

Bikarkeppni SSÍ 2015 - 2. deild  
Reykjavík, 20. - 21.11.2015

Sundgrein 1 karla, 200m fjórsund Opinn  
20.11.2015 - 16:30 Úrslitalistar

Stig: FINA 2015

Sæti	F.ár		Tími	Stig	50m	100m	150m	200m
1.	Þorbjörn Andrason	01 Reykjavík	<b>2:39.50</b>	324	35.06	41.68	45.36	37.40
2.	Skúli Thor Ásgeirsson	02 Sundfélagið Ægir	<b>2:49.32</b>	271	40.97	44.64	46.48	37.23
3.	Daði Björnsson	04 Sh	<b>2:49.78</b>	269	40.10	43.71	48.57	37.40
4.	Atli Gauti Ákason	01 Reykjavík	<b>2:57.45</b>	235	37.53	48.08	51.80	40.04
5.	Kornel Pawel	03 Sundfélagið Ægir	<b>3:04.02</b>	211	41.92	46.03	54.24	41.83
6.	Andri Stefánsson	04 Sh	<b>3:10.13</b>	191	40.61	48.01	55.90	45.61

Sundgrein 2 kvenna, 200m fjórsund Opinn  
20.11.2015 - 16:34 Úrslitalistar

Stig: FINA 2015

Sæti	F.ár		Tími	Stig	50m	100m	150m	200m
1.	Júlía Helga Högnadóttir	02 Sundfélagið Ægir	<b>2:43.95</b>	410	35.68	41.33	48.77	38.17
2.	Ylfa Finnbogadóttir	02 Sh	<b>2:45.70</b>	397	36.96	41.67	49.72	37.35
3.	Ágústa Bergrós Jakobsdóttir	02 Reykjavík	<b>2:47.30</b>	386	37.02	42.58	48.84	38.86
4.	Jóna Halla Egilsdóttir	99 Íþróttabandalag Reykjaness	<b>2:47.57</b>	384	36.01	40.50	51.47	39.59
5.	Heiður Kristín Sigurgeirsdóttir	01 Reykjavík	<b>2:50.32</b>	366	38.25	43.54	51.06	37.47
6.	Guðný Birna Falsdóttir	03 Íþróttabandalag Reykjaness	<b>2:50.50</b>	365	40.92	43.40	46.78	39.40
7.	Þórdís Anita Björnsdóttir	02 Sh	<b>2:50.51</b>	365	37.57	43.90	52.05	36.99
8.	Rebekka Lind Ragnarsdóttir	01 UMFB - Vestri	<b>3:29.51</b>	196	51.32	54.72	59.15	44.32

Sundgrein 3 karla, 100m skriðsund Opinn  
20.11.2015 - 16:42 Úrslitalistar

Stig: FINA 2015

Sæti	F.ár		Tími	Stig	50m	100m
1.	Jón Klausen	00 Reykjavík	<b>1:02.26</b>	376	30.65	31.61
2.	Hafsteinn Hákonarson	00 Reykjavík	<b>1:03.27</b>	358	30.59	32.68
3.	Jónas Atli Pálsson	03 Sh	<b>1:11.98</b>	243	33.57	38.41
4.	Daníel Ingi Egilsson	00 Sh	<b>1:12.19</b>	241	34.59	37.60
5.	Ólafur Breki Guðnason	03 Sundfélagið Ægir	<b>1:13.08</b>	232	34.91	38.17
6.	Einar Atli Guðnason	03 Sundfélagið Ægir	<b>1:16.00</b>	206	35.76	40.24

Sundgrein 4 kvenna, 100m skriðsund Opinn  
20.11.2015 - 16:44 Úrslitalistar

Stig: FINA 2015

Sæti	F.ár		Tími	Stig	50m	100m
1.	Bjarnís Sól Helenudóttir	00 Íþróttabandalag Reykjanessbæjar	<b>1:02.58</b>	541	29.72	32.86
2.	Jóhanna Elín Guðmundsdóttir	01 Sh	<b>1:02.91</b>	533	29.86	33.05
3.	Klaudia Malesa	01 Íþróttabandalag Reykjanessbæjar	<b>1:04.88</b>	485	31.14	33.74
4.	Emilía Íris Brown	00 Sh	<b>1:07.42</b>	433	31.88	35.54
5.	Berghildur Ýr Axelsdóttir	01 Reykjavík	<b>1:10.05</b>	386	32.91	37.14
6.	Svava Björg Lárusdóttir	03 Reykjavík	<b>1:10.24</b>	383	33.42	36.82
7.	Jónína Arndís Guðjónsdóttir	02 UMFB - Vestri	<b>1:15.65</b>	306	35.13	40.52

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Sundgrein 5 karla, 100m baksund Opinn  
20.11.2015 - 16:49 Úrslitalistar

Stig: FINA 2015

Sæti	F.ár		Tími	Stig	50m	100m
1.	01	Reykjavík	<b>1:10.07</b>	340	33.86	36.21
2.	02	Reykjavík	<b>1:20.50</b>	224	37.85	42.65
3.	04	Sundfélagið Ægir	<b>1:23.32</b>	202	40.12	43.20
4.	03	Sundfélagið Ægir	<b>1:27.16</b>	177	42.26	44.90
5.	02	Sh	<b>1:28.92</b>	166	43.02	45.90
6.	03	Sh	<b>1:30.83</b>	156	43.11	47.72

Sundgrein 6 kvenna, 100m baksund Opinn  
20.11.2015 - 16:52 Úrslitalistar

Stig: FINA 2015

Sæti	F.ár		Tími	Stig	50m	100m
1.	02	Sundfélagið Ægir	<b>1:15.61</b>	385	36.97	38.64
2.	00	Íþróttabandalag Reykjanesbæjar	<b>1:17.17</b>	362	36.56	40.61
3.	03	Reykjavík	<b>1:18.96</b>	338	37.46	41.50
4.	02	Reykjavík	<b>1:19.09</b>	336	37.52	41.57
5.	04	Íþróttabandalag Reykjanesbæjar	<b>1:19.10</b>	336	37.70	41.40
6.	01	Sh	<b>1:20.98</b>	313	37.36	43.62
7.	03	Sh	<b>1:26.20</b>	260	40.29	45.91
8.	02	UMFB - Vestri	<b>1:40.92</b>	162	47.02	53.90

Sundgrein 7 karla, 400m skriðsund Opinn  
20.11.2015 - 16:56 Úrslitalistar

Stig: FINA 2015

Sæti	F.ár		Tími	Stig
1.	00	Sundfélagið Ægir	<b>4:19.98</b>	544
		50m: 28.00 28.00 150m: 1:32.55 32.78 250m: 2:40.20 33.89 350m: 3:47.51 33.21		
		100m: 59.77 31.77 200m: 2:06.31 33.76 300m: 3:14.30 34.10 400m: 4:19.98 32.47		
2.	01	Sh	<b>4:36.72</b>	451
		50m: 30.49 30.49 150m: 1:39.67 34.99 250m: 2:50.88 35.75 350m: 4:01.88 35.54		
		100m: 1:04.68 34.19 200m: 2:15.13 35.46 300m: 3:26.34 35.46 400m: 4:36.72 34.84		
3.	02	Sundfélagið Ægir	<b>4:48.93</b>	396
		50m: 31.83 31.83 150m: 1:43.79 36.43 250m: 2:58.27 37.34 350m: 4:13.09 37.43		
		100m: 1:07.36 35.53 200m: 2:20.93 37.14 300m: 3:35.66 37.39 400m: 4:48.93 35.84		
4.	01	Sh	<b>4:50.10</b>	391
		50m: 30.75 30.75 150m: 1:43.88 37.26 250m: 2:58.93 37.72 350m: 4:13.99 37.12		
		100m: 1:06.62 35.87 200m: 2:21.21 37.33 300m: 3:36.87 37.94 400m: 4:50.10 36.11		
5.	98	Reykjavík	<b>4:59.08</b>	357
		50m: 32.29 32.29 150m: 1:48.05 38.44 250m: 3:05.32 38.52 350m: 4:21.81 38.61		
		100m: 1:09.61 37.32 200m: 2:26.80 38.75 300m: 3:43.20 37.88 400m: 4:59.08 37.27		
6.	02	Reykjavík	<b>5:12.78</b>	312
		50m: 34.49 34.49 150m: 1:52.40 39.31 250m: 3:14.81 41.48 350m: 4:34.56 39.61		
		100m: 1:13.09 38.60 200m: 2:33.33 40.93 300m: 3:54.95 40.14 400m: 5:12.78 38.22		

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Sundgrein 8  
20.11.2015 - 17:03

kvenna, 400m skriðsund

Opinn  
Úrslitalistar

Stig: FINA 2015

Sæti	F.ár								Tími	Stig		
1.	02 Íþróttabandalag Reykjanesbæjar								<b>4:54.23</b>	506		
	50m:	33.85	33.85	150m:	1:49.21	37.76	250m:	3:03.61	37.09	350m:	4:19.55	37.82
	100m:	1:11.45	37.60	200m:	2:26.52	37.31	300m:	3:41.73	38.12	400m:	4:54.23	34.68
2.	03 Sh								<b>5:03.70</b>	460		
	50m:	33.20	33.20	150m:	1:48.99	38.49	250m:	3:06.78	39.22	350m:	4:25.75	39.43
	100m:	1:10.50	37.30	200m:	2:27.56	38.57	300m:	3:46.32	39.54	400m:	5:03.70	37.95
3.	02 Sh								<b>5:05.49</b>	452		
	50m:	34.05	34.05	150m:	1:50.35	38.63	250m:	3:08.45	38.90	350m:	4:25.52	38.00
	100m:	1:11.72	37.67	200m:	2:29.55	39.20	300m:	3:47.52	39.07	400m:	5:05.49	39.97
4.	00 Reykjavík								<b>5:08.28</b>	440		
	50m:	34.01	34.01	150m:	1:50.31	38.50	250m:	3:09.35	39.79	350m:	4:28.74	39.71
	100m:	1:11.81	37.80	200m:	2:29.56	39.25	300m:	3:49.03	39.68	400m:	5:08.28	39.54
5.	00 Reykjavík								<b>5:17.91</b>	401		
	50m:	35.05	35.05	150m:	1:51.90	39.02	250m:	3:12.85	40.84	350m:	4:36.05	42.18
	100m:	1:12.88	37.83	200m:	2:32.01	40.11	300m:	3:53.87	41.02	400m:	5:17.91	41.86
6.	03 Íþróttabandalag Reykjanesbæjar								<b>5:21.11</b>	389		
	50m:	36.92	36.92	150m:	1:57.95	40.80	250m:	3:20.10	41.10	350m:	4:42.41	41.02
	100m:	1:17.15	40.23	200m:	2:39.00	41.05	300m:	4:01.39	41.29	400m:	5:21.11	38.70
7.	01 UMFB - Vestri								<b>6:14.26</b>	246		
	50m:	44.17	44.17	150m:	2:17.95	48.09	250m:	3:55.15	48.46	350m:	5:32.79	49.72
	100m:	1:29.86	45.69	200m:	3:06.69	48.74	300m:	4:43.07	47.92	400m:	6:14.26	41.47

Sundgrein 9  
20.11.2015 - 17:20

karla, 4 x 100m fjórsund

Opinn  
Úrslitalistar

Stig: FINA 2015

Sæti									Tími	Stig
1.	Reykjavík								<b>4:47.05</b>	333
	Benedikt Frank Pálmason	+0,84	34.63	1:10.98	Jón Klausen	+0,60	32.22	1:10.06		
	Þorbjörn Andrason	+0,41	37.64	1:21.99	Hafsteinn Hákonarson	+0,50	31.03	1:04.02		
2.	Sh								<b>5:05.40</b>	277
	Jón Tumi Dagsson	+0,80	36.06	1:13.00	Róbert Jónsson	+0,74	32.37	1:10.92		
	Daði Björnsson	+0,42	42.00	1:29.03	Jónas Atli Pálsson	+0,49	34.17	1:12.45		
3.	Sundfélagið Ægir 1								<b>5:34.92</b>	210
	Halldór Björn Kristinsson	+0,76	37.24	1:17.37	Teitur Þór Ólafsson	+0,38	41.06	1:30.47		
	Skúli Thor Ásgeirsson	+0,48	41.36	1:27.71	Kornel Pawel	+0,55	37.34	1:19.37		

Sundgrein 10  
20.11.2015 - 17:25

kvenna, 4 x 100m fjórsund

Opinn  
Úrslitalistar

Stig: FINA 2015

Sæti									Tími	Stig
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Bikarkeppni SSÍ 2015 - 2. deild  
Reykjavík, 20. - 21.11.2015

Sundgrein 10, kvenna, 4 x 100m fjórsund

1.	Íþróttabandalag Reykjanesbæjar 1			Íþróttabandalag Reykjanesbæjar		<b>4:58.43</b>	431	
	Sandra Ósk Elíasdóttir	+0,67	36.27	1:16.17	Klaudia Malesa	+0,73	34.23	1:12.99
	Steinunn Rúna Ragnarsdóttir	+0,24	37.32	1:21.17	Birna Hilmarsdóttir	+0,62	32.72	1:08.10
2.	Sh 1			Sh		<b>5:11.25</b>	380	
	Ylfa Finnbogadóttir	+0,76	38.85	1:19.37	Þorgerður Ósk Jónsdóttir	+0,61	36.15	1:20.31
	Jóhanna Elín Guðmundsdóttir	+0,46	39.12	1:24.97	Emilía Íris Brown	+0,07	31.16	1:06.60
3.	Reykjavík 1			Reykjavík		<b>5:19.67</b>	351	
	Una Margrét Reynisdóttir	+0,72	38.01	1:18.57	Ágústa Bergrós Jakobsdóttir	+0,21	37.92	1:24.54
	Kristína Bragadóttir	+0,30	40.70	1:28.84	Heiður Kristín Sigurgeirsdóttir	+0,30	31.92	1:07.72
4.	UMFB - Vestri 1			UMFB - Vestri		<b>6:15.11</b>	217	
	Karólína Mist Stefánsdóttir	+0,79	50.19	1:46.43	Vala Karítas Guðbjartsdóttir	+0,57	50.74	1:55.13
	Jónína Arndís Guðjónsdóttir	+0,40	41.78	1:30.88	Guðný Birna Sigurðardóttir	+0,15	29.52	1:02.67