

Bikarkeppni SSÍ 2018
Kópavogur, 5. - 6.10.2018

1 - BIKAR 2018 - 1. hluti

5.10.2018 - 17:30

Sundgrein 1 karla, 200m fjórsund Opinn
5.10.2018 - 17:30 Úrslitalistar

Stig: FINA 2018

Sæti	F.ár	Tími	Stig	50m	100m	150m	200m		
1.	Anton Sveinn McKee	93	Sh	2:04.31	685	26.92	32.95	33.73	30.71
2.	Kristinn Þórarinnsson	96	lbr	2:07.73	632	26.57	31.81	37.30	32.05
3.	Róbert Ísak Jónsson	01	Sh	2:17.59	505	27.67	36.89	40.04	32.99
4.	Björgvin Árni Júlíusson	01	lbr	2:20.53	474	30.25	35.12	43.30	31.86
5.	Snær Llorens Sigurðsson	02	Sundfélag Akraness	2:26.54	418	31.49	40.01	42.28	32.76
6.	Flosi Ómarsson	03	Íþróttabandalag Reykjaness	2:27.34	411	31.40	38.35	43.01	34.58
7.	Kári Steinn Kjartansson	03	Sundfélagið Ægir	2:32.38	372	33.85	36.54	47.29	34.70
8.	Andri Bergmann Ísaksen	04	Umsk	2:33.90	361	33.96	40.26	45.28	34.40
9.	Kári Snær Halldórsson	04	Íþróttabandalag Reykjaness	2:34.79	355	34.57	41.25	40.32	38.65
	Teitur Þór Ólafsson	04	Sundfélagið Ægir	2:34.79	355	33.84	40.72	46.45	33.78
11.	Pétur Alfreðsson	06	Umsk	2:55.58	243	42.42	43.11	52.67	37.38
12.	Guðbjarni Sigþórsson	06	Sundfélag Akraness	3:07.11	201	39.96	48.28	55.32	43.55

Sundgrein 101 karla, 200m fjórsund Opinn
5.10.2018 - 17:38 Úrslitalistar

Stig: FINA 2018

Sæti	F.ár	Tími	Stig	50m	100m	150m	200m		
1.	Hallgrímur Kjartansson	98	Sunddeild Breiðabliks	2:18.80	492	30.65	37.36	38.94	31.85
2.	Birnir Freyr Hálfðánarsson	06	SH - B	2:19.41	486	29.12	36.34	41.23	32.72
3.	Kristófer Atli Andersen	02	Sunddeild Breiðabliks	2:21.26	467	29.88	36.42	43.66	31.30
4.	Símon Elías Statkevicius	03	SH - B	2:21.95	460	30.04	37.49	41.83	32.59
5.	Runólfur Þorláksson	02	ÍBR - B	2:28.32	403	33.67	37.52	41.77	35.36
6.	Hringur Birgir Kristinsson	04	ÍBR - B	2:29.22	396	32.61	40.26	42.06	34.29
7.	Kristófer Óli Birkisson	04	Sundfélagið Óðinn	2:47.48	280	34.94	43.68	49.49	39.37
ÓG.	Órn Kató Arnarsson	05	Sundfélagið Óðinn						

N1 - Didn't swim the four styles in the correct order or distance (SW 9.1)

Sundgrein 2 kvenna, 200m fjórsund Opinn
5.10.2018 - 17:45 Úrslitalistar

Stig: FINA 2018

Sæti	F.ár	Tími	Stig	50m	100m	150m	200m		
1.	María Fanney Kristjánsdóttir	00	Sh	2:24.51	599	30.81	37.37	41.70	34.63
2.	Gunnhildur Björg B.	00	Íþróttabandalag Reykjaness	2:32.77	507	31.99	40.07	46.06	34.65
3.	Diljá Rún Ívarsdóttir	02	Íþróttabandalag Reykjaness	2:34.33	492	32.16	40.90	45.19	36.08
4.	Þorgerður Ósk Jónsdóttir	03	Sh	2:34.38	491	33.15	39.13	47.98	34.12
5.	Herdís Birna Viggósdóttir	04	lbr	2:35.72	479	33.18	42.36	42.73	37.45
6.	Halla Margrét Baldursdóttir	02	lbr	2:36.59	471	32.70	40.46	47.53	35.90
7.	Guðbjörg Bjartey G.	05	Sundfélag Akraness	2:41.26	431	34.69	42.85	45.79	37.93
8.	Elísa Björnsdóttir	05	Sundfélagið Ægir	3:00.10	309	39.56	47.13	52.74	40.67
9.	Otylia Lis	06	Sundfélagið Ægir	3:07.52	274	46.77	46.27	51.71	42.77
10.	Ragnheiður Milla B.	06	Umsk	3:13.17	251	46.17	53.42	52.43	41.15
ÓG.	Ragnheiður Karen Ólafsdóttir	04r	Sundfélag Akraness						

D3 - Leaving the position of the back during the race except within the turn (SW 6.2)

Bikarkeppni SSÍ 2018
Kópavogur, 5. - 6.10.2018

Sundgrein 102
5.10.2018 - 17:53

kvenna, 200m fjórsund
2. DEILD

Opinn
Úrslitalistar

Stig: FINA 2018

Sæti	F.ár		Tími	Stig	50m	100m	150m	200m	
1.	Elín Kata Sigurgeirsdóttir	99	Sundfélagið Óðinn	2:27.64	562	30.16	36.88	44.95	35.65
2.	Pura Snorradóttir	03	Sundfélagið Óðinn	2:28.91	548	31.72	37.85	44.38	34.96
3.	Sandra Dögg Kristjánsdóttir	03	SH - B	2:38.71	452	34.71	41.50	46.66	35.84
4.	Freyja Birkisdóttir	06	Sunddeild Breiðabliks	2:39.82	443	34.94	42.45	45.33	37.10
5.	Sara Rut Sigurðardóttir	03	SH - B	2:43.19	416	35.25	43.21	45.75	38.98
6.	Sif Grímsdóttir	03	ÍBR - B	2:47.83	382	35.39	42.18	52.12	38.14
7.	Katrín Eva Jóhannesdóttir	01	Óðinn - B	2:48.07	381	36.91	43.85	48.90	38.41
8.	Vigdís Tinna Hákonardóttir	06	Sunddeild Breiðabliks	2:51.97	355	39.25	46.91	47.89	37.92
9.	Marta Magnúsdóttir	05	ÍBR - B	2:57.83	321	39.46	45.19	55.41	37.77
10.	Olga María Valdimarsdóttir	05	Óðinn - B	3:08.34	270	43.48	47.00	56.02	41.84

Sundgrein 3
5.10.2018 - 18:02

karla, 100m skriðsund

Opinn
Úrslitalistar

Stig: FINA 2018

Sæti	F.ár		Tími	Stig	50m	100m	
1.	Predrag Milos	95	Sh	51.18	677	24.51	26.67
2.	Aron Örn Stefánsson	95	Sh	52.70	620	25.17	27.53
3.	Davíð Hildiberg Aðalsteinsson	90	Íþróttabandalag Reykjanesbæjar	54.58	558	25.45	29.13
4.	Björgvin Theodór Hilmarsson	98	Íþróttabandalag Reykjanesbæjar	57.78	470	26.20	31.58
5.	Jón Klausen	00	Ibr	57.91	467	27.35	30.56
6.	Sævar Berg Sigurðsson	95	Sundfélag Akraness	58.34	457	27.46	30.88
7.	Sigurður Ingi Sigurðarson	01	Ibr	58.74	447	27.66	31.08
8.	Atli Vikar Ingimundarson	97	Sundfélag Akraness	59.10	439	27.13	31.97
9.	Aron Valgeirsson	03	Umsk	59.70	426	28.82	30.88
10.	Sveinn Elí Helgason	04	Sundfélagið Ægir	1:01.21	395	29.05	32.16
11.	Einar Atli Guðnason	03	Sundfélagið Ægir	1:08.20	286	32.40	35.80
12.	Bjarki B Isaksen	06	Umsk	1:10.38	260	33.63	36.75

Sundgrein 103
5.10.2018 - 18:06

karla, 100m skriðsund
2. DEILD

Opinn
Úrslitalistar

Stig: FINA 2018

Sæti	F.ár		Tími	Stig	50m	100m	
1.	Davíð Fannar Ragnarsson	98	Sunddeild Breiðabliks	53.77	583	25.87	27.90
2.	Kristján Ari Heimisson	98	Sunddeild Breiðabliks	57.79	470	26.75	31.04
3.	Kári Sölvi Nielsen	00	SH - B	57.88	468	27.69	30.19
4.	Vikar Máni Þórsson	02	ÍBR - B	58.56	451	26.92	31.64
5.	Davíð Jónatansson	88	SH - B	59.41	432	28.52	30.89
6.	Ásgrímur Þór Kjartansson	00	Sundfélagið Óðinn	59.93	421	28.68	31.25
7.	Runólfur Þorláksson	02	ÍBR - B	1:00.36	412	28.88	31.48
8.	Örn Kató Arnarsson	05	Sundfélagið Óðinn	1:20.69	172	38.34	42.35

Bikarkeppni SSÍ 2018
Kópavogur, 5. - 6.10.2018

Sundgrein 4 kvenna, 100m skriðsund Opinn
5.10.2018 - 18:10 Úrslitalistar

Stig: FINA 2018

Sæti	F.ár		Tími	Stig	50m	100m
1.	Jóhanna Elín Guðmundsdóttir 01	Sh	58.85	622	27.91	30.94
2.	Inga Elin Cryer 93	lbr	1:00.27	579	28.82	31.45
3.	Sylwia Sienkiewicz 99	Íþróttabandalag Reykjanesbæjar	1:03.04	506	30.17	32.87
	Sunna Svanlaug Vilhjálmsdóttir 00	Sh	1:03.04	506	29.68	33.36
5.	Halla Margrét Baldursdóttir 02	lbr	1:04.04	483	30.85	33.19
6.	Fanney Lind Jóhannsdóttir 02	Sundfélagið Ægir	1:04.07	482	30.84	33.23
7.	Ásta Kamilla Sigurðardóttir 04	Íþróttabandalag Reykjanesbæjar	1:04.70	468	30.80	33.90
8.	Ngozi Jóhanna Eze 03	Sundfélag Akraness	1:06.24	436	31.03	35.21
9.	Angelina Anna Zogaj 05	Sundfélagið Ægir	1:10.56	361	33.31	37.25
10.	Eyrún Sigþórsdóttir 01	Sundfélag Akraness	1:11.70	344	34.24	37.46
11.	Þórunn María Hilmarsdóttir 05	Umsk	1:24.01	214	40.44	43.57
12.	Ragna Sigriður Benonýsdóttir 06	Umsk	1:24.88	207	40.40	44.48

Sundgrein 104 kvenna, 100m skriðsund Opinn
5.10.2018 - 18:15 2. DEILD Úrslitalistar

Stig: FINA 2018

Sæti	F.ár		Tími	Stig	50m	100m
1.	Kristín Helga Hákonardóttir 04	Sunddeild Breiðabliks	1:00.30	578	28.81	31.49
2.	Guðný Birna Sigurðardóttir 99	Sunddeild Breiðabliks	1:00.42	575	29.59	30.83
3.	Bríet Dalla Gunnarsdóttir 04	SH - B	1:03.89	486	31.11	32.78
4.	Alexandra Tómasdóttir 01	Sundfélagið Óðinn	1:04.31	477	31.22	33.09
5.	Aþena Jónsdóttir 04	SH - B	1:04.48	473	30.00	34.48
6.	Aþena Arnarsdóttir 03	Sundfélagið Óðinn	1:04.57	471	30.86	33.71
7.	Helena Rún Gylfadóttir 03	ÍBR - B	1:05.78	445	31.16	34.62
8.	Eydís Vala Júlíusdóttir 05	ÍBR - B	1:07.24	417	32.38	34.86
9.	Katrín Eva Jóhannesdóttir 01	Óðinn - B	1:08.57	393	32.76	35.81
10.	Katrín Magnea Finnsdóttir 04	Óðinn - B	1:14.89	302	35.51	39.38

Sundgrein 5 karla, 100m baksund Opinn
5.10.2018 - 18:19 Úrslitalistar

Stig: FINA 2018

Sæti	F.ár		Tími	Stig	50m	100m
1.	Kolbeinn Hrafnkelsson 94	Sh	56.31	654	26.79	29.52
2.	Tómas Magnússon 02	lbr	1:01.93	492	29.59	32.34
3.	Daði Björnsson 04	Sh	1:04.33	439	30.83	33.50
4.	Hólmsteinn Skorri Hallgrímsson 00	lbr	1:04.42	437	30.92	33.50
5.	Erlend Magnússon 01	Sundfélag Akraness	1:04.85	428	30.88	33.97
6.	Flosi Ómarsson 03	Íþróttabandalag Reykjanesbæjar	1:06.70	394	32.02	34.68
7.	Aron Valgeirsson 03	Umsk	1:09.50	348	34.43	35.07
8.	Már Gunnarsson S12 99	Íþróttabandalag Reykjanesbæjar	1:11.38	321	34.66	36.72
9.	Bjarki B Isaksen 06	Umsk	1:18.88	238	38.84	40.04
10.	Alex Benjamín Bjarnason 04	Sundfélag Akraness	1:20.35	225	38.46	41.89
11.	Stefán Ingi Ólafsson 06	Sundfélagið Ægir	1:21.94	212	39.72	42.22
12.	Kolbeinn Kári Jónsson 06	Sundfélagið Ægir	1:30.87	155	44.68	46.19

Bikarkeppni SSÍ 2018
Kópavogur, 5. - 6.10.2018

Sundgrein 105
5.10.2018 - 18:24

karla, 100m baksund
2. DEILD

Opinn
Úrslitalistar

Stig: FINA 2018

Sæti	F.ár		Tími	Stig	50m	100m
1.	95	Sunddeild Breiðabliks	1:03.65	453	31.29	32.36
2.	01	SH - B	1:05.99	406	31.76	34.23
3.	02	SH - B	1:07.24	384	32.56	34.68
4.	02	Sunddeild Breiðabliks	1:07.36	382	32.03	35.33
5.	04	ÍBR - B	1:10.57	332	33.79	36.78
6.	00	Sundfélagið Óðinn	1:13.74	291	35.78	37.96
7.	00	Sundfélagið Óðinn	1:17.96	246	37.06	40.90
8.	05	ÍBR - B	1:18.68	240	37.73	40.95

Sundgrein 6
5.10.2018 - 18:28

kvenna, 100m baksund

Opinn
Úrslitalistar

Stig: FINA 2018

Sæti	F.ár		Tími	Stig	50m	100m
1.	95	lbr	1:02.43	684	30.24	32.19
2.	00	Sh	1:04.38	624	31.10	33.28
3.	96	Sh	1:06.66	562	31.81	34.85
4.	00	lbr	1:06.69	561	31.97	34.72
5.	01	Íþróttabandalag Reykjanesbæjar	1:06.74	560	32.87	33.87
6.	02	Sundfélagið Ægir	1:10.77	470	33.50	37.27
7.	04	Íþróttabandalag Reykjanesbæjar	1:11.51	455	34.26	37.25
8.	02	Sundfélag Akraness	1:11.89	448	34.38	37.51
9.	06	Umsk	1:22.85	293	40.43	42.42
10.	05	Sundfélagið Ægir	1:27.18	251	41.58	45.60
11.	06	Sundfélag Akraness	1:35.28	192	47.57	47.71
12.	05	Umsk	1:36.99	182	45.92	51.07

Sundgrein 106
5.10.2018 - 18:33

kvenna, 100m baksund
2. DEILD

Opinn
Úrslitalistar

Stig: FINA 2018

Sæti	F.ár		Tími	Stig	50m	100m
1.	03	Sundfélagið Óðinn	1:07.81	534	32.53	35.28
2.	99	Sunddeild Breiðabliks	1:09.80	490	33.52	36.28
3.	00	Sunddeild Breiðabliks	1:10.97	466	34.10	36.87
4.	03	Sundfélagið Óðinn	1:13.27	423	35.43	37.84
5.	03	SH - B	1:16.07	378	36.82	39.25
6.	03	ÍBR - B	1:16.24	376	36.83	39.41
7.	00	ÍBR - B	1:16.63	370	36.76	39.87
8.	05	SH - B	1:16.91	366	37.30	39.61
9.	04	Óðinn - B	1:17.27	361	36.94	40.33
10.	06	Óðinn - B	1:29.85	229	43.95	45.90

Bikarkeppni SSÍ 2018
Kópavogur, 5. - 6.10.2018

Sundgrein 7
5.10.2018 - 18:38

karla, 400m skriðsund

Opinn
Úrslitalistar

Stig: FINA 2018

Sæti			F.ár						Tími	Stig		
1.	Hafþór Jón Sigurðsson		97	Sh					4:08.45	623		
	50m:	27.66	27.66	150m:	1:29.17	31.13	250m:	2:33.16	32.10	350m:	3:37.67	32.42
	100m:	58.04	30.38	200m:	2:01.06	31.89	300m:	3:05.25	32.09	400m:	4:08.45	30.78
2.	Aron Þór Jónsson		02	Sh					4:23.88	520		
	50m:	29.15	29.15	150m:	1:34.27	33.23	250m:	2:41.97	33.95	350m:	3:50.84	34.30
	100m:	1:01.04	31.89	200m:	2:08.02	33.75	300m:	3:16.54	34.57	400m:	4:23.88	33.04
3.	Sindri Andreas Bjarnason		01	Sundfélag Akraness					4:28.17	495		
	50m:	29.90	29.90	150m:	1:36.02	33.37	250m:	2:44.30	34.35	350m:	3:54.50	35.31
	100m:	1:02.65	32.75	200m:	2:09.95	33.93	300m:	3:19.19	34.89	400m:	4:28.17	33.67
4.	Fannar Snævar Hauksson		04	Íþróttabandalag Reykjanesbæjar					4:29.03	491		
	50m:	29.23	29.23	150m:	1:35.82	34.18	250m:	2:45.12	34.80	350m:	3:55.53	35.18
	100m:	1:01.64	32.41	200m:	2:10.32	34.50	300m:	3:20.35	35.23	400m:	4:29.03	33.50
5.	Bjartur Þórhallsson		00	lbr					4:29.74	487		
	50m:	28.78	28.78	150m:	1:34.22	33.35	250m:	2:44.05	35.02	350m:	3:55.20	35.55
	100m:	1:00.87	32.09	200m:	2:09.03	34.81	300m:	3:19.65	35.60	400m:	4:29.74	34.54
6.	Skúli Thor Ásgeirsson		02	Sundfélagið Ægir					4:30.49	483		
	50m:	29.86	29.86	150m:	1:38.35	34.76	250m:	2:48.07	35.29	350m:	3:57.33	34.93
	100m:	1:03.59	33.73	200m:	2:12.78	34.43	300m:	3:22.40	34.33	400m:	4:30.49	33.16
7.	Gústav Ragnar Kristjánsson		02	Umsk					4:31.55	477		
	50m:	29.85	29.85	150m:	1:38.24	34.80	250m:	2:47.71	34.76	350m:	3:57.59	34.85
	100m:	1:03.44	33.59	200m:	2:12.95	34.71	300m:	3:22.74	35.03	400m:	4:31.55	33.96
8.	Aron Fannar Kristínarson		03	Íþróttabandalag Reykjanesbæjar					4:32.09	474		
	50m:	29.61	29.61	150m:	1:37.40	34.19	250m:	2:47.61	35.14	350m:	3:57.84	34.71
	100m:	1:03.21	33.60	200m:	2:12.47	35.07	300m:	3:23.13	35.52	400m:	4:32.09	34.25
9.	Logi Freyr Arnarsson		03	lbr					4:36.69	451		
	50m:	30.59	30.59	150m:	1:40.07	34.82	250m:	2:50.90	35.40	350m:	4:01.91	35.31
	100m:	1:05.25	34.66	200m:	2:15.50	35.43	300m:	3:26.60	35.70	400m:	4:36.69	34.78
10.	Guðmundur Halldórsson		04	Umsk					4:44.90	413		
	50m:	32.67	32.67	150m:	1:44.59	36.28	250m:	2:57.45	36.44	350m:	4:10.33	36.58
	100m:	1:08.31	35.64	200m:	2:21.01	36.42	300m:	3:33.75	36.30	400m:	4:44.90	34.57
11.	Ólafur Breki Guðnason		03	Sundfélagið Ægir					4:46.35	407		
	50m:	32.35	32.35	150m:	1:44.84	36.50	250m:	2:58.66	37.10	350m:	4:12.31	36.55
	100m:	1:08.34	35.99	200m:	2:21.56	36.72	300m:	3:35.76	37.10	400m:	4:46.35	34.04
12.	Kristján Magnússon		05	Sundfélag Akraness					4:48.33	398		
	50m:	32.10	32.10	150m:	1:44.54	36.83	250m:	2:59.13	37.38	350m:	4:13.61	37.16
	100m:	1:07.71	35.61	200m:	2:21.75	37.21	300m:	3:36.45	37.32	400m:	4:48.33	34.72

Sundgrein 107
5.10.2018 - 18:49

karla, 400m skriðsund
2. DEILD

Opinn
Úrslitalistar

Stig: FINA 2018

Sæti			F.ár						Tími	Stig		
1.	Óskar Gauti Lund		99	Sunddeild Breiðabliks					4:18.28	554		
	50m:	28.82	28.82	150m:	1:33.28	32.66	250m:	2:39.03	32.87	350m:	3:45.46	33.07
	100m:	1:00.62	31.80	200m:	2:06.16	32.88	300m:	3:12.39	33.36	400m:	4:18.28	32.82
2.	Hallgrímur Kjartansson		98	Sunddeild Breiðabliks					4:24.87	514		
	50m:	29.82	29.82	150m:	1:36.54	33.86	250m:	2:44.96	33.64	350m:	3:52.21	33.54
	100m:	1:02.68	32.86	200m:	2:11.32	34.78	300m:	3:18.67	33.71	400m:	4:24.87	32.66
3.	Baldur Logi Gautason		00	Sundfélagið Óðinn					4:25.48	511		
	50m:	29.29	29.29	150m:	1:35.57	33.83	250m:	2:43.97	34.25	350m:	3:52.47	34.00
	100m:	1:01.74	32.45	200m:	2:09.72	34.15	300m:	3:18.47	34.50	400m:	4:25.48	33.01

Bikarkeppni SSÍ 2018
Kópavogur, 5. - 6.10.2018

Sundgrein 107, karla, 400m skriðsund, Opinn

Sæti			F.ár					Tími	Stig		
4.	Jónas Atli Pálsson		03	SH - B				4:38.94	440		
	50m:	30.10 30.10	150m:	1:39.22	35.11	250m:	2:50.69	35.87	350m:	4:03.41	36.47
	100m:	1:04.11 34.01	200m:	2:14.82	35.60	300m:	3:26.94	36.25	400m:	4:38.94	35.53
5.	Veigar Hrafn Sigbórsson		05	SH - B				4:40.18	434		
	50m:	31.13 31.13	150m:	1:41.40	35.65	250m:	2:53.00	35.61	350m:	4:05.07	35.71
	100m:	1:05.75 34.62	200m:	2:17.39	35.99	300m:	3:29.36	36.36	400m:	4:40.18	35.11
6.	Úlfur Páll Andrason		04	ÍBR - B				4:40.34	433		
	50m:	31.00 31.00	150m:	1:40.53	35.47	250m:	2:53.39	36.26	350m:	4:06.42	36.19
	100m:	1:05.06 34.06	200m:	2:17.13	36.60	300m:	3:30.23	36.84	400m:	4:40.34	33.92
7.	Tristan Tómasson Manoury		04	ÍBR - B				4:49.74	393		
	50m:	31.68 31.68	150m:	1:43.50	36.69	250m:	2:57.65	37.25	350m:	4:12.67	37.52
	100m:	1:06.81 35.13	200m:	2:20.40	36.90	300m:	3:35.15	37.50	400m:	4:49.74	37.07

Sundgrein 8
5.10.2018 - 19:01

kvenna, 400m skriðsund

Opinn
Úrslitalistar

Stig: FINA 2018

Sæti			F.ár					Tími	Stig		
1.	Eydís Ósk Kolbeinsdóttir		00	Íþróttabandalag Reykjanesbæjar				4:28.51	666		
	50m:	29.75 29.75	150m:	1:35.19	33.06	250m:	2:43.97	34.72	350m:	3:54.07	35.26
	100m:	1:02.13 32.38	200m:	2:09.25	34.06	300m:	3:18.81	34.84	400m:	4:28.51	34.44
2.	Brynhildur Traustadóttir		01	Sundfélag Akraness				4:31.65	643		
	50m:	30.86 30.86	150m:	1:39.07	34.48	250m:	2:48.56	34.88	350m:	3:58.50	34.70
	100m:	1:04.59 33.73	200m:	2:13.68	34.61	300m:	3:23.80	35.24	400m:	4:31.65	33.15
3.	Birna Hilmarsdóttir		02	Íþróttabandalag Reykjanesbæjar				4:36.60	609		
	50m:	31.22 31.22	150m:	1:41.14	35.36	250m:	2:52.72	35.77	350m:	4:03.59	35.31
	100m:	1:05.78 34.56	200m:	2:16.95	35.81	300m:	3:28.28	35.56	400m:	4:36.60	33.01
4.	Adele Alexandra Pálsson		03	Sh				4:36.79	608		
	50m:	30.96 30.96	150m:	1:39.90	34.80	250m:	2:50.79	35.72	350m:	4:02.73	35.99
	100m:	1:05.10 34.14	200m:	2:15.07	35.17	300m:	3:26.74	35.95	400m:	4:36.79	34.06
5.	Bára Kristín Björgvinsdóttir		95	Sh				4:38.71	595		
	50m:	31.08 31.08	150m:	1:40.34	35.25	250m:	2:52.11	35.93	350m:	4:04.31	36.09
	100m:	1:05.09 34.01	200m:	2:16.18	35.84	300m:	3:28.22	36.11	400m:	4:38.71	34.40
6.	Ingibjörg Erla Garðarsdóttir		00	lbr				4:51.29	521		
	50m:	32.02 32.02	150m:	1:44.48	37.08	250m:	2:59.79	38.12	350m:	4:15.44	37.54
	100m:	1:07.40 35.38	200m:	2:21.67	37.19	300m:	3:37.90	38.11	400m:	4:51.29	35.85
7.	Svava Björg Lárusdóttir		03	lbr				4:59.17	481		
	50m:	31.82 31.82	150m:	1:44.82	37.18	250m:	3:02.07	38.94	350m:	4:20.79	39.77
	100m:	1:07.64 35.82	200m:	2:23.13	38.31	300m:	3:41.02	38.95	400m:	4:59.17	38.38
8.	Ingibjörg Svava Magnúsdóttir		05	Sundfélag Akraness				5:16.90	405		
	50m:	34.12 34.12	150m:	1:55.43	41.28	250m:	3:17.63	41.03	350m:	4:39.17	40.77
	100m:	1:14.15 40.03	200m:	2:36.60	41.17	300m:	3:58.40	40.77	400m:	5:16.90	37.73
9.	Elísa Björnsdóttir		05	Sundfélagið Ægir				5:28.42	364		
	50m:	36.45 36.45	150m:	1:59.45	41.68	250m:	3:24.62	42.46	350m:	4:49.59	42.00
	100m:	1:17.77 41.32	200m:	2:42.16	42.71	300m:	4:07.59	42.97	400m:	5:28.42	38.83
10.	Nadja Djurovic		07	Umsk				5:29.16	361		
	50m:	37.95 37.95	150m:	2:02.11	42.97	250m:	3:26.98	42.41	350m:	4:50.64	41.24
	100m:	1:19.14 41.19	200m:	2:44.57	42.46	300m:	4:09.40	42.42	400m:	5:29.16	38.52
11.	Emma Kolbrún Garðarsdóttir		04	Sundfélagið Ægir				5:36.93	337		
	50m:	36.78 36.78	150m:	2:01.09	42.55	250m:	3:27.60	43.66	350m:	4:55.96	43.85
	100m:	1:18.54 41.76	200m:	2:43.94	42.85	300m:	4:12.11	44.51	400m:	5:36.93	40.97

LAUKekki Ragna Sigríður Benonýsdóttir 06 Umsk

Bikarkeppni SSÍ 2018
Kópavogur, 5. - 6.10.2018

Sundgrein 108
5.10.2018 - 19:13

kvenna, 400m skriðsund
2. DEILD

Opinn
Úrslitalistar

Stig: FINA 2018

Sæti	F.ár	Timi	Stig
1. Ragna Sigríður Ragnarsdóttir	01 Sunddeild Breiðabliks	4:25.79	686
50m: 30.40 30.40 150m: 1:37.74 33.99 250m: 2:45.11 33.66 350m: 3:52.96 34.08			
100m: 1:03.75 33.35 200m: 2:11.45 33.71 300m: 3:18.88 33.77 400m: 4:25.79 32.83			
2. Kristín Helga Hákonardóttir	04 Sunddeild Breiðabliks	4:35.90	614
50m: 31.22 31.22 150m: 1:40.03 35.05 250m: 2:49.69 34.81 350m: 4:00.64 35.89			
100m: 1:04.98 33.76 200m: 2:14.88 34.85 300m: 3:24.75 35.06 400m: 4:35.90 35.26			
3. Rebekka Sif Ómarsdóttir	03 Sundfélagið Óðinn	4:39.10	593
50m: 31.30 31.30 150m: 1:40.23 34.86 250m: 2:50.96 35.74 350m: 4:04.04 36.79			
100m: 1:05.37 34.07 200m: 2:15.22 34.99 300m: 3:27.25 36.29 400m: 4:39.10 35.06			
4. Ylfa Finnbogadóttir	02 SH - B	4:49.70	530
50m: 32.62 32.62 150m: 1:45.26 36.57 250m: 2:59.33 37.15 350m: 4:13.33 36.88			
100m: 1:08.69 36.07 200m: 2:22.18 36.92 300m: 3:36.45 37.12 400m: 4:49.70 36.37			
5. Íris Edda Garðarsdóttir	03 ÍBR - B	5:00.98	473
50m: 34.22 34.22 150m: 1:48.79 37.88 250m: 3:05.90 38.88 350m: 4:22.49 38.63			
100m: 1:10.91 36.69 200m: 2:27.02 38.23 300m: 3:43.86 37.96 400m: 5:00.98 38.49			
6. Jóhanna Alba Martel	00 ÍBR - B	5:04.00	459
50m: 33.70 33.70 150m: 1:48.79 38.34 250m: 3:07.50 39.62 350m: 4:26.07 39.18			
100m: 1:10.45 36.75 200m: 2:27.88 39.09 300m: 3:46.89 39.39 400m: 5:04.00 37.93			
7. Þórdís Anita Björnsdóttir	02 SH - B	5:10.29	431
50m: 34.51 34.51 150m: 1:52.64 39.74 250m: 3:11.69 39.94 350m: 4:31.74 39.83			
100m: 1:12.90 38.39 200m: 2:31.75 39.11 300m: 3:51.91 40.22 400m: 5:10.29 38.55			
8. Þórunn Kolbrún Árnadóttir	02 Sundfélagið Óðinn	5:10.99	428
50m: 32.46 32.46 150m: 1:48.26 38.62 250m: 3:09.18 41.36 350m: 4:30.99 41.12			
100m: 1:09.64 37.18 200m: 2:27.82 39.56 300m: 3:49.87 40.69 400m: 5:10.99 40.00			
9. Svanhildur M. Valdimarsdóttir	03 Óðinn - B	5:12.75	421
50m: 34.96 34.96 150m: 1:52.91 39.16 250m: 3:12.35 40.40 350m: 4:33.73 40.41			
100m: 1:13.75 38.79 200m: 2:31.95 39.04 300m: 3:53.32 40.97 400m: 5:12.75 39.02			
10. Katrín Magnea Finnsdóttir	04 Óðinn - B	5:43.79	317
50m: 38.10 38.10 150m: 2:03.64 43.49 250m: 3:32.08 44.08 350m: 5:00.98 43.85			
100m: 1:20.15 42.05 200m: 2:48.00 44.36 300m: 4:17.13 45.05 400m: 5:43.79 42.81			

Sundgrein 9
5.10.2018 - 19:36

karla, 4 x 100m fjórsund

Opinn
Úrslitalistar

Stig: FINA 2018

Sæti	Timi	Stig
1. Sh 1	3:46.04	683
Kolbeinn Hrafnkelsson +0,53 27.74 56.92 Predrag Milos +0,37 25.79 56.58		
Anton Sveinn McKee +0,34 28.32 1:00.53 Aron Örn Stefánsson +0,41 24.63 52.01		
2. lbr 1	4:05.22	535
Tómas Magnússon +0,60 29.58 1:01.65 Bjartur Þórhallsson +0,46 29.87 1:04.38		
Kristinn Þórarinnsson +0,29 29.82 1:03.91 Hólmsteinn Skorri Hallgrímsson +0,35 25.91 55.28		
3. Íþróttabandalag Reykjanesbæjar 1	4:14.07	481
Fannar Snævar Hauksson +0,64 29.45 1:02.24 Baldvin Sigmarsson +0,17 28.57 1:03.69		
Kári Snær Halldórsson +0,55 34.54 1:14.13 Davíð Hildiberg Aðalsteinsson +0,05 25.05 54.01		
4. Sundfélag Akraness 1	4:26.24	418
Erlend Magnússon +0,78 31.35 1:06.65 Atli Vikar Ingimundarson +0,39 29.68 1:04.07		
Sindri Andreas Bjarnason +0,11 35.03 1:15.70 Snær Llorens Sigurðsson +0,08 27.83 59.82		
5. Sundfélagið Ægir 1	4:42.19	351
Sveinn Elí Helgason +0,65 33.31 1:09.68 Kári Steinn Kjartansson +0,50 33.85 1:13.60		
Skúli Thor Ásgeirsson +0,24 35.40 1:16.42 Teitur Þór Ólafsson +0,50 30.04 1:02.49		

Bikarkeppni SSÍ 2018
Kópavogur, 5. - 6.10.2018

Sundgrein 9, karla, 4 x 100m fjórsund, Opinn

Sæti						Tími	Stig	
6.	Umsk 1		Umsk			4:44.28	343	
	Aron Valgeirsson	+0,67	35.31	1:11.74	Guðmundur Karl Karlsson	+0,64	32.21	1:10.46
	Gústav Ragnar Kristjánsson	+0,49	36.61	1:19.15	Andri Bergmann Ísaksen	+0,65	29.85	1:02.93

Sundgrein 109
5.10.2018 - 19:41

karla, 4 x 100m fjórsund
2. DEILD

Opinn
Úrslitalistar

Stig: FINA 2018

Sæti						Tími	Stig	
1.	Sunddeild Breiðabliks 1		Sunddeild Breiðabliks			4:06.90	524	
	Patrik Viggó Vilbergsson	+0,66	29.48	1:01.37	Róbert Andri Pálmason	+0,24	27.86	1:01.49
	Kristján Ari Heimisson	+0,22	31.28	1:08.76	Davíð Fannar Ragnarsson	+0,40	26.92	55.28
2.	SH - B 1		SH - B			4:18.21	458	
	Birnir Freyr Hálfánarsson	+0,58	31.33	1:05.71	Kári Sölvi Nielsen	+0,54	28.48	1:02.69
	Aron Bjarki Jónsson	+0,56	32.75	1:11.08	Davíð Jónatansson	+0,36	27.75	58.73
3.	ÍBR - B 1		ÍBR - B			4:28.54	407	
	Úlfur Páll Andrason	+0,68	33.00	1:09.20	Vikar Máni Þórsson	+0,22	29.47	1:06.33
	Runólfur Þorláksson	+0,51	34.84	1:15.25	Ingvar Orrí Jóhannesson	+0,12	27.11	57.76
4.	Sundfélagið Óðinn 1		Sundfélagið Óðinn			4:45.72	338	
	Víktor Emil Sigtryggsson	+0,68	37.10	1:17.66	Baldur Logi Gautason	+0,27	29.94	1:05.24
	Ásgrímur Þór Kjartansson	+0,73	38.95	1:22.31	Hákon Alexander Magnússon	+0,40	28.57	1:00.51

Sundgrein 10
5.10.2018 - 19:46

kvenna, 4 x 100m fjórsund

Opinn
Úrslitalistar

Stig: FINA 2018

Sæti						Tími	Stig	
1.	Sh 1		Sh			4:23.43	624	
	Katarína Róbertsdóttir	+0,59	31.10	1:04.44	María Fanney Kristjánsdóttir	+0,18	30.01	1:05.73
	Sunna Svanlaug Vilhjálmsdóttir	+0,26	34.71	1:14.62	Jóhanna Elín Guðmundsdóttir	+0,28	27.44	58.64
2.	lbr 1		lbr			4:27.19	598	
	Eygló Ósk Gústafsdóttir	+0,66	30.64	1:02.98	Inga Elin Cryer	+0,17	29.75	1:04.67
	Herdís Birna Viggósdóttir	+0,40	36.60	1:19.32	Ásta Kristín Jónsdóttir	+0,22	28.33	1:00.22
3.	Íþróttabandalag Reykjanesbæjar 1		Íþróttabandalag Reykjanesbæjar			4:31.08	573	
	Stefanía Sigurþórsdóttir	+0,72	32.52	1:06.62	Gunnhildur Björg Baldursdóttir	+0,15	31.34	1:08.47
	Eva Margrét Falsdóttir	+0,56	35.19	1:15.74	Eydís Ósk Kolbeinsdóttir	+0,63	28.94	1:00.25
4.	Sundfélag Akraness 1		Sundfélag Akraness			4:52.14	458	
	Ásgerður Jíng Laufeyjardóttir	+0,69	35.16	1:13.49	Brynildur Traustadóttir			56.43
	Ragnheiður Karen Ólafsdóttir	+0,51	37.58	1:36.26	Ngozi Jóhanna Eze	+0,28	30.72	1:05.96
5.	Sundfélagið Ægir 1		Sundfélagið Ægir			5:12.06	375	
	Emilía Sól Guðmundsdóttir	+0,55	34.47	1:10.99	Fanney Lind Jóhannsdóttir	+0,12	33.66	
	Angelina Anna Zogaj	+0,35	43.60	1:34.16	Elísa Björnsdóttir			
6.	Umsk 1		Umsk			5:51.28	263	
	Karen Ósk Gísladóttir	+0,81	40.66	1:23.61	Nadja Djurovic		43.86	1:30.29
	Ragnheiður Milla Bergsveinsdóttir	+0,28	43.48	1:34.20	Þórunn María Hilmarsdóttir	+0,43	38.89	1:23.18

Bikarkeppni SSÍ 2018
Kópavogur, 5. - 6.10.2018

Sundgrein 110 kvenna, 4 x 100m fjórsund Opinn
5.10.2018 - 19:51 2. DEILD Úrslitalistar

Stig: FINA 2018

Sæti					Tími	Stig
1.	Sundfélagið Óðinn 1		Sundfélagið Óðinn		4:36.36	541
	Þura Snorradóttir	+0,57	1:07.44	Elin Kata Sigurgeirsdóttir	+0,58	1:05.27
	Sigurjóna Ragnheiðardóttir	+0,28	1:18.38	Þena Arnarsdóttir	+0,36	1:05.27
2.	Sunddeild Breiðabliks 1		Sunddeild Breiðabliks		4:44.25	497
	Guðný Birna Sigurðardóttir	+0,64	1:10.97	Kristín Helga Hákonardóttir	+0,40	1:09.96
	Freyja Birkisdóttir	+0,21	1:21.87	Ragna Sigríður Ragnarsdóttir	+0,65	1:01.45
3.	ÍBR - B 1		ÍBR - B		5:14.53	367
	Arianna Steinarsdóttir	+0,60	1:14.55	Marta Magnúsdóttir	+0,23	1:26.71
	Kristina Bragadóttir	+0,56	1:27.97	Helena Rún Gylfadóttir	+0,61	1:05.30
4.	Óðinn - B 1		Óðinn - B		5:14.70	366
	Embla Karen Sævarsdóttir	+0,64	1:18.40	Bríet Björk Pálsdóttir	+0,78	1:21.26
	Svanhildur M. Valdimarsdóttir	+0,10	1:27.69	Kolbrún Ósk Vilhjálmssdóttir	+0,70	1:07.35

ÓG. SH - B 1

SH - B

D2 - Toes of both feet didn't touch the end wall or touchpad when using a backstroke ledge at the start (SW 6.2)

Bríet Dalla Gunnarsdóttir, Sara Rut Sigurðardóttir, Sandra Dögg Kristjánsdóttir, Þena Jónsdóttir

2 - BIKAR 2018 - 2. hluti

6.10.2018 - 9:30

Sundgrein 11 karla, 200m flugsund Opinn
6.10.2018 - 9:30 Úrslitalistar

Stig: FINA 2018

Sæti	F.ár		Tími	Stig	50m	100m	150m	200m	
1.	Hafþór Jón Sigurðsson	97	Sh	2:15.22	517	29.47	21.61	48.14	36.00
2.	Róbert Ísak Jónsson	01	Sh	2:17.57	491	28.83	34.17	36.83	37.74
3.	Bjartur Þórhallsson	00	lbr	2:19.96	466	30.33	35.67	37.31	36.65
4.	Atli Vikar Ingimundarson	97	Sundfélag Akraness	2:31.30	369	33.75	37.39	40.00	40.16
5.	Logi Freyr Arnarsson	03	lbr	2:34.69	345	34.31	39.86	40.56	39.96
6.	Guðmundur Karl Karlsson	05	Umsk	2:35.66	339	33.63	38.94	40.63	42.46
7.	Jón Ingi Halldórsson	04	Umsk	2:36.85	331	35.00	39.88	40.85	41.12
8.	Tristan Þór K Wium	02	Íþróttabandalag Reykjanes	2:49.36	263	35.03	41.94	45.55	46.84
9.	Kári Steinn Kjartansson	03	Sundfélagið Ægir	2:52.12	250	36.40	44.15	46.76	44.81
10.	Einar Atli Guðnason	03	Sundfélagið Ægir	2:57.61	228	37.54	44.12	47.90	48.05
11.	Guðbjarni Sigþórsson	06	Sundfélag Akraness	3:19.63	160	41.84	50.68	54.56	52.55
ÓG.	Daníel Patrick Riley	03	Íþróttabandalag Reykjanesbæjar						

P4 - Didn't touch the wall with both hands simultaneously and separated at turn/finish (SW 8.4)

Sundgrein 111 karla, 200m flugsund Opinn
6.10.2018 - 9:38 2. DEILD Úrslitalistar

Stig: FINA 2018

Sæti	F.ár		Tími	Stig	50m	100m	150m	200m	
1.	Patrik Viggó Vilbergsson	02	Sunddeild Breiðabliks	2:11.91	557	29.45	33.82	34.19	34.45
2.	Róbert Andri Pálmason	02	Sunddeild Breiðabliks	2:19.42	472	30.12	35.44	36.84	37.02
3.	Kári Sölvi Nielsen	00	SH - B	2:23.49	433	29.32	34.73	38.56	40.88
4.	Símon Elías Statkevics	03	SH - B	2:30.28	376	31.56	30.00	47.03	41.69
5.	Halldór Óskar Eiríksson	02	ÍBR - B	2:45.95	279	36.09	41.99	43.39	44.48
ÓG.	Loftur Þór Arnarsson	05	ÍBR - B						

G2 - Starting before the start signal (SW 4.4)

Bikarkeppni SSÍ 2018
Kópavogur, 5. - 6.10.2018

Sundgrein 12
6.10.2018 - 9:42

kvenna, 200m flugsund

Opinn
Úrslitalistar

Stig: FINA 2018

Sæti	F.ár		Tími	Stig	50m	100m	150m	200m
1.	María Fanney Kristjánsdóttir	00 Sh	2:24.18	570	32.62	36.17	37.79	37.60
2.	Gunnhildur Björg B.	00 Íþróttabandalag Reykjanes	2:26.83	540	32.10	36.33	38.06	40.34
3.	Kristín Ylfa Guðmundsdóttir	02 Sh	2:36.42	447	33.89	39.33	41.48	41.72
4.	Diljá Rún Ívarsdóttir	02 Íþróttabandalag Reykjanes	2:38.94	426	33.16	38.55	41.79	45.44
5.	Heiður Kristín Sigurgeirsdóttir	01r lbr	2:58.50	300	38.34	45.46	47.50	47.20
6.	Ngozi Jóhanna Eze	03 Sundfélag Akraness	3:01.90	284	37.33	46.21	49.17	49.19
7.	Guðrún Lilja Kristmannsdóttir	04r lbr	3:04.46	272	37.79	46.84	50.08	49.75
8.	Guðbjörg Bjartey G.	05 Sundfélag Akraness	3:09.31	252	37.37	45.64	50.94	55.36
9.	Hulda Þorkeldsdóttir	06 Sundfélagið Ægir	3:32.86	177	44.69	54.89	56.82	56.46
10.	Lilja Natalie Gunnarsdóttir	06 Sundfélagið Ægir	3:35.50	170	44.31	56.98	58.89	55.32

Sundgrein 112
6.10.2018 - 9:50

kvenna, 200m flugsund
2. DEILD

Opinn
Úrslitalistar

Stig: FINA 2018

Sæti	F.ár		Tími	Stig	50m	100m	150m	200m
1.	Elín Kata Sigurgeirsdóttir	99 Sundfélagið Óðinn	2:23.58	578	32.31	35.88	38.36	37.03
2.	Ragnheiður Karlsdóttir	99 Sunddeild Breiðabliks	2:37.60	437	34.66	38.73	41.46	42.75
3.	Eva Sól Garðarsdóttir	03 Sundfélagið Óðinn	2:38.19	432	34.36	39.64	42.37	41.82
4.	Regína Lilja Gunnlaugsdóttir	02 Sunddeild Breiðabliks	2:43.48	391	34.49	40.37	43.72	44.90
5.	Una Hlynsdóttir	02 SH - B	2:48.91	355	34.62	42.34	44.68	47.27
6.	Diljá Dröfn Jóhannesdóttir	03 SH - B	2:56.34	312	36.90	44.44	46.51	48.49
7.	Sif Grímsdóttir	03 ÍBR - B	3:05.30	268	40.54	47.54	48.77	48.45
8.	Elín Eir Andersen	04 ÍBR - B	3:24.49	200	42.94	54.60	54.88	52.07

Sundgrein 13
6.10.2018 - 9:59

karla, 100m bringusund

Opinn
Úrslitalistar

Stig: FINA 2018

Sæti	F.ár		Tími	Stig	50m	100m
1.	Anton Sveinn McKee	93 Sh	1:01.07	755	28.89	32.18
2.	Viktor Máni Vilbergsson	92 Sh	1:05.38	615	30.64	34.74
3.	Baldvin Sigmarsson	97 Íþróttabandalag Reykjanesbæjar	1:13.51	432	34.18	39.33
4.	Þorbjörn Andrason	01 lbr	1:13.99	424	34.56	39.43
5.	Sigurður Ingi Sigurðarson	01 lbr	1:15.86	393	35.84	40.02
6.	Kári Snær Halldórsson	04 Íþróttabandalag Reykjanesbæjar	1:15.91	393	35.89	40.02
7.	Snær Llorens Sigurðsson	02 Sundfélag Akraness	1:17.12	374	36.15	40.97
8.	Daníel Steinn Davíðsson	03 Umsk	1:18.14	360	36.38	41.76
9.	Gústav Ragnar Kristjánsson	02 Umsk	1:19.18	346	37.12	42.06
10.	Ólafur Breki Guðnason	03 Sundfélagið Ægir	1:21.97	312	38.62	43.35
11.	Alex Benjamín Bjarnason	04 Sundfélag Akraness	1:31.25	226	42.11	49.14
12.	Stefán Ingi Ólafsson	06 Sundfélagið Ægir	1:32.62	216	43.99	48.63

Bikarkeppni SSÍ 2018
Kópavogur, 5. - 6.10.2018

Sundgrein 113 karla, 100m bringusund Opinn
6.10.2018 - 10:04 2. DEILD Úrslitalistar

Stig: FINA 2018

Sæti	F.ár		Tími	Stig	50m	100m
1.	Aron Bjarki Jónsson	01 SH - B	1:09.24	518	32.40	36.84
2.	Kristján Ari Heimisson	98 Sunddeild Breiðabliks	1:09.99	501	32.18	37.81
3.	Óskar Gauti Lund	99 Sunddeild Breiðabliks	1:11.32	474	33.74	37.58
4.	Ingvar Orri Jóhannesson	04 ÍBR - B	1:12.17	457	33.74	38.43
5.	Snorri Dagur Einarsson	05 SH - B	1:14.54	415	34.82	39.72
6.	Kári Björn Baldursson	05 ÍBR - B	1:28.00	252	42.51	45.49
7.	Kristófer Óli Birkisson	04 Sundfélagið Óðinn	1:30.68	230	42.08	48.60

Sundgrein 14 kvenna, 100m bringusund Opinn
6.10.2018 - 10:09 Úrslitalistar

Stig: FINA 2018

Sæti	F.ár		Tími	Stig	50m	100m
1.	Sunna Svanlaug Vilhjálmsdóttir	00 Sh	1:15.89	554	35.84	40.05
2.	Jóhanna Elín Guðmundsdóttir	01 Sh	1:16.27	546	35.81	40.46
3.	Eva Margrét Falsdóttir	05 Íþróttabandalag Reykjanesbæjar	1:16.82	534	36.12	40.70
4.	Sylwia Sienkiewicz	99 Íþróttabandalag Reykjanesbæjar	1:18.46	502	36.59	41.87
5.	Herdís Birna Viggósdóttir	04 lbr	1:20.33	467	37.73	42.60
6.	Ragnheiður Karen Ólafsdóttir	04 Sundfélag Akraness	1:21.83	442	38.23	43.60
7.	Ágústa Bergrós Jakobsdóttir	02 lbr	1:22.98	424	38.95	44.03
8.	Rán Björnsdóttir	05 Sundfélagið Ægir	1:31.47	316	44.94	46.53
9.	Angelína Anna Zogaj	05 Sundfélagið Ægir	1:33.68	294	43.84	49.84
10.	Ragnheiður Milla Bergsveinsdóttir	06 Umsk	1:36.27	271	45.09	51.18
11.	Nadja Djurovic	07 Umsk	1:37.33	263	46.79	50.54
12.	Íris Rakel Aðalsteinsdóttir	05 Sundfélag Akraness	1:42.67	224	47.71	54.96

Sundgrein 114 kvenna, 100m bringusund Opinn
6.10.2018 - 10:14 2. DEILD Úrslitalistar

Stig: FINA 2018

Sæti	F.ár		Tími	Stig	50m	100m
1.	Sigurjóna Ragnheiðardóttir	03 Sundfélagið Óðinn	1:19.71	478	37.49	42.22
2.	Ólöf Kristín Isaksen	05 Sundfélagið Óðinn	1:20.60	463	37.99	42.61
3.	Aþena Jónsdóttir	04 SH - B	1:22.44	432	38.53	43.91
4.	Sara Rut Sigurðardóttir	03 SH - B	1:25.46	388	40.73	44.73
5.	Vigdís Tinna Hákonardóttir	06 Sunddeild Breiðabliks	1:26.21	378	40.41	45.80
6.	Aþena Karaolani	00 Sunddeild Breiðabliks	1:26.56	373	39.88	46.68
7.	Bríet Natalía Tómasdóttir	04 ÍBR - B	1:27.52	361	40.88	46.64
8.	Kristina Bragadóttir	00 ÍBR - B	1:27.90	357	40.79	47.11
9.	Bríet Björk Pálsdóttir	04 Óðinn - B	1:30.75	324	42.59	48.16
10.	Agnes Fjóra Flosadóttir	02 Óðinn - B	1:32.92	302	44.12	48.80

Sundgrein 15 karla, 200m baksund Opinn
6.10.2018 - 10:19 Úrslitalistar

Stig: FINA 2018

Sæti	F.ár		Tími	Stig	50m	100m	150m	200m
1.	Kristinn Þórarinnsson	96 lbr	2:09.20	546	29.77	33.02	33.43	32.98
2.	Kolbeinn Hrafnkelsson	94 Sh	2:10.52	530	29.98	34.40	35.80	30.34
3.	Tómas Magnússon	02 lbr	2:12.23	509	30.54	33.32	34.50	33.87
4.	Fannar Snævar Hauksson	04 Íþróttabandalag Reykjanes	2:18.47	443	31.36	35.04	37.35	34.72
5.	Daði Björnsson	04 Sh	2:21.31	417	31.89	35.39	37.06	36.97
6.	Erlend Magnússon	01 Sundfélag Akraness	2:22.51	407	31.69	35.62	37.18	38.02
7.	Sveinn Elí Helgason	04 Sundfélagið Ægir	2:30.25	347	34.07	38.65	38.97	38.56

Bikarkeppni SSÍ 2018
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Sundgrein 15, karla, 200m baksund, Opinn

Sæti	F.ár	Tími	Stig	50m	100m	150m	200m		
8.	Már Gunnarsson S12	99	Íþróttabandalag Reykjanes	2:30.55	345	35.60	37.62	38.81	38.52
9.	Aron Valgeirsson	03	Umsk	2:35.51	313	37.04	40.32	40.85	37.30
10.	Bjarki B Isaksen	06	Umsk	2:46.61	254	38.90	42.77	43.66	41.28
11.	Kolbeinn Kári Jónsson	06	Sundfélagið Ægir	3:09.11	174	45.25	49.75	47.39	46.72
12.	Rafael Andri Williamsson	04	Sundfélag Akraness	3:13.04	163	42.78			51.52

Sundgrein 115

6.10.2018 - 10:27

karla, 200m baksund
2. DEILD

Opinn
Úrslitalistar

Stig: FINA 2018

Sæti	F.ár	Tími	Stig	50m	100m	150m	200m		
1.	Patrik Viggó Vilbergsson	02	Sunddeild Breiðabliks	2:11.83	514	30.73	33.85	34.09	33.16
2.	Huginn Hilmarsson	95	Sunddeild Breiðabliks	2:14.57	483	31.66	33.19	34.24	35.48
3.	Birnir Freyr Hálfðánarsson	06	SH - B	2:21.47	416	32.50	36.01	37.17	35.79
4.	Júlíus Karl Maier	02	SH - B	2:21.61	415	33.73	36.34	36.69	34.85
5.	Úlfur Páll Andrasen	04	ÍBR - B	2:27.26	369	33.54	37.65	38.48	37.59
6.	Ýmir Chatenay Sölvason	06	ÍBR - B	2:42.57	274	37.88	41.75	42.70	40.24
7.	Viktor Emil Sigtryggsson	00	Sundfélagið Óðinn	2:49.51	241	39.69	42.27	43.78	43.77
8.	Örn Kató Arnarsson	05	Sundfélagið Óðinn	3:28.81	129	48.43	53.52	54.18	52.68

Sundgrein 16

6.10.2018 - 10:35

kvenna, 200m baksund

Opinn
Úrslitalistar

Stig: FINA 2018

Sæti	F.ár	Tími	Stig	50m	100m	150m	200m		
1.	Stefanía Sigurþórsdóttir	01	Íþróttabandalag Reykjanes	2:21.73	595	33.61	35.96	36.40	35.76
2.	Katarína Róbertsdóttir	00	Sh	2:21.93	592	32.77	35.96	37.51	35.69
3.	Steingerður Hauksdóttir	96	Sh	2:29.06	511	32.61	36.91	39.10	40.44
4.	Ásta Kristín Jónsdóttir	00	Ibr	2:30.09	501	33.29	38.06	39.68	39.06
5.	Halla Margrét Baldursdóttir	02	Ibr	2:31.78	484	35.01	38.59	39.60	38.58
6.	Emilía Sól Guðmundsdóttir	02	Sundfélagið Ægir	2:35.85	447	34.70	38.94	40.56	41.65
7.	Hafðís Eva Pálsdóttir	04	Íþróttabandalag Reykjanes	2:37.50	433	35.58	39.39	41.54	40.99
8.	Karen Ósk Gísladóttir	06	Umsk	2:57.14	304	41.25	44.81	46.68	44.40
9.	Eyrún Sigþórsdóttir	01	Sundfélag Akraness	3:01.29	284	42.11	45.85	46.57	46.76
10.	Otylia Lis	06	Sundfélagið Ægir	3:01.94	281	44.39	45.90	46.88	44.77
11.	Aldís Thea Daníelsdóttir	06	Sundfélag Akraness	3:18.16	217	18.55	1:19.81	51.67	48.13
12.	Hrefna María Heiðarsdóttir	05	Umsk	3:26.64	192	48.43	51.89	54.14	52.18

Sundgrein 116

6.10.2018 - 10:43

kvenna, 200m baksund
2. DEILD

Opinn
Úrslitalistar

Stig: FINA 2018

Sæti	F.ár	Tími	Stig	50m	100m	150m	200m		
1.	Guðný Birna Sigurðardóttir	99	Sunddeild Breiðabliks	2:27.03	533	34.27	37.30	38.49	36.97
2.	Pura Snorradóttir	03	Sundfélagið Óðinn	2:29.03	512	33.67	37.77	39.19	38.40
3.	Briët Dalla Gunnarsdóttir	04	SH - B	2:36.28	444	36.46	39.02	40.43	40.37
4.	Aþena Arnarsdóttir	03	Sundfélagið Óðinn	2:40.52	409	37.35	40.62	41.67	40.88
5.	Aþena Karaolani	00	Sunddeild Breiðabliks	2:42.10	397	36.44	40.70	42.27	42.69
6.	Aríanna Steinarsdóttir	03	ÍBR - B	2:43.20	389	39.32	41.41	41.49	40.98
7.	Embla Karen Sævarsdóttir	04	Óðinn - B	2:43.99	384	37.27	41.55	43.64	41.53
8.	Dagbjörg Hlíf Ólafsdóttir	05	SH - B	2:44.70	379	38.29	42.71	43.62	40.08
9.	Una Margrét Reynisdóttir	02	ÍBR - B	2:55.84	311	39.54	44.32	45.90	46.08
10.	Kolbrún Ósk Vilhjálmisdóttir	06	Óðinn - B	3:15.27	227	46.07	49.42	51.51	48.27

Bikarkeppni SSÍ 2018
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Sundgrein 17
6.10.2018 - 11:01

karla, 1500m skriðsund

Opinn
Úrslitalistar

Stig: FINA 2018

Sæti			F.ár			Tími	Stig	
1.	Hafþór Jón Sigurðsson		97	Sh		16:38.91	611	
	100m: 1:01.09	1:01.09	500m: 5:30.35	1:07.09	900m: 10:00.60	1:07.88	1300m: 14:28.95	1:06.48
	200m: 2:07.91	1:06.82	600m: 6:37.92	1:07.57	1000m: 11:07.97	1:07.37	1400m: 15:35.10	1:06.15
	300m: 3:16.17	1:08.26	700m: 7:45.41	1:07.49	1100m: 12:15.64	1:07.67	1500m: 16:38.91	1:03.81
	400m: 4:23.26	1:07.09	800m: 8:52.72	1:07.31	1200m: 13:22.47	1:06.83		
2.	Björgvin Árni Júlíusson		01	lbr		17:04.03	567	
	100m: 1:00.26	1:00.26	500m: 5:32.89	1:10.16	900m: 10:14.75	1:10.22	1300m: 14:51.11	1:08.88
	200m: 2:06.35	1:06.09	600m: 6:43.60	1:10.71	1000m: 11:23.23	1:08.48	1400m: 15:58.50	1:07.39
	300m: 3:14.54	1:08.19	700m: 7:54.29	1:10.69	1100m: 12:32.56	1:09.33	1500m: 17:04.03	1:05.53
	400m: 4:22.73	1:08.19	800m: 9:04.53	1:10.24	1200m: 13:42.23	1:09.67		
3.	Sigurður Örn Ragnarsson		91	Sh		17:07.63	562	
	100m: 1:02.45	1:02.45	500m: 5:38.15	1:09.53	900m: 10:15.47	1:08.94	1300m: 14:51.42	1:08.98
	200m: 2:10.33	1:07.88	600m: 6:47.68	1:09.53	1000m: 11:24.30	1:08.83	1400m: 16:00.70	1:09.28
	300m: 3:19.29	1:08.96	700m: 7:56.97	1:09.29	1100m: 12:33.08	1:08.78	1500m: 17:07.63	1:06.93
	400m: 4:28.62	1:09.33	800m: 9:06.53	1:09.56	1200m: 13:42.44	1:09.36		
4.	Sindri Andreas Bjarnason		01	Sundfélag Akraness		17:51.26	496	
	100m: 1:04.90	1:04.90	500m: 5:46.67	1:12.27	900m: 10:40.08	1:13.20	1300m: 15:31.95	1:12.94
	200m: 2:13.76	1:08.86	600m: 6:59.24	1:12.57	1000m: 11:52.71	1:12.63	1400m: 16:44.40	1:12.45
	300m: 3:23.96	1:10.20	700m: 8:12.92	1:13.68	1100m: 13:06.26	1:13.55	1500m: 17:51.26	1:06.86
	400m: 4:34.40	1:10.44	800m: 9:26.88	1:13.96	1200m: 14:19.01	1:12.75		
5.	Skúli Thor Ásgeirsson		02	Sundfélagið Ægir		17:51.57	495	
	100m: 1:06.48	1:06.48	500m: 5:53.78	1:11.50	900m: 10:41.95	1:12.75	1300m: 15:30.31	1:11.90
	200m: 2:18.07	1:11.59	600m: 7:05.44	1:11.66	1000m: 11:54.12	1:12.17	1400m: 16:41.80	1:11.49
	300m: 3:29.91	1:11.84	700m: 8:17.59	1:12.15	1100m: 13:06.83	1:12.71	1500m: 17:51.57	1:09.77
	400m: 4:42.28	1:12.37	800m: 9:29.20	1:11.61	1200m: 14:18.41	1:11.58		
6.	Aron Fannar Kristínarson		03	Íþróttabandalag Reykjaneshæjar		17:53.61	492	
	100m: 1:05.59	1:05.59	500m: 5:54.05	1:13.29	900m: 10:43.53	1:12.31	1300m: 15:32.29	1:12.10
	200m: 2:03.59	58.00	600m: 7:05.99	1:11.94	1000m: 11:55.12	1:11.59	1400m: 16:44.31	1:12.02
	300m: 3:28.14	1:24.55	700m: 8:18.83	1:12.84	1100m: 13:07.32	1:12.20	1500m: 17:53.61	1:09.30
	400m: 4:40.76	1:12.62	800m: 9:31.22	1:12.39	1200m: 14:20.19	1:12.87		
7.	Teitur Þór Ólafsson		04	Sundfélagið Ægir		18:04.49	478	
	100m: 1:07.16	1:07.16	500m: 5:58.45	1:13.26	900m: 10:49.19	1:12.07	1300m: 15:42.36	1:14.11
	200m: 2:19.14	1:11.98	600m: 7:11.57	1:13.12	1000m: 12:01.80	1:12.61	1400m: 16:55.93	1:13.57
	300m: 3:31.66	1:12.52	700m: 8:24.24	1:12.67	1100m: 13:15.66	1:13.86	1500m: 18:04.49	1:08.56
	400m: 4:45.19	1:13.53	800m: 9:37.12	1:12.88	1200m: 14:28.25	1:12.59		
8.	Guðmundur Halldórsson		04	Umsk		18:44.02	429	
	100m: 1:10.32	1:10.32	500m: 6:09.42	1:15.26	900m: 11:12.89	1:16.07	1300m: 16:16.24	1:15.42
	200m: 2:24.76	1:14.44	600m: 7:24.70	1:15.28	1000m: 12:29.07	1:16.18	1400m: 17:31.24	1:15.00
	300m: 3:39.39	1:14.63	700m: 8:41.18	1:16.48	1100m: 13:44.81	1:15.74	1500m: 18:44.02	1:12.78
	400m: 4:54.16	1:14.77	800m: 9:56.82	1:15.64	1200m: 15:00.82	1:16.01		
9.	Kristján Magnússon		05	Sundfélag Akraness		18:57.20	414	
	100m: 1:08.71	1:08.71	500m: 6:13.34	1:17.47	900m: 11:20.61	1:17.16	1300m: 16:28.76	1:16.74
	200m: 2:24.42	1:15.71	600m: 7:30.35	1:17.01	1000m: 12:37.78	1:17.17	1400m: 17:44.89	1:16.13
	300m: 3:39.85	1:15.43	700m: 8:45.92	1:15.57	1100m: 13:55.18	1:17.40	1500m: 18:57.20	1:12.31
	400m: 4:55.87	1:16.02	800m: 10:03.45	1:17.53	1200m: 15:12.02	1:16.84		
10.	Guðmundur Karl Karlsson		05	Umsk		19:00.14	411	
	100m: 1:11.04	1:11.04	500m: 6:16.23	1:16.46	900m: 11:25.12	1:17.52	1300m: 16:31.90	1:14.80
	200m: 2:26.52	1:15.48	600m: 7:33.02	1:16.79	1000m: 12:42.32	1:17.20	1400m: 17:46.16	1:14.26
	300m: 3:42.90	1:16.38	700m: 8:50.61	1:17.59	1100m: 13:59.83	1:17.51	1500m: 19:00.14	1:13.98
	400m: 4:59.77	1:16.87	800m: 10:07.60	1:16.99	1200m: 15:17.10	1:17.27		
11.	Alexander Logi Jónsson		04	Íþróttabandalag Reykjaneshæjar		19:31.61	379	
	100m: 1:13.94	1:13.94	500m: 6:27.36	1:18.67	900m: 11:41.91	1:18.32	1300m: 16:57.20	1:58.20
	200m: 2:32.19	1:18.25	600m: 7:46.05	1:18.69	1000m: 13:00.52	1:18.61	1400m: 18:15.11	1:17.91
	300m: 3:50.45	1:18.26	700m: 9:04.87	1:18.82	1100m: 14:13.27	1:12.75	1500m: 19:31.61	1:16.50
	400m: 5:08.69	1:18.24	800m: 10:23.59	1:18.72	1200m: 14:59.00	45.73		

Bikarkeppni SSÍ 2018
Kópavogur, 5. - 6.10.2018

Sundgrein 17, karla, 1500m skriðsund, Opinn

Sæti	F.ár	Tími	Stig
LAUKekki Halldór Björn Kristinsson	02 lbr		

Sundgrein 117
6.10.2018 - 11:43

karla, 1500m skriðsund
2. DEILD

Opinn
Úrslitalistar

Stig: FINA 2018

Sæti	F.ár	Tími	Stig
1. Róbert Andri Pálmason	02 Sunddeild Breiðabliks	16:50.23	591
100m: 1:01.63 1:01.63	500m: 5:31.51 1:08.07	900m: 10:04.40 1:08.98	1300m: 14:38.62 1:07.51
200m: 2:08.68 1:07.05	600m: 6:39.31 1:07.80	1000m: 11:13.47 1:09.07	1400m: 15:46.09 1:07.47
300m: 3:16.10 1:07.42	700m: 7:47.44 1:08.13	1100m: 12:22.61 1:09.14	1500m: 16:50.23 1:04.14
400m: 4:23.44 1:07.34	800m: 8:55.42 1:07.98	1200m: 13:31.11 1:08.50	
2. Baldur Logi Gautason	00 Sundfélagið Óðinn	17:57.59	487
100m: 1:05.01 1:05.01	500m: 5:53.50 1:13.50	900m: 10:47.83 1:13.21	1300m: 15:37.40 1:11.63
200m: 2:15.88 1:10.87	600m: 7:07.31 1:13.81	1000m: 12:00.47 1:12.64	1400m: 16:48.97 1:11.57
300m: 3:27.48 1:11.60	700m: 8:20.87 1:13.56	1100m: 13:13.14 1:12.67	1500m: 17:57.59 1:08.62
400m: 4:40.00 1:12.52	800m: 9:34.62 1:13.75	1200m: 14:25.77 1:12.63	
3. Jónas Atli Pálsson	03 SH - B	18:01.43	482
100m: 1:08.14 1:08.14	500m: 5:56.57 1:11.90	900m: 10:47.62 1:13.58	1300m: 15:38.77 1:12.63
200m: 2:19.81 1:11.67	600m: 7:09.03 1:12.46	1000m: 12:00.60 1:12.98	1400m: 16:51.15 1:12.38
300m: 3:31.95 1:12.14	700m: 8:21.90 1:12.87	1100m: 13:13.54 1:12.94	1500m: 18:01.43 1:10.28
400m: 4:44.67 1:12.72	800m: 9:34.04 1:12.14	1200m: 14:26.14 1:12.60	
4. Hringur Birgir Kristinsson	04 ÍBR - B	18:21.77	456
100m: 1:09.10 1:09.10	500m: 6:03.98 1:14.26	900m: 10:59.51 1:13.11	1300m: 15:56.90 1:13.84
200m: 2:22.14 1:13.04	600m: 7:18.58 1:14.60	1000m: 12:14.13 1:14.62	1400m: 17:10.70 1:13.80
300m: 3:36.24 1:14.10	700m: 8:32.66 1:14.08	1100m: 13:28.84 1:14.71	1500m: 18:21.77 1:11.07
400m: 4:49.72 1:13.48	800m: 9:46.40 1:13.74	1200m: 14:43.06 1:14.22	
5. Gunnar Bjarki Jónsson	98 Sunddeild Breiðabliks	18:32.56	442
100m: 1:06.04 1:06.04	500m: 6:01.15 1:15.43	900m: 11:04.54 1:15.68	1300m: 16:05.99 1:14.94
200m: 2:17.32 1:11.28	600m: 7:16.78 1:15.63	1000m: 12:20.42 1:15.88	1400m: 17:20.21 1:14.22
300m: 3:30.69 1:13.37	700m: 8:32.94 1:16.16	1100m: 13:36.03 1:15.61	1500m: 18:32.56 1:12.35
400m: 4:45.72 1:15.03	800m: 9:48.86 1:15.92	1200m: 14:51.05 1:15.02	
6. Veigar Hrafn Sigbórsson	05 SH - B	18:56.83	415
100m: 1:10.74 1:10.74	500m: 6:16.23 1:17.06	900m: 11:20.85 1:16.08	1300m: 16:25.72 1:16.71
200m: 2:26.10 1:15.36	600m: 7:32.35 1:16.12	1000m: 12:36.90 1:16.05	1400m: 17:41.88 1:16.16
300m: 3:42.56 1:16.46	700m: 8:48.53 1:16.18	1100m: 13:53.05 1:16.15	1500m: 18:56.83 1:14.95
400m: 4:59.17 1:16.61	800m: 10:04.77 1:16.24	1200m: 15:09.01 1:15.96	
7. Tristan Tómasson Manoury	04 ÍBR - B	19:22.53	388
100m: 1:14.15 1:14.15	500m: 6:31.92 1:18.65	900m: 11:44.06 1:18.61	1300m: 17:07.71 1:51.31
200m: 2:34.32 1:20.17	600m: 7:25.22 53.30	1000m: 12:40.88 56.82	1400m: 18:12.06 1:04.35
300m: 3:54.14 1:19.82	700m: 9:08.82 1:43.60	1100m: 14:12.78 1:31.90	1500m: 19:22.53 1:10.47
400m: 5:13.27 1:19.13	800m: 10:25.45 1:16.63	1200m: 15:16.40 1:03.62	
8. Viktor Emil Sigtryggsson	00 Sundfélagið Óðinn	21:06.59	300
100m: 1:11.27 1:11.27	500m: 6:44.17 1:24.91	900m: 12:28.95 1:27.03	1300m: 18:16.38 1:26.68
200m: 2:31.53 1:20.26	600m: 8:09.41 1:25.24	1000m: 13:55.90 1:26.95	1400m: 19:42.40 1:26.02
300m: 3:54.71 1:23.18	700m: 9:35.48 1:26.07	1100m: 15:22.47 1:26.57	1500m: 21:06.59 1:24.19
400m: 5:19.26 1:24.55	800m: 11:01.92 1:26.44	1200m: 16:49.70 1:27.23	

Bikarkeppni SSÍ 2018
Kópavogur, 5. - 6.10.2018

Sundgrein 18
6.10.2018 - 12:23

kvenna, 800m skriðsund

Opinn
Úrslitalistar

Stig: FINA 2018

Sæti			F.ár					Tími	Stig
1.	Eydís Ósk Kolbeinsdóttir		00	Íþróttabandalag Reykjanesbæjar				9:12.97	651
	100m:	1:06.22 1:06.22	300m:	3:25.97 1:09.71	500m:	5:46.02 1:10.13	700m:	8:05.52 1:09.58	
	200m:	2:16.26 1:10.04	400m:	4:35.89 1:09.92	600m:	6:55.94 1:09.92	800m:	9:12.97 1:07.45	
2.	Birna Hilmarsdóttir		02	Íþróttabandalag Reykjanesbæjar				9:27.97	601
	100m:	1:07.43 1:07.43	300m:	3:31.76 1:11.96	500m:	5:54.89 1:11.25	700m:	8:18.12 1:11.90	
	200m:	2:19.80 1:12.37	400m:	4:43.64 1:11.88	600m:	7:06.22 1:11.33	800m:	9:27.97 1:09.85	
3.	Bára Kristín Björgvinsdóttir		95	Sh				9:32.90	585
	100m:	1:05.81 1:05.81	300m:	3:29.31 1:11.80	500m:	5:54.66 1:12.56	700m:	8:21.68 1:13.76	
	200m:	2:17.51 1:11.70	400m:	4:42.10 1:12.79	600m:	7:07.92 1:13.26	800m:	9:32.90 1:11.22	
4.	Adele Alexandra Pálsson		03	Sh				9:36.50	574
	100m:	1:06.96 1:06.96	300m:	3:30.50 1:12.44	500m:	5:56.96 1:13.26	700m:	8:24.69 1:13.91	
	200m:	2:18.06 1:11.10	400m:	4:43.70 1:13.20	600m:	7:10.78 1:13.82	800m:	9:36.50 1:11.81	
5.	Brynhildur Traustadóttir		01	Sundfélag Akraness				9:38.09	570
	100m:	1:08.75 1:08.75	300m:	3:36.16 1:13.46	500m:	6:03.92 1:14.43	700m:	8:29.84 1:12.64	
	200m:	2:22.70 1:13.95	400m:	4:49.49 1:13.33	600m:	7:17.20 1:13.28	800m:	9:38.09 1:08.25	
6.	Ingibjörg Erla Garðarsdóttir		00	lbr				9:59.49	511
	100m:	1:06.50 1:06.50	300m:	3:38.24 1:15.75	500m:	6:11.46 1:16.75	700m:	8:44.93 1:16.41	
	200m:	2:22.49 1:15.99	400m:	4:54.71 1:16.47	600m:	7:28.52 1:17.06	800m:	9:59.49 1:14.56	
7.	Svava Björg Lárusdóttir		03	lbr				10:08.44	488
	100m:	1:09.85 1:09.85	300m:	3:43.94 1:17.81	500m:	6:17.79 1:17.27	700m:	8:53.77 1:18.67	
	200m:	2:26.13 1:16.28	400m:	5:00.52 1:16.58	600m:	7:35.10 1:17.31	800m:	10:08.44 1:14.67	
8.	Ingibjörg Svava Magnúsardóttir		05	Sundfélag Akraness				10:48.07	404
	100m:	1:15.34 1:15.34	300m:	4:01.57 1:22.87	500m:	6:46.45 1:21.66	700m:	9:32.01 1:22.45	
	200m:	2:38.70 1:23.36	400m:	5:24.79 1:23.22	600m:	8:09.56 1:23.11	800m:	10:48.07 1:16.06	
9.	Emma Kolbrún Garðarsdóttir		04	Sundfélagið Ægir				11:22.83	345
	100m:	1:16.62 1:16.62	300m:	4:09.96 1:26.92	500m:	7:03.53 1:27.17	700m:	9:58.60 1:27.86	
	200m:	2:43.04 1:26.42	400m:	5:36.36 1:26.40	600m:	8:30.74 1:27.21	800m:	11:22.83 1:24.23	
10.	Hjördís Freyja Kjartansdóttir		05	Sundfélagið Ægir				12:22.02	269
	100m:	1:25.44 1:25.44	300m:	4:32.50 1:34.93	500m:	7:42.31 1:35.22	700m:	10:50.51 1:34.37	
	200m:	2:57.57 1:32.13	400m:	6:07.09 1:34.59	600m:	9:16.14 1:33.83	800m:	12:22.02 1:31.51	

Sundgrein 118
6.10.2018 - 12:45

kvenna, 800m skriðsund
2. DEILD

Opinn
Úrslitalistar

Stig: FINA 2018

Sæti			F.ár					Tími	Stig
1.	Ragna Sigríður Ragnarsdóttir		01	Sunddeild Breiðabliks				9:10.55	659
	100m:	1:06.06 1:06.06	300m:	3:24.90 1:09.07	500m:	5:43.06 1:09.16	700m:	8:01.77 1:09.40	
	200m:	2:15.83 1:09.77	400m:	4:33.90 1:09.00	600m:	6:52.37 1:09.31	800m:	9:10.55 1:08.78	
2.	Kristín Helga Hákonardóttir		04	Sunddeild Breiðabliks				9:24.57	612
	100m:	1:06.47 1:06.47	300m:	3:26.62 1:10.16	500m:	5:51.58 1:12.00	700m:	8:14.47 1:11.24	
	200m:	2:16.46 1:09.99	400m:	4:39.58 1:12.96	600m:	7:03.23 1:11.65	800m:	9:24.57 1:10.10	
3.	Rebekka Sif Ómarsdóttir		03	Sundfélagið Óðinn				9:46.75	545
	100m:	1:07.42 1:07.42	300m:	3:33.57 1:13.92	500m:	6:03.64 1:14.51	700m:	8:33.61 1:14.53	
	200m:	2:19.65 1:12.23	400m:	4:49.13 1:15.56	600m:	7:19.08 1:15.44	800m:	9:46.75 1:13.14	
4.	Ólöf Kristín Isaksen		05	Sundfélagið Óðinn				9:56.80	518
	100m:	1:10.21 1:10.21	300m:	3:40.43 1:15.13	500m:	6:12.84 1:15.94	700m:	8:44.59 1:15.82	
	200m:	2:25.30 1:15.09	400m:	4:56.90 1:16.47	600m:	7:28.77 1:15.93	800m:	9:56.80 1:12.21	
5.	Sandra Dögg Kristjánsdóttir		03	SH - B				9:57.25	516
	100m:	1:09.26 1:09.26	300m:	3:39.86 1:15.62	500m:	6:12.31 1:16.43	700m:	8:44.47 1:15.68	
	200m:	2:24.24 1:14.98	400m:	4:55.88 1:16.02	600m:	7:28.79 1:16.48	800m:	9:57.25 1:12.78	

Bikarkeppni SSÍ 2018
Kópavogur, 5. - 6.10.2018

Sundgrein 118, kvenna, 800m skriðsund, Opinn

Sæti	F.ár		Tími				Stig
6. Ylfa Finnbogadóttir	02	SH - B	10:00.40				508
100m: 1:10.10 1:10.10	300m: 3:40.42 1:15.29	500m: 6:13.21 1:16.26	700m: 8:46.00 1:16.82				
200m: 2:25.13 1:15.03	400m: 4:56.95 1:16.53	600m: 7:29.18 1:15.97	800m: 10:00.40 1:14.40				
7. Íris Edda Garðarsdóttir	03	ÍBR - B	10:13.65				476
100m: 1:11.68 1:11.68	300m: 3:45.84 1:17.23	500m: 6:20.99 1:17.58	700m: 8:56.97 1:18.41				
200m: 2:28.61 1:16.93	400m: 5:03.41 1:17.57	600m: 7:38.56 1:17.57	800m: 10:13.65 1:16.68				
8. Sif Grímsdóttir	03	ÍBR - B	10:51.59				398
100m: 1:13.79 1:13.79	300m: 3:55.46 1:21.16	500m: 6:43.63 1:24.09	700m: 9:31.23 1:24.12				
200m: 2:34.30 1:20.51	400m: 5:19.54 1:24.08	600m: 8:07.11 1:23.48	800m: 10:51.59 1:20.36				
9. Embla Karen Sævarsdóttir	04	Óðinn - B	11:05.26				374
100m: 1:14.63 1:14.63	300m: 4:04.96 1:25.48	500m: 6:55.81 1:25.78	700m: 9:43.71 1:23.29				
200m: 2:39.48 1:24.85	400m: 5:30.03 1:25.07	600m: 8:20.42 1:24.61	800m: 11:05.26 1:21.55				
10. Olga María Valdimarsdóttir	05	Óðinn - B	11:41.28				319
100m: 1:23.08 1:23.08	300m: 4:20.39 1:28.81	500m: 7:18.94 1:29.40	700m: 10:16.41 1:28.98				
200m: 2:51.58 1:28.50	400m: 5:49.54 1:29.15	600m: 8:47.43 1:28.49	800m: 11:41.28 1:24.87				

3 - BIKAR 2018 - 3. hluti

6.10.2018 - 16:00

Sundgrein 19

karla, 200m skriðsund

Opinn
Úrslitalistar

6.10.2018 - 16:00

Stig: FINA 2018

Sæti	F.ár		Tími	Stig	50m	100m	150m	200m
1. Predrag Milos	95	Sh	1:58.81	585	26.14	29.80	31.00	31.87
2. Ólafur Árdal Sigurðsson	99	Sh	2:03.64	519	27.99	30.41	31.88	33.36
3. Aron Fannar Kristínarson	03	Íþróttabandalag Reykjaness	2:09.73	449	29.62	33.42	34.28	32.41
4. Skúli Thor Ásgeirsson	02	Sundfélagið Ægir	2:09.85	448	29.57	33.29	34.41	32.58
5. Sigurður Ingi Sigurðarson	01	Ibr	2:10.43	442	29.76	33.55	34.93	32.19
6. Sævar Berg Sigurðsson	95	Sundfélag Akraness	2:11.81	428	29.82	33.32	34.40	34.27
7. Erlend Magnússon	01	Sundfélag Akraness	2:12.60	420	29.08	34.39	34.32	34.81
8. Ólafur Breki Guðnason	03	Sundfélagið Ægir	2:14.59	402	31.43	34.60	34.90	33.66
9. Andri Bergmann Ísaksen	04	Umsk	2:15.61	393	31.42	34.23	34.82	35.14
10. Már Gunnarsson S12	99	Íþróttabandalag Reykjaness	2:18.16	372	31.30	34.44	36.99	35.43
11. Guðmundur Halldórsson	04	Umsk	2:18.90	366	32.26	35.16	35.92	35.56
12. Þorbjörn Andrason	01	Ibr	2:19.98	357	31.05	35.63	37.17	36.13

Sundgrein 119

karla, 200m skriðsund

Opinn
Úrslitalistar

6.10.2018 - 16:07

2. DEILD

Stig: FINA 2018

Sæti	F.ár		Tími	Stig	50m	100m	150m	200m
1. Davíð Fannar Ragnarsson	98	Sunddeild Breiðabliks	2:01.05	553	27.47	31.10	32.01	30.47
2. Huginn Hilmarsson	95	Sunddeild Breiðabliks	2:01.96	540	27.33	31.07	32.01	31.55
3. Símon Elías Statkevics	03	SH - B	2:07.28	475	29.02	32.44	33.39	32.43
4. Úlfur Páll Andrason	04	ÍBR - B	2:13.75	410	29.61	34.37	35.87	33.90
5. Hákon Alexander Magnússon	00	Sundfélagið Óðinn	2:13.84	409	29.78	34.20	35.45	34.41
6. Ásgrímur Þór Kjartansson	00	Sundfélagið Óðinn	2:14.22	405	29.83	33.76	35.55	35.08
7. Jónas Atli Pálsson	03	SH - B	2:15.85	391	29.88	34.23	36.32	35.42
8. Tristan Tómasson Manouï	04	ÍBR - B	2:19.72	359	31.25	35.71	36.67	36.09

Bikarkeppni SSÍ 2018
Kópavogur, 5. - 6.10.2018

Sundgrein 20
6.10.2018 - 16:14

kvenna, 200m skriðsund

Opinn
Úrslitalistar

Stig: FINA 2018

Sæti	F.ár		Tími	Stig	50m	100m	150m	200m	
1.	Eydís Ósk Kolbeinsdóttir	00	Íþróttabandalag Reykjanes	2:07.68	646	29.47	32.17	33.16	32.88
2.	Jóhanna Elín Guðmundsdóttir	01	Sh	2:10.69	603	28.85	33.37	34.50	33.97
3.	Inga Elin Cryer	93	Ibr	2:12.17	583	30.00	33.15	34.56	34.46
4.	Birna Hilmarsdóttir	02	Íþróttabandalag Reykjanes	2:14.11	558	30.58	34.27	34.83	34.43
5.	Ingibjörg Erla Garðarsdóttir	00	Ibr	2:17.39	519	31.66	34.56	36.01	35.16
6.	Þorgerður Ósk Jónsdóttir	03	Sh	2:17.59	517	31.21	35.20	36.74	34.44
7.	Fanney Lind Jóhannsdóttir	02	Sundfélagið Ægir	2:18.22	509	33.08	35.17	35.73	34.24
8.	Ingibjörg Svava M.	05	Sundfélag Akraness	2:26.85	425	33.42	37.86	38.88	36.69
9.	Eyrún Sigþórsdóttir	01	Sundfélag Akraness	2:38.73	336	36.50	40.75	41.24	40.24
10.	Elísa Björnsdóttir	05	Sundfélagið Ægir	2:40.12	328	34.18	40.86	43.34	41.74
11.	Karen Ósk Gísladóttir	06	Umsk	2:48.52	281	38.05	43.73	44.52	42.22
12.	Þórunn María Hilmarsdóttir	05	Umsk	2:59.13	234	40.71	45.16	48.52	44.74

Sundgrein 120
6.10.2018 - 16:21

kvenna, 200m skriðsund
2. DEILD

Opinn
Úrslitalistar

Stig: FINA 2018

Sæti	F.ár		Tími	Stig	50m	100m	150m	200m	
1.	Ragnheiður Karlsdóttir	99	Sunddeild Breiðabliks	2:16.42	530	32.21	35.11	35.38	33.72
2.	Alexandra Tómasdóttir	01	Sundfélagið Óðinn	2:16.89	524	32.31	35.23	35.16	34.19
3.	Freyja Birkisdóttir	06	Sunddeild Breiðabliks	2:18.66	505	31.65	35.93	36.27	34.81
4.	Þena Arnarsdóttir	03	Sundfélagið Óðinn	2:18.81	503	32.13	35.64	35.99	35.05
5.	Ylfa Finnbogadóttir	02	SH - B	2:20.40	486	32.23	36.11	36.35	35.71
6.	Helena Rún Gylfadóttir	03	ÍBR - B	2:21.89	471	32.55	36.25	37.06	36.03
7.	Jóhanna Alba Martel	00	ÍBR - B	2:23.09	459	33.27	36.13	36.89	36.80
8.	Katrín Eva Jóhannsdóttir	01	Óðinn - B	2:25.67	435	33.64	36.72	37.86	37.45
9.	Þórdís Anita Björnsdóttir	02	SH - B	2:26.78	425	33.52	37.54	38.74	36.98
10.	Katrín Magnea Finnsdóttir	04	Óðinn - B	2:43.06	310	36.85	41.64	42.79	41.78

Sundgrein 21
6.10.2018 - 16:29

karla, 200m bringusund

Opinn
Úrslitalistar

Stig: FINA 2018

Sæti	F.ár		Tími	Stig	50m	100m	150m	200m	
1.	Anton Sveinn McKee	93	Sh	2:09.65	801	29.65	33.12	33.26	33.62
2.	Kristinn Þórarinsson	96	Ibr	2:21.94	610	31.60	35.35	37.16	37.83
3.	Daði Björnsson	04	Sh	2:26.08	560	33.14	36.31	38.24	38.39
4.	Kári Snær Halldórsson	04	Íþróttabandalag Reykjanes	2:43.11	402	36.99	41.69	42.68	41.75
5.	Þorbjörn Andrason	01	Ibr	2:43.15	402	36.18	42.03	43.61	41.33
6.	Snær Llorens Sigurðsson	02	Sundfélag Akraness	2:43.80	397	36.48	41.41	42.45	43.46
7.	Gústav Ragnar Kristjánsson	02	Umsk	2:45.00	388	37.32	42.68	43.10	41.90
8.	Sindri Andreas Bjarnason	01	Sundfélag Akraness	2:45.20	387	35.40	42.26	44.22	43.32
9.	Alexander Logi Jónsson	04	Íþróttabandalag Reykjanes	2:50.96	349	38.74	42.96	44.66	44.60
10.	Einar Atli Guðnason	03	Sundfélagið Ægir	3:02.44	287	41.25	46.09	47.26	47.84
11.	Stefán Ingi Ólafsson	06	Sundfélagið Ægir	3:16.77	229	45.03	50.61	51.13	50.00
ÖG.	Andri Bergmann Ísakson	04	Umsk						

B1 - More than one single dolphin kick before first breaststroke kick (SW 7.1)

Bikarkeppni SSÍ 2018
Kópavogur, 5. - 6.10.2018

Sundgrein 121 karla, 200m bringusund Opinn
6.10.2018 - 16:37 2. DEILD Úrslitalistar

Stig: FINA 2018

Sæti	F.ár		Tími	Stig	50m	100m	150m	200m	
1.	Óskar Gauti Lund	99	Sunddeild Breiðabliks	2:30.65	510	33.88	37.98	39.42	39.37
2.	Ingvar Orri Jóhannesson	04	ÍBR - B	2:36.58	455	34.80	40.02	41.69	40.07
3.	Birnir Freyr Hálfðánarsson	06	SH - B	2:36.71	453	34.77	40.11	41.05	40.78
4.	Kristján Ari Heimisson	98	Sunddeild Breiðabliks	2:40.75	420	34.39	40.90	43.27	42.19
5.	Snorri Dagur Einarsson	05	SH - B	2:43.27	401	35.61	41.44	42.50	43.72
6.	Runólfur Þorláksson	02	ÍBR - B	2:46.21	380	36.64	41.66	43.81	44.10

Sundgrein 22 kvenna, 200m bringusund Opinn
6.10.2018 - 16:41 Úrslitalistar

Stig: FINA 2018

Sæti	F.ár		Tími	Stig	50m	100m	150m	200m	
1.	Eva Margrét Falsdóttir	05	Íþróttabandalag Reykjanes	2:42.79	564	37.27	41.19	44.00	40.33
	Sunna Svanlaug V.	00	Sh	2:42.79	564	36.81	41.03	42.22	42.73
3.	Stefanía Sigurþórsdóttir	01	Íþróttabandalag Reykjanes	2:45.85	534	32.57	47.30	43.18	42.80
4.	Herdís Birna Viggósdóttir	04	lbr	2:50.13	494	38.00	43.64	44.94	43.55
5.	Adele Alexandra Pálsson	03	Sh	2:53.20	469	38.14	44.20	45.61	45.25
6.	Ragnheiður Karen Ólafsdóttir	04	Sundfélag Akraness	2:56.38	444	39.28	45.27	46.43	45.40
7.	Ágústa Bergrós Jakobsdóttir	02	lbr	2:58.71	426	40.27	45.26	46.61	46.57
8.	Rán Björnsdóttir	05	Sundfélagið Ægir	3:13.15	338	43.68	49.95	49.85	49.67
9.	Ragnheiður Milla B.	06	Umsk	3:23.69	288	45.76	54.40	52.15	51.38
10.	Aldís Thea Daníelsdóttir	06	Sundfélag Akraness	3:25.70	279	46.99	53.06	53.54	52.11
11.	Angelina Anna Zogaj	05	Sundfélagið Ægir	3:27.96	270	45.31	52.14	54.13	56.38
12.	Þórunn María Hilmarsdóttir	05	Umsk	3:59.06	178	51.66	1:02.62		

Sundgrein 122 kvenna, 200m bringusund Opinn
6.10.2018 - 16:50 2. DEILD Úrslitalistar

Stig: FINA 2018

Sæti	F.ár		Tími	Stig	50m	100m	150m	200m	
1.	Sigurjóna Ragnheiðardóttir	03	Sundfélagið Óðinn	2:49.67	498	39.01	43.70	44.05	42.91
2.	Freyja Birkisdóttir	06	Sunddeild Breiðabliks	2:49.83	497	38.94	43.81	43.46	43.62
3.	Ólöf Kristín Isaksen	05	Sundfélagið Óðinn	2:54.31	460	39.68	44.20	45.42	45.01
4.	Katja Lilja Andriysdóttir	06	SH - B	2:56.64	442	39.79	45.23	46.11	45.51
5.	Aþena Jónsdóttir	04	SH - B	2:57.20	437	39.35	44.92	45.64	47.29
6.	Kristína Bragadóttir	00	ÍBR - B	3:07.20	371	42.03	47.80	48.86	48.51
7.	Vigdís Tinna Hákonardóttir	06	Sunddeild Breiðabliks	3:08.44	364	42.09	47.19	49.97	49.19
8.	Svanhildur M. Valdimarsdóttir	03	Óðinn - B	3:08.81	362	41.95	48.63	49.17	49.06
9.	Auður Halla Rögnvaldsdóttir	03	ÍBR - B	3:12.78	340	43.73	48.93	50.11	50.01
10.	Agnes Fjóra Flosadóttir	02	Óðinn - B	3:15.77	324	44.50	48.71	51.12	51.44

Sundgrein 23 karla, 100m flugsund Opinn
6.10.2018 - 16:58 Úrslitalistar

Stig: FINA 2018

Sæti	F.ár		Tími	Stig	50m	100m	
1.	Predrag Milos	95	Sh	57.14	595	26.67	30.47
2.	Kolbeinn Hrafnkelsson	94	Sh	57.44	586	26.95	30.49
3.	Ágúst Júlíusson	89	Sundfélag Akraness	59.01	540	26.57	32.44
4.	Fannar Snævar Hauksson	04	Íþróttabandalag Reykjanesbæjar	1:02.02	465	28.56	33.46
5.	Bjartur Þórhalsson	00	lbr	1:03.37	436	28.99	34.38
6.	Tómas Magnússon	02	lbr	1:03.68	430	28.85	34.83
7.	Atli Vikar Ingimundarson	97	Sundfélag Akraness	1:05.44	396	28.81	36.63
8.	Baldvin Sigmarsson	97	Íþróttabandalag Reykjanesbæjar	1:05.95	387	29.93	36.02

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Sundgrein 23, karla, 100m flugsund, Opinn

Sæti	F.ár		Tími	Stig	50m	100m
9.	Jón Ingi Halldórsson	04 Umsk	1:13.87	275	34.81	39.06
10.	Teitur Þór Ólafsson	04 Sundfélagið Ægir	1:16.49	248	35.23	41.26
11.	Kolbeinn Kári Jónsson	06 Sundfélagið Ægir	1:42.46	103	48.14	54.32
12.	Pétur Ingi Egilsson	06 Umsk	1:52.80	77	47.02	1:05.78

Sundgrein 123 karla, 100m flugsund Opinn
6.10.2018 - 17:03 2. DEILD Úrslitalistar

Stig: FINA 2018

Sæti	F.ár		Tími	Stig	50m	100m
1.	Róbert Andri Pálmason	02 Sunddeild Breiðabliks	1:01.82	470	28.80	33.02
2.	Kári Sölvi Nielsen	00 SH - B	1:02.61	452	28.43	34.18
3.	Davíð Jónatansson	88 SH - B	1:04.78	408	30.90	33.88
4.	Davíð Fannar Ragnarsson	98 Sunddeild Breiðabliks	1:04.96	405	30.48	34.48
5.	Vikar Máni Þórsson	02 ÍBR - B	1:06.59	376	29.53	37.06
6.	Ásgrímur Þór Kjartansson	00 Sundfélagið Óðinn	1:12.14	296	33.57	38.57
7.	Hákon Alexander Magnússon	00 Sundfélagið Óðinn	1:12.44	292	33.31	39.13
8.	Loftur Þór Arnarsson	05 ÍBR - B	1:26.23	173	38.51	47.72

Sundgrein 24 kvenna, 100m flugsund Opinn
6.10.2018 - 17:08 Úrslitalistar

Stig: FINA 2018

Sæti	F.ár		Tími	Stig	50m	100m
1.	Katarína Róbertsdóttir	00 Sh	1:04.00	621	29.70	34.30
2.	Inga Elin Cryer	93 lbr	1:06.17	562	30.62	35.55
3.	Ásta Kristín Jónsdóttir	00 lbr	1:08.94	497	30.91	38.03
4.	Gunnhildur Björg Baldursdóttir	00 Íþróttabandalag Reykjanesbæjar	1:08.95	496	32.33	36.62
5.	Diljá Rún Ívarsdóttir	02 Íþróttabandalag Reykjanesbæjar	1:09.97	475	32.62	37.35
6.	Steingerður Hauksdóttir	96 Sh	1:10.04	473	31.18	38.86
7.	Brynhildur Traustadóttir	01 Sundfélag Akraness	1:12.40	429	32.94	39.46
8.	Fanney Lind Jóhannsdóttir	02 Sundfélagið Ægir	1:14.57	392	34.42	40.15
9.	Emilía Sól Guðmundsdóttir	02 Sundfélagið Ægir	1:14.67	391	34.19	40.48
10.	Ngozi Jóhanna Eze	03 Sundfélag Akraness	1:21.57	300	34.68	46.89
11.	Nadja Djurovic	07 Umsk	1:29.09	230	42.53	46.56

Sundgrein 124 kvenna, 100m flugsund Opinn
6.10.2018 - 17:13 2. DEILD Úrslitalistar

Stig: FINA 2018

Sæti	F.ár		Tími	Stig	50m	100m
1.	Elín Kata Sigurgeirsdóttir	99 Sundfélagið Óðinn	1:04.10	618	29.92	34.18
2.	Eva Sól Garðarsdóttir	03 Sundfélagið Óðinn	1:10.03	474	32.74	37.29
3.	Regína Lilja Gunnlaugsdóttir	02 Sunddeild Breiðabliks	1:10.66	461	32.83	37.83
4.	Ragnheiður Karlsdóttir	99 Sunddeild Breiðabliks	1:11.58	444	33.39	38.19
5.	Una Hlynisdóttir	02 SH - B	1:16.62	362	34.52	42.10
6.	Diljá Dröfn Jóhannesdóttir	03 SH - B	1:18.54	336	36.13	42.41
7.	Arianna Steinarsdóttir	03 ÍBR - B	1:21.47	301	38.17	43.30
8.	Briet Björk Pálsdóttir	04 Óðinn - B	1:21.78	297	37.25	44.53
9.	Marta Magnúsdóttir	05 ÍBR - B	1:25.54	260	39.75	45.79
10.	Olga María Valdimarsdóttir	05 Óðinn - B	1:37.31	176	44.23	53.08

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Sundgrein 25
6.10.2018 - 17:18

karla, 400m fjórsund

Opinn
Úrslitalistar

Stig: FINA 2018

Sæti			F.ár						Tími	Stig
1.	Róbert Ísak Jónsson		01	Sh					4:45.70	560
	50m:	28.88 28.88	150m:	1:43.89 39.89	250m:	3:00.80 39.09	350m:	4:13.19 33.15		
	100m:	1:04.00 35.12	200m:	2:21.71 37.82	300m:	3:40.04 39.24	400m:	4:45.70 32.51		
2.	Aron Þór Jónsson		02	Sh					4:46.44	555
	50m:	31.84 31.84	150m:	1:45.86 38.08	250m:	3:01.28 37.19	350m:	4:14.12 34.28		
	100m:	1:07.78 35.94	200m:	2:24.09 38.23	300m:	3:39.84 38.56	400m:	4:46.44 32.32		
3.	Björgvin Árni Júlíusson		01	lbr					5:03.57	466
	50m:	31.70 31.70	150m:	1:47.77 38.50	250m:	3:10.43 43.92	350m:	4:29.30 33.51		
	100m:	1:09.27 37.57	200m:	2:26.51 38.74	300m:	3:55.79 45.36	400m:	5:03.57 34.27		
4.	Flosi Ómarsson		03	Íþróttabandalag Reykjanesbæjar					5:09.01	442
	50m:	22.24 22.24	150m:	1:51.70 39.51	250m:	3:13.15 43.89	350m:	4:32.51 34.45		
	100m:	1:12.19 49.95	200m:	2:29.26 37.56	300m:	3:58.06 44.91	400m:	5:09.01 36.50		
5.	Halldór Björn Kristinsson		02	lbr					5:21.92	391
	50m:	32.18 32.18	150m:	1:54.30 42.37	250m:	3:20.67 45.13	350m:	4:44.57 37.25		
	100m:	1:11.93 39.75	200m:	2:35.54 41.24	300m:	4:07.32 46.65	400m:	5:21.92 37.35		
6.	Kári Steinn Kjartansson		03	Sundfélagið Ægir					5:22.59	389
	50m:	34.76 34.76	150m:	1:57.34 39.47	250m:	3:24.80 48.55	350m:	4:49.32 35.85		
	100m:	1:17.87 43.11	200m:	2:36.25 38.91	300m:	4:13.47 48.67	400m:	5:22.59 33.27		
7.	Kristján Magnússon		05	Sundfélag Akraness					5:28.30	369
	50m:	36.10 36.10	150m:	1:59.44 41.54	250m:	3:27.57 45.80	350m:	4:52.48 37.35		
	100m:	1:17.90 41.80	200m:	2:41.77 42.33	300m:	4:15.13 47.56	400m:	5:28.30 35.82		
8.	Guðmundur Karl Karlsson		05	Umsk					5:29.23	365
	50m:	33.80 33.80	150m:	1:55.39 42.15	250m:	3:25.89 48.00	350m:	4:53.38 37.01		
	100m:	1:13.24 39.44	200m:	2:37.89 42.50	300m:	4:16.37 50.48	400m:	5:29.23 35.85		
9.	Daníel Patrick Riley		03	Íþróttabandalag Reykjanesbæjar					5:30.58	361
	50m:	32.36 32.36	150m:	1:56.76 45.69	250m:	3:26.92 45.63	350m:	4:52.63 38.18		
	100m:	1:11.07 38.71	200m:	2:41.29 44.53	300m:	4:14.45 47.53	400m:	5:30.58 37.95		
10.	Sveinn Elí Helgason		04	Sundfélagið Ægir					5:35.44	346
	50m:	35.70 35.70	150m:	2:03.41 42.87	250m:	3:33.61 48.15	350m:	4:59.96 37.14		
	100m:	1:20.54 44.84	200m:	2:45.46 42.05	300m:	4:22.82 49.21	400m:	5:35.44 35.48		
11.	Jón Ingi Halldórsson		04	Umsk					5:41.56	327
	50m:	35.99 35.99	150m:	2:03.78 45.06	250m:	3:37.88 49.79	350m:	5:04.68 37.23		
	100m:	1:18.72 42.73	200m:	2:48.09 44.31	300m:	4:27.45 49.57	400m:	5:41.56 36.88		
12.	Alex Benjamín Bjarnason		04	Sundfélag Akraness					6:19.95	238
	50m:	38.38 38.38	150m:	2:15.72 50.83	250m:	3:58.59 53.97	350m:	5:37.24 43.16		
	100m:	1:24.89 46.51	200m:	3:04.62 48.90	300m:	4:54.08 55.49	400m:	6:19.95 42.71		

Sundgrein 125
6.10.2018 - 17:32

karla, 400m fjórsund
2. DEILD

Opinn
Úrslitalistar

Stig: FINA 2018

Sæti			F.ár						Tími	Stig
1.	Patrik Viggó Vilbergsson		02	Sunddeild Breiðabliks					4:38.76	602
	50m:	28.75 28.75	150m:	1:37.80 35.83	250m:	2:53.75 40.77	350m:	4:07.53 32.61		
	100m:	1:01.97 33.22	200m:	2:12.98 35.18	300m:	3:34.92 41.17	400m:	4:38.76 31.23		
2.	Hallgrímur Kjartansson		98	Sunddeild Breiðabliks					4:48.02	546
	50m:	31.51 31.51	150m:	1:45.04 38.19	250m:	3:01.99 39.29	350m:	4:15.45 32.52		
	100m:	1:06.85 35.34	200m:	2:22.70 37.66	300m:	3:42.93 40.94	400m:	4:48.02 32.57		
3.	Baldur Logi Gautason		00	Sundfélagið Óðinn					5:06.97	451
	50m:	31.01 31.01	150m:	1:50.65 41.65	250m:	3:14.06 42.88	350m:	4:33.15 35.91		
	100m:	1:09.00 37.99	200m:	2:31.18 40.53	300m:	3:57.24 43.18	400m:	5:06.97 33.82		

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Sundgrein 125, karla, 400m fjórsund, Opinn

Sæti			F.ár							Tími	Stig
4.	Hringur Birgir Kristinsson		04	ÍBR - B						5:17.01	409
	50m:	33.79 33.79	150m:	1:55.53	41.11	250m:	3:19.83	44.28	350m:	4:41.22	36.56
	100m:	1:14.42 40.63	200m:	2:35.55	40.02	300m:	4:04.66	44.83	400m:	5:17.01	35.79
5.	Veigar Hrafn Sigbórsson		05	SH - B						5:25.53	378
	50m:	32.64 32.64	150m:	1:52.91	41.50	250m:	3:22.12	49.37	350m:	4:49.26	37.21
	100m:	1:11.41 38.77	200m:	2:32.75	39.84	300m:	4:12.05	49.93	400m:	5:25.53	36.27
6.	Hilmir Snær Lunddal Rúnarsson		03	SH - B						5:31.30	359
	50m:	33.44 33.44	150m:	1:55.62	41.97	250m:	3:25.02	46.96	350m:	4:53.61	38.78
	100m:	1:13.65 40.21	200m:	2:38.06	42.44	300m:	4:14.83	49.81	400m:	5:31.30	37.69
7.	Halldór Óskar Eiríksson		02	ÍBR - B						5:53.84	294
	50m:	36.41 36.41	150m:	2:08.39	48.58	250m:	3:48.19	52.97	350m:	5:18.12	36.81
	100m:	1:19.81 43.40	200m:	2:55.22	46.83	300m:	4:41.31	53.12	400m:	5:53.84	35.72
8.	Kristófer Óli Birkisson		04	Sundfélagið Óðinn						6:00.04	279
	50m:	37.37 37.37	150m:	2:09.80	47.94	250m:	3:48.37	51.70	350m:	5:21.02	39.65
	100m:	1:21.86 44.49	200m:	2:56.67	46.87	300m:	4:41.37	53.00	400m:	6:00.04	39.02

Sundgrein 26
6.10.2018 - 17:46

kvenna, 400m fjórsund

Opinn
Úrslitalistar

Stig: FINA 2018

Sæti			F.ár							Tími	Stig
1.	María Fanney Kristjánsdóttir		00	Sh						5:04.12	617
	50m:	32.29 32.29	150m:	1:50.27	40.77	250m:	3:11.52	42.02	350m:	4:29.67	35.09
	100m:	1:09.50 37.21	200m:	2:29.50	39.23	300m:	3:54.58	43.06	400m:	5:04.12	34.45
2.	Eva Margrét Falsdóttir		05	Íþróttabandalag Reykjanesbæjar						5:17.58	542
	50m:	35.45 35.45	150m:	1:56.52	42.09	250m:	3:20.86	43.46	350m:	4:42.49	37.72
	100m:	1:14.43 38.98	200m:	2:37.40	40.88	300m:	4:04.77	43.91	400m:	5:17.58	35.09
3.	Thelma Lind Einarsdóttir		05	Íþróttabandalag Reykjanesbæjar						5:32.11	473
	50m:	36.66 36.66	150m:	2:03.86	43.92	250m:	3:31.99	45.72	350m:	4:55.54	37.83
	100m:	1:19.94 43.28	200m:	2:46.27	42.41	300m:	4:17.71	45.72	400m:	5:32.11	36.57
4.	Kristín Ylfa Guðmundsdóttir		02	Sh						5:38.64	447
	50m:	33.73 33.73	150m:	1:58.25	45.59	250m:	3:30.49	47.34	350m:	4:59.32	40.34
	100m:	1:12.66 38.93	200m:	2:43.15	44.90	300m:	4:18.98	48.49	400m:	5:38.64	39.32
5.	Ásgerður Jing Laufeyjardóttir		02	Sundfélag Akraness						5:45.14	422
	50m:	35.99 35.99	150m:	2:02.31	42.26	250m:	3:34.30	49.42	350m:	5:04.83	40.38
	100m:	1:20.05 44.06	200m:	2:44.88	42.57	300m:	4:24.45	50.15	400m:	5:45.14	40.31
6.	Svava Björg Lárusdóttir		03	lbr						5:48.57	409
	50m:	34.52 34.52	150m:	2:05.95	45.46	250m:	3:38.97	48.91	350m:	5:08.57	38.86
	100m:	1:20.49 45.97	200m:	2:50.06	44.11	300m:	4:29.71	50.74	400m:	5:48.57	40.00
7.	Guðrún Lilja Kristmannsdóttir		04	lbr						5:54.50	389
	50m:	38.47 38.47	150m:	2:11.94	45.97	250m:	3:46.85	49.29	350m:	5:16.05	39.19
	100m:	1:25.97 47.50	200m:	2:57.56	45.62	300m:	4:36.86	50.01	400m:	5:54.50	38.45
8.	Emma Kolbrún Garðarsdóttir		04	Sundfélagið Ægir						6:37.58	276
	50m:	44.69 44.69	150m:	2:31.58	52.23	250m:	4:16.17	53.97	350m:	5:56.03	44.82
	100m:	1:39.35 54.66	200m:	3:22.20	50.62	300m:	5:11.21	55.04	400m:	6:37.58	41.55
ÓG.	Guðbjörg Bjartey Guðmundsdóttir		05	Sundfélag Akraness							
	<i>D6 - The turning action wasn't executed continuously acc. to the rules (SW 6.4)</i>										
ÓG.	Hulda Þorkeldsdóttir		06	Sundfélagið Ægir							
	<i>D6 - The turning action wasn't executed continuously acc. to the rules (SW 6.4)</i>										

Bikarkeppni SSÍ 2018
Kópavogur, 5. - 6.10.2018

Sundgrein 126
6.10.2018 - 18:00

kvenna, 400m fjórsund
2. DEILD

Opinn
Úrslitalistar

Stig: FINA 2018

Sæti	F.ár	Stig	Tími	Stig
1. Ragna Sigríður Ragnarsdóttir	01 Sunddeild Breiðabliks	5:07.18	598	
50m: 34.68 34.68 150m: 1:54.75 39.44 250m: 3:16.37 43.40 350m: 4:34.77 34.34				
100m: 1:15.31 40.63 200m: 2:32.97 38.22 300m: 4:00.43 44.06 400m: 5:07.18 32.41				
2. Sandra Dögg Kristjánsdóttir	03 SH - B	5:32.06	474	
50m: 35.68 35.68 150m: 2:00.93 42.83 250m: 3:29.83 47.61 350m: 4:56.82 38.35				
100m: 1:18.10 42.42 200m: 2:42.22 41.29 300m: 4:18.47 48.64 400m: 5:32.06 35.24				
3. Alexandra Tómasdóttir	01 Sundfélagið Óðinn	5:32.15	473	
50m: 35.42 35.42 150m: 1:58.89 42.20 250m: 3:28.96 48.14 350m: 4:57.07 38.92				
100m: 1:16.69 41.27 200m: 2:40.82 41.93 300m: 4:18.15 49.19 400m: 5:32.15 35.08				
4. Sara Rut Sigurðardóttir	03 SH - B	5:33.48	468	
50m: 35.24 35.24 150m: 1:55.93 39.51 250m: 3:29.41 46.02 350m: 4:55.85 39.31				
100m: 1:16.42 41.18 200m: 2:43.39 47.46 300m: 4:16.54 47.13 400m: 5:33.48 37.63				
5. Rebekka Sif Ómarsdóttir	03 Sundfélagið Óðinn	5:35.45	459	
50m: 35.57 35.57 150m: 2:01.92 44.27 250m: 3:33.67 48.42 350m: 4:59.45 37.37				
100m: 1:17.65 42.08 200m: 2:45.25 43.33 300m: 4:22.08 48.41 400m: 5:35.45 36.00				
6. Regína Lilja Gunnlaugsdóttir	02 Sunddeild Breiðabliks	5:43.17	429	
50m: 35.38 35.38 150m: 2:02.21 46.29 250m: 3:37.71 51.83 350m: 5:07.48 37.22				
100m: 1:15.92 40.54 200m: 2:45.88 43.67 300m: 4:30.26 52.55 400m: 5:43.17 35.69				
7. Elín Eir Andersen	04 ÍBR - B	6:07.13	350	
50m: 44.76 44.76 150m: 2:24.44 46.90 250m: 4:00.92 50.29 350m: 5:29.58 38.48				
100m: 1:37.54 52.78 200m: 3:10.63 46.19 300m: 4:51.10 50.18 400m: 6:07.13 37.55				
8. Svanhildur M. Valdimarsdóttir	03 Óðinn - B	6:09.67	343	
50m: 42.11 42.11 150m: 2:23.14 48.97 250m: 4:00.72 50.16 350m: 5:31.26 40.48				
100m: 1:34.17 52.06 200m: 3:10.56 47.42 300m: 4:50.78 50.06 400m: 6:09.67 38.41				
9. Bríet Natalía Tómasdóttir	04 ÍBR - B	6:17.18	323	
50m: 42.16 42.16 150m: 2:21.53 50.70 250m: 3:59.06 48.65 350m: 5:34.28 43.90				
100m: 1:30.83 48.67 200m: 3:10.41 48.88 300m: 4:50.38 51.32 400m: 6:17.18 42.90				
10. Kolbrún Ósk Vilhjálmsdóttir	06 Óðinn - B	6:50.44	251	
50m: 42.72 42.72 150m: 2:30.15 54.08 250m: 4:20.73 58.56 350m: 6:06.73 46.00				
100m: 1:36.07 53.35 200m: 3:22.17 52.02 300m: 5:20.73 1:00.00 400m: 6:50.44 43.71				

Sundgrein 27
6.10.2018 - 18:25

karla, 4 x 100m skriðsund

Opinn
Úrslitalistar

Stig: FINA 2018

Sæti	Tími	Stig
1. Sh 1	Sh	3:29.67 668
Ólafur Árdal Sigurðsson +0,62 26.13 54.65 Kolbeinn Hrafnkelsson +0,18 24.59 52.03		
Anton Sveinn McKee +0,27 24.86 52.07 Predrag Milos +0,45 24.31 50.92		
2. lbr 1	lbr	3:41.76 564
Bjartur Þórhallsson +0,63 27.53 57.71 Björgvin Árni Júlíusson +0,34 26.06 55.79		
Tómas Magnússon +0,19 26.79 57.02 Kristinn Þórarinnsson +0,32 24.13 51.24		
3. Sundfélag Akraness 1	Sundfélag Akraness	3:57.31 460
Snær Llorens Sigurðsson +0,73 28.39 59.76 Kristján Magnússon +0,36 29.59 1:02.83		
Sindri Andreas Bjarnason +0,19 26.79 56.59 Sævar Berg Sigurðsson +0,46 27.40 58.13		
4. Íþróttabandalag Reykjanesbæjar 1	Íþróttabandalag Reykjanesbæjar	4:02.27 433
Fannar Snævar Hauksson +0,76 26.86 57.11 Flosi Ómarsson +0,70 28.36 1:01.51		
Aron Fannar Kristínarson +0,63 27.65 58.85 Stefán Elías Davíðsson +0,44 29.99 1:04.80		
5. Umsk 1	Umsk	4:05.94 413
Guðmundur Karl Karlsson +0,65 29.21 1:01.52 Andri Bergmann Ísaksen +0,29 29.83 1:03.68		
Gústav Ragnar Kristjánsson +0,43 29.04 1:02.10 Aron Valgeirsson +0,48 28.44 58.64		

Bikarkeppni SSÍ 2018
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Sundgrein 27, karla, 4 x 100m skriðsund, Opinn

Sæti						Tími	Stig
6.	Sundfélagið Ægir 1			Sundfélagið Ægir		4:06.79	409
	Skúli Thor Ásgeirsson	+0,73	28.27	Teitur Þór Ólafsson	+0,73	30.11	1:02.93
	Ólafur Breki Guðnason	+0,27	29.81	Sveinn Elí Helgason	+0,36	28.80	1:00.83

Sundgrein 127

6.10.2018 - 18:30

karla, 4 x 100m skriðsund
2. DEILD

Opinn
Úrslitalistar

Stig: FINA 2018

Sæti						Tími	Stig
1.	Sunddeild Breiðabliks 1			Sunddeild Breiðabliks		3:41.30	568
	Davíð Fannar Ragnarsson	+0,79	26.70	Patrik Viggó Vilbergsson	+0,44	26.37	54.47
	Huginn Hilmarsson	+0,27	26.10	Róbert Andri Pálmason	+0,09	26.31	56.28
2.	SH - B 1			SH - B		3:51.43	496
	Birnir Freyr Hálfánarsson	+0,65	27.54	Aron Bjarki Jónsson	+0,56	27.00	56.41
	Simon Elías Statkevícus	+0,03	28.10	Kári Sölvi Nielsen	+0,50	27.81	57.86
3.	ÍBR - B 1			ÍBR - B		3:58.02	456
	Ingvar Orri Jóhannesson	+0,64	27.46	Víkar Máni Þórsson	+0,23	26.82	58.82
	Runólfur Þorláksson	+0,44	28.43	Úlfur Páll Andrason	+0,48	28.34	1:00.87
4.	Sundfélagið Óðinn 1			Sundfélagið Óðinn		4:01.99	434
	Baldur Logi Gautason	+0,70	28.31	Hákon Alexander Magnússon	+0,53	27.93	59.64
	Ásgrímur Þór Kjartansson	+0,74	29.15	Víktor Emil Sigtryggsson	+0,29	29.72	1:03.77

Sundgrein 28

6.10.2018 - 18:35

kvenna, 4 x 100m skriðsund

Opinn
Úrslitalistar

Stig: FINA 2018

Sæti						Tími	Stig
1.	Sh 1			Sh		4:00.42	633
	Katarína Róbertsdóttir	+0,73	28.31	María Fanney Kristjánsdóttir	+0,24	29.36	1:01.61
	Steingerður Hauksdóttir	+0,48	28.68	Jóhanna Elín Guðmundsdóttir	+0,41	27.49	58.85
2.	Íþróttabandalag Reykjanesbæjar 1			Íþróttabandalag Reykjanesbæjar		4:06.36	589
	Stefanía Sigurþórsdóttir	+0,75	29.28	Birna Hilmarsdóttir	+0,53	29.87	1:02.14
	Eydís Ósk Kolbeinsdóttir	+0,48	29.28	Sylwia Sienkiewicz	+0,25	29.59	1:02.81
3.	Ibr 1			Ibr		4:09.70	565
	Ásta Kristín Jónsdóttir	+0,78	25.67	Ingibjörg Erla Garðarsdóttir	+0,50	28.55	1:05.19
	Halla Margrét Baldursdóttir	+0,49	30.24	Inga Elin Cryer	+0,33	28.90	1:00.61
4.	Sundfélag Akraness 1			Sundfélag Akraness		4:23.06	483
	Ragnheiður Karen Ólafsdóttir	+0,85	31.79	Ásgerður Jing Laufeyjardóttir	+0,50	30.56	1:04.53
	Ngozi Jóhanna Eze	+0,49	31.45	Brynildur Traustadóttir	+0,17	30.79	1:04.04
5.	Sundfélagið Ægir 1			Sundfélagið Ægir		4:29.39	450
	Elísa Björnsdóttir	+0,88	33.57	Fanney Lind Jóhannsdóttir	+0,24	30.45	1:03.66
	Angelina Anna Zogaj	+0,26	34.47	Emilía Sól Guðmundsdóttir	+0,12	29.98	1:03.51
6.	Umsk 1			Umsk		5:09.65	296
	Ragnheiður Milla Bergsveinsdóttir	+0,71	37.14	Þórunn María Hilmarsdóttir	+0,32	38.17	1:21.81
	Karen Ósk Gísladóttir	+0,53	36.89	Nadja Djurovic	+0,57	34.62	1:10.88

Bikarkeppni SSÍ 2018
Kópavogur, 5. - 6.10.2018

Sundgrein 128
6.10.2018 - 18:40

kvenna, 4 x 100m skriðsund
2. DEILD

Opinn
Úrslitalistar

Stig: FINA 2018

Sæti					Tími	Stig
1.	Sunddeild Breiðabliks 1			Sunddeild Breiðabliks	4:00.76	631
	Kristín Helga Hákonardóttir	+0,80	28.53	Regína Lilja Gunnlaugsdóttir	+0,39	29.92
	Guðný Birna Sigurðardóttir	+0,59	28.72	Ragna Sigríður Ragnarsdóttir	+0,39	28.23
2.	Sundfélagið Óðinn 1			Sundfélagið Óðinn	4:10.14	562
	Elín Kata Sigurgeirsdóttir	+0,68	21.97	Pura Snorradóttir	+0,28	29.40
	Alexandra Tómasdóttir	+0,57	31.15	Rebekka Sif Ómarsdóttir	+0,41	29.56
3.	SH - B 1			SH - B	4:19.60	503
	Aþena Jónsdóttir	+0,79	30.29	Briët Dalla Gunnarsdóttir	+0,21	30.92
	Sandra Dögg Kristjánsdóttir	+0,22	31.31	Ylfa Finnbogadóttir	+0,47	31.78
4.	ÍBR - B 1			ÍBR - B	4:30.66	444
	Helena Rún Gylfadóttir	+0,68	31.13	Arianna Steinarsdóttir	+0,42	31.97
	Sif Grímsdóttir	+0,40	33.51	Jóhanna Alba Martel	+0,51	32.33
5.	Óðinn - B 1			Óðinn - B	4:32.79	433
	Katrín Eva Jóhannesdóttir	+0,79	32.17	Svanhildur M. Valdimarsdóttir	+0,20	32.48
	Briët Björk Pálsdóttir	+0,74	32.86	Embla Karen Sævarsdóttir	+0,58	31.85

4 - Aukasund 1. hluti

5.10.2018

Sundgrein 1002
5.10.2018

kvenna, 200m fjórsund
1. DEILD

Opinn
Úrslitalistar

Stig: FINA 2018

Sæti	F.ár		Tími	Stig	50m	100m	150m	200m	
1.	Íris Raket Aðalsteinsdóttir	05	Sundfélag Akraness	3:27.40	202	46.21	55.46	57.36	48.37

Sundgrein 1008
5.10.2018

kvenna, 400m skriðsund
2. DEILD

Opinn
Úrslitalistar

Stig: FINA 2018

Sæti	F.ár		Tími	Stig								
1.	Hrefna María Heiðarsdóttir	05	Umsk	6:13.93								
	50m:	40.10	40.10	150m:	2:13.97	47.88	250m:	3:50.51	48.13	350m:	5:26.44	48.22
	100m:	1:26.09	45.99	200m:	3:02.38	48.41	300m:	4:38.22	47.71	400m:	6:13.93	47.49

Sundgrein 1110
5.10.2018

kvenna, 4 x 100m fjórsund
2. DEILD

Opinn
Úrslitalistar

Stig: FINA 2018

Sæti					Tími	Stig
1.	SH - B 1			SH - B	5:06.26	397
	Diljá Dröfn Jóhannesdóttir	+0,74	37.01	Dagbjörg Hlíf Ólafsdóttir	+0,68	37.32
	Katja Lilja Andriysoóttir	+0,53	39.73	Ylfa Finnbogadóttir	+0,17	30.38

Bikarkeppni SSÍ 2018
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5 - Aukasund 2. hluti

6.10.2018

Sundgrein 1011
6.10.2018

karla, 200m flugsund
1. DEILD

Opinn
Úrslitalistar

Stig: FINA 2018

Sæti	F.ár	Tími	Stig	50m	100m	150m	200m
ÓG.	Alexander Logi Jónsson	04	Íþróttabandalag Reykjanesbæjar				
<i>P2 - Movements of arms forward over or backward under the water wasn't simultaneously, acc. SW 8.5 (SW 8.2)</i>							

Sundgrein 1017
6.10.2018

karla, 1500m skriðsund
1. DEILD

Opinn
Úrslitalistar

Stig: FINA 2018

Sæti	F.ár	Tími	Stig		
1.	Logi Freyr Arnarsson	03	lbr	18:34.84	440
	100m:	500m:	900m:	1300m:	
	200m:	600m:	1000m:	1400m:	
	300m:	700m:	1100m:	1500m:	18:34.84
	400m:	800m:	1200m:		

Sundgrein 1111
6.10.2018

karla, 200m flugsund
2. DEILD

Opinn
Úrslitalistar

Stig: FINA 2018

Sæti	F.ár	Tími	Stig	50m	100m	150m	200m
1.	Ýmir Chatenay Sölvason	06	ÍBR - B	3:11.11	183	42.48	

6 - Aukasund 3. hluti

6.10.2018

Sundgrein 1021
6.10.2018

karla, 200m bringusund
1. DEILD

Opinn
Úrslitalistar

Stig: FINA 2018

Sæti	F.ár	Tími	Stig	50m	100m	150m	200m
1.	Daníel Steinn Davíðsson	03	Umsk	2:51.56	345		