

IM50 2016  
Reykjavík, 22. - 24.4.2016

1 - 1. hluti - undanrásir

22.4.2016 - 10:00

Sundgrein 1 kvenna, 50m skriðsund Opinn  
22.4.2016 - 10:00 Úrslitalistar Undanrásir

Íslandsmet 25.24 Sarah Blake Bateman Ægir Indianapolis (USA) 30.3.2012

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
1. Bryndís Rún Hansen	93	Sundfélagið Óðinn	25.95	<b>26.16</b> 746A
2. Ingibjörg Kristín Jónsdóttir	93	Sh	26.39	<b>26.53</b> 715A
3. Snæfríður Sól Jörunnardóttir	00	Hamar	27.31	<b>27.58</b> 636A
4. Sunneva Dögg Friðriksdóttir	99	Íþróttabandalag Reykjanesbæjar	27.85	<b>27.95</b> 611A
5. Steingerður Hauksdóttir	96	ÍBR	27.63	<b>27.99</b> 609A
6. Jóhanna Gerða Gústafsdóttir	90	Sundfélagið Ægir	27.16	<b>28.00</b> 608A
7. Bryndís Bolladóttir	99	Sundfélagið Ægir	27.39	<b>28.40</b> 583A
8. Jóhanna Elín Guðmundsdóttir	01	Sh	27.95	<b>28.52</b> 576A
9. Líney Ragna Ólafsdóttir	96	Sunddeild Breiðabliks	29.19	<b>28.94</b> 551R
10. Ragna Sigríður Ragnarsdóttir	01	ÍBR	29.40	<b>29.03</b> 546R
11. Stefanía Sigurþórsdóttir	01	Íþróttabandalag Reykjanesbæjar	28.73	<b>29.08</b> 543
12. Elín Ylfa Viðarsdóttir	99	Sunddeild Breiðabliks	28.91	<b>29.13</b> 540
13. Una Lára Lárusdóttir	99	Sundfélag Akraness	28.91	<b>29.16</b> 538
14. Marta Buchanevic	01	Sundfélagið Ægir	29.11	<b>29.19</b> 537
15. Sylwia Sienkiewicz	99	Íþróttabandalag Reykjanesbæjar	29.50	<b>29.23</b> 535
16. Guðný Birna Sigurðardóttir	99	Vestri	28.52	<b>29.25</b> 533
17. Sunna Svanlaug Vilhjálmisdóttir	00	Sh	30.25	<b>29.32</b> 530
18. Ásta Kristín Jónsdóttir	00	ÍBR	28.70	<b>29.43</b> 524
19. Nanna Björk Barkardóttir	98	Sundfélagið Óðinn	28.66	<b>29.57</b> 516
20. Embla Sól Garðarsdóttir	01	Sundfélagið Óðinn	30.22	<b>29.61</b> 514
21. Bjarkey Jónasdóttir	99	Sundfélagið Ægir	29.87	<b>29.69</b> 510
22. Brynhildur Traustadóttir	01	Sundfélag Akraness	28.82	<b>29.90</b> 499
23. Karen Mist Arneirsdóttir	00	Íþróttabandalag Reykjanesbæjar	30.44	<b>30.02</b> 493
24. Telma Brá Gunnarsdóttir	00	Sundfélagið Ægir	30.48	<b>30.06</b> 491
Fanney Lind Jóhannsdóttir	02	Sundfélagið Ægir	30.03	<b>30.06</b> 491
26. Regína Lilja Gunnlaugsdóttir	02	Sunddeild Breiðabliks	29.81	<b>30.13</b> 488
27. Eyrún Sigþórsdóttir	01	Sundfélag Akraness	30.73	<b>30.25</b> 482
28. Kristín Helga Hákonardóttir	04	Sunddeild Breiðabliks	30.58	<b>30.31</b> 479
29. Ágústa Rós Róbertsdóttir	98	ÍBR	30.00	<b>30.38</b> 476
30. María Hrund Kristjánsdóttir	01	ÍBR	30.59	<b>30.43</b> 474
31. Berglind Bjarnadóttir	01	ÍBR	30.45	<b>30.59</b> 466
32. Natalia Cecylia Wojdat	98	Sh	29.76	<b>30.62</b> 465
33. Klaudia Malesa	01	Íþróttabandalag Reykjanesbæjar	30.52	<b>30.95</b> 450
MÆekki Inga Elin Cryer	93	Sundfélagið Ægir	29.38	

Sundgrein 2 karla, 50m skriðsund Opinn  
22.4.2016 - 10:08 Úrslitalistar Undanrásir

Íslandsmet 22.53 Árni Már Arnason ÍRB Canet (FRA) 6.6.2012

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
1. Aron Örn Stefánsson	95	Sh	23.82	<b>23.86</b> 673A
2. Alexander Jóhannesson	92	ÍBR	23.70	<b>23.95</b> 665A
Predrag Milos	95	Sh	24.37	<b>23.95</b> 665A
4. Kristófer Sigurðsson	95	Íþróttabandalag Reykjanesbæjar	25.43	<b>24.73</b> 604A
5. Birkir Snær Helgason	94	Sundfélagið Ægir	25.31	<b>25.27</b> 566A
6. Hilmar Smári Jónsson	94	ÍBR	25.66	<b>25.43</b> 555A
7. Davíð Fannar Ragnarsson	98	Sunddeild Breiðabliks	26.18	<b>25.65</b> 541A

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Sundgrein 2, karla, 50m skriðsund, Undanrásir, Opinn

Sæti	F.ár	Undanrásir	Tími	Stig
8. Huginn Hilmarsson	95	Sunddeild Breiðabliks	26.03	<b>25.80</b> 532A
9. Ágúst Júlíusson	89	Sundfélag Akraness	24.20	<b>26.05</b> 517R
10. Ólafur Sigurðsson	99	Sh	26.34	<b>26.18</b> 509R
11. Arnór Stefánsson	97	Sh	26.35	<b>26.34</b> 500
12. Hólmsteinn Skorri Hallgrímsson	00	Sundfélagið Ægir	26.05	<b>26.41</b> 496
13. Atli Vikar Ingimundarson	97	Sundfélag Akraness	26.38	<b>26.56</b> 487
14. Sævar Berg Sigurðsson	95	Sundfélag Akraness	27.30	<b>26.62</b> 484
15. Ólafur Carl Granz	98	Sundfélagið Ægir	26.92	<b>26.68</b> 481
16. Kristján Gylfi Þórisson	00	Sundfélagið Ægir	26.99	<b>26.92</b> 468
17. Ingi Þór Ólafsson	99	Íþróttabandalag Reykjanesbæjar	26.49	<b>26.95</b> 467
18. Daníel Andri Þórhallsson	98	Sundfélagið Ægir	26.96	<b>27.09</b> 459
19. Hreiðar Máni Ragnarsson	99	Íþróttabandalag Reykjanesbæjar	27.02	<b>27.10</b> 459
20. Davíð Jónatansson	88	Sh	27.50	<b>27.20</b> 454
21. Hjörleifur Helgi Sveinbjarnarson	99	Sundfélagið Rán	27.51	<b>27.22</b> 453
22. Jón Klausen	00	ÍBR	27.82	<b>27.27</b> 450
23. Kristján Ari Heimisson	98	Sunddeild Breiðabliks	27.09	<b>27.33</b> 447
24. Maël Ambonguilat	97	Sundfélagið Ægir	28.09	<b>27.57</b> 436
25. Gunnar Bjarki Jónsson	98	Sunddeild Breiðabliks	27.92	<b>27.72</b> 429
26. Jón Tumi Dagsson	01	Sh	27.65	<b>27.76</b> 427
27. Vikar Máni Þórsson	02	ÍBR	28.12	<b>28.35</b> 401

Sundgrein 3  
22.4.2016 - 10:14

kvenna, 400m skriðsund

Opinn  
Úrslitalistar

Íslandsmet	4:20.42	Sigrún Brá Sverrisdóttir	Ægir	Columbus (USA)	10.3.2012
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Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
1. Sunneva Dögg Friðriksdóttir	99	Íþróttabandalag Reykjanesbæjar	4:25.04	<b>4:20.66</b> 764
50m: 29.95 29.95	150m: 1:34.98 32.94	250m: 2:41.31 33.15	350m: 3:48.04 33.41	
100m: 1:02.04 32.09	200m: 2:08.16 33.18	300m: 3:14.63 33.32	400m: 4:20.66 32.62	
2. Bára Kristín Björgvinsdóttir	95	Sh	4:35.12	<b>4:31.35</b> 677
50m: 31.43 31.43	150m: 1:38.77 34.18	250m: 2:48.75 35.06	350m: 3:59.12 35.01	
100m: 1:04.59 33.16	200m: 2:13.69 34.92	300m: 3:24.11 35.36	400m: 4:31.35 32.23	
3. Eyðís Ósk Kolbeinsdóttir	00	Íþróttabandalag Reykjanesbæjar	4:30.62	<b>4:31.53</b> 676
50m: 29.97 29.97	150m: 1:36.43 33.76	250m: 2:46.60 35.30	350m: 3:57.67 35.27	
100m: 1:02.67 32.70	200m: 2:11.30 34.87	300m: 3:22.40 35.80	400m: 4:31.53 33.86	
4. Eyrún Agla Friðriksdóttir	99	Sh	4:40.23	<b>4:41.93</b> 604
50m: 31.43 31.43	150m: 1:40.40 34.85	250m: 2:52.27 36.39	350m: 4:05.60 36.67	
100m: 1:05.55 34.12	200m: 2:15.88 35.48	300m: 3:28.93 36.66	400m: 4:41.93 36.33	
5. Ragna Sigríður Ragnarsdóttir	01	ÍBR	4:39.69	<b>4:42.03</b> 603
50m: 31.87 31.87	150m: 1:43.88 36.20	250m: 2:56.44 36.28	350m: 4:08.98 35.44	
100m: 1:07.68 35.81	200m: 2:20.16 36.28	300m: 3:33.54 37.10	400m: 4:42.03 33.05	
6. Stefanía Sigurþórsdóttir	01	Íþróttabandalag Reykjanesbæjar	4:47.61	<b>4:42.80</b> 598
50m: 31.51 31.51	150m: 1:41.34 35.69	250m: 2:54.42 36.69	350m: 4:07.61 36.08	
100m: 1:05.65 34.14	200m: 2:17.73 36.39	300m: 3:31.53 37.11	400m: 4:42.80 35.19	
7. Ragnheiður Karlsdóttir	99	Sunddeild Breiðabliks	4:44.98	<b>4:43.49</b> 594
50m: 31.35 31.35	150m: 1:41.83 35.94	250m: 2:54.24 36.41	350m: 4:07.74 36.98	
100m: 1:05.89 34.54	200m: 2:17.83 36.00	300m: 3:30.76 36.52	400m: 4:43.49 35.75	
8. Regína Lilja Gunnlaugsdóttir	02	Sunddeild Breiðabliks	4:56.19	<b>4:51.61</b> 546
50m: 32.82 32.82	150m: 1:45.99 37.14	250m: 3:02.18 38.36	350m: 4:16.79 37.28	
100m: 1:08.85 36.03	200m: 2:23.82 37.83	300m: 3:39.51 37.33	400m: 4:51.61 34.82	
9. Adele Alexandra Pálsson	03	Sh	4:55.84	<b>4:52.21</b> 542
50m: 33.05 33.05	150m: 1:45.57 36.77	250m: 3:00.62 37.51	350m: 4:16.34 37.35	
100m: 1:08.80 35.75	200m: 2:23.11 37.54	300m: 3:38.99 38.37	400m: 4:52.21 35.87	

IM50 2016  
Reykjavík, 22. - 24.4.2016

Sundgrein 3, kvenna, 400m skriðsund, Opinn

Sæti			F.ár				Undanrásir	Tími	Stig
10.	Embla Sól Garðarsdóttir		01	Sundfélagið Óðinn			5:02.39	<b>4:53.80</b>	534
	50m: 32.01	32.01	150m: 1:45.73	37.63	250m: 3:01.89	38.20	350m: 4:18.27	38.76	
	100m: 1:08.10	36.09	200m: 2:23.69	37.96	300m: 3:39.51	37.62	400m: 4:53.80	35.53	
11.	Sólrún Sigþórsdóttir		97	Sundfélag Akraness			4:53.30	<b>4:55.93</b>	522
	50m: 33.49	33.49	150m: 1:47.91	37.67	250m: 3:03.30	37.78	350m: 4:19.12	37.57	
	100m: 1:10.24	36.75	200m: 2:25.52	37.61	300m: 3:41.55	38.25	400m: 4:55.93	36.81	
12.	Telma Brá Gunnarsdóttir		00	Sundfélagið Ægir			4:57.02	<b>4:55.96</b>	522
	50m: 33.23	33.23	150m: 1:46.64	37.10	250m: 3:02.92	38.16	350m: 4:19.29	38.19	
	100m: 1:09.54	36.31	200m: 2:24.76	38.12	300m: 3:41.10	38.18	400m: 4:55.96	36.67	
13.	Kolbrún Eva Pálmadóttir		02	Íþróttabandalag Reykjanesbæjar			5:05.82	<b>4:59.43</b>	504
	50m: 34.17	34.17	150m: 1:49.21	37.58	250m: 3:05.30	38.30	350m: 4:22.68	38.39	
	100m: 1:11.63	37.46	200m: 2:27.00	37.79	300m: 3:44.29	38.99	400m: 4:59.43	36.75	
14.	Ylfa Finnbogadóttir		02	Sh			5:03.69	<b>4:59.67</b>	503
	50m: 33.96	33.96	150m: 1:49.41	37.94	250m: 3:05.57	37.91	350m: 4:22.62	37.98	
	100m: 1:11.47	37.51	200m: 2:27.66	38.25	300m: 3:44.64	39.07	400m: 4:59.67	37.05	
15.	Hildur Elísabet Hálfðanardóttir		98	Sh			5:08.77	<b>5:07.12</b>	467
	50m: 35.57	35.57	150m: 1:53.61	38.87	250m: 3:11.67	39.19	350m: 4:30.37	38.40	
	100m: 1:14.74	39.17	200m: 2:32.48	38.87	300m: 3:51.97	40.30	400m: 5:07.12	36.75	
16.	Pura Snorradóttir		03	Sundfélagið Óðinn			5:10.51	<b>5:09.30</b>	457
	50m: 35.45	35.45	150m: 1:53.75	39.62	250m: 3:13.15	39.62	350m: 4:31.56	38.41	
	100m: 1:14.13	38.68	200m: 2:33.53	39.78	300m: 3:53.15	40.00	400m: 5:09.30	37.74	
17.	Klara Sif Sverrisdóttir		00	Sunddeild Breiðabliks			5:11.17	<b>5:10.27</b>	453
	50m: 34.92	34.92	150m: 1:51.38	38.80	250m: 3:11.02	40.17	350m: 4:31.37	40.11	
	100m: 1:12.58	37.66	200m: 2:30.85	39.47	300m: 3:51.26	40.24	400m: 5:10.27	38.90	
18.	Gabriela Machlowiec		98	ÍBR			5:01.52	<b>5:10.42</b>	452
	50m: 34.67	34.67	150m: 1:53.37	40.18	250m: 3:13.30	40.08	350m: 4:32.69	39.37	
	100m: 1:13.19	38.52	200m: 2:33.22	39.85	300m: 3:53.32	40.02	400m: 5:10.42	37.73	
19.	Ágústa Bergrós Jakobsdóttir		02	ÍBR			5:02.19	<b>5:16.43</b>	427
	50m: 36.33	36.33	150m: 1:55.79	40.18	250m: 3:16.41	40.22	350m: 4:37.47	40.28	
	100m: 1:15.61	39.28	200m: 2:36.19	40.40	300m: 3:57.19	40.78	400m: 5:16.43	38.96	
20.	Íris Edda Garðarsdóttir		03	Sundfélagið Ægir			5:02.25	<b>5:18.23</b>	420
	50m: 35.34	35.34	150m: 1:54.45	40.05	250m: 3:16.72	41.28	350m: 4:38.27	40.56	
	100m: 1:14.40	39.06	200m: 2:35.44	40.99	300m: 3:57.71	40.99	400m: 5:18.23	39.96	
21.	Ingibjörg Erla Garðarsdóttir		00	Sundfélagið Ægir			4:49.27	<b>5:23.33</b>	400
	50m: 34.44	34.44	150m: 1:54.24	41.36	250m: 3:17.31	41.68	350m: 4:42.67	42.99	
	100m: 1:12.88	38.44	200m: 2:35.63	41.39	300m: 3:59.68	42.37	400m: 5:23.33	40.66	
22.	Kristín Helga Hákonardóttir		04	Sunddeild Breiðabliks			5:08.82	<b>5:23.87</b>	398
	50m: 35.99	35.99	150m: 1:56.39	40.68	250m: 3:19.45	41.65	350m: 4:43.30	41.92	
	100m: 1:15.71	39.72	200m: 2:37.80	41.41	300m: 4:01.38	41.93	400m: 5:23.87	40.57	
ÓG.	Arey Rakel Guðnadóttir		02	ÍBR			4:59.16		

Sundgrein 4  
22.4.2016 - 10:27

karla, 400m skriðsund

Opinn  
Úrslitalistar

Íslandsmet	3:54.36	Anton Sveinn McKee	Ægir	Los Angeles (USA)	20.7.2014
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Stig: FINA 2016

Sæti			F.ár				Undanrásir	Tími	Stig
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IM50 2016  
Reykjavík, 22. - 24.4.2016

Sundgrein 4, karla, 400m skriðsund

1.	Pröstur Bjarnason	97	Íþróttabandalag Reykjanesbæjar	4:13.62	<b>4:08.95</b>	690
	50m: 29.40 29.40	150m: 1:34.12 32.29	250m: 2:37.16 30.53	350m: 3:38.95 30.91		
	100m: 1:01.83 32.43	200m: 2:06.63 32.51	300m: 3:08.04 30.88	400m: 4:08.95 30.00		
2.	Huginn Hilmarsson	95	Sunddeild Breiðabliks	4:15.53	<b>4:11.06</b>	673
	50m: 28.44 28.44	150m: 1:31.01 31.76	250m: 2:35.46 32.31	350m: 3:40.43 32.47		
	100m: 59.25 30.81	200m: 2:03.15 32.14	300m: 3:07.96 32.50	400m: 4:11.06 30.63		
3.	Hafþór Jón Sigurðsson	97	Sh	4:12.40	<b>4:13.01</b>	658
	50m: 28.30 28.30	150m: 1:30.47 31.41	250m: 2:34.85 32.41	350m: 3:40.83 32.89		
	100m: 59.06 30.76	200m: 2:02.44 31.97	300m: 3:07.94 33.09	400m: 4:13.01 32.18		
4.	Daniel Hannes Pálsson	95	ÍBR	4:00.40	<b>4:17.36</b>	625
	50m: 29.20 29.20	150m: 1:34.57 33.03	250m: 2:41.06 33.32	350m: 3:46.22 32.10		
	100m: 1:01.54 32.34	200m: 2:07.74 33.17	300m: 3:14.12 33.06	400m: 4:17.36 31.14		
5.	Hallgrímur Kjartansson	98	Sunddeild Breiðabliks	4:25.58	<b>4:23.65</b>	581
	50m: 29.60 29.60	150m: 1:35.72 33.47	250m: 2:42.96 33.61	350m: 3:50.54 33.60		
	100m: 1:02.25 32.65	200m: 2:09.35 33.63	300m: 3:16.94 33.98	400m: 4:23.65 33.11		
6.	Björgvin Theodór Hilmarsson	98	Íþróttabandalag Reykjanesbæjar	4:36.90	<b>4:25.93</b>	566
	50m: 28.84 28.84	150m: 1:35.01 33.53	250m: 2:43.32 34.38	350m: 3:52.56 34.70		
	100m: 1:01.48 32.64	200m: 2:08.94 33.93	300m: 3:17.86 34.54	400m: 4:25.93 33.37		
7.	Ingi Þór Ólafsson	99	Íþróttabandalag Reykjanesbæjar	4:27.76	<b>4:26.77</b>	561
	50m: 30.02 30.02	150m: 1:37.24 34.06	250m: 2:45.84 34.32	350m: 3:53.61 32.76		
	100m: 1:03.18 33.16	200m: 2:11.52 34.28	300m: 3:20.85 35.01	400m: 4:26.77 33.16		
8.	Bjartur Þórhallsson	00	Sundfélagið Ægir	4:30.78	<b>4:28.09</b>	553
	50m: 29.25 29.25	150m: 1:36.40 34.07	250m: 2:45.11 34.53	350m: 3:54.59 34.45		
	100m: 1:02.33 33.08	200m: 2:10.58 34.18	300m: 3:20.14 35.03	400m: 4:28.09 33.50		
9.	Jón Tumi Dagsson	01	Sh	4:36.05	<b>4:28.13</b>	552
	50m: 29.60 29.60	150m: 1:37.37 34.67	250m: 2:46.28 34.45	350m: 3:53.59 32.25		
	100m: 1:02.70 33.10	200m: 2:11.83 34.46	300m: 3:21.34 35.06	400m: 4:28.13 34.54		
10.	Kári Sölvi Nielsen	00	Sh	4:31.11	<b>4:31.01</b>	535
	50m: 29.75 29.75	150m: 1:38.15 34.94	250m: 2:47.08 34.16	350m: 3:56.37 34.42		
	100m: 1:03.21 33.46	200m: 2:12.92 34.77	300m: 3:21.95 34.87	400m: 4:31.01 34.64		
11.	Patrik Viggó Vilbergsson	02	Sunddeild Breiðabliks	4:37.91	<b>4:31.40</b>	533
	50m: 30.08 30.08	150m: 1:38.47 34.73	250m: 2:48.38 34.78	350m: 3:57.68 34.36		
	100m: 1:03.74 33.66	200m: 2:13.60 35.13	300m: 3:23.32 34.94	400m: 4:31.40 33.72		
12.	Baldur Logi Gautason	00	Sundfélagið Óðinn	4:45.85	<b>4:43.98</b>	465
	50m: 31.09 31.09	150m: 1:41.94 36.05	250m: 2:54.95 36.54	350m: 4:08.57 36.26		
	100m: 1:05.89 34.80	200m: 2:18.41 36.47	300m: 3:32.31 37.36	400m: 4:43.98 35.41		
13.	Björgvin Árni Júlíusson	01	ÍBR	4:50.44	<b>4:48.05</b>	445
	50m: 31.63 31.63	150m: 1:42.90 36.04	250m: 2:56.79 37.10	350m: 4:11.54 37.46		
	100m: 1:06.86 35.23	200m: 2:19.69 36.79	300m: 3:34.08 37.29	400m: 4:48.05 36.51		
14.	Hákon Alexander Magnússon	00	Sundfélagið Óðinn	4:51.40	<b>4:52.97</b>	423
	50m: 32.06 32.06	150m: 1:44.32 37.16	250m: 3:00.36 38.24	350m: 4:15.98 37.88		
	100m: 1:07.16 35.10	200m: 2:22.12 37.80	300m: 3:38.10 37.74	400m: 4:52.97 36.99		
15.	Björn Axel Agnarsson	02	Sunddeild Breiðabliks	4:53.21	<b>4:53.18</b>	422
	50m: 31.84 31.84	150m: 1:44.93 37.54	250m: 3:00.75 37.64	350m: 4:15.94 36.74		
	100m: 1:07.39 35.55	200m: 2:23.11 38.18	300m: 3:39.20 38.45	400m: 4:53.18 37.24		
16.	Halldór Björn Kristinsson	02	Sundfélagið Ægir	4:46.44	<b>4:53.45</b>	421
	50m: 33.39 33.39	150m: 1:47.45 37.75	250m: 3:03.52 38.70	350m: 4:17.59 36.82		
	100m: 1:09.70 36.31	200m: 2:24.82 37.37	300m: 3:40.77 37.25	400m: 4:53.45 35.86		
17.	Sindri Andreas Bjarnason	01	Sundfélag Akraness	4:38.62	<b>4:55.79</b>	411
	50m: 30.74 30.74	150m: 1:42.55 36.83	250m: 2:59.46 38.92	350m: 4:18.20 39.54		
	100m: 1:05.72 34.98	200m: 2:20.54 37.99	300m: 3:38.66 39.20	400m: 4:55.79 37.59		
MÆekki	Ólafur Carl Granz	98	Sundfélagið Ægir	4:52.27		
MÆekki	Hilmir Örn Ólafsson	01	Sundfélagið Ægir	4:52.29		

IM50 2016  
Reykjavík, 22. - 24.4.2016

Sundgrein 5 kvenna, 100m bringusund Opinn  
22.4.2016 - 10:39 Úrslitalistar Undanrásir

Íslandsmet 1:06.87 Hrafnhildur Lúthersdóttir SH Kazan (RUS) 3.8.2015

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
1. Hrafnhildur Lúthersdóttir	91 Sh	1:06.87	<b>1:09.02</b>	810A
50m: 32.35 32.35	100m: 1:09.02 36.67			
2. Karen Mist Arngæisdóttir	00 Íþróttabandalag Reykjanesbæja	1:15.96	<b>1:16.36</b>	598A
50m: 35.67 35.67	100m: 1:16.36 40.69			
3. Sunna Svanlaug Vilhjálmisdóttir	00 Sh	1:16.85	<b>1:17.80</b>	565A
50m: 36.63 36.63	100m: 1:17.80 41.17			
4. Svanfríður Steingrímsdóttir	99 Íþróttabandalag Reykjanesbæja	1:21.96	<b>1:19.81</b>	524A
50m: 37.65 37.65	100m: 1:19.81 42.16			
5. María Fanney Kristjánsdóttir	00 Sh	1:22.31	<b>1:20.77</b>	505A
50m: 38.32 38.32	100m: 1:20.77 42.45			
6. Nanna Björk Barkardóttir	98 Sundfélagið Óðinn	1:21.03	<b>1:21.07</b>	500A
50m: 37.64 37.64	100m: 1:21.07 43.43			
7. Natalia Cecylia Wojdat	98 Sh	1:20.18	<b>1:21.23</b>	497A
50m: 38.04 38.04	100m: 1:21.23 43.19			
8. Alexandra Tómasdóttir	01 Sundfélagið Óðinn	1:25.34	<b>1:22.65</b>	471A
50m: 38.37 38.37	100m: 1:22.65 44.28			
9. Marta Buchanevic	01 Sundfélagið Ægir	1:20.36	<b>1:22.95</b>	466R
50m: 39.09 39.09	100m: 1:22.95 43.86			
10. Líf Þrastardóttir	00 Sunddeild Breiðabliks	1:20.92	<b>1:24.38</b>	443R
50m: 39.20 39.20	100m: 1:24.38 45.18			
11. Amalía Nanna Júlíusdóttir	02 Sundfélagið Rán	1:25.37	<b>1:24.68</b>	438
50m: 39.20 39.20	100m: 1:24.68 45.48			
12. Sigurjóna Ragnheiðardóttir	03 Sundfélagið Óðinn	1:24.67	<b>1:25.32</b>	429
50m: 39.27 39.27	100m: 1:25.32 46.05			
13. Ágústa Rós Róbertsdóttir	98 ÍBR	1:22.81	<b>1:27.92</b>	392
50m: 42.54 42.54	100m: 1:27.92 45.38			
14. Steinunn Rúna Ragnarsdóttir	99 Íþróttabandalag Reykjanesbæja	1:21.77	<b>1:30.20</b>	363
50m: 40.93 40.93	100m: 1:30.20 49.27			

Sundgrein 6 karla, 100m bringusund Opinn  
22.4.2016 - 10:45 Úrslitalistar Undanrásir

Íslandsmet 1:00.53 Anton Sveinn McKee Ægir Kazan (RUS) 2.8.2015

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
1. Anton Sveinn McKee	93 Sundfélagið Ægir	1:00.53	<b>1:02.45</b>	797A
50m: 29.33 29.33	100m: 1:02.45 33.12			
2. Viktor Máni Vilbergsson	92 Sh	1:05.85	<b>1:06.29</b>	667A
50m: 30.92 30.92	100m: 1:06.29 35.37			
3. Baldvin Sigmarsson	97 Íþróttabandalag Reykjanesbæja	1:12.60	<b>1:09.61</b>	576A
50m: 32.64 32.64	100m: 1:09.61 36.97			
4. Ólafur Sigurðsson	99 Sh	1:10.15	<b>1:10.86</b>	546A
50m: 33.13 33.13	100m: 1:10.86 37.73			
5. Sævar Berg Sigurðsson	95 Sundfélag Akraness	1:13.03	<b>1:11.47</b>	532A
50m: 33.26 33.26	100m: 1:11.47 38.21			

IM50 2016  
Reykjavík, 22. - 24.4.2016

Sundgrein 6, karla, 100m bringusund, Undanrásir, Opinn

Sæti	F.ár	Undanrásir	Tími	Stig
6. Snævar Atli Halldórsson 50m: 33.98 33.98 100m: 1:11.97 37.99	00	Sundfélagið Óðinn	1:12.48	<b>1:11.97</b> 521A
7. Hallgrímur Kjartansson 50m: 34.04 34.04 100m: 1:12.81 38.77	98	Sunddeild Breiðabliks	1:13.51	<b>1:12.81</b> 503A
8. Huginn Hilmarsson 50m: 33.58 33.58 100m: 1:12.90 39.32	95	Sunddeild Breiðabliks	1:14.52	<b>1:12.90</b> 501A
9. Jón Margeir Sverrisson 50m: 33.83 33.83 100m: 1:14.17 40.34	92	ÍBR	1:11.98	<b>1:14.17</b> 476R
10. Arnór Stefánsson 50m: 34.20 34.20 100m: 1:14.50 40.30	97	Sh	1:15.23	<b>1:14.50</b> 469R
11. Hólmsteinn Skorri Hallgrímsson 50m: 35.51 35.51 100m: 1:16.14 40.63	00	Sundfélagið Ægir	1:14.99	<b>1:16.14</b> 440
12. Óskar Gauti Lund 50m: 35.80 35.80 100m: 1:16.34 40.54	99	Sunddeild Breiðabliks	1:16.68	<b>1:16.34</b> 436

Sundgrein 7

kvenna, 200m baksund

Opinn

22.4.2016 - 10:50

Úrslitalistar Undanrásir

Íslandsmet 2:09.04 Eygló Ósk Gústafsdóttir Ægir Kazan (RUS) 7.8.2015

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
1. Eygló Ósk Gústafsdóttir 50m: 31.70 31.70 100m: 1:06.01 34.31 150m: 1:41.33 35.32 200m: 2:16.18 34.85	95	Sundfélagið Ægir	2:09.04	<b>2:16.18</b> 756A
2. Katarína Róbertsdóttir 50m: 34.56 34.56 100m: 1:13.13 38.57 150m: 1:52.81 39.68 200m: 2:30.06 37.25	00	Sh	2:32.01	<b>2:30.06</b> 565A
3. Ásta Kristín Jónsdóttir 50m: 35.75 35.75 100m: 1:14.11 38.36 150m: 1:53.57 39.46 200m: 2:32.90 39.33	00	ÍBR	2:35.86	<b>2:32.90</b> 534A
4. Una Lára Lárusdóttir 50m: 35.81 35.81 100m: 1:15.03 39.22 150m: 1:56.18 41.15 200m: 2:36.11 39.93	99	Sundfélag Akraness	2:38.32	<b>2:36.11</b> 501A
5. Þura Snorradóttir 50m: 37.31 37.31 100m: 1:17.32 40.01 150m: 1:57.79 40.47 200m: 2:36.22 38.43	03	Sundfélagið Óðinn	2:39.78	<b>2:36.22</b> 500A
6. Embla Sól Garðarsdóttir 50m: 36.61 36.61 100m: 1:16.66 40.05 150m: 1:58.02 41.36 200m: 2:36.87 38.85	01	Sundfélagið Óðinn	2:37.14	<b>2:36.87</b> 494A
7. Raket Guðjónsdóttir 50m: 36.04 36.04 100m: 1:16.26 40.22 150m: 1:57.56 41.30 200m: 2:37.62 40.06	00	ÍBR	2:38.61	<b>2:37.62</b> 487A
8. Alexandra Tómasdóttir 50m: 37.91 37.91 100m: 1:18.66 40.75 150m: 2:00.78 42.12 200m: 2:41.58 40.80	01	Sundfélagið Óðinn	2:36.81	<b>2:41.58</b> 452A
9. María Arnarsdóttir 50m: 38.36 38.36 100m: 1:20.05 41.69 150m: 2:03.96 43.91 200m: 2:43.69 39.73	02	Sundfélagið Óðinn	2:41.32	<b>2:43.69</b> 435R
10. Diljá Rún Ívarsdóttir 50m: 39.31 39.31 100m: 1:21.68 42.37 150m: 2:04.51 42.83 200m: 2:46.58 42.07	02	Íþróttabandalag Reykjanesbæjar	2:34.58	<b>2:46.58</b> 413R
MÆekki Eydís Ósk Kolbeinsdóttir	00	Íþróttabandalag Reykjanesbæjar	2:29.73	

IM50 2016  
Reykjavík, 22. - 24.4.2016

Sundgrein 8 karla, 200m baksund Opinn  
22.4.2016 - 10:58 Úrslitalistar Undanrásir

Íslandsmet 1:58.35 Örn Arnason SH Fukuoka (JPN) 27.7.2001

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
1. Kristinn Þórarinsson	96 ÍBR	2:08.92	<b>2:08.11</b>	666A
50m: 29.42 29.42	100m: 1:01.20 31.78	150m: 1:35.26 34.06	200m: 2:08.11 32.85	
2. Brynjólfur Óli Karlsson	01 Sunddeild Breiðabliks	2:16.26	<b>2:16.72</b>	548A
50m: 30.86 30.86	100m: 1:04.92 34.06	150m: 1:41.07 36.15	200m: 2:16.72 35.65	
3. Hafsteinn Ari Ágústsson	00 Sunddeild Breiðabliks	2:21.35	<b>2:20.83</b>	501A
50m: 33.39 33.39	100m: 1:09.03 35.64	150m: 1:45.46 36.43	200m: 2:20.83 35.37	
4. Kristján Gylfi Þórisson	00 Sundfélagið Ægir	2:21.38	<b>2:21.94</b>	490A
50m: 33.07 33.07	100m: 1:09.89 36.82	150m: 1:47.18 37.29	200m: 2:21.94 34.76	
5. Hilmar Smári Jónsson	94 ÍBR	2:10.66	<b>2:23.61</b>	473A
50m: 33.64 33.64	100m: 1:10.19 36.55	150m: 1:46.54 36.35	200m: 2:23.61 37.07	
6. Patrik Viggó Vilbergsson	02 Sunddeild Breiðabliks	2:27.27	<b>2:23.89</b>	470A
50m: 33.44 33.44	100m: 1:10.20 36.76	150m: 1:47.55 37.35	200m: 2:23.89 36.34	
7. Tómas Magnússon	02 ÍBR	2:29.52	<b>2:30.02</b>	415A
50m: 34.81 34.81	100m: 1:13.42 38.61	150m: 1:52.67 39.25	200m: 2:30.02 37.35	
8. Benedikt Frank Pálmason	01 ÍBR	2:24.11	<b>2:32.50</b>	395A
50m: 36.14 36.14	100m: 1:15.32 39.18	150m: 1:54.69 39.37	200m: 2:32.50 37.81	
MÆekki Ólafur Carl Granz	98 Sundfélagið Ægir	2:30.66		

Sundgrein 9 kvenna, 100m flugsund Opinn  
22.4.2016 - 11:05 Úrslitalistar Undanrásir

Íslandsmet 59.87 Sarah Blake Bateman Ægir London (GBR) 28.7.2012

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
1. Bryndís Rún Hansen	93 Sundfélagið Óðinn	1:01.10	<b>1:02.73</b>	697A
50m: 29.24 29.24	100m: 1:02.73 33.49			
2. Jóhanna Gerða Gústafsdóttir	90 Sundfélagið Ægir	1:00.91	<b>1:04.11</b>	653A
50m: 30.09 30.09	100m: 1:04.11 34.02			
3. Inga Elin Cryer	93 Sundfélagið Ægir	1:03.62	<b>1:05.28</b>	619A
50m: 30.65 30.65	100m: 1:05.28 34.63			
4. Elín Kata Sigurgeirsdóttir	99 Sundfélagið Óðinn	1:05.53	<b>1:06.79</b>	578A
50m: 30.87 30.87	100m: 1:06.79 35.92			
5. Sunneva Dögg Friðriksdóttir	99 Íþróttabandalag Reykjanesbæja	1:05.61	<b>1:06.82</b>	577A
50m: 31.32 31.32	100m: 1:06.82 35.50			
6. Gunnhildur Björg Baldursdóttir	00 Íþróttabandalag Reykjanesbæja	1:10.16	<b>1:07.18</b>	568A
50m: 31.45 31.45	100m: 1:07.18 35.73			
7. Sylwia Sienkiewicz	99 Íþróttabandalag Reykjanesbæja	1:09.32	<b>1:09.33</b>	516A
50m: 32.12 32.12	100m: 1:09.33 37.21			
8. Ragnheiður Karlsdóttir	99 Sunddeild Breiðabliks	1:11.55	<b>1:09.92</b>	503A
50m: 32.03 32.03	100m: 1:09.92 37.89			
9. María Fanney Kristjánsdóttir	00 Sh	1:11.22	<b>1:10.72</b>	487R
50m: 32.72 32.72	100m: 1:10.72 38.00			
10. Brynhildur Traustadóttir	01 Sundfélag Akraness	1:09.07	<b>1:10.83</b>	484R
50m: 32.23 32.23	100m: 1:10.83 38.60			
11. Sandra Ósk Elíasdóttir	99 Íþróttabandalag Reykjanesbæja	1:12.23	<b>1:11.11</b>	479
50m: 33.19 33.19	100m: 1:11.11 37.92			

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Sundgrein 9, kvenna, 100m flugsund, Undanrásir, Opinn

Sæti	F.ár	Undanrásir	Tími	Stig
12. Elín Ylfa Viðarsdóttir	99	Sunddeild Breiðabliks	1:09.22	<b>1:11.72</b> 466
50m: 32.96 32.96	100m: 1:11.72	38.76		
13. Rannveig Katrín Arnarsdóttir	01	Sundfélagið Óðinn	1:10.90	<b>1:11.84</b> 464
50m: 32.70 32.70	100m: 1:11.84	39.14		
14. Berglind Bjarnadóttir	01	ÍBR	1:12.08	<b>1:12.90</b> 444
50m: 32.15 32.15	100m: 1:12.90	40.75		
15. Diljá Rún Ívarsdóttir	02	Íþróttabandalag Reykjanesbæja	1:13.56	<b>1:15.09</b> 406
50m: 34.82 34.82	100m: 1:15.09	40.27		
16. Regína Lilja Gunnlaugsdóttir	02	Sunddeild Breiðabliks	1:12.92	<b>1:15.13</b> 406
50m: 35.04 35.04	100m: 1:15.13	40.09		

Sundgrein 10  
22.4.2016 - 11:10

karla, 100m flugsund

Opinn  
Úrslitalistar Undanrásir

Íslandsmet	53.42	Örn Arnason	SH	Budapest (HUN)	4.8.2006
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Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
1. Daniel Hannes Pálsson	95	ÍBR	56.80	<b>59.89</b> 575A
50m: 28.25 28.25	100m: 59.89	31.64		
2. Ágúst Júlíusson	89	Sundfélag Akraness	56.22	<b>1:00.00</b> 572A
50m: 27.54 27.54	100m: 1:00.00	32.46		
3. Predrag Milos	95	Sh	1:01.63	<b>1:00.17</b> 567A
50m: 27.28 27.28	100m: 1:00.17	32.89		
4. Sveinbjörn Pálmi Karlsson	95	Sunddeild Breiðabliks	1:01.22	<b>1:01.88</b> 521A
50m: 29.22 29.22	100m: 1:01.88	32.66		
5. Daníel Andri Þórhallsson	98	Sundfélagið Ægir	1:03.73	<b>1:02.41</b> 508A
50m: 29.30 29.30	100m: 1:02.41	33.11		
6. Birkir Snær Helgason	94	Sundfélagið Ægir	1:01.91	<b>1:02.60</b> 504A
50m: 29.34 29.34	100m: 1:02.60	33.26		
7. Atli Vikar Ingimundarson	97	Sundfélag Akraness	1:03.18	<b>1:02.65</b> 502A
50m: 29.24 29.24	100m: 1:02.65	33.41		
8. Baldvin Sigmarsson	97	Íþróttabandalag Reykjanesbæja	1:03.32	<b>1:02.70</b> 501A
50m: 29.14 29.14	100m: 1:02.70	33.56		
9. Ingi Þór Ólafsson	99	Íþróttabandalag Reykjanesbæja	1:04.40	<b>1:03.64</b> 479R
50m: 29.16 29.16	100m: 1:03.64	34.48		
10. Jökull Ýmir Guðmundsson	00	Sh	1:05.18	<b>1:04.96</b> 451R
50m: 30.07 30.07	100m: 1:04.96	34.89		
11. Davíð Fannar Ragnarsson	98	Sunddeild Breiðabliks	1:06.35	<b>1:05.32</b> 443
50m: 29.96 29.96	100m: 1:05.32	35.36		
12. Sævar Berg Sigurðsson	95	Sundfélag Akraness	1:06.79	<b>1:07.10</b> 409
50m: 30.48 30.48	100m: 1:07.10	36.62		
13. Hilmir Örn Ólafsson	01	Sundfélagið Ægir	1:06.60	<b>1:09.38</b> 370
50m: 30.91 30.91	100m: 1:09.38	38.47		



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Sundgrein 11  
22.4.2016 - 11:15

blandað, 4 x 50m fjórsund

Opinn  
Úrslitalistar

Íslandsmet 1:57.82 Sundfélag Hafnarfjarðar SH Hafnarfjörður 21.3.2015

Stig: FINA 2016

Sæti	Undanrásir	Tími	Stig
1. Sundfélagið Ægir 1	Sundfélagið Ægir	NT	<b>1:49.73</b> 617ISL
Eygló Ósk Gústafsdóttir 95 +0,67 29.14	Jóhanna Gerða Gústafsdóttir 90 +0,15 28.48		
Anton Sveinn McKee 93 +0,34 28.27	Birkir Snær Helgason 94 -0,03 23.84		
2. Sh 2	Sh	NT	<b>1:55.46</b> 529
Katarína Róbertsdóttir 00 +0,74 31.85	Predrag Milos 95 +0,32 25.99		
Víktor Máni Vilbergsson 92 +0,16 29.71	Jóhanna Elín Guðmundsdóttir 01 +0,64 27.91		
3. ÍBR 1	ÍBR	NT	<b>1:56.65</b> 513
Steingerður Hauksdóttir 96 +0,63 32.41	Daniel Hannes Pálsson 95 +0,26 26.27		
Kristinn Þórarinsson 96 +0,29 29.85	Ásta Kristín Jónsdóttir 00 +0,35 28.12		
4. Sundfélagið Ægir 2	Sundfélagið Ægir	NT	<b>2:00.19</b> 469
Kristján Gylfi Þórisson 00 +0,75 29.54	Inga Elin Cryer 93 +0,27 29.51		
Hólmsteinn Skorri Hallgrímsson 00 +0,09 33.59	Bryndís Bolladóttir 99 +0,30 27.55		
5. Íþróttabandalag Reykjanesbæjar 1	Íþróttabandalag Reykjanesbæjar	NT	<b>2:00.21</b> 469
Eydís Ósk Kolbeinsdóttir 00 +0,79 33.71	Baldvin Sigmarsson 97 +0,21 27.74		
Karen Mist Arngæisdóttir 00 +0,09 34.42	Kristófer Sigurðsson 95 +0,31 24.34		
6. Sunddeild Breiðabliks 1	Sunddeild Breiðabliks	NT	<b>2:01.68</b> 452
Athena Neve Leex 97 +0,79 32.41	Ragnheiður Karlsdóttir 99 +0,32 31.60		
Huginn Hilmarsson 95 +0,13 32.64	Davíð Fannar Ragnarsson 98 +0,34 25.03		
7. Sundfélagið Óðinn	Sundfélagið Óðinn	NT	<b>2:05.49</b> 412
Elín Kata Sigurgeirsdóttir 99 +0,71 33.42	Nanna Björk Barkardóttir 98 +0,55 31.18		
Snævar Atli Halldórsson 00 +0,30 32.68	Baldur Logi Gautason 00 +0,33 28.21		
8. ÍBR 2	ÍBR	NT	<b>2:07.66</b> 392
Rakel Guðjónsdóttir 00 +0,72 34.40	Berglind Bjarnadóttir 01 +0,63 32.10		
Jón Margeir Sverrisson 92 32.59	Víkar Máni Þórsson 02 28.57		
9. Sundfélagið Ægir 3	Sundfélagið Ægir	NT	<b>2:08.74</b> 382
Ólafur Carl Granz 98 +0,80 32.26	Daníel Andri Þórhallsson 98 +0,27 28.31		
Marta Buchanovic 01 +0,23 38.85	Bjarkey Jónasdóttir 99 29.32		
10. Sundfélag Akraness 2	Sundfélag Akraness	NT	<b>2:13.87</b> 339
Sindri Andreas Bjarnason 01 +0,73 34.65	Atli Víkar Ingimundarson 97 +0,38 28.29		
Eyrún Sigþórsdóttir 01 40.90	Sólrún Sigþórsdóttir 97 30.03		
11. ÍBR 3	ÍBR	NT	<b>2:13.88</b> 339
Tómas Magnússon 02 +0,81 34.15	Jón Klausen 00 +0,41 30.24		
Ágústa Bergros Jakobsdóttir 02 +0,47 40.51	Ragna Sigríður Ragnarsdóttir 01 +0,63 28.98		
ÓG. Sh 1	Sh	NT	
Kolbeinn Hrafnkelsson, Hrafnhildur Lúthersdóttir, Aron Örn Stefánsson, Ingibjörg Kristín Jónsdóttir			
ÓG. Sundfélag Akraness 1	Sundfélag Akraness	NT	
Una Lára Lárusdóttir, Sævar Berg Sigurðsson, Ágúst Júlíusson, Brynhildur Traustadóttir			

IM50 2016  
Reykjavík, 22. - 24.4.2016

2 - 2. hluti - úrslit

22.4.2016 - 17:30

Sundgrein 1 kvenna, 50m skriðsund Opinn  
22.4.2016 - 17:30 Úrslitalistar Úrslitsund

Íslandsmet 25.24 Sarah Blake Bateman Ægir Indianapolis (USA) 30.3.2012

EM50 14 +: 26.00

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
Úrslitasund				
1.	Bryndís Rún Hansen	93 Sundfélagið Óðinn	26.16	<b>25.92</b> 767EM5
2.	Ingibjörg Kristín Jónsdóttir	93 Sh	26.53	<b>26.44</b> 722
3.	Snæfríður Sól Jórunnardóttir	00 Hamar	27.58	<b>27.31</b> 656
4.	Steingerður Hauksdóttir	96 ÍBR	27.99	<b>27.81</b> 621
5.	Jóhanna Elín Guðmundsdóttir	01 Sh	28.52	<b>28.17</b> 597
6.	Bryndís Bolladóttir	99 Sundfélagið Ægir	28.40	<b>28.22</b> 594
7.	Elín Ylfa Viðarsdóttir	99 Sunddeild Breiðabliks	29.13	<b>29.15</b> 539
8.	Una Lára Lárusdóttir	99 Sundfélag Akraness	29.16	<b>29.55</b> 517

Sundgrein 2 karla, 50m skriðsund Opinn  
22.4.2016 - 17:32 Úrslitalistar Úrslitsund

Íslandsmet 22.53 Árni Már Arnason ÍRB Canet (FRA) 6.6.2012

EM50 14 +: 22.81

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
Úrslitasund				
1.	Aron Örn Stefánsson	95 Sh	23.86	<b>23.84</b> 674
2.	Alexander Jóhannesson	92 ÍBR	23.95	<b>23.86</b> 673
3.	Predrag Milos	95 Sh	23.95	<b>24.02</b> 659
4.	Kristófer Sigurðsson	95 Íþróttabandalag Reykjanesbæjar	24.73	<b>24.61</b> 613
5.	Birkir Snær Helgason	94 Sundfélagið Ægir	25.27	<b>25.11</b> 577
6.	Hilmar Smári Jónsson	94 ÍBR	25.43	<b>25.15</b> 574
7.	Davíð Fannar Ragnarsson	98 Sunddeild Breiðabliks	25.65	<b>25.48</b> 552
8.	Ólafur Sigurðsson	99 Sh	26.18	<b>26.31</b> 501

Sundgrein 3 kvenna, 400m skriðsund Opinn  
22.4.2016 - 17:34 Úrslitalistar

Íslandsmet 4:20.42 Sigrún Brá Sverrisdóttir Ægir Columbus (USA) 10.3.2012

EM50 14 +: 4:18.83

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
Úrslitasund				
1.	Sunneva Dögg Friðriksdóttir	99 Íþróttabandalag Reykjanesbæjar	4:25.04	<b>4:20.66</b> 764
	50m: 29.95 29.95 150m: 1:34.98 32.94 250m: 2:41.31 33.15 350m: 3:48.04 33.41			
	100m: 1:02.04 32.09 200m: 2:08.16 33.18 300m: 3:14.63 33.32 400m: 4:20.66 32.62			
2.	Bára Kristín Björgvinsdóttir	95 Sh	4:35.12	<b>4:31.35</b> 677
	50m: 31.43 31.43 150m: 1:38.77 34.18 250m: 2:48.75 35.06 350m: 3:59.12 35.01			
	100m: 1:04.59 33.16 200m: 2:13.69 34.92 300m: 3:24.11 35.36 400m: 4:31.35 32.23			
3.	Eydís Ósk Kolbeinsdóttir	00 Íþróttabandalag Reykjanesbæjar	4:30.62	<b>4:31.53</b> 676
	50m: 29.97 29.97 150m: 1:36.43 33.76 250m: 2:46.60 35.30 350m: 3:57.67 35.27			
	100m: 1:02.67 32.70 200m: 2:11.30 34.87 300m: 3:22.40 35.80 400m: 4:31.53 33.86			
4.	Eyrún Agla Friðriksdóttir	99 Sh	4:40.23	<b>4:41.93</b> 604
	50m: 31.43 31.43 150m: 1:40.40 34.85 250m: 2:52.27 36.39 350m: 4:05.60 36.67			
	100m: 1:05.55 34.12 200m: 2:15.88 35.48 300m: 3:28.93 36.66 400m: 4:41.93 36.33			

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Reykjavík, 22. - 24.4.2016

Sundgrein 3, kvenna, 400m skriðsund, Opinn

Sæti					F.ár					Undanrásir	Tími	Stig
5.	Ragna Sigríður Ragnarsdóttir				01	ÍBR				4:39.69	<b>4:42.03</b>	603
	50m:	31.87	31.87	150m:	1:43.88	36.20	250m:	2:56.44	36.28	350m:	4:08.98	35.44
	100m:	1:07.68	35.81	200m:	2:20.16	36.28	300m:	3:33.54	37.10	400m:	4:42.03	33.05
6.	Stefanía Sigurþórsdóttir				01	Íþróttabandalag Reykjanesbæjar				4:47.61	<b>4:42.80</b>	598
	50m:	31.51	31.51	150m:	1:41.34	35.69	250m:	2:54.42	36.69	350m:	4:07.61	36.08
	100m:	1:05.65	34.14	200m:	2:17.73	36.39	300m:	3:31.53	37.11	400m:	4:42.80	35.19
7.	Ragnheiður Karlsdóttir				99	Sunddeild Breiðabliks				4:44.98	<b>4:43.49</b>	594
	50m:	31.35	31.35	150m:	1:41.83	35.94	250m:	2:54.24	36.41	350m:	4:07.74	36.98
	100m:	1:05.89	34.54	200m:	2:17.83	36.00	300m:	3:30.76	36.52	400m:	4:43.49	35.75
8.	Regína Lilja Gunnlaugsdóttir				02	Sunddeild Breiðabliks				4:56.19	<b>4:51.61</b>	546
	50m:	32.82	32.82	150m:	1:45.99	37.14	250m:	3:02.18	38.36	350m:	4:16.79	37.28
	100m:	1:08.85	36.03	200m:	2:23.82	37.83	300m:	3:39.51	37.33	400m:	4:51.61	34.82
9.	Adele Alexandra Pálsson				03	Sh				4:55.84	<b>4:52.21</b>	542
	50m:	33.05	33.05	150m:	1:45.57	36.77	250m:	3:00.62	37.51	350m:	4:16.34	37.35
	100m:	1:08.80	35.75	200m:	2:23.11	37.54	300m:	3:38.99	38.37	400m:	4:52.21	35.87
10.	Embla Sól Garðarsdóttir				01	Sundfélagið Óðinn				5:02.39	<b>4:53.80</b>	534
	50m:	32.01	32.01	150m:	1:45.73	37.63	250m:	3:01.89	38.20	350m:	4:18.27	38.76
	100m:	1:08.10	36.09	200m:	2:23.69	37.96	300m:	3:39.51	37.62	400m:	4:53.80	35.53
11.	Sólrún Sigþórsdóttir				97	Sundfélag Akraness				4:53.30	<b>4:55.93</b>	522
	50m:	33.49	33.49	150m:	1:47.91	37.67	250m:	3:03.30	37.78	350m:	4:19.12	37.57
	100m:	1:10.24	36.75	200m:	2:25.52	37.61	300m:	3:41.55	38.25	400m:	4:55.93	36.81
12.	Telma Brá Gunnarsdóttir				00	Sundfélagið Ægir				4:57.02	<b>4:55.96</b>	522
	50m:	33.23	33.23	150m:	1:46.64	37.10	250m:	3:02.92	38.16	350m:	4:19.29	38.19
	100m:	1:09.54	36.31	200m:	2:24.76	38.12	300m:	3:41.10	38.18	400m:	4:55.96	36.67
13.	Kolbrún Eva Pálmadóttir				02	Íþróttabandalag Reykjanesbæjar				5:05.82	<b>4:59.43</b>	504
	50m:	34.17	34.17	150m:	1:49.21	37.58	250m:	3:05.30	38.30	350m:	4:22.68	38.39
	100m:	1:11.63	37.46	200m:	2:27.00	37.79	300m:	3:44.29	38.99	400m:	4:59.43	36.75
14.	Ylfa Finnbogadóttir				02	Sh				5:03.69	<b>4:59.67</b>	503
	50m:	33.96	33.96	150m:	1:49.41	37.94	250m:	3:05.57	37.91	350m:	4:22.62	37.98
	100m:	1:11.47	37.51	200m:	2:27.66	38.25	300m:	3:44.64	39.07	400m:	4:59.67	37.05
15.	Hildur Elísabet Hálfðanardóttir				98	Sh				5:08.77	<b>5:07.12</b>	467
	50m:	35.57	35.57	150m:	1:53.61	38.87	250m:	3:11.67	39.19	350m:	4:30.37	38.40
	100m:	1:14.74	39.17	200m:	2:32.48	38.87	300m:	3:51.97	40.30	400m:	5:07.12	36.75
16.	Þóra Snorradóttir				03	Sundfélagið Óðinn				5:10.51	<b>5:09.30</b>	457
	50m:	35.45	35.45	150m:	1:53.75	39.62	250m:	3:13.15	39.62	350m:	4:31.56	38.41
	100m:	1:14.13	38.68	200m:	2:33.53	39.78	300m:	3:53.15	40.00	400m:	5:09.30	37.74
17.	Klara Sif Sverrisdóttir				00	Sunddeild Breiðabliks				5:11.17	<b>5:10.27</b>	453
	50m:	34.92	34.92	150m:	1:51.38	38.80	250m:	3:11.02	40.17	350m:	4:31.37	40.11
	100m:	1:12.58	37.66	200m:	2:30.85	39.47	300m:	3:51.26	40.24	400m:	5:10.27	38.90
18.	Gabriela Machlowiec				98	ÍBR				5:01.52	<b>5:10.42</b>	452
	50m:	34.67	34.67	150m:	1:53.37	40.18	250m:	3:13.30	40.08	350m:	4:32.69	39.37
	100m:	1:13.19	38.52	200m:	2:33.22	39.85	300m:	3:53.32	40.02	400m:	5:10.42	37.73
19.	Ágústa Bergrós Jakobsdóttir				02	ÍBR				5:02.19	<b>5:16.43</b>	427
	50m:	36.33	36.33	150m:	1:55.79	40.18	250m:	3:16.41	40.22	350m:	4:37.47	40.28
	100m:	1:15.61	39.28	200m:	2:36.19	40.40	300m:	3:57.19	40.78	400m:	5:16.43	38.96
20.	Íris Edda Garðarsdóttir				03	Sundfélagið Ægir				5:02.25	<b>5:18.23</b>	420
	50m:	35.34	35.34	150m:	1:54.45	40.05	250m:	3:16.72	41.28	350m:	4:38.27	40.56
	100m:	1:14.40	39.06	200m:	2:35.44	40.99	300m:	3:57.71	40.99	400m:	5:18.23	39.96
21.	Ingibjörg Erla Garðarsdóttir				00	Sundfélagið Ægir				4:49.27	<b>5:23.33</b>	400
	50m:	34.44	34.44	150m:	1:54.24	41.36	250m:	3:17.31	41.68	350m:	4:42.67	42.99
	100m:	1:12.88	38.44	200m:	2:35.63	41.39	300m:	3:59.68	42.37	400m:	5:23.33	40.66
22.	Kristín Helga Hákonardóttir				04	Sunddeild Breiðabliks				5:08.82	<b>5:23.87</b>	398
	50m:	35.99	35.99	150m:	1:56.39	40.68	250m:	3:19.45	41.65	350m:	4:43.30	41.92
	100m:	1:15.71	39.72	200m:	2:37.80	41.41	300m:	4:01.38	41.93	400m:	5:23.87	40.57

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Sundgrein 3, kvenna, 400m skriðsund, Opinn

Sæti	F.ár	Undanrásir	Tími	Stig
ÓG. Arey Rakel Guðnadóttir	02 ÍBR	4:59.16		

Sundgrein 4

karla, 400m skriðsund

Opinn  
Úrslitalistar

22.4.2016 - 17:48

Íslandsmet	3:54.36	Anton Sveinn McKee	Ægir	Los Angeles (USA)	20.7.2014
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EM50 14 +: 3:56.68

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
1. Þröstur Bjarnason	97	Íþróttabandalag Reykjanesbæjar	4:13.62	<b>4:08.95</b> 690
50m: 29.40 29.40	150m: 1:34.12 32.29	250m: 2:37.16 30.53	350m: 3:38.95 30.91	
100m: 1:01.83 32.43	200m: 2:06.63 32.51	300m: 3:08.04 30.88	400m: 4:08.95 30.00	
2. Huginn Hilmarsson	95	Sunddeild Breiðabliks	4:15.53	<b>4:11.06</b> 673
50m: 28.44 28.44	150m: 1:31.01 31.76	250m: 2:35.46 32.31	350m: 3:40.43 32.47	
100m: 59.25 30.81	200m: 2:03.15 32.14	300m: 3:07.96 32.50	400m: 4:11.06 30.63	
3. Hafþór Jón Sigurðsson	97	Sh	4:12.40	<b>4:13.01</b> 658
50m: 28.30 28.30	150m: 1:30.47 31.41	250m: 2:34.85 32.41	350m: 3:40.83 32.89	
100m: 59.06 30.76	200m: 2:02.44 31.97	300m: 3:07.94 33.09	400m: 4:13.01 32.18	
4. Daniel Hannes Pálsson	95	ÍBR	4:00.40	<b>4:17.36</b> 625
50m: 29.20 29.20	150m: 1:34.57 33.03	250m: 2:41.06 33.32	350m: 3:46.22 32.10	
100m: 1:01.54 32.34	200m: 2:07.74 33.17	300m: 3:14.12 33.06	400m: 4:17.36 31.14	
5. Hallgrímur Kjartansson	98	Sunddeild Breiðabliks	4:25.58	<b>4:23.65</b> 581
50m: 29.60 29.60	150m: 1:35.72 33.47	250m: 2:42.96 33.61	350m: 3:50.54 33.60	
100m: 1:02.25 32.65	200m: 2:09.35 33.63	300m: 3:16.94 33.98	400m: 4:23.65 33.11	
6. Björgvin Theodór Hilmarsson	98	Íþróttabandalag Reykjanesbæjar	4:36.90	<b>4:25.93</b> 566
50m: 28.84 28.84	150m: 1:35.01 33.53	250m: 2:43.32 34.38	350m: 3:52.56 34.70	
100m: 1:01.48 32.64	200m: 2:08.94 33.93	300m: 3:17.86 34.54	400m: 4:25.93 33.37	
7. Ingi Þór Ólafsson	99	Íþróttabandalag Reykjanesbæjar	4:27.76	<b>4:26.77</b> 561
50m: 30.02 30.02	150m: 1:37.24 34.06	250m: 2:45.84 34.32	350m: 3:53.61 32.76	
100m: 1:03.18 33.16	200m: 2:11.52 34.28	300m: 3:20.85 35.01	400m: 4:26.77 33.16	
8. Bjartur Þórhallsson	00	Sundfélagið Ægir	4:30.78	<b>4:28.09</b> 553
50m: 29.25 29.25	150m: 1:36.40 34.07	250m: 2:45.11 34.53	350m: 3:54.59 34.45	
100m: 1:02.33 33.08	200m: 2:10.58 34.18	300m: 3:20.14 35.03	400m: 4:28.09 33.50	
9. Jón Tumi Dagsson	01	Sh	4:36.05	<b>4:28.13</b> 552
50m: 29.60 29.60	150m: 1:37.37 34.67	250m: 2:46.28 34.45	350m: 3:53.59 32.25	
100m: 1:02.70 33.10	200m: 2:11.83 34.46	300m: 3:21.34 35.06	400m: 4:28.13 34.54	
10. Kári Sölvi Nielsen	00	Sh	4:31.11	<b>4:31.01</b> 535
50m: 29.75 29.75	150m: 1:38.15 34.94	250m: 2:47.08 34.16	350m: 3:56.37 34.42	
100m: 1:03.21 33.46	200m: 2:12.92 34.77	300m: 3:21.95 34.87	400m: 4:31.01 34.64	
11. Patrik Viggó Vilbergsson	02	Sunddeild Breiðabliks	4:37.91	<b>4:31.40</b> 533
50m: 30.08 30.08	150m: 1:38.47 34.73	250m: 2:48.38 34.78	350m: 3:57.68 34.36	
100m: 1:03.74 33.66	200m: 2:13.60 35.13	300m: 3:23.32 34.94	400m: 4:31.40 33.72	
12. Baldur Logi Gautason	00	Sundfélagið Óðinn	4:45.85	<b>4:43.98</b> 465
50m: 31.09 31.09	150m: 1:41.94 36.05	250m: 2:54.95 36.54	350m: 4:08.57 36.26	
100m: 1:05.89 34.80	200m: 2:18.41 36.47	300m: 3:32.31 37.36	400m: 4:43.98 35.41	
13. Björgvin Árni Júlíusson	01	ÍBR	4:50.44	<b>4:48.05</b> 445
50m: 31.63 31.63	150m: 1:42.90 36.04	250m: 2:56.79 37.10	350m: 4:11.54 37.46	
100m: 1:06.86 35.23	200m: 2:19.69 36.79	300m: 3:34.08 37.29	400m: 4:48.05 36.51	
14. Hákon Alexander Magnússon	00	Sundfélagið Óðinn	4:51.40	<b>4:52.97</b> 423
50m: 32.06 32.06	150m: 1:44.32 37.16	250m: 3:00.36 38.24	350m: 4:15.98 37.88	
100m: 1:07.16 35.10	200m: 2:22.12 37.80	300m: 3:38.10 37.74	400m: 4:52.97 36.99	
15. Björn Axel Agnarsson	02	Sunddeild Breiðabliks	4:53.21	<b>4:53.18</b> 422
50m: 31.84 31.84	150m: 1:44.93 37.54	250m: 3:00.75 37.64	350m: 4:15.94 36.74	
100m: 1:07.39 35.55	200m: 2:23.11 38.18	300m: 3:39.20 38.45	400m: 4:53.18 37.24	

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Sundgrein 4, karla, 400m skriðsund, Opinn

Sæti	F.ár	Undanrásir	Tími	Stig
16. Halldór Björn Kristinsson	02 Sundfélagið Ægir	4:46.44	<b>4:53.45</b>	421
50m: 33.39 33.39	150m: 1:47.45 37.75	250m: 3:03.52 38.70	350m: 4:17.59 36.82	
100m: 1:09.70 36.31	200m: 2:24.82 37.37	300m: 3:40.77 37.25	400m: 4:53.45 35.86	
17. Sindri Andreas Bjarnason	01 Sundfélag Akraness	4:38.62	<b>4:55.79</b>	411
50m: 30.74 30.74	150m: 1:42.55 36.83	250m: 2:59.46 38.92	350m: 4:18.20 39.54	
100m: 1:05.72 34.98	200m: 2:20.54 37.99	300m: 3:38.66 39.20	400m: 4:55.79 37.59	
MÆekki Ólafur Carl Granz	98 Sundfélagið Ægir	4:52.27		
MÆekki Hilmir Örn Ólafsson	01 Sundfélagið Ægir	4:52.29		

Sundgrein 5

kvenna, 100m bringusund

Opinn

22.4.2016 - 17:54

Úrslitalistar Úrslitsund

Íslandsmet	1:06.87	Hrafnhildur Lúthersdóttir	SH	Kazan (RUS)	3.8.2015
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EM50 14 +: 1:10.08

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
<b>Úrslitasund</b>				
1. Hrafnhildur Lúthersdóttir	91 Sh	1:09.02	<b>1:07.92</b>	850EM5
50m: 32.17 32.17	100m: 1:07.92 35.75			
2. Karen Mist Arngæisdóttir	00 Íþróttabandalag Reykjanesbæja	1:16.36	<b>1:15.43</b>	620
50m: 35.45 35.45	100m: 1:15.43 39.98			
3. Sunna Svanlaug Vilhjálmsdóttir	00 Sh	1:17.80	<b>1:15.77</b>	612
50m: 35.61 35.61	100m: 1:15.77 40.16			
4. María Fanney Kristjánsdóttir	00 Sh	1:20.77	<b>1:19.64</b>	527
50m: 37.74 37.74	100m: 1:19.64 41.90			
5. Natalia Cecylia Wojdat	98 Sh	1:21.23	<b>1:19.69</b>	526
50m: 37.38 37.38	100m: 1:19.69 42.31			
6. Nanna Björk Barkardóttir	98 Sundfélagið Óðinn	1:21.07	<b>1:20.57</b>	509
50m: 38.87 38.87	100m: 1:20.57 41.70			
7. Svanfríður Steingrímsdóttir	99 Íþróttabandalag Reykjanesbæja	1:19.81	<b>1:20.77</b>	505
50m: 38.25 38.25	100m: 1:20.77 42.52			
8. Alexandra Tómasdóttir	01 Sundfélagið Óðinn	1:22.65	<b>1:22.42</b>	475
50m: 38.65 38.65	100m: 1:22.42 43.77			

Sundgrein 6

karla, 100m bringusund

Opinn

22.4.2016 - 18:05

Úrslitalistar Úrslitsund

Íslandsmet	1:00.53	Anton Sveinn McKee	Ægir	Kazan (RUS)	2.8.2015
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EM50 14 +: 1:01.96

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
<b>Úrslitasund</b>				
1. Anton Sveinn McKee	93 Sundfélagið Ægir	1:02.45	<b>1:01.77</b>	824EM5
50m: 28.90 28.90	100m: 1:01.77 32.87			
2. Viktor Máni Vilbergsson	92 Sh	1:06.29	<b>1:05.90</b>	678
50m: 30.35 30.35	100m: 1:05.90 35.55			
3. Baldvin Sigmarsson	97 Íþróttabandalag Reykjanesbæja	1:09.61	<b>1:08.67</b>	600
50m: 32.06 32.06	100m: 1:08.67 36.61			
4. Sævar Berg Sigurðsson	95 Sundfélag Akraness	1:11.47	<b>1:10.25</b>	560
50m: 32.56 32.56	100m: 1:10.25 37.69			

IM50 2016  
Reykjavík, 22. - 24.4.2016

Sundgrein 6, karla, 100m bringusund, Úrslitsund, Opinn

Sæti	F.ár	Undanrásir	Tími	Stig
5. Ólafur Sigurðsson	99 Sh	1:10.86	<b>1:11.03</b>	542
50m: 33.22 33.22	100m: 1:11.03 37.81			
6. Snævar Atli Halldórsson	00 Sundfélagið Óðinn	1:11.97	<b>1:11.89</b>	522
50m: 33.71 33.71	100m: 1:11.89 38.18			
7. Jón Margeir Sverrisson	92 ÍBR	1:14.17	<b>1:12.71</b>	505
50m: 33.55 33.55	100m: 1:12.71 39.16			
8. Hallgrímur Kjartansson	98 Sunddeild Breiðabliks	1:12.81	<b>1:12.85</b>	502
50m: 34.04 34.04	100m: 1:12.85 38.81			

Sundgrein 7

kvenna, 200m baksund

Opinn

22.4.2016 - 18:08

Úrslitalistar Úrslitsund

Íslandsmet	2:09.04	Eygló Ósk Gústafsdóttir	Ægir	Kazan (RUS)	7.8.2015
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EM50 14 +: 2:15.47

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
<b>Úrslitasund</b>				
1. Eygló Ósk Gústafsdóttir	95 Sundfélagið Ægir	2:16.18	<b>2:09.92</b>	870EM5
50m: 30.78 30.78	100m: 1:03.70 32.92 150m: 1:36.93 33.23	200m: 2:09.92 32.99		
2. Katarína Róbertsdóttir	00 Sh	2:30.06	<b>2:28.46</b>	583
50m: 34.66 34.66	100m: 1:12.72 38.06 150m: 1:51.79 39.07	200m: 2:28.46 36.67		
3. Ásta Kristín Jónsdóttir	00 ÍBR	2:32.90	<b>2:31.80</b>	545
50m: 34.51 34.51	100m: 1:12.67 38.16 150m: 1:52.48 39.81	200m: 2:31.80 39.32		
4. Rakel Guðjónsdóttir	00 ÍBR	2:37.62	<b>2:34.53</b>	517
50m: 36.05 36.05	100m: 1:15.96 39.91 150m: 1:56.43 40.47	200m: 2:34.53 38.10		
5. Una Lára Lárusdóttir	99 Sundfélag Akraness	2:36.11	<b>2:37.97</b>	484
50m: 36.12 36.12	100m: 1:15.76 39.64 150m: 1:56.83 41.07	200m: 2:37.97 41.14		
6. Alexandra Tómasdóttir	01 Sundfélagið Óðinn	2:41.58	<b>2:39.52</b>	470
50m: 37.48 37.48	100m: 1:17.79 40.31 150m: 1:58.57 40.78	200m: 2:39.52 40.95		
7. Embla Sól Garðarsdóttir	01 Sundfélagið Óðinn	2:36.87	<b>2:39.98</b>	466
50m: 37.09 37.09	100m: 1:17.89 40.80 150m: 2:00.48 42.59	200m: 2:39.98 39.50		
8. Þóra Snorradóttir	03 Sundfélagið Óðinn	2:36.22	<b>2:40.12</b>	465
50m: 37.42 37.42	100m: 1:18.22 40.80 150m: 1:59.25 41.03	200m: 2:40.12 40.87		

Sundgrein 8

karla, 200m baksund

Opinn

22.4.2016 - 18:20

Úrslitalistar Úrslitsund

Íslandsmet	1:58.35	Örn Arnason	SH	Fukuoka (JPN)	27.7.2001
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EM50 14 +: 2:02.19

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
<b>Úrslitasund</b>				
1. Kristinn Þórarinsson	96 ÍBR	2:08.11	<b>2:06.55</b>	691
50m: 28.65 28.65	100m: 1:00.16 31.51 150m: 1:33.18 33.02	200m: 2:06.55 33.37		
2. Brynjólfur Óli Karlsson	01 Sunddeild Breiðabliks	2:16.72	<b>2:11.83</b>	611
50m: 30.40 30.40	100m: 1:03.52 33.12 150m: 1:37.93 34.41	200m: 2:11.83 33.90		
3. Kristján Gylfi Þórisson	00 Sundfélagið Ægir	2:21.94	<b>2:15.67</b>	561
50m: 31.45 31.45	100m: 1:06.30 34.85 150m: 1:42.06 35.76	200m: 2:15.67 33.61		
4. Hilmar Smári Jónsson	94 ÍBR	2:23.61	<b>2:16.96</b>	545
50m: 31.31 31.31	100m: 1:06.46 35.15 150m: 1:42.37 35.91	200m: 2:16.96 34.59		

IM50 2016  
Reykjavík, 22. - 24.4.2016

Sundgrein 8, karla, 200m baksund, Úrslitsund, Opinn

Sæti	F.ár	Undanrásir	Tími	Stig
5. Hafsteinn Ari Ágústsson	00	Sunddeild Breiðabliks	2:20.83	<b>2:20.76</b> 502
50m: 33.22 33.22	100m: 1:09.27 36.05	150m: 1:45.40 36.13	200m: 2:20.76 35.36	
6. Patrik Viggó Vilbergsson	02	Sunddeild Breiðabliks	2:23.89	<b>2:23.09</b> 478
50m: 33.19 33.19	100m: 1:09.50 36.31	150m: 1:46.72 37.22	200m: 2:23.09 36.37	
7. Tómas Magnússon	02	ÍBR	2:30.02	<b>2:28.85</b> 425
50m: 34.41 34.41	100m: 1:12.42 38.01	150m: 1:50.90 38.48	200m: 2:28.85 37.95	

Sundgrein 9  
22.4.2016 - 18:24

kvenna, 100m flugsund

Opinn  
Úrslitalistar Úrslitsund

Íslandsmet	59.87	Sarah Blake Bateman	Ægir	London (GBR)	28.7.2012
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EM50 14 +: 1:00.67

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
Úrslitasund				
1. Bryndís Rún Hansen	93	Sundfélagið Óðinn	1:02.73	<b>1:00.58</b> 774EM5
50m: 28.13 28.13	100m: 1:00.58 32.45			
2. Jóhanna Gerða Gústafsdóttir	90	Sundfélagið Ægir	1:04.11	<b>1:02.80</b> 695
50m: 29.06 29.06	100m: 1:02.80 33.74			
3. Inga Elin Cryer	93	Sundfélagið Ægir	1:05.28	<b>1:03.21</b> 682
50m: 29.31 29.31	100m: 1:03.21 33.90			
4. Elín Kata Sigurgeirsdóttir	99	Sundfélagið Óðinn	1:06.79	<b>1:05.97</b> 599
50m: 30.59 30.59	100m: 1:05.97 35.38			
5. Gunnhildur Björg Baldursdóttir	00	Íþróttabandalag Reykjanesbæjar	1:07.18	<b>1:07.64</b> 556
50m: 31.38 31.38	100m: 1:07.64 36.26			
6. Sylwia Sienkiewicz	99	Íþróttabandalag Reykjanesbæjar	1:09.33	<b>1:08.69</b> 531
50m: 31.95 31.95	100m: 1:08.69 36.74			
7. Ragnheiður Karlsdóttir	99	Sunddeild Breiðabliks	1:09.92	<b>1:09.92</b> 503
50m: 32.18 32.18	100m: 1:09.92 37.74			
8. María Fanney Kristjánsdóttir	00	Sh	1:10.72	<b>1:11.07</b> 479
50m: 33.01 33.01	100m: 1:11.07 38.06			

Sundgrein 10  
22.4.2016 - 18:27

karla, 100m flugsund

Opinn  
Úrslitalistar Úrslitsund

Íslandsmet	53.42	Örn Arnason	SH	Budapest (HUN)	4.8.2006
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EM50 14 +: 53.84

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
Úrslitasund				
1. Daniel Hannes Pálsson	95	ÍBR	59.89	<b>58.58</b> 615
50m: 28.34 28.34	100m: 58.58 30.24			
2. Ágúst Júlíusson	89	Sundfélag Akraness	1:00.00	<b>58.59</b> 614
50m: 26.72 26.72	100m: 58.59 31.87			
3. Predrag Milos	95	Sh	1:00.17	<b>1:00.76</b> 551
50m: 27.53 27.53	100m: 1:00.76 33.23			
4. Atli Vikar Ingimundarson	97	Sundfélag Akraness	1:02.65	<b>1:01.09</b> 542
50m: 28.84 28.84	100m: 1:01.09 32.25			
5. Sveinbjörn Pálmi Karlsson	95	Sunddeild Breiðabliks	1:01.88	<b>1:01.19</b> 539
50m: 28.86 28.86	100m: 1:01.19 32.33			

IM50 2016  
Reykjavík, 22. - 24.4.2016

Sundgrein 10, karla, 100m flugsund, Úrslitsund, Opinn

Sæti	F.ár	Undanrásir	Tími	Stig
6. Birkir Snær Helgason	94	Sundfélagið Ægir	1:02.60	<b>1:01.93</b> 520
50m: 29.57 29.57	100m: 1:01.93	32.36		
7. Daníel Andri Þórhallsson	98	Sundfélagið Ægir	1:02.41	<b>1:02.54</b> 505
50m: 28.72 28.72	100m: 1:02.54	33.82		
8. Ingi Þór Ólafsson	99	Íþróttabandalag Reykjanesbæjar	1:03.64	<b>1:04.32</b> 464
50m: 30.02 30.02	100m: 1:04.32	34.30		

Sundgrein 12  
22.4.2016 - 18:40

kvenna, 4 x 200m skriðsund

Opinn  
Úrslitalistar

Íslandsmet	8:24.80	Sundfélagið Ægir	ÆGIR	Reykjavík	13.4.2012
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Stig: FINA 2016

Sæti	Undanrásir	Tími	Stig
1. Sundfélagið Ægir 1	Sundfélagið Ægir	NT	<b>8:30.58</b> 741
Eygló Ósk Gústafsdóttir	95 +0,73 28.61 1:00.20 1:32.81 2:04.49	2:04.49	
Inga Elin Cryer	93 +0,26 29.41 1:01.31 1:34.56 2:07.24	2:07.24	
Bryndís Bolladóttir	99 +0,51 30.17 1:03.45 1:38.40 2:12.26	2:12.26	
Jóhanna Gerða Gústafsdóttir	90 +0,34 28.66 1:00.66 1:33.72 2:06.59	2:06.59	
2. Sh 1	Sh	NT	<b>8:39.19</b> 704
Hrafnhildur Lúthersdóttir	91 +0,69 29.92 1:01.71 1:33.72 2:05.09	2:05.09	
Ingibjörg Kristín Jónsdóttir	93 +0,39 29.83 1:02.26 1:35.66 2:08.84	2:08.84	
Bára Kristín Björgvinsdóttir	95 +0,21 29.94 1:02.77 1:36.52 2:09.58	2:09.58	
Eyrún Agla Friðriksdóttir	99 +0,47 30.14 1:03.74 1:39.27 2:15.68	2:15.68	
3. Íþróttabandalag Reykjanesbæjar 1	Íþróttabandalag Reykjanesbæjar	NT	<b>8:59.55</b> 628
Sunneva Dögg Friðriksdóttir	99 +0,66 29.56 1:01.65 1:34.47 2:07.16	2:07.16	
Eydís Ósk Kolbeinsdóttir	00 +0,27 30.04 1:03.78 1:38.80 2:13.32	2:13.32	
Stefanía Sigurþórsdóttir	01 +0,38 30.43 1:05.12 1:41.41 2:16.59	2:16.59	
Karen Mist Arngersdóttir	00 +0,21 31.73 1:08.44 1:46.20 2:22.48	2:22.48	
4. Sunddeild Breiðabliks 1	Sunddeild Breiðabliks	NT	<b>9:22.83</b> 553
Ragnheiður Karlsdóttir	99 +0,77 31.08 1:05.37 1:42.60 2:19.87	2:19.87	
Líf Þrastardóttir	00 +0,41 32.04 1:07.92 1:44.26 2:19.96	2:19.96	
Regína Lilja Gunnlaugsdóttir	02 +0,29 31.73 1:06.94 1:43.66 2:19.93	2:19.93	
Elín Ylfa Viðarsdóttir	99 +0,33 31.53 1:07.62 1:45.46 2:23.07	2:23.07	
5. Sundfélag Akraness 1	Sundfélag Akraness	NT	<b>9:29.55</b> 534
Brynhildur Traustadóttir	01 +0,85 32.29 1:08.56 1:45.06 2:20.49	2:20.49	
Sólrun Sigþórsdóttir	97 +0,23 32.85 1:10.18 1:47.11 2:23.71	2:23.71	
Eyrún Sigþórsdóttir	01 +0,33 33.59 1:11.78 1:49.70 2:26.45	2:26.45	
Una Lára Lárusdóttir	99 +0,34 30.65 1:06.33 1:43.93 2:18.90	2:18.90	
6. Sundfélagið Ægir 2	Sundfélagið Ægir	NT	<b>9:30.85</b> 530
Telma Brá Gunnarsdóttir	00 +0,71 32.16 1:07.58 1:44.48 2:20.92	2:20.92	
Fanney Lind Jóhannsdóttir	02 +0,20 32.45 1:10.60 1:49.58 2:28.31	2:28.31	
Marta Buchanevic	01 +0,30 31.72 1:06.77 1:43.27 2:19.72	2:19.72	
Bjarkey Jónasdóttir	99 +0,43 30.23 1:05.68 1:43.22 2:21.90	2:21.90	
7. ÍBR 1	ÍBR	NT	<b>9:31.35</b> 528
Ragna Sigríður Ragnarsdóttir	01 +0,76 30.42 1:04.44 1:39.88 2:14.07	2:14.07	
Berglind Bjarnadóttir	01 +0,53 31.63 1:08.48 1:47.46 2:25.29	2:25.29	
Heiður Kristín Sigurgeirsdóttir	01 +0,31 32.16 1:09.06 1:48.58 2:27.99	2:27.99	
Arey Rakel Guðnadóttir	02 +0,36 32.66 1:08.72 1:46.70 2:24.00	2:24.00	
8. ÍBR 2	ÍBR	NT	<b>10:05.38</b> 444
Gabriela Machlowiec	98 +0,74 33.43 1:12.39 1:52.88 2:31.88	2:31.88	
Rakel Guðjónsdóttir	00 +0,59 34.79 1:14.24 1:53.51 2:32.76	2:32.76	
Ágústa Bergrós Jakobsdóttir	02 +0,55 34.67 1:13.49 1:52.82 2:32.05	2:32.05	
Ágústa Rós Róbertsdóttir	98 +0,60 33.41 1:11.26 1:50.55 2:28.69	2:28.69	



IM50 2016  
Reykjavík, 22. - 24.4.2016

Sundgrein 13  
22.4.2016 - 18:50

karla, 4 x 200m skriðsund

Opinn  
Úrslitalistar

Íslandsmet 7:46.24 Sunddeild Fjölnis FJOL Reykjavík 11.4.2014

Stig: FINA 2016

Sæti					Undanrásir	Tími	Stig
1.	<b>ÍBR 2</b>		<b>ÍBR</b>		<b>NT</b>	<b>7:59.45</b>	<b>665</b>
	Jón Margeir Sverrisson	92	+0,62 27.33	57.35	1:28.62 2:00.23	2:00.23	
	Hilmar Smári Jónsson	94	+0,40 27.47	58.50	1:30.32 2:01.09	2:01.09	
	Daniel Hannes Pálsson	95	+0,40 27.28	57.71	1:29.30 2:00.32	2:00.32	
	Kristinn Þórarinnsson	96	+0,42 26.50	55.50	1:26.18 1:57.81	1:57.81	
2.	<b>Íþróttabandalag Reykjanesbæjar 1</b>		<b>Íþróttabandalag Reykjanesbæjar</b>		<b>NT</b>	<b>8:05.13</b>	<b>642</b>
	Kristófer Sigurðsson	95	+0,68 26.18	54.64	1:24.02 1:54.08	1:54.08	
	Þröstur Bjarnason	97	+0,22 26.91	57.44	1:28.12 1:57.68	1:57.68	
	Baldvin Sigmarsson	97	+0,42 27.97	59.78	1:33.11 2:06.26	2:06.26	
	Björgvin Theodór Hilmarsson	98	+0,43 28.03	1:00.25	1:33.80 2:07.11	2:07.11	
3.	<b>Sunddeild Breiðabliks 1</b>		<b>Sunddeild Breiðabliks</b>		<b>NT</b>	<b>8:13.09</b>	<b>611</b>
	Huginn Hilmarsson	95	+0,76 26.95	58.21	1:30.06 2:00.51	2:00.51	
	Brynjólfur Óli Karlsson	01	+0,08 27.23	58.75	1:31.37 2:03.86	2:03.86	
	Davíð Fannar Ragnarsson	98	+0,66 26.95	57.88	1:30.01 2:01.89	2:01.89	
	Hallgrímur Kjartansson	98	+0,24 28.79	1:00.99	1:34.36 2:06.83	2:06.83	
4.	<b>Sundfélagið Ægir 1</b>		<b>Sundfélagið Ægir</b>		<b>NT</b>	<b>8:15.44</b>	<b>602</b>
	Birkir Snær Helgason	94	+0,73 27.78	59.30	1:32.77 2:04.24	2:04.24	
	Bjartur Þórhallsson	00	+0,15 28.11	1:00.98	1:34.79 2:07.82	2:07.82	
	Kristján Gylfi Þórisson	00	+0,36 28.84	1:01.59	1:36.17 2:08.48	2:08.48	
	Anton Sveinn McKee	93	+0,45 26.43	55.95	1:25.91 1:54.90	1:54.90	
5.	<b>Sh 1</b>		<b>Sh</b>		<b>NT</b>	<b>8:19.03</b>	<b>590</b>
	Hafþór Jón Sigurðsson	97	+0,66 28.19	59.31	1:31.14 2:02.09	2:02.09	
	Ólafur Sigurðsson	99	+0,24 27.81	58.17	1:29.32 1:59.86	1:59.86	
	Kári Sölvi Nielsen	00	+0,14 28.68	1:02.05	1:35.77 2:08.70	2:08.70	
	Jón Tumi Dagsson	01	+0,34 29.09	1:01.90	1:36.46 2:08.38	2:08.38	
6.	<b>Sundfélagið Ægir 2</b>		<b>Sundfélagið Ægir</b>		<b>NT</b>	<b>8:44.08</b>	<b>509</b>
	Hólmsteinn Skorri Hallgrímsson	00	+0,70 28.88	1:01.60	1:36.08 2:10.13	2:10.13	
	Daníel Andri Þórhallsson	98	+0,47 30.07	1:03.78	1:37.59 2:10.83	2:10.83	
	Hilmir Örn Ólafsson	01	+0,26 29.68	1:03.66	1:38.16 2:10.47	2:10.47	
	Ólafur Carl Granz	98	+0,42 29.84	1:04.27	1:39.30 2:12.65	2:12.65	
7.	<b>Sundfélag Akraness 1</b>		<b>Sundfélag Akraness</b>		<b>NT</b>	<b>8:56.62</b>	<b>474</b>
	Sævar Berg Sigurðsson	95	+0,74 29.04	1:01.61	1:36.06 2:10.56	2:10.56	
	Sindri Andreas Bjarnason	01	+0,59 30.54	1:04.72	1:41.24 2:17.27	2:17.27	
	Erlend Magnússon	01	+0,43 30.31	1:05.92	1:42.11 2:18.03	2:18.03	
	Atli Víkar Ingimundarson	97	+0,45 28.28	1:00.89	1:36.02 2:10.76	2:10.76	
8.	<b>ÍBR 1</b>		<b>ÍBR</b>		<b>NT</b>	<b>9:27.42</b>	<b>401</b>
	Jón Klausen	00	+0,80 30.04	1:04.21	1:39.74 2:12.18	2:12.18	
	Benedikt Frank Pálmason	01	+0,48 31.28	1:07.10	1:44.42 2:22.12	2:22.12	
	Þorbjörn Andrason	01	+0,28 32.17	1:08.74	1:46.87 2:23.36	2:23.36	
	Tómas Magnússon	02	+0,65 33.83	1:12.58	1:51.96 2:29.76	2:29.76	

IM50 2016  
Reykjavík, 22. - 24.4.2016

3 - 3. hluti - undanrásir

23.4.2016 - 10:00

Sundgrein 14 kvenna, 100m baksund Opinn  
23.4.2016 - 10:00 Úrslitalistar Undanrásir

Íslandsmet 1:00.25 Eygló Ósk Gústafsdóttir Ægir Kazan (RUS) 3.8.2015

EM50 14 +: 1:02.79

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
1. Eygló Ósk Gústafsdóttir 50m: 31.04 31.04 100m: 1:03.45 32.41	95	Sundfélagið Ægir	1:00.25	<b>1:03.45</b> 768A
2. Athena Neve Leex 50m: 33.26 33.26 100m: 1:08.88 35.62	97	Sunddeild Breiðabliks	1:10.01	<b>1:08.88</b> 600A
3. Katarína Róbertsdóttir 50m: 33.81 33.81 100m: 1:08.94 35.13	00	Sh	1:09.13	<b>1:08.94</b> 599A
4. Steingerður Hauksdóttir 50m: 33.25 33.25 100m: 1:10.61 37.36	96	ÍBR	1:10.34	<b>1:10.61</b> 557A
5. Ásta Kristín Jónsdóttir 50m: 34.45 34.45 100m: 1:11.37 36.92	00	ÍBR	1:11.81	<b>1:11.37</b> 540A
6. Snæfríður Sól Jórunnardóttir 50m: 35.06 35.06 100m: 1:11.66 36.60	00	Hamar	1:08.23	<b>1:11.66</b> 533A
7. Guðný Birna Sigurðardóttir 50m: 35.58 35.58 100m: 1:12.91 37.33	99	Vestri	1:09.50	<b>1:12.91</b> 506A
8. María Arnarsdóttir 50m: 35.59 35.59 100m: 1:13.14 37.55	02	Sundfélagið Óðinn	1:15.15	<b>1:13.14</b> 501A
9. Þóra Snorradóttir 50m: 35.43 35.43 100m: 1:13.15 37.72	03	Sundfélagið Óðinn	1:14.08	<b>1:13.15</b> 501R
10. Una Lára Lárusdóttir 50m: 34.82 34.82 100m: 1:13.19 38.37	99	Sundfélag Akraness	1:13.11	<b>1:13.19</b> 500R
11. Rakel Guðjónsdóttir 50m: 35.70 35.70 100m: 1:14.19 38.49	00	ÍBR	1:10.91	<b>1:14.19</b> 480
12. Embla Sól Garðarsdóttir 50m: 36.07 36.07 100m: 1:14.53 38.46	01	Sundfélagið Óðinn	1:14.18	<b>1:14.53</b> 474
13. Aþena Karaolani 50m: 35.52 35.52 100m: 1:14.96 39.44	00	Umf Afturelding	1:16.28	<b>1:14.96</b> 466
14. Berglind Bjarnadóttir 50m: 36.63 36.63 100m: 1:17.75 41.12	01	ÍBR	1:14.63	<b>1:17.75</b> 417
15. Gunnlaug Margrét Ólafsdóttir 50m: 37.26 37.26 100m: 1:18.21 40.95	97	Sunddeild Breiðabliks	1:13.76	<b>1:18.21</b> 410

IM50 2016  
Reykjavík, 22. - 24.4.2016

Sundgrein 15 karla, 100m baksund Opinn  
23.4.2016 - 10:05 Úrslitalistar Undanrásir

Íslandsmet 54.75 Örn Arnason SH Fukuoka (JPN) 23.7.2001  
EM50 14 +: 56.10

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
1. Kristinn Þórarinsson	96 ÍBR	57.98	<b>57.07</b>	753A
50m: 28.00 28.00	100m: 57.07 29.07			
2. Kolbeinn Hrafnkelsson	94 Sh	57.66	<b>59.04</b>	680A
50m: 28.62 28.62	100m: 59.04 30.42			
3. Brynjólfur Óli Karlsson	01 Sunddeild Breiðabliks	1:02.33	<b>1:01.28</b>	608A
50m: 29.73 29.73	100m: 1:01.28 31.55			
4. Kristján Gylfi Þórisson	00 Sundfélagið Ægir	1:02.23	<b>1:02.75</b>	567A
50m: 30.42 30.42	100m: 1:02.75 32.33			
5. Hafsteinn Ari Ágústsson	00 Sunddeild Breiðabliks	1:07.21	<b>1:07.23</b>	461A
50m: 32.79 32.79	100m: 1:07.23 34.44			
6. Patrik Viggó Vilbergsson	02 Sunddeild Breiðabliks	1:08.83	<b>1:07.50</b>	455A
50m: 32.91 32.91	100m: 1:07.50 34.59			
7. Ólafur Carl Granz	98 Sundfélagið Ægir	1:09.04	<b>1:08.97</b>	427A
50m: 33.04 33.04	100m: 1:08.97 35.93			
8. Tómas Magnússon	02 ÍBR	1:07.80	<b>1:10.18</b>	405A
50m: 33.71 33.71	100m: 1:10.18 36.47			

Sundgrein 16 kvenna, 200m flugsund Opinn  
23.4.2016 - 10:08 Úrslitalistar Undanrásir

Íslandsmet 2:18.79 Erla Dögg Haraldsdóttir ÍRB Reykjavík 6.4.2008  
EM50 14 +: 2:14.44

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
1. Inga Elin Cryer	93 Sundfélagið Ægir	2:19.39	<b>2:25.02</b>	592A
50m: 31.47 31.47	100m: 1:08.06 36.59	150m: 1:46.24 38.18	200m: 2:25.02 38.78	
2. Elín Kata Sigurgeirsdóttir	99 Sundfélagið Óðinn	2:26.51	<b>2:27.05</b>	568A
50m: 31.77 31.77	100m: 1:09.10 37.33	150m: 1:47.61 38.51	200m: 2:27.05 39.44	
3. Gunnhildur Björg Baldursdóttir	00 Íþróttabandalag Reykjanesbæja	2:30.85	<b>2:27.84</b>	559A
50m: 32.45 32.45	100m: 1:09.57 37.12	150m: 1:48.09 38.52	200m: 2:27.84 39.75	
4. María Fanney Kristjánsdóttir	00 Sh	2:34.27	<b>2:31.57</b>	519A
50m: 32.88 32.88	100m: 1:11.96 39.08	150m: 1:52.11 40.15	200m: 2:31.57 39.46	
5. Sunneva Dögg Friðriksdóttir	99 Íþróttabandalag Reykjanesbæja	2:26.19	<b>2:31.86</b>	516A
50m: 32.58 32.58	100m: 1:10.62 38.04	150m: 1:50.66 40.04	200m: 2:31.86 41.20	
6. Rannveig Katrín Arnarsdóttir	01 Sundfélagið Óðinn	2:36.61	<b>2:36.10</b>	475A
50m: 34.30 34.30	100m: 1:13.97 39.67	150m: 1:55.23 41.26	200m: 2:36.10 40.87	
7. Sylwia Sienkiewicz	99 Íþróttabandalag Reykjanesbæja	2:34.23	<b>2:37.42</b>	463A
50m: 34.04 34.04	100m: 1:13.73 39.69	150m: 1:55.22 41.49	200m: 2:37.42 42.20	
8. Sandra Ósk Elíasdóttir	99 Íþróttabandalag Reykjanesbæja	2:36.80	<b>2:49.65</b>	370A
50m: 36.05 36.05	100m: 1:18.61 42.56	150m: 2:04.18 45.57	200m: 2:49.65 45.47	
9. Diljá Rún Ívarsdóttir	02 Íþróttabandalag Reykjanesbæja	2:37.87	<b>2:49.91</b>	368R
50m: 35.53 35.53	100m: 1:17.64 42.11	150m: 2:04.15 46.51	200m: 2:49.91 45.76	

IM50 2016  
Reykjavík, 22. - 24.4.2016

Sundgrein 17 karla, 200m flugsund Opinn  
23.4.2016 - 10:15 Úrslitalistar Undanrásir

Íslandsmet 2:02.97 Sindri Þór Jakobsson Bergen Prag (CZE) 9.7.2009

EM50 14 +: 2:00.32

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
1. Daniel Hannes Pálsson	95 ÍBR	2:07.97	<b>2:19.88</b>	506A
50m: 30.56 30.56	100m: 1:06.42 35.86	150m: 1:43.70 37.28	200m: 2:19.88 36.18	
2. Hafþór Jón Sigurðsson	97 Sh	2:20.18	<b>2:20.22</b>	502A
50m: 30.56 30.56	100m: 1:05.80 35.24	150m: 1:42.71 36.91	200m: 2:20.22 37.51	
3. Baldvin Sigmarsson	97 Íþróttabandalag Reykjanesbæja	2:21.73	<b>2:20.55</b>	499A
50m: 30.67 30.67	100m: 1:07.46 36.79	150m: 1:45.14 37.68	200m: 2:20.55 35.41	
4. Ingi Þór Ólafsson	99 Íþróttabandalag Reykjanesbæja	2:26.06	<b>2:24.15</b>	462A
50m: 30.81 30.81	100m: 1:06.64 35.83	150m: 1:44.76 38.12	200m: 2:24.15 39.39	
5. Jökull Ýmir Guðmundsson	00 Sh	2:26.70	<b>2:26.37</b>	442A
50m: 31.27 31.27	100m: 1:08.53 37.26	150m: 1:46.99 38.46	200m: 2:26.37 39.38	

Sundgrein 18 kvenna, 100m skriðsund Opinn  
23.4.2016 - 10:19 Úrslitalistar Undanrásir

Íslandsmet 55.66 Ragnheiður Ragnarsdóttir KR Reykjanesbæ 25.4.2009

EM50 14 +: 56.44

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
1. Bryndís Rún Hansen	93 Sundfélagið Óðinn	55.98	<b>57.06</b>	759A
50m: 27.65 27.65	100m: 57.06 29.41			
2. Ingibjörg Kristín Jónsdóttir	93 Sh	58.13	<b>59.02</b>	686A
50m: 28.53 28.53	100m: 59.02 30.49			
3. Sunneva Dögg Friðriksdóttir	99 Íþróttabandalag Reykjanesbæjar	59.76	<b>59.42</b>	672A
50m: 28.89 28.89	100m: 59.42 30.53			
4. Snæfríður Sól Jórunnardóttir	00 Hamar	59.15	<b>59.53</b>	669A
50m: 28.67 28.67	100m: 59.53 30.86			
5. Bryndís Bolladóttir	99 Sundfélagið Ægir	59.29	<b>1:01.37</b>	610A
50m: 29.55 29.55	100m: 1:01.37 31.82			
6. Guðný Erna Bjarnadóttir	94 Sh	1:01.98	<b>1:01.71</b>	600A
50m: 29.31 29.31	100m: 1:01.71 32.40			
7. Jóhanna Elín Guðmundsdóttir	01 Sh	1:03.86	<b>1:01.97</b>	593A
50m: 29.44 29.44	100m: 1:01.97 32.53			
8. Ragna Sigríður Ragnarsdóttir	01 ÍBR	1:02.79	<b>1:01.98</b>	592A
50m: 29.80 29.80	100m: 1:01.98 32.18			
9. Ásta Kristín Jónsdóttir	00 ÍBR	1:02.67	<b>1:02.23</b>	585R
50m: 29.68 29.68	100m: 1:02.23 32.55			
10. Stefanía Sigurþórsdóttir	01 Íþróttabandalag Reykjanesbæja	1:02.49	<b>1:03.52</b>	550R
50m: 30.38 30.38	100m: 1:03.52 33.14			
11. Ragnheiður Karlsdóttir	99 Sunddeild Breiðabliks	1:03.26	<b>1:03.57</b>	549
50m: 30.36 30.36	100m: 1:03.57 33.21			
12. Líney Ragna Ólafsdóttir	96 Sunddeild Breiðabliks	1:04.35	<b>1:03.96</b>	539
50m: 30.01 30.01	100m: 1:03.96 33.95			
13. Bjarkey Jónasdóttir	99 Sundfélagið Ægir	1:03.69	<b>1:04.00</b>	538
50m: 30.53 30.53	100m: 1:04.00 33.47			

IM50 2016  
Reykjavík, 22. - 24.4.2016

Sundgrein 18, kvenna, 100m skriðsund, Undanrásir, Opinn

Sæti	F.ár	Undanrásir	Tími	Stig
14. Elín Ylfa Viðarsdóttir	99	Sunddeild Breiðabliks	1:05.19	<b>1:04.21</b> 533
50m: 30.76 30.76	100m: 1:04.21	33.45		
15. Regína Lilja Gunnlaugsdóttir	02	Sunddeild Breiðabliks	1:05.44	<b>1:04.61</b> 523
50m: 31.54 31.54	100m: 1:04.61	33.07		
16. Embla Sól Garðarsdóttir	01	Sundfélagið Óðinn	1:05.82	<b>1:04.93</b> 515
50m: 30.91 30.91	100m: 1:04.93	34.02		
17. Telma Brá Gunnarsdóttir	00	Sundfélagið Ægir	1:07.73	<b>1:05.02</b> 513
50m: 31.45 31.45	100m: 1:05.02	33.57		
18. Brynhildur Traustadóttir	01	Sundfélag Akraness	1:02.08	<b>1:05.25</b> 508
50m: 31.26 31.26	100m: 1:05.25	33.99		
19. Líf Þrastardóttir	00	Sunddeild Breiðabliks	1:04.17	<b>1:05.43</b> 504
50m: 31.32 31.32	100m: 1:05.43	34.11		
20. Alexandra Tómasdóttir	01	Sundfélagið Óðinn	1:07.63	<b>1:05.63</b> 499
50m: 31.75 31.75	100m: 1:05.63	33.88		
21. Adele Alexandra Pálsson	03	Sh	1:06.56	<b>1:06.28</b> 484
50m: 31.96 31.96	100m: 1:06.28	34.32		
22. Sólrún Sigþórsdóttir	97	Sundfélag Akraness	1:06.74	<b>1:06.89</b> 471
50m: 31.93 31.93	100m: 1:06.89	34.96		
23. Eyrún Sigþórsdóttir	01	Sundfélag Akraness	1:07.48	<b>1:06.92</b> 471
50m: 31.77 31.77	100m: 1:06.92	35.15		
24. Fanney Lind Jóhannsdóttir	02	Sundfélagið Ægir	1:07.71	<b>1:07.00</b> 469
50m: 32.00 32.00	100m: 1:07.00	35.00		
25. Arey Rakel Guðnadóttir	02	ÍBR	1:07.77	<b>1:07.36</b> 461
50m: 32.42 32.42	100m: 1:07.36	34.94		
26. Heiður Kristín Sigurgeirsdóttir	01	ÍBR	1:07.48	<b>1:08.04</b> 448
50m: 32.11 32.11	100m: 1:08.04	35.93		
27. María Hrund Kristjánsdóttir	01	ÍBR	1:06.21	<b>1:08.16</b> 445
50m: 31.33 31.33	100m: 1:08.16	36.83		
28. Klaudia Malesa	01	Ípróttabandalag Reykjanesbæjar	1:07.79	<b>1:08.99</b> 429
50m: 33.03 33.03	100m: 1:08.99	35.96		
MÆekki Una Lára Lárusdóttir	99	Sundfélag Akraness	1:03.24	
MÆekki Ágústa Rós Róbertsdóttir	98	ÍBR	1:05.59	

Sundgrein 19  
23.4.2016 - 10:30

karla, 100m skriðsund

Opinn  
Úrslitalistar Undanrásir

Íslandsmet 49.97 Örn Arnason SH Monaco (MON) 5.6.2007

EM50 14 +: 50.63

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
1. Aron Örn Stefánsson	95	Sh	54.24	<b>52.10</b> 729A
50m: 24.78 24.78	100m: 52.10	27.32		
2. Kristófer Sigurðsson	95	Ípróttabandalag Reykjanesbæjar	54.56	<b>52.27</b> 722A
50m: 25.12 25.12	100m: 52.27	27.15		
3. Alexander Jóhannesson	92	ÍBR	52.32	<b>54.37</b> 642A
50m: 25.66 25.66	100m: 54.37	28.71		
4. Predrag Milos	95	Sh	51.47	<b>54.42</b> 640A
50m: 26.02 26.02	100m: 54.42	28.40		

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Reykjavík, 22. - 24.4.2016

Sundgrein 19, karla, 100m skriðsund, Undanrásir, Opinn

Sæti		F.ár		Undanrásir	Tími	Stig
5.	Birkir Snær Helgason	94	Sundfélagið Ægir	53.36	<b>54.66</b>	632A
	50m: 26.48 26.48	100m: 54.66	28.18			
6.	Hilmar Smári Jónsson	94	ÍBR	53.16	<b>55.00</b>	620A
	50m: 26.56 26.56	100m: 55.00	28.44			
7.	Davíð Fannar Ragnarsson	98	Sunddeild Breiðabliks	56.39	<b>55.39</b>	607A
	50m: 26.05 26.05	100m: 55.39	29.34			
8.	Huginn Hilmarsson	95	Sunddeild Breiðabliks	56.52	<b>55.70</b>	597A
	50m: 26.57 26.57	100m: 55.70	29.13			
9.	Ólafur Sigurðsson	99	Sh	55.38	<b>56.00</b>	587R
	50m: 27.20 27.20	100m: 56.00	28.80			
10.	Hólmsteinn Skorri Hallgrímsson	00	Sundfélagið Ægir	57.56	<b>56.18</b>	582R
	50m: 26.67 26.67	100m: 56.18	29.51			
11.	Arnór Stefánsson	97	Sh	57.94	<b>56.90</b>	560
	50m: 27.09 27.09	100m: 56.90	29.81			
12.	Kristján Gylfi Þórisson	00	Sundfélagið Ægir	57.90	<b>58.11</b>	526
	50m: 28.19 28.19	100m: 58.11	29.92			
13.	Daníel Andri Þórhallsson	98	Sundfélagið Ægir	57.29	<b>58.20</b>	523
	50m: 28.04 28.04	100m: 58.20	30.16			
14.	Atli Vikar Ingimundarson	97	Sundfélag Akraness	56.26	<b>58.42</b>	517
	50m: 27.90 27.90	100m: 58.42	30.52			
15.	Bjartur Þórhallsson	00	Sundfélagið Ægir	59.41	<b>58.77</b>	508
	50m: 28.10 28.10	100m: 58.77	30.67			
16.	Jón Tumi Dagsson	01	Sh	59.38	<b>58.94</b>	504
	50m: 28.36 28.36	100m: 58.94	30.58			
17.	Jón Klausen	00	ÍBR	1:01.50	<b>59.15</b>	498
	50m: 29.04 29.04	100m: 59.15	30.11			
18.	Björgvin Theodór Hilmarsson	98	Íþróttabandalag Reykjanesbæjar	1:00.47	<b>59.35</b>	493
	50m: 27.89 27.89	100m: 59.35	31.46			
19.	Kári Sölvi Nielsen	00	Sh	58.90	<b>59.45</b>	491
	50m: 28.35 28.35	100m: 59.45	31.10			
20.	Ólafur Carl Granz	98	Sundfélagið Ægir	59.86	<b>59.90</b>	480
	50m: 28.99 28.99	100m: 59.90	30.91			
21.	Hafsteinn Ari Ágústsson	00	Sunddeild Breiðabliks	1:01.93	<b>1:00.17</b>	473
	50m: 29.06 29.06	100m: 1:00.17	31.11			
22.	Gunnar Bjarki Jónsson	98	Sunddeild Breiðabliks	57.81	<b>1:00.69</b>	461
	50m: 28.64 28.64	100m: 1:00.69	32.05			
23.	Hafsteinn Hákonarson	00	ÍBR	1:00.73	<b>1:00.74</b>	460
	50m: 28.74 28.74	100m: 1:00.74	32.00			
24.	Hjörleifur Helgi Sveinbjarnarson	99	Sundfélagið Rán	1:01.53	<b>1:00.84</b>	458
	50m: 28.86 28.86	100m: 1:00.84	31.98			
25.	Maël Ambonguilat	97	Sundfélagið Ægir	1:02.19	<b>1:01.38</b>	446
	50m: 28.20 28.20	100m: 1:01.38	33.18			
26.	Hákon Alexander Magnússon	00	Sundfélagið Óðinn	1:02.31	<b>1:01.41</b>	445
	50m: 29.66 29.66	100m: 1:01.41	31.75			
27.	Baldur Logi Gautason	00	Sundfélagið Óðinn	1:01.45	<b>1:01.47</b>	444
	50m: 29.29 29.29	100m: 1:01.47	32.18			
28.	Erlend Magnússon	01	Sundfélag Akraness	1:02.28	<b>1:01.54</b>	442
	50m: 28.91 28.91	100m: 1:01.54	32.63			

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Reykjavík, 22. - 24.4.2016

Sundgrein 19, karla, 100m skriðsund, Undanrásir, Opinn

Sæti	F.ár	Undanrásir	Tími	Stig
29. Kristján Ari Heimisson	98	Sunddeild Breiðabliks	1:01.74	<b>1:02.21</b> 428
50m: 28.72 28.72	100m: 1:02.21	33.49		
30. Hreiðar Máni Ragnarsson	99	Íþróttabandalag Reykjanesbæjar	59.54	<b>1:02.30</b> 426
50m: 29.49 29.49	100m: 1:02.30	32.81		

Sundgrein 20

23.4.2016 - 10:39

kvenna, 50m bringusund

Opinn

Úrslitalistar Undanrásir

Íslandsmet 30.90 Hrafnhildur Lúthersdóttir SH Kazan (RUS) 8.8.2015

EM50 14 +: 32.29

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
1. Hrafnhildur Lúthersdóttir	91	Sh	30.90	<b>31.82</b> 795A EM5
2. Jóhanna Gerða Gústafsdóttir	90	Sundfélagið Ægir	34.36	<b>34.98</b> 598A
3. Karen Sif Vilhjálmsdóttir	93	Sh	35.55	<b>35.68</b> 564A
4. Karen Mist Arngæisdóttir	00	Íþróttabandalag Reykjanesbæjar	34.86	<b>35.71</b> 562A
5. Sunna Svanlaug Vilhjálmsdóttir	00	Sh	36.39	<b>36.50</b> 526A
6. Nanna Björk Barkardóttir	98	Sundfélagið Óðinn	36.63	<b>36.91</b> 509A
7. Natalia Cecylia Wojdat	98	Sh	36.28	<b>37.48</b> 486A
8. Svanfríður Steingrímsdóttir	99	Íþróttabandalag Reykjanesbæjar	38.34	<b>37.96</b> 468A
9. Apena Karaolani	00	Umf Afturelding	38.90	<b>38.69</b> 442R
10. Amalía Nanna Júlíusdóttir	02	Sundfélagið Rán	38.54	<b>38.91</b> 434R
11. Sigurjóna Ragnheiðardóttir	03	Sundfélagið Óðinn	38.87	<b>39.05</b> 430
12. Marta Buchanevic	01	Sundfélagið Ægir	37.29	<b>39.69</b> 409
13. Steinunn Rúna Ragnarsdóttir	99	Íþróttabandalag Reykjanesbæjar	39.75	<b>40.28</b> 392

Sundgrein 21

23.4.2016 - 10:43

karla, 50m bringusund

Opinn

Úrslitalistar Undanrásir

Íslandsmet 28.03 Jakob Jóhann Sveinsson Ægir Róm (ITA) 28.7.2009

EM50 14 +: 28.27

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
1. Anton Sveinn McKee	93	Sundfélagið Ægir	29.19	<b>30.24</b> 666A
2. Viktor Máni Vilbergsson	92	Sh	30.09	<b>30.26</b> 665A
3. Kristófer Sigurðsson	95	Íþróttabandalag Reykjanesbæjar	32.83	<b>32.45</b> 539A
4. Aron Örn Stefánsson	95	Sh	29.35	<b>32.54</b> 535A
5. Hólmsteinn Skorri Hallgrímsson	00	Sundfélagið Ægir	34.52	<b>32.82</b> 521A
6. Sævar Berg Sigurðsson	95	Sundfélag Akraness	33.06	<b>32.89</b> 518A
7. Jón Margeir Sverrisson	92	ÍBR	33.08	<b>32.97</b> 514A
8. Snævar Atli Halldórsson	00	Sundfélagið Óðinn	33.47	<b>33.29</b> 499A
9. Davíð Jónatansson	88	Sh	33.92	<b>33.65</b> 483R
10. Arnór Stefánsson	97	Sh	33.88	<b>33.85</b> 475R
11. Alexander Jóhannesson	92	ÍBR	32.09	<b>34.00</b> 469
12. Baldur Logi Gautason	00	Sundfélagið Óðinn	35.59	<b>36.90</b> 367
ÓG. Mikolaj Ólafur Frach	00	Vestri	35.19	

IM50 2016  
Reykjavík, 22. - 24.4.2016

Sundgrein 22  
23.4.2016 - 10:46

kvenna, 200m fjórsund

Opinn  
Úrslitalistar Undanrásir

Íslandsmet 2:13.82 Hrafnhildur Lúthersdóttir SH Reykjavík 2.6.2015

EM50 14 +: 2:17.35

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
1. Hrafnhildur Lúthersdóttir	91 Sh	2:13.83	<b>2:17.62</b>	769A
50m: 30.13 30.13 100m: 1:06.93 36.80 150m: 1:44.85 37.92 200m: 2:17.62 32.77				
2. Jóhanna Gerða Gústafsdóttir	90 Sundfélagið Ægir	2:18.14	<b>2:22.71</b>	690A
50m: 30.69 30.69 100m: 1:07.14 36.45 150m: 1:49.21 42.07 200m: 2:22.71 33.50				
3. María Fanney Kristjánsdóttir	00 Sh	2:32.28	<b>2:32.71</b>	563A
50m: 32.65 32.65 100m: 1:12.81 40.16 150m: 1:57.84 45.03 200m: 2:32.71 34.87				
4. Katarína Róbertsdóttir	00 Sh	2:39.09	<b>2:33.14</b>	558A
50m: 32.34 32.34 100m: 1:11.48 39.14 150m: 1:58.17 46.69 200m: 2:33.14 34.97				
5. Jóhanna Elín Guðmundsdóttir	01 Sh	2:46.65	<b>2:34.14</b>	547A
50m: 31.74 31.74 100m: 1:12.95 41.21 150m: 1:59.27 46.32 200m: 2:34.14 34.87				
6. Marta Buchanevic	01 Sundfélagið Ægir	2:32.96	<b>2:35.29</b>	535A
50m: 33.12 33.12 100m: 1:14.29 41.17 150m: 1:59.56 45.27 200m: 2:35.29 35.73				
7. Stefanía Sigurþórsdóttir	01 Íþróttabandalag Reykjanesbæja	2:32.69	<b>2:36.12</b>	527A
50m: 33.97 33.97 100m: 1:13.99 40.02 150m: 2:00.15 46.16 200m: 2:36.12 35.97				
8. Gunnhildur Björg Baldursdóttir	00 Íþróttabandalag Reykjanesbæja	2:38.93	<b>2:37.35</b>	514A
50m: 32.29 32.29 100m: 1:15.13 42.84 150m: 2:01.10 45.97 200m: 2:37.35 36.25				
9. Karen Mist Arngeirsdóttir	00 Íþróttabandalag Reykjanesbæja	2:38.76	<b>2:38.51</b>	503R
50m: 34.21 34.21 100m: 1:17.09 42.88 150m: 1:59.92 42.83 200m: 2:38.51 38.59				
10. Alexandra Tómasdóttir	01 Sundfélagið Óðinn	2:42.21	<b>2:41.13</b>	479R
50m: 36.29 36.29 100m: 1:18.20 41.91 150m: 2:04.82 46.62 200m: 2:41.13 36.31				
11. Þóra Snorradóttir	03 Sundfélagið Óðinn	2:42.46	<b>2:42.16</b>	470
50m: 34.97 34.97 100m: 1:15.70 40.73 150m: 2:04.34 48.64 200m: 2:42.16 37.82				
12. Svanfríður Steingrímsdóttir	99 Íþróttabandalag Reykjanesbæja	2:41.78	<b>2:42.61</b>	466
50m: 35.52 35.52 100m: 1:20.62 45.10 150m: 2:04.45 43.83 200m: 2:42.61 38.16				
13. Ágústa Rós Róbertsdóttir	98 ÍBR	2:41.28	<b>2:42.70</b>	465
50m: 34.52 34.52 100m: 1:16.34 41.82 150m: 2:06.17 49.83 200m: 2:42.70 36.53				
14. Brynhildur Traustadóttir	01 Sundfélag Akraness	2:46.64	<b>2:42.96</b>	463
50m: 32.47 32.47 100m: 1:16.17 43.70 150m: 2:07.01 50.84 200m: 2:42.96 35.95				
15. Adele Alexandra Pálsson	03 Sh	2:43.60	<b>2:43.20</b>	461
50m: 34.55 34.55 100m: 1:17.84 43.29 150m: 2:07.51 49.67 200m: 2:43.20 35.69				
16. Líf Þrastadóttir	00 Sunddeild Breiðabliks	2:42.13	<b>2:43.92</b>	455
50m: 36.10 36.10 100m: 1:21.74 45.64 150m: 2:08.42 46.68 200m: 2:43.92 35.50				
17. Bjarkey Jónasdóttir	99 Sundfélagið Ægir	2:41.66	<b>2:44.58</b>	450
50m: 34.17 34.17 100m: 1:17.36 43.19 150m: 2:06.82 49.46 200m: 2:44.58 37.76				
18. Berglind Bjarnadóttir	01 ÍBR	2:42.33	<b>2:45.22</b>	444
50m: 34.06 34.06 100m: 1:18.01 43.95 150m: 2:08.18 50.17 200m: 2:45.22 37.04				
19. Kristín Ylfa Guðmundsdóttir	02 Sh	2:47.96	<b>2:45.59</b>	441
50m: 34.89 34.89 100m: 1:20.11 45.22 150m: 2:08.13 48.02 200m: 2:45.59 37.46				
20. Diljá Rún Ívarsdóttir	02 Íþróttabandalag Reykjanesbæja	2:42.28	<b>2:46.03</b>	438
50m: 34.78 34.78 100m: 1:20.13 45.35 150m: 2:08.76 48.63 200m: 2:46.03 37.27				
21. María Arnarsdóttir	02 Sundfélagið Óðinn	2:47.02	<b>2:46.11</b>	437
50m: 36.44 36.44 100m: 1:18.86 42.42 150m: 2:08.98 50.12 200m: 2:46.11 37.13				
22. Ásgerður Jing Laufeyjardóttir	02 Sundfélag Akraness	2:48.02	<b>2:48.32</b>	420
50m: 37.40 37.40 100m: 1:20.17 42.77 150m: 2:09.86 49.69 200m: 2:48.32 38.46				



IM50 2016  
Reykjavík, 22. - 24.4.2016

Sundgrein 22, kvenna, 200m fjórsund, Undanrásir, Opinn

Sæti	F.ár	Undanrásir	Tími	Stig	
23. Sólrún Sigbórsdóttir	97	Sundfélag Akraness	2:44.73	<b>2:48.44</b> 419	
50m: 37.56 37.56	100m: 1:22.85	45.29	150m: 2:13.07	50.22 200m: 2:48.44	35.37
Klaudia Malesa	01	Íþróttabandalag Reykjanesbæjar	2:43.02	<b>2:48.44</b> 419	
50m: 35.59 35.59	100m: 1:22.90	47.31	150m: 2:11.90	49.00 200m: 2:48.44	36.54
25. Ágústa Bergrós Jakobsdóttir	02	ÍBR	2:44.83	<b>2:49.25</b> 413	
50m: 37.69 37.69	100m: 1:21.35	43.66	150m: 2:10.32	48.97 200m: 2:49.25	38.93
26. Kolbrún Eva Pálmadóttir	02	Íþróttabandalag Reykjanesbæjar	2:40.82	<b>2:49.81</b> 409	
50m: 36.50 36.50	100m: 1:21.59	45.09	150m: 2:11.21	49.62 200m: 2:49.81	38.60
27. Rannveig Katrín Arnarsdóttir	01	Sundfélagið Óðinn	2:46.62	<b>2:50.77</b> 402	
50m: 33.89 33.89	100m: 1:20.01	46.12	150m: 2:12.57	52.56 200m: 2:50.77	38.20
28. Gunnlaug Margrét Ólafsdóttir	97	Sunddeild Breiðabliks	2:48.11	<b>2:53.86</b> 381	
50m: 33.07 33.07	100m: 1:18.70	45.63	150m: 2:11.44	52.74 200m: 2:53.86	42.42
ÓG. Eydís Ósk Kolbeinsdóttir	00	Íþróttabandalag Reykjanesbæjar	2:28.68		
MÆekki Telma Brá Gunnarsdóttir	00	Sundfélagið Ægir	2:41.68		

Sundgrein 23

23.4.2016 - 11:02

karla, 200m fjórsund

Opinn

Úrslitalistar Undanrásir

Íslandsmet	2:05.54	Anton Sveinn McKee	Ægir	Reykjavík	2.6.2015
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EM50 14 +: 2:03.01

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig	
1. Kristinn Þórarinnsson	96	ÍBR	2:07.87	<b>2:10.43</b> 667A	
50m: 27.72 27.72	100m: 1:00.96	33.24	150m: 1:39.87	38.91 200m: 2:10.43	30.56
2. Ólafur Sigurðsson	99	Sh	2:21.01	<b>2:18.91</b> 552A	
50m: 28.81 28.81	100m: 1:08.06	39.25	150m: 1:47.94	39.88 200m: 2:18.91	30.97
3. Anton Sveinn McKee	93	Sundfélagið Ægir	2:04.53	<b>2:20.11</b> 538A	
50m: 30.24 30.24	100m: 1:08.19	37.95	150m: 1:44.87	36.68 200m: 2:20.11	35.24
4. Baldvin Sigmarsson	97	Íþróttabandalag Reykjanesbæjar	2:12.62	<b>2:20.56</b> 533A	
50m: 30.44 30.44	100m: 1:08.10	37.66	150m: 1:48.37	40.27 200m: 2:20.56	32.19
5. Huginn Hilmarsson	95	Sunddeild Breiðabliks	2:18.58	<b>2:20.78</b> 530A	
50m: 29.90 29.90	100m: 1:07.24	37.34	150m: 1:48.58	41.34 200m: 2:20.78	32.20
6. Hilmar Smári Jónsson	94	ÍBR	2:20.79	<b>2:21.38</b> 524A	
50m: 29.40 29.40	100m: 1:05.60	36.20	150m: 1:48.74	43.14 200m: 2:21.38	32.64
7. Hallgrímur Kjartansson	98	Sunddeild Breiðabliks	2:22.93	<b>2:21.99</b> 517A	
50m: 30.79 30.79	100m: 1:09.30	38.51	150m: 1:49.55	40.25 200m: 2:21.99	32.44
8. Ingi Þór Ólafsson	99	Íþróttabandalag Reykjanesbæjar	2:24.87	<b>2:22.80</b> 508A	
50m: 29.58 29.58	100m: 1:07.27	37.69	150m: 1:50.75	43.48 200m: 2:22.80	32.05
9. Jón Tumi Dagsson	01	Sh	2:28.17	<b>2:25.98</b> 476R	
50m: 32.16 32.16	100m: 1:12.12	39.96	150m: 1:55.12	43.00 200m: 2:25.98	30.86
10. Sævar Berg Sigurðsson	95	Sundfélag Akraness	2:20.56	<b>2:26.37</b> 472R	
50m: 30.45 30.45	100m: 1:10.89	40.44	150m: 1:51.33	40.44 200m: 2:26.37	35.04
11. Snævar Atli Halldórsson	00	Sundfélagið Óðinn	2:26.94	<b>2:26.71</b> 469	
50m: 30.31 30.31	100m: 1:11.91	41.60	150m: 1:52.54	40.63 200m: 2:26.71	34.17
12. Jökull Ýmir Guðmundsson	00	Sh	2:31.28	<b>2:31.06</b> 429	
50m: 31.22 31.22	100m: 1:12.25	41.03	150m: 1:56.84	44.59 200m: 2:31.06	34.22
13. Baldur Logi Gautason	00	Sundfélagið Óðinn	2:30.04	<b>2:32.17</b> 420	
50m: 32.07 32.07	100m: 1:13.51	41.44	150m: 1:57.24	43.73 200m: 2:32.17	34.93

IM50 2016  
Reykjavík, 22. - 24.4.2016

Sundgrein 23, karla, 200m fjórsund, Undanrásir, Opinn

Sæti	F.ár	Undanrásir	Tími	Stig
14. Atli Vikar Ingimundarson	97 Sundfélag Akraness	2:29.75	<b>2:37.25</b>	381
50m: 30.82 30.82	100m: 1:12.74 41.92	150m: 2:00.46 47.72	200m: 2:37.25 36.79	

Sundgrein 24

23.4.2016 - 11:10

kvenna, 1500m skriðsund

Opinn  
Úrslitalistar

Íslandsmet	17:17.61	Sigrún Brá Sverrisdóttir	Ægir	Columbia (USA)	23.7.2011
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EM50 14 +: 16:58.62

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
1. Eydis Ósk Kolbeinsdóttir	00 Íþróttabandalag Reykjanesbæ	17:36.25	<b>17:35.77</b>	673
50m: 30.22 30.22	450m: 5:12.14 36.07	850m: 9:57.24 35.69	1250m: 14:39.99 36.14	
100m: 1:03.23 33.01	500m: 5:47.74 35.60	900m: 10:31.80 34.56	1300m: 15:15.43 35.44	
150m: 1:37.78 34.55	550m: 6:23.60 35.86	950m: 11:06.62 34.82	1350m: 15:51.61 36.18	
200m: 2:12.92 35.14	600m: 6:59.01 35.41	1000m: 11:41.63 35.01	1400m: 16:27.06 35.45	
250m: 2:48.26 35.34	650m: 7:34.44 35.43	1050m: 12:17.15 35.52	1450m: 17:02.25 35.19	
300m: 3:24.11 35.85	700m: 8:09.88 35.44	1100m: 12:52.58 35.43	1500m: 17:35.77 33.52	
350m: 4:00.03 35.92	750m: 8:45.77 35.89	1150m: 13:28.35 35.77		
400m: 4:36.07 36.04	800m: 9:21.55 35.78	1200m: 14:03.85 35.50		
2. Bára Kristín Björgvinsdóttir	95 Sh	17:39.85	<b>17:46.60</b>	653
50m: 31.28 31.28	450m: 5:08.36 35.35	850m: 9:55.36 36.16	1250m: 14:46.49 36.55	
100m: 1:04.41 33.13	500m: 5:44.05 35.69	900m: 10:31.51 36.15	1300m: 15:22.72 36.23	
150m: 1:38.62 34.21	550m: 6:19.73 35.68	950m: 11:07.55 36.04	1350m: 15:59.12 36.40	
200m: 2:13.15 34.53	600m: 6:55.70 35.97	1000m: 11:43.89 36.34	1400m: 16:34.85 35.73	
250m: 2:47.85 34.70	650m: 7:31.46 35.76	1050m: 12:20.41 36.52	1450m: 17:11.29 36.44	
300m: 3:22.67 34.82	700m: 8:07.03 35.57	1100m: 12:57.05 36.64	1500m: 17:46.60 35.31	
350m: 3:57.65 34.98	750m: 8:43.20 36.17	1150m: 13:33.57 36.52		
400m: 4:33.01 35.36	800m: 9:19.20 36.00	1200m: 14:09.94 36.37		
3. Eyrún Agla Friðriksdóttir	99 Sh	17:49.01	<b>18:28.54</b>	581
50m: 32.51 32.51	450m: 5:26.99 37.18	850m: 10:29.61 37.89	1250m: 15:28.86 37.03	
100m: 1:07.33 34.82	500m: 6:04.87 37.88	900m: 11:07.36 37.75	1300m: 16:05.62 36.76	
150m: 1:44.03 36.70	550m: 6:42.45 37.58	950m: 11:45.84 38.48	1350m: 16:42.75 37.13	
200m: 2:20.63 36.60	600m: 7:19.78 37.33	1000m: 12:23.68 37.84	1400m: 17:19.38 36.63	
250m: 2:57.97 37.34	650m: 7:57.50 37.72	1050m: 13:00.83 37.15	1450m: 17:56.07 36.69	
300m: 3:35.37 37.40	700m: 8:35.32 37.82	1100m: 13:37.84 37.01	1500m: 18:28.54 32.47	
350m: 4:12.68 37.31	750m: 9:13.71 38.39	1150m: 14:14.71 36.87		
400m: 4:49.81 37.13	800m: 9:51.72 38.01	1200m: 14:51.83 37.12		
4. Kolbrún Eva Pálmadóttir	02 Íþróttabandalag Reykjanesbæ	18:45.94	<b>19:37.17</b>	485
50m: 35.30 35.30	450m: 5:51.92 39.98	850m: 11:08.38 39.39	1250m: 16:24.67 39.11	
100m: 1:14.41 39.11	500m: 6:31.06 39.14	900m: 11:48.14 39.76	1300m: 17:04.02 39.35	
150m: 1:53.61 39.20	550m: 7:10.66 39.60	950m: 12:27.81 39.67	1350m: 17:43.31 39.29	
200m: 2:32.96 39.35	600m: 7:50.21 39.55	1000m: 13:07.22 39.41	1400m: 18:22.80 39.49	
250m: 3:13.08 40.12	650m: 8:30.10 39.89	1050m: 13:47.03 39.81	1450m: 19:01.03 38.23	
300m: 3:52.47 39.39	700m: 9:09.98 39.88	1100m: 14:26.59 39.56	1500m: 19:37.17 36.14	
350m: 4:32.53 40.06	750m: 9:49.31 39.33	1150m: 15:05.95 39.36		
400m: 5:11.94 39.41	800m: 10:28.99 39.68	1200m: 15:45.56 39.61		
5. Hildur Elísabet Hálfðanardóttir	98 Sh	18:46.13	<b>19:37.55</b>	485
50m: 34.31 34.31	450m: 5:50.60 39.98	850m: 11:07.10 39.53	1250m: 16:24.78 38.49	
100m: 1:13.69 39.38	500m: 6:30.28 39.68	900m: 11:47.12 40.02	1300m: 17:04.42 39.64	
150m: 1:52.82 39.13	550m: 7:09.76 39.48	950m: 12:27.42 40.30	1350m: 17:44.17 39.75	
200m: 2:32.81 39.99	600m: 7:49.47 39.71	1000m: 13:07.93 40.51	1400m: 18:24.49 40.32	
250m: 3:12.18 39.37	650m: 8:29.11 39.64	1050m: 13:47.52 39.59	1450m: 19:01.69 37.20	
300m: 3:51.70 39.52	700m: 9:08.72 39.61	1100m: 14:27.67 40.15	1500m: 19:37.55 35.86	
350m: 4:30.59 38.89	750m: 9:47.87 39.15	1150m: 15:06.62 38.95		
400m: 5:10.62 40.03	800m: 10:27.57 39.70	1200m: 15:46.29 39.67		

IM50 2016  
Reykjavík, 22. - 24.4.2016

Sundgrein 24, kvenna, 1500m skriðsund, Opinn

Sæti			F.ár		Undanrásir			Tími	Stig
<b>6.</b>	<b>Ylfa Finnbogadóttir</b>		<b>02 Sh</b>		<b>19:52.03</b>			<b>19:48.99</b>	<b>471</b>
	50m:	35.05 35.05	450m:	5:52.30 39.92	850m:	11:10.72 40.06	1250m:	16:31.80 39.89	
	100m:	1:14.04 38.99	500m:	6:31.89 39.59	900m:	11:50.93 40.21	1300m:	17:11.37 39.57	
	150m:	1:53.43 39.39	550m:	7:11.73 39.84	950m:	12:31.16 40.23	1350m:	17:51.44 40.07	
	200m:	2:33.09 39.66	600m:	7:51.30 39.57	1000m:	13:11.02 39.86	1400m:	18:31.85 40.41	
	250m:	3:13.32 40.23	650m:	8:31.33 40.03	1050m:	13:51.51 40.49	1450m:	19:10.76 38.91	
	300m:	3:52.79 39.47	700m:	9:11.38 40.05	1100m:	14:31.17 39.66	1500m:	19:48.99 38.23	
	350m:	4:32.98 40.19	750m:	9:51.49 40.11	1150m:	15:12.10 40.93			
	400m:	5:12.38 39.40	800m:	10:30.66 39.17	1200m:	15:51.91 39.81			

Sundgrein 25  
23.4.2016 - 11:10

karla, 1500m skriðsund

Opinn  
Úrslitalistar

Íslandsmet	15:27.08	Anton Sveinn McKee	Ægir	Reykjavík	13.4.2012
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EM50 14 +: 15:36.99

Stig: FINA 2016

Sæti			F.ár		Undanrásir			Tími	Stig	
<b>1.</b>	<b>Pröstur Bjarnason</b>		<b>97</b>		<b>Íþróttabandalag Reykjanesbæ16:32.35</b>			<b>16:09.88</b>	<b>724</b>	
	50m:	28.50 28.50	450m:	4:45.60 32.49	850m:	9:05.28 32.64	1250m:	13:27.41 33.00		
	100m:	59.68 31.18	500m:	5:17.74 32.14	900m:	9:38.35 33.07	1300m:	13:59.98 32.57		
	150m:	1:31.95 32.27	550m:	5:50.18 32.44	950m:	10:10.19 31.84	1350m:	14:32.94 32.96		
	200m:	2:04.08 32.13	600m:	6:23.28 33.10	1000m:	10:42.96 32.77	1400m:	15:05.97 33.03		
	250m:	2:36.57 32.49	650m:	6:55.37 32.09	1050m:	11:15.84 32.88	1450m:	15:38.23 32.26		
	300m:	3:08.73 32.16	700m:	7:27.80 32.43	1100m:	11:49.02 33.18	1500m:	16:09.88 31.65		
	350m:	3:40.96 32.23	750m:	8:00.06 32.26	1150m:	12:21.64 32.62				
	400m:	4:13.11 32.15	800m:	8:32.64 32.58	1200m:	12:54.41 32.77				
<b>2.</b>	<b>Hafþór Jón Sigurðsson</b>		<b>97</b>		<b>Sh</b>			<b>16:36.08</b>	<b>16:40.08</b>	<b>660</b>
	50m:	29.27 29.27	450m:	4:54.43 33.71	850m:	9:22.88 33.78	1250m:	13:52.83 33.81		
	100m:	1:01.35 32.08	500m:	5:28.12 33.69	900m:	9:56.61 33.73	1300m:	14:26.73 33.90		
	150m:	1:33.98 32.63	550m:	6:01.56 33.44	950m:	10:30.37 33.76	1350m:	15:00.53 33.80		
	200m:	2:06.90 32.92	600m:	6:34.86 33.30	1000m:	11:04.07 33.70	1400m:	15:34.01 33.48		
	250m:	2:40.01 33.11	650m:	7:08.38 33.52	1050m:	11:37.91 33.84	1450m:	16:07.55 33.54		
	300m:	3:13.40 33.39	700m:	7:41.87 33.49	1100m:	12:11.61 33.70	1500m:	16:40.08 32.53		
	350m:	3:47.05 33.65	750m:	8:15.63 33.76	1150m:	12:45.52 33.91				
	400m:	4:20.72 33.67	800m:	8:49.10 33.47	1200m:	13:19.02 33.50				
<b>3.</b>	<b>Björgvin Theódór Hilmarsson</b>		<b>98</b>		<b>Íþróttabandalag Reykjanesbæ16:34.64</b>			<b>17:32.03</b>	<b>567</b>	
	50m:	29.67 29.67	450m:	5:06.04 34.99	850m:	9:48.96 35.27	1250m:	14:35.27 35.57		
	100m:	1:02.97 33.30	500m:	5:41.33 35.29	900m:	10:24.49 35.53	1300m:	15:11.33 36.06		
	150m:	1:37.16 34.19	550m:	6:16.62 35.29	950m:	11:00.34 35.85	1350m:	15:47.28 35.95		
	200m:	2:11.42 34.26	600m:	6:51.97 35.35	1000m:	11:36.08 35.74	1400m:	16:22.81 35.53		
	250m:	2:46.27 34.85	650m:	7:27.20 35.23	1050m:	12:12.06 35.98	1450m:	16:58.25 35.44		
	300m:	3:21.09 34.82	700m:	8:02.76 35.56	1100m:	12:47.68 35.62	1500m:	17:32.03 33.78		
	350m:	3:55.89 34.80	750m:	8:37.99 35.23	1150m:	13:23.72 36.04				
	400m:	4:31.05 35.16	800m:	9:13.69 35.70	1200m:	13:59.70 35.98				
<b>4.</b>	<b>Óskar Gauti Lund</b>		<b>99</b>		<b>Sunddeild Breiðabliks</b>			<b>17:46.89</b>	<b>17:36.84</b>	<b>559</b>
	50m:	30.21 30.21	450m:	5:14.81 34.53	850m:	10:00.10 34.48	1250m:	14:44.21 34.08		
	100m:	1:04.49 34.28	500m:	5:51.13 36.32	900m:	10:35.46 35.36	1300m:	15:18.87 34.66		
	150m:	1:40.14 35.65	550m:	6:27.01 35.88	950m:	11:10.99 35.53	1350m:	15:53.78 34.91		
	200m:	2:16.16 36.02	600m:	7:02.84 35.83	1000m:	11:46.96 35.97	1400m:	16:29.31 35.53		
	250m:	2:51.96 35.80	650m:	7:38.62 35.78	1050m:	12:22.42 35.46	1450m:	17:03.15 33.84		
	300m:	3:28.27 36.31	700m:	8:14.20 35.58	1100m:	12:58.21 35.79	1500m:	17:36.84 33.69		
	350m:	4:04.31 36.04	750m:	8:50.06 35.86	1150m:	13:33.86 35.65				
	400m:	4:40.28 35.97	800m:	9:25.62 35.56	1200m:	14:10.13 36.27				
<b>5.</b>	<b>Patrik Viggó Vilbergsson</b>		<b>02</b>		<b>Sunddeild Breiðabliks</b>			<b>18:25.74</b>	<b>17:37.14</b>	<b>559</b>
	50m:	30.49 30.49	450m:	5:12.28 35.56	850m:	9:57.39 35.38	1250m:	14:41.29 35.41		
	100m:	1:04.62 34.13	500m:	5:48.06 35.78	900m:	10:33.13 35.74	1300m:	15:16.97 35.68		
	150m:	1:39.88 35.26	550m:	6:23.57 35.51	950m:	11:08.10 34.97	1350m:	15:52.66 35.69		
	200m:	2:15.00 35.12	600m:	6:59.28 35.71	1000m:	11:43.90 35.80	1400m:	16:28.07 35.41		
	250m:	2:50.24 35.24	650m:	7:35.07 35.79	1050m:	12:19.26 35.36	1450m:	17:02.75 34.68		
	300m:	3:25.55 35.31	700m:	8:10.65 35.58	1100m:	12:54.76 35.50	1500m:	17:37.14 34.39		
	350m:	4:01.36 35.81	750m:	8:46.31 35.66	1150m:	13:30.20 35.44				
	400m:	4:36.72 35.36	800m:	9:22.01 35.70	1200m:	14:05.88 35.68				

IM50 2016  
Reykjavík, 22. - 24.4.2016

Sundgrein 25, karla, 1500m skriðsund, Opinn

Sæti				F.ár				Undanrásir	Tími	Stig		
<b>6.</b>	<b>Bjartur Þórhallsson</b>			<b>00</b>	<b>Sundfélagið Ægir</b>			<b>17:58.18</b>	<b>17:38.44</b>	<b>557</b>		
	50m:	29.90	29.90	450m:	5:09.82	35.38	850m:	9:55.97	36.30	1250m:	14:43.19	35.59
	100m:	1:03.50	33.60	500m:	5:45.57	35.75	900m:	10:32.12	36.15	1300m:	15:18.74	35.55
	150m:	1:38.23	34.73	550m:	6:21.10	35.53	950m:	11:08.20	36.08	1350m:	15:54.26	35.52
	200m:	2:13.35	35.12	600m:	6:56.72	35.62	1000m:	11:44.50	36.30	1400m:	16:29.66	35.40
	250m:	2:48.45	35.10	650m:	7:32.56	35.84	1050m:	12:20.31	35.81	1450m:	17:04.91	35.25
	300m:	3:23.73	35.28	700m:	8:08.33	35.77	1100m:	12:56.24	35.93	1500m:	17:38.44	33.53
	350m:	3:58.93	35.20	750m:	8:44.12	35.79	1150m:	13:31.87	35.63			
	400m:	4:34.44	35.51	800m:	9:19.67	35.55	1200m:	14:07.60	35.73			
<b>7.</b>	<b>Hilmir Örn Ólafsson</b>			<b>01</b>	<b>Sundfélagið Ægir</b>			<b>18:17.81</b>	<b>17:58.82</b>	<b>526</b>		
	50m:	31.40	31.40	450m:	5:21.27	35.83	850m:	10:11.00	36.10	1250m:	14:59.82	35.84
	100m:	1:06.74	35.34	500m:	5:57.37	36.10	900m:	10:47.40	36.40	1300m:	15:36.24	36.42
	150m:	1:43.10	36.36	550m:	6:33.46	36.09	950m:	11:23.91	36.51	1350m:	16:12.35	36.11
	200m:	2:19.61	36.51	600m:	7:09.65	36.19	1000m:	11:59.53	35.62	1400m:	16:48.66	36.31
	250m:	2:56.44	36.83	650m:	7:45.90	36.25	1050m:	12:35.72	36.19	1450m:	17:24.13	35.47
	300m:	3:32.64	36.20	700m:	8:22.42	36.52	1100m:	13:11.97	36.25	1500m:	17:58.82	34.69
	350m:	4:08.88	36.24	750m:	8:58.48	36.06	1150m:	13:48.17	36.20			
	400m:	4:45.44	36.56	800m:	9:34.90	36.42	1200m:	14:23.98	35.81			
<b>8.</b>	<b>Björgvin Árni Júlíusson</b>			<b>01</b>	<b>ÍBR</b>			<b>18:32.16</b>	<b>18:42.69</b>	<b>466</b>		
	50m:	32.62	32.62	450m:	5:33.32	37.89	850m:	10:35.07	37.60	1250m:	15:37.56	37.93
	100m:	1:08.74	36.12	500m:	6:10.89	37.57	900m:	11:12.41	37.34	1300m:	16:15.68	38.12
	150m:	1:46.43	37.69	550m:	6:48.89	38.00	950m:	11:50.75	38.34	1350m:	16:52.78	37.10
	200m:	2:23.78	37.35	600m:	7:26.72	37.83	1000m:	12:28.51	37.76	1400m:	17:30.30	37.52
	250m:	3:02.00	38.22	650m:	8:04.93	38.21	1050m:	13:06.31	37.80	1450m:	18:07.23	36.93
	300m:	3:39.41	37.41	700m:	8:42.38	37.45	1100m:	13:43.91	37.60	1500m:	18:42.69	35.46
	350m:	4:17.78	38.37	750m:	9:20.18	37.80	1150m:	14:22.11	38.20			
	400m:	4:55.43	37.65	800m:	9:57.47	37.29	1200m:	14:59.63	37.52			
<b>9.</b>	<b>Halldór Björn Kristinsson</b>			<b>02</b>	<b>Sundfélagið Ægir</b>			<b>18:51.59</b>	<b>19:06.53</b>	<b>438</b>		
	50m:	32.50	32.50	450m:	5:37.11	38.82	850m:	10:45.97	38.70	1250m:	15:54.48	39.07
	100m:	1:08.90	36.40	500m:	6:15.62	38.51	900m:	11:24.56	38.59	1300m:	16:32.48	38.00
	150m:	1:47.44	38.54	550m:	6:54.58	38.96	950m:	12:03.24	38.68	1350m:	17:11.41	38.93
	200m:	2:25.18	37.74	600m:	7:32.64	38.06	1000m:	12:41.23	37.99	1400m:	17:49.57	38.16
	250m:	3:03.71	38.53	650m:	8:11.23	38.59	1050m:	13:20.18	38.95	1450m:	18:28.74	39.17
	300m:	3:41.57	37.86	700m:	8:49.86	38.63	1100m:	13:58.07	37.89	1500m:	19:06.53	37.79
	350m:	4:20.31	38.74	750m:	9:28.81	38.95	1150m:	14:36.84	38.77			
	400m:	4:58.29	37.98	800m:	10:07.27	38.46	1200m:	15:15.41	38.57			

IM50 2016  
Reykjavík, 22. - 24.4.2016

4 - 4. hluti - úrslit

23.4.2016 - 16:30

Sundgrein 14 kvenna, 100m baksund Opinn  
23.4.2016 - 16:30 Úrslitalistar Úrslitsund

Íslandsmet 1:00.25 Eygló Ósk Gústafsdóttir Ægir Kazan (RUS) 3.8.2015

EM50 14 +: 1:02.79

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
<b>Úrslitasund</b>				
1. Eygló Ósk Gústafsdóttir	95	Sundfélagið Ægir	1:03.45	<b>1:00.88</b> 870EM5
50m: 29.53 29.53	100m: 1:00.88	31.35		
2. Athena Neve Leex	97	Sunddeild Breiðabliks	1:08.88	<b>1:07.49</b> 638
50m: 32.32 32.32	100m: 1:07.49	35.17		
3. Katarína Róbertsdóttir	00	Sh	1:08.94	<b>1:07.92</b> 626
50m: 33.09 33.09	100m: 1:07.92	34.83		
4. Steingerður Hauksdóttir	96	ÍBR	1:10.61	<b>1:08.87</b> 601
50m: 32.91 32.91	100m: 1:08.87	35.96		
5. Snæfríður Sól Jórunnardóttir	00	Hamar	1:11.66	<b>1:10.00</b> 572
50m: 33.80 33.80	100m: 1:10.00	36.20		
6. Ásta Kristín Jónsdóttir	00	ÍBR	1:11.37	<b>1:11.39</b> 539
50m: 34.38 34.38	100m: 1:11.39	37.01		
7. María Arnarsdóttir	02	Sundfélagið Óðinn	1:13.14	<b>1:12.95</b> 505
50m: 35.61 35.61	100m: 1:12.95	37.34		
ÓG. Guðný Birna Sigurðardóttir	99	Vestri	1:12.91	

Sundgrein 15 karla, 100m baksund Opinn  
23.4.2016 - 16:33 Úrslitalistar Úrslitsund

Íslandsmet 54.75 Örn Arnason SH Fukuoka (JPN) 23.7.2001

EM50 14 +: 56.10

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
<b>Úrslitasund</b>				
1. Kristinn Þórarinsson	96	ÍBR	57.07	<b>56.86</b> 762
50m: 27.39 27.39	100m: 56.86	29.47		
2. Kolbeinn Hrafnkelsson	94	Sh	59.04	<b>58.34</b> 705
50m: 28.15 28.15	100m: 58.34	30.19		
3. Brynjólfur Óli Karlsson	01	Sunddeild Breiðabliks	1:01.28	<b>1:00.40</b> 635
50m: 28.97 28.97	100m: 1:00.40	31.43		
4. Kristján Gylfi Þórisson	00	Sundfélagið Ægir	1:02.75	<b>1:01.30</b> 608
50m: 29.84 29.84	100m: 1:01.30	31.46		
5. Hafsteinn Ari Ágústsson	00	Sunddeild Breiðabliks	1:07.23	<b>1:06.84</b> 469
50m: 32.42 32.42	100m: 1:06.84	34.42		
6. Ólafur Carl Granz	98	Sundfélagið Ægir	1:08.97	<b>1:08.18</b> 442
50m: 32.60 32.60	100m: 1:08.18	35.58		
7. Patrik Viggó Vilbergsson	02	Sunddeild Breiðabliks	1:07.50	<b>1:08.20</b> 441
50m: 33.01 33.01	100m: 1:08.20	35.19		

IM50 2016  
Reykjavík, 22. - 24.4.2016

Sundgrein 16 kvenna, 200m flugsund Opinn  
23.4.2016 - 16:35 Úrslitalistar Úrslitsund

Íslandsmet 2:18.79 Erla Dögg Haraldsdóttir ÍRB Reykjavík 6.4.2008

EM50 14 +: 2:14.44

Stig: FINA 2016

Sæti				F.ár					Undanrásir	Tími	Stig
Úrslitasund											
1.	Inga Elin Cryer			93	Sundfélagið Ægir				2:25.02	<b>2:21.83</b>	633
	50m:	31.39	31.39	100m:	1:06.53	35.14	150m:	1:43.61	37.08	200m:	2:21.83 38.22
2.	Elín Kata Sigurgeirsdóttir			99	Sundfélagið Óðinn				2:27.05	<b>2:26.13</b>	579
	50m:	31.99	31.99	100m:	1:09.38	37.39	150m:	1:47.77	38.39	200m:	2:26.13 38.36
3.	Gunnhildur Björg Baldursdóttir			00	Íþróttabandalag Reykjanesbæja				2:27.84	<b>2:26.35</b>	576
	50m:	31.37	31.37	100m:	1:08.15	36.78	150m:	1:46.96	38.81	200m:	2:26.35 39.39
4.	Sunneva Dögg Friðriksdóttir			99	Íþróttabandalag Reykjanesbæja				2:31.86	<b>2:29.30</b>	543
	50m:	31.47	31.47	100m:	1:08.20	36.73	150m:	1:47.78	39.58	200m:	2:29.30 41.52
5.	María Fanney Kristjánsdóttir			00	Sh				2:31.57	<b>2:30.34</b>	531
	50m:	32.98	32.98	100m:	1:11.28	38.30	150m:	1:51.10	39.82	200m:	2:30.34 39.24
6.	Rannveig Katrín Arnarsdóttir			01	Sundfélagið Óðinn				2:36.10	<b>2:33.94</b>	495
	50m:	33.54	33.54	100m:	1:13.59	40.05	150m:	1:54.18	40.59	200m:	2:33.94 39.76
7.	Sylwia Sienkiewicz			99	Íþróttabandalag Reykjanesbæja				2:37.42	<b>2:36.86</b>	468
	50m:	33.30	33.30	100m:	1:12.85	39.55	150m:	1:54.85	42.00	200m:	2:36.86 42.01

Sundgrein 17 karla, 200m flugsund Opinn  
23.4.2016 - 16:48 Úrslitalistar Úrslitsund

Íslandsmet 2:02.97 Sindri Þór Jakobsson Bergen Prag (CZE) 9.7.2009

EM50 14 +: 2:00.32

Stig: FINA 2016

Sæti				F.ár					Undanrásir	Tími	Stig
Úrslitasund											
1.	Baldvin Sigmarsson			97	Íþróttabandalag Reykjanesbæja				2:20.55	<b>2:15.31</b>	559
	50m:	29.67	29.67	100m:	1:02.95	33.28	150m:	1:38.67	35.72	200m:	2:15.31 36.64
2.	Hafþór Jón Sigurðsson			97	Sh				2:20.22	<b>2:19.82</b>	507
	50m:	30.58	30.58	100m:	1:06.14	35.56	150m:	1:42.46	36.32	200m:	2:19.82 37.36
3.	Ingi Þór Ólafsson			99	Íþróttabandalag Reykjanesbæja				2:24.15	<b>2:22.72</b>	476
	50m:	30.63	30.63	100m:	1:05.97	35.34	150m:	1:44.15	38.18	200m:	2:22.72 38.57
4.	Jökull Ýmir Guðmundsson			00	Sh				2:26.37	<b>2:22.87</b>	475
	50m:	30.72	30.72	100m:	1:06.97	36.25	150m:	1:45.08	38.11	200m:	2:22.87 37.79

IM50 2016  
Reykjavík, 22. - 24.4.2016

Sundgrein 18 kvenna, 100m skriðsund Opinn  
23.4.2016 - 16:51 Úrslitalistar Úrslitsund

Íslandsmet 55.66 Ragnheiður Ragnarsdóttir KR Reykjanesbæ 25.4.2009

EM50 14 +: 56.44

Stig: FINA 2016

Sæti			F.ár			Undanrásir	Tími	Stig
<b>Úrslitasund</b>								
1.	Bryndís Rún Hansen		93	Sundfélagið Óðinn		57.06	<b>56.26</b>	792EM5
	50m: 26.84 26.84	100m: 56.26		29.42				
2.	Ingibjörg Kristín Jónsdóttir		93	Sh		59.02	<b>58.29</b>	712
	50m: 27.76 27.76	100m: 58.29		30.53				
3.	Snæfríður Sól Jörunnardóttir		00	Hamar		59.53	<b>59.05</b>	685
	50m: 28.49 28.49	100m: 59.05		30.56				
4.	Bryndís Bolladóttir		99	Sundfélagið Ægir		1:01.37	<b>1:01.40</b>	609
	50m: 29.29 29.29	100m: 1:01.40		32.11				
5.	Jóhanna Elín Guðmundsdóttir		01	Sh		1:01.97	<b>1:01.76</b>	599
	50m: 29.55 29.55	100m: 1:01.76		32.21				
6.	Ragna Sigríður Ragnarsdóttir		01	ÍBR		1:01.98	<b>1:01.82</b>	597
	50m: 29.58 29.58	100m: 1:01.82		32.24				
	Ásta Kristín Jónsdóttir		00	ÍBR		1:02.23	<b>1:01.82</b>	597
	50m: 29.65 29.65	100m: 1:01.82		32.17				
8.	Guðný Erna Bjarnadóttir		94	Sh		1:01.71	<b>1:02.32</b>	583
	50m: 29.40 29.40	100m: 1:02.32		32.92				

Sundgrein 19 karla, 100m skriðsund Opinn  
23.4.2016 - 17:02 Úrslitalistar Úrslitsund

Íslandsmet 49.97 Örn Arnason SH Monaco (MON) 5.6.2007

EM50 14 +: 50.63

Stig: FINA 2016

Sæti			F.ár			Undanrásir	Tími	Stig
<b>Úrslitasund</b>								
1.	Aron Örn Stefánsson		95	Sh		52.10	<b>51.86</b>	740
	50m: 24.54 24.54	100m: 51.86		27.32				
2.	Alexander Jóhannesson		92	ÍBR		54.37	<b>52.37</b>	718
	50m: 24.97 24.97	100m: 52.37		27.40				
3.	Kristófer Sigurðsson		95	Íþróttabandalag Reykjanesbæjar	52.27		<b>52.46</b>	715
	50m: 24.92 24.92	100m: 52.46		27.54				
4.	Birkir Snær Helgason		94	Sundfélagið Ægir		54.66	<b>54.33</b>	643
	50m: 26.40 26.40	100m: 54.33		27.93				
5.	Predrag Milos		95	Sh		54.42	<b>54.34</b>	643
	50m: 25.67 25.67	100m: 54.34		28.67				
6.	Hilmar Smári Jónsson		94	ÍBR		55.00	<b>54.47</b>	638
	50m: 26.34 26.34	100m: 54.47		28.13				
7.	Davíð Fannar Ragnarsson		98	Sunddeild Breiðabliks		55.39	<b>55.08</b>	617
	50m: 26.69 26.69	100m: 55.08		28.39				
8.	Huginn Hilmarsson		95	Sunddeild Breiðabliks		55.70	<b>55.61</b>	600
	50m: 26.49 26.49	100m: 55.61		29.12				

IM50 2016  
Reykjavík, 22. - 24.4.2016

Sundgrein 20 kvenna, 50m bringusund Opinn  
23.4.2016 - 17:05 Úrslitalistar Úrslitsund

Íslandsmet 30.90 Hrafnhildur Lúthersdóttir SH Kazan (RUS) 8.8.2015

EM50 14 +: 32.29

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
<b>Úrslitasund</b>				
1.	Hrafnhildur Lúthersdóttir	91 Sh	31.82	<b>31.47</b> 822EM5
2.	Karen Mist Arngeldsdóttir	00 Íþróttabandalag Reykjaneshæjar	35.71	<b>34.99</b> 598
3.	Karen Sif Vilhjálmsdóttir	93 Sh	35.68	<b>35.05</b> 595
4.	Sunna Svanlaug Vilhjálmsdóttir	00 Sh	36.50	<b>35.90</b> 553
5.	Nanna Björk Barkardóttir	98 Sundfélagið Óðinn	36.91	<b>36.15</b> 542
6.	Natalia Cecylia Wojdat	98 Sh	37.48	<b>36.38</b> 532
7.	Svanfríður Steingrimsdóttir	99 Íþróttabandalag Reykjaneshæjar	37.96	<b>38.38</b> 453
8.	Aþena Karaolani	00 Umf Afturelding	38.69	<b>39.25</b> 423

Sundgrein 21 karla, 50m bringusund Opinn  
23.4.2016 - 17:15 Úrslitalistar Úrslitsund

Íslandsmet 28.03 Jakob Jóhann Sveinsson Ægir Róm (ITA) 28.7.2009

EM50 14 +: 28.27

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
<b>Úrslitasund</b>				
1.	Anton Sveinn McKee	93 Sundfélagið Ægir	30.24	<b>28.49</b> 797
2.	Viktor Máni Vilbergsson	92 Sh	30.26	<b>30.03</b> 680
3.	Sævar Berg Sigurðsson	95 Sundfélag Akraness	32.89	<b>32.03</b> 561
4.	Jón Margeir Sverrisson	92 ÍBR	32.97	<b>32.30</b> 547
5.	Hólmsteinn Skorri Hallgrímsson	00 Sundfélagið Ægir	32.82	<b>32.42</b> 541
6.	Arnór Stefánsson	97 Sh	33.85	<b>32.73</b> 525
7.	Kristófer Sigurðsson	95 Íþróttabandalag Reykjaneshæjar	32.45	<b>32.81</b> 522
8.	Snævar Atli Halldórsson	00 Sundfélagið Óðinn	33.29	<b>32.91</b> 517

Sundgrein 22 kvenna, 200m fjórsund Opinn  
23.4.2016 - 17:17 Úrslitalistar Úrslitsund

Íslandsmet 2:13.82 Hrafnhildur Lúthersdóttir SH Reykjavík 2.6.2015

EM50 14 +: 2:17.35

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
<b>Úrslitasund</b>				
1.	Hrafnhildur Lúthersdóttir	91 Sh	2:17.62	<b>2:14.94</b> 816EM5
	50m: 29.48 29.48 100m: 1:05.28 35.80 150m: 1:42.49 37.21 200m: 2:14.94 32.45			
2.	Jóhanna Gerða Gústafsdóttir	90 Sundfélagið Ægir	2:22.71	<b>2:19.95</b> 731
	50m: 29.98 29.98 100m: 1:04.77 34.79 150m: 1:46.62 41.85 200m: 2:19.95 33.33			
3.	Stefanía Sigurþórsdóttir	01 Íþróttabandalag Reykjaneshæjar	2:36.12	<b>2:29.73</b> 597
	50m: 33.26 33.26 100m: 1:12.22 38.96 150m: 1:56.15 43.93 200m: 2:29.73 33.58			
4.	María Fanney Kristjánsdóttir	00 Sh	2:32.71	<b>2:29.94</b> 595
	50m: 32.55 32.55 100m: 1:12.73 40.18 150m: 1:56.65 43.92 200m: 2:29.94 33.29			
5.	Katarína Róbertsdóttir	00 Sh	2:33.14	<b>2:31.93</b> 572
	50m: 32.23 32.23 100m: 1:11.12 38.89 150m: 1:57.46 46.34 200m: 2:31.93 34.47			
6.	Jóhanna Elín Guðmundsdóttir	01 Sh	2:34.14	<b>2:33.06</b> 559
	50m: 32.40 32.40 100m: 1:14.78 42.38 150m: 1:59.63 44.85 200m: 2:33.06 33.43			



IM50 2016  
Reykjavík, 22. - 24.4.2016

Sundgrein 22, kvenna, 200m fjórsund, Úrslitsund, Opinn

Sæti	F.ár	Undanrásir	Tími	Stig
7. Marta Buchanevic	01 Sundfélagið Ægir	2:35.29	<b>2:34.22</b>	546
50m: 32.15 32.15	100m: 1:12.30 40.15 150m: 1:58.26 45.96	200m: 2:34.22 35.96		
8. Alexandra Tómasdóttir	01 Sundfélagið Óðinn	2:41.13	<b>2:39.37</b>	495
50m: 35.34 35.34	100m: 1:15.73 40.39 150m: 2:03.12 47.39	200m: 2:39.37 36.25		

Sundgrein 23 karla, 200m fjórsund Opinn  
23.4.2016 - 17:29 Úrslitalistar Úrslitsund

Íslandsmet	2:05.54	Anton Sveinn McKee	Ægir	Reykjavík	2.6.2015
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EM50 14 +: 2:03.01

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
Úrslitasund				
1. Anton Sveinn McKee	93 Sundfélagið Ægir	2:20.11	<b>2:04.73</b>	763
<i>Nýtt Íslandsmet</i>				
50m: 27.94 27.94	100m: 1:01.44 33.50 150m: 1:34.77 33.33	200m: 2:04.73 29.96		
2. Kristinn Þórarinsson	96 ÍBR	2:10.43	<b>2:08.98</b>	690
50m: 28.04 28.04	100m: 1:00.09 32.05 150m: 1:38.23 38.14	200m: 2:08.98 30.75		
3. Huginn Hilmarsson	95 Sunddeild Breiðabliks	2:20.78	<b>2:16.22</b>	586
50m: 29.52 29.52	100m: 1:06.56 37.04 150m: 1:45.64 39.08	200m: 2:16.22 30.58		
4. Ólafur Sigurðsson	99 Sh	2:18.91	<b>2:16.34</b>	584
50m: 28.76 28.76	100m: 1:07.59 38.83 150m: 1:46.13 38.54	200m: 2:16.34 30.21		
5. Baldvin Sigmarsson	97 Íþróttabandalag Reykjanesbæja	2:20.56	<b>2:16.52</b>	582
50m: 29.61 29.61	100m: 1:06.49 36.88 150m: 1:45.88 39.39	200m: 2:16.52 30.64		
6. Hallgrímur Kjartansson	98 Sunddeild Breiðabliks	2:21.99	<b>2:21.15</b>	526
50m: 30.56 30.56	100m: 1:08.66 38.10 150m: 1:48.47 39.81	200m: 2:21.15 32.68		
7. Ingi Þór Ólafsson	99 Íþróttabandalag Reykjanesbæja	2:22.80	<b>2:24.57</b>	490
50m: 30.20 30.20	100m: 1:07.71 37.51 150m: 1:51.54 43.83	200m: 2:24.57 33.03		
8. Jón Tumi Dagsson	01 Sh	2:25.98	<b>2:25.19</b>	484
50m: 31.50 31.50	100m: 1:10.52 39.02 150m: 1:54.24 43.72	200m: 2:25.19 30.95		

Sundgrein 24 kvenna, 1500m skriðsund Opinn  
23.4.2016 - 17:33 Úrslitalistar

Íslandsmet	17:17.61	Sigrún Brá Sverrisdóttir	Ægir	Columbia (USA)	23.7.2011
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EM50 14 +: 16:58.62

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
1. Eydís Ósk Kolbeinsdóttir	00 Íþróttabandalag Reykjanesbæja	17:36.25	<b>17:35.77</b>	673
50m: 30.22 30.22	450m: 5:12.14 36.07 850m: 9:57.24 35.69	1250m: 14:39.99 36.14		
100m: 1:03.23 33.01	500m: 5:47.74 35.60 900m: 10:31.80 34.56	1300m: 15:15.43 35.44		
150m: 1:37.78 34.55	550m: 6:23.60 35.86 950m: 11:06.62 34.82	1350m: 15:51.61 36.18		
200m: 2:12.92 35.14	600m: 6:59.01 35.41 1000m: 11:41.63 35.01	1400m: 16:27.06 35.45		
250m: 2:48.26 35.34	650m: 7:34.44 35.43 1050m: 12:17.15 35.52	1450m: 17:02.25 35.19		
300m: 3:24.11 35.85	700m: 8:09.88 35.44 1100m: 12:52.58 35.43	1500m: 17:35.77 33.52		
350m: 4:00.03 35.92	750m: 8:45.77 35.89 1150m: 13:28.35 35.77			
400m: 4:36.07 36.04	800m: 9:21.55 35.78 1200m: 14:03.85 35.50			

IM50 2016  
Reykjavík, 22. - 24.4.2016

Sundgrein 24, kvenna, 1500m skriðsund, Opinn

Sæti	F.ár			Undanrásir			Tími	Stig		
<b>2.</b>	<b>Bára Kristín Björgvinsdóttir</b>			<b>95</b>	<b>Sh</b>			<b>17:39.85</b>	<b>17:46.60</b>	<b>653</b>
	50m: 31.28	31.28	450m: 5:08.36	35.35	850m: 9:55.36	36.16	1250m: 14:46.49	36.55		
	100m: 1:04.41	33.13	500m: 5:44.05	35.69	900m: 10:31.51	36.15	1300m: 15:22.72	36.23		
	150m: 1:38.62	34.21	550m: 6:19.73	35.68	950m: 11:07.55	36.04	1350m: 15:59.12	36.40		
	200m: 2:13.15	34.53	600m: 6:55.70	35.97	1000m: 11:43.89	36.34	1400m: 16:34.85	35.73		
	250m: 2:47.85	34.70	650m: 7:31.46	35.76	1050m: 12:20.41	36.52	1450m: 17:11.29	36.44		
	300m: 3:22.67	34.82	700m: 8:07.03	35.57	1100m: 12:57.05	36.64	1500m: 17:46.60	35.31		
	350m: 3:57.65	34.98	750m: 8:43.20	36.17	1150m: 13:33.57	36.52				
	400m: 4:33.01	35.36	800m: 9:19.20	36.00	1200m: 14:09.94	36.37				
<b>3.</b>	<b>Eyrún Agla Friðriksdóttir</b>			<b>99</b>	<b>Sh</b>			<b>17:49.01</b>	<b>18:28.54</b>	<b>581</b>
	50m: 32.51	32.51	450m: 5:26.99	37.18	850m: 10:29.61	37.89	1250m: 15:28.86	37.03		
	100m: 1:07.33	34.82	500m: 6:04.87	37.88	900m: 11:07.36	37.75	1300m: 16:05.62	36.76		
	150m: 1:44.03	36.70	550m: 6:42.45	37.58	950m: 11:45.84	38.48	1350m: 16:42.75	37.13		
	200m: 2:20.63	36.60	600m: 7:19.78	37.33	1000m: 12:23.68	37.84	1400m: 17:19.38	36.63		
	250m: 2:57.97	37.34	650m: 7:57.50	37.72	1050m: 13:00.83	37.15	1450m: 17:56.07	36.69		
	300m: 3:35.37	37.40	700m: 8:35.32	37.82	1100m: 13:37.84	37.01	1500m: 18:28.54	32.47		
	350m: 4:12.68	37.31	750m: 9:13.71	38.39	1150m: 14:14.71	36.87				
	400m: 4:49.81	37.13	800m: 9:51.72	38.01	1200m: 14:51.83	37.12				
<b>4.</b>	<b>Kolbrún Eva Pálmadóttir</b>			<b>02</b>	<b>Íþróttabandalag Reykjanesbæ</b>			<b>18:45.94</b>	<b>19:37.17</b>	<b>485</b>
	50m: 35.30	35.30	450m: 5:51.92	39.98	850m: 11:08.38	39.39	1250m: 16:24.67	39.11		
	100m: 1:14.41	39.11	500m: 6:31.06	39.14	900m: 11:48.14	39.76	1300m: 17:04.02	39.35		
	150m: 1:53.61	39.20	550m: 7:10.66	39.60	950m: 12:27.81	39.67	1350m: 17:43.31	39.29		
	200m: 2:32.96	39.35	600m: 7:50.21	39.55	1000m: 13:07.22	39.41	1400m: 18:22.80	39.49		
	250m: 3:13.08	40.12	650m: 8:30.10	39.89	1050m: 13:47.03	39.81	1450m: 19:01.03	38.23		
	300m: 3:52.47	39.39	700m: 9:09.98	39.88	1100m: 14:26.59	39.56	1500m: 19:37.17	36.14		
	350m: 4:32.53	40.06	750m: 9:49.31	39.33	1150m: 15:05.95	39.36				
	400m: 5:11.94	39.41	800m: 10:28.99	39.68	1200m: 15:45.56	39.61				
<b>5.</b>	<b>Hildur Elísabet Hálfðanardóttir</b>			<b>98</b>	<b>Sh</b>			<b>18:46.13</b>	<b>19:37.55</b>	<b>485</b>
	50m: 34.31	34.31	450m: 5:50.60	39.98	850m: 11:07.10	39.53	1250m: 16:24.78	38.49		
	100m: 1:13.69	39.38	500m: 6:30.28	39.68	900m: 11:47.12	40.02	1300m: 17:04.42	39.64		
	150m: 1:52.82	39.13	550m: 7:09.76	39.48	950m: 12:27.42	40.30	1350m: 17:44.17	39.75		
	200m: 2:32.81	39.99	600m: 7:49.47	39.71	1000m: 13:07.93	40.51	1400m: 18:24.49	40.32		
	250m: 3:12.18	39.37	650m: 8:29.11	39.64	1050m: 13:47.52	39.59	1450m: 19:01.69	37.20		
	300m: 3:51.70	39.52	700m: 9:08.72	39.61	1100m: 14:27.67	40.15	1500m: 19:37.55	35.86		
	350m: 4:30.59	38.89	750m: 9:47.87	39.15	1150m: 15:06.62	38.95				
	400m: 5:10.62	40.03	800m: 10:27.57	39.70	1200m: 15:46.29	39.67				
<b>6.</b>	<b>Ylfa Finnbogadóttir</b>			<b>02</b>	<b>Sh</b>			<b>19:52.03</b>	<b>19:48.99</b>	<b>471</b>
	50m: 35.05	35.05	450m: 5:52.30	39.92	850m: 11:10.72	40.06	1250m: 16:31.80	39.89		
	100m: 1:14.04	38.99	500m: 6:31.89	39.59	900m: 11:50.93	40.21	1300m: 17:11.37	39.57		
	150m: 1:53.43	39.39	550m: 7:11.73	39.84	950m: 12:31.16	40.23	1350m: 17:51.44	40.07		
	200m: 2:33.09	39.66	600m: 7:51.30	39.57	1000m: 13:11.02	39.86	1400m: 18:31.85	40.41		
	250m: 3:13.32	40.23	650m: 8:31.33	40.03	1050m: 13:51.51	40.49	1450m: 19:10.76	38.91		
	300m: 3:52.79	39.47	700m: 9:11.38	40.05	1100m: 14:31.17	39.66	1500m: 19:48.99	38.23		
	350m: 4:32.98	40.19	750m: 9:51.49	40.11	1150m: 15:12.10	40.93				
	400m: 5:12.38	39.40	800m: 10:30.66	39.17	1200m: 15:51.91	39.81				

Sundgrein 25  
23.4.2016 - 17:55

karla, 1500m skriðsund

Opinn  
Úrslitalistar

Íslandsmet	15:27.08	Anton Sveinn McKee	Ægir	Reykjavík	13.4.2012
EM50 14 +:	15:36.99				

Stig: FINA 2016

Sæti	F.ár			Undanrásir			Tími	Stig		
<b>1.</b>	<b>Þröstur Bjarnason</b>			<b>97</b>	<b>Íþróttabandalag Reykjanesbæ</b>			<b>16:32.35</b>	<b>16:09.88</b>	<b>724</b>
	50m: 28.50	28.50	450m: 4:45.60	32.49	850m: 9:05.28	32.64	1250m: 13:27.41	33.00		
	100m: 59.68	31.18	500m: 5:17.74	32.14	900m: 9:38.35	33.07	1300m: 13:59.98	32.57		
	150m: 1:31.95	32.27	550m: 5:50.18	32.44	950m: 10:10.19	31.84	1350m: 14:32.94	32.96		
	200m: 2:04.08	32.13	600m: 6:23.28	33.10	1000m: 10:42.96	32.77	1400m: 15:05.97	33.03		
	250m: 2:36.57	32.49	650m: 6:55.37	32.09	1050m: 11:15.84	32.88	1450m: 15:38.23	32.26		
	300m: 3:08.73	32.16	700m: 7:27.80	32.43	1100m: 11:49.02	33.18	1500m: 16:09.88	31.65		
	350m: 3:40.96	32.23	750m: 8:00.06	32.26	1150m: 12:21.64	32.62				
	400m: 4:13.11	32.15	800m: 8:32.64	32.58	1200m: 12:54.41	32.77				

IM50 2016  
Reykjavík, 22. - 24.4.2016

Sundgrein 25, karla, 1500m skriðsund, Opinn

Sæti			F.ár			Undanrásir	Tími	Stig
<b>2.</b>	<b>Hafþór Jón Sigurðsson</b>		<b>97</b>	<b>Sh</b>		<b>16:36.08</b>	<b>16:40.08</b>	<b>660</b>
	50m:	29.27 29.27	450m:	4:54.43 33.71	850m:	9:22.88 33.78	1250m:	13:52.83 33.81
	100m:	1:01.35 32.08	500m:	5:28.12 33.69	900m:	9:56.61 33.73	1300m:	14:26.73 33.90
	150m:	1:33.98 32.63	550m:	6:01.56 33.44	950m:	10:30.37 33.76	1350m:	15:00.53 33.80
	200m:	2:06.90 32.92	600m:	6:34.86 33.30	1000m:	11:04.07 33.70	1400m:	15:34.01 33.48
	250m:	2:40.01 33.11	650m:	7:08.38 33.52	1050m:	11:37.91 33.84	1450m:	16:07.55 33.54
	300m:	3:13.40 33.39	700m:	7:41.87 33.49	1100m:	12:11.61 33.70	1500m:	16:40.08 32.53
	350m:	3:47.05 33.65	750m:	8:15.63 33.76	1150m:	12:45.52 33.91		
	400m:	4:20.72 33.67	800m:	8:49.10 33.47	1200m:	13:19.02 33.50		
<b>3.</b>	<b>Björgvin Theodór Hilmarsson</b>		<b>98</b>	<b>Íþróttabandalag Reykjanesbæ</b>		<b>16:34.64</b>	<b>17:32.03</b>	<b>567</b>
	50m:	29.67 29.67	450m:	5:06.04 34.99	850m:	9:48.96 35.27	1250m:	14:35.27 35.57
	100m:	1:02.97 33.30	500m:	5:41.33 35.29	900m:	10:24.49 35.53	1300m:	15:11.33 36.06
	150m:	1:37.16 34.19	550m:	6:16.62 35.29	950m:	11:00.34 35.85	1350m:	15:47.28 35.95
	200m:	2:11.42 34.26	600m:	6:51.97 35.35	1000m:	11:36.08 35.74	1400m:	16:22.81 35.53
	250m:	2:46.27 34.85	650m:	7:27.20 35.23	1050m:	12:12.06 35.98	1450m:	16:58.25 35.44
	300m:	3:21.09 34.82	700m:	8:02.76 35.56	1100m:	12:47.68 35.62	1500m:	17:32.03 33.78
	350m:	3:55.89 34.80	750m:	8:37.99 35.23	1150m:	13:23.72 36.04		
	400m:	4:31.05 35.16	800m:	9:13.69 35.70	1200m:	13:59.70 35.98		
<b>4.</b>	<b>Óskar Gauti Lund</b>		<b>99</b>	<b>Sunddeild Breiðabliks</b>		<b>17:46.89</b>	<b>17:36.84</b>	<b>559</b>
	50m:	30.21 30.21	450m:	5:14.81 34.53	850m:	10:00.10 34.48	1250m:	14:44.21 34.08
	100m:	1:04.49 34.28	500m:	5:51.13 36.32	900m:	10:35.46 35.36	1300m:	15:18.87 34.66
	150m:	1:40.14 35.65	550m:	6:27.01 35.88	950m:	11:10.99 35.53	1350m:	15:53.78 34.91
	200m:	2:16.16 36.02	600m:	7:02.84 35.83	1000m:	11:46.96 35.97	1400m:	16:29.31 35.53
	250m:	2:51.96 35.80	650m:	7:38.62 35.78	1050m:	12:22.42 35.46	1450m:	17:03.15 33.84
	300m:	3:28.27 36.31	700m:	8:14.20 35.58	1100m:	12:58.21 35.79	1500m:	17:36.84 33.69
	350m:	4:04.31 36.04	750m:	8:50.06 35.86	1150m:	13:33.86 35.65		
	400m:	4:40.28 35.97	800m:	9:25.62 35.56	1200m:	14:10.13 36.27		
<b>5.</b>	<b>Patrik Viggó Vilbergsson</b>		<b>02</b>	<b>Sunddeild Breiðabliks</b>		<b>18:25.74</b>	<b>17:37.14</b>	<b>559</b>
	50m:	30.49 30.49	450m:	5:12.28 35.56	850m:	9:57.39 35.38	1250m:	14:41.29 35.41
	100m:	1:04.62 34.13	500m:	5:48.06 35.78	900m:	10:33.13 35.74	1300m:	15:16.97 35.68
	150m:	1:39.88 35.26	550m:	6:23.57 35.51	950m:	11:08.10 34.97	1350m:	15:52.66 35.69
	200m:	2:15.00 35.12	600m:	6:59.28 35.71	1000m:	11:43.90 35.80	1400m:	16:28.07 35.41
	250m:	2:50.24 35.24	650m:	7:35.07 35.79	1050m:	12:19.26 35.36	1450m:	17:02.75 34.68
	300m:	3:25.55 35.31	700m:	8:10.65 35.58	1100m:	12:54.76 35.50	1500m:	17:37.14 34.39
	350m:	4:01.36 35.81	750m:	8:46.31 35.66	1150m:	13:30.20 35.44		
	400m:	4:36.72 35.36	800m:	9:22.01 35.70	1200m:	14:05.88 35.68		
<b>6.</b>	<b>Bjartur Þórhallsson</b>		<b>00</b>	<b>Sundfélagið Ægir</b>		<b>17:58.18</b>	<b>17:38.44</b>	<b>557</b>
	50m:	29.90 29.90	450m:	5:09.82 35.38	850m:	9:55.97 36.30	1250m:	14:43.19 35.59
	100m:	1:03.50 33.60	500m:	5:45.57 35.75	900m:	10:32.12 36.15	1300m:	15:18.74 35.55
	150m:	1:38.23 34.73	550m:	6:21.10 35.53	950m:	11:08.20 36.08	1350m:	15:54.26 35.52
	200m:	2:13.35 35.12	600m:	6:56.72 35.62	1000m:	11:44.50 36.30	1400m:	16:29.66 35.40
	250m:	2:48.45 35.10	650m:	7:32.56 35.84	1050m:	12:20.31 35.81	1450m:	17:04.91 35.25
	300m:	3:23.73 35.28	700m:	8:08.33 35.77	1100m:	12:56.24 35.93	1500m:	17:38.44 33.53
	350m:	3:58.93 35.20	750m:	8:44.12 35.79	1150m:	13:31.87 35.63		
	400m:	4:34.44 35.51	800m:	9:19.67 35.55	1200m:	14:07.60 35.73		
<b>7.</b>	<b>Hilmir Örn Ólafsson</b>		<b>01</b>	<b>Sundfélagið Ægir</b>		<b>18:17.81</b>	<b>17:58.82</b>	<b>526</b>
	50m:	31.40 31.40	450m:	5:21.27 35.83	850m:	10:11.00 36.10	1250m:	14:59.82 35.84
	100m:	1:06.74 35.34	500m:	5:57.37 36.10	900m:	10:47.40 36.40	1300m:	15:36.24 36.42
	150m:	1:43.10 36.36	550m:	6:33.46 36.09	950m:	11:23.91 36.51	1350m:	16:12.35 36.11
	200m:	2:19.61 36.51	600m:	7:09.65 36.19	1000m:	11:59.53 35.62	1400m:	16:48.66 36.31
	250m:	2:56.44 36.83	650m:	7:45.90 36.25	1050m:	12:35.72 36.19	1450m:	17:24.13 35.47
	300m:	3:32.64 36.20	700m:	8:22.42 36.52	1100m:	13:11.97 36.25	1500m:	17:58.82 34.69
	350m:	4:08.88 36.24	750m:	8:58.48 36.06	1150m:	13:48.17 36.20		
	400m:	4:45.44 36.56	800m:	9:34.90 36.42	1200m:	14:23.98 35.81		
<b>8.</b>	<b>Björgvin Árni Júlíusson</b>		<b>01</b>	<b>ÍBR</b>		<b>18:32.16</b>	<b>18:42.69</b>	<b>466</b>
	50m:	32.62 32.62	450m:	5:33.32 37.89	850m:	10:35.07 37.60	1250m:	15:37.56 37.93
	100m:	1:08.74 36.12	500m:	6:10.89 37.57	900m:	11:12.41 37.34	1300m:	16:15.68 38.12
	150m:	1:46.43 37.69	550m:	6:48.89 38.00	950m:	11:50.75 38.34	1350m:	16:52.78 37.10
	200m:	2:23.78 37.35	600m:	7:26.72 37.83	1000m:	12:28.51 37.76	1400m:	17:30.30 37.52
	250m:	3:02.00 38.22	650m:	8:04.93 38.21	1050m:	13:06.31 37.80	1450m:	18:07.23 36.93
	300m:	3:39.41 37.41	700m:	8:42.38 37.45	1100m:	13:43.91 37.60	1500m:	18:42.69 35.46
	350m:	4:17.78 38.37	750m:	9:20.18 37.80	1150m:	14:22.11 38.20		
	400m:	4:55.43 37.65	800m:	9:57.47 37.29	1200m:	14:59.63 37.52		

IM50 2016  
Reykjavík, 22. - 24.4.2016

Sundgrein 25, karla, 1500m skriðsund, Opinn

Sæti			F.ár			Undanrásir	Tími	Stig
9.	Halldór Björn Kristinsson		02	Sundfélagið Ægir		18:51.59	<b>19:06.53</b>	438
	50m:	32.50 32.50	450m:	5:37.11 38.82	850m:	10:45.97 38.70	1250m:	15:54.48 39.07
	100m:	1:08.90 36.40	500m:	6:15.62 38.51	900m:	11:24.56 38.59	1300m:	16:32.48 38.00
	150m:	1:47.44 38.54	550m:	6:54.58 38.96	950m:	12:03.24 38.68	1350m:	17:11.41 38.93
	200m:	2:25.18 37.74	600m:	7:32.64 38.06	1000m:	12:41.23 37.99	1400m:	17:49.57 38.16
	250m:	3:03.71 38.53	650m:	8:11.23 38.59	1050m:	13:20.18 38.95	1450m:	18:28.74 39.17
	300m:	3:41.57 37.86	700m:	8:49.86 38.63	1100m:	13:58.07 37.89	1500m:	19:06.53 37.79
	350m:	4:20.31 38.74	750m:	9:28.81 38.95	1150m:	14:36.84 38.77		
	400m:	4:58.29 37.98	800m:	10:07.27 38.46	1200m:	15:15.41 38.57		

Sundgrein 26

23.4.2016 - 18:26

kvenna, 4 x 100m fjörsund

Opinn

Úrslitalistar

Íslandsmet	4:16.18	Sundfélag Hafnarfjarðar	SH	Reykjavík	12.4.2014
Stig: FINA 2016					

Sæti					Undanrásir	Tími	Stig
1.	Sundfélagið Ægir 1		Sundfélagið Ægir		NT	<b>4:19.87</b>	711
	Eygló Ósk Gústafsdóttir	+0,65 29.76	1:00.79	Inga Elin Cryer	+0,16 29.78	1:03.90	
	Jóhanna Gerða Gústafsdóttir	+0,11 34.39	1:14.41	Bryndís Bolladóttir	+0,08 28.45	1:00.77	
2.	Sh 2		Sh		NT	<b>4:22.63</b>	689
	Ingibjörg Kristín Jónsdóttir	+0,58 31.27	1:05.20	Katarína Róbertsdóttir	+0,31 31.31	1:08.55	
	Hrafnhildur Lúthersdóttir	+0,30 32.26	1:08.76	Karen Sif Vilhjálmsdóttir	+0,49 28.00	1:00.12	
3.	Sundfélagið Óðinn 1		Sundfélagið Óðinn		NT	<b>4:36.34</b>	592
	María Arnarsdóttir	+0,67 34.97	1:12.69	Elín Kata Sigurgeirsdóttir	+0,50 31.29	1:06.77	
	Nanna Björk Barkadóttir	+0,50 36.85	1:19.57	Bryndís Rún Hansen	+0,35 27.52	57.31	
4.	Sh 1		Sh		NT	<b>4:40.82</b>	564
	María Fanney Kristjánsdóttir	+0,72 34.66	1:12.28	Bára Kristín Björgvinsdóttir	+0,27 32.28	1:09.22	
	Sunna Svanlaug Vilhjálmsdóttir	+0,39 36.46	1:17.28	Guðný Erna Bjarnadóttir	+0,38 29.38	1:02.04	
5.	ÍBR 1		ÍBR		NT	<b>4:50.32</b>	510
	Ásta Kristín Jónsdóttir	+0,65 34.28	1:11.44	Berglind Bjarnadóttir	+0,58 33.26	1:13.59	
	Steingerður Hauksdóttir	+0,22 37.99	1:22.46	Ragna Sigríður Ragnarsdóttir	+0,45 29.85	1:02.83	
6.	Sunddeild Breiðabliks 1		Sunddeild Breiðabliks		NT	<b>4:53.87</b>	492
	Athena Neve Leex	+0,80 34.40	1:12.61	Ragnheiður Karlsdóttir	+0,29 32.07	1:11.53	
	Líf Þrastardóttir	+0,50 39.39	1:25.06	Líney Ragna Ólafsdóttir	+0,11 30.11	1:04.67	
7.	Sundfélagið Ægir 2		Sundfélagið Ægir		NT	<b>5:05.32</b>	439
	Bjarkey Jónasdóttir	+0,66 36.22	1:15.00	Telma Brá Gunnarsdóttir	+0,24 34.59	1:19.22	
	Marta Buchanevic	+0,33 38.93	1:24.24	Fanney Lind Jóhannsdóttir	+0,01 31.23	1:06.86	
8.	Sundfélag Akraness 1		Sundfélag Akraness		NT	<b>5:06.34</b>	434
	Una Lára Lárusdóttir	+0,61 35.52	1:13.94	Brynhildur Traustadóttir	+0,27 33.69	1:14.82	
	Eyrún Sigþórsdóttir	+0,40 41.80	1:29.79	Sólrún Sigþórsdóttir	0.00 31.93	1:07.79	
9.	ÍBR 2		ÍBR		NT	<b>5:11.66</b>	412
	Gabriela Machlowiec	+0,61 39.37	1:21.64	Rakel Guðjónsdóttir	+0,52 34.17	1:14.79	
	Ágústa Bergrós Jakobsdóttir	+0,36 40.26	1:27.32	Arey Rakel Guðnadóttir	+0,64 32.22	1:07.91	
ÓG.	Íþróttabandalag Reykjanesbæjar 1		Íþróttabandalag Reykjanesbæjar		NT		
	Eydís Ósk Kolbeinsdóttir, Karen Mist Arngeirsdóttir, Gunnhildur Björg Baldursdóttir, Sunneva Dögg Friðriksdóttir						
MÆekki	Sundfélagið Ægir 3		Sundfélagið Ægir		NT		

IM50 2016  
Reykjavík, 22. - 24.4.2016

Sundgrein 27  
23.4.2016 - 18:38

karla, 4 x 100m fjórsund

Opinn  
Úrslitalistar

Íslandsmet 3:55.08 Sundfélag Hafnarfjarðar SH Reykjavík 13.4.2014

Stig: FINA 2016

Sæti					Undanrásir	Tími	Stig	
1.	Sh 1		Sh		NT	<b>3:55.60</b>	680	
	Kolbeinn Hrafnkelsson	+0,51	28.37	58.55	Predrag Milos	+0,38	27.09	1:00.21
	Viktor Máni Vilbergsson	+0,08	29.84	1:04.88	Aron Örn Stefánsson	+0,29	24.53	51.96
2.	ÍBR 1		ÍBR		NT	<b>3:58.65</b>	655	
	Kristinn Þórarinsson	+0,55	27.86	57.40	Daniel Hannes Pálsson	+0,18	27.24	57.73
	Jón Margeir Sverrisson	+0,25	32.46	1:11.19	Alexander Jóhannesson	+0,29	24.86	52.33
3.	Sundfélagið Ægir 1		Sundfélagið Ægir		NT	<b>3:59.89</b>	645	
	Kristján Gylfi Þórisson	+0,76	29.68	1:01.34	Birkir Snær Helgason	+0,24	28.12	1:00.81
	Anton Sveinn McKee	+0,41	30.32	1:02.59	Hólmsteinn Skorri Hallgrímsson	+0,15	25.63	55.15
4.	Sunddeild Breiðabliks 1		Sunddeild Breiðabliks		NT	<b>4:10.91</b>	563	
	Brynjólfur Óli Karlsson	+0,46	29.88	1:02.10	Sveinbjörn Pálmi Karlsson	+0,40	28.55	1:01.46
	Hallgrímur Kjartansson	+0,14	33.68	1:12.63	Davíð Fannar Ragnarsson	+0,36	26.03	54.72
5.	Íþróttabandalag Reykjanesbæjar 1		Íþróttabandalag Reykjanesbæjar		NT	<b>4:17.47</b>	521	
	Baldvín Sigmarsson	+0,61	31.58	1:06.13	Ingi Þór Ólafsson	+0,23	29.24	1:04.00
	Kristófer Sigurðsson	+0,29	32.32	1:12.38	Þröstur Bjarnason	+0,22	26.55	54.96
6.	Sundfélag Akraness 1		Sundfélag Akraness		NT	<b>4:23.44</b>	487	
	Atli Víkar Ingimundarson	+0,70	32.82	1:09.98	Ágúst Júlíusson	+0,27	26.88	59.95
	Sævar Berg Sigurðsson	+0,51	33.16	1:12.46	Erlend Magnússon	+0,57	28.80	1:01.05
7.	Sh 2		Sh		NT	<b>4:24.93</b>	478	
	Hafþór Jón Sigurðsson	+0,59	32.24	1:07.48	Jökull Ýmir Guðmundsson	+0,55	31.24	1:07.38
	Ólafur Sigurðsson	+0,14	33.06	1:11.60	Arnór Stefánsson	+0,42	27.28	58.47
8.	Sundfélagið Ægir 2		Sundfélagið Ægir		NT	<b>4:29.93</b>	452	
	Ólafur Carl Granz	+0,78	33.31	1:09.99	Daníel Andri Þórhallsson	+0,32	29.21	1:03.17
	Hilmir Örn Ólafsson	+0,36	35.73	1:17.04	Bjartur Þórhallsson	+0,32	28.04	59.73
9.	ÍBR 2		ÍBR		NT	<b>4:43.32</b>	391	
	Tómas Magnússon	+0,77	33.68	1:09.80	Jón Klausen	+0,70	30.74	1:07.84
	Þorbjörn Andrason	+0,34	37.22	1:20.95	Víkar Máni Þórsson	+0,42	29.63	1:04.73
MÆekki	Sundfélagið Ægir 3		Sundfélagið Ægir		NT			

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Reykjavík, 22. - 24.4.2016

5 - 5. hluti - undanrásir

24.4.2016 - 10:00

Sundgrein 28 kvenna, 400m fjórsund Opinn  
24.4.2016 - 10:00 Úrslitalistar

Íslandsmet 4:46.70 Hrafnhildur Lúthersdóttir SH Reykjavík 5.2.2015

EM50 14 +: 4:51.66

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
1. Hrafnhildur Lúthersdóttir	91	Sh	4:46.70	<b>4:52.30</b> 774
50m: 30.20 30.20	150m: 1:43.75 38.56	250m: 3:02.11 39.48	350m: 4:17.96 35.42	
100m: 1:05.19 34.99	200m: 2:22.63 38.88	300m: 3:42.54 40.43	400m: 4:52.30 34.34	
2. Jóhanna Gerða Gústafsdóttir	90	Sundfélagið Ægir	4:53.55	<b>5:10.31</b> 647
50m: 29.04 29.04	150m: 1:48.07 44.76	250m: 3:13.01 44.31	350m: 4:34.19 37.00	
100m: 1:03.31 34.27	200m: 2:28.70 40.63	300m: 3:57.19 44.18	400m: 5:10.31 36.12	
3. Eydís Ósk Kolbeinsdóttir	00	Íþróttabandalag Reykjanesbæja	5:10.40	<b>5:16.31</b> 611
50m: 33.31 33.31	150m: 1:54.39 41.76	250m: 3:19.93 45.03	350m: 4:41.84 36.19	
100m: 1:12.63 39.32	200m: 2:34.90 40.51	300m: 4:05.65 45.72	400m: 5:16.31 34.47	
4. María Fanney Kristjánsdóttir	00	Sh	5:20.37	<b>5:20.50</b> 587
50m: 33.87 33.87	150m: 1:56.14 42.68	250m: 3:23.69 45.84	350m: 4:45.72 36.07	
100m: 1:13.46 39.59	200m: 2:37.85 41.71	300m: 4:09.65 45.96	400m: 5:20.50 34.78	
5. Stefanía Sigurþórsdóttir	01	Íþróttabandalag Reykjanesbæja	5:29.23	<b>5:30.05</b> 537
50m: 34.59 34.59	150m: 2:00.46 43.03	250m: 3:28.54 46.06	350m: 4:52.82 37.42	
100m: 1:17.43 42.84	200m: 2:42.48 42.02	300m: 4:15.40 46.86	400m: 5:30.05 37.23	
6. Alexandra Tómasdóttir	01	Sundfélagið Óðinn	5:45.70	<b>5:37.42</b> 503
50m: 36.63 36.63	150m: 2:04.05 43.08	250m: 3:33.07 46.65	350m: 5:00.93 39.86	
100m: 1:20.97 44.34	200m: 2:46.42 42.37	300m: 4:21.07 48.00	400m: 5:37.42 36.49	
7. Þóra Snorradóttir	03	Sundfélagið Óðinn	5:49.05	<b>5:44.16</b> 474
50m: 36.64 36.64	150m: 2:02.19 43.65	250m: 3:34.11 49.79	350m: 5:04.93 41.50	
100m: 1:18.54 41.90	200m: 2:44.32 42.13	300m: 4:23.43 49.32	400m: 5:44.16 39.23	
8. Diljá Rún Ívarsdóttir	02	Íþróttabandalag Reykjanesbæja	5:48.94	<b>5:44.59</b> 472
50m: 34.95 34.95	150m: 2:00.25 44.81	250m: 3:34.48 49.93	350m: 5:04.50 39.97	
100m: 1:15.44 40.49	200m: 2:44.55 44.30	300m: 4:24.53 50.05	400m: 5:44.59 40.09	
9. Rannveig Katrín Arnarsdóttir	01	Sundfélagið Óðinn	5:52.16	<b>5:57.93</b> 421
50m: 34.32 34.32	150m: 2:04.22 49.74	250m: 3:44.40 52.68	350m: 5:18.61 41.25	
100m: 1:14.48 40.16	200m: 2:51.72 47.50	300m: 4:37.36 52.96	400m: 5:57.93 39.32	
10. Aníta Ósk Hrafnadóttir	94	Sunddeild Breiðabliks	5:46.49	<b>5:58.17</b> 420
50m: 39.18 39.18	150m: 2:12.64 47.60	250m: 3:49.41 51.09	350m: 5:19.36 39.10	
100m: 1:25.04 45.86	200m: 2:58.32 45.68	300m: 4:40.26 50.85	400m: 5:58.17 38.81	
11. Kolbrún Eva Pálmadóttir	02	Íþróttabandalag Reykjanesbæja	5:32.14	<b>5:58.89</b> 418
50m: 38.20 38.20	150m: 2:12.80 49.06	250m: 3:50.90 50.62	350m: 5:20.89 39.37	
100m: 1:23.74 45.54	200m: 3:00.28 47.48	300m: 4:41.52 50.62	400m: 5:58.89 38.00	

IM50 2016  
Reykjavík, 22. - 24.4.2016

Sundgrein 29  
24.4.2016 - 10:07

karla, 400m fjórsund

Opinn  
Úrslitalistar

Íslandsmet 4:23.64 Anton Sveinn McKee Ægir Reykjavík 15.4.2012

EM50 14 +: 4:25.74

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
1. Baldvin Sigmarsson	97	Íþróttabandalag Reykjanesbæja	4:57.81	<b>4:50.79</b> 589
50m: 29.64 29.64	150m: 1:42.78 38.78	250m: 3:02.06 40.93	350m: 4:18.03 33.66	
100m: 1:04.00 34.36	200m: 2:21.13 38.35	300m: 3:44.37 42.31	400m: 4:50.79 32.76	
2. Hilmar Smári Jónsson	94	ÍBR	4:44.29	<b>4:56.24</b> 557
50m: 29.44 29.44	150m: 1:44.80 38.99	250m: 3:05.58 42.71	350m: 4:23.65 34.23	
100m: 1:05.81 36.37	200m: 2:22.87 38.07	300m: 3:49.42 43.84	400m: 4:56.24 32.59	
3. Hallgrímur Kjartansson	98	Sunddeild Breiðabliks	5:02.26	<b>4:58.79</b> 543
50m: 31.20 31.20	150m: 1:48.87 40.79	250m: 3:09.67 40.93	350m: 4:26.09 34.22	
100m: 1:08.08 36.88	200m: 2:28.74 39.87	300m: 3:51.87 42.20	400m: 4:58.79 32.70	
4. Ingi Þór Ólafsson	99	Íþróttabandalag Reykjanesbæja	5:05.94	<b>4:59.53</b> 539
50m: 30.40 30.40	150m: 1:46.51 39.97	250m: 3:09.64 43.22	350m: 4:26.83 32.73	
100m: 1:06.54 36.14	200m: 2:26.42 39.91	300m: 3:54.10 44.46	400m: 4:59.53 32.70	
5. Patrik Viggó Vilbergsson	02	Sunddeild Breiðabliks	5:12.41	<b>5:05.29</b> 509
50m: 31.35 31.35	150m: 1:46.47 39.32	250m: 3:10.33 45.90	350m: 4:31.02 35.14	
100m: 1:07.15 35.80	200m: 2:24.43 37.96	300m: 3:55.88 45.55	400m: 5:05.29 34.27	
6. Jökull Ýmir Guðmundsson	00	Sh	5:13.03	<b>5:08.80</b> 492
50m: 30.80 30.80	150m: 1:51.29 43.04	250m: 3:15.60 42.81	350m: 4:35.34 35.39	
100m: 1:08.25 37.45	200m: 2:32.79 41.50	300m: 3:59.95 44.35	400m: 5:08.80 33.46	
7. Snævar Atli Halldórsson	00	Sundfélagið Óðinn	5:11.03	<b>5:11.45</b> 479
50m: 31.30 31.30	150m: 1:53.20 45.25	250m: 3:17.64 41.08	350m: 4:36.27 37.15	
100m: 1:07.95 36.65	200m: 2:36.56 43.36	300m: 3:59.12 41.48	400m: 5:11.45 35.18	
8. Baldur Logi Gautason	00	Sundfélagið Óðinn	5:21.31	<b>5:19.98</b> 442
50m: 32.13 32.13	150m: 1:54.47 43.98	250m: 3:21.55 44.74	350m: 4:44.56 37.96	
100m: 1:10.49 38.36	200m: 2:36.81 42.34	300m: 4:06.60 45.05	400m: 5:19.98 35.42	

Sundgrein 30  
24.4.2016 - 10:07

kvenna, 50m flugsund

Opinn  
Úrslitalistar

Íslandsmet 26.79 Bryndís Rún Hansen Óðinn Kazan (RUS) 7.8.2015

EM50 14 +: 27.21

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
1. Ingibjörg Kristín Jónsdóttir	93	Sh	NT	<b>28.35</b> 639A
2. Jóhanna Gerða Gústafsdóttir	90	Sundfélagið Ægir	29.21	<b>30.03</b> 538A
3. Sunneva Dögg Friðriksdóttir	99	Íþróttabandalag Reykjanesbæjar	30.32	<b>30.39</b> 519A
4. Karen Sif Vilhjálmsdóttir	93	Sh	31.00	<b>30.46</b> 515A
5. Jóhanna Elín Guðmundsdóttir	01	Sh	30.89	<b>30.53</b> 512A
6. Sylwia Sienkiewicz	99	Íþróttabandalag Reykjanesbæjar	31.08	<b>30.65</b> 506A
7. Elín Kata Sigurgeirsdóttir	99	Sundfélagið Óðinn	30.35	<b>30.71</b> 503A
8. Bryndís Bolladóttir	99	Sundfélagið Ægir	29.43	<b>30.72</b> 502A
9. Ásta Kristín Jónsdóttir	00	ÍBR	31.89	<b>31.03</b> 488R
10. Guðný Erna Bjarnadóttir	94	Sh	31.21	<b>31.07</b> 486R
11. Nanna Björk Barkardóttir	98	Sundfélagið Óðinn	31.43	<b>31.17</b> 481
12. Athena Neve Leex	97	Sunddeild Breiðabliks	30.52	<b>31.22</b> 479
13. Berglind Bjarnadóttir	01	ÍBR	31.28	<b>31.26</b> 477
14. Brynhildur Traustadóttir	01	Sundfélag Akraness	31.53	<b>31.28</b> 476
15. Katarína Róbertsdóttir	00	Sh	30.97	<b>31.29</b> 475
16. Guðný Birna Sigurðardóttir	99	Vestri	31.89	<b>31.78</b> 454
17. Gunnhildur Björg Baldursdóttir	00	Íþróttabandalag Reykjanesbæjar	32.37	<b>31.79</b> 453

IM50 2016  
Reykjavík, 22. - 24.4.2016

Sundgrein 30, kvenna, 50m flugsund, Undanrásir, Opinn

Sæti	F.ár	Undanrásir	Tími	Stig
18. Sandra Ósk Elíasdóttir	99	Íþróttabandalag Reykjanesbæjar	32.12	<b>32.04</b> 443
19. Elín Ylfa Viðarsdóttir	99	Sunddeild Breiðabliks	31.90	<b>32.18</b> 437
20. Marta Buchanevic	01	Sundfélagið Ægir	31.80	<b>32.39</b> 429
21. Natalia Cecylia Wojdat	98	Sh	32.16	<b>32.55</b> 422
22. Rannveig Katrín Arnarsdóttir	01	Sundfélagið Óðinn	32.30	<b>33.41</b> 390
23. Ólavía Klara Einarsdóttir	01	Sundfélagið Óðinn	33.26	<b>33.52</b> 387

Sundgrein 31

karla, 50m flugsund

Opinn

24.4.2016 - 10:13

Úrslitalistar Undanrásir

Íslandsmet	24.02	Örn Arnason	SH	Melbourne (AUS)	26.3.2007
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EM50 14 +: 24.12

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
1. Aron Örn Stefánsson	95	Sh	26.14	<b>25.43</b> 686A
2. Ágúst Júlíusson	89	Sundfélag Akraness	25.69	<b>25.81</b> 656A
3. Predrag Milos	95	Sh	26.85	<b>26.57</b> 601A
4. Ólafur Carl Granz	98	Sundfélagið Ægir	27.75	<b>27.69</b> 531A
5. Birkir Snær Helgason	94	Sundfélagið Ægir	28.52	<b>27.74</b> 528A
6. Atli Vikar Ingimundarson	97	Sundfélag Akraness	28.25	<b>28.07</b> 510A
7. Brynjólfur Óli Karlsson	01	Sunddeild Breiðabliks	28.87	<b>28.16</b> 505A
8. Daniel Andri Þórhallsson	98	Sundfélagið Ægir	29.06	<b>28.19</b> 503A
9. Hjörleifur Helgi Sveinbjarnarson	99	Sundfélagið Rán	29.60	<b>28.83</b> 470R
10. Sævar Berg Sigurðsson	95	Sundfélag Akraness	29.90	<b>29.08</b> 458R
11. Ingi Þór Ólafsson	99	Íþróttabandalag Reykjanesbæjar	29.42	<b>29.13</b> 456
12. Kári Sölvi Nielsen	00	Sh	29.39	<b>29.43</b> 442
13. Kristján Ari Heimisson	98	Sunddeild Breiðabliks	29.14	<b>29.61</b> 434
14. Kristján Gylfi Þórisson	00	Sundfélagið Ægir	29.88	<b>29.69</b> 431
15. Snævar Atli Halldórsson	00	Sundfélagið Óðinn	29.88	<b>29.88</b> 423
16. Jón Klausen	00	ÍBR	29.54	<b>29.94</b> 420
17. Jökull Ýmir Guðmundsson	00	Sh	29.79	<b>30.45</b> 399

Sundgrein 32

kvenna, 200m skriðsund

Opinn

24.4.2016 - 10:17

Úrslitalistar Undanrásir

Íslandsmet	2:02.44	Eygló Ósk Gústafsdóttir	Ægir	Luxembourg (LUX)	30.5.2013
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EM50 14 +: 2:01.92

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
1. Sunneva Dögg Friðriksdóttir	99	Íþróttabandalag Reykjanesbæjar	2:07.58	<b>2:06.89</b> 705A
50m: 29.79 29.79	100m: 1:01.89 32.10	150m: 1:34.82 32.93	200m: 2:06.89 32.07	
2. Inga Elin Cryer	93	Sundfélagið Ægir	2:05.40	<b>2:08.23</b> 683A
50m: 29.93 29.93	100m: 1:01.99 32.06	150m: 1:35.32 33.33	200m: 2:08.23 32.91	
3. Bryndís Rún Hansen	93	Sundfélagið Óðinn	2:03.80	<b>2:10.04</b> 655A
50m: 29.78 29.78	100m: 1:02.92 33.14	150m: 1:35.07 32.15	200m: 2:10.04 34.97	
4. Eydís Ósk Kolbeinsdóttir	00	Íþróttabandalag Reykjanesbæjar	2:12.86	<b>2:14.90</b> 587A
50m: 30.48 30.48	100m: 1:04.38 33.90	150m: 1:39.79 35.41	200m: 2:14.90 35.11	
5. Ragna Sigríður Ragnarsdóttir	01	ÍBR	2:14.00	<b>2:15.11</b> 584A
50m: 30.35 30.35	100m: 1:05.25 34.90	150m: 1:41.25 36.00	200m: 2:15.11 33.86	
6. Bryndís Bolladóttir	99	Sundfélagið Ægir	2:13.38	<b>2:15.21</b> 583A
50m: 31.41 31.41	100m: 1:05.99 34.58	150m: 1:41.41 35.42	200m: 2:15.21 33.80	
7. Ragnheiður Karlsdóttir	99	Sunddeild Breiðabliks	2:17.16	<b>2:15.71</b> 576A
50m: 31.15 31.15	100m: 1:05.71 34.56	150m: 1:41.51 35.80	200m: 2:15.71 34.20	



IM50 2016  
Reykjavík, 22. - 24.4.2016

Sundgrein 32, kvenna, 200m skriðsund, Undanrásir, Opinn

Sæti				F.ár				Undanrásir	Tími	Stig
8.	Eyrún Agla Friðriksdóttir	99	Sh	2:16.17	<b>2:16.61</b>	565A				
	50m: 32.25 32.25	100m: 1:06.80	34.55	150m: 1:41.86	35.06	200m: 2:16.61	34.75			
9.	Stefanía Sigurþórsdóttir	01	Íþróttabandalag Reykjanesbæja	2:15.44	<b>2:16.70</b>	564R				
	50m: 31.40 31.40	100m: 1:05.88	34.48	150m: 1:41.74	35.86	200m: 2:16.70	34.96			
10.	María Fanney Kristjánsdóttir	00	Sh	2:16.91	<b>2:17.63</b>	553R				
	50m: 31.79 31.79	100m: 1:06.82	35.03	150m: 1:42.57	35.75	200m: 2:17.63	35.06			
11.	Regína Lilja Gunnlaugsdóttir	02	Sunddeild Breiðabliks	2:20.97	<b>2:17.89</b>	550				
	50m: 31.87 31.87	100m: 1:06.88	35.01	150m: 1:42.48	35.60	200m: 2:17.89	35.41			
12.	Una Lára Lárusdóttir	99	Sundfélag Akraness	2:20.39	<b>2:19.54</b>	530				
	50m: 32.10 32.10	100m: 1:08.26	36.16	150m: 1:44.33	36.07	200m: 2:19.54	35.21			
13.	Adele Alexandra Pálsson	03	Sh	2:22.29	<b>2:20.19</b>	523				
	50m: 32.77 32.77	100m: 1:08.63	35.86	150m: 1:45.22	36.59	200m: 2:20.19	34.97			
14.	Embla Sól Garðarsdóttir	01	Sundfélagið Óðinn	2:21.46	<b>2:20.61</b>	518				
	50m: 32.55 32.55	100m: 1:08.74	36.19	150m: 1:45.89	37.15	200m: 2:20.61	34.72			
15.	Telma Brá Gunnarsdóttir	00	Sundfélagið Ægir	2:22.28	<b>2:20.73</b>	517				
	50m: 32.38 32.38	100m: 1:07.83	35.45	150m: 1:44.40	36.57	200m: 2:20.73	36.33			
16.	Sylwia Sienkiewicz	99	Íþróttabandalag Reykjanesbæja	2:16.26	<b>2:22.26</b>	500				
	50m: 32.39 32.39	100m: 1:08.59	36.20	150m: 1:46.04	37.45	200m: 2:22.26	36.22			
17.	Bjarkey Jónasdóttir	99	Sundfélagið Ægir	2:20.94	<b>2:22.27</b>	500				
	50m: 31.72 31.72	100m: 1:07.75	36.03	150m: 1:45.32	37.57	200m: 2:22.27	36.95			
18.	Alexandra Tómasdóttir	01	Sundfélagið Óðinn	2:22.65	<b>2:23.07</b>	492				
	50m: 32.56 32.56	100m: 1:09.05	36.49	150m: 1:46.66	37.61	200m: 2:23.07	36.41			
19.	Líf Þrastardóttir	00	Sunddeild Breiðabliks	2:23.04	<b>2:24.80</b>	475				
	50m: 32.06 32.06	100m: 1:09.34	37.28	150m: 1:47.25	37.91	200m: 2:24.80	37.55			
20.	Arey Rakel Guðnadóttir	02	ÍBR	2:25.82	<b>2:25.95</b>	463				
	50m: 33.89 33.89	100m: 1:10.69	36.80	150m: 1:48.21	37.52	200m: 2:25.95	37.74			
21.	Sólrún Sigþórsdóttir	97	Sundfélag Akraness	2:19.94	<b>2:26.18</b>	461				
	50m: 33.14 33.14	100m: 1:09.81	36.67	150m: 1:48.18	38.37	200m: 2:26.18	38.00			
22.	Berglind Bjarnadóttir	01	ÍBR	2:28.20	<b>2:27.35</b>	450				
	50m: 32.74 32.74	100m: 1:10.29	37.55	150m: 1:48.96	38.67	200m: 2:27.35	38.39			
23.	Eyrún Sigþórsdóttir	01	Sundfélag Akraness	2:24.76	<b>2:27.44</b>	449				
	50m: 32.72 32.72	100m: 1:10.48	37.76	150m: 1:49.96	39.48	200m: 2:27.44	37.48			
24.	Klaudia Malesa	01	Íþróttabandalag Reykjanesbæja	2:22.88	<b>2:27.55</b>	448				
	50m: 33.36 33.36	100m: 1:10.95	37.59	150m: 1:49.54	38.59	200m: 2:27.55	38.01			
25.	Heiður Kristín Sigurgeirsdóttir	01	ÍBR	2:21.62	<b>2:27.58</b>	448				
	50m: 33.46 33.46	100m: 1:10.97	37.51	150m: 1:49.59	38.62	200m: 2:27.58	37.99			
26.	Klara Sif Sverrisdóttir	00	Sunddeild Breiðabliks	2:27.10	<b>2:32.70</b>	405				
	50m: 34.14 34.14	100m: 1:12.41	38.27	150m: 1:52.58	40.17	200m: 2:32.70	40.12			
27.	Hildur Elísabet Hálfðanardóttir	98	Sh	2:19.05	<b>2:34.48</b>	391				
	50m: 36.06 36.06	100m: 1:15.50	39.44	150m: 1:55.13	39.63	200m: 2:34.48	39.35			
MÆekki	Fanney Lind Jóhannsdóttir	02	Sundfélagið Ægir	2:27.84						

IM50 2016  
Reykjavík, 22. - 24.4.2016

Sundgrein 33  
24.4.2016 - 10:35

karla, 200m skriðsund

Opinn  
Úrslitalistar Undanrásir

Íslandsmet 1:49.78 Örn Arnason SH Sydney (AUS) 19.9.2000

EM50 14 +: 1:51.10

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
1. Kristófer Sigurðsson	95	Íþróttabandalag Reykjanesbæja	1:55.34	<b>2:00.82</b> 601A
50m: 28.44 28.44	100m: 59.21 30.77	150m: 1:29.63 30.42	200m: 2:00.82 31.19	
2. Hafþór Jón Sigurðsson	97	Sh	2:01.06	<b>2:01.73</b> 588A
50m: 27.85 27.85	100m: 58.92 31.07	150m: 1:30.62 31.70	200m: 2:01.73 31.11	
3. Huginn Hilmarsson	95	Sunddeild Breiðabliks	2:02.80	<b>2:02.21</b> 581A
50m: 27.12 27.12	100m: 58.18 31.06	150m: 1:30.18 32.00	200m: 2:02.21 32.03	
4. Ólafur Sigurðsson	99	Sh	1:59.60	<b>2:02.79</b> 573A
50m: 28.73 28.73	100m: 59.65 30.92	150m: 1:31.60 31.95	200m: 2:02.79 31.19	
5. Davíð Fannar Ragnarsson	98	Sunddeild Breiðabliks	2:05.99	<b>2:04.36</b> 551A
50m: 27.74 27.74	100m: 59.24 31.50	150m: 1:32.28 33.04	200m: 2:04.36 32.08	
6. Alexander Jóhannesson	92	ÍBR	1:54.35	<b>2:05.60</b> 535A
50m: 27.51 27.51	100m: 58.85 31.34	150m: 1:32.41 33.56	200m: 2:05.60 33.19	
7. Birkir Snær Helgason	94	Sundfélagið Ægir	2:04.45	<b>2:05.73</b> 533A
50m: 28.31 28.31	100m: 1:00.93 32.62	150m: 1:34.96 34.03	200m: 2:05.73 30.77	
8. Kári Sölvi Nielsen	00	Sh	2:09.80	<b>2:06.92</b> 519A
50m: 29.33 29.33	100m: 1:01.97 32.64	150m: 1:35.30 33.33	200m: 2:06.92 31.62	
9. Daniel Hannes Pálsson	95	ÍBR	1:55.00	<b>2:06.94</b> 518R
50m: 28.79 28.79	100m: 1:01.50 32.71	150m: 1:34.98 33.48	200m: 2:06.94 31.96	
10. Bjartur Þórhallsson	00	Sundfélagið Ægir	2:09.42	<b>2:07.14</b> 516R
50m: 28.78 28.78	100m: 1:01.20 32.42	150m: 1:34.72 33.52	200m: 2:07.14 32.42	
11. Hallgrímur Kjartansson	98	Sunddeild Breiðabliks	2:07.26	<b>2:07.19</b> 515
50m: 29.18 29.18	100m: 1:01.21 32.03	150m: 1:34.18 32.97	200m: 2:07.19 33.01	
12. Björgvin Theodór Hilmarsson	98	Íþróttabandalag Reykjanesbæja	2:12.62	<b>2:07.70</b> 509
50m: 28.94 28.94	100m: 1:01.04 32.10	150m: 1:34.96 33.92	200m: 2:07.70 32.74	
Kristján Gylfi Þórisson	00	Sundfélagið Ægir	2:09.21	<b>2:07.70</b> 509
50m: 28.77 28.77	100m: 1:01.32 32.55	150m: 1:35.69 34.37	200m: 2:07.70 32.01	
14. Hilmir Örn Ólafsson	01	Sundfélagið Ægir	2:12.76	<b>2:09.57</b> 487
50m: 29.53 29.53	100m: 1:02.37 32.84	150m: 1:36.84 34.47	200m: 2:09.57 32.73	
15. Jón Tumi Dagsson	01	Sh	2:09.68	<b>2:10.30</b> 479
50m: 29.85 29.85	100m: 1:02.60 32.75	150m: 1:36.43 33.83	200m: 2:10.30 33.87	
16. Baldur Logi Gautason	00	Sundfélagið Óðinn	2:13.38	<b>2:15.28</b> 428
50m: 30.29 30.29	100m: 1:04.57 34.28	150m: 1:39.96 35.39	200m: 2:15.28 35.32	
17. Björgvin Árni Júlíusson	01	ÍBR	2:11.90	<b>2:15.95</b> 422
50m: 30.89 30.89	100m: 1:05.43 34.54	150m: 1:40.80 35.37	200m: 2:15.95 35.15	
18. Gunnar Bjarki Jónsson	98	Sunddeild Breiðabliks	2:03.11	<b>2:18.54</b> 399
50m: 30.35 30.35	100m: 1:04.46 34.11	150m: 1:41.78 37.32	200m: 2:18.54 36.76	
19. Hreiðar Máni Ragnarsson	99	Íþróttabandalag Reykjanesbæja	2:11.84	<b>2:21.83</b> 371
50m: 30.60 30.60	100m: 1:05.57 34.97	150m: 1:43.12 37.55	200m: 2:21.83 38.71	
MÆekki Hólmsteinn Skorri Hallgrímsson	00	Sundfélagið Ægir	2:12.63	
MÆekki Daníel Andri Þórhallsson	98	Sundfélagið Ægir	2:06.49	

IM50 2016  
Reykjavík, 22. - 24.4.2016

Sundgrein 34  
24.4.2016 - 10:45

kvenna, 50m baksund

Opinn  
Úrslitalistar Undanrásir

Íslandsmet 28.61 Eygló Ósk Gústafsdóttir Ægir Bellahoj (DEN) 29.3.2014

EM50 14 +: 28.89

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
1.	Eygló Ósk Gústafsdóttir	95 Sundfélagið Ægir	28.75	<b>29.76</b> 751A
2.	Ingibjörg Kristín Jónsdóttir	93 Sh	30.68	<b>29.96</b> 736A
3.	Steingerður Hauksdóttir	96 ÍBR	31.49	<b>32.19</b> 594A
4.	Katarína Róbertsdóttir	00 Sh	31.56	<b>32.36</b> 584A
5.	Rakel Guðjónsdóttir	00 ÍBR	32.76	<b>33.16</b> 543A
6.	Athena Neve Leex	97 Sunddeild Breiðabliks	32.12	<b>33.34</b> 534A
7.	Guðný Birna Sigurðardóttir	99 Vestri	32.21	<b>33.41</b> 531A
8.	Ásta Kristín Jónsdóttir	00 ÍBR	33.33	<b>33.53</b> 525A
9.	María Arnarsdóttir	02 Sundfélagið Óðinn	34.89	<b>33.88</b> 509R
10.	Gunnlaug Margrét Ólafsdóttir	97 Sunddeild Breiðabliks	34.58	<b>33.93</b> 507R
11.	Elín Kata Sigurgeirsdóttir	99 Sundfélagið Óðinn	32.69	<b>34.00</b> 504
12.	Una Lára Lárusdóttir	99 Sundfélag Akraness	32.51	<b>34.10</b> 499
13.	Þura Snorradóttir	03 Sundfélagið Óðinn	34.44	<b>34.15</b> 497
14.	Embla Sól Garðarsdóttir	01 Sundfélagið Óðinn	34.22	<b>34.23</b> 494
15.	Jóhanna Elín Guðmundsdóttir	01 Sh	34.82	<b>34.63</b> 477
16.	Gabriela Rut Vale	00 Sundfélagið Ægir	35.47	<b>34.72</b> 473
17.	Apena Karaolani	00 Umf Afturelding	34.27	<b>34.90</b> 466
18.	Berglind Bjarnadóttir	01 ÍBR	35.47	<b>35.37</b> 447
19.	Alexandra Tómasdóttir	01 Sundfélagið Óðinn	35.32	<b>36.10</b> 421
20.	Diljá Rún Ívarsdóttir	02 Íþróttabandalag Reykjanesbæjar	34.78	<b>37.48</b> 376
21.	Sandra Ósk Elíasdóttir	99 Íþróttabandalag Reykjanesbæjar	36.00	<b>37.73</b> 368
MÆekki	Ágústa Rós Róbertsdóttir	98 ÍBR	33.12	
MÆekki	Telma Brá Gunnarsdóttir	00 Sundfélagið Ægir	35.01	

Sundgrein 35  
24.4.2016 - 10:50

karla, 50m baksund

Opinn  
Úrslitalistar Undanrásir

Íslandsmet 25.86 Örn Arnason SH Eindhoven (NED) 20.3.2008

EM50 14 +: 26.16

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
1.	Kristinn Þórarinsson	96 ÍBR	26.92	<b>26.59</b> 739A
2.	Kolbeinn Hrafnkelsson	94 Sh	27.40	<b>26.88</b> 715A
3.	Predrag Milos	95 Sh	26.29	<b>28.53</b> 598A
4.	Brynjólfur Óli Karlsson	01 Sunddeild Breiðabliks	28.67	<b>28.64</b> 591A
5.	Hilmar Smári Jónsson	94 ÍBR	29.62	<b>29.26</b> 554A
6.	Kristján Gylfi Þórisson	00 Sundfélagið Ægir	29.83	<b>29.42</b> 545A
7.	Ólafur Carl Granz	98 Sundfélagið Ægir	32.13	<b>31.50</b> 444A
8.	Hafsteinn Ari Ágústsson	00 Sunddeild Breiðabliks	32.15	<b>31.71</b> 435A
9.	Atli Vikar Ingimundarson	97 Sundfélag Akraness	29.31	<b>32.34</b> 410R
10.	Tómas Magnússon	02 ÍBR	32.41	<b>32.94</b> 388R
11.	Hjörleifur Helgi Sveinbjarnarson	99 Sundfélagið Rán	31.80	<b>33.12</b> 382

IM50 2016  
Reykjavík, 22. - 24.4.2016

Sundgrein 36 kvenna, 200m bringusund Opinn  
24.4.2016 - 10:54 Úrslitalistar Undanrásir

Íslandsmet 2:23.06 Hrafnhildur Lúthersdóttir SH Kazan (RUS) 6.8.2015

EM50 14 +: 2:31.85

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
1. Hrafnhildur Lúthersdóttir	91 Sh	2:23.06	<b>2:29.43</b>	806A EM5
50m: 34.19 34.19	100m: 1:12.38 38.19	150m: 1:51.57 39.19	200m: 2:29.43 37.86	
2. Sunna Svanlaug Vilhjálmisdóttir	00 Sh	2:43.41	<b>2:47.72</b>	570A
50m: 36.87 36.87	100m: 1:18.42 41.55	150m: 2:02.97 44.55	200m: 2:47.72 44.75	
3. Karen Mist Arngersdóttir	00 Íþróttabandalag Reykjanesbæjar	2:41.91	<b>2:49.09</b>	556A
50m: 37.67 37.67	100m: 1:20.66 42.99	150m: 2:04.84 44.18	200m: 2:49.09 44.25	
4. Svanfríður Steingrímsdóttir	99 Íþróttabandalag Reykjanesbæjar	2:54.00	<b>2:52.79</b>	521A
50m: 38.85 38.85	100m: 1:22.62 43.77	150m: 2:07.47 44.85	200m: 2:52.79 45.32	
5. Natalia Cecylia Wojdat	98 Sh	2:53.85	<b>2:55.32</b>	499A
50m: 39.25 39.25	100m: 1:23.93 44.68	150m: 2:09.40 45.47	200m: 2:55.32 45.92	
6. Marta Buchanevic	01 Sundfélagið Ægir	2:51.99	<b>2:57.11</b>	484A
50m: 40.19 40.19	100m: 1:24.46 44.27	150m: 2:10.63 46.17	200m: 2:57.11 46.48	
7. Nanna Björk Barkardóttir	98 Sundfélagið Óðinn	3:00.72	<b>2:57.90</b>	478A
50m: 39.95 39.95	100m: 1:25.88 45.93	150m: 2:11.82 45.94	200m: 2:57.90 46.08	
8. Ágústa Bergrós Jakobsdóttir	02 ÍBR	3:00.62	<b>3:08.83</b>	399A
50m: 42.19 42.19	100m: 1:30.41 48.22	150m: 2:20.14 49.73	200m: 3:08.83 48.69	
9. Brynhildur Traustadóttir	01 Sundfélag Akraness	2:58.51	<b>3:15.17</b>	362R
50m: 43.81 43.81	100m: 1:34.01 50.20	150m: 2:25.07 51.06	200m: 3:15.17 50.10	
MÆekki Steinunn Rúna Ragnarsdóttir	99 Íþróttabandalag Reykjanesbæjar	2:59.87		

Sundgrein 37 karla, 200m bringusund Opinn  
24.4.2016 - 11:03 Úrslitalistar Undanrásir

Íslandsmet 2:10.21 Anton Sveinn McKee Ægir Kazan (RUS) 6.8.2015

EM50 14 +: 2:15.03

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
1. Viktor Máni Vilbergsson	92 Sh	2:22.48	<b>2:30.39</b>	602A
50m: 32.95 32.95	100m: 1:11.40 38.45	150m: 1:50.78 39.38	200m: 2:30.39 39.61	
2. Ólafur Sigurðsson	99 Sh	2:26.34	<b>2:34.42</b>	556A
50m: 35.16 35.16	100m: 1:14.70 39.54	150m: 1:55.61 40.91	200m: 2:34.42 38.81	
3. Sævar Berg Sigurðsson	95 Sundfélag Akraness	2:36.75	<b>2:34.43</b>	556A
50m: 34.77 34.77	100m: 1:14.09 39.32	150m: 1:54.22 40.13	200m: 2:34.43 40.21	
4. Hallgrímur Kjartansson	98 Sunddeild Breiðabliks	2:38.45	<b>2:37.49</b>	524A
50m: 34.95 34.95	100m: 1:14.68 39.73	150m: 1:56.05 41.37	200m: 2:37.49 41.44	
5. Baldvin Sigmarsson	97 Íþróttabandalag Reykjanesbæjar	2:37.70	<b>2:37.99</b>	519A
50m: 34.99 34.99	100m: 1:15.11 40.12	150m: 1:55.95 40.84	200m: 2:37.99 42.04	
6. Snævar Atli Halldórsson	00 Sundfélagið Óðinn	2:35.57	<b>2:38.21</b>	517A
50m: 35.65 35.65	100m: 1:16.14 40.49	150m: 1:57.88 41.74	200m: 2:38.21 40.33	
7. Óskar Gauti Lund	99 Sunddeild Breiðabliks	2:44.98	<b>2:42.73</b>	475A
50m: 35.94 35.94	100m: 1:16.72 40.78	150m: 1:59.07 42.35	200m: 2:42.73 43.66	
8. Jón Margeir Sverrisson	92 ÍBR	2:38.94	<b>2:45.17</b>	454A
50m: 36.66 36.66	100m: 1:18.90 42.24	150m: 2:02.55 43.65	200m: 2:45.17 42.62	
9. Hilmir Hrafn Garðarsson	99 Umf Afturelding	2:47.92	<b>2:45.50</b>	451R
50m: 37.36 37.36	100m: 1:18.87 41.51	150m: 2:01.82 42.95	200m: 2:45.50 43.68	

IM50 2016  
Reykjavík, 22. - 24.4.2016

Sundgrein 37, karla, 200m bringusund, Undanrásir, Opinn

Sæti	F.ár	Undanrásir	Tími	Stig
10. Þorbjörn Andrason	01 ÍBR	2:45.46	<b>2:57.21</b>	368R
50m: 39.38 39.38	100m: 1:24.67 45.29	150m: 2:11.04 46.37	200m: 2:57.21 46.17	
MÆekki Hólmsteinn Skorri Hallgrímsson	00 Sundfélagið Ægir	2:41.17		

Sundgrein 38  
24.4.2016 - 11:11

kvenna, 800m skriðsund

Opinn  
Úrslitalistar

Íslandsmet	8:53.76	Sigrún Brá Sverrisdóttir	Ægir	Columbus (USA)	11.3.2012
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EM50 14 +: 8:48.98

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
1. Bára Kristín Björgvinsdóttir	95 Sh	9:18.62	<b>9:14.45</b>	679
50m: 32.14 32.14	250m: 2:50.27 34.97	450m: 5:10.57 34.84	650m: 7:30.70 35.02	
100m: 1:05.95 33.81	300m: 3:25.45 35.18	500m: 5:45.53 34.96	700m: 8:05.93 35.23	
150m: 1:40.57 34.62	350m: 4:00.51 35.06	550m: 6:20.56 35.03	750m: 8:40.84 34.91	
200m: 2:15.30 34.73	400m: 4:35.73 35.22	600m: 6:55.68 35.12	800m: 9:14.45 33.61	
2. Eydís Ósk Kolbeinsdóttir	00 Íþróttabandalag Reykjanesbæjar	9:18.14	<b>9:23.94</b>	645
50m: 32.40 32.40	250m: 2:54.30 35.80	450m: 5:18.02 35.64	650m: 7:40.12 35.72	
100m: 1:06.62 34.22	300m: 3:30.49 36.19	500m: 5:53.23 35.21	700m: 8:15.92 35.80	
150m: 1:42.69 36.07	350m: 4:06.52 36.03	550m: 6:28.66 35.43	750m: 8:50.03 34.11	
200m: 2:18.50 35.81	400m: 4:42.38 35.86	600m: 7:04.40 35.74	800m: 9:23.94 33.91	
3. Eyrún Agla Friðriksdóttir	99 Sh	9:33.92	<b>9:41.46</b>	588
50m: 33.44 33.44	250m: 2:57.39 36.22	450m: 5:24.18 36.93	650m: 7:51.82 37.09	
100m: 1:08.37 34.93	300m: 3:33.88 36.49	500m: 6:00.60 36.42	700m: 8:29.00 37.18	
150m: 1:44.59 36.22	350m: 4:10.70 36.82	550m: 6:37.59 36.99	750m: 9:06.19 37.19	
200m: 2:21.17 36.58	400m: 4:47.25 36.55	600m: 7:14.73 37.14	800m: 9:41.46 35.27	
4. Stefanía Sigurþórsdóttir	01 Íþróttabandalag Reykjanesbæjar	9:47.99	<b>9:57.97</b>	541
50m: 32.38 32.38	250m: 2:59.09 37.26	450m: 5:30.42 38.35	650m: 8:04.16 38.52	
100m: 1:08.19 35.81	300m: 3:36.22 37.13	500m: 6:08.66 38.24	700m: 8:42.46 38.30	
150m: 1:44.98 36.79	350m: 4:14.16 37.94	550m: 6:47.17 38.51	750m: 9:20.80 38.34	
200m: 2:21.83 36.85	400m: 4:52.07 37.91	600m: 7:25.64 38.47	800m: 9:57.97 37.17	
5. Regína Lilja Gunnlaugsdóttir	02 Sunddeild Breiðabliks	10:25.17	<b>10:05.46</b>	521
50m: 34.02 34.02	250m: 3:06.77 38.42	450m: 5:40.43 38.24	650m: 8:13.37 38.11	
100m: 1:11.75 37.73	300m: 3:45.59 38.82	500m: 6:18.41 37.98	700m: 8:51.56 38.19	
150m: 1:50.08 38.33	350m: 4:23.98 38.39	550m: 6:56.92 38.51	750m: 9:28.71 37.15	
200m: 2:28.35 38.27	400m: 5:02.19 38.21	600m: 7:35.26 38.34	800m: 10:05.46 36.75	
6. Embla Sól Garðarsdóttir	01 Sundfélagið Óðinn	10:22.01	<b>10:10.45</b>	508
50m: 33.11 33.11	250m: 3:06.15 38.97	450m: 5:42.51 38.51	650m: 8:19.01 39.28	
100m: 1:10.12 37.01	300m: 3:45.37 39.22	500m: 6:21.95 39.44	700m: 8:57.71 38.70	
150m: 1:48.92 38.80	350m: 4:24.34 38.97	550m: 7:00.62 38.67	750m: 9:35.48 37.77	
200m: 2:27.18 38.26	400m: 5:04.00 39.66	600m: 7:39.73 39.11	800m: 10:10.45 34.97	
7. Ylfa Finnbogadóttir	02 Sh	10:17.50	<b>10:21.84</b>	481
50m: 34.79 34.79	250m: 3:12.50 39.33	450m: 5:51.40 39.68	650m: 8:28.40 39.17	
100m: 1:13.52 38.73	300m: 3:52.38 39.88	500m: 6:30.51 39.11	700m: 9:07.25 38.85	
150m: 1:53.42 39.90	350m: 4:32.11 39.73	550m: 7:09.93 39.42	750m: 9:45.41 38.16	
200m: 2:33.17 39.75	400m: 5:11.72 39.61	600m: 7:49.23 39.30	800m: 10:21.84 36.43	
8. Hildur Elísabet Hálfanardóttir	98 Sh	10:08.45	<b>10:27.28</b>	469
50m: 34.36 34.36	250m: 3:09.89 39.33	450m: 5:48.75 38.90	650m: 8:28.98 40.25	
100m: 1:12.57 38.21	300m: 3:49.60 39.71	500m: 6:28.95 40.20	700m: 9:09.48 40.50	
150m: 1:51.43 38.86	350m: 4:29.24 39.64	550m: 7:09.27 40.32	750m: 9:49.49 40.01	
200m: 2:30.56 39.13	400m: 5:09.85 40.61	600m: 7:48.73 39.46	800m: 10:27.28 37.79	
9. Klara Sif Sverrisdóttir	00 Sunddeild Breiðabliks	10:34.48	<b>10:37.28</b>	447
50m: 36.23 36.23	250m: 3:16.07 40.19	450m: 5:56.51 39.59	650m: 8:37.35 40.24	
100m: 1:15.77 39.54	300m: 3:55.84 39.77	500m: 6:36.81 40.30	700m: 9:18.01 40.66	
150m: 1:55.75 39.98	350m: 4:36.29 40.45	550m: 7:16.69 39.88	750m: 9:58.20 40.19	
200m: 2:35.88 40.13	400m: 5:16.92 40.63	600m: 7:57.11 40.42	800m: 10:37.28 39.08	

IM50 2016  
Reykjavík, 22. - 24.4.2016

Sundgrein 38, kvenna, 800m skriðsund, Opinn

Sæti			F.ár			Undanrásir	Tími	Stig	
10.	Ágústa Bergrós Jakobsdóttir		02	ÍBR		10:21.74	<b>10:56.94</b>	408	
	50m:	37.36 37.36	250m:	3:22.75	41.68	450m:	6:09.10 41.78	650m:	8:55.11 41.45
	100m:	1:18.33 40.97	300m:	4:04.29	41.54	500m:	6:50.60 41.50	700m:	9:36.93 41.82
	150m:	1:59.71 41.38	350m:	4:45.88	41.59	550m:	7:31.95 41.35	750m:	10:17.46 40.53
	200m:	2:41.07 41.36	400m:	5:27.32	41.44	600m:	8:13.66 41.71	800m:	10:56.94 39.48

Sundgrein 39  
24.4.2016 - 11:23

karla, 800m skriðsund

Opinn  
Úrslitalistar

Íslandsmet	8:08.09	Anton Sveinn McKee	Ægir	Reykjavík	13.4.2012
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EM50 14 +: 8:09.72

Stig: FINA 2016

Sæti			F.ár			Undanrásir	Tími	Stig	
1.	Þröstur Bjarnason		97	Íþróttabandalag Reykjanesbæja		8:17.00	<b>8:35.60</b>	674	
	50m:	29.70 29.70	250m:	2:43.11	33.56	450m:	4:54.53 30.85	650m:	7:00.76 31.75
	100m:	1:02.79 33.09	300m:	3:16.74	33.63	500m:	5:25.84 31.31	700m:	7:32.65 31.89
	150m:	1:36.21 33.42	350m:	3:50.26	33.52	550m:	5:57.19 31.35	750m:	8:04.41 31.76
	200m:	2:09.55 33.34	400m:	4:23.68	33.42	600m:	6:29.01 31.82	800m:	8:35.60 31.19
2.	Hafþór Jón Sigurðsson		97	Sh		8:19.74	<b>8:40.71</b>	654	
	50m:	29.69 29.69	250m:	2:39.16	32.64	450m:	4:50.82 32.94	650m:	7:02.93 33.03
	100m:	1:01.80 32.11	300m:	3:11.96	32.80	500m:	5:23.84 33.02	700m:	7:36.12 33.19
	150m:	1:33.93 32.13	350m:	3:44.85	32.89	550m:	5:56.84 33.00	750m:	8:08.94 32.82
	200m:	2:06.52 32.59	400m:	4:17.88	33.03	600m:	6:29.90 33.06	800m:	8:40.71 31.77
3.	Huginn Hilmarsson		95	Sunddeild Breiðabliks		8:57.60	<b>9:02.07</b>	580	
	50m:	30.10 30.10	250m:	2:43.79	34.24	450m:	5:01.65 34.51	650m:	7:19.34 34.36
	100m:	1:02.56 32.46	300m:	3:18.09	34.30	500m:	5:36.18 34.53	700m:	7:53.64 34.30
	150m:	1:36.08 33.52	350m:	3:52.51	34.42	550m:	6:10.62 34.44	750m:	8:28.20 34.56
	200m:	2:09.55 33.47	400m:	4:27.14	34.63	600m:	6:44.98 34.36	800m:	9:02.07 33.87
4.	Björgvin Theodór Hilmarsson		98	Íþróttabandalag Reykjanesbæja		8:47.34	<b>9:15.05</b>	540	
	50m:	30.01 30.01	250m:	2:47.07	34.86	450m:	5:07.81 35.32	650m:	7:30.12 35.61
	100m:	1:03.63 33.62	300m:	3:21.74	34.67	500m:	5:43.59 35.78	700m:	8:05.61 35.49
	150m:	1:38.02 34.39	350m:	3:57.22	35.48	550m:	6:18.93 35.34	750m:	8:41.18 35.57
	200m:	2:12.21 34.19	400m:	4:32.49	35.27	600m:	6:54.51 35.58	800m:	9:15.05 33.87
5.	Patrik Viggó Vilbergsson		02	Sunddeild Breiðabliks		9:26.53	<b>9:17.56</b>	533	
	50m:	30.33 30.33	250m:	2:49.97	35.54	450m:	5:11.92 35.76	650m:	7:33.56 35.32
	100m:	1:04.12 33.79	300m:	3:25.21	35.24	500m:	5:47.33 35.41	700m:	8:08.77 35.21
	150m:	1:39.24 35.12	350m:	4:00.69	35.48	550m:	6:22.72 35.39	750m:	8:43.66 34.89
	200m:	2:14.43 35.19	400m:	4:36.16	35.47	600m:	6:58.24 35.52	800m:	9:17.56 33.90
6.	Hilmir Örn Ólafsson		01	Sundfélagið Ægir		9:48.35	<b>9:31.41</b>	495	
	50m:	31.93 31.93	250m:	2:57.94	37.11	450m:	5:22.78 36.61	650m:	7:46.98 36.50
	100m:	1:07.45 35.52	300m:	3:33.19	35.25	500m:	5:58.66 35.88	700m:	8:22.13 35.15
	150m:	1:44.04 36.59	350m:	4:10.13	36.94	550m:	6:34.74 36.08	750m:	8:57.90 35.77
	200m:	2:20.83 36.79	400m:	4:46.17	36.04	600m:	7:10.48 35.74	800m:	9:31.41 33.51
7.	Björn Axel Agnarsson		02	Sunddeild Breiðabliks		9:51.09	<b>9:45.37</b>	460	
	50m:	31.47 31.47	250m:	2:58.10	37.38	450m:	5:28.06 37.93	650m:	7:58.47 37.24
	100m:	1:06.89 35.42	300m:	3:34.84	36.74	500m:	6:05.59 37.53	700m:	8:35.52 37.05
	150m:	1:44.39 37.50	350m:	4:12.00	37.16	550m:	6:44.14 38.55	750m:	9:11.95 36.43
	200m:	2:20.72 36.33	400m:	4:50.13	38.13	600m:	7:21.23 37.09	800m:	9:45.37 33.42
8.	Halldór Björn Kristinsson		02	Sundfélagið Ægir		9:53.92	<b>9:59.11</b>	429	
	50m:	32.88 32.88	250m:	3:03.20	38.49	450m:	5:35.54 38.21	650m:	8:06.58 37.84
	100m:	1:09.24 36.36	300m:	3:41.03	37.83	500m:	6:13.65 38.11	700m:	8:44.16 37.58
	150m:	1:46.69 37.45	350m:	4:19.31	38.28	550m:	6:51.46 37.81	750m:	9:22.08 37.92
	200m:	2:24.71 38.02	400m:	4:57.33	38.02	600m:	7:28.74 37.28	800m:	9:59.11 37.03
MÆekki	Bjartur Þórhallsson		00	Sundfélagið Ægir		9:30.17			

IM50 2016  
Reykjavík, 22. - 24.4.2016

Sundgrein 40  
24.4.2016 - 11:34

blandað, 4 x 50m skriðsund

Opinn  
Úrslitalistar

Íslandsmet 1:44.60 Sundfélag Hafnarfjarðar SH Hafnarfjörður 22.3.2015

Stig: FINA 2016

Sæti				Undanrásir	Tími	Stig		
1.	Sh 2		Sh	NT	<b>1:40.32</b>	605		
	<i>Nýtt Íslandsmet</i>							
	Aron Örn Stefánsson	95	+0,58	23.65	Ingibjörg Kristín Jónsdóttir	93	+0,21	26.45
	Predrag Milos	95	+0,28	23.93	Hrafnhildur Lúthersdóttir	91	+0,19	26.29
2.	Sundfélagið Ægir 1		Sundfélagið Ægir	NT	<b>1:43.03</b>	558		
	Birkir Snær Helgason	94	+0,72	24.89	Hólmsteinn Skorri Hallgrímsson	00	+0,18	25.27
	Eygló Ósk Gústafsdóttir	95	+0,29	26.32	Jóhanna Gerða Gústafsdóttir	90	+0,22	26.55
3.	Sh 1		Sh	NT	<b>1:43.04</b>	558		
	Viktor Máni Vilbergsson	92	+0,64	24.67	Guðný Erna Bjarnadóttir	94	+0,35	27.47
	Kolbeinn Hrafnkelsson	94		24.03	Karen Sif Vilhjálmsdóttir	93		26.87
4.	ÍBR 1		ÍBR	NT	<b>1:43.90</b>	544		
	Alexander Jóhannesson	92	+0,63	24.37	Ásta Kristín Jónsdóttir	00	+0,41	27.87
	Steingerður Hauksdóttir	96	+0,25	27.58	Kristinn Þórarinsson	96	+0,40	24.08
5.	Íþróttabandalag Reykjanesbæjar 1		Íþróttabandalag Reykjanesbæjar	NT	<b>1:45.16</b>	525		
	Sunneva Dögg Friðriksdóttir	99	+0,63	28.05	Þröstur Bjarnason	97	+0,17	24.52
	Kristófer Sigurðsson	95	+0,20	24.51	Stefanía Sigurþórsdóttir	01	+0,25	28.08
6.	ÍBR 2		ÍBR	NT	<b>1:48.03</b>	484		
	Daniel Hannes Pálsson	95	+0,66	25.40	Berglind Bjarnadóttir	01	+0,10	29.39
	Ragna Sigríður Ragnarsdóttir	01		28.74	Hilmar Smári Jónsson	94	+0,35	24.50
7.	Sunddeild Breiðabliks 1		Sunddeild Breiðabliks	NT	<b>1:48.05</b>	484		
	Brynjólfur Óli Karlsson	01	+0,64	26.11	Davíð Fannar Ragnarsson	98	+0,13	25.09
	Ragnheiður Karlsdóttir	99	+0,32	28.78	Líney Ragna Ólafsdóttir	96	+0,22	28.07
8.	Sundfélagið Ægir 2		Sundfélagið Ægir	NT	<b>1:48.94</b>	472		
	Bryndís Bolladóttir	99	+0,63	28.65	Kristján Gylfi Þórisson	00	+0,36	25.96
	Inga Elin Cryer	93	+0,20	27.85	Daníel Andri Þórhallsson	98	+0,22	26.48
9.	Sundfélagið Ægir 3		Sundfélagið Ægir	NT	<b>1:52.14</b>	433		
	Bjartur Þórhallsson	00	+0,62	26.83	Bjarkey Jónasdóttir	99	+0,45	29.98
	Telma Brá Gunnarsdóttir	00	+0,36	29.47	Ólafur Carl Granz	98	+0,17	25.86
10.	Sundfélagið Óðinn 1		Sundfélagið Óðinn	NT	<b>1:52.22</b>	432		
	Bryndís Rún Hansen	93	+0,65	26.58	Hákon Alexander Magnússon	00	+0,59	28.58
	Baldur Logi Gautason	00	+0,57	28.24	Elín Kata Sigurgeirsdóttir	99	+0,47	28.82
11.	Sundfélag Akraness 1		Sundfélag Akraness	NT	<b>1:52.28</b>	431		
	Atli Vikar Ingimundarson	97	+0,70	26.47	Sólrún Sigþórsdóttir	97	+0,38	30.59
	Una Lára Lárusdóttir	99		28.74	Sævar Berg Sigurðsson	95		26.48
12.	Sundfélag Akraness 2		Sundfélag Akraness	NT	<b>1:56.12</b>	390		
	Erlend Magnússon	01	+0,64	27.65	Eyrún Sigþórsdóttir	01	+0,27	29.94
	Brynhildur Traustadóttir	01	+0,40	29.70	Sindri Andreas Bjarnason	01	+0,44	28.83
13.	ÍBR 3		ÍBR	NT	<b>1:57.69</b>	374		
	Jón Klausen	00	+0,78	27.03	Heiður Kristín Sigurgeirsdóttir	01	+0,03	30.94
	Arey Rakel Guðnadóttir	02	+0,38	30.95	Vikar Máni Þórsson	02	+0,36	28.77
14.	Umf Afturelding 1		Umf Afturelding	NT	<b>1:59.66</b>	356		
	Hilmir Hrafn Garðarsson	99	+0,81	29.81	Katrín Eva Jóhannesdóttir	01	+0,18	30.23
	Apena Karaolani	00	+0,44	30.88	Jón Goði Ingvarsson	99	+0,47	28.74

IM50 2016  
Reykjavík, 22. - 24.4.2016

6 - 6. hluti - úrslit

24.4.2016 - 16:30

Sundgrein 28

kvenna, 400m fjórsund

Opinn  
Úrslitalistar

24.4.2016 - 16:30

Íslandsmet 4:46.70 Hrafnhildur Lúthersdóttir SH Reykjavík 5.2.2015

EM50 14 +: 4:51.66

Stig: FINA 2016

Sæti	F.ár			Undanrásir			Tími	Stig
1.	Hrafnhildur Lúthersdóttir	91	Sh	4:46.70			<b>4:52.30</b>	774
	50m: 30.20 30.20	150m: 1:43.75 38.56	250m: 3:02.11 39.48	350m: 4:17.96 35.42				
	100m: 1:05.19 34.99	200m: 2:22.63 38.88	300m: 3:42.54 40.43	400m: 4:52.30 34.34				
2.	Jóhanna Gerða Gústafsdóttir	90	Sundfélagið Ægir	4:53.55			<b>5:10.31</b>	647
	50m: 29.04 29.04	150m: 1:48.07 44.76	250m: 3:13.01 44.31	350m: 4:34.19 37.00				
	100m: 1:03.31 34.27	200m: 2:28.70 40.63	300m: 3:57.19 44.18	400m: 5:10.31 36.12				
3.	Eydís Ósk Kolbeinsdóttir	00	Íþróttabandalag Reykjanesbæja	5:10.40			<b>5:16.31</b>	611
	50m: 33.31 33.31	150m: 1:54.39 41.76	250m: 3:19.93 45.03	350m: 4:41.84 36.19				
	100m: 1:12.63 39.32	200m: 2:34.90 40.51	300m: 4:05.65 45.72	400m: 5:16.31 34.47				
4.	María Fanney Kristjánsdóttir	00	Sh	5:20.37			<b>5:20.50</b>	587
	50m: 33.87 33.87	150m: 1:56.14 42.68	250m: 3:23.69 45.84	350m: 4:45.72 36.07				
	100m: 1:13.46 39.59	200m: 2:37.85 41.71	300m: 4:09.65 45.96	400m: 5:20.50 34.78				
5.	Stefanía Sigurpórsdóttir	01	Íþróttabandalag Reykjanesbæja	5:29.23			<b>5:30.05</b>	537
	50m: 34.59 34.59	150m: 2:00.46 43.03	250m: 3:28.54 46.06	350m: 4:52.82 37.42				
	100m: 1:17.43 42.84	200m: 2:42.48 42.02	300m: 4:15.40 46.86	400m: 5:30.05 37.23				
6.	Alexandra Tómasdóttir	01	Sundfélagið Óðinn	5:45.70			<b>5:37.42</b>	503
	50m: 36.63 36.63	150m: 2:04.05 43.08	250m: 3:33.07 46.65	350m: 5:00.93 39.86				
	100m: 1:20.97 44.34	200m: 2:46.42 42.37	300m: 4:21.07 48.00	400m: 5:37.42 36.49				
7.	Pura Snorradóttir	03	Sundfélagið Óðinn	5:49.05			<b>5:44.16</b>	474
	50m: 36.64 36.64	150m: 2:02.19 43.65	250m: 3:34.11 49.79	350m: 5:04.93 41.50				
	100m: 1:18.54 41.90	200m: 2:44.32 42.13	300m: 4:23.43 49.32	400m: 5:44.16 39.23				
8.	Diljá Rún Ívarsdóttir	02	Íþróttabandalag Reykjanesbæja	5:48.94			<b>5:44.59</b>	472
	50m: 34.95 34.95	150m: 2:00.25 44.81	250m: 3:34.48 49.93	350m: 5:04.50 39.97				
	100m: 1:15.44 40.49	200m: 2:44.55 44.30	300m: 4:24.53 50.05	400m: 5:44.59 40.09				
9.	Rannveig Katrín Arnarsdóttir	01	Sundfélagið Óðinn	5:52.16			<b>5:57.93</b>	421
	50m: 34.32 34.32	150m: 2:04.22 49.74	250m: 3:44.40 52.68	350m: 5:18.61 41.25				
	100m: 1:14.48 40.16	200m: 2:51.72 47.50	300m: 4:37.36 52.96	400m: 5:57.93 39.32				
10.	Aníta Ósk Hrafnisdóttir	94	Sunddeild Breiðabliks	5:46.49			<b>5:58.17</b>	420
	50m: 39.18 39.18	150m: 2:12.64 47.60	250m: 3:49.41 51.09	350m: 5:19.36 39.10				
	100m: 1:25.04 45.86	200m: 2:58.32 45.68	300m: 4:40.26 50.85	400m: 5:58.17 38.81				
11.	Kolbrún Eva Pálmadóttir	02	Íþróttabandalag Reykjanesbæja	5:32.14			<b>5:58.89</b>	418
	50m: 38.20 38.20	150m: 2:12.80 49.06	250m: 3:50.90 50.62	350m: 5:20.89 39.37				
	100m: 1:23.74 45.54	200m: 3:00.28 47.48	300m: 4:41.52 50.62	400m: 5:58.89 38.00				



IM50 2016  
Reykjavík, 22. - 24.4.2016

Sundgrein 29  
24.4.2016 - 16:37

karla, 400m fjórsund

Opinn  
Úrslitalistar

Íslandsmet 4:23.64 Anton Sveinn McKee Ægir Reykjavík 15.4.2012

EM50 14 +: 4:25.74

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
1. Baldvin Sigmarsson	97	Íþróttabandalag Reykjanesbæja	4:57.81	<b>4:50.79</b> 589
50m: 29.64 29.64	150m: 1:42.78 38.78	250m: 3:02.06 40.93	350m: 4:18.03 33.66	
100m: 1:04.00 34.36	200m: 2:21.13 38.35	300m: 3:44.37 42.31	400m: 4:50.79 32.76	
2. Hilmar Smári Jónsson	94	ÍBR	4:44.29	<b>4:56.24</b> 557
50m: 29.44 29.44	150m: 1:44.80 38.99	250m: 3:05.58 42.71	350m: 4:23.65 34.23	
100m: 1:05.81 36.37	200m: 2:22.87 38.07	300m: 3:49.42 43.84	400m: 4:56.24 32.59	
3. Hallgrímur Kjartansson	98	Sunddeild Breiðabliks	5:02.26	<b>4:58.79</b> 543
50m: 31.20 31.20	150m: 1:48.87 40.79	250m: 3:09.67 40.93	350m: 4:26.09 34.22	
100m: 1:08.08 36.88	200m: 2:28.74 39.87	300m: 3:51.87 42.20	400m: 4:58.79 32.70	
4. Ingi Þór Ólafsson	99	Íþróttabandalag Reykjanesbæja	5:05.94	<b>4:59.53</b> 539
50m: 30.40 30.40	150m: 1:46.51 39.97	250m: 3:09.64 43.22	350m: 4:26.83 32.73	
100m: 1:06.54 36.14	200m: 2:26.42 39.91	300m: 3:54.10 44.46	400m: 4:59.53 32.70	
5. Patrik Viggó Vilbergsson	02	Sunddeild Breiðabliks	5:12.41	<b>5:05.29</b> 509
50m: 31.35 31.35	150m: 1:46.47 39.32	250m: 3:10.33 45.90	350m: 4:31.02 35.14	
100m: 1:07.15 35.80	200m: 2:24.43 37.96	300m: 3:55.88 45.55	400m: 5:05.29 34.27	
6. Jökull Ýmir Guðmundsson	00	Sh	5:13.03	<b>5:08.80</b> 492
50m: 30.80 30.80	150m: 1:51.29 43.04	250m: 3:15.60 42.81	350m: 4:35.34 35.39	
100m: 1:08.25 37.45	200m: 2:32.79 41.50	300m: 3:59.95 44.35	400m: 5:08.80 33.46	
7. Snævar Atli Halldórsson	00	Sundfélagið Óðinn	5:11.03	<b>5:11.45</b> 479
50m: 31.30 31.30	150m: 1:53.20 45.25	250m: 3:17.64 41.08	350m: 4:36.27 37.15	
100m: 1:07.95 36.65	200m: 2:36.56 43.36	300m: 3:59.12 41.48	400m: 5:11.45 35.18	
8. Baldur Logi Gautason	00	Sundfélagið Óðinn	5:21.31	<b>5:19.98</b> 442
50m: 32.13 32.13	150m: 1:54.47 43.98	250m: 3:21.55 44.74	350m: 4:44.56 37.96	
100m: 1:10.49 38.36	200m: 2:36.81 42.34	300m: 4:06.60 45.05	400m: 5:19.98 35.42	

Sundgrein 30  
24.4.2016 - 16:44

kvenna, 50m flugsund

Opinn  
Úrslitalistar Úrslitsund

Íslandsmet 26.79 Bryndís Rún Hansen Óðinn Kazan (RUS) 7.8.2015

EM50 14 +: 27.21

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
1. Ingibjörg Kristín Jónsdóttir	93	Sh	28.35	<b>27.92</b> 669
2. Jóhanna Gerða Gústafsdóttir	90	Sundfélagið Ægir	30.03	<b>29.45</b> 570
3. Karen Sif Vilhjálmsdóttir	93	Sh	30.46	<b>29.90</b> 545
4. Jóhanna Elín Guðmundsdóttir	01	Sh	30.53	<b>30.22</b> 528
5. Sylwia Sienkiewicz	99	Íþróttabandalag Reykjanesbæjar	30.65	<b>30.38</b> 520
6. Bryndís Bolladóttir	99	Sundfélagið Ægir	30.72	<b>30.46</b> 515
7. Elín Kata Sigurgeirsdóttir	99	Sundfélagið Óðinn	30.71	<b>30.64</b> 506
8. Ásta Kristín Jónsdóttir	00	ÍBR	31.03	<b>31.13</b> 483

IM50 2016  
Reykjavík, 22. - 24.4.2016

Sundgrein 31 karla, 50m flugsund Opinn  
24.4.2016 - 16:54 Úrslitalistar Úrslitsund

Íslandsmet 24.02 Örn Arnason SH Melbourne (AUS) 26.3.2007

EM50 14 +: 24.12

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
<b>Úrslitasund</b>				
1.	Ágúst Júlíusson	89 Sundfélag Akraness	25.81	<b>25.61</b> 671
2.	Aron Örn Stefánsson	95 Sh	25.43	<b>25.67</b> 667
3.	Predrag Milos	95 Sh	26.57	<b>26.85</b> 582
4.	Ólafur Carl Granz	98 Sundfélagið Ægir	27.69	<b>27.37</b> 550
5.	Atli Vikar Ingimundarson	97 Sundfélag Akraness	28.07	<b>27.70</b> 530
6.	Birkir Snær Helgason	94 Sundfélagið Ægir	27.74	<b>27.97</b> 515
7.	Daníel Andri Þórhallsson	98 Sundfélagið Ægir	28.19	<b>28.03</b> 512
8.	Brynjólfur Óli Karlsson	01 Sunddeild Breiðabliks	28.16	<b>28.13</b> 506

Sundgrein 32 kvenna, 200m skriðsund Opinn  
24.4.2016 - 16:56 Úrslitalistar Úrslitsund

Íslandsmet 2:02.44 Eygló Ósk Gústafsdóttir Ægir Luxembourg (LUX) 30.5.2013

EM50 14 +: 2:01.92

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
<b>Úrslitasund</b>				
1.	Bryndís Rún Hansen	93 Sundfélagið Óðinn	2:10.04	<b>2:03.68</b> 762
	50m: 28.80 28.80 100m: 1:00.19 31.39 150m: 1:32.06 31.87 200m: 2:03.68 31.62			
2.	Sunneva Dögg Friðriksdóttir	99 Íþróttabandalag Reykjanesbæjar	2:06.89	<b>2:05.27</b> 733
	50m: 29.54 29.54 100m: 1:00.99 31.45 150m: 1:33.25 32.26 200m: 2:05.27 32.02			
3.	Inga Elin Cryer	93 Sundfélagið Ægir	2:08.23	<b>2:05.77</b> 724
	50m: 29.52 29.52 100m: 1:01.20 31.68 150m: 1:33.58 32.38 200m: 2:05.77 32.19			
4.	Ragna Sigríður Ragnarsdóttir	01 ÍBR	2:15.11	<b>2:13.15</b> 610
	50m: 30.71 30.71 100m: 1:04.22 33.51 150m: 1:38.93 34.71 200m: 2:13.15 34.22			
5.	María Fanney Kristjánsdóttir	00 Sh	2:17.63	<b>2:15.38</b> 581
	50m: 31.76 31.76 100m: 1:06.50 34.74 150m: 1:41.65 35.15 200m: 2:15.38 33.73			
6.	Bryndís Bolladóttir	99 Sundfélagið Ægir	2:15.21	<b>2:15.45</b> 580
	50m: 31.64 31.64 100m: 1:06.13 34.49 150m: 1:41.41 35.28 200m: 2:15.45 34.04			
7.	Ragnheiður Karlsdóttir	99 Sunddeild Breiðabliks	2:15.71	<b>2:16.05</b> 572
	50m: 31.03 31.03 100m: 1:04.70 33.67 150m: 1:40.64 35.94 200m: 2:16.05 35.41			
8.	Regína Lilja Gunnlaugsdóttir	02 Sunddeild Breiðabliks	2:17.89	<b>2:18.06</b> 548
	50m: 31.85 31.85 100m: 1:06.56 34.71 150m: 1:42.61 36.05 200m: 2:18.06 35.45			

IM50 2016  
Reykjavík, 22. - 24.4.2016

Sundgrein 33 karla, 200m skriðsund Opinn  
24.4.2016 - 17:08 Úrslitalistar Úrslitsund

Íslandsmet 1:49.78 Örn Arnason SH Sydney (AUS) 19.9.2000

EM50 14 +: 1:51.10

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
<b>Úrslitasund</b>				
1. Kristófer Sigurðsson	95	Íþróttabandalag Reykjanesbæja	2:00.82	<b>1:54.24</b> 711
50m: 25.72 25.72	100m: 53.82 28.10	150m: 1:23.48 29.66	200m: 1:54.24 30.76	
2. Alexander Jóhannesson	92	ÍBR	2:05.60	<b>1:59.29</b> 625
50m: 26.50 26.50	100m: 56.39 29.89	150m: 1:27.82 31.43	200m: 1:59.29 31.47	
3. Ólafur Sigurðsson	99	Sh	2:02.79	<b>2:00.03</b> 613
50m: 28.14 28.14	100m: 58.50 30.36	150m: 1:29.62 31.12	200m: 2:00.03 30.41	
4. Hafþór Jón Sigurðsson	97	Sh	2:01.73	<b>2:00.06</b> 613
50m: 28.27 28.27	100m: 58.93 30.66	150m: 1:30.11 31.18	200m: 2:00.06 29.95	
5. Huginn Hilmarsson	95	Sunddeild Breiðabliks	2:02.21	<b>2:00.93</b> 600
50m: 27.72 27.72	100m: 58.26 30.54	150m: 1:30.21 31.95	200m: 2:00.93 30.72	
6. Davíð Fannar Ragnarsson	98	Sunddeild Breiðabliks	2:04.36	<b>2:01.94</b> 585
50m: 27.61 27.61	100m: 59.16 31.55	150m: 1:31.06 31.90	200m: 2:01.94 30.88	
7. Birkir Snær Helgason	94	Sundfélagið Ægir	2:05.73	<b>2:05.96</b> 531
50m: 28.77 28.77	100m: 1:01.18 32.41	150m: 1:34.13 32.95	200m: 2:05.96 31.83	
8. Kári Sölvi Nielsen	00	Sh	2:06.92	<b>2:08.49</b> 500
50m: 29.70 29.70	100m: 1:02.48 32.78	150m: 1:35.58 33.10	200m: 2:08.49 32.91	

Sundgrein 34 kvenna, 50m baksund Opinn  
24.4.2016 - 17:12 Úrslitalistar Úrslitsund

Íslandsmet 28.61 Eygló Ósk Gústafsdóttir Ægir Bellahoj (DEN) 29.3.2014

EM50 14 +: 28.89

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
<b>Úrslitasund</b>				
1. Eygló Ósk Gústafsdóttir	95	Sundfélagið Ægir	29.76	<b>28.82</b> 827EM5
2. Ingibjörg Kristín Jónsdóttir	93	Sh	29.96	<b>29.51</b> 771
3. Steingerður Hauksdóttir	96	ÍBR	32.19	<b>31.26</b> 648
4. Katarína Róbertsdóttir	00	Sh	32.36	<b>31.36</b> 642
5. Athena Neve Leex	97	Sunddeild Breiðabliks	33.34	<b>31.85</b> 613
6. Rakel Guðjónsdóttir	00	ÍBR	33.16	<b>32.61</b> 571
7. Guðný Birna Sigurðardóttir	99	Vestri	33.41	<b>33.27</b> 538
8. Ásta Kristín Jónsdóttir	00	ÍBR	33.53	<b>33.88</b> 509

IM50 2016  
Reykjavík, 22. - 24.4.2016

Sundgrein 35 karla, 50m baksund Opinn  
24.4.2016 - 17:22 Úrslitalistar Úrslitsund

Íslandsmet 25.86 Örn Arnason SH Eindhoven (NED) 20.3.2008

EM50 14 +: 26.16

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
<b>Úrslitasund</b>				
1. Kristinn Þórarinsson	96 ÍBR	26.59	<b>26.31</b>	762
2. Kolbeinn Hrafnkelsson	94 Sh	26.88	<b>26.73</b>	727
3. Brynjólfur Óli Karlsson	01 Sunddeild Breiðabliks	28.64	<b>27.97</b>	634
4. Kristján Gylfi Þórisson	00 Sundfélagið Ægir	29.42	<b>28.66</b>	590
5. Hafsteinn Ari Ágústsson	00 Sunddeild Breiðabliks	31.71	<b>31.34</b>	451
6. Ólafur Carl Granz	98 Sundfélagið Ægir	31.50	<b>32.10</b>	420
MÆekki Predrag Milos	95 Sh	28.53		

Sundgrein 36 kvenna, 200m bringusund Opinn  
24.4.2016 - 17:24 Úrslitalistar Úrslitsund

Íslandsmet 2:23.06 Hrafnhildur Lúthersdóttir SH Kazan (RUS) 6.8.2015

EM50 14 +: 2:31.85

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
<b>Úrslitasund</b>				
1. Hrafnhildur Lúthersdóttir	91 Sh	2:29.43	<b>2:26.71</b>	852EM5
50m: 33.84 33.84 100m: 1:10.97 37.13 150m: 1:49.00 38.03 200m: 2:26.71 37.71				
2. Sunna Svanlaug Vilhjálmisdóttir	00 Sh	2:47.72	<b>2:42.56</b>	626
50m: 36.38 36.38 100m: 1:17.42 41.04 150m: 2:00.54 43.12 200m: 2:42.56 42.02				
3. Karen Mist Arngersdóttir	00 Íþróttabandalag Reykjanesbæjar	2:49.09	<b>2:44.97</b>	599
50m: 36.79 36.79 100m: 1:18.53 41.74 150m: 2:01.80 43.27 200m: 2:44.97 43.17				
4. Svanfríður Steingrímisdóttir	99 Íþróttabandalag Reykjanesbæjar	2:52.79	<b>2:50.61</b>	542
50m: 38.87 38.87 100m: 1:21.72 42.85 150m: 2:05.96 44.24 200m: 2:50.61 44.65				
5. Natalia Cecylia Wojdat	98 Sh	2:55.32	<b>2:53.09</b>	519
50m: 37.68 37.68 100m: 1:21.63 43.95 150m: 2:07.15 45.52 200m: 2:53.09 45.94				
6. Nanna Björk Barkardóttir	98 Sundfélagið Óðinn	2:57.90	<b>2:55.36</b>	499
50m: 39.08 39.08 100m: 1:23.94 44.86 150m: 2:09.89 45.95 200m: 2:55.36 45.47				
7. Marta Buchanevic	01 Sundfélagið Ægir	2:57.11	<b>2:56.14</b>	492
50m: 39.90 39.90 100m: 1:23.95 44.05 150m: 2:09.83 45.88 200m: 2:56.14 46.31				

Sundgrein 37 karla, 200m bringusund Opinn  
24.4.2016 - 17:36 Úrslitalistar Úrslitsund

Íslandsmet 2:10.21 Anton Sveinn McKee Ægir Kazan (RUS) 6.8.2015

EM50 14 +: 2:15.03

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
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IM50 2016  
Reykjavík, 22. - 24.4.2016

Sundgrein 37, karla, 200m bringusund, Úrslitsund

Úrslitasund

1.	Viktor Máni Vilbergsson	92	Sh	2:30.39	<b>2:22.30</b>	711
	50m: 30.99 30.99	100m: 1:06.29	35.30	150m: 1:43.45	37.16	200m: 2:22.30 38.85
2.	Sævar Berg Sigurðsson	95	Sundfélag Akraness	2:34.43	<b>2:31.77</b>	586
	50m: 32.93 32.93	100m: 1:11.26	38.33	150m: 1:51.61	40.35	200m: 2:31.77 40.16
3.	Ólafur Sigurðsson	99	Sh	2:34.42	<b>2:33.04</b>	571
	50m: 34.35 34.35	100m: 1:12.62	38.27	150m: 1:53.49	40.87	200m: 2:33.04 39.55
4.	Baldvin Sigmarsson	97	Íþróttabandalag Reykjanesbæja	2:37.99	<b>2:34.97</b>	550
	50m: 34.16 34.16	100m: 1:13.63	39.47	150m: 1:54.90	41.27	200m: 2:34.97 40.07
5.	Jón Margeir Sverrisson	92	ÍBR	2:45.17	<b>2:37.75</b>	521
	50m: 34.87 34.87	100m: 1:15.34	40.47	150m: 1:56.28	40.94	200m: 2:37.75 41.47
6.	Hallgrímur Kjartansson	98	Sunddeild Breiðabliks	2:37.49	<b>2:38.02</b>	519
	50m: 34.89 34.89	100m: 1:14.76	39.87	150m: 1:56.13	41.37	200m: 2:38.02 41.89
7.	Snævar Atli Halldórsson	00	Sundfélagið Óðinn	2:38.21	<b>2:38.12</b>	518
	50m: 34.89 34.89	100m: 1:15.64	40.75	150m: 1:57.84	42.20	200m: 2:38.12 40.28
8.	Óskar Gauti Lund	99	Sunddeild Breiðabliks	2:42.73	<b>2:44.02</b>	464
	50m: 36.73 36.73	100m: 1:18.54	41.81	150m: 2:01.57	43.03	200m: 2:44.02 42.45

Sundgrein 38

kvenna, 800m skriðsund

Opinn

24.4.2016 - 17:41

Úrslitalistar

Íslandsmet 8:53.76 Sigrún Brá Sverrisdóttir Ægir Columbus (USA) 11.3.2012

EM50 14 +: 8:48.98

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig		
1.	Bára Kristín Björgvinsdóttir	95	Sh	9:18.62	<b>9:14.45</b>	679
	50m: 32.14 32.14	250m: 2:50.27	34.97	450m: 5:10.57	34.84	650m: 7:30.70 35.02
	100m: 1:05.95 33.81	300m: 3:25.45	35.18	500m: 5:45.53	34.96	700m: 8:05.93 35.23
	150m: 1:40.57 34.62	350m: 4:00.51	35.06	550m: 6:20.56	35.03	750m: 8:40.84 34.91
	200m: 2:15.30 34.73	400m: 4:35.73	35.22	600m: 6:55.68	35.12	800m: 9:14.45 33.61
2.	Eydís Ósk Kolbeinsdóttir	00	Íþróttabandalag Reykjanesbæja	9:18.14	<b>9:23.94</b>	645
	50m: 32.40 32.40	250m: 2:54.30	35.80	450m: 5:18.02	35.64	650m: 7:40.12 35.72
	100m: 1:06.62 34.22	300m: 3:30.49	36.19	500m: 5:53.23	35.21	700m: 8:15.92 35.80
	150m: 1:42.69 36.07	350m: 4:06.52	36.03	550m: 6:28.66	35.43	750m: 8:50.03 34.11
	200m: 2:18.50 35.81	400m: 4:42.38	35.86	600m: 7:04.40	35.74	800m: 9:23.94 33.91
3.	Eyrún Agla Friðriksdóttir	99	Sh	9:33.92	<b>9:41.46</b>	588
	50m: 33.44 33.44	250m: 2:57.39	36.22	450m: 5:24.18	36.93	650m: 7:51.82 37.09
	100m: 1:08.37 34.93	300m: 3:33.88	36.49	500m: 6:00.60	36.42	700m: 8:29.00 37.18
	150m: 1:44.59 36.22	350m: 4:10.70	36.82	550m: 6:37.59	36.99	750m: 9:06.19 37.19
	200m: 2:21.17 36.58	400m: 4:47.25	36.55	600m: 7:14.73	37.14	800m: 9:41.46 35.27
4.	Stefanía Sigurþórsdóttir	01	Íþróttabandalag Reykjanesbæja	9:47.99	<b>9:57.97</b>	541
	50m: 32.38 32.38	250m: 2:59.09	37.26	450m: 5:30.42	38.35	650m: 8:04.16 38.52
	100m: 1:08.19 35.81	300m: 3:36.22	37.13	500m: 6:08.66	38.24	700m: 8:42.46 38.30
	150m: 1:44.98 36.79	350m: 4:14.16	37.94	550m: 6:47.17	38.51	750m: 9:20.80 38.34
	200m: 2:21.83 36.85	400m: 4:52.07	37.91	600m: 7:25.64	38.47	800m: 9:57.97 37.17
5.	Regína Lilja Gunnlaugsdóttir	02	Sunddeild Breiðabliks	10:25.17	<b>10:05.46</b>	521
	50m: 34.02 34.02	250m: 3:06.77	38.42	450m: 5:40.43	38.24	650m: 8:13.37 38.11
	100m: 1:11.75 37.73	300m: 3:45.59	38.82	500m: 6:18.41	37.98	700m: 8:51.56 38.19
	150m: 1:50.08 38.33	350m: 4:23.98	38.39	550m: 6:56.92	38.51	750m: 9:28.71 37.15
	200m: 2:28.35 38.27	400m: 5:02.19	38.21	600m: 7:35.26	38.34	800m: 10:05.46 36.75
6.	Embla Sól Garðarsdóttir	01	Sundfélagið Óðinn	10:22.01	<b>10:10.45</b>	508
	50m: 33.11 33.11	250m: 3:06.15	38.97	450m: 5:42.51	38.51	650m: 8:19.01 39.28
	100m: 1:10.12 37.01	300m: 3:45.37	39.22	500m: 6:21.95	39.44	700m: 8:57.71 38.70
	150m: 1:48.92 38.80	350m: 4:24.34	38.97	550m: 7:00.62	38.67	750m: 9:35.48 37.77
	200m: 2:27.18 38.26	400m: 5:04.00	39.66	600m: 7:39.73	39.11	800m: 10:10.45 34.97

IM50 2016  
Reykjavík, 22. - 24.4.2016

Sundgrein 38, kvenna, 800m skriðsund, Opinn

Sæti			F.ár		Undanrásir				Tími	Stig		
7.	Ylfa Finnbogadóttir		02		Sh				10:17.50	<b>10:21.84</b>	481	
	50m:	34.79	34.79	250m:	3:12.50	39.33	450m:	5:51.40	39.68	650m:	8:28.40	39.17
	100m:	1:13.52	38.73	300m:	3:52.38	39.88	500m:	6:30.51	39.11	700m:	9:07.25	38.85
	150m:	1:53.42	39.90	350m:	4:32.11	39.73	550m:	7:09.93	39.42	750m:	9:45.41	38.16
	200m:	2:33.17	39.75	400m:	5:11.72	39.61	600m:	7:49.23	39.30	800m:	10:21.84	36.43
8.	Hildur Elísabet Hálfanardóttir		98		Sh				10:08.45	<b>10:27.28</b>	469	
	50m:	34.36	34.36	250m:	3:09.89	39.33	450m:	5:48.75	38.90	650m:	8:28.98	40.25
	100m:	1:12.57	38.21	300m:	3:49.60	39.71	500m:	6:28.95	40.20	700m:	9:09.48	40.50
	150m:	1:51.43	38.86	350m:	4:29.24	39.64	550m:	7:09.27	40.32	750m:	9:49.49	40.01
	200m:	2:30.56	39.13	400m:	5:09.85	40.61	600m:	7:48.73	39.46	800m:	10:27.28	37.79
9.	Klara Sif Sverrisdóttir		00		Sunddeild Breiðabliks				10:34.48	<b>10:37.28</b>	447	
	50m:	36.23	36.23	250m:	3:16.07	40.19	450m:	5:56.51	39.59	650m:	8:37.35	40.24
	100m:	1:15.77	39.54	300m:	3:55.84	39.77	500m:	6:36.81	40.30	700m:	9:18.01	40.66
	150m:	1:55.75	39.98	350m:	4:36.29	40.45	550m:	7:16.69	39.88	750m:	9:58.20	40.19
	200m:	2:35.88	40.13	400m:	5:16.92	40.63	600m:	7:57.11	40.42	800m:	10:37.28	39.08
10.	Ágústa Berggrós Jakobsdóttir		02		ÍBR				10:21.74	<b>10:56.94</b>	408	
	50m:	37.36	37.36	250m:	3:22.75	41.68	450m:	6:09.10	41.78	650m:	8:55.11	41.45
	100m:	1:18.33	40.97	300m:	4:04.29	41.54	500m:	6:50.60	41.50	700m:	9:36.93	41.82
	150m:	1:59.71	41.38	350m:	4:45.88	41.59	550m:	7:31.95	41.35	750m:	10:17.46	40.53
	200m:	2:41.07	41.36	400m:	5:27.32	41.44	600m:	8:13.66	41.71	800m:	10:56.94	39.48

Sundgrein 39  
24.4.2016 - 17:53

karla, 800m skriðsund

Opinn  
Úrslitalistar

Íslandsmet	8:08.09	Anton Sveinn McKee	Ægir	Reykjavík	13.4.2012
EM50 14 +:	8:09.72				

Stig: FINA 2016

Sæti			F.ár		Undanrásir				Tími	Stig		
1.	Þróstur Bjarnason		97		Íþróttabandalag Reykjanesbæja				8:17.00	<b>8:35.60</b>	674	
	50m:	29.70	29.70	250m:	2:43.11	33.56	450m:	4:54.53	30.85	650m:	7:00.76	31.75
	100m:	1:02.79	33.09	300m:	3:16.74	33.63	500m:	5:25.84	31.31	700m:	7:32.65	31.89
	150m:	1:36.21	33.42	350m:	3:50.26	33.52	550m:	5:57.19	31.35	750m:	8:04.41	31.76
	200m:	2:09.55	33.34	400m:	4:23.68	33.42	600m:	6:29.01	31.82	800m:	8:35.60	31.19
2.	Hafþór Jón Sigurðsson		97		Sh				8:19.74	<b>8:40.71</b>	654	
	50m:	29.69	29.69	250m:	2:39.16	32.64	450m:	4:50.82	32.94	650m:	7:02.93	33.03
	100m:	1:01.80	32.11	300m:	3:11.96	32.80	500m:	5:23.84	33.02	700m:	7:36.12	33.19
	150m:	1:33.93	32.13	350m:	3:44.85	32.89	550m:	5:56.84	33.00	750m:	8:08.94	32.82
	200m:	2:06.52	32.59	400m:	4:17.88	33.03	600m:	6:29.90	33.06	800m:	8:40.71	31.77
3.	Huginn Hilmarsson		95		Sunddeild Breiðabliks				8:57.60	<b>9:02.07</b>	580	
	50m:	30.10	30.10	250m:	2:43.79	34.24	450m:	5:01.65	34.51	650m:	7:19.34	34.36
	100m:	1:02.56	32.46	300m:	3:18.09	34.30	500m:	5:36.18	34.53	700m:	7:53.64	34.30
	150m:	1:36.08	33.52	350m:	3:52.51	34.42	550m:	6:10.62	34.44	750m:	8:28.20	34.56
	200m:	2:09.55	33.47	400m:	4:27.14	34.63	600m:	6:44.98	34.36	800m:	9:02.07	33.87
4.	Björgvin Theodór Hilmarsson		98		Íþróttabandalag Reykjanesbæja				8:47.34	<b>9:15.05</b>	540	
	50m:	30.01	30.01	250m:	2:47.07	34.86	450m:	5:07.81	35.32	650m:	7:30.12	35.61
	100m:	1:03.63	33.62	300m:	3:21.74	34.67	500m:	5:43.59	35.78	700m:	8:05.61	35.49
	150m:	1:38.02	34.39	350m:	3:57.22	35.48	550m:	6:18.93	35.34	750m:	8:41.18	35.57
	200m:	2:12.21	34.19	400m:	4:32.49	35.27	600m:	6:54.51	35.58	800m:	9:15.05	33.87
5.	Patrik Viggó Vilbergsson		02		Sunddeild Breiðabliks				9:26.53	<b>9:17.56</b>	533	
	50m:	30.33	30.33	250m:	2:49.97	35.54	450m:	5:11.92	35.76	650m:	7:33.56	35.32
	100m:	1:04.12	33.79	300m:	3:25.21	35.24	500m:	5:47.33	35.41	700m:	8:08.77	35.21
	150m:	1:39.24	35.12	350m:	4:00.69	35.48	550m:	6:22.72	35.39	750m:	8:43.66	34.89
	200m:	2:14.43	35.19	400m:	4:36.16	35.47	600m:	6:58.24	35.52	800m:	9:17.56	33.90
6.	Hilmir Örn Ólafsson		01		Sundfélagið Ægir				9:48.35	<b>9:31.41</b>	495	
	50m:	31.93	31.93	250m:	2:57.94	37.11	450m:	5:22.78	36.61	650m:	7:46.98	36.50
	100m:	1:07.45	35.52	300m:	3:33.19	35.25	500m:	5:58.66	35.88	700m:	8:22.13	35.15
	150m:	1:44.04	36.59	350m:	4:10.13	36.94	550m:	6:34.74	36.08	750m:	8:57.90	35.77
	200m:	2:20.83	36.79	400m:	4:46.17	36.04	600m:	7:10.48	35.74	800m:	9:31.41	33.51

IM50 2016  
Reykjavík, 22. - 24.4.2016

Sundgrein 39, karla, 800m skriðsund, Opinn

Sæti			F.ár			Undanrásir	Tími	Stig
7.	Björn Axel Agnarsson		02	Sunddeild Breiðabliks		9:51.09	<b>9:45.37</b>	460
	50m:	31.47 31.47	250m:	2:58.10 37.38	450m:	5:28.06 37.93	650m:	7:58.47 37.24
	100m:	1:06.89 35.42	300m:	3:34.84 36.74	500m:	6:05.59 37.53	700m:	8:35.52 37.05
	150m:	1:44.39 37.50	350m:	4:12.00 37.16	550m:	6:44.14 38.55	750m:	9:11.95 36.43
	200m:	2:20.72 36.33	400m:	4:50.13 38.13	600m:	7:21.23 37.09	800m:	9:45.37 33.42
8.	Halldór Björn Kristinsson		02	Sundfélagið Ægir		9:53.92	<b>9:59.11</b>	429
	50m:	32.88 32.88	250m:	3:03.20 38.49	450m:	5:35.54 38.21	650m:	8:06.58 37.84
	100m:	1:09.24 36.36	300m:	3:41.03 37.83	500m:	6:13.65 38.11	700m:	8:44.16 37.58
	150m:	1:46.69 37.45	350m:	4:19.31 38.28	550m:	6:51.46 37.81	750m:	9:22.08 37.92
	200m:	2:24.71 38.02	400m:	4:57.33 38.02	600m:	7:28.74 37.28	800m:	9:59.11 37.03
MÆekki	Bjartur Þórhallsson		00	Sundfélagið Ægir		9:30.17		

Sundgrein 41

kvenna, 4 x 100m skriðsund

Opinn

24.4.2016 - 18:16

Úrslitalistar

Íslandsmet	3:51.64	Sundfélagið Ægir	ÆGIR	Reykjavík	14.4.2012
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Stig: FINA 2016

Sæti					Undanrásir	Tími	Stig
1.	Sundfélagið Ægir 1		Sundfélagið Ægir		NT	<b>3:54.60</b>	727
	Jóhanna Gerða Gústafsdóttir	+0,70 28.17	58.27	Eygló Ósk Gústafsdóttir	+0,16	27.10	57.15
	Inga Elín Cryer	+0,30 27.95	58.53	Bryndís Bolladóttir	+0,55	28.41	1:00.65
2.	Sh 1		Sh		NT	<b>3:58.30</b>	693
	Ingibjörg Kristín Jónsdóttir	+0,69 27.81	58.43	Karen Sif Vilhjálmsdóttir	+0,42	28.61	1:02.09
	Guðný Erna Bjarnadóttir	+0,24 28.41	1:00.95	Hrafnhildur Lúthersdóttir	+0,25	27.14	56.83
3.	Íþróttabandalag Reykjanesbæjar 1		Íþróttabandalag Reykjanesbæjar		NT	<b>4:09.73</b>	602
	Sunneva Dögg Friðriksdóttir	+0,63 29.04	59.61	Stefanía Sigurþórsdóttir	+0,44	29.96	1:02.92
	Eydis Ósk Kolbeinsdóttir	+0,37 29.53	1:02.82	Karen Mist Arngeirsdóttir	+0,47	30.86	1:04.38
	Sundfélagið Óðinn 1		Sundfélagið Óðinn		NT	<b>4:09.73</b>	602
	Bryndís Rún Hansen	+0,66 27.44	56.83	Elín Kata Sigurgeirsdóttir	+0,43	30.52	1:04.49
	Nanna Björk Barkadóttir	+0,38 30.33	1:05.06	Embla Sól Garðarsdóttir	+0,35	30.21	1:03.35
5.	Sh 2		Sh		NT	<b>4:10.98</b>	594
	Jóhanna Elín Guðmundsdóttir	+0,72 28.97	1:01.29	Eyrún Agla Friðriksdóttir	+0,56	30.46	1:03.62
	Katarína Róbertsdóttir	+0,37 30.60	1:04.48	Bára Kristín Björgvinsdóttir	+0,15	29.58	1:01.59
6.	ÍBR 1		ÍBR		NT	<b>4:12.61</b>	582
	Ragna Sigríður Ragnarsdóttir	+0,72 29.71	1:01.71	Ásta Kristín Jónsdóttir	+0,36	29.25	1:01.89
	Steingerður Hauksdóttir	+0,18 28.49	1:03.09	Berglind Bjarnadóttir	+0,51	30.83	1:05.92
7.	Sunddeild Breiðabliks 1		Sunddeild Breiðabliks		NT	<b>4:18.27</b>	545
	Ragnheiður Karlsdóttir	+0,76 30.55	1:04.59	Regína Lilja Gunnlaugsdóttir	+0,26	31.39	1:05.28
	Líney Ragna Ólafsdóttir	+0,34 30.56	1:04.91	Elín Ylfa Viðarsdóttir	-0,01	29.71	1:03.49
8.	Sundfélagið Ægir 2		Sundfélagið Ægir		NT	<b>4:24.32</b>	508
	Fanney Lind Jóhannsdóttir	+0,74 32.95	1:08.24	Marta Buchanevic	+0,32	30.85	1:05.48
	Bjarkey Jónasdóttir	+0,61 30.99	1:05.27	Telma Brá Gunnarsdóttir	+0,26	30.47	1:05.33
9.	Sundfélag Akraness 1		Sundfélag Akraness		NT	<b>4:26.63</b>	495
	Una Lára Lárusdóttir	+0,71 30.84	1:04.58	Sólrun Sigþórsdóttir	+0,19	32.04	1:08.09
	Eyrún Sigþórsdóttir	+0,21 31.65	1:07.11	Brynhildur Traustadóttir	+0,36	31.77	1:06.85
10.	ÍBR 2		ÍBR		NT	<b>4:39.72</b>	429
	Gabriela Machlowiec	+0,81 32.73	1:10.30	Heiður Kristín Sigurgeirsdóttir	+0,01	31.75	1:08.75
	Ágústa Bergros Jakobsdóttir	+0,60 34.41	1:12.24	Arey Rakel Guðnadóttir	+0,59	32.24	1:08.43

IM50 2016  
Reykjavík, 22. - 24.4.2016

Sundgrein 42  
24.4.2016 - 18:26

karla, 4 x 100m skriðsund

Opinn  
Úrslitalistar

Íslandsmet 3:31.48 Sundfélag Hafnarfjarðar SH Reykjavík 12.4.2014

Stig: FINA 2016

Sæti					Undanrásir	Tími	Stig	
1.	<b>ÍBR 1</b>		<b>ÍBR</b>		<b>NT</b>	<b>3:32.35</b>	<b>696</b>	
	Alexander Jóhannesson	+0,65	25.12	52.74	Hilmar Smári Jónsson	+0,29	25.41	53.72
	Daniel Hannes Pálsson	+0,09	25.84	54.37	Kristinn Þórarinnsson	+0,48	24.73	51.52
2.	<b>Íþróttabandalag Reykjanesbæjar 1</b>		<b>Íþróttabandalag Reykjanesbæjar</b>		<b>NT</b>	<b>3:43.66</b>	<b>596</b>	
	Kristófer Sigurðsson	+0,67	25.45	52.99	Baldvin Sigmarsson	+0,46	27.35	57.75
	Þröstur Bjarnason	+0,31	26.24	54.57	Ingi Þór Ólafsson	+0,22	26.96	58.35
3.	<b>Sunddeild Breiðabliks 1</b>		<b>Sunddeild Breiðabliks</b>		<b>NT</b>	<b>3:46.09</b>	<b>577</b>	
	Huginn Hilmarsson	+0,75	26.63	56.35	Brynjólfur Óli Karlsson	+0,30	26.72	56.66
	Hallgrímur Kjartansson	-0,02	27.74	58.32	Davíð Fannar Ragnarsson	+0,21	26.09	54.76
4.	<b>Sundfélagið Ægir 1</b>		<b>Sundfélagið Ægir</b>		<b>NT</b>	<b>3:47.87</b>	<b>563</b>	
	Hólmsteinn Skorri Hallgrímsson	+0,65	26.47	56.32	Hilmir Örn Ólafsson	+0,34	27.53	58.48
	Bjartur Þórhallsson	+0,45	27.08	57.36	Kristján Gylfi Þórisson	+0,55	26.44	55.71
5.	<b>Sh 1</b>		<b>Sh</b>		<b>NT</b>	<b>3:49.25</b>	<b>553</b>	
	Arnór Stefánsson	+0,74	27.24	57.58	Kári Sölvi Nielsen	+0,30	28.07	58.98
	Ólafur Sigurðsson	+0,29	27.04	56.47	Hafþór Jón Sigurðsson	+0,23	26.96	56.22
6.	<b>Sundfélagið Ægir 2</b>		<b>Sundfélagið Ægir</b>		<b>NT</b>	<b>3:54.66</b>	<b>516</b>	
	Birkir Snær Helgason	+0,73	26.84	55.62	Daníel Andri Þórhallsson	+0,41	28.11	59.43
	Ólafur Carl Granz	+0,36	28.06	58.68	Mæll Ambonguilat	+0,20	28.04	1:00.93
7.	<b>Sundfélag Akraness 1</b>		<b>Sundfélag Akraness</b>		<b>NT</b>	<b>4:04.41</b>	<b>456</b>	
	Atli Víkar Ingimundarson	+0,71	27.95	58.06	Sindri Andreas Bjarnason	+0,57	30.37	1:03.75
	Erlend Magnússon	+0,52	29.10	1:01.84	Sævar Berg Sigurðsson	+0,64	29.06	1:00.76
8.	<b>ÍBR 2</b>		<b>ÍBR</b>		<b>NT</b>	<b>4:06.94</b>	<b>442</b>	
	Benedikt Frank Pálmason	+0,63	29.20	1:02.90	Jón Klausen	+0,73	29.56	1:00.73
	Hafsteinn Hákonarson	+0,54	28.54	59.52	Víkar Máni Þórsson	+0,58	30.00	1:03.79
9.	<b>Sundfélagið Ægir 3</b>		<b>Sundfélagið Ægir</b>		<b>NT</b>	<b>4:39.65</b>	<b>304</b>	
	Vukasin Kristic	+0,70	32.65	1:09.48	Skúli Þór Ásgeirsson	+0,38	33.78	1:11.72
	Halldór Björn Kristinsson	+0,47	31.57	1:06.10	Teitur Þór Ólafsson	+0,34	33.81	1:12.35
ÓG.	<b>Sh 2</b>		<b>Sh</b>		<b>NT</b>			
	Aron Örn Stefánsson, Predrag Milos, Viktor Máni Vilbergsson, Kolbeinn Hrafnkelsson							



7 - Time Trials

23.4.2016 - 12:00

Sundgrein 43 kvenna, 50m skriðsund Opinn  
23.4.2016 - 12:00 Úrslitalistar

Íslandsmet 25.24 Sarah Blake Bateman Ægir Indianapolis (USA) 30.3.2012

EM50 14 +: 26.00

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
1. Karen Sif Vilhjálmsdóttir	93 Sh	26.42	<b>26.95</b>	682
2. Guðný Erna Bjarnadóttir	94 Sh	27.56	<b>27.83</b>	619

Sundgrein 44 karla, 200m bringusund Opinn  
23.4.2016 - 12:02 Úrslitalistar

Íslandsmet 2:10.21 Anton Sveinn McKee Ægir Kazan (RUS) 6.8.2015

EM50 14 +: 2:15.03

Stig: FINA 2016

Sæti	F.ár	Undanrásir	Tími	Stig
1. Anton Sveinn McKee	93 Sundfélagið Ægir	2:10.21	<b>2:12.87</b>	873EM5
50m: 30.15 30.15	100m: 1:03.77 33.62	150m: 1:38.01 34.24	200m: 2:12.87 34.86	