

## AMÍ LÁGMÖRK 2023

### KARLAFLOKKUR - aldur miðast við almanaksár (31. desember)

15 ára (2008)	25m braut	50m braut	16,66m braut
200m skriðsund	02:33,92	02:36,99	02:30,84
200m fjórsund	02:57,52	03:01,07	02:53,97
14 ára (2009)	25m braut	50m braut	16,66m braut
200m skriðsund	02:43,26	02:46,52	02:39,99
200m fjórsund	03:09,35	03:13,13	03:05,56
13 ára (2010)	25m braut	50m braut	16,66m braut
200m skriðsund	02:55,30	02:58,81	02:51,80
100m fjórsund	01:35,70		
12 ára (2011)	25m braut	50m braut	16,66m braut
200m skriðsund	03:12,38	03:16,23	03:08,54
100m fjórsund	01:42,96		
11 ára & yngri (2012)	25m braut	50m braut	16,66m braut
100m skriðsund	01:37,63	01:39,58	01:35,68
100m fjórsund	01:52,59		

### KVENNAFLOKKUR - aldur miðast við almanaksár (31. desember)

14 ára (2009)	25m braut	50m braut	16,66m braut
200m skriðsund	02:45,93	02:49,25	02:42,61
200m fjórsund	03:09,98	03:13,78	03:06,18
13 ára (2010)	25m braut	50m braut	16,66m braut
200m skriðsund	02:54,60	02:58,10	02:51,11
200m fjórsund	03:19,07	03:23,05	03:15,09
12 ára (2011)	25m braut	50m braut	16,66m braut
200m skriðsund	03:07,32	03:11,07	03:03,58
100m fjórsund	01:39,12		
11 ára (2012)	25m braut	50m braut	16,66m braut
200m skriðsund	03:26,72	03:30,85	03:22,59
100m fjórsund	01:50,04		
10 ára & yngri (2013)	25m braut	50m braut	16,66m braut
100m skriðsund	01:48,54	01:50,71	01:46,37
100m fjórsund	02:04,54		