

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 7. - 9.4.2017
Meistaradagar

1 - 1. hluti - undanrásir

07.04.2017 - 10:00

Sundgrein 1 kvenna, 50m skriðsund Opinn
07.04.2017 - 10:00 Úrslitalistar Undanrásir

Íslandsmet 25.24 Sarah Blake Bateman Ægir Indianapolis (USA) 30.03.2012
IM50 : 30.84 / EMU 14 - 17: 26.84 / EYOF 14 - 15: 28.09 / HM : 26.06 / NÆM 13 - 15: 28.37

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
1. Ingibjörg Kristín Jónsdóttir	93 SH	25.85	26.03	757A HM
2. Bryndís Rún Hansen	93 Óðinn	26.41	26.82	692A
3. Jóhanna Elín Guðmundsdóttir	01 SH	27.22	28.17	597A
4. Sunneva Dögg Robertson	99 ÍRB	27.91	28.33	587A
5. Jóhanna Gerða Gústafsdóttir	90 Ægir	25.96	28.56	573A
6. Ásta Kristín Jónsdóttir	00 REY	28.45	28.69	565A
7. Líney Ragna Ólafsdóttir	96 Breiðablik	30.59	28.90	553A
8. Brynhildur Traustadóttir	01 ÍA	29.03	29.11	541A
9. Una Lára Lárusdóttir	99 ÍA	28.95	29.15	539R
10. Eydis Ósk Kolbeinsdóttir	00 ÍRB	28.80	29.23	535R
11. Guðný Birna Sigurðardóttir	99 Breiðablik	29.13	29.25	533
12. Bjarkey Jónasdóttir	99 Ægir	29.92	29.45	523
13. Alexandra Tómasdóttir	01 Óðinn	29.63	29.82	503
14. Ásgerður Jing Laufeyjardóttir	02 ÍA	30.18	29.94	497
15. Kristín Helga Hákonardóttir	04 Breiðablik	29.17	30.04	492
16. Þura Snorradóttir	03 Óðinn	29.21	30.06	491
17. Ragnheiður Karlsdóttir	99 Breiðablik	29.97	30.17	486
18. Svava Þóra Árnadóttir	03 REY	29.88	30.18	486
19. Svava Björg Lárusdóttir	03 REY	30.62	30.22	484
20. Embla Sól Garðarsdóttir	01 Óðinn	29.73	30.27	481
21. María Hrund Kristjánsdóttir	01 REY	30.14	30.44	473
22. Eyrún Sigþórsdóttir	01 ÍA	30.25	30.50	470
23. Aþena Karaolani	00 UMFA	30.81	30.51	470
24. Berglind Bjarnadóttir	01 REY	30.50	30.69	462
25. Stine Holm Røed	00 SK	29.84	31.11	443IM5
26. Vilde Linnea Gullovsen	00 SK	30.18	31.69	419IM5
ÓG. Aþena Arnarsdóttir	03 Óðinn	30.74		
<i>G2 - Starting before the start signal (SW 4.4)</i>				
MÆekki Telma Brá Gunnarsdóttir	00 Ægir	30.63		

Sundgrein 2 karla, 50m skriðsund Opinn
07.04.2017 - 10:00 Úrslitalistar Undanrásir

Íslandsmet 22.53 Ámi Már Árnason ÍRB Canet (FRA) 06.06.2012
IM50 : 28.12 / HM : 23.26

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
1. Aron Örn Stefánsson	95 SH	23.69	23.72	685A
2. Predrag Milos	95 SH	24.13	24.02	659A
3. Ágúst Júlíusson	89 ÍA	26.05	24.52	620A
4. Kristófer Sigurðsson	95 ÍRB	25.46	24.56	617A
5. Þröstur Bjarnason	97 ÍRB	24.69	24.79	600A
6. Hilmar Smári Jónsson	94 REY	25.23	25.07	580A
7. Davíð Fannar Ragnarsson	98 Breiðablik	25.27	25.08	579A
8. Kristján Gylfi Þórisson	00 Ægir	25.89	25.57	546A
9. Sigurd Ormseth Årøen	00 SK	25.41	25.79	532R

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG

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Meistaradagar

Sundgrein 2, karla, 50m skriðsund, Undanrásir, Opinn

Sæti	F.ár	Undanrásir	Tími	Stig
10. Ólafur Sigurðsson	99 SH	26.52	26.02	518R
11. Björgvin Theodór Hilmarsson	98 ÍRB	26.28	26.34	500
12. Jón Klausen	00 REY	26.10	26.71	479
13. Hólmsteinn Skorri Hallgrímsson	00 Ægir	26.37	26.77	476
14. Sveinbjörn Pálmi Karlsson	95 Breiðablik	27.37	26.79	475
15. Ingi Þór Ólafsson	99 ÍRB	27.23	26.80	474
16. Sævar Berg Sigurðsson	95 ÍA	26.62	26.81	474
17. Erlend Magnússon	01 ÍA	26.79	26.96	466
18. Víkar Máni Þórsson	02 REY	27.39	27.04	462
19. Hafsteinn Hákonarson	00 REY	26.97	27.34	447
20. Tómas Magnússon	02 REY	27.17	27.40	444
21. Gunnar Bjarki Jónsson	98 Breiðablik	28.02	27.54	437
22. Sigurður Ingi Sigurðarson	01 REY	27.18	27.63	433
23. Hákon Alexander Magnússon	00 Óðinn	27.74	27.70	430
24. Jón Tumi Dagsson	01 SH	26.95	27.72	429
Hafsteinn Ari Ágústsson	00 Breiðablik	27.40	27.72	429
26. Baldur Logi Gautason	00 Óðinn	28.12	27.73	428
27. Sindri Andreas Bjarnason	01 ÍA	27.79	27.92	420

Sundgrein 3

kvenna, 400m skriðsund

Opinn
Úrslitalistar

07.04.2017 - 10:11

Íslandsmet	4:20.42	Sigrún Brá Sverrisdóttir	Ægir	Columbus (USA)	10.03.2012
IM50 : 5:11.48 / EMU 14 - 17: 4:32.67 / EYOF 14 - 15: 4:38.04 / HM : 4:19.34 / NÆM 13 - 15: 4:40.82					

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
1. Sunneva Dögg Robertson	99 ÍRB	4:26.05	4:24.50	731
50m: 30.08 30.08 150m: 1:35.64 33.44 250m: 2:42.43 33.55 350m: 3:50.32 34.13				
100m: 1:02.20 32.12 200m: 2:08.88 33.24 300m: 3:16.19 33.76 400m: 4:24.50 34.18				
2. Bryndís Bolladóttir	99 Breiðablik	4:29.69	4:31.75	674
50m: 30.16 30.16 150m: 1:37.35 34.07 250m: 2:46.28 34.54 350m: 3:57.11 35.63				
100m: 1:03.28 33.12 200m: 2:11.74 34.39 300m: 3:21.48 35.20 400m: 4:31.75 34.64				
3. Bára Kristín Björgvinsdóttir	95 SH	4:36.34	4:31.90	673
50m: 30.71 30.71 150m: 1:38.41 34.41 250m: 2:48.65 35.38 350m: 3:59.06 34.82				
100m: 1:04.00 33.29 200m: 2:13.27 34.86 300m: 3:24.24 35.59 400m: 4:31.90 32.84				
4. Ragna Sigríður Ragnarsdóttir	01 Breiðablik	4:36.01	4:34.11	657
50m: 30.61 30.61 150m: 1:39.53 34.92 250m: 2:49.89 35.32 350m: 4:00.71 35.04				
100m: 1:04.61 34.00 200m: 2:14.57 35.04 300m: 3:25.67 35.78 400m: 4:34.11 33.40				
5. Eydís Ósk Kolbeinsdóttir	00 ÍRB	4:35.33	4:35.04	650
50m: 30.18 30.18 150m: 1:37.46 34.36 250m: 2:48.29 35.73 350m: 3:59.42 35.56				
100m: 1:03.10 32.92 200m: 2:12.56 35.10 300m: 3:23.86 35.57 400m: 4:35.04 35.62				
6. Adele Alexandra Pálsson	03 SH	4:46.06	4:44.89	585
50m: 31.93 31.93 150m: 1:42.93 35.90 250m: 2:56.19 36.98 350m: 4:09.90 36.75				
100m: 1:07.03 35.10 200m: 2:19.21 36.28 300m: 3:33.15 36.96 400m: 4:44.89 34.99				
7. Brynhildur Traustadóttir	01 ÍA	4:34.61	4:44.93	585
50m: 31.18 31.18 150m: 1:42.15 36.08 250m: 2:56.07 37.14 350m: 4:09.94 36.35				
100m: 1:06.07 34.89 200m: 2:18.93 36.78 300m: 3:33.59 37.52 400m: 4:44.93 34.99				
8. Birna Hilmarsdóttir	02 ÍRB	4:59.47	4:51.35	547
50m: 32.80 32.80 150m: 1:46.89 37.53 250m: 3:01.70 37.55 350m: 4:16.10 37.16				
100m: 1:09.36 36.56 200m: 2:24.15 37.26 300m: 3:38.94 37.24 400m: 4:51.35 35.25				
9. Ylfa Finnbogadóttir	02 SH	4:50.70	4:51.69	545
50m: 33.15 33.15 150m: 1:45.83 36.43 250m: 3:00.20 37.19 350m: 4:15.34 37.58				
100m: 1:09.40 36.25 200m: 2:23.01 37.18 300m: 3:37.76 37.56 400m: 4:51.69 36.35				

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Sundgrein 3, kvenna, 400m skriðsund, Opinn

Sæti				F.ár				Undanrásir	Tími	Stig		
10.	Júlía Helga Högnadóttir			02	Ægir			5:01.01	4:57.97	511		
	50m:	32.46	32.46	150m:	1:46.00	37.87	250m:	3:03.17	38.58	350m:	4:20.11	38.35
	100m:	1:08.13	35.67	200m:	2:24.59	38.59	300m:	3:41.76	38.59	400m:	4:57.97	37.86
11.	Guðný Birna Falsdóttir			03	ÍRB			5:06.64	4:58.56	508		
	50m:	33.75	33.75	150m:	1:49.90	38.47	250m:	3:05.98	37.89	350m:	4:21.96	37.54
	100m:	1:11.43	37.68	200m:	2:28.09	38.19	300m:	3:44.42	38.44	400m:	4:58.56	36.60
12.	Alexandra Tómasdóttir			01	Óðinn			5:03.86	4:58.57	508		
	50m:	33.98	33.98	150m:	1:49.96	38.63	250m:	3:06.98	38.66	350m:	4:23.25	38.11
	100m:	1:11.33	37.35	200m:	2:28.32	38.36	300m:	3:45.14	38.16	400m:	4:58.57	35.32
13.	Kolbrún Eva Pálmadóttir			02	ÍRB			4:58.87	5:03.07	486		
	50m:	34.36	34.36	150m:	1:50.41	38.57	250m:	3:08.42	39.10	350m:	4:25.70	38.55
	100m:	1:11.84	37.48	200m:	2:29.32	38.91	300m:	3:47.15	38.73	400m:	5:03.07	37.37
14.	Ingibjörg Erla Garðarsdóttir			00	Ægir			5:05.38	5:03.15	486		
	50m:	33.54	33.54	150m:	1:50.07	39.22	250m:	3:07.70	38.90	350m:	4:25.94	39.03
	100m:	1:10.85	37.31	200m:	2:28.80	38.73	300m:	3:46.91	39.21	400m:	5:03.15	37.21
15.	Sandra Dögg Kristjánsdóttir			03	SH			5:08.61	5:04.46	479		
	50m:	34.31	34.31	150m:	1:51.76	39.33	250m:	3:09.71	38.74	350m:	4:27.79	38.65
	100m:	1:12.43	38.12	200m:	2:30.97	39.21	300m:	3:49.14	39.43	400m:	5:04.46	36.67
16.	Halla Margrét Baldursdóttir			02	REY			5:09.56	5:04.48	479		
	50m:	33.65	33.65	150m:	1:52.20	40.04	250m:	3:10.92	38.96	350m:	4:28.62	38.27
	100m:	1:12.16	38.51	200m:	2:31.96	39.76	300m:	3:50.35	39.43	400m:	5:04.48	35.86
17.	Rebekka Sif Ómarsdóttir			03	Óðinn			5:05.39	5:05.60	474		
	50m:	32.82	32.82	150m:	1:47.92	38.42	250m:	3:07.41	39.91	350m:	4:26.57	39.37
	100m:	1:09.50	36.68	200m:	2:27.50	39.58	300m:	3:47.20	39.79	400m:	5:05.60	39.03
18.	Kristín Ylfa Guðmundsdóttir			02	SH			5:03.73	5:06.34	471		
	50m:	34.07	34.07	150m:	1:52.46	39.90	250m:	3:12.22	39.91	350m:	4:29.67	38.60
	100m:	1:12.56	38.49	200m:	2:32.31	39.85	300m:	3:51.07	38.85	400m:	5:06.34	36.67
19.	Svava Björg Lárusdóttir			03	REY			5:06.38	5:06.43	470		
	50m:	32.21	32.21	150m:	1:50.77	40.41	250m:	3:10.53	39.63	350m:	4:29.88	39.22
	100m:	1:10.36	38.15	200m:	2:30.90	40.13	300m:	3:50.66	40.13	400m:	5:06.43	36.55
20.	Þorgerður Ósk Jónsdóttir			03	SH			5:06.00	5:07.27	466		
	50m:	34.72	34.72	150m:	1:53.84	40.39	250m:	3:14.32	39.97	350m:	4:31.28	37.67
	100m:	1:13.45	38.73	200m:	2:34.35	40.51	300m:	3:53.61	39.29	400m:	5:07.27	35.99
21.	Jóhanna Alba Martel			00	REY			4:57.02	5:08.07	463		
	50m:	34.29	34.29	150m:	1:51.44	39.36	250m:	3:11.52	40.02	350m:	4:30.86	39.28
	100m:	1:12.08	37.79	200m:	2:31.50	40.06	300m:	3:51.58	40.06	400m:	5:08.07	37.21
22.	Aþena Arnarsdóttir			03	Óðinn			5:11.12	5:10.72	451		
	50m:	33.81	33.81	150m:	1:52.68	40.10	250m:	3:12.87	39.74	350m:	4:32.75	39.54
	100m:	1:12.58	38.77	200m:	2:33.13	40.45	300m:	3:53.21	40.34	400m:	5:10.72	37.97
23.	Hildur Elísabet Hálfanardóttir			98	SH			5:02.23	5:12.88	442IM5		
	50m:	35.12	35.12	150m:	1:54.50	40.10	250m:	3:14.15	39.72	350m:	4:34.63	39.04
	100m:	1:14.40	39.28	200m:	2:34.43	39.93	300m:	3:55.59	41.44	400m:	5:12.88	38.25
24.	Svava Þóra Árnadóttir			03	REY			4:57.73	5:14.62	434IM5		
	50m:	32.84	32.84	150m:	1:50.73	39.53	250m:	3:12.32	40.89	350m:	4:35.02	40.95
	100m:	1:11.20	38.36	200m:	2:31.43	40.70	300m:	3:54.07	41.75	400m:	5:14.62	39.60
25.	Embla Sól Garðarsdóttir			01	Óðinn			5:10.82	5:18.24	420IM5		
	50m:	34.30	34.30	150m:	1:53.38	39.99	250m:	3:15.55	41.17	350m:	4:38.52	41.36
	100m:	1:13.39	39.09	200m:	2:34.38	41.00	300m:	3:57.16	41.61	400m:	5:18.24	39.72
26.	Klara Sif Sverrisdóttir			00	Breiðablik			5:00.92	5:20.31	412IM5		
	50m:	35.37	35.37	150m:	1:55.71	40.56	250m:	3:18.16	41.17	350m:	4:40.37	41.17
	100m:	1:15.15	39.78	200m:	2:36.99	41.28	300m:	3:59.20	41.04	400m:	5:20.31	39.94

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG

Reykjavík, 7. - 9.4.2017

Meistaradagur

Sundgrein 3, kvenna, 400m skriðsund, Opinn

Sæti			F.ár			Undanrásir	Tími	Stig
27.	Gabriela Machlowiec		98	REY		5:06.12	5:21.45	407IM5
	50m:	33.91 33.91	150m:	1:53.36	40.68	250m:	3:16.49	41.76 350m: 4:41.38 42.52
	100m:	1:12.68 38.77	200m:	2:34.73	41.37	300m:	3:58.86	42.37 400m: 5:21.45 40.07
28.	Íris Edda Garðarsdóttir		03	Ægir		5:01.67	5:24.71	395IM5
	50m:	36.42 36.42	150m:	1:56.30	40.43	250m:	3:18.98	41.41 350m: 4:43.12 42.02
	100m:	1:15.87 39.45	200m:	2:37.57	41.27	300m:	4:01.10	42.12 400m: 5:24.71 41.59
MÆekki	Kristín Helga Hákonardóttir		04	Breiðablik		4:58.46		
veikindi	Regína Lilja Gunnlaugsdóttir		02	Breiðablik		4:56.01		

Sundgrein 4

karla, 400m skriðsund

Opinn
Úrslitalistar

07.04.2017 - 10:30

Íslandsmet 3:54.36 Anton Sveinn McKee Ægir Los Angeles (USA) 20.07.2014

IM50 : 4:53.41 / HM : 3:56.14

Stig: FINA 2016

Sæti			F.ár			Undanrásir	Tími	Stig
1.	Þröstur Bjarnason		97	ÍRB		4:12.10	4:07.66	701
	50m:	28.33 28.33	150m:	1:33.30	33.00	250m:	2:36.65	30.70 350m: 3:38.08 30.86
	100m:	1:00.30 31.97	200m:	2:05.95	32.65	300m:	3:07.22	30.57 400m: 4:07.66 29.58
2.	Hafþór Jón Sigurðsson		97	SH		4:13.67	4:09.33	687
	50m:	28.40 28.40	150m:	1:31.30	31.73	250m:	2:35.17	31.98 350m: 3:39.01 31.71
	100m:	59.57 31.17	200m:	2:03.19	31.89	300m:	3:07.30	32.13 400m: 4:09.33 30.32
3.	Viktor Forafonov		02	Bærum		4:06.15	4:09.53	685
	50m:	28.88 28.88	150m:	1:31.60	31.48	250m:	2:34.73	31.39 350m: 3:38.69 32.08
	100m:	1:00.12 31.24	200m:	2:03.34	31.74	300m:	3:06.61	31.88 400m: 4:09.53 30.84
4.	Huginn Hilmarsson		95	Breiðablik		4:14.06	4:09.98	682
	50m:	27.88 27.88	150m:	1:30.67	31.72	250m:	2:34.20	31.38 350m: 3:39.47 32.68
	100m:	58.95 31.07	200m:	2:02.82	32.15	300m:	3:06.79	32.59 400m: 4:09.98 30.51
5.	Patrik Viggó Vilbergsson		02	Breiðablik		4:25.27	4:19.89	607
	50m:	28.60 28.60	150m:	1:33.59	32.97	250m:	2:41.23	33.75 350m: 3:47.68 32.90
	100m:	1:00.62 32.02	200m:	2:07.48	33.89	300m:	3:14.78	33.55 400m: 4:19.89 32.21
6.	Bjartur Þórhallsson		00	Ægir		4:27.38	4:24.78	574
	50m:	28.79 28.79	150m:	1:34.01	33.24	250m:	2:42.30	34.04 350m: 3:51.02 34.37
	100m:	1:00.77 31.98	200m:	2:08.26	34.25	300m:	3:16.65	34.35 400m: 4:24.78 33.76
7.	Jón Tumi Dagsson		01	SH		4:24.46	4:25.20	571
	50m:	29.32 29.32	150m:	1:35.81	33.66	250m:	2:43.86	33.80 350m: 3:51.47 33.36
	100m:	1:02.15 32.83	200m:	2:10.06	34.25	300m:	3:18.11	34.25 400m: 4:25.20 33.73
8.	Kári Sölvi Nielsen		00	SH		4:31.32	4:26.05	565
	50m:	29.67 29.67	150m:	1:36.44	33.68	250m:	2:44.79	33.82 350m: 3:53.57 34.03
	100m:	1:02.76 33.09	200m:	2:10.97	34.53	300m:	3:19.54	34.75 400m: 4:26.05 32.48
9.	Hallgrímur Kjartansson		98	Breiðablik		4:23.65	4:26.20	565
	50m:	29.71 29.71	150m:	1:35.80	33.71	250m:	2:44.22	34.20 350m: 3:52.87 34.28
	100m:	1:02.09 32.38	200m:	2:10.02	34.22	300m:	3:18.59	34.37 400m: 4:26.20 33.33
10.	Baldur Logi Gautason		00	Óðinn		4:37.71	4:31.31	533
	50m:	29.45 29.45	150m:	1:36.56	34.04	250m:	2:45.91	34.68 350m: 3:57.41 36.03
	100m:	1:02.52 33.07	200m:	2:11.23	34.67	300m:	3:21.38	35.47 400m: 4:31.31 33.90
11.	Mats Kamnes		00	SK		4:20.78	4:32.60	526
	50m:	27.75 27.75	150m:	1:30.19	31.87	250m:	2:38.96	35.03 350m: 3:54.72 38.45
	100m:	58.32 30.57	200m:	2:03.93	33.74	300m:	3:16.27	37.31 400m: 4:32.60 37.88
12.	Kristófer Atli Andersen		02	Breiðablik		4:43.33	4:33.51	520
	50m:	30.74 30.74	150m:	1:40.04	34.64	250m:	2:50.11	34.51 350m: 3:59.41 34.55
	100m:	1:05.40 34.66	200m:	2:15.60	35.56	300m:	3:24.86	34.75 400m: 4:33.51 34.10

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 7. - 9.4.2017
Meistaradagur

Sundgrein 4, karla, 400m skriðsund, Opinn

Sæti			F.ár			Undanrásir	Tími	Stig
13.	Róbert Ísak S14	Jónsson	01	SH		4:38.20	4:34.19	517
	50m:	28.77	28.77	150m:	1:37.85	35.86	250m:	2:49.10
	100m:	1:01.99	33.22	200m:	2:13.96	36.11	300m:	3:25.45
							350m:	4:00.81
							400m:	4:34.19
33.38								
14.	Björgvin Árni	Júlíusson	01	REY		4:38.93	4:39.21	489
	50m:	29.70	29.70	150m:	1:38.35	34.80	250m:	2:50.84
	100m:	1:03.55	33.85	200m:	2:14.45	36.10	300m:	3:27.80
							350m:	4:04.31
							400m:	4:39.21
36.51								34.90
15.	Sindri Andreas	Bjarnason	01	ÍA		4:39.29	4:40.03	485
	50m:	30.86	30.86	150m:	1:39.53	34.95	250m:	2:51.69
	100m:	1:04.58	33.72	200m:	2:15.33	35.80	300m:	3:28.37
							350m:	4:04.08
							400m:	4:40.03
35.71								35.95
16.	Aron Þór	Jónsson	02	SH		4:52.73	4:49.83	437
	50m:	32.25	32.25	150m:	1:44.39	36.93	250m:	2:58.63
	100m:	1:07.46	35.21	200m:	2:21.74	37.35	300m:	3:36.37
							350m:	4:13.80
							400m:	4:49.83
37.43								36.03
17.	Róbert Andri	Pálmason	02	Breiðablik		4:53.29	4:50.48	434
	50m:	31.82	31.82	150m:	1:44.83	37.24	250m:	2:59.56
	100m:	1:07.59	35.77	200m:	2:22.35	37.52	300m:	3:36.96
							350m:	4:14.55
							400m:	4:50.48
37.59								35.93
18.	Simon	Nesbø	02	SK		4:46.10	4:53.08	423
	50m:	31.76	31.76	150m:	1:44.91	37.49	250m:	3:01.58
	100m:	1:07.42	35.66	200m:	2:23.19	38.28	300m:	3:39.80
							350m:	4:17.31
							400m:	4:53.08
37.51								35.77
19.	Logi Freyr	Arnarsson	03	REY		4:45.56	4:53.48	421IM5
	50m:	32.23	32.23	150m:	1:45.57	37.35	250m:	3:01.98
	100m:	1:08.22	35.99	200m:	2:23.71	38.14	300m:	3:40.81
							350m:	4:17.87
							400m:	4:53.48
37.06								35.61
20.	Björn Axel	Agnarsson	02	Breiðablik		4:48.98	4:53.75	420IM5
	50m:	32.90	32.90	150m:	1:46.51	37.41	250m:	3:01.28
	100m:	1:09.10	36.20	200m:	2:24.06	37.55	300m:	3:39.08
							350m:	4:17.03
							400m:	4:53.75
37.95								36.72
21.	Benedikt	Hjaltason	02	Breiðablik		4:40.22	4:53.78	420IM5
	50m:	33.26	33.26	150m:	1:47.57	37.25	250m:	3:02.23
	100m:	1:10.32	37.06	200m:	2:25.12	37.55	300m:	3:39.86
							350m:	4:17.33
							400m:	4:53.78
37.47								36.45
MÆekki	Halldór Björn	Kristinsson	02	Ægir		4:39.90		
MÆekki	Markus	Woxholt	99	SK		4:18.39		

Sundgrein 5

kvenna, 100m bringusund

Opinn

07.04.2017 - 10:42

Úrslitalistar Undanrásir

Íslandsmet	1:06.45	Hrafnhildur Lúthersdóttir	SH	London (GBR)	18.05.2015
IM50 : 1:25.57 / EMU 14 - 17: 1:13.83 / EYOF 14 - 15: 1:16.06 / HM : 1:09.95 / NÆM 13 - 15: 1:16.82					

Stig: FINA 2016

Sæti			F.ár			Undanrásir	Tími	Stig
1.	Hrafnhildur	Lúthersdóttir	91	SH		1:06.45	1:08.86	816A HM
	50m:	31.60	31.60	100m:	1:08.86	37.26		
2.	Karen Mist	Arngæisdóttir	00	ÍRB		1:16.29	1:14.00	657A
	50m:	34.35	34.35	100m:	1:14.00	39.65		
3.	Sunna Svanlaug	Vilhjálmisdóttir	00	SH		1:16.04	1:16.25	601A
	50m:	35.93	35.93	100m:	1:16.25	40.32		
4.	Marie Schiong		99	SK		1:16.98	1:17.09	581A
	50m:	35.44	35.44	100m:	1:17.09	41.65		
5.	Nanna Björk	Barkardóttir	98	Óðinn		1:20.95	1:21.15	498A
	50m:	37.09	37.09	100m:	1:21.15	44.06		
6.	Natalia Cecylia	Wojdat	98	SH		1:22.19	1:21.42	493A
	50m:	38.11	38.11	100m:	1:21.42	43.31		
7.	Ágústa Bergrós	Jakobsdóttir	02	REY		1:25.02	1:22.11	481A
	50m:	38.87	38.87	100m:	1:22.11	43.24		

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 7. - 9.4.2017
Meistaradagar

Sundgrein 5, kvenna, 100m bringusund, Undanrásir, Opinn

Sæti	F.ár	Undanrásir	Tími	Stig
8. Eva Margrét Falsdóttir	05 ÍRB	1:22.93	1:23.82	452A
50m: 40.44 40.44	100m: 1:23.82 43.38			
9. Ásgerður Jing Laufeyjardóttir	02 ÍA	1:24.60	1:24.34	444R
50m: 39.89 39.89	100m: 1:24.34 44.45			
10. Amalía Nanna Júlíusdóttir	02 Rán	1:23.71	1:24.80	436R
50m: 38.73 38.73	100m: 1:24.80 46.07			
11. Ástrós Elísa Eypórsdóttir	02 ÍRB	1:22.61	1:26.36	413IM5
50m: 40.81 40.81	100m: 1:26.36 45.55			
12. Sigurjóna Ragnheiðardóttir	03 Óðinn	1:22.13	1:26.68	409IM5
50m: 40.51 40.51	100m: 1:26.68 46.17			

Sundgrein 6 karla, 100m bringusund Opinn
07.04.2017 - 10:47 Úrslitalistar Undanrásir

Íslandsmet	1:00.53	Anton McKee	Ægir	Kazan (RUS)	02.08.2015
IM50 : 1:17.79 / HM : 1:02.46					
Stig: FINA 2016					

Sæti	F.ár	Undanrásir	Tími	Stig
1. Mats Kamnes	00 SK	1:13.09	1:09.83	570A
50m: 32.29 32.29	100m: 1:09.83 37.54			
2. Sævar Berg Sigurðsson	95 ÍA	1:10.25	1:10.27	559A
50m: 33.20 33.20	100m: 1:10.27 37.07			
3. Baldvin Sigmarsson	97 ÍRB	1:11.56	1:10.34	558A
50m: 33.29 33.29	100m: 1:10.34 37.05			
4. Aron Örn Stefánsson	95 SH	1:04.62	1:10.56	553A
50m: 32.96 32.96	100m: 1:10.56 37.60			
5. Ólafur Sigurðsson	99 SH	1:11.74	1:10.67	550A
50m: 32.78 32.78	100m: 1:10.67 37.89			
6. Snævar Atli Halldórsson	00 Óðinn	1:10.98	1:12.09	518A
50m: 33.40 33.40	100m: 1:12.09 38.69			
7. Hallgrímur Kjartansson	98 Breiðablik	1:12.81	1:12.32	513A
50m: 33.91 33.91	100m: 1:12.32 38.41			
8. Huginn Hilmarsson	95 Breiðablik	1:13.17	1:13.27	493A
50m: 33.67 33.67	100m: 1:13.27 39.60			
9. Óskar Gauti Lund	99 Breiðablik	1:13.37	1:13.63	486R
50m: 34.17 34.17	100m: 1:13.63 39.46			
10. Petter Basmo Bjerkli	99 SK	1:14.82	1:15.00	460R
50m: 34.41 34.41	100m: 1:15.00 40.59			
11. Aron Bjarki Jónsson	01 Óðinn	1:16.03	1:15.47	452
50m: 35.35 35.35	100m: 1:15.47 40.12			
12. Sigurd Ormseth Årøen	00 SK	1:14.81	1:16.10	440
50m: 34.18 34.18	100m: 1:16.10 41.92			
13. Þorbjörn Andrason	01 REY	1:17.52	1:18.13	407IM5
50m: 35.83 35.83	100m: 1:18.13 42.30			

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG

Reykjavík, 7. - 9.4.2017

Meistaradagar

Sundgrein 7

07.04.2017 - 10:51

kvenna, 200m baksund

Opinn

Úrslitalistar Undanrásir

Íslandsmet	2:08.84	Eygló Ósk Gústafsdóttir	Ægir	Rio de Janeiro (BRA)	12.08.2016
IM50 : 2:43.45 / EMU 14 - 17: 2:22.71 / EYOF 14 - 15: 2:27.87 / HM : 2:16.13 / NÆM 13 - 15: 2:29.35					

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
1. Eygló Ósk Gústafsdóttir	95	Ægir	2:08.84	715A
50m: 31.90 31.90	100m: 1:06.52 34.62	150m: 1:42.36 35.84	200m: 2:18.71 36.35	
2. Íris Ósk Hilmarsdóttir	98	ÍRB	2:27.44	584A
50m: 34.20 34.20	100m: 1:12.31 38.11	150m: 1:50.52 38.21	200m: 2:28.38 37.86	
3. Katarína Róbertsdóttir	00	SH	2:28.01	571A
50m: 33.85 33.85	100m: 1:11.62 37.77	150m: 1:50.99 39.37	200m: 2:29.50 38.51	
4. Stefanía Sigurpórsdóttir	01	ÍRB	2:32.30	545A
50m: 35.22 35.22	100m: 1:13.94 38.72	150m: 1:53.01 39.07	200m: 2:31.82 38.81	
5. María Fanney Kristjánsdóttir	00	SH	2:32.47	541A
50m: 35.13 35.13	100m: 1:13.47 38.34	150m: 1:52.86 39.39	200m: 2:32.18 39.32	
6. Ásta Kristín Jónsdóttir	00	REY	2:33.91	518A
50m: 35.81 35.81	100m: 1:14.74 38.93	150m: 1:54.84 40.10	200m: 2:34.39 39.55	
7. Una Lára Lárusdóttir	99	ÍA	2:36.11	485A
50m: 35.44 35.44	100m: 1:15.68 40.24	150m: 1:56.81 41.13	200m: 2:37.86 41.05	
8. Guðný Birna Sigurðardóttir	99	Breiðablik	2:37.75	482A
50m: 36.48 36.48	100m: 1:16.83 40.35	150m: 1:58.20 41.37	200m: 2:38.14 39.94	
9. Þura Snorraddóttir	03	Óðinn	2:37.66	475R
50m: 36.83 36.83	100m: 1:16.87 40.04	150m: 1:58.29 41.42	200m: 2:38.95 40.66	
10. Alexandra Tómasdóttir	01	Óðinn	2:39.40	459R
50m: 37.68 37.68	100m: 1:18.06 40.38	150m: 1:59.73 41.67	200m: 2:40.81 41.08	
11. Embla Sól Garðarsdóttir	01	Óðinn	2:42.34	435IM5
50m: 37.25 37.25	100m: 1:18.51 41.26	150m: 2:01.83 43.32	200m: 2:43.62 41.79	
12. Vilde Linnea Gullovsen	00	SK	2:42.86	432IM5
50m: 38.44 38.44	100m: 1:19.73 41.29	150m: 2:02.24 42.51	200m: 2:44.04 41.80	
13. Eva Sól Garðarsdóttir	03	Óðinn	2:41.13	430IM5
50m: 38.42 38.42	100m: 1:20.71 42.29	150m: 2:03.34 42.63	200m: 2:44.27 40.93	

Sundgrein 8

07.04.2017 - 10:59

karla, 200m baksund

Opinn

Úrslitalistar Undanrásir

Íslandsmet	1:58.35	Örn Arnason	SH	Fukuoka (JPN)	27.07.2001
IM50 : 2:31.44 / HM : 2:02.70					

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
1. Kristinn Þórarinsson	96	REY	2:11.11	649A
50m: 29.66 29.66	100m: 1:02.53 32.87	150m: 1:36.00 33.47	200m: 2:09.23 33.23	
2. Kolbeinn Hrafnkelsson	94	SH	2:14.52	604A
50m: 30.57 30.57	100m: 1:04.40 33.83	150m: 1:39.05 34.65	200m: 2:12.36 33.31	
3. Brynjólfur Óli Karlsson	01	Breiðablik	2:14.25	599A
50m: 30.54 30.54	100m: 1:03.94 33.40	150m: 1:38.27 34.33	200m: 2:12.71 34.44	
4. Tómas Magnússon	02	REY	2:17.73	524A
50m: 31.89 31.89	100m: 1:07.56 35.67	150m: 1:43.87 36.31	200m: 2:18.82 34.95	
5. Hafsteinn Ari Ágústsson	00	Breiðablik	2:21.50	428A
50m: 33.21 33.21	100m: 1:11.56 38.35	150m: 1:50.42 38.86	200m: 2:28.44 38.02	

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 7. - 9.4.2017
Meistaradagar

Sundgrein 8, karla, 200m baksund, Undanrásir, Opinn

Sæti	F.ár	Undanrásir	Tími	Stig
6. Björgvin Theodór Hilmarsson	98 ÍRB	2:26.21	2:29.00	423A
50m: 34.06 34.06	100m: 1:11.70 37.64	150m: 1:50.37 38.67	200m: 2:29.00	38.63

Sundgrein 9

kvenna, 100m flugsund

Opinn

07.04.2017 - 11:03

Úrslitalistar Undanrásir

Íslandsmet 59.87 Sarah Blake Bateman Ægir London (GBR) 28.07.2012

IM50 : 1:13.43 / EMU 14 - 17: 1:03.91 / EYOF 14 - 15: 1:05.80 / HM : 1:00.53 / NÆM 13 - 15: 1:06.46

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
1. Bryndís Rún Hansen	93 Óðinn	1:00.33	1:03.42	675A
50m: 29.61 29.61	100m: 1:03.42 33.81			
2. Bryndís Bolladóttir	99 Breiðablik	1:05.04	1:04.37	645A
50m: 29.89 29.89	100m: 1:04.37 34.48			
3. Inga Elin Cryer	93 Ægir	1:03.87	1:04.67	636A
50m: 30.43 30.43	100m: 1:04.67 34.24			
4. Jóhanna Gerða Gústafsdóttir	90 Ægir	1:03.12	1:07.27	565A
50m: 31.23 31.23	100m: 1:07.27 36.04			
5. Sylwia Sienkiewicz	99 ÍRB	1:09.51	1:08.03	547A
50m: 30.99 30.99	100m: 1:08.03 37.04			
6. Gunnhildur Björg Baldursdóttir	00 ÍRB	1:07.85	1:08.49	536A
50m: 31.80 31.80	100m: 1:08.49 36.69			
7. Brynhildur Traustadóttir	01 ÍA	1:09.50	1:09.03	523A
50m: 31.67 31.67	100m: 1:09.03 37.36			
8. Jóhanna Elín Guðmundsdóttir	01 SH	1:07.95	1:09.78	506A
50m: 32.26 32.26	100m: 1:09.78 37.52			
9. Ragnheiður Karlsdóttir	99 Breiðablik	1:10.50	1:10.69	487R
50m: 32.78 32.78	100m: 1:10.69 37.91			
10. Stine Holm Røed	00 SK	1:09.66	1:11.28	475R
50m: 33.29 33.29	100m: 1:11.28 37.99			
11. Diljá Rún Ívarsdóttir	02 ÍRB	1:12.97	1:11.89	463
50m: 33.16 33.16	100m: 1:11.89 38.73			
12. Sólveig María Baldursdóttir	04 ÍRB	1:13.30	1:13.10	440
50m: 33.65 33.65	100m: 1:13.10 39.45			
13. Rannveig Katrín Arnarsdóttir	01 Óðinn	1:13.05	1:14.16	422IM5
50m: 34.02 34.02	100m: 1:14.16 40.14			
14. Natalia Cecylia Wojdat	98 SH	1:12.07	1:14.77	412IM5
50m: 33.93 33.93	100m: 1:14.77 40.84			

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 7. - 9.4.2017
Meistaradagar

Sundgrein 10
07.04.2017 - 11:08

karla, 100m flugsund

Opinn
Úrslitalistar Undanrásir

Íslandsmet	53.42	Örn Arnason	SH	Budapest (HUN)	04.08.2006
IM50 : 1:07.19 / HM : 54.12					

Stig: FINA 2016

Sæti	F.ár		Undanrásir	Tími	Stig
1. Ágúst Júlíusson	89	ÍA	57.19	56.96	669A
50m: 26.55	26.55	100m: 56.96	30.41		
2. Predrag Milos	95	SH	59.91	1:00.42	560A
50m: 27.98	27.98	100m: 1:00.42	32.44		
3. Davíð Hildiberg Aðalsteinsson	90	ÍRB	58.10	1:00.85	548A
50m: 28.24	28.24	100m: 1:00.85	32.61		
4. Viktor Forafonov	02	Bærum	1:00.07	1:01.21	539A
50m: 28.71	28.71	100m: 1:01.21	32.50		
Markus Woxholt	99	SK	1:04.36	1:01.21	539A
50m: 28.36	28.36	100m: 1:01.21	32.85		
6. Baldvin Sigmarsson	97	ÍRB	1:02.73	1:01.43	533A
50m: 28.55	28.55	100m: 1:01.43	32.88		
7. Mats Kamnes	00	SK	1:01.93	1:01.73	525A
50m: 29.08	29.08	100m: 1:01.73	32.65		
8. Sveinbjörn Pálmi Karlsson	95	Breiðablik	1:04.48	1:01.75	525A
50m: 28.76	28.76	100m: 1:01.75	32.99		
9. Kristján Gylfi Þórisson	00	Ægir	1:03.99	1:02.49	506R
50m: 28.92	28.92	100m: 1:02.49	33.57		
10. Ingi Þór Ólafsson	99	ÍRB	1:03.07	1:03.07	492R
50m: 28.95	28.95	100m: 1:03.07	34.12		
11. Kári Sölvi Nielsen	00	SH	1:04.81	1:04.53	460
50m: 29.57	29.57	100m: 1:04.53	34.96		
12. Snævar Atli Halldórsson	00	Óðinn	1:05.97	1:04.94	451
50m: 29.76	29.76	100m: 1:04.94	35.18		
13. Jón Klausen	00	REY	1:04.65	1:06.02	429
50m: 30.37	30.37	100m: 1:06.02	35.65		
14. Björn Axel Agnarsson	02	Breiðablik	1:06.82	1:07.04	410
50m: 32.37	32.37	100m: 1:07.04	34.67		
15. Petter Basmo Bjerkli	99	SK	1:03.75	1:08.21	389IM5
50m: 29.80	29.80	100m: 1:08.21	38.41		

Sundgrein 11
07.04.2017 - 11:12

blandað, 4 x 50m fjörsund

Opinn
Úrslitalistar

Íslandsmet	1:51.33	Sveit SH	SH	Reykjavík	10.04.2015
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Stig: FINA 2016

Sæti	Undanrásir	Tími	Stig
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ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG

Reykjavík, 7. - 9.4.2017

Meistaradagar

Sundgrein 11, blandað, 4 x 50m fjórsund

1.	SH 1			SH		NT	1:48.34	641
	Kolbeinn Hrafnkelsson	94		27.08	Ingibjörg Kristín Jónsdóttir	93		27.54
	Hrafnhildur Lúthersdóttir	91		30.45	Aron Örn Stefánsson	95		23.27
2.	ÍRB 1			ÍRB		NT	1:54.38	545
	Íris Ósk Hilmarisdóttir	98		31.84	Davíð Hildiberg Aðalsteinsson	90		24.32
	Karen Mist Arngeirsdóttir	00		34.10	Þröstur Bjarnason	97		24.12
3.	SH 2			SH		NT	1:55.67	526
	Katarína Róbertsdóttir	00		31.47	Predrag Milos	95		25.76
	Ólafur Sigurðsson	99		31.10	Jóhanna Elín Guðmundsdóttir	01		27.34
4.	Breiðablik 1			Breiðablik		NT	1:56.95	509
	Brynjólfur Óli Karlsson	01	+0,50	28.19	Bryndís Bolladóttir	99		29.28
	Huginn Hilmarsson	95		31.98	Ragna Sigríður Ragnarsdóttir	01		27.50
5.	Ægir 1			Ægir		NT	1:57.05	508
	Eygló Ósk Gústafsdóttir	95		30.01	Jóhanna Gerða Gústafsdóttir	90		29.54
	Hólmsteinn Skorri Hallgrímsson	00		33.07	Kristján Gylfi Þórisson	00		24.43
6.	ÍA 2			ÍA		NT	1:58.75	487
	Una Lára Lárusdóttir	99		32.96	Ágúst Júlíusson	89		25.35
	Sævar Berg Sigurðsson	95		31.78	Brynhildur Traustadóttir	01		28.66
7.	REY 1			REY		NT	2:00.76	463
	Ásta Kristín Jónsdóttir	00		33.21	Hilmar Smári Jónsson	94		27.34
	Kristinn Þórarinnsson	96		30.22	Svava Þóra Árnadóttir	03		29.99
8.	SK 1			SK		NT	2:02.86	439
	Mats Kamnes	00	+0,56	31.83	Stine Holm Røed	00		31.23
	Marie Schiong	99		34.81	Sigurd Ormseth Årøen	00		24.99
9.	REY 2			REY		NT	2:07.35	394
	Tómas Magnússon	02		30.58	Jón Klausen	00		29.01
	Herdís Viggósdóttir	04		37.87	María Hrund Kristjánsdóttir	01		29.89
10.	Óðinn 1			Óðinn		NT	2:08.96	380
	Pura Snorradóttir	03	+0,56	34.16	Snævar Atli Halldórsson	00		28.77
	Sigurjóna Ragnheiðardóttir	03		38.45	Hákon Alexander Magnússon	00		27.58
11.	ÍA 1			ÍA		NT	2:11.56	358
	Erlend Magnússon	01		31.10	Sindri Andreas Bjarnason	01		31.50
	Ásgerður Jing Laufeyjardóttir	02		38.24	Eyrún Sigþórsdóttir	01		30.72
12.	Ægir 2			Ægir		NT	2:13.25	344
	Júlía Helga Högnadóttir	02	+0,69	37.29	Bjartur Þórhallsson	00		29.03
	Skúli Thor Ásgeirsson	02		37.43	Bjarkey Jónasdóttir	99		29.50

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG

Reykjavík, 7. - 9.4.2017

Meistaradagar

2 - 2. hluti - úrslit

07.04.2017 - 17:00

Sundgrein 1	kvenna, 50m skriðsund				Opinn
07.04.2017 - 17:00					Úrslitalistar Úrslitsund
Íslandsmet	25.24	Sarah Blake Bateman	Ægir	Indianapolis (USA)	30.03.2012
IM50 : 30.84 / EMU 14 - 17: 26.84 / EYOF 14 - 15: 28.09 / HM : 26.06 / NÆM 13 - 15: 28.37					
Stig: FINA 2016					

Sæti	F.ár	Undanrásir	Tími	Stig
Úrslitasund				
1.	Ingibjörg Kristín Jónsdóttir	93 SH	26.03	25.72 785HM
2.	Bryndís Rún Hansen	93 Óðinn	26.82	26.04 756HM
3.	Jóhanna Elín Guðmundsdóttir	01 SH	28.17	27.37 651
4.	Ásta Kristín Jónsdóttir	00 REY	28.69	28.63 569
5.	Guðný Birna Sigurðardóttir	99 Breiðablik	29.25	28.72 564
6.	Una Lára Lárusdóttir	99 ÍA	29.15	28.83 557
7.	Líney Ragna Ólafsdóttir	96 Breiðablik	28.90	28.86 555
8.	Bjarkey Jónasdóttir	99 Ægir	29.45	29.05 545

Sundgrein 2	karla, 50m skriðsund				Opinn
07.04.2017 - 17:02					Úrslitalistar Úrslitsund
Íslandsmet	22.53	Ámi Már Árnason	ÍRB	Canet (FRA)	06.06.2012
IM50 : 28.12 / HM : 23.26					
Stig: FINA 2016					

Sæti	F.ár	Undanrásir	Tími	Stig
Úrslitasund				
1.	Aron Örn Stefánsson	95 SH	23.72	23.66 690
2.	Predrag Milos	95 SH	24.02	23.77 680
3.	Kristófer Sigurðsson	95 ÍRB	24.56	24.07 655
4.	Davíð Fannar Ragnarsson	98 Breiðablik	25.08	24.86 595
5.	Hilmar Smári Jónsson	94 REY	25.07	25.00 585
6.	Kristján Gylfi Þórisson	00 Ægir	25.57	25.40 557
7.	Sigurd Ormseth Árøen	00 SK	25.79	25.55 548
8.	Ólafur Sigurðsson	99 SH	26.02	25.83 530

Sundgrein 3	kvenna, 400m skriðsund				Opinn
07.04.2017 - 17:05					Úrslitalistar
Íslandsmet	4:20.42	Sigrún Brá Sverrisdóttir	Ægir	Columbus (USA)	10.03.2012
IM50 : 5:11.48 / EMU 14 - 17: 4:32.67 / EYOF 14 - 15: 4:38.04 / HM : 4:19.34 / NÆM 13 - 15: 4:40.82					
Stig: FINA 2016					

Sæti	F.ár	Undanrásir	Tími	Stig
Úrslitasund				
1.	Sunneva Dögg Robertson	99 ÍRB	4:26.05	4:24.50 731
	50m: 30.08 30.08 150m: 1:35.64 33.44 250m: 2:42.43 33.55 350m: 3:50.32 34.13			
	100m: 1:02.20 32.12 200m: 2:08.88 33.24 300m: 3:16.19 33.76 400m: 4:24.50 34.18			
2.	Bryndís Bolladóttir	99 Breiðablik	4:29.69	4:31.75 674
	50m: 30.16 30.16 150m: 1:37.35 34.07 250m: 2:46.28 34.54 350m: 3:57.11 35.63			
	100m: 1:03.28 33.12 200m: 2:11.74 34.39 300m: 3:21.48 35.20 400m: 4:31.75 34.64			
3.	Bára Kristín Björgvinsdóttir	95 SH	4:36.34	4:31.90 673
	50m: 30.71 30.71 150m: 1:38.41 34.41 250m: 2:48.65 35.38 350m: 3:59.06 34.82			
	100m: 1:04.00 33.29 200m: 2:13.27 34.86 300m: 3:24.24 35.59 400m: 4:31.90 32.84			
4.	Ragna Sigríður Ragnarsdóttir	01 Breiðablik	4:36.01	4:34.11 657
	50m: 30.61 30.61 150m: 1:39.53 34.92 250m: 2:49.89 35.32 350m: 4:00.71 35.04			
	100m: 1:04.61 34.00 200m: 2:14.57 35.04 300m: 3:25.67 35.78 400m: 4:34.11 33.40			

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 7. - 9.4.2017
Meistaradagar

Sundgrein 3, kvenna, 400m skriðsund, Opinn

Sæti				F.ár				Undanrásir	Tími	Stig		
5.	Eydís Ósk Kolbeinsdóttir			00	ÍRB			4:35.33	4:35.04	650		
	50m:	30.18	30.18	150m:	1:37.46	34.36	250m:	2:48.29	35.73	350m:	3:59.42	35.56
	100m:	1:03.10	32.92	200m:	2:12.56	35.10	300m:	3:23.86	35.57	400m:	4:35.04	35.62
6.	Adele Alexandra Pálsson			03	SH			4:46.06	4:44.89	585		
	50m:	31.93	31.93	150m:	1:42.93	35.90	250m:	2:56.19	36.98	350m:	4:09.90	36.75
	100m:	1:07.03	35.10	200m:	2:19.21	36.28	300m:	3:33.15	36.96	400m:	4:44.89	34.99
7.	Brynhildur Traustadóttir			01	ÍA			4:34.61	4:44.93	585		
	50m:	31.18	31.18	150m:	1:42.15	36.08	250m:	2:56.07	37.14	350m:	4:09.94	36.35
	100m:	1:06.07	34.89	200m:	2:18.93	36.78	300m:	3:33.59	37.52	400m:	4:44.93	34.99
8.	Birna Hilmarsdóttir			02	ÍRB			4:59.47	4:51.35	547		
	50m:	32.80	32.80	150m:	1:46.89	37.53	250m:	3:01.70	37.55	350m:	4:16.10	37.16
	100m:	1:09.36	36.56	200m:	2:24.15	37.26	300m:	3:38.94	37.24	400m:	4:51.35	35.25
9.	Ylfa Finnbogadóttir			02	SH			4:50.70	4:51.69	545		
	50m:	33.15	33.15	150m:	1:45.83	36.43	250m:	3:00.20	37.19	350m:	4:15.34	37.58
	100m:	1:09.40	36.25	200m:	2:23.01	37.18	300m:	3:37.76	37.56	400m:	4:51.69	36.35
10.	Júlía Helga Högnadóttir			02	Ægir			5:01.01	4:57.97	511		
	50m:	32.46	32.46	150m:	1:46.00	37.87	250m:	3:03.17	38.58	350m:	4:20.11	38.35
	100m:	1:08.13	35.67	200m:	2:24.59	38.59	300m:	3:41.76	38.59	400m:	4:57.97	37.86
11.	Guðný Birna Falsdóttir			03	ÍRB			5:06.64	4:58.56	508		
	50m:	33.75	33.75	150m:	1:49.90	38.47	250m:	3:05.98	37.89	350m:	4:21.96	37.54
	100m:	1:11.43	37.68	200m:	2:28.09	38.19	300m:	3:44.42	38.44	400m:	4:58.56	36.60
12.	Alexandra Tómasdóttir			01	Óðinn			5:03.86	4:58.57	508		
	50m:	33.98	33.98	150m:	1:49.96	38.63	250m:	3:06.98	38.66	350m:	4:23.25	38.11
	100m:	1:11.33	37.35	200m:	2:28.32	38.36	300m:	3:45.14	38.16	400m:	4:58.57	35.32
13.	Kolbrún Eva Pálmadóttir			02	ÍRB			4:58.87	5:03.07	486		
	50m:	34.36	34.36	150m:	1:50.41	38.57	250m:	3:08.42	39.10	350m:	4:25.70	38.55
	100m:	1:11.84	37.48	200m:	2:29.32	38.91	300m:	3:47.15	38.73	400m:	5:03.07	37.37
14.	Ingibjörg Erla Garðarsdóttir			00	Ægir			5:05.38	5:03.15	486		
	50m:	33.54	33.54	150m:	1:50.07	39.22	250m:	3:07.70	38.90	350m:	4:25.94	39.03
	100m:	1:10.85	37.31	200m:	2:28.80	38.73	300m:	3:46.91	39.21	400m:	5:03.15	37.21
15.	Sandra Dögg Kristjánsdóttir			03	SH			5:08.61	5:04.46	479		
	50m:	34.31	34.31	150m:	1:51.76	39.33	250m:	3:09.71	38.74	350m:	4:27.79	38.65
	100m:	1:12.43	38.12	200m:	2:30.97	39.21	300m:	3:49.14	39.43	400m:	5:04.46	36.67
16.	Halla Margrét Baldursdóttir			02	REY			5:09.56	5:04.48	479		
	50m:	33.65	33.65	150m:	1:52.20	40.04	250m:	3:10.92	38.96	350m:	4:28.62	38.27
	100m:	1:12.16	38.51	200m:	2:31.96	39.76	300m:	3:50.35	39.43	400m:	5:04.48	35.86
17.	Rebekka Sif Ómarsdóttir			03	Óðinn			5:05.39	5:05.60	474		
	50m:	32.82	32.82	150m:	1:47.92	38.42	250m:	3:07.41	39.91	350m:	4:26.57	39.37
	100m:	1:09.50	36.68	200m:	2:27.50	39.58	300m:	3:47.20	39.79	400m:	5:05.60	39.03
18.	Kristín Ylfa Guðmundsdóttir			02	SH			5:03.73	5:06.34	471		
	50m:	34.07	34.07	150m:	1:52.46	39.90	250m:	3:12.22	39.91	350m:	4:29.67	38.60
	100m:	1:12.56	38.49	200m:	2:32.31	39.85	300m:	3:51.07	38.85	400m:	5:06.34	36.67
19.	Svava Björg Lárusdóttir			03	REY			5:06.38	5:06.43	470		
	50m:	32.21	32.21	150m:	1:50.77	40.41	250m:	3:10.53	39.63	350m:	4:29.88	39.22
	100m:	1:10.36	38.15	200m:	2:30.90	40.13	300m:	3:50.66	40.13	400m:	5:06.43	36.55
20.	Þorgerður Ósk Jónsdóttir			03	SH			5:06.00	5:07.27	466		
	50m:	34.72	34.72	150m:	1:53.84	40.39	250m:	3:14.32	39.97	350m:	4:31.28	37.67
	100m:	1:13.45	38.73	200m:	2:34.35	40.51	300m:	3:53.61	39.29	400m:	5:07.27	35.99
21.	Jóhanna Alba Martel			00	REY			4:57.02	5:08.07	463		
	50m:	34.29	34.29	150m:	1:51.44	39.36	250m:	3:11.52	40.02	350m:	4:30.86	39.28
	100m:	1:12.08	37.79	200m:	2:31.50	40.06	300m:	3:51.58	40.06	400m:	5:08.07	37.21

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG

Reykjavík, 7. - 9.4.2017

Meistaradagur

Sundgrein 3, kvenna, 400m skriðsund, Opinn

Sæti	F.ár	Undanrásir	Tími	Stig
22. Aþena Arnarsdóttir	03	Óðinn	5:11.12	5:10.72 451
50m: 33.81 33.81	150m: 1:52.68 40.10	250m: 3:12.87 39.74	350m: 4:32.75 39.54	
100m: 1:12.58 38.77	200m: 2:33.13 40.45	300m: 3:53.21 40.34	400m: 5:10.72 37.97	
23. Hildur Elísabet Hálfðanardóttir	98	SH	5:02.23	5:12.88 442IM5
50m: 35.12 35.12	150m: 1:54.50 40.10	250m: 3:14.15 39.72	350m: 4:34.63 39.04	
100m: 1:14.40 39.28	200m: 2:34.43 39.93	300m: 3:55.59 41.44	400m: 5:12.88 38.25	
24. Svava Þóra Árnadóttir	03	REY	4:57.73	5:14.62 434IM5
50m: 32.84 32.84	150m: 1:50.73 39.53	250m: 3:12.32 40.89	350m: 4:35.02 40.95	
100m: 1:11.20 38.36	200m: 2:31.43 40.70	300m: 3:54.07 41.75	400m: 5:14.62 39.60	
25. Embla Sól Garðarsdóttir	01	Óðinn	5:10.82	5:18.24 420IM5
50m: 34.30 34.30	150m: 1:53.38 39.99	250m: 3:15.55 41.17	350m: 4:38.52 41.36	
100m: 1:13.39 39.09	200m: 2:34.38 41.00	300m: 3:57.16 41.61	400m: 5:18.24 39.72	
26. Klara Sif Sverrisdóttir	00	Breiðablik	5:00.92	5:20.31 412IM5
50m: 35.37 35.37	150m: 1:55.71 40.56	250m: 3:18.16 41.17	350m: 4:40.37 41.17	
100m: 1:15.15 39.78	200m: 2:36.99 41.28	300m: 3:59.20 41.04	400m: 5:20.31 39.94	
27. Gabriela Machlowiec	98	REY	5:06.12	5:21.45 407IM5
50m: 33.91 33.91	150m: 1:53.36 40.68	250m: 3:16.49 41.76	350m: 4:41.38 42.52	
100m: 1:12.68 38.77	200m: 2:34.73 41.37	300m: 3:58.86 42.37	400m: 5:21.45 40.07	
28. Íris Edda Garðarsdóttir	03	Ægir	5:01.67	5:24.71 395IM5
50m: 36.42 36.42	150m: 1:56.30 40.43	250m: 3:18.98 41.41	350m: 4:43.12 42.02	
100m: 1:15.87 39.45	200m: 2:37.57 41.27	300m: 4:01.10 42.12	400m: 5:24.71 41.59	
MÆekki Kristín Helga Hákonardóttir	04	Breiðablik	4:58.46	
veikindi Regína Lilja Gunnlaugsdóttir	02	Breiðablik	4:56.01	

Sundgrein 4
07.04.2017 - 17:12

karla, 400m skriðsund

Opinn
Úrslitalistar

Íslandsmet 3:54.36 Anton Sveinn McKee Ægir Los Angeles (USA) 20.07.2014

IM50 : 4:53.41 / HM : 3:56.14

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
1. Þröstur Bjarnason	97	ÍRB	4:12.10	4:07.66 701
50m: 28.33 28.33	150m: 1:33.30 33.00	250m: 2:36.65 30.70	350m: 3:38.08 30.86	
100m: 1:00.30 31.97	200m: 2:05.95 32.65	300m: 3:07.22 30.57	400m: 4:07.66 29.58	
2. Hafþór Jón Sigurðsson	97	SH	4:13.67	4:09.33 687
50m: 28.40 28.40	150m: 1:31.30 31.73	250m: 2:35.17 31.98	350m: 3:39.01 31.71	
100m: 59.57 31.17	200m: 2:03.19 31.89	300m: 3:07.30 32.13	400m: 4:09.33 30.32	
3. Viktor Forafonov	02	Bærum	4:06.15	4:09.53 685
50m: 28.88 28.88	150m: 1:31.60 31.48	250m: 2:34.73 31.39	350m: 3:38.69 32.08	
100m: 1:00.12 31.24	200m: 2:03.34 31.74	300m: 3:06.61 31.88	400m: 4:09.53 30.84	
4. Huginn Hilmarsson	95	Breiðablik	4:14.06	4:09.98 682
50m: 27.88 27.88	150m: 1:30.67 31.72	250m: 2:34.20 31.38	350m: 3:39.47 32.68	
100m: 58.95 31.07	200m: 2:02.82 32.15	300m: 3:06.79 32.59	400m: 4:09.98 30.51	
5. Patrik Viggó Vilbergsson	02	Breiðablik	4:25.27	4:19.89 607
50m: 28.60 28.60	150m: 1:33.59 32.97	250m: 2:41.23 33.75	350m: 3:47.68 32.90	
100m: 1:00.62 32.02	200m: 2:07.48 33.89	300m: 3:14.78 33.55	400m: 4:19.89 32.21	
6. Bjartur Þórhallsson	00	Ægir	4:27.38	4:24.78 574
50m: 28.79 28.79	150m: 1:34.01 33.24	250m: 2:42.30 34.04	350m: 3:51.02 34.37	
100m: 1:00.77 31.98	200m: 2:08.26 34.25	300m: 3:16.65 34.35	400m: 4:24.78 33.76	
7. Jón Tumi Dagsson	01	SH	4:24.46	4:25.20 571
50m: 29.32 29.32	150m: 1:35.81 33.66	250m: 2:43.86 33.80	350m: 3:51.47 33.36	
100m: 1:02.15 32.83	200m: 2:10.06 34.25	300m: 3:18.11 34.25	400m: 4:25.20 33.73	

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 7. - 9.4.2017
Meistaradagar

Sundgrein 4, karla, 400m skriðsund, Opinn

Sæti				F.ár				Undanrásir	Tími	Stig		
8.	Kári Sölvi Nielsen			00	SH			4:31.32	4:26.05	565		
	50m:	29.67	29.67	150m:	1:36.44	33.68	250m:	2:44.79	33.82	350m:	3:53.57	34.03
	100m:	1:02.76	33.09	200m:	2:10.97	34.53	300m:	3:19.54	34.75	400m:	4:26.05	32.48
9.	Hallgrímur Kjartansson			98	Breiðablik			4:23.65	4:26.20	565		
	50m:	29.71	29.71	150m:	1:35.80	33.71	250m:	2:44.22	34.20	350m:	3:52.87	34.28
	100m:	1:02.09	32.38	200m:	2:10.02	34.22	300m:	3:18.59	34.37	400m:	4:26.20	33.33
10.	Baldur Logi Gautason			00	Óðinn			4:37.71	4:31.31	533		
	50m:	29.45	29.45	150m:	1:36.56	34.04	250m:	2:45.91	34.68	350m:	3:57.41	36.03
	100m:	1:02.52	33.07	200m:	2:11.23	34.67	300m:	3:21.38	35.47	400m:	4:31.31	33.90
11.	Mats Kamnes			00	SK			4:20.78	4:32.60	526		
	50m:	27.75	27.75	150m:	1:30.19	31.87	250m:	2:38.96	35.03	350m:	3:54.72	38.45
	100m:	58.32	30.57	200m:	2:03.93	33.74	300m:	3:16.27	37.31	400m:	4:32.60	37.88
12.	Kristófer Atli Andersen			02	Breiðablik			4:43.33	4:33.51	520		
	50m:	30.74	30.74	150m:	1:40.04	34.64	250m:	2:50.11	34.51	350m:	3:59.41	34.55
	100m:	1:05.40	34.66	200m:	2:15.60	35.56	300m:	3:24.86	34.75	400m:	4:33.51	34.10
13.	Róbert Ísak S14 Jónsson			01	SH			4:38.20	4:34.19	517		
	50m:	28.77	28.77	150m:	1:37.85	35.86	250m:	2:49.10	35.14	350m:	4:00.81	35.36
	100m:	1:01.99	33.22	200m:	2:13.96	36.11	300m:	3:25.45	36.35	400m:	4:34.19	33.38
14.	Björgvin Árni Júlíusson			01	REY			4:38.93	4:39.21	489		
	50m:	29.70	29.70	150m:	1:38.35	34.80	250m:	2:50.84	36.39	350m:	4:04.31	36.51
	100m:	1:03.55	33.85	200m:	2:14.45	36.10	300m:	3:27.80	36.96	400m:	4:39.21	34.90
15.	Sindri Andreas Bjarnason			01	ÍA			4:39.29	4:40.03	485		
	50m:	30.86	30.86	150m:	1:39.53	34.95	250m:	2:51.69	36.36	350m:	4:04.08	35.71
	100m:	1:04.58	33.72	200m:	2:15.33	35.80	300m:	3:28.37	36.68	400m:	4:40.03	35.95
16.	Aron Þór Jónsson			02	SH			4:52.73	4:49.83	437		
	50m:	32.25	32.25	150m:	1:44.39	36.93	250m:	2:58.63	36.89	350m:	4:13.80	37.43
	100m:	1:07.46	35.21	200m:	2:21.74	37.35	300m:	3:36.37	37.74	400m:	4:49.83	36.03
17.	Róbert Andri Pálmason			02	Breiðablik			4:53.29	4:50.48	434		
	50m:	31.82	31.82	150m:	1:44.83	37.24	250m:	2:59.56	37.21	350m:	4:14.55	37.59
	100m:	1:07.59	35.77	200m:	2:22.35	37.52	300m:	3:36.96	37.40	400m:	4:50.48	35.93
18.	Simon Nesbø			02	SK			4:46.10	4:53.08	423		
	50m:	31.76	31.76	150m:	1:44.91	37.49	250m:	3:01.58	38.39	350m:	4:17.31	37.51
	100m:	1:07.42	35.66	200m:	2:23.19	38.28	300m:	3:39.80	38.22	400m:	4:53.08	35.77
19.	Logi Freyr Arnarsson			03	REY			4:45.56	4:53.48	421IM5		
	50m:	32.23	32.23	150m:	1:45.57	37.35	250m:	3:01.98	38.27	350m:	4:17.87	37.06
	100m:	1:08.22	35.99	200m:	2:23.71	38.14	300m:	3:40.81	38.83	400m:	4:53.48	35.61
20.	Björn Axel Agnarsson			02	Breiðablik			4:48.98	4:53.75	420IM5		
	50m:	32.90	32.90	150m:	1:46.51	37.41	250m:	3:01.28	37.22	350m:	4:17.03	37.95
	100m:	1:09.10	36.20	200m:	2:24.06	37.55	300m:	3:39.08	37.80	400m:	4:53.75	36.72
21.	Benedikt Hjaltason			02	Breiðablik			4:40.22	4:53.78	420IM5		
	50m:	33.26	33.26	150m:	1:47.57	37.25	250m:	3:02.23	37.11	350m:	4:17.33	37.47
	100m:	1:10.32	37.06	200m:	2:25.12	37.55	300m:	3:39.86	37.63	400m:	4:53.78	36.45
MÆekki	Halldór Björn Kristinsson			02	Ægir			4:39.90				
MÆekki	Markus Woxholt			99	SK			4:18.39				

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 7. - 9.4.2017
Meistaradagar

Sundgrein 5 kvenna, 100m bringusund Opinn
07.04.2017 - 17:18 Úrslitalistar Úrslitsund

Íslandsmet 1:06.45 Hrafnhildur Lúthersdóttir SH London (GBR) 18.05.2015
IM50 : 1:25.57 / EMU 14 - 17: 1:13.83 / EYOF 14 - 15: 1:16.06 / HM : 1:09.95 / NÆM 13 - 15: 1:16.82

Stig: FINA 2016

Sæti	F.ár		Undanrásir		Tími	Stig
Úrslitasund						
1.	Hrafnhildur Lúthersdóttir	91 SH	1:08.86	1:07.44	868HM	
	50m: 31.55 31.55	100m: 1:07.44 35.89				
2.	Karen Mist Arngeirsdóttir	00 ÍRB	1:14.00	1:14.20	652	
	50m: 34.40 34.40	100m: 1:14.20 39.80				
3.	Sunna Svanlaug Vilhjálmisdóttir	00 SH	1:16.25	1:15.66	615	
	50m: 35.56 35.56	100m: 1:15.66 40.10				
4.	Marie Schiong	99 SK	1:17.09	1:16.68	591	
	50m: 36.02 36.02	100m: 1:16.68 40.66				
5.	Nanna Björk Barkardóttir	98 Óðinn	1:21.15	1:19.01	540	
	50m: 36.53 36.53	100m: 1:19.01 42.48				
6.	Natalia Cecylia Wojdat	98 SH	1:21.42	1:21.05	500	
	50m: 38.14 38.14	100m: 1:21.05 42.91				
7.	Ágústa Bergrós Jakobsdóttir	02 REY	1:22.11	1:22.72	470	
	50m: 39.29 39.29	100m: 1:22.72 43.43				
8.	Eva Margrét Falsdóttir	05 ÍRB	1:23.82	1:22.89	467	
	50m: 39.38 39.38	100m: 1:22.89 43.51				

Sundgrein 6 karla, 100m bringusund Opinn
07.04.2017 - 17:22 Úrslitalistar Úrslitsund

Íslandsmet 1:00.53 Anton McKee Ægir Kazan (RUS) 02.08.2015
IM50 : 1:17.79 / HM : 1:02.46

Stig: FINA 2016

Sæti	F.ár		Undanrásir		Tími	Stig
Úrslitasund						
1.	Aron Örn Stefánsson	95 SH	1:10.56	1:07.78	623	
	50m: 31.62 31.62	100m: 1:07.78 36.16				
2.	Sævar Berg Sigurðsson	95 ÍA	1:10.27	1:08.08	615	
	50m: 32.13 32.13	100m: 1:08.08 35.95				
3.	Baldvin Sigmarsson	97 ÍRB	1:10.34	1:08.77	597	
	50m: 32.44 32.44	100m: 1:08.77 36.33				
4.	Ólafur Sigurðsson	99 SH	1:10.67	1:10.55	553	
	50m: 33.52 33.52	100m: 1:10.55 37.03				
5.	Snævar Atli Halldórsson	00 Óðinn	1:12.09	1:11.52	531	
	50m: 33.42 33.42	100m: 1:11.52 38.10				
6.	Mats Kamnes	00 SK	1:09.83	1:12.43	511	
	50m: 32.83 32.83	100m: 1:12.43 39.60				
7.	Hallgrímur Kjartansson	98 Breiðablik	1:12.32	1:12.80	503	
	50m: 34.04 34.04	100m: 1:12.80 38.76				
8.	Óskar Gauti Lund	99 Breiðablik	1:13.63	1:13.11	497	
	50m: 34.26 34.26	100m: 1:13.11 38.85				

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG

Reykjavík, 7. - 9.4.2017

Meistaradagar

Sundgrein 7

kvenna, 200m baksund

Opinn

07.04.2017 - 17:46

Úrslitalistar Úrslitsund

Íslandsmet	2:08.84	Eygló Ósk Gústafsdóttir	Ægir	Rio de Janeiro (BRA)	12.08.2016
IM50 : 2:43.45 / EMU 14 - 17: 2:22.71 / EYOF 14 - 15: 2:27.87 / HM : 2:16.13 / NÆM 13 - 15: 2:29.35					

Stig: FINA 2016

Sæti	F.ár			Undanrásir			Tími	Stig
Úrslitasund								
1.	Eygló Ósk Gústafsdóttir	95	Ægir	2:18.71	2:11.20	845HM		
	50m: 30.54 30.54	100m: 1:03.42 32.88	150m: 1:37.38 33.96	200m: 2:11.20 33.82				
2.	Íris Ósk Hilmarsdóttir	98	ÍRB	2:28.38	2:24.74	629		
	50m: 33.27 33.27	100m: 1:09.39 36.12	150m: 1:47.01 37.62	200m: 2:24.74 37.73				
3.	Katarína Róbertsdóttir	00	SH	2:29.50	2:27.42	595		
	50m: 33.16 33.16	100m: 1:11.05 37.89	150m: 1:49.54 38.49	200m: 2:27.42 37.88				
4.	María Fanney Kristjánsdóttir	00	SH	2:32.18	2:30.57	559		
	50m: 35.12 35.12	100m: 1:13.27 38.15	150m: 1:51.73 38.46	200m: 2:30.57 38.84				
5.	Stefanía Sigurþórsdóttir	01	ÍRB	2:31.82	2:31.29	551		
	50m: 35.11 35.11	100m: 1:13.45 38.34	150m: 1:52.64 39.19	200m: 2:31.29 38.65				
6.	Ásta Kristín Jónsdóttir	00	REY	2:34.39	2:33.74	525		
	50m: 36.18 36.18	100m: 1:14.94 38.76	150m: 1:54.71 39.77	200m: 2:33.74 39.03				
7.	Guðný Birna Sigurðardóttir	99	Breiðablik	2:38.14	2:37.66	487		
	50m: 36.57 36.57	100m: 1:16.50 39.93	150m: 1:58.09 41.59	200m: 2:37.66 39.57				
8.	Una Lára Lárusdóttir	99	ÍA	2:37.86	2:39.88	467		
	50m: 35.64 35.64	100m: 1:15.72 40.08	150m: 1:57.68 41.96	200m: 2:39.88 42.20				

Sundgrein 8

karla, 200m baksund

Opinn

07.04.2017 - 17:50

Úrslitalistar Úrslitsund

Íslandsmet	1:58.35	Örn Arnason	SH	Fukuoka (JPN)	27.07.2001
IM50 : 2:31.44 / HM : 2:02.70					

Stig: FINA 2016

Sæti	F.ár			Undanrásir			Tími	Stig
Úrslitasund								
1.	Kristinn Þórarinsson	96	REY	2:09.23	2:07.93	669		
	50m: 29.08 29.08	100m: 1:01.13 32.05	150m: 1:34.78 33.65	200m: 2:07.93 33.15				
2.	Brynjólfur Óli Karlsson	01	Breiðablik	2:12.71	2:09.79	641		
	50m: 30.06 30.06	100m: 1:03.04 32.98	150m: 1:36.09 33.05	200m: 2:09.79 33.70				
3.	Kolbeinn Hrafnkelsson	94	SH	2:12.36	2:10.55	630		
	50m: 30.68 30.68	100m: 1:04.72 34.04	150m: 1:39.11 34.39	200m: 2:10.55 31.44				
4.	Tómas Magnússon	02	REY	2:18.82	2:19.75	513		
	50m: 32.37 32.37	100m: 1:07.54 35.17	150m: 1:43.86 36.32	200m: 2:19.75 35.89				
5.	Björgvin Theodór Hilmarsson	98	ÍRB	2:29.00	2:24.77	462		
	50m: 32.06 32.06	100m: 1:08.20 36.14	150m: 1:46.21 38.01	200m: 2:24.77 38.56				
6.	Hafsteinn Ari Ágústsson	00	Breiðablik	2:28.44	2:29.43	420		
	50m: 33.97 33.97	100m: 1:11.91 37.94	150m: 1:50.51 38.60	200m: 2:29.43 38.92				

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 7. - 9.4.2017
Meistaradagar

Sundgrein 9 kvenna, 100m flugsund Opinn
07.04.2017 - 17:55 Úrslitalistar Úrslitsund

Íslandsmet 59.87 Sarah Blake Bateman Ægir London (GBR) 28.07.2012
IM50 : 1:13.43 / EMU 14 - 17: 1:03.91 / EYOF 14 - 15: 1:05.80 / HM : 1:00.53 / NÆM 13 - 15: 1:06.46

Stig: FINA 2016

Sæti				F.ár		Undanrásir	Tími	Stig
Úrslitasund								
1.	Bryndís Rún Hansen			93	Óðinn	1:03.42	1:02.68	699
	50m:	28.76	28.76	100m:	1:02.68	33.92		
2.	Inga Elin Cryer			93	Ægir	1:04.67	1:03.39	676
	50m:	29.75	29.75	100m:	1:03.39	33.64		
3.	Bryndís Bolladóttir			99	Breiðablik	1:04.37	1:03.93	659
	50m:	29.67	29.67	100m:	1:03.93	34.26		
4.	Jóhanna Gerða Gústafsdóttir			90	Ægir	1:07.27	1:06.06	597
	50m:	30.09	30.09	100m:	1:06.06	35.97		
5.	Gunnhildur Björg Baldursdóttir			00	ÍRB	1:08.49	1:08.51	535
	50m:	31.64	31.64	100m:	1:08.51	36.87		
6.	Brynhildur Traustadóttir			01	ÍA	1:09.03	1:09.01	524
	50m:	32.01	32.01	100m:	1:09.01	37.00		
7.	Sylwia Sienkiewicz			99	ÍRB	1:08.03	1:09.02	523
	50m:	31.28	31.28	100m:	1:09.02	37.74		
8.	Jóhanna Elín Guðmundsdóttir			01	SH	1:09.78	1:10.38	494
	50m:	31.91	31.91	100m:	1:10.38	38.47		

Sundgrein 10 karla, 100m flugsund Opinn
07.04.2017 - 17:58 Úrslitalistar Úrslitsund

Íslandsmet 53.42 Örn Arnason SH Budapest (HUN) 04.08.2006
IM50 : 1:07.19 / HM : 54.12

Stig: FINA 2016

Sæti				F.ár		Undanrásir	Tími	Stig
Úrslitasund								
1.	Ágúst Júlíusson			89	ÍA	56.96	55.96	705
	50m:	26.06	26.06	100m:	55.96	29.90		
2.	Davíð Hildiberg Aðalsteinsson			90	ÍRB	1:00.85	56.88	671
	50m:	25.89	25.89	100m:	56.88	30.99		
3.	Predrag Milos			95	SH	1:00.42	59.63	583
	50m:	27.03	27.03	100m:	59.63	32.60		
4.	Sveinbjörn Pálmi Karlsson			95	Breiðablik	1:01.75	1:00.53	557
	50m:	28.35	28.35	100m:	1:00.53	32.18		
5.	Viktor Forafonov			02	Bærum	1:01.21	1:00.87	548
	50m:	28.53	28.53	100m:	1:00.87	32.34		
6.	Baldvin Sigmarsson			97	ÍRB	1:01.43	1:01.05	543
	50m:	28.62	28.62	100m:	1:01.05	32.43		
7.	Markus Woxholt			99	SK	NT	1:01.75	525
	50m:	28.24	28.24	100m:	1:01.75	33.51		
8.	Kristján Gylfi Þórisson			00	Ægir	1:02.49	1:02.22	513
	50m:	28.85	28.85	100m:	1:02.22	33.37		

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 7. - 9.4.2017
Meistaradagar

Sundgrein 12
07.04.2017 - 18:01

kvenna, 4 x 200m skriðsund

Opinn
Úrslitalistar

Íslandsmet	8:24.80	Sveit Ægis	Ægir	Reykjavík	13.04.2012
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Stig: FINA 2016

Sæti	Undanrásir	Tími	Stig
1. SH 1	SH	NT	8:30.84
Hrafnhildur Lúthersdóttir	91 +0,67 29.15	1:01.07 1:33.19 2:04.52	2:04.52
María Fanney Kristjánsdóttir	00 +0,39 30.24	1:03.66 1:38.15 2:11.33	2:11.33
Ingibjörg Kristín Jónsdóttir	93 +0,41 29.05	1:00.40 1:32.35 2:04.22	2:04.22
Bára Kristín Björgvinsdóttir	95 +0,33 29.54	1:02.66 1:37.05 2:10.77	2:10.77
2. Ægir 1	Ægir	NT	8:51.89
Eygló Ósk Gústafsdóttir	95 +0,70 28.40	1:00.01 1:32.41 2:04.73	2:04.73
Inga Elin Cryer	93 +0,43 29.78	1:02.29 1:36.40 2:10.58	2:10.58
Ingibjörg Erla Garðarsdóttir	00 +0,45 32.03	1:08.15 1:46.71 2:25.03	2:25.03
Jóhanna Gerða Gústafsdóttir	90 +0,21 29.71	1:02.87 1:36.99 2:11.55	2:11.55
3. ÍRB 1	ÍRB	NT	8:55.84
Birna Hilmarsdóttir	02 +0,76 31.78	1:07.30 1:44.25 2:19.93	2:19.93
Sunneva Dögg Robertson	99 +0,40 29.52	1:01.81 1:34.96 2:08.10	2:08.10
Stefanía Sigurþórsdóttir	01 +0,28 30.35	1:04.87 1:41.46 2:17.57	2:17.57
Eydís Ósk Kolbeinsdóttir	00 +0,36 29.39	1:01.53 1:35.39 2:10.24	2:10.24
4. Breiðablik 1	Breiðablik	NT	9:02.04
Bryndís Bolladóttir	99 +0,59 29.68	1:02.41 1:36.68 2:10.16	2:10.16
Guðný Birna Sigurðardóttir	99 +0,24 31.20	1:07.20 1:44.37 2:20.32	2:20.32
Ragna Sigríður Ragnarsdóttir	01 +0,14 28.89	1:01.37 1:35.38 2:09.83	2:09.83
Ragnheiður Karlsdóttir	99 +0,37 31.46	1:06.46 1:42.88 2:21.73	2:21.73
5. Óðinn 1	Óðinn	NT	9:43.01
Aþena Arnarsdóttir	03 +0,63 31.97	1:08.49 1:46.74 2:24.51	2:24.51
Þórkatla Björg Ómarsdóttir	01 +0,31 33.05	1:09.66 1:47.93 2:26.06	2:26.06
Eva Sól Garðarsdóttir	03 +0,72 33.78	1:11.59 1:49.59 2:27.51	2:27.51
Rebekka Sif Ómarsdóttir	03 +0,48 31.78	1:08.44 1:46.71 2:24.93	2:24.93
6. Ægir 2	Ægir	NT	9:49.33
Júlía Helga Högnadóttir	02 +0,68 31.64	1:06.95 1:44.49 2:21.06	2:21.06
Íris Edda Garðarsdóttir	03 +0,33 35.16	1:14.29 1:54.67 2:35.34	2:35.34
Tinna Magnúsdóttir	02 +0,43 34.47	1:13.10 1:52.55 2:30.85	2:30.85
Bjarkey Jónasdóttir	99 +0,38 31.09	1:07.55 1:45.28 2:22.08	2:22.08
7. REY 1	REY	NT	9:56.14
Svava Björg Lárusdóttir	03 +0,73 31.90	1:10.46 1:50.63 2:29.51	2:29.51
Svava Þóra Árnadóttir	03 +0,55 33.22	1:12.18 1:52.75 2:32.24	2:32.24
Berglind Bjarnadóttir	01 +0,47 33.04	1:10.91 1:50.14 2:28.13	2:28.13
Halla Margrét Baldursdóttir	02 +0,47 32.84	1:10.49 1:49.31 2:26.26	2:26.26
ÓG. REY 2	REY	NT	
Una Margrét Reynisdóttir, Gabriela Machlowiec, Jóhanna Alba Martel, Herdís Viggósdóttir			

Sundgrein 13
07.04.2017 - 18:12

karla, 4 x 200m skriðsund

Opinn
Úrslitalistar

Íslandsmet	7:46.24	Sveit Fjölnis	FJÖL	Reykjavík	11.04.2014
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Stig: FINA 2016

Sæti	Undanrásir	Tími	Stig
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ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG

Reykjavík, 7. - 9.4.2017

Meistaradagar

Sundgrein 13, karla, 4 x 200m skriðsund

1.	ÍRB 1		ÍRB			NT	8:02.23	653
	Þröstur Bjarnason	97	+0,64	27.91	58.34	1:28.96	1:58.91	1:58.91
	Kristófer Sigurðsson	95	+0,34	26.18	55.80	1:25.48	1:56.92	1:56.92
	Baldvin Sigmarsson	97	+0,29	28.04	59.63	1:32.09	2:04.85	2:04.85
	Davíð Hildiberg Aðalsteinsson	90	0.00	27.28	57.41	1:29.09	2:01.55	2:01.55
2.	Breiðablik 1		Breiðablik			NT	8:06.72	635
	Huginn Hilmarrsson	95	+0,77	27.36	58.26	1:29.92	2:00.37	2:00.37
	Brynjólfur Óli Karlsson	01	+0,17	27.43	58.55	1:30.96	2:03.06	2:03.06
	Patrik Viggó Vilbergsson	02	+0,27	27.33	58.42	1:31.20	2:03.44	2:03.44
	Davíð Fannar Ragnarsson	98	+0,46	26.82	56.74	1:28.61	1:59.85	1:59.85
3.	SH 1		SH			NT	8:17.70	594
	Hafþór Jón Sigurðsson	97	+0,66	28.15	58.23	1:29.07	1:59.14	1:59.14
	Ólafur Sigurðsson	99	+0,25	28.37	59.55	1:31.55	2:02.72	2:02.72
	Kári Sölvi Nielsen	00	+0,24	28.41	1:00.28	1:32.99	2:04.51	2:04.51
	Jón Tumi Dagsson	01	+0,41	29.59	1:02.80	1:37.53	2:11.33	2:11.33
4.	SK 1		SK			NT	8:24.69	570
	Markus Woxholt	99	+0,75	28.52	59.69	1:32.70	2:06.71	2:06.71
	Mats Kamnes	00	+0,27	28.38	1:00.62	1:33.77	2:05.49	2:05.49
	Petter Basmo Bjerkli	99	+0,32	27.91	59.33	1:32.61	2:05.96	2:05.96
	Sigurd Ormseth Årøen	00	+0,10	27.86	1:00.57	1:33.28	2:06.53	2:06.53
5.	REY 1		REY			NT	8:31.24	548
	Kristinn Þórarinnsson	96	+0,66	27.42	57.62	1:28.71	1:58.87	1:58.87
	Björgvin Árni Júlíusson	01	+0,37	28.44	1:01.06	1:35.86	2:09.81	2:09.81
	Hafsteinn Hákonarson	00	+0,45	30.64	1:04.99	1:41.48	2:18.15	2:18.15
	Hilmar Smári Jónsson	94	+0,35	28.04	59.31	1:31.89	2:04.41	2:04.41
6.	Ægir 1		Ægir			NT	8:35.57	535
	Bjartur Þórhallsson	00	+0,71	28.22	59.53	1:32.74	2:04.68	2:04.68
	Hólmsteinn Skorri Hallgrímsson	00	+0,20	27.73	59.55	1:32.51	2:04.97	2:04.97
	Skúli Thor Ásgeirsson	02	+0,37	31.19	1:06.72	1:43.44	2:19.98	2:19.98
	Kristján Gylfi Þórisson	00	+0,36	27.56	59.87	1:33.53	2:05.94	2:05.94
7.	Óðinn 1		Óðinn			NT	8:54.54	480
	Baldur Logi Gautason	00	+0,69	28.97	1:01.48	1:35.51	2:08.87	2:08.87
	Aron Bjarki Jónsson	01	+0,51	29.89	1:04.39	1:40.39	2:14.88	2:14.88
	Hákon Alexander Magnússon	00	+0,53	29.51	1:03.51	1:40.11	2:16.20	2:16.20
	Snævar Atli Halldórsson	00	+0,63	29.98	1:03.98	1:40.19	2:14.59	2:14.59
8.	REY 2		REY			NT	9:20.22	417
	Þorbjörn Andrason	01	+0,70	31.54	1:08.24	1:45.50	2:21.04	2:21.04
	Tómas Magnússon	02	+0,52	30.10	1:04.85	1:39.80	2:13.55	2:13.55
	Logi Freyr Arnarsson	03	+0,19	31.90	1:08.97	1:46.30	2:22.42	2:22.42
	Sigurður Ingi Sigurðarson	01	+0,11	30.78	1:07.28	1:46.08	2:23.21	2:23.21

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 7. - 9.4.2017
Meistaradagar

3 - 3. hluti - undanrásir

08.04.2017 - 10:00

Sundgrein 14

kvenna, 100m baksund

Opinn

08.04.2017 - 10:00

Úrslitalistar Undanrásir

Íslandsmet 1:00.25 Eygló Ósk Gústafsdóttir Ægir Kazan (RUS) 03.08.2015
IM50 : 1:16.55 / EMU 14 - 17: 1:06.15 / EYOF 14 - 15: 1:08.90 / HM : 1:02.73 / NÆM 13 - 15: 1:09.59

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
1. Eygló Ósk Gústafsdóttir 50m: 30.76 30.76 100m: 1:03.26 32.50	95	Ægir	1:00.46	1:03.26 775A
2. Katarína Róbertsdóttir 50m: 32.91 32.91 100m: 1:07.64 34.73	00	SH	1:08.35	1:07.64 634A
3. Íris Ósk Hilmarsdóttir 50m: 33.93 33.93 100m: 1:09.00 35.07	98	ÍRB	1:08.17	1:09.00 597A
4. Steingerður Hauksdóttir 50m: 33.97 33.97 100m: 1:09.93 35.96	96	REY	1:10.04	1:09.93 574A
5. Ásta Kristín Jónsdóttir 50m: 33.94 33.94 100m: 1:10.46 36.52	00	REY	1:11.18	1:10.46 561A
6. Una Lára Lárusdóttir 50m: 34.06 34.06 100m: 1:10.49 36.43	99	ÍA	1:11.86	1:10.49 560A
7. Guðný Birna Sigurðardóttir 50m: 33.23 33.23 100m: 1:10.87 37.64	99	Breiðablik	1:11.14	1:10.87 551A
8. Þóra Snorradóttir 50m: 34.56 34.56 100m: 1:13.18 38.62	03	Óðinn	1:13.34	1:13.18 500A
9. Alexandra Tómasdóttir 50m: 35.63 35.63 100m: 1:13.93 38.30	01	Óðinn	1:15.20	1:13.93 485R
10. Gunnlaug Margrét Ólafsdóttir 50m: 34.73 34.73 100m: 1:14.09 39.36	97	Breiðablik	1:15.92	1:14.09 482R
11. Embla Sól Garðarsdóttir 50m: 35.82 35.82 100m: 1:14.22 38.40	01	Óðinn	1:12.76	1:14.22 480
12. Eva Sól Garðarsdóttir 50m: 36.04 36.04 100m: 1:14.88 38.84	03	Óðinn	1:12.91	1:14.88 467
13. Vilde Linnea Gullovsen 50m: 36.42 36.42 100m: 1:15.38 38.96	00	SK	1:16.10	1:15.38 458
14. Aþena Karaolani 50m: 36.07 36.07 100m: 1:15.52 39.45	00	UMFA	1:12.84	1:15.52 455
15. Hafdís Eva Pálsdóttir 50m: 35.94 35.94 100m: 1:15.71 39.77	04	ÍRB	1:15.88	1:15.71 452

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 7. - 9.4.2017
Meistaradagar

Sundgrein 15 karla, 100m baksund Opinn
08.04.2017 - 10:05 Úrslitalistar Undanrásir

Íslandsmet 54.75 Örn Arnason SH Fukuoka (JPN) 23.07.2001
IM50 : 1:09.57 / HM : 55.95

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
1. Kristinn Þórarinnsson 50m: 28.39 28.39 100m: 57.98 29.59	96 REY	59.19	57.98	718A
2. Kolbeinn Hrafnkelsson 50m: 28.72 28.72 100m: 58.51 29.79	94 SH	59.16	58.51	699A
3. Brynjólfur Óli Karlsson 50m: 29.23 29.23 100m: 1:00.89 31.66	01 Breiðablik	1:01.58	1:00.89	620A
4. Kristján Gylfi Þórisson 50m: 30.29 30.29 100m: 1:03.14 32.85	00 Ægir	1:01.91	1:03.14	556A
5. Tómas Magnússon 50m: 31.68 31.68 100m: 1:06.04 34.36	02 REY	1:04.19	1:06.04	486A
6. Erlend Magnússon 50m: 32.54 32.54 100m: 1:08.98 36.44	01 ÍA	1:07.39	1:08.98	426A
7. Hafsteinn Ari Ágústsson 50m: 33.18 33.18 100m: 1:09.18 36.00	00 Breiðablik	1:06.44	1:09.18	423A

Sundgrein 16 kvenna, 200m flugsund Opinn
08.04.2017 - 10:07 Úrslitalistar Undanrásir

Íslandsmet 2:18.79 Erla Dögg Haraldsdóttir ÍRB Reykjavík 06.04.2008
IM50 : 2:41.32 / EMU 14 - 17: 2:21.63 / EYOF 14 - 15: 2:26.21 / HM : 2:14.31 / NÆM 13 - 15: 2:27.67

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
1. Gunnhildur Björg Baldursdóttir 50m: 32.67 32.67 100m: 1:09.59 36.92 150m: 1:48.40 38.81 200m: 2:26.05 37.65	00 ÍRB	2:25.05	2:26.05	580A
2. Inga Elin Cryer 50m: 31.63 31.63 100m: 1:07.93 36.30 150m: 1:46.68 38.75 200m: 2:26.24 39.56	93 Ægir	2:22.77	2:26.24	577A
3. Bryndís Bolladóttir 50m: 31.53 31.53 100m: 1:08.54 37.01 150m: 1:47.80 39.26 200m: 2:26.44 38.64	99 Breiðablik	2:24.81	2:26.44	575A
4. María Fanney Kristjánsdóttir 50m: 33.49 33.49 100m: 1:11.70 38.21 150m: 1:52.46 40.76 200m: 2:32.52 40.06	00 SH	2:26.68	2:32.52	509A
5. Sylwia Sienkiewicz 50m: 32.81 32.81 100m: 1:11.36 38.55 150m: 1:52.40 41.04 200m: 2:34.39 41.99	99 ÍRB	2:38.31	2:34.39	491A
6. Ragnheiður Karlsdóttir 50m: 34.05 34.05 100m: 1:13.12 39.07 150m: 1:54.04 40.92 200m: 2:36.97 42.93	99 Breiðablik	2:36.24	2:36.97	467A
7. Rannveig Katrín Arnarsdóttir 50m: 35.21 35.21 100m: 1:15.89 40.68 150m: 1:58.35 42.46 200m: 2:39.78 41.43	01 Óðinn	2:31.06	2:39.78	443A
8. Diljá Rún Ívarsdóttir 50m: 34.64 34.64 100m: 1:15.32 40.68 150m: 1:59.11 43.79 200m: 2:44.32 45.21	02 ÍRB	2:36.06	2:44.32	407A IM5
9. Stine Holm Røed 50m: 34.03 34.03 100m: 1:14.73 40.70 150m: 2:00.35 45.62 200m: 2:48.21 47.86	00 SK	2:32.99	2:48.21	379R IM5

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 7. - 9.4.2017
Meistaradagar

Sundgrein 17 karla, 200m flugsund Opinn
08.04.2017 - 10:15 Úrslitalistar Undanrásir

Íslandsmet 2:02.97 Sindri Þór Jakobsson Bergen Prag (CZE) 09.07.2009
IM50 : 2:29.59 / HM : 2:01.38

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
1. Viktor Forafonov	02 Bærum	2:12.47	2:15.83	553A
50m: 30.67 30.67	100m: 1:05.89 35.22	150m: 1:40.93 35.04	200m: 2:15.83 34.90	
2. Sveinbjörn Pálmi Karlsson	95 Breiðablik	2:17.62	2:16.77	541A
50m: 30.93 30.93	100m: 1:06.63 35.70	150m: 1:41.97 35.34	200m: 2:16.77 34.80	
3. Baldvin Sigmarsson	97 ÍRB	2:18.99	2:16.91	540A
50m: 31.12 31.12	100m: 1:06.45 35.33	150m: 1:41.69 35.24	200m: 2:16.91 35.22	
4. Ingi Þór Ólafsson	99 ÍRB	2:23.31	2:25.23	452A
50m: 31.32 31.32	100m: 1:08.20 36.88	150m: 1:46.61 38.41	200m: 2:25.23 38.62	

Sundgrein 18 kvenna, 100m skriðsund Opinn
08.04.2017 - 10:19 Úrslitalistar Undanrásir

Íslandsmet 55.66 Ragnheiður Ragnarsdóttir KR Reykjanesbæ 25.04.2009
IM50 : 1:07.83 / EMU 14 - 17: 59.45 / EYOF 14 - 15: 1:01.67 / HM : 56.82 / NÆM 13 - 15: 1:02.29

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
1. Bryndís Rún Hansen	93 Óðinn	56.98	57.43	745A
50m: 27.48 27.48	100m: 57.43 29.95			
2. Ingibjörg Kristín Jónsdóttir	93 SH	NT	57.77	732A
50m: 27.36 27.36	100m: 57.77 30.41			
3. Jóhanna Elín Guðmundsdóttir	01 SH	1:01.19	1:00.94	623A
50m: 29.29 29.29	100m: 1:00.94 31.65			
4. Ragna Sigríður Ragnarsdóttir	01 Breiðablik	1:01.39	1:01.60	603A
50m: 29.51 29.51	100m: 1:01.60 32.09			
5. Ásta Kristín Jónsdóttir	00 REY	1:02.78	1:02.37	581A
50m: 29.99 29.99	100m: 1:02.37 32.38			
6. Brynhildur Traustadóttir	01 ÍA	1:04.60	1:02.70	572A
50m: 30.32 30.32	100m: 1:02.70 32.38			
7. Bjarkey Jónasdóttir	99 Ægir	1:05.01	1:03.67	546A
50m: 30.47 30.47	100m: 1:03.67 33.20			
8. Ásgerður Jing Laufeyjardóttir	02 ÍA	1:05.61	1:04.90	516A
50m: 30.54 30.54	100m: 1:04.90 34.36			
9. Líney Ragna Ólafsdóttir	96 Breiðablik	1:06.35	1:04.97	514R
50m: 30.91 30.91	100m: 1:04.97 34.06			
10. Birna Hilmarsdóttir	02 ÍRB	1:07.41	1:05.31	506R
50m: 31.31 31.31	100m: 1:05.31 34.00			
11. Júlía Helga Högnadóttir	02 Ægir	1:06.28	1:05.89	493
50m: 31.56 31.56	100m: 1:05.89 34.33			
12. Embla Sól Garðarsdóttir	01 Óðinn	1:05.59	1:05.92	492
50m: 31.73 31.73	100m: 1:05.92 34.19			
13. Berglind Bjarnadóttir	01 REY	1:04.32	1:06.50	480
50m: 31.89 31.89	100m: 1:06.50 34.61			
14. Eyrún Sigþórsdóttir	01 ÍA	1:06.92	1:06.66	476
50m: 31.62 31.62	100m: 1:06.66 35.04			

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 7. - 9.4.2017
Meistaradagar

Sundgrein 18, kvenna, 100m skriðsund, Undanrásir, Opinn

Sæti	F.ár	Undanrásir	Tími	Stig
15. Telma Brá Gunnarsdóttir 50m: 32.32 32.32 100m: 1:07.46 35.14	00 Ægir	1:06.86	1:07.46	459
16. Kolbrún Eva Pálmadóttir 50m: 32.69 32.69 100m: 1:07.63 34.94	02 ÍRB	1:07.30	1:07.63	456
17. Aþena Arnarsdóttir 50m: 32.49 32.49 100m: 1:08.02 35.53	03 Óðinn	1:07.80	1:08.02	448IM5
18. Svava Þóra Árnadóttir 50m: 32.34 32.34 100m: 1:08.06 35.72	03 REY	1:06.41	1:08.06	447IM5
19. Vilde Linnea Gullovsen 50m: 32.46 32.46 100m: 1:08.49 36.03	00 SK	1:07.27	1:08.49	439IM5
20. Þórkatla Björg Ómarsdóttir 50m: 32.65 32.65 100m: 1:08.87 36.22	01 Óðinn	1:05.97	1:08.87	432IM5
21. María Hrund Kristjánsdóttir 50m: 32.22 32.22 100m: 1:09.00 36.78	01 REY	1:05.91	1:09.00	429IM5
MÆekki Regína Lilja Gunnlaugsdóttir	02 Breiðablik	1:04.19		
MÆekki Kristín Helga Hákonardóttir	04 Breiðablik	1:04.61		

Sundgrein 19

karla, 100m skriðsund

Opinn

08.04.2017 - 10:25

Úrslitalistar Undanrásir

Íslandsmet 49.97 Örn Arnason SH Monaco (MON) 05.06.2007

IM50 : 1:02.54 / HM : 50.64

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
1. Kristófer Sigurðsson 50m: 25.26 25.26 100m: 52.06 26.80	95 ÍRB	53.12	52.06	731A
2. Aron Örn Stefánsson 50m: 25.09 25.09 100m: 52.23 27.14	95 SH	51.85	52.23	724A
3. Predrag Milos 50m: 25.45 25.45 100m: 52.84 27.39	95 SH	54.33	52.84	699A
4. Markus Woxholt 50m: 26.26 26.26 100m: 53.98 27.72	99 SK	56.70	53.98	656A
5. Davíð Fannar Ragnarsson 50m: 26.31 26.31 100m: 54.11 27.80	98 Breiðablik	54.91	54.11	651A
6. Hilmar Smári Jónsson 50m: 26.39 26.39 100m: 54.52 28.13	94 REY	55.11	54.52	636A
7. Ólafur Sigurðsson 50m: 26.96 26.96 100m: 55.90 28.94	99 SH	56.62	55.90	590A
8. Kristján Gylfi Þórisson 50m: 27.11 27.11 100m: 56.01 28.90	00 Ægir	57.92	56.01	587A
9. Mats Kamnes 50m: 26.77 26.77 100m: 56.12 29.35	00 SK	56.58	56.12	584R
10. Hólmsteinn Skorri Hallgrímsson 50m: 27.04 27.04 100m: 56.24 29.20	00 Ægir	57.65	56.24	580R
11. Jón Klausen 50m: 27.77 27.77 100m: 57.06 29.29	00 REY	57.96	57.06	555
12. Sigurd Ormseth Årøen 50m: 27.83 27.83 100m: 57.66 29.83	00 SK	57.17	57.66	538

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 7. - 9.4.2017
Meistaradagar

Sundgrein 19, karla, 100m skriðsund, Undanrásir, Opinn

Sæti	F.ár		Undanrásir	Tími	Stig
13. Bjartur Þórhallsson	00	Ægir	1:01.36	57.70	537
50m: 27.32 27.32	100m: 57.70	30.38			
14. Kári Sölvi Nielsen	00	SH	58.58	58.02	528
50m: 27.75 27.75	100m: 58.02	30.27			
15. Sævar Berg Sigurðsson	95	ÍA	1:00.06	58.70	510
50m: 27.72 27.72	100m: 58.70	30.98			
16. Róbert Ísak S14 Jónsson	01	SH	59.90	58.90	505
50m: 28.06 28.06	100m: 58.90	30.84			
17. Gunnar Bjarki Jónsson	98	Breiðablik	1:00.13	59.21	497
50m: 28.18 28.18	100m: 59.21	31.03			
18. Vikar Máni Þórssson	02	REY	1:01.97	59.86	481
50m: 28.38 28.38	100m: 59.86	31.48			
19. Sigurður Ingi Sigurðarson	01	REY	1:00.20	1:00.01	477
50m: 28.48 28.48	100m: 1:00.01	31.53			
20. Baldur Logi Gautason	00	Óðinn	1:00.39	1:00.02	477
50m: 28.84 28.84	100m: 1:00.02	31.18			
21. Hjörleifur Helgi Sveinbjarnarson	99	Rán	1:00.23	1:00.10	475
50m: 29.00 29.00	100m: 1:00.10	31.10			
22. Sindri Andreas Bjarnason	01	ÍA	1:00.50	1:00.26	471
50m: 28.16 28.16	100m: 1:00.26	32.10			
23. Björgvin Árni Júlíusson	01	REY	1:00.02	1:01.08	453
50m: 29.15 29.15	100m: 1:01.08	31.93			
24. Benedikt Hjaltason	02	Breiðablik	1:00.52	1:01.52	443
50m: 29.45 29.45	100m: 1:01.52	32.07			
25. Aron Bjarki Jónsson	01	Óðinn	1:02.16	1:01.65	440
50m: 29.37 29.37	100m: 1:01.65	32.28			
26. Hákon Alexander Magnússon	00	Óðinn	59.50	1:01.87	435
50m: 29.56 29.56	100m: 1:01.87	32.31			
27. Hafsteinn Hákonarson	00	REY	58.00	1:02.02	432
50m: 29.25 29.25	100m: 1:02.02	32.77			
28. Hafsteinn Ari Ágústsson	00	Breiðablik	1:00.73	1:02.81	416IM5
50m: 29.71 29.71	100m: 1:02.81	33.10			

Sundgrein 20

kvenna, 50m bringusund

Opinn

08.04.2017 - 10:33

Úrslitalistar Undanrásir

Íslandsmet 30.83 Hrafnhildur Lúthersdóttir SH London (GBR) 21.05.2016

IM50 : 39.90 / EMU 14 - 17: 33.58 / HM : 32.31

Stig: FINA 2016

Sæti	F.ár		Undanrásir	Tími	Stig
1. Hrafnhildur Lúthersdóttir	91	SH	30.83	31.38	829A HM
2. Karen Mist Arngeirsdóttir	00	ÍRB	35.13	34.83	606A
3. Marie Schiong	99	SK	35.11	35.75	560A
4. Nanna Björk Barkardóttir	98	Óðinn	36.04	35.83	556A
5. Sunna Svanlaug Vilhjálmsdóttir	00	SH	35.56	36.05	546A
6. Amalía Nanna Júlíusdóttir	02	Rán	38.19	37.36	491A
7. Natalia Cecylia Wojdat	98	SH	36.17	37.55	483A
8. Herdís Viggósdóttir	04	REY	38.64	37.63	480A

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG

Reykjavík, 7. - 9.4.2017

Meistaradagar

Sundgrein 20, kvenna, 50m bringusund, Undanrásir, Opinn

Sæti	F.ár	Undanrásir	Tími	Stig
9.	Ágústa Bergrós Jakobsdóttir	02 REY	39.41	38.75 440R
10.	Ásgerður Jing Laufeyjardóttir	02 ÍA	38.96	39.06 429R
11.	Brynhildur Traustadóttir	01 ÍA	37.74	39.26 423
12.	Sigurjóna Ragnheiðardóttir	03 Óðinn	38.80	39.39 419
13.	Hanna Marie Rolstad	00 SK	39.33	39.57 413
14.	Eva Margrét Falsdóttir	05 ÍRB	38.89	39.65 411
15.	Una Margrét Reynisdóttir	02 REY	39.78	39.72 408
16.	Apena Karaolani	00 UMFA	39.74	41.13 368IM5

Sundgrein 21

karla, 50m bringusund

Opinn

08.04.2017 - 10:37

Úrslitalistar Undanrásir

Íslandsmet	28.03	Jakob Jóhann Sveinsson	Ægir	Róm (ITA)	28.07.2009
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IM50 : 35.79 / HM : 28.47

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
1.	Birgir Viktor Hannesson	94 Óðinn	30.01	31.81 572A
2.	Aron Örn Stefánsson	95 SH	30.66	31.89 568A
3.	Mats Kamnes	00 SK	31.75	31.90 568A
4.	Sævar Berg Sigurðsson	95 ÍA	32.03	32.26 549A
5.	Snævar Atli Halldórsson	00 Óðinn	32.92	33.05 510A
6.	Hallgrímur Kjartansson	98 Breiðablik	34.26	33.75 479A
7.	Óskar Gauti Lund	99 Breiðablik	34.20	34.09 465A
8.	Sigurd Ormseth Árøen	00 SK	32.26	34.16 462A
9.	Aron Bjarki Jónsson	01 Óðinn	34.72	34.98 430?
	Hólmsteinn Skorri Hallgrímsson	00 Ægir	32.52	34.98 430?
11.	Róbert Ísak S14 Jónsson	01 SH	33.80	35.00 430
12.	Þorbjörn Andrason	01 REY	35.15	35.06 427
	Petter Basmo Bjerkli	99 SK	34.60	35.06 427
14.	Runólfur Þorláksson	02 REY	34.84	37.54 348IM5

Sundgrein 22

kvenna, 200m fjórsund

Opinn

08.04.2017 - 10:40

Úrslitalistar Undanrásir

Íslandsmet	2:13.82	Hrafnhildur Lúthersdóttir	SH	Reykjavík	02.06.2015
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IM50 : 2:48.29 / EMU 14 - 17: 2:24.70 / EYOF 14 - 15: 2:30.51 / HM : 2:18.08 / NÆM 13 - 15: 2:32.01

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
1.	Hrafnhildur Lúthersdóttir	91 SH	2:18.31	2:20.28 726A
	50m: 30.27 30.27 100m: 1:08.20 37.93 150m: 1:46.72 38.52 200m: 2:20.28 33.56			
2.	Sunneva Dögg Robertson	99 ÍRB	2:26.70	2:28.90 607A
	50m: 31.19 31.19 100m: 1:09.86 38.67 150m: 1:55.37 45.51 200m: 2:28.90 33.53			
3.	Jóhanna Gerða Gústafsdóttir	90 Ægir	2:18.91	2:29.97 594A
	50m: 31.59 31.59 100m: 1:10.17 38.58 150m: 1:54.72 44.55 200m: 2:29.97 35.25			
4.	Eydís Ósk Kolbeinsdóttir	00 ÍRB	2:29.43	2:30.47 588A
	50m: 31.45 31.45 100m: 1:10.90 39.45 150m: 1:56.38 45.48 200m: 2:30.47 34.09			
5.	María Fanney Kristjánsdóttir	00 SH	2:27.96	2:31.79 573A
	50m: 32.94 32.94 100m: 1:13.14 40.20 150m: 1:57.49 44.35 200m: 2:31.79 34.30			
6.	Stefanía Sigurþórsdóttir	01 ÍRB	2:31.29	2:33.34 556A
	50m: 33.13 33.13 100m: 1:13.12 39.99 150m: 1:57.57 44.45 200m: 2:33.34 35.77			
7.	Katarína Róbertsdóttir	00 SH	2:27.99	2:35.27 535A
	50m: 33.03 33.03 100m: 1:11.84 38.81 150m: 1:59.61 47.77 200m: 2:35.27 35.66			

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG

Reykjavík, 7. - 9.4.2017

Meistaradagar

Sundgrein 22, kvenna, 200m fjórsund, Undanrásir, Opinn

Sæti				F.ár				Undanrásir	Tími	Stig
8.	Karen Mist Arngeirsdóttir	00	ÍRB	2:38.45	2:35.99	528A	50m: 33.26 33.26	100m: 1:16.16 42.90	150m: 1:58.17 42.01	200m: 2:35.99 37.82
9.	Jóhanna Elín Guðmundsdóttir	01	SH	2:27.66	2:36.70	521R	50m: 32.67 32.67	100m: 1:15.22 42.55	150m: 2:02.38 47.16	200m: 2:36.70 34.32
10.	Alexandra Tómasdóttir	01	Óðinn	2:37.37	2:40.17	488R	50m: 35.46 35.46	100m: 1:17.13 41.67	150m: 2:03.99 46.86	200m: 2:40.17 36.18
11.	Þura Snorradóttir	03	Óðinn	2:37.88	2:40.96	481	50m: 33.97 33.97	100m: 1:15.79 41.82	150m: 2:03.36 47.57	200m: 2:40.96 37.60
12.	Bjarkey Jónasdóttir	99	Ægir	2:42.05	2:42.25	469	50m: 34.32 34.32	100m: 1:17.12 42.80	150m: 2:05.94 48.82	200m: 2:42.25 36.31
13.	Sólveig María Baldursdóttir	04	ÍRB	2:46.88	2:43.01	463	50m: 34.35 34.35	100m: 1:18.11 43.76	150m: 2:06.39 48.28	200m: 2:43.01 36.62
14.	Þorgerður Ósk Jónsdóttir	03	SH	2:46.11	2:43.59	458	50m: 33.74 33.74	100m: 1:18.17 44.43	150m: 2:07.68 49.51	200m: 2:43.59 35.91
15.	Ágústa Bergros Jakobsdóttir	02	REY	2:45.92	2:43.60	458	50m: 36.89 36.89	100m: 1:20.93 44.04	150m: 2:05.43 44.50	200m: 2:43.60 38.17
16.	Eva Margrét Falsdóttir	05	ÍRB	2:43.09	2:43.64	457	50m: 35.46 35.46	100m: 1:19.07 43.61	150m: 2:05.68 46.61	200m: 2:43.64 37.96
17.	Herdís Viggósdóttir	04	REY	2:45.21	2:43.75	456	50m: 34.46 34.46	100m: 1:19.99 45.53	150m: 2:06.22 46.23	200m: 2:43.75 37.53
18.	Diljá Rún Ívarsdóttir	02	ÍRB	2:43.20	2:43.88	455	50m: 34.48 34.48	100m: 1:18.69 44.21	150m: 2:06.47 47.78	200m: 2:43.88 37.41
19.	Kristín Ylfa Guðmundsdóttir	02	SH	2:45.08	2:44.55	450	50m: 34.00 34.00	100m: 1:20.08 46.08	150m: 2:07.46 47.38	200m: 2:44.55 37.09
20.	Rebekka Sif Ómarsdóttir	03	Óðinn	2:47.47	2:46.27	436	50m: 36.41 36.41	100m: 1:20.24 43.83	150m: 2:09.06 48.82	200m: 2:46.27 37.21
21.	Berglind Bjarnadóttir	01	REY	2:46.93	2:48.16	421	50m: 34.60 34.60	100m: 1:19.80 45.20	150m: 2:09.95 50.15	200m: 2:48.16 38.21
22.	Júlía Helga Högnadóttir	02	Ægir	2:46.22	2:49.54	411M5	50m: 35.94 35.94	100m: 1:20.40 44.46	150m: 2:10.87 50.47	200m: 2:49.54 38.67
23.	Kolbrún Eva Pálmadóttir	02	ÍRB	2:48.08	2:49.90	409IM5	50m: 37.56 37.56	100m: 1:22.76 45.20	150m: 2:12.37 49.61	200m: 2:49.90 37.53
24.	Eva Sól Garðarsdóttir	03	Óðinn	2:46.45	2:50.07	407IM5	50m: 35.45 35.45	100m: 1:18.70 43.25	150m: 2:10.46 51.76	200m: 2:50.07 39.61
25.	Svava Þóra Árnadóttir	03	REY	2:40.09	2:51.33	398IM5	50m: 37.30 37.30	100m: 1:22.30 45.00	150m: 2:13.30 51.00	200m: 2:51.33 38.03
26.	Þena Arnarsdóttir	03	Óðinn	2:48.15	2:52.43	391IM5	50m: 36.94 36.94	100m: 1:21.85 44.91	150m: 2:13.65 51.80	200m: 2:52.43 38.78
27.	Rannveig Katrín Arnarsdóttir	01	Óðinn	2:42.95	2:53.67	382IM5	50m: 35.14 35.14	100m: 1:24.14 49.00	150m: 2:13.68 49.54	200m: 2:53.67 39.99
28.	Hanna Marie Rolstad	00	SK	2:43.21	2:54.49	377IM5	50m: 38.24 38.24	100m: 1:24.27 46.03	150m: 2:11.62 47.35	200m: 2:54.49 42.87
29.	Þena Karaolani	00	UMFA	2:43.73	2:59.37	347IM5	50m: 38.56 38.56	100m: 1:24.39 45.83	150m: 2:16.73 52.34	200m: 2:59.37 42.64

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 7. - 9.4.2017
Meistaradagar

Sundgrein 23 karla, 200m fjórsund Opinn
08.04.2017 - 10:55 Úrslitalistar Undanrásir

Íslandsmet 2:05.94 Anton Sveinn McKee Ægir Luxembourg (LUX) 27.05.2013
IM50 : 2:33.37 / HM : 2:04.43

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
1. Kristinn Þórarinsson	96 REY	2:12.57	2:12.27	640A
50m: 27.11 27.11	100m: 1:01.44 34.33	150m: 1:39.38 37.94	200m: 2:12.27 32.89	
2. Huginn Hilmarsson	95 Breiðablik	2:20.05	2:17.13	574A
50m: 29.16 29.16	100m: 1:04.97 35.81	150m: 1:44.99 40.02	200m: 2:17.13 32.14	
3. Patrik Viggó Vilbergsson	02 Breiðablik	2:22.19	2:21.43	523A
50m: 29.69 29.69	100m: 1:05.42 35.73	150m: 1:48.89 43.47	200m: 2:21.43 32.54	
4. Hallgrímur Kjartansson	98 Breiðablik	2:24.09	2:22.16	515A
50m: 31.44 31.44	100m: 1:10.61 39.17	150m: 1:49.81 39.20	200m: 2:22.16 32.35	
5. Ingi Þór Ólafsson	99 ÍRB	2:22.88	2:23.40	502A
50m: 29.26 29.26	100m: 1:07.32 38.06	150m: 1:50.62 43.30	200m: 2:23.40 32.78	
6. Petter Basmo Bjerkli	99 SK	2:26.86	2:24.35	492A
50m: 30.33 30.33	100m: 1:10.01 39.68	150m: 1:51.15 41.14	200m: 2:24.35 33.20	
7. Baldur Logi Gautason	00 Óðinn	2:28.43	2:26.80	468A
50m: 30.89 30.89	100m: 1:11.38 40.49	150m: 1:53.77 42.39	200m: 2:26.80 33.03	
8. Snævar Atli Halldórsson	00 Óðinn	2:25.45	2:27.39	462A
50m: 30.53 30.53	100m: 1:12.97 42.44	150m: 1:54.27 41.30	200m: 2:27.39 33.12	
9. Kristófer Atli Andersen	02 Breiðablik	2:33.08	2:27.76	459R
50m: 30.41 30.41	100m: 1:09.28 38.87	150m: 1:55.02 45.74	200m: 2:27.76 32.74	
10. Hafsteinn Ari Ágústsson	00 Breiðablik	2:31.68	2:37.68	377R IM5
50m: 31.83 31.83	100m: 1:12.08 40.25	150m: 2:02.11 50.03	200m: 2:37.68 35.57	

Sundgrein 24 kvenna, 1500m skriðsund Opinn
08.04.2017 - 11:02 Úrslitalistar

Íslandsmet 17:17.61 Sigrún Brá Sverrisdóttir Ægir Columbia (USA) 23.07.2011
IM50 : 20:29.88 / EMU 14 - 17: 17:05.06 / HM : 17:06.76

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
1. Eydís Ósk Kolbeinsdóttir	00 ÍRB	17:58.59	17:56.22	635
50m: 32.00 32.00	450m: 5:15.24 35.71	850m: 10:03.54 36.45	1250m: 14:55.61 36.57	
100m: 1:06.22 34.22	500m: 5:50.60 35.36	900m: 10:40.19 36.65	1300m: 15:32.52 36.91	
150m: 1:41.21 34.99	550m: 6:26.50 35.90	950m: 11:16.59 36.40	1350m: 16:09.17 36.65	
200m: 2:16.28 35.07	600m: 7:02.34 35.84	1000m: 11:53.18 36.59	1400m: 16:45.29 36.12	
250m: 2:52.08 35.80	650m: 7:38.48 36.14	1050m: 12:29.21 36.03	1450m: 17:21.64 36.35	
300m: 3:27.78 35.70	700m: 8:14.64 36.16	1100m: 13:05.75 36.54	1500m: 17:56.22 34.58	
350m: 4:03.72 35.94	750m: 8:50.95 36.31	1150m: 13:42.26 36.51		
400m: 4:39.53 35.81	800m: 9:27.09 36.14	1200m: 14:19.04 36.78		
2. Bára Kristín Björgvinsdóttir	95 SH	18:06.13	18:11.83	609
50m: 32.11 32.11	450m: 5:16.31 35.73	850m: 10:10.96 37.16	1250m: 15:07.89 37.41	
100m: 1:06.33 34.22	500m: 5:52.36 36.05	900m: 10:48.25 37.29	1300m: 15:45.11 37.22	
150m: 1:41.49 35.16	550m: 6:28.81 36.45	950m: 11:25.65 37.40	1350m: 16:22.13 37.02	
200m: 2:17.03 35.54	600m: 7:05.59 36.78	1000m: 12:03.21 37.56	1400m: 16:59.39 37.26	
250m: 2:52.65 35.62	650m: 7:42.50 36.91	1050m: 12:40.56 37.35	1450m: 17:36.00 36.61	
300m: 3:28.45 35.80	700m: 8:19.17 36.67	1100m: 13:17.05 36.49	1500m: 18:11.83 35.83	
350m: 4:04.49 36.04	750m: 8:56.32 37.15	1150m: 13:53.49 36.44		
400m: 4:40.58 36.09	800m: 9:33.80 37.48	1200m: 14:30.48 36.99		

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG

Reykjavík, 7. - 9.4.2017

Meistaradagur

Sundgrein 24, kvenna, 1500m skriðsund, Opinn

Sæti				F.ár				Undanrásir	Tími	Stig		
3.	Adele Alexandra Pálsson			03	SH			18:52.43	18:39.94	564		
	50m:	32.79	32.79	450m:	5:28.49	37.42	850m:	10:30.39	38.00	1250m:	15:34.05	37.98
	100m:	1:08.68	35.89	500m:	6:06.11	37.62	900m:	11:08.40	38.01	1300m:	16:12.21	38.16
	150m:	1:44.93	36.25	550m:	6:43.57	37.46	950m:	11:46.22	37.82	1350m:	16:49.72	37.51
	200m:	2:22.05	37.12	600m:	7:21.38	37.81	1000m:	12:24.26	38.04	1400m:	17:27.36	37.64
	250m:	2:58.91	36.86	650m:	7:59.04	37.66	1050m:	13:02.24	37.98	1450m:	18:03.74	36.38
	300m:	3:36.34	37.43	700m:	8:36.88	37.84	1100m:	13:40.21	37.97	1500m:	18:39.94	36.20
	350m:	4:13.62	37.28	750m:	9:14.67	37.79	1150m:	14:18.05	37.84			
	400m:	4:51.07	37.45	800m:	9:52.39	37.72	1200m:	14:56.07	38.02			
4.	Birna Hilmarsdóttir			02	ÍRB			18:18.81	18:49.46	550		
	50m:	33.41	33.41	450m:	5:35.67	37.92	850m:	10:38.41	37.73	1250m:	15:41.54	38.27
	100m:	1:10.04	36.63	500m:	6:13.75	38.08	900m:	11:16.36	37.95	1300m:	16:19.44	37.90
	150m:	1:47.78	37.74	550m:	6:51.62	37.87	950m:	11:53.86	37.50	1350m:	16:57.42	37.98
	200m:	2:25.45	37.67	600m:	7:29.47	37.85	1000m:	12:31.85	37.99	1400m:	17:35.14	37.72
	250m:	3:03.66	38.21	650m:	8:07.42	37.95	1050m:	13:09.73	37.88	1450m:	18:13.05	37.91
	300m:	3:41.74	38.08	700m:	8:45.35	37.93	1100m:	13:47.56	37.83	1500m:	18:49.46	36.41
	350m:	4:19.68	37.94	750m:	9:23.05	37.70	1150m:	14:25.20	37.64			
	400m:	4:57.75	38.07	800m:	10:00.68	37.63	1200m:	15:03.27	38.07			
5.	Ylfa Finnbogadóttir			02	SH			18:32.32	19:08.90	522		
	50m:	34.46	34.46	450m:	5:40.67	38.73	850m:	10:49.34	38.02	1250m:	15:57.83	38.69
	100m:	1:12.22	37.76	500m:	6:19.45	38.78	900m:	11:28.12	38.78	1300m:	16:36.62	38.79
	150m:	1:49.79	37.57	550m:	6:58.16	38.71	950m:	12:06.59	38.47	1350m:	17:15.28	38.66
	200m:	2:27.78	37.99	600m:	7:36.84	38.68	1000m:	12:44.91	38.32	1400m:	17:54.14	38.86
	250m:	3:06.36	38.58	650m:	8:15.45	38.61	1050m:	13:23.19	38.28	1450m:	18:32.17	38.03
	300m:	3:44.59	38.23	700m:	8:54.12	38.67	1100m:	14:01.88	38.69	1500m:	19:08.90	36.73
	350m:	4:23.35	38.76	750m:	9:32.78	38.66	1150m:	14:40.46	38.58			
	400m:	5:01.94	38.59	800m:	10:11.32	38.54	1200m:	15:19.14	38.68			
6.	Guðný Birna Falsdóttir			03	ÍRB			19:34.05	19:17.10	511		
	50m:	34.75	34.75	450m:	5:42.36	39.11	850m:	10:53.47	38.97	1250m:	16:05.54	38.87
	100m:	1:12.42	37.67	500m:	6:21.04	38.68	900m:	11:32.26	38.79	1300m:	16:44.09	38.55
	150m:	1:50.69	38.27	550m:	7:00.38	39.34	950m:	12:11.17	38.91	1350m:	17:23.43	39.34
	200m:	2:29.15	38.46	600m:	7:38.79	38.41	1000m:	12:50.16	38.99	1400m:	18:01.65	38.22
	250m:	3:07.58	38.43	650m:	8:17.77	38.98	1050m:	13:29.42	39.26	1450m:	18:40.12	38.47
	300m:	3:46.15	38.57	700m:	8:56.51	38.74	1100m:	14:08.24	38.82	1500m:	19:17.10	36.98
	350m:	4:24.78	38.63	750m:	9:35.69	39.18	1150m:	14:47.76	39.52			
	400m:	5:03.25	38.47	800m:	10:14.50	38.81	1200m:	15:26.67	38.91			
7.	Klara Sif Sverrisdóttir			00	Breiðablik			20:21.50	20:27.75	428		
	50m:	36.43	36.43	450m:	6:04.44	40.97	850m:	11:32.59	40.77	1250m:	17:02.49	41.45
	100m:	1:16.43	40.00	500m:	6:45.61	41.17	900m:	12:13.55	40.96	1300m:	17:44.16	41.67
	150m:	1:57.20	40.77	550m:	7:26.14	40.53	950m:	12:54.89	41.34	1350m:	18:25.40	41.24
	200m:	2:38.28	41.08	600m:	8:07.24	41.10	1000m:	13:36.16	41.27	1400m:	19:06.62	41.22
	250m:	3:19.42	41.14	650m:	8:47.90	40.66	1050m:	14:17.16	41.00	1450m:	19:47.51	40.89
	300m:	4:00.58	41.16	700m:	9:29.59	41.69	1100m:	14:58.49	41.33	1500m:	20:27.75	40.24
	350m:	4:41.77	41.19	750m:	10:10.51	40.92	1150m:	15:39.55	41.06			
	400m:	5:23.47	41.70	800m:	10:51.82	41.31	1200m:	16:21.04	41.49			

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG

Reykjavík, 7. - 9.4.2017

Meistaradagar

Sundgrein 25
08.04.2017 - 11:02

karla, 1500m skriðsund

Opinn
Úrslitalistar

Íslandsmet 15:27.08 Anton Sveinn McKee Ægir Reykjavík 13.04.2012
IM50 : 19:28.75 / HM : 15:44.74

Stig: FINA 2016

Sæti			F.ár			Undanrásir	Tími	Stig
1.	Pröstur Bjarnason		97	ÍRB		15:45.88	16:09.24	725
	50m: 28.87	28.87	450m: 4:52.88	33.16	850m: 9:10.74	32.07	1250m: 13:30.12	33.01
	100m: 1:01.11	32.24	500m: 5:26.26	33.38	900m: 9:43.17	32.43	1300m: 14:03.55	33.43
	150m: 1:34.01	32.90	550m: 5:58.34	32.08	950m: 10:15.37	32.20	1350m: 14:36.40	32.85
	200m: 2:07.32	33.31	600m: 6:30.08	31.74	1000m: 10:47.96	32.59	1400m: 15:09.43	33.03
	250m: 2:40.00	32.68	650m: 7:02.16	32.08	1050m: 11:20.98	33.02	1450m: 15:39.57	30.14
	300m: 3:12.99	32.99	700m: 7:34.04	31.88	1100m: 11:54.14	33.16	1500m: 16:09.24	29.67
	350m: 3:46.13	33.14	750m: 8:06.29	32.25	1150m: 12:25.45	31.31		
	400m: 4:19.72	33.59	800m: 8:38.67	32.38	1200m: 12:57.11	31.66		
2.	Hafþór Jón Sigurðsson		97	SH		16:28.42	16:10.96	721
	50m: 28.92	28.92	450m: 4:48.15	32.66	850m: 9:10.65	32.99	1250m: 13:31.37	32.85
	100m: 1:00.69	31.77	500m: 5:21.23	33.08	900m: 9:43.37	32.72	1300m: 14:04.02	32.65
	150m: 1:33.08	32.39	550m: 5:54.12	32.89	950m: 10:16.07	32.70	1350m: 14:36.91	32.89
	200m: 2:05.38	32.30	600m: 6:26.88	32.76	1000m: 10:48.37	32.30	1400m: 15:09.68	32.77
	250m: 2:37.84	32.46	650m: 6:59.83	32.95	1050m: 11:21.15	32.78	1450m: 15:41.11	31.43
	300m: 3:10.30	32.46	700m: 7:32.45	32.62	1100m: 11:53.85	32.70	1500m: 16:10.96	29.85
	350m: 3:42.98	32.68	750m: 8:05.07	32.62	1150m: 12:26.34	32.49		
	400m: 4:15.49	32.51	800m: 8:37.66	32.59	1200m: 12:58.52	32.18		
3.	Viktor Forafonov		02	Bærum		16:19.76	16:50.07	641
	50m: 30.38	30.38	450m: 5:01.73	33.27	850m: 9:29.85	33.58	1250m: 13:59.56	33.80
	100m: 1:03.90	33.52	500m: 5:34.89	33.16	900m: 10:03.63	33.78	1300m: 14:33.79	34.23
	150m: 1:38.05	34.15	550m: 6:07.88	32.99	950m: 10:37.30	33.67	1350m: 15:07.44	33.65
	200m: 2:12.04	33.99	600m: 6:41.49	33.61	1000m: 11:11.04	33.74	1400m: 15:41.90	34.46
	250m: 2:45.99	33.95	650m: 7:15.19	33.70	1050m: 11:44.29	33.25	1450m: 16:16.04	34.14
	300m: 3:20.42	34.43	700m: 7:49.09	33.90	1100m: 12:18.20	33.91	1500m: 16:50.07	34.03
	350m: 3:54.32	33.90	750m: 8:22.61	33.52	1150m: 12:51.81	33.61		
	400m: 4:28.46	34.14	800m: 8:56.27	33.66	1200m: 13:25.76	33.95		
4.	Patrik Viggó Vilbergsson		02	Breiðablik		17:09.17	16:53.79	634
	50m: 29.53	29.53	450m: 5:00.35	33.75	850m: 9:31.77	33.78	1250m: 14:04.79	34.20
	100m: 1:02.35	32.82	500m: 5:34.24	33.89	900m: 10:05.81	34.04	1300m: 14:39.35	34.56
	150m: 1:36.44	34.09	550m: 6:07.65	33.41	950m: 10:39.83	34.02	1350m: 15:13.68	34.33
	200m: 2:10.46	34.02	600m: 6:41.68	34.03	1000m: 11:13.81	33.98	1400m: 15:48.00	34.32
	250m: 2:44.34	33.88	650m: 7:15.78	34.10	1050m: 11:47.77	33.96	1450m: 16:21.54	33.54
	300m: 3:18.42	34.08	700m: 7:49.94	34.16	1100m: 12:22.05	34.28	1500m: 16:53.79	32.25
	350m: 3:52.35	33.93	750m: 8:23.78	33.84	1150m: 12:56.05	34.00		
	400m: 4:26.60	34.25	800m: 8:57.99	34.21	1200m: 13:30.59	34.54		
5.	Óskar Gauti Lund		99	Breiðablik		17:08.08	17:10.90	603
	50m: 29.76	29.76	450m: 5:04.53	34.72	850m: 9:42.91	35.13	1250m: 14:21.26	35.17
	100m: 1:03.03	33.27	500m: 5:38.99	34.46	900m: 10:17.42	34.51	1300m: 14:55.63	34.37
	150m: 1:37.42	34.39	550m: 6:13.81	34.82	950m: 10:52.36	34.94	1350m: 15:30.39	34.76
	200m: 2:11.50	34.08	600m: 6:49.23	35.42	1000m: 11:27.33	34.97	1400m: 16:05.20	34.81
	250m: 2:46.11	34.61	650m: 7:23.41	34.18	1050m: 12:01.82	34.49	1450m: 16:38.46	33.26
	300m: 3:20.65	34.54	700m: 7:58.25	34.84	1100m: 12:36.48	34.66	1500m: 17:10.90	32.44
	350m: 3:55.30	34.65	750m: 8:32.87	34.62	1150m: 13:11.76	35.28		
	400m: 4:29.81	34.51	800m: 9:07.78	34.91	1200m: 13:46.09	34.33		
6.	Jón Tumi Dagsson		01	SH		17:38.73	17:33.30	565
	50m: 29.53	29.53	450m: 5:06.82	35.80	850m: 9:52.26	35.47	1250m: 14:36.88	36.23
	100m: 1:02.58	33.05	500m: 5:42.08	35.26	900m: 10:27.90	35.64	1300m: 15:12.34	35.46
	150m: 1:36.75	34.17	550m: 6:17.98	35.90	950m: 11:04.23	36.33	1350m: 15:47.96	35.62
	200m: 2:11.23	34.48	600m: 6:53.61	35.63	1000m: 11:39.05	34.82	1400m: 16:23.50	35.54
	250m: 2:45.87	34.64	650m: 7:29.82	36.21	1050m: 12:15.13	36.08	1450m: 16:59.12	35.62
	300m: 3:20.46	34.59	700m: 8:05.61	35.79	1100m: 12:50.07	34.94	1500m: 17:33.30	34.18
	350m: 3:56.22	35.76	750m: 8:41.48	35.87	1150m: 13:25.59	35.52		
	400m: 4:31.02	34.80	800m: 9:16.79	35.31	1200m: 14:00.65	35.06		

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG

Reykjavík, 7. - 9.4.2017

Meistaradagur

Sundgrein 25, karla, 1500m skriðsund, Opinn

Sæti				F.ár				Undanrásir	Tími	Stig		
7.	Björgvin Theodór Hilmarsson			98	ÍRB			16:53.75	17:34.22	564		
	50m:	29.87	29.87	450m:	5:05.40	34.97	850m:	9:51.24	35.80	1250m:	14:37.43	35.66
	100m:	1:03.22	33.35	500m:	5:40.59	35.19	900m:	10:27.19	35.95	1300m:	15:13.18	35.75
	150m:	1:37.54	34.32	550m:	6:16.08	35.49	950m:	11:02.89	35.70	1350m:	15:49.16	35.98
	200m:	2:11.66	34.12	600m:	6:51.87	35.79	1000m:	11:38.54	35.65	1400m:	16:25.18	36.02
	250m:	2:46.31	34.65	650m:	7:27.90	36.03	1050m:	12:14.39	35.85	1450m:	16:59.78	34.60
	300m:	3:20.61	34.30	700m:	8:03.99	36.09	1100m:	12:50.43	36.04	1500m:	17:34.22	34.44
	350m:	3:55.52	34.91	750m:	8:39.69	35.70	1150m:	13:26.10	35.67			
	400m:	4:30.43	34.91	800m:	9:15.44	35.75	1200m:	14:01.77	35.67			
8.	Kristófer Atli Andersen			02	Breiðablik			18:21.42	17:45.84	545		
	50m:	30.45	30.45	450m:	5:15.07	36.39	850m:	10:01.95	36.16	1250m:	14:48.63	35.99
	100m:	1:05.48	35.03	500m:	5:50.78	35.71	900m:	10:37.61	35.66	1300m:	15:24.55	35.92
	150m:	1:41.01	35.53	550m:	6:26.62	35.84	950m:	11:13.21	35.60	1350m:	16:00.87	36.32
	200m:	2:16.10	35.09	600m:	7:02.23	35.61	1000m:	11:48.85	35.64	1400m:	16:35.97	35.10
	250m:	2:51.86	35.76	650m:	7:38.49	36.26	1050m:	12:24.92	36.07	1450m:	17:11.32	35.35
	300m:	3:27.40	35.54	700m:	8:13.72	35.23	1100m:	13:00.93	36.01	1500m:	17:45.84	34.52
	350m:	4:03.27	35.87	750m:	8:49.94	36.22	1150m:	13:36.71	35.78			
	400m:	4:38.68	35.41	800m:	9:25.79	35.85	1200m:	14:12.64	35.93			
9.	Sindri Andreas Bjarnason			01	ÍA			18:35.00	18:13.24	505		
	50m:	31.91	31.91	450m:	5:21.86	36.86	850m:	10:18.10	36.97	1250m:	15:13.23	36.69
	100m:	1:06.93	35.02	500m:	5:58.92	37.06	900m:	10:55.38	37.28	1300m:	15:49.87	36.64
	150m:	1:42.95	36.02	550m:	6:35.89	36.97	950m:	11:32.17	36.79	1350m:	16:26.57	36.70
	200m:	2:19.10	36.15	600m:	7:12.99	37.10	1000m:	12:08.97	36.80	1400m:	17:03.38	36.81
	250m:	2:55.24	36.14	650m:	7:49.68	36.69	1050m:	12:46.06	37.09	1450m:	17:39.90	36.52
	300m:	3:31.83	36.59	700m:	8:27.16	37.48	1100m:	13:22.94	36.88	1500m:	18:13.24	33.34
	350m:	4:08.45	36.62	750m:	9:04.45	37.29	1150m:	13:59.66	36.72			
	400m:	4:45.00	36.55	800m:	9:41.13	36.68	1200m:	14:36.54	36.88			
10.	Björgvin Árni Júlíusson			01	REY			18:25.29	18:19.19	497		
	50m:	30.94	30.94	450m:	5:22.61	37.12	850m:	10:18.61	37.53	1250m:	15:14.88	37.46
	100m:	1:05.84	34.90	500m:	5:59.51	36.90	900m:	10:56.19	37.58	1300m:	15:52.10	37.22
	150m:	1:42.36	36.52	550m:	6:36.75	37.24	950m:	11:32.72	36.53	1350m:	16:29.73	37.63
	200m:	2:18.36	36.00	600m:	7:13.43	36.68	1000m:	12:09.63	36.91	1400m:	17:06.81	37.08
	250m:	2:54.72	36.36	650m:	7:50.62	37.19	1050m:	12:46.77	37.14	1450m:	17:43.84	37.03
	300m:	3:31.47	36.75	700m:	8:27.88	37.26	1100m:	13:23.51	36.74	1500m:	18:19.19	35.35
	350m:	4:08.22	36.75	750m:	9:04.77	36.89	1150m:	14:00.21	36.70			
	400m:	4:45.49	37.27	800m:	9:41.08	36.31	1200m:	14:37.42	37.21			
11.	Róbert Andri Pálmason			02	Breiðablik			19:02.39	18:46.95	461		
	50m:	33.12	33.12	450m:	5:32.87	37.73	850m:	10:32.93	37.83	1250m:	15:39.95	38.26
	100m:	1:09.66	36.54	500m:	6:10.95	38.08	900m:	11:11.37	38.44	1300m:	16:17.73	37.78
	150m:	1:46.66	37.00	550m:	6:47.97	37.02	950m:	11:49.00	37.63	1350m:	16:55.56	37.83
	200m:	2:23.87	37.21	600m:	7:25.14	37.17	1000m:	12:27.58	38.58	1400m:	17:33.47	37.91
	250m:	3:01.73	37.86	650m:	8:02.21	37.07	1050m:	13:06.18	38.60	1450m:	18:10.50	37.03
	300m:	3:39.91	38.18	700m:	8:40.13	37.92	1100m:	13:44.42	38.24	1500m:	18:46.95	36.45
	350m:	4:17.39	37.48	750m:	9:17.65	37.52	1150m:	14:23.30	38.88			
	400m:	4:55.14	37.75	800m:	9:55.10	37.45	1200m:	15:01.69	38.39			
12.	Björn Axel Agnarsson			02	Breiðablik			19:14.35	19:24.27	418		
	50m:	33.98	33.98	450m:	5:46.80	40.46	850m:	10:59.67	38.86	1250m:	16:12.54	39.82
	100m:	1:11.94	37.96	500m:	6:25.85	39.05	900m:	11:38.29	38.62	1300m:	16:51.27	38.73
	150m:	1:50.91	38.97	550m:	7:04.76	38.91	950m:	12:17.43	39.14	1350m:	17:30.44	39.17
	200m:	2:29.41	38.50	600m:	7:44.05	39.29	1000m:	12:55.94	38.51	1400m:	18:09.34	38.90
	250m:	3:08.66	39.25	650m:	8:23.36	39.31	1050m:	13:34.83	38.89	1450m:	18:47.26	37.92
	300m:	3:47.97	39.31	700m:	9:02.27	38.91	1100m:	14:13.88	39.05	1500m:	19:24.27	37.01
	350m:	4:27.44	39.47	750m:	9:41.45	39.18	1150m:	14:53.30	39.42			
	400m:	5:06.34	38.90	800m:	10:20.81	39.36	1200m:	15:32.72	39.42			
13.	Benedikt Hjaltason			02	Breiðablik			19:02.86	19:29.47	413IM5		
	50m:	34.91	34.91	450m:	5:51.37	40.40	850m:	11:08.10	39.75	1250m:	16:23.77	38.73
	100m:	1:13.91	39.00	500m:	6:30.81	39.44	900m:	11:47.93	39.83	1300m:	17:02.44	38.67
	150m:	1:53.02	39.11	550m:	7:10.81	40.00	950m:	12:27.78	39.85	1350m:	17:40.60	38.16
	200m:	2:32.56	39.54	600m:	7:50.39	39.58	1000m:	13:07.23	39.45	1400m:	18:18.41	37.81
	250m:	3:12.46	39.90	650m:	8:29.88	39.49	1050m:	13:46.66	39.43	1450m:	18:55.67	37.26
	300m:	3:52.01	39.55	700m:	9:09.49	39.61	1100m:	14:26.57	39.91	1500m:	19:29.47	33.80
	350m:	4:31.35	39.34	750m:	9:49.10	39.61	1150m:	15:05.90	39.33			
	400m:	5:10.97	39.62	800m:	10:28.35	39.25	1200m:	15:45.04	39.14			

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG

Reykjavík, 7. - 9.4.2017

Meistaradagar

Sundgrein 25, karla, 1500m skriðsund, Opinn

Sæti				F.ár				Undanrásir	Tími	Stig		
14.	Logi Freyr Arnarsson			03	REY			19:17.34	19:29.96	412IM5		
	50m:	34.80	34.80	450m:	5:52.66	39.75	850m:	11:06.99	38.88	1250m:	16:20.96	38.77
	100m:	1:13.83	39.03	500m:	6:32.31	39.65	900m:	11:45.97	38.98	1300m:	16:59.76	38.80
	150m:	1:53.09	39.26	550m:	7:12.35	40.04	950m:	12:25.16	39.19	1350m:	17:39.46	39.70
	200m:	2:33.11	40.02	600m:	7:51.29	38.94	1000m:	13:04.20	39.04	1400m:	18:18.79	39.33
	250m:	3:13.34	40.23	650m:	8:31.20	39.91	1050m:	13:43.80	39.60	1450m:	18:55.31	36.52
	300m:	3:53.53	40.19	700m:	9:10.31	39.11	1100m:	14:23.07	39.27	1500m:	19:29.96	34.65
	350m:	4:33.03	39.50	750m:	9:49.09	38.78	1150m:	15:02.65	39.58			
	400m:	5:12.91	39.88	800m:	10:28.11	39.02	1200m:	15:42.19	39.54			
15.	Tristan Þór K Wium			02	ÍRB			19:19.55	19:32.11	410IM5		
	50m:	34.70	34.70	450m:	5:40.34	38.23	850m:	10:51.75	39.68	1250m:	16:13.26	39.88
	100m:	1:11.58	36.88	500m:	6:18.81	38.47	900m:	11:32.28	40.53	1300m:	16:54.27	41.01
	150m:	1:49.86	38.28	550m:	6:56.97	38.16	950m:	12:11.83	39.55	1350m:	17:34.10	39.83
	200m:	2:28.02	38.16	600m:	7:35.80	38.83	1000m:	12:52.92	41.09	1400m:	18:14.88	40.78
	250m:	3:06.40	38.38	650m:	8:14.10	38.30	1050m:	13:33.29	40.37	1450m:	18:53.35	38.47
	300m:	3:45.14	38.74	700m:	8:53.61	39.51	1100m:	14:13.31	40.02	1500m:	19:32.11	38.76
	350m:	4:23.44	38.30	750m:	9:32.75	39.14	1150m:	14:52.67	39.36			
	400m:	5:02.11	38.67	800m:	10:12.07	39.32	1200m:	15:33.38	40.71			
16.	Simon Nesbø			02	SK			18:31.76	20:33.13	352IM5		
	50m:	33.27	33.27	450m:	5:53.34	41.05	850m:	11:26.79	41.62	1250m:	17:06.90	42.78
	100m:	1:10.35	37.08	500m:	6:34.27	40.93	900m:	12:09.16	42.37	1300m:	17:49.82	42.92
	150m:	1:49.92	39.57	550m:	7:15.59	41.32	950m:	12:50.28	41.12	1350m:	18:31.41	41.59
	200m:	2:29.85	39.93	600m:	7:57.13	41.54	1000m:	13:32.98	42.70	1400m:	19:13.16	41.75
	250m:	3:10.07	40.22	650m:	8:39.22	42.09	1050m:	14:15.73	42.75	1450m:	19:53.71	40.55
	300m:	3:50.34	40.27	700m:	9:21.94	42.72	1100m:	14:57.49	41.76	1500m:	20:33.13	39.42
	350m:	4:30.91	40.57	750m:	10:03.43	41.49	1150m:	15:40.42	42.93			
	400m:	5:12.29	41.38	800m:	10:45.17	41.74	1200m:	16:24.12	43.70			

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 7. - 9.4.2017
Meistaradagar

4 - 4. hluti - úrslit

08.04.2017 - 17:30

Sundgrein 14	kvenna, 100m baksund				Opinn
08.04.2017 - 17:30					Úrslitalistar Úrslitsund
Íslandsmet	1:00.25	Eygló Ósk Gústafsdóttir	Ægir	Kazan (RUS)	03.08.2015
IM50 : 1:16.55 / EMU 14 - 17: 1:06.15 / EYOF 14 - 15: 1:08.90 / HM : 1:02.73 / NÆM 13 - 15: 1:09.59					
Stig: FINA 2016					

Sæti	F.ár		Undanrásir	Tími	Stig
Úrslitasund					
1.	Eygló Ósk Gústafsdóttir	95	Ægir	1:03.26	1:01.22 855HM
	50m: 29.73 29.73	100m: 1:01.22	31.49		
2.	Katarína Róbertsdóttir	00	SH	1:07.64	1:06.07 680EMU
	50m: 31.91 31.91	100m: 1:06.07	34.16		
3.	Íris Ósk Hilmarsdóttir	98	ÍRB	1:09.00	1:07.01 652
	50m: 31.99 31.99	100m: 1:07.01	35.02		
4.	Steingerður Hauksdóttir	96	REY	1:09.93	1:09.01 597
	50m: 32.83 32.83	100m: 1:09.01	36.18		
5.	Ásta Kristín Jónsdóttir	00	REY	1:10.46	1:10.03 571
	50m: 33.65 33.65	100m: 1:10.03	36.38		
6.	Guðný Birna Sigurðardóttir	99	Breiðablik	1:10.87	1:10.53 559
	50m: 33.77 33.77	100m: 1:10.53	36.76		
7.	Þóra Snorraddóttir	03	Óðinn	1:13.18	1:12.76 509
	50m: 34.65 34.65	100m: 1:12.76	38.11		
ÓG.	Una Lára Lárusdóttir	99	ÍA	1:10.49	
	G2 - Starting before the start signal (SW 4.4)				

Sundgrein 15	karla, 100m baksund				Opinn
08.04.2017 - 17:33					Úrslitalistar Úrslitsund
Íslandsmet	54.75	Örn Arnason	SH	Fukuoka (JPN)	23.07.2001
IM50 : 1:09.57 / HM : 55.95					
Stig: FINA 2016					

Sæti	F.ár		Undanrásir	Tími	Stig
Úrslitasund					
1.	Kristinn Þórarinsson	96	REY	57.98	57.26 746
	50m: 27.79 27.79	100m: 57.26	29.47		
2.	Kolbeinn Hrafnkelsson	94	SH	58.51	58.16 712
	50m: 28.14 28.14	100m: 58.16	30.02		
3.	Brynjólfur Óli Karlsson	01	Breiðablik	1:00.89	59.83 654
	50m: 29.05 29.05	100m: 59.83	30.78		
4.	Kristján Gylfi Þórisson	00	Ægir	1:03.14	1:01.32 607
	50m: 29.59 29.59	100m: 1:01.32	31.73		
5.	Tómas Magnússon	02	REY	1:06.04	1:05.12 507
	50m: 31.35 31.35	100m: 1:05.12	33.77		
6.	Hafsteinn Ari Ágústsson	00	Breiðablik	1:09.18	1:08.14 442
	50m: 32.27 32.27	100m: 1:08.14	35.87		
7.	Erlend Magnússon	01	ÍA	1:08.98	1:08.81 430
	50m: 32.39 32.39	100m: 1:08.81	36.42		

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 7. - 9.4.2017
Meistaradagar

Sundgrein 16 kvenna, 200m flugsund Opinn
08.04.2017 - 17:35 Úrslitalistar Úrslitsund

Íslandsmet 2:18.79 Erla Dögg Haraldsdóttir ÍRB Reykjavík 06.04.2008
IM50 : 2:41.32 / EMU 14 - 17: 2:21.63 / EYOF 14 - 15: 2:26.21 / HM : 2:14.31 / NÆM 13 - 15: 2:27.67

Stig: FINA 2016

Sæti				F.ár				Undanrásir	Tími	Stig		
Úrslitasund												
1.	Bryndís Bolladóttir			99	Breiðablik			2:26.44	2:22.08	630		
	50m:	30.40	30.40	100m:	1:06.31	35.91	150m:	1:44.59	38.28	200m:	2:22.08	37.49
2.	Gunnhildur Björg Baldursdóttir			00	ÍRB			2:26.05	2:22.59	623		
	50m:	31.78	31.78	100m:	1:07.75	35.97	150m:	1:45.19	37.44	200m:	2:22.59	37.40
3.	Inga Elin Cryer			93	Ægir			2:26.24	2:24.03	604		
	50m:	31.09	31.09	100m:	1:06.23	35.14	150m:	1:44.06	37.83	200m:	2:24.03	39.97
4.	María Fanney Kristjánsdóttir			00	SH			2:32.52	2:31.72	517		
	50m:	32.98	32.98	100m:	1:11.40	38.42	150m:	1:51.43	40.03	200m:	2:31.72	40.29
5.	Sylwia Sienkiewicz			99	ÍRB			2:34.39	2:37.21	465		
	50m:	32.40	32.40	100m:	1:11.68	39.28	150m:	1:54.06	42.38	200m:	2:37.21	43.15
6.	Ragnheiður Karlsdóttir			99	Breiðablik			2:36.97	2:37.47	462		
	50m:	34.02	34.02	100m:	1:12.63	38.61	150m:	1:54.19	41.56	200m:	2:37.47	43.28
7.	Rannveig Katrín Arnarsdóttir			01	Óðinn			2:39.78	2:40.58	436		
	50m:	35.05	35.05	100m:	1:16.95	41.90	150m:	1:58.24	41.29	200m:	2:40.58	42.34

Sundgrein 17 karla, 200m flugsund Opinn
08.04.2017 - 17:47 Úrslitalistar Úrslitsund

Íslandsmet 2:02.97 Sindri Þór Jakobsson Bergen Prag (CZE) 09.07.2009
IM50 : 2:29.59 / HM : 2:01.38

Stig: FINA 2016

Sæti				F.ár				Undanrásir	Tími	Stig		
Úrslitasund												
1.	Viktor Forafonov			02	Bærum			2:15.83	2:13.13	587		
	50m:	29.56	29.56	100m:	1:02.89	33.33	150m:	1:37.55	34.66	200m:	2:13.13	35.58
2.	Baldvin Sigmarsson			97	ÍRB			2:16.91	2:14.60	568		
	50m:	29.64	29.64	100m:	1:03.34	33.70	150m:	1:38.10	34.76	200m:	2:14.60	36.50
3.	Sveinbjörn Pálmi Karlsson			95	Breiðablik			2:16.77	2:15.00	563		
	50m:	29.97	29.97	100m:	1:03.86	33.89	150m:	1:38.95	35.09	200m:	2:15.00	36.05

Sundgrein 18 kvenna, 100m skriðsund Opinn
08.04.2017 - 17:50 Úrslitalistar Úrslitsund

Íslandsmet 55.66 Ragnheiður Ragnarsdóttir KR Reykjanesbæ 25.04.2009
IM50 : 1:07.83 / EMU 14 - 17: 59.45 / EYOF 14 - 15: 1:01.67 / HM : 56.82 / NÆM 13 - 15: 1:02.29

Stig: FINA 2016

Sæti				F.ár				Undanrásir	Tími	Stig
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ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 7. - 9.4.2017
Meistaradagar

Sundgrein 18, kvenna, 100m skriðsund, Úrslitsund

Úrslitasund

1.	Bryndís Rún Hansen	93	Óðinn	57.43	56.62	777HM
	50m: 26.86 26.86	100m: 56.62	29.76			
2.	Ingibjörg Kristín Jónsdóttir	93	SH	57.77	56.88	767
	50m: 27.19 27.19	100m: 56.88	29.69			
3.	Jóhanna Elín Guðmundsdóttir	01	SH	1:00.94	1:00.32	643
	50m: 28.71 28.71	100m: 1:00.32	31.61			
4.	Ragna Sigríður Ragnarsdóttir	01	Breiðablik	1:01.60	1:00.41	640
	50m: 29.37 29.37	100m: 1:00.41	31.04			
5.	Brynhildur Traustadóttir	01	ÍA	1:02.70	1:03.27	557
	50m: 30.21 30.21	100m: 1:03.27	33.06			
6.	Bjarkey Jónasdóttir	99	Ægir	1:03.67	1:04.09	536
	50m: 30.67 30.67	100m: 1:04.09	33.42			
7.	Ásgerður Jing Laufeyjardóttir	02	ÍA	1:04.90	1:04.56	524
	50m: 30.61 30.61	100m: 1:04.56	33.95			
8.	Júlía Helga Högnadóttir	02	Ægir	1:05.89	1:05.47	503
	50m: 31.03 31.03	100m: 1:05.47	34.44			

Sundgrein 19

karla, 100m skriðsund

Opinn

08.04.2017 - 18:00

Úrslitalistar Úrslitsund

Íslandsmet 49.97 Örn Arnason SH Monaco (MON) 05.06.2007

IM50 : 1:02.54 / HM : 50.64

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig	
Úrslitasund					
1.	Aron Örn Stefánsson	95 SH	52.23	51.26	766
	50m: 24.38 24.38	100m: 51.26	26.88		
2.	Kristófer Sigurðsson	95 ÍRB	52.06	51.90	738
	50m: 24.89 24.89	100m: 51.90	27.01		
3.	Predrag Milos	95 SH	52.84	52.94	695
	50m: 25.13 25.13	100m: 52.94	27.81		
4.	Davíð Fannar Ragnarsson	98 Breiðablik	54.11	54.03	654
	50m: 25.53 25.53	100m: 54.03	28.50		
5.	Markus Woxholt	99 SK	53.98	54.42	640
	50m: 26.87 26.87	100m: 54.42	27.55		
6.	Hilmar Smári Jónsson	94 REY	54.52	54.62	633
	50m: 26.49 26.49	100m: 54.62	28.13		
7.	Ólafur Sigurðsson	99 SH	55.90	55.49	604
	50m: 26.80 26.80	100m: 55.49	28.69		
8.	Kristján Gylfi Þórisson	00 Ægir	56.01	55.74	596
	50m: 27.08 27.08	100m: 55.74	28.66		

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 7. - 9.4.2017
Meistaradagar

Sundgrein 20 kvenna, 50m bringusund Opinn
08.04.2017 - 18:02 Úrslitalistar Úrslitsund

Íslandsmet 30.83 Hrafnhildur Lúthersdóttir SH London (GBR) 21.05.2016
IM50 : 39.90 / EMU 14 - 17: 33.58 / HM : 32.31

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
Úrslitasund				
1.	Hrafnhildur Lúthersdóttir	91 SH	31.38	31.17 846HM
2.	Karen Mist Arngæisdóttir	00 ÍRB	34.83	34.65 615
3.	Nanna Björk Barkardóttir	98 Óðinn	35.83	35.23 585
4.	Sunna Svanlaug Vilhjálmsdóttir	00 SH	36.05	35.47 574
5.	Marie Schiong	99 SK	35.75	35.94 551
6.	Natalia Cecylia Wojdat	98 SH	37.55	37.08 502
7.	Herdís Viggósdóttir	04 REY	37.63	37.21 497
8.	Amalía Nanna Júlíusdóttir	02 Rán	37.36	37.55 483

Sundgrein 21 karla, 50m bringusund Opinn
08.04.2017 - 18:11 Úrslitalistar Úrslitsund

Íslandsmet 28.03 Jakob Jóhann Sveinsson Ægir Róm (ITA) 28.07.2009
IM50 : 35.79 / HM : 28.47

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
Úrslitasund				
1.	Aron Örn Stefánsson	95 SH	31.89	31.16 609
2.	Sævar Berg Sigurðsson	95 ÍA	32.26	31.25 604
3.	Mats Kamnes	00 SK	31.90	31.43 593
4.	Birgir Viktor Hannesson	94 Óðinn	31.81	32.75 525
5.	Snævar Atli Halldórsson	00 Óðinn	33.05	32.94 515
6.	Sigurd Ormseth Årøen	00 SK	34.16	33.07 509
7.	Óskar Gauti Lund	99 Breiðablik	34.09	33.58 487
8.	Hallgrímur Kjartansson	98 Breiðablik	33.75	33.66 483

Sundgrein 22 kvenna, 200m fjórsund Opinn
08.04.2017 - 18:14 Úrslitalistar Úrslitsund

Íslandsmet 2:13.82 Hrafnhildur Lúthersdóttir SH Reykjavík 02.06.2015
IM50 : 2:48.29 / EMU 14 - 17: 2:24.70 / EYOF 14 - 15: 2:30.51 / HM : 2:18.08 / NÆM 13 - 15: 2:32.01

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
Úrslitasund				
1.	Hrafnhildur Lúthersdóttir	91 SH	2:20.28	2:16.97 780HM
	50m: 29.58 29.58 100m: 1:05.81 36.23 150m: 1:44.07 38.26 200m: 2:16.97 32.90			
2.	Jóhanna Gerða Gústafsdóttir	90 Ægir	2:29.97	2:24.14 669
	50m: 30.92 30.92 100m: 1:06.71 35.79 150m: 1:49.70 42.99 200m: 2:24.14 34.44			
3.	Sunneva Dögg Robertson	99 ÍRB	2:28.90	2:27.26 628
	50m: 31.01 31.01 100m: 1:08.93 37.92 150m: 1:54.54 45.61 200m: 2:27.26 32.72			
4.	Stefanía Sigurpórsdóttir	01 ÍRB	2:33.34	2:30.88 584
	50m: 33.00 33.00 100m: 1:12.79 39.79 150m: 1:57.15 44.36 200m: 2:30.88 33.73			
5.	María Fanney Kristjánsdóttir	00 SH	2:31.79	2:31.87 572
	50m: 32.72 32.72 100m: 1:13.12 40.40 150m: 1:57.57 44.45 200m: 2:31.87 34.30			
6.	Pura Snorraddóttir	03 Óðinn	2:40.96	2:38.62 502
	50m: 33.73 33.73 100m: 1:15.04 41.31 150m: 2:01.45 46.41 200m: 2:38.62 37.17			

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG

Reykjavík, 7. - 9.4.2017

Meistaradagar

Sundgrein 22, kvenna, 200m fjórsund, Úrslitsund, Opinn

Sæti				F.ár				Undanrásir	Tími	Stig		
7.	Alexandra Tómasdóttir			01	Óðinn			2:40.17	2:38.93	499		
	50m:	34.61	34.61	100m:	1:15.53	40.92	150m:	2:02.70	47.17	200m:	2:38.93	36.23
8.	Sólveig María Baldursdóttir			04	ÍRB			NT	2:42.58	466		
	50m:	34.98	34.98	100m:	1:18.05	43.07	150m:	2:06.28	48.23	200m:	2:42.58	36.30

Sundgrein 23

08.04.2017 - 18:25

karla, 200m fjórsund

Opinn

Úrslitalistar Úrslitsund

Íslandsmet	2:05.94	Anton Sveinn McKee	Ægir	Luxembourg (LUX)	27.05.2013
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IM50 : 2:33.37 / HM : 2:04.43

Stig: FINA 2016

Sæti				F.ár				Undanrásir	Tími	Stig		
Úrslitasund												
1.	Kristinn Þórarinnsson			96	REY			2:12.27	2:08.90	691		
	50m:	26.89	26.89	100m:	59.44	32.55	150m:	1:37.46	38.02	200m:	2:08.90	31.44
2.	Huginn Hilmarsson			95	Breiðablik			2:17.13	2:14.86	604		
	50m:	28.82	28.82	100m:	1:04.08	35.26	150m:	1:43.26	39.18	200m:	2:14.86	31.60
3.	Patrik Viggó Vilbergsson			02	Breiðablik			2:21.43	2:19.30	548		
	50m:	29.28	29.28	100m:	1:04.76	35.48	150m:	1:48.15	43.39	200m:	2:19.30	31.15
4.	Ingi Þór Ólafsson			99	ÍRB			2:23.40	2:19.99	540		
	50m:	29.50	29.50	100m:	1:05.90	36.40	150m:	1:48.14	42.24	200m:	2:19.99	31.85
5.	Hallgrímur Kjartansson			98	Breiðablik			2:22.16	2:20.40	535		
	50m:	30.56	30.56	100m:	1:09.49	38.93	150m:	1:48.65	39.16	200m:	2:20.40	31.75
6.	Petter Basmo Bjerkli			99	SK			2:24.35	2:24.65	489		
	50m:	30.30	30.30	100m:	1:08.33	38.03	150m:	1:49.93	41.60	200m:	2:24.65	34.72
7.	Baldur Logi Gautason			00	Óðinn			2:26.80	2:24.68	489		
	50m:	30.11	30.11	100m:	1:09.45	39.34	150m:	1:51.43	41.98	200m:	2:24.68	33.25
8.	Snævar Atli Halldórsson			00	Óðinn			2:27.39	2:25.76	478		
	50m:	29.99	29.99	100m:	1:12.15	42.16	150m:	1:52.96	40.81	200m:	2:25.76	32.80

Sundgrein 24

08.04.2017 - 18:29

kvenna, 1500m skriðsund

Opinn

Úrslitalistar

Íslandsmet	17:17.61	Sigrún Brá Sverrisdóttir	Ægir	Columbia (USA)	23.07.2011
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IM50 : 20:29.88 / EMU 14 - 17: 17:05.06 / HM : 17:06.76

Stig: FINA 2016

Sæti				F.ár				Undanrásir	Tími	Stig		
1.	Eydís Ósk Kolbeinsdóttir			00	ÍRB			17:58.59	17:56.22	635		
	50m:	32.00	32.00	450m:	5:15.24	35.71	850m:	10:03.54	36.45	1250m:	14:55.61	36.57
	100m:	1:06.22	34.22	500m:	5:50.60	35.36	900m:	10:40.19	36.65	1300m:	15:32.52	36.91
	150m:	1:41.21	34.99	550m:	6:26.50	35.90	950m:	11:16.59	36.40	1350m:	16:09.17	36.65
	200m:	2:16.28	35.07	600m:	7:02.34	35.84	1000m:	11:53.18	36.59	1400m:	16:45.29	36.12
	250m:	2:52.08	35.80	650m:	7:38.48	36.14	1050m:	12:29.21	36.03	1450m:	17:21.64	36.35
	300m:	3:27.78	35.70	700m:	8:14.64	36.16	1100m:	13:05.75	36.54	1500m:	17:56.22	34.58
	350m:	4:03.72	35.94	750m:	8:50.95	36.31	1150m:	13:42.26	36.51			
	400m:	4:39.53	35.81	800m:	9:27.09	36.14	1200m:	14:19.04	36.78			

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG

Reykjavík, 7. - 9.4.2017

Meistaradagar

Sundgrein 24, kvenna, 1500m skriðsund, Opinn

Sæti				F.ár				Undanrásir	Tími	Stig		
2.	Bára Kristín Björgvinsdóttir			95	SH			18:06.13	18:11.83	609		
	50m:	32.11	32.11	450m:	5:16.31	35.73	850m:	10:10.96	37.16	1250m:	15:07.89	37.41
	100m:	1:06.33	34.22	500m:	5:52.36	36.05	900m:	10:48.25	37.29	1300m:	15:45.11	37.22
	150m:	1:41.49	35.16	550m:	6:28.81	36.45	950m:	11:25.65	37.40	1350m:	16:22.13	37.02
	200m:	2:17.03	35.54	600m:	7:05.59	36.78	1000m:	12:03.21	37.56	1400m:	16:59.39	37.26
	250m:	2:52.65	35.62	650m:	7:42.50	36.91	1050m:	12:40.56	37.35	1450m:	17:36.00	36.61
	300m:	3:28.45	35.80	700m:	8:19.17	36.67	1100m:	13:17.05	36.49	1500m:	18:11.83	35.83
	350m:	4:04.49	36.04	750m:	8:56.32	37.15	1150m:	13:53.49	36.44			
	400m:	4:40.58	36.09	800m:	9:33.80	37.48	1200m:	14:30.48	36.99			
3.	Adele Alexandra Pálsson			03	SH			18:52.43	18:39.94	564		
	50m:	32.79	32.79	450m:	5:28.49	37.42	850m:	10:30.39	38.00	1250m:	15:34.05	37.98
	100m:	1:08.68	35.89	500m:	6:06.11	37.62	900m:	11:08.40	38.01	1300m:	16:12.21	38.16
	150m:	1:44.93	36.25	550m:	6:43.57	37.46	950m:	11:46.22	37.82	1350m:	16:49.72	37.51
	200m:	2:22.05	37.12	600m:	7:21.38	37.81	1000m:	12:24.26	38.04	1400m:	17:27.36	37.64
	250m:	2:58.91	36.86	650m:	7:59.04	37.66	1050m:	13:02.24	37.98	1450m:	18:03.74	36.38
	300m:	3:36.34	37.43	700m:	8:36.88	37.84	1100m:	13:40.21	37.97	1500m:	18:39.94	36.20
	350m:	4:13.62	37.28	750m:	9:14.67	37.79	1150m:	14:18.05	37.84			
	400m:	4:51.07	37.45	800m:	9:52.39	37.72	1200m:	14:56.07	38.02			
4.	Birna Hilmarsdóttir			02	ÍRB			18:18.81	18:49.46	550		
	50m:	33.41	33.41	450m:	5:35.67	37.92	850m:	10:38.41	37.73	1250m:	15:41.54	38.27
	100m:	1:10.04	36.63	500m:	6:13.75	38.08	900m:	11:16.36	37.95	1300m:	16:19.44	37.90
	150m:	1:47.78	37.74	550m:	6:51.62	37.87	950m:	11:53.86	37.50	1350m:	16:57.42	37.98
	200m:	2:25.45	37.67	600m:	7:29.47	37.85	1000m:	12:31.85	37.99	1400m:	17:35.14	37.72
	250m:	3:03.66	38.21	650m:	8:07.42	37.95	1050m:	13:09.73	37.88	1450m:	18:13.05	37.91
	300m:	3:41.74	38.08	700m:	8:45.35	37.93	1100m:	13:47.56	37.83	1500m:	18:49.46	36.41
	350m:	4:19.68	37.94	750m:	9:23.05	37.70	1150m:	14:25.20	37.64			
	400m:	4:57.75	38.07	800m:	10:00.68	37.63	1200m:	15:03.27	38.07			
5.	Ylfa Finnbogadóttir			02	SH			18:32.32	19:08.90	522		
	50m:	34.46	34.46	450m:	5:40.67	38.73	850m:	10:49.34	38.02	1250m:	15:57.83	38.69
	100m:	1:12.22	37.76	500m:	6:19.45	38.78	900m:	11:28.12	38.78	1300m:	16:36.62	38.79
	150m:	1:49.79	37.57	550m:	6:58.16	38.71	950m:	12:06.59	38.47	1350m:	17:15.28	38.66
	200m:	2:27.78	37.99	600m:	7:36.84	38.68	1000m:	12:44.91	38.32	1400m:	17:54.14	38.86
	250m:	3:06.36	38.58	650m:	8:15.45	38.61	1050m:	13:23.19	38.28	1450m:	18:32.17	38.03
	300m:	3:44.59	38.23	700m:	8:54.12	38.67	1100m:	14:01.88	38.69	1500m:	19:08.90	36.73
	350m:	4:23.35	38.76	750m:	9:32.78	38.66	1150m:	14:40.46	38.58			
	400m:	5:01.94	38.59	800m:	10:11.32	38.54	1200m:	15:19.14	38.68			
6.	Guðný Birna Falsdóttir			03	ÍRB			19:34.05	19:17.10	511		
	50m:	34.75	34.75	450m:	5:42.36	39.11	850m:	10:53.47	38.97	1250m:	16:05.54	38.87
	100m:	1:12.42	37.67	500m:	6:21.04	38.68	900m:	11:32.26	38.79	1300m:	16:44.09	38.55
	150m:	1:50.69	38.27	550m:	7:00.38	39.34	950m:	12:11.17	38.91	1350m:	17:23.43	39.34
	200m:	2:29.15	38.46	600m:	7:38.79	38.41	1000m:	12:50.16	38.99	1400m:	18:01.65	38.22
	250m:	3:07.58	38.43	650m:	8:17.77	38.98	1050m:	13:29.42	39.26	1450m:	18:40.12	38.47
	300m:	3:46.15	38.57	700m:	8:56.51	38.74	1100m:	14:08.24	38.82	1500m:	19:17.10	36.98
	350m:	4:24.78	38.63	750m:	9:35.69	39.18	1150m:	14:47.76	39.52			
	400m:	5:03.25	38.47	800m:	10:14.50	38.81	1200m:	15:26.67	38.91			
7.	Klara Sif Sverrisdóttir			00	Breiðablik			20:21.50	20:27.75	428		
	50m:	36.43	36.43	450m:	6:04.44	40.97	850m:	11:32.59	40.77	1250m:	17:02.49	41.45
	100m:	1:16.43	40.00	500m:	6:45.61	41.17	900m:	12:13.55	40.96	1300m:	17:44.16	41.67
	150m:	1:57.20	40.77	550m:	7:26.14	40.53	950m:	12:54.89	41.34	1350m:	18:25.40	41.24
	200m:	2:38.28	41.08	600m:	8:07.24	41.10	1000m:	13:36.16	41.27	1400m:	19:06.62	41.22
	250m:	3:19.42	41.14	650m:	8:47.90	40.66	1050m:	14:17.16	41.00	1450m:	19:47.51	40.89
	300m:	4:00.58	41.16	700m:	9:29.59	41.69	1100m:	14:58.49	41.33	1500m:	20:27.75	40.24
	350m:	4:41.77	41.19	750m:	10:10.51	40.92	1150m:	15:39.55	41.06			
	400m:	5:23.47	41.70	800m:	10:51.82	41.31	1200m:	16:21.04	41.49			

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG

Reykjavík, 7. - 9.4.2017

Meistaradagar

Sundgrein 25
08.04.2017 - 18:51

karla, 1500m skriðsund

Opinn
Úrslitalistar

Íslandsmet 15:27.08 Anton Sveinn McKee Ægir Reykjavík 13.04.2012
IM50 : 19:28.75 / HM : 15:44.74

Stig: FINA 2016

Sæti			F.ár			Undanrásir	Tími	Stig
1.	Pröstur Bjarnason		97	ÍRB		15:45.88	16:09.24	725
	50m: 28.87	28.87	450m: 4:52.88	33.16	850m: 9:10.74	32.07	1250m: 13:30.12	33.01
	100m: 1:01.11	32.24	500m: 5:26.26	33.38	900m: 9:43.17	32.43	1300m: 14:03.55	33.43
	150m: 1:34.01	32.90	550m: 5:58.34	32.08	950m: 10:15.37	32.20	1350m: 14:36.40	32.85
	200m: 2:07.32	33.31	600m: 6:30.08	31.74	1000m: 10:47.96	32.59	1400m: 15:09.43	33.03
	250m: 2:40.00	32.68	650m: 7:02.16	32.08	1050m: 11:20.98	33.02	1450m: 15:39.57	30.14
	300m: 3:12.99	32.99	700m: 7:34.04	31.88	1100m: 11:54.14	33.16	1500m: 16:09.24	29.67
	350m: 3:46.13	33.14	750m: 8:06.29	32.25	1150m: 12:25.45	31.31		
	400m: 4:19.72	33.59	800m: 8:38.67	32.38	1200m: 12:57.11	31.66		
2.	Hafþór Jón Sigurðsson		97	SH		16:28.42	16:10.96	721
	50m: 28.92	28.92	450m: 4:48.15	32.66	850m: 9:10.65	32.99	1250m: 13:31.37	32.85
	100m: 1:00.69	31.77	500m: 5:21.23	33.08	900m: 9:43.37	32.72	1300m: 14:04.02	32.65
	150m: 1:33.08	32.39	550m: 5:54.12	32.89	950m: 10:16.07	32.70	1350m: 14:36.91	32.89
	200m: 2:05.38	32.30	600m: 6:26.88	32.76	1000m: 10:48.37	32.30	1400m: 15:09.68	32.77
	250m: 2:37.84	32.46	650m: 6:59.83	32.95	1050m: 11:21.15	32.78	1450m: 15:41.11	31.43
	300m: 3:10.30	32.46	700m: 7:32.45	32.62	1100m: 11:53.85	32.70	1500m: 16:10.96	29.85
	350m: 3:42.98	32.68	750m: 8:05.07	32.62	1150m: 12:26.34	32.49		
	400m: 4:15.49	32.51	800m: 8:37.66	32.59	1200m: 12:58.52	32.18		
3.	Viktor Forafonov		02	Bærum		16:19.76	16:50.07	641
	50m: 30.38	30.38	450m: 5:01.73	33.27	850m: 9:29.85	33.58	1250m: 13:59.56	33.80
	100m: 1:03.90	33.52	500m: 5:34.89	33.16	900m: 10:03.63	33.78	1300m: 14:33.79	34.23
	150m: 1:38.05	34.15	550m: 6:07.88	32.99	950m: 10:37.30	33.67	1350m: 15:07.44	33.65
	200m: 2:12.04	33.99	600m: 6:41.49	33.61	1000m: 11:11.04	33.74	1400m: 15:41.90	34.46
	250m: 2:45.99	33.95	650m: 7:15.19	33.70	1050m: 11:44.29	33.25	1450m: 16:16.04	34.14
	300m: 3:20.42	34.43	700m: 7:49.09	33.90	1100m: 12:18.20	33.91	1500m: 16:50.07	34.03
	350m: 3:54.32	33.90	750m: 8:22.61	33.52	1150m: 12:51.81	33.61		
	400m: 4:28.46	34.14	800m: 8:56.27	33.66	1200m: 13:25.76	33.95		
4.	Patrik Viggó Vilbergsson		02	Breiðablik		17:09.17	16:53.79	634
	50m: 29.53	29.53	450m: 5:00.35	33.75	850m: 9:31.77	33.78	1250m: 14:04.79	34.20
	100m: 1:02.35	32.82	500m: 5:34.24	33.89	900m: 10:05.81	34.04	1300m: 14:39.35	34.56
	150m: 1:36.44	34.09	550m: 6:07.65	33.41	950m: 10:39.83	34.02	1350m: 15:13.68	34.33
	200m: 2:10.46	34.02	600m: 6:41.68	34.03	1000m: 11:13.81	33.98	1400m: 15:48.00	34.32
	250m: 2:44.34	33.88	650m: 7:15.78	34.10	1050m: 11:47.77	33.96	1450m: 16:21.54	33.54
	300m: 3:18.42	34.08	700m: 7:49.94	34.16	1100m: 12:22.05	34.28	1500m: 16:53.79	32.25
	350m: 3:52.35	33.93	750m: 8:23.78	33.84	1150m: 12:56.05	34.00		
	400m: 4:26.60	34.25	800m: 8:57.99	34.21	1200m: 13:30.59	34.54		
5.	Óskar Gauti Lund		99	Breiðablik		17:08.08	17:10.90	603
	50m: 29.76	29.76	450m: 5:04.53	34.72	850m: 9:42.91	35.13	1250m: 14:21.26	35.17
	100m: 1:03.03	33.27	500m: 5:38.99	34.46	900m: 10:17.42	34.51	1300m: 14:55.63	34.37
	150m: 1:37.42	34.39	550m: 6:13.81	34.82	950m: 10:52.36	34.94	1350m: 15:30.39	34.76
	200m: 2:11.50	34.08	600m: 6:49.23	35.42	1000m: 11:27.33	34.97	1400m: 16:05.20	34.81
	250m: 2:46.11	34.61	650m: 7:23.41	34.18	1050m: 12:01.82	34.49	1450m: 16:38.46	33.26
	300m: 3:20.65	34.54	700m: 7:58.25	34.84	1100m: 12:36.48	34.66	1500m: 17:10.90	32.44
	350m: 3:55.30	34.65	750m: 8:32.87	34.62	1150m: 13:11.76	35.28		
	400m: 4:29.81	34.51	800m: 9:07.78	34.91	1200m: 13:46.09	34.33		
6.	Jón Tumi Dagsson		01	SH		17:38.73	17:33.30	565
	50m: 29.53	29.53	450m: 5:06.82	35.80	850m: 9:52.26	35.47	1250m: 14:36.88	36.23
	100m: 1:02.58	33.05	500m: 5:42.08	35.26	900m: 10:27.90	35.64	1300m: 15:12.34	35.46
	150m: 1:36.75	34.17	550m: 6:17.98	35.90	950m: 11:04.23	36.33	1350m: 15:47.96	35.62
	200m: 2:11.23	34.48	600m: 6:53.61	35.63	1000m: 11:39.05	34.82	1400m: 16:23.50	35.54
	250m: 2:45.87	34.64	650m: 7:29.82	36.21	1050m: 12:15.13	36.08	1450m: 16:59.12	35.62
	300m: 3:20.46	34.59	700m: 8:05.61	35.79	1100m: 12:50.07	34.94	1500m: 17:33.30	34.18
	350m: 3:56.22	35.76	750m: 8:41.48	35.87	1150m: 13:25.59	35.52		
	400m: 4:31.02	34.80	800m: 9:16.79	35.31	1200m: 14:00.65	35.06		

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG

Reykjavík, 7. - 9.4.2017

Meistaradagar

Sundgrein 25, karla, 1500m skriðsund, Opinn

Sæti				F.ár				Undanrásir	Tími	Stig		
7.	Björgvin Theodór Hilmarsson			98	ÍRB			16:53.75	17:34.22	564		
	50m:	29.87	29.87	450m:	5:05.40	34.97	850m:	9:51.24	35.80	1250m:	14:37.43	35.66
	100m:	1:03.22	33.35	500m:	5:40.59	35.19	900m:	10:27.19	35.95	1300m:	15:13.18	35.75
	150m:	1:37.54	34.32	550m:	6:16.08	35.49	950m:	11:02.89	35.70	1350m:	15:49.16	35.98
	200m:	2:11.66	34.12	600m:	6:51.87	35.79	1000m:	11:38.54	35.65	1400m:	16:25.18	36.02
	250m:	2:46.31	34.65	650m:	7:27.90	36.03	1050m:	12:14.39	35.85	1450m:	16:59.78	34.60
	300m:	3:20.61	34.30	700m:	8:03.99	36.09	1100m:	12:50.43	36.04	1500m:	17:34.22	34.44
	350m:	3:55.52	34.91	750m:	8:39.69	35.70	1150m:	13:26.10	35.67			
	400m:	4:30.43	34.91	800m:	9:15.44	35.75	1200m:	14:01.77	35.67			
8.	Kristófer Atli Andersen			02	Breiðablik			18:21.42	17:45.84	545		
	50m:	30.45	30.45	450m:	5:15.07	36.39	850m:	10:01.95	36.16	1250m:	14:48.63	35.99
	100m:	1:05.48	35.03	500m:	5:50.78	35.71	900m:	10:37.61	35.66	1300m:	15:24.55	35.92
	150m:	1:41.01	35.53	550m:	6:26.62	35.84	950m:	11:13.21	35.60	1350m:	16:00.87	36.32
	200m:	2:16.10	35.09	600m:	7:02.23	35.61	1000m:	11:48.85	35.64	1400m:	16:35.97	35.10
	250m:	2:51.86	35.76	650m:	7:38.49	36.26	1050m:	12:24.92	36.07	1450m:	17:11.32	35.35
	300m:	3:27.40	35.54	700m:	8:13.72	35.23	1100m:	13:00.93	36.01	1500m:	17:45.84	34.52
	350m:	4:03.27	35.87	750m:	8:49.94	36.22	1150m:	13:36.71	35.78			
	400m:	4:38.68	35.41	800m:	9:25.79	35.85	1200m:	14:12.64	35.93			
9.	Sindri Andreas Bjarnason			01	ÍA			18:35.00	18:13.24	505		
	50m:	31.91	31.91	450m:	5:21.86	36.86	850m:	10:18.10	36.97	1250m:	15:13.23	36.69
	100m:	1:06.93	35.02	500m:	5:58.92	37.06	900m:	10:55.38	37.28	1300m:	15:49.87	36.64
	150m:	1:42.95	36.02	550m:	6:35.89	36.97	950m:	11:32.17	36.79	1350m:	16:26.57	36.70
	200m:	2:19.10	36.15	600m:	7:12.99	37.10	1000m:	12:08.97	36.80	1400m:	17:03.38	36.81
	250m:	2:55.24	36.14	650m:	7:49.68	36.69	1050m:	12:46.06	37.09	1450m:	17:39.90	36.52
	300m:	3:31.83	36.59	700m:	8:27.16	37.48	1100m:	13:22.94	36.88	1500m:	18:13.24	33.34
	350m:	4:08.45	36.62	750m:	9:04.45	37.29	1150m:	13:59.66	36.72			
	400m:	4:45.00	36.55	800m:	9:41.13	36.68	1200m:	14:36.54	36.88			
10.	Björgvin Árni Júlíusson			01	REY			18:25.29	18:19.19	497		
	50m:	30.94	30.94	450m:	5:22.61	37.12	850m:	10:18.61	37.53	1250m:	15:14.88	37.46
	100m:	1:05.84	34.90	500m:	5:59.51	36.90	900m:	10:56.19	37.58	1300m:	15:52.10	37.22
	150m:	1:42.36	36.52	550m:	6:36.75	37.24	950m:	11:32.72	36.53	1350m:	16:29.73	37.63
	200m:	2:18.36	36.00	600m:	7:13.43	36.68	1000m:	12:09.63	36.91	1400m:	17:06.81	37.08
	250m:	2:54.72	36.36	650m:	7:50.62	37.19	1050m:	12:46.77	37.14	1450m:	17:43.84	37.03
	300m:	3:31.47	36.75	700m:	8:27.88	37.26	1100m:	13:23.51	36.74	1500m:	18:19.19	35.35
	350m:	4:08.22	36.75	750m:	9:04.77	36.89	1150m:	14:00.21	36.70			
	400m:	4:45.49	37.27	800m:	9:41.08	36.31	1200m:	14:37.42	37.21			
11.	Róbert Andri Pálmason			02	Breiðablik			19:02.39	18:46.95	461		
	50m:	33.12	33.12	450m:	5:32.87	37.73	850m:	10:32.93	37.83	1250m:	15:39.95	38.26
	100m:	1:09.66	36.54	500m:	6:10.95	38.08	900m:	11:11.37	38.44	1300m:	16:17.73	37.78
	150m:	1:46.66	37.00	550m:	6:47.97	37.02	950m:	11:49.00	37.63	1350m:	16:55.56	37.83
	200m:	2:23.87	37.21	600m:	7:25.14	37.17	1000m:	12:27.58	38.58	1400m:	17:33.47	37.91
	250m:	3:01.73	37.86	650m:	8:02.21	37.07	1050m:	13:06.18	38.60	1450m:	18:10.50	37.03
	300m:	3:39.91	38.18	700m:	8:40.13	37.92	1100m:	13:44.42	38.24	1500m:	18:46.95	36.45
	350m:	4:17.39	37.48	750m:	9:17.65	37.52	1150m:	14:23.30	38.88			
	400m:	4:55.14	37.75	800m:	9:55.10	37.45	1200m:	15:01.69	38.39			
12.	Björn Axel Agnarsson			02	Breiðablik			19:14.35	19:24.27	418		
	50m:	33.98	33.98	450m:	5:46.80	40.46	850m:	10:59.67	38.86	1250m:	16:12.54	39.82
	100m:	1:11.94	37.96	500m:	6:25.85	39.05	900m:	11:38.29	38.62	1300m:	16:51.27	38.73
	150m:	1:50.91	38.97	550m:	7:04.76	38.91	950m:	12:17.43	39.14	1350m:	17:30.44	39.17
	200m:	2:29.41	38.50	600m:	7:44.05	39.29	1000m:	12:55.94	38.51	1400m:	18:09.34	38.90
	250m:	3:08.66	39.25	650m:	8:23.36	39.31	1050m:	13:34.83	38.89	1450m:	18:47.26	37.92
	300m:	3:47.97	39.31	700m:	9:02.27	38.91	1100m:	14:13.88	39.05	1500m:	19:24.27	37.01
	350m:	4:27.44	39.47	750m:	9:41.45	39.18	1150m:	14:53.30	39.42			
	400m:	5:06.34	38.90	800m:	10:20.81	39.36	1200m:	15:32.72	39.42			
13.	Benedikt Hjaltason			02	Breiðablik			19:02.86	19:29.47	413IM5		
	50m:	34.91	34.91	450m:	5:51.37	40.40	850m:	11:08.10	39.75	1250m:	16:23.77	38.73
	100m:	1:13.91	39.00	500m:	6:30.81	39.44	900m:	11:47.93	39.83	1300m:	17:02.44	38.67
	150m:	1:53.02	39.11	550m:	7:10.81	40.00	950m:	12:27.78	39.85	1350m:	17:40.60	38.16
	200m:	2:32.56	39.54	600m:	7:50.39	39.58	1000m:	13:07.23	39.45	1400m:	18:18.41	37.81
	250m:	3:12.46	39.90	650m:	8:29.88	39.49	1050m:	13:46.66	39.43	1450m:	18:55.67	37.26
	300m:	3:52.01	39.55	700m:	9:09.49	39.61	1100m:	14:26.57	39.91	1500m:	19:29.47	33.80
	350m:	4:31.35	39.34	750m:	9:49.10	39.61	1150m:	15:05.90	39.33			
	400m:	5:10.97	39.62	800m:	10:28.35	39.25	1200m:	15:45.04	39.14			

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG

Reykjavík, 7. - 9.4.2017

Meistaradagar

Sundgrein 25, karla, 1500m skriðsund, Opinn

Sæti				F.ár				Undanrásir	Tími	Stig		
14.	Logi Freyr Arnarsson			03	REY			19:17.34	19:29.96	412IM5		
	50m:	34.80	34.80	450m:	5:52.66	39.75	850m:	11:06.99	38.88	1250m:	16:20.96	38.77
	100m:	1:13.83	39.03	500m:	6:32.31	39.65	900m:	11:45.97	38.98	1300m:	16:59.76	38.80
	150m:	1:53.09	39.26	550m:	7:12.35	40.04	950m:	12:25.16	39.19	1350m:	17:39.46	39.70
	200m:	2:33.11	40.02	600m:	7:51.29	38.94	1000m:	13:04.20	39.04	1400m:	18:18.79	39.33
	250m:	3:13.34	40.23	650m:	8:31.20	39.91	1050m:	13:43.80	39.60	1450m:	18:55.31	36.52
	300m:	3:53.53	40.19	700m:	9:10.31	39.11	1100m:	14:23.07	39.27	1500m:	19:29.96	34.65
	350m:	4:33.03	39.50	750m:	9:49.09	38.78	1150m:	15:02.65	39.58			
	400m:	5:12.91	39.88	800m:	10:28.11	39.02	1200m:	15:42.19	39.54			
15.	Tristan Þór K Wium			02	ÍRB			19:19.55	19:32.11	410IM5		
	50m:	34.70	34.70	450m:	5:40.34	38.23	850m:	10:51.75	39.68	1250m:	16:13.26	39.88
	100m:	1:11.58	36.88	500m:	6:18.81	38.47	900m:	11:32.28	40.53	1300m:	16:54.27	41.01
	150m:	1:49.86	38.28	550m:	6:56.97	38.16	950m:	12:11.83	39.55	1350m:	17:34.10	39.83
	200m:	2:28.02	38.16	600m:	7:35.80	38.83	1000m:	12:52.92	41.09	1400m:	18:14.88	40.78
	250m:	3:06.40	38.38	650m:	8:14.10	38.30	1050m:	13:33.29	40.37	1450m:	18:53.35	38.47
	300m:	3:45.14	38.74	700m:	8:53.61	39.51	1100m:	14:13.31	40.02	1500m:	19:32.11	38.76
	350m:	4:23.44	38.30	750m:	9:32.75	39.14	1150m:	14:52.67	39.36			
	400m:	5:02.11	38.67	800m:	10:12.07	39.32	1200m:	15:33.38	40.71			
16.	Simon Nesbø			02	SK			18:31.76	20:33.13	352IM5		
	50m:	33.27	33.27	450m:	5:53.34	41.05	850m:	11:26.79	41.62	1250m:	17:06.90	42.78
	100m:	1:10.35	37.08	500m:	6:34.27	40.93	900m:	12:09.16	42.37	1300m:	17:49.82	42.92
	150m:	1:49.92	39.57	550m:	7:15.59	41.32	950m:	12:50.28	41.12	1350m:	18:31.41	41.59
	200m:	2:29.85	39.93	600m:	7:57.13	41.54	1000m:	13:32.98	42.70	1400m:	19:13.16	41.75
	250m:	3:10.07	40.22	650m:	8:39.22	42.09	1050m:	14:15.73	42.75	1450m:	19:53.71	40.55
	300m:	3:50.34	40.27	700m:	9:21.94	42.72	1100m:	14:57.49	41.76	1500m:	20:33.13	39.42
	350m:	4:30.91	40.57	750m:	10:03.43	41.49	1150m:	15:40.42	42.93			
	400m:	5:12.29	41.38	800m:	10:45.17	41.74	1200m:	16:24.12	43.70			

Sundgrein 26
08.04.2017 - 19:20

kvenna, 4 x 100m fjórsund

Opinn
Úrslitalistar

Íslandsmet 4:16.18 Sveit SH SH Reykjavík 12.04.2014

Stig: FINA 2016

Sæti				Undanrásir	Tími	Stig		
1.	SH A			SH	NT	4:20.75 704		
	Ingibjörg Kristín Jónsdóttir	+0,67	30.96	1:03.93	María Fanney Kristjánsdóttir	+0,42	31.44	1:08.60
	Hrafnhildur Lúthersdóttir	+0,25	31.36	1:08.24	Jóhanna Elín Guðmundsdóttir	+0,49	28.70	59.98
2.	ÆGIR A			Ægir	NT	4:24.02 678		
	Eygló Ósk Gústafsdóttir	+0,63	29.55	1:01.18	Inga Elin Cryer	+0,24	28.96	1:03.21
	Jóhanna Gerða Gústafsdóttir	+0,27	35.21	1:16.05	Bjarkey Jónasdóttir	+0,31	29.89	1:03.58
3.	ÍRB A			ÍRB	NT	4:32.27 619		
	Íris Ósk Hilmarsdóttir	+0,72	33.33	1:08.76	Gunnhildur Björg Baldursdóttir	+0,19	31.25	1:08.23
	Karen Mist Arngeirsdóttir	+0,26	34.32	1:14.48	Sunneva Dögg Robertson	+0,18	29.14	1:00.80
4.	SH B			SH	NT	4:38.64 577		
	Katarína Róbertsdóttir	+0,64	32.62	1:07.64	Bára Kristín Björgvinsdóttir	+0,37	32.32	1:10.14
	Sunna Svanlaug Vilhjálmisdóttir	+0,30	35.23	1:15.48	Adele Alexandra Pálsson	+0,53	31.28	1:05.38
5.	ÓÐINN A			Óðinn	NT	4:43.43 548		
	Pura Snorradóttir	+0,53	34.53	1:12.85	Rannveig Katrín Arnarsdóttir	+0,48	33.49	1:12.58
	Nanna Björk Barkardóttir	+0,07	35.74	1:19.77	Bryndís Rún Hansen	+0,30	27.35	58.23
6.	BREIÐABLIK A			Breiðablik	NT	4:45.30 538		
	Guðný Birna Sigurðardóttir	+0,79	33.88	1:11.62	Ragnheiður Karlsdóttir	+0,28	32.72	1:11.54
	Bryndís Bolladóttir	+0,12	37.99	1:22.01	Ragna Sigríður Ragnarsdóttir	+0,14	28.53	1:00.13
7.	SK A			SK	NT	4:57.63 473		
	Hanna Marie Rolstad	+0,76	38.71	1:20.64	Stine Holm Røed	+0,14	32.34	1:12.45
	Marie Schiong	+0,21	35.95	1:18.92	Vilde Linnea Gullovsen	+0,01	30.95	1:05.62

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 7. - 9.4.2017
Meistaradagar

Sundgrein 26, kvenna, 4 x 100m fjórsund, Opinn

Sæti			Óðinn	Undanrásir	Tími	Stig
8.	ÓÐINN B		Óðinn	NT	4:59.33	465
	Alexandra Tómasdóttir	+0,67 35.77	1:13.97	Eva Sól Garðarsdóttir	+0,63 34.91	1:14.27
	Sigurjóna Ragnheiðardóttir	+0,23 39.28	1:24.93	Embla Sól Garðarsdóttir	+0,69 31.58	1:06.16
9.	ÍA A		ÍA	NT	4:59.77	463
	Una Lára Lárusdóttir	+0,66 34.84	1:13.12	Brynhildur Traustadóttir	+0,21 33.14	1:12.97
	Ásgerður Jing Laufeyjardóttir	+0,47 39.31	1:24.75	Eyrún Sigþórsdóttir	+0,33 32.32	1:08.93
10.	REY B		REY	NT	5:13.91	403
	Guðrún Ásta Þórarinsdóttir	+0,66 38.86	1:20.76	Halla Margrét Baldursdóttir	+0,42 36.48	1:20.99
	Herðis Viggósdóttir	+0,56 38.50	1:23.09	Svava Björg Lárusdóttir	+0,49 31.59	1:09.07
11.	ÆGIR B		Ægir	NT	5:19.86	381
	Guðrún Lilja Kristmannsdóttir	+0,65 41.38	1:25.48	Júlía Helga Högnadóttir	+0,10 35.40	1:17.83
	Tinna Magnúsdóttir	+0,64 41.25	1:28.16	Ingibjörg Erla Garðarsdóttir	+0,34 32.70	1:08.39
ÓG.	REY A		REY	NT		
	<i>R1 - Swimmer started before the preciding touched the wall (SW 10.11)</i>					
	Steingerður Hauksdóttir, Ágústa Bergróss Jakobsdóttir, Berglind Bjarnadóttir, Ásta Kristín Jónsdóttir					

Sundgrein 27
08.04.2017 - 19:32

karla, 4 x 100m fjórsund

Opinn
Úrslitalistar

Íslandsmet	3:55.08	Sveit SH	SH	Reykjavík	13.04.2014
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Stig: FINA 2016

Sæti			Óðinn	Undanrásir	Tími	Stig
1.	ÍRB A		ÍRB	NT	3:55.36	683
	Davíð Hildiberg Aðalsteinsson	+0,57 27.79	57.36	Pröstur Bjarnason	+0,17 27.59	58.83
	Baldvin Sigmarsson	+0,42 30.99	1:07.44	Kristófer Sigurðsson	+0,23 24.46	51.73
2.	SH A		SH	NT	3:56.02	677
	Kolbeinn Hrafnkelsson	+0,53 28.39	58.32	Predrag Milos	+0,30 26.98	58.56
	Ólafur Sigurðsson	+0,05 31.43	1:07.81	Aron Örn Stefánsson	+0,32 24.28	51.33
3.	BREIÐABLIK A		Breiðablik	NT	4:07.03	590
	Brynjólfur Óli Karlsson	+0,53 29.47	1:00.82	Sveinbjörn Pálmi Karlsson	+0,34 27.59	1:00.19
	Hallgrímur Kjartansson	+0,37 33.55	1:12.04	Davíð Fannar Ragnarsson	+0,17 25.83	53.98
4.	REY A		REY	NT	4:08.66	579
	Tómas Magnússon	+0,61 31.45	1:05.14	Jón Klausen	+0,52 29.00	1:03.56
	Kristinn Þórarinsson	+0,49 30.26	1:05.95	Hilmar Smári Jónsson	+0,29 25.76	54.01
5.	ÍA A		ÍA	NT	4:13.65	545
	Erlend Magnússon	+0,66 32.57	1:09.10	Ágúst Júlíusson	+0,19 25.22	55.38
	Sævar Berg Sigurðsson	+0,19 32.48	1:09.95	Sindri Andreas Bjarnason	+0,26 27.77	59.22
6.	ÆGIR A		Ægir	NT	4:20.00	506
	Kristján Gylfi Þórisson	+0,61 29.25	1:00.88	Bjartur Þórhallsson	+0,38 28.84	1:03.81
	Hólmsteinn Skorri Hallgrímsson	+0,32 33.44	1:13.01	Halldór Björn Kristinsson	+0,27 29.11	1:02.30
7.	SK A		SK	NT	4:20.50	503
	Petter Basmo Bjerkli	+0,75 33.40	1:10.83	Markus Woxholt	+0,24 28.27	1:01.52
	Mats Kamnes	+0,34 32.46	1:11.66	Sigurd Ormseth Årøen	+0,01 26.69	56.49
8.	SH B		SH	NT	4:25.44	476
	Hafþór Jón Sigurðsson	+0,58 31.83	1:06.75	Kári Sölvi Nielsen	+0,12 28.07	1:02.64
	Róbert Ísak S14 Jónsson	+0,43 34.28	1:14.33	Jón Tumi Dagsson	+0,36 29.02	1:01.72
9.	ÓÐINN A		Óðinn	NT	4:31.53	444
	Aron Bjarki Jónsson	+0,80 34.03	1:10.58	Baldur Logi Gautason	+0,74 30.37	1:07.81
	Snævar Atli Halldórsson	+0,43 33.81	1:12.68	Hákon Alexander Magnússon	+0,38 28.74	1:00.46
10.	REY B		REY	NT	4:39.28	408
	Björgvin Árni Júlíusson	+0,68 34.37	1:10.84	Vikar Máni Þórssson	+0,28 29.92	1:07.67
	Þorbjörn Andrason	+0,38 36.12	1:18.51	Sigurður Ingi Sigurðarson	+0,10 28.98	1:02.26

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG

Reykjavík, 7. - 9.4.2017

Meistaradagar

5 - 5. hluti - undanrásir

09.04.2017 - 10:00

Sundgrein 28

kvenna, 400m fjórsund

Opinn

09.04.2017 - 10:00

Úrslitalistar

Íslandsmet	4:46.70	Hrafnhildur Lúthersdóttir	SH	Reykjavík	05.06.2015
IM50 : 5:54.78 / EMU 14 - 17: 5:07.26 / EYOF 14 - 15: 5:15.60 / HM : 4:52.97 / NÆM 13 - 15: 5:18.76					

Stig: FINA 2016

Sæti			F.ár			Undanrásir	Tími	Stig
1.	Sunneva Dögg Robertson		99	ÍRB		5:10.20	5:11.04	642
	50m:	31.85 31.85	150m:	1:48.95 40.37	250m:	3:15.22 46.55	350m:	4:37.02 35.79
	100m:	1:08.58 36.73	200m:	2:28.67 39.72	300m:	4:01.23 46.01	400m:	5:11.04 34.02
2.	María Fanney Kristjánsdóttir		00	SH		5:15.31	5:15.63	615
	50m:	33.25 33.25	150m:	1:53.99 42.34	250m:	3:20.75 45.85	350m:	4:42.21 35.18
	100m:	1:11.65 38.40	200m:	2:34.90 40.91	300m:	4:07.03 46.28	400m:	5:15.63 33.42
3.	Stefanía Sigurþórsdóttir		01	ÍRB		5:28.11	5:15.76	614
	50m:	33.53 33.53	150m:	1:56.45 42.33	250m:	3:21.59 44.28	350m:	4:41.42 35.81
	100m:	1:14.12 40.59	200m:	2:37.31 40.86	300m:	4:05.61 44.02	400m:	5:15.76 34.34
4.	Gunnhildur Björg Baldursdóttir		00	ÍRB		5:25.57	5:20.25	588
	50m:	31.69 31.69	150m:	1:50.01 41.97	250m:	3:20.08 48.03	350m:	4:44.03 36.03
	100m:	1:08.04 36.35	200m:	2:32.05 42.04	300m:	4:08.00 47.92	400m:	5:20.25 36.22
5.	Þóra Snorradóttir		03	Óðinn		5:39.43	5:33.48	521
	50m:	34.98 34.98	150m:	1:59.69 43.20	250m:	3:30.35 47.83	350m:	4:56.04 36.96
	100m:	1:16.49 41.51	200m:	2:42.52 42.83	300m:	4:19.08 48.73	400m:	5:33.48 37.44
6.	Diljá Rún Ívarsdóttir		02	ÍRB		5:47.40	5:34.77	515
	50m:	33.85 33.85	150m:	1:57.95 45.29	250m:	3:30.46 48.52	350m:	4:56.85 38.27
	100m:	1:12.66 38.81	200m:	2:41.94 43.99	300m:	4:18.58 48.12	400m:	5:34.77 37.92
7.	Ágústa Bergrós Jakobsdóttir		02	REY		5:42.31	5:36.31	508
	50m:	36.48 36.48	150m:	2:03.30 44.53	250m:	3:31.92 45.10	350m:	4:57.73 40.09
	100m:	1:18.77 42.29	200m:	2:46.82 43.52	300m:	4:17.64 45.72	400m:	5:36.31 38.58
8.	Alexandra Tómasdóttir		01	Óðinn		5:54.65	5:39.54	494
	50m:	35.35 35.35	150m:	2:02.19 43.59	250m:	3:34.27 48.89	350m:	5:02.72 40.06
	100m:	1:18.60 43.25	200m:	2:45.38 43.19	300m:	4:22.66 48.39	400m:	5:39.54 36.82
9.	Sólveig María Baldursdóttir		04	ÍRB		5:53.08	5:41.72	484
	50m:	35.68 35.68	150m:	2:01.89 45.81	250m:	3:36.55 49.49	350m:	5:04.92 40.16
	100m:	1:16.08 40.40	200m:	2:47.06 45.17	300m:	4:24.76 48.21	400m:	5:41.72 36.80
10.	Þorgerður Ósk Jónsdóttir		03	SH		5:39.64	5:44.16	474
	50m:	34.71 34.71	150m:	2:03.34 46.30	250m:	3:38.67 51.62	350m:	5:07.50 37.24
	100m:	1:17.04 42.33	200m:	2:47.05 43.71	300m:	4:30.26 51.59	400m:	5:44.16 36.66
11.	Sandra Dögg Kristjánsdóttir		03	SH		5:48.68	5:49.36	453
	50m:	36.89 36.89	150m:	2:05.94 45.01	250m:	3:40.21 50.10	350m:	5:11.20 39.89
	100m:	1:20.93 44.04	200m:	2:50.11 44.17	300m:	4:31.31 51.10	400m:	5:49.36 38.16
12.	Sara Rut Sigurðardóttir		03	SH		5:54.46	5:55.97	428IM5
	50m:	36.67 36.67	150m:	2:07.54 45.98	250m:	3:42.69 48.88	350m:	5:15.01 41.10
	100m:	1:21.56 44.89	200m:	2:53.81 46.27	300m:	4:33.91 51.22	400m:	5:55.97 40.96

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 7. - 9.4.2017
Meistaradagar

Sundgrein 29 karla, 400m fjórsund Opinn
09.04.2017 - 10:07 Úrslitalistar

Íslandsmet 4:23.64 Anton Sveinn McKee Ægir Reykjavík 15.04.2012
IM50 : 5:31.04 / HM : 4:26.93

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
1. Huginn Hilmarsson	95	Breiðablik	4:51.35	4:47.83 608
50m: 29.43 29.43	150m: 1:44.81 38.75	250m: 3:01.56 40.16	350m: 4:16.85 33.50	
100m: 1:06.06 36.63	200m: 2:21.40 36.59	300m: 3:43.35 41.79	400m: 4:47.83 30.98	
2. Patrik Viggó Vilbergsson	02	Breiðablik	4:52.50	4:51.54 585
50m: 30.10 30.10	150m: 1:41.80 37.13	250m: 3:02.25 43.66	350m: 4:19.11 33.24	
100m: 1:04.67 34.57	200m: 2:18.59 36.79	300m: 3:45.87 43.62	400m: 4:51.54 32.43	
3. Hallgrímur Kjartansson	98	Breiðablik	5:05.79	4:58.17 546
50m: 31.85 31.85	150m: 1:50.71 41.03	250m: 3:10.90 40.46	350m: 4:25.58 34.10	
100m: 1:09.68 37.83	200m: 2:30.44 39.73	300m: 3:51.48 40.58	400m: 4:58.17 32.59	
4. Ingi Þór Ólafsson	99	ÍRB	5:07.11	5:08.44 494
50m: 30.64 30.64	150m: 1:48.39 40.49	250m: 3:13.78 43.83	350m: 4:34.28 34.86	
100m: 1:07.90 37.26	200m: 2:29.95 41.56	300m: 3:59.42 45.64	400m: 5:08.44 34.16	
5. Baldur Logi Gautason	00	Óðinn	5:18.15	5:08.68 492
50m: 31.23 31.23	150m: 1:50.64 42.42	250m: 3:14.98 43.61	350m: 4:34.89 35.76	
100m: 1:08.22 36.99	200m: 2:31.37 40.73	300m: 3:59.13 44.15	400m: 5:08.68 33.79	
6. Björn Axel Agnarsson	02	Breiðablik	5:26.26	5:29.29 406
50m: 32.52 32.52	150m: 1:53.02 44.63	250m: 3:23.70 46.60	350m: 4:52.44 41.15	
100m: 1:08.39 35.87	200m: 2:37.10 44.08	300m: 4:11.29 47.59	400m: 5:29.29 36.85	

Sundgrein 30 kvenna, 50m flugsund Opinn
09.04.2017 - 10:07 Úrslitalistar Undanrásir

Íslandsmet 26.17 Bryndís Rún Hansen Óðinn London (GBR) 16.05.2016
IM50 : 33.45 / EMU 14 - 17: 28.52 / HM : 27.42

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
1. Bryndís Rún Hansen	93	Óðinn	26.68	28.02 662A
2. Inga Elin Cryer	93	Ægir	29.71	29.24 583A
3. Jóhanna Elín Guðmundsdóttir	01	SH	29.98	29.94 543A
4. Katarína Róbertsdóttir	00	SH	29.96	30.00 540A
5. Brynhildur Traustadóttir	01	ÍA	31.28	30.63 507A
6. Líney Ragna Ólafsdóttir	96	Breiðablik	30.63	30.73 502A
7. Sylwia Sienkiewicz	99	ÍRB	31.28	31.09 485A
8. Gunnhildur Björg Baldursdóttir	00	ÍRB	31.12	31.30 475A
9. Stine Holm Røed	00	SK	30.92	31.34 473R
10. Eydís Ósk Kolbeinsdóttir	00	ÍRB	31.11	31.55 464R
11. Berglind Bjarnadóttir	01	REY	31.52	31.62 461
12. Ásta Kristín Jónsdóttir	00	REY	31.35	31.92 448
13. Guðný Birna Sigurðardóttir	99	Breiðablik	32.75	32.25 434
14. Bjarkey Jónasdóttir	99	Ægir	33.39	33.37 392
15. Rannveig Katrín Arnarsdóttir	01	Óðinn	32.55	33.55 386IM5

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 7. - 9.4.2017
Meistaradagar

Sundgrein 31 karla, 50m flugsund Opinn
09.04.2017 - 10:13 Úrslitalistar Undanrásir

Íslandsmet 24.02 Örn Arnason SH Melbourne (AUS) 26.03.2007
IM50 : 30.63 / HM : 24.50

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
1. Ágúst Júlíusson	89	ÍA	25.61	25.09 714A
2. Davíð Hildiberg Aðalsteinsson	90	ÍRB	25.32	25.10 713A
3. Predrag Milos	95	SH	26.84	26.02 640A
4. Þröstur Bjarnason	97	ÍRB	27.37	26.63 597A
5. Mats Kamnes	00	SK	28.65	27.15 563A
6. Sveinbjörn Pálmi Karlsson	95	Breiðablik	28.42	27.30 554A
7. Brynjólfur Óli Karlsson	01	Breiðablik	28.28	27.69 531A
8. Davíð Fannar Ragnarsson	98	Breiðablik	27.88	27.71 530A
9. Ólafur Sigurðsson	99	SH	27.39	27.91 519R
10. Kári Sölvi Nielsen	00	SH	28.55	28.12 507R
11. Vikar Máni Þórrsson	02	REY	28.36	28.26 500
12. Jón Klausen	00	REY	28.77	28.56 484
13. Sævar Berg Sigurðsson	95	ÍA	28.60	28.64 480
14. Ingi Þór Ólafsson	99	ÍRB	28.50	28.88 468
15. Snævar Atli Halldórsson	00	Óðinn	29.49	29.02 461
16. Hjörleifur Helgi Sveinbjarnarson	99	Rán	29.60	29.13 456
17. Kristófer Atli Andersen	02	Breiðablik	29.62	29.54 437

Sundgrein 32 kvenna, 200m skriðsund Opinn
09.04.2017 - 10:18 Úrslitalistar Undanrásir

Íslandsmet 2:02.44 Eygló Ósk Gústafsdóttir Ægir Luxembourg (LUX) 30.05.2013
IM50 : 2:28.05 / EMU 14 - 17: 2:08.44 / EYOF 14 - 15: 2:13.23 / HM : 2:02.83 / NÆM 13 - 15: 2:14.56

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
1. Sunneva Dögg Robertson	99	ÍRB	2:07.04	2:08.89 673A
50m: 29.49 29.49 100m: 1:01.85 32.36 150m: 1:35.36 33.51 200m: 2:08.89 33.53				
2. Bryndís Bolladóttir	99	Breiðablik	2:07.61	2:09.26 667A
50m: 29.98 29.98 100m: 1:02.96 32.98 150m: 1:36.25 33.29 200m: 2:09.26 33.01				
3. Bryndís Rún Hansen	93	Óðinn	2:03.68	2:09.41 665A
50m: 29.06 29.06 100m: 1:02.06 33.00 150m: 1:35.97 33.91 200m: 2:09.41 33.44				
4. Ragna Sigríður Ragnarsdóttir	01	Breiðablik	2:12.28	2:12.03 626A
50m: 30.19 30.19 100m: 1:03.85 33.66 150m: 1:38.03 34.18 200m: 2:12.03 34.00				
5. Brynhildur Traustadóttir	01	ÍA	2:16.89	2:16.99 560A
50m: 31.48 31.48 100m: 1:06.75 35.27 150m: 1:42.64 35.89 200m: 2:16.99 34.35				
6. Adele Alexandra Pálsson	03	SH	2:16.71	2:19.81 527A
50m: 32.11 32.11 100m: 1:07.55 35.44 150m: 1:44.11 36.56 200m: 2:19.81 35.70				
7. Alexandra Tómasdóttir	01	Óðinn	2:22.06	2:21.80 505A
50m: 33.03 33.03 100m: 1:09.02 35.99 150m: 1:46.11 37.09 200m: 2:21.80 35.69				
8. Júlía Helga Högnadóttir	02	Ægir	2:23.14	2:23.35 489A
50m: 32.39 32.39 100m: 1:08.72 36.33 150m: 1:46.16 37.44 200m: 2:23.35 37.19				
9. Ylfa Finnbogadóttir	02	SH	2:22.76	2:23.39 489R
50m: 33.43 33.43 100m: 1:09.84 36.41 150m: 1:46.91 37.07 200m: 2:23.39 36.48				
10. Halla Margrét Baldursdóttir	02	REY	2:25.60	2:24.19 481R
50m: 33.35 33.35 100m: 1:10.13 36.78 150m: 1:47.56 37.43 200m: 2:24.19 36.63				
11. Embla Sól Garðarsdóttir	01	Óðinn	2:24.56	2:24.48 478
50m: 32.50 32.50 100m: 1:09.67 37.17 150m: 1:48.06 38.39 200m: 2:24.48 36.42				

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 7. - 9.4.2017
Meistaradagar

Sundgrein 32, kvenna, 200m skriðsund, Undanrásir, Opinn

Sæti	F.ár			Undanrásir			Tími	Stig
12.	Aþena Arnarsdóttir	03	Óðinn	2:27.49	2:25.53	467		
	50m: 33.23 33.23	100m: 1:10.89	37.66 150m: 1:49.50	38.61	200m: 2:25.53	36.03		
13.	Líf Þrastardóttir	00	Breiðablik	2:27.89	2:25.82	465		
	50m: 32.86 32.86	100m: 1:09.86	37.00 150m: 1:47.99	38.13	200m: 2:25.82	37.83		
14.	Jóhanna Alba Martel	00	REY	2:23.16	2:26.89	455		
	50m: 34.74 34.74	100m: 1:12.12	37.38 150m: 1:51.28	39.16	200m: 2:26.89	35.61		
15.	Berglind Bjarnadóttir	01	REY	2:26.34	2:27.03	453		
	50m: 33.66 33.66	100m: 1:11.09	37.43 150m: 1:49.16	38.07	200m: 2:27.03	37.87		
16.	Kolbrún Eva Pálmadóttir	02	ÍRB	2:24.12	2:27.57	448		
	50m: 34.18 34.18	100m: 1:11.12	36.94 150m: 1:49.92	38.80	200m: 2:27.57	37.65		
17.	Rebekka Sif Ómarsdóttir	03	Óðinn	2:25.51	2:27.98	445		
	50m: 33.47 33.47	100m: 1:10.38	36.91 150m: 1:49.31	38.93	200m: 2:27.98	38.67		
18.	Þórdís Anita Björnsdóttir	02	SH	2:27.83	2:28.34	441IM5		
	50m: 34.00 34.00	100m: 1:11.50	37.50 150m: 1:50.71	39.21	200m: 2:28.34	37.63		
19.	Þórkatla Björg Ómarsdóttir	01	Óðinn	2:20.40	2:28.48	440IM5		
	50m: 34.22 34.22	100m: 1:11.76	37.54 150m: 1:50.66	38.90	200m: 2:28.48	37.82		
20.	Svava Björg Lárusdóttir	03	REY	2:22.48	2:29.36	432IM5		
	50m: 32.64 32.64	100m: 1:11.71	39.07 150m: 1:51.51	39.80	200m: 2:29.36	37.85		
21.	Heiður Kristín Sigurgeirsdóttir	01	REY	2:24.14	2:29.78	429IM5		
	50m: 33.69 33.69	100m: 1:11.47	37.78 150m: 1:50.27	38.80	200m: 2:29.78	39.51		
22.	Hildur Elísabet Hálfðanardóttir	98	SH	2:21.02	2:30.49	423IM5		
	50m: 34.71 34.71	100m: 1:13.16	38.45 150m: 1:53.53	40.37	200m: 2:30.49	36.96		
23.	Svava Þóra Árnadóttir	03	REY	2:25.16	2:32.46	406IM5		
	50m: 34.30 34.30	100m: 1:13.73	39.43 150m: 1:53.10	39.37	200m: 2:32.46	39.36		
24.	Eyrún Sigþórsdóttir	01	ÍA	2:27.44	2:33.17	401IM5		
	50m: 34.62 34.62	100m: 1:13.70	39.08 150m: 1:54.90	41.20	200m: 2:33.17	38.27		
25.	Klara Sif Sverrisdóttir	00	Breiðablik	2:24.30	2:34.70	389IM5		
	50m: 35.30 35.30	100m: 1:14.50	39.20 150m: 1:54.96	40.46	200m: 2:34.70	39.74		

Sundgrein 33

karla, 200m skriðsund

Opinn

09.04.2017 - 10:32

Úrslitalistar Undanrásir

Íslandsmet 1:49.78 Örn Arnason SH Sydney (AUS) 19.09.2000

IM50 : 2:16.95 / HM : 1:51.50

Stig: FINA 2016

Sæti	F.ár			Undanrásir			Tími	Stig
1.	Kristófer Sigurðsson	95	ÍRB	1:58.86	1:58.71	634A		
	50m: 27.76 27.76	100m: 57.94	30.18 150m: 1:29.12	31.18	200m: 1:58.71	29.59		
2.	Markus Woxholt	99	SK	2:00.08	1:59.48	622A		
	50m: 28.38 28.38	100m: 59.03	30.65 150m: 1:29.11	30.08	200m: 1:59.48	30.37		
3.	Hafþór Jón Sigurðsson	97	SH	1:56.57	1:59.85	616A		
	50m: 27.86 27.86	100m: 58.13	30.27 150m: 1:29.30	31.17	200m: 1:59.85	30.55		
4.	Viktor Forafonov	02	Bærum	1:56.94	2:00.43	607A		
	50m: 28.43 28.43	100m: 58.64	30.21 150m: 1:29.70	31.06	200m: 2:00.43	30.73		
5.	Hilmar Smári Jónsson	94	REY	1:55.74	2:01.47	592A		
	50m: 27.86 27.86	100m: 58.10	30.24 150m: 1:29.58	31.48	200m: 2:01.47	31.89		
6.	Mats Kamnes	00	SK	2:03.18	2:01.81	587A		
	50m: 27.64 27.64	100m: 57.59	29.95 150m: 1:29.38	31.79	200m: 2:01.81	32.43		

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 7. - 9.4.2017
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Sundgrein 33, karla, 200m skriðsund, Undanrásir, Opinn

Sæti				F.ár				Undanrásir	Tími	Stig
7.	Kári Sölvi Nielsen	00	SH				2:05.97	2:05.07	542A	
	50m: 28.81 28.81	100m: 1:00.66	31.85	150m: 1:32.83	32.17	200m: 2:05.07	32.24			
8.	Bjartur Þórhallsson	00	Ægir				2:06.58	2:05.24	540A	
	50m: 28.09 28.09	100m: 59.28	31.19	150m: 1:32.28	33.00	200m: 2:05.24	32.96			
9.	Kristján Gylfi Þórisson	00	Ægir				2:06.20	2:06.64	522R	
	50m: 28.64 28.64	100m: 1:01.20	32.56	150m: 1:34.98	33.78	200m: 2:06.64	31.66			
10.	Björgvin Theodór Hilmarsson	98	ÍRB				2:09.91	2:08.60	498R	
	50m: 27.93 27.93	100m: 1:00.14	32.21	150m: 1:34.52	34.38	200m: 2:08.60	34.08			
11.	Hólmsteinn Skorri Hallgrímsson	00	Ægir				2:08.47	2:08.95	494	
	50m: 28.95 28.95	100m: 1:01.30	32.35	150m: 1:35.67	34.37	200m: 2:08.95	33.28			
12.	Baldur Logi Gautason	00	Óðinn				2:10.70	2:09.66	486	
	50m: 29.28 29.28	100m: 1:01.72	32.44	150m: 1:35.84	34.12	200m: 2:09.66	33.82			
13.	Jón Tumi Dagsson	01	SH				2:10.57	2:10.04	482	
	50m: 29.16 29.16	100m: 1:02.29	33.13	150m: 1:35.50	33.21	200m: 2:10.04	34.54			
14.	Sindri Andreas Bjarnason	01	ÍA				2:12.70	2:10.85	473	
	50m: 29.50 29.50	100m: 1:02.05	32.55	150m: 1:36.50	34.45	200m: 2:10.85	34.35			
15.	Gunnar Bjarki Jónsson	98	Breiðablik				2:10.04	2:11.18	470	
	50m: 28.88 28.88	100m: 1:01.15	32.27	150m: 1:36.21	35.06	200m: 2:11.18	34.97			
16.	Björgvin Árni Júlíusson	01	REY				2:12.03	2:12.02	461	
	50m: 29.64 29.64	100m: 1:03.22	33.58	150m: 1:38.03	34.81	200m: 2:12.02	33.99			
17.	Benedikt Hjaltason	02	Breiðablik				2:12.28	2:15.76	424	
	50m: 30.42 30.42	100m: 1:04.92	34.50	150m: 1:40.85	35.93	200m: 2:15.76	34.91			
18.	Jón Klausen	00	REY				2:16.16	2:17.27	410IM5	
	50m: 30.85 30.85	100m: 1:06.06	35.21	150m: 1:42.67	36.61	200m: 2:17.27	34.60			
19.	Simon Nesbø	02	SK				2:13.27	2:20.25	384IM5	
	50m: 31.53 31.53	100m: 1:07.42	35.89	150m: 1:44.67	37.25	200m: 2:20.25	35.58			
20.	Róbert Andri Pálmason	02	Breiðablik				2:14.88	2:20.41	383IM5	
	50m: 31.26 31.26	100m: 47.85	16.59	150m: 1:44.24	56.39	200m: 2:20.41	36.17			
21.	Hákon Alexander Magnússon	00	Óðinn				2:10.52	2:20.89	379IM5	
	50m: 30.27 30.27	100m: 1:05.28	35.01	150m: 1:42.87	37.59	200m: 2:20.89	38.02			

Sundgrein 34

kvenna, 50m baksund

Opinn

09.04.2017 - 10:42

Úrslitalistar Undanrásir

Íslandsmet	28.61	Eygló Ósk Gústafsdóttir	Ægir	Bellahoj (DEN)	29.03.2014
IM50 : 35.96 / EMU 14 - 17: 30.39 / HM : 29.52					

Stig: FINA 2016

Sæti				F.ár				Undanrásir	Tími	Stig
1.	Ingibjörg Kristín Jónsdóttir	93	SH				27.88	28.84	826A HM	
2.	Eygló Ósk Gústafsdóttir	95	Ægir				29.34	30.02	732A	
3.	Katarína Róbertsdóttir	00	SH				31.54	31.40	640A	
4.	Steingerður Hauksdóttir	96	REY				32.06	32.44	580A	
5.	Íris Ósk Hilmarsdóttir	98	ÍRB				31.73	32.52	576A	
6.	Guðný Birna Sigurðardóttir	99	Breiðablik				32.33	32.85	558A	
7.	Stefanía Sigurþórsdóttir	01	ÍRB				33.39	33.14	544A	
8.	Ásta Kristín Jónsdóttir	00	REY				32.09	33.25	539A	
9.	Gunnlaug Margrét Ólafsdóttir	97	Breiðablik				35.51	33.46	528R	
10.	Jóhanna Elín Guðmundsdóttir	01	SH				33.27	33.50	527R	
11.	Embla Sól Garðarsdóttir	01	Óðinn				33.32	33.63	520	

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG

Reykjavík, 7. - 9.4.2017

Meistaradagar

Sundgrein 34, kvenna, 50m baksund, Undanrásir, Opinn

Sæti	F.ár	Undanrásir	Tími	Stig
12.	Þóra Snorradóttir	03 Óðinn	33.88	33.85 510
13.	Sylwia Sienkiewicz	99 ÍRB	33.86	34.43 485
14.	Hafdís Eva Pálsdóttir	04 ÍRB	35.25	34.61 477
15.	Eva Sól Garðarsdóttir	03 Óðinn	34.62	35.23 453
16.	Vilde Linnea Gullovsen	00 SK	35.53	35.34 448
17.	Aþena Karaolani	00 UMFA	34.65	35.54 441
18.	Diljá Rún Ívarsdóttir	02 ÍRB	35.63	36.51 407IM5
19.	Guðrún Ásta Þórarinsdóttir	00 REY	34.92	36.80 397IM5
20.	Svava Þóra Árnadóttir	03 REY	35.49	37.56 373IM5

Sundgrein 35 karla, 50m baksund Opinn
09.04.2017 - 10:47 Úrslitalistar Undanrásir

Íslandsmet	25.86	Örn Arnason	SH	Eindhoven (NED)	20.03.2008
IM50 : 32.50 / HM : 26.18					

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
1.	Kristinn Þórarinsson	96 REY	26.67	27.25 686A
2.	Kolbeinn Hrafnkelsson	94 SH	27.15	27.38 676A
3.	Brynjólfur Óli Karlsson	01 Breiðablik	28.22	28.10 626A
4.	Predrag Milos	95 SH	27.24	28.22 618A
5.	Kristján Gylfi Þórisson	00 Ægir	28.89	28.93 573A
6.	Tómas Magnússon	02 REY	30.15	30.79 475A
7.	Erlend Magnússon	01 ÍA	31.07	31.39 449A
8.	Sigurd Ormseth Årøen	00 SK	31.77	32.05 422A
9.	Sindri Andreas Bjarnason	01 ÍA	32.39	32.36 409R
10.	Hjörleifur Helgi Sveinbjarnarson	99 Rán	31.40	34.12 349R IM5

Sundgrein 36 kvenna, 200m bringusund Opinn
09.04.2017 - 10:51 Úrslitalistar Undanrásir

Íslandsmet	2:22.96	Hrafnhildur Lúthersdóttir	SH	London (GBR)	20.05.2015
IM50 : 3:04.39 / EMU 14 - 17: 2:39.97 / EYOF 14 - 15: 2:45.86 / HM : 2:31.02 / NÆM 13 - 15: 2:47.52					

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
1.	Hrafnhildur Lúthersdóttir	91 SH	2:22.96	2:36.43 703A
	50m: 34.62 34.62 100m: 1:13.89 39.27 150m: 1:54.78 40.89 200m: 2:36.43 41.65			
2.	Karen Mist Arngeirsdóttir	00 ÍRB	2:46.40	2:45.66 592A
	50m: 36.39 36.39 100m: 1:18.57 42.18 150m: 2:02.10 43.53 200m: 2:45.66 43.56			
3.	Sunna Svanlaug Vilhjálmisdóttir	00 SH	2:40.88	2:46.00 588A
	50m: 36.39 36.39 100m: 1:17.77 41.38 150m: 2:01.66 43.89 200m: 2:46.00 44.34			
4.	Marie Schiong	99 SK	2:46.53	2:49.03 557A
	50m: 36.95 36.95 100m: 1:20.60 43.65 150m: 2:04.49 43.89 200m: 2:49.03 44.54			
5.	María Fanney Kristjánsdóttir	00 SH	2:53.05	2:52.01 528A
	50m: 38.11 38.11 100m: 1:21.44 43.33 150m: 2:06.57 45.13 200m: 2:52.01 45.44			
6.	Ágústa Bergrós Jakobsdóttir	02 REY	2:59.70	2:56.74 487A
	50m: 40.08 40.08 100m: 1:25.72 45.64 150m: 2:11.43 45.71 200m: 2:56.74 45.31			
7.	Natalia Cecylia Wojdat	98 SH	2:48.38	2:56.83 486A
	50m: 39.04 39.04 100m: 1:24.56 45.52 150m: 2:10.36 45.80 200m: 2:56.83 46.47			
8.	Eva Margrét Falsdóttir	05 ÍRB	2:58.10	2:57.52 481A
	50m: 39.74 39.74 100m: 1:24.94 45.20 150m: 2:11.70 46.76 200m: 2:57.52 45.82			

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 7. - 9.4.2017
Meistaradagar

Sundgrein 36, kvenna, 200m bringusund, Undanrásir, Opinn

Sæti				F.ár				Undanrásir	Tími	Stig		
9.	Nanna Björk Barkardóttir			98	Óðinn			2:56.17	2:59.01	469R		
	50m:	39.99	39.99	100m:	1:25.17	45.18	150m:	2:11.93	46.76	200m:	2:59.01	47.08
10.	Ásgerður Jing Laufeyjardóttir			02	ÍA			2:56.22	3:01.66	449R		
	50m:	40.16	40.16	100m:	1:25.88	45.72	150m:	2:13.05	47.17	200m:	3:01.66	48.61
11.	Amalía Nanna Júlíusdóttir			02	Rán			3:00.12	3:01.75	448		
	50m:	40.30	40.30	100m:	1:27.08	46.78	150m:	2:14.96	47.88	200m:	3:01.75	46.79
12.	Ástrós Elísa Eypórsdóttir			02	ÍRB			3:00.55	3:02.59	442		
	50m:	41.75	41.75	100m:	1:28.07	46.32	150m:	2:15.86	47.79	200m:	3:02.59	46.73
13.	Herdís Viggósdóttir			04	REY			3:03.38	3:04.00	432		
	50m:	40.70	40.70	100m:	1:27.48	46.78	150m:	2:15.57	48.09	200m:	3:04.00	48.43
14.	Hanna Marie Rolstad			00	SK			3:03.73	3:05.72	420IM5		
	50m:	41.34	41.34	100m:	1:28.73	47.39	150m:	2:17.05	48.32	200m:	3:05.72	48.67

Sundgrein 37
09.04.2017 - 10:59

karla, 200m bringusund

Opinn
Úrslitalistar Undanrásir

Íslandsmet	2:10.21	Anton Sveinn McKee	Ægir	Kazan (RUS)	06.08.2015
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IM50 : 2:49.72 / HM : 2:15.70

Stig: FINA 2016

Sæti				F.ár				Undanrásir	Tími	Stig		
1.	Sævar Berg Sigurðsson			95	ÍA			2:31.77	2:34.19	558A		
	50m:	34.04	34.04	100m:	1:13.20	39.16	150m:	1:53.49	40.29	200m:	2:34.19	40.70
2.	Baldvin Sigmarsson			97	ÍRB			2:36.43	2:34.47	555A		
	50m:	36.06	36.06	100m:	1:15.87	39.81	150m:	1:54.87	39.00	200m:	2:34.47	39.60
3.	Ólafur Sigurðsson			99	SH			2:30.12	2:34.71	553A		
	50m:	34.77	34.77	100m:	1:14.03	39.26	150m:	1:54.46	40.43	200m:	2:34.71	40.25
4.	Hallgrímur Kjartansson			98	Breiðablik			2:39.62	2:36.82	531A		
	50m:	34.42	34.42	100m:	1:13.86	39.44	150m:	1:54.91	41.05	200m:	2:36.82	41.91
5.	Petter Basmo Bjerkli			99	SK			2:36.59	2:37.18	527A		
	50m:	35.18	35.18	100m:	1:15.30	40.12	150m:	1:56.39	41.09	200m:	2:37.18	40.79
6.	Snævar Atli Halldórsson			00	Óðinn			2:36.33	2:37.22	527A		
	50m:	34.97	34.97	100m:	1:15.30	40.33	150m:	1:56.92	41.62	200m:	2:37.22	40.30
7.	Óskar Gauti Lund			99	Breiðablik			2:37.32	2:38.14	518A		
	50m:	34.13	34.13	100m:	1:13.94	39.81	150m:	1:55.67	41.73	200m:	2:38.14	42.47
8.	Aron Þór Jónsson			02	SH			2:48.44	2:48.75	426A		
	50m:	37.90	37.90	100m:	1:19.90	42.00	150m:	2:04.09	44.19	200m:	2:48.75	44.66
9.	Þorbjörn Andrasen			01	REY			2:49.34	2:52.95	396R IM5		
	50m:	37.96	37.96	100m:	1:22.58	44.62	150m:	2:08.24	45.66	200m:	2:52.95	44.71

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG

Reykjavík, 7. - 9.4.2017

Meistaradagar

Sundgrein 38
09.04.2017 - 11:08

kvenna, 800m skriðsund

Opinn
Úrslitalistar

Íslandsmet 8:53.76 Sigrún Brá Sverrisdóttir Ægir Columbus (USA) 11.03.2012
IM50 : 10:41.31 / EMU 14 - 17: 9:17.27 / EYOF 14 - 15: 9:41.23 / HM : 8:56.71 / NÆM 13 - 15: 9:47.04

Stig: FINA 2016

Sæti			F.ár				Undanrásir	Tími	Stig		
1.	Bryndís Bolladóttir		99	Breiðablik			9:20.97	9:16.51	671		
	50m:	30.97 30.97	250m:	2:50.69	35.13	450m:	5:10.71	34.04	650m:	7:32.22	35.76
	100m:	1:05.56 34.59	300m:	3:26.07	35.38	500m:	5:45.40	34.69	700m:	8:07.61	35.39
	150m:	1:40.61 35.05	350m:	4:01.39	35.32	550m:	6:20.87	35.47	750m:	8:43.05	35.44
	200m:	2:15.56 34.95	400m:	4:36.67	35.28	600m:	6:56.46	35.59	800m:	9:16.51	33.46
2.	Eydís Ósk Kolbeinsdóttir		00	ÍRB			9:30.39	9:22.41	650		
	50m:	31.09 31.09	250m:	2:49.69	35.19	450m:	5:11.45	35.38	650m:	7:35.42	35.74
	100m:	1:05.13 34.04	300m:	3:25.06	35.37	500m:	5:47.16	35.71	700m:	8:11.00	35.58
	150m:	1:39.76 34.63	350m:	4:00.43	35.37	550m:	6:23.62	36.46	750m:	8:47.26	36.26
	200m:	2:14.50 34.74	400m:	4:36.07	35.64	600m:	6:59.68	36.06	800m:	9:22.41	35.15
3.	Bára Kristín Björgvinsdóttir		95	SH			9:34.73	9:24.13	644		
	50m:	31.38 31.38	250m:	2:52.32	35.69	450m:	5:15.68	35.84	650m:	7:40.47	36.16
	100m:	1:06.04 34.66	300m:	3:27.88	35.56	500m:	5:52.03	36.35	700m:	8:16.10	35.63
	150m:	1:41.31 35.27	350m:	4:03.71	35.83	550m:	6:28.20	36.17	750m:	8:51.41	35.31
	200m:	2:16.63 35.32	400m:	4:39.84	36.13	600m:	7:04.31	36.11	800m:	9:24.13	32.72
4.	Ragna Sigríður Ragnarsdóttir		01	Breiðablik			9:39.85	9:38.39	598		
	50m:	33.14 33.14	250m:	2:59.74	36.51	450m:	5:25.18	36.33	650m:	7:50.92	36.36
	100m:	1:09.51 36.37	300m:	3:36.19	36.45	500m:	6:01.26	36.08	700m:	8:27.19	36.27
	150m:	1:46.40 36.89	350m:	4:12.41	36.22	550m:	6:37.62	36.36	750m:	9:03.61	36.42
	200m:	2:23.23 36.83	400m:	4:48.85	36.44	600m:	7:14.56	36.94	800m:	9:38.39	34.78
5.	Adele Alexandra Pálsson		03	SH			9:42.25	9:55.27	548		
	50m:	32.05 32.05	250m:	2:57.76	37.00	450m:	5:28.03	37.72	650m:	8:02.25	38.33
	100m:	1:07.49 35.44	300m:	3:35.19	37.43	500m:	6:06.50	38.47	700m:	8:40.82	38.57
	150m:	1:44.04 36.55	350m:	4:12.53	37.34	550m:	6:45.07	38.57	750m:	9:18.38	37.56
	200m:	2:20.76 36.72	400m:	4:50.31	37.78	600m:	7:23.92	38.85	800m:	9:55.27	36.89
6.	Birna Hilmarsdóttir		02	ÍRB			10:29.20	9:56.07	546		
	50m:	32.09 32.09	250m:	3:02.49	37.98	450m:	5:33.94	37.77	650m:	8:05.66	37.80
	100m:	1:08.79 36.70	300m:	3:40.54	38.05	500m:	6:12.07	38.13	700m:	8:43.36	37.70
	150m:	1:46.50 37.71	350m:	4:18.40	37.86	550m:	6:49.96	37.89	750m:	9:20.17	36.81
	200m:	2:24.51 38.01	400m:	4:56.17	37.77	600m:	7:27.86	37.90	800m:	9:56.07	35.90
7.	Ylfa Finnbogadóttir		02	SH			10:06.81	10:03.02	528		
	50m:	34.40 34.40	250m:	3:06.63	38.77	450m:	5:39.15	37.64	650m:	8:11.38	37.64
	100m:	1:11.78 37.38	300m:	3:44.97	38.34	500m:	6:17.64	38.49	700m:	8:49.23	37.85
	150m:	1:49.69 37.91	350m:	4:23.36	38.39	550m:	6:55.71	38.07	750m:	9:26.42	37.19
	200m:	2:27.86 38.17	400m:	5:01.51	38.15	600m:	7:33.74	38.03	800m:	10:03.02	36.60
8.	Guðný Birna Falsdóttir		03	ÍRB			10:14.16	10:08.99	512		
	50m:	33.78 33.78	250m:	3:07.17	38.66	450m:	5:41.76	38.23	650m:	8:15.87	38.04
	100m:	1:11.46 37.68	300m:	3:46.06	38.89	500m:	6:20.74	38.98	700m:	8:54.46	38.59
	150m:	1:49.61 38.15	350m:	4:24.65	38.59	550m:	6:59.42	38.68	750m:	9:32.33	37.87
	200m:	2:28.51 38.90	400m:	5:03.53	38.88	600m:	7:37.83	38.41	800m:	10:08.99	36.66
9.	Ingibjörg Erla Garðarsdóttir		00	Ægir			10:11.89	10:25.39	473		
	50m:	33.75 33.75	250m:	3:08.27	39.58	450m:	5:47.24	40.09	650m:	8:27.67	40.41
	100m:	1:11.17 37.42	300m:	3:47.27	39.00	500m:	6:27.40	40.16	700m:	9:07.23	39.56
	150m:	1:49.82 38.65	350m:	4:27.60	40.33	550m:	7:07.81	40.41	750m:	9:46.51	39.28
	200m:	2:28.69 38.87	400m:	5:07.15	39.55	600m:	7:47.26	39.45	800m:	10:25.39	38.88
10.	Sandra Dögg Kristjánsdóttir		03	SH			10:33.52	10:25.69	472		
	50m:	35.00 35.00	250m:	3:12.94	39.52	450m:	5:51.64	39.51	650m:	8:30.51	39.83
	100m:	1:13.41 38.41	300m:	3:52.57	39.63	500m:	6:31.60	39.96	700m:	9:10.39	39.88
	150m:	1:53.74 40.33	350m:	4:32.53	39.96	550m:	7:11.48	39.88	750m:	9:49.01	38.62
	200m:	2:33.42 39.68	400m:	5:12.13	39.60	600m:	7:50.68	39.20	800m:	10:25.69	36.68

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG

Reykjavík, 7. - 9.4.2017

Meistaradagur

Sundgrein 38, kvenna, 800m skriðsund, Opinn

Sæti			F.ár				Undanrásir		Tími	Stig
11.	Þórdís Anita Björnsdóttir		02	SH			10:29.87	10:29.58	463	
	50m:	34.99 34.99	250m:	3:15.04 40.25	450m:	5:56.44 40.58	650m:	8:34.55 39.62		
	100m:	1:14.83 39.84	300m:	3:55.22 40.18	500m:	6:36.39 39.95	700m:	9:13.91 39.36		
	150m:	1:54.93 40.10	350m:	4:35.53 40.31	550m:	7:15.38 38.99	750m:	9:52.41 38.50		
	200m:	2:34.79 39.86	400m:	5:15.86 40.33	600m:	7:54.93 39.55	800m:	10:29.58 37.17		
12.	Hildur Elísabet Hálfðanardóttir		98	SH			10:32.21	10:30.99	460	
	50m:	36.73 36.73	250m:	3:18.59 40.68	450m:	5:55.01 39.81	650m:	8:33.80 39.92		
	100m:	1:16.93 40.20	300m:	3:58.41 39.82	500m:	6:34.82 39.81	700m:	9:14.79 40.99		
	150m:	1:57.09 40.16	350m:	4:37.16 38.75	550m:	7:14.12 39.30	750m:	9:54.54 39.75		
	200m:	2:37.91 40.82	400m:	5:15.20 38.04	600m:	7:53.88 39.76	800m:	10:30.99 36.45		
13.	Þorgerður Ósk Jónsdóttir		03	SH			10:12.98	10:33.54	455	
	50m:	34.93 34.93	250m:	3:15.39 39.95	450m:	5:56.50 40.65	650m:	8:36.50 39.90		
	100m:	1:14.01 39.08	300m:	3:55.21 39.82	500m:	6:36.96 40.46	700m:	9:16.35 39.85		
	150m:	1:54.80 40.79	350m:	4:35.51 40.30	550m:	7:17.05 40.09	750m:	9:55.42 39.07		
	200m:	2:35.44 40.64	400m:	5:15.85 40.34	600m:	7:56.60 39.55	800m:	10:33.54 38.12		
14.	Svava Björg Lárusdóttir		03	REY			10:32.62	10:40.20	441	
	50m:	35.07 35.07	250m:	3:17.21 39.84	450m:	5:59.69 41.00	650m:	8:42.92 41.41		
	100m:	1:15.02 39.95	300m:	3:57.27 40.06	500m:	6:40.53 40.84	700m:	9:22.73 39.81		
	150m:	1:55.90 40.88	350m:	4:37.82 40.55	550m:	7:21.57 41.04	750m:	10:02.25 39.52		
	200m:	2:37.37 41.47	400m:	5:18.69 40.87	600m:	8:01.51 39.94	800m:	10:40.20 37.95		
15.	Rebekka Sif Ómarsdóttir		03	Óðinn			10:21.10	10:46.51	428IM5	
	50m:	34.93 34.93	250m:	3:19.52 41.62	450m:	6:03.60 40.86	650m:	8:46.22 40.18		
	100m:	1:15.00 40.07	300m:	4:00.38 40.86	500m:	6:44.66 41.06	700m:	9:26.83 40.61		
	150m:	1:56.12 41.12	350m:	4:41.70 41.32	550m:	7:24.99 40.33	750m:	10:06.86 40.03		
	200m:	2:37.90 41.78	400m:	5:22.74 41.04	600m:	8:06.04 41.05	800m:	10:46.51 39.65		
16.	Þórkatla Björg Ómarsdóttir		01	Óðinn			10:07.51	10:48.93	423IM5	
	50m:	35.69 35.69	250m:	3:14.86 40.73	450m:	6:01.30 41.91	650m:	8:48.66 41.57		
	100m:	1:14.29 38.60	300m:	3:56.34 41.48	500m:	6:43.12 41.82	700m:	9:29.63 40.97		
	150m:	1:53.79 39.50	350m:	4:37.61 41.27	550m:	7:25.61 42.49	750m:	10:10.24 40.61		
	200m:	2:34.13 40.34	400m:	5:19.39 41.78	600m:	8:07.09 41.48	800m:	10:48.93 38.69		
17.	Klara Sif Sverrisdóttir		00	Breiðablik			10:22.45	11:03.18	396IM5	
	50m:	37.26 37.26	250m:	3:23.92 41.77	450m:	6:11.08 41.69	650m:	8:59.45 41.84		
	100m:	1:18.56 41.30	300m:	4:05.66 41.74	500m:	6:53.47 42.39	700m:	9:41.50 42.05		
	150m:	2:00.49 41.93	350m:	4:47.48 41.82	550m:	7:35.36 41.89	750m:	10:22.75 41.25		
	200m:	2:42.15 41.66	400m:	5:29.39 41.91	600m:	8:17.61 42.25	800m:	11:03.18 40.43		

Sundgrein 39

09.04.2017 - 11:31

karla, 800m skriðsund

Opinn

Úrslitalistar

Íslandsmet 8:08.09 Anton Sveinn McKee Ægir Reykjavík 20.07.2014

IM50 : 10:12.33 / HM : 8:10.91

Stig: FINA 2016

Sæti			F.ár				Undanrásir		Tími	Stig
1.	Hafþór Jón Sigurðsson		97	SH			8:33.62	8:26.48	711	
	50m:	28.66 28.66	250m:	2:37.04 32.32	450m:	4:45.88 32.20	650m:	6:53.73 31.86		
	100m:	1:00.55 31.89	300m:	3:09.18 32.14	500m:	5:17.93 32.05	700m:	7:25.62 31.89		
	150m:	1:32.76 32.21	350m:	3:41.35 32.17	550m:	5:49.88 31.95	750m:	7:56.86 31.24		
	200m:	2:04.72 31.96	400m:	4:13.68 32.33	600m:	6:21.87 31.99	800m:	8:26.48 29.62		
2.	Pröstur Bjarnason		97	ÍRB			8:33.80	8:27.55	706	
	50m:	28.81 28.81	250m:	2:39.63 32.88	450m:	4:50.68 31.56	650m:	6:56.49 30.80		
	100m:	1:01.02 32.21	300m:	3:12.54 32.91	500m:	5:22.09 31.41	700m:	7:27.45 30.96		
	150m:	1:33.72 32.70	350m:	3:46.06 33.52	550m:	5:53.93 31.84	750m:	7:58.41 30.96		
	200m:	2:06.75 33.03	400m:	4:19.12 33.06	600m:	6:25.69 31.76	800m:	8:27.55 29.14		

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG

Reykjavík, 7. - 9.4.2017

Meistaradagar

Sundgrein 39, karla, 800m skriðsund, Opinn

Sæti				F.ár				Undanrásir	Tími	Stig		
3.	Patrik Viggó Vilbergsson			02	Breiðablik			9:06.53	8:58.62	591		
	50m:	29.36	29.36	250m:	2:43.79	33.87	450m:	5:00.95	34.62	650m:	7:18.38	34.59
	100m:	1:02.09	32.73	300m:	3:17.95	34.16	500m:	5:35.26	34.31	700m:	7:52.35	33.97
	150m:	1:36.02	33.93	350m:	3:52.23	34.28	550m:	6:09.70	34.44	750m:	8:26.28	33.93
	200m:	2:09.92	33.90	400m:	4:26.33	34.10	600m:	6:43.79	34.09	800m:	8:58.62	32.34
4.	Jón Tumi Dagsson			01	SH			9:11.38	9:16.04	537		
	50m:	29.55	29.55	250m:	2:47.57	35.29	450m:	5:10.00	36.02	650m:	7:32.94	36.19
	100m:	1:02.81	33.26	300m:	3:22.81	35.24	500m:	5:45.22	35.22	700m:	8:07.95	35.01
	150m:	1:37.46	34.65	350m:	3:58.45	35.64	550m:	6:21.14	35.92	750m:	8:43.25	35.30
	200m:	2:12.28	34.82	400m:	4:33.98	35.53	600m:	6:56.75	35.61	800m:	9:16.04	32.79
5.	Petter Basmo Bjerkli			99	SK			8:57.86	9:16.76	535		
	50m:	30.46	30.46	250m:	2:53.51	36.57	450m:	5:13.72	34.21	650m:	7:34.56	35.02
	100m:	1:05.39	34.93	300m:	3:28.72	35.21	500m:	5:48.95	35.23	700m:	8:10.79	36.23
	150m:	1:40.71	35.32	350m:	4:03.48	34.76	550m:	6:24.62	35.67	750m:	8:44.86	34.07
	200m:	2:16.94	36.23	400m:	4:39.51	36.03	600m:	6:59.54	34.92	800m:	9:16.76	31.90
6.	Kristófer Atli Andersen			02	Breiðablik			10:11.29	9:25.68	510		
	50m:	30.80	30.80	250m:	2:52.45	35.64	450m:	5:17.37	36.09	650m:	7:41.57	36.53
	100m:	1:05.77	34.97	300m:	3:28.57	36.12	500m:	5:53.27	35.90	700m:	8:16.57	35.00
	150m:	1:41.52	35.75	350m:	4:04.71	36.14	550m:	6:29.27	36.00	750m:	8:51.60	35.03
	200m:	2:16.81	35.29	400m:	4:41.28	36.57	600m:	7:05.04	35.77	800m:	9:25.68	34.08
7.	Róbert Andri Pálmason			02	Breiðablik			9:47.57	9:48.50	453		
	50m:	32.46	32.46	250m:	3:00.11	37.40	450m:	5:31.00	37.99	650m:	7:59.45	36.93
	100m:	1:08.84	36.38	300m:	3:38.25	38.14	500m:	6:08.28	37.28	700m:	8:36.28	36.83
	150m:	1:45.50	36.66	350m:	4:15.29	37.04	550m:	6:45.49	37.21	750m:	9:13.27	36.99
	200m:	2:22.71	37.21	400m:	4:53.01	37.72	600m:	7:22.52	37.03	800m:	9:48.50	35.23
8.	Skúli Thor Ásgeirsson			02	Ægir			9:57.97	9:51.61	446		
	50m:	33.71	33.71	250m:	3:01.81	37.08	450m:	5:31.36	37.55	650m:	8:01.72	37.86
	100m:	1:10.43	36.72	300m:	3:39.20	37.39	500m:	6:09.07	37.71	700m:	8:38.72	37.00
	150m:	1:47.75	37.32	350m:	4:16.46	37.26	550m:	6:46.49	37.42	750m:	9:15.49	36.77
	200m:	2:24.73	36.98	400m:	4:53.81	37.35	600m:	7:23.86	37.37	800m:	9:51.61	36.12
9.	Benedikt Hjaltason			02	Breiðablik			9:47.70	9:56.34	435		
	50m:	33.57	33.57	250m:	3:04.62	38.43	450m:	5:37.63	37.48	650m:	8:08.56	37.19
	100m:	1:10.98	37.41	300m:	3:43.28	38.66	500m:	6:15.43	37.80	700m:	8:45.85	37.29
	150m:	1:48.54	37.56	350m:	4:21.51	38.23	550m:	6:53.07	37.64	750m:	9:21.80	35.95
	200m:	2:26.19	37.65	400m:	5:00.15	38.64	600m:	7:31.37	38.30	800m:	9:56.34	34.54
10.	Aron Þór Jónsson			02	SH			10:01.68	9:56.99	434		
	50m:	32.73	32.73	250m:	3:01.33	37.07	450m:	5:32.48	37.73	650m:	8:04.18	37.31
	100m:	1:08.99	36.26	300m:	3:39.07	37.74	500m:	6:10.09	37.61	700m:	8:42.36	38.18
	150m:	1:46.68	37.69	350m:	4:16.59	37.52	550m:	6:48.41	38.32	750m:	9:20.45	38.09
	200m:	2:24.26	37.58	400m:	4:54.75	38.16	600m:	7:26.87	38.46	800m:	9:56.99	36.54
11.	Simon Nesbø			02	SK			9:53.55	10:04.79	417		
	50m:	32.92	32.92	250m:	3:01.69	37.79	450m:	5:34.85	39.02	650m:	8:11.35	38.88
	100m:	1:08.88	35.96	300m:	3:39.30	37.61	500m:	6:13.85	39.00	700m:	8:50.38	39.03
	150m:	1:46.53	37.65	350m:	4:17.37	38.07	550m:	6:53.14	39.29	750m:	9:27.95	37.57
	200m:	2:23.90	37.37	400m:	4:55.83	38.46	600m:	7:32.47	39.33	800m:	10:04.79	36.84
12.	Tristan Þór K Wium			02	ÍRB			10:03.79	10:23.79	380IM5		
	50m:	33.96	33.96	250m:	3:07.36	39.18	450m:	5:45.12	40.08	650m:	8:25.83	39.90
	100m:	1:11.24	37.28	300m:	3:46.49	39.13	500m:	6:25.20	40.08	700m:	9:05.63	39.80
	150m:	1:49.61	38.37	350m:	4:25.61	39.12	550m:	7:05.49	40.29	750m:	9:44.55	38.92
	200m:	2:28.18	38.57	400m:	5:05.04	39.43	600m:	7:45.93	40.44	800m:	10:23.79	39.24

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 7. - 9.4.2017
Meistaradagar

Sundgrein 40
09.04.2017 - 11:43

blandað, 4 x 50m skriðsund

Opinn
Úrslitalistar

Íslandsmet 1:40.32 Sveit SH SH Reykjavík 24.04.2016
Stig: FINA 2016

Sæti	Undanrásir	Tími	Stig
1. SH 1 <i>ÍSLANDSMET</i>	SH	NT	1:38.84 632
Aron Örn Stefánsson 95 +0,56 23.57	Ingibjörg Kristín Jónsdóttir 93 +0,27 25.72		
Predrag Milos 95 23.51	Hrafnhildur Lúthersdóttir 91 26.04		
2. REY 1	REY	NT	1:43.87 545
Hilmar Smári Jónsson 94 +0,64 24.80	Steingerður Hauksdóttir 96 +0,30 27.42		
Ásta Kristín Jónsdóttir 00 28.10	Kristinn Þórarinsson 96 23.55		
3. ÍRB 1	ÍRB	NT	1:43.88 544
Kristófer Sigurðsson 95 +0,68 24.21	Sunneva Dögg Robertson 99 +0,35 27.73		
Þróstur Bjarnason 97 23.62	Eydís Ósk Kolbeinsdóttir 00 28.32		
4. Ægir 1	Ægir	NT	1:44.46 535
Hólmsteinn Skorri Hallgrímsson 00 +0,61 26.17	Eygló Ósk Gústafsdóttir 95 0.00 26.15		
Inga Elin Cryer 93 27.54	Kristján Gylfi Þórisson 00 24.60		
5. SH 2	SH	NT	1:44.62 533
Kolbeinn Hrafnkelsson 94 24.56	Jóhanna Elín Guðmundsdóttir 01 27.72		
Ólafur Sigurðsson 99 24.86	Katarína Róbertsdóttir 00 27.48		
6. Breiðablik 1	Breiðablik	NT	1:45.42 521
Bryndís Bolladóttir 99 +0,62 27.70	Davíð Fannar Ragnarsson 98 +0,49 25.01		
Brynjólfur Óli Karlsson 01 25.18	Ragna Sigríður Ragnarsdóttir 01 27.53		
7. ÍA 2	ÍA	NT	1:48.21 482
Brynhildur Traustadóttir 01 29.02	Ásgerður Jing Laufeyjardóttir 02 29.12		
Ágúst Júlíusson 89 23.96	Sævar Berg Sigurðsson 95 26.11		
8. SK 1	SK	NT	1:50.99 446
Sigurd Ormseth Árøen 00 +0,72 25.54	Stine Holm Røed 00 +0,22 30.04		
Mats Kamnes 00 25.19	Marie Schiong 99 30.22		
9. REY 2	REY	NT	1:53.96 412
Jón Klausen 00 27.03	Vikar Máni Þórisson 02 27.13		
Berglind Bjarnadóttir 01 29.63	Halla Margrét Baldursdóttir 02 30.17		
10. SK 2	SK	NT	1:56.04 390
Markus Woxholt 99 26.16	Vilde Linnea Gullovsen 00 30.30		
Petter Basmo Bjerkli 99 26.30	Hanna Marie Rolstad 00 33.28		
11. ÍA 1	ÍA	NT	1:56.36 387
Erlend Magnússon 01 +0,63 27.33	Sindri Andreas Bjarnason 01 +0,29 27.43		
Sólrún Sigþórsdóttir 97 30.69	Eyrún Sigþórsdóttir 01 30.91		
12. Óðinn 1	Óðinn	NT	1:57.09 380
Sigurjóna Ragnheiðardóttir 03 +0,71 31.14	Baldur Logi Gautason 00 +0,35 27.34		
Hákon Alexander Magnússon 00 27.22	Rannveig Katrín Arnarsdóttir 01 31.39		
13. Ægir 2	Ægir	NT	1:58.27 369
Bjarkey Jónasdóttir 99 30.23	Júlía Helga Högnadóttir 02 30.26		
Skúli Thor Ásgeirsson 02 31.87	Bjartur Þórhallsson 00 25.91		

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG

Reykjavík, 7. - 9.4.2017

Meistaradagar

6 - 6. hluti - úrslit

09.04.2017 - 17:30

Sundgrein 28

kvenna, 400m fjórsund

Opinn

09.04.2017 - 17:30

Úrslitalistar

Íslandsmet	4:46.70	Hrafnhildur Lúthersdóttir	SH	Reykjavík	05.06.2015
IM50 : 5:54.78 / EMU 14 - 17: 5:07.26 / EYOF 14 - 15: 5:15.60 / HM : 4:52.97 / NÆM 13 - 15: 5:18.76					

Stig: FINA 2016

Sæti			F.ár			Undanrásir	Tími	Stig
1.	Sunneva Dögg Robertson		99	ÍRB		5:10.20	5:11.04	642
	50m:	31.85 31.85	150m:	1:48.95 40.37	250m:	3:15.22 46.55	350m:	4:37.02 35.79
	100m:	1:08.58 36.73	200m:	2:28.67 39.72	300m:	4:01.23 46.01	400m:	5:11.04 34.02
2.	María Fanney Kristjánsdóttir		00	SH		5:15.31	5:15.63	615
	50m:	33.25 33.25	150m:	1:53.99 42.34	250m:	3:20.75 45.85	350m:	4:42.21 35.18
	100m:	1:11.65 38.40	200m:	2:34.90 40.91	300m:	4:07.03 46.28	400m:	5:15.63 33.42
3.	Stefanía Sigurþórsdóttir		01	ÍRB		5:28.11	5:15.76	614
	50m:	33.53 33.53	150m:	1:56.45 42.33	250m:	3:21.59 44.28	350m:	4:41.42 35.81
	100m:	1:14.12 40.59	200m:	2:37.31 40.86	300m:	4:05.61 44.02	400m:	5:15.76 34.34
4.	Gunnhildur Björg Baldursdóttir		00	ÍRB		5:25.57	5:20.25	588
	50m:	31.69 31.69	150m:	1:50.01 41.97	250m:	3:20.08 48.03	350m:	4:44.03 36.03
	100m:	1:08.04 36.35	200m:	2:32.05 42.04	300m:	4:08.00 47.92	400m:	5:20.25 36.22
5.	Þóra Snorradóttir		03	Óðinn		5:39.43	5:33.48	521
	50m:	34.98 34.98	150m:	1:59.69 43.20	250m:	3:30.35 47.83	350m:	4:56.04 36.96
	100m:	1:16.49 41.51	200m:	2:42.52 42.83	300m:	4:19.08 48.73	400m:	5:33.48 37.44
6.	Diljá Rún Ívarsdóttir		02	ÍRB		5:47.40	5:34.77	515
	50m:	33.85 33.85	150m:	1:57.95 45.29	250m:	3:30.46 48.52	350m:	4:56.85 38.27
	100m:	1:12.66 38.81	200m:	2:41.94 43.99	300m:	4:18.58 48.12	400m:	5:34.77 37.92
7.	Ágústa Bergrós Jakobsdóttir		02	REY		5:42.31	5:36.31	508
	50m:	36.48 36.48	150m:	2:03.30 44.53	250m:	3:31.92 45.10	350m:	4:57.73 40.09
	100m:	1:18.77 42.29	200m:	2:46.82 43.52	300m:	4:17.64 45.72	400m:	5:36.31 38.58
8.	Alexandra Tómasdóttir		01	Óðinn		5:54.65	5:39.54	494
	50m:	35.35 35.35	150m:	2:02.19 43.59	250m:	3:34.27 48.89	350m:	5:02.72 40.06
	100m:	1:18.60 43.25	200m:	2:45.38 43.19	300m:	4:22.66 48.39	400m:	5:39.54 36.82
9.	Sólveig María Baldursdóttir		04	ÍRB		5:53.08	5:41.72	484
	50m:	35.68 35.68	150m:	2:01.89 45.81	250m:	3:36.55 49.49	350m:	5:04.92 40.16
	100m:	1:16.08 40.40	200m:	2:47.06 45.17	300m:	4:24.76 48.21	400m:	5:41.72 36.80
10.	Þorgerður Ósk Jónsdóttir		03	SH		5:39.64	5:44.16	474
	50m:	34.71 34.71	150m:	2:03.34 46.30	250m:	3:38.67 51.62	350m:	5:07.50 37.24
	100m:	1:17.04 42.33	200m:	2:47.05 43.71	300m:	4:30.26 51.59	400m:	5:44.16 36.66
11.	Sandra Dögg Kristjánsdóttir		03	SH		5:48.68	5:49.36	453
	50m:	36.89 36.89	150m:	2:05.94 45.01	250m:	3:40.21 50.10	350m:	5:11.20 39.89
	100m:	1:20.93 44.04	200m:	2:50.11 44.17	300m:	4:31.31 51.10	400m:	5:49.36 38.16
12.	Sara Rut Sigurðardóttir		03	SH		5:54.46	5:55.97	428IM5
	50m:	36.67 36.67	150m:	2:07.54 45.98	250m:	3:42.69 48.88	350m:	5:15.01 41.10
	100m:	1:21.56 44.89	200m:	2:53.81 46.27	300m:	4:33.91 51.22	400m:	5:55.97 40.96

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 7. - 9.4.2017
Meistaradagar

Sundgrein 29
09.04.2017 - 17:37

karla, 400m fjórsund

Opinn
Úrslitalistar

Íslandsmet 4:23.64 Anton Sveinn McKee Ægir Reykjavík 15.04.2012
IM50 : 5:31.04 / HM : 4:26.93

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
1. Huginn Hilmarsson	95	Breiðablik	4:51.35	4:47.83 608
50m: 29.43 29.43	150m: 1:44.81 38.75	250m: 3:01.56 40.16	350m: 4:16.85 33.50	
100m: 1:06.06 36.63	200m: 2:21.40 36.59	300m: 3:43.35 41.79	400m: 4:47.83 30.98	
2. Patrik Viggó Vilbergsson	02	Breiðablik	4:52.50	4:51.54 585
50m: 30.10 30.10	150m: 1:41.80 37.13	250m: 3:02.25 43.66	350m: 4:19.11 33.24	
100m: 1:04.67 34.57	200m: 2:18.59 36.79	300m: 3:45.87 43.62	400m: 4:51.54 32.43	
3. Hallgrímur Kjartansson	98	Breiðablik	5:05.79	4:58.17 546
50m: 31.85 31.85	150m: 1:50.71 41.03	250m: 3:10.90 40.46	350m: 4:25.58 34.10	
100m: 1:09.68 37.83	200m: 2:30.44 39.73	300m: 3:51.48 40.58	400m: 4:58.17 32.59	
4. Ingi Þór Ólafsson	99	ÍRB	5:07.11	5:08.44 494
50m: 30.64 30.64	150m: 1:48.39 40.49	250m: 3:13.78 43.83	350m: 4:34.28 34.86	
100m: 1:07.90 37.26	200m: 2:29.95 41.56	300m: 3:59.42 45.64	400m: 5:08.44 34.16	
5. Baldur Logi Gautason	00	Óðinn	5:18.15	5:08.68 492
50m: 31.23 31.23	150m: 1:50.64 42.42	250m: 3:14.98 43.61	350m: 4:34.89 35.76	
100m: 1:08.22 36.99	200m: 2:31.37 40.73	300m: 3:59.13 44.15	400m: 5:08.68 33.79	
6. Björn Axel Agnarsson	02	Breiðablik	5:26.26	5:29.29 406
50m: 32.52 32.52	150m: 1:53.02 44.63	250m: 3:23.70 46.60	350m: 4:52.44 41.15	
100m: 1:08.39 35.87	200m: 2:37.10 44.08	300m: 4:11.29 47.59	400m: 5:29.29 36.85	

Sundgrein 30
09.04.2017 - 17:44

kvenna, 50m flugsund

Opinn
Úrslitalistar Úrslitsund

Íslandsmet 26.17 Bryndís Rún Hansen Óðinn London (GBR) 16.05.2016
IM50 : 33.45 / EMU 14 - 17: 28.52 / HM : 27.42

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
Úrslitasund				
1. Bryndís Rún Hansen	93	Óðinn	28.02	27.05 736HM
2. Inga Elin Cryer	93	Ægir	29.24	29.15 588
3. Jóhanna Elín Guðmundsdóttir	01	SH	29.94	29.71 555
4. Katarína Róbertsdóttir	00	SH	30.00	29.84 548
5. Líney Ragna Ólafsdóttir	96	Breiðablik	30.73	30.21 528
6. Brynhildur Traustadóttir	01	ÍA	30.63	30.49 514
7. Sylwia Sienkiewicz	99	ÍRB	31.09	30.90 494
8. Stine Holm Røed	00	SK	31.34	31.29 475

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 7. - 9.4.2017
Meistaradagar

Sundgrein 31 karla, 50m flugsund Opinn
09.04.2017 - 17:53 Úrslitalistar Úrslitsund

Íslandsmet 24.02 Örn Arnason SH Melbourne (AUS) 26.03.2007
IM50 : 30.63 / HM : 24.50

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
Úrslitasund				
1.	Davíð Hildiberg Aðalsteinsson	90 ÍRB	25.10	24.83 737
2.	Ágúst Júlíusson	89 ÍA	25.09	24.94 727
3.	Predrag Milos	95 SH	26.02	26.15 631
4.	Mats Kamnes	00 SK	27.15	27.13 565
5.	Sveinbjörn Pálmi Karlsson	95 Breiðablik	27.30	27.35 551
	Davíð Fannar Ragnarsson	98 Breiðablik	27.71	27.35 551
7.	Brynjólfur Óli Karlsson	01 Breiðablik	27.69	27.79 525
8.	Kári Sölvi Nielsen	00 SH	28.12	28.15 505

Sundgrein 32 kvenna, 200m skriðsund Opinn
09.04.2017 - 17:55 Úrslitalistar Úrslitsund

Íslandsmet 2:02.44 Eygló Ósk Gústafsdóttir Ægir Luxembourg (LUX) 30.05.2013
IM50 : 2:28.05 / EMU 14 - 17: 2:08.44 / EYOF 14 - 15: 2:13.23 / HM : 2:02.83 / NÆM 13 - 15: 2:14.56

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
Úrslitasund				
1.	Bryndís Rún Hansen	93 Óðinn	2:09.41	2:05.28 733
	50m: 28.97 28.97 100m: 1:00.37 31.40 150m: 1:33.03 32.66 200m: 2:05.28 32.25			
2.	Sunneva Dögg Robertson	99 ÍRB	2:08.89	2:05.55 728
	50m: 29.40 29.40 100m: 1:01.05 31.65 150m: 1:33.55 32.50 200m: 2:05.55 32.00			
3.	Ragna Sigríður Ragnarsdóttir	01 Breiðablik	2:12.03	2:10.77 644
	50m: 30.00 30.00 100m: 1:02.69 32.69 150m: 1:36.77 34.08 200m: 2:10.77 34.00			
4.	Brynhildur Traustadóttir	01 ÍA	2:16.99	2:16.18 571
	50m: 31.53 31.53 100m: 1:05.87 34.34 150m: 1:41.41 35.54 200m: 2:16.18 34.77			
5.	Alexandra Tómasdóttir	01 Óðinn	2:21.80	2:18.96 537
	50m: 31.77 31.77 100m: 1:07.15 35.38 150m: 1:43.43 36.28 200m: 2:18.96 35.53			
6.	Halla Margrét Baldursdóttir	02 REY	2:24.19	2:21.10 513
	50m: 32.16 32.16 100m: 1:07.91 35.75 150m: 1:44.85 36.94 200m: 2:21.10 36.25			
7.	Ylfa Finnbogadóttir	02 SH	2:23.39	2:22.80 495
	50m: 32.97 32.97 100m: 1:09.40 36.43 150m: 1:46.53 37.13 200m: 2:22.80 36.27			
8.	Júlía Helga Högnadóttir	02 Ægir	2:23.35	2:23.36 489
	50m: 31.73 31.73 100m: 1:06.81 35.08 150m: 1:44.78 37.97 200m: 2:23.36 38.58			

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 7. - 9.4.2017
Meistaradagar

Sundgrein 33 karla, 200m skriðsund Opinn
09.04.2017 - 18:06 Úrslitalistar Úrslitsund

Íslandsmet	1:49.78	Örn Arnason	SH	Sydney (AUS)	19.09.2000
IM50 : 2:16.95 / HM : 1:51.50					
Stig: FINA 2016					

Sæti	F.ár			Undanrásir			Tími	Stig
Úrslitasund								
1.	Kristófer Sigurðsson	95	ÍRB	1:58.71	1:54.93	699		
	50m: 26.36 26.36	100m: 55.17 28.81	150m: 1:24.43 29.26	200m: 1:54.93 30.50				
2.	Viktor Forafonov	02	Bærum	2:00.43	1:59.87	616		
	50m: 28.00 28.00	100m: 58.34 30.34	150m: 1:29.26 30.92	200m: 1:59.87 30.61				
3.	Markus Woxholt	99	SK	1:59.48	1:59.98	614		
	50m: 28.51 28.51	100m: 58.81 30.30	150m: 1:29.24 30.43	200m: 1:59.98 30.74				
4.	Mats Kamnes	00	SK	2:01.81	2:03.07	569		
	50m: 28.46 28.46	100m: 59.60 31.14	150m: 1:31.05 31.45	200m: 2:03.07 32.02				
5.	Kristján Gylfi Þórisson	00	Ægir	2:06.64	2:03.68	560		
	50m: 28.54 28.54	100m: 1:00.72 32.18	150m: 1:32.81 32.09	200m: 2:03.68 30.87				
6.	Bjartur Þórhallsson	00	Ægir	2:05.24	2:03.92	557		
	50m: 28.56 28.56	100m: 1:00.25 31.69	150m: 1:32.58 32.33	200m: 2:03.92 31.34				
7.	Björgvin Theodór Hilmarsson	98	ÍRB	2:08.60	2:04.56	549		
	50m: 28.65 28.65	100m: 1:00.52 31.87	150m: 1:32.61 32.09	200m: 2:04.56 31.95				
8.	Kári Sölvi Nielsen	00	SH	2:05.07	2:06.56	523		
	50m: 29.31 29.31	100m: 1:01.99 32.68	150m: 1:34.16 32.17	200m: 2:06.56 32.40				

Sundgrein 34 kvenna, 50m baksund Opinn
09.04.2017 - 18:10 Úrslitalistar Úrslitsund

Íslandsmet	28.61	Eygló Ósk Gústafsdóttir	Ægir	Bellahoj (DEN)	29.03.2014
IM50 : 35.96 / EMU 14 - 17: 30.39 / HM : 29.52					
Stig: FINA 2016					

Sæti	F.ár			Undanrásir	Tími	Stig
Úrslitasund						
1.	Eygló Ósk Gústafsdóttir	95	Ægir	30.02	28.95	816HM
2.	Ingibjörg Kristín Jónsdóttir	93	SH	28.84	28.98	814HM
3.	Katarína Róbertsdóttir	00	SH	31.40	30.88	672
4.	Íris Ósk Hilmarisdóttir	98	ÍRB	32.52	31.19	653
5.	Steingerður Hauksdóttir	96	REY	32.44	32.04	602
6.	Guðný Birna Sigurðardóttir	99	Breiðablik	32.85	32.80	561
7.	Ásta Kristín Jónsdóttir	00	REY	33.25	32.98	552
8.	Gunnlaug Margrét Ólafsdóttir	97	Breiðablik	33.46	34.13	498

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 7. - 9.4.2017
Meistaradagar

Sundgrein 35 karla, 50m baksund Opinn
09.04.2017 - 18:19 Úrslitalistar Úrslitsund

Íslandsmet 25.86 Örn Arnason SH Eindhoven (NED) 20.03.2008
IM50 : 32.50 / HM : 26.18

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
Úrslitasund				
1.	Kristinn Þórarinsson	96 REY	27.25	26.84 718
2.	Kolbeinn Hrafnkelsson	94 SH	27.38	26.90 713
3.	Brynjólfur Óli Karlsson	01 Breiðablik	28.10	27.51 667
4.	Predrag Milos	95 SH	28.22	27.78 648
5.	Kristján Gylfi Þórisson	00 Ægir	28.93	28.78 582
6.	Erlend Magnússon	01 ÍA	31.39	30.81 475
7.	Tómas Magnússon	02 REY	30.79	31.15 459
8.	Sigurd Ormseth Årøen	00 SK	32.05	32.11 419

Sundgrein 36 kvenna, 200m bringusund Opinn
09.04.2017 - 18:21 Úrslitalistar Úrslitsund

Íslandsmet 2:22.96 Hrafnhildur Lúthersdóttir SH London (GBR) 20.05.2015
IM50 : 3:04.39 / EMU 14 - 17: 2:39.97 / EYOF 14 - 15: 2:45.86 / HM : 2:31.02 / NÆM 13 - 15: 2:47.52

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
Úrslitasund				
1.	Hrafnhildur Lúthersdóttir	91 SH	2:36.43	2:31.66 771
	50m: 33.75 33.75 100m: 1:11.67 37.92 150m: 1:51.03 39.36 200m: 2:31.66 40.63			
2.	Sunna Svanlaug Vilhjálmsdóttir	00 SH	2:46.00	2:40.84 646
	50m: 36.18 36.18 100m: 1:16.95 40.77 150m: 1:58.74 41.79 200m: 2:40.84 42.10			
3.	Karen Mist Arngersdóttir	00 ÍRB	2:45.66	2:41.55 638
	50m: 35.08 35.08 100m: 1:15.55 40.47 150m: 1:58.03 42.48 200m: 2:41.55 43.52			
4.	Marie Schiong	99 SK	2:49.03	2:51.20 536
	50m: 37.10 37.10 100m: 1:20.86 43.76 150m: 2:05.94 45.08 200m: 2:51.20 45.26			
5.	Natalia Cecylia Wojdat	98 SH	2:56.83	2:54.40 507
	50m: 38.46 38.46 100m: 1:22.51 44.05 150m: 2:08.85 46.34 200m: 2:54.40 45.55			
6.	Eva Margrét Falsdóttir	05 ÍRB	2:57.52	2:54.94 502
	50m: 39.44 39.44 100m: 1:24.60 45.16 150m: 2:10.72 46.12 200m: 2:54.94 44.22			
7.	Ágústa Bergrós Jakobsdóttir	02 REY	2:56.74	2:55.73 496
	50m: 40.24 40.24 100m: 1:25.46 45.22 150m: 2:11.09 45.63 200m: 2:55.73 44.64			
8.	Ásgerður Jing Laufeyjardóttir	02 ÍA	3:01.66	2:59.49 465
	50m: 40.05 40.05 100m: 1:25.75 45.70 150m: 2:12.82 47.07 200m: 2:59.49 46.67			

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG

Reykjavík, 7. - 9.4.2017

Meistaradagur

Sundgrein 37

09.04.2017 - 18:32

karla, 200m bringusund

Opinn

Úrslitalistar Úrslitsund

Íslandsmet	2:10.21	Anton Sveinn McKee	Ægir	Kazan (RUS)	06.08.2015
IM50 : 2:49.72 / HM : 2:15.70					
Stig: FINA 2016					

Sæti	F.ár			Undanrásir			Tími	Stig
Úrslitasund								
1.	Baldvin Sigmarsson	97	ÍRB	2:34.47	2:30.35	602		
	50m: 33.24 33.24	100m: 1:11.50	38.26	150m: 1:50.60	39.10	200m: 2:30.35	39.75	
2.	Ólafur Sigurðsson	99	SH	2:34.71	2:31.64	587		
	50m: 33.18 33.18	100m: 1:11.31	38.13	150m: 1:51.27	39.96	200m: 2:31.64	40.37	
3.	Sævar Berg Sigurðsson	95	ÍA	2:34.19	2:33.45	567		
	50m: 33.31 33.31	100m: 1:11.25	37.94	150m: 1:51.13	39.88	200m: 2:33.45	42.32	
4.	Óskar Gauti Lund	99	Breiðablik	2:38.14	2:35.59	543		
	50m: 34.03 34.03	100m: 1:13.78	39.75	150m: 1:54.40	40.62	200m: 2:35.59	41.19	
5.	Hallgrímur Kjartansson	98	Breiðablik	2:36.82	2:35.66	543		
	50m: 34.69 34.69	100m: 1:14.02	39.33	150m: 1:54.83	40.81	200m: 2:35.66	40.83	
6.	Snævar Atli Halldórsson	00	Óðinn	2:37.22	2:36.51	534		
	50m: 34.19 34.19	100m: 1:13.94	39.75	150m: 1:55.61	41.67	200m: 2:36.51	40.90	
7.	Petter Basmo Bjerkli	99	SK	2:37.18	2:39.79	502		
	50m: 35.58 35.58	100m: 1:16.12	40.54	150m: 1:57.67	41.55	200m: 2:39.79	42.12	
8.	Aron Þór Jónsson	02	SH	2:48.75	2:50.28	414IM5		
	50m: 38.09 38.09	100m: 1:21.51	43.42	150m: 2:05.90	44.39	200m: 2:50.28	44.38	

Sundgrein 38

09.04.2017 - 18:37

kvenna, 800m skriðsund

Opinn

Úrslitalistar

Íslandsmet	8:53.76	Sigrún Brá Sverrisdóttir	Ægir	Columbus (USA)	11.03.2012
IM50 : 10:41.31 / EMU 14 - 17: 9:17.27 / EYOF 14 - 15: 9:41.23 / HM : 8:56.71 / NÆM 13 - 15: 9:47.04					
Stig: FINA 2016					

Sæti	F.ár			Undanrásir			Tími	Stig
1.	Bryndís Bolladóttir	99	Breiðablik	9:20.97	9:16.51	671		
	50m: 30.97 30.97	250m: 2:50.69	35.13	450m: 5:10.71	34.04	650m: 7:32.22	35.76	
	100m: 1:05.56 34.59	300m: 3:26.07	35.38	500m: 5:45.40	34.69	700m: 8:07.61	35.39	
	150m: 1:40.61 35.05	350m: 4:01.39	35.32	550m: 6:20.87	35.47	750m: 8:43.05	35.44	
	200m: 2:15.56 34.95	400m: 4:36.67	35.28	600m: 6:56.46	35.59	800m: 9:16.51	33.46	
2.	Eydís Ósk Kolbeinsdóttir	00	ÍRB	9:30.39	9:22.41	650		
	50m: 31.09 31.09	250m: 2:49.69	35.19	450m: 5:11.45	35.38	650m: 7:35.42	35.74	
	100m: 1:05.13 34.04	300m: 3:25.06	35.37	500m: 5:47.16	35.71	700m: 8:11.00	35.58	
	150m: 1:39.76 34.63	350m: 4:00.43	35.37	550m: 6:23.62	36.46	750m: 8:47.26	36.26	
	200m: 2:14.50 34.74	400m: 4:36.07	35.64	600m: 6:59.68	36.06	800m: 9:22.41	35.15	
3.	Bára Kristín Björgvinsdóttir	95	SH	9:34.73	9:24.13	644		
	50m: 31.38 31.38	250m: 2:52.32	35.69	450m: 5:15.68	35.84	650m: 7:40.47	36.16	
	100m: 1:06.04 34.66	300m: 3:27.88	35.56	500m: 5:52.03	36.35	700m: 8:16.10	35.63	
	150m: 1:41.31 35.27	350m: 4:03.71	35.83	550m: 6:28.20	36.17	750m: 8:51.41	35.31	
	200m: 2:16.63 35.32	400m: 4:39.84	36.13	600m: 7:04.31	36.11	800m: 9:24.13	32.72	
4.	Ragna Sigríður Ragnarsdóttir	01	Breiðablik	9:39.85	9:38.39	598		
	50m: 33.14 33.14	250m: 2:59.74	36.51	450m: 5:25.18	36.33	650m: 7:50.92	36.36	
	100m: 1:09.51 36.37	300m: 3:36.19	36.45	500m: 6:01.26	36.08	700m: 8:27.19	36.27	
	150m: 1:46.40 36.89	350m: 4:12.41	36.22	550m: 6:37.62	36.36	750m: 9:03.61	36.42	
	200m: 2:23.23 36.83	400m: 4:48.85	36.44	600m: 7:14.56	36.94	800m: 9:38.39	34.78	

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG

Reykjavík, 7. - 9.4.2017

Meistaradagur

Sundgrein 38, kvenna, 800m skriðsund, Opinn

Sæti					F.ár		Undanrásir	Tími	Stig			
5.	Adele Alexandra Pálsson				03	SH	9:42.25	9:55.27	548			
	50m:	32.05	32.05	250m:	2:57.76	37.00	450m:	5:28.03	37.72	650m:	8:02.25	38.33
	100m:	1:07.49	35.44	300m:	3:35.19	37.43	500m:	6:06.50	38.47	700m:	8:40.82	38.57
	150m:	1:44.04	36.55	350m:	4:12.53	37.34	550m:	6:45.07	38.57	750m:	9:18.38	37.56
	200m:	2:20.76	36.72	400m:	4:50.31	37.78	600m:	7:23.92	38.85	800m:	9:55.27	36.89
6.	Birna Hilmarsdóttir				02	ÍRB	10:29.20	9:56.07	546			
	50m:	32.09	32.09	250m:	3:02.49	37.98	450m:	5:33.94	37.77	650m:	8:05.66	37.80
	100m:	1:08.79	36.70	300m:	3:40.54	38.05	500m:	6:12.07	38.13	700m:	8:43.36	37.70
	150m:	1:46.50	37.71	350m:	4:18.40	37.86	550m:	6:49.96	37.89	750m:	9:20.17	36.81
	200m:	2:24.51	38.01	400m:	4:56.17	37.77	600m:	7:27.86	37.90	800m:	9:56.07	35.90
7.	Ylfa Finnbogadóttir				02	SH	10:06.81	10:03.02	528			
	50m:	34.40	34.40	250m:	3:06.63	38.77	450m:	5:39.15	37.64	650m:	8:11.38	37.64
	100m:	1:11.78	37.38	300m:	3:44.97	38.34	500m:	6:17.64	38.49	700m:	8:49.23	37.85
	150m:	1:49.69	37.91	350m:	4:23.36	38.39	550m:	6:55.71	38.07	750m:	9:26.42	37.19
	200m:	2:27.86	38.17	400m:	5:01.51	38.15	600m:	7:33.74	38.03	800m:	10:03.02	36.60
8.	Guðný Birna Falsdóttir				03	ÍRB	10:14.16	10:08.99	512			
	50m:	33.78	33.78	250m:	3:07.17	38.66	450m:	5:41.76	38.23	650m:	8:15.87	38.04
	100m:	1:11.46	37.68	300m:	3:46.06	38.89	500m:	6:20.74	38.98	700m:	8:54.46	38.59
	150m:	1:49.61	38.15	350m:	4:24.65	38.59	550m:	6:59.42	38.68	750m:	9:32.33	37.87
	200m:	2:28.51	38.90	400m:	5:03.53	38.88	600m:	7:37.83	38.41	800m:	10:08.99	36.66
9.	Ingibjörg Erla Garðarsdóttir				00	Ægir	10:11.89	10:25.39	473			
	50m:	33.75	33.75	250m:	3:08.27	39.58	450m:	5:47.24	40.09	650m:	8:27.67	40.41
	100m:	1:11.17	37.42	300m:	3:47.27	39.00	500m:	6:27.40	40.16	700m:	9:07.23	39.56
	150m:	1:49.82	38.65	350m:	4:27.60	40.33	550m:	7:07.81	40.41	750m:	9:46.51	39.28
	200m:	2:28.69	38.87	400m:	5:07.15	39.55	600m:	7:47.26	39.45	800m:	10:25.39	38.88
10.	Sandra Dögg Kristjánsdóttir				03	SH	10:33.52	10:25.69	472			
	50m:	35.00	35.00	250m:	3:12.94	39.52	450m:	5:51.64	39.51	650m:	8:30.51	39.83
	100m:	1:13.41	38.41	300m:	3:52.57	39.63	500m:	6:31.60	39.96	700m:	9:10.39	39.88
	150m:	1:53.74	40.33	350m:	4:32.53	39.96	550m:	7:11.48	39.88	750m:	9:49.01	38.62
	200m:	2:33.42	39.68	400m:	5:12.13	39.60	600m:	7:50.68	39.20	800m:	10:25.69	36.68
11.	Þórdís Anita Björnsdóttir				02	SH	10:29.87	10:29.58	463			
	50m:	34.99	34.99	250m:	3:15.04	40.25	450m:	5:56.44	40.58	650m:	8:34.55	39.62
	100m:	1:14.83	39.84	300m:	3:55.22	40.18	500m:	6:36.39	39.95	700m:	9:13.91	39.36
	150m:	1:54.93	40.10	350m:	4:35.53	40.31	550m:	7:15.38	38.99	750m:	9:52.41	38.50
	200m:	2:34.79	39.86	400m:	5:15.86	40.33	600m:	7:54.93	39.55	800m:	10:29.58	37.17
12.	Hildur Elísabet Hálfðanardóttir				98	SH	10:32.21	10:30.99	460			
	50m:	36.73	36.73	250m:	3:18.59	40.68	450m:	5:55.01	39.81	650m:	8:33.80	39.92
	100m:	1:16.93	40.20	300m:	3:58.41	39.82	500m:	6:34.82	39.81	700m:	9:14.79	40.99
	150m:	1:57.09	40.16	350m:	4:37.16	38.75	550m:	7:14.12	39.30	750m:	9:54.54	39.75
	200m:	2:37.91	40.82	400m:	5:15.20	38.04	600m:	7:53.88	39.76	800m:	10:30.99	36.45
13.	Þorgerður Ósk Jónsdóttir				03	SH	10:12.98	10:33.54	455			
	50m:	34.93	34.93	250m:	3:15.39	39.95	450m:	5:56.50	40.65	650m:	8:36.50	39.90
	100m:	1:14.01	39.08	300m:	3:55.21	39.82	500m:	6:36.96	40.46	700m:	9:16.35	39.85
	150m:	1:54.80	40.79	350m:	4:35.51	40.30	550m:	7:17.05	40.09	750m:	9:55.42	39.07
	200m:	2:35.44	40.64	400m:	5:15.85	40.34	600m:	7:56.60	39.55	800m:	10:33.54	38.12
14.	Svava Björg Lárusdóttir				03	REY	10:32.62	10:40.20	441			
	50m:	35.07	35.07	250m:	3:17.21	39.84	450m:	5:59.69	41.00	650m:	8:42.92	41.41
	100m:	1:15.02	39.95	300m:	3:57.27	40.06	500m:	6:40.53	40.84	700m:	9:22.73	39.81
	150m:	1:55.90	40.88	350m:	4:37.82	40.55	550m:	7:21.57	41.04	750m:	10:02.25	39.52
	200m:	2:37.37	41.47	400m:	5:18.69	40.87	600m:	8:01.51	39.94	800m:	10:40.20	37.95
15.	Rebekka Sif Ómarsdóttir				03	Óðinn	10:21.10	10:46.51	428IM5			
	50m:	34.93	34.93	250m:	3:19.52	41.62	450m:	6:03.60	40.86	650m:	8:46.22	40.18
	100m:	1:15.00	40.07	300m:	4:00.38	40.86	500m:	6:44.66	41.06	700m:	9:26.83	40.61
	150m:	1:56.12	41.12	350m:	4:41.70	41.32	550m:	7:24.99	40.33	750m:	10:06.86	40.03
	200m:	2:37.90	41.78	400m:	5:22.74	41.04	600m:	8:06.04	41.05	800m:	10:46.51	39.65

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG

Reykjavík, 7. - 9.4.2017

Meistaradagur

Sundgrein 38, kvenna, 800m skriðsund, Opinn

Sæti			F.ár				Undanrásir	Tími	Stig		
16.	Þórkatla Björg Ómarsdóttir		01	Óðinn			10:07.51	10:48.93	423IM5		
	50m:	35.69 35.69	250m:	3:14.86	40.73	450m:	6:01.30	41.91	650m:	8:48.66	41.57
	100m:	1:14.29 38.60	300m:	3:56.34	41.48	500m:	6:43.12	41.82	700m:	9:29.63	40.97
	150m:	1:53.79 39.50	350m:	4:37.61	41.27	550m:	7:25.61	42.49	750m:	10:10.24	40.61
	200m:	2:34.13 40.34	400m:	5:19.39	41.78	600m:	8:07.09	41.48	800m:	10:48.93	38.69
17.	Klara Sif Sverrisdóttir		00	Breiðablik			10:22.45	11:03.18	396IM5		
	50m:	37.26 37.26	250m:	3:23.92	41.77	450m:	6:11.08	41.69	650m:	8:59.45	41.84
	100m:	1:18.56 41.30	300m:	4:05.66	41.74	500m:	6:53.47	42.39	700m:	9:41.50	42.05
	150m:	2:00.49 41.93	350m:	4:47.48	41.82	550m:	7:35.36	41.89	750m:	10:22.75	41.25
	200m:	2:42.15 41.66	400m:	5:29.39	41.91	600m:	8:17.61	42.25	800m:	11:03.18	40.43

Sundgrein 39

karla, 800m skriðsund

Opinn

09.04.2017 - 18:48

Úrslitalistar

Íslandsmet	8:08.09	Anton Sveinn McKee	Ægir	Reykjavík	20.07.2014
IM50 : 10:12.33 / HM : 8:10.91					

Stig: FINA 2016

Sæti			F.ár				Undanrásir	Tími	Stig		
1.	Hafþór Jón Sigurðsson		97	SH			8:33.62	8:26.48	711		
	50m:	28.66 28.66	250m:	2:37.04	32.32	450m:	4:45.88	32.20	650m:	6:53.73	31.86
	100m:	1:00.55 31.89	300m:	3:09.18	32.14	500m:	5:17.93	32.05	700m:	7:25.62	31.89
	150m:	1:32.76 32.21	350m:	3:41.35	32.17	550m:	5:49.88	31.95	750m:	7:56.86	31.24
	200m:	2:04.72 31.96	400m:	4:13.68	32.33	600m:	6:21.87	31.99	800m:	8:26.48	29.62
2.	Þröstur Bjarnason		97	ÍRB			8:33.80	8:27.55	706		
	50m:	28.81 28.81	250m:	2:39.63	32.88	450m:	4:50.68	31.56	650m:	6:56.49	30.80
	100m:	1:01.02 32.21	300m:	3:12.54	32.91	500m:	5:22.09	31.41	700m:	7:27.45	30.96
	150m:	1:33.72 32.70	350m:	3:46.06	33.52	550m:	5:53.93	31.84	750m:	7:58.41	30.96
	200m:	2:06.75 33.03	400m:	4:19.12	33.06	600m:	6:25.69	31.76	800m:	8:27.55	29.14
3.	Patrik Viggó Vilbergsson		02	Breiðablik			9:06.53	8:58.62	591		
	50m:	29.36 29.36	250m:	2:43.79	33.87	450m:	5:00.95	34.62	650m:	7:18.38	34.59
	100m:	1:02.09 32.73	300m:	3:17.95	34.16	500m:	5:35.26	34.31	700m:	7:52.35	33.97
	150m:	1:36.02 33.93	350m:	3:52.23	34.28	550m:	6:09.70	34.44	750m:	8:26.28	33.93
	200m:	2:09.92 33.90	400m:	4:26.33	34.10	600m:	6:43.79	34.09	800m:	8:58.62	32.34
4.	Jón Tumi Dagsson		01	SH			9:11.38	9:16.04	537		
	50m:	29.55 29.55	250m:	2:47.57	35.29	450m:	5:10.00	36.02	650m:	7:32.94	36.19
	100m:	1:02.81 33.26	300m:	3:22.81	35.24	500m:	5:45.22	35.22	700m:	8:07.95	35.01
	150m:	1:37.46 34.65	350m:	3:58.45	35.64	550m:	6:21.14	35.92	750m:	8:43.25	35.30
	200m:	2:12.28 34.82	400m:	4:33.98	35.53	600m:	6:56.75	35.61	800m:	9:16.04	32.79
5.	Petter Basmo Bjerkli		99	SK			8:57.86	9:16.76	535		
	50m:	30.46 30.46	250m:	2:53.51	36.57	450m:	5:13.72	34.21	650m:	7:34.56	35.02
	100m:	1:05.39 34.93	300m:	3:28.72	35.21	500m:	5:48.95	35.23	700m:	8:10.79	36.23
	150m:	1:40.71 35.32	350m:	4:03.48	34.76	550m:	6:24.62	35.67	750m:	8:44.86	34.07
	200m:	2:16.94 36.23	400m:	4:39.51	36.03	600m:	6:59.54	34.92	800m:	9:16.76	31.90
6.	Kristófer Atli Andersen		02	Breiðablik			10:11.29	9:25.68	510		
	50m:	30.80 30.80	250m:	2:52.45	35.64	450m:	5:17.37	36.09	650m:	7:41.57	36.53
	100m:	1:05.77 34.97	300m:	3:28.57	36.12	500m:	5:53.27	35.90	700m:	8:16.57	35.00
	150m:	1:41.52 35.75	350m:	4:04.71	36.14	550m:	6:29.27	36.00	750m:	8:51.60	35.03
	200m:	2:16.81 35.29	400m:	4:41.28	36.57	600m:	7:05.04	35.77	800m:	9:25.68	34.08
7.	Róbert Andri Pálmason		02	Breiðablik			9:47.57	9:48.50	453		
	50m:	32.46 32.46	250m:	3:00.11	37.40	450m:	5:31.00	37.99	650m:	7:59.45	36.93
	100m:	1:08.84 36.38	300m:	3:38.25	38.14	500m:	6:08.28	37.28	700m:	8:36.28	36.83
	150m:	1:45.50 36.66	350m:	4:15.29	37.04	550m:	6:45.49	37.21	750m:	9:13.27	36.99
	200m:	2:22.71 37.21	400m:	4:53.01	37.72	600m:	7:22.52	37.03	800m:	9:48.50	35.23

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG

Reykjavík, 7. - 9.4.2017

Meistaradagur

Sundgrein 39, karla, 800m skriðsund, Opinn

Sæti			F.ár			Undanrásir	Tími	Stig
8.	Skúli Thor Ásgeirsson		02	Ægir		9:57.97	9:51.61	446
	50m:	33.71 33.71	250m:	3:01.81 37.08	450m:	5:31.36 37.55	650m:	8:01.72 37.86
	100m:	1:10.43 36.72	300m:	3:39.20 37.39	500m:	6:09.07 37.71	700m:	8:38.72 37.00
	150m:	1:47.75 37.32	350m:	4:16.46 37.26	550m:	6:46.49 37.42	750m:	9:15.49 36.77
	200m:	2:24.73 36.98	400m:	4:53.81 37.35	600m:	7:23.86 37.37	800m:	9:51.61 36.12
9.	Benedikt Hjaltason		02	Breiðablik		9:47.70	9:56.34	435
	50m:	33.57 33.57	250m:	3:04.62 38.43	450m:	5:37.63 37.48	650m:	8:08.56 37.19
	100m:	1:10.98 37.41	300m:	3:43.28 38.66	500m:	6:15.43 37.80	700m:	8:45.85 37.29
	150m:	1:48.54 37.56	350m:	4:21.51 38.23	550m:	6:53.07 37.64	750m:	9:21.80 35.95
	200m:	2:26.19 37.65	400m:	5:00.15 38.64	600m:	7:31.37 38.30	800m:	9:56.34 34.54
10.	Aron Þór Jónsson		02	SH		10:01.68	9:56.99	434
	50m:	32.73 32.73	250m:	3:01.33 37.07	450m:	5:32.48 37.73	650m:	8:04.18 37.31
	100m:	1:08.99 36.26	300m:	3:39.07 37.74	500m:	6:10.09 37.61	700m:	8:42.36 38.18
	150m:	1:46.68 37.69	350m:	4:16.59 37.52	550m:	6:48.41 38.32	750m:	9:20.45 38.09
	200m:	2:24.26 37.58	400m:	4:54.75 38.16	600m:	7:26.87 38.46	800m:	9:56.99 36.54
11.	Simon Nesbø		02	SK		9:53.55	10:04.79	417
	50m:	32.92 32.92	250m:	3:01.69 37.79	450m:	5:34.85 39.02	650m:	8:11.35 38.88
	100m:	1:08.88 35.96	300m:	3:39.30 37.61	500m:	6:13.85 39.00	700m:	8:50.38 39.03
	150m:	1:46.53 37.65	350m:	4:17.37 38.07	550m:	6:53.14 39.29	750m:	9:27.95 37.57
	200m:	2:23.90 37.37	400m:	4:55.83 38.46	600m:	7:32.47 39.33	800m:	10:04.79 36.84
12.	Tristan Þór K Wium		02	ÍRB		10:03.79	10:23.79	380IM5
	50m:	33.96 33.96	250m:	3:07.36 39.18	450m:	5:45.12 40.08	650m:	8:25.83 39.90
	100m:	1:11.24 37.28	300m:	3:46.49 39.13	500m:	6:25.20 40.08	700m:	9:05.63 39.80
	150m:	1:49.61 38.37	350m:	4:25.61 39.12	550m:	7:05.49 40.29	750m:	9:44.55 38.92
	200m:	2:28.18 38.57	400m:	5:05.04 39.43	600m:	7:45.93 40.44	800m:	10:23.79 39.24

Sundgrein 41
09.04.2017 - 19:10

kvenna, 4 x 100m skriðsund

Opinn
Úrslitalistar

Íslandsmet	3:51.64	Sveit Ægis	Ægir	Reykjavík	14.02.2012
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Stig: FINA 2016

Sæti			Undanrásir	Tími	Stig
1.	SH 1		NT	3:56.34	711
	Jóhanna Elín Guðmundsdóttir	+0,72 29.17 1:01.25	Ingibjörg Kristín Jónsdóttir	+0,27 26.89	57.39
	Hrafnhildur Lúthersdóttir	+0,28 26.79 56.80	Katarína Róbertsdóttir	+0,21 28.41	1:00.90
2.	Ægir 1		NT	3:58.20	694
	Eygló Ósk Gústafsdóttir	+0,72 27.37 56.85	Inga Elin Cryer	+0,12 28.28	59.51
	Bjarkey Jónasdóttir	+0,57 30.13 1:03.38	Jóhanna Gerða Gústafsdóttir	+0,17 27.75	58.46
3.	ÍRB 1		NT	4:05.14	637
	Sunneva Dögg Robertson	+0,67 29.05 59.74	Eydís Ósk Kolbeinsdóttir	+0,40 29.41	1:01.46
	Sylwia Sienkiewicz	+0,12 29.22 1:02.35	Stefanía Sigurbórsdóttir	+0,52 29.27	1:01.59
4.	Breiðablik 1		NT	4:08.82	609
	Guðný Birna Sigurðardóttir	+0,68 30.08 1:02.66	Ragna Sigríður Ragnarsdóttir	+0,32 29.04	1:00.94
	Líney Ragna Ólafsdóttir	+0,27 30.10 1:04.95	Bryndís Bolladóttir	+0,40 28.59	1:00.27
5.	SH 2		NT	4:16.37	557
	María Fanney Kristjánsdóttir	+0,64 30.38 1:03.44	Bára Kristín Björgvinsdóttir	+0,40 30.19	1:02.27
	Sunna Svanlaug Vilhjálmssdóttir	+0,38 30.19 1:04.19	Adele Alexandra Pálsson	+0,51 32.11	1:06.47
6.	REY 1		NT	4:22.69	518
	Halla Margrét Baldursdóttir	+0,69 31.50 1:06.26	María Hrunn Kristjánsdóttir	+0,17 31.32	1:08.01
	Ásta Kristín Jónsdóttir	+0,43 29.19 1:02.04	Berglind Bjarnadóttir	+0,44 31.31	1:06.38
7.	ÍA 1		NT	4:23.72	512
	Eyrún Sigbórsdóttir	+0,70 31.67 1:08.02	Brynhildur Traustadóttir	+0,33 30.64	1:04.44
	Sólrún Sigbórsdóttir	+0,33 32.15 1:06.89	Ásgerður Jing Laufeyjardóttir	+0,61 30.24	1:04.37

ÍSLANDSMEISTARAMÓTIÐ Í 50M LAUG
Reykjavík, 7. - 9.4.2017
Meistaradagar

Sundgrein 41, kvenna, 4 x 100m skriðsund, Opinn

Sæti				Undanrásir	Tími	Stig		
8.	Óðinn 1		Óðinn	NT	4:25.20	503		
	Pura Snorradóttir	+0,65	31.46	1:06.00	Þorkatla Björg Ómarsdóttir	+0,24	32.80	1:09.43
	Alexandra Tómasdóttir	+0,57	30.67	1:04.48	Embla Sól Garðarsdóttir	+0,54	30.66	1:05.29
9.	Óðinn 2		Óðinn	NT	4:27.90	488		
	Aþena Arnarsdóttir	+0,63	31.41	1:05.93	Eva Sól Garðarsdóttir	+0,75	33.04	1:07.60
	Sigurjóna Ragnheiðardóttir	+0,30	32.09	1:07.71	Rebekka Sif Ómarsdóttir	+0,60	31.82	1:06.66
10.	Ægir 2		Ægir	NT	4:28.12	487		
	Telma Brá Gunnarsdóttir	+0,74	30.67	1:04.27	Guðrún Lilja Kristmannsdóttir	+0,50	32.60	1:09.28
	Tinna Magnúsdóttir	+0,37	33.30	1:09.78	Júlía Helga Högnadóttir	+0,11	30.60	1:04.79
11.	REY 2		REY	NT	4:35.87	447		
	Una Margrét Reynisdóttir	+0,68	31.99	1:08.84	Heiður Kristín Sigurgeirsdóttir	+0,32	33.18	1:10.16
	Svava Björg Lárusdóttir	+0,49	32.35	1:09.23	Herdís Viggósdóttir	+0,54	31.98	1:07.64
12.	SK 1		SK	NT	4:37.11	441		
	Vilde Linnea Gullovsen	+0,60	31.78	1:07.02	Marie Schiong	+0,20	33.66	1:10.68
	Stine Holm Røed	+0,04	31.03	1:05.40	Hanna Marie Rolstad	+0,31	34.40	1:14.01

Sundgrein 42
09.04.2017 - 19:21

karla, 4 x 100m skriðsund

Opinn
Úrslitalistar

Íslandsmet	3:31.48	Sveit SH	SH	Reykjavík	12.04.2014
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Stig: FINA 2016

Sæti				Undanrásir	Tími	Stig		
1.	SH 1		SH	NT	3:31.10	709		
	<i>ÍSLANDSMET</i>							
	Predrag Milos	+0,68	25.73	53.20	Aron Örn Stefánsson	+0,35	23.94	50.91
	Kolbeinn Hrafnkelsson	+0,22	25.17	52.28	Ólafur Sigurðsson	+0,16	25.44	54.71
2.	ÍRB 1		ÍRB	NT	3:33.53	685		
	Davíð Hildiberg Aðalsteinsson	+0,73	25.13	52.07	Pröstur Bjarnason	+0,02	25.10	52.84
	Kristófer Sigurðsson	+0,28	24.44	51.91	Baldvin Sigmarsson	+0,31	26.86	56.71
3.	Breiðablik 1		Breiðablik	NT	3:44.42	590		
	Huginn Hilmarsson	+0,74	26.36	55.61	Davíð Fannar Ragnarsson	+0,48	26.11	54.13
	Brynjólfur Óli Karlsson	+0,27	26.40	56.63	Sveinbjörn Pálmi Karlsson	+0,29	26.65	58.05
4.	REY 1		REY	NT	3:44.62	588		
	Kristinn Þórarinsson	+0,66	25.19	52.40	Jón Klausen	+0,46	28.16	58.38
	Hilmar Smári Jónsson	+0,41	25.69	54.75	Vikar Máni Þórsson	+0,44	28.14	59.09
5.	Ægir 1		Ægir	NT	3:45.89	578		
	Hólmsteinn Skorri Hallgrímsson	+0,65	26.49	55.78	Bjartur Þórhallsson	+0,29	26.83	57.15
	Hilmir Örn Ólafsson	+0,39	27.25	58.53	Kristján Gylfi Þórisson	+0,32	25.63	54.43
6.	SK 1		SK	NT	3:46.79	571		
	Markus Woxholt	+0,75	27.62	56.05	Sigurd Ormseth Årøen	+0,14	26.76	56.67
	Mats Kamnes	+0,35	26.17	55.51	Petter Basmo Bjerkli	+0,11	27.40	58.56
7.	ÍA 1		ÍA	NT	3:49.93	548		
	Erlend Magnússon	+0,67	28.33	1:00.49	Sindri Andreas Bjarnason	+0,44	27.49	58.87
	Ágúst Júlíusson	+0,29	25.21	53.45	Sævar Berg Sigurðsson	+0,20	27.08	57.12
8.	SH 2		SH	NT	4:00.45	479		
	Hafþór Jón Sigurðsson	+0,68	26.96	55.98	Jón Tumi Dagsson	+0,47	28.98	1:02.28
	Kári Sölvi Nielsen	+0,37	27.61	58.18	Aron Þór Jónsson	+0,38	30.73	1:04.01
9.	REY 2		REY	NT	4:01.16	475		
	Tómas Magnússon	+0,77	28.39	59.97	Þorbjörn Andrasen	+0,37	29.48	1:01.88
	Sigurður Ingi Sigurðarson	+0,47	28.79	1:00.39	Björgvin Árni Júlíusson	+0,45	27.96	58.92
10.	Óðinn 1		Óðinn	NT	4:02.83	465		
	Aron Bjarki Jónsson	+0,53	28.77	1:00.49	Hákon Alexander Magnússon	+0,57	29.11	1:00.95
	Baldur Logi Gautason	+0,34	28.76	1:00.20	Snævar Atli Halldórsson	+0,52	29.07	1:01.19