

# Competition report

#### **Basic Information:**

## 1. Competition organised: event/date/place

Nordic Swimming Championship and Nordic Junior Championships, 11.-13. December 2015 in AdO Arena in Bergen, Norway.

#### 2. Organising Federation

Norwegian Swimming Federation

## 3. Meet director/Referee

Janne Gro Rasmussen/Øystein Spangelo and Rune Haaland

## 4. Participants: Countries/number of athletes, team leaders and coaches

9 nations, 205 athletes and 46 team leaders and coaches

#### 5. Number of entries

783 individual entries and 82 relay entries.

#### Information of the Competition event

6. Competition schedule/events organised (attachment or webpage wher to be found) http://livetiming.medley.no/ltdok/lt2066/TimeSchedule.pdf

## 7. Results (webpage)

http://livetiming.medley.no/stevnedetaljer.aspx?stevnenr=2066

## 8. Minutes of the nordic meeting organised during the event (attachment)

We had a clinic for the coaches and leaders where Robin Dale Oen talked about his brother Alexander Dale Oen and his organization The Dale Oen Experience. No minute was made from this clinic.

#### **Evaluation of the Competition event**

#### 9. What went good?

The invitation, booking of hotel, entries, meals, clinic and competitions went well.

## 10. What were the challenges?

The finals take a lot of time (3 hours) and should start earlier than 17:30. The dinner must be served after the end of the finals and 20:30-21:00 is a bit late.. We had to move til 16:00 the finals the last day because one of the team left that night.

We also had some challenges with lack of spesifications in the rules concerning late entries and if the 50 meters should count in the nations cup.

## 11. Ideas to develop this event (rule changes, schedule etc)

- -Both the heats and the finals should start earlier all three days, heats 9:00 and finals 16:00.
- -We suggest that the following should be added to the rules:
- \* Late entries are allowed until the Team captains meeting.
- \* The 50 meters should not count in the Nations cup. It is events that are open, for both juniors and seniors, and does not fit in neither the junior nations cup nor the senior nations cup.

## The Report was made by:

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