	400m: 4:28.76 35.35	600m: 6:47.10 33.77	800m: 9:01.93 32.76	
3. Veigar Hrafn Sigþórsson	05 SH	9:34.09	9:11.18	551
50m: 30.33 30.33	250m: 2:49.38 35.45	450m: 5:10.06 34.89	650m: 7:29.80 34.77	
100m: 1:04.04 33.71	300m: 3:24.57 35.19	500m: 5:44.89 34.83	700m: 8:04.06 34.26	
150m: 1:39.06 35.02	350m: 4:00.04 35.47	550m: 6:19.95 35.06	750m: 8:38.09 34.03	
200m: 2:13.93 34.87	400m: 4:35.17 35.13	600m: 6:55.03 35.08	800m: 9:11.18 33.09	

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

Sundgrein 39, karla, 800m skriðsund, Opinn

Sæti			F.ár			Undanrásir	Tími	Stig
4.	Skúli Thor Ásgeirsson		02	Ægir		9:19.23	9:13.48	545
	50m:	29.31 29.31	250m:	2:47.63 35.34	450m:	5:08.98 35.17	650m:	7:30.42 35.44
	100m:	1:02.35 33.04	300m:	3:22.95 35.32	500m:	5:44.09 35.11	700m:	8:05.26 34.84
	150m:	1:37.03 34.68	350m:	3:58.54 35.59	550m:	6:19.78 35.69	750m:	8:40.41 35.15
	200m:	2:12.29 35.26	400m:	4:33.81 35.27	600m:	6:54.98 35.20	800m:	9:13.48 33.07
5.	Gústav Ragnar Kristjánsson		02	Sunddeild Breiðabliks		9:38.67	9:25.70	510
	50m:	29.87 29.87	250m:	2:50.90 35.56	450m:	5:15.90 36.02	650m:	7:40.73 36.09
	100m:	1:04.47 34.60	300m:	3:27.49 36.59	500m:	5:52.37 36.47	700m:	8:16.78 36.05
	150m:	1:39.82 35.35	350m:	4:03.52 36.03	550m:	6:28.28 35.91	750m:	8:52.55 35.77
	200m:	2:15.34 35.52	400m:	4:39.88 36.36	600m:	7:04.64 36.36	800m:	9:25.70 33.15
6.	Snær Llorens Sigurðsson		02	Sundfélag Akraness		9:33.70	9:25.88	510
	50m:	30.49 30.49	250m:	2:53.76 36.17	450m:	5:19.47 36.82	650m:	7:44.75 36.22
	100m:	1:05.53 35.04	300m:	3:29.89 36.13	500m:	5:55.36 35.89	700m:	8:20.53 35.78
	150m:	1:41.68 36.15	350m:	4:06.63 36.74	550m:	6:31.87 36.51	750m:	8:54.20 33.67
	200m:	2:17.59 35.91	400m:	4:42.65 36.02	600m:	7:08.53 36.66	800m:	9:25.88 31.68
7.	Jónas Atli Pálsson		03	SH		9:45.20	9:35.74	484
	50m:	31.17 31.17	250m:	2:54.24 36.15	450m:	5:21.41 36.21	650m:	7:49.18 36.59
	100m:	1:06.05 34.88	300m:	3:31.03 36.79	500m:	5:58.48 37.07	700m:	8:25.61 36.43
	150m:	1:41.71 35.66	350m:	4:07.98 36.95	550m:	6:35.26 36.78	750m:	9:01.74 36.13
	200m:	2:18.09 36.38	400m:	4:45.20 37.22	600m:	7:12.59 37.33	800m:	9:35.74 34.00
8.	Guðmundur Halldórsson		04	Sunddeild Breiðabliks		9:56.87	9:38.06	478
	50m:	32.73 32.73	250m:	2:58.48 36.71	450m:	5:25.25 36.52	650m:	7:51.65 36.20
	100m:	1:08.66 35.93	300m:	3:35.33 36.85	500m:	6:02.09 36.84	700m:	8:27.94 36.29
	150m:	1:44.87 36.21	350m:	4:11.85 36.52	550m:	6:38.78 36.69	750m:	9:03.58 35.64
	200m:	2:21.77 36.90	400m:	4:48.73 36.88	600m:	7:15.45 36.67	800m:	9:38.06 34.48
9.	Úlfur Páll Andrason		04	Reykjavík		9:55.78	9:40.77	471
	50m:	31.41 31.41	250m:	2:55.16 36.38	450m:	5:23.36 37.23	650m:	7:52.02 37.34
	100m:	1:06.27 34.86	300m:	3:32.01 36.85	500m:	5:59.84 36.48	700m:	8:28.76 36.74
	150m:	1:42.40 36.13	350m:	4:09.27 37.26	550m:	6:37.12 37.28	750m:	9:04.96 36.20
	200m:	2:18.78 36.38	400m:	4:46.13 36.86	600m:	7:14.68 37.56	800m:	9:40.77 35.81
10.	Þorsteinn Karl Arnarsson		04	Stjarnan		9:53.54	9:44.09	463
	50m:	31.40 31.40	250m:	2:55.83 36.73	450m:	5:24.68 37.49	650m:	7:54.07 36.79
	100m:	1:06.56 35.16	300m:	3:33.04 37.21	500m:	6:01.76 37.08	700m:	8:31.07 37.00
	150m:	1:43.16 36.60	350m:	4:10.14 37.10	550m:	6:39.98 38.22	750m:	9:08.45 37.38
	200m:	2:19.10 35.94	400m:	4:47.19 37.05	600m:	7:17.28 37.30	800m:	9:44.09 35.64
11.	Logi Freyr Arnarsson		03	Reykjavík		9:33.44	9:44.79	462
	50m:	31.64 31.64	250m:	2:57.59 36.99	450m:	5:24.65 36.88	650m:	7:53.93 37.32
	100m:	1:07.10 35.46	300m:	3:34.17 36.58	500m:	6:01.89 37.24	700m:	8:31.42 37.49
	150m:	1:43.60 36.50	350m:	4:11.04 36.87	550m:	6:39.21 37.32	750m:	9:08.69 37.27
	200m:	2:20.60 37.00	400m:	4:47.77 36.73	600m:	7:16.61 37.40	800m:	9:44.79 36.10
12.	Ólafur Breki Guðnason		03	Ægir		9:55.39	9:54.42	440
	50m:	32.26 32.26	250m:	2:58.40 37.25	450m:	5:28.31 37.79	650m:	8:01.04 38.29
	100m:	1:07.59 35.33	300m:	3:35.66 37.26	500m:	6:06.24 37.93	700m:	8:39.22 38.18
	150m:	1:44.43 36.84	350m:	4:12.90 37.24	550m:	6:44.63 38.39	750m:	9:17.31 38.09
	200m:	2:21.15 36.72	400m:	4:50.52 37.62	600m:	7:22.75 38.12	800m:	9:54.42 37.11
13.	Kristján Magnússon		05	Sundfélag Akraness		9:47.41	9:55.17	438
	50m:	31.94 31.94	250m:	2:57.58 36.80	450m:	5:29.40 38.04	650m:	8:03.89 38.46
	100m:	1:07.67 35.73	300m:	3:35.64 38.06	500m:	6:08.08 38.68	700m:	8:41.97 38.08
	150m:	1:43.63 35.96	350m:	4:12.91 37.27	550m:	6:46.71 38.63	750m:	9:18.95 36.98
	200m:	2:20.78 37.15	400m:	4:51.36 38.45	600m:	7:25.43 38.72	800m:	9:55.17 36.22
14.	Alexander Logi Jónsson		04	Íþróttabandalag Reykjanesbæ		10:00.03	9:55.43	437
	100m:	1:09.52 1:09.52	300m:	3:39.42 1:15.02	500m:	6:10.97 1:15.63	700m:	8:42.63 1:15.78
	200m:	2:24.40 1:14.88	400m:	4:55.34 1:15.92	600m:	7:26.85 1:15.88	800m:	9:55.43 1:12.80
15.	Jón Ingi Halldórsson		04	Sunddeild Breiðabliks		10:05.04	10:00.65	426
	100m:	1:11.05 1:11.05	300m:	3:44.22 1:16.32	500m:	6:16.50 1:16.29	700m:	8:47.71 1:15.10
	200m:	2:27.90 1:16.85	400m:	5:00.21 1:15.99	600m:	7:32.61 1:16.11	800m:	10:00.65 1:12.94
16.	Sölvi Bjartur Ingólfsson		03	Stjarnan		9:49.26	10:22.35	383IM5
	100m:	1:09.10 1:09.10	300m:	3:44.55 1:19.27	500m:	6:23.69 1:19.87	700m:	9:03.74 1:19.90
	200m:	2:25.28 1:16.18	400m:	5:03.82 1:19.27	600m:	7:43.84 1:20.15	800m:	10:22.35 1:18.61

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

Sundgrein 41
7.4.2019 - 18:06

kvenna, 4 x 100m skriðsund

Opinn
Úrslitalistar

Íslandsmet 3:51.64 Sveit Ægis ISL Reykjavík 14.4.2012

Stig: FINA 2019

Sæti	Undanrásir	Tími	Stig
1. SH 1	SH	NT	4:01.38 658
Jóhanna Elín Guðmundsdóttir +0,67 28.06 58.94	Steingerður Hauksdóttir +0,42 27.61	1:00.92	
Katarína Róbertsdóttir +0,13 28.36 59.98	María Fanney Kristjánsdóttir +0,32 29.33	1:01.54	
2. Sunddeild Breiðabliks 1	Sunddeild Breiðabliks	NT	4:03.58 641
Bryndís Bolladóttir +0,69 29.52 1:01.55	Regína Lilja Gunnlaugsdóttir +0,30 29.31	1:01.66	
Ragna Sigríður Ragnarsdóttir +0,29 28.97 1:00.54	Kristín Helga Hákonardóttir +0,19 28.68	59.83	
3. Sundfélagið Óðinn 1	Sundfélagið Óðinn	NT	4:07.18 613
Bryndís Rún Hansen +0,67 27.31 56.94	Aþena Arnarsdóttir +0,39 29.79	1:03.64	
Þóra Snorradóttir +0,36 30.25 1:04.18	Elín Kata Sigurgeirsdóttir +0,45 30.10	1:02.42	
4. Íþróttabandalag Reykjanesbæjar 1	Íþróttabandalag Reykjanesbæjar	NT	4:11.29 584
Eydís Ósk Kolbeinsdóttir +0,70 29.49 1:00.79	Eva Margrét Falsdóttir +0,44 29.90	1:02.82	
Birna Hilmarsdóttir +0,67 30.16 1:04.20	Sylwia Sienkiewicz +0,15 29.94	1:03.48	
5. Reykjavík 1	Reykjavík	NT	4:17.18 544
Halla Margrét Baldursdóttir +0,69 30.84 1:04.41	Helena Rún Gylfadóttir +0,62 30.94	1:05.04	
Svava Björg Lárusdóttir +0,47 31.25 1:05.94	Ásta Kristín Jónsdóttir +0,41 29.26	1:01.79	
6. Sundfélag Akraness 1	Sundfélag Akraness	NT	4:22.78 510
Guðbjörg Bjartey Guðmundsdóttir +0,69 30.55 1:04.45	Ingibjörg Svava Magnúsardóttir +0,33 32.42	1:07.97	
Ragnheiður Karen Ólafsdóttir +0,46 31.64 1:05.57	Brynhildur Traustadóttir +0,19 31.01	1:04.79	
7. Reykjavík 2	Reykjavík	NT	4:40.04 421
Sif Grímsdóttir +0,73 32.18 1:08.49	Arianna Steinarsdóttir +0,25 32.03	1:07.79	
Kristína Bragadóttir +0,53 35.32 1:16.29	Herdís Birna Viggósdóttir +0,58 31.54	1:07.47	

Sundgrein 42
7.4.2019 - 18:11

karla, 4 x 100m skriðsund

Opinn
Úrslitalistar

Íslandsmet 3:31.48 Sveit SH ISL Reykjavík 12.4.2014

Stig: FINA 2019

Sæti	Undanrásir	Tími	Stig
1. SH 1	SH	NT	3:35.80 663
Kolbeinn Hrafnkelsson +0,61 25.42 53.28	Anton Sveinn McKee +0,26 26.06	54.55	
Ólafur Árdal Sigurðsson +0,12 25.87 54.59	Dadó Fenrir Jasminuson +0,43 25.08	53.38	
2. Reykjavík 1	Reykjavík	NT	3:37.00 652
Hólmsteinn Skorri Hallgrímsson +0,65 26.16 54.92	Bjartur Þórhallsson +0,24 26.53	56.98	
Kristján Gylfi Þórisson +0,33 25.62 54.79	Kristinn Þórarinnsson +0,23 23.54	50.31	
3. Sunddeild Breiðabliks 1	Sunddeild Breiðabliks	NT	3:40.70 620
Brynjólfur Óli Karlsson +0,63 26.31 55.07	Kristófer Atli Andersen +0,41 26.47	56.26	
Davíð Fannar Ragnarsson +0,74 26.35 55.82	Patrik Viggó Vilbergsson +0,29 25.95	53.55	
4. Íþróttabandalag Reykjanesbæjar 1	Íþróttabandalag Reykjanesbæjar	NT	3:41.43 614
Fannar Snævar Hauksson +0,67 27.06 56.26	Kristófer Sigurðsson +0,17 24.61	52.71	
Þröstur Bjarnason +0,05 25.18 53.60	Aron Fannar Kristínarson +0,32 27.54	58.86	
5. SH 2	SH	NT	3:51.03 540
Birnir Freyr Hálfðánarsson +0,67 27.45 58.48	Daði Björnsson +0,43 27.28	58.38	
Kári Sölvi Nielsen +0,30 27.06 56.57	Róbert Ísak Jónsson S14 +0,65 27.21	57.60	
6. Reykjavík 2	Reykjavík	NT	3:58.94 488
Tómas Magnússon +0,69 28.60 1:01.48	Úlfur Páll Andrason +0,40 27.78	58.46	
Ingvar Orri Jóhannesson +0,20 27.70 1:00.60	Halldór Björn Kristinsson +0,49 27.32	58.40	
7. Sundfélag Akraness 1	Sundfélag Akraness	NT	4:01.18 475
Atli Vikar Ingimundarson +0,66 27.23 57.69	Kristján Magnússon +0,37 28.07	1:00.84	
Erlend Magnússon +0,49 27.78 59.89	Snær Llorens Sigurðsson +0,53 29.49	1:02.76	

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 5-7. apríl 2019

Sundgrein 42, karla, 4 x 100m skriðsund, Opinn

Sæti					Undanrásir	Tími	Stig
8.	Íþróttabandalag Reykjanesbæjar 2			Íþróttabandalag Reykjanesbæjar	NT	4:14.40	405
	Stefán Elías Davíðsson	+0,68	30.14	Flosi Ómarsson	+0,42	29.90	1:03.96
	Gabriel Ari Tryggvarson	+0,83	29.60	Daníel Patrick Riley	+0,35	30.71	1:05.51